

ADRB2 is a potential protective gene in breast cancer by regulating tumor immune microenvironment

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Background: Breast cancer (BRCA) is the leading cause of cancer death among females. Studies suggested that β -adrenoceptors involved in tumor progression by regulating immune system. However, how *ADRB2* affects the immune infiltration in BRCA is still being unraveled.

Methods: Expressions of *ADRB2* in multiple tissues, cancers and blood cells were analyzed by using the Human Protein Atlas and UALCAN database. Expression differentiation of *ADRB2* in tumor microenvironment (TME) of BRCA was detected in TISCH database. Correlations between *ADRB2* and immune cell infiltration were analyzed by TIMER 2.0, and co-expression genes of *ADRB2* were obtained from the cBioPortal website. Functional enrichment analyses and protein-protein interactions were constructed as well. Finally, the potential mechanisms of *ADRB2* and candidate drugs targeting BRCA were discussed by using the Metascape, STITCH and Cmap tools.

Results: *ADRB2* was significantly down-regulated in BRCA, and lower *ADRB2* expression often resulted in worse prognosis in BRCA patients. *ADRB2* was mainly expressed in breast tissue and blood. Among blood cell subtypes and TME of BRCA, *ADRB2* was specifically expressed in T cell subtypes. Also, ADRB2 expression level was positively correlated with the infiltration levels of immune cells such as CD4+ T cell, CD8+ T cell, $T\gamma\delta$ and myeloid DC while negatively correlated with Treg, Tfh and myeloid-derived suppressor cell. Furthermore, functional enrichment analyses revealed that most enriched pathways were immune-related, especially in T cell-related pathways. Also, transcription factors (TFs) analyses showed that most downstream TFs regulated by *ADRB2* were immune-related, and most candidate drugs had promising anti-tumor effects.

Conclusions: In conclusion, *ADRB2* was a potential protective gene in BRCA, and it might play a vital role in regulating immune responses. The expression level of *ADRB2* was positively correlated with immune cells infiltration in BRCA, especially for T cells. Therefore, *ADRB2* would be a target for boosting immunotherapy effects in BRCA.

Keywords: Breast cancer (BRCA); *ADRB2*; immune infiltration; tumor immune microenvironment; bioinformatic analysis

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Introduction

Breast cancer (BRCA) is by far the most diagnosed and leading cause of cancer death among females. In 2018, it was reported that BRCA accounted for 24.2% of new cancer cases and 15% of cancer deaths among women worldwide (1). According the latest report of cancer statistics in America (2), BRCA provides the greatest number of estimated new cases in 2020, and the incidence rate continues to increase by about 0.5% per year.

After years of in-depth research, the scientific understanding of the crosstalk between immune cells and tumor cells within the tumor microenvironment (TME) has become more comprehensive that the infiltration of immune cells can influence tumor progression and metastasis, as well as therapeutic response (3-5). The arising of immunotherapy targeting PD-1/PD-L1 or CTLA-4 has yielded promising therapeutic fruit in different tumors (6,7). However, quite a few patients cannot benefit from immunotherapy due to resistance, among the reason of which, the insufficient T cells infiltration stands for a significant one (4,8). In recent years, several studies have found that the immune status of BRCA are related to its development (8,9). Some studies demonstrated that BRCA were associated with better prognosis with increased Th1, CD8⁺ T cells and lower Th2, regulatory T (Treg) cells, Myeloid-derived suppressor cells (MDSCs) (7,8). Therefore, T cells infiltration levels in tumor may be an essential predictive marker for tumor progression and prognosis (5,10).

Clinical studies have suggested that chronic stress or depression and active exercise might influence cancer progression while β -adrenoceptors (β -ARs) could be involved as a major link (11-14). Cells throughout the body express β -ARs, so as cancer cells, from which the β 2adrenergic receptor (β 2-AR) take a large part (11,15,16). The gene *ADRB2* encodes β 2-AR, which is a member of the G protein-coupled receptor superfamily (11,17). It was reported that the two ligands—adrenaline and noradrenaline bind to β -ARs with different affinity, noradrenaline has a higher affinity to β 1-AR, and adrenaline to β 2-AR (13,18).

As vasoactive drugs, β -ARs agonists are conventionally used for regulating blood pressure cancer patients during anesthetic management. However, it has been shown that β -ARs signaling exerted dual effects in cancers (13,18). Chronic stress led to upregulated MDSCs and Tregs, resulting in immune-suppressive effect, while acute stress

and exercise which largely rely on ADRB2 can probably inhibit tumor growth, by leading to an increase of immune cells infiltration in TME. Pedersen et al. (19) showed that exercise enhanced immune cells infiltration across five different tumor models. Studies reported that β2-AR signals perhaps stimulated tumor progression and leaded to poorer prognosis for cancer patients (16,20). For example, Chang et al. found that the ADRB2 on tumor cells played a crucial role in stress-enhanced metastasis in BRCA mouse model (16). Zahalka et al. showed that the loss of endothelial ADRB2 weaken angiogenesis in prostate cancer (20). However, other reports also indicated that β 2-AR activation significantly suppressed tumor growth (15,21-24). Sakakitani et al. (24) demonstrated that β 2-AR agonist inhibited cell motility and induced mesenchymal-epithelial transition in oral cancer. Moreover, in the research led by Pérez Piñero *et al.* (25), with the treatment of β -AR agonists, the growth of BRCA cells was significantly inhibited, probably mediated by inhibition of ERK 1/2 phosphorylation. Therefore, the safety and potential risk by using β-ARs agonists in cancer patients need more evidences and discussion.

Here, in this study, with the help of bioinformatic analysis, we investigated the crosstalk between *ADRB2* expression and the infiltration of immune cells in BRCA, especially the T cell subtypes. Also, the underlying mechanisms and candidate drugs for treating BRCA were discussed. In sum, *ADRB2* is a potential protective gene and a new target for immunotherapy in BRCA. Also, we present the following article in accordance with the MDAR reporting checklist (available at https://dx.doi.org/10.21037/ tcr-21-1257).

Methods

Expressions of ADRB2 across The Cancer Genome Atlas (TCGA) database and Kaplan-Meier survival analysis

TCGA is a landmark cancer genomics program which molecularly characterized over 20,000 primary cancer and matched normal samples spanning 33 cancer types. The large sample numbers in TCGA offer an excellent opportunity to address questions associated with tumor heterogeneity. For comparing expressions of *ADRB2* across TCGA database, we use UALCAN analysis website (http:// ualcan.path.uab.edu) to acquire and analyze expressions of *ADRB2* derived from TCGA RNA-seq data in different kinds of cancers and normal tissues (26). Also, expressions of *ADRB2* in BRCA based on sample types, individual cancer stages, BRCA subclasses and nodal metastasis status were acquired. Finally, totally 1211 RNA-seq data of BRCA from TCGA dataset was analyzed.

Studies have suggested that cancer could be classified into six different immune subtypes (27): wound healing (C1), IFN-γ dominant (C2), inflammatory (C3), lymphocyte depleted (C4), immunologically quiet (C5), and TGF- β dominant (C6). For better understanding the relationship between ADRB2 and BRCA, associations between ADRB2 expression and immune subtypes in BRCA were analyzed by TISIDB portal (28), which was an integrated repository portal for tumor-immune system interactions (http://cis.hku.hk/TISIDB/). Furthermore, the Kaplan-Meier survival analysis was used to assess the effect of ADRB2 on the overall survival (OS) of BRCA patients, and all survival analyses were performed by using the tool bc-GenExMiner v4.5 (http://bcgenex.ico. unicancer.fr) (29). The optimal cut-off value of ADRB2 was selected and all RNA-seq data (n=4,712) was used for analysis. Log-rank test was used for comparing differences between low/high expression groups.

Expressions of ADRB2 in different normal tissues and blood cells

For comparing the RNA expression levels of *ADRB2* in different tissues, relevant data was acquired from the Human Protein Atlas dataset, the Consensus dataset, and the Genotype-Tissue Expression (GTEx) dataset. All data was downloaded from the website of the Human Protein Atlas (HPA, https://www.proteinatlas.org) (30). In the meantime, the RNA expression levels of *ADRB2* in different kinds of blood cells were acquired from the Human Protein Atlas dataset, the Consensus dataset, and the Human Blood Atlas dataset (31).

Expression differentiation of ADRB2 in TME of BRCA

Accumulating evidence indicates that the crosstalk between stroma cells and malignant cells within this environment crucially determines the fate of tumor progression. With the aim of exploring the expression differentiation of *ADRB2* in TME of BRCA, the authors used a tool named TISCH to enable the exploration of TME in different single-cell transcriptomic analyses of BRCA (http:// tisch.comp-genomics.org/home/) (32). Two datasets (and GSE114727_10X) were selected for analyzing the immune infiltration levels (33,34).

Correlations between ADRB2 and immune cell infiltration in BRCA

The correlations between ADRB2 expression and immune cell infiltration in BRCA was analyzed by the TIMER 2.0 database (http://timer.comp-genomics.org/) (35,36). The TIMER 2.0 is a comprehensive resource for systematical analysis of immune infiltrates across diverse cancer types. It provides immune infiltrates' abundances estimated by multiple immune deconvolution methods, and allows users to generate high-quality figures dynamically to explore tumor immunological, clinical and genomic features comprehensively. The correlations among gene expression levels and immune cell infiltration levels (CD4⁺ T cell, $CD8^+$ T cell, gamma delta T cell ($T_{\gamma\delta}$), follicular helper T cell (T_{fb}), Treg, NK T cell, B cell, myeloid dendritic cell, NK cell, neutrophil, macrophage, monocyte, endothelial cell and MDSC) were acquired from the TIMER 2.0. Also, the correlations among T cell subtypes (CD4⁺ T cell, CD8⁺ T cell, T_{fh} and Treg) and ADRB2 copy number variations (CNVs) were detected in the TIMER 2.0 database.

Co-expression genes analysis and functional enrichment analyses

The co-expression genes of *ADRB2* in BRCA were analyzed by using the cBio Cancer Genomics Portal (cBioPortal, http://cbioportal.org) (37). The cBioPortal is an open-access resource for interactive exploration of multidimensional cancer genomics data sets, and provides access to data from more than 30,000 tumor samples from 334 cancer studies. Also, the co-expression scatter plots among *ADRB2* and immune cell-related marker genes were obtained from the cBioPortal. The Breast Invasive Carcinoma (TCGA, Firehose Legacy) dataset in cBioPortal was selected for analyses.

For understanding the underlying mechanism of *ADRB2* in BRCA, the gene ontology (GO) enrichment analyses and KEGG pathways analyses were performed. The co-expression genes which Spearman's correlation score >0.45 were selected for functional enrichment analyses, and the top20 most enriched pathways were shown in figures. All functional enrichment analyses were performed using the Sangerbox tools, a free online platform for data analysis (http://www.sangerbox.com/tool).

Constructing protein-protein interaction (PPI) networks of ADRB2 in BRCA

For understanding the potential PPI among *ADRB2* and co-expression genes, the authors constructed a PPI network using the Search Tool for the Retrieval of Interacting Genes (STRING) online database (http://version10.string-db. org/) (38). The top 300 co-expression genes (ranked by the Spearman's correlation score) were selected for PPI analysis. Interactions which interaction score <0.9 and genes which had no direct/indirect interactions with *ADRB2* would be hidden.

Transcription factor (TF) targets and regulatory TFs prediction

To explore the potential TF targets of *ADRB2* and predict TFs which regulate the *ADRB2*, gene enrichments analyses of Transcription-Factor-Targets and TRRUST were identified by using the Metascape website (http://metascape.org/) (39). The Metascape was a web-based portal and provided a comprehensive gene list annotation and analysis resource for researchers, and combined gene annotation, functional enrichment, interactome analysis and membership search to leverage over 40 independent knowledgebases within one integrated portal.

Potential targeted drugs prediction and interactions between chemicals and ADRB2

To predict interactions between known chemicals and ADRB2, the STITCH version 5.0 database was used (http:// stitch.embl.de/) (40). Also, Connectivity Map database (CMap, https://clue.io/, data version: 1.1.1.2) was used to identify small molecular candidate drugs related to BRCA treatments (41). The CMap is a collection of genomewide transcriptional expression data from cultured human cells treated with bioactive small molecules, and it can help researchers discover the functional connections between drugs, genes and diseases through the transitory feature of common gene-expression changes. By inputting positive coexpressed genes and negative co-expressed genes of ADRB2 in CMap, we could acquire candidate drugs which resulted in similar gene changes in cancer cells. The top 10 potential targeted drugs in BRCA cell lines were acquired (ranked by the correlation score).

Statistical analysis

Expressions of ADRB2 were generated by the UALCAN and HPA website. Kaplan-Meier survival curves were generated by the tool bc-GenExMiner v4.5, and the logrank t-test was used to compare differences between two groups. The correlation between ADRB2 expression and immune cell infiltration was analyzed by the TIMER 2.0 database, and regression curves were drawn. The coexpression genes of ADRB2 in BRCA were analyzed by using the cBioPortal and scatter diagrams were shown in log scale. Also, the Spearman' correlation scores and Pearson scores were calculated. Non-parametric tests followed by the Kruskal-Wallis test was utilized for multiple groups comparisons. For functional enrichment analyses, significant enrichment pathways with q-value<0.1 and P value <0.05 were shown. Small molecular drug candidates were identified by using CMap database. P values <0.05 were considered statistically significant.

Ethical statement

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Results

Expressions of ADRB2 were significantly down-regulated and leaded to worse prognosis in BRCA

According to expressions of *ADRB2* across TCGA cancers, it was common that expressions of *ADRB2* were significantly decreased in multiple cancer types included BRCA, bladder cancer, cholangiocarcinoma, colon adenocarcinoma, lung adenocarcinoma, lung squamous cell carcinoma, etc. (*Figure 1A,1B*). Further analyses suggested that *ADRB2* expressions were also down-regulated in any cancer stages, BRCA subclasses and nodal metastasis status (*Figure 1C-1E*). Moreover, we found no obvious differences in different cancer stages (except stage 1 *vs.* stage 2) and nodal metastasis status.

According to recent studies, tumors could be identified as six immune subtypes (C1-C6), and C3 subtype often indicated the best prognosis, while C4, C5 and C6 leaded to the worst prognosis. Also, C2 showed the highest lymphocyte infiltration and CD8⁺ signal, while C4 the opposite. In BRCA, we found that the mean expression



Figure 1 *ADRB2* was significantly down-regulated and leaded to worse prognosis in BRCA. (A) Expression of *ADRB2* in tumor and normal samples across TCGA cancers. (B) Expression of *ADRB2* in BRCA based on sample types. (C) Expression of *ADRB2* in BRCA based on individual cancer stages. (D) Expression of *ADRB2* in BRCA based on cancer subclasses. (E) Expression of *ADRB2* in BRCA based on nodal metastasis status. (F) Expression of *ADRB2* in different immune subtypes BRCA patients. (G) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER all; PR all). (H) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all). (I) Kaplan-Meier survival analysis of *ADRB2* in BRCA patients (node all; ER negative; PR all).

of *ADRB2* in C4 was the lowest while in C3 was the highest in five immune subtypes (*Figure 1F*). Therefore, we reckoned that *ADRB2* connected with the immune function tightly. Next, survival analyses showed that higher level of *ADRB2* predicted better prognosis (*Figure 1G-11* and Table S1). In conclusion, these findings revealed that *ADRB2* was distinctly down-regulated in BRCA, and lower level of *ADRB2* linked with worse prognosis in patients.

Expression and distribution beterogeneity of ADRB2 in tissues and immune cells

By analyzing expressions of *ADRB2* in different tissues in three public datasets, we found that *ADRB2* was mainly expressed in breast, skin, blood and adipose tissue (*Figure 2A-2C*). Especially in the blood, the *ADRB2* was highly expressed in diverse immune cells (*Figure 2A,2B*).



Figure 2 Expression and distribution heterogeneity of *ADRB2* in tissues and immune cells. (A) Expression levels of *ADRB2* among different tissues in Consensus dataset. (B) Expression levels of *ADRB2* among different tissues in HPA dataset. (C) Expression levels of *ADRB2* among different tissues in GTEx dataset. (D) Expression levels of *ADRB2* among different immune cells in Consensus dataset. (E) Expression levels of *ADRB2* among different tissues of *ADRB2* among different immune cells in Consensus dataset. (E) Expression levels of *ADRB2* among different immune cells in Consensus dataset. (E) Expression levels of *ADRB2* among different immune cells in Consensus dataset. (E) Expression levels of *ADRB2* among different immune cells in the Human Blood Atlas. (G) Expression heterogeneity of *ADRB2* in BRCA_GSE110686. (H) Expression heterogeneity of *ADRB2* in BRCA_GSE114727_10X. BRCA, breast cancer.

After comparing expressions of *ADRB2* in different immune cells, we found that *ADRB2* was mainly presented in T cell subtypes, except for Treg (*Figure 2D-2F*). It demonstrated again that *ADRB2* might participate in regulating immune responses and T cells tumor infiltration.

Next, we verified this finding in two singlecell transcriptomic analyses of BRCA (GSE110686 and GSE114727_10X). Both of them revealed that (*Figure 2G,2H*), in TME of BRCA, *ADRB2* mainly presented in CD8⁺ T cells and CD4⁺ Tconv (CD4⁺CD25⁻ T cells). Collectively, these results suggested that the *ADRB2* might regulate TME of BRCA by targeting T cells.

The expression level and CNVs of ADRB2 determined the immune cell infiltration in BRCA

Correlations between *ADRB2* and immune cell infiltration in BRCA were analyzed. As shown in *Figure 3A*, *ADRB2* expression level was positively correlated with the infiltration levels of CD4⁺ T cell, CD8⁺ T cell, $T_{\gamma\delta}$, myeloid



Figure 3 Correlations among *ADRB2* expression levels, CNVs of *ADRB2* and immune cells infiltration levels. (A) Scatter plots of *ADRB2* expression levels and immune cells infiltration levels. (B) Correlations between CNVs of *ADRB2* and immune cells infiltration levels. CNVs, copy number variations.

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DC, neutrophil, macrophage, monocyte and endothelial cell. On the contrary, ADRB2 expression level was negatively correlated with the infiltration levels of immunesuppressed cell subtypes such as Treg, T_{fh} and MDSC. It suggested that more immune-activated cell subtypes infiltrated into TME in BRCA patients with high levels of ADRB2. Also, CNVs analyses of ADRB2 revealed that the infiltration levels of CD4⁺ T cell and CD8⁺ T cell were higher in normal, gain and high amplification patients, while in deletion patients, T_{fh} constituted a higher portion (*Figure 3B*). No difference was found between CNVs and Treg infiltration level.

Co-expression genes functional enrichment analyses and PPI networks construction of ADRB2 in BRCA

Co-expression genes of *ADRB2* in BRCA were acquired from the cBioPortal, and genes with Spearman's correlation score >0.45 were listed in Table S2. Functional enrichment analyses of GO (including biological process, cellular component and molecular function) and KEGG signal pathways were displayed in *Figure 4A-4D* and Figure S1. Results showed that most enriched pathways were immunerelated no matter in KEGG or GO enrichment analyses, particularly for T cell-related signal pathways. For example, in top20 GO-biological process enrichment analysis, T cell activation ranked as the most significantly enriched pathway. Also, almost all pathways in top20 GO-biological process enrichment analysis were immune-related. It strongly suggested that the *ADRB2* might play a vital role in immune responses of BRCA.

The potential PPI among *ADRB2* and co-expression genes showed that *ADRB2* was correlated with many immune-related genes such as CXCL12, CCR2, CCL19, FOXO1 and C3. Also, AKT signal pathway might interacted with the *ADRB2* tightly (*Figure 4E*).

Co-expression scatter plots among ADRB2 and immune cell-related marker genes

Immune cell-related marker genes were listed in Table S3. By analyzing scatter plots among the expression of *ADRB2* and immune cell-related marker genes, we found that higher expression levels of *ADRB2* often correlated with higher levels of immune cell-related marker genes (*Figure 5*). Especially for CD3, CD4, CD8 and STAT4, the Spearman scores exceeded 0.4. Interestingly, Treg related marker genes were also positively correlated with the *ADRB2*. Nevertheless, the Spearman scores and Pearson scores were relatively lower than other immune cell-related marker genes.

Potential regulatory mechanism and targeted drugs prediction

The potential downstream TFs regulated by *ADRB2* were showed in *Figure 6A*, and most of these TFs were immune-related and regulated immune function such as MAML1, ELF1, STAT6, STAT5B, STAT4, etc. Also, TFs which might regulate expression of *ADRB2* were listed in *Figure 6B*, such as NF- κ B family, RFX family and GATA family.

Known chemicals which targeted to ADRB2 were showed in Figure 6C, such as salmeterol, salbutamol and formoterol. According to our studies, we predicted that drugs which activated ADRB2 might be beneficial for immune infiltration and brought better prognosis in BRCA. Furthermore, the top10 small molecular drug candidates for BRCA were listed in Figure 6D. These candidate drugs involved in opioid receptor antagonist, carcinogen inhibitor, DNA inhibitor, histamine receptor inhibitors, etc. Studies had suggested that these candidate drugs showed promising effects on inhibiting tumor progression such as naloxone (42), isoniazid (43), LY-2334737 (44) (also known as the oral gemcitabine) and penciclovir (Figure S2). These results further supported our hypothesis that ADRB2 was a potential protective gene in BRCA, and drugs which activated ADRB2 might be beneficial for the prognosis of BRCA patients.

Discussion

In this comprehensive and multiple-layer bioinformatic analysis, we found a new protective gene named *ADRB2* which significantly influenced the prognosis of BRCA patients. Our findings showed that *ADRB2* was mainly expressed in breast and immune cells especially in T cell subtypes, and single-cell transcriptomic analyses of BRCA revealed that almost all *ADRB2* was presented in CD8⁺ T cells and CD4⁺ Tconv in TME. Further functional enrichment analyses suggested that most enriched pathways were immune-related. Regression analyses between *ADRB2* and co-expression genes indicated higher expression levels of *ADRB2* often correlated with higher levels of immune cell-related marker genes. Finally, downstream TFs prediction demonstrated that most of these TFs regulated





Figure 4 Functional enrichment analyses and PPI construction of *ADRB2*. (A) Top 20 enriched pathways of *ADRB2* in KEGG. (B) Top 20 enriched pathways of *ADRB2* in GO-biological process. (C) Top 20 enriched pathways of *ADRB2* in GO-cellular component. (D) Top 20 enriched pathways of *ADRB2* in GO-molecular function. (E) PPI map of *ADRB2*. *, significantly enriched pathways correlated with T cell. PPI, protein-protein interaction; GO, gene ontology.

by *ADRB2* were immune-related. These results strongly suggested that *ADRB2* might play a vital role in immune infiltration of BRCA.

For centuries, a large number of studies had suggested that somatic and psychosocial factors may significantly affect cancer development (11,13,14,17,18). However, the underlying mechanisms of psychosocial factors were still not elucidated with more detail. Among diverse psychosocial factors, interactions of stress, hypothalamic-pituitaryadrenal (HPA) axis and sympathetic nervous system (SNS) were one of the hottest areas. Studies revealed that stress would cause physiological distress and result in an abnormal release of hormones, which elevated expression of oncogenes and induced numerous cancer biological processes, such as angiogenesis, proliferation, metastasis, metabolic disorders and immune inhibition (13,19,45). These effects were mainly mediated via β -ARs, especially the β 2-AR subtype. Moreover, clinical trials aiming to investigate the clinical value of β -blockers (antagonists of β 2-AR) showed signs of clinical potential in improving prognosis of cancer patients (45-47).

However, studies also suggested that acute stress helped the body to regain homeostasis (18,19,48). For example, there were strong data in support of a positive impact of exercise on cancer incidence and OS in cancer patients (19,49). Mouse models also showed that adrenaline, secreted in association with exercise, could activate immune cells and lead to an increase in numbers of immune cells infiltrating into tumors, resulting in therapeutic efficacy (19,49). Strikingly, the effects on cell mobilization, tumor influx of immune cells and therapeutic impact would be reversed by blocking the β 2-AR. Consequently, it was hard



Figure 5 Co-expression scatter plots among *ADRB2* and immune cell-related marker genes. Regression analyses suggested that higher expression levels of *ADRB2* correlated with higher expression levels of immune cell-related marker genes.

to clarify the actual effects of β -ARs on cancer development based on existing data.

In clinical anesthesia, β 2-AR agonists are commonly used for balancing blood pressure for cancer patients. Whether β 2-AR agonists application will influence the development of cancer is of high clinical value. Some studies have shown that the activation of β 2-AR was associated with the deterioration of several types of cancers such as BRCA, pancreatic cancer, gastric cancer and ovarian cancer (16,21,47,50,51). The underlying mechanisms including the enhancement cell proliferation, migration and invasion, tumor angiogenesis and immune evasion by activating the β 2-AR signals. On the contrary, numerous studies concluded distinct results in terms of the β 2-AR signals. Bravo-Calderón *et al.* (22) showed that 10 µM of norepinephrine (a β 2-AR agonist) significantly inhibited the migration of SCC-9 and SCC-25 oral squamous cell carcinoma cell lines while a significant reversion was observed by using β 2-AR antagonist propranolol. Baker *et al.* (52) found that acute systemic β -AR activation in healthy donors markedly augmented the mobilization, expansion, and anti-tumor activity of $T_{\gamma\delta}$ cells. In spontaneous model of mammary adenocarcinoma, Dawes *et al.* (12) found that stress exposure significantly suppressed tumor growth, but not metastasis. The stress-induced decrease in tumor burden was associated with increased apoptosis within the tumor and reduced frequency of immunosuppressive MDSCs in lung and

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Figure 6 Potential regulatory mechanism and targeted drugs prediction. (A) Top 20 potential downstream TFs regulated by *ADRB2*. (B) Top 20 potential TFs which might regulate expression of *ADRB2*. (C) Known chemicals which targeted to *ADRB2*. (D) Top 10 small molecular drug candidates for BRCA treatments. BRCA, breast cancer; TF, transcription factor.

spleen, and decreased circulating exosome TGF- β 2. Furthermore, stress-induced tumor inhibition was reversed by nadolol (a non-selective β -AR antagonist that could not cross the blood-brain barrier), indicating that the tumor inhibitory effects of stress relied on peripheral β -AR signaling. These results were consistent with our findings that *ADRB2* expression level was positively correlated with the infiltration levels of $T_{\gamma\delta}$ cells while negatively correlated with the MDSCs.

Though a number of studies held the view that ADRB2 accelerated the progression and metastasis of BRCA, supporting evidences regarding the protective effects of ADRB2 were also verified in BRCA. In a clinical study, Caparica *et al.* (15) found that high ADRB2 expression might be favorable in patients with HER2⁺ early BRCA, and ADRB2 was associated with a low expression of angiogenesis-related and proliferation-related genes; and a

high expression of immune-related genes. These findings were consisted with our results that higher expression levels of ADRB2 correlated with higher expression levels of immune cell-related marker genes. Similarly, in another clinical study (53), researchers found that, in HER2⁺ BRCA patients, strong β 2-AR expression correlated with better disease-free survival. In our survival analyses, similar protective effects of ADRB2 were also observed (Figure 1 and Table S1). Fundamental studies revealed that β 2-AR activation inhibited the proliferation and metastasis of BRCA. Gargiulo et al. (54) found that B2-AR knockdown caused a significant increase of cell proliferation and migration, and a decrease of cell adhesion in BRCA cell lines. Rivero *et al.* (23) showed that salbutamol (β 2-agonist) significantly reduced migration and invasion of BRCA cell lines while epinephrine exerted opposite effects. Therefore, ADRB2 might be a protective gene in BRCA.

Relationships among stress, SNS and cancer are complex and controversies are remained. The discrepancy may be associated with the specificity of cancer types, organs, and tissues. Also, the length and intensity of stress, the activation of different AR subtypes and the combined effects of different signal pathways, hormones and immune responses would lead to opposite results (55-57). For example, by analyzing 1924 BRCA patients' Affymetrix gene expression datasets, Rivero et al. observed a significant increase in distant metastasis-free survival of patients with high ADRA2A and ADRB2 while a decrease with ADRA2C high expression (56). Different cancer cell lines responded oppositely in β-AR signals. Madden et al. (55) found that β -AR activation increased cAMP level in MCF7 and MB-361 much less than in MB-231 and MB-231BR (BRCA cell lines). Moreover, B2-AR stimulation did not markedly alter vascular endothelial growth factor (VEGF) production in MCF7 or MB-361 while decrease VEGF production by MB-231 and increase VEGF production in MB-231BR.

Some limitations of the present study are worth noting. First, in the next step, fundamental studies *vitro* and *vivo* are needed to demonstrate our findings. Also, some prospective or experimental clinical validations should be performed to verify the effect of *ADRB2* in BRCA patients. Second, regulations between *ADRB2* and immune infiltration should be detected in BRCA mouse models, and the top enriched pathways should be verified as well. Third, it would be helpful to clarify effects of *ADRB2* on BRCA patients by carrying out a randomized controlled trial related to β 2-AR agonists.

Conclusions

In conclusion, *ADRB2* was a potential protective gene in BRCA, and it might play a vital role in regulating immune responses and immune infiltration in TME. The expression level of *ADRB2* was positively correlated with immune cells infiltration in BRCA, especially for T cells. Therefore, *ADRB2* would be a target for boosting immunotherapy effects in BRCA.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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