



Article

# Albumin-Hyaluronan Interactions: Influence of Ionic Composition Probed by Molecular Dynamics

Piotr Bełdowski <sup>1,2,\*</sup>, Maciej Przybyłek <sup>3</sup>, Przemysław Raczyński <sup>4</sup>, Andra Dedinaite <sup>2,5</sup>, Krzysztof Górny <sup>4</sup>, Florian Wieland <sup>6</sup>, Zbigniew Dendzik <sup>4</sup>, Alina Sionkowska <sup>7</sup> and Per M. Claesson <sup>8</sup>

- Faculty of Chemical Technology and Engineering, Institute of Mathematics & Physics, Bydgoszcz University of Science & Technology, 85-796 Bydgoszcz, Poland
- KTH Royal Institute of Technology, School of Engineering Sciences in Chemistry, Biotechnology and Health, Engineering Pedagogics, SE-100 44 Stockholm, Sweden; andra@kth.se
- Department of Physical Chemistry, Pharmacy Faculty, Collegium Medicum of Bydgoszcz, Nicolaus Copernicus University in Toruń, Kurpińskiego 5, 85-950 Bydgoszcz, Poland; m.przybylek@cm.umk.pl
- Faculty of Science and Technology, University of Silesia in Katowice, 75 Pułku Piechoty 1A, 41-500 Chorzow, Poland; przemyslaw.raczynski@us.edu.pl (P.R.); krzysztof.gorny@us.edu.pl (K.G.); zbigniew.dendzik@us.edu.pl (Z.D.)
- Division of Bioscience and Materials, RISE Research Institutes of Sweden, SE-114 86 Stockholm, Sweden
- Helmholtz-Zentrum Hereon: Institute for metallic Biomaterials, Max-Planck-Straße 1, 21502 Geesthacht, Germany; florian.wieland@hereon.de
- Department of Biomaterials and Cosmetics Chemistry, Faculty of Chemistry, Nicolaus Copernicus University in Toruń, Gagarin 7, 87-100 Torun, Poland; alinas@umk.pl
- KTH Royal Institute of Technology, Department of Chemistry, Surface and Corrosion Science, School of Engineering Sciences in Chemistry, Biotechnology and Health, SE-100 44 Stockholm, Sweden; percl@kth.se
- \* Correspondence: piotr.beldowski@pbs.edu.pl

Abstract: The lubrication mechanism in synovial fluid and joints is not yet fully understood. Nevertheless, intermolecular interactions between various neutral and ionic species including large macromolecular systems and simple inorganic ions are the key to understanding the excellent lubrication performance. An important tool for characterizing the intermolecular forces and their structural consequences is molecular dynamics. Albumin is one of the major components in synovial fluid. Its electrostatic properties, including the ability to form molecular complexes, are closely related to pH, solvation, and the presence of ions. In the context of synovial fluid, it is relevant to describe the possible interactions between albumin and hyaluronate, taking into account solution composition effects. In this study, the influence of Na<sup>+</sup>, Mg<sup>2+</sup>, and Ca<sup>2+</sup> ions on human serum albumin–hyaluronan interactions were examined using molecular dynamics tools. It was established that the presence of divalent cations, and especially Ca<sup>2+</sup>, contributes mostly to the increase of the affinity between hyaluronan and albumin, which is associated with charge compensation in negatively charged hyaluronan and albumin. Furthermore, the most probable binding sites were structurally and energetically characterized. The indicated moieties exhibit a locally positive charge which enables hyaluronate binding (direct and water mediated).

**Keywords:** hyaluronic acid; hyaluronan; human serum albumin; molecular dynamics simulations; hydrogen bonds; water mediated interactions; ionic interactions

# check for updates

Citation: Beldowski, P.; Przybyłek, M.; Raczyński, P.; Dedinaite, A.; Górny, K.; Wieland, F.; Dendzik, Z.; Sionkowska, A.; Claesson, P.M. Albumin–Hyaluronan Interactions: Influence of Ionic Composition Probed by Molecular Dynamics. *Int. J. Mol. Sci.* 2021, 22, 12360. https://doi.org/10.3390/ijms222212360

Academic Editor: Peter J. Little

Received: 11 October 2021 Accepted: 10 November 2021 Published: 16 November 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

## 1. Introduction

Degenerative joint diseases including the most common osteoarthritis causing synovial inflammation, osteophyte, and other articular cartilage damage processes is a global health problem that affects millions of people around the world [1,2]. With the growing number of people suffering from obesity and aging populations, joint diseases are becoming increasingly common [1,3]. It has been estimated that osteoarthritis affects over 25% of the

Int. J. Mol. Sci. 2021, 22, 12360 2 of 17

adult population [1]. From this point of view, a well working lubrication in an articular cartilage/synovial fluid system is important to maintain as this will ensure a high quality of life and low healthcare costs. However, the synovial fluid's lubrication properties are strictly associated with the intermolecular interactions between the macromolecular and phospholipid components. The synovial fluid contains many diverse and important components, such as hyaluronan, phospholipids, and proteins such as  $\gamma$ -globulin, albumin, and lubricin that play major roles in the lubrication mechanism [4–6]. Albumin deserves special attention due to its binding and transporting properties of various compounds (fatty acids [7,8], bilirubin [9], steroids [10]) and ions, K<sup>+</sup>, Na<sup>+</sup>, and Mg<sup>2+</sup> and Ca<sup>2+</sup> [11–19].

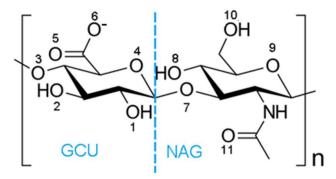
The properties of albumin and  $\gamma$ -globulin are often compared in terms of their effect on lubrication. Murakami et al. [20] demonstrated that hyaluronic acid interacts with proteins found in the synovial fluid, like  $\gamma$ -globulin and albumin, which affects the tribological properties of cartilage. Interestingly, locally positively charged sites in albumin favoring interactions with the ionized carboxylic groups in hyaluronate should be expected to appear, even though both macromolecules have a global negative charge under the physiological conditions.

In the work of Murakami et al. [20], the charge compensation with inorganic ionic species like Na<sup>+</sup> (the lubricants were dissolved in 0.15 M NaCl) probably affected the complex stability. In the mentioned study, the authors analyzed the articular cartilage reciprocating tests using glass plates lubricated with hyaluronic acid, L- $\alpha$ -dipalmitoylphosphatidylcholine,  $\gamma$ -globulin, and albumin mimicking synovial fluid and porcine knee joint. It was established that the application of  $\gamma$ -globulin/hyaluronic acid resulted in lower restarting and final friction than pure hyaluronic acid. Interestingly, the albumin/hyaluronic acid system behaved somewhat differently since a higher final friction was observed. This was suggested to be due to the greater contribution of electrostatic repulsive forces between human serum albumin (HSA) and hyaluronic acid than between γ-globulin and the polysaccharide as judged from the isoelectric point of the proteins. HSA has an isoelectric point at pH pprox 4.7, whereas it occurs at pH 7.2 for  $\gamma$ -globulin. Thus, both proteins are negatively charged in the synovial fluid with pH 7.6-8.2. Likewise, hyaluronic acid becomes deprotonated and is present in the form of negatively charged hyaluronate (HA). Thus, it was suggested that locally induced attractive forces could more easily stabilize γ-globulin/hyaluronan complexes [20–23] than HSA/hyaluronan complexes. Consistent with this, it has been shown that even when the pH is much higher than the albumin isoelectric point, attractive intermolecular interaction with hyaluronate can still be formed due to the presence of positively charged sites despite the overall negative charge of the whole protein [24–27]. Furthermore, the presence of albumin in combination with globulin and hyaluronic acid in joint cartilage models results in more effective lubrication compared to albumin-free systems [28,29]. These results are difficult to understand without further knowledge of the association and interaction between hyaluronan and these proteins. Moreover, the affinity of hyaluronate to proteins present in the synovial fluid cannot be considered without evaluating the effects of the inorganic components, such as water and especially dissolved ions which modify the electrostatic interactions in the system.

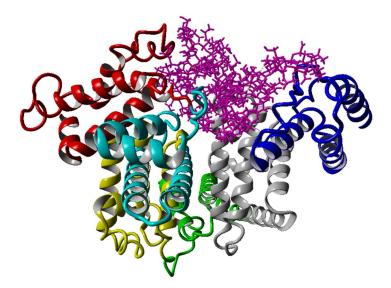
The effect of pH and sodium ions on the bovine serum albumin–hyaluronate system has been studied by Xu et al. [30] using dynamic and electrophoretic light scattering techniques and potentiometric measurements. It was demonstrated that there is a significant effect of the pH on the phase separation and the binding of de-protonated carboxyl groups of hyaluronan with albumin, and also resulted in the release of Na<sup>+</sup> ions. This effect cannot be ignored when considering the interactions in the synovial fluid. The influence of an ion on the affinity of various ligands to albumin has been frequently studied using both experimental and theoretical methods. Some interesting examples are bovine serum albumin interactions in the presence of different cations with nutraceuticals such as tannic acid [31] and baicalein [32] and with drugs like zonisamide [33], efonidipine [34], and pentoxifylline [35].

Int. J. Mol. Sci. 2021, 22, 12360 3 of 17

The interaction between albumin and hyaluronate in the presence of various species such as water and ions is an interesting issue that is closely related to the unique properties of synovial systems. A second important reason for the interest in these systems is associated with the drug delivery enhancement abilities of various albumin-hyaluronan nanoparticles [26,27,36–39]. However, to the best of the authors knowledge there is very limited information about the structural features of albumin-hyaluronan molecular assemblies, including intermolecular interaction characteristics. The use of molecular modeling allows us to evaluate the influences of various factors, such as the presence of ions and solvation on the properties of proteins, including their ability to bind ligands. The aim of this study is to evaluate the effect of Na<sup>+</sup>, Mg<sup>2+</sup>, Ca<sup>2+</sup> cations on the affinity of hyaluronate (Figure 1) to human serum albumin using molecular dynamics methods. Human serum albumin consists of a single chain of 585 amino acids, which incorporates three homologous domains (I, II, and III). Domain I consists of residues 5-197, domain II includes residues 198–382, and domain III is formed from residues 383–569. Each domain is composed of two sub-domains termed A and B (IA; residues 5-107, IB; residues 108-197, IIA; residues 198–296, IIB; residues 297–382, IIIA; residues 383–494, IIIB; residues 495–569), see Figure 2 for further details.



**Figure 1.** Structure of the repeating disaccharide unit of hyaluronate, the deprotonated form of hyaluronic acid. GCU stands for D-glucuronic acid with pKa of about 3, and NAG means N-acetyl-D-glucosamine. The different oxygen atoms are numbered, and this numbering will be utilized when discussing the interaction with human serum albumin.



**Figure 2.** Structure of human serum albumin with different coloring for the different HSA subdomains: IA—red; IB—cyan; IIA—yellow; IIB—green; IIIA—grey; IIIB—blue. Hyaluronate is colored pink. The figure represents one of many structures of the HAS-hyaluronate complex. This particular complex is referred to as complex number 1 in Table 1.

*Int. J. Mol. Sci.* **2021**, 22, 12360 4 of 17

HSA-Hyaluronan Complex Number <sup>1</sup>	<b>HSA Binding Domains</b>
1(2)	IA-IB-IIIA-IIIB
2(7)	IA-IIIA-IIIB
3(10)	IA-IIIA-IIIB
4(1)	IA-IB-IIIA-IIIB
5(5)	IIIA-IIIB
6(3)	IA-IIIA-IIIB
7(9)	IA-IIIA-IIIB
8(11)	IIIA-IIIB
9(12)	IIB-IIIA-IIIB
10(6)	IA-IIIA-IIIB
11(8)	IIIA-IIIB
12(4)	IIIA-IIIB

**Table 1.** The MD and docking ranks of potential HSA-hyaluronan complexes.

#### 2. Results and Discussion

In order to generate the final structures enriched with appropriate cations and water molecules, the standard docking procedure was performed. Since docking gives only preliminary information on the stability of the structure, the obtained complexes were enriched with water molecules and subjected to molecular dynamics simulation. In this work, the affinity is expressed by the binding energy, which is the amount of energy that should be added to the system to remove the ligand from the receptor. The list of structures ranked according to increasing magnitude of binding energy calculated using molecular dynamics along with the docking ranks are summarized in Table 1. In Figure 2, the first structure listed in this ranking is presented (complex 1).

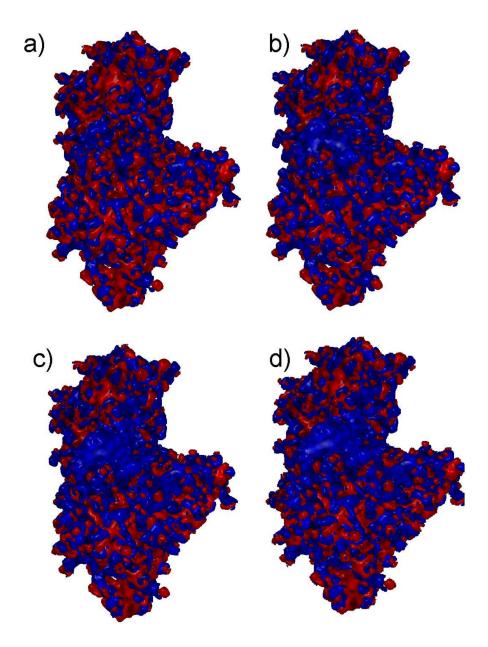
Based on the inspection of binding energy values calculated for different docking sites, it can be concluded that there are relatively small differences in the stability between the first two structures in the list characterized by the highest ligand-protein affinity. Complex 1 is characterized by about 6% higher binding energy value than the second structure on the list. Furthermore, they are somewhat structurally similar, since in case of both structures the hyaluronate interacts with the binding centers in a characteristic pocket formed by the IA, IB, IIIA, and IIIB subdomains. Notably, three of these albumin moieties (IB, IIIA, and IIIB) are regarded as key domains for the albumin transport function responsible for heme binding site (IB), Sudlow's site II (IIIA), and thyroxine binding site (IIIB) [40]. Interestingly, the IB subdomain interacts with hyaluronate only in case of complexes 1 and 4. This is understandable, since IB is regarded to interact with highly non-polar hydrophobic compounds such as pyrene [41]. On the other hand, IIIA and IIIB are involved in all 12 assemblies determined through the docking procedure as best fitted complexes for the given docking algorithm. Interestingly, both fragments and in some cases IB are involved in the binding of non-steroidal molecules containing carboxylic groups, such as ibuprofen, ketoprofen, naproxen, diclofenac, and indomethacin [42-44]. Furthermore, it seems to be quite probable that the S configuration of hyaluronate carboxylic acid groups is beneficial for binding with the IIIA and IIIB subdomains, since (S)-enantiomers of 2-arylpropionic acids are capable of forming more stable interactions than (R)-enantiomers [42]. However, we note that the higher hydrophilicity of HA suggests a different nature of the binding of HA and acrylpropionic acid to albumin.

Since the electrostatic interactions play a key role in the albumin–hyaluronate binding mechanism, an electrostatic potential map (Figure 3) was generated for the optimized albumin structure (with and without the addition of ions). When the presence of  $Na^+$ ,  $Mg^{2+}$ , and  $Ca^{2+}$  cations is taken into account, a much higher positive charge density can be observed in the middle of the map (hyaluronate binding cavity). This observation is consistent with the binding mechanism of hyaluronic acid described in the literature [24–27], according

 $<sup>\</sup>overline{}^1$  Ranking of obtained complexes. First number shows the rank after MD simulations, in the parentheses the rank of the structure according to docking procedure is presented.

Int. J. Mol. Sci. 2021, 22, 12360 5 of 17

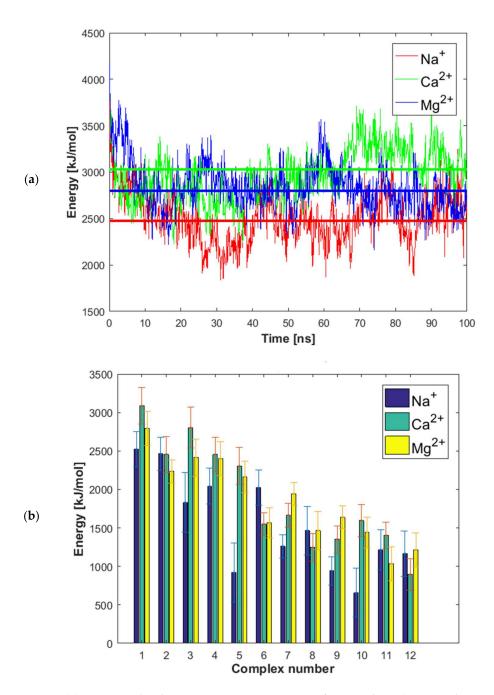
to which, despite the globally negatively charged albumin molecule at physiological pH, there are positively charged parts that act as binding sites for the ligand.



**Figure 3.** Electrostatic potential map of HSA where blue and red represent positively and negatively charged regions, respectively. Effects of different ions are presented: (a) no ions, (b)  $Na^+$ , (c)  $Ca^{2+}$ , (d)  $Mg^{2+}$ .

In Figure 4a, the relationship between binding energy and simulation time is presented for complex number 1. As can be inferred from the natural fluctuations in binding energy, the complexes stabilization was reached within the applied simulation time. When analyzing Figure 4a, no increased stability of the albumin–hyaluronate complex in the presence of  $Mg^{2+}$  over that in the presence of  $Na^+$  can be observed after c.a. 70 ns. However, the presence of  $Ca^{2+}$  ions does increase the stability of the HSA–HA complex. The difference in the effect of  $Ca^{2+}$  and  $Mg^{2+}$  is suggested to be due to the lower hydration of  $Ca^{2+}$ . Noteworthy, charge inversion and ion-bridge formation with divalent cations has been well described in the literature [45–51]. However, the obtained molecular dynamics simulations are not clear in the importance of these effects for the case of  $Mg^{2+}$ .

Int. J. Mol. Sci. 2021, 22, 12360 6 of 17

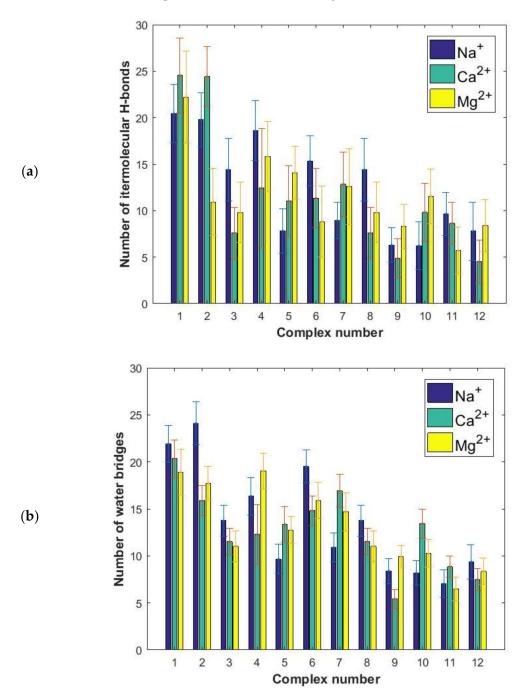


**Figure 4.** (a) HSA–HA binding energy vs. time average for complex 1 (constant line represents average over last 60 ns). (b) Binding energies for different complexes in presence of different cations for the simulation time of 40–100 ns. Complexes are sorted according to the average for all three ions.

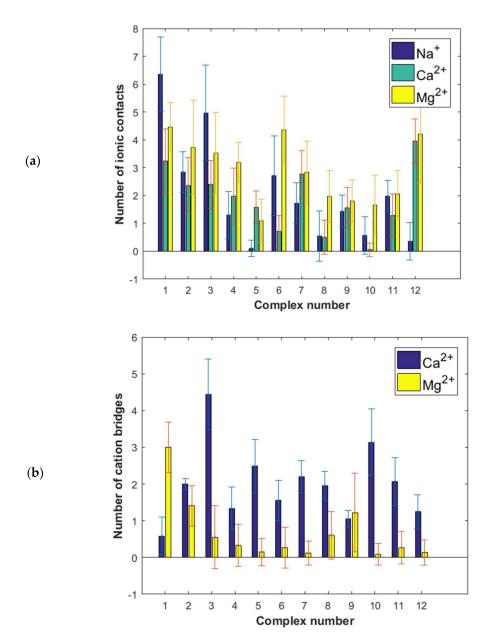
We calculated the average binding energy values over the time domain 40–100 ns of the simulation, see Figure 4b, and the standard deviations reflect the range of the binding energy fluctuations. Complex 1 in the presence of  $Ca^{2+}$  was found to be characterized by the highest HAS-HA affinity. However, quite high affinity can also be observed for complex 3. By taking the binding energy fluctuations into account, complexes 1 and 3 are of similar energy. For 6 out of 12 complexes considered, the highest affinity of hyaluronan to albumin was observed in the presence of  $Ca^{2+}$ , 3 in the presence of  $Mg^{2+}$  ions, and 3 in the presence of  $Na^{+}$  ions. The highest increase in affinity due to the presence of divalent cations was found for complex number 5, and the only complex where the presence of divalent cations significantly reduced the HAS-HA affinity was complex number 6. These two complexes will be discussed again after considering Figures 5 and 6.

Int. J. Mol. Sci. 2021, 22, 12360 7 of 17

In Figure 5a, the number of direct hydrogen bonds between HAS and hyaluronan is presented. The number of water bridges, where one water molecule forms a hydrogen bond to HAS and another one to hyaluronan are reported in Figure 5b. Another important piece of structural information, namely the number of ionic contacts and cation bridges when divalent cations are present, is summarized in Figure 6.



**Figure 5.** (a) Number of direct intermolecular H-bonds. (b) Water bridges between HSA and HA for different complexes evaluated by MD.



**Figure 6.** Number of ionic interactions between HSA and HA: (a) direct, (b) cation mediated (cation bridges).

The binding energy distribution, Figure 4b, is quite different from the direct and water-mediated hydrogen bond distributions in Figure 5 and the distributions of ionic interactions reported in Figure 6. This directly shows that the binding affinity cannot be related to only one type of interaction, but rather is a complex function of many different types of interactions. However, when we consider the situation in the presence of Na<sup>+</sup> ions we see that the most energetically favorable complexes, particularly complexes 1 and 2 but also complexes 3, 4, 6, 8 (Figure 4) are also the ones that display most direct hydrogen bonds and water mediated hydrogen bonds (Figure 5). This suggests that the dominant interactions in the albumin–hyaluronan system are hydrogen bonds in sodium containing solutions.

We now consider the more complex situation where divalent cations also are present. It is worth noting that, in general, proteins form more stable complexes with different species in the presence of divalent cations, rather than monovalent ones, as evidenced by various examples available in the literature, such as transcription activator-like effector proteins-DNA [52], E2 human papillomavirus regulatory protein-DNA [53] and anti-terminator

*Int. J. Mol. Sci.* **2021**, 22, 12360 9 of 17

protein-RNA [54]. The formation of a cationic bridge contributes to the improvement of a complex stability. In case of the HSA–HA system, the highest binding affinity is observed for complex 1 in presence of Ca<sup>2+</sup> ions. Interestingly, this complex is characterized by a similar number of direct H-bonds as complex 2. These interactions are most abundant in these two complexes. However, taking into account a significantly lower binding energy in case of complex 2 comparing to complex 1 (Figure 4b), it can be concluded that the number of hydrogen bonds is not sufficient to describe the stability of the complex. Furthermore, in the case of complex 1, a low number of ionic contacts and divalent cation bridges can be found (Figure 6). On the other hand, complex 2 is characterized by a high number of water mediated H-bonds, when compared with other complexes formed in presence of Ca<sup>2+</sup> ions. Complex 3 is also characterized by a high binding affinity in presence of Ca<sup>2+</sup> ions. However, for this complex direct and water mediated H-bonds are relatively few, but the number of cation bridges are the highest (Figure 6b). Thus, here clearly the presence of Ca<sup>2+</sup> ion mediated bridges is of importance for the high binding affinity.

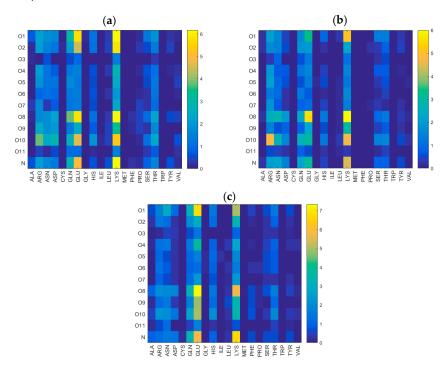
As exemplified above, the situation is rather complex in the presence of divalent ions where the number of hydrogen bonds are affected as well as direct electrostatic interactions, and now cation bridges mediated by the divalent ions appear. For instance, complex 5 where the binding energy is most markedly increased in presence of divalent ions, we find that the presence of divalent ions increases both direct and water mediated H-bonds as well as ionic contacts. Calcium ion mediated bridges are also present. In contrast, in complex 6 where the presence of divalent ions reduces the binding affinity, we find a lower number of direct and water mediated H-bonds when the divalent ions are present. We note that in most complexes more cation bridges are formed with the less hydrated Ca<sup>2+</sup> ion compared to the more hydrated Mg<sup>2+</sup> ions. Interestingly, according to Vorum et al. [55] domain III, which is involved in forming all complexes indicated by the docking procedure (Table 1) is probably the key albumin Ca<sup>2+</sup> binding site.

Pathological changes during osteoarthritis (OA) lead to Na<sup>+</sup> and Ca<sup>2+</sup> concentration increase [56]. Simultaneously, the concentration of HSA remains relatively unchanged, whereas HA concentration can decrease significantly (relative to other macromolecular components) [57]. Additionally, molecular mass of HA decreases [58]. As a result, the OA synovial fluid reveals much worse tribological properties. It was shown that increasing the HA concentration results in the gel point shift towards lower temperatures [59] in HAS-HA solutions. Based on this, binding between HA and HSA in OA synovial fluid will decrease (regardless of the increase in calcium ion concentration), and as a result, the complex will not be as stable, which can lead to poor lubrication as it will be diluted with water and ratios between components will change. Therefore, the direct introduction of calcium and hyaluronic acid (of high molecular weight) in relatively high concentrations into the joints (by injection) seems to be the most beneficial for their regeneration. Indeed, the HA supplementation has been widely used in treatment of joint diseases [60]. According to García-Padilla et al. (2015) [61], the injections of sodium bicarbonate and calcium gluconate solutions can be effectively used in knee osteoarthritis treatment. Interestingly, this effect is not pronounced when the oral supplementation is applied [62].

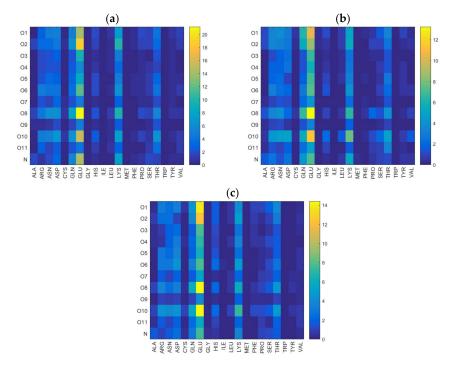
In Figure 7, the distribution of direct hydrogen bond sites between HSA and HA corresponding to different amino acids in HSA is presented, and the dominant sites are glutamine (GLU), and the cationic lysine (LYS). This is true in all three electrolyte solutions considered. However, hydrogen bonds between the cationic ARG and O10 atoms in hyaluronan were also found to be important in stabilizing the hyaluronan–albumin system in the presence of Ca<sup>2+</sup> ions.

Similar maps for water mediated hydrogen bonds are shown in Figure 8. Again, we find that most hydrogen bonds involve the GLU and LYS units in albumin, with a preference for GLU. In hyaluronan it is primarily the oxygen classes O1, O2, O8, and O10, containing OH-groups that can act as both H-bond donators and acceptors, as well as the amide nitrogen (also a H-bond donator and acceptor) that participate in hydrogen bonds, direct and water mediated, with albumin. Figure 9 shows the distribution of hydrophobic

contacts between HSA and HA. The number of such contacts is relatively small, but we find a tendency of more hydrophobic contacts in the most energetically favored complexes. The amino acids that mainly contribute to this type of interactions are GLN, PRO, THR, HIS, and LYS.



**Figure 7.** Hydrogen bond distribution between different oxygen classes in HA and different amino acids in HSA. Data were obtained in solutions containing (a)  $Na^+$ , (b)  $Ca^{2+}$ , (c)  $Mg^{2+}$ . In all cases,  $Cl^-$  was the anion.



**Figure 8.** Water bridge distribution between different oxygen classes in HA and different amino acids in HSA. Data were obtained in solutions containing (a)  $Na^+$ , (b)  $Ca^{2+}$ , (c)  $Mg^{2+}$ . In all cases,  $Cl^-$  was the anion.

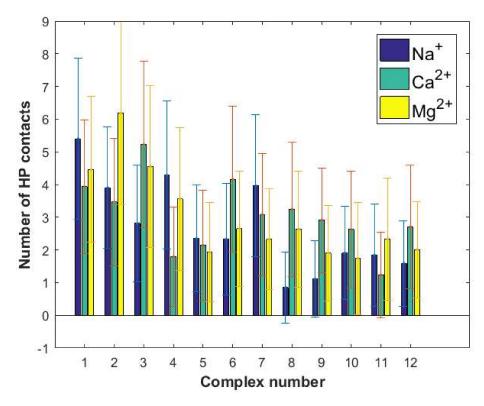


Figure 9. Number of hydrophobic interactions between HSA and HA.

#### 3. Methods

To obtain the most stable complexes, we docked HSA–HA complexes using the VINA method [63] with default parameters and point charges initially assigned according to the AMBER14 force field [64] (the HA molecule was parametrized by applying the GLYCAM06 force field) and then damped to mimic the less polar Gasteiger charges used to optimize the AutoDock scoring function. The setup was done with the YASARA molecular modeling program [65,66]. The best hit of 50 runs with -10 kcal/mol free energy of binding was selected as distinctive complexes varying with the position of HA.

We obtained 12 complexes by varying the HA position as shown in Table S1 and in the Supplementary Materials. The albumin (PDB code:1e78) with hyaluronate simulation was run with YASARA. The setup included an optimization of the hydrogen bonding network [67] to increase the solute stability and a pKa prediction to fine-tune the protonation states of the protein residues at the chosen pH of 7.4 [68]. 70 Na<sup>+</sup>, Mg<sup>2+</sup>, Ca<sup>2+</sup> ions, and sufficient Cl<sup>-</sup> ions were added to achieve charge neutralization in the simulation cell. After steepest descent and simulated annealing minimizations to remove clashes, the simulation was run for 100 ns using the AMBER14 force field [69] for the HSA, GLYCAM06 [70] for HA, and TIP3P for water. The cut-off distance was set to 10 Å for van der Waals forces (the default used by AMBER [71]), no cut-off was applied to electrostatic forces (using the Particle Mesh Ewald algorithm, [72]). The equations of motions were integrated with multiple time steps of 1.25 fs for bonded interactions and 2.5 fs for non-bonded interactions at a temperature of 310 K and a pressure of 1 atm (NPT ensemble) using algorithms described in [68]. After inspection of the solute RMSD (root mean square deviation) as a function of simulation time, the first 40 ns were considered equilibration time and excluded from further analysis.

#### 3.1. Binding Energy Calculation

The binding energy ( $E_{bind}$ ) was calculated according to Equation (1). The high positive values of  $E_{bind}$  denote high affinity of ligand to the protein [73]

$$E_{bind} = E_{pot1} + E_{pot2} + E_{sol1} + E_{sol2} - (E_{pot-comp} + E_{sol-comp})$$
 (1)

where  $E_{\rm pot1}$  and  $E_{\rm pot2}$  are potential energies of receptor and ligand, respectively,  $E_{\rm solv1}$  and  $E_{\rm solv2}$  are solvation energies of albumin and hyaluronan, respectively,  $E_{\rm pot-comp}$  and  $E_{\rm sol-comp}$  stand for the potential energy and solvation effects of the ligand–receptor system.

#### 3.2. Hydrogen Bond Characteristics Determination

In this study, we followed the YASARA hydrogen bond (HB) geometrical and energetical features determination. According to this convention, the HB occurs when the hydrogen bond energy is higher than 6.25 kJ/moL. The distance between Hydrogen and Acceptor is correlated with the hydrogen bond energy (expressed in kJ/mol) according to Equation (2):

$$E_{\text{HB}} = 25 \cdot \frac{2.6 - \max(Dis_{\text{H-A}}, 2.1)}{0.5} \cdot s_{D-A-H} \cdot s_{H-A-X}$$
 (2)

 $s_{D-A-H}$  stands for the first scalling factor and its value is related to the angle between donor, hydrogen, and acceptor, while the second scaling factor value ( $s_{H-A-X}$ ) is dependent on the angle between hydrogen, acceptor, and the atom attached to the acceptor. These parameters can be calculated from Equation (3):

$$S(\alpha) = \frac{\theta_2 - \alpha}{\theta_2 - \theta_1} \tag{3}$$

If the  $\alpha$  parameter is lower than  $\theta_1$  or higher than  $\theta_2$ , scaling factors can be defined as follows:

$$s_{H-A-X} = \begin{cases} 0, & 0 < x \le \theta_1 \\ S(\alpha), & \theta_1 < x \le \theta_2 \\ 1, & \theta_2 < x \le 180^{\circ} \end{cases}$$
 (4)

Depending on the atom type,  $\theta_1$  and  $\theta_2$  angles are different. For instance, in the case of heavy atoms  $\theta_1$  and  $\theta_2$  are 85° and 95°, respectively. On the other hand, in the case of hydrogens these angles are 75° and 85°.

### 3.3. Water Bridges

A water bridge (visualized in Figure 10) is formed is due to the interaction involving nitrogen or oxygen atoms, playing the accepting role and two hydrogen bonds donors in water molecule. According to the Yassara convention, the 3 Å distance was applied as a threshold in water bridge detecting.

#### 3.4. Ionic Interactions

Ionic interaction (visualized in Figure 11) is identified by calculating the distance between two atoms at the center of a formal integer charge of opposite signs (for LYS, this is simply the NZ atom with a formal charge of +1). Distance between two atoms is then subtracted with hydrogen bond radii, and in the range 0–1.5 A. Direct ionic contacts between HA and HSA occur between lysine and carboxyl groups in HA. Interestingly, we find no direct ionic contacts between carboxylate in HA and the positively charged HIS and ARG amino acids. This may suggest that the aromatic ring sterically hinders the cationic charge of HIS and that the diffuse charge of ARG, distributed between two amino groups, counteracts direct ionic contacts.

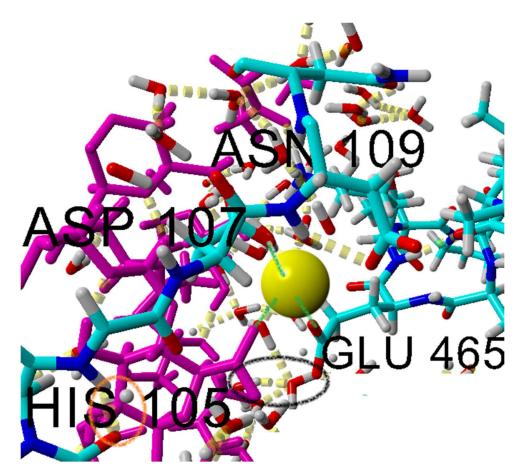


Figure 10. Water bridge visualization.

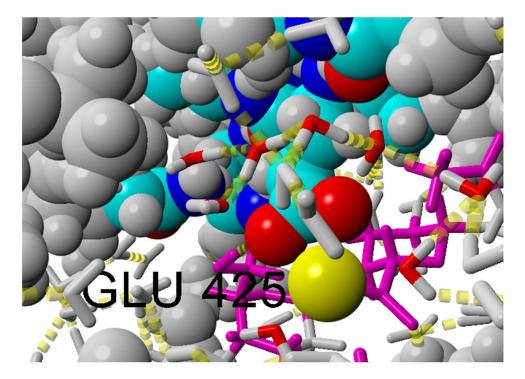


Figure 11. Cation bridge visualization.

Cation bridges are defined as places at which a cation creates ionic interaction with both HSA and HA. These interactions occur between the carboxyl group of HA–ion (Ca,

Mg) and negatively charged amino acids—glutamic acid (majority) and aspartic acid (rarely). This is due to the fact that the carboxylate group of glutamic acid resides further away from the polypeptide backbone.

#### 3.5. Hydrophobic Interactions

The hydrophobic interactions are divided into three subcategories [56]:

- carbons carrying three hydrogen atoms,
- carbon carrying two hydrogen atoms or carbon with one hydrogen and three carbon atoms attached,
- carbons forming an aromatic ring carrying hydrogen atoms.

This definition excludes the Calpha atoms of amino acids (except Gly) since these are polar and can form weak hydrogen bonds.

#### 4. Conclusions

In this study albumin–hyaluronan complexes, and in particular the effect of Na<sup>+</sup>, Ca<sup>2+</sup>, and Mg<sup>2+</sup> ions, was investigated using molecular dynamics tools. In general, the research on the influence of ions on albumin binding capacity is interesting from a practical point of view. The appropriate proportion of ions provided by the proper supplementation of micronutrients can lead to stronger interactions between albumin and hyaluronate, which are two key components of synovial fluid. It was established that the divalent  $Ca^{2+}$  ions contribute mostly to the increase of the HSA affinity to HA. Moreover, most cation bridges are formed with  $Ca^{2+}$ , whereas the effect of  $Mg^{2+}$  is less clear.

The bonding mechanism in the case of HSA–HA is associated with the presence of locally positively charged sites, amplified by the presence of divalent cations. These positive patches allow the hyaluronan to locally approach closely to the protein, which facilitates formation of HSA–HA hydrogen bonds. All probable binding sites were structurally and energetically characterized including solvation effects. Hydrogen bonds (direct and water mediated) are important for the complex formation. Hyaluronan mainly binds to the IIIA and IIIB domains of albumin. A more detailed analysis of the structure of the most preferred complex stabilized with calcium ions allowed us to observe a significant contribution of the amino acids GLU and LYS in the formation of intermolecular interactions.

**Supplementary Materials:** The following are available online at https://www.mdpi.com/article/10 .3390/ijms222212360/s1, Table S1. Distribution of amino acid contacts with HA. Ranking, Table S2. Distribution of amino acid (AA) in HSA and domain III.

**Author Contributions:** Conceptualization, P.B., K.G. and P.R.; methodology, P.B. and Z.D.; software, P.B., K.G. and Z.D.; formal analysis, M.P., P.B. and F.W.; investigation, M.P., A.S., A.D., F.W. and P.M.C.; writing—original draft preparation, M.P., P.B. and A.D.; writing—review and editing, M.P. and A.D.; visualization, P.B.; supervision, A.D., P.M.C. and A.S. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

**Institutional Review Board Statement:** Not applicable.

Informed Consent Statement: Not applicable.

**Data Availability Statement:** All data is available in the manuscript or upon request to the corresponding author.

**Acknowledgments:** The work was created as a result of research project No. DEC-2019/03/X/ST3/01919 financed by the National Science Center. The work is supported by BN-10/19 of the Institute of Mathematics and Physics of the Bydgoszcz University of Science and Technology.

Conflicts of Interest: The authors declare no conflict of interest.

#### References

1. Chen, D.; Shen, J.; Zhao, W.; Wang, T.; Han, L.; Hamilton, J.L.; Im, H.-J. Osteoarthritis: Toward a comprehensive understanding of pathological mechanism. *Bone Res.* **2017**, *5*, 16044. [CrossRef]

- 2. He, Y.; Li, Z.; Alexander, P.G.; Ocasio-Nieves, B.D.; Yocum, L.; Lin, H.; Tuan, R.S. Pathogenesis of Osteoarthritis: Risk Factors, Regulatory Pathways in Chondrocytes, and Experimental Models. *Biology* **2020**, *9*, 194. [CrossRef]
- 3. Loeser, R.F. The Role of Aging in the Development of Osteoarthritis. Trans. Am. Clin. Climatol. Assoc. 2017, 128, 44–54. [PubMed]
- 4. Ghosh, S.; Choudhury, D.; Roy, T.; Moradi, A.; Masjuki, H.H.; Pingguan-Murphy, B. Tribological performance of the biological components of synovial fluid in artificial joint implants. *Sci. Technol. Adv. Mater.* **2015**, *16*, 045002. [CrossRef] [PubMed]
- 5. Dėdinaitė, A.; Wieland, F.; Bełdowski, P.; Claesson, P.M. Biolubrication synergy: Hyaluronan Phospholipid interactions at interfaces. *Adv. Colloid Interface Sci.* **2019**, 274, 102050. [CrossRef]
- 6. Hui, A.Y.; McCarty, W.J.; Masuda, K.; Firestein, G.S.; Sah, R.L. A systems biology approach to synovial joint lubrication in health, injury, and disease. *Wiley Interdiscip. Rev. Syst. Biol. Med.* **2012**, *4*, 15–37. [CrossRef]
- 7. Spector, A.A. Fatty acid binding to plasma albumin. J. Lipid Res. 1975, 16, 165–179. [CrossRef]
- 8. van der Vusse, G.J. Albumin as fatty acid transporter. Drug Metab. Pharmacokinet. 2009, 24, 300–307. [CrossRef]
- 9. Jacobsen, J.; Brodersen, R. Albumin-bilirubin binding mechanism. J. Biol. Chem. 1983, 258, 6319–6326. [CrossRef]
- 10. Baker, M.E. Albumin's role in steroid hormone action and the origins of vertebrates: Is albumin an essential protein? *FEBS Lett.* **1998**, 439, 9–12. [CrossRef]
- 11. Rodríguez Furlán, L.T.; Campderrós, M.E. Effect of Mg2+ binding on transmission of bovine serum albumin (BSA) through ultrafiltration membranes. *Sep. Purif. Technol.* **2015**, *150*, 1–12. [CrossRef]
- 12. Irons, L.; Perkins, D. Studies on the interaction of magnesium, calcium and strontium ions with native and chemically modified human serum albumin. *Biochem. J.* **1962**, *84*, 152–156. [CrossRef] [PubMed]
- 13. Pedersen, K.O. Binding of calcium to serum albumin I. Stoichiometry and intrinsic association constant at physiological ph, ionic strength, and temperature. *Scand. J. Clin. Lab. Investig.* **1971**, *28*, 459–469. [CrossRef]
- 14. Eatough, D.J.; Jensen, T.E.; Hansen, L.D.; Loken, H.F.; Rehfeld, S.J. The binding of Ca2+ and Mg2+ to human serium albumin: A calorimetric study. *Thermochim. Acta* 1978, 25, 289–297. [CrossRef]
- 15. Deerfield, D.W.; Berkowitz, P.; Olson, D.L.; Wells, S.; Hoke, R.A.; Koehler, K.A.; Pedersen, L.G.; Hiskey, R.G. The effect of divalent metal ions on the electrophoretic mobility of bovine prothrombin and bovine prothrombin fragment 1. *J. Biol. Chem.* **1986**, 261, 4833–4839. [CrossRef]
- 16. Besarab, A.; Deguzman, A.; Swanson, J.W. Effect of albumin and free calcium concentrations on calcium binding in vitro. *J. Clin. Pathol.* **1981**, 34, 1361–1367. [CrossRef]
- 17. Pedersen, K.O. Binding of calcium to serum albumin IV. Effect of temperature and thermodynamics of calcium-albumin interaction. *Scand. J. Clin. Lab. Investig.* **1972**, *30*, 89–94. [CrossRef]
- 18. Saroff, H.A.; Lewis, M.S. The binding of calcium ions to serum albumin. J. Phys. Chem. 1963, 67, 1211–1216. [CrossRef]
- 19. van Os, G.A.J.; Koopman-van Eupen, J.H.M. The interaction of sodium, potassium, calcium, and magnesium with human serum albumin, studied by means of conductivity measurements. *Recl. Des Trav. Chim. Des Pays-Bas* **1957**, *76*, 390–400. [CrossRef]
- 20. Murakami, T.; Yarimitsu, S.; Nakashima, K.; Sawae, Y.; Sakai, N. Influence of synovia constituents on tribological behaviors of articular cartilage. *Friction* **2013**, *1*, 150–162. [CrossRef]
- 21. CURTAIN, C.C. The nature of the protein in the hyaluronic complex of bovine synovial fluid. *Biochem. J.* **1955**, *61*, 688–697. [CrossRef]
- 22. Oates, K.M.N.; Krause, W.E.; Jones, R.L.; Colby, R.H. Rheopexy of synovial fluid and protein aggregation. *J. R. Soc. Interface* **2006**, 3, 167–174. [CrossRef]
- 23. Murakami, T.; Nakashima, K.; Yarimitsu, S.; Sawae, Y.; Sakai, N. Effectiveness of adsorbed film and gel layer in hydration lubrication as adaptive multimode lubrication mechanism for articular cartilage. *Proc. Inst. Mech. Eng. Part J J. Eng. Tribol.* **2011**, 225, 1174–1185. [CrossRef]
- 24. Lenormand, H.; Amar-Bacoup, F.; Vincent, J.C. PH effects on the hyaluronan hydrolysis catalysed by hyaluronidase in the presence of proteins. Part III. The electrostatic non-specific hyaluronan-hyaluronidase complex. *Carbohydr. Polym.* **2011**, *86*, 1491–1500. [CrossRef]
- 25. Phan, H.T.M.; Bartelt-Hunt, S.; Rodenhausen, K.B.; Schubert, M.; Bartz, J.C. Investigation of Bovine Serum Albumin (BSA) Attachment onto Self-Assembled Monolayers (SAMs) Using Combinatorial Quartz Crystal Microbalance with Dissipation (QCM-D) and Spectroscopic Ellipsometry (SE). *PLoS ONE* **2015**, *10*, e0141282. [CrossRef]
- Edelman, R.; Assaraf, Y.G.; Levitzky, I.; Shahar, T.; Livney, Y.D. Hyaluronic acid-serum albumin conjugate-based nanoparticles for targeted cancer therapy. Oncotarget 2017, 8, 24337–24353. [CrossRef] [PubMed]
- 27. Zewde, B.; Atoyebi, O.; Gugssa, A.; Gaskell, K.J.; Raghavan, D. An Investigation of the Interaction between Bovine Serum Albumin-Conjugated Silver Nanoparticles and the Hydrogel in Hydrogel Nanocomposites. *ACS Omega* **2021**, *6*, 11614–11627. [CrossRef]
- 28. Nečas, D.; Sadecká, K.; Vrbka, M.; Galandáková, A.; Wimmer, M.A.; Gallo, J.; Hartl, M. The effect of albumin and γ-globulin on synovial fluid lubrication: Implication for knee joint replacements. *J. Mech. Behav. Biomed. Mater.* **2021**, *113*. [CrossRef]
- 29. Nakashima, K.; Sawae, Y.; Murakami, T. Study on wear reduction mechanisms of artificial cartilage by synergistic protein boundary film formation. *ISME Int. Journal, Ser. C Mech. Syst. Mach. Elem. Manuf.* **2006**, *48*, 555–561. [CrossRef]

30. Xu, S.; Yamanaka, J.; Sato, S.; Miyama, I.; Yonese, M. Characteristics of complexes composed of sodium hyaluronate and bovine serum albumin. *Chem. Pharm. Bull.* **2000**, *48*, 779–783. [CrossRef]

- 31. Kaspchak, E.; Goedert, A.C.; Igarashi-Mafra, L.; Mafra, M.R. Effect of divalent cations on bovine serum albumin (BSA) and tannic acid interaction and its influence on turbidity and in vitro protein digestibility. *Int. J. Biol. Macromol.* **2019**, 136, 486–492. [CrossRef] [PubMed]
- 32. Roy, A.S.; Dinda, A.K.; Pandey, N.K.; Dasgupta, S. Effects of urea, metal ions and surfactants on the binding of baicalein with bovine serum albumin. *J. Pharm. Anal.* **2016**, *6*, 256–267. [CrossRef]
- 33. Shahabadi, N.; Khorshidi, A.; Mohammadpour, M. Investigation of the effects of Zn2+, Ca2+ and Na+ ions on the interaction between zonisamide and human serum albumin (HSA) by spectroscopic methods. *Spectrochim. Acta-Part A Mol. Biomol. Spectrosc.* **2014**, *122*, 48–54. [CrossRef] [PubMed]
- 34. Wang, N.; Ku, S.; Yu, P.; Zhao, B.; Ye, L. Spectroscopic studies on the interaction of efonidipine with bovine serum albumin. In Proceedings of the 2008 2nd International Conference on Bioinformatics and Biomedical Engineering, Shanghai, China, 16–18 May 2008; pp. 261–264.
- 35. Mallappa, M.; Savanur, M.A.; Gowda, B.G.; Vishwanth, R.S.; Puthusseri, B. Molecular Interaction of Hemorrheologic Agent, Pentoxifylline with Bovine Serum Albumin: An Approach to Investigate the Drug Protein Interaction Using multispectroscopic, Voltammetry and Molecular Modelling Techniques. *Z. Fur Phys. Chem.* **2019**, 233, 973–994. [CrossRef]
- 36. Fang, Y.W.; Yin, Z.N. Prepatation of a hyaluronic acid modified bovine serum albumin nanoparticle and its anti-tumor effect. *J. Sichuan Univ.* **2011**, *42*, 408–502.
- 37. Lei, C.; Liu, X.R.; Chen, Q.B.; Li, Y.; Zhou, J.L.; Zhou, L.Y.; Zou, T. Hyaluronic acid and albumin based nanoparticles for drug delivery. *J. Control. Release* **2021**, 331, 416–433. [CrossRef]
- 38. Curcio, M.; Diaz-Gomez, L.; Cirillo, G.; Nicoletta, F.P.; Leggio, A.; Iemma, F. Dual-targeted hyaluronic acid/albumin micelle-like nanoparticles for the vectorization of doxorubicin. *Pharmaceutics* **2021**, *13*, 1–16. [CrossRef]
- 39. Huang, D.; Chen, Y.S.; Rupenthal, I.D. Hyaluronic acid coated albumin nanoparticles for targeted peptide delivery to the retina. *Mol. Pharm.* **2017**, *14*, 533–545. [CrossRef]
- 40. Fasano, M.; Curry, S.; Terreno, E.; Galliano, M.; Fanali, G.; Narciso, P.; Notari, S.; Ascenzi, P. The extraordinary ligand binding properties of human serum albumin. *IUBMB Life* **2005**, *57*, 787–796. [CrossRef]
- 41. Ling, I.; Taha, M.; Al-Sharji, N.A.; Abou-Zied, O.K. Selective binding of pyrene in subdomain IB of human serum albumin: Combining energy transfer spectroscopy and molecular modelling to understand protein binding flexibility. *Spectrochim. Acta-Part A Mol. Biomol. Spectrosc.* **2018**, 194, 36–44. [CrossRef] [PubMed]
- 42. Zielinski, K.; Sekula, B.; Bujacz, A.; Szymczak, I. Structural investigations of stereoselective profen binding by equine and leporine serum albumins. *Chirality* **2020**, *32*, 334–344. [CrossRef] [PubMed]
- 43. Amézqueta, S.; Beltrán, J.L.; Bolioli, A.M.; Campos-vicens, L.; Luque, F.J.; Ràfols, C. Evaluation of the interactions between human serum albumin (Hsa) and non-steroidal anti-inflammatory (nsaids) drugs by multiwavelength molecular fluorescence, structural and computational analysis. *Pharmaceuticals* **2021**, *14*, 214. [CrossRef]
- 44. Zenei, T.; Hiroshi, T. Specific and non-specific ligand binding to serum albumin. *Biochem. Pharmacol.* **1985**, 34, 1999–2005. [CrossRef]
- 45. Brown, K.L.; Banerjee, S.; Feigley, A.; Abe, H.; Blackwell, T.S.; Pozzi, A.; Hudson, B.; Zent, R. Salt-bridge modulates differential calcium-mediated ligand binding to integrin α1- and α2-I domains. *Sci. Rep.* **2018**, *8*, 1–14. [CrossRef]
- 46. Matsarskaia, O.; Roosen-Runge, F.; Schreiber, F. Multivalent ions and biomolecules: Attempting a comprehensive perspective. *ChemPhysChem* **2020**, *21*, 1742–1767. [CrossRef]
- 47. Goovaerts, V.; Stroobants, K.; Absillis, G.; Parac-Vogt, T.N. Molecular interactions between serum albumin proteins and Keggin type polyoxometalates studied using luminescence spectroscopy. *Phys. Chem. Chem. Phys.* **2013**, *15*, 18378–18387. [CrossRef]
- 48. Vandebroek, L.; Van Meervelt, L.; Parac-Vogt, T.N. Direct observation of the ZrIV interaction with the carboxamide bond in a noncovalent complex between Hen Egg White Lysozyme and a Zr-substituted Keggin polyoxometalate. *Acta Crystallogr. Sect. C Struct. Chem.* 2018, 74, 1348–1354. [CrossRef]
- 49. Srivastava, R.; Chattopadhyaya, M.; Bandyopadhyay, P. Calculation of salt-dependent free energy of binding of β-lactoglobulin homodimer formation and mechanism of dimer formation using molecular dynamics simulation and three-dimensional reference interaction site model (3D-RISM): Diffuse salt ions and non-po. *Phys. Chem. Chem. Phys.* **2020**, 22, 2142–2156. [CrossRef]
- 50. Stutzman, J.R.; Luongo, C.A.; McLuckey, S.A. Covalent and non-covalent binding in the ion/ion charge inversion of peptide cations with benzene-disulfonic acid anions. *J. Mass Spectrom.* **2012**, *47*, 669–675. [CrossRef]
- 51. Zhou, H.X.; Pang, X. Electrostatic Interactions in Protein Structure, Folding, Binding, and Condensation. *Chem. Rev.* **2018**, *118*, 1691–1741. [CrossRef] [PubMed]
- 52. Franchi, M.; Ferris, J.P.; Gallori, E. Cations as mediators of the adsorption of nucleic acids on clay surfaces in prebiotic environments. *Orig. Life Evol. Biosph.* **2003**, *33*, 1–16. [CrossRef]
- 53. Xi, Z.; Zhang, Y.; Hegde, R.S.; Shakked, Z.; Crothers, D.M. Anomalous DNA binding by E2 regulatory protein driven by spacer sequence TATA. *Nucleic Acids Res.* **2010**, *38*, 3827–3833. [CrossRef] [PubMed]
- 54. Kumarevel, T.; Mizuno, H.; Kumar, P.K.R. Characterization of the metal ion binding site in the anti-terminator protein, HutP, of Bacillus subtilis. *Nucleic Acids Res.* **2005**, *33*, 5494–5502. [CrossRef]

55. Vorum, H.; Fisker, K.; Otagiri, M.; Pedersen, A.O.; Kragh-Hansen, U. Calcium ion binding to clinically relevant chemical modifications of human serum albumin. *Clin. Chem.* **1995**, *41*, 1654–1661. [CrossRef] [PubMed]

- 56. Bertram, K.L.; Banderali, U.; Tailor, P.; Krawetz, R.J. Ion channel expression and function in normal and osteoarthritic human synovial fluid progenitor cells. *Channels* **2016**, *10*, 148–157. [CrossRef]
- 57. Ghosh, S.; Choudhury, D.; Das, N.S.; Pingguan-Murphy, B. Tribological role of synovial fluid compositions on artificial joints-A systematic review of the last 10 years. *Lubr. Sci.* **2014**, *26*, 387–410. [CrossRef]
- 58. Balazs, E.A. Analgesic effect of elastoviscous hyaluronan solutions and the treatment of arthritic pain. *Cells Tissues Organs* **2003**, 174, 49–62. [CrossRef] [PubMed]
- 59. Hájovská, P.; Chytil, M.; Kalina, M. Rheological study of albumin and hyaluronan-albumin hydrogels: Effect of concentration, ionic strength, pH and molecular weight. *Int. J. Biol. Macromol.* **2020**, *161*, 738–745. [CrossRef]
- 60. Stellavato, A.; Vassallo, V.; La Gatta, A.; Pirozzi, A.V.A.; De Rosa, M.; Balato, G.; D'Addona, A.; Tirino, V.; Ruosi, C.; Schiraldi, C. Novel Hybrid Gels Made of High and Low Molecular Weight Hyaluronic Acid Induce Proliferation and Reduce Inflammation in an Osteoarthritis in Vitro Model Based on Human Synoviocytes and Chondrocytes. *Biomed Res. Int.* **2019**, 2019. [CrossRef]
- 61. García-Padilla, S.; Duarte-Vázquez, M.A.; Gonzalez-Romero, K.E.; Caamaño, M.D.C.; Rosado, J.L. Effectiveness of intra-articular injections of sodium bicarbonate and calcium gluconate in the treatment of osteoarthritis of the knee: A randomized double-blind clinical trial. *BMC Musculoskelet*. *Disord*. **2015**, *16*, 4328219. [CrossRef]
- 62. Chlebowski, R.T.; Pettinger, M.; Johnson, K.C.; Wallace, R.; Womack, C.; Mossavar-Rahmani, Y.; Stefanick, M.; Wactawski-Wende, J.; Carbone, L.; Lu, B.; et al. Calcium Plus Vitamin D Supplementation and Joint Symptoms in Postmenopausal Women in the Women's Health Initiative Randomized Trial. *J. Acad. Nutr. Diet.* **2013**, *113*, 1302–1310. [CrossRef]
- 63. Trott, O.; Olson, A.J. AutoDock Vina: Improving the speed and accuracy of docking with a new scoring function, efficient optimization, and multithreading. *J. Comput. Chem.* **2009**, *31*, 455–461. [CrossRef]
- 64. Duan, Y.; Wu, C.; Chowdhury, S.; Lee, M.C.; Xiong, G.; Zhang, W.; Yang, R.; Cieplak, P.; Luo, R.; Lee, T.; et al. A Point-Charge Force Field for Molecular Mechanics Simulations of Proteins Based on Condensed-Phase Quantum Mechanical Calculations. *J. Comput. Chem.* 2003, 24, 1999–2012. [CrossRef] [PubMed]
- 65. Krieger, E.; Koraimann, G.; Vriend, G. Increasing the precision of comparative models with YASARA NOVA-A self-parameterizing force field. *Proteins Struct. Funct. Genet.* **2002**, 47, 393–402. [CrossRef]
- Krieger, E.; Vriend, G. YASARA View-molecular graphics for all devices-from smartphones to workstations. *Bioinformatics* 2014, 30, 2981–2982. [CrossRef]
- Krieger, E.; Dunbrack, R.L.; Hooft, R.W.W.; Krieger, B. Assignment of protonation states in proteins and ligands: Combining pK a prediction with hydrogen bonding network optimization. *Methods Mol. Biol.* 2012, 819, 405–421. [PubMed]
- 68. Krieger, E.; Vriend, G. New ways to boost molecular dynamics simulations. *J. Comput. Chem.* **2015**, *36*, 996–1007. [CrossRef] [PubMed]
- 69. Maier, J.A.; Martinez, C.; Kasavajhala, K.; Wickstrom, L.; Hauser, K.E.; Simmerling, C. ff14SB: Improving the Accuracy of Protein Side Chain and Backbone Parameters from ff99SB. *J. Chem. Theory Comput.* **2015**, *11*, 3696–3713. [CrossRef]
- 70. Kirschner, K.N.; Yongye, A.B.; Tschampel, S.M.; González-Outeiriño, J.; Daniels, C.R.; Foley, B.L.; Woods, R.J. GLYCAM06: A generalizable biomolecular force field. carbohydrates. *J. Comput. Chem.* **2008**, 29, 622–655. [CrossRef]
- 71. Hornak, V.; Abel, R.; Okur, A.; Strockbine, B.; Roitberg, A.; Simmerling, C. Comparison of multiple amber force fields and development of improved protein backbone parameters. *Proteins Struct. Funct. Genet.* **2006**, *65*, 712–725. [CrossRef]
- 72. Essmann, U.; Perera, L.; Berkowitz, M.L.; Darden, T.; Lee, H.; Pedersen, L.G. A smooth particle mesh Ewald method. *J. Chem. Phys.* **1995**, *103*, 8577–8593. [CrossRef]
- 73. Perger, W.F.; Pandey, R.; Blanco, M.A.; Zhao, J. First-principles intermolecular binding energies in organic molecular crystals. *Chem. Phys. Lett.* **2004**, *388*, 175–180. [CrossRef]