Research Report

Acute Ethanol Exposure Enhances Synaptic Plasticity in the Dorsal Striatum in Adult Male and Female Rats

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Abstract.

Background: Acute (*ex vivo*) and chronic (*in vivo*) alcohol exposure induces neuroplastic changes in the dorsal striatum, a critical region implicated in instrumental learning.

Objective: Sex differences are evident in alcohol reward and reinforcement, with female rats consuming higher amount of alcohol in operant paradigms compared to male rats. However, sex differences in the neuroplastic changes produced by acute alcohol in the dorsal striatum have been unexplored.

Methods: Using electrophysiological recordings from dorsal striatal slices obtained from adult male and female rats, we investigated the effects of *ex vivo* ethanol exposure on synaptic transmission and synaptic plasticity. Ethanol (44 mM) enhanced basal synaptic transmission in both sexes. Ethanol also enhanced long-term potentiation in both sexes. Other measures of synaptic plasticity including paired-pulse ratio were unaltered by ethanol in both sexes.

Results: The results suggest that alterations in synaptic plasticity induced by acute ethanol, at a concentration associated with intoxication, could play an important role in alcohol-induced experience-dependent modification of corticostriatal circuits underlying the learning of goal-directed instrumental actions and formation of habits mediating alcohol seeking and taking. **Conclusions:** Taken together, understanding the mechanism(s) underlying alcohol induced changes in corticostriatal function may lead to the development of more effective therapeutic agents to reduce habitual drinking and seeking associated with alcohol use disorders.

Keywords: LTP, fEPSP, ethanol, dorsal striatum, sex differences, synaptic transmission

INTRODUCTION

Alcohol is the oldest sedative hypnotic widely and legally used and abused for its effects on memory [1–4]. Alcohol use disorder (AUD) is a chronic relapsing disorder characterized by compulsive alcohol-drinking and alcohol-seeking behaviors [5–7]. The precise molecular mechanisms by which alcohol produces its effects within the central nervous system are only now beginning to be understood [8]. Mechanistically, the effects of alcohol are diffuse, with influence on various ligand- and voltage-gated ion channels [9, 10]. Additionally, progressive neuroadaptations in striatal circuits have been reported with exposure to alcohol [8, 11], and such adaptations could be the neurobiological underpinning of moderate to severe AUDs.

The dorsal striatum is a brain region that controls movement, is implicated in mediating the formation of goal-directed responses and behavioral habits, and plays a role in the binge/intoxication phase of the addiction cycle [7, 12, 13]. Recent studies in male rats and mice have demonstrated that

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superfusion of ethanol (EtOH) onto acute slices or prior alcohol experience leads to disruption of synaptic plasticity in the dorsal striatum [14-17] and ventral striatum [18, 19]. Mechanistic studies have shown that acute EtOH-induced long-term depression (LTD) in the dorsal striatum is dependent on inactivation of N-methyl-D-aspartic acid receptors (NMDARs) type of glutamate receptors and activation of both dopamine D2 and cannabinoid CB1 receptors [14]. Other reports demonstrate that while acute EtOH induced an immediate depressive effect, washout after acute EtOH conditions induces longterm facilitation, particularly in the dorsal striatum; this effect requires activation of GluN2B-containing NMDARs [15]. More recent findings show that washout after acute EtOH and repeated systemic administration of EtOH followed by acute withdrawal facilitates long-term potentiation (LTP) in the dorsal striatum in a GluN2B-dependent manner [17]. Few studies have investigated whether protracted consumption of EtOH affects synaptic transmission in the dorsal striatum. Recent evidence also shows that repeated cycles of EtOH consumption alters neurotransmission in the dorsomedial striatum, evident as strengthening of glutamatergic transmission in direct pathway neurons [20]. More notable is that months of EtOH consumption also leads to reduced GABAergic neurotransmission in the dorsal striatum [21]. Furthermore, the increased synaptic transmission observed after months of EtOH consumption in the dorsomedial striatum is not restored by abstinence, indicating that these effects are long-lasting [22]. Taken together, these studies demonstrate that the effects of EtOH (acute and in vivo) and washout/withdrawal from EtOH on synaptic transmission and synaptic plasticity in male rodents in the dorsal striatum are multifaceted, and bidirectional in the case of the dorsomedial striatum [14, 17].

In this study we examined the effects of acute EtOH on long-term synaptic plasticity in the dorsomedial striatum of adult male and female rats. Female rats self-administer more EtOH, and this behavior is consistent with the previous literature in humans that demonstrate gender differences in alcohol drinking, pharmacokinetics, peak blood alcohol levels and alcohol elimination rate [23–25]. Based on these sex differences in alcohol drinking and seeking behaviors [11, 26, 27], we hypothesized that acute EtOH will produce varied effects on synaptic transmission and synaptic plasticity in the dorsal striatum in male and female rats.

MATERIAL AND METHODS

Animals

Experimental procedures were carried out in strict adherence to the National Institutes of Health Guide for the Care and Use of Laboratory Animals and approved by the Institutional Animal Care and Use Committee of VA San Diego Healthcare System. Twenty two adult Long-Evans male rats (weighing 300-350 g at the time of the experiment) and eight adult female rats (weighing 180 to 220 g at the time of the experiment; bred at the VA Vivarium), were housed two per cage in a temperature-controlled vivarium under a reverse light/dark cycle (lights off 9:00 am-9:00 pm) until study completion.

Slice preparation

Ten to twelve-week-old male and female rats were anesthetized with isoflurane and killed by rapid decapitation. Brains were quickly removed and placed in ice-cold artificial cerebrospinal fluid (ACSF) containing (in mM): NaCl 125, NaHCO3 26, KCl 4, NaHPO4 1.25, CaCl2 2, MgCl2 1 and glucose 10 bubbled with 95% oxygen and 5% CO2 [28]. Brains were trimmed on the dorsal side at an angle of approximately 140° from the horizontal plane and glued to a vibratome base (Leica VT1000S) on that side. This resulted in 440 µm thick slices that included cortico-striatal projections, as tested by afferent stimulation at cortico-striatal border, and recordings in the striatum [28]. Immediately after slicing, two slices (representing 1.6 to 1.0 mm from bregma) were transferred to the interface chamber and were incubated in oxygenated ACSF at room temperature for at least 2-2.5 hours before initiating recordings. Recordings were made in the dorsomedial striatum (Fig. 1a-b), in a submersiontype recording chamber superfused with oxygenated ACSF at a rate of 2-3 ml/min at room temperature and positioned on a platform of an upright motorized microscope (Olympus BX51 WI, Scientifica) equipped with a back Illuminated sCMOS camera (Prime 95B, Photometrics) and a broad-spectrum LED illuminator (pE-300, CoolLED).

Field potential recordings

To study basal synaptic transmission, paired-pulse ratio and synaptic plasticity under control and EtOH conditions, local field potentials were recorded in



Fig. 1. Basal synaptic transmission, short-term plasticity and synaptic plasticity in dorsomedial striatal slices from adult male rats with paradigm a. (a) Schematic of a coronal slice representing the area of the dorsomedial striatum in red rectangular box used for stimulation and recordings. (b) Infrared microphotograph of a 440 μ m thick corticostriatal slice from one adult male rat indicating the location of the stimulating electrode (SE) and recording electrode (RE). Scale bar in (b) is 100 μ m. Thick arrows point to the electrodes. CC: corpus callosum; DStr: dorsal striatum. (c) Input/output (I/O) curve obtained by plotting the slope of fEPSPs as a function of the stimulation intensity (from 100 to 800 μ A) in the dorsomedial striatum. Inset in (c) shows a representative fEPSP waveform illustrating the parameter computed in the study, including fEPSP slope (measured between the two red lines) from control (black trace) and EtOH (blue trace) treated slices. Gray arrow in the trace points to fiber volley and black arrow points to fEPSPs. (d) Paired-pulse ratio recorded from one interstimulus interval at 50 ms. Inset in (d) shows raw trace of paired-pulse with fEPSP slope measured between the two red lines form a control treated slice. Gray arrow in the trace points to fiber volley and black arrow points to fEPSPs. (e) x-y graph of time course of fEPSPs before and after HFS in all groups. Arrow in (e) at zero points to the time of HFS. Data are represented as mean \pm S.E.M. Number of slices: n = 8 control male, n = 8 EtOH male. % p < 0.05 main effect of EtOH, \$ p < 0.05 main effect of EtOH, \$ p < 0.05 main effect of time by two-way ANOVA. * p < 0.05 was controls by Fisher's LSD *post-hoc* tests.

acute brain slices from two (2) cohorts of rats. Cohort 1 (paradigm a) was made of male rats (n=8) while cohort 2 (paradigm b) contained both male (n=14) and female (n=8) rats.

Population spikes or field excitatory postsynaptic potentials (fEPSPs) were evoked by extracellular stimulation (0.03 Hz, 0.2 milliseconds) in the dorsomedial striatum using a single silver-coated tungsten wire stimulating electrode (50 μ m, A-M System; Fig. 1a-b). fEPSPs were recorded using ACSF-filled patch pipettes with tip resistances of 2–4 M Ω . Pipettes were pulled from borosilicate glass capillaries (PG150T-10, 1.5 OD \times 1.16 ID \times 100 L mm, Harvard Apparatus) using a micropipette puller (PC-10, Narishige). Two to three slices per rat were used for recordings. One or two slices were recorded under control conditions (ACSF) and the other slice was recorded after superfusion of 44 mM EtOH in ACSF [29]. Slices were continuously super-perfused with EtOH for at least 30 minutes before the start of each recording session and until the end of the experiment.

Basal synaptic transmission was analyzed by generating stimulus/response curves or input/output

(I/O) curves prior to each synaptic plasticity experiment. I/O curves were generated by plotting stimulus intensity (100-800 µA) versus slope of fEP-SPs (Fig. 1c; [30]). As indicated in Fig. 1c, fiber volley was evident in most of our recordings. However, since fiber volleys were not consistent in all of our recordings, we did not measure changes in fiber volley amplitude which represents action potential firing in pre-synaptic fibers. We only measured fEP-SPs which represents action potentials (population spikes) in the dendritic region. The slope of fEP-SPs were measured after the stimulus artifact and the fiber volley from the initial 2 to 5 milliseconds of the rising phase to about half-peak time of the synaptic response. We chose to assess slopes of the fEPSPs as this component of the fEPSP is considered to reflect monosynaptic activation of cortical afferents mainly of medium-sized spiny neurons, and hence is best suited to gauge monosynaptic plasticity [28, 31]. For the remainder of the experiment, the test stimulus intensity was set to elicit a fEPSP that is approximately 40-50% of the maximum response recorded during the I/O measurements. Paired-pulse ratios (P2/P1) were evaluated by evoking fEPSPs with half-maximal amplitude using paired-pulses of electrical stimulation with a constant test stimulus intensity and 50 millisecond inter-stimulus intervals (ISI) (Fig. 1d). fEPSPs at this constant test stimulus intensity were monitored for a period of 25 minutes to ensure a stable responses before induction of LTP.

For induction of synaptic plasticity or LTP in dorsal striatal synapses the following two high-frequency stimulation (HFS) paradigms were used: (paradigm a; cohort 1) three 3 sec, 100 Hz trains delivered 20 seconds apart; (paradigm b; cohort 2) four 1 sec, 100 Hz trains delivered 10 seconds apart [14, 32, 33]. For comparisons of treatment effects on fEPSP slope between slices, values for each recording were normalized to the average slope for the 10 min of baseline before HFS was initiated. Data was acquired, filtered (highpass, 0.1 Hz; lowpass 3 kHz) and amplified using a computer-controlled patch-clamp amplifier (MultiClamp 700B, Molecular Devices) and digitized using an analog to digital converter (Digidata 1550A1, Molecular Devices). Analysis of sEPSP slope was performed using pClamp10.4 software (Molecular Devices).

Statistical analyses

Effects of EtOH and sex on fEPSP slope were analyzed using a two- or three-way ANOVA using SPSS version 19 (IBM, Armonk, NY). Effects of EtOH and sex on paired-pulse ratio was analyzed using Students *t* test or two-way ANOVA using GraphPad Prism version 7. *Post hoc* analyses were conducted when a significant interaction was detected. Significance was set at p < 0.05.

RESULTS

Cohort 1 studies

Acute application of EtOH enhances basal synaptic transmission in slices

Basal synaptic transmission, measured as the I/O relationship, was significantly different in EtOH-treated male rat striatal slices (cohort 1) from those recorded in slices under control conditions. Repeated measures two-way ANOVA with superfusion of EtOH and stimulus intensity as independent variables and fEPSP slope as dependent variable did not detect a significant stimulus intensity × EtOH interaction (F (7, 98) = 1.021, p = 0.4). There was however, a main effect of EtOH (F (1, 14) = 4.575, p = 0.05) and stimulus intensity (F (7, 98) = 7.712, p < 0.001; Fig. 1c).

Short-term plasticity is not differentially expressed under control and EtOH conditions

Short-term plasticity was assessed by measuring paired-pulse ratios. Short-term changes, either facilitation or depression of synaptic strength, can be obtained by delivering paired stimuli at various inter-stimulus intervals. In the dorsal striatum, it is described that paired-pulse stimulations lead to shortterm depression of fEPSPs [34, 35]. Paired-pulse ratio was calculated as the ratio of the second fEPSP slope relative to that of the first fEPSP slope after an interstimulus interval of 50 milliseconds. Unpaired *t* test did not detect a significant difference in paired-pulse ratio (p > 0.05; Fig. 1d), indicating that EtOH did not alter short-term plasticity.

EtOH does not alter synaptic plasticity in the dorsomedial striatum under paradigm a

Under both control and EtOH conditions, evoked fEPSPs showed significant LTP post HFS under paradigm a (control: $129 \pm 10\%$; EtOH: $126 \pm 9\%$ of baseline). Two-way ANOVA with superfusion of EtOH and time after HFS as independent variables and fEPSP slope as dependent variable did not

detect a significant EtOH x time interaction (F (100, 1300) = 1.2, p = 0.06) or a main effect of EtOH (F (1, 13) = 0.05, p = 0.8). There was, however, a main effect of time (F (100, 1300) = 3.501, p < 0.001; Fig. 1e). Thus, 44 mM EtOH did not alter synaptic plasticity under paradigm a.

Cohort 2 studies

Basal synaptic transmission is enhanced in slices by acute application of EtOH in both sexes

First, basal synaptic transmission was evaluated in male and female rats under control and EtOH conditions. Superfusion of 44 mM EtOH significantly enhanced basal transmission in both sexes. Threeway ANOVA with sex as between subject factors, and superfusion of EtOH and stimulus intensity as within subject factors and as independent variables and fEPSP slope as dependent variable detected a sex \times EtOH \times stimulus intensity interaction (F (1, (280) = 10.8, p = 0.004), however, did not detect a significant sex \times EtOH interaction (F (1, 280) = 0.5, p = 0.4), EtOH × stimulus intensity interaction (F (7, (280) = 0.1, p = 0.9) or sex × stimulus intensity interaction (F (1, 280) = 0.001, p = 0.9). A main effect of EtOH (F (1, 280) = 9.6, p = 0.006) and stimulus intensity (F (1, 280) = 33.8, p < 0.001) were detected without a main effect of sex (F (1, 280) = 0.2, p = 0.6; Fig. 2a).

Paired-pulse ratio is not differentially expressed in males versus female rats and is not altered by EtOH in both sexes

Short-term plasticity was assessed by measuring paired-pulse ratio. Two-way ANOVA did not detect a significant interaction (F (1, 36) = 1.6, p = 0.20) or main effect of sex (F (1, 36) = 0.35, p = 0.5) or superfusion of EtOH (F (1, 36) = 0.06, p = 0.8; Fig. 2b-c), indicating that EtOH did not alter short-term plasticity in either of the sexes.

EtOH enhances LTP in the dorsomedial striatum in both sexes under paradigm b

EtOH enhanced striatal synaptic plasticity in both sexes (Fig. 3a–c). Control slices showed significant LTP post HFS (males: $114 \pm 6\%$; females: $112 \pm 9\%$ of baseline). Three-way ANOVA with sex, superfusion of EtOH and time after HFS as independent variables and fEPSP slope as dependent variable did not detect a significant sex × EtOH × time interaction (F (100, 4141)=0.19, *p*=1.0), EtOH × time interaction (F (100, 4141)=1.1, *p*=0.14) or sex × time interaction (F (100, 4141)=0.8, *p*=0.8). However, there was a significant sex × EtOH interaction (F (1, 4141)=20.2, *p*<0.001). In addition, there was a main effect of EtOH (F (1, 4141)=368.1, *p*<0.0001), sex (F (1, 4141)=9.0, *p*=0.003) and time (F (100,



Fig. 2. Basal synaptic transmission and short-term plasticity in dorsomedial striatal slices from adult male and female rats. (a) Input/output (I/O) curve obtained by plotting the slope of fEPSPs as a function of the stimulation intensity (from 100 to 800 μ A) in the dorsomedial striatum. (b) Representative raw trace of paired-pulse from one control male (black, top trace) and one control female (gray, bottom trace) rat. Gray arrow in the top trace points to fiber volley and black arrow in the top trace points to fEPSPs. fEPSP slope was measured between the two red lines. (c) Paired-pulse ratio recorded from one interstimulus interval at 50 ms. Data are represented as mean \pm S.E.M. Number of slices: n = 14 control male, n = 13 EtOH male, n = 9 control female, n = 8 EtOH female. #p < 0.05 significant interaction, % p < 0.05 main effect of stimulus intensity by three-way ANOVA. *p < 0.05 vs. control group within each sex by Fisher's LSD *post-hoc* tests.

4141)=2.6, p < 0.001). Post hoc analyses did not detect differences between individual time points between males and females or vehicle and EtOH treatments.

We also measured the degree of LTP for each experimental group, visualized as the average fEPSP slope of the 40 minutes of post-HFS recording period (Fig. 3d). Two-way ANOVA did not detect a sex × EtOH interaction F (1, 36)=0.16, p=0.6, or main effect of sex F (1, 36)=0.2, p=0.5. However, a main effect of EtOH was evident F (1, 36)=5.0, p=0.03. Thus, these findings demonstrate that 44 mM EtOH increased synaptic plasticity in both sexes.

DISCUSSION

One way to better understand EtOH's effect on learning and memory is to study its acute and chronic effects on synaptic plasticity in the dorsomedial striatum, as this region plays critical roles in instrumental learning [36]. Notably, the dorsal striatum is also involved in the initial binge/intoxication stage of the alcohol addiction cycle [7, 37], as the loss of goal-directed control over alcohol seeking and consumption becomes evident in individuals suffering from moderate to severe AUD. A number of studies have demonstrated that EtOH alters synaptic transmission and plasticity in the dorsal striatum, and



Fig. 3. *Ex vivo* ethanol exposure facilitates the induction of LTP in dorsomedial striatal synapses in adult male and female rats. (**a-b**) Representative fEPSP waveforms from males (a) and females (b) from various time points post HFS from the same recordings. Gray arrow in the first trace from males points to fiber volley and black arrow points to fEPSPs. Traces were obtained after HFS at 10, 20 and 40 minutes (indicated as open arrows in (c)) timeframe from all groups. Control males, black; EtOH males, blue; control females, gray; EtOH females, pink. Note that the slope of the fEPSPs (the second downward waveform) increases after HFS in EtOH-treated slices versus vehicle control condition in male and female rats. (**c**) x-y graph of time course of fEPSPs before and after HFS in all groups. Arrow in (c) at zero points to the time of HFS. (**d**) Average fEPSP slope of each experimental group post HFS (0 to 40 minutes). Data are represented as mean \pm S.E.M. Number of slices: n = 11 control male, n = 13 EtOH male, n = 8 control female, n = 8 EtOH female. [#]p < 0.05 main effect of EtOH, +p < 0.05 main effect of sex, $^{^{h}}p < 0.05$ main effect of time by three-way or two-way ANOVA.

other brain regions involved in the addiction cycle [14, 15, 38–41]. However, very few have explored and compared the effects of EtOH on synaptic plasticity in the dorsal striatum in adult male and female rats.

With regard to sex differences, in the chronic intermittent ethanol vapor inhalation model of alcohol dependence, female rats show greater blood alcohol levels compared with males when maintained at similar drip-rate/body weight ratio in the vapor chambers [42]. This is consistent with previous literature in humans and rodents that demonstrate sex differences in pharmacokinetics, peak blood alcohol levels and alcohol elimination rate [23–25, 27, 43]. While these studies are notable, it is unclear still whether the acute effects of EtOH on LTP induction in male rats can be generalized to female rats [14, 17]. We therefore investigated the effects of superfusion of EtOH on basal synaptic transmission and synaptic plasticity (HFS induced LTP) in the dorsomedial striatum in adult male and female rats.

We first tested whether LTP can be induced in adult male rats in the dorsal medial striatum, as most of the previous work has been performed in preadolescent to young adult rats [14, 17, 44, 45]. We used two paradigms that have been shown to induce LTP in the striatum [28, 33, 44, 45]. We demonstrate LTP induction in the dorsomedial striatum using both paradigms in adult male rats. However, we only observed a significant effect of EtOH on LTP induction with paradigm b in adult male rats, and therefore investigated whether paradigm b would produce similar effects in adult female rats. The distinct effect of EtOH on the two LTP induction protocols could be associated with the differential cellular mechanisms underlying LTP induction with each protocol [33, 34, 46-51]. For example, LTP induction by paradigm a is dependent on elevation of intracellular calcium mediated by L-type high-voltage activated calcium channels, and the magnitude of LTP is attributable to the potentiation of the GABAA receptors and not NMDARs. However, LTP induction by paradigm b is dependent on elevation of intracellular calcium mediated by NMDARs, and the magnitude of LTP is attributable to the potentiation of NMDARs and dopamine D1 receptors. Therefore it is tempting to speculate that EtOH-induced enhancement of LTP with paradigm b could be via NMDA or D1 receptor mechanisms.

Sex differences have been detected in dopaminergic and glutamatergic synaptic transmission in the dorsal and ventral striatum with female rats having greater neurotransmission compared to males [52–55]. These neuromodulatory events could underlie sex-dependent differences in basal synaptic transmission observed in the striatum in adult rats, where striatal medium-sized spiny neurons (MSNs) in female rats show higher neuronal excitability [56]. The observed sex differences in neurotransmission in adult rats have been extended in the human striatum, where postmortem tissue analysis indicated higher dendritic spine density of MSNs (a neuroanatomical correlate of excitatory synapse number) in female subjects compared with males [57].

We first compared basal synaptic transmission in adult male and female rats, and report that basal synaptic transmission, measured as I/O curves, does not differ between males and females. Notably, basal synaptic transmission was enhanced by superfusion of 44 mM EtOH in both sexes, indicating that acute EtOH enhances basal excitatory drive in the dorsomedial synapses in both adult male and female rats. This result, however, cannot be generalized to all regions of the brain, as acute effects of EtOH on synaptic transmission in the central nucleus of the amygdala are sex specific [58]. Next, we examined short-term plasticity by studying paired-pulse ratio in dorsomedial striatal synapses. A change in paired-pulse ratio supports either facilitation or depression of synaptic strength, and it is thought to reflect activity-dependent changes of transmitter release from presynaptic terminals [59]. Paired-pulse facilitation (PPF, where paired-pulse ratio is >1), is inversely related to transmitter release such that enhanced probability of transmitter release is associated with a reduction of PPF, whereas decreased probability of transmitter release is associated with an increase in PPF [59]. We report that paired-pulse ratio did not differ in the dorsomedial striatal synapses in both male and female rats, and was not altered by acute EtOH in either sex, supporting previous reports in preadolescent male rats [15, 17]. Therefore, our results highlight the fact that acute EtOH spares presynaptic sites in the dorsomedial striatal synapses, and suggests that EtOH-mediated enhancement of basal synaptic transmission probably occurs through postsynaptic events. This finding, however, is distinct from EtOH-induced effects on pairedpulse ratio in the hippocampus. For example, acute EtOH decreases presynaptic glutamate release in hippocampal CA1 synapses; visualized as increased paired-pulse facilitation. This effect on glutamate release is mediated via presynaptic calcium channels [60, 61]. Thus, the overall effect of EtOH on shortterm plasticity seems to vary considerably from one brain region to another. Future mechanistic studies are warranted to determine the brain region specific differences in EtOH modulation of short-term plasticity.

Finally, we examined sex differences in the synaptic plasticity induced by HFS in the dorsomedial striatal synapses and EtOH's effect on this phenomena. Our results demonstrate an overall effect of sex on LTP in the dorsal striatum, however, further analysis did not detect sex specific effects on the magnitude of LTP under vehicle and EtOH conditions. Therefore, our results demonstrate that the magnitude of HFS-induced LTP in the dorsal striatum is not sex specific and that EtOH enhanced HFS-induced LTP in both sexes. Previous work in preadolescent rats have demonstrated that EtOH reduces HFS-induced LTP in the dorsomedial striatum when EtOH was continuously superfused prior to, during and after HFS [14]. In same-age male rats, EtOH washout enhances HFSinduced LTP in the dorsomedial striatum when EtOH superfusion is discontinued prior to HFS [17]. Our results add to these findings and show that EtOH's effect on HFS-induced LTP in the dorsomedial striatum of adult male rats is distinct from its effects in the preadolescent brain. Comparing the results from our findings and those from others, we believe that EtOH can modulate synaptic plasticity bidirectionally in the preadolescent versus adult brain. We also report that the enhanced synaptic plasticity by EtOH in the dorsomedial striatum is observed in adult female rats. The finding that the acute effect of EtOH on enhanced synaptic plasticity in the dorsomedial striatum is not sex specific, suggests that this process does not underlie the difference in baseline EtOH consumption between adult male and female rats. However, elucidating EtOH-induced changes in dorsostriatal synaptic plasticity in adult male and female rats following chronic drinking will be an important future pursuit.

Recent mechanistic studies have convincingly shown that excitatory NMDARs in the brain are important sites for EtOH's actions [62–64]. Concurrently, NMDARs play an important role in learning and memory, and provide a unique role in maintaining and regulating synaptic plasticity [65–67]. Therefore, it appears that EtOH's actions via the NMDARs could be facilitating the EtOH-induced deficits in synaptic plasticity and learning and memory functions [8, 64, 68, 69]. Based on the available literature, we can speculate that post-synaptic mechanisms contributed to EtOH-induced increases in LTP in the dorsomedial striatum, including activation of GluN2B containing NMDA receptors and insertion of AMPA receptors into post-synaptic sites [15, 17, 18]. Future mechanistic studies are needed to determine the cellular mechanism(s) underlying the enhanced plasticity by acute EtOH in adult animals, and whether the alterations in plasticity by acute EtOH persist in animals that have chronically experienced EtOH *in vivo* in both sexes.

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