# Review Article

# Genetics of Male Infertility – Present and Future: A Narrative Review

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**ABSTRACT**

Infertility affects 8%–12% of couples worldwide with a male factor contributing to nearly 50% of couples either as a primary or contributing cause. Several genetic factors that include single-gene and multiple-gene defects associated with male infertility were reported in the past two decades. However, the etiology remains ambiguous in a majority of infertile men (~40%). The objective of this narrative review is to provide an update on the genetic factors associated with idiopathic male infertility and male reproductive system abnormalities identified in the last two decades. We performed a thorough literature search in online databases from January 2000 to July 2021. We observed a total of 13 genes associated with nonobstructive azoospermia due to maturation/meiotic arrest. Several studies that reported novel genes associated with multiple morphological abnormalities of the sperm flagella are also discussed in this review. *ADGRG2*, *PANK2*, *SCNN1B*, and *CA12* genes are observed in non-*CFTR*-related vas aplasia. The genomic analysis should be quickly implemented in clinical practice as the detection of gene abnormalities in different male infertility phenotypes will facilitate genetic counseling.

**KEYWORDS:** *Azoospermia, genes, male infertility, multiple morphological abnormalities of the sperm flagella, mutations, nonobstructive azoospermia, obstructive azoospermia*

## INTRODUCTION

*I*nfertility affects 8%–12% of couples worldwide with a male factor contributing to nearly 50% of the couples either as a primary or contributing cause.[1] East Asia and West Africa harbor the highest numbers of infertility cases.[2] Male infertility is primarily diagnosed based on the evaluation of semen parameters. Nonobstructive azoospermia (NOA) is the most severe form of male infertility that is characterized by a complete absence of spermatozoa in the ejaculate.[3] Other phenotypes of male infertility include asthenozoospermia (reduced sperm motility), oligozoospermia (reduced sperm count), and teratozoospermia (reduced percentage of spermatozoa with normal morphology). Often, infertile men present themselves with abnormalities in multiple semen parameters such as asthenoteratozoospermia that results in reduced or no sperms with normal motility and morphology.

Spermatogenesis is a highly complex process that occurs through successive mitotic, meiotic, and postmeiotic phases involving several molecular pathways. Human spermatogenesis requires an orchestrated expression of a multitude of genes and involves dynamic transcription of over 4000 genes in various germ cell subtypes.[3] Owing to the complexity of human spermatogenesis, male infertility is highly complex with extremely heterogeneous phenotype presentations among infertile men. It is currently estimated that known genetic factors such as chromosomal abnormalities, aneuploidies, Y chromosome microdeletions, and single-gene defects are responsible for at least 15%–30% of male infertility.[3,4]

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Several studies have identified additional genetic factors that include single-gene and multiple-gene defects that are associated with male infertility in the past two decades. However, the etiology remains obscure in a majority of infertile men (~40%), and identification of novel genetic factors linked with idiopathic male infertility is a major research concern.[4] This review, therefore, provides an update on the genetic factors associated with idiopathic male infertility that were identified in the last two decades.

## OBJECTIVE

To provide a comprehensive update of the genetic factors associated with idiopathic male infertility that were identified in the last two decades. We mainly focused on monogenic causes of isolated or idiopathic male infertility and reproductive system abnormalities in males.

## SEARCH METHODS

We performed a thorough literature search using online databases such as PubMed, Embase, Web of Science, Scopus, Google Scholar literature database, and Science Direct [Figure 1]. Articles were searched using search terms related to "male infertility" in combination with the other words that include "genetics", "Y chromosome microdeletions", "exome", "genomics", "genetics", "sequencing", "whole-exome sequencing", "whole-genome sequencing", "next-generation sequencing (NGS)", "azoospermia" "spermatogenesis", "monogenic causes", "genetics of vas aplasia", etc. Further, the quality and the extent of all the evidence supporting selected genes were carefully evaluated manually. We also assessed the experimental quality, patient phenotype assessment, and functional evidence to establish genotype–phenotype correlation using *in vitro* human cell lines and *in vivo* animal models. Candidate genes/genetic factors with significant impact on male fertility and validated by multiple studies were mainly selected for discussion. Articles published between January 2000 and July 2021 were reviewed.

## MALE INFERTILITY AND GENETIC ASSOCIATION

Male infertility is subclassified into four major etiological categories: (a) spermatogenic quantitative defects; (b) ductal obstruction or dysfunction; (c) hypothalamic–pituitary axis disturbances; and (4) spermatogenic qualitative defects.[5] The genetic factors are known to be responsible for approximately 15% of male infertility.

Idiopathic oligoasthenoteratozoospermia (OAT) is the most common form of male infertility followed by azoospermia mainly due to primary testicular failure that manifests as quantitative defects of spermatogenesis. The other common etiologies of male infertility include obstruction or morphological abnormalities of ducts. The other two phenotype categories include
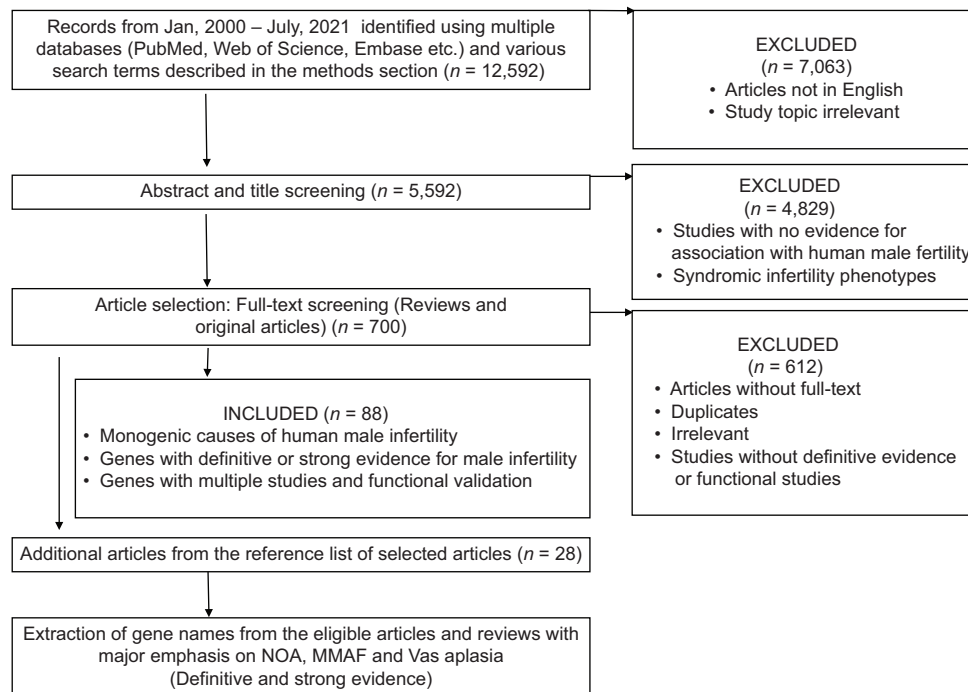
Records from Jan, 2000 – July, 2021 identified using multiple databases (PubMed, Web of Science, Embase etc.) and various search terms described in the methods section (*n* = 12,592)

EXCLUDED
(*n* = 7,063)
• Articles not in English
• Study topic irrelevant

Abstract and title screening (*n* = 5,592)

EXCLUDED
(*n* = 4,829)
• Studies with no evidence for association with human male fertility
• Syndromic infertility phenotypes

Article selection: Full-text screening (Reviews and original articles) (*n* = 700)

EXCLUDED
(*n* = 612)
• Articles without full-text
• Duplicates
• Irrelevant
• Studies without definitive evidence or functional studies

INCLUDED (*n* = 88)
• Monogenic causes of human male infertility
• Genes with definitive or strong evidence for male infertility
• Genes with multiple studies and functional validation

Additional articles from the reference list of selected articles (*n* = 28)

Extraction of gene names from the eligible articles and reviews with major emphasis on NOA, MMAF and Vas aplasia (Definitive and strong evidence)

**Figure 1:** Flowchart of review methodology. PubMed and other databases were searched for all articles containing genetic studies on human male infertility as described in the methods limiting to studies published after January 2000. NOA- Non obstructive azoospermia, MMAF -multiple morphological abnormalities of the sperm flagella

perturbed hypothalamic–pituitary axis that results in secondary testicular failure and qualitative defects in spermatogenesis.[5,6] In a routine diagnostic workup, genetic diagnosis is only possible in about 20% of infertile men.

## CHROMOSOME NUMBER AND STRUCTURAL ANOMALIES

It is a routine practice in infertility clinics to observe for any cytogenetic abnormalities as the first step of choice, in idiopathic infertile individuals. Chromosomal abnormalities range from 5% to 15% in infertile men with the highest prevalence being in men with complete absence of spermatogenesis.[7] Aneuploidy is one of the most common chromosomal abnormalities in infertile men and is generally associated with NOA.[8] Klinefelter syndrome with 47,XXY karyotype or its variants is the most common aneuploidy and is seen in about 14% of azoospermic men.[9] Klinefelter syndrome has an estimated frequency of 1 in 7 among NOA men.[10] Affected individuals typically have small testis and consequent spermatogenic failure. Another numerical chromosomal aneuploidy is 47,XYY, which is rare and men with this karyotype may have normal fertility, but with an increased likelihood of infertility compared to normal 46,XY males.

Apart from chromosomal numerical aberrations, structural aberrations such as deletions, duplications, inversions, and translocations are commonly seen chromosomal abnormalities in about 5% of infertile men.[11] Robertsonian translocations, where long arms of two acrocentric chromosomes fuse to form a long chromosome with a single centromere, are seen in 0.8% of infertile men. The incidence is predominantly seen in oligozoospermic men compared to azoospermic men.[12] The most commonly observed Robertsonian translocations are der (13;14) and der (14;21), of which der (13;14) is predominant.[13] Couples seeking *in vitro* fertilization must be counseled for preimplantation genetic screening because any chromosomal structural abnormalities in the sperm may increase the risk of aneuploidies, unbalanced chromosomal translocations, and imprinting disorders (Robertsonian translocations) in the fetus.[4] Although considered to be a variant of normal karyotype, Chromosome 9 pericentric inversion; inv (9) (p11q12) is another frequent and interesting chromosome rearrangement. Mozdarani *et al*. reported Chromosome 9; inv (9) (p11q12) in 4.69% of infertile men and noticed that the incidence of inversion 9 in infertile men is significantly higher than that of the normal population.[14] Another recent study has reported a novel pericentric inversion inv (9) (p23q22.3) in infertile individuals from Southeast Europe.[15] Despite being benign, pericentric inversions may affect the reproductive outcomes of carrier males by increasing the risk for chromosome abnormalities in live-born offspring, miscarriages, and fertility issues.[15]

## THE HUMAN Y CHROMOSOME

The Y chromosome is the smallest human chromosome, which contains 60 million nucleotides and is 57 Mb in size.[16] The distal ends of both *P* and the q arms comprise pseudoautosomal regions (PARs) which recombine with the X chromosome during meiosis. The chromosomal region outside the PARs is not involved in recombination, hence termed as a nonrecombining region of Y (NRY), which comprises 95% of the Y chromosome.[17] However, the NRY flanked on both sides by recombining PARs is better termed as a male-specific region of the Y chromosome (MSY), with 156 known transcription units, 78 protein-coding genes, massive palindrome sequences, and testis-specific genes.[18,19] MSY region has twelve gene families with different copy numbers ranging from two (*VCY, XKRY, HSFY,* and *PRY*) to three (*BPY2*) to four (*CDY, DAZ*) to six (*RBYM*) to approximately 35 (*TSPY*).[20] This copy number may vary among different human populations. The distal part of the long arm (Yq) harbors heterochromatin, whereas euchromatin (~23MB) that contains genes and repetitive sequences spans Yp and the proximal part of Yq [Figure 2].

## Y CHROMOSOME MICRODELETIONS AND MALE FERTILITY

Y chromosome microdeletions are small chromosomal deletions that are usually submicroscopic (<5 Mb) and escape detection by normal karyotyping. Tiepolo and Zuffardi (1976) identified *de novo* deletions on the Y chromosome long arm (Yq) in azoospermic men that prompted them to predict the existence of indispensable genes on Yq that are essential for normal spermatogenesis.[21] Later, the entire gene cluster in the distal region of the Y-chromosome long arm was named as azoospermia factor (*AZF*) region. Vogt *et al*. and Skaletsky *et al*. defined the *AZF* region and identified genes essential for male fertility in this region.[19,22] The *AZF* region in the long arm of Y chromosome is further classified into *AZF*a (792 kb), *AZF*b (6.2 Mb), and *AZF*c (4.5 Mb) regions.[23,24] *AZF*a, *AZF*b, and *AZF*c regions harbor several genes which are either exclusively expressed or enriched in the testis and thus likely to have a potential role in spermatogenesis.[25] The presence of repeated homologous sequences in the boundaries of *AZF* regions predisposes these regions to duplication (s) or deletion (s) through nonallelic homologous recombination (NAHR).
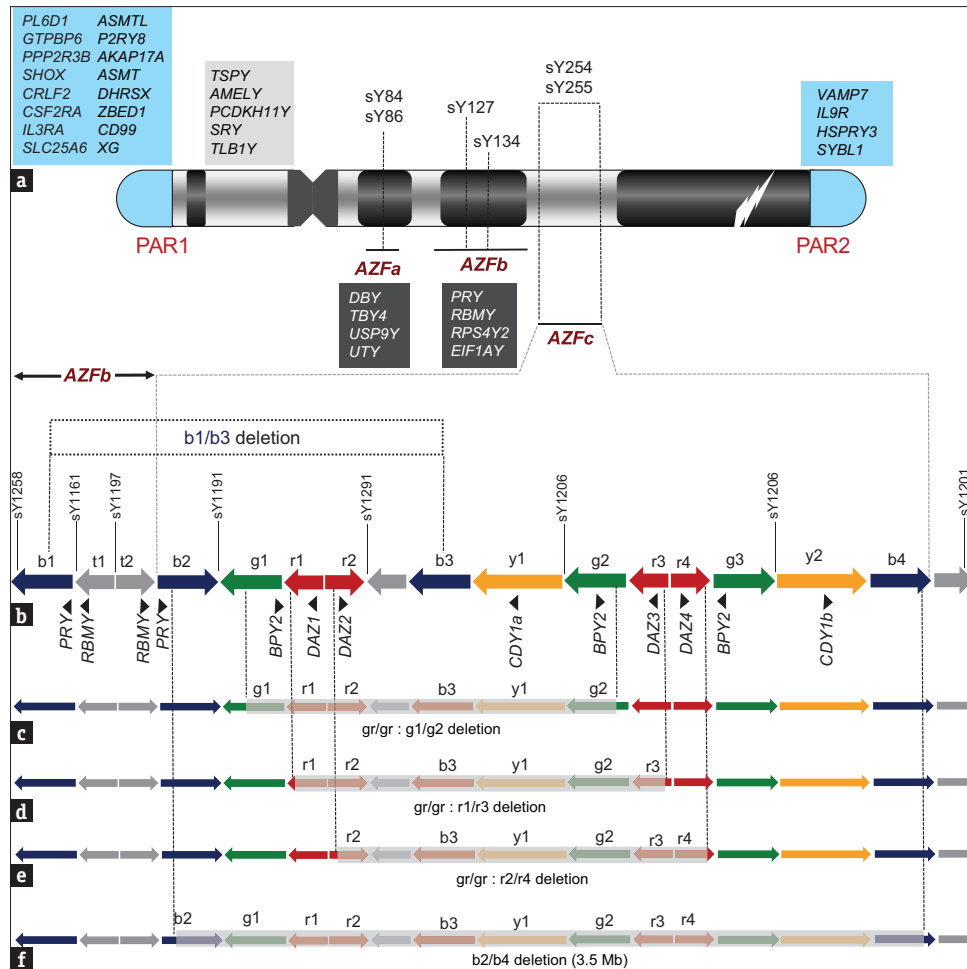
**Figure 2:** Schematic representation of Y chromosome depicting azoospermia factor regions and types of microdeletions. (a) Schematic diagram showing different regions of Y chromosome and genes located in nonazoospermia factor regions; (b) schematic diagram showing the location of inverted repeats, STS markers and b1/b3 deletion in the AZFc region; (c) schematic diagram showing g1/g2 (gr/gr) deletion region; (d) schematic diagram showing r1/r3 deletion (gr/gr) region; (e) schematic diagram showing r2/r4 deletion (gr/gr) region; (f) schematic diagram showing 3.5 Mb complete AZFc deletion (b2/b4 deletion)

Approximately 7% of infertile men show Y chromosome microdeletions worldwide. Among the infertile men, 55% of men with maturation arrest and Sertoli cell-only syndrome have Y chromosome microdeletions.[26] Several studies have shown that microdeletions in *AZF*c region are most common (maximum of 80%), followed by *AZF*b (maximum to 5%) and *AZF*a (maximum to 4%).[27] Although microdeletions are usually common in azoospermic men (16.90%), they are also seen in oligozoospermic men.[28] The prevalence of microdeletions in the *AZF* region may vary among infertile men with different ethnic backgrounds. Approximately 8.5% of Indian azoospermic men show *AZF* deletions, of which *AZF*a deletions alone are 17.2%, *AZF*c deletions alone are 24.1%, and the remaining are combinations of *AZF*a/*AZF*b or *AZF*b/*AZF*c or *AZF*c partial deletions.[29] A more recent study has shown a high frequency of NAHR-mediated deletions in about 25.8% of Indian infertile men (13.1% partial and 6.9%

complete *AZF*c deletions, 3.5% *AZF*b deletions, and 2.3% *AZF*bc deletions).[30] Long-term geographical isolation and strict endogamy practice among Indian populations might likely have contributed to the high frequency of deletions among Indian infertile men.[30]

During routine diagnosis for Y chromosome microdeletions using polymerase chain reaction, it is difficult to screen the entire *AZF* region. Hence, several unique sequence tagged site (STS) markers from each region of *AZF* (*AZF*a, *AZF*b, and *AZF*c) are routinely examined.[31] STS markers such as sY84, sY86, DFFRY, sY83, sY740, sY746, sY741, sY742, and sY615 are located in the *AZF*a region; sY98, sY110, sY100, sY80, sY1211, sY143, sY127, and sY134 are located in *AZF*b region. Markers sY152, sY148, sY156, sY581, sY247, sY254, and sY255 are located in *AZF*c region. The markers routinely used for molecular diagnosis may vary based on the ethnic background of the infertile men. The European Andrology Association (EAA) recommends a set of STS markers

for routine Yq deletion analysis which includes sY84 and sY86 (*AZF*a); sY127 and sY134 (*AZF*b); and sY254 and sY255 (*AZF*c).[32] However, an additional set of STS markers have been recommended for Indian infertile men as the EAA-recommended markers did not show deletions in *AZF*a and *AZF*b regions. Thus, non-EAA markers sY746 and sY82 in *AZF*a; sY121, sY128, and sY130 in *AZF*b; and sY145 and sY160 in *AZF*c should be included in regular Yq microdeletion analysis in Indian infertile men to increase the chance of identifying *AZF* microdeletions.[29]

## PARTIAL *AZFc* DELETIONS

*AZF*c is the best-studied region of the Y chromosome, and deletions in this region are the most common known cause of spermatogenic failure. *AZF*c is located at the distal end of deletion interval 6 (subintervals 6C-6E) on the Y chromosome [Figure 2]. *AZF*c, which spans 4.5 Mb, is well known for its structural complexity and has the largest known palindrome in any genome sequenced to date. Around 95% of the *AZF*c is composed of amplicons (identical sequences).[33,34] The presence of multiple repeated palindromes makes the *AZF*c region susceptible to deletions and thus the *AZF*c region is the most vulnerable to deletions compared to *AZF*a and *AZF*b regions.[34] In addition to extensive array of pseudogenes, *AZFc* region also has protein coding multiple gene families such as  *BPY2, CDY1, TTY3, TTY4,* and *DAZ* etc.

Some infertile men show a 3.5 Mb deletion of the entire *AZF*c region (b2/b4 deletion) that harbors 12 multiple copy number genes and transcriptional units. In the routine molecular diagnosis of male infertility, complete *AZF* deletions have a demonstrated prognostic value. However, partial deletions in *AZF*c region are also commonly encountered during routine screening of Y chromosome microdeletions, but the clinical relevance remains speculative.[26,30] The two major *AZF*c partial deletions include gr/gr (1.6 Mb, identified by the deletion of STS marker sY1291) and b1/b3 (1.6 Mb, identified by the deletion of STS markers sY1291, sY1191, sY1197, sY1161, and sY1291) [Figure 2].[35] The other two rare partial *AZF*c deletions which result from gr/gr deletion followed by inversion or vice versa are b3/b4 (deletion of 1.6 Mb and b3/b4 inversion) and b2/b3 (deletion of 1.8 Mb and b2/b3 inversion). All the partial deletions (except b1/b3) only alter gene copy numbers without eliminating entire gene (s) within the *AZF*c region.

### GR/GR DELETIONS

The most common *AZF*c partial deletion observed is gr/gr deletion that is further subdivided into g1/g2, r2/r4,

and r1/r3 based on the recombination pattern between g1-r1-r2 and g2-r3-r4 [Figure 2]. Studies have shown that ethnic variation exists in gr/gr deletions due to specific haplogroup backgrounds and heterogeneity in the gene copy deletions.[35,36] A large study by Repping *et al.* had shown that men with spermatogenic failure had significantly higher gr/gr deletion frequency (3.8%) compared to fertile men (2.2%).[37] Furthermore, recent meta-analyses and a population-based survey of 20,000 Y chromosomes showed that gr/gr deletion is associated with male infertility risk, and infertile men with gr/gr deletions had lower sperm counts compared to fertile men with gr/gr deletions.[27,38,39] On the contrary, some other groups have reported that gr/gr deletion is not useful in predicting impaired spermatogenesis.[40-42] A recent study on the Indian population had shown that the gr/gr deletions are more frequent among oligozoospermic (11.4%), followed by azoospermic (4.6%) and oligoteratozoospermic (2.1%) men compared to the control group (1.53%). Therefore, gr/gr partial deletion is a significant risk factor for low sperm counts in Indian idiopathic infertile men.[30] The study had also shown that the haplogroup is not useful in risk assessment among Indian infertile men. Another study on the Indian population reported an association of gr/gr deletions with low sperm count and gr/gr deletions showed the highest frequency (5.84%) compared to other *AZF*c partial deletions among infertile men.[27] Thus, there is a significant association of gr/gr deletions with impaired spermatogenesis in the Indian population. However, gr/gr deletion frequencies may vary among different ethnic groups among Indian infertile men.

## X-LINKED GENES AND MALE INFERTILITY

Men inherit a single X chromosome and are hemizygous for X-linked genes. Earlier, genomic studies had shown that X chromosome is enriched with spermatogenesis genes.[43] Various X chromosomal genes that are linked with fertility in males have been identified in recent times. Wang *et al.* had reported that X chromosome has several genes that play a predominant role in the premeiotic stages of mammalian spermatogenesis.[44] *Tex11* is the first X-linked meiosis gene, which forms distinct foci on meiotic chromosomes during male and female gametogenesis. *Tex11*-deficient male mice show defective double-strand break repair and dysregulation of crossing over that further results in apoptosis of spermatocytes at pachytene stage and hence infertility.[45,46] Yatsenko *et al.* had recently identified deletion of three coding exons from *TEX11* gene (99 kb) in two azoospermia men. In addition, they have reported two missense and three splicing mutations in 2.4% of nonobstructive azoospermic men with complete meiotic

arrest.[47] Later, another group identified a different set of *TEX11* mutations in NOA individuals.[48] Thus, *TEX11* seems to be a major X-linked candidate gene for male infertility and is now included in genetic diagnostics of male infertility in Europe. However, there is no study on *TEX11* gene till date in Indian infertile men.

## GENETICS OF QUANTITATIVE SPERMATOGENIC DEFECTS

Quantitative spermatogenic defects due to primary testicular failure can manifest as varied phenotypes ranging from azoospermia (no spermatozoa in the ejaculate) to oligozoospermia (sperm concentration <15 million/ml). Among the different types of quantitative spermatogenic defects, azoospermia is the most severe and common form of male infertility. Men with NOA may present themselves with any of the three testicular histopathologies that include SCOS, mixed testicular atrophy (tubules show varying stages of hypospermatogenesis), and spermatogenic arrest.[49] In men with complete maturation arrest, multiple attempts for testicular sperm extraction for spermatozoa recovery will be futile. Whereas in infertile men with incomplete maturation arrest, round or other later stage spermatids may be seen in the tubules.[49] The etiology of complete or incomplete maturation arrest is not completely understood and genetic factors are expected to play a pivotal role. A total of 13 genes associated with NOA due to maturation/meiotic arrest have been reported by various studies to date.[50-52] However, none of those are currently being used for genetic diagnosis of NOA in routine clinical practice. A list of the genes that have a definitive or strong association with NOA is shown in Table 1.

## GENETICS OF QUALITATIVE SPERMATOGENIC DEFECTS

Qualitative defects of spermatogenesis identified through routine semen analysis include defects in sperm morphology, motility, and functional parameters such as DNA and chromatin integrity. Various clinical classifications for qualitative defects of spermatogenesis based on semen evaluation include "oligozoospermia" (reduced sperm count), "asthenozoospermia" (reduced sperm motility), and "teratozoospermia" (reduced percentage of sperm with normal morphology). However, other terms such as asthenoteratozoospermia, oligoasthenozoospermia, oligoteratozoospermia, and OAT are also used to describe more than one abnormality in the semen parameters. An interesting syndromic phenotype that gained attention in recent times is multiple morphological abnormalities of the sperm flagella (MMAF), which was first proposed in 2014.[53] MMAF is a type of asthenoteratozoospermia with a mosaic of flagellar morphological defects such as absent, short, bent, coiled, and irregular flagella without systemic ciliary defects such as primary ciliary dyskinesia. Similar phenotypes such as "dysplasia of the fibrous sheath," "short tails," or "stump tails" have been proposed before the term MMAF was proposed.[54-57] However, the term MMAF is now routinely used for asthenozoospermia phenotype after careful assessment of the abnormal morphology of sperm flagella, including the absent, short, bent, coiled, and irregular tail, according to the 5th (2010) and 6th (2021) editions of the World Health Organization standards for the evaluation of human semen. Furthermore, MMAF is not only a mosaic of morphological abnormalities (absent, bent, coiled, short, and irregular tail) but also a mosaic of ultrastructural flagellar defects such as absent central pair, dysplasia of fibrous sheath, disorganised double microtubules, or absence of dynein arms, suggesting the genetic heterogeneity of MMAF phenotype. The list of genes that cause MMAF phenotype identified to date is shown in Table 2.

## GENETICS OF OBSTRUCTIVE AZOOSPERMIA DUE TO VAS APLASIA

Although the congenital absence of vas deferens (CAVD) was first described in 1755 by Hunter (1786), it took a very long time for recognizing the CAVD as a clinical entity responsible for male infertility. From the mid-twentieth century, urologists started considering CAVD as a separate clinical entity responsible for male infertility.[58] There is a phenotypic diversity in CAVD and at least five phenotypes are known to be associated with male infertility: (1) congenital bilateral absence of the vas deferens (CBAVD) with normal kidneys, (2) CBAVD with unilateral renal anomalies (CBAVD-URA), (3) congenital unilateral absence of the vas deferens (CUAVD), (4) CUAVD-URA, and (5) CBAVD/CUAVD with ejaculatory duct obstruction. Of all these phenotypes, CBAVD is reported in 1%–2% of infertile men.[59] CUAVD is reported in 0.5%–1.0% of men usually discovered during evaluations for infertility or surgical procedures of the male genitalia.[60] CUAVD could be underestimated due to the normal function of the other vas deferens.

Since the CAVD may or may not be associated with anomalies of seminal vesicle (SV) and kidney, it is difficult to elucidate the etiopathogenic mechanisms. SV anomalies can be further classified as hypotrophy, atrophy, dilation, or the absence of bilateral or unilateral SV. There is a variation in the frequency of SV anomalies in CBAVD and CUAVD. Bilateral SV anomalies are more commonly

**Table 1: List of major genes implicated in male infertility with either definitive or strong evidence**

| Gene | Cytogenetic band | Phenotype | Core reference (s) |
|---|---|---|---|
| *FANCM* | 14q21.2 | SCOS, OA, NOA | Kasak *et al.* (2018), Yin *et al.* (2019) |
| *Tex11* | Xq13.1 | MA, mixed testicular atrophy | Yatsenko *et al.* (2015), Yang *et al.* (2015), Nakamura *et al.* (2017), Sha *et al.* (2018) |
| *TEX14* | 17q22 | MA, SCOS resulting in NOA | Fakhro *et al.* (2018), Gershoni *et al.* (2017), An *et al.* (2021) |
| *SYCP2* | 20q13.33 | Oligozoospermia, cryptozoospermia, azoospermia | Schilit SLP *et al.* (2020) |
| *M1AP* | 2p13.1 | Meiotic arrest resulting in NOA | Wyrwoll *et al.* (2020) |
| *STAG3* | 7q22.1 | Meiotic arrest resulting in NOA | van der Bijl *et al.* (2019), Jaillard *et al.* (2020) |
| *MEIOB* | 16p13.3 | SCA resulting in NOA | |
| *SYCE1* | 10q26.3 | SCA resulting in NOA | Pashaei, M *et al.* (2020), Maor-Sagie, E *et al.* (2015) |
| *MEI1* | 22q13.2 | SCA resulting in NOA | Sato, H *et al.* (2006), Ben Khelifa *et al.* (2018), Nguyen *et al.* (2018) |
| *WT1* | 11p13 | SCOC, MA resulting in NOA | Xu *et al.* (2017), Seabra *et al.* (2015), Wang *et al.* (2013) |
| *AURKC* | 19p13.3 | Macrozoospermia, polyploid spermatozoa, teratozoospermia | Hamza *et al.* (2020), Wellard *et al.* (2020), Ben Khelifa *et al.* (2011), Dieterich *et al.* (2007) |
| *DPY19L2* | 12q14.2 | Globozoospermia | Harbuz *et al.* (2011), Ghédir *et al.* (2016), Shang *et al.* (2019) |
| *MSH4* | 1p31.1 | SCA resulting in NOA | Tang *et al.* (2020), Krausz *et al.* (2020) |

Genes implicated in congenital hypogonadotropic hypogonadism and genes requiring additional studies to establish the causative link were excluded. SCOS=Sertoli cell only syndrome, OA=Oligoasthenozoospermia, MA=Maturation arrest, SCA=Spermatocytic arrest, NOA; Nonobstructive azoospermia

reported in CBAVD (50%) than CUAVD (25%), whereas unilateral SV anomalies are more common in CUAVD (80%).[61] Since not all CUAVD cases will be investigated and only those with azoospermia would undergo investigation, the real frequency of SV anomalies in CUAVD would always be underreported. In addition, differences in detection methods can also be responsible for the variation in the frequency of SV anomalies.

For more than two decades, the genetics of CAVD remained restricted to the *CFTR* gene. CBAVD has been extensively studied in Caucasians and genotype–phenotype studies demonstrated two groups of *CFTR* mutations. Severe mutations with virtually no functional CFTR protein or inadequate CFTR protein are classified as Class I, II, and III. The other group is called mild mutations with enough residual CFTR activity to sustain pancreatic function. These *CFTR* mutations are classified as class IV, V.[62] One severe and one mild *CFTR* mutation are detected in 88% of CBAVD men and two mild *CFTR* mutations are detected in 12% of CBAVD, but these men never carry two severe *CFTR* mutations.[59] *CFTR* gene mutations are detected in 60%–70% of isolated CBAVD, and 30%–40% of CBAVD cases may have genetic etiology other than *CFTR*.[63,64] F508del is the most commonly reported *CFTR* gene mutation in Caucasian

men with CBAVD, whereas IVS-9 c. 1210-12[5] is the most commonly reported *CFTR* variant in non-Caucasian men with CBAVD [Table 3]. Recently, we reported *CFTR* variants in 66.3% of CBAVD cases, and no *CFTR* variants were detected in 33.7% of CBAVD cases. F508del was reported at a lower allelic frequency (8.75%), whereas the IVS-9 c.1210-12[5] variant was reported at a higher frequency (42.5%).[63] We also investigated female carrier status and observed 13 (16.2%) female partners as cystic fibrosis (CF) carriers. The study also demonstrated that 9 (11%) couples had a risk of transmitting mutant *CFTR* allele to the offspring warranting the *CFTR* screening and genetic counseling before undergoing ICSI. The most challenging question for men with CBAVD is the need for complete sequencing of the *CFTR* gene in both the man and his partner, to evaluate the accurate risk of CF in the offspring, as population-specific *CFTR* mutation panel is not available in India.

Earlier, we observed renal anomalies in 9% of Indian men with CAVD. Renal anomalies were comparatively higher (50%) in CUAVD compared to CBAVD (10%). No major *CFTR* gene mutations were detected in Indian men with CBAVD-URA.[65] Therefore, the etiology of CBAVD-URA could be other than the *CFTR* gene. A recent systematic review reported association of IVS-9

**Table 2: List of currently identified genes that are associated with multiple morphological abnormalities of the sperm flagella phenotype**

| Gene | Cytogenetic band | Protein localization in sperm | Sperm phenotype (human) | ICSI outcome (positive outcome/ total number of patients) | Reference |
|---|---|---|---|---|---|
| *DNAH1* | 3p21.2 | IDA | Absent IDA; disorganised 9+2; absent CP; disorganized FS | Pregnancy (5/6) | Ben Khelifa M *et al.* (2014), Pazour *et al.* (1999), Wambergue *et al.* (2016), Sha *et al.* (2017), Liu *et al.* (2019a), Wang *et al.* (2017), Amiri-Yekta *et al.* (2016) |
| *DNAH2* | 17p13.1 | IDA | Absent IDA; disorganised 9+2; absent CP; disorganized FS | Pregnancy (2/2) | Kamiya *et al.* (1991), Li *et al.* (2019c), Hwang *et al.* (2021), Gao *et al.* (2021) |
| *DNAH6* | 2p11.2 | IDA | Absent IDA; disorganised 9+2; absent CP | Abortion (1/1) | Tu *et al.* (2019) |
| *DNAH8* | 6p21.2 | ODA | Absent or disarranged ODA; absent CP; other axonemal anomalies | - | Liu *et al.* (2020), Yang *et al.* (2020), Weng *et al.* (2021) |
| *DNAH17* | 17q25.3 | ODA | Absent or disarranged ODA; absent CP | - | Chaofeng *et al.* (2021) |
| *CFAP43* | 10q25.1 | Near DMT | Lack of CP; FS hyperplasia; short tails with unorganised cytoplasm | Pregnancy (1/1) | Tang *et al.* (2017), Fu *et al.* (2018), Yu *et al.* (2021), sha *et al.* (2019b, c), Coutton *et al.* (2018), Li *et al.* (2020) |
| *CFAP44* | 3q13.2 | Paraflagellar rod | Absent CP; disorganised DMT | Pregnancy (2/4) | Tang *et al.* (2017), Jin *et al.* (2017), Sha *et al.* (2019b, c), Wu *et al.* (2019) |
| *CFAP65* | 2q35 | Localises with T/TH complex | Absent CP; hypertrophy and hyperplasia of FS | Abortion (3/3) | Li *et al.* (2020) |
| *CFAP70* | 10q22.2 | ODA | Absent sperm tail; disorganised ODA | Pregnancy (1/1) | Shomoto *et al.* (2018), Julie *et al.* (2019), Beurois et al (2019) |
| *AK7* | 14q32.2 | Sperm flagella | Dysplasia of FS; lack of CP; incomplete mitochondrial sheath | - | Frenandex-Gonza-Lez *et al.* (2009), Lorès *et al.* (2018) |
| *CFAP251* | 12q24.31 | Sperm flagella | | - | Li *et al.* (2019), Kherraf *et al.* (2018), Heuser *et al.* (2012a, b), Urbanska *et al.* (2015) |
| *FSIP2* | 2q32.1 | FS of flagella | Complete absence of mitochondrial sheath; hypertrophic FS | - | Guillaume *et al.* (2018), Brown *et al.* (2003) |
| *AKAP4* | Xp11.22 | Outer dense fibre for sperm | High XY disomy; disorganised FS; altered axonemal structure; FS remnants embedded in a cytoplasmic residue | - | Baccett *et al.* (2005) |
| *QRICH2* | 17q25.1 | Sperm flagella | Absent CP, disorganised ODF, Absent FS | - | Shen *et al.* (2019) |

ICSI=Intracytoplasmic sperm injection, CP=Central pair, DMT=Double microtubule, ODA=Outer dynein arm, IDA=Inner dynein arm, ODF=Outer dense fibre, FS=Fibrous sheath

c.1210-12[5] with increased risk of CUAVD, and renal anomalies are more common in CUAVD than CBAVD. However, renal anomalies in CBAVD or CUAVD were not associated with *CFTR* variants.[66]

With the availability of NGS, attempts are ongoing to unravel the genetic etiology other than *CFTR*. A new pathogenic gene *ADGRG2* was detected in 11%–15% of *CFTR*-negative CBAVD.[67,68] *PANK2, SCNN1B,* and *CA12* are also reported in CBAVD.[69,70] These shreds of evidence suggest the need for expanding diagnostics of CAVD in addition to *CFTR*.

## MALE INFERTILITY GENETICS: CHALLENGES AND FUTURE

As described earlier, human spermatogenesis is highly complex and is driven by the regulated expression of

**Table 3: Cystic fibrosis transmembrane conductance regulator gene mutations in Indian men with congenital bilateral absence of vas deferens**

| Study population and phenotype studied (sample size) | F508del (%) | IVS-9 c. 1210-12[5] 5T allele (%) | Novel CFTR gene mutations | No CFTR gene mutations (%) | Reference |
|---|---|---|---|---|---|
| North Indian CBAVD (*n*=40) CUAVD (*n*=10) | 11 | 25 | L69H, F87I, G126S, F157C, E543A, Y852F, D1270E | 26% | Sharma *et al.*, 2009 |
| North Indian CBAVD (*n*=35) | 17.1 | 27.1 | E217Gfs*11, A1285V | - | Sachdeva *et al.*, 2011 |
| Pan-India CBAVD (*n*=80) | 8.75 | 42.5 | L214V, A238P, E379V, L578I, F587L, L926W, R1325K R1453Q c. 1-30C>G IVS1+2T>G | 33.7 | Gaikwad *et al.*, 2020 |

CBAVD=Congenital bilateral absence of vas deferens, CUAVD=Congenital unilateral absence of vas deferens, CFTR=Cystic fibrosis transmembrane conductance regulator

many genes. Therefore, the observed phenotypes in male infertility after semen evaluation are rather a clinical endpoint of a spectrum of alternative pathological processes.[4] The observed male infertility phenotypes may manifest themselves through *de novo* variants or autosomal recessive pathogenic variants inherited from fertile parents. In the routine diagnosis of male infertility, genetic testing is currently being used for identifying chromosomal anomalies, Y chromosome microdeletions, and pathogenic variants linked with congenital hypogonadotropic hypogonadism. Indeed, no new genetic causes that impact clinical diagnostic workup or treatment decisions have been identified in over 20 years.[11,71,72] Currently, no population-specific genetic markers for oligozoospermia, NOA, and obstructive azoospermia due to vas aplasia are available in India.

With the advancement in genomic technologies, it is now possible to sequence the whole exome or specific genes of interest (targeted gene resequencing) and identify multiple autosomal pathogenic variants in infertile men. Genome-wide association analysis is another approach that was used in recent times to identify susceptible loci linked with male infertility. In India, there is an unmet need of investigating the genes implicated in male infertility in other populations. However, it should be noted that some of the genes such as *NR5A1* that were reported to be associated with male infertility in other populations are not associated with male infertility in Indian men.[73] Therefore, there is a need to rule out the association of genes reported in other populations in Indian infertile men. Further, to identify novel genes with diagnostic value, a stringent and careful evaluation of male infertility phenotypes is important. Wherever possible, recruitment of familial

cases, testicular histopathology (in cases of NOA), and electron microscope imaging of spermatozoa (in case of suspected MMAF phenotypes) are extremely useful. As mentioned earlier, our data suggest that a large proportion (33.7%) of Indian men with CBAVD may have non-*CFTR* genetic causes, and in such cases, whole-exome sequencing would be useful to identify novel genes.

## Conclusion

The review demonstrates a need for careful evaluation of the male infertility phenotype, clinical classification, and usage of advanced genomic technologies to uncover monogenic causes of male infertility with diagnostic implications. The genomic analysis needs to be quickly implemented in clinical practice as the detection of gene abnormalities will facilitate genetic counseling with the patients. The genetic testing guidelines of male infertility need to be regularly updated based on the evidence from genomic analysis data. National agencies should be involved in the development of population-specific genetic testing panels.

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### Conflicts of interest

There are no conflicts of interest.

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