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Review Article



Cancer stem cells in human gastrointestinal cancer

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Cancer stem cells (CSCs) are thought to be responsible for tumor initiation, drug and radiation resistance, invasive growth, metastasis, and tumor relapse, which are the main causes of cancer-related deaths. Gastrointestinal cancers are the most common malignancies and still the most frequent cause of cancer-related mortality worldwide. Because gastrointestinal CSCs are also thought to be resistant to conventional therapies, an effective and novel cancer treatment is imperative. The first reported CSCs in a gastrointestinal tumor were found in colorectal cancer in 2007. Subsequently, CSCs were reported in other gastrointestinal cancers, such as esophagus, stomach, liver, and pancreas. Specific phenotypes could be used to distinguish CSCs from non-CSCs. For example, gastrointestinal CSCs express unique surface markers, exist in a side-population fraction, show high aldehyde dehydrogenase-1 activity, form tumorspheres when cultured in nonadherent conditions, and demonstrate high tumorigenic potential in immunocompromised mice. The signal transduction pathways in gastrointestinal CSCs are similar to those involved in normal embryonic development. Moreover, CSCs are modified by the aberrant expression of several microRNAs. Thus, it is very difficult to target gastrointestinal CSCs. This review focuses on the current research on gastrointestinal CSCs and future strategies to abolish the gastrointestinal CSC phenotype.

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G astrointestinal cancers encompass a variety of diseases, many of which have poor prognoses worldwide. Only CRC is listed in the top 10 for incidence rate of tumor; however, four gastrointestinal cancers, including colorectal, pancreatic, hepatic and biliary tract, and esophageal cancers, are in the top 10 for death rates from tumors in the USA.⁽¹⁾ Additionally, there are four gastrointestinal carcinomas – colorectal, gastric, pancreatic, and hepatic carcinomas – in the top five for death rates in Japan.⁽²⁾

Combining several therapeutic approaches such as surgery, endoscopic therapy, chemotherapy, and radiation may improve survival in patients with gastrointestinal cancer. However, the effectiveness of these treatments depends on the cancer's status, specifically, on metastasis, resistance to radiation/ chemotherapy, and recurrence, which are all thought to be caused by CSCs. Therefore, new therapeutic options for these diseases must be developed.

Cancer stem cells have been detected in several tumor types and might be important therapeutic targets. Cancer stem cells in solid tumors were first reported in the CD44⁺CD24^{-/low} fraction of breast cancer.⁽³⁾ The first report of gastrointestinal CSCs was in the CD133⁺CD44⁺ALDH1⁺ fraction of CRC.⁽⁴⁾ Subsequently, gastrointestinal CSCs have been detected in cancers of esophagus, stomach, liver, and pancreas.⁽⁵⁾ Gastrointestinal CSCs express unique surface markers (e.g., CD24, CD26, CD44, CD90, CD133, and CD166),^(6,7) exist in an SP fraction possessing increased Hoechst 33342 efflux capacity,⁽⁶⁾ show high ALDH1 activity,⁽⁶⁾ and form spheres when cultured in non-adherent conditions (Table 1).⁽⁶⁾ Cancer stem cells also demonstrate high tumorigenic potential when xenografted into immunocompromised mice.^(3,6)

Cancer stem cells are thought to be derived from stem cells in normal adult tissue, their progenitors, and/or dedifferentiated mature cells.⁽⁷⁾ Hence, the signal transduction pathways in CSCs, which play important roles in self-renewal, are similar to those involved in normal embryonic development. These include Wnt, Hedgehog, and Notch signals, in addition to pathways involving the polycomb group proteins (Fig. 1). Moreover, growth factors, such as fibroblast growth factor, TGF- β , and insulin-like growth factor-1, might control the stemness of CSCs. Pro-inflammatory cytokines (e.g., tumor necrosis factor- α) could facilitate CSC generation, suggesting a possible link between CSCs and inflammation. Hypoxia also plays critical roles in the regulation of self-renewal in normal cells and CSCs. The effects of hypoxia are mainly mediated by hypoxia-inducible factors, particularly hypoxia-inducible factor 2a. Cancer stem cells also show aberrant expression of several miRNAs, which could alter signal transduction pathways.^(20,21)

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Table 1. Representative unique markers of gastrointestinal cancer stem cells

Tumor type	Representative unique markers	References
Colorectal cancer CD133 ⁺ /CD44 ⁺ /ALDH1 ⁺ EpCAM ⁺ /CD44 ⁺ , CD166 ⁺		Ricci-Vitiani <i>et al.</i> ⁽⁴⁾ Dalerba <i>et al.</i> ⁽⁸⁾
	CD44 ⁺ /CD24 ⁺	Yeung et al. ⁽⁹⁾
	Lgr5 ⁺ /GPR49 ⁺	Vermeulen et al.(10)
Metastatic colon	CD133 ⁺ /CD26 ⁺	Pang et al. ⁽¹¹⁾
Gastric cancer	CD44 ⁺	Takaishi <i>et al.</i> ⁽¹²⁾
Liver cancer	CD133 ⁺ /CD49f ⁺	Rountree et al. ⁽¹³⁾
	CD90 ⁺ /CD45	Yang et al. ⁽¹⁴⁾
	CD13 ⁺	Haraguchi et al. ⁽¹⁵⁾
	EpCAM ⁺	Kimura et al. ⁽¹⁶⁾
Pancreatic cancer	CD133 ⁺ /CD44 ⁺ /CD24 ⁺ /ESA ⁺	Li <i>et al.</i> ⁽¹⁷⁾
	CXCR4 ⁺	Hermann et al. ⁽¹⁸⁾
Esophageal cancer	CD44 ⁺ /ALDH1 ⁺	Zhao et al. ⁽¹⁹⁾

ALDH1, aldehyde dehydrogenase-1; CXCR4, C-X-C chemokine receptor type 4; EpCAM, epithelial cell adhesion molecule; ESA, epithelial-specific antigen; GPR, G-protein coupled receptor; Lgr5, leucine-rich repeat-containing G-protein-coupled receptor 5.

For example, overexpression of miR-451 reduces colorectal CSC growth by inhibiting the Wnt signals, and miR-34a suppresses pancreatic CSC growth by inhibiting the Notch signals (Table 2).

This review focuses on the recent developments in research on CSCs in gastrointestinal cancers. Understanding CSCs will be helpful for the development of novel therapeutic strategies and markers for gastrointestinal cancers.

Colorectal Cancer

It was first reported in 2007 that CRC cells expressing CD133 had a CSC phenotype.^(4,22) Normal cells expressing Lgr5, a specific marker of intestinal stem cells, are converted into CSCs upon upregulation of the Wnt signals.^(23–25) Moreover, knockdown of Lgr5 could reduce tumorigenicity of CRC cells.⁽²⁶⁾

CD44 or CD166 might be a promising marker of colon CSCs;^(4,8,9,27) ALDH1, Lgr5, and EpCAM have also been used

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as CSC markers.^(28,29) However, these are not the best markers to identify CSCs because they are also expressed in normal stem cells. Cancer stem cells but not normal intestinal stem cells, were identified to express Dclk1,⁽²⁵⁾ which could be a unique marker for colon CSCs and could be used as a therapeutic target.

Epigenetic mechanisms are important regulators of CSCs. CD133 is directly regulated through promoter methylation,⁽³⁰⁾ moreover, the DNA methylation of Lgr5 is implicated in CRC tumorigenesis.⁽³¹⁾ In addition, miRNAs inhibit the expression of stemness regulatory genes.^(32,33)

Cellular niches, a microenvironment formed by surrounding cells such as fibroblasts or vascular endothelial cells, play important roles in promoting and maintaining stemness in normal stem cells. Myofibroblasts promote the stemness of colon CSCs by secreting hepatocyte growth factor or collagen type I.^(34,35) In addition, Jagged-1, which is secreted from vascular endothelial cells, activates the Notch signalings and promotes the CSC phenotype in CRC.⁽³⁶⁾

A method for generating CRC stem-like cells from established CRC cell lines was reported.⁽³⁷⁾ Briefly, induced pluripotent stem cells from CRC cells were retrovirally transfected with a set of defined factors (OCT3/4, SOX2, and KLF4) and these induced cells showed CSC properties. This method should facilitate research on colon CSCs and promote the establishment of new therapies targeting CSCs.

Pancreatic Cancer

The high rates of local tumor invasion, metastasis, and drug resistance in pancreatic cancer, for which CSCs are thought to be responsible, result in poor prognosis, poor survival rate, and high possibility of recurrence.

Pancreatic ductal adenocarcinoma is the most frequent histological type of pancreatic cancer. It is a complex genetic disease, and its progression requires the successive accumulation of several gene mutations including activated *KRAS* and inactivated *CDKN2A*, *TP53*, and *SMAD4*, which are already detectable in the premalignant lesions.

The representative cell surface markers used to isolate pancreatic CSCs are CD24⁺CD44⁺EpCAM⁺, CD133⁺, CXCR4⁺, and c-Met⁺.^(17,18,38) An alternative technique for CSC identification in PDAC is based on enhanced ALDH1 activity

Fig. 1. Aberrant signal transduction pathways in cancer stem cells (CSCs) and therapeutic agents targeting CSCs. Signal transduction pathways in CSCs, which play important roles in self-renewal, drug resistance, tumor recurrence, and distant are being elucidated. Signaling metastasis, pathways, including Notch, Wnt, and Hedgehog signaling, and downstream effectors, including the transcription factors β-catenin (β-cat), signal transducer and activator of transcription 3 (STAT3), and Nanog, play key roles in CSC properties. After interaction with xCT, a CD44 variant (CD44v) enhanced capacity for gultathione synthesis and defense against reactive oxygen species. Due to this aberrant status, CSCs acquire the unique phenotype. The best way to eradicate CSCs is to identify the molecules responsible for the specific properties of CSCs, but not of normal cells. DLL, delta-like ligand; FZD, Frizzled; JAK, Janus kinase; LRP, lipoprotein receptor-related protein; Ptch, Patched; Shh, sonic Hedgehog; Smo, Smoothened.



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Table 2. MicroRNAs (miRNAs) regulating cancer stem cells from multiple cancers

miRNA	Cancer type	Cell line/tissue sample	Expression in cancer stem cells	Target	Function
miR-93	Breast (basal)	HCC1954, SUM159, xenografts	Reduced	Many stem cell genes including SOX4 and STAT3	Inhibits proliferation and metastasis
	Breast (luminal)	MCF7, primary tumors	Increased	Does not affect the genes that it targets in basal breast cancer cell lines	Increases proliferation
	Colon	SW116 cell line	Reduced	HDAC8 and TLE4 (potential)	Inhibits proliferation
miR-200a	Ovarian	OVCAR3 cell line	Reduced	ZEB2	Inhibits migration and invasion
	Breast	Breast cancer tissues	Reduced	Not identified	Not known
miR-199a	Ovarian	Primary tumors, xenografts	Reduced	CD44	Reduced tumor growth, reduced invasion, increased expression of stemness genes, increased chemosensitivity
miR-199a-3p	Hepatic	SNU449, primary HCC samples	Reduced	CD44	Inhibits proliferation and invasion
miR-199a-2	Ovarian	Ovarian ascites/ovarian cancer tissues	Reduced	ІККВ	Induces apoptosis; increases chemosensitivity
miR-34	Glioma	Stem cell lines 0308 and 1228	Reduced	Not identified	Induces differentiation
	Prostate	Primary tumors, xenografts, prostate cancer cell lines	Reduced	CD44	Inhibits metastasis and proliferation
	Pancreatic	MIAPaCa-2, BxPC3 cell line, xenografts	Reduced	BCL2, NOTCH1	Reduces tumorsphere formation
let-7	Hepatic	HCC samples, HepG2, xenografts	Increased	SOCS1, CASP3	Enhances chemoresistance
	Breast	SkBr3, breast cancer samples	Reduced	HRAS, HMGA2	Reduces mammosphere formation; inhibits differentiation
miR-451	Colorectal	DLD1, LS513, colon cancer samples	Reduced	MIF	Wnt/β-catenin signaling
miR-106b	Gastric	MKN45, KATO III	Increased	Smad7	TGF-β/Smad signal activated
miR-22	Leukemia	MDS samples	Increased	TET2	Promotion of self-renewal
	Breast	Breast cancer samples	Increased	<i>TET</i> family (<i>TET1-3</i>)	Suppression of miR-200 family expression
miR-200	Breast	MDA-MB-435, BT-549	Reduced	ZEB1/ZEB2 I	Inhibition of EMT
family		Breast cancer samples	Reduced	BMI-1	Inhibition of self-renewal
-		Breast cancer cell lines	Reduced	SUZ12	Inhibition of mammosphere formation
miR-193	Breast, Colorectal	MDA-MB-231, HCT-116, HT-29	Reduced	PLAU and K-RAS	Inhibition of tumorigenicity and invasiveness

EMT, epithelial-mesenchymal transition; HCC, hepatocellular carcinoma; MDS, myelodysplastic syndrome; TGF-β, transforming growth factor-β.

and enhanced Hoechst 33342 efflux capacity. These marker-positive cells show increased CSC phenotypes. A high population of SP cells and marker-positive cells are also associated with poor prognosis in PDAC patients. However, specific universal markers for pancreatic CSCs have not been found.

Several signaling pathways are functional in pancreatic CSCs, for example, Hedgehog, Notch, Wnt, and phosphatidylinositol-3 kinase/Akt (protein kinase B) signals. Inhibition of the Hedgehog signals decreased the pancreatic CSC phenotypes and tumorigenesis.⁽³⁹⁾ Additionally, several miRNAs are important in the regulation of CSC phenotypes. MicroRNA-21 and miR-221 are overexpressed in PDAC, and their downregulation with antisense oligos results in decreased growth,

metastasis, and chemoresistance.^(40,41) High miR-21 expression is also linked to poor prognosis in patients with PDAC. In contrast, the tumor suppressor miRNAs, miR-34 and miR-200a, are decreased in PDAC, and their restoration leads to inhibition of cancer properties.^(42,43)

Cancer stem cells are related to difficulties of targeting mutant *KRAS* in PDAC.⁽⁴⁴⁾ Although *KRAS* ablation leads to tumor regression, a small population of PDAC cells acquired resistance to it and showed a high tumorigenic capacity with high CD44 and CD133 expressions.⁽⁴⁴⁾ The CSC-like cells that survived *KRAS* ablation had high mitochondrial activity and showed high sensitivity to oxidative phosphorylation inhibitors, leading to inhibition of tumorigenesis.

Liver Cancer

Primary liver cancers include two major histological types, HCC and intrahepatic cholangiocarcinoma. Both diseases arise from bipotential hepatic progenitor cells that can differentiate into hepatocytes and cholangiocytes, whereas recent reports suggest that intrahepatic cholangiocarcinoma arises through a process of transdifferentiation of hepatocytes into cholangio-cytes.⁽⁴⁵⁾ Limited cases of liver cancer with both phenotypes might support the former perspective. In this review, we describe the CSCs in HCC.

The liver has a remarkable regenerative capacity and there are two basic mechanisms of liver regeneration. During acute liver injuries, such as surgical removal, the remaining healthy hepatocytes replicate and restore liver function. In contrast, in chronic liver diseases, hepatic progenitor cells are induced and differentiate into hepatocytes or cholangiocytes. Because HCC generally develops following chronic liver disease and hepatic progenitor cell markers are often expressed in this process, hepatic progenitor cells are thought to be associated with hepatocarcinogenesis. Cancer stem cell phenotypes of HCC are inhibited by pharmacological blockage of the interleukin-6 signalings, which is increased in chronic hepatitis, suggesting a relationship between chronic inflammation and HCC.⁽⁴⁶⁾

Cell surface markers for isolating hepatic CSCs are CD13, CD24, CD44, CD90, CD133, oval cell marker OV6, and EpCAM.^(11–13,47–50) However, most of them are also expressed in normal hepatic progenitor cells. CD90⁺ and OV6⁺ cells have metastatic capacities, whereas CD13⁺, CD133⁺, CD24⁺, and EpCAM⁺ cells have chemoresistant capacities.^(51,52) Moreover, metastatic CD90⁺ cells induce co-injected non-metastatic EpCAM⁺ cells to metastasize into the lung.⁽⁵³⁾

The signaling pathways involved in hepatocarcinogenesis are p53, Akt, insulin-like growth factor-1 receptor, Wnt, TGF- β , Notch, and Hedgehog. However, these signalings are also activated in normal liver development and chronic liver diseases. Furthermore, some of the cell surface markers used for isolating CSCs are involved in these signaling pathways. For example, EpCAM activates the Wnt signals, and CD24 is a STAT3-mediated Nanog regulator, which leads to cell cycle signaling.^(47,54) The class IV intermediate filament protein nestin regulates cellular plasticity and the tumorigenesis of liver CSCs in a p53-dependent manner. Similarly, the transcription factor Twist2 regulates self-renewal of liver CSCs in a CD24-dependent manner.^(55,56)

In CD133⁺ HCC cells, miR-130b, miR-181, and let-7 families are upregulated, whereas miR-150 is downregulated, resulting in regulating phenotypes of cancer stemness. Increased levels of miR-130b reduce the expression of its target tumor protein P53 inducible nuclear protein-1, leading to self-renewal and tumorigenesis,⁽⁵⁷⁾ whereas inhibition of miR-181 or let-7 results in decreased motility and invasion capacity or increased chemosensitivity, respectively.⁽⁵⁸⁾ Overexpression of miR-150 significantly decreases the number of CD133⁺ liver CSCs.⁽⁵⁹⁾

Esophageal Cancer

There are two main histological subtypes of esophageal cancer, ESCC and esophageal adenocarcinoma. The chemotherapy drugs used for the treatment of esophageal cancer are often combined with radiation either before or after surgery; however, conventional treatments are not really effective. Esophageal CSCs were first separated as a single clone from an ESCC cell line.⁽⁶⁰⁾ The ESCC cells harboring stem cell characteristics are more radioresistant than their parental cells. The SP cells in radioresistant esophageal cancer cells express high levels of β -catenin, Oct3/4, and β 1-integrin.⁽⁶¹⁾ Recent studies described the relationship between the expression of miRNAs, for example, miR-296⁽⁶²⁾ and miR-200c,⁽⁶³⁾ and chemoresistance of ESCC.

Many genetic alterations are involved in esophageal tumorigenesis. Inhibition of PIK3CA reduces the proliferation of CSCs in ESCC. Phosphatidylinositol-3 kinase inhibition was more effective in cells harboring a *PIK3CA* mutation than in control cells. Similarly, WNT10A-overexpression increases self-renewal capabilities and induces a larger population of CSCs, suggesting that WNT10A mediates migration and invasion in ESCC.⁽⁶⁴⁾

Aldehyde dehydrogenase-1, Lgr5, and CD44 are useful for sorting esophageal CSCs. Cancer cells with high CD44 expression show characteristics of EMT. Epidermal growth factor receptor plays a crucial role in EMT induction through TGF- β . Epithelial–mesenchymal transition is critical for the generation of CSCs and epidermal growth factor receptor inhibitors could suppress EMT at the invasive front of ESCC.⁽⁶⁵⁾

Gastric Cancer

The existence of CSCs in GC was first revealed by analyzing a panel of GC cell lines.⁽¹⁰⁾ Cancer stem cells from either GC cell lines or resected tumors were isolated using cell surface markers such as CD44 and EpCAM. Moreover, gastric CSCs can even be isolated from the peripheral blood of GC patients using CD44 and CD54.

Lgr5 is a gastric CSC marker and Lgr5⁺ stem cells in the stomach could be the origin of gastric CSCs.⁽⁶⁶⁾ Patients with GC containing Lgr5⁺ cells have a short median survival.⁽⁶⁶⁾ *Helicobacter pylori* infection triggers inflammation and changes the local gastric microenvironment, which changes might affect the differentiation of gastric stem cells and could induce GC. *Helicobacter pylori* colonizes and manipulates both progenitor and Lgr5⁺ stem cells, which then change gland turnover and cause hyperplasia.⁽⁶⁷⁾

Gastric CSCs are thought to be derived from normal tissue stem cells. However, chronic infection with *Helicobacter felis* caused inflammation and induced the reconstruction of gastric tissue with bone marrow-derived cells, whereas acute inflammation does not lead to bone marrow-derived cell recruitment.⁽⁶⁸⁾

Stem cells that express villin exist in the pyloric gland and villin⁺ gastric stem cells might be converted to GC cells.⁽⁶⁹⁾ KLF4 might play a critical role in GC initiation and progression in villin⁺ gastric stem cells.⁽⁶⁹⁾ In addition, ALDH1, CD90, CD71, and CD133 could be candidate markers of CSCs. MicroRNAs might regulate the properties of gastric CSCs by inducing EMT.⁽⁷⁰⁾

Therapies Targeting Gastrointestinal CSCs

Many chemotherapeutic and biological agents have been developed against gastrointestinal cancers; however, they target the cells found in the bulk tumor and cannot efficiently remove CSCs, which leads to treatment failure, chemoresistance, and recurrence. Consequently, gastrointestinal cancer therapies targeting CSCs have been investigated (Table 3).

Target molecules/pathways		Taget tumors	Therapeutic agents	
Surface markers	CD133	CRC, HCC	Oncolytic measles virus	
	CD44, xCT	GC, CRC	sulfasalazine	
	CD90	HCC	(not specific agents)	
Signaling pathways	Wnt/β-catenin signaling	CRC, Solid tumors	LGK974, Foxy-5, PRI-724, vantictumab	
	Hedgehog signaling	CRC, Solid tumors, PDAC	vismodegib, sonidegib, cyclopamine	
	Notch signaling	Metastatic CRC, PDAC	demcizumab, tarextumab, RO492909	
	NF-κB signaling	GC, CRC	HGS1029, LCL161, GDC-0152	
	PI3K/AKT signaling	CRC	idelalisib, temsirolimus, everolimus, dactolisib	
	JAK/STAT signaling	GC, CRC, PDAC	napabucasin (BBI-608), fedratinib, pacritinib	
	Kinases	HCC, cholangiocarcinoma	amcasertib (BBI-503)	
Microenvironment	VEGF/VEGF-R	GC, CRC, PDAC	bevacizumab, cediranib, ziv-aflibercept	
	CXCL12/CXCR4	PDAC, CRC, Esophageal cancer	MSX-122, LY2510924	
Epigenetic system	Histone deacetylases	GC, CRC, PDAC	entinostat, vorinostat, mocetinostat, romidepsin, belinostat, panobinostat	
	EZH2 inhibitor	GC, CRC, HCC	tazemetostat (EPZ-6438)	
	micro RNAs	Almost all types of tumor	(not specific agents)	
Others	ABC transporters	GC, CRC, PDAC	zosuquidar, tariquidar, laniquidar	
	Immune-mediated antitumor effect, insulin resistance	GC, CRC, PDAC, HCC	metformin	

Table 3. Target molecules and pathways for gastrointestinal cancer stem cei	Table 3.	Target molecules and	pathways for	gastrointestinal	cancer stem cel
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ABC, ATP-binding cassette; CRC, colorectal cancer; CXCL1, chemokine (C-X-C motif) ligand 1; CRCR4, CXC chemokine receptor 4; EZH2, enhancer of zeste homolog 2; GC, gastric cancer; HCC, hepatocellular carcinoma; JAK, Janus-activated kinase; NF-κB, nuclear factor-κB; PDAC, pancreatic ductal adenocarcinoma; PI3K, phosphatidylinositol 3-kinase; STAT, signal transducer and activator of transcription; VEGF, vascular endothelial growth factor; VEGF-R, VEGF receptor.

Surface markers. An anti-CD133 mAb possesses therapeutic potential against CRCs. An oncolytic measles virus retargeted to CD133 selectively eliminated CD133⁺ cells from a murine xenograft of both CRC and HCC.⁽⁷¹⁾

Sulfasalazine is an inhibitor for cystine/glutamate transporter xCT and suppresses the survival of CD44v-positive CSCs.⁽²⁷⁾ A phase I study of sulfapyridine given to patients with advanced GC reported that CD44v-positive cancer cells and intratumoral glutathione levels were reduced in several patients.⁽⁷²⁾

Signaling pathways. The Wnt signals play important roles in the regulation of CSCs. The small molecule LGK974 is an inhibitor of the O-acyltransferase porcupine that acetylates Wnt proteins⁽⁷³⁾ and is now under a phase I trial. Similarly, a Wnt-5a-mimicking hexapeptide Foxy-5 was shown to impair migration and invasion⁽⁷⁴⁾ and is currently under a phase I trial as a metastasis-inhibiting agent for CRC.

Vismodegib is a small-molecule inhibitor of Smoothened, which is a component of the Hedgehog signals. The Smoothened inhibitor cyclopamine inhibited the growth, invasion, and metastasis of PDAC.⁽⁷⁵⁾

A phase I trial of Notch signaling blockade by the γ -secretase inhibitor, RO492909, was effective against metastatic CRC.⁽⁷⁶⁾ Humanized mAbs demcizumab (targeting Notch ligand, delta-like-4) and tarextumab (targeting the Notch-2/3 receptors) were evaluated in combination with standard chemotherapy in phase II trials for metastatic PDAC. Although the YOSEMITE trial (demcizumab and gemcitabine plus protein-bound paclitaxel) is still under estimation for PDAC, the ALPINE trial (tarextumab and gemcitabine plus protein-bound paclitaxel) has been discontinued.⁽⁷⁷⁾

Phase III trials are testing BBI-608, an orally administered drug targeting STAT3, as a single agent for advanced CRC resistant to standard therapeutics (CO.23 trial)⁽⁷⁷⁾ or in

combination with weekly paclitaxel for advanced GC.⁽⁷⁷⁾ Although the CO.23 trial was closed due to poor outcome, others with BBI-608 are still under estimation, including a phase III study of BBI-608 in combination with FOLFIRI with/without bevacizumab, which is a neutralizing antibody for vascular endothelial growth factor, for advanced CRC.⁽⁷⁷⁾

A phase II study of BBI-503, a small-molecule inhibitor for Nanog and other CSC pathways, given as a single agent or in combination with anticancer therapeutics for advanced hepatic cancers.⁽⁷⁷⁾

Others. Bevacizumab leads to normalization of tumor vasculature and specific inhibition of CSC growth.⁽⁷⁸⁾ Antitumor drug efflux by ATP-binding cassette transporters induces chemoresistance, which is one of the CSC phenotypes. Thus, agents targeting ATP-binding cassette transporters have been developed and some of them have entered phase II/III clinical trials.

Metformin, a first-line drug for diabetes, has been shown to decrease cancer incidence and mortality in population studies. Even though the mechanism remains unclear, studies have revealed an association between metformin and the number of CD133⁺ cells in various cancers.⁽⁷⁹⁾

Discussion

Many markers for CSCs are also found on normal stem cells, which is a disadvantage in terms of their use as therapeutic targets. Thus, the best way to eradicate CSCs is to discover the molecules responsible for the peculiar properties of CSCs, but not of normal cells, such as Dclk1 in colorectal CSCs.⁽²⁵⁾ Other reliable candidates would be variants of stem cell markers, such as CD44v8–10.⁽²⁷⁾

Although the biological function of CSCs markers is often unclear, some relationship between CSC markers and biological CSC function was reported. After interactions with xCT, CD44v enhanced capacity for gultathione synthesis and defense against reactive oxygen species.⁽²⁷⁾

Epithelial–mesenchymal transition is associated with carcinogenesis, invasion, metastasis, recurrence, and chemoresistance, which have been shown to be tightly linked with the function of CSCs. However, the direct relationship between CSCs and EMT in terms of molecular mechanisms remains to be elucidated. The EMT phenomenon and CSC properties might be promoted by common cellular signaling pathways, such as TGF- β , Wnt/ β -catenin, Hedgehog, and Notch.

Conclusions

Most gastrointestinal tumors probably contain a small population of self-renewing cells known as CSCs. As mentioned above, putative CSCs have been isolated from gastrointestinal tumors using either surface markers or ALDH1 activity. However, there is not sufficient evidence to determine the relationship among CSCs sorted by different methods. The tumorigenicity defined by CSC markers may not completely reflect their original cancer phenotype when cultured in a xenogeneic environment. A CSC population sorted by CSC markers has heterogeneity even in the same type of tumor.⁽⁸⁰⁾ Moreover, there is no correlation between marker expression and tumorigenic potentiality in CSCs of the same cancer type obtained from different patients. Although the choice of CSC markers remains controversial, compelling evidence has shown that CSCs undeniably exist in various malignancies.

Anticancer therapies are usually evaluated on their ability to shrink tumors. If these therapies do not eliminate CSCs, a relapse could occur and CSCs could enable tumors to develop further resistance. The best way to eliminate gastrointestinal CSCs is to identify the specific markers for gastrointestinal CSCs, but not for normal cells. Targeted therapy against these

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specific molecules could offer new approaches to eradicate the malignant phenotypes of cancer without affecting normal stem cells.

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Disclosure Statement

The authors have no conflict of interest.

Abbreviations

ALDH1	aldehyde dehydrogenase-1
CRC	colorectal carcinoma
CSC	cancer stem cell
Dclk1	doublecortin-like kinase-1
EMT	epithelial-mesenchymal transition
EpCAM	epithelial cell adhesion molecule
ESCC	esophageal squamous cell carcinoma
KLF4	Kruppel-like factor-4
GC	gastric cancer
HCC	hepatocellular carcinoma
Lgr5	leucine-rich repeat containing G protein-coupled
	receptor-5
miRNAs	microRNAs
OCT-3/4	octamer-binding transcription factor-3/4
PDAC	pancreatic ductal adenocarcinoma
PIK3CA	phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic
	subunit α
SOX2	sex-determining region Y (SRY)-related HMG-box-2
SP	side population
STAT3	signal transducer and activator of the transcription-3
TGF-β	transforming growth factor-β

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