

# Single-nucleotide polymorphisms of *MMP2* in *MMP/TIMP* pathways associated with the risk of alcohol-induced osteonecrosis of the femoral head in Chinese males

## A case–control study

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### Abstract

The proportion of alcohol-induced osteonecrosis of the femoral head (ONFH) in all ONFH patients was 30.7%, with males prevailing among the ONFH patients in mainland China (70.1%). Matrix metalloproteinase 2 (*MMP2*), a member of the *MMP* gene family, encodes the enzyme MMP2, which can promote osteoclast migration, attachment, and bone matrix degradation. In this case–control study, we aimed to investigate the association between *MMP2* and the alcohol-induced ONFH in Chinese males.

In total, 299 patients with alcohol-induced ONFH and 396 healthy controls were recruited for a case–control association study. Five single-nucleotide polymorphisms within the *MMP2* locus were genotyped and examined for their correlation with the risk of alcohol-induced ONFH and treatment response using Pearson  $\chi^2$  test and unconditional logistic regression analysis. We identified 3 risk alleles for carriers: the allele “T” of rs243849 increased the risk of alcohol-induced ONFH in the allele model, the log-additive model without adjustment, and the log-additive model with adjustment for age. Conversely, the genotypes “CC” in rs7201 and “CC” in rs243832 decreased the risk of alcohol-induced ONFH, as revealed by the recessive model. After the Bonferroni multiple adjustment, no significant association was found. Furthermore, the haplotype analysis showed that the “TT” haplotype of *MMP2* was more frequent among patients with alcohol-induced ONFH by unconditional logistic regression analysis adjusted for age.

In conclusion, there may be an association between *MMP2* and the risk of alcohol-induced ONFH in North-Chinese males. However, studies on larger populations are needed to confirm this hypothesis; these data may provide a theoretical foundation for future studies.

**Abbreviations:** CIs = confidence intervals, HWE = Hardy–Weinberg equilibrium, LD = linkage disequilibrium, MMP = matrix metalloproteinase, ONFH = osteonecrosis of the femoral head, OR = odds ratios, SNP = single-nucleotide polymorphism, TIMP = tissue inhibitor of matrix metalloproteinases.

**Keywords:** alcohol-induced osteonecrosis of the femoral head, Chinese males, *MMP2*, single-nucleotide polymorphism

## 1. Introduction

Osteonecrosis of the femoral head (ONFH) is an intractable and complex orthopedic condition that is characterized by osteocyte

apoptosis and deterioration and collapse of the bone structure of the femoral head, which ultimately lead to femoral head ischemia and death.<sup>[1–3]</sup> Study has reported that the following revision is an outstanding problem in the ONFH treatment procedure.<sup>[4]</sup> Two types of ONFH exist: the traumatic and nontraumatic type.

Alcohol-induced ONFH is a type of nontraumatic ONFH caused by chronic and excessive alcohol consumption. The incidence of this condition is increasing in China; data show that males dominate with a 70.1% in mainland China, and that the proportion of alcohol-induced ONFH among all ONFH patients is 30.7%.<sup>[5]</sup> One previous study reported that when alcohol intake was higher than 400 mL/wk, there was a clear increase in the risk of ONFH.<sup>[6]</sup> Several pathogenic mechanisms associated with the risk of alcohol-induced ONFH include environmental factors, alcohol intake, dyslipidemia, blood coagulation disorders, and ossification dysfunction of mesenchymal stem cells; however, the exact pathogenesis of this condition is still controversial and unclear. Genetic researches have offered the potential insight into the occurrence and development of alcohol-induced ONFH. Zhang et al<sup>[7]</sup> confirmed the association between *ABCB1* polymorphism and increased ONFH risk. In addition, the association of ONFH with angiogenesis- and hypoxia-related gene polymorphisms, such as *IGFBP3*, *VEGFC*, and *ACE*, has been confirmed<sup>[8]</sup>. Recent studies suggest that *MMP2* may play a

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**Table 1****Characteristics of the male individuals in controls and alcohol-induced ONFH patients.**

	Group	N	Mean	Std. deviation	Mean ± SD	P
Age	Case	299	43.24	13.07	43.24 ± 13.07	P < 0.001*
	Control	396	47.62	10.28	47.62 ± 10.28	

The P value was calculated by Welch t test.

\* P < 0.05 indicates statistical significance.

key role in the process of bone metabolism and influence the proliferation and/or differentiation of bone marrow stem cells in bone and joint diseases.<sup>[9,10]</sup>

MMP2 is a member of the MMP gene family, which encodes zinc-dependent enzymes capable of cleaving components of the extracellular matrix and molecules involved in signal transduction. The MMP/tissue inhibitor of MMP (MMP/TIMP) pathway has also been found to impact human bone metabolism,<sup>[11]</sup> while polymorphisms of several genes in the pathway have been related to orthopedic diseases.<sup>[12–14]</sup> Some single-nucleotide polymorphisms (SNPs) in MMP2 have been associated with several diseases: for example, rs1053605 is associated with stroke outcome,<sup>[15]</sup> but not with abdominal aortic aneurysm<sup>[16]</sup>; rs243849 is related to ischemic stroke outcome<sup>[15]</sup>; the rs243847 variant may increase intracranial aneurysms in Japanese male patients<sup>[17]</sup>; 2 SNPs, rs243832 and rs7201, that have a strong linkage disequilibrium (LD), have been associated with endometriosis.<sup>[18]</sup> However, whether these 5 MMP2 SNPs are associated with alcohol-induced ONFH is still unknown. Therefore, in this case–control study, we aimed to investigate whether the genetic aspect of MMP2 had a protective or risk-increasing nature in the context of alcohol-induced ONFH in Chinese males.

## 2. Methods

### 2.1. Ethics committee statement

This case–control study was performed in compliance with the principles of the Declaration of Helsinki of the World Medical Association and obtained the permission from the Ethics Committee of Xi'an Hong-Hui Hospital, Xi'an Jiaotong University, and Northwest University. All of the participants

were informed of the case–control study, and their consents were obtained.

### 2.2. Research subjects

This case–control study was conducted in Xi'an Hong-Hui Hospital, and a total of 695 males pathologically confirmed alcohol-induced ONFH patients were enrolled from September 2014 to January 2016, including 299 patients and 396 healthy controls. ONFH was diagnosed by clinical examination and radiographic analysis. Patients underwent anteroposterior and frog view X-ray tests; magnetic resonance imaging was needed to further confirm the ONFH in cases when the patients had no changes observable by X-ray. According to Lee et al<sup>[19]</sup>, alcohol-induced ONFH patients were those who consumed more than 400 mL of pure ethanol per week. Some patients were excluded from the study for reasons such as disagreeing with the study, consumption of drugs that have an effect on the patients' liver function and lipid metabolism, not meeting the diagnostic criteria of alcohol-induced ONFH, and suffering from chronic diseases synchronously. The person needing steroid treatment is also excluded from this case–control study. All healthy controls had never been diagnosed with alcohol-induced ONFH and were interviewed by professional interviewers for their age and alcohol exposure.

### 2.3. Genotyping

MMPs play a key role in the process of bone metabolism. A number of studies have revealed that some genes in the MMP/TIMP pathway affect the risk of ONFH. Thus, we selected 5 SNPs of the MMP2 gene based on the minor allele frequencies of more than 5% in the HapMap Chinese Han population: rs1053605, rs243849, rs243847, rs243832, and rs7201.

**Table 2**
**Summary of the basic information on candidate SNPs examined in the MMP2 gene among the cases and controls, and the odds ratio estimates for alcohol-induced ONFH.**

Gene	SNP ID	Position	Band	Alleles A/B	MAF		Role	HWE-P <sup>‡</sup>	OR (95% CI)	P <sup>‡</sup>
					Case	Control				
MMP2	rs1053605	55519607	16q12.2	T/C	0.12	0.14	Coding exon	0.84	0.87 (0.63–1.19)	0.373
MMP2	rs243849	55523705	16q12.2	T/C	0.21	0.17	Coding exon	1.00	<b>1.33 (1.02–1.75)</b>	<b>0.037<sup>‡</sup></b>
MMP2	rs243847	55523998	16q12.2	C/T	0.38	0.39	Intron	0.11	0.95 (0.76–1.18)	0.631
MMP2	rs243832	55539191	16q12.2	C/G	0.36	0.38	Intron (boundary)	0.11	0.92 (0.74–1.15)	0.482
MMP2	rs7201	55539614	16q12.2	C/A	0.22	0.25	3' UTR	0.22	0.88 (0.68–1.12)	0.298

Bonferroni multiple adjustment was applied to the level of significance, which was set at P < 0.0017 (0.05/30).

A = minor alleles, B = major alleles, CI = confidence interval, HWE = Hardy–Weinberg equilibrium, MAF = minor allele frequency, MMP2 = matrix metalloproteinase 2, OR = odds ratio, SNPs = single-nucleotide polymorphisms.

\* P values were calculated using the exact test.

† P values were calculated using the  $\chi^2$  test.

‡ P < 0.05 indicates statistical significance.

Bold values indicate a significant difference P < 0.05.

**Table 3**  
Genotypes of rs243849 and the risk of alcohol-induced ONFH were not adjusted for age.

Gene	SNP_ID	Model	Genotype	Control (%)	Case (%)	OR (95% CI)	P*	AIC	BIC
MMP2	rs243849	Codominant	C/C	275 (69.4%)	190 (63.5%)	1			
			C/T	110 (27.8%)	92 (30.8%)	1.21 (0.87–1.69)	0.084	950.9	964.6
			T/T	11 (2.8%)	17 (5.7%)	2.24 (1.02–4.88)			
		Dominant	C/C	275 (69.4%)	190 (63.5%)	1			
			C/T–T/T	121 (30.6%)	109 (36.5%)	1.30 (0.95–1.79)	0.1	951.2	960.3
		Recessive	C/C–C/T	385 (97.2%)	282 (94.3%)	1			
			T/T	11 (2.8%)	17 (5.7%)	2.11 (0.97–4.57)	0.055	950.2	959.3
		Overdominant	C/C–T/T	286 (72.2%)	207 (69.2%)	1			
			C/T	110 (27.8%)	92 (30.8%)	1.16 (0.83–1.61)	0.39	953.2	962.2
		Log-additive	–	–	–	–	<b>1.32 (1.01–1.73)</b>	<b>0.041†</b>	949.7

Bonferroni multiple adjustment was applied to the level of significance, which was set at  $P < 0.0017$  (0.05/30).

AIC = Akaike information criterion, BIC = Bayesian information criterion, CI = confidence interval, MMP2 = matrix metalloproteinase 2, OR = odds ratio, SNPs = single-nucleotide polymorphisms.

\* P values were calculated by unconditional logistic regression without adjustment.

† P < 0.05 indicates statistical significance.

Bold values indicate a significant difference  $P < 0.05$ .

Whole blood samples of each participant were extracted and placed in anticoagulant tubes. The extraction kit (GoldMag Co. Ltd., Xi'an, China) was used to isolate genomic DNA from the whole blood, and the genomic DNA concentration was then measured by spectrometry (DU530 UV/VIS spectrophotometer,

Beckman Instruments, Fullerton, CA). The DNA was subsequently stored at  $-20^{\circ}\text{C}$  until detection. According to the manufacturer agreement, the Sequenom MassARRAY<sup>®</sup> RS1000 system (Agena Bioscience Inc., San Diego, CA) was used to perform genotyping, and the Sequence MassARRAY Assay

**Table 4**  
Genotypes of dominant SNPs in the MMP2 gene and the risk of alcohol-induced ONFH adjusted for age.

Gene	SNP_ID	Model	Genotype	Control (%)	Case (%)	OR (95% CI)	P*	AIC	BIC
MMP2	rs243849	Codominant	C/C	275 (69.4%)	190 (63.5%)	1			
			C/T	110 (27.8%)	92 (30.8%)	1.28 (0.91–1.80)	0.075	928.7	946.9
			T/T	11 (2.8%)	17 (5.7%)	2.17 (0.98–4.80)			
		Dominant	C/C	275 (69.4%)	190 (63.5%)	1			
			C/T–T/T	121 (30.6%)	109 (36.5%)	1.37 (0.99–1.89)	0.059	928.3	942
		Recessive	C/C–C/T	385 (97.2%)	282 (94.3%)	1			
			T/T	11 (2.8%)	17 (5.7%)	2.01 (0.92–4.42)	0.077	928.8	942.4
		Overdominant	C/C–T/T	286 (72.2%)	207 (69.2%)	1			
			C/T	110 (27.8%)	92 (30.8%)	1.23 (0.88–1.72)	0.23	930.5	944.1
		Log-additive	–	–	–	–	<b>1.36 (1.03–1.79)</b>	<b>0.027†</b>	927
MMP2	rs243832	Codominant	G/G	159 (40.1%)	116 (38.8%)	1			
			G/C	172 (43.4%)	149 (49.8%)	1.14 (0.82–1.58)	0.086	929	947.2
			C/C	65 (16.4%)	34 (11.4%)	0.67 (0.41–1.09)			
		Dominant	G/G	159 (40.1%)	116 (38.8%)	1			
			G/C–C/C	237 (59.9%)	183 (61.2%)	1.01 (0.74–1.38)	0.97	931.9	945.5
		Recessive	G/G–G/C	331 (83.6%)	265 (88.6%)	1			
			C/C	65 (16.4%)	34 (11.4%)	<b>0.62 (0.40–0.98)</b>	<b>0.037†</b>	927.5	941.2
		Overdominant	G/G–C/C	224 (56.6%)	150 (50.2%)	1			
			G/C	172 (43.4%)	149 (49.8%)	1.26 (0.93–1.71)	0.14	929.7	943.3
		Log-additive	–	–	–	–	0.89 (0.71–1.11)	0.31	930.8
MMP2	rs7201	Codominant	A/A	228 (57.7%)	177 (59.2%)	1			
			C/A	138 (34.9%)	110 (36.8%)	1.00 (0.72–1.38)	0.11	928.6	946.7
			C/C	29 (7.3%)	12 (4%)	0.48 (0.24–0.99)			
		Dominant	A/A	228 (57.7%)	177 (59.2%)	1			
			C/A–C/C	167 (42.3%)	122 (40.8%)	0.91 (0.67–1.24)	0.55	930.6	944.3
		Recessive	A/A–C/A	366 (92.7%)	287 (96%)	1			
			C/C	29 (7.3%)	12 (4%)	<b>0.48 (0.24–0.98)</b>	<b>0.035†</b>	926.6	940.2
		Overdominant	A/A–C/C	257 (65.1%)	189 (63.2%)	1			
			C/A	138 (34.9%)	110 (36.8%)	1.07 (0.78–1.47)	0.69	930.8	944.5
		Log-additive	–	–	–	–	0.85 (0.66–1.09)	0.19	929.3

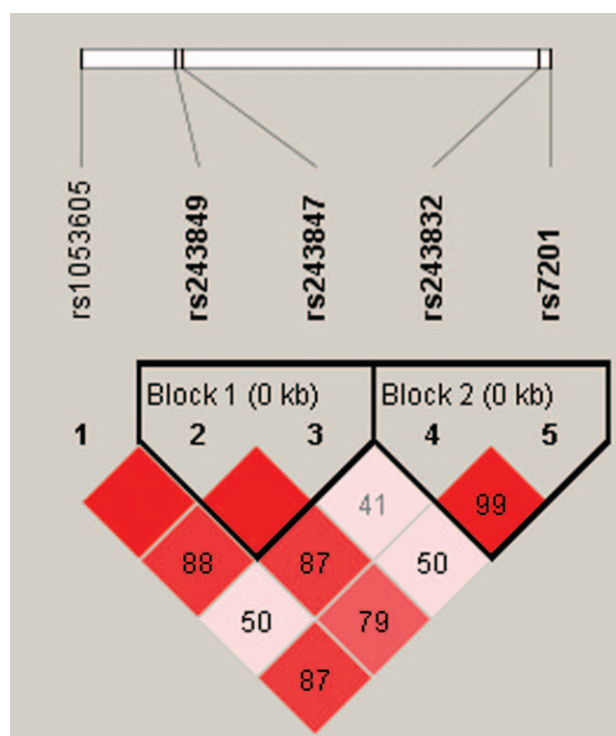
Bonferroni multiple adjustment was applied to the level of significance, which was set at  $P < 0.0017$  (0.05/30).

AIC = Akaike information criterion, BIC = Bayesian information criterion, CI = confidence interval, MMP2 = matrix metalloproteinase 2, OR = odds ratio, SNPs = single-nucleotide polymorphisms.

\* P values were calculated by unconditional logistic regression with adjustment for age.

† P < 0.05 indicates statistical significance.

Bold values indicate a significant difference  $P < 0.05$ .



**Figure 1.** Haplotype block map for part of the single-nucleotide polymorphisms (SNPs) in the *MMP2* gene. Linkage disequilibrium (LD) plots containing 5 SNPs of 16q12.2. Standard color frame is used to show LD pattern. Two blocks in the figure showed higher LD. Darker shades of red indicate higher  $D'$  and display statistically significant associations between a pair of SNPs.

Design 4.0 (Agena Bioscience Inc.) software was used to design a Multiplexed SNP mass-EXTEND assay.<sup>[20]</sup> Data analyses and management were conducted by Sequenom Typer 4.0 Software (Agena Bioscience Inc.).<sup>[21]</sup>

#### 2.4. Statistical analysis

Microsoft Excel and SPSS 16.0 (SPSS, Chicago, IL) were used to perform statistical analyses. Throughout the document,  $P$  values were 2-sided; furthermore,  $P$  values less than 0.05 were considered statistically significant. The age difference of cases and controls was calculated by Welch  $t$  tests, and the exact test was used to determine whether the SNPs departed from the Hardy–Weinberg equilibrium (HWE). The association between the minor allele and the risk of alcohol-induced ONFH was evaluated by Pearson  $\chi^2$  test. To assess the association between each genotype and the risk of alcohol-induced ONFH, 5 models were used, including the codominant, dominant, recessive, overdominant, and log-additive model. Finally, the SHEsis software platform<sup>[22]</sup> and Haploview software package (version 4.2) (Broad Institute, Cambridge, MA) were used to analyze the patterns of LD, haplotype construction, and the genetic association at polymorphic loci.<sup>[23]</sup> Odds ratios (ORs) and 95% confidence intervals (95% CIs) could show whether the frequencies between cases and controls had a significant difference. Unconditional logistic regression analysis was adjusted for age. In order to eliminate the probability of false-positive results, Bonferroni multiple adjustment was applied to the level of significance, which was set at  $P < 0.0017$  (0.05/30).

### 3. Results

In this case–control study, all participants were males. The age characteristic is presented in Table 1. We selected 695 individuals, including 299 alcohol-induced ONFH patients (age:  $43.24 \pm 13.07$ ) and 396 healthy controls (age:  $47.62 \pm 10.28$ ). A total of 5 SNPs were analyzed in the study. Gene, chromosomal position, the minor/major allele frequency, HWE test, and Pearson  $\chi^2$  test results for all the SNPs are presented in Table 2. The HWE test was used to check whether the surveyed population approached the genetic equilibrium and whether random sampling requirements were achieved.  $P > 0.05$  showed that the SNPs met the HWE, so none of the SNPs was excluded. The differences in the frequency distribution of alleles between cases and controls were compared by Pearson  $\chi^2$  test. We found that 1 significant SNP of the *MMP2* gene was associated with the risk of alcohol-induced ONFH at a level of 5% (rs243849 OR = 1.33, 95% CI = 1.02–1.75,  $P = 0.037$ ).

Next, we assumed that the minor allele of each SNP was a risk factor and analyzed the association between each variant and the risk of alcohol-induced ONFH under 5 genetic models (codominant, dominant, recessive, overdominant, and log-additive) (Tables 3 and 4). The Akaike information criterion and the Bayesian information criterion (BIC) were used to select the optimal model among candidate models, as discussed in the study by Vrieze.<sup>[24]</sup> The “T” allele of rs243849 was found to increase the risk of alcohol-induced ONFH under the log-additive model by unconditional logistic regression analysis without adjustments (OR = 1.32, 95% CI = 1.01–1.73,  $P = 0.041$ ) (Table 3). Moreover, unconditional logistic regression analysis adjusted for age was used for further analysis of the association of each SNP with the risk of alcohol-induced ONFH (Table 4). Similarly, we found that rs243849 was associated with increased odds of developing alcohol-induced ONFH in the log-additive model in the North-Chinese male population (OR = 1.36, 95% CI = 1.03–1.79,  $P = 0.027$ ). Conversely, the recessive model revealed that the genotype “CC” in rs243832 and the genotype “CC” in rs7201 decreased the risk of alcohol-induced ONFH (rs243832 OR = 0.62, 95% CI = 0.40–0.98,  $P = 0.037$ ; rs7201 OR = 0.48, 95% CI = 0.24–0.98,  $P = 0.035$ ). We did not find any statistically significant association between the risk of alcohol-induced ONFH and the loci rs1053605 and rs243847 using the 5 models. However, after Bonferroni multiple adjustment was applied to our data, no SNP in our study was significantly related to alcohol-induced ONFH.

Finally, haplotype analysis results showed that 2 blocks have the LD, rs243849–rs243847 and rs243832–rs7201, and the  $D'$  values were 1 and 0.99, respectively (Fig. 1). The haplotype “TT” of the rs243849 and rs243847 block was found to be associated with an increased risk of alcohol-induced ONFH by Pearson  $\chi^2$  test ( $P < 0.05$ ) (Table 5). Furthermore, under unconditional logistic regression analysis adjusted for age, the “TT” haplotype equally augmented the risk (OR = 1.41, 95% CI = 1.04–1.90,  $P = 0.028$ ). However, no significant haplotype was identified in the rs243832–rs7201 block.

### 4. Discussion and conclusion

Epidemiologic studies found that SNPs in several genes might be associated with patients' susceptibility to orthopedic diseases,<sup>[25,26]</sup> including alcohol-induced ONFH.<sup>[27]</sup> Investigation of the relationship between different genes and diseases can improve the treatment, prevention, and prognosis. Furthermore,



**Table 5****MMP2 haplotype frequencies and their association with alcohol-induced ONFH among the cases and controls adjusted for age.**

SNPs	Haplotype	Freq (case)	Freq (control)	<i>P</i> <sup>*</sup>	OR (95% CI)	<i>P</i> <sup>†</sup>
rs243849 rs243847	CT	0.408	0.439	–	1.000	–
	CC	0.381	0.394	0.650	1.06 (0.84–1.35)	0.600
	TT	0.211	0.167	0.042 <sup>‡</sup>	<b>1.41 (1.04–1.90)</b>	<b>0.028<sup>‡</sup></b>
rs243832 rs7201	GA	0.637	0.618	–	1.000	–
	CC	0.224	0.248	0.340	0.85 (0.65–1.10)	0.210
	CA	0.139	0.135	0.980	0.97 (0.71–1.34)	0.870

CI = confidence interval, OR = odds ratio, SNPs = single-nucleotide polymorphisms.

<sup>\*</sup> *P* values were calculated by Pearson  $\chi^2$  test.<sup>†</sup> *P* values were calculated by unconditional logistic regression adjustment for age.<sup>‡</sup> *P* < 0.05 indicates statistical significance.Bold values indicate a significant difference *P* < 0.05.

several genetic markers for alcohol-induced ONFH had already been found.<sup>[27,28]</sup> In our study, we identified the association of 5 SNPs in the *MMP2* gene with the risk of alcohol-induced ONFH in the male Chinese Han population from the area of Shanxi. Our result showed that *MMP2*, found on chromosome 16, might be associated with the risk of alcohol-induced ONFH. The haplotype “TT” was associated with a 1.41-fold increase in the risk of alcohol-induced ONFH.

Alcohol-induced ONFH is a serious and complex condition characterized by the apoptosis of osteocytes and an imbalance in bone metabolism, caused by a disruption in the dynamic equilibrium of bone formation and breakdown and in the prosoplasia of bone marrow stromal cells.<sup>[3,29]</sup> Patients present with pain and limited hip-joint movement, caused by bone trabecula breakage and collapse of the subchondral bone, or with abnormal lipid metabolism and intravascular coagulation, which result in necrosis of the femoral head.<sup>[30,31]</sup> Some studies report that normal repair mechanisms might be disrupted after bone death, and the repair process probably takes place in the form of bone remodeling coupled with bone resorption and bone formation.<sup>[32]</sup> Generally, cellular responses in the physiologic cycle of bone remodeling involve a series of highly regulated steps, containing “resting,” “activation,” “resorption,” “reversal,” and “formation” phases.<sup>[33]</sup> Both osteoblasts and osteoclasts are the primary functional cells involved in the process of bone remodeling. Osteoclasts attach to the mineralized bone surface and initiate bone resorption by secreting hydrogen ions and by digesting bone collagen. Afterward, osteoblasts migrate to the bone resorption site and secrete bone matrix, which then mineralizes and forms new bone. The balance of the bone remodeling process plays a key role in maintaining normal bone mass.

MMPs are not only directly involved in bone matrix degradation but can also promote osteoclast migration and attachment. In fact, it has been demonstrated that osteoblasts have the ability to secrete MMPs.<sup>[34,35]</sup> MMPs are maintained at a normal level under the regulation of a variety of factors. During inflammation, MMPs regulate the differentiation of osteoblasts and bone resorption by osteoclasts to complete the repair of the necrotic bone. Moreover, it has been suggested that *MMP2*, which is encoded by the *MMP2* gene located in 16q12.2, contributes to bone remodeling.<sup>[36]</sup> According to Keiichi Inoue, it plays a crucial role in forming and maintaining the osteocyte canalicular network, whose formation is a determining factor of bone remodeling and mineralization.<sup>[37,38]</sup> A report suggested that the abnormal expression of *MMP2* causes osteolysis.<sup>[39]</sup> The

upregulation of *MMP2* induces the MMP/TIMP pathway, which in turn activates osteoclast bone resorption and accelerates osteoblast apoptosis and bone matrix degradation. The balance between bone resorption and bone formation is thus disrupted, and this imbalance could be the most important mechanism of collapse in ONFH.<sup>[32]</sup> Therefore, *MMP2* is an important regulatory gene in alcohol-induced ONFH patients. We have not found any evidence for the role of heredity between *MMP2* and the risk of alcohol-induced ONFH in Chinese males. In this case–control study, carriers of the rs243849 “T” allele exhibited a 1.33-, 1.32-, and 1.36-fold, statistically significant increase in the susceptibility of alcohol-induced ONFH by the allele model, log-additive model without adjustments, and log-additive model adjusted for age, respectively. The patients who had the genotypes “CC” of rs243832 and “CC” of rs7201 had a decreased susceptibility of alcohol-induced ONFH. After Bonferroni multiple adjustment was applied, no significant association was found. However, the rs243849 risk allele “T” and rs243847 wild type allele “T” constituted the haplotype “TT”, which, compared to the wild type “CT”, increased the risk of alcohol-induced ONFH. Because Bonferroni correction is the most conservative approach, the variability of *MMP2* may be a risk factor in the Chinese males.

In summary, we identified 5 SNPs of the *MMP2* gene and found that the variability of *MMP2* could be a biomarker for the risk of alcohol-induced ONFH. It is important to note that there were several limitations in our case–control study, such as limited sample size and lack of corresponding clinical information. Thus, further research is needed to verify our results, especially due to the lack of previous research on this topic. It is possible that *MMP2* polymorphisms are related to the risk of alcohol-induced ONFH, and these data provide a theoretical foundation for future studies of this correlation in the Chinese population or in other populations.

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