

1 **Selection promotes age-dependent degeneration of the mitochondrial genome**

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14 Somatic mutations in mitochondrial genomes (mtDNA) accumulate exponentially during aging.
15 Using single cell sequencing, we characterize the spectrum of age-accumulated mtDNA
16 mutations in mouse and human liver and identify directional forces that accelerate the
17 accumulation of mutations beyond the rate predicted by a neutral model. “Driver” mutations that
18 give genomes a replicative advantage rose to high cellular abundance and carried along
19 “passenger” mutations, some of which are deleterious. In addition, alleles that alter mtDNA-
20 encoded proteins selectively increased in abundance overtime, strongly supporting the idea of a
21 “destructive” selection that favors genomes lacking function. Overall, this combination of
22 selective forces acting in hepatocytes promotes somatic accumulation of mutations in coding
23 regions of mtDNA that are otherwise conserved in evolution. We propose that these selective
24 processes could contribute to the population prevalence of mtDNA mutations, accelerate the
25 course of heteroplasmic mitochondrial diseases and promote age-associated erosion of the
26 mitochondrial genome.

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29 **Keywords: mitochondria, mtDNA, heteroplasmy, aging, mutation, selection**

30 Introduction

31 Eukaryotic cells contain many copies of the mitochondrial genome (mtDNA). Normally all these
32 copies are equivalent; however, largely due to replication errors or spontaneous base hydrolysis,
33 mutations arise in individual copies creating heterogeneity or heteroplasmy¹. To persist, a newly
34 formed mutation must compete with the abundant copies of wild type genomes. In the female
35 germline of *Drosophila* and *C. elegans* a PINK1-dependent intracellular quality control
36 mechanism puts mtDNA carrying deleterious mutations under a selective disadvantage thereby
37 limiting propagation of detrimental mutations through generations²⁻⁵.

38 While mutational accumulation in somatic tissues does not necessarily affect evolutionary
39 stability, sustaining mtDNA quality throughout life presents challenges. An adult-human carries
40 approximately 10¹⁶ mitochondrial genomes, and this huge population turns over such that about
41 1,000 replacement-generations occur in a lifetime. All possible simple mutations will occur
42 billions of times and the resulting genomes will compete in an evolutionary process within our
43 bodies⁶. Quality control could provide a purifying selection that would maintain mtDNA quality,
44 however there is no evident purifying selection in adult *Drosophila* and cells of the human colon^{7,8}.
45 Furthermore, in multiple organisms, including mice and humans, mutant mtDNAs increase in
46 abundance as organisms age⁹⁻¹¹.

47 Mutations in mtDNA deleterious to oxidative phosphorylation can be masked by the co-
48 resident wild type genomes. However, if levels of the deleterious allele rise above a critical
49 threshold, usually in the range 60 to 90%, this protection wanes and symptoms result¹². Thus,
50 mechanisms influencing the cellular abundance of mtDNA mutations dictate their impact.
51 Levels of heteroplasmy fluctuate in cells, because mtDNA replication and segregation is random.
52 Some simulations suggested that random chance might explain age-dependent accumulation of
53 mtDNA mutations in somatic tissues¹³. However, any form of selection will bias outcomes and
54 influence whether mitochondrial mutations rise to become impactful.

55 Work in yeast and neurospora has identified mitochondrial genomes that enjoy a selective
56 advantage despite having negative consequences on cellular function^{14,15}. These genomes
57 acquired a replicative advantage that allowed them to out-compete the functional genomes. Work
58 in metazoan models, *Drosophila* and *C. elegans*, similarly identified mutations with a selfish
59 replicative advantage despite a negative effect on the host organism^{16,17}. Likewise, biases in
60 competition between diverged mammalian mtDNAs have been observed¹⁸. Additionally, in
61 humans, specific mutations in the noncoding control region (NCR) climb to high abundance in
62 particular tissues, apparently benefitting from a replicative advantage¹⁹. These findings suggest
63 that a selfish ability to out replicate coresident genomes provides a general mechanism of selection.

64 Seminal work from the Shoubridge laboratory revealed directional selection for a specific
65 mtDNA genotype in heteroplasmic mice that favored one genotype in one tissue and the opposite
66 genotype in another²⁰. This result implicated tissue-specific nuclear genes as modifiers of the
67 competition between two mitochondrial genomes^{21,22}. This proposed nuclear influence is further
68 supported by accumulation of specific mtDNA mutant alleles in the same tissues in different
69 humans¹⁹, a genome-wide-association study in humans revealing nuclear loci associated with high
70 abundance of particular mitochondrial alleles²³, and direct genetic identification of nuclear
71 modifiers of the competition between different mtDNAs in *Drosophila*²⁴. Although the
72 mechanisms by which nuclear genes alter the competition among mitochondrial genomes are
73 unknown, nuclear genes encoding mitochondrial replication and DNA binding functions have been
74 implicated^{23,24}, and many mitochondrial alleles impacted by nuclear genes occur in noncoding
75 sequences that are thought to have roles in mitochondrial genome replication^{16,19}.

76 Evidence for purifying selection acting on mitochondrial genomes in the adult is limited. While
77 little selection against a deleterious mutation was observed in adult *Drosophila*⁷, selection was
78 observed upon introduction of additional mitochondrial stressors^{7,25}. In humans heteroplasmic for
79 a mutation in tRNA-leu(UUR), 3243A>G, the abundance of the mutant allele tends to decline in
80 blood^{26,27} and its level is particularly low in T-cells, suggesting operation of negative selection in
81 this population of cells^{28,29}.

82 Although it might seem counter intuitive, evidence has been presented for selection that
83 promotes an increase in abundance of deleterious mutations in the soma³⁰⁻³⁴. We refer to this
84 proposed selection as “destructive” selection because it would raise the abundance of deleterious
85 mutations to impactful levels, increase the population burden of mitochondrial disease alleles and
86 enhance the severity of disease in heteroplasmic individuals.

87 Using single cell sequencing of liver cells from mice and humans, we have tested these ideas
88 by analysis of the spectrum of mtDNA mutations that accumulate with age. Rather than our
89 starting expectation that purifying selection would act to limit accumulation of deleterious
90 mutations, we found two selective processes that accelerated the accumulation of mtDNA
91 mutations over time. First, we identify “driver” alleles, which cause a rise in relative abundance
92 of the affected genome within the cells in which they arise. We show that linked (“passenger”)
93 mutations are carried along in selective sweeps that can promote the accumulation of deleterious
94 mutations to high levels in individual cells. Second, we found that, throughout the coding
95 sequences of mtDNA, mutations that disrupt mitochondrial function preferentially increase in
96 abundance, arguing for widespread action of destructive selection. We discuss how these findings
97 help explain the bewildering variation in the progressive deterioration associated with
98 heteroplasmic mitochondrial disease³⁵.

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101 **Results**

102

103 **Numerous low abundance mutations accumulate with age in mice.**

104 In mice, *de novo* somatic mtDNA mutations seldom reach high abundance. Most are present at
105 levels much lower than 0.1% of the total mtDNA in a tissue, which is below detection capabilities
106 of regular Illumina sequencing. We reasoned that each specific mtDNA mutation would occur in
107 only a tiny fraction of the cells, but in these cells and their descendants, the relative abundance of
108 the mutation would be much higher (~1,000-fold) than in the whole tissue and thus readily
109 detectable with standard next-generation sequencing methods (Figure 1A). To extend sensitivity
110 of allele detection, we developed high-throughput sequencing methods to profile mtDNA
111 mutations in single cells (Figures 1B, S1 and S2).

112 To assay mtDNA sequences, we employed ATAC-seq³⁶. Although this technique is commonly
113 used to assess chromatin accessibility, it also provides a simple workflow to generate libraries
114 enriched in mtDNA sequences^{37,38} (Figures S1B and S2C). We coupled this with cell sorting, or
115 the 10X Genomics platform, to analyze thousands of single cells (Figures 1D and 1E), and we
116 increased our ability to profile multiple samples at once by using sample-specific barcodes adapted
117 from a strategy previously introduced to allow multiplexing of samples in single-cell sequencing³⁹
118 (Figure S2; Conrad et al., in preparation). Figure 1C shows the results from 250 hepatocytes
119 representing a larger data set from a 24-month-old C57BL6/J mouse. Most alleles are detected in
120 less than one cell out of 1,000 (Figure 1D), and most alleles are present at very low abundance in
121 the cell in which they are detected (Figure 1C and S3).

122 To increase the depth of analysis, we profiled mtDNA mutations in heterozygous mutator mice
 123 that have a proofreading-deficient mtDNA polymerase^{40,41} (Figures S3C and S3D). These mice
 124 exhibit error-prone replication, but lack the recessive premature aging phenotypes seen in the
 125 homozygote. The mutator allele was introduced from the male to avoid a contribution of maternal
 126 mtDNA mutations. Compared to WT, the heterozygous mutator mice accumulated more distinct
 127 mtDNA mutations, nearly saturating mtDNA with distinct alleles (Figure 1E). As expected
 128 for a proof-reading defect, the increase in single nucleotide polymorphisms (SNPs) was
 129 especially high (169-fold), compared to insertions (4-fold) or deletions (15-fold) (young mice,
 130 Figure S3E). Like WT mice, most mutations in the heterozygous mutator mouse exhibited a low
 131 abundance in individual cells (Figure S3). Thus, once emerged, mutations behaved much as they
 132 do in WT mouse, and persisting wild type alleles ought to promote tolerance of the numerous low
 133 abundance mutations.
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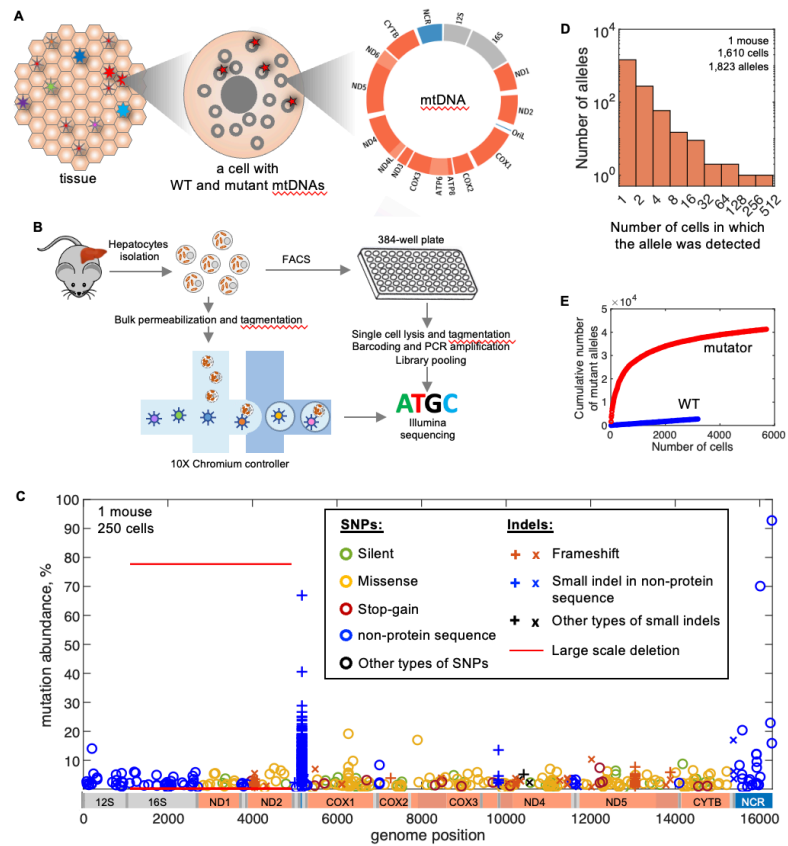


Figure 1. Single cell sequencing for profiling *de novo* somatic mtDNA mutations.

(A) *De novo* somatic mtDNA mutations occur infrequently so that each allele is generally present in a few cells of a tissue.
 (B) Schematic of steps in plate-based and 10X-based single cell mtDNA sequencing to profile mtDNA mutations.
 (C) Spectrum of mtDNA mutations in 24-month-old C57BL6/J mouse liver. Distinct symbols indicate allele type, each occurrence is represented by a symbol indicating genomic position (X-axis) and abundance/percent of reads (Y-axis)(see Figure S1D for control) in the cell in which the mutation was recorded. Data from 250 cells are aggregated in the plot.
 (D) Frequency of mutant alleles detection in the cells of 24-months-old C57BL6/J mouse liver. Most observed alleles are seen in one or few cells, but rare alleles are found in most or even all the cells.
 (E) The number of distinct mutant alleles identified increases with number of cells analyzed. An analysis of 5,701 cells from three 24-month-old heterozygous mutator mice detected 1,209,103 mutations representing 41,273 distinct alleles. Analysis of 3,195 cells from three similarly aged C57BL6/J WT mice detected 14,581 mutations representing 2,746 alleles. Data in C were generated with plate-based approach, data in D and E were generated with 10X-based approach.

150 To facilitate interpretation of mutational spectra, we simulated accumulation of mtDNA
 151 mutations using population genetics software (SLiM⁴²) and parameters informed by our data. This
 152 allowed us to gauge how variables such as time, mutation rate, selection and mtDNA copy number
 153 influence the cellular distribution of mutations (Figure 2).

154 When a mutation first emerges, it is present as a single copy per cell amid about 10,000 copies
 155 of mtDNA in a mouse liver cell (Figure 2A) and is not detectable by our current methods. In a
 156 neutral model, the abundance of newly emerged mutations will fluctuate over time with the only
 157 stable outcomes being loss or fixation. Given that it starts as one out of 10,000 mtDNAs in mouse
 158 hepatocytes, the likelihood of fixation of the mutant allele is 1/10,000, with loss being by far the
 159 predominant fate⁴³. Furthermore, simulations show that the rare mutations that rise to high
 160 abundance do so only after many cycles of turnover (Figures 2B-2D). In an organism with a short
 161 lifespan, such as a mouse, somatic mutations emerging in a cell with high mtDNA copy number
 162 (e.g., ~10,000 in mouse hepatocytes) at a rate of $10^{-9} - 10^{-5}$ per base pair per replicative cycle and
 163 neutral behavior are exceedingly unlikely (probability $<10^{-5}$) to climb above 10% (Figures 2E and
 164 2F). Because mutations that impact function must climb to high abundance, we are especially
 165 interested in understanding what might promote the rise of some alleles.

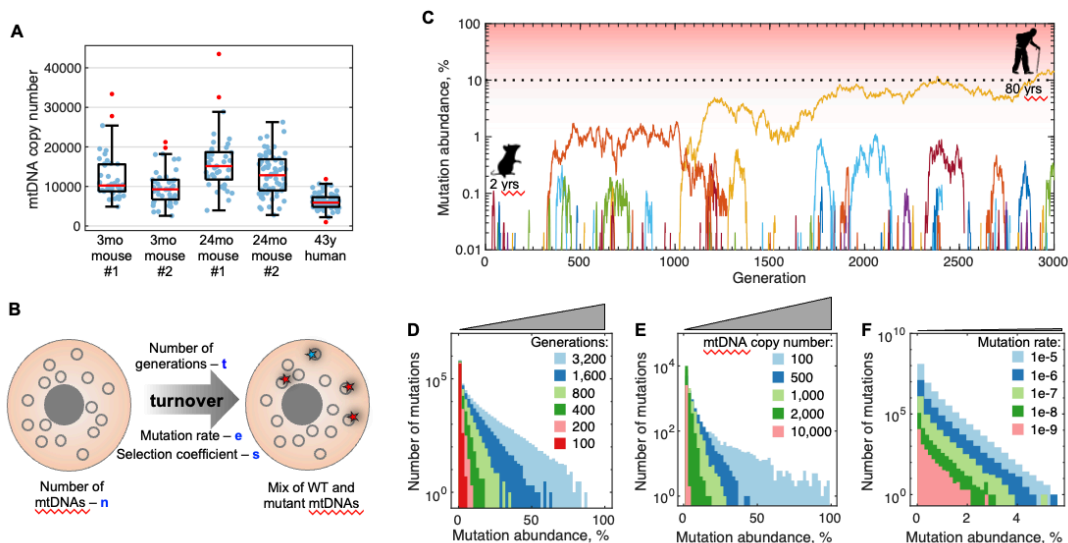


Figure 2. Neutral *de novo* mtDNA mutations fluctuate in abundance but high abundance mutations are infrequent, and their likelihood increases slowly with age.

(A) Droplet digital PCR (ddPCR) measurements of mtDNA copy number (blue points) in single hepatocytes from young and old mice and a middle-aged human. Boxes indicate the 25th and 75th percentiles, red line marks the median. The whiskers extend to the most extreme data points not considered outliers (conventionally defined as outside 1.5 times the interquartile range above the upper quartile and below the lower quartile; red points).

(B) Simulation of mtDNA mutations accumulation. MtDNAs were treated as individuals with a measured population size (n) in each cell, with other variables (blue) assigned. See methods section for full description of the parameters.

(C) Dynamics of accumulation of simulated neutral *de novo* somatic mutations. The plot tracks the fate of a generic allele as mutants emerge in many simulations. 234 mutations (colored lines) emerged in 250 simulations. Most disappeared shortly after emergence. Only 2 persisted at the end and only one reached an abundance of 10% (black dotted line). Model parameters: mutation rate 3.16×10^{-8} per base pair per replication and 10,000 genomes per cell.

(D, E, F) Simulations illustrating the impact of variables on the abundance distribution of mutations: time (number of generations) (D), mtDNA copy number (E) and mutation rate (F). Grey wedges highlight the difference in X-axis scale for D-F panels. In the lifetime of a mouse (~80 replacement generations of mtDNA) chance accumulation of a mutation to critically high levels (usually 60%) in a cell with high mtDNA copy number is exceedingly unlikely. Models' parameters unless specified otherwise in the figure panel: 16,299bp genome, 10,000 genomes per cell, 3.16×10^{-8} mutation rate, 80 generations, 10,000 simulated cells.

166 We compared the spectrum of mtDNA mutations in livers of aged (24 months) and young (3
 167 months) C57BL6/J mice (Figures 1C, S3A and S3B). The number of detected mutant mtDNA
 168 alleles increased from 3 months to 24 months of age (Figure S3). Most alleles were present at low
 169 abundance at both ages, but not all. Alleles detected in many cells, but only in a single mouse,

170 represent clonally expanded mutations that emerged early in development (e.g. one missense allele
171 in Figure S3A). Alleles detected in many cells of all mice represent mutations at sites that are
172 highly mutable. These tend to be small indels in a homo-polymeric sequence (e.g. in the L origin
173 of replication p.5172-5182). Additionally, large-scale deletions which have complex behaviors
174 sometimes rising to high levels (Figures 1C and S3A-S3D). Beyond these special cases, many
175 SNPs and simple indels also increase in level. Our analysis of this latter group describes a
176 directional rise in abundance that provides evidence for two types of selective pressures, one that
177 acts powerfully on very select alleles and one that has a weaker but widespread action.

178

179 **Mutant alleles differ in their behaviors**

180 Sites in mtDNA are expected to differ in mutation frequency and the mutant alleles are likely to
181 have different impacts on selection. These allele specific features impact their “behavior” in single
182 cell data. High mutability has its predominant impact on the number of cells in which the mutation
183 occurs while positive selection has its predominant impact on the abundance of the mutation in the
184 cells in which it occurs. We use two approaches to relate allele behavior to selection and to
185 mutation rate.

186 Graphing the average cellular abundance of an allele (AAA) in cells where it is detected versus
187 the number of cells (C#) in which it is found produces an AAA vs C# scatter plot (Figure 3A) that
188 gives an overview of allele-behavior. Alleles with a high mutation rate occur in more cells, with
189 increasing mutation rates approximating a rising curve to the right on a AAA vs C# plot (simulation
190 in Figure 3B, and grey line in Figure 3A). In contrast, alleles that are primarily influenced by
191 positive selection rise to a high level of cellular abundance and cluster toward the top of the AAA
192 vs C# plot (e.g. simulation in Figure 3C, and NCR alleles in Figure 3A). While statistical variance
193 results in shifts in positions of a given allele, comparison of AAA vs C# plots from different mice
194 show that alleles clustering in one locale on one AAA vs C# plot tend to cluster in a similar locale
195 in an independent AAA vs C# plot (Figures 3D-3G) indicating that position on an AAA vs C# plot
196 reflects allele specific behavior.

197 If, instead of just using average allele abundance, we record the abundance of a specific allele
198 in each cell in which it is detected, we get an abundance distribution providing more detailed
199 information. Simulations of alleles having no selection (neutral), but different mutation
200 frequencies give a spectrum of distributions distinct from those produced when different selective
201 forces are assigned to alleles (Figure S4A). Making the simplifying assumption that mutation rates
202 and selective forces are constants for each allele, we used simulations to test parameter
203 combinations to identify, at least approximately, the mutation rates and strength of selection for
204 different alleles (Figures S4, 4C and 4D).

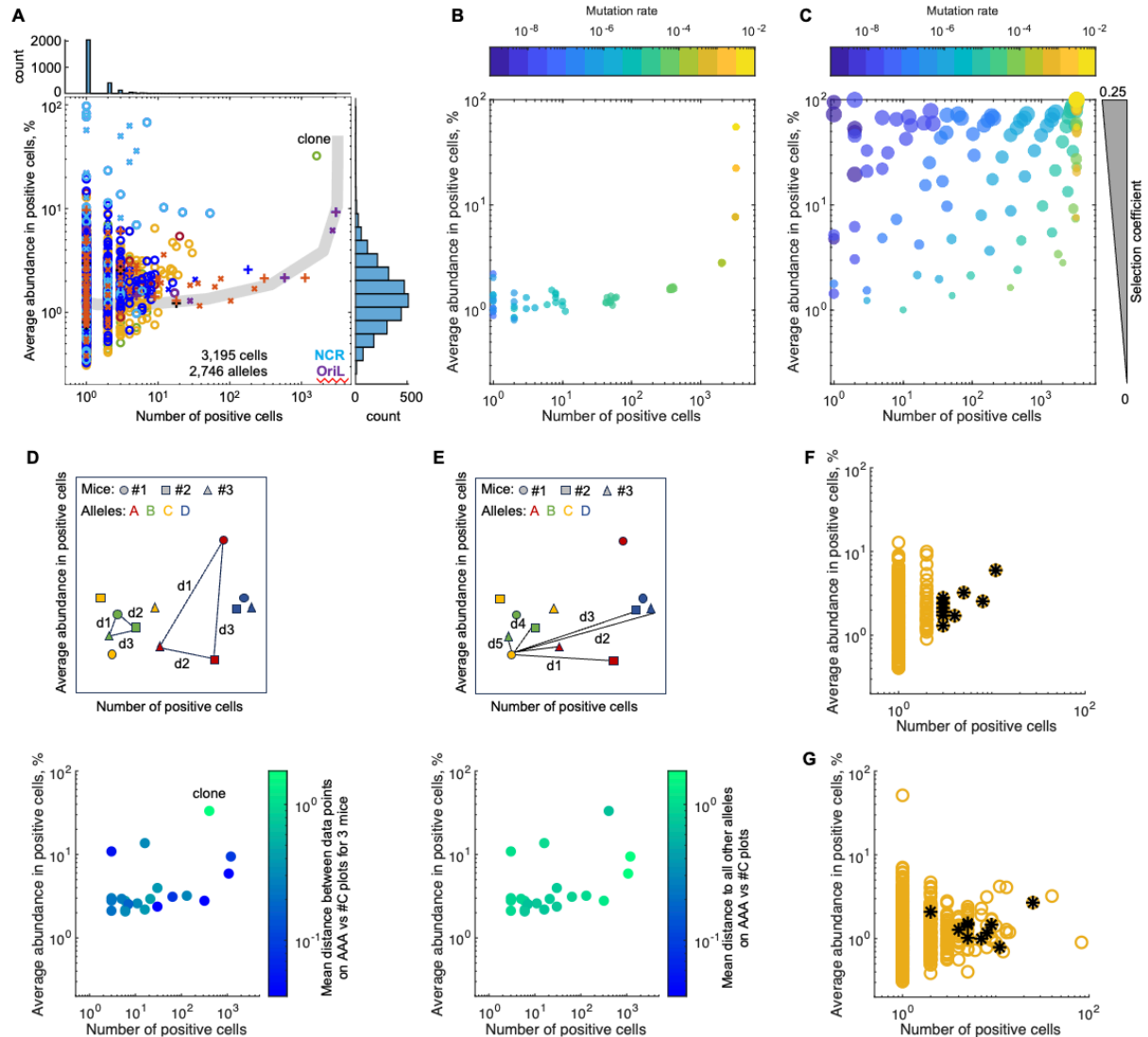


Figure 3. Allele behavior on AAA vs C# plots.

(A) An AAA vs C# scatter plot showing the average cellular abundance of each mutant allele (AAA) in the positive cells (Y-axis), versus the number of cells (C#) in which the allele was detected (X-axis) with histograms: abundance distribution of data points (right) and distribution of data points versus cell number (top). Data shown for 3,195 cells from three 24-month-old C57BL6/J mouse livers. Symbols are as in Figure 1C except that alleles in the NCR and OriL are colored with cyan and purple, respectively. Grey line shows expected location of neutral mutations emerging with varying rates.

(B, C) Simulations showing positions of neutral alleles emerging with differing mutation rates (B) or alleles differing in both mutation rate, and selection coefficient (C) on AAA vs C# plots. Mutation rate and selection coefficient indicated by color and size scales, respectively. Simulation parameters: 10,000 genomes/cell, 80 generations, 3,195 cells.

(D, E) Position on an AAA vs C# plot is an allele specific property. (D) Schematic (top panel) shows four alleles (colored) that were detected in three matched mice (symbols). Distances between the three data points on the AAA vs C# plots for each mouse were measured to obtain an average mean separation (MS) as a measure of the correlation in the positions in independent mice. The bottom panel shows an AAA vs C# plot for alleles detected in all three mice and the alleles are colored according to the measured MS. (E) Unrelated alleles show a high mean separation. For each allele we measured the distance to all other unrelated alleles (schematic, top panel) and plotted the same alleles as shown in D colored according to the unrelated mean separation (bottom panel). For this analysis data from each cell were subsampled to 100,000 reads mapping to mtDNA and equal number of cells from each mouse was analyzed ($n = 400$ cells).

(F, G) A group of non-synonymous (NS) alleles in one locale in an AAA vs C# plot from one 24-month-old C57BL6/J mouse (F) shows biased localization in AAA vs C# plot of another 24-month-old mouse from an independent experiment (G). Data presented in this figure were generated with 10X-based approach.

206 Mutations conferring a selfish advantage

207 Certain NCR alleles were detected
 208 repeatedly, typically at high cellular
 209 abundance (Figures 3, 4A, 4C and
 210 S5). They were frequent in aged but
 211 rare in young mice (Figures 4A, 4B,
 212 S3 and S5). A search of parameter
 213 space showed that adjustments of
 214 mutation rate alone could not
 215 recapitulate the cellular
 216 distributions of this group of NCR
 217 mutations, while inclusion of a
 218 competitive advantage for the
 219 mutant genome resulted in
 220 distributions that closely resemble
 221 the data (Figures 4D and S4B).
 222 These findings suggest that many of
 223 the recurrent and especially
 224 abundant NCR mutations conferred
 225 a competitive advantage to the
 226 mitochondrial genomes on which
 227 they emerged.

228 Simulations of mutation levels in
 229 bulk tissue show that accumulation
 230 of neutral alleles is linear, while
 231 accumulation of positively selected
 232 alleles follows a power function

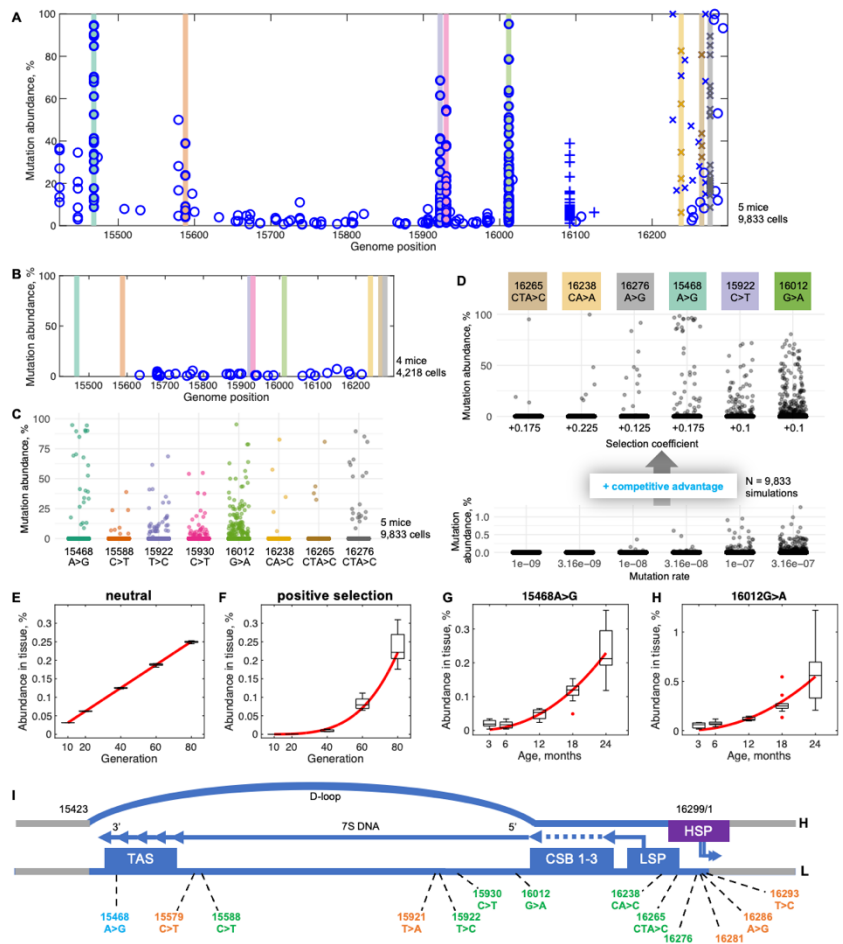


Figure 4. Specific mutations in NCR confer a competitive advantage.

(A) The NCR region of 24-month-old WT mice is characterized by mutations that reach exceptionally high cellular abundance. Alleles present above 20% in at least 1 cell in at least 3 out of 5 mice are highlighted with differently colored vertical bars.

(B) The exceptional alleles (colored bars as in A) were not detected in four 3-month-old WT mice suggesting that they come to predominate with age.

(C) Abundance distribution of highlighted NCR mutations among liver cells of 24-month-old WT mice.

(D) Simulations show that varied mutation frequencies (lower panel) fail to mimic the abundance distributions shown in (C), while inclusion of positive selective coefficients (specified in the figure, upper panel) yields distributions resembling the data. Note the difference in Y-axis scale.

(E) Simulations ($n=5$) ran for different numbers of cycles (proportional to age) show linear tissue level accumulation of a neutral allele. Mutation rate = 3.16×10^{-5} /base pair/cycle, and mtDNA copy number = 10,000.

(F) Simulations ($n=5$) show that a positively selected (coefficient = +0.175) mutant allele accumulates at the whole tissue level at an accelerating rate. Mutation rate = 3.16×10^{-8} /base pair/generation, and mtDNA copy number = 10,000.

(G, H) Accumulation dynamics of the indicated driver alleles as measured by allele-specific ddPCR assays in bulk liver of WT mice. $N = 5$ mice per time point for each allele tested.

(E-H) Box plots show simulated or ddPCR data. Red lines show linear (E) and power (F-H) function fitting, $R^2 = 0.999, 0.945, 0.834$ and 0.617 , respectively.

(I) Driver mutations are localized in the NCR (blue) in association with sequences thought to govern mtDNA replication: the termination associated sequence (TAS); the conserved sequence boxes (CSB1-3); the light strand promoter (LSP) and the heavy strand promoter (HSP). The LSP initiates an RNA (arrow) that primes DNA synthesis within the CSBs. DNA synthesis continues to a pause point in TAS and can be continued to promote a synthesis of new heavy strand. The allele labeled in cyan showed selective amplification in both WT and heterozygous mutator mice, whereas, at least using stringent criteria to identify drivers, the alleles labeled in green were only seen as a driver in the WT, and alleles labeled in orange were only seen as drivers in the heterozygous mutator line.

Data in A-D were generated with 10X-based approach.

233 (Figures 4E and 4F). We developed ddPCR assays to measure abundance of 15468A>G and
 234 16012G>A mutations in bulk mouse liver and found that tissue-level abundance of these alleles
 235 increased with age in WT mouse liver closely following a power function (Figures 4G and 4H).
 236 These observations further suggest that the recurrent mutations in the NCR are positively selected.

237 The positively selected alleles are clustered in the NCR region in mouse and associated with
 238 DNA sequences contributing to replication (Figure 4I). As was previously argued from such
 239 associations in human¹⁹, we suggest that the positive selection results from a replicative advantage
 240 incurred by the mutant genomes.

241
 242 **Passenger mutations.**

243 Individual cells carrying positively selected NCR-mutations occasionally had other mutations at
 244 similarly high levels (Figure 5). We suggest that in such cases a positively selected NCR allele
 245 emerged on a genome with an existing mutation. The NCR allele then acted as a “driver”
 246 promoting the relative abundance of
 247 itself and of the linked “passenger”
 248 allele. In two of the three cells
 249 shown in Figure 5, the NCR-
 250 mutation and its passenger were
 251 present at >50% of total mtDNAs,
 252 and therefore must co-reside on at
 253 least some of the mtDNAs (Figures
 254 5A and 5C). In the third example,
 255 linkage of one of several candidate
 256 passengers is documented by
 257 individual sequencing reads
 258 recording both the NCR mutation
 259 and the nearby passenger (Figure
 260 5G). Since associations between a
 261 driver and particular passenger are
 262 exceedingly rare, examining the
 263 abundance of “driver” and
 264 “passenger” alleles in other
 265 sequenced cells should show their
 266 independent behavior (Figures 5B,
 267 5D and 5F). Driver alleles were
 268 found at abundant levels in multiple

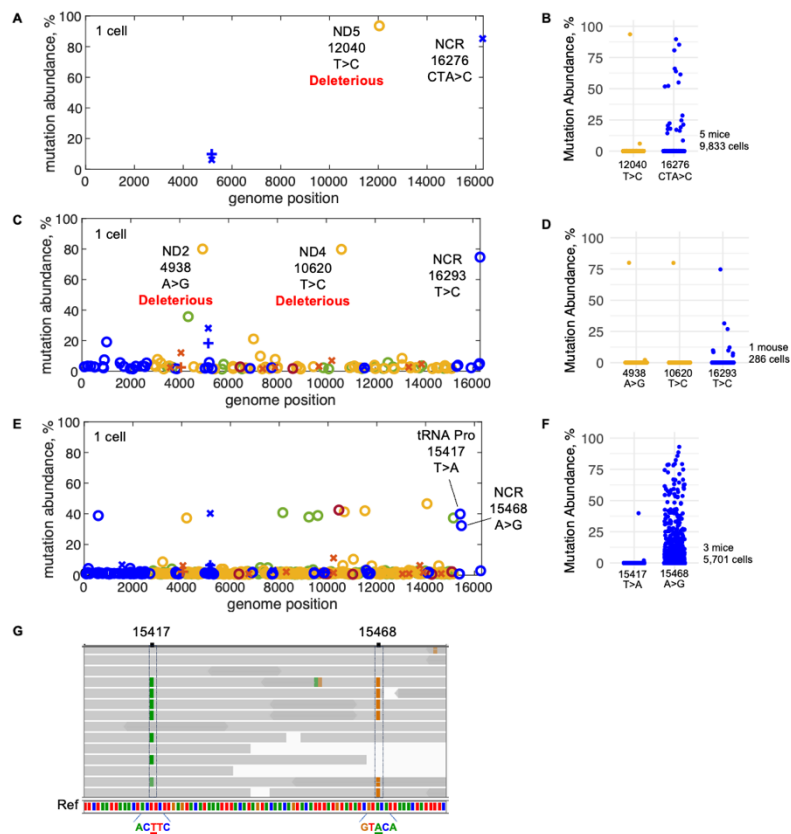


Figure 5. Passenger mutations piggyback on mitochondrial genomes with a competitive advantage.

(A) A mtDNA mutation spectrum of a single liver cell from 24-month-old WT mouse showing two alleles at high abundance.

(B) Abundance distribution of 12040T>C and 16276CTA>C mutations among all sequenced cells.

(C) A mtDNA mutation spectrum of a single liver cell from 24-month-old heterozygous mutator mouse.

(D) Abundance distribution of 4938A>G, 10620T>C and 16293T>C mutations among all sequenced cells of the sample.

(E) A mtDNA mutation spectrum of a single liver cell from 24-month-old heterozygous mutator mouse.

(F) Abundance distribution of 15417T>A and 15468A>G mutations among all sequenced cells.

(G) Raw reads showing linkage of 15417T>A and 15468A>G mutations. Grey lines represent individual reads. Dark grey regions represent overlap of two opposing reads of the same DNA fragment. Green and orange bars mark mismatch between the read and reference sequences.

See Figure 1C for the correspondence of symbols and allele type. Data in A, B, E, F and G were generated with 10X-based approach, data in C and D were generated with plate-based approach.

269 cells indicating an autonomous advantage. In contrast, when the “passenger” allele occurred on its
 270 own, it was found at low abundance. This is consistent with a conclusion that in cells presented in
 271 Figure 5 the “passenger” alleles gained an advantage by a chance association with a driver allele.
 272 Notably, associations of apparently deleterious mutations with a driver mutation led to their rise
 273 in abundance to levels that could impair cellular metabolism (Figures 5A and 5C).
 274

275 Destructive selection.

276 Since synonymous (S) mutations don’t interfere with protein function and nonsynonymous (NS)
 277 mutations can be disruptive, low ratios of accumulated NS to S mutations reflect elimination of
 278 NS alleles by purifying selection. Among closely related mammalian species, the mitochondrial
 279 coding sequences had an NS/S of 0.0588 indicating evolutionary conservation of protein
 280 function⁴⁴. In contrast, mutant mtDNA alleles detected in aged mouse livers exhibited an average
 281 NS/S of 3.3, higher than expected even in the absence of purifying selection (Figure 6A). Similarly,
 282 the ratio of all detected nonsense (STOP) alleles to all detected S alleles was higher than expected
 283 (Figure 6B). These data suggest
 284 not only a lack of effective
 285 purifying selection as measured by
 286 the NS/S ratio of all detected
 287 alleles, but action of a selective
 288 force favoring NS mutations.

289 When they first arise, mutations
 290 have not yet experienced selection,
 291 and their NS/S ought to
 292 approximate the expectation for
 293 random mutagenesis. NS
 294 mutations will directionally
 295 increase in abundance if they have
 296 a selective advantage. We divided
 297 our data into abundance categories
 298 and determined the NS/S ratio for
 299 the different groupings. For

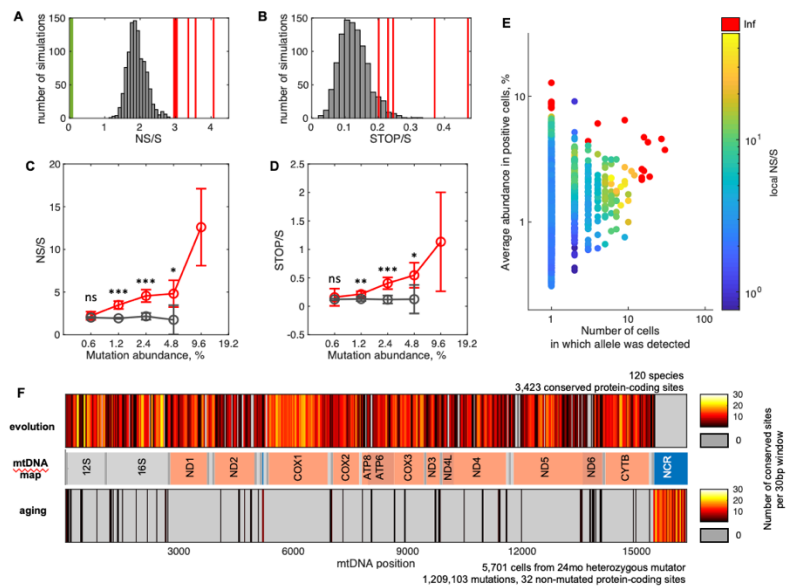


Figure 6. Excess of deleterious mtDNA mutations in aged mouse liver.

(A, B) NS/S (A) and STOP/S (B) of all detected mutant alleles determined for six 24-month-old WT mouse livers (red lines) exceeds expected spread of NS/S and STOP/S (histograms) based on a 1,000 sets of simulations of mouse mtDNA random mutagenesis. The NS/S (0.0588) seen in evolution was taken from Pesole et al.⁴⁴ (green line). Note that NS/S for three mice were very close and hence merged in a single thick line on the NS/S plot. Similarly, STOP/S ratios for two mice (0.2302 and 0.2299) are indistinguishable on the STOP/S plot.

(C, D) NS mutations (C) and STOP mutations (D) selectively increase in abundance. Mean NS/S or STOP/S for mutations that fall in specified abundance intervals (log₂ scale) from 6 mice (red line) or from 6 sets of 1,000 simulations of neutral behavior (grey line) with standard deviations. Model parameters: 10,000 genomes per cell, 3.16×10^{-8} mutation emergence rate, 80 generations. Mean values were computed when at least 3 out of 6 samples or simulations had finite NS/S ratios. Data within each abundance interval were tested against neutral model using two-sample t-test, ns – not significant, * - $p < 0.05$, ** - $p < 0.01$, *** - $p < 0.001$.

(E) Local NS/S for each NS allele on AAA vs C# plot shows clustering of NS alleles with similar ratios in 24-month-old WT mice. Data are the same as in Figure 3A, only NS alleles are plotted, N = 3 mice, 3,195 cells, 1,300 NS alleles.

(F) Comparison of non-mutated (conserved) mtDNA sites in evolution (top bar) and in aging (bottom bar). Number of non-mutated sites within 30bp windows along mtDNA genome was plotted as a heatmap with yellow colors representing conserved regions and grey color marking windows in which all sites were changed in the data set. Middle bar represents mtDNA map. The list of species used for analysis of non-mutated sites in evolution is reported in Table S2 (n = 120). Aging data are from 24-month-old heterozygous mutator mice (n = 3 mice, 5,701 cells), which were also used in Figure 1E and S3.

Data in this figure were generated with 10X-based approach.

300 mutations present at low levels (0.3 – 0.6%), the NS/S ratio was close to random expectation (2.16
301 vs 1.9) but increased among mutations present at higher abundance. In contrast, simulated neutral
302 mutations maintained a constant NS/S ratio across all abundance levels (Figure 6C). STOP/S also
303 increased in the higher abundance bins (Figure 6D). This suggests that while mutations emerge
304 randomly, NS and STOP mutations experience a selective advantage.

305 While clustering of positively selected NCR alleles at high abundance was obvious in AAA vs
306 C# plots (Figure 3A), clustering of NS alleles was not. To better visualize the behavior of NS
307 alleles on AAA vs C# plot we determined a local NS/S for every NS allele for three 24-month-old
308 mice (see methods). As can be seen in Figure 6E, this approach showed clustering of high scoring
309 NS alleles up and to the right of most NS alleles suggesting that select NS mutations are more
310 strongly positively selected.

311 In contrast to our conclusion here, an increase in NS/S is often taken as an indication that a
312 change in protein function has an advantage, often termed positive selection. Positive selection
313 acts on rare alleles that improve fitness while mutant alleles reducing fitness will be subjected to
314 negative/purifying selection. In contrast, if loss of function has an advantage, there should be no
315 purifying selection for gene function. To obtain a genome wide view of the influence of function
316 on selection, we compared the distribution of age-accumulated mutations across the genome to
317 the distribution of changes occurring during evolution (Figure 6F). To illustrate a wide range in
318 conservation, we divided the mouse mtDNA reference sequence into 30 base-pair windows and
319 scored each window according to the number of base pairs that never change across a data set.
320 In a comparison of 120 distinct mammalian species, many windows have numerous conserved
321 sites (white, yellow and orange-colored bands), and few windows (grey) in which all 30 base
322 pairs change. In contrast, age-associated somatic mutations were widely distributed sparing few
323 coding sites. The lack of evident conserved coding sequences in the aging data suggests a lack
324 of selection for the function of coding sequences and is consistent with widespread destructive
325 selection.

326 Notably, only the NCR region shows strong conservation during aging (Figure 6F). Because
327 this region is involved in replication of the genome, we suggest that mutations at many sites in this
328 region compromise replication and incur a competitive disadvantage while at a few NCR sites
329 mutations are associated with the improved replicative competition of driver alleles.

330

331 **Selective forces in human liver.**

332 To test whether the same selective forces we observed in mice operate in human and how they
333 play out on a longer time scale, we profiled mtDNA mutations in human hepatocytes from six de-
334 identified individuals of known ages (Figures 7A and S6A). As expected for a long-lived organism
335 (Figures 2C and 2D), many more mutations accumulated to higher levels in aged human samples
336 than in mice (Figures 1C, 7A and S6A). This is especially true for the oldest (81-year-old) human
337 sample (Figures S6A and S6B) in which many mutations have abundances near 100% (most of
338 these are likely fixed and fall short of 100% abundance due to measurement inaccuracies; Figure
339 S2 and methods). Two time-dependent mechanisms are expected to contribute to high abundance
340 of alleles: random drift and positive selection (Figures S6C and S6D).

341 As was the case with mouse data (Figure 3A), plotting the data in the AAA vs C# format shows
342 enrichment of NCR alleles at high abundance (Figures 7B and S7), and the distribution of cellular
343 abundance of these alleles in individual cells matches that expected for driver alleles (Figures 7A,
344 7C and 7D). Furthermore, examination of mutations in single cells shows evidence of
345 driver/passenger linkage as we described in mouse (Figures 7E and 7F). We found variation in the

346 drivers present in different individuals: in all we identified 18 driver alleles with high confidence
 347 among the six samples analyzed that lie within the NCR region. Several of these were previously
 348 identified as highly abundant alleles that occurred in a tissue-specific pattern in multiple
 349 individuals (Table S3)^{19,30,45}. In accord with Samuels et al.¹⁹, we conclude that, a
 350 selfish/replicative advantage contributes to positive selection of NCR mutations in human liver as
 351 we saw in mouse. Furthermore, our findings agree with previous work in finding individual-to-
 352 individual variation in alleles exhibiting driver behavior (Table S3).

353 We next examined the data for signs of destructive selection. As in mice, the NS/S ratio
 354 increased among mutations present at higher abundance (Figure 7G). The STOP/S ratio behaved
 355 in a similar fashion (Figure 7H). We also examined the local NS/S ratios of all NS mutations alleles
 356 in AAA vs C# plots and again, as in
 357 mice, we found a cluster of NS
 358 alleles with an exceptionally high
 359 local NS/S ratio (Figure 7I). These
 360 data reveal that destructive
 361 selection operates in human liver in
 362 agreement with our data in mice
 363 and with a previous report³⁰.
 364 Notably, over the lifetimes of the
 365 human samples, even a weak
 366 continuous positive selection
 367 drives alleles to fixation, yet the
 368 rise of the NS/S and STOP/S ratios
 369 reaches a plateau (Figures 7G and
 370 7H) and NS alleles cluster at lower
 371 abundance levels than the driver
 372 alleles on AAA vs C# plots
 373 (Figures 7B and 7I). We suggest
 374 that the coefficient of selection
 375 imparted by destructive selection
 376 declines with increasing
 377 abundance, perhaps due to rising
 378 opposition from some form of
 379 purifying selection.

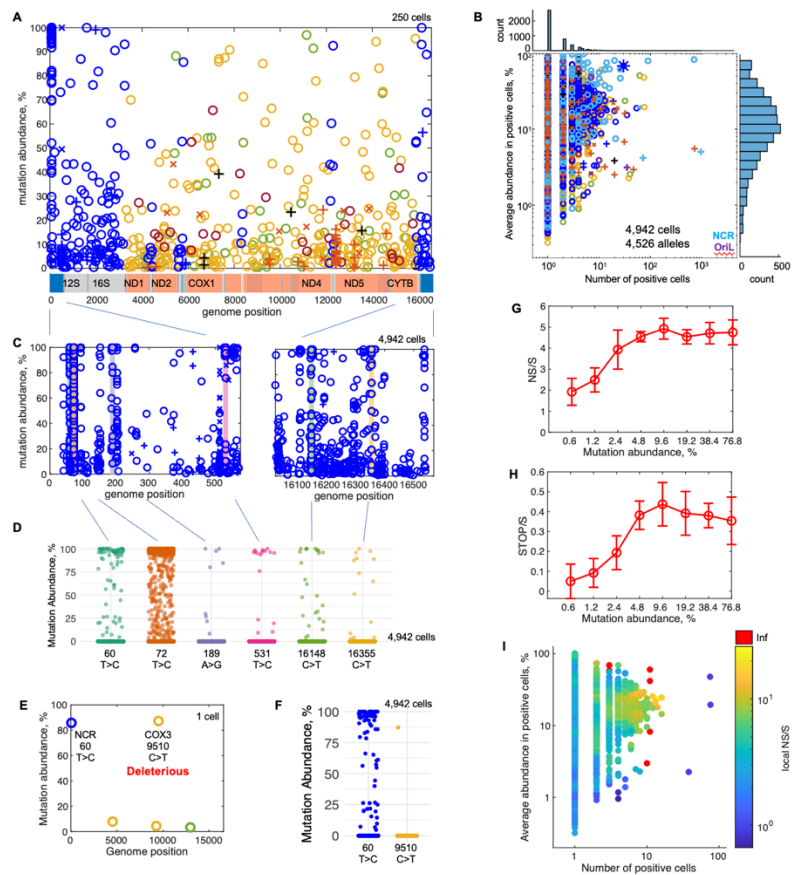


Figure 7. Selective forces impact competition among mtDNAs in human liver.

(A) A spectrum of mtDNA mutations identified in 41-year-old human hepatocytes. Note that annotation of mouse and human mtDNAs differ with linearization of the human genome splitting the NCR in two.
 (B) AAA vs C# plot of 41-year-old human hepatocytes. Blue asterisk marks the 3243A>G allele.
 (C) A spectrum of mutations in the NCR of 4,942 hepatocytes from the 41-year-old human also shown in A. Colored bars indicate sites that meet our criteria for positively selected driver alleles. Mutations were classified as drivers if the allele was detected in at least 10 cells at levels above 50%, and there were more cells with >50% abundance than cells with <50% abundance.
 (D) Abundance-distribution of the driver mutations identified in NCR of 41-year-old human hepatocytes.
 (E) An example of a driver-passenger pair in a single liver cell from 41-year-old human.
 (F) Abundance distribution of the driver and the passenger alleles shown in (E) among the 4,942 sequenced cells of the sample.
 (G, H) The NS/S and STOP/S rises with increase in mutations abundance.
 (I) Local NS/S for each NS allele on AAA vs C# plot for 41-year-old human hepatocytes shown in (B).
 Data in this figure were generated with 10X-based approach.

380 Mutations that enjoy a positive selection and yet are detrimental to function are expected to
381 climb to unusual abundance in the human population and to make a dominant contribution to
382 mitochondrial disease. Indeed, a well-known SNP (3243A>G) that is a common cause of
383 mitochondrial disease satisfied our criteria for a driver allele in at least one individual (Figure 7B
384 and Table S3) and showed a consistently high cellular abundance in our other human samples
385 (Figure S7). Furthermore, the distributions of 3243A>G abundance in individual cells resemble
386 those produced by inclusion of a positive selection coefficient (Figure S7E and S7F). The nature
387 of this allele and its position on AAA vs C# plots (Figures S7A-S7D) could be consistent with
388 either an especially strong destructive selection, and/or a replicative drive (see Discussion).

389 Together, these findings show that the same selective processes we identified in mice impact
390 mtDNA in human hepatocytes and that time greatly magnifies the level of mutational
391 accumulation.

392
393

394 **Discussion**

395 Single cell sequencing of mtDNA from mammalian liver revealed how selection affects the
396 accumulation of mitochondrial mutations with age. We expected that purifying selection would
397 limit accumulation of mutations in two ways: mitochondrial quality control would target
398 mitochondria carrying deleterious mutations for elimination, and death of metabolically
399 compromised cells would eliminate cells with a heavy burden of mtDNA mutations. In contrast
400 to a purifying action of selection, we found two pathways that accelerate the accumulation of
401 mitochondrial mutations with age beyond that predicted for random mutation and neutral (non-
402 selective) propagation, in mouse and in human hepatocytes. Here, we consider why these
403 processes exist even though they appear to undermine fitness. We also discuss how they could
404 impact age-associated accumulation of mtDNA mutations and influence the genetics of
405 mitochondrial disease.

406

407 **Accumulation of mitochondrial mutations in the absence of selection is not so bad**

408 Mutation-rate is a major determinant of how many mutant alleles emerge (Figure 1E), but it does
409 not promote a rise in abundance of these alleles after they emerge. Even alleles with such high
410 emergence rates that the mutation occurs multiple times in the same cell seldom rise to high cellular
411 abundance (e.g., small indels in homopolymeric stretches; Figures 1C and 3A). Importantly, a cell
412 can tolerate many mtDNA mutations at low abundance since other genomes can provide wild type
413 function. Thus, mechanisms promoting a rise in the cellular abundance of mutations render these
414 mutations impactful. Our single cell analysis of mtDNA mutations shows that only a few of the
415 many possible alleles, those that benefit from positive selection, rise to high levels in hepatocytes.
416 Consequently, we suggest that the types of selection we have characterized provides major routes
417 to the emergence of cellular phenotypes, and hence will promote the progressive worsening of
418 symptoms in patients with mitochondrial disease and enhance the deterioration of the
419 mitochondrial genome with age.

420 While we conclude that neutral propagation of mtDNA alone cannot account for the observed
421 age-dependent accumulation of mtDNA mutations in hepatocytes, we note that in other cell types,
422 especially rapidly turning over cells with few copies of mtDNA, chance variation will be more
423 impactful (Figure 2E). It will be important to understand the interaction of neutral variation with
424 selective forces in various circumstances.

425

426 **A replicative advantage creates “selfish” selection**

427 In mouse liver, we identified a prevalent class of mtDNA alleles that promote an increase in the
428 relative abundance of affected genomes within the cells in which they are detected. Unlike other
429 abundant mutations, such as maternally transmitted or early emerging mutations, these selfishly
430 amplifying alleles appear in all mice in an inbred population, directionally increase in cellular
431 abundance with age, and cluster in non-coding genomic sequences associated with replication. We
432 refer to these alleles as driver mutations, because we find that they “drive” other linked mutations
433 or “passengers” to high abundance.

434 We identified similar driver alleles in human hepatocytes. Since driver alleles achieve a high
435 tissue abundance, it is not surprising that our list of human driver alleles overlaps with previously
436 described mutations (Table S3). Notably, Samuels et al.¹⁹ described “recurrent, tissue-specific
437 mutations” that occurred at high abundance in specific tissues of unrelated aged-individuals.
438 Because these alleles were clustered in noncoding sequences adjacent to the origin of heavy strand
439 replication and its regulatory sequences, it was argued that these mutations give genomes a
440 replicative advantage in specific tissues. Our work further supports this and another past report³⁰
441 in arguing for positive selection by a replicative advantage. This conclusion is in line with findings
442 made in model systems from fungi to primates where mtDNAs have been found that preferentially
443 replicate even when burdened with mutations deleterious to function^{14–18}.

444

445 **Modulation of mitochondrial replicative drive by nuclear genes**

446 Samuels et al.¹⁹ emphasized the tissue specificity of some members of his group of recurrent
447 mutations. A similar tissue-specificity of competition between two mitochondrial genomes in a
448 heteroplasmic mouse led Jenuth et al.²⁰ to argue for “the existence of unknown, tissue-specific
449 nuclear genes important in the interaction between the nuclear and mitochondrial genomes”. If
450 differences in nuclear gene expression alters competition between mitochondrial genomes in
451 different tissues, so might differences in the nuclear genome between individuals, a possibility
452 supported by genetic demonstration of numerous nuclear modifiers of this competition in
453 *Drosophila*²⁴. Indeed, human drivers vary from individual to individual as expected for an
454 influence of genetic background. For example, Samuels et al.¹⁹ found the 16093C>T allele at high
455 levels in multiple tissues in only one of two individuals, and we saw this allele as a strong driver
456 mutation in the hepatocytes of one individual but not in the hepatocytes of five others (Table S3).
457 Similarly, other alleles show varied tissue distributions and sporadic variations from individual to
458 individual^{30,45} (Table S3). Additionally, while we found the same driver alleles repeatedly in
459 different individuals in an inbred strain of mice (C57BL6/J), among the sets of drivers we
460 identified in two different mouse strains (C57BL6/J and mutator), only one driver was shared
461 (Figure 4I).

462 Nuclear genes that promote replication of one mitochondrial genotype would disfavor other
463 genotypes. Thus, a genome that is positively selected in one genetic background, can be negatively
464 selected in another²⁴. The extraordinary distinctions in the abundance of 16093C>T in different
465 individuals is likely to include negative selection in individuals in which the allele was
466 undetectable (Table S3). Finally, differences in nuclear gene expression associated with
467 developmental stage, age, stress and diet are likely to alter the strength of selection for or against
468 mtDNA loci sensitive to nuclear modification. Thus, while we have identified 18 driver alleles in
469 human hepatocytes from six individuals (Table S3), a survey of additional tissues, individuals, and
470 various life conditions is predicted to uncover many more.

471

472 **A nexus of genetic conflict**

473 It is reasonable to assume that the NCR sequence controlling replication has been optimized over
474 evolutionary time scales, in which case one would not expect to find driver alleles. However,
475 evolution would select for the optimal replicator only in the germline, and somatic tissue-specific
476 selection can “re-optimize” the NCR for replication in different somatic tissues. Since “re-
477 optimization” of the NCR is the result of alterations of nuclear gene-action, change in the nuclear
478 genome or changes in nuclear gene expression will give new driver alleles a selective advantage.
479 Outbreeding, which changes the genetic background, will widely trigger selection to re-optimize
480 mtDNA for replication, including in the germline. Driver alleles, while not detrimental in and of
481 themselves, will amplify linked alleles, even if these passenger alleles are detrimental to the
482 organism. Thus, by triggering selection for new drivers, outbreeding could promote germline
483 trapping of passenger alleles, and such events could promote a heritable amplification of a disease
484 allele. Given that such a process can be detrimental, we suggest that outbreeding-promoted
485 selection for drivers might also be playing a role in the “hybrid breakdown” phenomenon which
486 is suppressed by matching of maternal genotype and mtDNA^{46,47}.

487

488 **Destructive selection**

489 Previous studies have revealed an unexpected enrichment in NS alleles in mtDNA in the soma of
490 *D. melanogaster*³³, and humans³⁰. Additionally, use of whole genome sequence data to identify
491 population levels of mtDNA heteroplasmy also detected a selective rise in NS alleles in the
492 elderly⁴⁸. These studies suggest that alleles disrupting coding gene function have a selective
493 advantage. We also see age-associated enrichment of NS alleles in mouse and human. The extent
494 of the rise in abundance of different NS alleles varies, consistent with allele-specific impacts on
495 gene function. But, given that such selection is ultimately destructive, why would such a process
496 exist?

497 While there are several proposals for why defective mitochondrial genomes might have a
498 selective advantage^{33,49}, evidence from studies in *C. elegans* supports previous suggestions that
499 use of feedback repression to control replication of mtDNA can give defective genomes an
500 advantage⁵⁰⁻⁵². According to these suggestions, mutations damaging function would allow the
501 mutant genomes to avoid surveillance and the resulting feedback repression of their replication.
502 Some strains of *C. elegans* harbor a large deletion mutant of mtDNA at high copy number¹⁷.
503 Studies of genes impacting its copy number revealed the importance of ATFS-1. ATFS-1 is both
504 a nuclear transcription factor regulating genes impacting the mitochondria and a mitochondrial
505 protein where, among other things, it promotes mtDNA replication^{53,54}. Functional mitochondrial
506 genomes promote ATFS-1 degradation in the mitochondria, a negative-feedback on mtDNA
507 replication that is not engaged by the deleted genome. It was found that mutational inactivation
508 of this feedback reduced the copy number of the deleted genome relative to normal genomes,
509 arguing that the defective genome obtained at least part of its advantage by evading this feedback
510 loop. Based on these findings, we suggest that evolutionary fitness benefits of feedback repression
511 to control mtDNA copy number in the soma have outweighed the costs incurred by promoting
512 accumulation of defective mitochondrial genomes.

513 Whatever its mechanism, destructive selection acts widely to increase the overall NS/S ratio of
514 somatic mtDNA mutations. Its actions, if unopposed by other selective actions, would promote a
515 relentless rise in mutations that are deleterious to function within individual cells in which such
516 mutations occur.

517

518 **Is there a covert version of purifying selection?**

519 Purifying selection is a form of negative selection that eliminates mutations compromising fitness
520 of the host organism. Its action during evolution results in conservation of important coding
521 sequences. Our comparison of sequences conserved in evolution to sequences conserved in
522 hepatocytes during mouse aging detected no obvious signature of purifying selection acting on
523 coding sequences during aging (Figure 6F). Furthermore, we found that in mice the NS/S ratio
524 increased progressively with the abundance of the surveyed alleles, arguing for continuous
525 destructive selection at least in the early stages of accumulation. Despite these findings, it remains
526 possible that purifying selection also occurs and is beneficial. Destructive selection acts in
527 opposition to purifying selection. Consequently, if both operate, the dominant one will prevail,
528 thus masking the other in our analysis of the net outcome.

529 *C. elegans* offers a view of the interplay of destructive selection and purifying selection and
530 how this genetic conflict plays out at the whole animal level⁵⁵. When propagated as small
531 populations, *C. elegans* lineages accumulate high levels of deleted mtDNAs despite costs to
532 fitness. These lineages persist with a relatively stable mix of intact and deleted genomes,
533 apparently by balancing a destructive selection promoting amplification of the deleted genome by
534 a fitness based purifying selection that continuously culls individuals with an especially high
535 burden of the defective genome. We suggest that a process parallel to this occurs in the soma in
536 mammals. We propose that, as detrimental alleles increase in cellular abundance, they
537 compromise cell fitness leading to growth arrest or cell elimination, resulting in a counteracting
538 purifying selection that stalls the climb in abundance of deleterious mutations. Our data suggest
539 that this “flipping point” occurs at a relatively high abundance of the mutant alleles when they
540 compromise cell function. The balance of destructive selection and purifying selection, whether
541 in the case of *C. elegans* deletions or the proposed balance in somatic tissues, comes at a fitness
542 cost — either organisms or cells are eliminated. Accordingly, destructive selection is, at its root,
543 a detrimental influence.

544 The conservation of sequence in the NCR region seen during aging is likely due to a different
545 kind of negative selection. Mutations in this region are likely to compromise replication and suffer
546 a strong competitive disadvantage. Only rare alleles will improve replication to generate a “driver”
547 with a selective advantage. Accordingly, sequences in this region are likely to be under especially
548 strong selective pressures, whether negative or positive.

549

550 **Selection could promote inheritance and accumulation of mtDNA disease alleles**

551 The prevailing class of inherited mtDNA disease alleles are transmitted in combination with wild-
552 type genomes. Such heteroplasmic alleles can circulate in the population without clinically
553 identified symptoms and can sporadically rise in abundance to levels that produce disease. Even
554 when the disease allele is detected, unpredictable shifts in abundance and varied tissue
555 distributions bedevil accurate prognoses of transmission and of disease severity. A better
556 understanding of the contributions of selection to disease allele propagation is likely to improve
557 clinical management and perhaps lead to the discovery of approaches to limit disease allele levels
558 in the population and disease severity in affected individuals.

559 There are many mtDNA-associated mitochondrial disease alleles, but one, 3243A>G, is
560 responsible for more cases of mitochondrial disease than any other identified mtDNA single
561 nucleotide change⁵⁶. The 3243A>G mutation disrupts the gene TM-TL1 which encodes tRNA-
562 leu(UUR)⁵⁷, as well as altering a sequence required for binding of a transcriptional terminator⁵⁸.
563 The mutation reduces mitochondrial translation⁵⁹, which is thought to be responsible for the

564 deleterious consequences of the allele. However, other mutant alleles share these molecular
565 defects yet lack the high incidence of 3243A>G mutation, leaving us without an explanation for
566 its disproportionate prevalence.

567 There have been many investigations of 3243A>G abundance in patients and their relatives. In
568 these cases, affected individuals inherited multiple copies of the mutant genome which were
569 present in a large fraction of their cells. Our study is unusual in examining behavior of this
570 mutation as it emerges in somatic tissues *de novo*. In total, we analyzed 25,997 hepatocytes from
571 6 individuals and detected the 3243A>G allele in 72 cells (~0.3%). All samples included cells
572 with an unusually high accumulation indicating positive selection of the 3243A>G allele (Figure
573 S7), which is consistent with a previous observation⁵¹. Despite an origin from a somatic mutation,
574 3243A>G on average reached 50% abundance in these rare positive cells which is close to the
575 upper range reported for patients with severe mitochondrial disease and translates into a staggering
576 ~2,500-fold increase in abundance from the initiating event. We propose that the positive selection
577 that we see following somatic emergence of this mutation contributes to both the population
578 prevalence of 3243A>G allele as well as to disease progression in affected individuals.

579 Studies of 3243A>G in patients show particularly high levels of the allele in muscle (e.g 77%²⁸),
580 and especially low levels in peripheral blood mononuclear cells. Extensive analyses of 3243A>G
581 in patient peripheral blood have shown an age dependent decline suggesting purifying/negative
582 selection particularly in the lymphoid lineage²⁶⁻²⁸. A detailed recent study using single cell
583 analyses suggests that purifying selection in the lymphoid lineage is not limited to 3243A>G allele
584 as the levels of mtDNA carrying large deletions is also reduced with patient's age in these cells⁶⁰.
585 While these studies reveal complexities in the selective events influencing mitochondrial
586 mutations in different cell types, we suggest that, in at least some cell types, newly emerged
587 3243G>A mutations are carried to high cellular abundance by positive selection as we have seen
588 in hepatocytes. Importantly, even if it were only to occur in some genetic backgrounds, positive
589 selection of 3243A>G in the germline⁶¹ could account for its prevalence and differential selection
590 in different tissues could account for the diversity of disease presentations.

591

592 **Limitations of this study**

593 While our study argues strongly that the net outcome of the actions of selection in the livers of
594 mice and humans promotes the accumulation of mutant mtDNAs beyond what is expected from
595 neutral models, there have been several reports of the potential for purifying selection to do the
596 opposite⁶². There is evidence that cell death and/or reduced proliferation due to compromised
597 mitochondrial function can select against cells with a high burden of dysfunctional mitochondrial
598 genomes^{29,60}, and that quality control eliminates defective mitochondria either by autophagy^{25,63}
599 or mitocytosis⁶⁴, or selectively promotes biogenesis of functional mitochondria^{3,5}. Importantly, the
600 net outcome we report reveals the dominant selection, leaving open the possibility that purifying
601 selection has a modulating action in liver, and perhaps a dominating influence in other tissues or
602 developmental stages. Both possibilities could be explored by assessing whether mutations
603 compromising quality control mechanisms impact mtDNA integrity in liver and other tissues
604 during aging.

605 Unfortunately, detailing the accumulation of mutations with age highlights some interesting
606 “why” questions without answering them. Is the extraordinary germline conservation of mtDNA
607 entirely due to selection for fitness, or do quality control filters influence mammalian transmission
608 of mtDNA mutations? And given the existence of quality control, why doesn't it effectively

609 safeguard mtDNA during aging? Might it be that evolutionary pressure for elite performance in
610 the adult is not compatible with conditions needed for quality control of mtDNA genes?
611

612 **Acknowledgments**

613 We are grateful to Saul Villeda for sharing aged mice and support with establishment of mutator
614 mouse colony. We thank UCSF LARC for help with mouse husbandry. We thank Spyros
615 Darmanis (CZ Biohub) for sharing index primer sequences for mtATAC library preparation. We
616 thank Eric Chow and UCSF CAT for providing access to basic and cutting-edge equipment,
617 support and advice, and Steven Deluca for the suggestion to use ATAC-seq for mtDNA profiling.
618 Sequencing was performed at the UCSF CAT, supported by UCSF PBBR, RRP IMIA, and NIH
619 1S10OD028511-01 grants. This study was supported in part by the Liver Cell Isolation, Analysis
620 & Immunology Core of the UCSF Liver Center (P30DK026743) and HDFCCC Laboratory for
621 Cell Analysis Shared Resource Facility through a grant from NIH (P30CA082103). Portions of
622 this work were performed on the Wynton HPC Co-Op cluster which is supported by UCSF
623 research faculty and UCSF institutional funds. We thank the UCSF Wynton team for their
624 ongoing technical support of the Wynton environment. This work was funded by Larry L.
625 Hillblom Foundation (2018-A-028-FEL to E.K., 2019-A-011-NET to P.OF. and 2019 John S.
626 Spice award in Aging to E.K.), UCSF Program for Breakthrough Biomedical Research (2019-
627 2020 New Frontier Research Award to P.OF and Saul Villeda and 2021-2022 Postdoc
628 Independent Research Grant to E.K.), CNV Stiftung to E.K., NIH R35GM136324 to P.OF. and
629 NIH R33CA247744 to Z.J.G. We thank Sandy Johnson for critical reading of the manuscript.

630

631 **Author contributions**

632 E.K. and P.H.O'F. conceived the project, designed experiments, interpreted the results, and
633 secured funding. E.K. and D.N.C. adapted MULTI-ATAC and 10X scATAC for profiling
634 mtDNA sequences and performed the initial set of experiments employing the 10X-based
635 approach. E.K. performed all other experiments and data analysis. Z.J.G. provided expertise for
636 MULTI-ATAC and 10X scATAC. E.K and P.H.O'F. wrote the manuscript with input from all
637 authors.

638

639 **Declaration of interests**

640 Z.J.G. is an author on a patent on MULTI-seq technology, and it has been licensed to Millipore.

641

642 **Supplemental information**

643 Document S1. Figures S1–S7 and legends.

644 Tables S1-S3. Excel files containing additional data too large to fit in a PDF.

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- 868

869 **Material and Methods**

870

871 **Animals**

872 C57BL6/J, mtPWD (C57BL/6J-mt^{PWD/Ph/ForeJ}) and mutator (B6.129S7(Cg)-Polg^{tm1Prol/J}) mice
873 were obtained from The Jackson Laboratory. Heterozygous mutator males were bred with
874 C57BL6/J females to produce heterozygous progeny for experiments. Mice were housed in a
875 specific pathogen-free facility with a standard 12-h light/dark cycle at the University of
876 California, San Francisco, and given food and water *ad libitum*. Experiments were conducted in
877 accordance with institutional guidelines approved by the University of California, San Francisco
878 Institutional Animal Care and Use Committee.

879

880 **ddPCR**

881 Genomic DNA was isolated from 25mg of liver tissue using DNeasy Blood and Tissue kit
882 (Qiagen, 69506) according to manufacturer's guidelines. Primers and probes were synthesized
883 by Integrated DNA Technologies (IDT) and their sequences are provided in Table S1. WT
884 C57BL6/J mtDNA sequence (p15196 – p136) was cloned into pGEM-T (Promega, A1360)
885 vector and used as pure WT control. A 500bp fragment of mouse mtDNA containing 15468A>G
886 or 16012G>A mutations was synthesized by IDT and cloned in pUCIDT-AMP vector to use as
887 positive controls. The ddPCR reaction mixture contained ddPCR Super Mix for Probes (Bio-
888 Rad, 1863024), 900 nM of forward primer, 900 nM of reverse primer, 250 nM of WT probe, 250
889 nM of mutant probe, 0.5 µL of restriction enzyme (HaeIII; NEB, R0108L) and template DNA.
890 Template DNA concentration was adjusted to be below 3,500 mtDNA copies per microliter of
891 ddPCR reaction mixture. 20 µL of the reaction mixture and 70 µL of oil (Bio-Rad, 1863005)
892 were loaded on a DG8 cartridge (Bio-Rad, 1864007) for droplet generation on QX100 Droplet
893 Generator (Bio-Rad). 40 µL of droplet emulsion were transferred to 96-well plate (Bio-Rad,
894 12001925) and sealed with a pierceable foil (Bio-Rad, 1814040) using PX1 PCR plate sealer
895 (Bio-Rad). The optimized PCR thermal cycling was conducted on a conventional PCR machine
896 (Bio-Rad, C1000 Touch). Thermocycling conditions for the 15468A>G assay: 10 min
897 polymerase activation at 95°C; 40 cycles of denaturation at 94°C for 30 s, ramp rate 1°C/s, and
898 combined annealing-extension at 54°C for 2 min, ramp rate 1°C/s; incubation at 98°C for 10
899 min. Thermocycling condition for the 16012G>A assay: 10 min polymerase activation at 95°C;
900 45 cycles of denaturation at 94 °C for 30 s, ramp rate 1°C/s, and combined annealing-extension
901 at 52°C for 2 min, ramp rate 1°C/s; incubation at 98°C for 10 min. After thermocycling, samples
902 were cooled to room temperature and analyzed on the QX100/200 Droplet Reader (Bio-Rad).
903 Results were analyzed with QuantaSoft Analysis Pro v.1.0.596 software (Bio-Rad).

904

905 **Hepatocytes isolation**

906 Mouse hepatocytes were isolated by a two-step perfusion technique. Briefly, mouse was
907 anesthetized by isoflurane (Piramal Critical Care). Mouse liver and heart were exposed by
908 opening the abdomen and cutting the diaphragm away. The portal vein was cut and immediately
909 the *inferior vena cava* was cannulated via the right atrium with a 22-gauge catheter (Exel
910 International, 26746). Liver was perfused with liver perfusion medium (Gibco, 17701038) for 3
911 minutes and then with liver digest medium (Gibco, 17703034) for 7 minutes using a peristaltic
912 pump (Gilson, Minipuls 3). Pump was set to 4.4 ml per minute and solutions were kept at 37°C.
913 After perfusion the liver was dissected out, placed in a petri dish with hepatocyte plating medium
914 (DME H21 [high glucose, UCSF Cell Culture Facility # CCFAA005-066R02] supplemented

915 with 1x PenStrep solution [UCSF Cell Culture Facility # CCFGK004-066M02], 1x Insulin-
916 Transferrin-Selenium solution [GIBCO #41400-045] and 5% Fetal Bovine Serum [UCSF Cell
917 Culture Facility # CCFAP002-061J02]) and cut into small pieces. Liver fragments were passed
918 through a sterile piece of gauze. Hepatocytes were separated from non-parenchymal cells by
919 centrifugation through 50% isotonic Percoll (Fisher# NC9256155) solution in HAMS/DMEM (1
920 packet Hams F12 [GIBCO # 21700-075], 1 packet DMEM [GIBCO # 12800-017], 4.875g
921 sodium bicarbonate, 20mL of a 1M HEPES pH 7.4, 20mL of a 100X Pen/Strep solution, 2L
922 H₂O) at 169g for 15 min. Isolated hepatocytes were used immediately for FACS or frozen in
923 BAMBANKER (GC LYMPHOTEC, CS-02-001) and stored at -80°C for future experiments.

924 Cryopreserved deidentified human hepatocytes were purchased from Xenotech, Lonza or
925 UCSF Liver Center.

926

927 **Cell sorting**

928 Isolated hepatocytes were resuspended in PBS, stained with 5 µg/mL propidium iodide
929 (Invitrogen, P1304MP) to mark dead cells, and kept on ice until FACS. Right before sorting
930 hepatocytes were strained through 35-40 µm cell strainer. Sorting was performed on FACSARIAII
931 (Becton Dickinson) using 100 µm nozzle. Instrument was calibrated using 23.9 µm beads
932 (Spherotech, ACURFP2.5-250-5). Single hepatocytes were sorted into 384-well plates (Bio-Rad,
933 HSP3801 or 4titude, 4ti-0384) containing 0.45 µl of TD buffer (10 mM TrisHCl pH 8.0, 5 mM
934 MgCl₂, 10% dimethylformamide). Due to their large size and extreme size variability, sorting of
935 mouse hepatocytes was inefficient and only 40-60% of wells contained cells while the rest of the
936 wells were empty. Human hepatocytes sorting efficiency was 90%. One column of a plate was
937 left empty to serve as a negative control. Immediately after sorting plates with hepatocytes were
938 sealed with foil (Bio-Rad, MSF1001 or 4titude, 4ti-0500FL), briefly centrifuged, frozen on dry
939 ice and stored at -80°C.

940

941 **Single cell ddPCR**

942 mtDNA copy number was quantified using single cell ddPCR. Frozen 384-well plate with single
943 hepatocytes in 0.45 µl of TD buffer was thawed on ice. To lyse hepatocytes 0.45 µl of solution
944 containing 10mM Tris-HCl pH 8.0, 50mM NaCl, 40 ng/µL MS2 RNA, 0.4% SDS and proteinase
945 K (8U/ml; NEB, P8107S) was added to 96 wells of the plate with help of acoustic liquid handler
946 Echo 525 (Beckman Coulter). Wells without cells were used to prepare positive and negative
947 controls. gBlock encompassing amplified sequence was synthesized by IDT and used as a
948 positive control. After lysis and control solutions were added, the plate was sealed, briefly
949 centrifuged, and incubated at 50°C for 15 min and then at 95°C for 10 min. After lysis, ddPCR
950 master mix (ddPCR Super Mix for Probes (Bio-Rad, 1863024), 250 nM of forward primer, 250
951 nM of reverse primer, 250 nM of probe, 0.5 µL of restriction enzyme [AluI (NEB, R0137L) for
952 mouse assay and HaeIII (NEB, R0108L) for human assay]) was added to each of 96 wells, plate
953 was sealed and vigorously vortexed, briefly centrifuged and incubated at 37°C for 15 min to
954 digest DNA. After restriction enzyme digestion, the plate was vigorously vortexed, briefly
955 centrifuged and 20 µl of the reaction mixture was used for ddPCR as described above. Primers
956 and probes sequences are provided in Table S1. Thermocycling conditions for mouse mtDNA
957 copy number assay: 10 min polymerase activation at 95°C; 40 cycles of denaturation at 94°C for
958 30 sec, ramp rate 2°C/s, and combined annealing-extension at 52°C for 1 min, ramp rate 2°C/s;
959 incubation at 98°C for 10 min. Thermocycling conditions for human mtDNA copy number
960 assay: 10 min polymerase activation at 95°C; 40 cycles of denaturation at 94°C for 30 sec, ramp

961 rate 2°C/s, and combined annealing-extension at 56°C for 1 min, ramp rate 2°C/s; incubation at
962 98°C for 10 min.

963

964 **Plate-based single cell mtATAC**

965 Frozen 384-well plates with single hepatocytes were thawed on ice. Hepatocytes were lysed and
966 DNA was tagged in a single step. To this end, 0.45 ul of lysis solution (1% n-Dodecyl β-D-
967 maltoside [final concentration 0.5%], 90 mM NaCl [final concentration 45 mM], 10mM TrisHCl
968 pH 8.0, 5 mM MgCl₂, 10% dimethylformamide) supplemented with Tn5 (Illumina, 20034197;
969 1.5 ul of enzyme for 150 ul of lysis solution) was added to each well of a plate with help of Echo
970 525. Then, plates were sealed with foil (Bio-Rad, MSB1001), briefly centrifuged, and incubated
971 at 37°C for 30 min. After lysis and tagmentation, Tn5 was stripped off DNA. To this end, 0.1 ul
972 of 2% SDS was added to each well of a plate (final concentration 0.2%) using Echo 525, plates
973 were sealed with a foil, briefly centrifuged, and incubated at 65°C for 15 min. Next, mtATAC
974 libraries were constructed by PCR amplification of DNA fragments created by Tn5 with unique
975 dual index primers for each well of a plate. To this end, PCR master mix (NEB, M0544S),
976 tween-20 (final concentration 0.34%) and unique dual index primers (final concentration 500
977 nM; sequences are provided in Table S1; IDT) were added to each well of the plate using Echo
978 525 (final volume 3 ul), plate was sealed with a foil, briefly centrifuged and thermocycled as
979 follows: incubation at 72°C for 5 min to fill the gaps; initial denaturation at 98°C for 30 s; 16
980 cycles of denaturation at 98°C 10 sec and combined annealing-extension at 65°C 75 sec; final
981 extension at 65°C 5 min. Incubation and PCR were performed in a standard thermocycler (Bio-
982 Rad, C1000 Touch or S1000). Uniquely labeled libraries from one or several plates were pooled
983 together at equal volumes and cleaned up using home-made SPRI beads twice¹. The first cleanup
984 was one-sided with 1.2 beads to library volume ratio. The second cleanup was two-sided with 0.5
985 ratio followed by 1.2 ratio. Cleaned up libraries were eluted in 20 ul of TE buffer. To quality
986 control and quantify libraries 1 ul of cleaned mtATAC library was run on Bioanalyzer (Agilent).
987 mtATAC libraries were sequenced on MiSeq (Illumina) using MiSeq Reagent Kit v2, 300-cycles
988 (Illumina, MS-102-2002) as 151x12x12x151.

989

990 **10X-based single cell mtATAC**

991 Frozen hepatocytes were thawed, washed with PBS (Gibco, 10010-023) and fixed in 1% PFA for
992 10 min at RT. After fixation PFA was quenched with glycine (125 mM final concentration) and
993 washed with cold PBS supplemented with 1% BSA (Sigma, A1953). Next, hepatocytes were
994 permeabilized. To this end, 1 million fixed cells were resuspended in 200 ul of lysis solution
995 (0.5% n-Dodecyl β-D-maltoside, 45 mM NaCl, 10 mM Tris-HCl pH 8.0, 5 mM MgCl₂, 10%
996 dimethylformamide) and incubated on ice for 5 min. For human hepatocytes n-Dodecyl β-D-
997 maltoside concentration was reduced to 0.1%. Permeabilization was stopped by adding 1.8 ml of
998 wash buffer (45 mM NaCl, 10 mM Tris-HCl pH 8.0, 5 mM MgCl₂, 1% BSA). To enable pooling
999 of distinct samples in a single 10X experiment, permeabilized cells from different mice were
1000 labeled with unique DNA barcode complexes (MULTI-ATAC; Conrad et al., in preparation).
1001 MULTI-ATAC barcoding was also performed when cells from a single individual were analyzed
1002 to improve identification of multiplets. In this case, an individual sample was divided into 3 to 7
1003 fractions and each fraction was labeled with a unique MULTI-ATAC barcode. To this end,
1004 Lignoceric Anchor oligo (2 uM; Sigma, LMO001A) was mixed with a unique barcode oligo (1
1005 uM; BC) and reverse primer (1 uM; BE) at 1:1:1 molar ratio to form Anchor-BC-BE Complex
1006 (20x, 1 uM). Note that BC contains an 8-nucleotide-long stretch of random nucleotides to serve

1007 as a unique molecular identifier (UMI) to enable barcode counting. Permeabilized hepatocytes
1008 were resuspended at 10^6 cells/mL in cold PBS and Anchor-BC-BE Complex was added to cell
1009 suspension (final 1x, 50 nM) followed by incubation on ice for 5 min. To stabilize labeling,
1010 Palmitic Co-anchor oligo (2uM, 20x; Sigma, LMO001B) was added to the cell suspension (final
1011 1x, 50 nM) followed by additional incubation on ice for 5 min. After MULTI-ATAC barcoding,
1012 unbound complexes were washed away with PBS supplemented with 2% BSA, hepatocytes
1013 isolated from different individuals were pooled together, resuspended in diluted nuclei buffer,
1014 passed through 35-40um cell strainer, and used to prepare 10X-mtATAC libraries using
1015 Chromium Next GEM Single Cell ATAC Reagent kit (10X Genomics, PN-1000176 and PN-
1016 1000406) according to the manufactures protocol (CG000209 Rev F and CG000496 Rev B) with
1017 2 minor modifications. First, after step 3.2o 1 ul of the sample was used to prepare the MULTI-
1018 ATAC barcode library (described below). Second, the remaining 39 ul were used in step 4.1
1019 where SI-PCR Primer B concentration was increased to 100 uM. Before permeabilization, after
1020 permeabilization and after MULTI-ATAC barcoding cells were pelleted by centrifugation at
1021 100g for 3 min, 300g for 3 min and 500g for 5 min, respectively.

1022
1023 To prepare MULTI-ATAC barcode libraries, 1ul of sample from 3.2o step was amplified
1024 in a PCR reaction: 1 ul of sample, 500nM SI-PCR-B primer, 500nM TruSeq primer, 1x Kapa
1025 HiFi HotStart ReadyMix (Roche, KK2601). The reaction mixture was thermocycled using the
1026 following conditions: 5 min polymerase activation at 95°C; 14 cycles of denaturation at 98°C for
1027 20 sec, annealing at 67°C for 30 sec and extension at 72°C for 20 sec; incubation at 72°C for 1
1028 min.

1029
1030 To quality control and quantify libraries, 1 ul of 1:5 diluted 10X-mtATAC and MULTI-
1031 ATAC barcode libraries were run on Bioanalyzer. 10X-mtATAC and MULTI-ATAC barcode
1032 libraries were pooled together and sequenced on NovaSeq6000, S1 200 as 101x12x24x101 or
1033 NovaSeq X, 10B as 51x12x24x51 or 151x12x24x151. For optimal demultiplexing we aimed to
1034 obtain 5,000 MULTI-ATAC barcode reads per cell.

1035
1036 This method is prone to low level leakage of mutation signal between cells (Figure S2).
1037 Since inbred mice have identical mitochondrial genomes and mutations are very rare this leakage
1038 becomes noticeable only if clonal mutations are present. Unlike inbred mice, humans have
1039 multiple haplotype- and individual-specific mtDNA variants. Consequently, leakage is
1040 noticeable at multiple sites if different human samples are mixed in a single experiment.
1041 Therefore, to simplify downstream analysis all human samples were processed individually.
1042 Importantly, leakage also affects our readings of fixed mutations: as predominant WT signal
1043 leaks into cells with fixed mutations, often times we detect these mutations at levels just below
1044 100% instead of 100%.

1045 1046 **Sequencing data analysis**

1047 Reads mapping, coverage and variant analysis

1048 The nucleus contains multiple segments derived from mtDNA sequence, so called NUMTs.
1049 When sequencing reads from ATAC experiments are aligned to the whole genome a lot of truly
1050 mitochondrial reads are erroneously mapped to the NUMTs. To avoid incorrect mapping of
1051 mitochondrial reads to the nuclear genome sequencing reads from the plate-based approach were
1052 aligned directly to the mitochondrial genome. Specifically, reads were aligned to the mouse

1053 mitochondrial genome (NC_005089) with *bwa*² (v0.7.17) using the *BWA-MEM* algorithm.
1054 Samples with less than 10,000 reads mapping to mtDNA (chrM) were excluded from further
1055 analysis. Duplicate reads were marked with *Picard tool*³ (v2.27.4). Mapped reads were filtered
1056 with *bamtools*⁴ (v2.5.2; filter -mapQuality ">=20" -isPaired "true" -isProperPair "true").
1057 Coverage was determined with *samtools depth*⁵ (v1.16.1). SNPs and small indels were called
1058 using *Freebayes*⁶ (v1.3.6; -C 5 -F 0.003 -p 1 --pooled-discrete --pooled-continuous -m 30 -q 30 -
1059 -min-coverage 10). Multiallelic sites were split into multiple rows using *bcftools*⁵ (v1.16; norm -
1060 Ov m-both). Variants were filtered using *vcffilter*⁷ (vcflib v1.0.3; -f "SAF >1" -f "SAR >1").
1061 Complex alleles were reduced to primitive alleles using *vcfallelicprimitives* and sorted with
1062 *vcfstreamsort*⁷ (vcflib v1.0.3). This process occasionally created duplicate variants where
1063 mutation counts were split between the records which led to incorrect mutation frequency
1064 calculation. This issue was fixed by merging duplicated records in a single entry with alternative
1065 allele counts summed together. This was done after vcf files from individual cells were merged
1066 using *bcftools* (merge -m none) and the resulting vcf file was converted to tab delimited file
1067 using *vcf2tsv*⁷ (vcflib v1.0.3). The variants were spot checked in IGV^{8,9} (v 2.4.16). Variants
1068 annotation (synonymous, non-synonymous, stop-gain and etc.) was done using *SnpEff*¹⁰ (v5.0).
1069 When the same variant had multiple annotation (e.g., due to overlap of protein coding sequences)
1070 the most severe annotation was used. *Pindel*¹¹ (0.2.5b9) was used to detect large-scale deletions
1071 (minimum deletion size 10bp, at least 10 supports). *SIFT*¹² was used to predict whether mutation
1072 affects protein function.

1073
1074 Sequencing data from 10X-based experiments were first processed with *Cell Ranger ATAC*
1075 (10X, v 2.1.0) using blacklisted reference genomes¹³. Blacklisting was necessary to prevent
1076 erroneous mapping of mtDNA fragments to the nuclear DNA. Because our samples are non-
1077 standard and predominantly contain mtDNA reads, *Cell Ranger ATAC* does not discriminate
1078 well between empty droplets and droplets containing cells. To classify droplets into those
1079 containing cells and those that are empty as well as to assign cells to samples in multiplexed
1080 experiments and identify droplets with multiple cells, we relied on MULTI-ATAC barcode UMI
1081 counts. Barcode UMI counts have a bimodal distribution where positive (high-count) and
1082 negative (low-count) droplets for a specific barcode are clearly separated. To this end, a list of
1083 droplets that contained at least 1,000 or more reads that passed filters (metrics provided by *Cell*
1084 *Ranger ATAC*; the cutoff was set to include 1.5 to 2 times more droplets than expected recovery)
1085 along with MULTI-ATAC barcode library FASTQ files were supplied to *deMULTIplex2*¹⁴. For
1086 proper performance, *deMULTIplex2* requires removal of most empty droplets before
1087 demultiplexing. Hence, the barcodes count matrix created by *deMULTIplex2* was filtered based
1088 on total number of MULTI-ATAC barcode UMIs. The cutoff was determined by plotting a
1089 histogram of barcodes counts and finding the middle between the two peaks representing
1090 positive and negative droplets. Whenever possible faithfulness of demultiplexing was controlled
1091 by analysis of distribution of sample-specific SNPs among multiplexed samples. Reads from
1092 droplets that were classified as carrying a single cell were subset from *possorted_bam.bam* file
1093 generated by *Cell Ranger ATAC* into separate bam files using *samtools*⁵ (v1.16.1). Reads
1094 deduplication, reads filtering, variant calling, variant filtering and variant annotation were the
1095 same as for plate-based approach. Cells with average mtDNA (chrM) coverage less than 50 were
1096 excluded from the analysis.

1097

1098 In addition to standard variant filtering the following calls were excluded from the final datasets.
1099 Large-scale deletions in minor and major arcs of mouse mtDNA cause misalignment at the
1100 imperfect repeat regions creating false 4920C>T and 4925C>G, and 8686T>C, 14251T>A and
1101 14260T>G mutations, respectively, that were excluded from the final dataset. Due to high
1102 number of mismatches between C57BL6/J mtDNA (NC_005089) and PWD mtDNA
1103 (DQ874614) sequences in NCR (p15400 - p15600), reads from mtPWD samples do not map to
1104 C57BL6/J reference in this region. Therefore, PWD-specific SNPs in this region were excluded
1105 from the dataset when analyzing C57BL6/J and mtPWD mixing results. Human mtDNA
1106 reference sequence (NC_012920) contains N at position 3107 which denotes deletion. This N is
1107 misinterpreted by the aligner as any nucleotide which leads to 3107N>C, 3107N>T and
1108 3109T>C false mutations. These calls were excluded from the final dataset. The region between
1109 p300 and p320 of human mtDNA had low coverage and multiple sequencing errors making it
1110 difficult to distinguish true and false mutations. Therefore, variants in this region were removed
1111 from the dataset. Finally, variants with mean abundance above 90% in a human sample were
1112 considered haplotype or individual-specific polymorphisms and were excluded from the list of
1113 mutations.

1114
1115 Despite our best effort to remove false calls from the dataset, there are some remaining artifacts
1116 present, in particular sequencing or alignment errors at the ends of the reads. Those usually are
1117 present at very low levels and are unlikely to have any impact on our conclusions. All the
1118 specific mutations (such as driver and passenger alleles) that we rely on to draw conclusions
1119 were hand checked in IGV.

1120
1121 Percent of reads mapping to mtDNA
1122 Total number of reads and number of reads mapping to mtDNA (chrM) were calculated using
1123 *samtools view*. Number of reads mapped to mtDNA was divided by total number of reads and
1124 the values were converted into %.

1125
1126 Number of mutant alleles
1127 To calculate number of mutant alleles (Figure S3E) we used data produced with 10X-based
1128 approach. The number of unique mutant alleles strongly depends on coverage and number of
1129 analyzed cells. To mitigate biases due to coverage differences between samples we subsampled
1130 deduplicated and filtered bam files for individual cells to 100,000 mtDNA (chrM) mapped reads.
1131 Cells that had fewer reads were excluded from the analysis. Subsampled files were used for
1132 variant calling as described above. Finally, we normalized samples by analyzing equal number of
1133 cells from each sample.

1134
1135 NS/S and STOP/S
1136 NS/S and STOP/S were calculated using three approaches.

1137 In the first approach, ratios were calculated for all detected alleles in a sample, so that
1138 each unique allele was counted only once (Figures 6A and 6B).

1139 In the second approach, ratios were calculated for all SNP mutations within abundance
1140 intervals (specified in the figure; Figures 6C, 6D, 7G and 7H), i.e. each allele was scored
1141 according to the number of cells in which it was detected. In this case clonal mutations were
1142 excluded from the analysis as these mutations have a major impact on the ratio but unlikely to
1143 reflect impact of selective forces. Clonal mutations are expected to be present in unusually high

1144 number of cells in only one or few of the examined individuals. To identify such alleles, we
1145 applied Kruskal-Wallis test to the mutation cellular abundance data from multiple individuals.
1146 Bonferroni adjustment of the p-values was performed to account for the large number of tested
1147 alleles. Adjusted p-value of 0.05 was used as a cutoff for decision between clonal and non-
1148 clonal alleles. This method is sensitive to difference in coverage between analyzed samples,
1149 therefore it was applied to mouse data from different experiments separately as those tend to
1150 have different coverage. In case of human data, where each sample was prepared individually
1151 and hence coverage varies among all the samples, we tried two approaches. In the first approach,
1152 we subsampled human data to 100,000 mtDNA mapped reads per cell and then applied Kruskal-
1153 Wallis test. The obtained list of clonal alleles was then used to remove clones from the original
1154 dataset. This approach might miss clonal mutations with low cellular abundance. In the second
1155 approach we applied the test directly to the dataset without adjustment for coverage. In this case
1156 along with true clonal mutations and number of low abundance alleles were removed. While
1157 both approaches identified different number of clonal alleles, the final results (shape of the curve
1158 in Figures 7G and 7H) were similar. Data presented in Figures 7G and 7H were generated with
1159 the first approach.

1160 In the third approach, we calculated local NS/S ratio on an AAA vs C# plot (Figures 6E
1161 and 7I). For each NS allele on log₁₀ transformed AAA vs C# plot we counted number of NS and
1162 S alleles within a circle centered around the allele. Since there are a lot of data points on the left
1163 side of the plot and only a few on the right side, we increased the radius of the circle from left to
1164 right from 0.1 to 0.5 linearly.

1165

1166 Analysis of conserved/non-mutable sites

1167 120 complete mitochondrial genome sequences of mammalian species were downloaded from
1168 NCBI. The list of all species and accession numbers are provided in Table S2. Fasta files were
1169 aligned using MUSCLE online tool¹⁵. The alignments were parsed to find mtDNA sites that were
1170 identical between all 120 species.

1171

1172 **Modeling**

1173 To model accumulation of *de novo* somatic mtDNA mutations in hepatocytes we used an
1174 evolutionary simulation framework *SLiM*¹⁶ (v3.6). We regarded mtDNAs as individuals and all
1175 mtDNAs within a single cell as a population. Modelling was done following authors
1176 recommendations¹⁷ (section 14.9). The following parameters were used:

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1. mtDNA reproduce clonally.
2. The recombination rate was set to zero.
3. Population size was kept constant and set to the number specified in a figure or figure legend. Generally, population size of 10,000 genomes was used for modeling mouse hepatocytes and population size of 5,000 genomes was used for modeling human hepatocytes.
4. The half-life for mtDNA in rat liver was estimated to be 9.4 days¹⁸ which translates into 78 generations over 2 years (maximum age of analyzed mice) and 3145 generations over 81 years (maximum age of analyzed human samples). We assume that in mouse and human the half-life of mtDNA is similar to what was measured in rat and, for convenience, round it to 80 and 3000 replacements for 2-year-old mouse and 81-year-old human, respectively.

- 1189 5. Mutation emergence rate and selection coefficient varied in the models and are specified
1190 in figures and/or figure legends. Note, that this model does not include back-mutations.
1191 Hence, simulations using high mutation rates will be progressively less accurate.
1192 6. To model the emergence, disappearance, and accumulation of a specific mutant allele, we
1193 simulated one site per genome and ran the simulation many times (Figures 2C, 3B, 3C,
1194 4D, S4, S6C, S6D). To model NS/S across abundance intervals, the genome was limited
1195 to 11,338 sites which corresponds to number of protein coding sites in mouse mtDNA
1196 (Figures 6C and 6D). To model accumulation of mutations in the whole genome, genome
1197 size was set to 16,299bp (Figures 2D-2F). To simulate accumulation of a specific mutant
1198 allele at the tissue level we first simulated accumulation dynamics of the allele in 10,000
1199 single cells and then computed the average abundance of the mutant allele across all
1200 simulated cells (Figures 4E and 4F).

1201

1202 Parameter space exploration

1203 To find parameters that best describe the behavior of recurrent NCR mutations in 24-month-old
1204 mice we searched the parameter space. Specifically, we ran 315 models where mutation
1205 emergence rate varied from 10^{-9} to 10^{-2} and selection coefficient varied from -0.25 to +0.25.
1206 Each simulation was run for 80 generations, population size was set to 10,000 genomes and it
1207 was repeated 9,833 times to match number of sequenced cells. For simulated data we have a
1208 record of all mutations present in a modeled cell, however in real sequencing data mutations
1209 present at levels below detection capability could not be detected. To mimic the observed data,
1210 each of 9,833 simulated cells was randomly assigned coverage of one of the cells from the
1211 experimental dataset. Then, simulated mutations present at levels below a sensitivity cutoff were
1212 set to zero. For each NCR mutation examined a sensitivity cutoff was calculated as
1213 $100\% \times 5 / (\text{assigned coverage at this site})$, where 5 is a minimum number of reads supporting the
1214 mutation. The resulting abundance distributions from each of 315 models were compared to the
1215 observed distribution of a mutation. First, the parameter sets that produced 2 time more or 2
1216 times fewer positive cells than was observed were excluded. Next, we assessed the statistical
1217 significance of differences in abundance means between simulated and observed data using a
1218 permutation test. To calculate mean we used only cells/simulations that were positive for a
1219 mutation. 1,000 permutations were run to obtain a p-value. Abundance distributions produced
1220 with parameter sets close to the set with the highest p-value were inspected visually to identify
1221 parameters producing the best data-matching distributions.

1222

1223 Simulation of NS/S and STOP/S distribution for random emergence of mutations

1224 To estimate NS/S and STOP/S expected for random mutagenesis of mtDNA, mutations in mouse
1225 (NC_005089) and human (NC_012920) mtDNAs were simulated using *Mutation-Simulator*¹⁹ (v
1226 3.0.1). The transitions to transversions ratios (Tiv) measured for the mouse dataset presented in
1227 Figure 1C (Tiv = 4) and human (Tiv = 5) dataset presented in Figure S6A were used as an input
1228 parameter for *Mutation-Simulator*. On average, 1.3 mutations were generated per simulation.
1229 The NS/S and STOP/S ratios were calculated for mutations generated in 360 simulations. This
1230 was repeated 1,000 times to obtain the ratios distribution.

1231

1232 Statistical analysis and data visualization were performed in Matlab (v. R2019a) and R (v. 4.1.3).
1233 Sample sizes, statistical tests and p-values are indicated in the text, figures and figure legends.

1234

1235 **Data availability.**

1236 The sequencing data have been deposited in the NCBI Sequence Read Archive under
1237 PRJNA1146058.

1238

1239

1240 **Reference**

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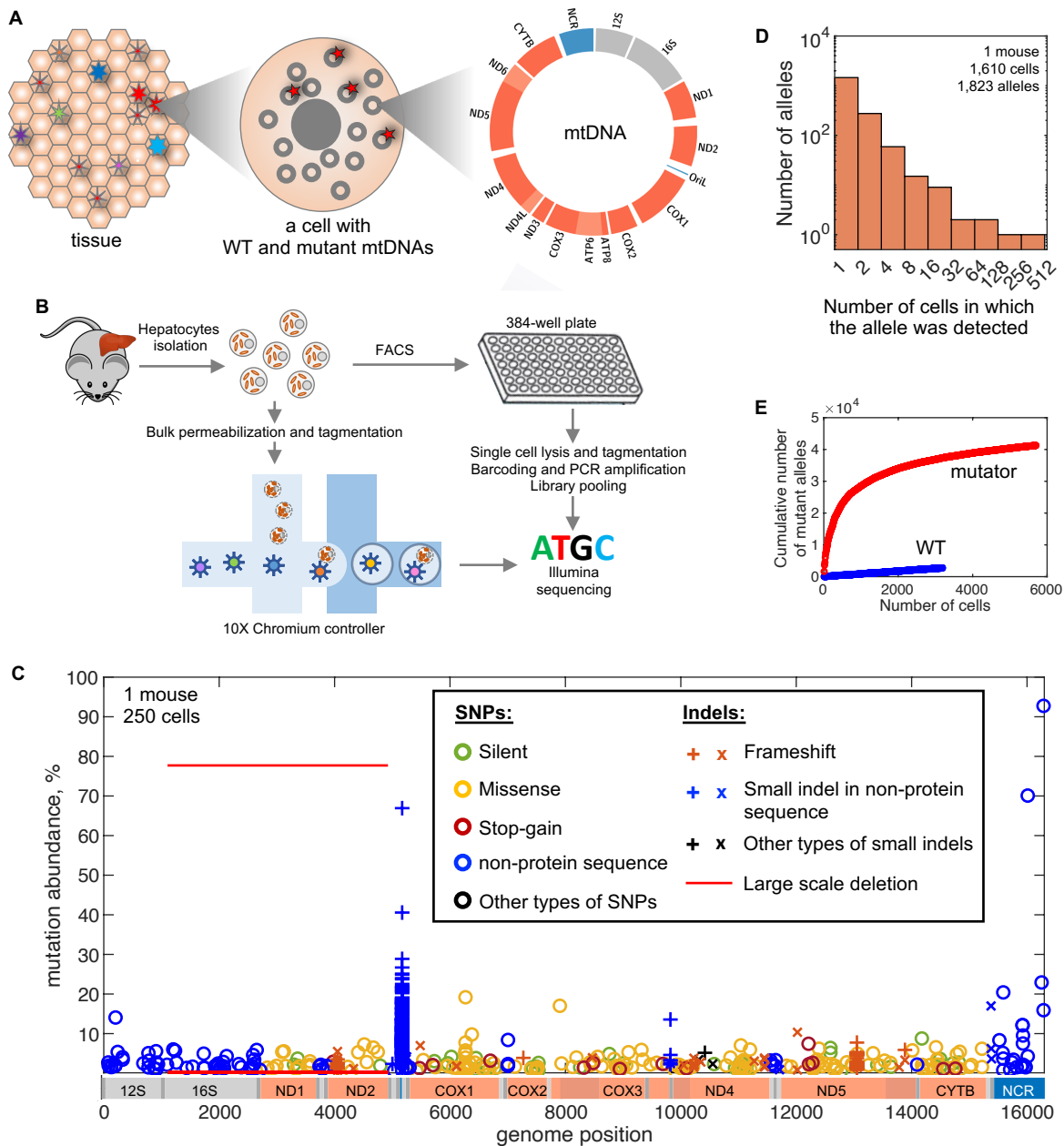


Figure 1. Single cell sequencing for profiling *de novo* somatic mtDNA mutations.

(A) *De novo* somatic mtDNA mutations occur infrequently so that each allele is generally present in a few cells of a tissue.

(B) Schematic of steps in plate-based and 10X-based single cell mtDNA sequencing to profile mtDNA mutations.

(C) Spectrum of mtDNA mutations in 24-month-old C57BL6/J mouse liver. Distinct symbols indicate allele type, each occurrence is represented by a symbol indicating genomic position (X-axis) and abundance/percent of reads (Y-axis)(see Figure S1D for control) in the cell in which the mutation was recorded. Data from 250 cells are aggregated in the plot.

(D) Frequency of mutant alleles detection in the cells of 24-months-old C57BL6/J mouse liver. Most observed alleles are seen in one or few cells, but rare alleles are found in most or even all the cells.

(E) The number of distinct mutant alleles identified increases with number of cells analyzed. An analysis of 5,701 cells from three 24-month-old heterozygous mutator mice detected 1,209,103 mutations representing 41,273 distinct alleles. Analysis of 3,195 cells from three similarly aged C57BL6/J WT mice detected 14,581 mutations representing 2,746 alleles.

Data in C were generated with plate-based approach, data in D and E were generated with 10X-based approach.

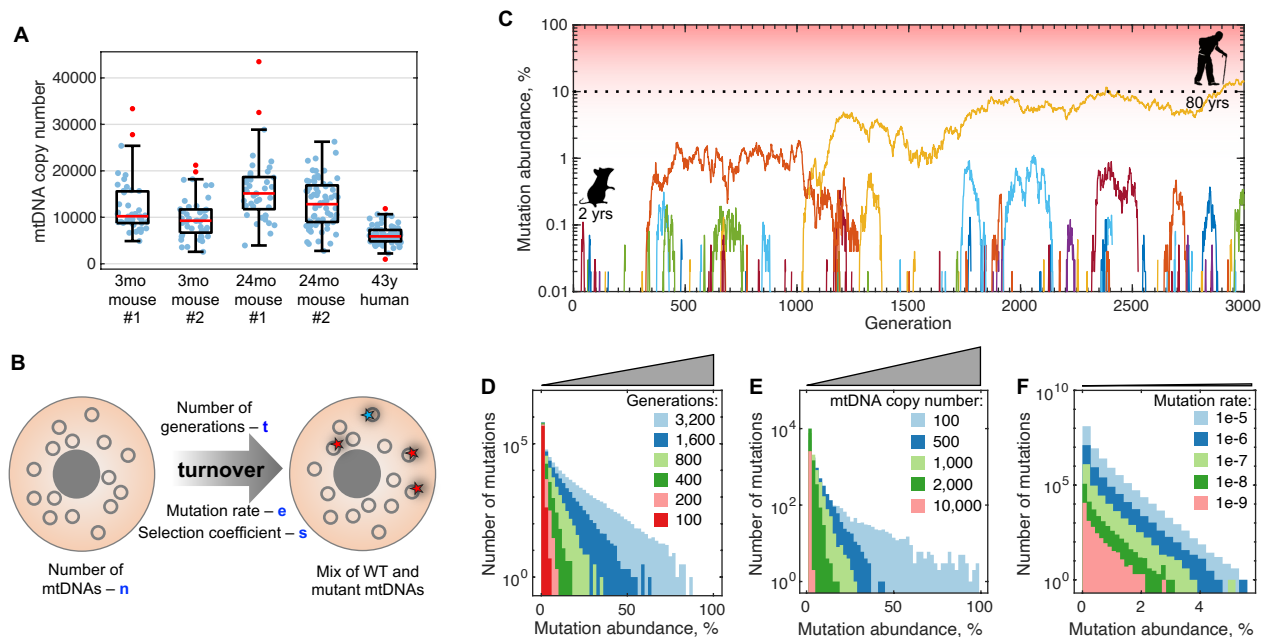


Figure 2. Neutral *de novo* mtDNA mutations fluctuate in abundance but high abundance mutations are infrequent, and their likelihood increases slowly with age.

(A) Droplet digital PCR (ddPCR) measurements of mtDNA copy number (blue points) in single hepatocytes from young and old mice and a middle-aged human. Boxes indicate the 25th and 75th percentiles, red line marks the median. The whiskers extend to the most extreme data points not considered outliers (conventionally defined as outside 1.5 times the interquartile range above the upper quartile and below the lower quartile; red points).

(B) Simulation of mtDNA mutations accumulation. MtDNAs were treated as individuals with a measured population size (n) in each cell, with other variables (blue) assigned. See methods section for full description of the parameters.

(C) Dynamics of accumulation of simulated neutral *de novo* somatic mutations. The plot tracks the fate of a generic allele as mutants emerge in many simulations. 234 mutations (colored lines) emerged in 250 simulations. Most disappeared shortly after emergence. Only 2 persisted at the end and only one reached an abundance of 10% (black dotted line). Model parameters: mutation rate 3.16×10^{-8} per base pair per replication and 10,000 genomes per cell.

(D, E, F) Simulations illustrating the impact of variables on the abundance distribution of mutations: time (number of generations) (D), mtDNA copy number (E) and mutation rate (F). Grey wedges highlight the difference in X-axis scale for D-F panels. In the lifetime of a mouse (~80 replacement generations of mtDNA) chance accumulation of a mutation to critically high levels (usually 60%) in a cell with high mtDNA copy number is exceedingly unlikely. Models' parameters unless specified otherwise in the figure panel: 16,299bp genome, 10,000 genomes per cell, 3.16×10^{-8} mutation rate, 80 generations, 10,000 simulated cells.

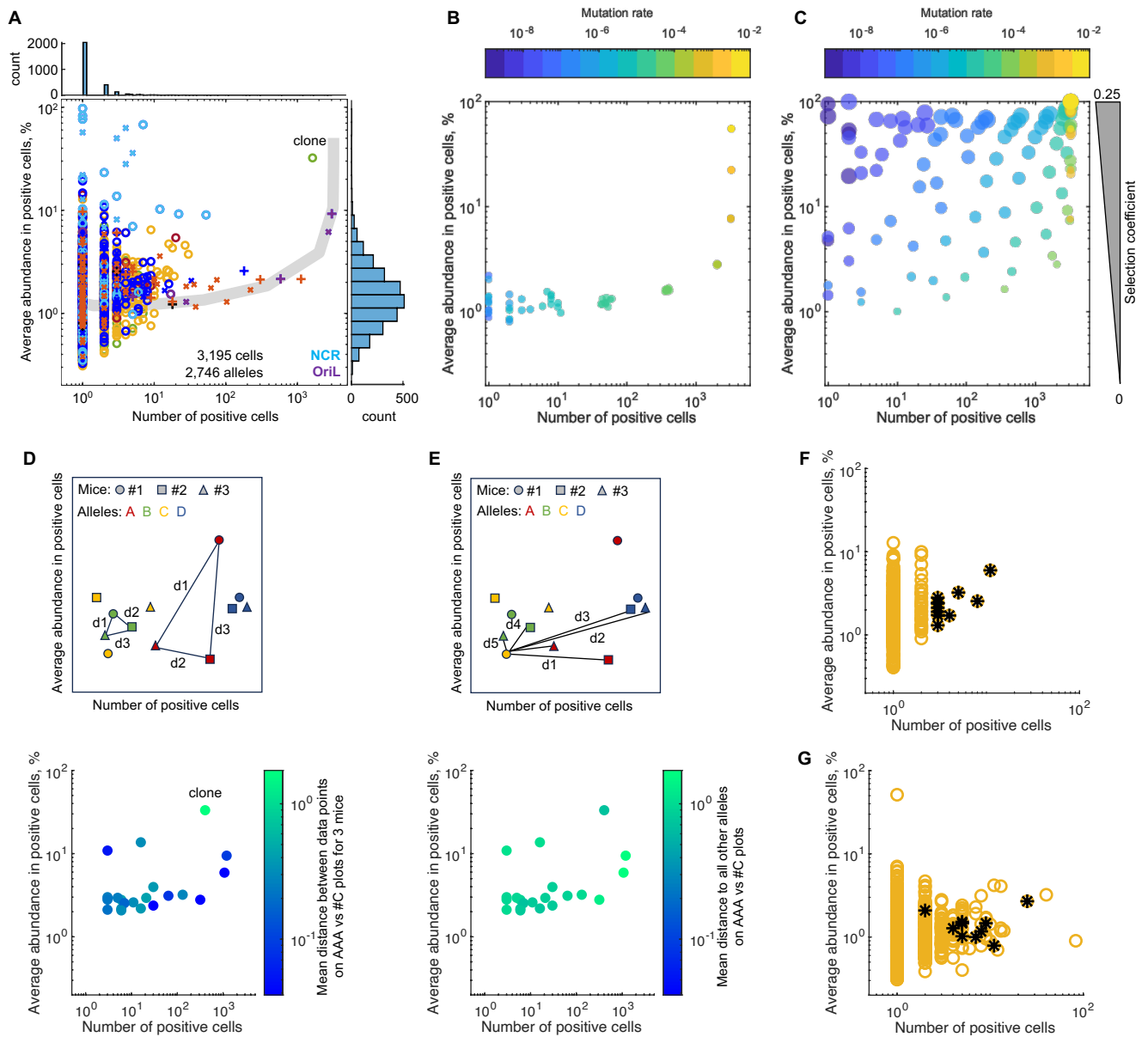


Figure 3. Allele behavior on AAA vs C# plots.

(A) An AAA vs C# scatter plot showing the average cellular abundance of each mutant allele (AAA) in the positive cells (Y-axis), versus the number of cells (C#) in which the allele was detected (X-axis) with histograms: abundance distribution of data points (right) and distribution of data points versus cell number (top). Data shown for 3,195 cells from three 24-month-old C57BL6/J mouse livers. Symbols are as in Figure 1C except that alleles in the NCR and OriL are colored with cyan and purple, respectively. Grey line shows expected location of neutral mutations emerging with varying rates.

(B, C) Simulations showing positions of neutral alleles emerging with differing mutation rates (B) or alleles differing in both mutation rate, and selection coefficient (C) on AAA vs C# plots. Mutation rate and selection coefficient indicated by color and size scales, respectively. Simulation parameters: 10,000 genomes/cell, 80 generations, 3,195 cells.

(D, E) Position on an AAA vs C# plot is an allele specific property. (D) Schematic (top panel) shows four alleles (colored) that were detected in three matched mice (symbols). Distances between the three data points on the AAA vs C# plots for each mouse were measured to obtain an average mean separation (MS) as a measure of the correlation in the positions in independent mice. The bottom panel shows an AAA vs C# plot for alleles detected in all three mice and the alleles are colored according to the measured MS. (E) Unrelated alleles show a high mean separation. For each allele we measured the distance to all other unrelated alleles (schematic, top panel) and plotted the same alleles as shown in D colored according to the unrelated mean separation (bottom panel). For this analysis data from each cell were subsampled to 100,000 reads mapping to mtDNA and equal number of cells from each mouse was analyzed ($n = 400$ cells).

(F, G) A group of non-synonymous (NS) alleles in one locale in an AAA vs C# plot from one 24-month-old C57BL6/J mouse (F) shows biased localization in AAA vs C# plot of another 24-month-old mouse from an independent experiment (G).

Data presented in this figure were generated with 10X-based approach.

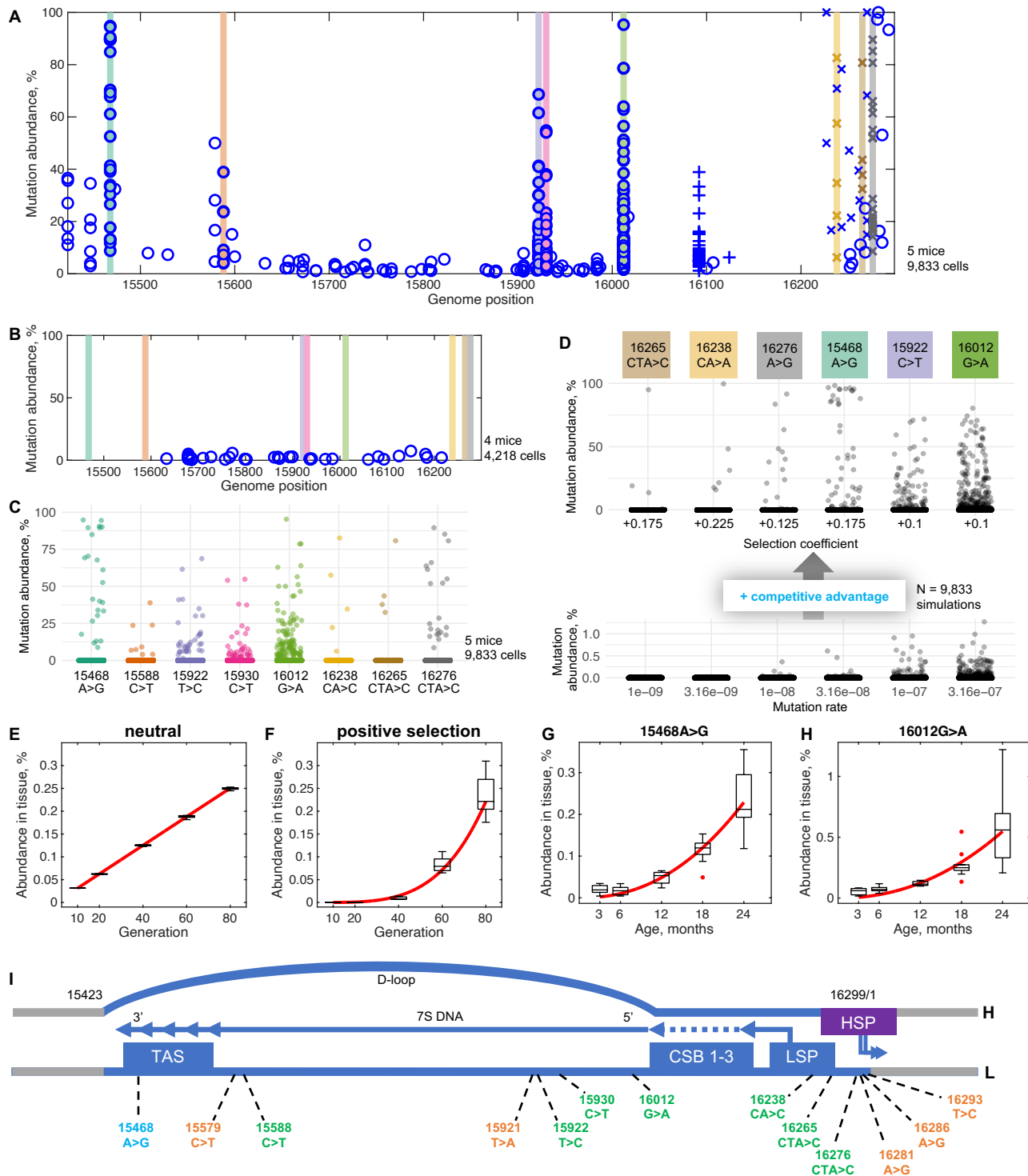


Figure 4. Specific mutations in NCR confer a competitive advantage.

(A) The NCR region of 24-month-old WT mice is characterized by mutations that reach exceptionally high cellular abundance. Alleles present above 20% in at least 1 cell in at least 3 out of 5 mice are highlighted with differently colored vertical bars.

(B) The exceptional alleles (colored bars as in A) were not detected in four 3-month-old WT mice suggesting that they come to predominate with age.

(C) Abundance distribution of highlighted NCR mutations among liver cells of 24-month-old WT mice.

(D) Simulations show that varied mutation frequencies (lower panel) fail to mimic the abundance distributions shown in (C), while inclusion of positive selective coefficients (specified in the figure, upper panel) yields distributions resembling the data. Note the difference in Y-axis scale.

(E) Simulations ($n=5$) ran for different numbers of cycles (proportional to age) show linear tissue level accumulation of a neutral allele. Mutation rate = 3.16×10^{-5} /base pair/cycle, and mtDNA copy number = 10,000.

(F) Simulations ($n=5$) show that a positively selected (coefficient = +0.175) mutant allele accumulates at the whole tissue level at an accelerating rate. Mutation rate = 3.16×10^{-9} /base pair/generation, and mtDNA copy number = 10,000.

(G, H) Accumulation dynamics of the indicated driver alleles as measured by allele-specific ddPCR assays in bulk liver of WT mice. $N = 5$ mice per time point for each allele tested.

(E-H) Box plots show simulated or ddPCR data. Red lines show linear (E) and power (F-H) function fitting, $R^2 = 0.999, 0.945, 0.834$ and 0.617 , respectively.

(I) Driver mutations are localized in the NCR (blue) in association with sequences thought to govern mtDNA replication: the termination associated sequence (TAS); the conserved sequence boxes (CSB1-3); the light strand promoter (LSP) and the heavy strand promoter (HSP). The LSP initiates an RNA (arrow) that primes DNA synthesis within the CSBs. DNA synthesis continues to a pause point in TAS and can be continued to promote a synthesis of new heavy strand. The allele labeled in cyan showed selective amplification in both WT and heterozygous mutator mice, whereas, at least using stringent criteria to identify drivers, the alleles labeled in green were only seen as a driver in the WT, and alleles labeled in orange were only seen as drivers in the heterozygous mutator line. Data presented in this figure were generated with 10X-based approach.

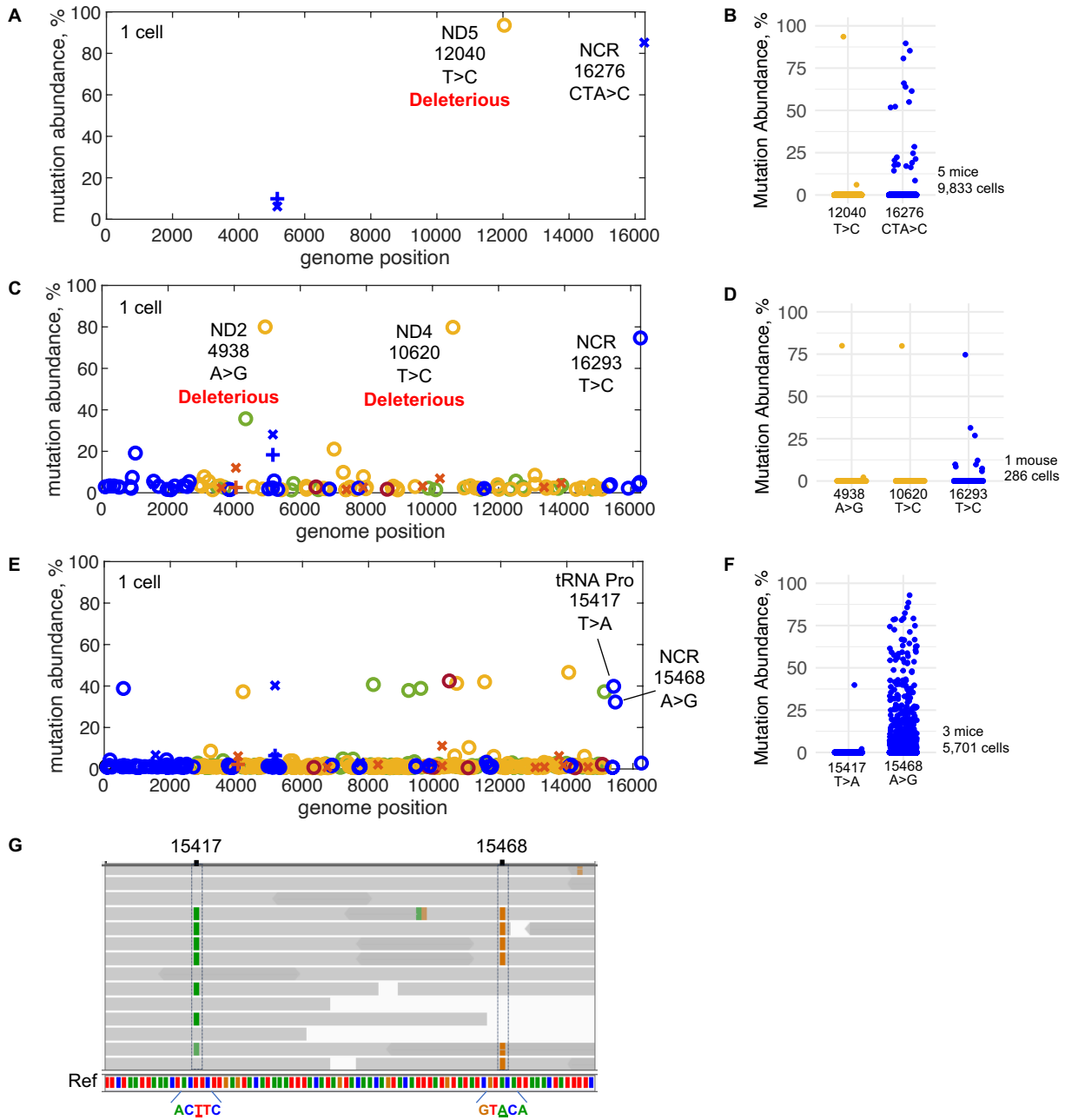


Figure 5. Passenger mutations piggyback on mitochondrial genomes with a competitive advantage.

(A) A mtDNA mutation spectrum of a single liver cell from 24-month-old WT mouse showing two alleles at high abundance.

(B) Abundance distribution of 12040T>C and 16276CTA>C mutations among all sequenced cells.

(C) A mtDNA mutation spectrum of a single liver cell from 24-month-old heterozygous mutator mouse.

(D) Abundance distribution of 4938A>G, 10620T>C and 16293T>C mutations among all sequenced cells of the sample.

(E) A mtDNA mutation spectrum of a single liver cell from 24-month-old heterozygous mutator mouse.

(F) Abundance distribution of 15417T>A and 15468A>G mutations among all sequenced cells.

(G) Raw reads showing linkage of 15417T>A and 15468A>G mutations. Grey lines represent individual reads. Dark grey regions represent overlap of two opposing reads of the same DNA fragment. Green and orange bars mark mismatch between the read and reference sequences.

See Figure 1C for the correspondence of symbols and allele type. Data in A, B, E, F and G were generated with 10X-based approach, data in C and D were generated with plate-based approach.

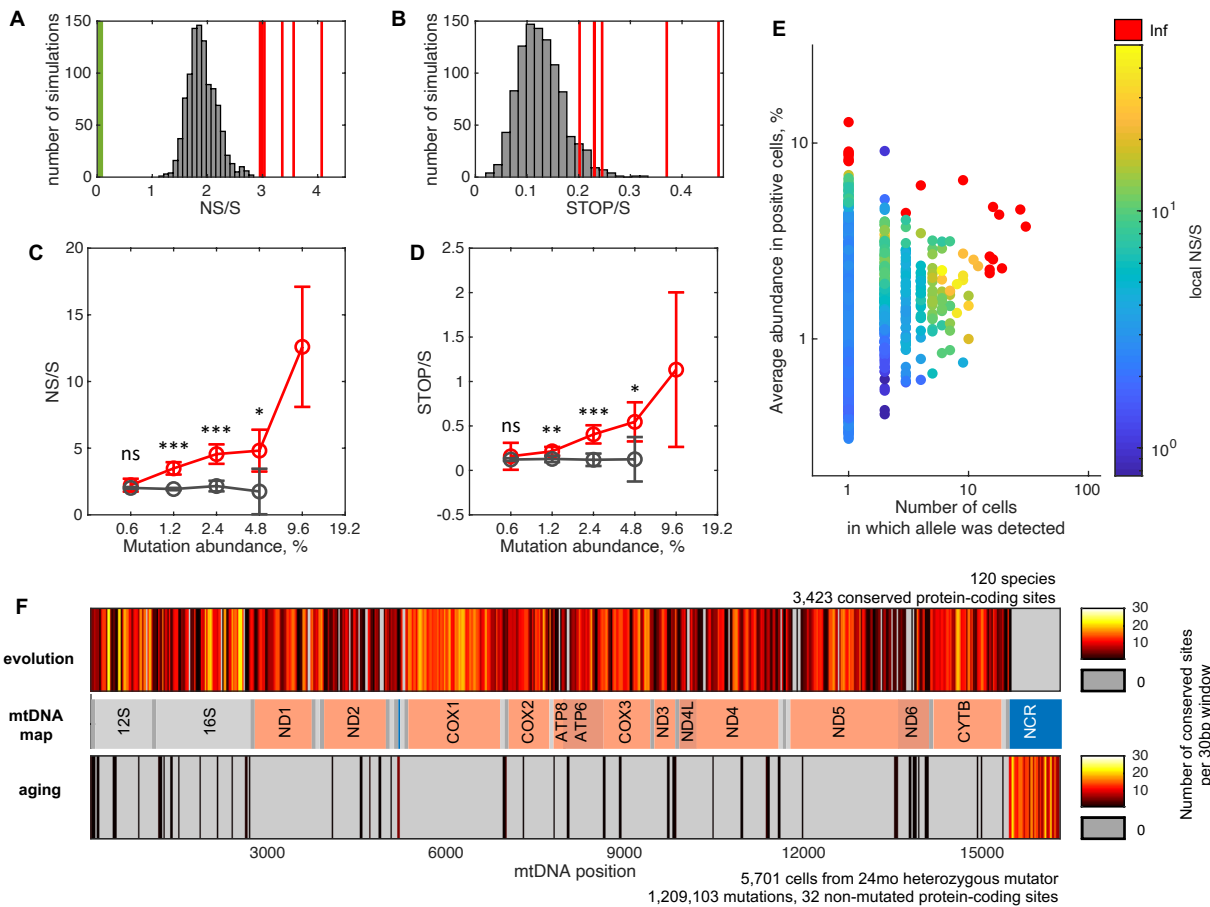


Figure 6. Excess of deleterious mtDNA mutations in aged mouse liver.

(A, B) NS/S (A) and STOP/S (B) of all detected mutant alleles determined for six 24-month-old WT mouse livers (red lines) exceeds expected spread of NS/S and STOP/S (histograms) based on a 1,000 sets of simulations of mouse mtDNA random mutagenesis. The NS/S (0.0588) seen in evolution was taken from Pesole G. et al., 1999 (green line). Note that NS/S for three mice were very close and hence merged in a single thick line on the NS/S plot. Similarly, STOP/S ratios for two mice (0.2302 and 0.2299) are indistinguishable on the STOP/S plot.

(C, D) NS mutations (C) and STOP mutations (D) selectively increase in abundance. Mean NS/S or STOP/S for mutations that fall in specified abundance intervals (log2 scale) from 6 mice (red line) or from 6 sets of 1,000 simulations of neutral behavior (grey line) with standard deviations.

Model parameters: 10,000 genomes per cell, 3.16×10^{-9} mutation emergence rate, 80 generations. Mean values were computed when at least 3 out of 6 samples or simulations had finite NS/S ratios. Data within each abundance interval were tested against neutral model using two-sample t-test, ns – not significant, * - $p < 0.05$, ** - $p < 0.01$, *** - $p < 0.001$.

(E) Local NS/S for each NS allele on AAA vs C# plot shows clustering of NS alleles with similar ratios in 24-month-old WT mice. Data are the same as in Figure 3A, only NS alleles are plotted, N= 3 mice, 3,195 cells, 1,300 NS alleles.

(F) Comparison of non-mutated (conserved) mtDNA sites in evolution (top bar) and in aging (bottom bar). Number of non-mutated sites within 30bp windows along mtDNA genome was plotted as a heatmap with yellow colors representing conserved regions and grey color marking windows in which all sites were changed in the data set. Middle bar represents mtDNA map. The list of species used for analysis of non-mutated sites in evolution is reported in Table S2 (n = 120). Aging data are from 24-month-old heterozygous mutator mice (n = 3 mice, 5,701 cells), which were also used in Figure 1E and S3.

Data in this figure were generated with 10X-based approach.

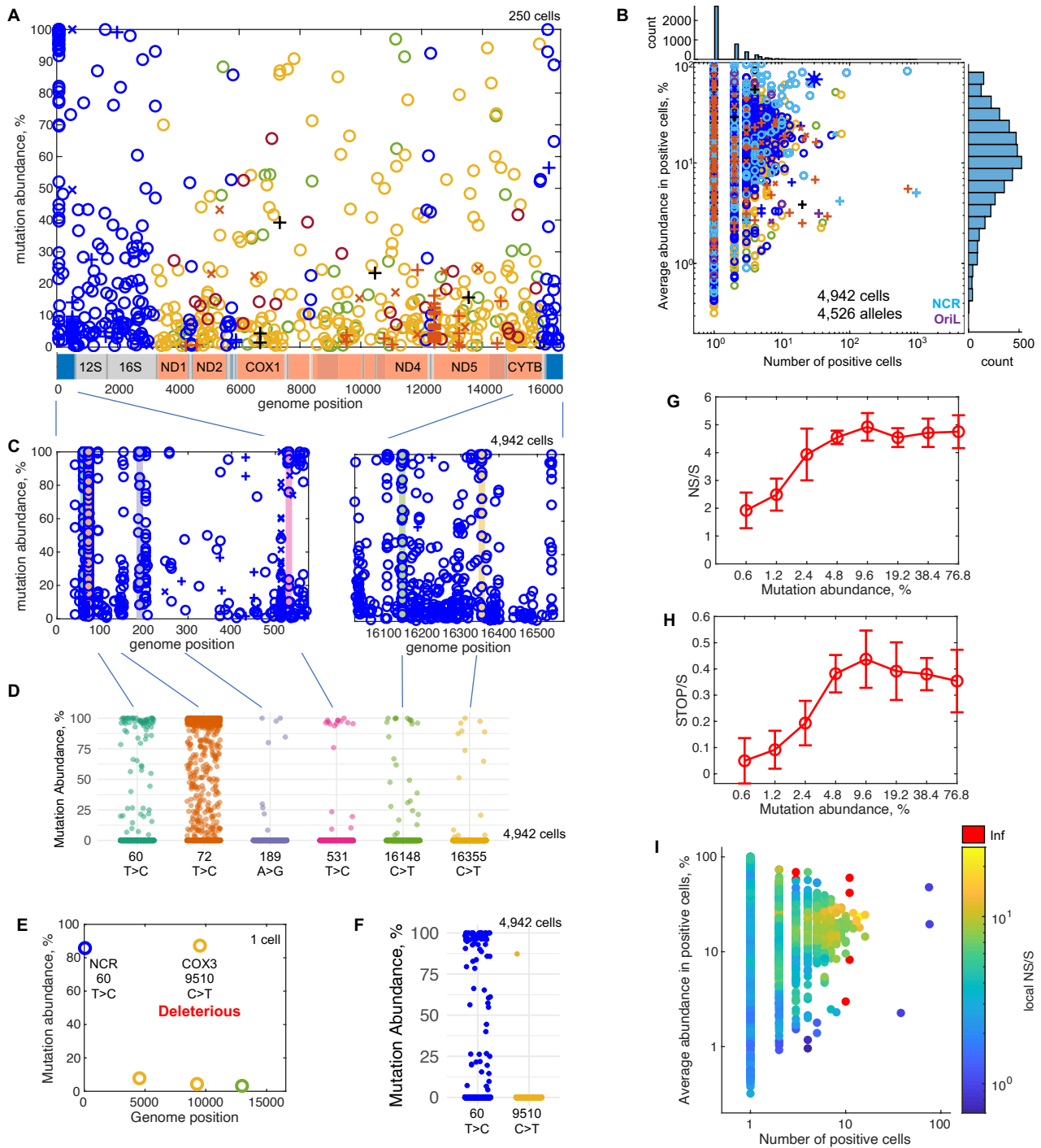


Figure 7. Selective forces impact competition among mtDNAs in human liver.

(A) A spectrum of mtDNA mutations identified in 41-year-old human hepatocytes. Note that annotation of mouse and human mtDNAs differ with linearization of the human genome splitting the NCR in two.

(B) AAA vs C# plot of 41-year-old human hepatocytes. Blue asterisk marks the 3243A>G allele.

(C) A spectrum of mutations in the NCR of 4,942 hepatocytes from the 41-year-old human also shown in A. Colored bars indicate sites that meet our criteria for positively selected driver alleles. Mutations were classified as drivers if the allele was detected in at least 10 cells at levels above 50%, and there were more cells with >50% abundance than cells with <50% abundance.

(D) Abundance-distribution of the driver mutations identified in NCR of 41-year-old human hepatocytes.

(E) An example of a driver-passenger pair in a single liver cell from 41-year-old human.

(F) Abundance distribution of the driver and the passenger alleles shown in (E) among the 4,942 sequenced cells of the sample.

(G, H) The NS/S and STOP/S rises with increase in mutations abundance.

(I) Local NS/S for each NS allele on AAA vs C# plot for 41-year-old human hepatocytes shown in (B).

Data in this figure were generated with 10X-based approach.

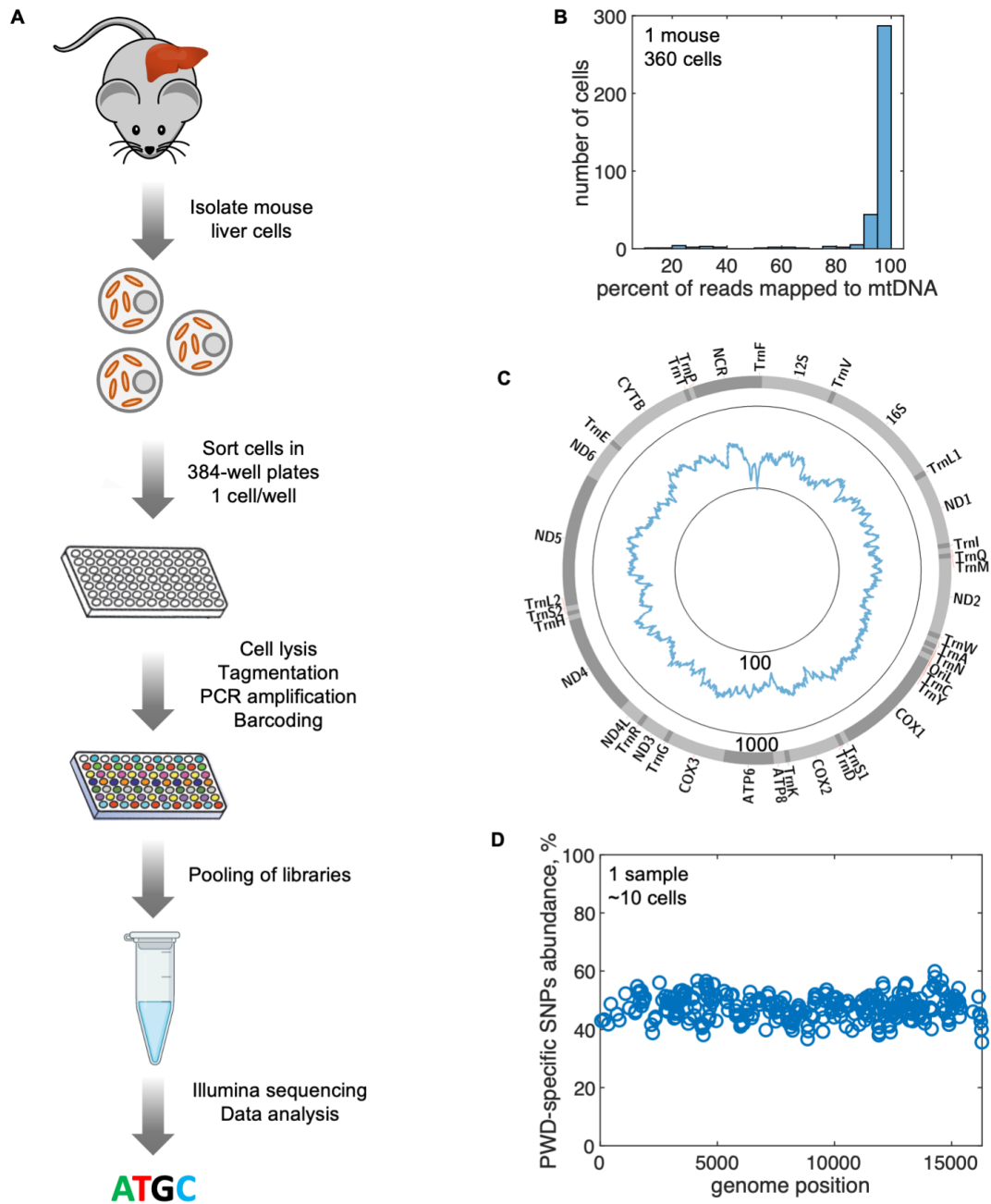


Figure S1. Plate-based single cell mtATAC method workflow and performance, related to Figure 1.

- (A) Schematic of the plate-based single cell mtDNA sequencing workflow.
- (B) Histogram showing the percent of raw reads mapping to mtDNA as measured for 360 cells isolated from 24-month-old C57BL6/J WT mouse liver. The majority of reads map to mtDNA.
- (C) Average mtDNA coverage as measured for 360 cells isolated from 24-months-old C57BL6/J WT mouse liver, log10 scale. While this method allows profiling the whole mtDNA, coverage is not uniform across the genome. Coverage in NCR is notably lower than in other regions of mtDNA.
- (D) Control showing the assessed abundance of PWD-specific SNPs in a sample where equal number of C57BL6/J and mtPWD hepatocytes were mixed ($n \leq 5$ cells per sample type, the uncertain cell number is due to inefficient FACS sorting). This experiment shows the level of precision of mutation abundance detection.

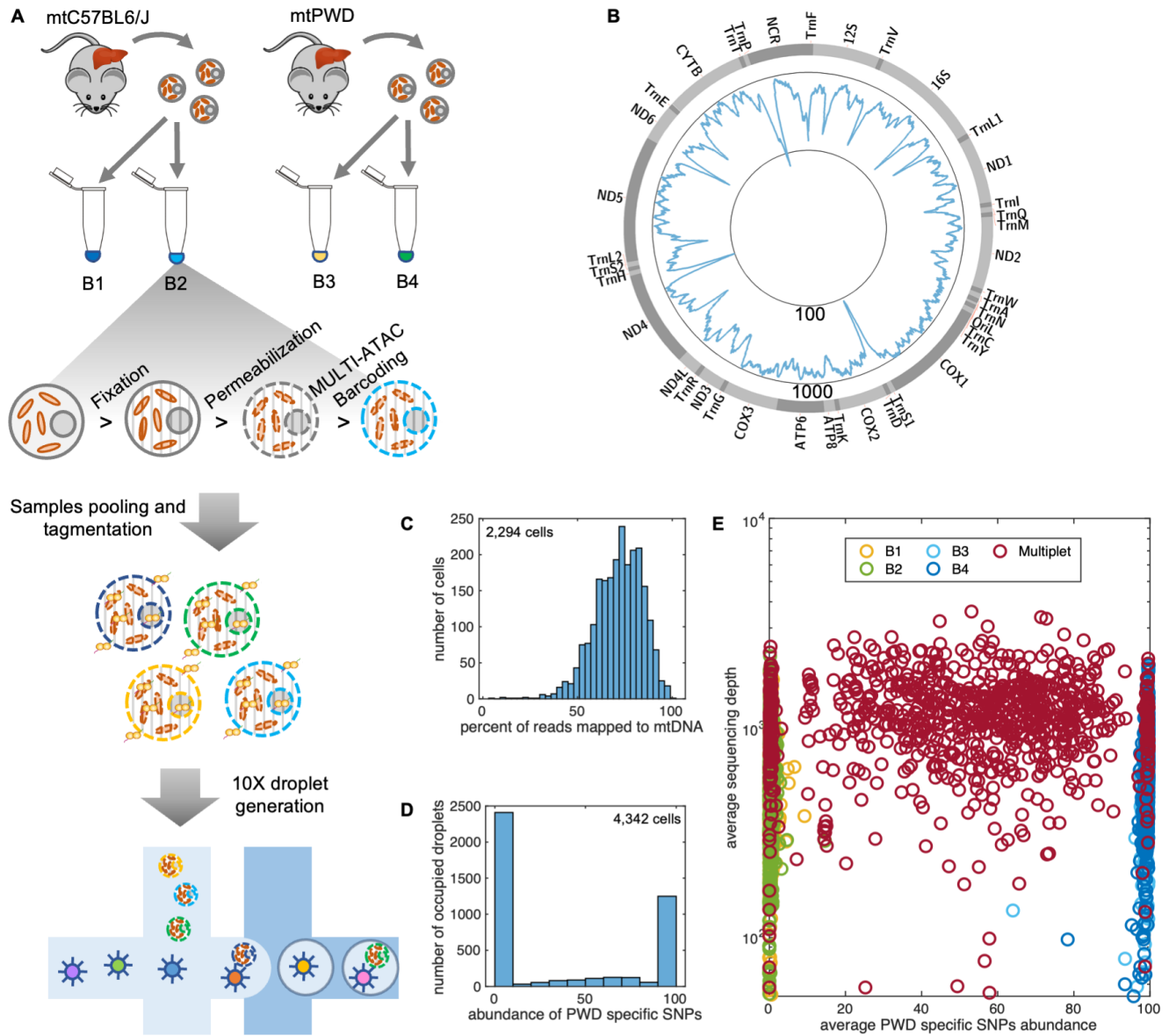


Figure S2. Single cell MULTI-10X-mtATAC sequencing for profiling of somatic mtDNA mutations, related to Figure 1.

- (A) Schematic of the proof-of-principal experiment. In the experiment we mixed hepatocytes from two mouse lines with distinct mtDNA sequences (mtC57BL6/J and mtPWD). Samples were fixed in 1% PFA and permeabilized. Each biological sample was split in two halves and each of the four resulting samples was labeled with a unique lipid-tagged oligo (MULTI-ATAC barcodes B1-4). Next, all samples were pooled together and tagged. After tagging, the cell suspension was loaded on 10X chip to generate 10X-mtATAC and MULTI-ATAC barcode libraries.
- (B) Average mtDNA coverage (read depth) in single mtC57BL6/J cells, n= 2294, log10 scale.
- (C) A histogram showing enrichment of mtDNA reads over total reads in single mtC57BL6/J cells.
- (D) A histogram of the number of occupied droplets carrying different percentages of PWD-specific SNPs when mtC57BL6/J and mtPWD liver cells were mixed. The peak on the left represent droplets carrying mtC57BL6/J cells, and the peak on the right represents droplets carrying mtPWD cells. A shallow and wide distribution in the middle represents droplets with more than one cell (multiplets) carrying both mtC57BL6/J and mtPWD cells.
- (E) Classification of droplets according to sample-specific MULTI-ATAC barcodes matches cells' mtDNA genotype. Droplets marked only by B1 or B2 align at the left consistent with mtC57BL6/J cells, while droplets marked with B3 or B4 align at the right consistent with mtPWD cells. There are three kinds of multiplet droplets: homotypic ones carrying both B1 and B2, which have only mtC57BL6/J cells; homotypic ones carrying B3 and B4 which have only mtPWD cells; and heterotypic ones carrying either B1 or B2 together with either B3 or B4, which carry both types of cells. The heterotypic multiplets with mixed mtC57BL6/J and mtPWD genomes are distributed across the middle of the graph, while the homotypic multiplets align as expected on the left or the right. Homotypic multiplets on the sides of the graph are masking underlying single cell data. B1: n=1052, B2: n=1208, B3: n=465, B4: n=696, Multiplets: n=921. Mean PWD-specific SNPs abundance for mtC57BL6/J cells is 0.35%, mean PWD-specific SNPs abundance for mtPWD samples is 99.12%.

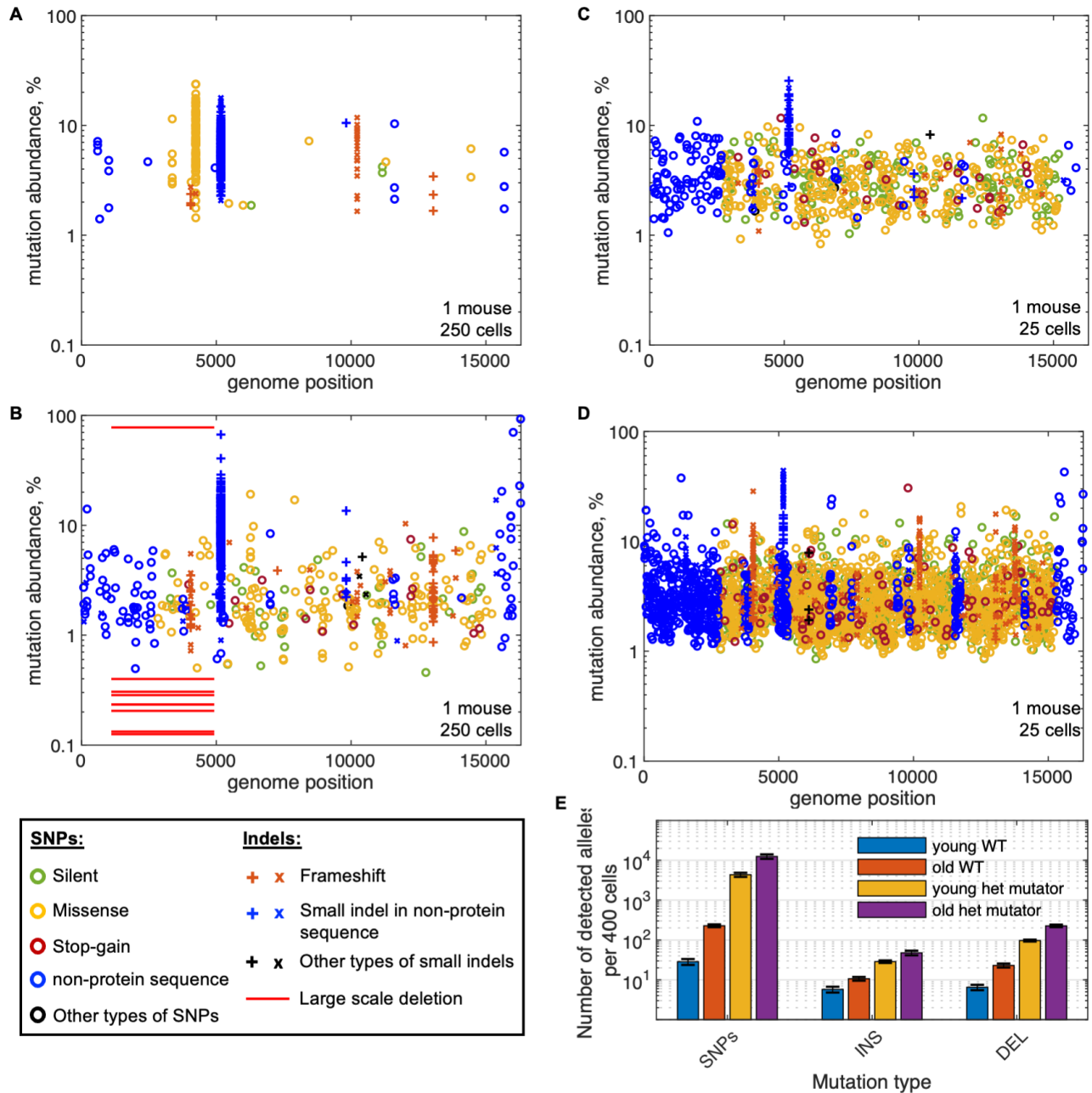


Figure S3. Spectrum of mtDNA mutations in WT and heterozygous mutator mouse livers, related to Figure 1.

- (A) Plot of all mutations detected in 250 cells isolated from liver of 3-months-old C57BL6/J WT mouse. Y-axis is logarithmic. Such representation allows better visualization of low abundance mutations. Note that the overall absence of data towards the bottom of the distribution (below 1%) reflects the limitation in the sensitivity of detection of mutations and is not a true reflection of the frequency of mutations with lower abundances.
- (B) Plot of all mutations detected in 250 cells isolated from liver of 24-months-old C57BL6/J WT mouse. This is the same dataset that is presented in Figure 1C. Large-scale deletion in the minor arc was present in many cells at very low levels and in one cell at 80%. Other large-scale deletions detected in the presented example did not pass the threshold.
- (C) Plot of all mutations detected in 25 cells isolated from liver of 3-months-old heterozygous mutator mouse.
- (D) Plot of all mutations detected in 25 cells isolated from liver of 24-months-old heterozygous mutator mouse.
- (E) Number of detected mutant alleles per 400 cells of liver samples reported separately for SNPs, small insertions (INS) and small deletions (DEL). Samples from 4 young (3-months-old) and 3 old (24-months-old) C57BL6/J WT mice and 3 young and 3 old heterozygous mutator mice were analyzed. For this analysis data were subsampled to 100,000 chrM mapped reads per cell. This approach allows for fair comparison between samples but reduces the detection power of low abundance mutations. Fold change between number of detected alleles in WT and mutator mice presented in the main text were obtained from comparison of data from young animals. Number of detectable mutant alleles increased with age. Data in A-D were generated with plate-based approach. Data in E were generated with 10X-based approach.

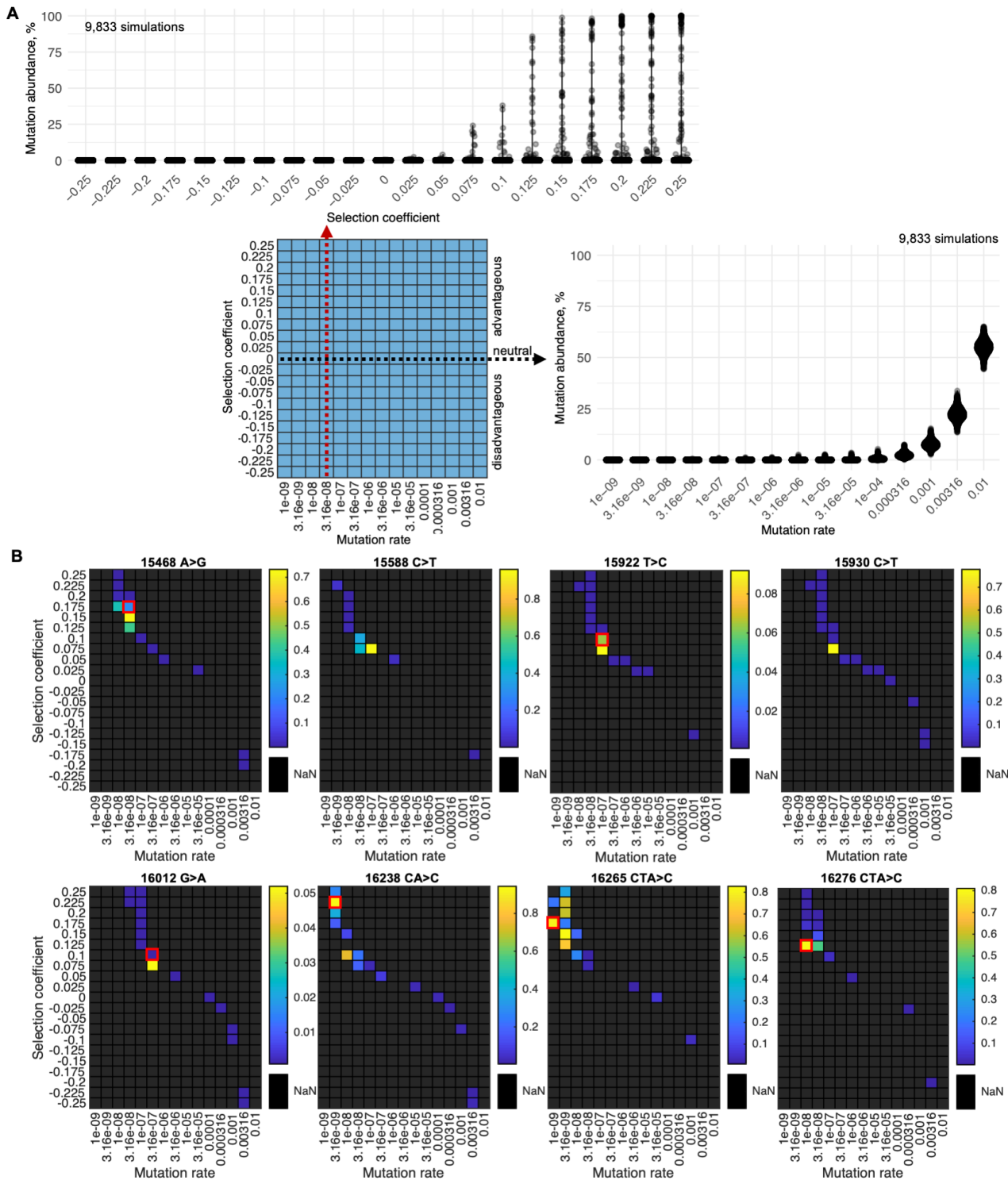


Figure S4. Modeling recurrent NCR mutations in WT mouse liver, related to Figure 4.

- (A) The impact of a range of mutation rates and selection coefficients on mutant allele abundance distribution among cells was explored in simulations. Top panel shows how selection coefficient impacts abundance distribution of a mutant allele emerging at 3.16×10^{-8} per base pair per generation rate. Right panel shows how mutation rate impacts the abundance distribution of a neutral mutant allele. The results are shown for simulations that ran for 80 generations that we estimate to be equivalent to mtDNA turnover over 2 years of mouse life. Number of mtDNAs was set to 10,000.
- (B) Heatmaps showing similarity between abundance distribution of specified driver alleles and simulation outcomes. Colors represent "similarity value" (mean difference p-value based on 1,000 permutations) with yellow shades signifying the strongest similarity (see methods for details). Black squares represent parameter sets that produced 2-fold more or 2-fold less cells with detected mutant allele than real data. $N=9833$ cells/simulations. Abundance distributions produced with parameter sets close to the set with the highest "similarity value" were inspected visually. Red squares mark the model parameters that match best the data for the specified mutant allele based on visual inspection. Simulated mutant allele abundance distributions among cells produced with these parameters are presented in Figure 3D.

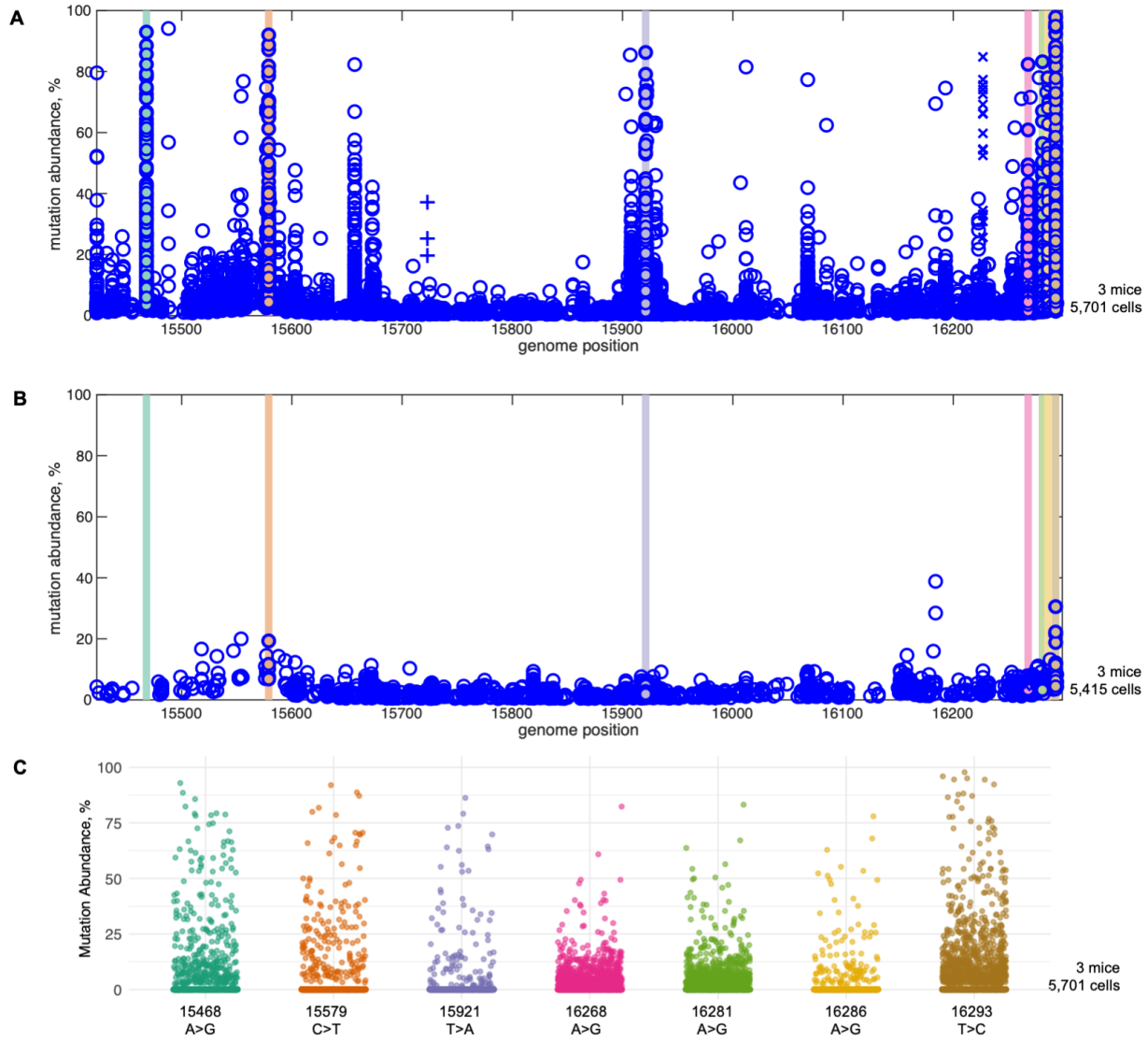


Figure S5. Specific mutations in NCR of heterozygous mutator mice confer a competitive advantage, related to Figure 4.

- (A) Spectrum of mutations in NCR of 24-months-old heterozygous mutator mouse liver cells. N=5,701 cells from 3 mice. Mutations that were present above 20% in at least 3 cells in all 3 mice are highlighted with color bars and marker filling.
- (B) Spectrum of mutations in NCR of 3-months-old heterozygous mutator mouse liver cells. N=5,415 cells from 3 mice.
- (C) Abundance distribution of the specified NCR mutations among liver cells of 24-months-old heterozygous mutator mice presented in panel A. Note a peculiar distribution of abundance of 16268A>G and 16281A>G mutations: these mutations are detected in many cells, however in majority of cells these variants stay below 10% and only in a few cells they climb to high levels. One possible explanation for such atypical abundance distribution is that these variants have selective advantage only in a small subset of liver cells.

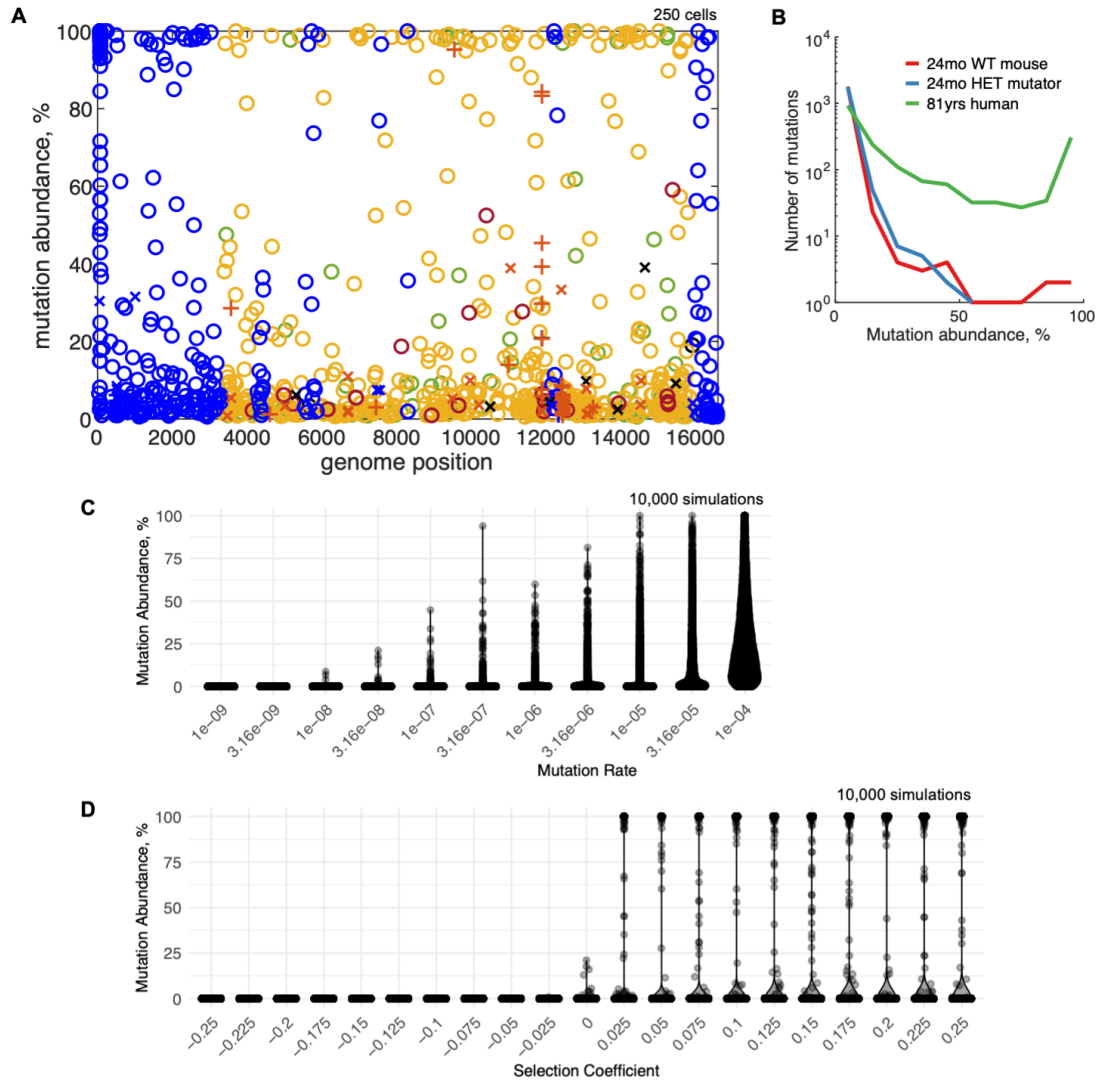


Figure S6. Spectrum of mtDNA mutations and modeling of mtDNA mutation accumulation in old human liver cells, related to Figure 7.

- (A) A spectrum of mtDNA mutations identified in 81-year-old human hepatocytes.
- (B) Abundance distribution of mutations in 24-month-old WT mice (3 mice from one experiment), 24-month-old heterozygous mutator mice (3 mice from one experiment) and 81-year-old human (one human) hepatocytes. Data from each sample were subsampled to equal number of reads per cell (100,000). For mouse data clones and mutations at p5171 (OriL) were excluded as they are very frequent and mask the signal from other mutations. Samples were normalized to have equal number of mutations: 1,829 mutations were randomly selected for each sample. These data indicate an increased mutation frequency has little influence on the proportion of mutations reaching high abundance, while age appears to have a large impact.
- (C) Impact of the mutation rate on the abundance distribution among cells of a neutral mutant allele. The results are shown for simulations that ran for 3,000 generations that we estimate to be equivalent to mtDNA turnover over ~80 years of human life. Number of mtDNAs was set to 5,000.
- (D) The impact of the selection coefficient on abundance distribution among cells of a neutral mutant allele. Model parameters: mutaton rate 3.16×10^{-8} per base pair per generation, 3,000 generations, 5,000 mtDNAs per cell.

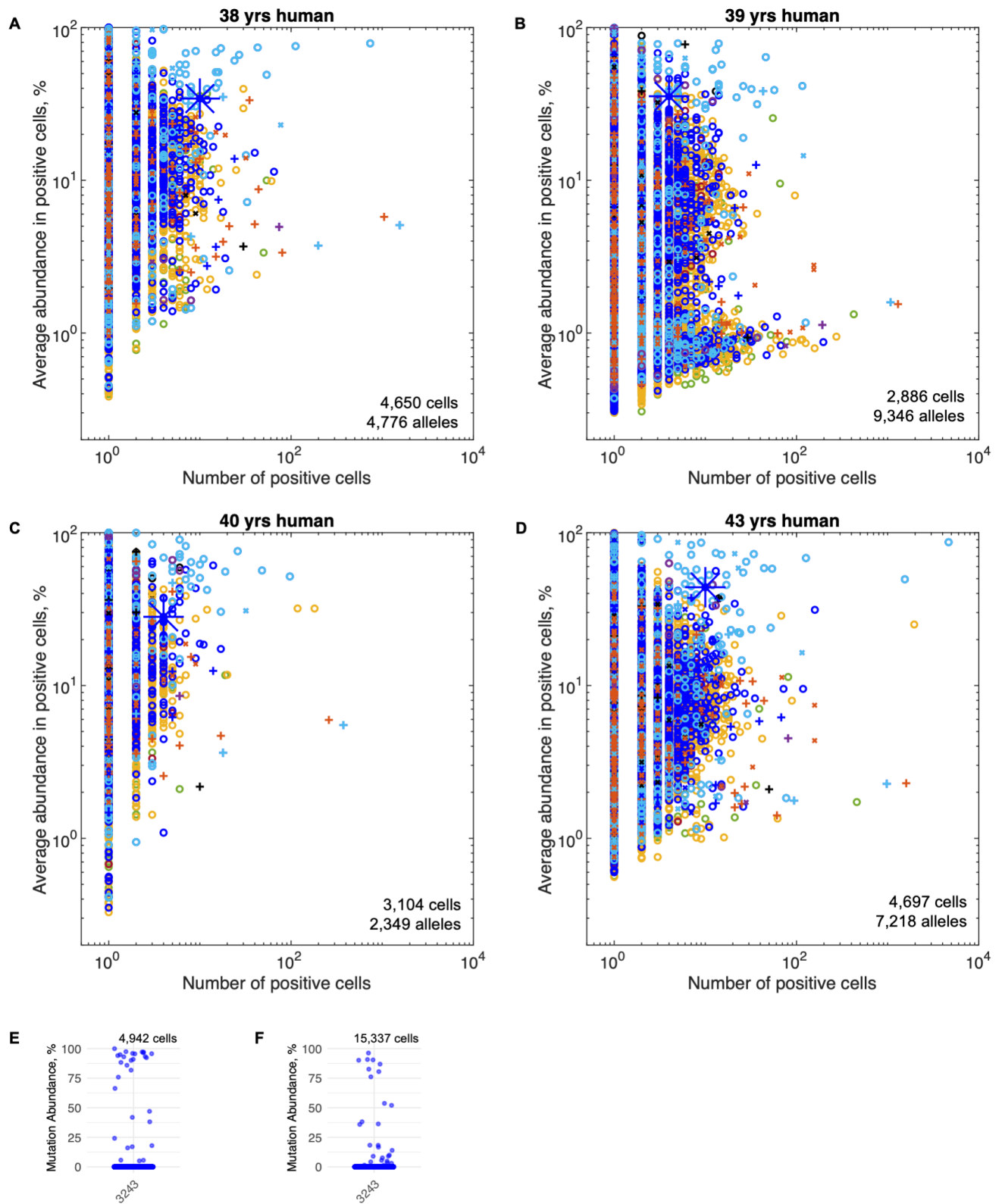


Figure S7. mtDNA mutation spectrums of middle-aged human livers, related to Figure 7.
 (A-D) AAA vs #C plots for liver cells from middle-aged humans. 3243A>G allele colocalizes with NRC driver alleles and is marked by large blue *. The difference in number of alleles with low AAA among samples is due to difference in coverage.
 (E) Abundance distribution of 3243A>G mutation in liver cells of 41-year-old human presented in Figure 7.
 (F) Abundance distribution of 3243A>G mutation in liver cells of four near 40-year-old humans presented in (A-D).