Review began 12/07/2021 Review ended 12/18/2021

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Published 01/17/2022

# Urgent Endoscopic Retrograde Cholangiopancreatography (ERCP) vs. Conventional Approach in Acute Biliary Pancreatitis Without Cholangitis: An Updated Systematic Review and Meta-Analysis

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#### Abstract

Gallstone disease is the common cause of acute pancreatitis. The role of early endoscopic retrograde cholangipancreatography (ERCP) in bilary pancreatitis without cholangitis is not well-established. Thus, this study aims to compare the outcome of early ERCP with conservative management in patients with acute bilary pancreatitis without acute cholangitis. An online search of PubMed, PubMed Central, Embase, Scopus, and Clinicaltrials.gov databases was performed for relevant studies published till December 15, 2020. Statistical analysis was performed using RevMan v 5.4 (The Nordic Cochrane Centre, Cochrane Collaboration, Copenhagen). Odds Ratio (OR) with a 95% confidence interval was used for outcome estimation. Among 2700 studies from the database search, we included four studies in the final analysis. Pooling of data showed no significant reduction in mortality (OR 0.59, 95% CI 0.32 to 1.09; p-0.09); overall complications (OR 0.56, 95% CI 0.30 to 10.1; p-0.05; new-onset organ failure (OR 1.06, 95% CI 0.64 to 1.75; p-0.38); pancreatitis pesudo-cyst (OR 0.44, 95% CI 0.45 to 1.24; p-0.12); ICU admission (OR 1.64, 95% CI 0.97 to 2.77; p-0.06); and pneumonia development (OR 0.81, 95% CI 0.40 to 1.55; p-0.56) by urgent ERCP companying with conventional approach for acute biliary pancreatitis without cholangitis. Henceforth, early ERCP in acute biliary pancreatitis without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary pancreatities without cholangitis. Henceforth, early ERCP in acute biliary panc

Categories: Internal Medicine, Gastroenterology

Keywords: mortality, meta-analysis, pancreatitis, cholangitis, endoscopic retrograde cholangiopancreatography

### Introduction And Background

Acute pancreatitis (AP) is the most common pancreatic disease worldwide and one of the most common gastrointestinal causes of hospital admission [1,2]. The most common cause of AP is gallstones [5]. Impacted billiary stones and bilary sludge can cause reflux of pancreatic enzymes into the pancreas or cause transient obstruction of the ampulla, leading to inflammation of the pancreas [4]. Possible complications of AP include infection, pseudocyst, cholangitis, organ failure, etc. [5,6].

Conservative management for AP includes fluid replacement, pain control, input/output monitoring, nutritional support via the enteral or parenteral route, and antibiotics in selected cases. Endoscopic retrograde cholangiopancreatography (ERCP) is a therapeutic modality in several hepatobiliary diseases, including patients with biliary AP. Several observational studies and clinical trials have been performed comparing conservative management with ERCP in patients with biliary AP [7-12]. Relatively fewer studies have been conducted focusing only on patients with biliary AP without concomitant cholangitis. A metaanalysis conducted focusing only on patients with biliary AP (7-12). Relatively fewer studies have been conducted focusing only on patients with biliary AP (7-12). Relatively fewer studies have been conducted focusing only on patients with biliary AP (7-12). Relatively fewer studies have been conducted focusing rough on a patient science and the studies have been published since, with conflicting results [10,11]. The American Gastroenterological Association Institute Technical Review in 2018 recommended ERCP to be performed between 24-48 hours after the diagnosis of acute biliary pancreatitis but did not specify the timing of ERCP in patients with acute pancreatitis without concomitant cholangitis and recommends further studies on this topic [14].

While there is a universal agreement regarding an early ERCP within 24 hours in biliary AP complicated by cholangitis, the utility of an early ERCP in AP without cholangitis remains unclear. This study thus aims to compare the outcome of early ERCP with conservative management in patients with acute biliary pancreatitis without acute cholangitis.

#### **Review**

#### Objectives

This study aims to determine the usefulness of early ERCP in the management of acute biliary pancreatitis without concomitant cholangitis by comparing the outcomes reported in previous studies such as mortality, local and systemic complications, and hospital stay between patients undergoing early ERCP (within 72 hours) to patients who were managed conservatively.

### Methodology

This study was conducted using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines [15]. In addition, the study protocol was registered in the international prospective register of systematic reviews (PROSPERO ID: CR042021226022) [16].

#### Criteria for considering studies for this review

Types of Studies

In the initial review, we included all case studies (with five or more cases), cross-sectional studies, casecontrol studies, cohort studies, and clinical trials focusing on patients with acute biliary pancreatitis without concomitant cholangitis. We also included clinical trials in which the sequelae for cholangitis were given separately.

#### Types of Participants

Patients with acute biliary pancreatitis without cholangitis who were managed with either early ERCP (within 72 hours of presentation) or conservatively (e.g., no ERCP) were included in the study.

#### Types of Interventions

Patients diagnosed with acute biliary pancreatitis who underwent ERCP within 72 hours of presentation were included in the intervention group. Those who were managed conservatively were included in the control group.

Types of Outcome Measures

Shrestha D B, Budhathoki P, Sedhai Y, et al. (January 17, 2022) Urgent Endoscopic Retrograde Cholangiopancreatography (ERCP) vs. Conventional Approach in Acute Biliary Pancreatitis Without Cholangitis: An Updated Systematic Review and Meta-Analysis. Cureus 14(1): e21342. DOI 10.7759/cureus.21342

Patient characteristics on admission were analyzed, including demographics, clinical status, the severity of pancreatitis, laboratory parameters, including serum bilirubin, serum aminotransferases, and alkaline phosphatase. Mortality, local and systemic complications were also compared.

### Outcomes

In-hospital mortality was the primary outcome of the study. Rates of local and systemic complications, including new-onset organ failure, pneumonia, pancreatic necrosis and pseudocyst, and ICU admission, were secondary outcomes of interest.

### Search methods for identification of studies

An online search of PubMed, PubMed Central, Embase, Scopus, and Clinicaltrials.gov databases was performed for studies published till December 15, 2020. Two reviewers independently performed searches which were then combined. MeSH headings included "Cholangitis". Next, the title/abstract review followed "Pancreatitis", "Pancreatitis, Acute Necrotizing", and "Cholangitis". Next, the title/abstract review followed by the full-text review was performed independently by two reviewers using the Covidence service. A third reviewer resolved conflicts in both steps. Finally, data extraction and review of bias were performed following a full-text review.

### **Electronic searches**

The detailed search strategy has been attached in Appendix 1.

### Data collection and analysis

RevMan 5.4 software (The Nordic Cochrane Centre, Cochrane Collaboration, Copenhagen) was used to analyze the data extracted from the selected studies. First, the heterogeneity among the studies was determined using the 1<sup>2</sup> test. Then, a random/fixed-effect model was used based on heterogeneity to pool the various studies appropriately.

### Selection of studies

The qualitative analysis included all studies where the patient either underwent early ERCP or was managed conservatively. Quantitative analysis included studies with intervention (early ERCP) and control groups. Case studies with less than five cases, editorials, opinions, letters to the editor, animal studies, studies published in other languages with no English translation were excluded.

### Data extraction and management

The quality of the included studies was assessed vigorously.

#### Assessment of risk of bias in included studies

Cochrane risk of bias (ROB) was used for the assessment of bias in trials (Figure 1) [17].



FIGURE 1: Cochrane Risk of Bias (RoBs) of included studies Four studies were included in the analysis [7,9-11].

#### Assessment of heterogeneity

The I<sup>2</sup> test was used to assess heterogeneity using the Cochrane Handbook for Systematic Reviews of Interventions [18].

### Assessment of reporting biases

Reporting bias was checked by prefixed reporting of the outcome.

### Data synthesis

Statistical analysis was performed using RevMan v 5.4. Odds Ratio (OR) with a 95% confidence interval was used for outcome estimation. In addition, a random/fixed-effects model was used to pool data due as appropriate based on heterogeneity.

# Sensitivity analysis

Sensitivity analysis was performed by analyzing the results of randomized controlled trials (RCTs) alone, excluding retrospective studies.

# Results

We identified 2700 studies after thorough database searching and removed 98 duplicates. Title and abstracts of 2602 studies were screened. We excluded 2446 studies after the title and abstract review did not meet our inclusion criteria, and assessed the full text of 149 studies. A total of 145 studies were excluded for definite reasons (Figure 2). We included four studies in the final qualitative analysis (Table 1) and quantitative analysis. Basic study details are attached in Appendix 2.



# FIGURE 2: PRISMA Flow diagram

n: number; ERCP: endoscopic retrograde cholangiopancreatography

Study ID	Particulars	Intervention group	Comparator group
	Year	2020	
	Study design	RCT	
	Total participants	230	
	Description	Early ERCP with sphincterotomy within 72 hours after symptom onset and 24 hours of hospital admission irrespective of presence of CBD stones; no antibiotic prophylaxis	IV fluids, analgesics, enteral nutrition, treatment of endocrine and exocrine pancreatic insufficiency, and gastric tube as necessary; no antibiotic prophylaxis
	Population characteris	tics	
	Participants	117	113
	Male (number/total)	66/117	60/113
	Mean age (± SD) (years)	69±13	71±12
	Cholestasis at admission, n (%)	63 (54%)	67 (59%)
APACHE- admission (IQR)	APACHE-II at admission, median (IQR)	11 (9–15)	10 (8–13)
	C-reactive protein, median (IQR) (mg/L)	60 (13–166)	38 (11–104)
	Outcome		
	Mortality within six months (number/total)	8/117	10/113
Schepers NJ et al. [10]	Major complication within six months (number/total)	37/117	40/113
	New-onset organ failure (number/total)	22/117	17/113
	Cholangitis (number/total)	2/117	11/113
	Bacteremia (number/total)	17/117	25/113
	Pneumonia (number/total)	9/117	10/113
	Pancreatic parenchymal necrosis (number/total)	17/117	18/113
	Pancreatic insufficiency	9/117	3/113

# Cureus

	(number/total)		
	Readmission for gallstone-related complication (number/total)	14/117	24/113
	Hospital stay (days, median)	13 (9-24)	14 (10-26)
	ICU admission (number/total)	24/117	13/113
	ICU stay (days, median)	6 (4-17)	8 (4-35)
	Year	1988	
	Study design	RCT	
	Total participants	110	
	Description	Urgent ERCP +/- ES within 72 hours of presentation, a cephalosporin; IV fluids, oxygen, and assisted ventilation as needed	A cephalosporin; IV fluids, oxygen, assisted ventilation as needed
	Population characteris	lics	
	Participants	53	57
	Male (number/total)	25/59*	27/62*
	Outcome		
	(number/total)	0/53	5/57
	Overall complications (number/total)	6/53	19/57
Neontelemen	Pseudo-cyst (number/total)	5/53	12/57
JP et al. [7]	Duodenal obstruction (number/total)	0/53	1/57
	Ascites (number/total)	0/53	1/57
	Portal venous thrombosis (number/total)	0/53	1/57
	Pleural effusion (number/total)	0/53	4/57
	Respiratory failure (number/total)	2/53	7/57
	Cardiovascular failure (number/total)	1/53	5/57
	Renal failure (number/total)	0/53	2/57
	DIC (number/total)	1/53	1/57
	Cerebrovascular accident (number/total)	1/53	1/57
	Year	2007	
	Study design	RCT	
	Total participants	102	
	Description	ERCP +/- ES within 72 hours of onset, ciprofloxacin and metronidazole prophylaxis	ciprofloxacin and metronidazole prophylaxis; IV fluids, analgesia, oxygen, and nasogastric
		,	intubation as needed
	Population characteris	lics	
	Participants	51	51
	Male (number/total)	16/51	13/51
	Mean age (± SD) (years)	49.9 ± 17.4	44 ± 17.7
	Distal bile duct diameter (± SD) (mm)	10.7±2	10.7±2.4
	Total serum bilirubin (± SD) (mg/dL)	3.16±2.1	4±3.3
	APACHE II score (± SD)	4.6±2	4±3.2
	Predicted mild attacks (number/total)	34/51	30/51
Orı'a A et al. [9]	Predicted severe attacks (number/total)	17/51	21/51
	Outcome		
	Mortality within three months (number/total)	3/51	1/51
	Organ failure (newly developed) (number/total)	5/51	6/51
	Pseudo-cyst		

	(number/tetal)	7/54	0/51		
	(number/total)	//51	9/51		
	Renal failure (number/total)	2/51	0/51		
	Coagulation failure (number/total)	2/51	1/51		
	Cardiovascular failure (number/total)	1/51	0/51		
	Infected necrosis (number/total)	2/51	2/51		
	Acute pseudocyst (number/total)	1/51	1/51		
	Perforated gallbladder/empyema (number/total)	3/51	2/51		
	Year	2009			
	Study design	Non-randomized trial			
	Total participants	153			
	Description	ERCP within 72 hours of onset	No ERCP or ERCP later than 72 hours of onset		
	Population characterist	ics			
	Participants	81	72		
	Male (number/total)	34/81	38/72		
	Mean age (+ SD)				
	(years) (patients with cholestasis)	64.1 ± 15.7	66.3 ± 13.3		
	Mean age (± SD) (years) (patients without cholestasis)	62.9 ± 15.6	65.9 ± 15.5		
	Total serum bilirubin (± SD) (mg/dL) (patients with cholestasis)	4.0 ± 2.7	1.4 ± 0.5		
	Total serum bilirubin (± SD) (mg/dL) (patients without cholestasis)	4.6 ± 2.8	1.3 ± 0.5		
AnSantvoort	Outcome				
	Mortality within three months (number/total)	7/81	12/72		
	Overall complications (number/total)	26/81	33/72		
	Pancreatic necrosis (number/total)	18/81	21/72		
	Infected pancreatic necrosis (number/total)	9/81	10/72		
	Bacteremia (number/total)	13/81	12/72		
	Infected ascites (number/total)	1/81	2/72		
	Pneumonia (number/total)	7/81	8/72		
	New onset organ failure (number/total)	12/81	12/72		
	Bowel ischemia (number/total)	2/81	1/72		
	ICU admission (number/total)	21/81	15/72		

# TABLE 1: Qualitative summary

RCT: randomized controlled trial; ERCP: endoscopic retrograde cholangiopancreatography; CBD: common bile duct; IV: intravenous; SD: standard deviation; n: number, APACHE: acute physiology and chronic health evaluation; IQR: interquartier ange; mg: milligrams; L: liters; ICU: intensive care unit; ES: endoscopic sphinderotomy; DIC: disseminated intravascular coagulation; cLI celoitilers

\*Also includes patients with acute cholangitis, data for only non-cholangitis patients not available

# Qualitative summary

A qualitative summary of included papers is presented in Table 1.

### Quantitative analysis

Total four studies meeting criteria were selected for quantitative synthesis.

### Mortality

There was no significant difference between the two groups when comparing the mortality (in 3-6 months) of urgent ERCP with a conventional approach for acute biliary pancreatitis without cholangitis. However, there was slight lesser mortality among the ERCP group (OR 0.59, 95% CI 0.32 to 1.09; p=0.09; n=595;  $I^2=26\%$ ) (Figure 3).



(2) Mortality within 6 months (3) Mortality up to 90 days after admis

FIGURE 3: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Four studies reported the mortality outcomes [7,9-11].

Sensitivity analysis was carried out by excluding a non-randomized controlled trial (vanSantvoort HC et al.), a study carried before 2000, and using a random-effect model showed no significant changes in the result (Appendix 5-5).

### **Overall major complications**

Three papers reported overall complications in their study. Pancreatic necrosis, new-onset persistent organ failure, bacteremia, cholangitis, pneumonia, or pancreatic insufficiency were considered as major complications. Pooling the data using fixed-effect model showed reduced major complications among urgent ERCP group comparing with conventional approach for acute biliary pancreatitis without cholangitis (OR 0.60, 9% C10.41 to 0.88; p=0.010; n= 495; I2 = 55%) (Figure 4). Considering moderate heterogeneity and remnning the analysis using random-effect model could not reach level of significance (OR 0.5, 9% C10.01 to 1.01; I2 = 55%) (Appendix 6). Similarly, performing sensitivity analysis by excluding studies before 2000 and excluding non-randomized controlled trials also did not reach statistical significance across the two segues (Appendix 7, 8).



(2) Major complication within 6 mont (3) Overall complications

### FIGURE 4: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: Endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: Confidence interval; df: degrees of freedom

Three studies reported the complications [7,10,11].

### New-onset organ failure

Pooling the data using the fixed-effect model for new-onset organ failure among urgent ERCP group compared with a conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across two groups (OR 1.06, 95% Cl 0.65 to 1.75; p=0.81; l2 = 0%) (Figure 5). In addition, subgroup analysis taking specific organ failure and sensitivity analysis carried out by excluding vanSantvoort HC et al. showed no significant changes (Appendix 9, 10).

	Urgent I	RCP	Conservative tre	atment		Odds Ratio	Odds Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI		M-H, Fixed, 95%	CI
On'a A et al. 2007	5	51	6	51	17.9%	0.82 [0.23, 2.86]	_	•	
Schepers NJ et al. 2020	22	117	17	113	46.4%	1.31 [0.65, 2.62]			
van Santvoort HC et al. 2009	12	81	12	72	35.7%	0.87 [0.36, 2.08]			
Total (95% CI)		249		236	100.0%	1.06 [0.65, 1.75]		-	
Total events	39		35						
Heterogeneity: Chi# = 0.72, df	= 2 (P = 0.	70); P =	0%						1 1
Test for overall effect Z = 0.24	(P = 0.81)						0.2	0.5	2 5

FIGURE 5: Forest plot comparing the occurrence of new-onset organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported new-onset organ failure [9-11].

### Pancreatic necrosis

Pooling the data using the fixed-effect model for pancreatic necrosis among urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across the two groups (OR 0.80, 95% Cl 0.49 to 1.32; p=0.38; 12 = 0%) (Figure 6). In addition, a sensitivity analysis excluding wanSantvoort HC et al. also showed no significant changes (Appendix 11).

	Urgent ERCP		Conservative treatment		Odds Ratio		Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
On'a A et al. 2007 (1)	2	51	2	51	5.5%	1.00 [0.14, 7.39]	
Schepers NJ et al. 2020	17	117	18	113	44.9%	0.90 [0.44, 1.84]	
van Santvoort HC et al. 2009	18	81	21	72	49.6%	0.69 [0.33, 1.44]	
Total (95% CI)		249		236	100.0%	0.80 [0.49, 1.32]	•
Total events	37		41				
Heterogeneity: Chi# = 0.29, df	= 2 (P = 0.)	86); I <sup>a</sup> =	0%				
Test for overall effect Z = 0.87	(P = 0.38)						Urgent ERCP Conservative treatment
Footnotes (1) Infected ne crosis							

FIGURE 6: Forest plot comparing the occurrence of pancreatic necrosis across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported pancreatic necrosis [9-11].

#### Pancreatic pseudo-cvst

Pooling the data using the fixed-effect model for pancreatic pseudo-cyst among urgent ERCP group compared with the conventional approach for acute billary pancreatitis without cholangitis showed no significant differences across two groups (OR 0.44, 95% CI 0.16 to 1.24; p=0.12; 12 = 0%) (Appendix 12).

#### ICU admission

Pooling the data using the fixed-effect model for ICU admission rate among urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed a slightly higher chance of admission in the ERCP group but did not reach statistical significance (OR 1.64, 95% CI 0.97 to 2.77; p=0.06; I2 = 0%) (Appendix 15).

#### Pneumonia development

Pooling the data using the fixed-effect model for having pneumonia among the urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across the groups (00.841, 95% 10.40 to 1.65; p=0-56; 12 = 00) (Appendix 14).

#### Discussion

The study's significant findings were no differences in mortality, ICU admission, complications like pancreatic necrosis, pseudocyst, pneumonia development, and new-onset organ failure among patients with biliary pancreatitis without cholangitis with early ERC compared to the control group. Although early ERCP was beneficial in reducing major complications while running the fixed-effect model, the same result was not replicated in the random effect model. The role of endoscopic retrograde cholangiopancreatography (ERCP) in the management of acute biliary pancreatitis with cholangitis is well established as per the European and American society of gastroenterology guidelines [19,20]. However, the current recommendation is to avoid ERCP in the absence of cholangitis and nogoing biliary obstruction as per both societies [19,20]. Although prior meta-analyses were conducted to evaluate the role of ERCP in acute biliary pancreatitis without cholangitis, most of the trais included in the analysis had a small sample size, a small number of patients with severe pancreatitis, delay in initiation of ERCP, non-gallstone etiologies, the inclusion of trials with cases of cholangitis and no proper data separating the outcome of those with and without cholangitis [78,15]. Thus, we conducted a meta-analysis including the results of Schepers et al.'s randomized controlled trial, the largest ERCP trial, including patients with severe gallstone pancreatitis. In Schepers et al.'s study, ERCP was done earlier than previous trials, and sphincterotomy was done universally in al patients [10].

We found no difference in mortality among the two groups receiving conservative management and endoscopic retrograde cholangiopancreatography for management of acute bilary pancreatitis without cholangits. This finding was similar to Pervor et al.'s and Moretti et al.'s finding of no difference in mortality in patients with acute bilary pancreatitis without cholangits [15,21]. Also, we found a reduction in major complications in patients with bilary pancreatitis without cholangits. They compared to those receiving conservative management using the fixed-effect model. However, the result showed no significance with the random effect model considering the heterogeneity. Moretti et al. and 'ans Santvoot HR et al. found a decreased risk of pancreatitis-related complications for patients with predicted severe pancreatitis and severe acute bilary pancreatitis with cholestasis, respectively. However, Petrov et al. found no difference in complications among patients who underwent ERCP compared to conservative management [11,15,21]. Moretti et al. reported no difference in complications in mild acute bilary pancreatitis cases without cholangitis in the two groups [21]. Scheper et al. found no increased risk of respiratory complications with ERCP, as seen in previous trials [10].

Similarly, we found no difference in pneumonia among patients receiving conservative management and patients who underwent ERCP. One of the concerns with early ERCP for managing acute biliary pancreatitis without cholangitis is that ERCP thas various complications and our findings of somehow decreased major complications are significant. However, we found no difference in local complications of pancreatitis like pancreatic pseudocyst and necrosis among patients receiving conservative treatment and early ERCP. Another interesting finding seen in Schepers' and Fosk's trials is the increased risk of cholangitis in patients undergoing conventional therapy than those undergoing early ERCP [8,10].

A comprehensive literature search was performed with a qualitative assessment of the included studies in our meta-analysis. Our meta-analysis explored the role of early ERCP in biliary pancreatitis without cholangitis, a condition in which an effective treatment modality is still evasive. The latest and largest randomized controlled trial results by Schepers et al. were included in our updated analysis [10]. The findings of our study have important implications for clinical practice because no beneficial role of early ERCP was properly established in acute biliary pancreatitis without cholangitis. However, our study has several limitations. Most of the trials included a low number of patients with severe pancreatitis. In addition, the timing to ERCP was variable among the various trials, variable definition of cholangitis in different included trials, and inclusion of various types of patients with varying severity of pancreatitis can also cause fever, and cholangitis only based on the Charcot triad because gall stone pancreatitis can also cause fever, and cholangitis may somettimes develop in the absence of fever and jaundice [11]. So, some trials might have included patients with concomitant cholangitis.

#### Conclusions

Based on our meta-analysis taking patients with acute biliary pancreatitis without cholangitis, there is no benefit of early ERCP. Early ERCP in acute biliary pancreatitis without cholangitis did not reduce mortality, complications, and other adverse outcomes compared to the conservative treatment.

### Appendices

#### Appendix 1

Electronic Search Details: Embase

Search: (urgent ercp' OR (urgent AND (ercp'/exp OR ercp)) OR 'endoscopic retrograde cholangiopancreatography' OR (endoscopic AND retrograde AND 'cholangio pancreatography')) AND ('acute biliary pancreatitis without cholangitis' OR (acute AND biliary AND ('pancreatitis'/exp OR pancreatitis) AND without AND ('cholangitis'/exp OR cholangitis)))

#### Link:

https://v ww.embase.com/#advancedSearch/resultspage/history.7/page.1/25.items/orderby.date/source.

# Total hits: 34

Electronic Search Details: PubMed

Search: (Urgent ERCP or (Endoscopic retrograde cholangio-pancreatography)) AND (Acute biliary pancreatitis without cholangitis)

Link: https://pubmed.ncbi.nlm.nih.gov/?term=%28Urgent+ERCP+or+%28Endoscopic+retrograde+cholangio-pancreatography%29%29+AND+%28Acute+biliary+pancreatitis+without+cholangitis%29&sort=date

Total hits: 322

Electronic Search Details: PubMed Central

Search: (Urgent ERCP or (Endoscopic retrograde cholangio-pancreatography)) AND (Acute biliary pancreatitis without cholangitis)

 $\label{eq:link:https://www.ncbi.nlm.nih.gov/pmc/?term=(Urgent+ERCP+or+(Endoscopic+retrograde+cholangio-pancreatography))+AND+(Acute+biliary+pancreatitis+without+cholangitis)$ 

### Total hits: 2296

Electronic Search Details: Cochrane Library

Search: Urgent ERCP or Endoscopic Retrograde cholangio-pancreatography in All Text AND Acute biliary pancreatitis without cholangitis or Acute biliary pancreatitis in All Text

Link: https://www.cochranelibrary.com/advanced-search

### Total hits: 14

Electronic Search Details: Scopus

Search: (Urgent ERCP or (Endoscopic retrograde cholangio-pancreatography)) AND (Acute biliary pancreatitis without cholangitis)

Link: https://www.scopus.com/results/results.uri?

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### Appendix 2

Basic Study Details

The basic details of included studies is presented in Table 2.

# Cureus

Study ID	Inclusion criteria	Exclusion criteria
	Acute pancreatitis	Cholangitis
	High risk of developing severe disease (APACHE II score ≥ 8 OR Modified Glasgow score ≥ 3 OR C- reactive protein > 150 mg/L	Pancreatitis due to other causes such as alcohol abuse (more than four units per day), metabolic causes (hypertriglyceridemia or hypercalcemia), medication, trauma, etc.
	High probability of a biliary etiology	Previous pancreatic sphincterotomy or needle knife pre cut
Schepers NJ et al. [10]	Ability to perform ERCP within 24 hours after presentation to the emergency department and no more than 72 hours after symptom onset	Chronic pancreatitis
	In case of a previous episode of necrotizing pancreatitis, patient should be fully recovered	INR that cannot be corrected to less than 1.5 with clotting factors or $\ensuremath{FFP}$
	Age ≥18 years	Pregnancy
	Written informed consent	
	Patients admitted with a diagnosis of acute pancreatitis	Pregnancy
Neoptolemos		Age < 18 years
JP et al. [7]		History of chronic alcoholism or acute alcohol intake
		Identifiable secondary cause for the attack of acute pancreatitis, such as drugs, hyperlipidemia, trauma, or surgery
	Patients with a distal main bile duct diameter measuring>=8 mm on admission US	Serious comorbid conditions that precluded ERCP
	Patients with total serum bilirubin>=1.20 mg/dL	Age <18 years
Ori´a A et al. [9]		Pregnancy
		Acute cholangitis
		Inability to perform endoscopy within 72 hours after onset of the attack
vanSantvoort	All patients from PROPATRIA diagnosed with acute biliary pancreatitis within 72 hours after onset of symptoms	Other causes of acute pancreatitis (e.g., alcohol abuse)
HC et al. [11]		Signs of chronic pancreatitis (history and CT)
		Patients with potential cholangitis (serum bilirubin level>1.2 mg/dL and/or dilated CBD on ultrasound or CT and temperature>38.5°C)

### TABLE 2: Basic details of included studies

APACHE: acute physiology and chronic health evaluation; ERCP: endoscopic retrograde cholangiopancreatography; INR: international normalized ratio; FFP: fresh frozen plasma; PROPATRIA: probiotics in pancreatitis trial; CT: computed tomography; CBD: common bile duct

An additional analysis was carried out on the following parameters:

- 1. Mortality (Appendices 3-5)
- 2. Overall major complications (Appendices 6-8)
- 3. New-onset organ failure (Appendices 9, 10)
- 4. Pancreatic necrosis (Appendix 11)
- 5. Pancreatic pseudo-cyst (Appendix 12)
- 6. ICU admission (Appendix 13)
- 7. Pneumonia development (Appendix 14)

### Appendix 3

Sensitivity analysis considering mild heterogeneity and re-running the analysis using random-effect model showed no significant difference across two groups (OR 0.63, 95% CI 0.27 to 1.44; I2 = 26%) (Figure 7).

	Urgent ERCP Conservative treatmen			atment		Odds Ratio	Odds Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI		M-H, Random, 95% CI	
Neoptolemos JP et al. 1988	0	53	5	57	7.4%	0.09 (0.00, 1.65)		· · · ·	
On'a A et al. 2007 (1)	3	51	1	51	11.4%	3.13 [0.31, 31.09]			
Schepers NJ et al. 2020 (2)	8	117	10	113	41.1%	0.76 (0.29, 1.99)			
vanSantvoort HC et al. 2009 (3)	7	81	12	72	40.0%	0.47 [0.18, 1.28]			
Total (95% CI)		302		293	100.0%	0.63 [0.27, 1.44]		-	
Total events	18		28						
Heterogeneity: Tau <sup>2</sup> = 0.19; Chi <sup>2</sup> :	= 4.07, df =	3 (P = 0	0.25); P= 26%				L	1. 1.	
Test for overall effect: Z = 1.10 (P	= 0.27)						0.01	Urgent ERCP Conservative treat	ment
Footnotes									
(1) Mortality within 3 months of at	tack								
(2) Mortality within 6 months									
(3) Mortality up to 90 days after ad	Imission								

FIGURE 7: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis using a random-effect model

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Four studies reported the mortality outcomes [7,9-11].

#### Appendix 4

Similarly, sensitivity analysis carried out by excluding non-randomized controlled trial (vanSantvoort HC et al.) also showed no significant changes (OR 0.73, 95% Cl 0.16 to 3.26; n= 442; l2 = 45%) (Figure  $\vartheta$ ).

	Urgent E	RCP	Conservative trea	itment		Odds Ratio	Odds Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI		M-H, Random, 95% CI	
Neoptolemos JP et al. 1988	0	53	5	57	19.1%	0.09 (0.00, 1.65)	<b></b>	•	
On'a A et al. 2007 (1)	3	51	1	51	26.4%	3.13 [0.31, 31.09]			
Schepers NJ et al. 2020 (2)	8	117	10	113	54.5%	0.76 (0.29, 1.99)			
vanSantvoort HC et al. 2009 (3)	7	81	12	72	0.0%	0.47 [0.18, 1.28]			
Total (95% CI)		221		221	100.0%	0.73 [0.16, 3.26]			
Total events	11		16						
Heterogeneity: Tau* = 0.82; Chi* =	3.61, df =	2 (P = 1	0.16); P= 45%				0.04		
Test for overall effect Z = 0.41 (P	= 0.68)		0.01	Urgent ERCP Conservative treatment					
Footnotes									

(2) Mortality within 6 months

FIGURE 8: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies included in the forest plot are [7,9,10].

### Appendix 5

 $\label{eq:conditionally, re-running analysis by excluding older studies before 2000 (Neoptolemos JP et al.) also could not show significant changes across two groups (OR 0.70, 95\% CI 0.34 to 1.45; I2 = 11\%) (Figure 9).$ 

	Urgent ERCP Conservative treatment				Odds Ratio	Odds Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% CI	
Neoptolemos JP et al. 1988	0	53	5	57	0.0%	0.09 (0.00, 1.65)		
On'a A et al. 2007 (1)	3	51	1	51	9.6%	3.13 [0.31, 31.09]		
Schepers NJ et al. 2020 (2)	8	117	10	113	48.2%	0.76 (0.29, 1.99)		
vanSantvoort HC et al. 2009 (3)	7	81	12	72	44.3%	0.47 (0.18, 1.28)		
Total (95% CI)		249		236	100.0%	0.70 [0.34, 1.45]	-	
Total events	18		23					
Heterogeneity: Tau* = 0.05; Chi* =	2.26, df =	2 (P = 0	0.32); P= 11%				has also 100	
Test for overall effect: Z = 0.95 (P =	= 0.34)						Urgent ERCP Conservative treatment	
Footnotes								
(1) Mortality within 3 months of att	ack							
(2) Mortality within 6 months								
(3) Mortality up to 90 days after ad	mission							

FIGURE 9: Forest plot comparing mortality outcome across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding studies before 2000 (Neoptolemos JP et al. 1988)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies included in the Forest plot are [9-11].

### Appendix 6

Considering moderate heterogeneity and re-running the analysis using random effect model could not reach level of significance (OR 0.56, 95% CI 0.30 to 1.01; p=0.05; 12 = 53%) (Figure 10).



Overall complications
Major complication within 6 mo

FIGURE 10: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis using a random-effect model

ERCP: endoscopic retrograde cholangiopancreatography; N-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the complications [7, 10, 11].

#### Appendix 7

Additionally, re-running analysis by excluding older studies before 2000 (Neoptolemos JP et al.) also could not show significant changes across two groups (OR 0.71, 95% CI 0.47 to 1.09; I2 = 0%) (Figure 11).



Across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding studies before 2000 (Neoptolemos JP et al. 1988)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the complications [7,10,11].

#### Appendix 8

Similarly, sensitivity analysis carried out by excluding non-randomized controlled trials (vanSantvoort HC et al.) also showed no significant changes (OR 0.50, 95% CI 0.16 to 1.61; 12 = 76%) (Figure 12).



FIGURE 12: Forest plot comparing the occurrence of complications across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the complications [7,10,11].

### Appendix 9

Sensitivity analysis for outcome new-onset organ failure carried out by excluding non-randomized controlled trial (vanSantvoort HC et al.) also showed no significant changes (OR 1.17, 95% CI 0.64 to 2.14; 12 = 0%) (Figure 1.5).

	Urgent ERCP		Conservative treatment		Odds Ratio		Odds Ratio		Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI		M-H, Fixed	1, 95% CI	
On'a A et al. 2007	5	51	6	51	27.8%	0.82 [0.23, 2.86]	-			
Schepers NJ et al. 2020	22	117	17	113	72.2%	1.31 [0.65, 2.62]		_		
van Santvoort HC et al. 2009	12	81	12	72	0.0%	0.87 [0.36, 2.08]				
Total (95% CI)		168		164	100.0%	1.17 [0.64, 2.14]				
Total events	27		23							
Heterogeneity: Chi# = 0.42, df	= 1 (P = 0.	52); I*=	0%						1	- 1
Test for overall effect Z = 0.51	(P=0.61)						0.2	Urgent ERCP	2 Conservative treat	ment

FIGURE 13: Forest plot comparing the occurrence of new-onset organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the new-onset organ failure [9-11].

#### Appendix 10

Carrying analysis using random effect model for specific organ failure could not reach significant differences among two groups for respiratory failure (OR 0.55, 95% CI 0.23 to 1.35; I2 = 0%), renal failure (OR 1.04, 95% CI 0.04 to 24.41; I2 = 53%), and circulatory failure (OR 0.60, 95% CI 0.04 to 8.22; I2 = 47%) (Figure 14).

	Urgent 8	RCP	Conservative treat	tment		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% CI
8.1.1 Respiratory failure							
Neoptolemos JP et al. 1988	2	53	7	57	22.3%	0.28 [0.06, 1.41]	
On'a A et al. 2007	7	51	9	51	45.4%	0.74 [0.25, 2.17]	
Subtotal (95% CI)		104		108	67.7%	0.55 [0.23, 1.35]	-
Total events	9		16				
Heterogeneity: Tau <sup>a</sup> = 0.00; C	hi*= 0.97,	df = 1 (F	= 0.32); I <sup>e</sup> = 0%				
Test for overall effect: Z = 1.30	(P = 0.19)						
8.1.2 Renal failure							
Neoptolemos JP et al. 1988	0	53	2	57	6.7%	0.21 [0.01, 4.42]	·
On'a A et al. 2007	2	51	0	51	8.7%	5.20 [0.24, 111.09]	
Subtotal (95% CI)		104		108	13.4%	1.04 [0.04, 24.41]	
Total events	2		2				
Heterogeneity: Tau* = 2.75; C	hi*= 2.13,	df = 1 (F	<sup>e</sup> = 0.14); I <sup>e</sup> = 53%				
Test for overall effect: Z = 0.02	(P = 0.98)						
8.1.3 Circulatory failure							
Neoptolemos JP et al. 1988	1	53	5	57	12.8%	0.20 [0.02, 1.77]	
On'a A et al. 2007	1	51	0	51	6.0%	3.06 (0.12, 76.88)	
Subtotal (95% CI)		104		108	18.9%	0.60 [0.04, 8.22]	
Total events	2		5				
Heterogeneity: Tau* = 1.75; C	hi*= 1.89,	df = 1 (F	<sup>e</sup> = 0.17); I <sup>e</sup> = 47%				
Test for overall effect: Z = 0.38	(P = 0.70)						
Total (95% CI)		312		324	100.0%	0.58 [0.26, 1.28]	-
Total events	13		23				
Heterogeneity: Tau <sup>a</sup> = 0.07; C	hi <sup>z</sup> = 5.32,	df = 5 (F	e = 0.38); If = 6%				bar de la ra
Test for overall effect: Z = 1.35	(P = 0.18)						U.01 U.1 1 10 10
Test for subgroup differences	· Chi <sup>2</sup> = 0.1	4  df = 1	2 (P = 0.93) I <sup>2</sup> = 0%				organization Conservance dealiterit

FIGURE 14: Forest plot showing subgroup analysis on occurrence of specific organ failure across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported specific organ failure [7,9].

#### Appendix 11

Sensitivity analysis for outcome pancreatic necrosis carried out by excluding non-randomized controlled trial (vanSantvoort HC et al.) also showed no significant changes (OR 0.91, 95% CI 0.46 to 1.79; I2 = 0%) (Figure 15).

	Urgent ERCP		Conservative treatment		Odds Ratio			Odds Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI		M-H, Fixed, 95%	CI	
On'a A et al. 2007 (1)	2	51	2	51	10.9%	1.00 [0.14, 7.39]				
Schepers NJ et al. 2020	17	117	18	113	89.1%	0.90 [0.44, 1.84]				
van Santvoort HC et al. 2009	18	81	21	72	0.0%	0.69 [0.33, 1.44]				
Total (95% CI)		168		164	100.0%	0.91 [0.46, 1.79]		-		
Total events	19		20							
Heterogeneity: Chi# = 0.01, df	= 1 (P = 0.	92); I <sup>2</sup> =	0%				0.01	d	10	100
Test for overall effect Z = 0.28	(P=0.78)						0.01	Urgent ERCP Cons	ervative treatm	tent
Footnotes (1) Infected necrosis										

FIGURE 15: Forest plot comparing the occurrence of pancreatic necrosis across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis excluding non-randomized controlled trial (vanSantvoort HC et al.)

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Three studies reported the pancreatic necrosis [9-11].

#### Appendix 12

Pooling the data using the fixed-effect model for pancreatic pseudo-cyst among urgent ERCP group comparing with the conventional approach for acute biliary pancreatitis without cholangitis showed no significant differences across two groups (OR 0.44, 95% CI 0.16 to 1.24; p=0.12; I2 = 0%) (Figure 16).

	Urgent ERCP		Conservative treatment			Odds Ratio	Odds Ratio			
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI		M-H, Fixe	d, 95% CI	
Neoptolemos JP et al. 1988	5	53	12	57	91.4%	0.39 [0.13, 1.20]			-	
On'a A et al. 2007 (1)	1	51	1	51	8.6%	1.00 [0.06, 16.43]				
Total (95% CI)		104		108	100.0%	0.44 [0.16, 1.24]		-		
Total events	6		13							
Heterogeneity: Chi# = 0.37, df	= 1 (P = 0.)	54); P=	0%				-	04	1	100
Test for overall effect Z = 1.55	(P=0.12)						0.01	Urgent ERCP	Conservative treat	ment
Footnotes										
(1) Acute pseudocyst										

FIGURE 16: Forest plot comparing the occurrence of pancreatic pseudo-cyst across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

rograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: ERCP: endoscopic re dearees of freedom

Two studies reported pancreatic pseudo-cyst [7,9].

### Appendix 13

Pooling the data using the fixed-effect model for ICU admission rate among urgent ERCP group comparin with the conventional approach for acute biliary pancreatitis without cholangitis showed a slightly higher chance of admission in the ERCP group but did not reach statistical significance (OR 1.64, 95% Cl 0.97 to 2.77; p=0.06; I2 = 0%) (Figure 17).

	Urgent ERCP		Conservative treatment			Odds Ratio	Odds Ratio				
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI		M-H, Fixe	1, 95% CI		
Schepers NJ et al. 2020	24	117	13	113	47.2%	1.99 [0.96, 4.13]		-	-		
van Santvoort HC et al. 2009	21	81	15	72	52.8%	1.33 [0.62, 2.83]		-	_		
Total (95% CI)		198		185	100.0%	1.64 [0.97, 2.77]		-	•		
Total events	45		28								
Heterogeneity: Chi <sup>2</sup> = 0.56, df = 1 (P = 0.46); I <sup>2</sup> = 0%							0.01	01			100
Test for overall effect: Z = 1.85 (P = 0.06)							0.01	Ukaget EDCD	Concernity	o trooteo	100

FIGURE 17: Forest plot comparing ICU admission rate across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

ERCP: endoscopic retrograde cholangiopancreatography; M-H: Mantel-Haenszel; CI: confidence interval; df: degrees of freedom

Two studies reported ICU admission [10,11].

### Appendix 14

Pooling the data using the fixed-effect model for having pneumonia among the urgent ERCP group compared with the conventional approach for acute biliary pancreatitis without cholangitis showed no significan differences across the groups (OR 0.81, 95% CI 0.40 to 1.65; p=0.56; I2 = 0%) (Figure 18).



FIGURE 18: Forest plot comparing the development of pneumonia across urgent ERCP and conventional approach for acute biliary pancreatitis without cholangitis

atography; M-H: Mantel-Haenszel; CI: confidence interval; df: le cholangiopancre

ERCP: endoscopic r degrees of freedom

Two studies reported pneumonia [10,11].

# Additional Information

### Disclosures

Conflicts of interest: In compliance with the ICMIE uniform disclosure form, all authors declare the Colliving: Payment/services info: All authors have declared that no financial support was received from any organization for the submitted work. Financial relationships: All authors have declared that they have any organization for the advanteed work in methods in the event of the previous three years with any organizations that might have an interest in the submitted work. **Other relationships**: All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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