

Journal of International Medical Research 2017, Vol. 45(3) 1273–1278 © The Author(s) 2017 Reprints and permissions: sagepub.co.uk/journalsPermissions.nav DOI: 10.1177/0300060517706577 journals.sagepub.com/home/imr



# Extragastrointestinal stromal tumor of the abdominal subcutaneous tissue: Report of a very rare case at an unusual site

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### Abstract

Extragastrointestinal stromal tumors (EGISTs) are rare tumors that arise outside the digestive tract. We report a case of an EGIST arising in the subcutaneous tissue of the abdominal wall, which at this site can often be misdiagnosed as dermatofibrosarcoma protuberans. The tumor was surgically resected from a 72-year-old male Chinese Han patient, and pathological examination revealed spindle-shaped tumor cells with eosinophilic cytoplasm and an oval nucleus. Immunohistochemically, the tumor cells showed strong cytoplasmic positivity for CD34, c-KIT (CD117), and DOG1. Tests for activating mutations of GISTs showed that the tumor cells carried an in-frame deletion (NP\_000213.1:p.Lys550\_GIn556del) in exon 11 of c-KIT (CD117). Thus, an EGIST should be considered in patients with abdominal subcutaneous tumors with an epithelioid, spindle-shaped, or mixed morphology. Immunohistochemistry of c-KIT (CD117) and DOG1 and genetic testing for activating mutations are recommended to aid in the differential diagnosis of subcutaneous tumors. In short, although EGISTs are rare in the abdominal subcutaneous tissue, pathologists must be aware of their possibility.

### Keywords

Extragastrointestinal stromal tumor, abdominal subcutaneous, dermatofibrosarcoma protuberans, CD34, c-KIT (CD117), DOG1, activating mutation

Date received: I November 2016; accepted: 3 April 2017

### Introduction

Extragastrointestinal stromal tumors (EGISTs) are morphologically, histologically, and immunophenotypically similar to gastrointestinal stromal tumors (GISTs).<sup>1</sup> GISTs are the most common mesenchymal

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malignancy in the digestive tract.<sup>2</sup> However, EGISTs are a rarely reported group of tumors that arise outside the digestive tract, such as from the mesentery, omentum, and retroperitoneum.<sup>3,4</sup> EGISTs have also been reported to arise from the pancreas, pelvic cavity, prostate, urinary bladder, and vaginal wall.<sup>5-11</sup> To the best of our knowledge, very few EGISTs have been reported in the abdominal wall,<sup>12,13</sup> and those in the abdominal subcutaneous tissue are even rarer. Only one case of extraabdominal subcutaneous metastasis of has reported.14 GIST been been а Dermatofibrosarcoma protuberans (DFSP) is a locally infiltrative tumor of intermediate malignancy with high expression of CD34, and most occur on the trunk, proximal extremities, and head and neck region.<sup>15,16</sup> EGISTs in the abdominal subcutaneous tissue are similar to soft tissue sarcomas and DFSPs. Thus, an abdominal subcutaneous soft tissue tumor could easily be misdiagnosed as DFSP. Common immunohistochemical markers used in the differential diagnosis of soft tissue tumors include CD34, alpha smooth muscle actin (SMA), desmin, and S100 protein. In the present case, we achieved a reliable diagnosis of EGIST by adding immunohistochemical staining and genetic testing for c-KIT (CD117) and DOG1.

# **Case report**

A 72-year-old male Chinese Han patient was hospitalized because of prostatic hyperplasia. On admission, the patient had no obvious cause progressive dysuria, gross hematuria, or urinary pain. Physical examination revealed a hard, mobile, painless mass of approximately 6 cm in diameter occupying the abdomen. A computed tomography scan revealed a  $6 - \times 5 - \times 3$ -cm heterogeneous mass with a clear boundary in the abdominal wall (Figure 1(a)). Surgical resection of the tumor from the abdominal wall was performed with a clear margin. The patient had a history of surgical repair of a gastric perforation line the stomach, line between the waist dish outstanding lamina decompression, and all the left side of the great saphenous vein high ligation. He had also undergone resection of an abdominal neurilemmoma 3 years previously in the same location. This study was approved by the local institutional review board, and written informed consent was obtained from the patient and family.

Histological examination revealed a tumor with interlacing fascicles of spindleshaped cells with eosinophilic cytoplasm and an oval nucleus (Figure 1(b)). Additionally, >5 mitoses per 50 high-power fields were observed (Figure 1(c)), and infiltration into the surrounding adipose tissue was present. Immunohistochemistry of the tumor cells revealed high Ki67 labeling in the nucleus and positivity for CD34, c-KIT (CD117), and DOG1 and negativity for SMA, desmin, and S-100 (Figure 2(a)–(d)).

# Discussion

We have herein reported a rare case involving a 72-year-old man who presented with an abdominal subcutaneous EGIST. The tumor was surgically excised from the abdominal wall. The tumor showed positive staining for CD34 (Figure 2(a)), which often results in misdiagnosis as DFSP. However, we performed a further immunohistochemical analysis and found strong cytoplasmic positive staining for c-KIT (CD117) and DOG1, high Ki67 labeling in the nucleus (Figure 2(b)–(d)), and negative staining for SMA, desmin, and S-100. These markers frequently assist in the differential diagnosis of soft tissue sarcoma.<sup>17</sup>

EGISTs exhibit strong cytoplasmic expression of c-KIT (CD117),<sup>1</sup> DOG-1,<sup>18</sup> and CD34<sup>1</sup> with negative expression of SMA, desmin, and S-100 protein.<sup>1</sup> Thus, EGIST was considered as a differential



**Figure 1.** Abdominal computed tomography scan and examination of hematoxylin- and eosin-stained sections. (a) Computed tomography showed a well-defined heterogeneous mass (white arrow) measuring approximately  $6 \times 5 \times 3$  cm in the abdominal subcutaneous tissue. (b) The tumor was mainly composed of spindle cells (magnification,  $\times 400$ ). (c) The tumor had a high mitotic count (>5 per 50 high-power fields) (white arrow).

diagnosis of the tumor in this case. An EGIST is defined as a mesenchymal neoplasm arising from soft tissues outside the gastrointestinal tract.<sup>1</sup> Most GISTs contain activating mutations of the c-KIT and PDGFRA genes.<sup>19</sup> The mutations in GISTs are usually deletions or insertions residing in exon 11 of the c-KIT gene; less frequently, mutations can be found in exon 9, 13, or 17 of the c-KIT gene or in exon 12 or 18 of the PDGFRA gene. A mutation analysis of these exons of the c-KIT and PDGFRA genes was performed by Sanger sequencing, and we found that the tumor cells harbored an in-frame deletion (NP\_000213.1:p.Lys550\_Gln556del) in exon 11 of the c-KIT gene (Figure 3). This finding supported the diagnosis of EGIST.

Most previous studies have shown that EGISTs are derived from the mesentery, omentum, retroperitoneum, pancreas, pelvic cavity, prostate, urinary bladder, and vaginal wall, and most of them are considered to be metastases or a consequence of lost contact with a primary intra-abdominal tumor.<sup>3,11,14</sup> In the present case, however, no tumor was found inside or outside of the gastrointestinal tract or retroperitoneum by computed tomography. This implies that the tumor arose neither from a primary GIST in the gastrointestinal tract nor form another primary intra-abdominal tumor.



**Figure 2.** Immunohistochemical analysis. Immunohistochemical staining showed diffuse strong cytoplasmic positivity for (a) CD34, (b) CD117, and (c) DOG1 and (d) a high Ki-67 labeling index (40%) in the nucleus (magnification, ×400).

GISTs share features with the interstitial cells of Cajal, which are the putative progenitor cells of GISTs. The abdominal subcutaneous tissue is mesodermal in origin and does not contain interstitial cells of Cajal. However, given that the biological and histopathological features of the tumor cells in the present case were similar to those of GISTs, we speculated that the tumor in the patient's abdominal wall may have arisen from the ectopic interstitial cells of Cajal during development.

In summary, we have herein reported a rare case involving a 72-year-old man who presented with a primary abdominal subcutaneous EGIST. Such patients presenting with an abdominal subcutaneous tumor have often been diagnosed with DFSP. Thus, both EGISTs and DFSP should be considered as differential diagnoses for tumors in the subcutaneous tissue of the abdominal wall. EGISTs readily relapse and metastasize. The tyrosine kinase inhibitor imatinib is a targeted drug for EGISTs with c-KIT and PDGFRA mutations. DFSP is also a rare borderline malignant or potentially low-grade malignant neoplasm with a high local recurrence rate and low risk of metastasis. The standard therapy for DFSP is wide local excision and



**Figure 3.** Genetic analysis. The tumor cells carried an in-frame deletion (NP\_000213.1:p.Lys550\_Gln55 6del) in exon 11 of the c-KIT gene.

radiation. Imatinib was also recently approved for the treatment of unresectable and metastatic DFSP and/or recurrent DFSP.<sup>20</sup> Based on these observations, we conclude that routine assessment including immunohistochemical staining and mutation screening for c-KIT and PDGFRA in patients diagnosed with DFSP is recommended to aid in the accuracy of diagnosis and guide treatment decisions.

#### **Declaration of conflicting interest**

The authors declare that there is no conflict of interest.

#### Funding

This work was supported by a special fund from the Second Affiliated Hospital of Nanjing Medical University to Y.W.

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