

Plastic Surgery 2020: The Abstract Supplement

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Editor-in-Chief

I am proud to present the fifth edition of the *PRS Global Open* abstract supplement for the American Society of Plastic Surgeons' Annual Meeting: Plastic Surgery The Meeting 2020 (Fig. 1). The year 2020 has definitely been a year that none of us will soon forget. For the first time since we've been publishing the abstracts for PSTM, I can't say that I hope to see you in person at the meeting, at the PRS Global Open booth, at ASPS Center Stage, or for the courses, journal-related events, social gatherings, or abstract presentations. But, I am very pleased that there will be a robust, exciting, and engaging PSTM held virtually, and I DO hope to see you all there. Virtual PSTM may be a silver lining for all of us: in the fall of a crazy, busy, trying year, the event will be able to connect us all in plastic surgery on a level playing field across the globe. That, as it so happens, is part of the mission and promise of *PRS Global Open* (Fig. 2) as well. So, it is most fitting, especially this year, that the abstracts of our first-ever virtual PSTM are gathered and published here in *PRS Global Open*.

The publication of our Society's abstracts and posters in *PRS Global Open* is significant because they are disseminated to a limitless number of interested researchers, young scientists, affiliated specialists, residents and trainees, medical students, and members of the public; open access articles are free to the end users anytime, anywhere, forever. *PRS Global Open* and its content is listed in PubMed Central and the exclusive Directory of Open Access Journals. It is discoverable in PubMed and is fully indexed in the Web of Science's Emerging Sources Citation Index and Elsevier's abstract and citation database Scopus. These benchmarks are a testament to the quality of the journal's content and indicative of the hard work our authors, staff, reviewers, and Editorial Board members do for the Journal every day! *PRS Global Open* is more searchable, discoverable, citable, and engaging than ever!

To help you better find the advances in the field of plastic surgery that matter most in the supplement, we've again arranged the abstracts by topical section: Aesthetic, Breast, Craniomaxillofacial, General Reconstruction, Hand, Migraine and Peripheral Nerve, Practice Management,

Research & Technology, Surgical Pearls, and Posters. The open access nature of these abstracts, coupled with the user-friendly sections will allow the abstracts and posters to extend beyond the last digital session of vPSTM, and truly impact the future of our field.

These abstracts and posters represent the efforts of hundreds of plastic surgeons, researchers, residents, and team members from across the United States—from California, to Colorado, to North Carolina—and from around the world, including Australia, Brazil, Canada, Israel, and South Korea! They are a glimpse into the future of plastic surgery; what you're reading today could be a road map for future studies, papers, and practice-changing outcomes. This output has the potential to impact the field of plastic surgery for years to come. So, read them, discuss them, take to social media and post a short video of you discussing your favorite entries as part of the #PRSGlobalOpenUp challenge, or use "#PSTM20," "#PRSGlobalOpen," and "#PlasticSurgery" to join the plastic surgery community at large in the social media discussion. Tag PRS Global Open (Instagram: @PRSGlobalOpen; Twitter: @PRSJournal) and the ASPS (Twitter: @ASPSMembers; Instagram: @PlasticSurgeryASPS) to join the global plastic surgery movement in improving plastic surgery patient safety, outcomes, and care one open access article, abstract, and poster at a time.

We will again be adding "Best Abstract" indicators (Fig. 3) on certain abstracts—based on your input from the annual meeting of the American Society of Plastic Surgeons. The abstracts that are chosen during the Annual Meeting by each session's moderators and raters will be labeled online to help you readily note these selected writings. That said, I encourage you to read *every* abstract that interests you.

The abstracts in this supplement are peer reviewed. These abstracts have been peer reviewed by the Annual Meeting Educational Program Committee of the ASPS' Annual Meeting Council. For Virtual PSTM 20, there were 2 tiers of abstract acceptance. Tier 1 acceptances were reserved for abstracts rated among the Top 200, based on committee review. Tier 1 and Tier 2 abstracts will be scheduled for a 5-minute On-Demand presentation during Virtual Plastic Surgery The Meeting. The Top 100 abstracts will also be

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Fig. 1. Virtual PSTM.

scheduled for a scheduled 5-minute presentation with live Q&A during Virtual Plastic Surgery The Meeting. Only Tier 1 abstracts are published in this *PRS Global Open* abstract supplement. Tier 2 abstracts will be published on the ASPS website after the meeting. There was no differentiation between abstract presentations during the meeting.

To the authors of all of the abstracts and posters from PSTM, you have already done the hard work: you developed the study, made your plan a reality, gathered the data, and have studied the results to make the first conclusions. I encourage you to take the next step! Write and submit a full paper based on your abstract. With this publication, I invite all abstract authors to submit these works to *Plastic and Reconstructive Surgery—Global Open* or *Plastic and Reconstructive Surgery* through Editorial Manager. (*PRS Global Open*: www.editorialmanager.com/gox; *PRS*: www.editorialmanager.com/prs). If you're looking for tips, trends, and tools on publishing in plastic surgery, I encourage you to listen to the podcasts and read the articles¹⁻⁵ on this topic, in a special collection on PRSGlobalOpen.com: <https://bit.ly/PublishingTrendsTips>.

The Editorial Office team in Dallas, Texas, is available to help guide your submission through the editorial process, and our global network of peer reviewers are ready to fairly and swiftly assess your study's merits so that your abstract can be published as an original article or special topic in the literature, and start to inform the global plastic surgery community. This is an invitation, not a mandate. Feel free to submit your paper to any journal you so desire, but do your homework and avoid predatory journals.⁶ We look forward to reading your work soon!

This supplement would not be possible without the efforts of some able and devoted people, including

Mary Ellen
Bogucki,
Educational
Program

Administrator, who organized and prepared these abstracts for the ASPS. I am very thankful for the leadership of the ASPS/PSF, especially ASPS President Lynn L.C. Jeffers, MD; PSF President C. Scott Hultman, MD, MBA; Society



Fig. 2. Plastic and Reconstructive Surgery—Global Open logo.



Fig. 3. Best Abstract logo.

Executive Vice President Michael Costelloe; and Mike Stokes, ASPS Staff Vice President of Communications. I am very thankful for our dutiful and creative production team at Wolters Kluwer Health/Lippincott Williams & Wilkins.

I hope you read this open access abstract supplement to *Plastic and Reconstructive Surgery—Global Open*, from start to finish; if at least one abstract or poster makes you consider a new possibility or technique in your practice of plastic surgery, then the entire supplement has been a success.

We look forward to receiving your abstract and poster submissions for the next Plastic Surgery The Meeting, being held in Toronto, Ontario, Canada, from October 15 to 18, 2021. Check www.PlasticSurgery.org in December 2020 for information about our next call for abstracts.

Among many other vitally important priorities and needs, Covid-19 has put into focus the importance of fast-moving, high-quality, peer-reviewed, open access medical journals. I am so proud of the response of *PRS Global Open* authors, reviewers, and our Editorial and Publishing staff to meet the moment and continue to bring forth important discoveries, studies, and cases from across the spectrum of plastic surgery, now including the plastic surgery response to coronavirus.

PRS Global Open has grown exponentially, thanks to readers, reviewers, and writers like you! Content has more than quadrupled since year one, and annual submissions in 2019 were nearly 280% higher than in year one! Almost 60% of those submissions come from outside the United States, including Japan, United Kingdom, Canada, South Korea, Italy, Brazil, Saudi Arabia, Egypt, Australia, and Germany.

This traffic has translated to more and more people citing *PRS Global Open* papers! After you've read these great new abstracts and posters, I encourage you to peruse some of the most-cited *PRS Global Open* papers of the past few years. Read them free today: <https://bit.ly/HighCitedGlobalOpen>.

Table 1. Ways to Engage PRS Global Open

Submit papers	www.editorialmanager.com/GOX
Read the journal	www.PRSGlobalOpen.com
Sign up to peer-review	edm_prs@plasticsurgery.org
Join the PRS Global Open Resident Advisory Board	prs@plasticsurgery.org ; subject line "interested resident"
Connect: Facebook	@PRSGO
Connect: Twitter	@PRJournal
Connect: Instagram	@PRSGlobalOpen
Popular Hashtags	#PRSGlobalOpen, #PlasticSurgery, #FaceTheCase, #PRSGlobalOpenUp #KeynotesPodcast

PRS Global Open continues to expand reader and community engagement initiatives to help you interact with plastic surgeons and academic researchers from around the world, including our robust and growing social media presence on Facebook (@PRSGO), Instagram (@PRSGlobalOpen), and Twitter (@PRJournal) (Table 1).

"Face the Case" (Fig. 4), our interactive case report quiz and video discussion series spearheaded and grown by our amazing 2018-2020 *PRS Global Open* Resident Ambassadors Kate Boehm, MD, Or Friedman, MD, M. Rachadian Ramadan, MD, Anna Steve, MD, and Macarena Vizcay, MD, has won several national publishing awards: APEX Awards for Publication Excellence "Best Special Purpose Social Media" (2019, 2020); Folio: Eddie and Ozzie Awards Honorable Mention for "Best Social Media/Online Community" (2019); American Society of Healthcare Publication Editors Gold Award for "Best Use of Social Media" (2019). Follow us on social media to participate in the next quiz!

Our global podcast series, "PRS Global Open Keynotes," (Fig. 5) is a national award winner as well. It was an honor to win the Folio: Eddie and Ozzie Awards

Honorable Mention for "Best Podcast" (2019) in the series' first year! In these podcasts, Australian surgeon Dr. Damian Marucci interviews the plastic surgery giants of today and leaders of tomorrow about their research, their techniques, their *PRS Global Open* papers, and what the future may bring in this exciting field of medicine! Recent topics include "Ethnic Diversity in Plastic Surgery," "Calculated Blood Loss," "Best Treatment for Closed Metacarpal Fractures," "Managing Lymphedema," and "Mastopexy and Breast Augmentation." Subscribe today on Apple Podcasts, Spotify, and Google Play Music by



Fig. 4. "Face the Case" is the award-winning interactive case report quiz and video discussion series. Follow PRS Global Open on Twitter, Instagram, and Facebook to participate in the next quiz and see how you would face the case.



Fig. 5. The Award-winning PRS Global Open Keynotes Podcast helps surgeon stay up to date with the latest breakthroughs in plastic and reconstructive surgery. Available on Apple Podcasts, Spotify, and Google Play Music and PRSGlobalOpen.com.



Fig. 6. Practical Plastic Surgery Reviews are a new series of very pragmatic and clinically useful review articles that were designed to emphasize information that readers can use to understand and improve care of the plastic surgery patient worldwide, including locales where high-tech and expensive solutions may not be readily available. These review articles are a "must-read" for plastic surgery residents and young plastic surgeons from around the world. Read them: <https://bit.ly/PracticalPSReviews>.



Fig. 7. PRS Global Open Mini-Series are collections of new plastic surgery research on a single thematic topic from world-renowned institutions. Read them: <https://bit.ly/GlobalOpenMiniSeries>.

visiting our portal on PRSGlobalOpen.com: <https://bit.ly/PRSGlobalOpenKeynotes>.

Two new engaging content series launched in 2019, and I encourage you to read these great new articles!

- Practical Plastic Surgery Reviews (Fig. 6):
 - This new series of pragmatic and clinically useful review articles were designed to emphasize information that readers can use to understand and improve care of the plastic surgery patient worldwide, including locales where high-tech and expensive solutions may not be readily available. These review articles are a “must-read” for plastic surgery residents and young plastic surgeons from around the world.
 - Recent topics include “Basics and Best Practices of Multimodal Pain Management,” “Best Local Flaps for Lower Extremity Reconstruction,” “Mitigation of Postsurgical Scars Using Lasers: A Review,” and “Writing an Evidence-based Article in Plastic Surgery: Translating Research into High-quality Care.”
 - Read them: <https://bit.ly/PracticalPSReviews>
- PRS Global Open Mini-Series (Fig. 7):
 - Collections of new plastic surgery research on a single thematic topic from world-renowned institutions.
 - Early entries will include
 - Lymphedema Mini-Series from MD Anderson Cancer Center
 - Facial Transplantation Mini-Series from NYU
 - Autologous Breast Reconstruction Mini-Series from UT Southwestern
 - Breast Reconstruction Mini-Series from McMaster University
 - Plastic Surgery Education and Training Mini-Series from Baylor College of Medicine
 - Innovation in Abdominal Wall Reconstruction from University of Pennsylvania
 - Read them: <https://bit.ly/GlobalOpenMiniSeries>

We are so pleased that authorship, readership, citations, and engagement for this global journal have continued to exceed our expectations, and we thank you for your role in that!

As I reflect on the upheaval of 2020 caused by Covid-19 and other world events, I embrace the fact that this year was already going to be one of great change for *PRS*

Global Open, as it is my last year to serve as its Editor-in-Chief. It started over 8 years ago as a vision and dream to build the first-in-North-America and best-in-class worldwide open access peer-reviewed plastic surgery journal. *PRS Global Open* has truly exceeded all our expectations from its growth and expansion into all aspects of global health and plastic surgery. I am so appreciative of my amazing PRS Journals family, especially my Editorial staff: Aaron Weinstein, I. Donnell Moore, Angela Burch, Ed Tynan, Christina Carson, Darienne Dickey, and Maddy Aguilar. When we launched the journal in 2013, I had high hopes and pragmatic optimism about what our journal could grow into. I let you know now, in the middle of a year of major change, that I am overjoyed by what *PRS Global Open* has grown into. The way you, our readers and authors, have embraced the open access model to provide an important and unfilled role in the global plastic surgery community has left me speechless. The way that our resolute editorial and publishing teams, dedicated Editorial Board members, and impressive Resident Ambassadors have taken the journal to new heights with the highest quality initiatives, engaging multi-media, and—most importantly—peer-reviewed content has exceeded my every expectation. I cannot wait to see what the future brings, and I’m excited to continue to serve in the growth of *PRS Global Open* as a reviewer and an author. Perhaps next year I may even have an abstract or two to proudly present as part of the PSTM 21 Abstract Supplement. The future of plastic surgery, and *PRS Global Open*, is bright!

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