

pISSN 1598-2629 eISSN 2092-6685



Generation of Tolerogenic Dendritic Cells and Their Therapeutic Applications

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Dendritic cells (DCs) are professional antigen-presenting cells (APCs) that bridge innate and adaptive immune responses, thereby leading to immune activation. DCs have been known to recognize pathogen-associated molecular patterns such as lipopolysaccharides (LPS) and nucleic acids via their pattern recognition receptors, which trigger signaling of their maturation and effector functions. Furthermore, DCs take up and process antigens as a form of peptide loaded on the major histocompatibility complex (MHC) and present them to T cells, which are responsible for the adaptive immune response. Conversely, DCs can also play a role in inducing immune suppression under specific circumstances. From this perspective, the role of DCs is related to tolerance rather than immunity. Immunologists refer to these special DCs as tolerogenic DCs (tolDCs). However, the definition of tolDCs is controversial, and there is limited information on their development and characteristics. In this review, we discuss the current concept of tolDCs, cutting-edge methods for generating tolDCs in vitro, and future applications of tolDCs, including clinical use.

[Immune Network 2016;16(1):52-60]

Keywords: Tolerogenic dendritic cell, *In vitro* generation, Clinical use

INTRODUCTION

Dendritic cells (DCs) mediate innate and adaptive immunity of the immune system. A major role of DCs is to present antigens to T cells. As professional antigen-presenting cells (APCs), DCs activate T cells through co-stimulatory molecules such as CD80 and CD86. These are the classical immunogenic characteristics of DCs. In contrast, tolerogenic DCs (tolDCs) contribute to tolerance rather than immunity. TolDCs can induce T cell anergy and generate regulatory T (Treg) cells. ToIDCs-mediated immune suppressive responses are achieved by the interaction between co-inhibitory molecules like programmed death ligand 1 (PD-L1) and ligand 2 (PD-L2) on DCs and programmed death 1 (PD-1) on T cells. In addition to these surface molecules, anti-inflammatory cytokines such as interleukin-10 (IL-10) and transforming growth factor beta (TGF- β) from DCs can promote tolerance. How are tolDCs generated or induced and what are the factors involved in this process? It is necessary to first distinguish toIDCs from immature DCs (imDCs). The capacity of imDCs for inducing an immune response is inferior to that of mature DCs (mDCs) because imDCs express a lower frequency of MHC and co-stimulatory molecules on their surface than mature DCs. In addition, imDCs have no ability to secrete pro-inflammatory cytokines such as IL-6 and IL-12 (1). Because

Received on December 22, 2015. Revised on February 5, 2016. Accepted on February 7, 2016.

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Abbreviations: DCs, dendritic cells; toIDCs, tolerogenic DCs; BMDCs, bone marrow-derived DCs; MoDCs, monocyte-derived DCs; Dexa, dexamethasone; VitD3, vitamin D3; MSCs, mesenchymal stem cells

of their immature phenotypes, imDCs have limited ability to prime T cells and induce an immune response and thus have been considered tolDCs. However, the phenotype and definition of tolDCs remain controversial.

Here, we define the typical phenotype and the characteristic of toIDCs based on two perspectives: expression of regulatory molecules and secretion of cytokines. In this sequence, we will sum up the various factors that have been widely known to induce toIDCs *in vitro*. Finally, the importance of toIDCs in clinical trials and their therapeutic application will be discussed in this review.

PHENOTYPIC AND FUNCTIONAL CHARACTERISTICS OF tolDCs

Expression level of co-stimulatory and inhibitory molecules on the cell surface of toIDCs

CD80 and CD86 on the surface of DCs can interact with CD28 on T cells. The interaction can trigger a signal to stimulate a T cell immune response. Therefore, DCs expressing a low level of co-stimulatory molecules may have a decided tolerance advantage.

On the contrary, surface inhibitory molecules such as PD-L1 and PD-L2 on DCs interact with PD-1 on T cells. The interaction between molecules results in anergy or functional inactivation of T cells (1-3). Although it has been reported that overexpression of PD-L1 or PD-L2 on DCs did not inhibit proliferation of T cells (4), high expression levels of PD-L1 or PD-L2 on the surface of DCs can still be a phenotypical characteristic of tolDCs, as shown in many individual studies (4-13). The expression of another death signal molecule CD95, a FAS-ligand, can also be a sign of tolerance (14,15).

Cytokine-secreting pattern

In addition to the expression of surface molecules, a profile of cytokines secreted from DCs can represent the tolerogenic potential. The pro-inflammatory cytokine IL-12 produced by DCs stimulates the growth and function of T cells (16). Moreover, IL-12 can stimulate the secretion of interferon-gamma (IFN- γ) or tumor necrosis factor alpha (TNF- α) and can activate natural killer (NK) cells (16). Therefore, DCs that have a low ability to secrete such inflammatory cytokines can have 'tolerogenic potential'. DCs that secrete a high dose of anti-inflammatory cytokines such as IL-10 and TGF- β can also be considered toIDCs because IL-10 inhibits the synthesis and induction of pro-inflammatory cytokines such as IL-12, TNF- α , and IFN- γ (17-19). Furthermore, IL-10 impairs the activation of NK and T cells (20,21), and TGF- β is important for the maintenance and survival of Treg cells (22).

Other characteristics of toIDCs

It has been reported that the direct effect of IL-12 on DCs is to promote nuclear localization of nuclear factor kappa-light-chain-enhancer of activated B cells (NF- κ B) (23). Therefore, a low expression level of NF- κ B, which is widely related to the activation of DCs, could be another sign of tolerogenic characteristics of tolDCs.

Indoleamine 2,3-dioxygenase (IDO), an immune checkpoint molecule produced by toIDCs, is also related to the inhibition of T cell proliferation and survival (24-28). Moreover, IDO has been reported to promote functional development of Treg cells (29). Thus, the induction or up-regulation of IDO in DCs can tolerate the immune environment of the host.

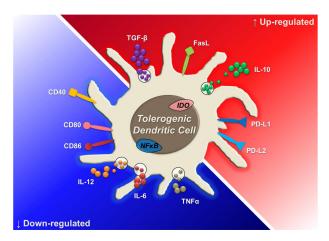


Figure 1. Typical characteristics of tolerogenic dendritic cells. Down-regulation of co-stimulatory molecules (CD40, CD80, and CD86), which contribute to T cell priming and further immune responses, can be regarded as the tolerogenic phenotype of DCs. In contrast, up-regulation of inhibitory molecules (PD-L1, PD-L2, and FasL) of DCs can be a sign of tolerance because functional anergy or cell death can be induced in immune cells that have interacted with those inhibitory molecules. In terms of the cytokine-secreting profile, DCs secreting anti-inflammatory cytokines can be considered tolerogenic DCs by regulatory T cells; these DCs inhibit synthesis of inflammatory cytokines. Additionally, high expression of the immunomodulatory enzyme IDO and low expression of NF- *k* B allow DCs to acquire tolerogenic potential.

In summary, tolerogenic potential in DCs is indicated by the presence of down-regulation of factors related to boosting the immune response and up-regulation of inhibitory molecules, anti-inflammatory cytokines, and related enzymes (Fig. 1).

GENERATING toIDCs IN VITRO

Generation of DCs in vitro

It is necessary to know the factors that are responsible for the induction of DCs with tolerogenic characteristics. Because of the scarcity of DCs and their various subsets *in vivo*, many *in vitro* DC studies have been performed. In a murine system, the classic method of investigating DCs is using bone marrow-derived DCs (BMDCs). BMDCs can be generated by $6 \sim 10$ days culture *in vitro* (30,31). In this system, DCs are differentiated from bone marrow stem cells, and the culture medium must contain granulocyte-macrophage colony-stimulating factor (GM-CSF) (32). After reaching one-third of the total culture period, fresh medium is added at the same volume as the pre-ex-

isting medium. After reaching two-thirds of the total culture period, half of the culture medium is replaced with fresh medium. At the end of the culture period, BMDCs can be harvested by collecting suspended cells. These harvested 'untouched BMDCs' are imDCs. Additional treatment of LPS, TNF- α , or IFN- γ causes imDCs to become fully mature DCs (Fig. 2A). Though the culture period and concentration of GM-CSF can vary, this method is highly standardized. The other technique for generating DCs, especially from humans, is differentiating DCs from peripheral monocytes (33-36). DCs differentiated in this system are called monocyte-derived DCs (MoDCs). Except that the origin of the DC is a monocyte, the other processes and principles of culture are almost identical to those of BMDCs (Fig. 2B). Incidentally, trials for differentiating human DCs from bone marrow have also been performed (37, 38).

Generation of tolDCs from DCs in vitro

When BMDCs or MoDCs are stimulated with certain factors, the DCs are able to turn into tolDCs (Fig. 3). While

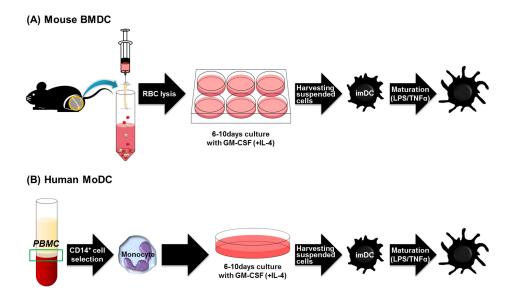


Figure 2. Generation of dendritic cells *in vitro*: at-a-glance. Substantial numbers of DCs can be obtained using *in vitro* culture systems with GM-CSF. DCs generated in culture with GM-CSF are imDCs, which can reach the mature stage by further stimulation with LPS or TNF- α . (A) In the case of mouse DCs, a large amount of DCs can be generated in the culture of murine BM cells treated with GM-CSF. BM cells are flushed out from the femur and tibia. After lysis of erythrocytes, the cells are cultured in medium containing GM-CSF for 6 to 10 days. In this murine BM culture system, addition and replacement of medium are conducted on the one-third and two-third days of whole culture, respectively. DCs generated by this method *in vitro* are called BMDCs. (B) For generating human DCs *in vitro*, monocytes are isolated from peripheral blood mononuclear cells (PBMCs) and are cultured in the presence of GM-CSF. DCs differentiated from monocytes using this system are called MoDCs.

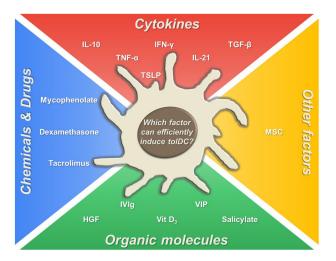


Figure 3. Factors for toIDC induction. Various factors contribute to the induction of toIDCs *in vitro*. These tolerogenic factors are categorized into four groups: cytokines, chemicals and drugs, organic molecules, and other factors. TSLP, thymic stromal lymphopoietin; IVIG, intravenous immunoglobulin; VIP, vaso-active intestinal peptide; HGF, hepatocyte growth factor.

a variety of factors with the ability to induce toIDCs have been reported (39), there is no standardized protocol with the optimal concentration and treatment time. In the next section, we will introduce certain factors that are universally known as inducers of toIDCs.

VARIOUS FACTORS INDUCING toIDCs

Cytokines

There are several cytokines known to induce toIDCs from BMDCs or MoDCs in vitro. Among them, the most wellknown cytokines are IL-10, IFN- γ , and TGF- β . IL-10treated BMDCs have a low capacity to secrete inflammatory cytokines and to prime T cells (40). Moreover, after IL-10 treatment, BMDCs are inhibited in their maturation (41,42). The effects of IL-10 on BMDCs also correspond to DCs isolated from mouse spleen ex vivo (43). In addition to IL-10, IFN- γ has been demonstrated to induce tolerogenicity in DCs. IFN- 7-treated MoDCs cannot efficiently present alloantigens to T cells. In addition, when co-cultured with naïve $CD4^+$ T cells, IFN- γ -treated MoDCs induce a high level of FoxP3 expression in CD4⁺ T cells and trigger the regulatory function of T cells (44). Notably, the destiny of DCs, whether they become suppressors or activators, depends on the concentration of IFN- γ (45-47). High doses of IFN- γ inhibit maturation of MoDCs and induce their regulatory functions. For example, as the concentration of IFN- γ increases, the ratio of IL-10 to IL-12 produced by DCs increases but the cytotoxicity of CD8⁺ T cells that are co-cultured with the DCs decreases (45,46). On the contrary, Kerkar and his colleagues reported that IFN- γ triggers differentiation of MoDCs and the expression of co-stimulatory molecules as well as the MHC I molecule (47). IFN- γ treatment, when added to monocytes in the early differentiation stage, often results in the induction of macrophages rather than DCs (48). However, after exposure to a low dosage of IFN- γ , MoDCs are differentiated to tolDCs, thereby hindering the T cell response (47). Taken together, the treatment time and the concentration of IFN- γ are crucial for generating tolDCs, which suggests that a more defined protocol is still needed. Another cytokine, TGF- β , when added at the final stages of BMDC differentiation, has been reported to down-regulate the expression of co-stimulatory molecules and inhibit the production of inflammatory cytokines in BMDCs (40,49).

Organic molecules and chemicals

Dexamethasone (Dexa) is a steroid medication widely used for the treatment of various diseases. There are many reports showing that Dexa is a tolerogenic compound. Dexastimulated DCs tend to exhibit down-regulated expression of co-stimulatory and MHC molecules, and subsequently an impaired T cell immune response (40,50-54). Furthermore, *in vitro*, Dexa treatment of DCs causes T cells to produce high amounts of IL-10 (54). While Dexa treatment methods for generating tolDCs differ among studies, Dexa is a tolerogenic reagent.

Vitamin D₃ (VitD₃) is another well-known tolerogenic reagent. The addition of $1,25(OH)_2D_3$, an active form of VitD₃, into DC culture results in the induction of tolerogenic surface molecules and the production of anti-inflammatory cytokines. In VitD₃-treated DCs, the expression levels of CD80, CD86, and MHC II decrease and also the production of IL-6 and IL-12 are limited, compared to non-treated DCs (55,56). Functionally, VitD₃ contributes to the down-regulation of IFN- γ in DCs, thereby suppressing the T cell immune response (56). Because of their practical use and easy handling, Dexa and VitD₃ have also been utilized *in vivo* (57) and are often used in combination (58,59).

Others

Interestingly, DCs co-cultured with mesenchymal stem cells (MSCs) have immune-regulatory characteristics. In this system, DCs are overlaid on MSCs and cultured to-gether (60). Under the influence of MSCs, DCs decrease IL-12 production and down-regulate expression of co-stimulatory and MHC molecules, resulting in the induction of toIDCs and T cell unresponsiveness (61). For this reason, there are quite a few trials using MSCs to suppress immune responses *in vivo* (62,63).

THERAPEUTIC APPLICATIONS OF toIDCs

TolDCs are now being tested for their therapeutic use in various types of diseases where immune suppression is needed. Diversely generated tolDCs are used for the treatment of hyper-immune and autoimmune disorders such as rheumatoid arthritis (RA), multiple sclerosis (MS), and excessive tissue destruction and can be used to alleviate transplantation rejection.

TolDCs in clinical treatment for hyper- and autoimmune disorders

RA is the most representative and common autoimmune disease and has typical symptoms: synovitis and progressive cartilage destruction. In a murine system, the collagen-induced arthritis (CIA) model is widely used for the study of RA. Until now, common therapies for RA have included administration of immunosuppressive drugs and biomolecules even though these methods have fatal side effects causing general suppression of the host immune system (53,64,65). Thus, adoptive transfer of toIDCs into a pathologic area can be a more effective treatment for RA patients. Adoption of toIDCs ameliorates inflammatory arthritis by inducing the production of anti-inflammatory cytokines and the generation of Treg cells, subsequently impairing the T cell immune response (66-77). In addition to RA, other clinical trials targeting autoimmune disorders have recently adopted toIDCs. The disorders include MS (78), primary Sjögren's syndrome (59), immune thrombocytopenic purpura (79), diabetes (80), uveoretinitis (81), and experimental autoimmune encephalomyelitis (57).

Use of toIDCs in transplantation

TolDCs also play an important role in maintaining grafted organs (82-85). As in the treatment of autoimmune dis-

orders, the use of immunosuppressive drugs has been a dominant treatment method for transplantation recipients. However, as mentioned above, the use of these suppressors often causes a breakdown of the host immune system. Recently, the administration of regulatory cells has been investigated (86). Although there is still a long way to go before achieving the ideal application, therapy using toIDCs is potentially the most promising and powerful tool to escape graft destruction in transplantation patients compared with therapy using other regulatory cells. As immunoregulatory APCs, tolDCs may be able to regulate and control other immune cells, which together give rise to tolerance. Although there have been many trials in animal transplantation models (blood, skin, heart, kidney, and pancreatic islet transplantations), clinical trials in humans have not been widely reported (87). It is obvious that injection of tolDCs can effectively suppress host immune system by inhibition of Ag-specific T cells and induction of Ag-specific Treg cells, but there are still many questions to be solved for safe and effective clinical goal:

Which toIDCs should be used: donor or recipient? Which time-point is appropriate for injecting toIDCs: prior-, peri-, or post-transplantation? Which route is more effective for injecting toIDCs: intravenous, intradermal, subcutaneous, or another route? What are the ideal dosage and frequency of administration (87)?

CONCLUSIONS AND PROSPECTS

We have discussed the generation, characteristics, and therapeutic applications of toIDCs. The definite phenotype and biomarkers for toIDCs have not been defined and opinions regarding toIDCs are diverse. Sometimes, even immature or semi-mature DCs are simply regarded as toIDCs. Furthermore, conditioning toIDCs is also very complicated because tolerance-inducing factors and manipulations for generating toIDCs are extremely varied.

ToIDCs are a promising tool to suppress immune responses in autoimmune disorders and transplantations. However, additional research is needed for clinical trials. First, in the preparation stage of conditioned DCs, specific protocols to generate toIDCs suitable for each application must be established. Establishing the appropriate timing and intensity of growth factor and tolerogenic reagent treatment is crucial. Furthermore, the migration, and toxicity issue of toIDCs in the host after injection should also be considered. As another concern, the stability of administered toIDCs *in vivo* must be also considered for effective therapeutic applications. Various types of toIDCs generated with diverse factors mentioned above were known to keep stably their tolerogenic phenotype and function *in vivo* (53,88,89), whereas there have been some reports showing that semi-mature DCs, which have been usually considered as toIDCs (90-92), became immunogenic cells when they were administered to *in vivo* (93,94). Even if there are a lot of things to be investigated, toIDCs could be powerful immune cells with immense potential for innovative clinical therapy in the future.

ACKNOWLEDGEMENTS

This research was supported by the Bio & Medical Technology Development Program of the National Research Foundation of Korea (NRF) grant funded by the Korean government, MSIP (2012M3A9B4028264 and 2015R1A2 A1A10056084).

CONFLICTS OF INTEREST

The authors have no financial conflict of interest.

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