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Urorectal fistula repair using different approaches: operative results and quality of life issues

Javier C. Angulo <sup>1,2</sup>, Ignacio Arance <sup>1,2</sup>, Yannick Apesteguy <sup>1</sup>, João Felicio <sup>3,4</sup>, Natália Martins <sup>3</sup>, Francisco E. Martins <sup>4</sup>

<sup>1</sup> Clinical Department, Faculty of Medical Sciences, Universidad Europea de Madrid, Madrid, Spain; <sup>2</sup> Hospital Universitario de Getafe, Madrid, Spain; <sup>3</sup> Division of Urology, Hospital das Forças Armadas, Lisboa, Portugal; <sup>4</sup> Department of Urology, Hospital de Santa María, Lisboa, Portugal

## ABSTRACT

*Purpose:* To evaluate efficacy of urorectal fistula (URF) repair using different approaches and the clinical factor determinant of success, and also the morbidity associated to the procedure and health-related quality of life (HRQoL) in male survivors of pelvic malignancies.

*Material and Methods:* Retrospective evaluation of 39 patients with URF primarily intervened in three institutions using different surgical approaches. Success was defined as effective fistula closure. Variables evaluated included demographics, previous treatments, surgical approach, ancillary surgeries, complications and HRQoL by using a standardized nonvalidated specific questionnaire. Median follow-up from surgery to interview was 55 months (interquartile range 49, range 4-112). Factors determinant of success were investigated using logistic regression. Safety of the procedure was evaluated by Clavien-Dindo scale. Deterioration of continence and erectile function and other HRQoL issues were evaluated.

*Results:* Prostate cancer treatment was the predominant etiology. The success rate for fistula repair was 89.5%. The surgical approach was not related to failed repair (p=0.35) or complications (p=0.29). Factors associated with failure were complications (p=0.025), radiotherapy (p=0.03), fistula location (p=0.04) and fistula size (p=0.007). Multivariate analysis revealed fistula size was the only independent determinant of failure (OR 6.904, 1.01-47.75). Complications occurred in 46.2% and severe complications in 12.8%. The mortality related to the procedure was 2.6%. Urinary incontinence was present before repair in 26.3% and erectile dysfunction in 89.5%. Fistula repair caused de novo urinary incontinence in 7.9% and deterioration of erectile status in 44.7%. Globally 79% were satisfied after repair and only 7.9% rated HRQoL as unhappy. Trans-sphincteric approach was related to less deterioration of erectile function (p=0.003), and higher perceived satisfaction in QoL (p=0.04).

*Conclusions:* The surgical approach elected to correct URF is not determinant of success nor of complications. Fistula size appears as independent determinant for failure. Trans-sphincteric approach could be advantageous over other procedures regarding HRQoL issues.

#### INTRODUCTION

Urorectal fistula (URF) is an uncommon complication of male pelvic cancer treatment, including

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D Javier C. Angulo https://orcid.org/0000-0002-1735-8792

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not only prostate, but also rectal and bladder neoplasia. It may be secondary to pelvic trauma and in-

flammatory bowel disease as well. However, by far the most frequent cause is radical prostatectomy, es-

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pecially since laparoscopic approach has gained popularity in the last two decades. Most initial series of laparoscopic radical prostatectomy included several cases with URF, but this complication decreased to less than 2% after the learning curve of the procedure was passed (1-3). Other prostate cancer treatments can also result in this unpleasant complication (4). Possibly the most hazardous one is the combination of external radiotherapy and brachytherapy, with an incidence of 2.9% (3, 5). Cryotherapy or high-intensity focalized ultrasound (HIFU) may also cause URF, especially in a salvage therapy scenario (6).

Small URF can spontaneously heal with urinary diversion (7). However, most frequently this complication of male pelvic cancer treatment will require decisions such as whether to perform selective fecal diversion, the timing of intervention and the selection of the surgical approach based on both patient and fistula-related factors. Often these decisions are determined by the severity of presenting symptoms, the possibility of active pelvic sepsis at diagnosis, extent of tissue destruction from radiation or ablative energy, the status of the urethra and bladder neck, the distance of the fistula to the anal verge and fistula size (3). Magnetic resonance imaging or computerized tomography scan can be useful in identifying severe cavitation or post-radiotherapy osteomyelitis of the symphysis pubis (6, 8, 9). These findings may obviate an attempt to repair and serve as a guide for a permanent diversion strategy (10). It is well recognized that the success rate in repairing a complex fistula with radiation and/or ablative energy source is much lower than a fistula after surgery alone (4, 11, 12).

When rectal damage at the time of laparoscopic or robotic radical prostatectomy is not detected, URF may manifest as pelvic sepsis 10-14 days later, leading to colostomy (13). These fistulae are typically small and located in bladder neck or trigone and can be treated once sepsis or active infection have been cured. On the other hand, radiation or ablation induced fistulae are larger, fibrotic, and often involve the prostatic urethra. Along with effective closure they require interposing gracillis muscle flaps which can be performed through a perineal approach; but may also need other measures like salvage prostatectomy or omental flap through an abdominal route. Bladder neck contracture or rectal stenosis are complicating conditions also related to radiotherapy (3). This variable spectrum of disease correlates to the multiplicity of techniques used. The relative rarity of the disease has polarized reconstructive surgeons regarding choice of one particular approach over another (14-16).

## **MATERIAL AND METHODS**

#### Subjects

After institutional review board approval (A02/19 Hospital Universitario de Getafe) we retrospectively evaluated the medical records of 39 consecutive patients with URF due to male pelvic neoplasia intervened between January 2010 and December 2018 in three academic institutions by two surgical teams in Madrid and Lisbon. The main objective of the study was to evaluate efficacy of fistula repair and the clinical factors determinant of success. The secondary objective was to evaluate complications associated with fistula repair and health-related quality of life (HRQoL) regarding continence and potency in male survivors of pelvic malignancies.

Inclusion criteria were male patients with former pelvic cancer history, confirmation of fistula by a diagnostic imaging modality and willingness to receive surgical repair and acceptance of the complications of treatment through informed consent. Exclusion criteria were active pelvic malignancy that precluded reconstruction and fistula resulting from inflammatory disease. Data collected included demographics, former surgeries, etiology, diagnostic procedures, use of fecal and urinary diversion, definitive management, operative details, outcome, morbidity, mortality and follow-up. Complications were graded according to Clavien-Dindo classification system. The number of patients suffering urinary incontinence after URF repair and pad-count was also extracted from the clinical record. Some patients with moderate or severe bothersome stress urinary incontinence were treated with anti-incontinence devices. Type of device and outcomes were also investigated.

During 2019 subjects were contacted and answered a questionnaire through medical interview translated to Spanish and Portuguese from the original source (15). Questions were related to urinary symptoms, erectile function and HRQoL, and how surgery affected those issues (Appendix A). Urinary incontinence was defined as any involuntary loss of urine before and after URF repair, graded according to 24h pad-count. Urge incontinence and the need for medication was also investigated.

#### Surgical techniques

Surgical technique was based on several factors: previous treatment, presence of radiation and or ablative procedures, the presence of local conditions such as prostate, distance from fistula to anal verge, fibrosis on digital exam and concomitant urethral stricture. Other circumstances such as concomitant morbidities were also considered. In no case was there evidence of active neoplasia. Approaches used were: abdominal (10.5%), abdominal-perineal (15.8%), perineal (29%), posterior trans-sphincteric (34.2%), anterior trans-sphincteric sagittal (5.3%), trans-coccygeal (2.6%) and trans-anal endoscopic microsurgery (2.6%).

Abdominal repair was performed through an abdominal midline incision with mobilization of the bladder neck and reconstruction, if necessary, in cases with contracture, trans-vesical excision of URF, closure with double layer technique and tissue interposition with omental flap through omentectomy along the right gastroepiploic arcade and preservation of the left gastroepiploic pedicle. Perineal approach in exaggerated lithotomy position using an inverse "Y"-shaped incision allows wide exposure of the urethra and rectum and enables posterior urethral reconstruction and use of various flap interpositions including gracillis muscle, gluteus maximum muscle, dartos and omentum if a combined abdominal-perineal approach is used. For trans-sphincteric approach the patient is placed in prone jackknife position with buttocks spread wide by adhesive tape. A midline incision is made at 11-hour lateral to the coccyx to the anal verge for a posterior trans-sphincteric approach that transects the rectal sphincter and allows endorectal open exposure. Interposition cannot be accomplished using this approach, but its anterior trans-sphincteric sagittal modification allows simultaneous reparation of the posterior urethral stricture and to use gracillis muscle flap. Careful tagging of the sphincteric muscle components and closure of the trans-sphincteric incision allows reconstruction of the anal sphincter. Trans-coccygeal approach, used

for a lateral access to the rectum and bladder in URF distal to the anal verge, avoids abdominal access and allows sphincter preservation. Trans-anal endoscopic microsurgery with a specific platform is used to dissect rectal mucosa, expose proper muscle layer for suturing and create a rectal flap to cover the fistula. This technique does not address the urological part of the problem and can be used in cases with small, ncomplicated URF.

A transurethral catheter was left in situ for 3 weeks until a voiding cystourethrogram was performed to confirm anastomotic healing; the catheter was removed in the absence of extravasation. When extravasation was present, a suprapubic catheter was placed and cystogram repeated one month later. Before stoma closure another radiological investigation with barium enema was performed. In cases with colonic cancer a complete colonoscopy was also obtained before closure for better evaluation of proximal colon.

#### **Statistical Analysis**

Median values and interquartile range (IQR) were calculated for quantitative variables and qualitative ones were described using absolute and relative frequencies. Paired t-test was used to compare continuous variables. Chi-square and Fisher exact test were performed to compare differences between data to achieve success in URF closure and to evaluate the questionnaire. Multivariate analysis of outcomes was effected with logistic regression using 95% Wald confidence intervals for the variables investigated. Statistical analysis was developed using Statistical Analysis System 9.4 (SAS Institute Inc, Cary, NY).

## RESULTS

One patient was excluded from analysis, as he died of complications, apparently with the fistula closed, but without confirmation. Median follow-up was 55 (IQR 49, range 4-112) months and patient age 62 (IQR 12.5, range 54-75) years. Nine patients (23.7%) had previous failed surgery for URF in other institutions (mean number of surgeries  $1.2\pm0.8$ ; range 1-3). Table-1 shows main characteristics of URF (etiology, distance to the anal verge and size), adjunct measures taken and surgical approach chosen.

Mean age, years, median ± IQR	62 ± 12.5
Previous intervention, n (%)	8 (21.1)
Etiological factors, n (%)	
Laparoscopic radical prostatectomy	19 (50)
Open radical prostatectomy	5 (13.2)
Laparoscopic radical cystectomy with neobladder	2 (5.3)
Anterior rectal resection	3 (7.9)
Radiotherapy	15 (39.5)
Brachytherapy	6 (15.8)
Other ablative sources	2 (5.3)
Distance of fistula to anal verge, n (%)	
< 2 cm	8 (21.1)
2-4 cm	14 (36.8)
4-6 cm	10 (26.3)
> 6 cm	6 (15.8)
Fistula size, n (%)	
< 1 cm	22 (57.9)
1-2 cm	12 (31.6)
>2 cm	4 (10.5)
Adjunct measures taken, n (%)	
Fecal diversion	31 (81.6)
Tissue interposition	14 (36.8)
Simultaneous posterior urethroplasty	4 (10.5)
Vesicourethral re-anastomosis	3 (7.9)
Urinary upper tract stenting	24 (63.2)
Surgical approach elected, n (%)	
Abdominal	4 (10.5)
Abdominal-perineal	6 (15.8)
Perineal	11 (29)
Posterior transphincteric	13 (34.2)
Anterior transphincteric sagittal	2 (5.3)
Transcoccygeal	1 (2.6)
Transanal endoscopic microsurgery	1 (2.6)

## Table 1 - Main characteristics of patients (n=38) #.

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 ${\it \#}$  One patient deceased during admission was excluded; IQR: interquartile range

Table-2 shows operative data, postoperative complications and long-term outcomes. The success rate for fistula repair was 89.5%. Complications occurred in 46.2% and severe complications in 12.8%. Mortality related to the procedure was 2.6%. Surgery failed in 4 patients (1 abdominal approach, 2 perineal and 1 trans-coccygeal). The surgical approach used was not associated with failure (p=0.35), nor was the number of postoperative complications (p=0.29). Measures taken after failed URF repair were pelvic exenteration (1 case), cystectomy (2 cases) and permanent nephrostomy (1 case). A complete list of complications is presented as supplementary material (Appendix B).

Factors associated with failed repair were fistula size (p=0.007), presence of postoperative complications (p=0.025), radiotherapy (p=0.03) and distance to anal verge (p=0.04). Factors not associated to failure were: center in which the patient was intervened (p=1.0), severity of complications (p=0.49), previous failed URF surgery (p=1.0), previous fecal diversion (p=0.8), type of fecal diversion (p=1.0), use of tissue interposition (p=0.6) or type of flap (gracillis or epi-

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Hospital admission, days, median ± IQR	9.8 ± 5		
Operative complications, n (%)#	18 (46.2)		
Clavien-Dindo scale, n (%) #			
0	21 (53.8)		
I	2 (5.1)		
II	11 (28.2)		
III	1 (2.6)		
IV	3 (7.7)		
V	1 (2.6)		
Perioperative mortality rate, n (%)	1 (2.6)		
Fistula outcome, n (%)			
Resolution without operation	0 (0)		
Resolution with operation	34 (89.5)		
Non-healed fistula	4 (10.5)		
Fistula recurrence after healing	0 (0)		
Fecal diversion status, n (%)			
Stoma closure	31 (81.6)		
Permanent stoma	7 (18.4)		
Long-term urologic outcome, n (%)			
Urinary incontinence after fistula repair	13 (34.2)		
Erectyle dysfunction after fistula repair	34 (89.5)		
Permanent urinary diversion	4 (10.5)		
Anti-incontinence surgical devices used	9 (23.7)		
Follow-up, months, median ± IQR	55 ± 49		

# One patient with underlying cirrhosis deceased during admission was included for complications and mortality, but was excluded for hospital admission and long-term urologic outcomes; IQR: Interquartile range

plon) (p=5). Due to excessive correlation between variables and limited sample size, multivariate analysis revealed fistula size as the only independent determinant for failure (OR 6.9, 1.01-47.75) (Figure-1).

According to the patient questionnaire evaluated, urinary incontinence was present before fistula repair in 26.3% (10 cases) and fistula repair caused de novo urinary incontinence in 7.9% (3 cases). Urge incontinence was present in 39.5% (15 cases) cases) as mainly satisfied and only 7.9% (3 cases) as unhappy. Globally 26.3% (10 cases) consider their capacity to practice exercise limited and 79% would elect to repeat their surgery again. Once asked how URF surgery changed their QoL 32.9% (11 cases) registered great improvement, 47.4% (18 cases) improvement, 7.9% (3 cases) no change, 7.9% (3 cases) reduced and 7.9% (3 cases) severely reduced. HRQoL issues were analyzed for surgical approaches used.

Figure 1 - Predicted probabilities for failure to repair urorectal fistula, according to fistula size expressed in cms.



and medication for urge was taken by 21% (8 cases). During follow-up, 23.7% (9 cases) were treated with anti-incontinence devices (all with pad-count >3 pads/day): 5 with artificial urinary sphincter and 4 with adjustable transobturator male system. Deterioration of erectile status after URF repair took place in 44.7% (17 cases). Some degree of erectile dysfunction was present in 89.5% (34 cases): 10.5% rated their erection as enough for intercourse (4 cases), 34.2% severely deteriorated (13 cases), 15.8% almost absent (6 cases) and 39.5% totally absent (15 cases). Regarding urinary continence, some degree of urinary incontinence was present in 34.2% (13 cases). Mean pad-count was  $3\pm 2.5$  (range 1-6).

Twenty-one percent (8 cases) rated their QoL as excellent, 47.4% (18 cases) as satisfied, 23.7% (9

The approaches with 1 case were omitted, abdominal-perineal and abdominal were pooled together and so were posterior and anterior trans-sphincteric (Table-3). Noticeably, trans-sphincteric approach gave less deterioration of erectile function than the rest (p=0.003) and higher satisfaction (p=0.04). A tendency for higher QoL improvement was observed on the limit of statistical significance (p=0.05).

#### DISCUSSION

Walk the tightrope of avoiding failed reconstruction and not overtreating is a difficult task. Some patients undergo several URF closure attempts before success. Also, success may be so variable as to depend on a single surgery or a multi-stage scenario.

Question	Grouped surgical approaches				
Did the erectile function	Abdominal (*)	Perineal	Transphincteric (#)	TOTAL (n=36)	p-value
change in comparison to					
Yes	8 (80)	6 (54.6)	2 (13.3)	16 (44.4)	0 0003
No	2 (20)	5 (45.4)	13 (86.7)	20 (45.6)	0.0003
How would you describe your quality of life, if it was never going to change again?					
Excellent	1 (9.1)	0	7 (46.7)	8 (22.2)	
Satisfied	6 (54.5)	6 (60)	5 (33.3)	17 (47.2)	
Mainly satisfied	4 (36.4)	2 (20)	3 (20)	9 (25)	0.039
Dissatisfied	0	2 (20)	0	2 (5.6)	
Very dissatisfied	0	0	0	0	
Would you have the same surgery performed again, if required?					
Yes	6 (54.5)	9 (90)	14 (93.3)	29 (80.6)	0.05
No	5 (45.5)	1 (10)	1 (6.7)	7 (19.4)	0.05
How did the fistula repair change your quality of life?					
Severely improved	1 (9.1)	1 (10)	8 (53.3)	10 (27.8)	
Improved	6 (54.5)	6 (60)	6 (40)	18 (50)	
Unchanged	1 (9.1)	1 (10)	1 (6.7)	3 (8.3)	0.05
Reduced	1 (9.1)	2 (20)	0	3 (8.3)	
Severely reduced	2 (18.2)	0	0	2 (5.6)	

#### Table 3 - Association between the surgical approaches and specific answers to questions related to HRQoL issues.

(\*) Abdominal combines abdominal and abdomino-perineal approaches; (#) transphincteric combines posterior and anterior transphincteric approaches

Therefore, HRQoL studies of this condition are needed. Additionally, there is not a standardized single approach to manage URF, nor is there consensus as to whether fecal diversion and other adjunct measures are always necessary. Some studies have done their best to describe an algorithm for URF management (3, 17, 18) but a classification or staging of URF in terms of complexity is still lacking. There is a common assumption that radiotherapy and ablative procedures cause extensive tissue damage and that interposition in those cases after fistula resection and suturing of both the urinary tract and rectum is absolutely mandatory (6, 11, 16, 19). However, a "simple" approach like posterior transphincteric or even by trans-anal endoscopic microsurgery can be similarly effective without

damaging fecal continence (17, 20-24). Also, the York-Mason repair may succeed even in repeated scenario (22, 24, 25), but not in all series (26, 27). A trans-anal endoscopic approach is less invasive and can be used in simple cases (e.g. very small fistula after primary laparoscopic prostatectomy without radiation), but this procedure is most often performed by experienced proctologists and is beyond the armamentarium of reconstructive urologists (28, 29). The use of rectal flap after fistula closure is the main characteristic of a trans-anal approach, either trans-sphincteric open or sphincter-sparing endoscopic, and in the absence of hypoxia or fibrosis may be sufficient for an effective closure in selected cases (17). We confirm that the modification to York-Mason using an anterior sagittal approach (anterior trans-anal trans-sphincteric sagittal, ASTRA) used by Castillo et al. allows simultaneous posterior urethroplasty and gracillis muscle flap in a prone position (2). This is a very interesting possibility that merits further exploration by experienced reconstructive urologists and permits the treatment of more complicated cases than posterior or classic York-Mason.

Our primary intention was gathering the 10-years expertise of our surgical teams and identify factors predictive of treatment failure. We sought to prove whether one surgical approach was more effective than another, but we could not accomplish this objective mainly due to the relatively low failure rate and the limited number of patients. Additionally, elevated correlation between the variables (radiotherapy, fistula size, complications, distance to anal verge) included in the regression model was confounding. We could only identify fistula size as a marker of increased failure. Of course, this could be a surrogate of fistula complexity determined by the use of previous radiotherapy and ablative energy sources. Repair of URF in our hands using different surgical approaches achieved a global success rate is 89.5%. Use of therapeutic algorithms like the one we followed (Figure-2) can help choose the most appropriate technique in each different case. This and referral to high-volume institutions facilitate optimal results (3, 16, 30). Complications could also be reduced by referral. However, the rate of complications has been rarely reported (31). In our hands the risk





AFTER SUCCESSFUL FISTULA REPAIR RESTORE FECAL CONTINUITY AND CONSIDER NEED OF ARTIFICIAL URINARY SPHINCTER / ADJUSTABLE TRANSOBTURATOR MALE SYSTEM

of postoperative complications is high, with 46.2% total and 12.8% major complications.

Our second goal was the evaluation of HR-QoL in these patients. Even if the fistula is successfully repaired, patients may have persistent urinary dysfunction resulting in decreased QoL (32). A very interesting study evaluated fecal outcome measures in a small population of patients homogeneously treated with trans-perineal repair and gracillis muscle interposition and revealed bowel outcomes were better than urinary ones (33). The questionnaire we used allowed investigation of erectile dysfunction and urinary incontinence in another series (15). Again, the specific surgical approach did not seem important as there were good results in that cohort with different approaches and different types of tissue interposition. Contrary to our results these authors did not prove a worsening of erectile dysfunction due to URF repair. However, although the proportion of patients with fistula repair and urinary incontinence could be very variable, they reported incontinence in 83% of the patients specifically questioned and it was moderate--to-severe in 41.6% (15).

Using the same questionnaire, we described urinary incontinence in 34.2% and continence deterioration after URF repair in 7.9%. Erectile dysfunction occurred in 89.5% and some degree of deterioration that could be attributed to fistula repair was registered in 44.7%. Comparing surgical approaches, trans-sphincteric access caused less deterioration of erectile status than perineal and abdominal approaches. Also, a higher patient reported satisfaction was registered with this approach, which could be explained by the fact that avoiding the lateral pelvic and pararectal space dissection consistently preserves the posterolateral rectal innervations, possibly benefiting urinary continence and potency (30).

The main limitations of this study are the relative small number of patients included, the long period for patient recruiting, the retrospective nature of a part of the study and the use of a non-validated questionnaire to evaluate QoL issues prospectively during follow-up. However, this tool we use has been previously evaluated in patients with urorectal fistula with interesting results and is useful for patient evaluation. We could not ascertain how much radiation use or complexity of surgery – and not the approach itself - affect the results obtained in the questionnaire, and this is an added limitation. It would be desirable that future studies with larger numbers compare this tool with others already validated to evaluate erectile dysfunction, urinary continence and patient's perception of their quality of life.

## CONCLUSIONS

Our success rate of urorectal fistula repair was high. However, treatment morbidity is also high and QoL issues are still important in these patients. The surgical approach elected to correct URF does not appear to determine neither success nor complications. Several factors appear to be related to failure, including radiotherapy, presence of complications, longer distance to anal verge and larger fistula size. According to our casuistry, fistula size appears the only independent determinant for failure. Trans-sphincteric approach could be advantageous over perineal and abdominal routes regarding HRQoL issues. Of course, these findings should be confirmed in more robust prospective studies but, in the meantime, we should not consider York-Mason or ASTRA procedures neglectable nor obsolete. We also confirm that, in our experience, these procedures do not cause stool incontinence.

## **CONFLICT OF INTEREST**

None declared.

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Correspondence address: Javier C. Angulo, MD, PhD Clinical Department, Faculty of Medical Sciences, Universidad Europea de Madrid, Carretera de Toledo Km 12.5, 28905 Getafe, Madrid, Spain E-mail: javier.angulo@salud.madrid.org

# Appendix A - Patient Questionnaire used.

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<b>1 - Do you ha</b> ( ) Ye	
( ) Ye	ve erections?
	s, normal rigidity
( ) Ye	s, slightly reduced rigidity
( ) Ye	s, severely reduced rigidity
( ) No	o, no erections
2 - Did the ei	ectile function change in comparison to before the fistula repair?
( ) Ye	S
( ) No	
3 - Do you in	voluntarily lose urine (incontinence)?
( ) Ye	S
( ) No	
4 - How man	<i>y</i> incontinence pads do you need per day?
( ) No	ne
( ) No	more than one
( ) No	more than two
( ) No	more than three
( ) M	pre than three
( ) Se	curity pad (no more than one)
5 - II III01e III	
6 - Do you ne	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)?
<b>6 - Do you ne</b> ( ) Ne	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? Ver roly
<b>6 - Do you ne</b> ( ) Ne ( ) Ra ( ) Sc	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely matimum
<b>6 - Do you ne</b> ( ) Ne ( ) Ra ( ) So	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes
<b>6 - Do you ne</b> ( ) Ne ( ) Ra ( ) Sc ( ) Of	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten
<b>6 - Do you ne</b> ( ) Ne ( ) Ra ( ) So ( ) Of ( ) Al <b>7 - Do you ta</b>	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways
6 - Do you ne ( ) Ne ( ) Ra ( ) Sc ( ) Of ( ) Al 7 - Do you ta	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways <b>ke any medication for urinary urgency?</b>
6 - Do you ne ( ) Ne ( ) Ra ( ) Sc ( ) Of ( ) Al 7 - Do you ta ( ) Ye	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways <b>ke any medication for urinary urgency?</b> s
6 - Do you ne ( ) Ne ( ) Ra ( ) Sc ( ) Of ( ) Al 7 - Do you ta ( ) Ye ( ) No 8 - As how by	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways <b>ke any medication for urinary urgency?</b> s of therefore would you describe your urinary situation to affect your life?
6 - Do you ne ( ) Ne ( ) Ra ( ) So ( ) Of ( ) Al 7 - Do you ta ( ) Ye ( ) No 8 - As how bo	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways ke any medication for urinary urgency? s othersome would you describe your urinary situation to affect your life?
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6 - Do you ne ( ) Ne ( ) Ra ( ) So ( ) Of ( ) Ah 7 - Do you ta ( ) Ne 8 - As how be ( ) No ( ) A ( ) Bo ( ) Ve ( ) Ve 9 - How woul	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways ke any medication for urinary urgency? s othersome would you describe your urinary situation to affect your life? t at all ittle thering ry bothering d you describe your quality of life, if it was never going to change again? cellent
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6 - Do you ne ( ) Ne ( ) Ra ( ) Sc ( ) Of ( ) Al 7 - Do you ta ( ) Ye ( ) No 8 - As how bo ( ) No ( ) A ( ) Sa ( ) Sa ( ) Sa	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways ke any medication for urinary urgency? s othersome would you describe your urinary situation to affect your life? t at all ittle thering ry bothering d you describe your quality of life, if it was never going to change again? cellent tisfied
6 - Do you ne ( ) Ne ( ) Ra ( ) So ( ) Of ( ) Alt 7 - Do you ta ( ) Ye ( ) No 8 - As how bu ( ) No ( ) A ( ) Bo ( ) Ve 9 - How woul ( ) Ex ( ) Sa ( ) Ma	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways ke any medication for urinary urgency? s o thersome would you describe your urinary situation to affect your life? tt at all ittle thering ry bothering d you describe your quality of life, if it was never going to change again? cellent tisfied ainly satisfied
6 - Do you ne ( ) Ne ( ) Ra ( ) Sc ( ) Of ( ) Alt 7 - Do you ta ( ) Ne ( ) Ne 8 - As how be ( ) Ne ( ) Ne ( ) Ne 9 - How woul ( ) Ex ( ) Sa ( ) Ma ( ) Sa ( ) Ma	ed to void as soon as possible, once you feel the need to empty your bladder (urgency)? ver rely metimes ten ways ke any medication for urinary urgency? s b b b b b b b b b b b b b b b b b b

# Appendix A - Patient Questionnaire.

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10 - How	much does the fistula repair limit your ability to perform sports?
(	) Not at all
(	) A little
(	) Limited
(	) Very limited
11. Woul	d you have the same surgery performed again, if required?
(	) Yes
(	) No
12 - How	did the fistula repair change your quality of life?
(	) Severely improved
(	) Improved
(	) Unchanged
(	) Reduced
(	) Severely reduced
13 - How	satisfied are you with the surgery?
(	) Very satisfied
(	) Satisfied
(	) Undecided
(	) Dissatisfied
(	) Very dissatisfied
14 - lf yo	u are dissatisfied or very dissatisfied with the surgery – why?
(	) Fistula recurrence
(	) No fistula recurrence but different problem
(	) Fistula recurrence and different problem
15. Whic	h different problems did occur?

Patient #	Grade*	Description
1	II	Urinary infection treated with antibiotics
4	II	Postoperative transfusion
5	III a	Wound dehiscence and infection intervened under local anesthesia
6	II	Postoperative ileum and transfusion
7	II	Pneumonia needing antibiotics
9	IV a	Pulmonary thromboembolism needing ICU admission
13	IV a	Renal insufficiency needing ICU admission and dialysis
15	II	Metabolic acidosis and use of total parenteral nutrition
18	П	Surgical wound infection needing antibiotics
20	II	Cardiac insufficiency treated with diuretics and cardiotropic agents
22	II	Postoperative transfusion
24	Ι	Postoperative ileus treated with nasogastric tube
29	П	Venous thrombosis needing anticoagulation
31	IV a	Cardiac insufficiency needing ICU admission
34	V	Death due to liver insufficiency in chronic cirrhosis
35	П	Intraoperative and postoperative transfusion
36	П	Postoperative transfusion
38	Ι	Scrotal hematoma treated conservatively

# Appendix B - Postoperative complications within 90 days (n=39).

# numbered as registered in the CRF; \* According to Clavien-Dindo classification; ICU intensive care unit