

Non-secretory immunoglobulin E myeloma associated with immunoglobulin G monoclonal gammopathy of undetermined significance

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Abstract

A 68-year old woman came to our hospital with a severe case of anemia. Serum immunoelectrophoresis identified a monoclonal immunoglobulin (Ig) G and κ protein. The serum IgE level was within the normal range and the amounts of remaining immunoglobulins were low. On bone marrow aspirate, plasma cells made up 55.5% of nucleated cells and the plasma cells showed positive readings for IgE κ and IgG by immunohistochemistry. Serum immunofixation did not reveal the IgE monoclonal band. She was diagnosed as having non-secretory IgE myeloma with IgG monoclonal gammopathy of undetermined significance. The nature of this rare myeloma will be discussed.

Introduction

Non-secretory myeloma is a rare condition of multiple myeloma (MM) that accounts for 1.0-5.0% of all myeloma patients. IgE myeloma is a very rare type of MM. Here, we report on an IgE myeloma patient with IgG monoclonal gammopathy of undetermined significance with non-secretory IgE.

Case Report

A 68-year old woman presented with fever, palpitation and dyspnea. Upon physical examination, the patient was diagnosed with anemic conjunctiva. The patient did not present hepatosplenomegaly nor peripheral lymphadenopathy. On admission, hemoglobin was 49 g/L (reference ranges 120-160 g/L), albumin 47 g/L (reference ranges 37-52 g/L), Cr 7.6 mg/L (reference ranges 5-12 mg/L), Ca 9.4 mg/dL (reference ranges 8-10.5 mg/dL), and β_2 -microglobulin 2.2 mg/L (reference

ranges 1-1.9 mg/L). No circulating plasma cells were detected in the blood film. Immunoglobulin (Ig) levels were IgE 9.38 IU/mL (reference ranges 0-173 IU/mL), IgG 4.68 g/L (reference ranges 8.7-17.0 g/L), IgA 0.25 g/L (reference ranges 1.1-4.1 g/L) and IgM 0.324 g/L (reference ranges 0.46-2.6 g/L), respectively. On Wright's stained smears of bone marrow aspirate, atypical plasma cells made up 55.5% of the nucleated cells (Figure 1). Chromosomal analysis of bone marrow cells showed a normal karyotype. Immunohistochemically, plasma cells had positive readings for CD138, IgE and κ , but the IgG bearing plasma cells were scattered (Figure 1). Immunofluorescence staining of IgG and IgE was performed on a paraffin section of bone marrow using fluorescein (FITC)-conjugated rabbit anti-human IgG antibodies for detecting IgG, and using both rabbit anti-human IgE polyclonal antibodies and Alexa Fluor594-labeled goat anti-rabbit IgG antibodies for detecting IgE. Dual staining of IgE and IgG showed that a part of the IgE and IgG positive cells was identical (Figure 2). The specificity of the anti-IgE antibodies was confirmed by an intensive control study (*data not shown*). Polymerase chain reaction (PCR) and capillary immunoelectrophoresis of the PCR products on the paraffin section of bone marrow revealed a rearrangement of the *IgH* gene in the VH (FR3) region. Bone X-ray showed a compression fracture and osteoporosis in L1 and L3. Magnetic resonance imaging showed an abnormal signal interpreted as a possible involvement of myeloma in the vertebrae, sacrum and coccyx. Immunoelectrophoresis showed an abnormal arc precipitating with anti-IgG and anti- κ sera in the serum and anti- κ in the urine sample, although the free light chain was not measured (Figure 3). Serum immunofixation test identified a faint IgG band and clear band of κ light chain but not IgE (Figure 4). The patient was diagnosed as having non-secretory IgE myeloma with IgG monoclonal gammopathy of undetermined significance (MGUS) based on the following findings: i) serum immunoelectrophoresis identified a monoclonal IgG and κ protein; ii), atypical plasma cells made up 55.5% of the nucleated cells on bone marrow aspirate; iii) immunohistochemical staining showed most plasma cells were positive for IgE and κ , but a few for IgG; iv) there was no increase in serum IgE level; v) serum immunofixation did not show any IgE monoclonal band. The patient was at stage IIIA (Durie and Salmon staging system) or I (international staging system). The patient was started on two cycles of ROAD-IN chemotherapy: vincristine 1.2 mg/m² (day 1), ranimustine 40 mg/m² (day 1), melphalan 8 mg/m² (days 1-6), dexamethasone 40 mg

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(days 1-4, days 9-12, days 17-20), IFN- α 300 \times 10⁶ IU SC 3 times/week (days 22-43, every 6 weeks). Therapeutic response was judged as a partial response based on international response criteria for multiple myeloma.¹ Afterwards, she was treated with eight cycles of MP therapy: melphalan 10 mg/day for 4 days and prednisolon 60 mg/day for 4 days every 6 weeks. Unfortunately, the patient relapsed in November 2007. She received ROAD-IN chemotherapy again but relapsed after a transient remission. Bone marrow showed the proliferation of myeloma cells with cytoplasmic IgE and κ chain. Two color flow cytometric analyses of bone marrow plasma cells revealed 36.8% CD38⁺ CD49e⁻ and 7.8% CD38⁺ CD49e⁺. In June 2008, the patient was then started on five cycles of BTZ-DEX therapy: bortezomib 1.0 mg/m² (day 1, day 4, day 8, day 11), dexamethasone 20 mg (days 1, 2, days 4, 5, days 8, 9, days 11, 12, every 3 weeks) followed by three cycles of VAD therapy: vincristine 0.4 mg/day (day 1-4), doxorubicin 9 mg/m² (days 1-4), dexamethasone 40 mg/day (days 1-4). She died of tumor progression 42 months after the diagnosis. No autopsy was performed (Figure 5).

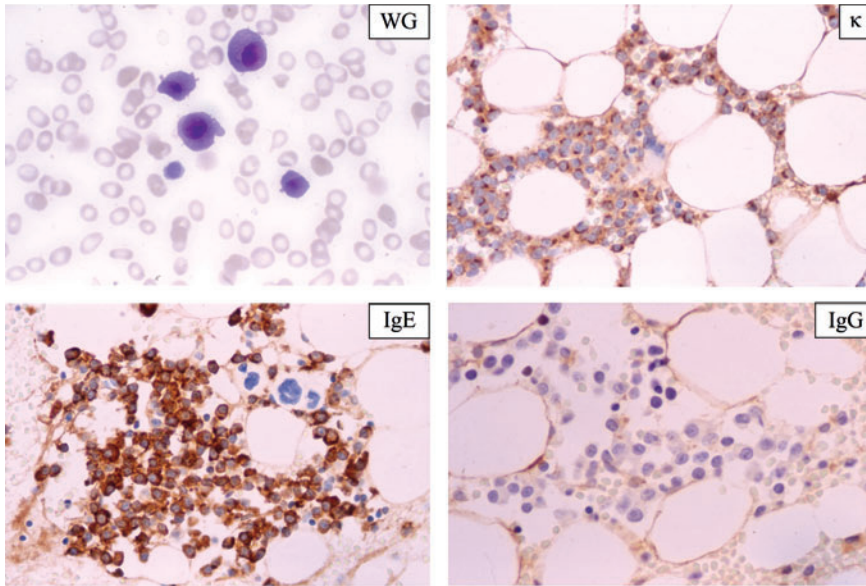


Figure 1. Bone marrow aspiration. Myeloma cells were detected at 55.5% (Wright-Giemsa stain $\times 100$). Myeloma cells showed strong positivity for IgE and κ (immunostain $\times 60$) but few cells were positive for IgG (immunostain $\times 80$).

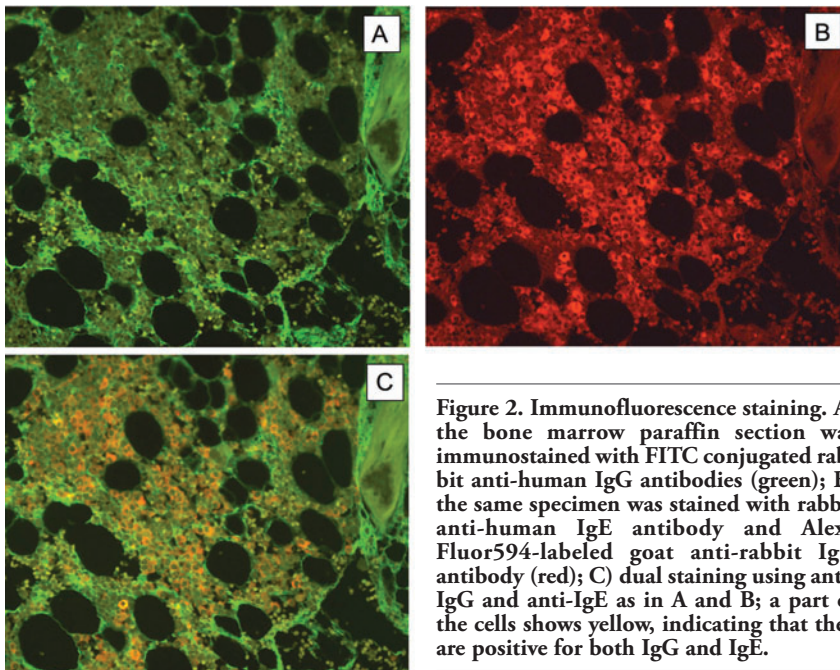


Figure 2. Immunofluorescence staining. A) the bone marrow paraffin section was immunostained with FITC conjugated rabbit anti-human IgG antibodies (green); B) the same specimen was stained with rabbit anti-human IgE antibody and Alexa Fluor594-labeled goat anti-rabbit IgG antibody (red); C) dual staining using anti-IgG and anti-IgE as in A and B; a part of the cells shows yellow, indicating that they are positive for both IgG and IgE.

Discussion

IgE myeloma is the rarest type of multiple myelomas. Forty-six cases have been reported since the first description in 1976.²⁻⁹ Clinical manifestations are similar to other types of myeloma.³ In contrast to our patient, in most reported cases the IgE serum level is extremely high (1000–200,000-fold increase). It is generally accepted that IgE myeloma takes a more aggressive clinical course and has a poorer rate of survival (median 16 months).⁵ Our patient survived for a considerably long time (42 months) compared to the other patients with typical IgE myelomas.

In the present case, we detected the serum M-components of IgG and BJP- κ but not IgE by either immunoelectrophoresis or immunofixation. However, cytoplasmic immunoglobulins mainly produced by bone marrow plasma cells (myeloma cells) were IgE and κ light chain, suggesting the non-secretory IgE heavy chain with two M-components (IgE, IgG) in our case.

MM with two M-components, which include an IgE, are rare.¹⁰ Only 2 cases with IgE as a component of biconal gammopathy (IgA/ κ +IgE/ κ or IgG/ λ +IgE/ κ) have been reported.^{11,12} Due to the low serum M-component of IgG and few plasma cells that produce IgG, it appears that IgG-producing plasma cells are not subjective myeloma clones, suggesting IgG MGUS. The question is whether myeloma cells produce these two M-components (IgG and IgE) from the same parental clone or two unrelated clones. The dual staining of IgG and IgE by immunofluorescence revealed that identical myeloma cells produced both IgE and IgG despite most myeloma cells producing only IgE. Thus, myeloma cells producing IgE or IgG M-components may originate from the same parental clone. In fact, Bakkus *et al.* reported that myeloma cells that produce IgA/ κ and IgE/ κ double M-component share a common clonal origin and undergo a

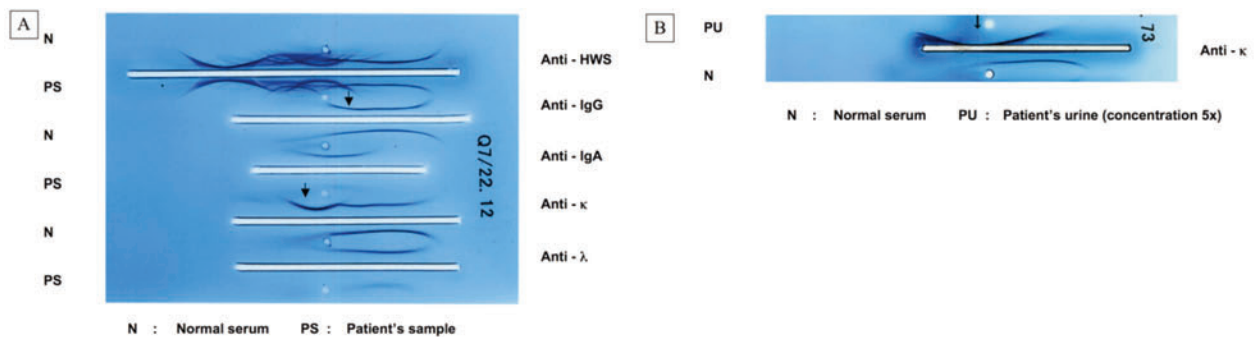


Figure 3. Immunoelectrophoresis: A) IgG and κ monoclonal bands were seen in serum (arrow); B) BJP (κ) were seen in urine (arrow).

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