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Multisystem inflammatory syndrome in children. An emerging clinical challenge for pediatric surgeons in the COVID 19 era

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ABSTRACT

Background/purpose: Multisystem inflammatory syndrome in children (MIS-C) is a potentially life-threatening condition occurring 2–6 weeks after Coronavirus disease 2019 (COVID-19) in previously healthy children and adolescents, characterized by clinical and laboratory evidence of multiorgan inflammation. We reported the case of a 6-year-old child presented with acute abdomen and then diagnosed with MIS-C. In addition, to better portray this new entity, we performed a systematic review of MIS-C gastrointestinal features and particularly on those mimicking surgical emergencies.

Methods: We described the clinical presentation, the diagnostic approach and the therapeutic outcomes of our MIS-C patient. Parallel to this, we conducted a systematic literature search using Google Scholar, PubMed, EMBASE, Scopus, focusing on gastrointestinal MIS-C.

Results: Our patient was initially assessed by the surgical team due to his query acute abdomen. Following the diagnosis of MIS-C with myocarditis, intravenous methylprednisolone (2 mg/Kg/day) and intravenous immunoglobulins (2 gr/Kg single infusion) were promptly started, leading to clinical improvement. According to our literature search, patients with MIS-C have a high rate of severe abdominal symptoms resembling surgical emergencies (appendicitis, obstruction, etc.) and a not negligible number of those patients have been surgically explored with variable findings.

Conclusions: We encourage pediatric surgeons in the upcoming months of COVID-19 pandemic to evaluate myocardial function prior to surgical abdominal exploration. In children with query acute abdomen, MIS-C should be promptly ruled out in order to avoid unnecessary surgeries that could worsen the already frail outcome of this new syndrome. Nevertheless, it should be considered that MIS-C might well encompass complications (e.g. appendicitis, segmental intestinal ischemia) which need swift surgical treatment.

1. Introduction

Multisystem Inflammatory Syndrome in Children (MIS-C) related to SARS-CoV-2 has been increasingly reported. It could be a lifethreatening condition occurring 2–6 weeks after Coronavirus disease 2019 (COVID-19), in previously healthy children and adolescents. It is characterized by fever, laboratory evidence of inflammation (including increased ferritin and IL-6) and clinically severe illness requiring hospitalization with multisystem (>2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological); moreover, no alternative plausible diagnoses should be accountable and somewhat marker for current or recent SARS-CoV-2 infection should be present (RT-PCR, serology or antigen test) or COVID-19 exposure should fall within the 4 weeks prior to the onset of

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Table 1

Case definition for Multisystem Inflammatory Syndrome in Children (MIS-C) according to Center for Disease Control (CDC) criteria

- 1) An individual aged < 21 years with:
- 2) Clinical criteria:
- Fever $> 38C^\circ$ for ≥ 24 hours, or report of subjective fever lasting ≥ 24 hours AND
- Severe illness necessitating hospitalization AND
- Two or more organ involvement (i.e., cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic, neurological)
- 3) Evidence of inflammation:
- One or more of the following: an elevated CRP, ESR, fibrinogen, procalcitonin, Ddimer, ferritin, LDH, or IL-6; elevated neutrophils, reduced lymphocytes; low albumin
- 4) Laboratory or epidemiologic evidence of SARS-CoV-2 infection:
- Positive for current or recent SARS-COV2 infection by RT-PCR, serology or antigen test;
- Exposure to a suspected or confirmed COVID-19 case within the 4 weeks prior to the onset of symptoms.

5) No alternative plausible diagnoses

symptoms (Table 1) [1,2].

Initially, MIS-C was considered as Kawasaki-like because some clinical findings were reminiscent of Kawasaki's disease (KD) [3]. However, current data evidence some difference between these two conditions, such as the age of presentation: the majority of children with KD present before 5 years of age whereas MIS-C affects older children, with a mean age of 8 years [4].

Gastrointestinal symptoms are the most common clinical manifestations of MIS-C (87% of children), followed by muco-cutaneous (73%), cardiovascular (71%), respiratory (47%) and neurologic symptoms in 22% [5].

Abdominal pain, vomiting and diarrhea are particularly common and prominent, with the presentation in some children mimicking acute abdomen. Some children have been noted to have mesenteric adenitis, terminal ileitis and/or colitis on abdominal imaging [6–8]. An increasing number of children referred for suspected appendicitis or acute abdomen are subsequently diagnosed as MIS-C, often after undergoing surgery or after needing intensive care [9,10]. Cardiac involvement includes ventricular dysfunction, coronary artery dilation



Fig. 1. 1A. X-Ray showing marked bowel distension due to paralytic ileus; 1B: US showing free fluid in the pelvis (appendix not visible).



Fig. 1. (continued).

or aneurysm, and arrhythmias [11].

Coronary arteries may not be frequently affected in the acute phase and in the early follow-up period of MIS-C. The major finding during the acute phase of MIS-C is a myocarditis-like picture, which may remain subtle and subclinical [12].

Severe pulmonary involvement (e.g. acute respiratory distress syndrome) is rather uncommon; however, when present, respiratory symptoms (tachypnea, dyspnea) are most often due to severe shock [13, 14].

Neurocognitive symptoms are also frequent and may include headache, lethargy, confusion or irritability. A minority of patients presents with more severe neurologic manifestations, including encephalopathy, seizures, coma, meningoencephalitis, muscle weakness and brainstem/ cerebellar signs [15].

Herein we describe a new case of MIS-C presenting as acute abdomen and we outline a systematic review of the available literature on abdominal features of this condition.

The practical aim of this work is specifically to highlight MIS-C presenting as acute abdomen, a truly diagnostic and therapeutic dilemma for both pediatric surgeons and pediatric emergency physicians in the COVID-19 era.

LIST OF ABBREVIATION: MIS-C: Multisystem inflammatory syndrome in children; COVID-19: Coronavirus disease 2019; RT-PCR: Reverse transcriptase-polymerase chain reaction; KD: Kawasaki's disease; pAMY: pancreatic amylase; LDH: Lactate dehydrogenase; CPK: creatine phosphokinase; CDC: Centers for Disease Control; BNP: B Natriuretic Peptide; IL-6: interleukin 6.

2. Case presentation

We report the case of a 6-year-old child who was admitted to a secondary-care hospital for fever (up to 40 °C) lasting for five days and intermittent diarrhea. At admission he was pale, with palmar hyperemia; he presented regular cardio-respiratory activity, tense and painful abdomen, with signs of defense in the lower right quadrant; no lymphadenopathy was detected. Sars-Cov-2 testing through both antigenic and molecular nasopharyngeal swab resulted negative. Laboratory tests showed white blood cell count 7850/ μ L (neutrophils 83%, lymphocytes 10.6%), Hb 11.1 g/dl, platelets 114000/ μ L, Na+ 126 mEq/L, K+ 3.5 mEq/L, procalcitonin 14.6 ng/mL, C-reactive protein 16.10 mg/dl, fibrinogen 518 mg/dl, albumin 3.5 g/dl, liver function tests were within normal range. Anti- Sars-Cov-2 IgG antibodies were found positive.

Ultrasonography evaluation of the abdomen highlighted free pelvic fluid and a non-visible appendix; a plain X-ray showed multiple hydro-aerial levels. This imaging, combined to clinical features and increased inflammatory indices, left the query appendicitis unsolved (Fig. 1A and B).

Surgical consult suggested to prescribe i.v. Ceftazidime, Amikacin and Metronidazole along with watchful monitoring. Given his clinical worsening, a CT scan was performed, showing gas distension of the small bowel and free pelvic fluid; incidentally, pleural and pericardial effusions were found at once. The ECG showed an inversion of T wave. A cardiac ultrasound revealed a slight reduction in the ejection fraction (52%); all coronaries had normal diameter. Testing for cardiac cytolysis enzyme revealed increasing Troponin (278 ng/L), increased B-Natriuretic peptide (935 pg/ml) but normal LDH (551 IU/L) and CPK-mb (3.9 ng/ml). Therefore, MIS-C was highly suspicious and he underwent medical treatment with Methylprednisolone (2 mg/Kg/day) and intravenous immunoglobulins (2 gr/Kg single infusion), on the basis of reported guideline [1], with progressive clinical and biochemical improvement. Laboratory tests over time were summarized in Fig. 2.

Although the clinical condition improved and cardiac function fully restored, he presented a persistent tense abdomen and weak peristalsis. Due to the lack of bowel movements and feeding intolerance, he received parenteral nutrition for 7 days. On day 8, we observed transient elevation of pancreatic enzymes (pAMY 192 IU/L lipase 474 IU/L). Liver and renal function remained within the normal range. As D-dimer increased (2311 ng/ml), he was started on subcutaneous Enoxaparin. After day 12 of hospital stay, the patient was able to fully tolerate oral feeding and was discharged with aspirin (3 mg/kg/day) and oral Prednisone (2 mg/kg/day) then tapered in 15 days. Two weeks after discharge laboratory parameters, ECG, echocardiography and abdomen ultrasound were normal.

Serum IL-6 was tested on serum samples collected at entry and after treatment (297.4 pg/ml and 3.42 pg/ml, respectively; reference range 5.3-7.5 pg/ml).

3. Search strategy and selection criteria

The literature research was conducted from November 27 to January 27 on Google Scholar, Pub Med, EMBASE, Scopus using key-words as follows (Table 2):MIS-C; PIMS; Multisystem inflammatory syndrome in children; pediatric inflammatory multisystem syndrome; cardiac; hearth; cardiovascular; gastrointestinal; bowel; liver; pancreas.

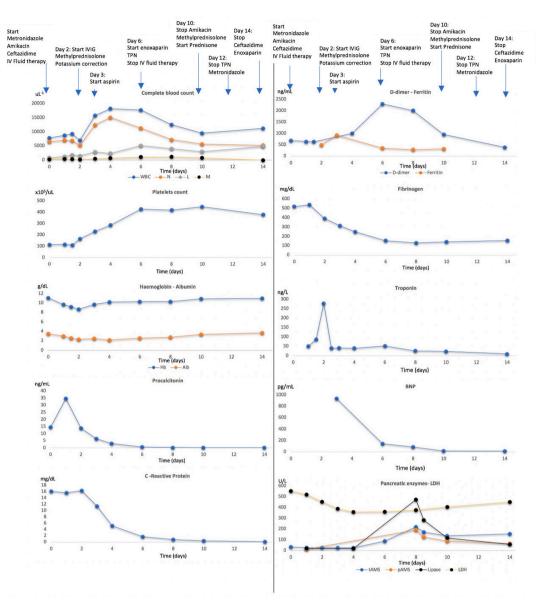


Fig. 2. Biochemical parameters in response to supportive therapies. TPN: total parenteral nutrition. IV: intravenous.

4. Results

A total of 109 articles was retrieved from two authors blinded search, of which eleven were duplicate. Forty-eight were excluded as they were reviews, adult studies (>18 years), guidelines, commentaries, letters, morbidity/mortality report, case-series already reported in another paper included. A final set of 50 articles were suitable for the scope of our review.

Main clinical features of MIS-C reported patients are summarized (Table 3).

When focusing on severe abdominal manifestations, we found nine patients affected by MIS-C who underwent exploratory laparotomies: two children with a healthy appendix as finding ("pseudo appendicular syndrome") [16,17], one with aseptic peritonitis [18], four with appendicitis [19] and two with mesenteric lymphadenitis [20]. Appendicitis was initially suspected in roughly 5–30% [16,18,20–24] of the reviewed case series and in four case reports [9,17,25,26]. Three patients underwent intestinal resection with re-anastomosis due to segmental inflammation with necrosis of terminal ileum [9,17,27].

When considering imaging studies, ileitis or colitis were present approximately in 4-28% of cases [6,7,13,23,27–31]. Moreover, a

diagnosis of mesenteric adenitis in MIS-C has been accounted by 8 case-series, with a prevalence of 9–20% of the abdominal imaging studies [6,8,13,16,23,27,31,32]. In addition, the latter condition has been also described in six recent case-reports from different geographic areas [9,25,26,30,33,34]: notably, in one of those patients mesenteric lymphadenitis was even confirmed on surgical specimens by pathologists [9].

Vomiting and diarrhea were common presenting features, respectively in 23% and 21% of patients from the available literature.

Albeit predominant in our patient, intestinal occlusion was far less common and has been reported in 3 other patients so far [27,30,35].

5. Discussion

The impact of COVID-19 on pediatric population can be considered relatively milder than adults [36]. Furthermore, the concern of contracting Covid-19, stay-at-home orders and population lockdowns have brought to a massive decrease of hospital accesses for children [37]. Notwithstanding this, the fear of SARS-CoV-2 has often delayed pediatric consultations, thus leading to worse clinical outcomes [38].

In this epidemiological framework, an increasing number of children

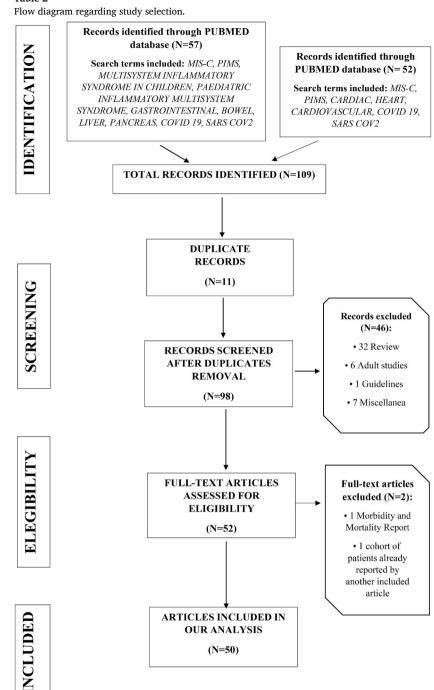


Table 2

has been described with a severe inflammatory disease characterized by fever, hyperinflammation and multiorgan involvement as short-medium term consequence of Sars-Cov2 infection, namely MIS-C. It is important to note that this newly recognized syndrome is most frequently postinfectious (related to an immune dysregulation induced by the virus, i. e. molecular mimicry) rather than related to acute infection [39].

According to CDC criteria [2], our patient could be fully labeled as MIS-C with acute abdomen and early myocarditis.

In this review of the literature, we summarized the features of MIS-C with a special focus on gastrointestinal involvement, thus addressing the need for an appropriate differential diagnosis both in the Emergency Room and during the early stages of hospital stay.

Quite surprisingly, in fact, patients with MIS-C have a high rate of gastrointestinal complaints.

Several authors reported acute abdomen presentation in a not negligible number of patients. Our systematic review of literature evidenced acute abdomen presentation up to 30% [16,18,20-24]. It is attractive to speculate that vascular damage could probably play a role as well with this regard. Indeed, Khesrani et al. reported a case of ischemic lesions complicating MIS-C syndrome and formulated the hypothesis of an underlying severe intestinal vasculitis [17].

A case report by Cazzaniga et al. described a child with KD complicated by the onset of paralytic ileus: this patient also resulted positive for SARS-COV-2 and his X-ray showed ileocolic meteorism with diffuse air-

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Table 3

Review of the literature.

[41]; [42]; [43]; [44]; [45]; [46]; [47]; [48]; [49]; [50]; [51]; [52]; [53]; [54]; [55]; [56]; [57]; [58]; [59]; [60]; [61]; [62]; [63].

		HEART								GASTROINTESTINAL						
			ECHOCARDIOGRAM ALTERATION							GI SYMPTOMPS				LIVER	BOWEL	
AUTHOR Journal - Month Publication month (2020)	Country	N of patients with MIS-C	Demographies Male/Median age	Constanty involvement	ĴEP	Valvalar involvement	Pericardium	EKG alteration	Troposin	da † BNP	Abdominal pain	Diarrhea	Vomiting	Abdominal pain and/or diarrhea and/or vomiting N.O.S.	ALT	Imaging alteration
MINOCHA et al. [56] Clin Pediate (Phila) - Sep	USA	33	19 M / 2.8 ys	2 (6%)	4 (13%)	4 (13%)	1 (3%)	16 (48%)	7 (21%)	12 (36%)	10 (30%)	12 (36%)	11 (33%)		U	υ
MAMISHI et al. [29] Epidemiol Infect - Aug	Iran	45	24 M / 7 ys	14 (31%)	N/A	υ	1 (2%)	U	N/A	U	26 (58)%	16 (36%)	23 (51%)	•	N/A	US: Beitis 2 (4%)
MORPARIA et al. [23] Pesliatr Infect Dis J - Dec	USA	74	5 M / 6 ys	U	1/1 (100%)	U	U	U	U	Ų	6/7 (86%)	3/7 (43%)	57 (71%)		6(7 (86%)	US: Hepatomegaly 5 (71%), gallbladder wall thickening 3 (42%), mesenteric lymphadenopathy 1(14%), acute appendicitis 1 (14%) (CT 3/7: mesenteric lymphadenopathy 2 (67%), ileitis 2 (67%)
GERALL et al. [25] Ann Sing -Oct	USA	2	2 F / 7 ys	U	U	U	U	U	U	U	2 (100%)	2 (100%)	2 (100%)	-	υ	Abdominal Ultrasound 2/2: eccum and ileum thickening 1 (50%), enlargement of the appendix 1 (50%); ovarian cyst and aucites 1 (50%) MRI 1/2: Normal appendix, mesenteric inflammation
ORLANSKI-MEYER et al. [57] J Pediatric Infect Dis Soc - Nov	Israel	1	1 F / 2 mo	N	N	Yes	Yes	N	U	Yes	Yes	Yes	Yes		Yes	US: Stomach and intestinal edema.
JACKSON et al. [9] Careas - Sep	China		1 M / 9 ys	N	N	N	N	N	U	U	Yes	U	Yes		U	CT: Right colon thickening
AL AMEER et al. [33] Currens - Sep	Saudi Arabia	1	1 F/ 13 ys	U	Yes	Yes	Yes	U	Yes	U	Yes	Yes	Yes	-	N	US: mesenteric lymphadenopathy
KHESRANI et al. [17] J Pediatr Sarg Case Rep - Aug	Algeria	1	1 F / 9 ys	U	U	U	U	U	Yes	U	Yes	Yes	Yes		U	US: Swollen appendix, ischemic bowel
STEVENS et al. [58] J Pediatr Gastroenterol Natr - Jul	USA	i.	1 F/10 ys	N	Yes	Yes	N	U	U	U	Yes	Yes	Yes		Yes	CT: compatible with acute pancreatitis
RAUF et al. [59] Indian J Pediatr - Sep	India	i.	1 M / 5 ys	N	Yes	U	U	U	Yes	Yes	Yes	Yes	U		Yes	U
GREENE et al. [60] Am J Emerg Med - Jun	USA	1	1 F / 11 ys	N	Yes	U	U	N	Yes	Yes	Yes	N	U	~	U	U
KAUSHIK et al. [30] Perfasion - Sep	USA	1	1 M / 5 ys	N	Yes	U	U	U	Yes	Yes	Yes	U	Yes	-	N	X-ray: Non-obstructive distended bowel leop pattern CT: Multiple Haidfilled small howel loops and concern for mesenteric adenitis versus enteritis
VARI et al. [34] Prog Pediatr Cardiol - Sep	USA	ï	1 M / 14 ys	Yes	Yes	Yes	U	N	Yes	Yes	Yes	Yes	U		U	CT: Distal ileum thickening, diffuse lymphadenopathy
MAKVANDI et al. [61] Curcus - Oct	USA	1	1 M / 16 mo	N	N	Yes	U	Yes	N	Yes	U	Yes	U		N	υ
MEREDITH et al. [62] J Crobus Collits - Sep	UK	ı	1 F / 10 ys	υ	U	U	U	N	N	U	Yes	Yes	U		N	Chest X-ray, whole body magnetic resonance imaging, pelvic and abdominal ultrasounds: No abnormalities
LEE et al. [26] J Korean Med Sci-Jan 2021	Korea	1	1M/ 12 ys	N	м	Yes	N	U	N	U	Yes	Yes	Yes		N	Abdominal X-Ray: no definite abnormality CT1 mesenteric lymphadenitis
ALSABRI et al. [35] Cureus - Nov 2020	USA	1	1 M/ 13ys	υ	Yes	Yes	U	Yes	Yes	Yes	Yes	N	Yes		U	Abdominal X-Ray: multiple dilated and air-filled loops of small bowel CT abdomen: dilation of jejunum and ileum without a transition point
TOTAL		1487	920 M (6255)	231 (16%)	482 (32%)	106 (7%)	258 (17%)	234 (16%)	466 (31%)	388 (26%)	376 (25%)	311 (21%)	338 (23%)	402 (27%)	173 (12%)	Patients with imaging suggestive of intestinal occlusion: 3 (0.2%)∫

CUIDING et al. [21] + ECG (16/17) nonpecific STT-wrv absormatics (05%), attenuated QRS voltage (6.5%), dyndytheira grannare veerkelar connections, nonsutition verticular tabytardili, and sinus tabytardilia (17%). CIRIC et al. [21] + First dages APR 6 (19%), EBBB 1 (5%), polyage and all tybins 1 (7%). The odd formation all tybins 1 (7%). The odd formation all tybins 1 (15%), filter and deviated tybins 1 (7%), attributed and tybins 1 (7%). MORPARLY 4 at [21] + Namber of polyages the tybins of the odd formation all tybins 1 (15%), filter and deviated and tybins 1 (15%). MORPARLY 4 at [21] + Namber of polyages the tybins of the odd formation all tybins 1 (15%), filter and deviated formation and tybins 1 (15%). MORPARLY 4 at [21] + Namber of polyages the tybins of the odd formation and tybins 1 (15%). MORPARLY 4 at [21] + Namber of polyages the tybins of the odd formation all tybins 1 (15%). MORPARLY 4 at [21] + Namber of polyages the tybins 1 (15%). MILLER et al. [21] + Mather of polyages of tybins 1 (15%).

SAUN et al [27] (CT: marked circumferential thickening and luminal narrowing), KAUSHIK et al. [39] (X-Ray: Non-obstructive distuded bowel loop pattern), ALSABRI et al. [35] (Abdomirul X-Ray: maltiple dilated and air-filled loops of smo

BNP = Brain Natriuretic Peptide
ALT = Alanine aminotransferase
EKG = Electrocardiogram
EF = Ejection fraction
US = Ultrasound
MRI = Magnetic Resonance Imaging

				HEART							GASTROINTESTINAL						
					ECHOCARDIOGRAM ALTERATION			EKG				GI SYMPT	omes		LIVER	BOWEL	
AUTHOR Journal - Month Publication month (2020)	Country	N of patients with MIS-C	Demographics Male/Median age	Coronary involvement	ta	Valvalar involvement	Perkardium	EKG alteration	Troposis	† BNP	Abdominal pain	Diarrhea	Vomiting	Abdominal pain and/or diarrhea and/or vositing N.O.S.	ALT	Imaging alteration	
MEYER et al. [19] J Podiatr Surg Case Rep - Nov	Spain	4	3 M / 13.5 ys	U	U	U	U	U	U	U	4 (100%)	1 (25%)	4 (100%)	×	1 (25%)	CT: Acute appendicitis without perforation or abscess (100%)	
GARCIA SALIDO et al. [41] Crit Care - Nov	Spain	45	39 M / 9.4 ys	3 (7%)	22 (49%)	U	U	U	N/A	N/A	40 (91%)	30 (67%)	32 (71%)		11 (24%)	U	
FERNANDES et al. [14] J Pediatr - Nov	USA	69	42 M / 7 ys	N	12 (17%)	U	U	U	N/A	45/58 (78%)	26 (38%)	29 (42%)	32 (46%)		N/A	υ	
LIMA-SETTA et al. [13] J Pediatr - Nov	Brazil	56	39 M / 6.2 ys	9/34 (27%)	9/34 (27%)	U	17/34 (30%)	6 (11%)	27 (53%)	42 (75%)	30 (54%)	30 (54%)	21 (38%)	E	N/A	Radiographic imaging: Enteritis 3 (5%), lymphadenopathy 5 (9%)	
SHAHBAZNEJAD et al. [16] BMC Pediatr - Nov	Iran	10	6 M / 5.37 ± 3.9 ys (mean age)	3 (30%)	3 (30%)	8 (89%)	U	U	2/2 (100%)	U	7 (70%)	6 (60%)	5 (50%)		2 (20%)	US: Fluid in abdomen 5 (50%), lymphadenopathy 2 (20%)	
GRUBER et al. [24] Coll - Sep	USA	,	4 M / 12 ys	5 (67%)	3 (33%)	3 (33%)	,u	3 (33%)	7 (78%)	8 (89%)	5 (56%)	3 (33%)	5 (67%)	-	8 (59%)	υ	
SAHN et al. [27] J Polliar Gustraenterol - Sep	USA	35	22 M / 8.6 ys	U	U	U	U	U	u	U	34 (97%)	34 (97%)	34 (97%)	•	U	US (11/35): Ikial thickening 3 (27%) CT (7/35): Inflammatory bowd changes 6 (86%), trrminal likitis 4 (57%), marked circumferential thickening and luminal narrowing 1 (14%), mesenterie lymphadenopathy 5 (71%)	
TORRES et al. [42] Int J Infect Dis - Aug	Chile	27	14 M / 6 ys	5/26 (15%)	4/26 (15%)	U	3/26 (12%)	U	N/A	U	17 (63%)	17 (63%)	13 (48%)	•	U	υ	
PEREIRA et al. [43] Clinks (Soo Paulo) - Aug	Brazil	6	5 M / 7.78 ys	2 (30%)	2 (30%)	U	3 (50%)	υ	N/A	U	N/A	N/A	N/A	4 (67%)	N/A	υ	
BLUMFIELD et al. [8] AJR Am J Roemgenof - Jul	USA	16	10 M / 9.2+4.9 ys (mean)	4 (25%)	10 (63%)	U	2 (13%)	U	6 (38%)	15 (94%)	11 (69%)	7 (44%)	12 (75%)		15 (94%)	X-Ray/US/CT*: Bowel wall thickening 3 (19%), paneity of bowel gas 3 (19%), bowel dilation 2 (13%), aseites 6 (38%), mesenteric lymphadenopathy 2 (13%)	
KEST et al. [44] Case Rep Pediatr - Jul	USA	3	1 M / 8 ys	N	3 (100%)	U	1 (33%)	1/1 (100%)	3 (100%)	3 (100%)	2 (67%)	2 (67%)	2 (67%)		υ	U	
FELDSTEIN et al. [45] N Engl J Med - Jun	USA	186	115 M / 8.3 ys	15/170 (9%)	EF 30 -55%: 61/170 (36%) EF < 30%: 9/170 (5%)	U	48/170 (28%)	22 (12%)	77/153 (50%)	94/128 (73%)	N/A	N/A	N/A	171 (92%)	N/A	U	
MILLER et al. [32] Gastroeasterology - Oct	USA	44	20 M / 7.3 ys	N/A*	N/A*	N/A*	N/A*	N/A*	τ	υ	33 (75%)	18 (40%)	25 (57%)		23 (52%)	MRI 244: Ascites 2 (100%) terminal ileum and descending colon thickening 1 (80%) US 12/44: Ascites 4 (33%). mesenteric hymphadesopathy 2 (17%), bowel wall thickening 4 (33%), gallbådder slodge 3 (25%)	
CHEUNG et al. [28] JAMA - Jun	USA	17	8 M / 8 ys	1 (6%)	11 (65%)	U	8 (47%)	N/A*	14 (82%)	15 (88%)	N/A	N/A	N/A	15 (88%)	N/A	Acute ileucolitis 1 (6%)	
TOUBIANA et al. [18] BMJ - May	France	21	9 М / 7.9 ух	8 (38%)	16 (76%)	U	U	2/16 (13%)	17/21 (81%)	14/18 (78%)	N/A	N/A	N/A	21 (100%)	13 (62%)	U	
BELHADJER et al. [20] Circulation - May	France	35	18 M / 10 ys	6 (17%)	EF 30-50%: 25 (72%) EF<30%: 10 (28%)	U	3 (9%)	1 (3%)	35 (100%)	35 (100%)	N/A	N/A	N/A	28 (80%)	U	U	
CHIOTOS et al. [7] J Pediatric Infect Dis Suc- Jul	USA	6	1 M / 9.5 ys	1 (17%)	4 (67%)	U	U	U	5 (83%)	4 (67%)	N/A	4 (67%)	N/A	5 (83%)	4 (67%)	CT 1/6 : Ileocolitis 1 (100%)	
POULETTY et al. [46] Ann Rheam Dis - Jun	France	16	8 M / 10 ys	3 (19%)	7 (43%)	U	4 (25%)	U	11/11 (100%)	11/11 (100%)	N/A	N/A	N/A	13 (81%)	5 (31%)	υ	
CAPONE et al. [47] J Pediatr-Sep	USA	33	20 M / 8.6 ys	16 (48%)	19 (58%)	U	υ	U	N/A	N/A	N/A	N/A	N/A	32 (97%)	7 (21%)	υ	
MORALEDA et al. [48] Clin Infect Dis - Jul	Spain	31	18 M / 7.6 ys	3 (10%)	15 (48%)	9 (29%)	6 (19%)	7 (23%)	N/A	N/A	N/A	N/A	N/A	27 (97%)	N/A	υ	
KHUEN FOONG NG et al. [49] J Med Virol - Nov	UK	3	1 M / 16 ys	2 (66%)	1 (33%)	1 (33%)	2 (67%)	U	3 (106%)	3 (109%)	3 (100%)	3 (100%)	3 (100%)		2 (67%)	υ	
RIOLLANO CRUZ et al. [63] J Med Virol - Jun	USA	15	7 M / 12 ys	3 (20%)	7 (47%)	11 (73%)	9 (60%)	2 (13%)	N/A*	N/A*	9 (60%)	6 (40%)	12 (80%)		N/A	υ	
ANTUNEZ-MONTES et al. [50] Pediatr Infect Dis J - Jan 2021	Latin America	95	52 M / 7 ys	5 (5%)	U	U	4 (4%)	U	U	U	N/A	N/A	N/A	43 (45%)	U	υ	
RAMCHARAN et al. [51] Pediatr Cardiol - Oct	UK	15	11 M / 8.8 ys	14 (93%)	12 (80%)	13 (87%)	8 (53%)	9 (60%)	N/A	N/A	N/A	N/A	N/A	13 (87%)	U	υ	
WHITTAKER et al. [52] JAMA - Jul	UK	58	25 M / 9 ys	8 (14%)	18 (31%)	U	U	4 (7%)	56 (97%)	29 (50%)	31 (53%)	30 (52%)	26 (49%)		56 (97%)	U	
DUFORT et al. [31] N Engl J Mod-Jul	USA	59	53 M 0-5 (31) 6-12 (42) 13-20 (26)	9 (9%)	51 (51%)	Ū	32 (32%)	59 (60%)	N/A	N/A	60 (6175)	49 (4956)	57 (58%)		U	US and/or CT (4499): mexateria bunghadingengky 5 (15%), ascilia, pierral efficience or palvie flukt 16 (26%), informations or antergement of the appendix 2 (5%), enterinis or entercoditis 3 (7%), bowed-wall thickening 7 (16%), fluidified bowel loops 4 (9%)	
CHOI et al. [53] Pediatrics - Nov	USA	32	17 M / 9 ys	U	2 (6%)	U	U	N/A#	N/A	N/A	U	υ	U	U	υ	U.	
FELSENSTEIN et al. [21] J Clin Med - Oct	UK	29	20 M / 6 38	15 (52%)	10 (33%)	10 (33%)	8 (26%)	U	12 (41%)	22 (76%)	N/A	N/A	N/A	21 (72%)	12/26 (46%)	7/19 (37%)	
DHANALAKSHMI et al. [22] Indian Pediate - Nov	India	19	8 M / 6 ys	3 (16%)	N/A	U	2 (5%)	U	1/6 (5%)	34 (16%)	8 (42%)	3 (16%)	6 (32%)	14	5 (26%)	υ	
THEOCHARIS et al. [54] Eur Heart J Cardiovasc Imaging - Aug	UK	20	15 M / 11 ys	N/A	10 (50%)	15 (75%)	2 (10%)	U	U	U	υ	U	U	υ	U	υ	
BLUMFIELD, LEVIN [55] Poliar Radiol - Sep	USA	19	10 M / 8 35	1 (5%)	5 (26%)	U	U	U	3 (16%)	5 (26%)	N/A	N/A	N/A	9 (47%)	U	υ	
VALVERDE et al. [6] Circulation - Nov	EUR	286	194 M / 8.4 ys	69 (24%)	97 (34%)	12-17 (4-6%)	80 (28,%)	100 (35%)	173/187 (93%)	21/22 (95%)	N/A	N/A	N/A	N/A	U	US: Ileitis 14 (9%), colitis 6 (4%), lymphadenopathy 22 (14%)	
MATSUBARA et al. [12] J Am Coll Cardiol - Oct	USA	28	50 M / 11.4 ys	1 (4%)	12 (43%)	13 (46%)	9 (32%)	U	N/A	N/A	U	υ	U	U	U	υ	

fluid levels, compatible indeed with paralytic ileus associated to intestinal vasculopathy [40]. Nonetheless, it should be noted that this case was not an outcome of our search nor present in Table 3 because classified as KD rather than MIS-C.

In our opinion, for these unclear cases it is definitely valuable a period of watchful monitoring in a hospital setting. Subsequently, if the clinical picture does not improve, a different abdominal imaging might be required. Should patient's clinical status worsen further, an extensive abdominal imaging (MR angiogram preferably or CT angiogram) must be considered, as well as to promptly establish the best treatment and to avoid complications.

Given the high rate of severe abdominal symptoms resembling surgical emergencies (query appendicitis or obstruction) in MIS-C, we encourage pediatric surgeons in the upcoming months to evaluate myocardial function prior to surgical abdominal exploration. Few laboratory and imaging tools should become full part of the initial diagnostic panoply. A preliminary assessment of troponin, BNP, D-Dimer, ferritin and echocardiography are definitely of value to establish a precise differential diagnosis in children with acute abdomen, as it was in our case. Considering the high overlap between gastrointestinal and cardiac involvement in MIS-C, evolution towards cardiogenic shock should not be neglected, especially when avoidable surgery might worsen its already frail outcomes. Nevertheless, it must be acknowledged that several cases of MIS-C do evolve in insidious surgical complications such as appendicitis and vasculopathy-related segmental intestinal infarction. Rather than being ancillary, the role of pediatric surgeons in MIS-C is thus key and so it will be in the months ahead of current pandemic.

In conclusion, the awareness on the high rate of gastrointestinal complaints in MIS-C is definitely an added value for both pediatricians and pediatric surgeons. A multidisciplinary approach is more than desirable for these children, with both team's side-by-side against possible confounders and hazardous complications, always aiming to the best therapeutic outcome.

Author statement

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Patient Consent

Consent to publish the case report was not obtained. This report does not contain any personal information that could lead to the identification of the patient.

Declaration of competing interest

All the authors have no interest to disclose.

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