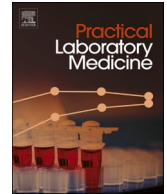




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# Quantitative real-time PCR and magnetic separation strategy for specific detection of group B streptococcus in perinatal Women's urine

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## ARTICLE INFO

## Keywords:

Group B streptococcus

Real-time PCR

Magnetic separation

## ABSTRACT

**Introduction:** Group B streptococcus (GBS) often causes adverse outcomes such as urinary system infection, intrauterine infection, premature birth, and stillbirth in perinatal women. Perinatal screening of GBS is conducive to guiding clinical scientific intervention and improving delivery outcomes. This study quantitative real-time PCR (RT-qPCR) combined with magnetic separation was used for GBS detection.

**Materials and methods:** Sample pre-treatment in this study involved the utilization of magnetic separation (MS) technology, aiming to expedite the detection process and enhance detection sensitivity, and the *cfb* gene of group B streptococcus was used as the target gene to establish quantitative real-time PCR (RT-qPCR) to detect group B streptococcus.

**Results:** It was found that penicillin-functionalized magnetic beads had a good ability to enrich and capture group B Streptococcus. The findings revealed an exceptional detection sensitivity, with the ability to detect B streptococcus in urine samples at levels as low as  $10^2$  CFU/mL.

**Conclusions:** The utilization of MS technology in conjunction with the RT-qPCR (MS-RT-qPCR) assay, as demonstrated in this study, offers a viable approach for prenatal screening of group B streptococcus among perinatal women.

## 1. Introduction

Group B streptococcus (GBS) represents a common gram-positive coccus that usually asymptotically colonizes the human digestive tract and the female urogenital tract, generally does not cause clinical symptoms, and is a normal part of its microbiome. However, in perinatal women, GBS with a fixed value can cause adverse outcomes such as urinary system infection, intrauterine infection, premature delivery, and stillbirth, or vertical transmission through the birth canal, resulting in early-onset group B Streptococcus infection (EOGBS). The clinical manifestations are sepsis, pneumonia, meningitis, etc., and the morbidity and mortality are high [1,2].

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<https://doi.org/10.1016/j.plabm.2023.e00348>

Received 9 August 2023; Received in revised form 6 December 2023; Accepted 7 December 2023

Available online 27 December 2023

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Therefore, there is a need to develop a fast and highly sensitive screening method for GBS in perinatal women.

Currently, methods for GBS detection primarily encompass traditional isolation and culture techniques, immunological approaches, as well as molecular biology methodologies. The traditional separation culture technique does not necessitate sophisticated experimental equipment or specialized facilities, but the positive detection rate is not high, and it is time-consuming and laborious [3]. Immunological methods are prone to cross-contamination and false negatives [4]. In contrast, molecular biological detection has the characteristics of high sensitivity and short time, among which polymerase chain reaction (PCR) is extensively employed for pathogenic bacteria detection. The quantitative real-time PCR (RT-qPCR) used in this study shortened the detection time and improved the detection efficiency compared with the traditional culture approach [3–6].

The target genes detected by GBS include 16sRNA, cfb, scpb, cps and Sip genes et al. [7–9], among which cfb gene is responsible for encoding the specific hemolytic pathogenic substance CAMP factor. The results of Mousavi, S. M. et al. [8] and Sarah Shabayek et al. [10] showed that cfb gene had good specificity and was more suitable for the detection of GBS.

The concentration of GBS in some hospital samples was found to be considerably low, likely influenced by the complex matrix. Consequently, some researchers considered utilizing broth enrichment before conducting real-time PCR to address this issue [11]. The pretreatment of pathogen detection often involves the extensive application of Magnetic separation (MS) technology, which enables an effective detection of bacteria at low concentrations in the samples [12,13]. Penicillin (Pen), a widely utilized  $\beta$ -lactam antibiotic, exhibits an affinity for penicillin-binding proteins (PBPs) located within the cell wall of the majority of Gram-positive bacteria [14]. Compared to antibodies, Penicillin is more cost-effective and simpler to store [15,16]. Wang et al. [17] developed a magnetic nanomaterial, Fe<sub>3</sub>O<sub>4</sub>@Ag@Van, which was utilized in conjunction with SERS technology. The integration of enrichment and separation steps permits the efficient capture and detection of the desired bacteria. The enrichment of bacteria from complex samples involved the use of penicillin as the recognition molecule.

MS technology combined with RT-qPCR was employed to detect GBS in the urine of perinatal pregnant women. Initially, the samples were subjected to GBS isolation using Penicillin-modified magnetic nanomaterials. Subsequently, the RT-qPCR system was established using the cfb gene with high specificity. The method from this study could serve as a sturdy framework for accurately detecting GBS samples containing a scant amount of bacteria in the future.

## 2. Materials and Methods

### 2.1. Strains and culture conditions

These bacterial variants are enumerated in Table 2. RT-qPCR system was established with GBS (ATCC 13813) strain. Strains were meticulously introduced into Luria Bertani (LB) medium for culture (37 °C, 144×g). Bacterial concentration was assessed by the Columbia blood agar culture counting method following a series of gradient dilutions of bacterial cultures (PBS, pH 7.4, 0.01 M).

### 2.2. Reagents and materials

Acquisition of Carboxylated magnetic beads (10 mg/mL, 180 nm) was sourced from Shanghai Allrun Nano Science & Technology Co. Ltd. Sigma Aldrich Chemical Co (St. Louis, U.S.A.) served as the supplier of N-Hydroxysulfosuccinimide sodium salt (NHSS) and 1-(3-(dimethylamino) propyl)-3-ethylcarbodiimide hydrochloride (EDC). Penicillin was bought from Shanghai Aladdin Industrial Corporation. Besides, LB medium was obtained from Beijing Land Bridge Technology Co. Ltd. Columbia blood agar plates were supplied by Zhengzhou Autobio Biotechnology Co. Ltd. A solution of 0.01 M PBS (0.137 mM NaCl, 2.7 mM KCl, 10 mM Na<sub>2</sub>HPO<sub>4</sub>, 2 mM KH<sub>2</sub>PO<sub>4</sub>, pH 7.4), was provided by Beijing Solarbio Science & Technology Co. Ltd. The Department of Clinical Laboratory, Jiangxi Maternal and Child Health Hospital, Nanchang, China was the provider of urine samples.

### 2.3. Synthesis of penicillin functionalized magnetic beads (Pen-MBs)

Pen-MBs synthesis followed the methodology outlined by Meng [15]. Initially, 1 mg MB of magnetic beads were washed thrice with PBS (0.01 M, pH = 7.4). Subsequently, the magnetic beads were subjected to the addition of a mixture comprising 0.29 mg EDC and 0.325 mg NHSS in sterilized PBS and activated on an HS-3 vertical mixer (Zhejiang Ningbo Biotechnology Co., Ltd.) for 1 h. After activation, 0.65 mg of Pen was gradually introduced into the MBs solution, and gently mixed with oscillations, followed by coupling for 4 h. The Pen-MBs and GBS@Pen-MBs complexes underwent SEM for characterization (JEOL Ltd., Tokyo, Japan, JSM-6701F).

### 2.4. Target bacteria separation

The solution (1 mL) was subjected to centrifugation at 9600×g for 5 min, followed by two washes and re-suspension in sterile PBS (1 mL). Subsequently, the GBS concentrations in the target bacterial solution were adjusted by diluting with PBS buffer, from 10<sup>6</sup> to 10<sup>1</sup> CFU/mL. Accordingly, Pen-MBs (100  $\mu$ L) were mixed with sterile PBS (800  $\mu$ L), with the bacterial solution added (100  $\mu$ L). The entire mixture was incubated at 37 °C and 144×g for 45 min. After the incubation, an external magnetic field was applied for 6 min to separate the components. The captured bacteria were then counted, with the capture efficiency (CE) determined using the formula:

$$CE (\%) = [N1/(N1 + N2)] \times 100\%$$

In the context of this study, N1 corresponds to the population of bacteria captured, while N2 denotes the population of bacteria remained uncaptured.

### 2.5. Extraction of DNA

GBS@Pen-MBs complex was initially re-suspended in 100  $\mu\text{L}$  of sterile PBS, Then the DNA templates were extracted using Smart32 nucleic acid extraction instruments (Guangzhou Daan Gene Co., Ltd., China).

### 2.6. RT-qPCR assay

In this study, we designed a set of primers (shown in Table 1) and established the RT-qPCR system by optimizing the reaction conditions. In the RT-qPCR system, the overall volume amounted to 25  $\mu\text{L}$ , including 2  $\mu\text{L}$  Taq enzyme and UDG enzyme mixture, 18  $\mu\text{L}$  GBS nucleic acid amplification reaction solution (trimethylol aminomethane, potassium chloride, magnesium chloride, nucleotide primer mixture, probe), and 5  $\mu\text{L}$  target genomic DNA. The RT-qPCR was performed with the following procedures: enzyme treatment at 37  $^{\circ}\text{C}$  for 5 min, pre-denaturation at 95  $^{\circ}\text{C}$  for 5 min, then 40 cycles at 95  $^{\circ}\text{C}$  for 10S and 55  $^{\circ}\text{C}$  for 40S, and fluorescence was detected at 55  $^{\circ}\text{C}$ . The threshold line was 0.08, Positive reactions were defined as a cycle threshold (CT)  $\leq 35$ , CT  $> 35$  was judged to be negative. Plasmids containing the *cfb* gene fragment were used as positive controls, and sterile water treated with diethyl pyrocarbonate was used as a negative control. RT-qPCR was done on a SLAN-96S PCR system (Shanghai Hongshi Medical Technology Co., Ltd., China) for the amplification.

### 2.7. LOD of MS-RT-qPCR assay

To appraise the efficacy of the MS-RT-qPCR method in detecting the target bacteria, we conducted experiments using selected non-target bacteria (as listed in Table 2). Bacterial solutions, from  $10^6$  to  $10^1$  CFU/mL, were utilized to ascertain the detection limit in pure culture. Then, 100  $\mu\text{L}$  of Pen-MBS was combined with 800  $\mu\text{L}$  of sterile PBS, followed by adding the bacterial solution (100  $\mu\text{L}$ ). Notably, the mixture was then incubated for 45 min at 37  $^{\circ}\text{C}$ , 144 $\times$ g, after which MS technology was applied for 6 min. Subsequently, GBS@Pen-MBs were accordingly redissolved in sterile PBS (100  $\mu\text{L}$ ). RT-qPCR was subjected to DNA extraction.

### 2.8. GBS detection in urine samples

A total of 100  $\mu\text{L}$  bacterial solution, with concentrations from  $10^7$  to  $10^2$  CFU/mL was introduced into 900  $\mu\text{L}$  of urine to obtain urine samples containing GBS concentrations from  $10^6$  to  $10^1$  CFU/mL. Immediately DNA extraction was carried out, and RT-qPCR was performed. For the Pen-MBs functionalization process 100  $\mu\text{L}$  of Pen-MBs and 100  $\mu\text{L}$  of bacterial solution were instantly mixed with 800  $\mu\text{L}$  urine samples, and instantly incubated (37  $^{\circ}\text{C}$ , 144 $\times$ g) for 45 min, then a 6-min application of the MS technology. Resuspended in 100  $\mu\text{L}$  of sterile PBS after incubation, the GBS@Penn-MBs underwent RT-qPCR as described above.

## 3. Results

### 3.1. GBS detection

The mechanism is depicted in Fig. S1. To start with, Pen-MBs were synthesized following the aforementioned procedure. Pen is a widely used  $\beta$ -lactam antibiotic that exhibits affinity for penicillin-binding proteins (PBPs) present in the cell walls of numerous Gram-positive bacteria, thereby enabling specific recognition of GBS. Consequently, the application of MS technology allowed for the effective isolation of GBS from the matrix. Subsequently, DNA templates were extracted and RT-qPCR system was established. The resulting RT-qPCR amplification curve was thoroughly analyzed.

### 3.2. Characterization of Pen-MBS

Scanning electron microscopy (SEM) was employed to validate the morphologies of MBs, Pen-MBs, GBS and GBS@Pen-MBs. The SEM images illustrated in Fig. 1, clearly confirm the efficient binding of Pen-MBs with GBS cell walls. The observed outcomes unequivocally demonstrate the effective capture of GBS by Pen-MBs.

**Table 1**  
Primers and probes.

Primer name	Sequence (5'-3')
Upstream primer	GATTGGGATAACTAAGCT
Downstream primer	TTACATCGTTAACTTGAGCT
Probe	CGCAITTTAGATCCATTTGCTTC

**Table 2**  
Target and non-target bacteria strains and RT-qPCR results.

Bacteria strains	ID	Source	mPCR positive for cfb
<i>Bacillus cereus</i>	14579	ATCC <sup>a</sup>	–
<i>Cronobacter sakazakii</i>	45401	CMCC <sup>b</sup>	–
	45402	CMCC	–
	21564	CICC <sup>c</sup>	–
	21545	CICC	–
<i>Shigella flexner</i>	25931	ATCC	–
<i>Salmonella typhimurium</i>	13311	ATCC	–
<i>Salmonella paratyphi A</i>	9150	ATCC	–
<i>Salmonella paratyphi B</i>	40001	JX-CDC <sup>d</sup>	–
<i>Listeria monocytogenes</i>	13932	ATCC	–
	54001	CMCC	–
	54007	CMCC	–
<i>Pseudomonas aeruginosa</i>	10104	CMCC	–
<i>Escherichia coli</i> O157:H7	43888	ATCC	–
	44102	CMCC	–
	44828	CMCC	–
<i>Staphylococcus aureus</i>	26001	CMCC	–
	26002	CMCC	–
	26003	CMCC	–
<i>Streptococcus pneumoniae</i>	31001	CMCC	–
Group B <i>Streptococcus</i>	13813	ATCC	+

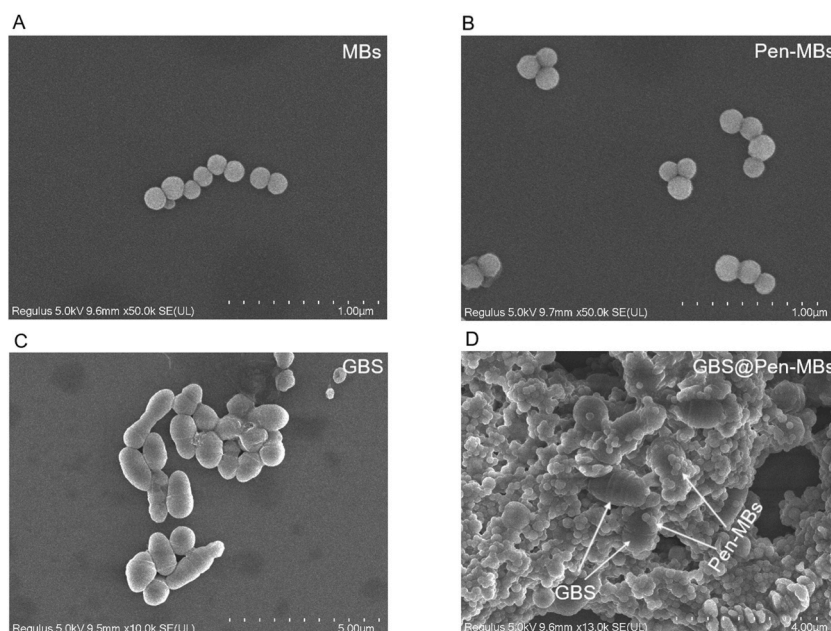
Result (±) indicates positive and negative sig.

<sup>a</sup> ATCC, American Type Culture Collection, USA.

<sup>b</sup> CMCC, China Medical Culture Collection, China.

<sup>c</sup> CICC, China Center of Industrial Culture Collection, China.

<sup>d</sup> JX-CDC, Jiang Xi Province Center for Disease Control and Prevention, China.



**Fig. 1.** SEM micrograph of MBs, Pen-MBs, GBS, and GBS@Pen-MBs complex.

### 3.3. Pen-MBs potential on GBS

The CE of GBS capture by Pen-MBs was analyzed at different GBS concentrations in both PBS solutions and spiked samples. Fig. 2 illustrates that Pen-MBs demonstrated a remarkable CE of over 90 % for GBS in the PBS concentration spanning from  $10^1$  to  $10^6$  CFU/mL. To investigate the CE on GBS in spiked samples, various density of GBS were employed to determine the CE. In spiked urine samples, CE values consistently exceeded 90 % across the concentration range of  $10^1$ – $10^6$  CFU/mL. It may be due to the unique chain bacterial morphology of Streptococcus, which makes GBS easily trapped by Pen binding and CE high.

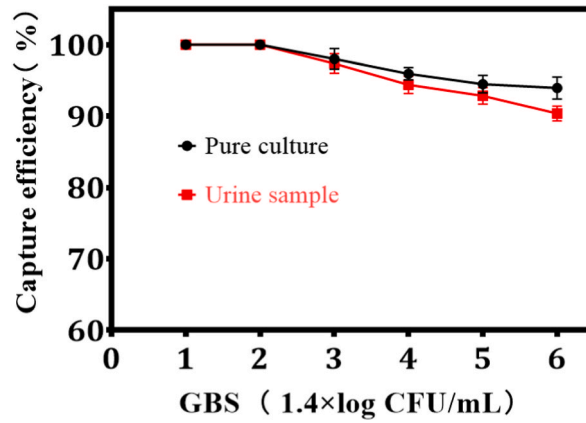


Fig. 2. The efficiency of Pen-MBs in capturing and binding GBS in urine samples and pure culture.

### 3.4. LOD of MS-RT-qPCR assay

We assessed the limit of detection (LOD) in unmixed bacterial cultures for the MS-RT-qPCR by serially diluting the bacterial solution of concern from  $10^1$  to  $10^6$  CFU/mL. Based on the results depicted in Fig. 3B, the LOD in pure culture was determined to be  $10^2$  CFU/mL. Furthermore, we conducted a comparison of the LOD between MS-RT-qPCR and RT-qPCR. As depicted in Fig. 3A, the LOD for GBS without MS technology was limited to  $10^4$  CFU/mL. MS technology results in a more sensitive detection approach as per our proposal.

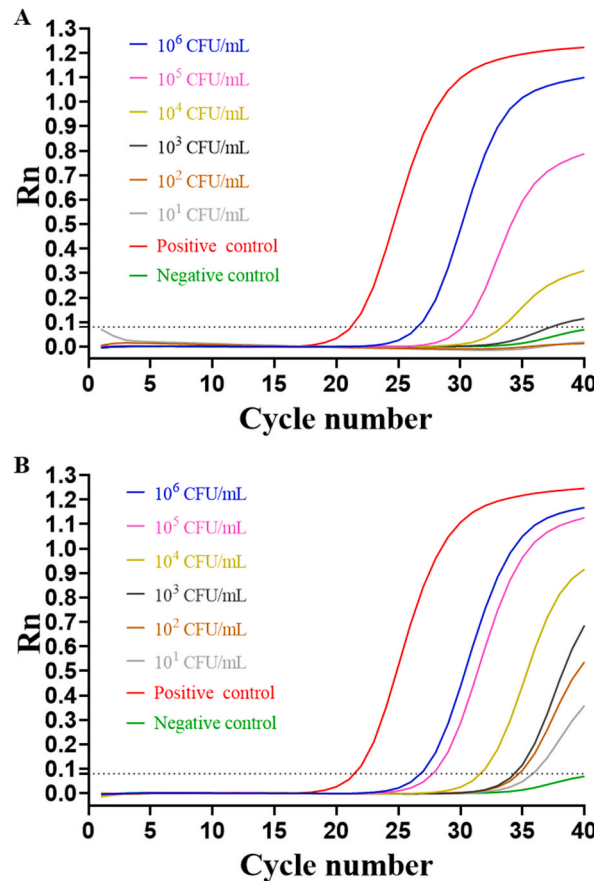


Fig. 3. GBS Detection by RT-qPCR and MS-RT-qPCR in pure culture. A, the LOD of GBS by RT-qPCR. B, the LOD of GBS by MS-RT-qPCR. Positive reactions were defined as  $CT \leq 35$ .

### 3.5. Sensitivity threshold of the MS-RT-qPCR assay for urine sample analysis

The feasibility of the developed MS-RT-qPCR technique was assessed using urine samples inoculated with GBS. As denoted in Fig. 4B, the limit for detecting GBS in urine was  $10^2$  CFU/mL. In contrast to the MS-RT-qPCR, the LOD of GBS without MS was only  $10^4$  CFU/mL in urine samples. As shown in Fig. 4A.

## 4. Discussion

GBS, or *Streptococcus agalactiae*, is a gram-positive coccus that commonly exhibits parasitic characteristics in the vagina and rectal regions. It is a concomitant anaerobic opportunistic pathogen, and the primary pathogen causing invasive infections such as neonatal sepsis and meningitis. It can cause adverse pregnancy outcomes such as late abortion, fetal growth restriction, premature rupture of membranes, and premature delivery during pregnancy [18]. The 2010 CDC guidelines [19] recommend that universal GBS screening for all pregnant women is advocated, irrespective of the presence of early-onset GBS risk factors, which greatly reduces the risk of perinatal GBS infection, especially preterm GBS infection. China's "Guidelines for Pre-Pregnancy and Pregnancy Care" [20] released in 2018 included GBS screening for pregnant women at 35–37 weeks in the third trimester as a reference item for prenatal check-ups. Therefore, the establishment of a rapid and highly sensitive methodology to detect for GBS in perinatal women becomes imperative.

Due to its exceptional sensitivity and specificity, PCR technology has become ubiquitous in the detection of pathogenic bacteria. Quantitative Real-time PCR (RT-qPCR) stands out as a valuable approach that involves monitoring the total product accumulation after each PCR cycle through fluorescence-based chemistry. This technique enables precise quantification of DNA amplification [21]. At present, 16sRNA, *cfb*, *scpb*, *cps*, and *Sip* genes et al. are used as target genes for GBS detection [7–9]. The 16sRNA gene sequence is known as the "living fossil" of bacteria and is the gold standard for bacterial classification and identification, and there are a large number of homologous conserved regions in its sequence [22]. The positive amplification needs to be confirmed by sequencing, which requires higher primers design [23]. *cfb* gene encoding CAMP factor and *scpb* gene encoding C5a peptidase are two target genes that have been Researched more recently. In some reports, the positive rate of 16sRNA, *cfb* and *scpb* gene was 19.70 %, 17.24 % and 8.87 %, respectively [8]. Therefore, we have designed primers and probes that target the conserved region of the *cfb* gene coding sequence in GBS, which can be detected using fluorescently labeled GBS-specific probes.

In previous reports, For PCR analysis, Broth was used to enrich the GBS, which was generally requires more than 18 h [24]. To enhance the detection sensitivity, we have synergistically integrated RT-qPCR with MS technology for GBS detection. MS technology, as an efficient and convenient pretreatment method, facilitates the selective enrichment of the target bacteria, thus effectively reducing the overall reaction time required for experiments [25]. Moreover, MS technology offers the advantage of mitigating sample matrix interference, thus enhancing the experimental accuracy [26]. In this study, GBS was isolated and enriched using a synthetic Pen-MBs magnetic nanomaterial, and prior to DNA extraction, the method exhibited improved detection sensitivity. LOD could reach  $10^2$  CFU/mL within 3 h in this study. Based on the experimental findings, the MS-RT-qPCR established in this work demonstrates exceptional proficiency in the detection of GBS.

In conclusion, our study successfully establishes a highly specific and accurate MS-RT-qPCR method for detecting GBS in spiked urine samples. The detection limit achieved for GBS in urine samples using the MS-RT-qPCR is as low as  $10^2$  CFU/mL. Therefore, the MS-RT-qPCR method, characterized by its high sensitivity, accuracy and rapidity, holds immense promise for GBS screening in perinatal women.

## 5. Conclusions

This study introduces a novel MS-RT-qPCR technique for the detection of GBS. The primer design ensures the specificity and MS technology effectively lessens the influence of matrix or non-target bacterial interference in this method. The approach demonstrates robust isolation of GBS from urine samples artificially spiked with the pathogen, the detection sensitivity of RT-qPCR was improved. The refined assay demonstrated remarkable sensitivity, capable of detecting as low as  $10^2$  CFU/mL in spiked urine samples. Hence, the developed MS-RT-qPCR method emerges as an invaluable diagnostic tool for GBS screening in perinatal women.

## Funding

This research was funded by the National Natural Youth Science Foundation of China (grant number 82102411, 82200194, 82260403); the Project of Science and Technology Innovation Talents in Jiangxi (grant number JSXQ2019201102); the Clinical Research Nurture Project of the First Affiliated Hospital of Nanchang University (grant number YFYLYCYPY202001, YFYPY202201)

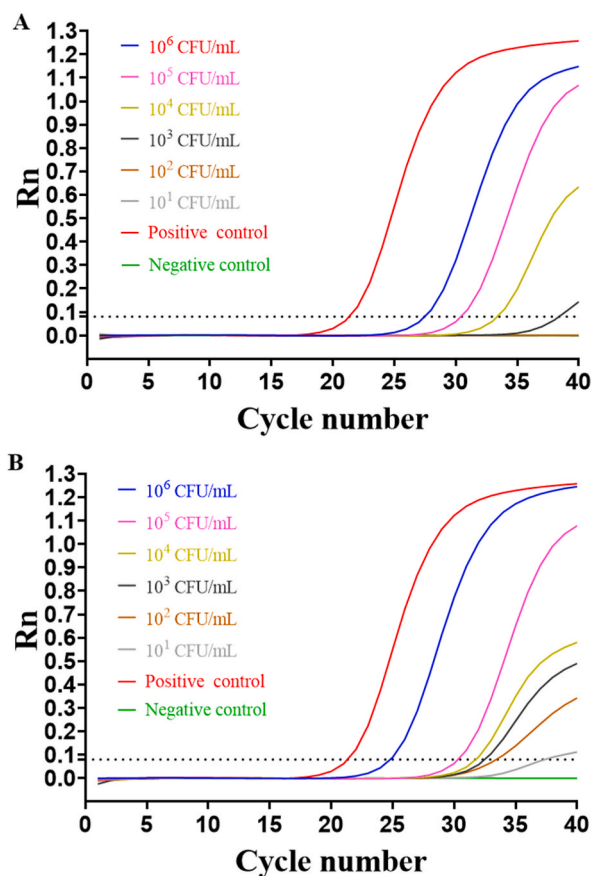
## Ethical statement

Not applicable.

## CRedit authorship contribution statement

**Xu Tang:** Conceptualization, Formal analysis, Methodology, Writing – original draft, Writing – review & editing. **Lin-Ping Fan:** Data curation, Formal analysis, Investigation, Software. **Yang Liu:** Funding acquisition, Project administration, Supervision,





**Fig. 4.** GBS detection by RT-qPCR and MS-RT-qPCR in spiked urine samples. A, the LOD of GBS by RT-qPCR. B, the LOD of GBS by MS-RT-qPCR. Positive reactions were defined as  $CT \leq 35$ .

Validation, Visualization.

#### Declaration of competing interest

The authors declared no potential conflicts of interest with respect to the research, author-ship, and/or publication of this article.

#### Data availability

No data was used for the research described in the article.

#### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.plabm.2023.e00348>.

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