

Supplementary table S1 Keywords and search strategy used in the umbrella review

MEDLINE (OvidSP) 1. Uric acid.mp. or Uric Acid/ 2. Uric Acid/ or urate*.mp. 3. Acid uric.mp. or Uric Acid/ 4. Hyperuricemia.mp. or Uric Acid/ or Hyperuricemia/ 5. Uric Acid/ or hypouricemia.mp. 6. Uric Acid/ or hyperuricosuria.mp. 7. Uric Acid/ or hypouricosuria.mp. 8. 1 or 2 or 3 or 4 or 5 or 6 or 7 9. "Review Literature as Topic"/ or "Review"/ or review*.mp. 10. Meta-Analysis as Topic/ or meta-analys*.mp. 11. Mendelian Randomization Analysis/ or Mendelian randomi*.mp. 12. 9 or 10 or 11 13. 8 and 12
EMBASE (OvidSP) 1. Uric acid.mp. or uric acid/ 2. Urate*.mp. or urate/ 3. Uric acid/ or acid uric.mp. 4. Hyperuricemia.mp. or hyperuricemia/ 5. Hypouricemia.mp. or hypouricemia/ 6. Hyperuricosuria.mp. or hyperuricosuria/ 7. Uric acid/ or hypouricosuria.mp. 8. 1 or 2 or 3 or 4 or 5 or 6 or 7 9. Systematic review.mp. or "systematic review"/

10. "Systematic review"/ or meta-analys*.mp.

11. Mendelian randomization analysis/ or Mendelian randomi*.mp. or Mendelian randomization/

12. 9 or 10 or 11

13. 8 and 12

Cochrane library

(uric acid OR acid uric OR urate* OR hyperuricemia OR hypouricemia OR hyperuricosuria OR hypouricosuria) AND (systematic review* OR meta-analys*)

Supplementary table S2 General characteristics and main findings of the systematic reviews of observational studies

Author	Year	Population	Study design	Comparison	Outcome	N studies	Authors' interpretation
Cardiovascular Outcomes							
Baker ¹	2005	Healthy subjects	Cohort	SUA level	CVD	10	The excess risk associated with SUA in healthy patients is likely to be small. High SUA is likely an independent risk factor in patients at high CVD risk.
Baker ¹	2005	Patients at high CVD risk	Cohort	SUA level	CVD	11	
Strazzullo ²	2007	General	Cohort	SUA level	CVD	16	SUA is a very weak predictor of CVD in healthy population, but a significant independent predictor among subjects at high or very high risk.
Strazzullo ²	2007	Patients with arterial hypertension	Cohort	SUA level	CVD	8	
Strazzullo ²	2007	Patients at high CVD risk	Cohort	SUA level	CVD	5	
Barron ³	2015	General	Cohort	SUA level	CVD	3	Greater risk of CVD/all-cause mortality in those with the highest than with the lowest quartiles of SUA.
Dimitroula ⁴	2008	General	Cohort	SUA level	Stroke	13	It remains controversial whether elevated serum uric acid is neuroprotective or injurious at the onset of acute stroke.
Hwu ⁵	2010	General	Cross-sectional	SUA level	Hypertension	6	All except one study have documented a direct association with either incident hypertension or increase in blood pressure.
Hwu ⁵	2010	General	Cohort/case-control	Hyper vs normal	Hypertension	17	
Kidney disease							
Avram ⁶	2008	General	Cohort	SUA level	Kidney dysfunction	9	Nearly all published prospective studies support the role of hyperuricemia as an independent risk factor for renal dysfunction.
Feig ⁷	2009	General	Observational	SUA level	Chronic kidney disease (CKD)	11	The preponderance of epidemiological evidence suggests a direct link between uric acid and CKD.
Cognitive diseases							
Alonso ⁸	2010	General	Cohort/case-control	SUA level	Parkinson's disease (PD)	10	PD patients have lower SUA levels than controls; SUA is strongly and linearly associated with reduced risk of PD.
Alonso ⁸	2010	PD patients	Cohort/case-control	SUA level	Clinical disability and worse cognitive performance	3	
Chang ⁹	2014	AD patients vs control	Case-control	SUA level	Alzheimer's disease (AD)	6	Three studies elaborate that plasma or serum uric acid level is significantly lower in AD, while three other studies do not observe this difference.
Other Outcomes							
Cnossen ¹⁰	2006	Women	Cohort	SUA level	Pre-eclampsia	5	There is currently insufficient evidence to draw firm conclusions about the accuracy of serum uric acid determination in predicting pre-eclampsia.

Supplementary table S3 General characteristics and main findings of the 144 meta-analyses of observational studies

Author	Year	Outcome	Population	Comparison	N Studies	N Participants	N Cases	Type of metric	Effect model reported	Reported summary effect (95% CI)	Concordance in overlapped MA
Cardiovascular outcomes											
Tamariz ¹¹	2014	Atrial fibrillation incidence	General	Highest vs lowest SUA category	3	138,306	3,466	RR	Random	1.67 (1.23, 2.27)	YES¹¹⁻¹³
Xu ¹²	2015	Atrial fibrillation incidence	General	Hyper vs normal	7	85,530	NA	RR	Random	1.80 (1.37, 2.38)	
Xu ¹²	2015	Atrial fibrillation new-onset	General	Hyper vs normal	5	84,837	NA	RR	Random	1.66 (1.22, 2.26)	
Zhang ¹³	2016	Atrial fibrillation incidence	General	Hyper vs normal	6	426,159	7,595	RR	Random	1.49 (1.24, 1.79)	
Tamariz ¹¹	2014	Atrial fibrillation	Atrial fibrillation vs controls	SUA level (mg/dl)	6	7,930	1,603	SMD	Random	0.42 (0.27, 0.58)	
Zhao ¹⁴	2016	Atrial fibrillation recurrence	Atrial fibrillation patients	Hyper vs normal	4	1,298	393	OR	Random	1.37 (0.98, 1.93)	
Xu ¹²	2015	Atrial fibrillation recurrence	General	Hyper vs normal	2	61,955	NA	aRR	Random	2.07 (1.61, 2.67)	
Wheeler ¹⁵	2005	CHD incidence	General	Highest vs lowest SUA category	16	164,542	9,485	RR	Random	1.13 (1.07, 1.20)	YES¹⁵⁻¹⁸
Kim ¹⁶	2010	CHD	General	Hyper vs normal	9	53,750	5,113	aRR	Random	1.09 (1.03, 1.16)	
Braga ¹⁷	2015	CHD incidence	General	Hyper vs normal	9	457,915	19,119	RR	Random	1.21 (1.07, 1.36)	
Li ¹⁸	2016	CHD incidence	General	Hyper vs normal	13	70,382	6,666	aRR	Random	1.13 (1.05, 1.21)	
Qin ¹⁹	2016	CVD	Hypertensive patients	Hyper vs normal	6	19,546	1,054	aHR	Random	1.17 (1.07, 1.27)	
Qin ¹⁹	2016	CVD	Hypertensive patients	Continuous SUA	4	NA	NA	aHR	Random	1.51 (1.13, 2.03)	
Huang ²⁰	2014	Heart failure incidence	General	Hyper vs normal	5	427,917	101,71	HR	Random	1.65 (1.41, 1.94)	
Huang ²⁰	2014	Heart failure incidence	General	Highest vs lowest SUA category	4	NA	NA	HR	Random	1.64 (1.39, 1.94)	
Huang ²⁰	2014	Heart failure incidence	General	1 mg/dl SUA increase	3	420,756	9,812	HR	Fixed	1.19 (1.17, 1.21)	
Zhang ²¹	2009	Hypertension	General	Highest vs lowest SUA category	8	28,657	NA	RR	Random	1.55 (1.32, 1.82)	YES²¹⁻²³

Grayson ²²	2011	Hypertension incidence	General	Hyper vs normal	12	32,390	NA	RR	Random	1.81 (1.55, 2.07)	
Grayson ²²	2011	Hypertension incidence	General	Hyper vs normal	11	33,925	NA	aRR	Random	1.41 (1.23, 1.58)	
Grayson ²²	2011	Hypertension incidence	General	1 mg/dl SUA increase	6	23,018	NA	aRR	Random	1.13 (1.06, 1.20)	
Grayson ²²	2011	Hypertension incidence	General	1 SD SUA increase	8	30,492	NA	RR	Random	1.16 (1.07, 1.26)	
Wang ²³	2014	Hypertension incidence	General	Hyper vs normal	17	71,630	18,751	aRR	Random	1.48 (1.33, 1.65)	
Wang ²³	2014	Hypertension incidence	General	1 SD SUA increase	10	37,125	7,584	aRR	Random	1.19 (1.11, 1.28)	
Wang ²³	2014	Hypertension incidence	General	1 mg/dl SUA increase	5	15,951	4,941	aRR	Random	1.15 (1.06, 1.26)	
Jiang ²⁴	2016	Prehypertension	General	Highest vs lowest SUA category	8	44,095	20,832	OR	Random	1.84 (1.42, 2.38)	
Zhang ¹³	2016	Left atrial thrombus or spontaneous echo contrast (LATH/LASEC)	Patients with mitral stenosis, sinus rhythm or atrial fibrillation	Highest vs lowest SUA category	6	2,381	241	OR	Random	1.59 (1.13, 2.23)	
Yan ²⁵	2014	Major adverse cardiovascular events (MACE)	Acute myocardial infarction (AMI) patients vs controls	Hyper vs normal	6	2,406	651	RR	Fixed	3.44 (2.33, 5.08)	
Song ²⁶	2015	MACE	Patients after PCI	Hyper vs normal	2	3,054	NA	RR	Fixed	1.78 (1.26, 2.52)	
Trkulja ²⁷	2012	Medium term MACE	Patients with acute myocardial infarction	Highest vs lowest SUA category	4	4,299	1,240	OR	Random	1.62 (1.20, 2.19)	
Trkulja ²⁷	2012	Short term MACE	Patients with acute myocardial infarction	Highest vs lowest SUA category	7	6,470	787	OR	Random	2.21 (1.64, 2.97)	
Qin ¹⁹	2016	Stroke	Hypertensive patients	Hyper vs normal	5	NA	NA	HR	Random	0.94 (0.67, 1.33)	
Qin ¹⁹	2016	Stroke	Hypertensive patients	Continuous SUA level	3	9,978	217	aHR	Random	1.11 (0.98, 1.16)	
Kim ²⁸	2009	Stroke incidence	General	Hyper vs normal	6	11,495	NA	RR	Random	1.41 (1.05, 1.76)	YES ^{28 29}
Li ²⁹	2014	Stroke incidence	General	Hyper vs normal	5	24,548	1,290	aRR	Random	1.22 (1.02, 1.46)	
Diabetes related outcomes											
Jia ³⁰	2013	Impaired fasting glucose or T2DM	General	Highest vs lowest SUA category	12	62,834	6,340	RR	Random	1.57 (1.39, 1.77)	
Kodama ³¹	2009	Type 2 diabetes	General	1 mg/dl SUA increase	11	42,834	3,305	RR	Random	1.17 (1.09,	YES ³⁰⁻³²

		(T2DM)								1.25)	
Jia ³⁰	2013	T2DM	General	Highest vs lowest SUA category	9	48,808	5,115	RR	Fixed	1.67 (1.51, 1.86)	
Lv ³²	2013	T2DM incidence	General without diabetes	Hyper vs normal	8	32,016	2,930	RR	Fixed	1.56 (1.39, 1.76)	
Lv ³²	2013	T2DM incidence	General without diabetes	1 mg/dl SUA increase	6	21,592	2,203	RR	Fixed	1.06 (1.04, 1.07)	
Qin ¹⁹	2016	Diabetes incidence	Hypertensive patients	Hyper vs normal	2	8,247	564	aHR	Random	1.84 (1.02, 3.30)	
Qin ¹⁹	2016	Diabetes incidence	Hypertensive patients	Continuous SUA level	2	NA	NA	aHR	Random	1.28 (1.18, 1.38)	
Xu ³³	2013	Diabetic nephropathy	T2DM patients	Continuous/categorical SUA level	3	3,166	196	OR	Random	1.91 (1.07, 3.42)	
Xu ³³	2013	Diabetic retinopathy	T2DM patients	Continuous/categorical SUA level	2	1,739	311	OR	Random	1.23 (0.81, 1.87)	
Xu ³³	2013	Diabetic vascular complications	T2DM patients	Continuous/categorical SUA level	6	5,017	967	OR	Random	1.28 (1.12, 1.46)	
Xu ³³	2013	Diabetic microvascular complications	T2DM patients	Continuous/categorical SUA level	5	4,513	854	OR	Random	1.47 (1.11, 1.94)	
Xu ³³	2013	Peripheral vascular disease	T2DM patients	Continuous/categorical SUA level	3	2,538	151	OR	Random	1.27 (0.91, 1.78)	
Xu ³³	2013	Diabetic Macrovascular disease	T2DM patients	Continuous/categorical SUA level	3	2,538	187	OR	Fixed	1.03 (1.00, 1.06)	
Xu ³³	2013	Diabetic neuropathy	T2DM patients	Continuous/categorical SUA level	2	2,034	231	OR	Random	1.19 (0.61, 2.32)	NO ^{33 34} (discordance in statistical significance)
Yu ³⁴	2016	Diabetic peripheral neuropathy	Diabetic peripheral peuropathy patients vs diabetic controls	SUA level (μmol/L)	7	2,035	464	MD	Random	50.03 (22.14, 77.93)	
Yu ³⁴	2016	Diabetic peripheral neuropathy	Diabetic peripheral peuropathy patients vs diabetic controls	Hyper vs normal	5	4,097	894	RR	Random	2.83 (2.13, 3.76)	
Kidney disorders											
Li ³⁵	2011	Impaired kidney function	General	Hyper vs normal	3	3,004	NA	RR	Random	1.35 (1.12, 1.63)	
Li ³⁵	2011	CKD incidence	General	Hyper vs normal	10	276,801	3,730	aRR	Random	1.49 (1.27, 1.75)	YES ³⁵⁻³⁷
Zhu ³⁷	2014	CKD incidence	Middle-aged Populations	1 mg/dL SUA increase	15	99,205	3,492	RR	Random	1.22 (1.16, 1.28)	
Li ³⁶	2014	CKD new-onset incidence	Non-CKD population	Hyper vs normal	6	28,256	NA	HR	Fixed	2.59 (2.14, 3.13)	

Li ³⁶	2014	CKD new-onset incidence	Non-CKD population	1 mg/dl SUA increase	7	153,620	7,014	HR	Random	1.06 (1.04, 1.08)	
Li ³⁶	2014	CKD new-onset incidence	Healthy population	Hyper vs normal	4	NA	NA	HR	Random	2.86 (2.30, 3.56)	
Li ³⁶	2014	CKD new-onset incidence	Diabetic patients	Hyper vs normal	2	NA	NA	HR	Random	1.90 (1.30, 2.78)	
Huang ³⁸	2012	eGFR (mL/min·1.73 m ²)	Renal transplant recipients	Hyper vs normal	8	2,075	NA	MD	Random	-11.24 (-16.34, -6.14)	
Huang ³⁸	2012	SCr (μmol/L)	Renal transplant recipients	Hyper vs normal	5	873	NA	MD	Fixed	0.24 (0.17, 0.31)	
Huang ³⁸	2012	Graft loss	Renal transplant recipients	Hyper vs normal	3	910	154	OR	Fixed	2.29 (1.55, 3.39)	
Huang ³⁸	2012	Graft loss	Renal transplant recipients	1 mg/dl SUA increase	3	1,050	NA	aHR	Fixed	1.21 (1.08, 1.37)	
Huang ³⁸	2012	Chronic allograft nephropathy	Renal transplant recipients	Hyper vs normal	4	1,057	113	OR	Fixed	2.85 (1.85, 4.38)	
Neurocognitive disorders											
Khan ³⁹	2013	Alzheimer's disease (AD)	AD patients vs controls	SUA level (mg/dl)	17	3,447	1,153	SMD	Random	-0.42 (-0.62, -0.21)	NO ³⁹⁻⁴² (discordance in statistical significance)
Schrag ⁴⁰	2013	Alzheimer's disease (AD)	AD patients vs controls	SUA level (mg/dl)	10	900	453	Hedge's G	Random	-0.59 (-1.26, -0.09)	
Chen ⁴¹	2014	Alzheimer's disease (AD)	AD patients vs controls	SUA level (mg/dl)	11	2,708	647	SMD	Random	-0.50 (-1.23, 0.22)	
Du ⁴²	2016	Alzheimer's disease (AD)	AD patients vs controls	SUA level (mg/dl)	21	3,617	1,128	MD	Random	-0.77 (-1.18, -0.36)	
Du ⁴²	2016	Alzheimer's disease (AD)	Alzheimer's patients vs controls	Highest vs lowest SUA category	3	7,372	NA	RR	Fixed	0.66 (0.52, 0.85)	
Bartoli ⁴³	2016	Bipolar disorder	Bipolar disorder vs controls	SUA level (mg/dl)	9	1,127	619	SMD	Random	0.65 (0.33, 0.97)	
Bartoli ⁴³	2016	Bipolar disorder	Bipolar disorder vs major depression	SUA level (mg/dl)	5	735	399	SMD	Random	0.46 (0.16, 0.75)	
Bartoli ⁴³	2016	Bipolar disorder phase (Depressive vs euthymic phase)	Depressive vs euthymic phase	SUA level (mg/dl)	6	375	NA	SMD	Random	-0.11 (-0.33, 0.11)	
Bartoli ⁴³	2016	Bipolar disorder phase	Manic/mixed vs depressive phase	SUA level (mg/dl)	7	472	NA	SMD	Random	0.34 (0.02, 0.66)	
Bartoli ⁴³	2016	Bipolar disorder phase	Manic/mixed vs euthymic phase	SUA level (mg/dl)	6	402	NA	SMD	Random	0.19 (-0.10, 0.49)	
Khan ³⁹	2013	Dementia/cognitive impairment	Dementia/cognitive impairment patients vs controls	SUA level (mg/dl)	31	7,021	2,681	SMD	Random	-0.33 (-0.48, -0.17)	
Khan ³⁹	2013	Dementia/cognitive impairment	Dementia/cognitive impairment	Highest vs lowest SUA category	5	3,281	489	OR	Random	1.18 (0.96, 1.46)	

			patients vs controls								
Khan ³⁹	2013	Vascular dementia (VaD)	Vascular dementia patients vs controls	SUA level (mg/dl)	7	597	272	SMD	Random	-0.05 (-0.88, 0.78)	
Schrag ⁴⁰	2013	Mild cognitive impairment (MCI)	MCI patients vs controls	SUA level (mg/dl)	2	129	49	Hedge's G	Random	-0.73 (-2.7, 1.24)	YES ^{39 40}
Khan ³⁹	2013	Mild cognitive impairment (MCI)	MCI patients vs controls	SUA level (mg/dl)	4	731	515	SMD	Random	-0.24 (-0.90, 0.42)	
Khan ³⁹	2013	Mixed or undifferentiated dementia	Mixed or undifferentiated dementia vs controls	SUA level (mg/dl)	4	1,998	NA	SMD	Random	0.19 (-0.17, 0.54)	
Khan ³⁹	2013	Parkinson's disease (PD)	PD patients vs controls	SUA level (mg/dl)	7	1,008	514	SMD	Random	-0.67 (-1.05, -0.29)	YES ^{39 44 45}
Shen ⁴⁴	2013	Parkinson's disease (PD)	PD patients vs controls	SUA level (μM/L)	6	2,493	1,217	SMD	NA	-0.52 (-0.72, -0.31)	
Shen ⁴⁴	2013	Parkinson's disease (PD)	General	Hyper vs normal	6	33,185	578	RR	Random	0.65 (0.43, 0.97)	
Shen ⁴⁴	2013	Parkinson's disease (PD)	General	Hyper vs normal	3	11,795	NA	RR(dose-respond)	NA	0.77 (0.68, 0.88)	
Shen ⁴⁵	2013	PD progression	PD patients	Hyper vs normal	2	1,578	NA	RR	Fixed	0.56 (0.43, 0.72)	
Liu ⁴⁶	2012	Multiple sclerosis (MS)	MS patients vs controls	SUA level (umol/L)	8	1,037	556	SMD	Random	-0.68 (-0.82, -0.55)	YES ^{46 47}
Wang ⁴⁷	2016	Multiple sclerosis (MS)	MS patients vs control	SUA level (μmol/L)	10	2,216	1,308	SMD	Random	-0.40 (-0.73, -0.07)	
Wang ⁴⁷	2016	Neruomyelistsoptics (NMO)	NMO patients vs control	SUA level (μmol/L)	3	1,137	229	SMD	Random	-0.85 (-1.24, -0.46)	
Wang ⁴⁷	2016	MS and NMO	MS+NMO patients vs control	SUA level (μmol/L)	13	2,445	1,537	SMD	Random	-0.52 (-0.81, -0.24)	
Abraham ⁴⁸	2014	Amyotrophic lateral sclerosis (ALS)	ALS patients vs controls	SUA level (mg/dl)	3	826	311	Hedge's G	NA	0.84 (NA, NA)	
Flatow ⁴⁹	2013	Schizophrenia (Chronic)	Chronic Schizophrenia patients vs controls	SUA level (mg/dl)	3	241	103	Hedge's G	Random	p=0.15	
Flatow ⁴⁹	2013	Schizophrenia (First-Episode Psychosis)	Schizophrenia patients in First-Episode Psychosis vs controls	SUA level (mg/dl)	2	274	155	Hedge's G	Random	p<0.01	
Cancer outcomes											
Yan ⁵⁰	2015	Cancer incidence	General	Highest vs lowest SUA category	5	456,053	14,355	RR	Fixed	1.03 (1.01, 1.05)	
Yan ⁵⁰	2015	Cancer in Digestive	General	Highest vs lowest	3	266,347	2,521	RR	Random	1.08 (0.94,	

		organs incidence		SUA category						1.25)	
Yan ⁵⁰	2015	Cancer in Lymphoid and hematopoietic systems incidence	General	Highest vs lowest SUA category	2	86,739	397	RR	Fixed	1.71 (1.10, 2.68)	
Yan ⁵⁰	2015	Cancer in Male genital organs incidence	General	Highest vs lowest SUA category	3	162,022	2,634	RR	Fixed	1.06 (1.00, 1.13)	
Yan ⁵⁰	2015	Cancer in Respiratory system and intrathoracic organs incidence	General	Highest vs lowest SUA category	4	456,053	2,941	RR	Random	1.05 (0.93, 1.19)	
Yan ⁵⁰	2015	Cancer in Urinary organs incidence	General	Highest vs lowest SUA category	2	86,739	536	RR	Random	1.17 (0.44, 3.15)	
All-cause and cause-specific mortality											
Kim ¹⁶	2010	CHD mortality	General	Hyper vs normal	8	253,336	4,473	aRR	Random	1.16 (1.01, 1.30)	YES¹⁶⁻¹⁸
Kim ¹⁶	2010	CHD mortality	General	1 mg/dl SUA increase	4	102,342	770	aRR	Random	1.12 (1.05, 1.19)	
Braga ¹⁷	2015	CHD mortality	General	Hyper vs normal	6	237,421	5,572	RR	Random	1.21 (1.00, 1.46)	
Li ¹⁸	2016	CHD Mortality	General	Hyper vs normal	13	876,584	24,198	aRR	Random	1.27 (1.16, 1.39)	
Li ¹⁸	2016	CHD Mortality	General	1 mg/dl SUA increase	6	NA	NA	RR	Random	1.15 (1.09, 1.21)	
Qin ¹⁹	2016	CVD mortality	Hypertensive patients	Hyper vs normal	3	NA	NA	aHR	Random	1.31 (0.96, 1.78)	
Huang ²⁰	2014	CVD mortality	Heart failure patients	Hyper vs normal	2	2,250	NA	HR	Random	1.45 (1.18, 1.78)	
Zhao ⁵¹	2014	CVD mortality	General	Highest vs lowest SUA category	9	165,806	6,121	RR	Random	1.37 (1.19, 1.57)	YES^{51 52}
Yang ⁵²	2015	CVD mortality	General	Highest vs lowest SUA category	3	105,329	1,829	RR	Random	1.25 (1.00, 1.56)	
Kim ²⁸	2009	Stroke mortality	General	Hyper vs normal	6	45,751	NA	aRR	Random	1.26 (1.12, 1.39)	YES^{28 29}
Li ^{29*}	2014	Stroke mortality	General	Hyper vs normal	9	1,017,810	21,281	aRR	Random	1.33 (1.24, 1.43)	
Qin ¹⁹	2016	Stroke mortality	Hypertensive patients	Continuous SUA level	2	NA	NA	aHR	Random	1.20 (0.95, 1.51)	
Xia ⁵³	2016	CKD mortality	General	Highest vs lowest SUA category	14	15,930	3,245	aHR	Random	1.52 (1.33, 1.73)	
Xia ⁵³	2016	CKD mortality	General	1 mg/dl SUA increase	21	23,443	3,904	aHR	Random	1.08 (1.04, 1.11)	

Yan ⁵⁰	2015	Cancer mortality	General	Highest vs lowest SUA category	12	632,472	NA	RR	Random	1.17 (1.04, 1.32)	
Yan ⁵⁰	2015	Cancer mortality in bone, connective tissue, soft tissue, and skin	General	Highest vs lowest SUA category	NA	112,296	NA	RR	Fixed	0.94 (0.47, 1.87)	
Yan ⁵⁰	2015	Cancer mortality in digestive organs	General	Highest vs lowest SUA category	4	187,886	855	RR	Fixed	1.27 (1.08, 1.49)	
Yan ⁵⁰	2015	Cancer mortality in lymphoid and hematopoietic systems	General	Highest vs lowest SUA category	NA	112,296	NA	RR	Fixed	1.18 (0.82, 1.70)	
Yan ⁵⁰	2015	Cancer mortality in male genital organs	General	Highest vs lowest SUA category	NA	88,033	NA	RR	Random	0.51 (0.07, 3.85)	
Yan ⁵⁰	2015	Cancer mortality in respiratory system and intrathoracic organs	General	Highest vs lowest SUA category	2	116,646	164	RR	Random	1.08 (0.61, 1.91)	
Yan ⁵⁰	2015	Cancer mortality in urinary organs	General	Highest vs lowest SUA category	2	112,296	NA	RR	Fixed	1.35 (0.88, 2.07)	
Tamariz ⁵⁴	2009	All-cause mortality	Heart failure patients	Hyper vs normal	6	1,456	NA	RR	Fixed	2.13 (1.78, 2.55)	YES ^{20 54}
Tamariz ⁵⁴	2009	All-cause mortality	Acute heart failure patients	Hyper vs normal	4	772	NA	RR	Fixed	2.40 (1.50, 3.70)	
Tamariz ⁵⁴	2009	All-cause mortality	Chronic heart failure patients	Hyper vs normal	2	772	NA	RR	Fixed	2.10 (1.50, 2.90)	
Huang ²⁰	2014	All-cause mortality	Heart failure patients	Hyper vs normal	11	12,444	1,888	HR	Random	2.15 (1.64, 2.83)	
Huang ²⁰	2014	All-cause mortality	Heart failure patients	1 mg/dl SUA increase	10	21,119	5,755	HR	Random	1.04 (1.02, 1.06)	
Li ³⁵	2011	All-cause mortality	CKD population	Hyper vs normal	5	1,789	609	RR	Random	1.67 (1.29, 2.16)	
Trkulja ²⁷	2012	Short-term mortality	AMI patients	Highest vs lowest SUA category	8	6,805	396	OR	Random	2.95 (2.29, 3.80)	
Trkulja ²⁷	2012	Medium term mortality	AMI patients	Highest vs lowest SUA category	5	5,194	565	OR	Random	2.28 (1.82, 2.86)	
Yan ²⁵	2014	In-hospital mortality	AMI patients vs controls	Hyper vs normal	6	5,686	218	RR	Random	2.10 (1.03, 4.26)	
Xu ³³	2013	Mortality	T2DM patients	Hyper vs normal	3	5,534	NA	HR	Random	1.09 (1.03, 1.16)	
Zhao ⁵¹	2014	All-cause mortality	General	Highest vs lowest SUA category	10	143,483	7,031	RR	Random	1.24 (1.09, 1.42)	YES ^{51 52}
Yang ⁵²	2015	All-cause mortality	General	Highest vs lowest SUA category	6	126,702	12,863	RR	Random	1.17 (1.03, 1.32)	

Song ²⁶	2015	Mortality	Patients after PCI	Hyper vs normal	9	17,268	NA	RR	Fixed	1.31 (1.21, 1.42)	
Song ²⁶	2015	Mortality	Patients after PCI	1 mg/dl SUA increase	3	NA	NA	RR	Random	1.25 (1.13, 1.39)	
Qin ¹⁹	2016	All-cause mortality	Hypertensive patients	Hyper vs normal	4	46,103	5,820	aHR	Random	1.12 (1.02, 1.23)	
Qin ¹⁹	2016	All-cause mortality	Hypertensive patients	Continuous SUA level	3	NA	NA	aHR	Random	1.05 (0.98, 1.13)	
Other outcomes											
Trkulja ²⁷	2012	Medium/long-term occurrence of poor outcomes (death/MACE)	AMI patients	Highest vs lowest SUA category	3	2,683	NA	HR	Random	1.30 (1.01, 1.68)	
Trkulja ²⁷	2012	Medium/long-term occurrence of poor outcomes (death/MACE)	AMI patients	50 µmol/L increase	4	3,533	NA	aHR	Random	1.19 (1.03, 1.37)	
Trkulja ²⁷	2012	Short-term occurrence of poor outcomes (death/MACE)	AMI patients	Highest vs lowest SUA category	4	3,625	336	aOR	Random	2.26 (1.85, 2.77)	
Huang ²⁰	2014	Combined death or cardiac events	Heart failure patients	Hyper vs normal	9	12,699	1,765	HR	Random	1.39 (1.18, 1.63)	
Huang ²⁰	2014	Combined death or cardiac events	Heart failure patients	1 mg/dl SUA increase	4	2,514	NA	HR	Random	1.28 (0.97, 1.70)	
Song ²⁶	2015	Adverse outcomes (mortality, MAGE, In-stent restenosis)	Patients after PCI	Hyper vs normal	12	21,030	NA	RR	Random	1.46 (1.29, 1.65)	
Wang ⁵⁵	2016	Occurrence of poor outcomes	Acute ischemic stroke patients	Highest vs lowest SUA category	9	7,932	NA	HR	Random	0.77 (0.68, 0.88)	
Wang ⁵⁵	2016	Occurrence of poor outcomes	Acute ischemic stroke patients	SUA level (µmol/L)	4	1,879	631	MD	Fixed	30.61 (20.13, 41.08)	
Li ⁵⁶	2016	Psoriasis	Psoriasis patients vs controls	SUA level (mg/dl)	13	29,037	1,644	MD	Random	0.89 (0.05, 1.73)	
Li ⁵⁶	2016	Psoriasis severity	Sever psoriasis patients vs controls	SUA level (mg/dl)	3	300	104	MD	Random	0.53 (-1.04, 2.10)	
Zhou ⁵⁷	2016	Non-alcoholic fatty liver disease (NAFLD)	General	Highest vs lowest SUA category	9	55,573	10,581	OR	Random	1.92 (1.59, 2.31)	

Abbreviations: MA, meta-analysis; CHD, coronary heart disease; CVD, cardiovascular disease; MACE, major adverse cardiovascular events; AMI, acute myocardial infarction; PCI, percutaneous coronary intervention; T2DM, Type 2 diabetes; CKD, chronic kidney disease; AD, Alzheimer's disease; PD, Parkinson's disease; VaD, Vascular dementia; MCI, mild cognitive impairment; MS, multiple sclerosis; NMO, neuromyelitis optica; ALS, amyotrophic lateral sclerosis; NAFLD, non-alcoholic fatty liver disease; MD, mean difference; SMD, standard mean difference; NA, not available.

* We corrected the errors and inappropriateness of the original meta-analysis, when conducted the quantitative analysis.

Supplementary table S4 General characteristics and main findings of the 31 meta-analyses of RCTs

Author	Year	Population	SUA-lowering therapy	Versus	Outcome	N studies	N participants	N Cases	Type of metric	Effect model	Reported summary effect (95%)	Concordance in overlapped MA
Kidney diseases												
Fink ⁵⁸	2013	Nephrolithiasis patients	Thiazides	Placebo/no treatment	Nephrolithiasis recurrence	5	300	151	RR	Random	0.52 (0.39, 0.69)	
Fink ⁵⁸	2013	Nephrolithiasis patients	Citrates	Placebo/no treatment	Nephrolithiasis recurrence	4	197	90	RR	Random	0.25 (0.14, 0.44)	
Fink ⁵⁸	2013	Nephrolithiasis patients	Allopurinol	Placebo/no treatment	Nephrolithiasis recurrence	2	152	78	RR	Random	0.59 (0.42, 0.84)	
Wang ⁵⁹	2013	General	All active therapy	Placebo/no treatment	SCr (mg/dL)	9	580	NA	SMD	Random	-1.25 (-1.98, -0.52)	
Wang ⁵⁹	2013	General	All active therapy	Placebo/no treatment	eGFR (ml/min/1.73m ²)	3	218	NA	SMD	Fixed	0.41 (0.14, 0.68)	
Zhang ⁶⁰	2014	CKD Patients	Allopurinol	Placebo/no treatment	SCr (μmol/L)	6	354	177	MD	Random	-62.55 (-98.10, -26.99)	YES ^{60 61}
Bose ⁶¹	2014	Patients with CKD or decreased kidney function	Allopurinol	Placebo/no treatment	SCr (mg/dL)	3	130	NA	MD	Random	-0.40 (-0.80, 0.00)	
Zhang ⁶⁰	2014	CKD Patients	Allopurinol	Placebo/no treatment	eGFR (ml/min/1.73m ²)	2	184	96	MD	Fixed	5.65 (1.88, 9.41)	NO ^{60 61} (discordance in statistical significance)
Bose ⁶¹	2014	Patients with CKD or decreased kidney function	Allopurinol	Placebo/no treatment	eGFR (ml/min/1.73m ²)	5	346	NA	MD	Random	3.10 (-0.90, 7.10)	
Zhang ⁶⁰	2014	CKD Patients	Allopurinol	Placebo/no treatment	End-stage renal disease	5	267	132	RR	Fixed	0.30 (0.19, 0.46)	NO ^{60 61} (discordance in direction and statistical significance)
Bose ⁶¹	2014	Patients with CKD or decreased kidney function	Allopurinol	Placebo/no treatment	End-stage kidney disease	2	164	NA	RR	Random	1.01 (0.15, 6.98)	
Zhang ⁶⁰	2014	CKD Patients	Allopurinol	Placebo/no treatment	Blood urea nitrogen (mmol/L)	3	169	83	MD	Fixed	-6.15 (-8.17, -4.13)	
Zhang ⁶⁰	2014	CKD Patients	Allopurinol	Placebo/no treatment	24-h urinary protein (g/day)	3	184	94	MD	Fixed	0.13 (0.28, 0.02)	
Zhang ⁶⁰	2014	CKD Patients	Allopurinol	Placebo/no treatment	Stable renal function	5	267	132	RR	Fixed	1.73 (1.44, 2.09)	
Bose ⁶¹	2014	Patients with CKD or decreased kidney function	Allopurinol	Placebo/no treatment	Proteinuria (g/day)	5	250	NA	MD	Random	-0.20 (-0.60, 0.10)	

Endothelial function												
Higgins ⁶²	2010	Population with vascular diseases	Xanthine Oxidase	Placebo/no treatment	Flow-mediated dilatation (%)	5	144	75	MD	Random	2.50 (0.15, 4.84)	
Higgins ⁶²	2010	Population with vascular diseases	Xanthine Oxidase	Placebo/no treatment	Forearm blood flow	5	148	74	MD	Random	68.80 (18.70, 118.90)	
Kanbay ^{63*}	2014	General	Allopurinol	Placebo/no treatment	Flow-mediated dilatation (%)	6	285	142	MD	Fixed	2.75 (2.49, 3.01)	
Kanbay ^{63*}	2014	General	Allopurinol	Placebo/no treatment	Forearm blood flow (%)	5	130	71	MD	Fixed	2.62 (2.32, 2.91)	
Kanbay ^{63*}	2014	General	Allopurinol	Placebo/no treatment	Endothelial-dependent dilatation (%)	11	415	213	MD	Fixed	2.69 (2.49, 2.89)	
Kanbay ^{63*}	2014	General	Allopurinol	Placebo/no treatment	Endothelial independent dilatation (%)	5	216	113	MD	Fixed	0.20 (-0.20, 0.61)	
Mortality												
Chaudhari ⁶⁴	2012	Infants with hypoxic-ischaemic encephalopathy	Allopurinol	Placebo/no treatment	Death during neonatal or infancy	3	114	58	RR	Fixed	0.88 (0.56, 1.38)	
Chaudhari ⁶⁴	2012	Infants with hypoxic-ischaemic encephalopathy	Allopurinol	Placebo/no treatment	Death during neonatal or infancy	2	41	20	RR	Fixed	0.97 (0.62, 1.51)	
Chaudhari ⁶⁴	2012	Infants with hypoxic-ischaemic encephalopathy	Allopurinol	Placebo/no treatment	Death or serve neurodevelopmental disability in survivors	3	110	56	RR	Fixed	0.78 (0.56, 1.08)	
Chaudhari ⁶⁴	2012	Infants with hypoxic-ischaemic encephalopathy	Allopurinol	Placebo/no treatment	Death or serve neurodevelopmental disability in survivors	2	41	20	RR	Fixed	0.92 (0.66, 1.30)	
Other outcomes												
Chaudhari ⁶⁴	2012	Infants with hypoxic-ischaemic encephalopathy	Allopurinol	Placebo/no treatment	Severe quadriplegia in surviving infants	3	73	38	RR	Fixed	0.59 (0.28, 1.27)	
Chaudhari ⁶⁴	2012	Infants with hypoxic-ischaemic encephalopathy	Allopurinol	Placebo/no treatment	Seizures in neonatal period	3	114	58	RR	Fixed	0.93 (0.75, 1.16)	
Agarwal ⁶⁵	2013	Patients with elevated SUA or kidney	Allopurinol	Placebo/no treatment	SBP (mmHg)	10	738	NA	MD	Random	-3.33 (-5.25, -1.42)	NO ^{61 65} (discordance in statistical

		dysfunction										significance)
Bose ⁶¹	2014	Patients with CKD or decreased kidney function	Allopurinol	Placebo/no treatment	SBP (mmHg)	5	309	NA	MD	Random	-2.70 (-7.30, 1.90)	
Agarwal ⁶⁵	2013	Patients with elevated SUA or kidney dysfunction	Allopurinol	Placebo/no treatment	DBP (mmHg)	10	738	NA	MD	Random	-1.29 (-2.48, -0.10)	NO ^{61 65} (discordance in statistical significance)
Bose ⁶¹	2014	Patients with CKD or decreased kidney function	Allopurinol	Placebo/no treatment	DBP (mmHg)	5	309	NA	MD	Random	-1.90 (-4.90, 1.20)	

Abbreviations: MA, meta-analysis; CKD, chronic kidney disease; SBP, systolic blood pressure; DBP, diastolic blood pressure; MD, mean difference; SMD, standard mean difference; NA, not available.

* Quantitative analyses were not performed, because we suspected some of the reported data misused standard error as standard deviation.

Supplementary table S5 General characteristics and main findings of the 107 Mendelian randomisation studies*

Author	Year	Population	N/n Events (N studies)*	Outcomes	Genetic instruments (GI)	SUA variance (R ²) explained by GI	Type of metric	Estimate effect (95% CI)	P value	Concordance in overlapped MR
Anthropometric variables										
Korostishevsky ⁶⁶	2016	UK	3,953	Appendicular lean mass (kg)	rs737267 in <i>SCL2A9</i>	NA	β	0.01 (NA, NA)	0.51	
Lyngdoh ⁶⁷	2012	Switzerland	6,184	Fat mass (kg)	rs6855911 in <i>SCL2A9</i>	3.2%	β	0.05 (-0.10, 0.19)	0.52	
Burgess ⁶⁸	2015	European	7,158	BMI (kg/m ²)	Genetic risk score of 29 SUA-related SNPs	NA	β	-0.12(-0.53, 0.29)	0.57	NO ⁶⁷⁻⁷³ (discordance in direction)
Palmer ⁶⁹	2013	Danish	68,674 (2)*	BMI (kg/m ²)	rs7442295 in <i>SCL2A9</i>	2.2%	MD	-0.04 (-0.25, 0.16)	NA	
Hughes ⁷⁰	2013	European	7,979 (2)*	BMI (kg/m ²)	Genetic risk score of 5 SUA-related SNPs	2.3%	β	-0.05 (-0.12, 0.01)	0.11	
Lyngdoh ⁶⁷	2012	Switzerland	6,184	BMI (kg/m ²)	rs6855911 in <i>SCL2A9</i>	3.2%	β	-0.01 (-0.16, 0.14)	0.94	
Oikonen ⁷¹	2012	Finnish (male)	1,985	BMI (kg/m ²)	rs13129697 in <i>SCL2A9</i>	NA	β	0.04 (NA, NA)	0.82	
Parsa ⁷²	2012	USA	868	BMI (kg/m ²)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.24 (-0.33, 0.81)	0.39	
White ⁷³	2016	European	127,600 (64)*	BMI (kg/m ²)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	-0.0003 (-0.0008, 0.0002)	NA	
Lyngdoh ⁶⁷	2012	Switzerland	6,184	Waist circumference (cm)	rs6855911 in <i>SCL2A9</i>	3.2%	β	0.08 (-0.05, 0.21)	0.24	
Xiong ⁷⁴	2016	Chinese	1,667	BMD in femoral neck (g/cm ²)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	0.19 (-0.42, 0.81)	0.53	NO ⁷⁴⁻⁷⁵ (discordance in direction)
Dalbeth ⁷⁵	2015	USA	2,501	BMD in femoral neck (g/cm ²)	Genetic risk score of 5 SUA-related SNPs	3.3%	β	-0.27 (-0.58, 0.03)	0.08	
Xiong ⁷⁴	2016	Chinese	1,667	BMD in L1–L4 (g/cm ²)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	0.39 (-0.26, 0.98)	0.26	
Dalbeth ⁷⁵	2015	USA	2,501	BMD in spine (g/cm ²)	Genetic risk score of 5 SUA-related SNPs	3.3%	β	0.08 (-0.32, 0.48)	0.68	
Dalbeth ⁷⁵	2015	USA	2,501	BMD in total femur (g/cm ²)	Genetic risk score of 5 SUA-related SNPs	3.3%	β	-0.29 (-0.60, 0.01)	0.06	
Xiong ⁷⁴	2016	Chinese	1,667	BMD in total hip (g/cm ²)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	0.19 (-0.36, 0.74)	0.50	
Cardiovascular outcomes										
Kleber ⁷⁶	2015	Germany	3,060/444	Arrhythmia	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.98 (0.88, 1.08)	0.64	
Kleber ⁷⁶	2015	Germany	3,060/368	Atrial fibrillation	Genetic risk score of 8 SUA-related SNPs	NA	OR	1.03 (0.93, 1.15)	0.57	
Kleber ⁷⁶	2015	Germany	3,060/316	Cardiomyopathy	Genetic risk score of 8 SUA-related SNPs	NA	OR	1.00 (0.89, 1.12)	0.93	

White ⁷³	2016	European	206,822/65,877 (58)*	CHD	Genetic risk score of 31 SUA-related SNPs	4.2%	OR	1.05 (0.92, 1.20)	0.49	NO ^{73 77-80} (discordance in direction)
Keenan ⁷⁷	2016	Pakistan	122,776/54,501 (2)*	Coronary heart disease	Genetic risk score of 14 SUA-related SNPs	3.1%	OR	1.02 (0.92, 1.12)	0.73	
Kleber ⁷⁶	2015	Germany	3,060/2,418	Coronary artery disease (CAD)	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.99 (0.91, 1.09)	0.90	
Han ⁷⁸	2015	Chinese	2,292/1,123	CHD	rs11722228 in <i>SLC2A9</i>	NA	OR	1.09 (0.88, 1.35)	0.43	
					rs4148152 in <i>ABCG2</i>	NA	OR	0.84 (0.70, 1.11)	0.31	
Yang ⁷⁹	2010	American	23,362/3,050 (5)*	CHD incidence	Genetic risk score of 8 SUA-related SNPs	6.0%	OR	1.03 (0.85, 1.25)	0.76	
Stark ⁸⁰	2009	Germany	2,714/1,473	CAD	10 SUA-related SNPs:	NA	OR	Overall P>0.05		
					rs12129861			1.04 (0.93, 1.15)	0.54	
					rs780094			0.95 (0.85, 1.06)	0.39	
					rs734553			1.14 (1.00, 1.29)	0.06	
					rs734553			1.14 (0.96, 1.36)	0.13	
					rs742132			0.98 (0.87, 1.10)	0.74	
					rs1183201			0.96 (0.86, 1.07)	0.48	
					rs12356193			0.94 (0.81, 1.09)	0.42	
					rs17300741			1.08 (0.97, 1.21)	0.15	
					rs505802			1.04 (0.93, 1.17)	0.5	
Keenan ⁷⁷	2016	Pakistan	22,926/4,526 (2)*	Heart failure	Genetic risk score of 14 SUA-related SNPs	3.1%	OR	1.07 (0.88, 1.30)	0.51	
Palmer ⁶⁹	2013	Danish	68,674/3,742 (2)*	Ischemic heart disease	rs7442295 in <i>SCL2A9</i>	2.2%	HR	0.93 (0.79, 1.09)	0.38	
Kleber ⁷⁶	2015	Germany	3,060/2,225	Hypertension	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.98 (0.90, 1.06)	0.56	
Keenan ⁷⁷	2016	Pakistan	82,091/14,779 (2)*	Ischemic stroke	Genetic risk score of 14 SUA-related SNPs	3.1%	OR	0.99 (0.88, 1.12)	0.93	
Kleber ⁷⁶	2015	Germany	3,060/295	Peripheral vascular disease	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.92 (0.82, 1.04)	0.18	
Kleber ⁷⁶	2015	Germany	3,060/538	Valve disease	Genetic risk score of 8 SUA-related SNPs	NA	OR	1.08 (0.99, 1.19)	0.10	
Yan ⁸¹	2016	Chinese female T2DM patients	3,207	Diabetic macrovascular	Genetic risk score of 3 SUA-related SNPs	NA	OR	1.18 (1.06, 1.33)	0.004	

Oikonen ⁷¹	2012	Finnish (male)	1,985	Carotid artery intima-media thickness (cIMT) (mm)	rs13129697 in <i>SCL2A9</i>	NA	β	<0.0001	0.99	
Mallamaci ⁸²	2015	Italian	449	cIMT (mm)	rs734553 in <i>SLC2A9</i>	NA	β	0.40 (NA, NA)	<0.001	
Mallamaci ⁸²	2015	Italian	449	Arterial stiffness (internal diameter) (mm)	rs734553 in <i>SLC2A9</i>	NA	β	0.48 (NA, NA)	0.003	
White ⁷³	2016	European	89,667 (37)*	DBP (mm Hg)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	0.005 (0.003, 0.007)	NA	NO ^{69 70 72 73 79 83 84} (discordance in direction and statistical significance)
Sedaghat ⁸³	2014	Netherlander	5,974	DBP (mm Hg)	Genetic risk score of 30 SUA-related SNPs	4.2%	β	-0.42 (-0.72, -0.13)	0.01	
Mallamaci ⁸⁴	2014	Italian	449	DBP (mm Hg)	rs734553 in <i>SCL2A9</i>	NA	MD	NA	0.02	
Palmer ⁶⁹	2013	Danish	68,674 (2)*	DBP (mm Hg)	rs7442295 in <i>SCL2A9</i>	2.2%	MD	0.63 (-0.04, 1.29)	NA	
Hughes ⁷⁰	2013	European Caucasian	7,979 (2)*	DBP (mm Hg)	Genetic risk score of 5 SUA-related SNPs	2.3%	β	-0.002 (-0.13, 0.13)	0.97	
Yang ⁷⁹	2010	American	20,699 (5)*	DBP (mm Hg)	Genetic risk score of 8 SUA-related SNPs	6.0%	β	-0.34 (-1.04, 0.35)	0.33	
Parsa ⁷²	2012	USA	868	DBP-Clinic visit 1 (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.52 (-0.62, 1.66)	0.36	
Parsa ⁷²	2012	USA	868	DBP-High-salt 24-h (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.42 (-0.56, 1.40)	0.41	
Parsa ⁷²	2012	USA	868	DBP-Low-salt 24-h (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.19 (-0.75, 1.13)	0.69	
Parsa ⁷²	2012	USA	868	DBP-Salt sensitivity 24-h (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	-0.01 (-0.62, 0.60)	0.99	
White ⁷³	2016	European	89,667 (37)*	SBP (mm Hg)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	0.005 (0.003, 0.006)	NA	NO ^{69 70 72 73 79 83 84} (discordance in direction and statistical significance)
Sedaghat ⁸³	2014	Netherlander	5,974	SBP (mm Hg)	Genetic risk score of 30 SUA-related SNPs	4.2%	β	-0.75 (-1.31, -0.19)	0.01	
Mallamaci ⁸⁴	2014	Italian	449	SBP (mm Hg)	rs734553 in <i>SLC2A9</i>	NA	β	NA	0.02	
Palmer ⁶⁹	2013	Danish	68,674 (2)*	SBP (mm Hg)	rs7442295 in <i>SCL2A9</i>	2.2%	MD	0.65 (-0.54, 1.85)	NA	
Hughes ⁷⁰	2013	European Caucasian	7,979 (2)*	SBP (mm Hg)	Genetic risk score of 5 SUA-related SNPs	2.3%	β	0.07 (-0.12, 0.26)	0.47	
Yang ⁷⁹	2010	American	20,673 (5)*	SBP (mm Hg)	Genetic risk score of 8 SUA-related SNPs	6.0%	β	-0.83 (-1.96, 0.30)	0.15	
Parsa ⁷²	2012	USA	868	SBP-Clinic visit 1 (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.08 (-1.70, 1.86)	0.38	
Parsa ⁷²	2012	USA	868	SBP-High-salt 24-h (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	2.20 (0.65, 3.75)	0.01	
Parsa ⁷²	2012	USA	868	SBP-Low-salt 24-h (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	1.48 (0.09, 2.87)	0.04	

Parsa ⁷²	2012	USA	868	SBP-Salt sensitivity 24-h (mm Hg)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.62 (-0.34, 1.58)	0.21	
Metabolic disorders										
White ⁷³	2016	European	84,638/15,360 (20)*	Diabetes	Genetic risk score of 31 SUA-related SNPs	4.2%	OR	0.99 (0.99, 1.01)	0.82	NO ^{73 76 85 77 86 87} (discordance in direction and statistical significance)
Kleber ⁷⁶	2015	Germany	3,060/1,236	Diabetes	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.94 (0.88, 1.01)	0.10	
Sluijs ⁸⁵	2015	European	165,482/41,508 (2)*	Diabetes	Genetic risk score of 24 SUA-related SNPs	4.0%	OR	0.99 (0.92, 1.06)	0.79	
Keenan ⁷⁷	2016	Pakistan	110,452/26,488 (2)*	T2DM	Genetic risk score of 14 SUA-related SNPs	3.1%	OR	0.95 (0.86, 1.05)	0.28	
Pfister ⁸⁶	2012	UK	16,064/7,504 (4)*	T2DM	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.99 (0.94, 1.04)	0.68	
Sun ⁸⁷	2015	Chinese	5,198/2,999	T2DM	15 SUA-related SNPs	NA	OR	No overall result		
					rs12129861			1.03 (0.92, 1.16)	0.59	
					rs780094			1.22 (1.11, 1.35)	3.94E-05	
					rs2544390			0.97 (0.88, 1.06)	0.50	
					rs11722228			1.01 (0.91, 1.12)	0.83	
					rs16890979			0.98 (0.66, 1.45)	0.91	
					rs3775948			1.03 (0.93, 1.13)	0.59	
					rs10489070			0.96 (0.84, 1.10)	0.54	
					rs2231142			0.94 (0.85, 1.04)	0.21	
					rs742132			1.01 (0.91, 1.13)	0.80	
					rs1183201			0.98 (0.86, 1.11)	0.75	
					rs1165205			0.98 (0.87, 1.11)	0.75	
					rs1333049			1.024 (0.93, 1.12)	0.61	
					rs17300741			0.97 (0.80, 1.19)	0.78	
					rs506338			0.99 (0.89, 1.10)	0.87	
					rs606458			1.11 (1.01, 1.22)	0.04	
Yang ⁷⁹	2010	American	25,877 (5)*	Fasting glucose (mmol/L)	Genetic risk score of 8 SUA-related SNPs	6.0%	β	-0.06 (-0.13, 0.02)	0.13	NO ^{72 73 79} (discordance in

White ⁷³	2016	European	57,397 (28)*	Fasting glucose (mmol/L)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	-0.001 (-0.003, 0.001)	NA	direction)
Parsa ⁷²	2012	USA	868	Glucose (mmol/L)	rs16890979 in <i>SCL2A9</i>	NA	β	0.78 (-0.87, 2.43)	0.36	
Yang ⁷⁹	2010	American	19,899 (5)*	Fasting insulin [†]	Genetic risk score of 8 SUA-related SNPs	6.0%	Z statistics	-0.015 (NA, NA)	0.99	
Dai ⁸⁸	2013	Chinese	7,827	Metabolic syndrome	Genetic risk score of 2 SNPs (rs11722228 in <i>SLC2A9</i> and rs2231142 in <i>ABCG2</i>)	2.1%	OR	1.03 (0.98, 1.09)	0.23	NO ^{88 89} (discordance in statistical significance)
McKeigue ⁸⁹	2010	Scottish	1,017/203	Metabolic syndrome	Genetic risk score of 6 SNPs in <i>SCL2A9</i>	NA	NA	NA	>0.05	
Kidney disorders										
Yang ⁷⁹	2010	American	23,387/3,092 (5)*	CKD	Genetic risk score of 8 SUA-related SNPs	6.0%	OR	1.20 (0.96, 1.50)	0.12	
Greenberg ⁹⁰	2015	USA	7,553/823	Acute kidney injury	Genetic risk score of 8 SUA-related SNPs	6.0%	HR	1.01 (0.77, 1.34)	0.92	
Testa ⁹¹	2014	Italy	755/244	Renal events	rs734553 in <i>GLUT9</i>	NA	HR	2.35 (1.25, 4.42)	0.01	
Hughes ⁷⁰	2013	European Caucasian	7,979 (2)*	eGFR (mL/min/1.73 m ²)	Genetic risk score of 5 SUA-related SNPs	2.3%	β	12.20 (-11.50, 35.90)	0.31	NO ^{70 72 79 92 93} (discordance in direction and statistical significance)
Parsa ⁷²	2012	USA	868	eGFR (mL/min/1.73 m ²)	rs16890979 in <i>SCL2A9</i>	NA	MD	0.42 (-1.78, 2.62)	0.71	
Yang ⁷⁹	2010	American	23,844 (5)*	Log eGFR (mL/min/1.73 m ²)	Genetic risk score of 8 SUA-related SNPs	6.0%	β	0.001 (-0.01, 0.02)	0.91	
Tabara ⁹²	2010	Japanese	5,165 (2)*	eGFR (mL/min/1.73 m ²)	Genetic risk score of 3 SUA-related SNPs	NA	β	-0.11 (NA, NA)	<0.001	
Voruganti ⁹³	2014	American Indians	3,604 (3)*	eGFR (mL/min/1.73 m ²)	7 SNPs in <i>SCL2A9</i> :	5.3%	Residual variance [¶]	No overall result		
					rs16890979			0.52 (NA, NA)	0.002	
					rs6832439			0.52 (NA, NA)	0.002	
					rs6449213			0.22 (NA, NA)	0.08	
					rs13131257			0.58 (NA, NA)	0.001	
					rs737267			0.44 (NA, NA)	0.004	
					rs10805346			0.69 (NA, NA)	<0.001	
					rs12498956			0.24 (NA, NA)	0.05	
Voruganti ⁹³	2014	American Indians	3,604 (3)*	SCr (mmol/L)	7 SNPs in <i>SCL2A9</i> :	5.3%	Residual variance [¶]	No overall result		NO ^{70 93} (discordance in statistical significance)
					rs16890979			0.53 (NA, NA)	0.001	

					rs6832439			0.54 (NA, NA)	0.002	
					rs6449213			0.27 (NA, NA)	0.003	
					rs13131257			0.60 (NA, NA)	0.000	
					rs737267			0.46 (NA, NA)	0.004	
					rs10805346			0.68 (NA, NA)	0.000	
					rs12498956			0.23 (NA, NA)	0.06	
Hughes ⁷⁰	2013	European Caucasian	7,979 (2)*	SCr (mmol/L)	Genetic risk score of 5 SUA-related SNPs	2.3%	β	-19.23 (-40.32, 1.86)	0.07	
Voruganti ⁹³	2014	American Indians	3,604 (3)*	Albumin/creatinine ratio	7 SNPs in <i>SCL2A9</i> :	5.3%	Residual variance [‡]	Overall P>0.05		
					rs16890979			0.13 (NA, NA)	0.07	
					rs6832439			0.16 (NA, NA)	0.05	
					rs6449213			0.01 (NA, NA)	0.64	
					rs13131257			0.14 (NA, NA)	0.05	
					rs737267			0.14 (NA, NA)	0.06	
					rs10805346			0.14 (NA, NA)	0.10	
					rs12498956			0.07 (NA, NA)	0.15	
All-cause and cause-specific mortality										
Kleber ⁷⁶	2015	Germany	3,060/na	Cardiovascular mortality	Genetic risk score of 8 SUA-related SNPs	NA	aHR	1.11 (1.02, 1.21)	0.02	
Kleber ⁷⁶	2015	Germany	3,060/na	All-cause mortality	Genetic risk score of 8 SUA-related SNPs	NA	aHR	1.02 (0.95, 1.09)	0.59	
Kleber ⁷⁶	2015	Germany	3,060/na	Sudden cardiac death	Genetic risk score of 8 SUA-related SNPs	NA	aHR	1.18 (1.03, 1.35)	0.02	
Metabolites										
White ⁷³	2016	European	196,621 (68)*	HDL-C (mmol/L)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	-0.008 (-0.010, -0.006)	NA	
White ⁷³	2016	European	196,621 (68)*	LDL-C (mmol/L)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	-0.001 (-0.003, 0.001)	NA	
White ⁷³	2016	European	196,621 (68)*	TC (mmol/L)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	0.000 (-0.002, 0.002)	NA	
White ⁷³	2016	European	196,621 (68)*	TG (mmol/L)	Genetic risk score of 31 SUA-related SNPs	4.2%	MD [§]	0.014 (0.013, 0.016)	NA	NO ^{72 73 94} (discordance in

Rasheed ⁹⁴	2014	European	8,208 (2)*	TG (mmol/L)	Genetic risk score of 5 SUA-related SNPs	1.7%	β	−1.01 (-2.57, 0.56)	0.21	direction)
Parsa ⁷²	2012	USA	868	TG (mmol/L)	rs16890979 in <i>SCL2A9</i>	NA	MD	2.38 (-2.87, 7.63)	0.35	
Xiong ⁷⁴	2016	Chinese	1,667	Parathyroid hormone (pg/mL)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	-0.63 (-2.12, 0.85)	0.40	
Xiong ⁷⁴	2016	Chinese	1,667	Phosphorus (mmol/L)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	-0.16 (-0.74, 0.42)	0.59	
Burgess ⁶⁸	2015	European	7,158	C-reactive protein (CRP) (mg/L)	Genetic risk score of 29 SUA-related SNPs	NA	β	-0.05 (-0.15, 0.05)	0.37	
Xiong ⁷⁴	2016	Chinese	1,667	Calcium (mmol/L)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	0.06 (-0.10, 0.21)	0.48	
Xiong ⁷⁴	2016	Chinese	1,667	Tropocollagen type 1 N-terminal propeptide (ng/L)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	0.11 (-1.53, 1.75)	0.90	
Xiong ⁷⁴	2016	Chinese	1,667	β-crosslaps of type I collagen containing cross-linked Ctelopeptide (ng/L)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	-1.45 (-3.17, 0.27)	0.10	
Xiong ⁷⁴	2016	Chinese	1,667	25(OH)D (ng/mL)	Genetic risk score of 5 SUA-related SNPs	1.8%	β	0.76 (-0.63, 2.15)	0.28	
Neurocognitive disorders										
Gonzalez-Aramburu ⁹⁵	2014	Spain	343	Dementia in PD	Genetic risk score of 8 SUA-related SNPs	NA	OR	1.05 (0.70, 3.00)	0.31	NO ⁹⁵⁻⁹⁹ (discordance in direction and statistical significance)
Simon ⁹⁶	2014	USA	808 (2)*	PD progression	Genetic risk score of 3 SNPs in <i>SCL2A9</i>	NA	HR	1.16 (1.00, 1.35)	0.06	
Gao ⁹⁷	2013	American	1,699	Parkinson’s disease	12 SNPs in <i>SCL2A9</i>	NA	OR	Overall P>0.05		
					rs16890979			1.06 (0.90, 1.24)	0.51	
					rs13129697			0.99 (0.85, 1.16)	0.91	
					rs737267			1.01 (0.86, 1.18)	0.91	
					rs6855911			1.00 (0.85, 1.18)	0.98	
					rs4697700			1.03 (0.88, 1.22)	0.69	
					rs4481233			1.01 (0.85, 1.21)	0.90	
					rs7442295			1.06 (0.90, 1.26)	0.50	
					rs6449213			1.01 (0.85, 1.21)	0.88	
					rs1014290			1.04 (0.88, 1.22)	0.67	

					rs12509955			0.99 (0.84, 1.18)	0.93	
					rs17251963			1.05 (0.88, 1.25)	0.59	
					rs12510549			0.96 (0.81, 1.14)	0.65	
Gonzalez-Aramburu ⁹⁸	2013	UK	1,061	Parkinson’s disease	Genetic risk score of 9 SUA-related SNPs	NA	OR	1.55 (1.10, 2.18)	0.01	
Facheris ⁹⁹	2011	European	664 (3)*	Age at onset of PD	4 SNPs in <i>SCL2A9</i>	NA	β	Null after multiple testing correction		
					rs737267	NA		3.10 (0.17, 6.03)	0.04	
					rs6449213	NA		-1.18 (-4.96, 2.59)	0.54	
					rs1014290	NA		-4.56 (-8.13, -1.00)	0.01	
					rs733175	NA		3.59 (0.67, 6.51)	0.02	
Lyngdoh ¹⁰⁰	2013	Switzerland	3,716/660	Lifetime anxiety disorders	rs6855911 in SLC2A9	3.2%	OR (male)	1.40 (1.07, 1.84)	0.02	
							OR (female)	0.97 (0.80, 1.17)	0.73	
Lyngdoh ¹⁰⁰	2013	Switzerland	3,716/370	Current anxiety disorders	rs6855911 in SLC2A9	3.2%	OR (male)	1.42 (0.99, 2.03)	0.06	
							OR (female)	0.84 (0.66, 1.06)	0.14	
Houlihan ¹⁰¹	2010	European (Population 1: LBC1936)	1,091	Memory performance	4 SNPs in <i>SCL2A9</i>	NA	β	Overall P<0.05		NO ¹⁰¹ (discordance in statistical significance)
					rs733175			-0.10 (NA, NA)	2.00E-04	
					rs1014290			-0.07 (NA, NA)	0.01	
					rs6449213			-0.07 (NA, NA)	0.01	
					rs6449213			-0.07 (NA, NA)	0.01	
Houlihan ¹⁰¹	2010	European (Population 2: ET2DS)	1,066	Memory performance	4 SNPs in <i>SCL2A9</i>	NA	β	Overall P>0.05		
					rs733175			-0.03 (NA, NA)	0.27	
					rs1014290			-0.04 (NA, NA)	0.22	
					rs6449213			-0.03 (NA, NA)	0.41	
					rs6449213			-0.04 (NA, NA)	0.19	
Other outcomes										

Kleber ⁷⁶	2015	Germany	3,060/226	Cancer	Genetic risk score of 8 SUA-related SNPs	NA	OR	0.95 (0.83, 1.08)	0.41	NO ^{76 77 79} (discordance in statistical significance)
Keenan ⁷⁷	2016	Pakistan	71,501/3,151 (2)*	Gout	Genetic risk score of 14 SUA-related SNPs	3.1%	OR	5.84 (4.56, 7.49)	3.55E-40	
Kleber ⁷⁶	2015	Germany	3,060/19	Gout	Genetic risk score of 8 SUA-related SNPs	NA	OR	1.15 (0.72, 1.82)	0.56	
Yang ⁷⁹	2010	American	25,982/1,033 (5)*	Gout	Genetic risk score of 8 SUA-related SNPs	6.0%	OR	12.40 (8.50, 18.00)	3.00E-39	

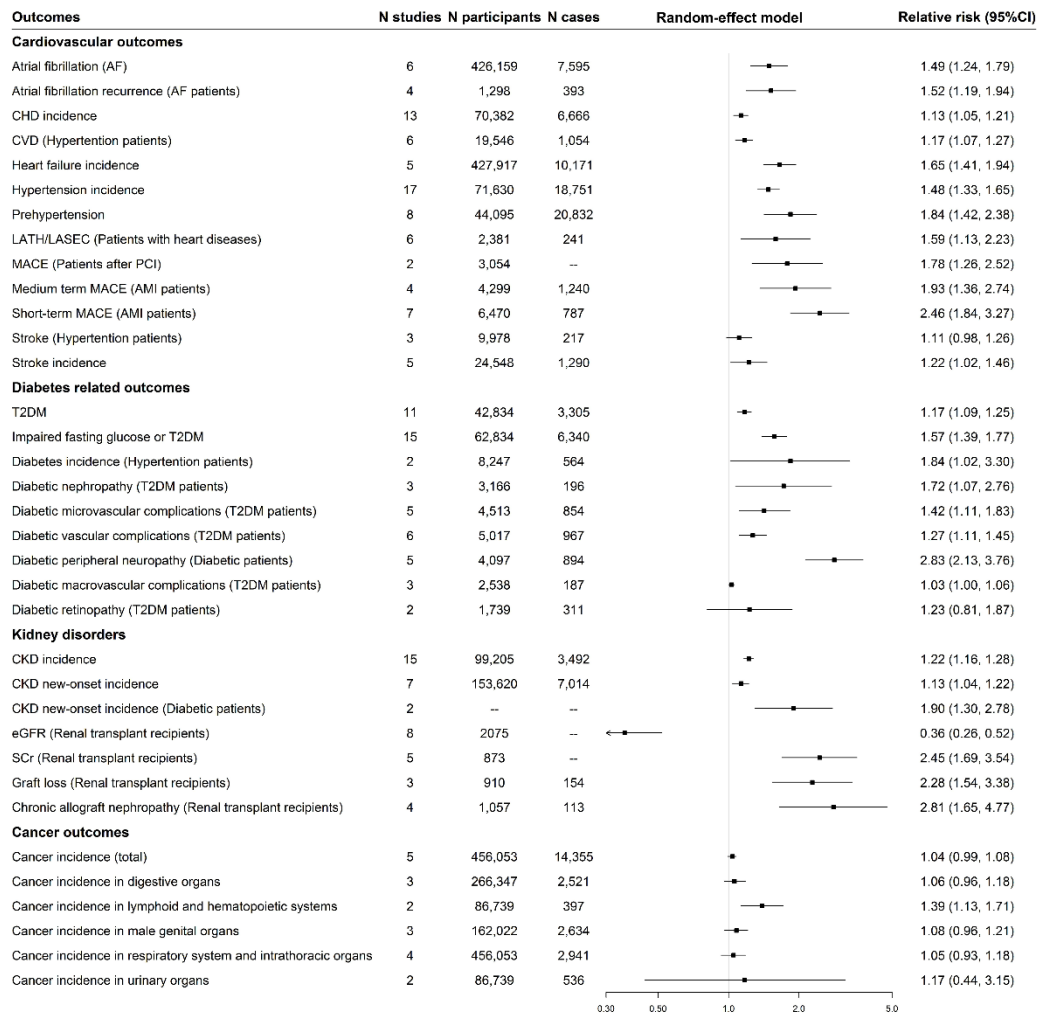
Abbreviations: MR, Mendelian randomisation study; BMI, body mass index; BMD, bone mineral density; SBP, systolic blood pressure; DBP, diastolic blood pressure; CHD, coronary heart disease; IMT, intima-media thickness; CVD, cardiovascular disease; T2DM, Type 2 diabetes; CKD, chronic kidney disease; SCr, serum creatinine; eGFR, glomerular filtration rate; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TG, triglyceride; TC, total cholesterol; PD, Parkinson's disease; LBC1936, the Lothian birth cohort; ET2DS, the Edinburgh type 2 diabetes study; MD, mean difference; NA, not available.

* If the outcomes were reported from Mendelian randomisation analysis with pooling multiple studies, the number of studies included in pooled analysis was displayed in brackets.

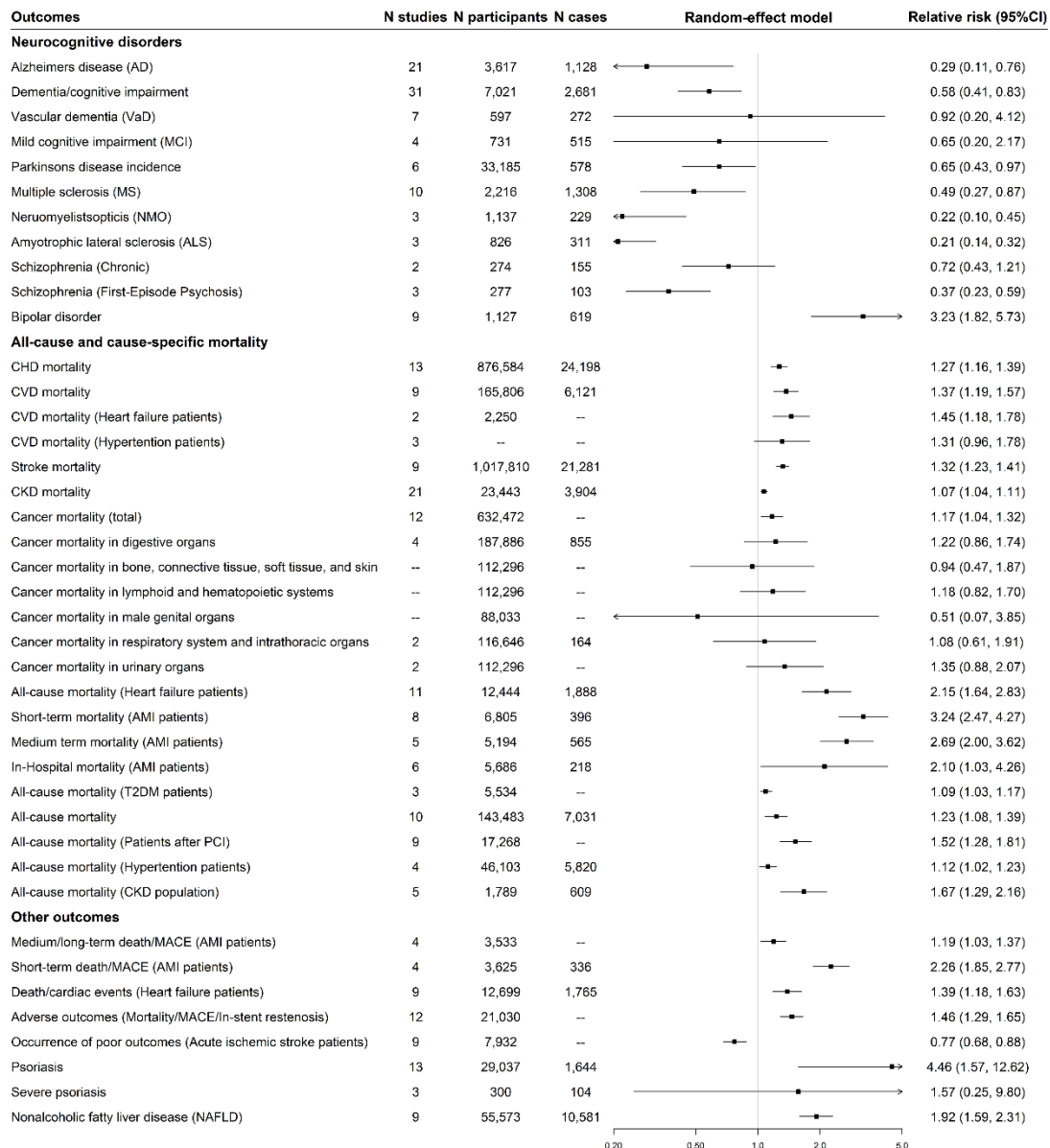
† Because of the lack of a standard to convert insulin in different studies to the same scale, sample size-weighted pooled meta-analyses were performed and Z statistics were reported instead of the β coefficient.

[‡] MD (mean difference) represented the difference in mean caused by per inverse variance weighted allele estimated from meta-analyses.

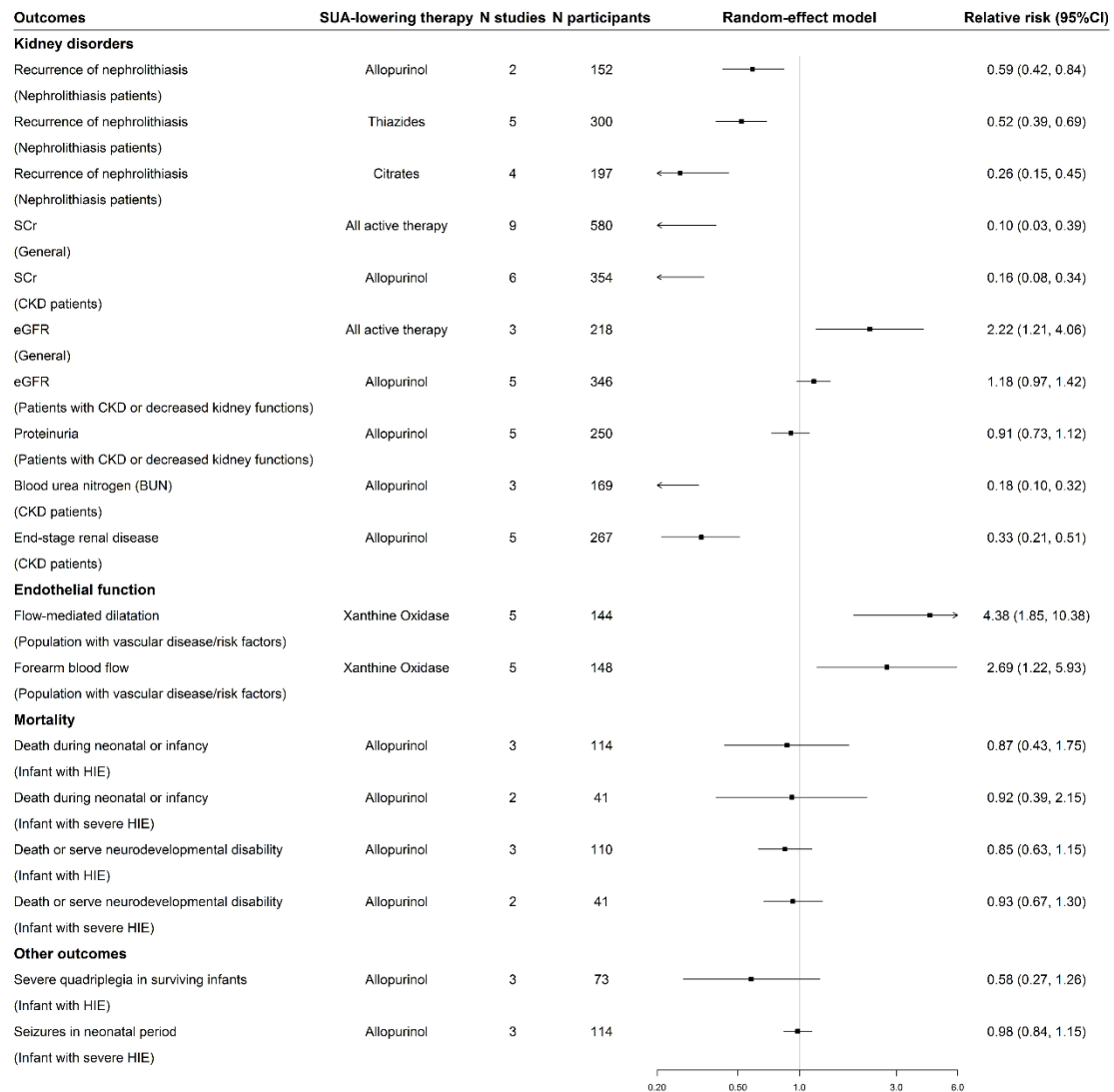
[¶] Residual variance represented the proportion of residual variance explained by the SUA related SNPs.



Supplementary Fig 1 Summary random-effect estimates of cardiovascular, diabetes, kidney disorders and cancer outcomes reported in meta-analyses of observational studies. (Abbreviations: AF, atrial fibrillation; CHD, coronary heart disease; CVD, cardiovascular disease; LATH/LASEC, left atrial thrombus or spontaneous echo contrast; PCI, percutaneous coronary intervention; MACE, major adverse cardiovascular events; AMI, acute myocardial infarction; T2DM, type 2 diabetes; CKD, chronic kidney disease; SCr, serum creatinine; eGFR, glomerular filtration rate)



Supplementary Fig 2 Summary random-effect estimates of neurocognitive disorders, all-cause and cause-specific mortality, and other outcomes reported in meta-analyses of observational studies. (Abbreviations: CHD, coronary heart disease; CVD, cardiovascular disease; T2DM, type 2 diabetes; MACE, major adverse cardiovascular events; AMI, acute myocardial infarction; PCI, percutaneous coronary intervention; CKD, chronic kidney disease; NAFLD, non-alcoholic fatty liver disease)



Supplementary Fig 3 Summary random-effect estimates of health outcomes reported in meta-analyses of RCTs. (Abbreviations: CKD, chronic kidney disease; SCr, serum creatinine; eGFR, glomerular filtration rate; HIE, hypoxic-ischaemic encephalopathy)

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