#### **ORIGINAL ARTICLE**



# Exploring the Potential Role of Theaflavin-3,3'-Digallate in Inhibiting Various Stages of SARS-CoV-2 Life Cycle: An In-Silico Approach

Manav Jain<sup>1</sup> · Aishwarya Anand<sup>1</sup> · Ashish Shah<sup>2</sup>

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## Abstract

**Introduction** Theaflavins belong to the class of polyphenols that are predominantly found in black tea. The major derivatives of theaflavins found in black tea are theaflavin (TF1), theaflavin-3-gallate (TF2A), theaflavin-3'-gallate (TF2B), and theaflavin-3,3'-digallate (TF3). Theaflavin-3,3'-digallate (TF3) is a natural compound present in black tea and known to possess antiviral activity. This study had attempted to explore the potential role of TF3 in inhibiting various stages of the SARS-CoV-2 life cycle.

**Methods** Molecular docking studies of TF3 along with positive controls was performed on eight different targets of SARS-CoV-2 followed by binding free energy (MM-GBSA) calculations. The docked complexes with favourable docking and binding free energy results were subjected to molecular dynamics (MD) simulation studies to assess the stability of the dock complex. Finally, TF3 and all the positive controls were taken for ADMET analysis.

**Results** The docking and binding free energy results of TF3 was compared against the positive controls. TF3 showed the highest binding energy against all the targets and formed more stable interactions for a longer duration on MD simulations with CLpro, RdRp, helicase and spike protein. Also, the promising in-silico ADMET profile further warrants the exploration of this compound through in-vitro and in-vivo methods.

**Conclusion** Through this study, we tried to evaluate the role of theaflavin-3,3'-digallate on multiple targets of SARS-CoV-2, and the positive in-silico results which were obtained on various pharmacodynamic and pharmacokinetic parameters, give a ray of hope as a potential therapeutic drug to this rapidly spreading disease. The search for a curative therapy for SARS-CoV-2 is still ongoing. The favourable preliminary results of TF3 through in-silico analysis offers a ray of hope in ending this devasting pandemic.

Keywords SARS-CoV-2 · Theaflavin-3,3'-digallate · Molecular docking · Molecular dynamics · In-silico ADMET

#### Abbreviations

Angiotensin-converting enzyme 2
Absorption, distribution, metabolism, excre-
tion, toxicity
Chymotrypsin like protease

Ashish Shah ashishshah.dop@sumandeepvidyapeethdu.edu.in

Manav Jain manavjain94@gmail.com

Aishwarya Anand niehaaa@gmail.com

<sup>1</sup> Department of Pharmacology, Postgraduate Institute of Medical Education and Research, Chandigarh, Punjab, India

<sup>2</sup> Department of Pharmacy, Sumandeep Vidyapeeth, Vadodara, Gujarat, India

Cog	Cognate
PLpro	Papain like protease
RBD	Receptor binding domain
RdRp	RNA dependant RNA polymerase
Rem	Remdesivir
TF3	Theaflavin-3,3'-digallate
TMPRSS2	Transmembrane protease, serine 2

# **1** Introduction

SARS-CoV-2 belongs to the family of coronaviridae whose genomic structure is closely related to severe acute respiratory syndrome (SARS-CoV) and middle-east respiratory syndrome coronavirus (MERS-CoV). In comparison with both (i.e., SARS-CoV and MERS-CoV), the novel coronavirus has a higher transmission rate. Due to the higher transmission rate and death cases, it was declared a global pandemic by World Health Organization (WHO) in March 2020 [1, 2]. The literature data suggest that the novel coronavirus spike protein has a potent binding affinity with human angiotensin-converting enzyme 2 (ACE2) receptor present on the cell surface and this evidence may explain that, why these species have a higher transmission rate as compared to other corona viruses [3–7].

SARS-CoV-2 is a type of RNA virus that is about 30 kb in size, encoded with various structural and non-structural proteins. The structural proteins have four different types-spike protein (S), membrane (M), envelope (E), and nucle-ocapsid (N), which occupies 33% of the viral genome at the C-terminus and play an important role in viral integrity. The non-structural proteins are divided into sixteen different types, which are important for various stages of the viral life cycle [8, 9]. To date, many studies have been done to evaluate the molecular mechanism involved in the SARS-CoV-2 life cycle and to identify the targets involved in it. The possible therapeutic strategies to target viruses can divide into four types that aim to target cellular machinery at different stages of the viral life cycle (Fig. 1).

The first therapeutic strategy is to block the entry of the virus. This could be achieved by blockage of proteins that promote viral entry and fusion into the host cell. Viral entry into the human cell is initiated through the interaction between viral spike protein (S) and angiotensin-converting enzyme2 (ACE2) receptor at receptor binding domain. Upon binding with ACE2, spike protein undergoes conformational change followed by cleavage between S1 and S2 domain. Initially, furin followed by Transmembrane Serine Protease 2 (TMPRSS2) involved in the cleavage. S1 helps in binding with host cell via receptor binding domain whereas S2 promotes the endocytic entry of virus by membrane fusion that completes the infection process [10–12].

The second and third strategies are aimed at targeting proteins that are involved in viral replication and release [13]. Upon membrane fusion, the virus releases single-stranded RNA that goes under the translation process and cleaved into two precursor polyproteins pp1a and pp1b. Both pp1a and pp1b are further cleaved by viral protease into nonstructural proteins. The non-structural proteins are divided into sixteen different types that include important replicating enzymes like RNA-dependent RNA polymerase (RdRp, nsp12), helicase (nsp13), papain-like protease (PLpro, nsp3), chymotrypsin-like main protease (3CL protease, nsp5), and exo-ribonuclease (nsp14). These non-structural proteins form a replication transcription complex (RTC) that undergoes transcription and translation to synthesize full-length genomic RNA (transcription) or nested subgenomic mRNA (translation) which is further translated into structural proteins. The structural protein in association with the viral



Fig. 1 The life cycle of SARS-CoV-2 and potential therapeutic targets: The viral life cycle has 4 stages-entry, replication, the release of viral progenies, and affecting the RAAS system. The inhibition of 1. spike protein and ACE2 interaction, 2. TMPRSS2 activity, which mediates the cleavage of spike protein, and 3. clathrin-mediated endocytosis prevents the entry of virus in the cell. Inhibition of 4. CLpro and PLpro, to viral proteases, inhibit the multiplication of virus while targeting 5. RdRp and helicase or 6. increasing intracellular Zn+2 concentration inhibit replication. 7. decreasing expression and activity of veroporin3, an ion channel prevents the release of virions and thus infection in other cells. RAAS overactivity can be suppressed by inhibiting 8. ACE and 9. AT1R 3CLpro- chymotrypsin-like protease. PLpro papain-like protease, ACE angiotensinconverting enzyme, AT1R angiotensin II type 1 receptor, Ang angiotensin, MasR mitochondrial assembly receptor, M membrane, S spike, E envelope, N nucleocapsid, TMPRSS2 transmembrane protease serine 2, RdRp RNA dependant RNA polymerase, RTC replication transcription complex, RAAS renin-angiotensin-aldosterone system, pp polyprotein

genome is assembled into new virions and finally released through the budding process [14, 15].

The fourth strategy involved in modulation of the immune system with RAAS. RAAS is involved in a variety of biological responses that include regulation of inflammation, blood pressure, and fibrosis. In general angiotensin converting enzyme convert angiotensin I to angiotensin II. By ACE2 enzyme, angiotensin II is further converted into angiotensin (1–7) and binds with G-protein coupled receptor Mas to reduce inflammation, blood pressure, and fibrosis, thereby providing a protective effect in the lungs. Upon binding of SARS-CoV-2 with ACE2; the normal function of ACE2 is suppressed and instead of conversion into angiotensin (1–7); ACE2 binds with the AT1R receptor which causes an increase in inflammation, blood pressure, and fibrosis [16]. As the RAAS system is involved in a variety of functions, targeting the RAAS system needs more specificity [17].

Theaflavins belong to the class of polyphenols that are predominantly found in black tea. The major derivatives of theaflavins found in black tea are theaflavin (TF1), theaflavin-3-gallate (TF2A), theaflavin-3'-gallate (TF2B), and theaflavin-3,3'-digallate (TF3). All of the derivatives have been reported for a variety of biological activities like antiviral, anti-tumour, anti-oxidant, and antibacterial activities [18, 19]. Literature data suggest that theaflavin derivatives found in black tea had a wide spectrum of anti-viral activity that can act at different stages of the viral life cycle [20]. Since the theaflavins obtained from the natural source, antiviral promising results in past encouraged us to explore the role of theaflavin-3,3'-digallate in to fight against SARS-CoV-2 using the in-silico approach. In our study, we have included various druggable targets of SARS-CoV-2 which are Chymotrypsin-like protease (3CLpro), RNA dependant RNA polymerase (RdRp), Papain like protease (PLpro), Helicase, Spike Receptor Binding Domain (RBD), endoribonuclease, and the human targets like furin and TMPRSS2 involved in binding with the virus and evaluated the potential role of theaflavin-3,3'-digallate against SARS-CoV-2 using in-silico approach. The insilico methods includes molecular docking studies and MD simulation studies on eight different druggable targets of SARS-CoV-2; with this we had also included insilico ADME/T studies.

## 2 Material and Methods

#### 2.1 Preparation of Ligands

We downloaded the structures of theaflavin-3,3'-digallate (21,146,795 CID, Mol. Wt. 868.7), remdesivir from Pubchem (121304016 CID), and extracted cognate ligands (positive controls) (Fig. 2) from the crystal structure of the protein downloaded from Protein Data Bank (https://www.rcsb.org/). Additionally, we used a reported inhibitor of TMPRSS2, camostat (PubChem CID 2536) [21]. Ligand preparation was done using Schrodinger's LigPrep module (Schrödinger, LLC, New York, NY, 2020). All possible states at target pH  $7 \pm 2$  were generated using the Epik tool [22]. Tautomers were also generated by retaining specific chiralities and varying other chiral centres. Energy minimization was done using the OPLS3 force field [23].

#### 2.2 Protein Structure Retrieval

For this study, we retrieved the structures from the protein data bank in the PDB format for all the targets except TMPRSS2. The PDB ID of all proteins is mentioned in table no 1. For TMPRSS2, we used the previously reported modelled structure [24]. We further refine the structure using the galaxy refine server [25] and validated it through the Molprobidity server [26] and Schrodinger's structure analysis tool.

#### 2.3 Protein Preparation

The protein Preparation Wizard tool [27] of Maestro software from Schrodinger, LLC, 2020 was used to prepare the protein structures before molecular docking studies. The structures were pre-processed and H-bond assignment, geometry optimization, and energy minimization of protein were done at physiological pH with OPLS3 (Optimized Potential for Liquid Simulations version 3.0) force field. Water molecules present in the active sites of CLpro and Plpro were retained. In the preparation of endoribonuclease protein, we removed Chain B and all other Het-atoms as it is a homodimer and both the chains are having same function so using a single chain will make the computational process less intensive. Het-atoms are removed as they are not involved in the binding process and removing them will make the calculations easy. For spike protein preparation, the ACE2 protein chain was removed from the complex. The prime module [28] was used to fill missing residues in RdRp protein preparation.

## 2.4 Active Site Selection and Receptor Grid Generation

Active site selection and receptor grid generation (Table 1) was done based on the interacting residues of the cognate ligands present with the protein structures except in Spike protein, TMPRSS2, and Helicase. For Spike protein, interacting residues of RBD of Spike protein with ACE2 were selected for the active site. For helicase, interacting residues of Helicase (nsp13) with nsp7-nsp8-nsp12 complex were chosen [29]. For TMPRSS2, interacting residues between TMPRSS2 and SARS CoV 2 Spike glycoprotein were chosen as the active site [24].

## 2.5 Molecular Docking

For molecular docking studies, the LigPrep file and glide receptor grid file of each target was used as input. The ligand docking was done using Glide extra precision (XP) model [30] with OPLS3 force field [23]. The out file was generated and viewed in a pose viewer tool.

## 2.6 Binding Energy Calculation

The MM-GBSA binding free energy ( $\Delta$ Gbind) [31] was calculated using pose viewer file generated after molecular docking using Prime module of Schrodinger, LLC, 2020 which defines binding energy in the algorithm as:

**Fig. 2** Structure of theaflavin-3,3'-digallate along with cognate ligands, standard drug remdesivir and camostat



Theaflavin-3,3'-digallate

 $\Delta$ Gbind = PEcomplex-PEfree ligand-PEprotein.

#### 2.7 Molecular Dynamic (MD) Simulations

MD simulation was done through the Desmond simulation package (D. E. Shaw Research, New York, NY, 2020). We ran the MD simulation for all the protein targets with TF3, and their positive controls. Additionally, for RdRp, we ran MD simulation with remdesivir also. Protein–ligand complex was selected for MD study based on best binding free energy (MM-GBSA). For system-building, the Transferable Intermolecular Interaction Potential 3 Points (TIP3P) [32] solvation model was chosen with an orthorhombic box of  $10 \times 10 \times 10$  Å. The system was made electrically neutral by adding counter ions (Na<sup>+</sup> or Cl<sup>-</sup>). Salt (NaCl) at the concentration of 0.15 M was added to mimic physiological conditions. The model system was relaxed before the simulation. The OPLS3 force field was used for MD simulation. NPT ensemble with a temperature of 310 K and a pressure of 1 atm was applied during all MD simulations. For Coulombic interactions, 9 Å was chosen as a cut-off radius. Langevin thermostat (relaxation time 1 ps) and barostat (relaxation time 2 ps) [33] were chosen to control temperature and pressure respectively. To calculate non-bonded forces, the RESPA integrator was used and recording was done at every

Table 1 Active site residues and receptor grid coordinates for different target proteins

Sr no.	Target	PDB ID	Active site residues	Receptor grid coordinates
1	3CLpro	6LZE	HIS41, MET49, PHE140, LEU141, ASP 142, GLY143, SER144, CYS 145, HIS 163, HIS164, MET165, GLY166, HIS 172, ASP187, ARG188, GLN189	X=-13.50, Y=14.23, Z=68.03
2	RdRp	7D4F	ASN496, ASN497, LYS500, ARG569, GLN573, GLY580, GLY590, AL685, TYR689, LEU758	X=118.23, Y=133.15, Z=143.54
3	Spike	6M0J	LYS417, GLY446, TYR449, TYR453, LEU455, PHE456, ALA475, PHE486, ASN487, TYR489, GLN493, GLY496, GLN498, THR500, ASN501, GLY502, TYR505	X = - 37.05, Y = 29.80, Z = 4.40
4	PLpro	7JN2	LEU162, GLY163, ASP164, PRO248, TYR264, TYR268, GLN269, TYR273, THR301	X=52.30, Y=30.713373, Z=-0.410133
5	Endoribonuclease	6WXC	GLN245, HIS250, LYS290, VAL292, SER294, TYS343, LYS345	X = 64.07, Y = -68.58, Z = 26.94
6	Furin	5MIM	ASP153, ASP191, ASN192, HIS194, CYS198, LEU227, ASP228, GLY229, GLU230, VAL231, GLU236, TRP254, GLY255, PRO256, ASP264, TYR308, SER368	X=47.36, Y=-31.73, Z=-8.88
7	TMPRSS2	HM*	VAL278, VAL280, HIS296, GLU299, LYS300, ASP338, LYS340, THR341, LYS342, THR387, GLU388, GLU389, LYS390, GLY391, LYS392, ARG413, TYR414, LEU419, GLU431, ASN433, GLN438, SER441, SER460, CYS465, ALA466, LYS467, TYR469	X=40.97, Y=-7.24, Z=30.04
8	Helicase	6ZSL	VAL45, ASP46, MET68, ISO79, SER 80, PHE81, PHE90, LEU92, TYR93, LYS94, ASP95, VAL193, GLU194, HIS 230, ARG248, TYR253	X=2.96, Y=44.09, Z=-50.85

HM homology modeling

2 fs. The simulation was done for each protein–ligand complex for 20 ns. The trajectories were saved at every 10 ps and to evaluate the stability of the protein–ligand complexes, the root means square deviation (RMSD) of both the protein and the ligands was computed and inspected. To analyze the local fluctuations in the structures, we also calculated root mean square fluctuations (RMSF) for all the targets. MD results were extracted and viewed using the simulation interaction diagram tool.

## 2.8 ADMET Studies

Prediction of ADMET properties is one of the important parameters in computer-aided drug discovery to screen the molecules. To evaluate the ADMET profile of theaflavin-3,3'-digallate, remdesivir, and cognate ligand we used the pkCSM online server (http://biosig.unimelb.edu.au/pkcsm/ prediction). The smiles of all structures were collected and used as input to predict ADMET properties.

## **3 Results**

## 3.1 Molecular Docking Analysis

Molecular docking studies were performed to evaluate the binding affinity and to identify molecular interactions between ligand and target. In our study, we had performed molecular docking studies on eight different targets of SARS-CoV-2. All of the receptors which we had included in the study are known to involve in various stages of the life cycle of SARS-CoV-2. The results of molecular docking studies of TF3 were compared with the cognate ligand present with the protein structure for 3CLpro, PLpro, endoribonuclease and furin (Table 2). For RdRp, the results of TF3 were compared with its cognate ligand and remdesivir. For helicase, spike protein and TMPRSS2, the molecular docking studies were performed only with TF3. In addition to this, each ligand-protein complex was analyzed through H-bonded and non-bonded interactions (Fig. 3 and Supplementary S2). The binding affinity of the protein-ligand complex is due to various bonded and non-bonded interactions, in that H-bond interactions play a vital role in the stability of the docked complex. CLpro and furin showed the maximum no. H-bonded interactions with TF3 (10), followed by RdRp (8), endoribonuclease (7), TMPRSS2 and helicase (each 6), spike protein (4) and PLpro (2). The interacting residues for both bonded and non-bonded interactions had also been reported (Table 3).

## 3.2 Binding Free Energy Analysis (MM-GBSA)

While the docking score measures the binding affinity of a ligand to the protein at a single time point for a given pose,

Table 2 Molecular docking and Binding free energy scores

Target	Compound	Docking score (kcal/mol)	MM- GBSA (kcal/mol)
3CLpro	TF3	-8.73	-87.38
	Cognate	-5.66	-79.58
RdRP	TF3	- 5.94	- 85.35
	Remdesivir	-6.63	-76.01
	Cognate	-7.86	-55.28
Spike	TF3	-6.56	-77.32
PLpro	TF3	-4.89	-71.51
	Cognate	-3.54	- 36.2
Endoribonuclease	TF3	-5.12	- 80.97
	Cognate	-4.33	- 54.59
Furin	TF3	-4.51	-66.95
	Cognate	-9.49	- 57.94
TMPRSS	TF3	-5.31	- 74.94
	Camostat	- 3.99	-40.92
Helicase	TF3	-7.63	- 70.41

the docking results may not accurately predict the correct binding pose alone [34]. Binding free energy shows which protein–ligand complex has the lowest energy. Combining the docking and MM-GBSA methods can result in the better selection of the ligands to be taken for further studies as it markedly improves the probability of finding the correct binding pose depending upon the interactions of interest between the ligand and the protein and lowest energy of the complex [35–37]. Hence, for MD studies we chose the complex for each ligand based on their docking score and the lowest binding free energy as depicted by MM-GBSA calculations. TF3 showed the highest binding free energy with all the targets (Table 2) and thus can show better interactions than the cognate ligand with multiple targets.

#### 3.3 Molecular Dynamics (MD) Analysis

MD studies are performed to understand the stability of protein–ligand complex and the binding interactions between them with reference to time in a simulated physiological condition. For each of the protein–ligand complex, we calculated RMSD values of protein and ligand in complex, RMSF values of the protein, and protein–ligand contact mapping. RMSD values measure the average variations in the displacement of the protein–ligand complex in respect to the initial frame (docked complex which was chosen as an input file for MD). RMSF values measure local fluctuations in the amino acid residues upon ligand binding and it is important to characterize its effect on individual residues of the protein. Since interactions play an important role in both pharmacokinetics and pharmacodynamics, we extracted and mapped various intermolecular interactions like H-bond and other non-bonded interactions from MD trajectory for each of the protein–ligand complex.

During MD studies, the stability of a complex is indicated by how quickly the protein, as well as ligand, attained equilibrium. In a protein-TF3 complex, 3CLpro reached and attained the equilibrium fastest (~2.5 ns), while all other proteins attained the same within 5-6 ns. Also, the RMSD values in the protein-TF3 complex remained well within 2-3 Å for all the proteins except for TMPRSS2, where RMSD values were  $\sim 8-9$  Å. When comparison was made between protein-TF3 and protein-cognate/positive control complexes for each target, all the proteins achieved stability faster when complexed with TF3 than cognate ligand/ positive controls except with furin. RMSD fluctuations for each target protein were almost the same when complexed with TF3 and its cognate/positive control. TF3 showed the least RMSD fluctuations in 3CLpro complex and TMPRSS2 (2-5 Å) followed by the furin (4 Å) spike (3-7 Å) and RdRp (4-7 Å), endoribonuclease (5-7 Å), PLpro (7-8 Å) and maximum fluctuations in helicase (8-9 Å). Cognate ligand/ positive controls showed less or almost RMSD values than TF3 in RdRp (suramin 1–6 Å), PLpro (~4 Å) furin (3 Å), and TMPRSS2 (4 Å), while a higher value in helicase (8–9 Å), RdRp (remdesivir 7 Å), endoribonuclease (3–7 Å) and 3CLpro (5 Å). Individual amino acids residues in each protein have RMSF values of <3 Å in complexes with TF3 and cognate/positive ligand. Combining all the above MD study results, it can be concluded that TF3 formed better and stable interactions with CLpro, RdRp, spike protein and endoribonuclease (Figs. 4, 5, 6, 7). While cognate ligand showed better interactions with PLpro (Supplementary S2) and furin (Supplementary S2). For helicase (Supplementary S2) TF3 fluctuations were very higher and results remained indeterminate with TMPRSS2 (Supplementary S2).

#### 3.4 ADMET Studies

The ADMET properties play a crucial role in the development of new drugs. The in-silico ADMET studies are one of the important techniques that reduce the chances of drug molecules to be failed in further pre-clinical and clinical studies. We had performed in-silico ADMET studies of theaflavin-3,3'-digallate and all the positive controls using the pkCSM webserver. An ideal drug molecule should have good intestinal absorption property, Log S should in between -1 and -5, should be a non-inhibitor of CYP450 and should be non-AMES toxic. Apart from this it should be non-carcinogenic, non-inhibitors of hERG and should have less toxicity. ADMET prediction of TF3 showed acceptable values of Log S (solubility), an important parameter that affects in-vitro assays, absorption, bioavailability and formulation. TF3 showed poor intestinal absorption property



Fig. 3 2D ligand interaction diagram of theaflavin-3,3'-digallate with all targeted proteins. 3CLpro (A), RdRp (B), spike protein (C), endoribonuclease (D)

	0	2
Name	H-bonded residues (with distance in $\mathring{A}$ )	Non-bonded residues
3CLpro TF3	THR (2.79), CYS44(2,66), PHE140 (3.24), SER144(3.11), CYS145 (3.93), HIS163	THR25. HIS41. CYS44. THR45. MET49. PHE140. LEU141. SER144. SER144.
	(3.20), GLU166 (2.77), LEU167 (3.0), THR 190 (3.1), GLN192 (3.0)	CYS145, HIS163, MET165, GLU166, LEU167, PRO168, ARG188, GLN189, THR190, GLN192
Cognate	SER144 (3.14), CYS145 (2.89), HIS163 (2.82), GLU166 (2.79)	HIS41, MET49, TYR54, PHE140, LEU141, ASN142, SER144, CYS145, HIS163, HIS164, MET165, GLU166, PRO168, ASP187, ARG188, GLN189, THR190, GLN192
RdRp		
TF3	LYS545 (3.07), ARG555 (3.28), GLY590 (2.95), SER682 (2.71), SER759 (2.83), ASP760 (2.74), CYS813 (3.28), ARG836 (3.32)	LYS545, ARG555, TR556, GLY590, THR 591, SER682, LEU758, SER759, ASP760, ASP761, CYS813, SER814, ARG836
Remdesivir	ASN497 (2.83), ARG569 (2.98), LYS577 (3.21), GLY590 (2.80)	ASN496, ASN497, ARG569, LYS557, ILE589, GLY590, THR591, TRP598, MET601, ALA685, ALA688, TYR689, LEU758, CYS813
Cognate	LYS500 (3.22), SER501 (3.02), LYS545 (2.89), LYS577 (2.88), SER592 (3.31)	LYS500, SER501, LYS545, VAL557, ALA580, ALA581, ARG583, GLY590, THR591, SER592, LYS593, PHE 594, SER682, GLY583, ASP684, ALA688, CYS813, GLN815
Spike		
TF3	ARG403 (2.87), GLU484 (2.82), SER494 (2.80), GLY496 (2.63)	ARG403, TYR453, GLU484, TYR489, PHE490, GLN493, SER1094, GLY496, PHE497, GLN498, TYR505
PLpro		
TF3	TYR268 (2.68), GLN269 (3.26)	ASP164, ARG166, GLU167, SER170, MET208, PRO247, TYR268, GLN269
Cognate	ASP164 (3.16), ARG166 (3.06)	ASP164, ARG166, MET208, PRO247, PRO248, TYR264, TYR268, TYR273, THR301
Endoribonuclease		
TF3	HIS235 (2.93), ASN278 (3.27), LYS290 (2.94), VAL292 (2,63), SER294 (2.66), GLU340 (2.74), THR341 (2.98)	HIS235, GLN254, HIS250, ASN278, LYS290, VAL292, SER294, TRP333, GLU340, THR341, TYR343, PRO344, LYS345, LUE346
Cognate	SER294 (2.84), LYS345 (3.25)	GLN245, HIS250, LYS290, VAL292, CYS293, SER294, TYR343, PRO344, LYS345
TF3	ASPI 54 (3.30), ASPI 91 (3.21), ASNI 92 (3.28), LEU 227 (2.72), GLY 229 (2.85), VAL 231 (2.76), GLU 236 (2.85), ASP 258 (2.71), ASN 295 (2.80), SER 368 (2.80)	ASPI 54, ASPI 91, ASNI 92, HISI 94, LEU227, ASP228, GLY229, VAL231, GLU236, SER253, TRP254, GLY255, PRO256, GLU257, ASP258, ASN295, SER368
Cognate	ASPI 54 (2.71), ARGI 85 (2.93), HISI 94 (3.22), GLU236 (3.26), PRO256 (2.82), ASP258 (2.89), ASP264 (3.05), ALA292 (3.16), ASP306 (2.89), TYR308 (3.02)	ASPI53, ASPI54, HIS194, LEU227, ASP228, VAL231, GLU236, TRP254, GLY255, PR0256, ASP258, ASP264, ALA292, SER293, GLY294, ASN295, ASP306, TYR308

Table 3 List of bonded and non-bonded interacting residues of various targets of SARS-CoV-2 with selected ligands

Name	H-bonded residues (with distance in Å)	Non-bonded residues
TMPRSS2		
TF3	VAL280 (2.75), THR341 (3.18), LYS342 (3.07), GLN438 (2.91), SER441 (2.71), GLY464 (2.92)	VAL280, HIS296, TYR337, SER339, THR341, LYS342, CYS437, GLN438, GLY439, SER441, SER460, TRP461, GLY462, GLY464
Camostat	HIS296 (3.27), GLU299 (2.84), SER463 (2.96)	HIS296, LEU299 LYS342, VAL415, TYR416, ASP417, LEU419, TRP461, GLY462, SER463, ARG470
Helicase		
TF3	VAL1 (3.07), ASN9 (2.65), ARG21 (2.64), ARG22 (3.15), LEU235 (2.69), SER236 (2.77)	ALA1, VAL2, ALA4, CYS5, VAL6, ASN9, ARG15, ARG21, ARG22, PHE24, GLU136, PRO234, LEU235

Table 3 (continued)

as well as poor BBB and CNS permeability. While poor absorption can be a limiting factor in an oral formulation, poor CNS permeability ensures that it is devoid of any CNS side effects. The predicted metabolism data suggested that TF3 is a non-inhibitor of the CYP450 enzyme family which indicates that the compound may have good metabolism in the liver and lower chances of drug-drug interactions. The toxicity profile of TF3 showed that it doesn't have carcinogenic potential (AMES negativity), no cardiotoxicity (noninhibition of hERG channels) and no hepatotoxicity. The AMES test predicts the ability of a molecule to a mutation in DNA, while blockade of hERG channels shows the potential of causing QT syndrome and sudden deaths. All the prediction on the *in-silico* ADMET profile suggests that TF3 may have promising ADMET profile that is suitable for a drug molecule.

## 4 Discussion

The first evidence of SARS-CoV-2 was traced back to December 2019 [38] and even till now, there is no specific therapy available to treat this disease. Many therapeutic options including small molecules as well as vaccines are already in different phases of clinical trials. Since the inception of this pandemic, many viral and human protein targets have been identified as potential drug targets. The possible therapeutic strategies target different stages of the viral life cycle from blocking the entry of virions into the cell to inhibit viral replication and through modulating the immune system.

The genome of SARS-CoV-2 encodes various structural and non-structural proteins on which different binding sites have been identified and explored as a potential druggable site. In our study, we included eight different targets. Spike protein promotes the entry of the virus by binding with the host ACE2 receptor, followed by cleavage of the virus by host protein furin and TMPRSS2. 3CLpro, RNAdependent RNA polymerase (RdRp), Papain-like protease (PLpro), helicase, and endoribonuclease help in the viral replication and progression of the life cycle. 3CLpro also known as main protease or NSP5 is an enzyme that cleaves 11 different sites on pp1a and pp1ab for further cleavage of non-structural proteins Nsp4-nsp16. This non-structural protein includes RdRp, helicase, endoribonuclease, exonuclease, and 2'-O-methyltransferase which are important for the viral genome [39]. RdRp (Nsp12) plays important role in the replication and transcription process of the virus [40]. PLpro is another important protein that cleaves the N-terminal of pp1 and pp1b to generate Nsp1 to Nsp3 with help of 3CLpro. PLpro is also known for modulating the innate immunity of host cells. Helicase is involved in the uncoiling of double-stranded oligonucleotides in an NTP-dependent



Fig. 4 2D Interaction diagrams TF3 with 3CLpro (A), RdRp (B), spike protein (C) and endoribonuclease (D)

manner in the 5'-3' direction and also has a metal-binding domain at N-terminal. Endoribonuclease plays important role in shrinking of host defence mechanism so inhibition of this target may increase the threshold of host immune response [41].

The natural products offer a variety of bioactive substances of different classes and some of the classes such



Fig. 5 Protein-ligand contact mapping of TF3 with 3CLpro (A), RdRp (B), spike protein (C) and endoribonuclease (D)

as flavonoids, alkaloids, and peptides have been already tested either in-silico or invitro. Natural products have shown promising results against various other viral diseases [42]. Besides, natural products are safer in terms of toxicity profile as compared to synthetic compounds. Considering these facts, natural products can provide an innovative solution to fight against SARS-CoV-2. Theaflavins are the most abundant constituents found in black tea. Theaflavins are



Fig. 6 RMSD value of Ca backbone and side chain of protein 3CLpro (A), RdRp (B), Spike protein (C) and Endoribonuclease (D) with TF3

**Fig. 7** RMSF value of selected Cα protein 3CLpro (**A**), RdRp (**B**), spike protein (**C**) and endoribonuclease (**D**) with TF3



known to have a wide range of pharmacological actions including their anti-viral effect. The activity of theaflavins has been reported against different viral species [43] which includes influenza A & B, Calici, Sindbis, TMV, HSV, rota, corona, HCV, and HIV-1. In a study of HSV-1 virus infection, theaflavins had shown strong inhibition of the viral life cycle, and TF3 was found more potent as compared to TF1 and TF2[15]. In another study against the influenza virus, TF3 was found to be better than the other theaflavin derivatives [44]. Promising results of anti-viral activities of TF3 in the past had encouraged to explore its role through *insilico* methods on various targets of SARS-CoV-2 that plays an important role in the viral life cycle. Molecular docking studies are a very useful technique to predict binding affinity and molecular mechanisms. The docking scores of TF3 were found promising with all the receptors that were included in the study. Except with furin, the docking scores of the TF3 were higher than positive controls (Table 2). The binding free energy (MM-GBSA) of all the TF3-protein complexes was also found higher (Table 2). The reason behind good

Property	Model Name	TF3 <sup>\$</sup>	Rem <sup>#</sup>	3CLpro*	RdRp*	PLpro*	Endo*	Furin*	Cam*
Absorption	Water solubility	-2.892	-3.07	-3.76	-2.892	-4.668	- 3.809	-2.892	-3.08
Absorption	Intestinal absorption (human)	36.065	71.109	76.289	0	92.217	67.904	36.071	62.86
Distribution	BBB permeability	-3.552	-2.056	-0.843	-3.905	0.097	-0.742	-1.342	-0.9
Distribution	CNS permeability	-5.4	-4.675	-2.862	-5.037	-1.606	-3.531	-4.117	-3.2
Metabolism	CYP2D6 substrate	No	No	No	No	No	No	No	No
Metabolism	CYP3A4 substrate	No	Yes	Yes	No	Yes	No	Yes	Yes
Metabolism	CYP1A2 inhibitior	No	No	No	No	Yes	No	Yes	No
Metabolism	CYP2C19 inhibitior	No	No	No	No	Yes	No	No	No
Metabolism	CYP2C9 inhibitior	No	No	No	No	Yes	No	No	No
Metabolism	CYP2D6 inhibitior	No	No	No	No	No	No	No	No
Metabolism	CYP3A4 inhibitior	No	No	Yes	No	Yes	No	No	Yes
Toxicity	AMES toxicity	No	No	No	No	Yes	No	No	No
Toxicity	hERG inhibitor	No	No	No	No	No	No	No	Yes
Toxicity	Oral rat acute toxicity (LD50)	2.482	2.043	1.836	2.482	2.461	2.493	2.482	2.21
Toxicity	Hepatotoxicity	No	Yes	Yes	No	Yes	No	No	No

Table 4 ADMET profile of the selected ligands

\*Cognate ligand was present with CLpro, PLpro, RdRp, Furin and Endoribonuclease.

TF3 Theaflavin-3,3'-digallate, Rem Remdesivir, Endo endoribonuclease, Cam Camostat

binding affinity as well as binding free energy is presence of polyphenolic as well keto groups. Each group provides favorable environment for H-Bond interaction that helps in strong binding with receptor. Molecular dynamic study results showed that the interactions with CLpro, RdRp, endoribonuclease, and spike protein were more stable than their positive controls for a longer duration than with other receptors. In-silico analysis on the pharmacokinetic and safety parameters of TF3 was very encouraging (Table 4).

The inclusion of positive controls on various targets as a comparator of TF3 through molecular docking and dynamics studies gives a more precise evaluation of TF3 in terms of binding pattern. The active site residues selection for all our targets was either based on the binding site of the cognate ligand in the protein structure or the interacting residues of SARS-CoV-2 with the host protein and residues interacting within an enzyme complex.

# 5 Conclusion

The world has witnessed a never seen before pandemic since December 2019 and still, the search for a treatment for SARS-CoV-2 is going on. Various drugs have already been tried but none of them proved to be completely curative. Theaflavin-3,3'-digallate is present in commonly used beverage, black tea. Through this study, we tried to evaluate the role of theaflavin-3,3'-digallate on multiple targets of SARS-CoV-2. The docking scores of TF3 were found promising with all the receptors that were included in the study except furin. The binding free energy (MM-GBSA) of all

the TF3-protein complexes was also found higher. Molecular dynamic study results showed that the interactions with CLpro, RdRp, endoribonuclease, and spike protein were more stable than their positive controls for a longer duration than with other receptors. In-silico analysis on the pharmacokinetic and safety parameters of TF3 was very encouraging. The positive in-silico results which were obtained on various pharmacodynamic and pharmacokinetic parameters, give a ray of hope as a potential therapeutic drug to this rapidly spreading disease. Hence, we strongly recommend the further exploration of this compound through in-vitro and in-vivo studies.

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#### Declarations

**Conflicts of interest** All the authors declared that they have no conflict of interest and no competing interest.

Ethical statement. Not applicable.

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