# Hydrogen sulfide improves ox-LDL-induced expression levels of Lp-PLA<sub>2</sub> in THP-1 monocytes via the p38MAPK pathway

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Abstract. Hydrogen sulfide (H<sub>2</sub>S) exerts an anti-atherosclerotic effect and decreases foam cell formation. Lipoprotein-associated phospholipase A2 (Lp-PLA<sub>2</sub>) is a key factor involved in foam cell formation. However, the association between H<sub>2</sub>S and Lp-PLA<sub>2</sub> expression levels with respect to foam cell formation has not yet been elucidated. The present study investigated whether H<sub>2</sub>S can affect foam cell formation and potential signalling pathways via regulation of the expression and activity of Lp-PLA<sub>2</sub>. Using human monocytic THP-1 cells as a model system, it was observed that oxidized low-density lipoprotein (ox-LDL) not only upregulates the expression level and activity of Lp-PLA2, it also downregulates the expression level and activity of Cystathionine  $\gamma$  lyase. Exogenous supplementation of H<sub>2</sub>S decreased the expression and activity of Lp-PLA<sub>2</sub> induced by ox-LDL. Moreover, ox-LDL induced the expression level and activity of Lp-PLA<sub>2</sub> via activation of the p38MAPK signalling pathway. H<sub>2</sub>S blocked the expression levels and activity of Lp-PLA<sub>2</sub> induced by ox-LDL via inhibition of the p38MAPK signalling pathway. Furthermore, H<sub>2</sub>S inhibited Lp-PLA<sub>2</sub> activity by blocking the p38MAPK signaling pathway and significantly decreased lipid accumulation in ox-LDL-induced macrophages, as detected by Oil Red O staining. The results of the present study indicated that H<sub>2</sub>S inhibited ox-LDL-induced Lp-PLA<sub>2</sub> expression levels and activity by blocking the p38MAPK signalling pathway, thereby improving foam cell formation. These findings may provide novel insights into the role of H<sub>2</sub>S intervention in the progression of atherosclerosis.

# Introduction

Coronary heart disease (CHD) is one of the most common causes of death worldwide. Between 2000 and 2012, the death rate of CHD rose by 33.8% in men, and by 22.8% in women (1). Atherosclerosis (AS) is the basis of CHD and can cause coronary plaque formation, vascular stenosis or obstruction, resulting in myocardial ischemia, hypoxia or necrosis (2). Lipoprotein accumulation in macrophages causes cells to become foam cells; this process is one of the leading causes of arterial plaque formation (3,4). Previous studies have demonstrated that oxidized low-density lipoprotein (ox-LDL) is a key factor in the initiation and progression of AS as it induces vascular cells to recruit monocytes and promotes their differentiation into macrophages, which then transform into foam cells (5,6).

The PLA2G7 gene in humans encodes lipoprotein-associated phospholipase A2 (Lp-PLA<sub>2</sub>), also known as platelet-activating factor acetylhydrolase, which is an independent risk factor for the initiation and progression of cardiovascular disease (7). Lp-PLA<sub>2</sub> catalyses the hydrolysis of oxidized phospholipids in ox-LDL, leading to the release of downstream inflammatory mediators, such as lysophosphatidylcholine and oxidized fatty acids (8). Oxidized phospholipids in ox-LDL can also promote the conversion of macrophages into foam cells and further increase the expression level of Lp-PLA<sub>2</sub> (9,10). Finally, lysophosphatidylcholine induces the production of reactive oxygen species, thereby exacerbating the formation of atherosclerosis and destabilizing plaques (11,12). Therefore, Lp-PLA<sub>2</sub> serves a crucial role in the pathogenesis of AS.

Hydrogen sulfide  $(H_2S)$  is a key gas signaling molecule in the cardiovascular system and exerts notable cardiovascular protective effects (13).  $H_2S$  has been shown to exhibit anti-inflammatory and antioxidative stress effects, as well as blocks the development of AS by protecting the vascular endothelium, inhibiting vascular smooth muscle cell proliferation and foam cell formation (14,15) and decreasing endothelial dysfunction by decreasing p38MAPK expression levels.

To the best of our knowledge, no studies have yet investigated the association between  $H_2S$  and ox-LDL-induced

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Lp-PLA<sub>2</sub> expression levels and its potential underlying mechanisms. The present study used ox-LDL to induce THP1 macrophage to establish a foam cell model. The aims of the present study were to determine whether  $H_2S$  can decrease the expression level of Lp-PLA<sub>2</sub> in THP1 cells induced by ox-LDL; to determine whether  $H_2S$  improves the formation of foam cells caused by ox-LDL by decreasing the expression level of Lp-PLA<sub>2</sub>; and to identify potential signalling pathways that promote  $H_2S$  to decrease Lp-PLA<sub>2</sub> expression levels.

### Materials and methods

Reagents. THP-1 cells were obtained from the Cell Bank of the Chinese Academy of Sciences (cat. no. SCSP-567). RPMI-1640 cell culture medium (cat. no. 72400120; Thermo Fisher Scientific, Inc.) and FBS were obtained from Gibco (cat. no.12483020; Thermo Fisher Scientific, Inc.). ox-LDL, the p38MAPK specific inhibitors SB203580 (cat. no. S8307) and SB202190 (cat. no. S7067), NaHS (cat. no. 161527) and DL-propargylglycine (PPG; cat. no. P7888) were purchased from Sigma-Aldrich (Merck KGaA). An Lp-PLA<sub>2</sub> primary antibody (cat. no. 160603) and enzyme activity detection kit (cat. no. 760901) were obtained from Cayman Chemical Company. ox-LDL was purchased from BIOSS (cat. no. bs-1698P). The total (t)-p38MAPK primary antibody (cat. no. ab31828) and phosphorylated (p)-p38MAPK primary antibody (cat. no. ab4822) were obtained from Abcam. Secondary antibodies [HRP-labeled Goat Anti-Rabbit IgG(H+L); cat. no. A0208] were purchased from Beyotime Institute of Biotechnology. Cystathionine  $\gamma$ -lyase (CSE) primary antibody was purchased from BIOSS (cat. no. bs-9515R). β-actin primary antibody was purchased from Beyotime Institute of Biotechnology (cat. no. AF5006).

Cell transfection. Cells were seeded in 6-well plates (4x10<sup>5</sup> cells/well) and transfected the following day with human Lp-PLA<sub>2</sub> small interfering (si)RNA (30 nM; cat. no. AM16708; Invitrogen; Thermo Fisher Scientific, Inc.) using Lipofectamine<sup>®</sup> 2000 (cat. no. 11668019; Invitrogen; Thermo Fisher Scientific, Inc.), according to the following method: 24 h prior to transfection, the cells were seeded in 6-well plates and ~2 ml RPMI-1640 medium was added into each well, so that the cell density was  $4x10^5$  cells/well at the time of transfection, and 2 ml antibiotic-free medium was replaced. Then, Lipofectamine® 2000 (4 µl/well) was shaken gently and diluted with 245  $\mu$ l opti-MEM (cat. no. 51985034; Thermo Fisher Scientific, Inc.), and the mixture was incubated at room temperature for 5 min. A total of 30 nM Lp-PLA<sub>2</sub> siRNA/negative control (NC) siRNA (cat. no. AM16708; Thermo Fisher Scientific, Inc.) was diluted with 245 µl opti-MEM and mixed gently. The two mixtures with mixed together and allowed to stand at room temperature for 20 min in order to form a mixture of Lp-PLA<sub>2</sub> siRNA/NC siRNA transfection reagents. This mixture (500  $\mu$ l) was added to the well containing cells, along with 2 ml antibiotic-free medium. Cells were incubated in 5% CO<sub>2</sub> at 37°C for 6 h and the medium was replaced with RPMI-1640 complete medium-containing serum. After transfection for 24 h, the cells were exposed to 50  $\mu$ M ox-LDL at 37°C in a humidified atmosphere with 5% CO<sub>2</sub> for 24 h. The Lp-PLA<sub>2</sub> siRNA transfection and validation, followed the method of Zheng *et al* (16).

Cell culture. THP-1 cells were maintained in RPMI-1640 medium supplemented with 10% FBS at 37°C in a humidified atmosphere with 5% CO<sub>2</sub>. Before performing the experiments, the medium was replaced with RPMI-1640 medium containing fresh serum unless otherwise indicated. Cells were divided into the following groups: Control (THP-1 cells treated with RPMI-1640 medium supplemented with 10% FBS); ox-LDL [THP-1 cells treated with ox-LDL (50 µg/ml) for 24 h]; ox-LDL + SB203580 [THP-1 cells pretreated with SB203580 (20  $\mu$ M) for 30 min before being treated with ox-LDL (50 µg/ml) for 24 h]; ox-LDL + SB202190 [THP-1 cells pretreated with SB202190 (20 µM) for 30 min before being treated with ox-LDL (50 µg/ml) for 24 h]; ox-LDL + NaHS [THP-1 cells pretreated with the exogenous H<sub>2</sub>S donor, NaHS, at different concentrations (0, 50, 100 or 200  $\mu$ M) for different times (0, 6, 12 or 24 h) in the presence of ox-LDL (50  $\mu$ g/ml)]; ox-LDL + PPG [THP-1 cells pretreated with PPG (3 mM) for 2 h before being treated with ox-LDL (50  $\mu$ g/ml) for 24 h]; and ox-LDL + Lp-PLA<sub>2</sub> siNRA [THP-1 cells pretreated with Lp-PLA<sub>2</sub> siNRA (30 nM) for 48 h before being treated with ox-LDL (50  $\mu$ g/ml) for 24 h].

Western blot analysis. Following treatment, cells were collected by centrifugation (300 x g for 10 min at  $4^{\circ}$ C), then resuspended with appropriate volume of PBS buffer, centrifuged at 300 x g for 10 min at 4°C, and the supernatant removed. The above operations were repeated twice to collect cell precipitates. The cells were lysed in mammalian cell lysis buffer (cat. no. AS1004; Aspen Biotechnology Co., Ltd.) on ice for 30 min. A pipette was used to blow repeatedly and ensure that the cells were completely lysed (8). The resulting cell lysates were clarified by centrifugation at 12,000 x g for 15 min at 4°C. BCA protein concentration assay kit (cat. no. AS1086; Aspen Biotechnology Co., Ltd.) was used to determine the protein concentration of samples. According to the concentration of the sample, the loading amount was determined to ensure that the total protein loading amount of each sample was 40  $\mu$ g. The appropriate amount of 5X protein loading buffer was added to the protein sample, which was placed in a boiling water bath at 95-100°C for 5 min. The supernatants were subjected to 10% SDS-PAGE and then transferred onto nitrocellulose membranes. The membranes were blocked with 3% non-fat milk in TBS-Tween-20 buffer (50 mM Tris, 250 mM NaCl, and 0.1% Tween-20; pH 7.5) and then probed with antibodies against β-actin (1:2,500), CSE (1:400), Lp-PLA<sub>2</sub> (1:200), t-p38MAPK (1:500) and p-p38MAPK (1:1,000) in a sealed plastic bag on a shaker at room temperature for 4 h, during which the bag was turned frequently. After three washes in TBST, the membranes were incubated with the appropriate secondary antibodies for 1 h at room temperature. The Developer and Fixer kit for Black and White Film and Papers (cat. no. P0019; Beyotime Institute of Biotechnology) was used to prepare the developer and fixing solution and the film was finally exposed to X-rays. The results were analyzed using Quantity One software (version 4.6.6; Bio-Rad Laboratories, Inc.) to determine the ratio of the

grey value, and the  $\beta$ -actin represent the corresponding protein expression level.

Reverse transcription (RT)-PCR. Cells were collected by centrifugation at 300 x g for 6 min at 4°C, an appropriate volume of cold PBS buffer added to resuspend, centrifuged at 300 x g for 10 min at 4°C and the supernatant aspirated. This operation was repeated twice to collect the cell pellet. TRIzol® solution (1 ml; cat. no. 15596-026; Thermo Fisher Scientific, Inc.), was pipetted repeatedly to fully pipette the cells into TRIzol, 250  $\mu$ l of chloroform added and the mixture stood on ice for 5 min. The mixed solution was centrifuged at 10,000 x g for 10 min at 4°C. Supernatant (500  $\mu$ l) was pipetted into a 1.5 ml EP tube, an equal volume of 4°C pre-cooled isopropanol added and the mixture stood at -20°C for 15 min. The solution was centrifuged at 4°C and 10,000 x g for 10 min, the liquid discarded, 1 ml of 75% ethanol pre-cooled added at 4°C, the RNA precipitate washed and centrifuged at 4°C and 10,000 x g for 5 min and the supernatant discarded. RNase-free water  $(10 \,\mu l)$  was added to fully dissolve the RNA. First-strand cDNA synthesis was performed using PrimeScript<sup>™</sup> RT reagent kit (cat. no. RR047A; Takara Biotechnology Co., Ltd.) with gDNA Eraser. The reaction solution (5X gDNA Eraser Buffer 2  $\mu$ l, gDNA Eraser 1  $\mu$ l and RNA 10  $\mu$ l) was prepared on ice to remove genomic DNA and configure the reaction The PCR machine was placed at 42°C for 2 min and then cooled to 4°C. The reverse transcription reaction was performed again and the reaction solution configured on ice (5X gDNA Eraser Buffer  $2 \mu$ l, gDNA Eraser  $1 \mu$ l, RNA 10  $\mu$ l, PrimeScript RT Enzyme Mix I 1 µl, RT Primer Mix 1 µl, 5X PrimeScript Buffer 24 µl and RNase Free dH<sub>2</sub>O 4  $\mu$ l). Following configuration of the reaction system, it was placed on the PCR machine at 37°C for 15 min, 85°C for 5 sec and then cooled to 4°C. PCR was completed on the StepOne Real-Time PCR instrument from Thermo Fisher Scientific, Inc., each sample was placed into 3 replicate wells and the SYBR<sup>®</sup> Premix Ex Taq<sup>™</sup> kit (cat. no. RR420A; Takara Biotechnology Co., Ltd.) was used as follows: Pre-denaturation 95°C, 1 min, 40 cycles, 95°C for 15 sec, 58°C for 20 sec, 72°C for 45 sec and extension at 72°C for 5 min. The cDNA for Lp-PLA<sub>2</sub>, CSE and  $\beta$ -actin was amplified using specific primers. The PCR products were subjected to electrophoresis on 1% agarose gels and visualized with ethylene bromide. The specific primers used were as follows: CSE, forward 5'-GAG GGAAGTCTTGGAAATGGC-3' and reverse 5'-CGCAAC ATTTCATTTCCCG-3'; Lp-PLA2, forward 5'-CGTAAGATC TCCAGACTTCCTACTGCAATCAG-3' and reverse 5'-GAC TTAGATCTTCTCGCCGACAGCACTG-3'; and  $\beta$ -actin, forward 5'-ATCCTCACCCTGAAGTACC-3' and reverse 5'-CTCCTTAATGTCACGCACG-3'.

*Lp-PLA*<sub>2</sub> *enzyme activity assay.* Following treatment, cells were collected according to the manufacturer's instructions of the PAF Acetylhydrolase Assay kit (cat. no. 760901; Cayman Chemical Company). The samples were loaded as follows: Blank wells (no-enzyme control) contained 10  $\mu$ l Ellman's reagent (DTNB), 15  $\mu$ l assay buffer and 200  $\mu$ l substrate solution; positive control wells (human Lp-PLA<sub>2</sub>) contained 10  $\mu$ l DTNB, 5  $\mu$ l assay buffer, 10  $\mu$ l PAF-AH and 200  $\mu$ l substrate solution; and sample wells contained 10  $\mu$ l DTNB, 5  $\mu$ l assay buffer, 10  $\mu$ l substrate solution.

The absorbance was read once every min at 405 nm using a plate reader to obtain  $\geq$ 5 time points.

Measurement of CSE activity. Following treatment, THP-1 cells were collected and homogenized in 50 mM ice-cold potassium phosphate buffer (pH 6.8). Each 1 ml of the reaction mixture contained potassium phosphate buffer (100 mM; pH 7.4), L-cysteine (10 mM), pyridoxal 5'-phosphate (2 mM) and cell lysis solution. In the central pool, 1% zinc acetate (400  $\mu$ l) was added to trap the evolved H<sub>2</sub>S. The reaction was performed in tightly stoppered cryovial test tubes in a shaking water bath at 37°C. After incubating for 120 min, the zinc acetate was collected, and N,N-dimethyl-p-phenylenediamine sulfate (20 mM; 40 µl) in 7.2 mol/l HCl was added, which was immediately followed by the addition of FeCl<sub>3</sub> (30 mM; 40  $\mu$ l) in 1.2 mol/l HCl. Subsequently, the absorbance at 670 nm was measured using a microplate reader. According to the standard curve, the protein concentrations of control group and ox-LDL group were calculated, and the release of endogenous H<sub>2</sub>S was calculated. As CSE is the synthetase of endogenous H<sub>2</sub>S in THP-1, the determination of H<sub>2</sub>S content is also a direct comparison of CSE activity. The experiment was repeated  $\geq$ 3 times, consistent with previous studies (17).

Oil Red O (ORO) staining. THP-1 cells were pretreated with phorbol-12-myristate-13-acetate (PMA, 100 nM, cat. no. P1585; Sigma-Aldrich; Merck KGaA.) at 37°C in a humidified atmosphere with 5% CO<sub>2</sub> for 72 h to differentiate cells into macrophages, which were then washed with PBS three times and fixed with 10% formalin at 37°C in a humidified atmosphere with 5% CO<sub>2</sub> for 10 min. After being washed for a further three times with PBS, the cells were incubated with ORO solution (0.6 g/l in 60% isopropanol) for at 37°C in a humidified atmosphere with 5% CO<sub>2</sub> for 30 min and washed with 70% methanol for 10 min. The number of ORO-positive cells was observed under a microscope (Olympus Corporation) at a magnification x40. Red areas from six random fields were analysed using ImageJ v1.410 software (National Institutes of Health), and the positive area of ORO (%) was used to represent the lipid accumulation.

Statistical analysis. Each assay was performed  $\ge 3$  times, and all data are presented as the mean  $\pm$  SEM. Statistical analysis was performed using unpaired Student's t-test for comparisons between two groups. One-way ANOVA followed by post hoc Tukey's test was used to evaluate the expression levels of Lp-PLA<sub>2</sub> and p38MAPK and the positive area of ORO (%). P<0.05 was considered to indicate a statistically significant difference. All statistical analyses were performed using GraphPad Prism 6 (v6.01; GraphPad Software, Inc.). The number of repeats performed for each assay is indicated in the figure legends.

# Results

ox-LDL increases the expression level of Lp-PLA<sub>2</sub> but decreases the expression of CSE. First, to determine whether ox-LDL can increase the levels of Lp-PLA<sub>2</sub>, RT-PCR, western blotting and Lp-PLA<sub>2</sub> activity assays were used to examine mRNA levels, protein expression levels



Figure 1. ox-LDL induces Lp-PLA<sub>2</sub> expression and inhibits CSE expression in THP-1 cells. Cells were treated with 50  $\mu$ g/ml ox-LDL for 24 h. Relative protein expression levels of (A) Lp-PLA<sub>2</sub> and (B) CSE were determined via western blot analysis. Relative mRNA expression levels of (C) Lp-PLA<sub>2</sub> and (D) CSE were determined via reverse transcription-PCR. (E) Activity levels of Lp-PLA<sub>2</sub> were determined using a Lp-PLA<sub>2</sub> activity kit. (F) CSE activity was determined with a methylene blue spectrophotometric assay. The data are presented as the mean ± SEM (n=5). \*\*P<0.01 vs. control. ox-LDL, oxidized low-density lipoprotein; Lp-PLA<sub>2</sub>, lipoprotein-associated phospholipase A2; CSE, cystathionine  $\gamma$ -lyase.

and Lp-PLA<sub>2</sub> activity, respectively, in THP-1 cells treated with or without ox-LDL. Control THP-1 cells only exhibited weak expression levels and decreased activity of Lp-PLA<sub>2</sub>, whereas treatment with ox-LDL for 24 h significantly increased the expression level and activity of Lp-PLA<sub>2</sub> (Fig. 1A, C and E).

The production of  $H_2S$  primarily involves three constitutively expressed enzymes: CSE, cystathionine  $\beta$ -synthase and 3-mercaptopyruvate sulfurtransferase (18). CSE is present specifically in the tissues of the cardiovascular system (19). It was then determined whether ox-LDL treatment of THP-1 cells affects CSE expression levels. Under normal conditions, THP-1 exhibited high CSE expression levels and activity, whereas after ox-LDL treatment for 24 h, CSE expression levels and activity were significantly decreased (Fig. 1B, D and F).

Role of  $H_2S$  in the expression level of Lp-PLA<sub>2</sub> induced by ox-LDL. In order to confirm the effect of  $H_2S$  on Lp-PLA<sub>2</sub>

expression levels and activity in ox-LDL-induced THP-1 cells, THP-1 cells were pretreated with NaHS from exogenous  $H_2S$  donors for different time points (0, 6, 12 and 24 h) or different concentration (0, 50, 100 and 200  $\mu$ M), followed by treatment with ox-LDL for an additional 24 h. The expression level and activity of Lp-PLA<sub>2</sub> was detected via RT-PCR, western blotting and Lp-PLA<sub>2</sub> activity assays. It was found that pretreatment of THP-1 cells with NaHS decreased the expression level and activity of ox-LDL-induced Lp-PLA<sub>2</sub> in a time- and concentration-dependent manner (Fig. 2A-F). In addition, pretreatment with PPG for 2 h significantly increased ox-LDL-induced Lp-PLA<sub>2</sub> expression levels and activity compared with the control group (Fig. 2G-I).

 $H_2S$  inhibits ox-LDL-induced expression levels of Lp-PLA<sub>2</sub> by blocking p38MAPK. In order to determine whether  $H_2S$ can decrease the expression of Lp-PLA<sub>2</sub> in THP-1 cells by inhibiting the p38MAPK pathway, cells were treated with the p38MAPK specific inhibitors SB203580 and SB202190 for



Figure 2. Role of  $H_2S$  in ox-LDL-induced Lp-PLA<sub>2</sub> expression levels in THP-1 cells. Relative Lp-PLA<sub>2</sub> protein expression levels were determined via western blotting in (A) cells pretreated with NaHS (exogenous  $H_2S$  donor) for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h and (B) cells pretreated with 100  $\mu$ M NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for the indicated times. Relative mRNA expression levels of Lp-PLA<sub>2</sub> were determined via reverse transcription-PCR in (C) cells pretreated with NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h and (D) cells pretreated with 100  $\mu$ M NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for the indicated times. Levels of Lp-PLA<sub>2</sub> activity were determined with a Lp-PLA<sub>2</sub> activity kit in (E) cells pretreated with NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h and (F) cells pretreated with 100  $\mu$ M NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h and (F) cells pretreated with 100  $\mu$ M NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h and (F) cells pretreated with 100  $\mu$ M NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h and (F) cells pretreated with 100  $\mu$ M NaHS for 24 h prior to incubation with 50  $\mu$ g/ml ox-LDL for the indicated times. Relative (G) protein and (H) expression levels, as well as (I) activity levels of Lp-PLA<sub>2</sub> were determined in cells pretreated with 100  $\mu$ M NaHS for 24 h or 3 mM PPG for 2 h prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h. The data are presented as the mean  $\pm$  SEM (n=5). <sup>1</sup>P<0.01 vs. control; <sup>&</sup>P<0.01 vs. 50  $\mu$ g/ml ox-LDL + 0  $\mu$ M NaHS; <sup>\*</sup>P<0.05, <sup>\*\*</sup>P<0.01 vs. 100  $\mu$ M NaHS pretreated for 0 h + 50  $\mu$ g/ml ox-LDL; <sup>¥</sup>P<0.01 vs. ox-LDL; <sup>@</sup>P<0.01 vs. ox-LDL + PPG. ox-LDL, oxidized low-density lipoprotein; Lp-PLA<sub>2</sub>, lipoprotein-associated phospholipase A2; PPG, DL-propargylglycine.



Figure 3. H<sub>2</sub>S inhibits ox-LDL-induced expression levels of Lp-PLA<sub>2</sub> by blocking p38MAPK. Cells were pretreated with the specific p38 inhibitors SB203580 (20 mM) and SB202190 (20 mM) for 30 min, with PPG (3 mM) for 2 h or with NaHS (100  $\mu$ M) for 24 h prior to incubation with ox-LDL (50  $\mu$ g/ml) for 24 h, after which (A) protein expression levels of p-p38MAPK and t-p38MAPK, and relative (B) protein and (C) mRNA Lp-PLA<sub>2</sub> levels were determined via western blot analysis. (D) Lp-PLA<sub>2</sub> activity was determined using a Lp-PLA<sub>2</sub> activity kit. Data are presented as the mean ± SEM (n=5). 'P<0.01 vs. control; \*P<0.05 vs. ox-LDL; \*\*P<0.01 vs. ox-LDL + PPG. ox-LDL, oxidized low-density lipoprotein; Lp-PLA<sub>2</sub>, lipoprotein-associated phospholipase A2; PPG, DL-propargylglycine; t-, total; p-, phosphorylated.

30 min prior to incubation with 50  $\mu$ g/ml ox-LDL for 24 h, following H<sub>2</sub>S preincubation for 24 h, or following PPG preincubation for 2 h then incubation with 50  $\mu$ g/ml ox-LDL for 24 h. It was observed that treatment with ox-LDL and pretreatment with PPG followed by ox-LDL treatment significantly increased the expression level of p38MAPK compared with the control group (Fig. 3A). Pretreatment with NaHS significantly decreased the expression level of p38MAPK in THP-1 cells induced by ox-LDL to a level equivalent to that observed following pretreatment of cells with the p38MAPK specific inhibitors SB203580 and SB202190, which also decreased ox-LDL-induced p38MAPK effects (Fig. 3A). In addition, NaHS, SB203580 and SB202190 significantly decreased the expression level and activity of Lp-PLA<sub>2</sub> in THP-1 cells induced by ox-LDL, whereas treatment with ox-LDL and pretreatment with PPG prior to ox-LDL treatment increased the expression level and activity of Lp-PLA<sub>2</sub> in THP-1 cells induced by ox-LDL (Fig. 3B-D).

 $H_2S$  decreases lipid accumulation in macrophages by inhibiting the activity of Lp-PLA<sub>2</sub> In order to determine whether H<sub>2</sub>S decreases lipid accumulation in macrophages by decreasing Lp-PLA<sub>2</sub> expression levels, THP-1 cells were incubated with PMA for 72 h to establish a macrophage model, after which the cells were treated with ox-LDL + SB203580, ox-LDL + SB202190, ox-LDL + PPG or ox-LDL + Lp-PLA<sub>2</sub> siRNA. The transfection efficiency of the Lp-PLA<sub>2</sub> siRNA was verified in macrophages vs. the NC siRNA, both in the absence and presence of ox-LDL (Fig. 4I-L). It was found that Lp-PLA<sub>2</sub> siRNA downregulated macrophage and ox-LDL-induced macrophage Lp-PLA<sub>2</sub> expression. ORO staining was used to assess the uptake of ox-LDL by THP-1 cells. The results demonstrated that both the ox-LDL and ox-LDL + PPG treatments increased intracellular lipid accumulation (Fig. 4A-H). By contrast, NaSH, SB253580, SB202190 and Lp-PLA<sub>2</sub> siRNA inhibited intracellular lipid accumulation. These results indicate that inhibition of Lp-PLA<sub>2</sub> activity can decrease lipid deposition in macrophages (Fig. 4).



Figure 4.  $H_2S$  decreases lipid accumulation in macrophages by inhibiting the activity of Lp-PLA<sub>2</sub>. THP-1 cells were preincubated with PMA for 72 h to establish a macrophage model. THP-1 macrophages were pretreated with SB203580 (20 mM) and SB202190 (20 mM) for 30 min, PPG (3 mM) for 2 h, NaHS (100  $\mu$ M) for 24 h or Lp-PLA<sub>2</sub> siRNA (30 nM) for 48 h, prior to incubation with ox-LDL (50  $\mu$ g/ml) for 24 h. Cells exhibiting lipid accumulation were observed and counted via light microscopy following ORO staining (magnification, x40) in the (A) Control, (B) ox-LDL, (C) ox-LDL + PPG, (D) ox-LDL + SB203580, (E) ox-LDL + SB202190, (F) ox-LDL + NaHS and (G) ox-LDL + Lp-PLA<sub>2</sub> siRNA groups. Images are representative of six independent repeats. (H) Quantitative analysis of the positive area of ORO (%) in each group. Detection of Lp-PLA<sub>2</sub> siRNA transfection by (I) western blotting and (J) RT-PCR. THP-1 macrophages were pretreated with Lp-PLA<sub>2</sub> siRNA (30 nM) or NC siRNA(30 nM) for 48 h. (K) Western blotting and (L) RT-PCR were conducted to detect the effect of Lp-PLA<sub>2</sub> siRNA on inhibiting the expression of Lp-PLA<sub>2</sub> in THP-1 macrophages induced by ox-LDL. 'P<0.01 vs. control; 'P<0.05 vs. ox-LDL; '\*P<0.01 vs. ox-LDL + Lp-PLA<sub>2</sub> siRNA. Lp-PLA<sub>2</sub> siRNA. Lp-PLA<sub>2</sub> siRNA, small interfering RNA; NC, negative control.

#### Discussion

Lp-PLA<sub>2</sub> is an independent risk factor for the development of AS and is notably associated with the occurrence of numerous types of cardiovascular events, such as acute myocardial infarction (20) and unstable angina (21). Therefore, Lp-PLA<sub>2</sub> is considered to be a potential therapeutic target for AS. In the vessel wall, the interaction between Lp-PLA<sub>2</sub> and ox-LDL produces oxidized fatty acids and lysophosphatidylcholine, which are potent atherogenic factors (20). Moreover, H<sub>2</sub>S exerts notable cardiovascular protective effects, particularly in AS (15,22). The present study investigated the effects of H<sub>2</sub>S on the expression level of Lp-PLA<sub>2</sub> in ox-LDL-treated THP-1 macrophages to elucidate its effect on the formation of foam cells.

Previous studies have demonstrated that a poor lipid profile (i.e., high levels of ox-LDL and triacylglycerol) in circulating blood can significantly increase the expression level and activity of Lp-PLA<sub>2</sub> (23,24). The present study demonstrated that exposing THP-1 cells to ox-LDL significantly inhibited the expression level and activity of Lp-PLA<sub>2</sub>, which is consistent with the results of Wang *et al* (8). CSE is not only important for the vascular system but is also the primary H<sub>2</sub>S-producing enzyme in macrophages. Knocking out CSE can decrease plasma H<sub>2</sub>S levels and inhibit the CSE-H<sub>2</sub>S pathway in macrophages, accelerating the progression of AS in apoE<sup>-/-</sup> mice (25,26). Based on previous research, the present study demonstrated that ox-LDL can decrease the expression level and activity of CSE in THP-1 cells.

H<sub>2</sub>S is the third most crucial cardiovascular mediator after nitric oxide and carbon monoxide, and has been shown to prevent AS (27). When NaHS is dissolved in water, it acts as an exogenous H<sub>2</sub>S donor, releasing HS<sup>-</sup> and forming  $H_2S$  with  $H^+$ , with the  $H_2S$  concentration ~33% of the initial mass of NaHS (28). Exogenous NaHS supplementation can prevent the conversion of macrophages into foam cells by increasing the level of H<sub>2</sub>S, and interfering with the production inflammatory cytokines and the occurrence of oxidative stress (29,30). Lp-PLA<sub>2</sub> is involved in vascular inflammation and oxidative stress in macrophages, which contributes to macrophage-derived foam cell formation (16). In the present study, H<sub>2</sub>S downregulated the expression level and activity of Lp-PLA<sub>2</sub> in THP-1 monocytes induced by ox-LDL, whereas PPG significantly upregulated the effect of ox-LDL on the expression level and activity of Lp-PLA<sub>2</sub> in THP-1 monocytes.

Previous reports demonstrated that ox-LDL can upregulate Lp-PLA<sub>2</sub> expression levels due to its oxidized phospholipids (oxPCs) (8), with ox-LDL/oxPCs increasing the generation of inflammatory cytokines in multiple types of inflammatory responses (31). oxPCs have been shown to activate numerous signaling pathways, such as the p38MAPK and JNK pathways (32). The p38MAPK pathway participates in a number of cellular processes, including inflammation, differentiation, cell growth, cell cycle and cell death (33). A number of studies have revealed that p38MAPK pathway activation mediates numerous mechanisms that enhance the pathogenesis of chronic inflammatory disease development, particularly in macrophages with respect to inhibiting the hardening of

arteries in AS (34,35). The p38MAPK pathway has been shown to serve a key role in ox-LDL induction by upregulating Lp-PLA<sub>2</sub> expression levels and decreasing the uptake of ox-LDL in THP-1 cells (8). Therefore, effective blocking of the p38MAPK pathway can decrease the activity of Lp-PLA<sub>2</sub>. H<sub>2</sub>S can also decrease cardiovascular inflammation by decreasing p38MPAK pathway activity (36). In addition, inflammation and apoptosis can result in the production of oxPCs by activating cAMP response elements (37); this effect can be blocked by H<sub>2</sub>S (38). The results of the present study demonstrate that H<sub>2</sub>S can decrease the expression levels and activity of Lp-PLA<sub>2</sub> in THP-1 cells induced by ox-LDL by inhibiting the p38 MAPK pathway.

H<sub>2</sub>S can destroy lipid hydroperoxides (LOOHs) in ox-LDL, attenuate ox-LDL-induced oxidative stress, improve atherosclerosis and decrease the levels of ox-LDL (39). Previous studies have reported that LOOH is an essential component of oxPCs and serves a key role in the upregulation of Lp-PLA<sub>2</sub> expression levels (8,40,41). The use of PPG to decrease endogenous H<sub>2</sub>S production can increase plasma lipid levels and oxidative stress, thereby aggravating the occurrence of AS (42). In the present study, ORO staining was performed to assess the lipid content in foam cells and it was observed that treatment with H<sub>2</sub>S and p38MAPK inhibitors, as well as with Lp-PLA<sub>2</sub> siRNA, significantly decreased the lipid content in foam cells. The results of the present study, combined with those of Zhao et al (29) and Wang et al (43), indicate that H<sub>2</sub>S can decrease the activity of Lp-PLA<sub>2</sub> in macrophages induced by ox-LDL by blocking the p38MAPK pathway, thereby decreasing lipid accumulation.

In summary, these results provide novel insights into the association between  $H_2S$  and  $Lp-PLA_2$  in AS.  $H_2S$  significantly decreased the expression level and activity of  $Lp-PLA_2$  in THP-1 cells induced by ox-LDL. Secondly,  $H_2S$  may decrease lipid accumulation in ox-LDL-induced macrophages by decreasing  $Lp-PLA_2$  activity. Finally,  $H_2S$  was shown to decrease the expression level and activity of  $Lp-PLA_2$  in THP-1 cells induced by ox-LDL by inhibiting the p38MAPK signal-ling pathway. Although the differential effects of  $H_2S$  appear to be mediated by a typical signal cascade, the complexity of the signaling route has yet to be elucidated. Thus, the underlying mechanism of the anti-AS activity of  $H_2S$  should be the focus of future investigations.

There were limitations to the present study; only cell changes were observed, and no animal experiments were performed. Therefore, it is not clear that the effect of hydrogen sulfide on atherosclerosis by regulating the expression of Lp-PLA<sub>2</sub> in the overall model is worthy of further study.

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### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### **Authors' contributions**

HJH and ZSJ conceived and led the experimental design and participated in the writing of the manuscript. HJH, JQ, CZ, ZHT and SLQ performed the experiments. HJH and JQ conducted literature searches and completed the verification and revision of important knowledge content. HJH and ZSJ performed the final verification and proofreading of the article and are responsible for confirming the authenticity of the data in this section. All authors have read and approved the final manuscript.

#### Ethics approval and consent to participate

Not applicable.

### Patient consent for publication

Not applicable.

# **Competing interests**

The authors declare that they have no competing interests.

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