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# The current role of secondary cytoreductive surgery for recurrent ovarian cancer

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Ovarian cancer represents worldwide the second most frequent and the most fatal gynecological malignancy, with approximately two thirds of the patients presenting with advanced disease. Cytoreductive surgery, primary or after neoadjuvant chemotherapy, in combination with platinum-based chemotherapy is the standard of care for these patients. Despite the improvement in quality of cytoreductive surgery as well as development of novel drugs and chemotherapy regimens, still most women with ovarian cancer will ultimately develop recurrent disease and die of their disease. In contrast to the management of primary disease, the standard treatment of patients with recurrent ovarian cancer remains a topic of debate. While platinum-based or second line systemic chemotherapy, depending on the time after last platinum treatment, is standard of care, the role of secondary cytoreductive surgery has been a controversial issue for the last decades. Potential outcome benefit must be also weighed against the risk of severe surgical morbidity, impairment of quality of life and costs. In platinum-resistant recurrent disease, i.e., relapse after less than 6 months from the last platinumbased chemotherapy for primary disease, secondary cytoreduction seems generally not to be indicated due to its aggressive biological behavior and the absence of effective systemic treatment. In this comprehensive review, the current role of cytoreductive surgery in platinum-sensitive recurrent ovarian cancer is discussed thoroughly in view of the results of most recent randomized trials and a meta-analysis. There seems to be definitely a role for secondary cytoreductive surgery in selected patients with ovarian cancer recurrence in whom complete resection of macroscopic disease is feasible. However, its role should be continuously reviewed due to the changing systemic treatment of patients with ovarian cancer recurrence over time.

#### KEYWORDS

ovarian cancer recurrence, secondary cytoreductive surgery, patient selection, platinum-sensitive, predictive tools

#### Introduction

In recent global cancer statistics, ovarian cancer represents the third most frequent gynecological malignancy and the second cause of death from gynecological cancer (1). It has been estimated that in 2022 almost 20.000 women will be newly diagnosed with ovarian cancer and almost 13.000 will die from this disease in the U.S.A (2). The vast majority of ovarian cancer patients have already advanced disease with peritoneal metastases at diagnosis (2). The treatment of choice for primary advanced ovarian cancer has been the combination of primary (or interval) cytoreductive surgery (CRS), aiming for complete resection of all visible disease, and systemic chemotherapy (3, 4). Whereas the standard chemotherapy has been the combination of carboplatin and paclitaxel (3, 4), more recent studies have demonstrated an increase of progression-free survival by additional systemic treatment with bevacizumab or a PARP inhibitor (5-11). In meta-analyses (12, 13), primary complete CRS, without macroscopic residual disease, has been associated with a significant survival benefit. Outcome after incomplete primary CRS was substantially inferior. The theoretical benefit from CRS relates to removing large tumor volumes that have a decreased growth fraction and poor blood supply, thereby improving the efficacy of chemotherapeutic agents. Additionally, CRS is believed to remove chemoresistant clones of cancer cells by eradicating as much as possible tumor masses and to enhance host immunological response. Complete CRS may circumvent acquired drug resistance after adjuvant chemotherapy (14, 15). Despite the improvement of the quality of primary CRS and the development of new systemic treatment regimens, resulting in a high percentage of clinical remission after completion of initial treatment, approximately 80% of the women with advanced epithelial ovarian cancer will ultimately develop recurrence (1, 16, 17). Only 15% of patients with early ovarian cancer experience recurrent disease (18). The standard of care in recurrent ovarian cancer has mainly consisted of systemic treatment, with eventually palliative surgery for complications as bowel obstruction, whereas the role of CRS in this setting has not been well defined yet. In this comprehensive review the current role of secondary CRS in patients with recurrent ovarian cancer will be discussed, especially in view of data of recent randomized controlled studies.

## Secondary cytoreductive surgery

In view of the widespread adoption of primary CRS, it is not unexpected that secondary CRS is strongly considered for patients with recurrent ovarian cancer. This is particular the case for patients with potentially platinum-sensitive disease (i.e., those with recurrence at least 6 months after the last platinum

containing therapy) and patients with relatively limited-volume recurrent disease. Platinum-resistant disease represents aggressive biological behavior and in absence of effective systemic treatment secondary CRS is generally considered not to be beneficial. In the past, several retrospective studies and meta-analyses have demonstrated a benefit from secondary CRS, most obviously for patients with platinum-sensitive recurrence and when macroscopic residual disease is very small (optimal CRS) or absent (complete CRS) (17, 19-22). Among all studies, the definition of optimal CRS varies widely from residual disease smaller than 0.25 cm to residual tumor up to 2.5 cm. In an earlier meta-analysis (19), the weighed mean proportion of patients undergoing complete and optimal secondary CRS was 52.2% and 70.3%. In multivariate analysis, the only statistically significant clinical variable independently associated with postrecurrence survival time was the proportion of patients undergoing complete secondary CRS (p=0.019) (19). After controlling for confounding variables, each 10% increase in the proportion of patients undergoing complete CRS was associated with a 3.0 month increase in median cohort overall survival time. The impact of optimal CRS on survival was less obvious. Moreover, in another previous systematic review and meta-analysis (23), overall survival was higher after complete than after optimal CRS, whereas larger residual disease was associated with poorer outcome. The difference in impact on survival between complete and optimal secondary CRS may be caused by the fact that residual disease drives an early development of drug resistance or that recurrent disease that cannot be complete resected, even by an expert team, represent an aggressive tumor biology that can cannot be altered by surgery.

In selected patients, laparoscopic CRS appears to be a feasible and safe approach to complete removal of recurrent ovarian cancer (24). In the case of isolated lymph node recurrence, salvage lymphadenectomy as secondary CRS seems beneficial with a median progression-free survival of 27 months, especially when the platinum-free is longer and the number of involved lymph nodes low, but independently of BRCA mutational status (25). In selected patients, salvage lymphadenectomy may be also performed in a minimal invasive manner (26, 27). Even when recurrent disease involves major vascular structures, vascular procedures can be safely performed with a proper pre-operative planning and may not be an impediment to major gynecological oncological surgery (28).

# **Randomized trials**

Despite the encouraging results of retrospective studies and meta-analyses, a patient selection bias might have been considerable in these studies and consequently randomized studies are warranted. Moreover, in the era of bevacizumab and PARP inhibitors, which addition to systemic chemotherapy appear to improve progression-free survival significantly among patients responding to salvage treatment for platinum-sensitive relapse (29), the role of secondary CRS may have to be redefined. Recently, five randomized trials were initiated to assess the role of secondary CRS in recurrent ovarian cancer. Unfortunately, two of them, the Dutch SOCCER trial and the EORTC 55963 trial, were prematurely closed due to low recruitment. The most recently published results of the remaining three randomized trials will be discussed below (Table 1).

#### The GOG-0213 trial

The Gynecological Oncology Group (GOG) performed the multinational multicenter GOG-0213 trial to assess the role of bevacizumab in recurrent ovarian cancer and whether secondary CRS would increase overall survival among ovarian cancer patients with platinum-sensitive relapse and who were potential surgical candidates (30). Patients with platinumsensitive recurrent epithelial ovarian cancer considered to be amenable to complete CRS by the surgeon were enrolled in the study. The patients should have had a complete clinical response after the initial treatment and recurrent disease should have been diagnosed at least 6 months after the last chemotherapy. Patients who were not medical fit for major surgery and those with diffuse carcinomatosis, ascites or extra-abdominal disease were excluded. No other specific selection criteria were used. In a 10year period, 485 patients were randomly assigned to secondary CRS followed by systemic treatment (240 patients) or systemic treatment only (245 patients). Systemic treatment consisted of paclitaxel-carboplatin or gemcitabine-carboplatin. As part of the chemotherapy component of the randomized trial all patients were randomized to the addition of bevacizumab or not to the chemotherapy regimen.

Two hundred twenty five of the 240 patients assigned to surgery actually underwent CRS. In 67% of the cases complete

CRS was achieved. The median estimated blood loss was 200 ml and blood transfusion only necessary in 8% of the patients. Bowel resection was performed in 28%, a stoma was created in 2% and the procedure was aborted in 4% of the cases. The 30-day surgery related morbidity was only 9% and the 30-day mortality only 0.4%, whereas no patient underwent repeat laparotomy for complications. Patients in the CRS group experienced a significant decrease in quality of life immediately after surgery. However, after recovery from surgery, there was no difference in quality of life between both groups at time points up to 12 months.

After a median follow-up period of 48.1 months, no significant differences in outcome between both groups were observed. The median overall survival, counted from the time of randomization, was 50.6 months and 64.7 months for the CRS group and no surgery group, respectively (adjusted hazard ratio [HR] 1.29, 95% confidence interval [CI] 0.97-1.72, p=0.08), whereas the progression-free survival was 18.9 months and 16.2 months, respectively (HR 0.82, 95% CI 0.66-1.01). The 3year overall survival rates were 67% and 74% and the 3-year progression-free survival rates 29% and 20%, respectively. In subgroup analysis, no patient and treatment variables could be identified that were associated with improved overall survival following secondary CRS. In the small group of patients (n=77, 15,9% of the patients) that did not receive bevacizumab after randomization, patients who underwent secondary CRS (n=38, 15.8% of the patients) experienced worse overall survival than those treated by chemotherapy only (n=39, 15,9% of the patients. In the CRS group, complete CRS, when compared with incomplete CRS, was associated with longer overall (HR 0.61, 95% CI 0.40-0.93, median 56.0 vs. 37.8 months) and progression-free survival (HR 0.51, 95% CI 0.36-0.71, median 22.4 vs. 13.1 months). Although patients with complete CRS did not experience an improved overall survival when compared with those who did not undergo surgery (HR 1.03, 95% CI 0.74-1.46, median 56.0 vs. 64.7 months), a benefit regarding progression-free survival was observed after complete CRS (HR 0.62, 95% CI 0.48-0.80, median 22.4 vs. 16.2 months).

Study	Year	Sec. CRS	Ν	Selection criteria	Complete CRS	PFS* (months)	HR, p-value	OS* (months)	HR, p-value	Survival for completevs. incomplete CRS*
GOG-0213 (30)	2019	Yes	240	Clinical opinion	67%	18.9	HR=0.82	50.6	HR=1.29	PFS 22 vs. 13 months, HR=0.51
		No	245			16.2	NS	64.7	p=0.08	OS 56 vs. 38 months, HR=0.61
SOC-1 (31)	2021	Yes	182	Tian/iMODEL	77%	17.4	HR=0.58	58.1**	HR=0.82	PFS 19 vs. 13 months
		No	175	score		11.9	p<0.001	53.9	NS	OS >72 (NR) vs. 35 months
DESKTOP III (32)	2021	Yes	206	AGO score	75.5%	18.4	HR=0.66	53.7	HR=0.75	PFS 21 vs. 12 months
		No	201			14.0	p<0.001	46.0	p=0.02	OS 62 vs. 28 months

TABLE 1 Results of randomized controlled trials on secondary cytoreductive surgery for recurrent ovarian cancer.

Sec, secondary; CRS, cytoreductive surgery; N, number of patients; PFS, progression-free survival. OS, overall survival, \* median values, \*\* interim analysis, NR, not reached; HR, hazard ratio.

#### The SOC-1 trial

The Chinese multicenter SOC-1 trial (31) investigated the same hypothesis, i.e. whether secondary CRS is of benefit in platinum-sensitive ovarian cancer recurrence that is potentially completely resectable. Completeness of resectability was predicted by the Tian score, or otherwise called iMODEL score, and PET-CT imaging. The Tian score uses six variables, including FIGO stage, residual disease after primary surgery, platinum-free interval, ECOG performance status, serum level of CA-125 and presence of ascites at recurrence (Table 2). A value of  $\leq$  4.7 is considered to predict a potentially complete CRS (33). Patients with a higher score and a CA-125 >105 U/mL could be included when the principal investigator deemed the disease completely resectable at PET-CT. In a 7-year period, 357 patients were randomized to secondary CRS and systemic chemotherapy (182 patients) or systemic chemotherapy only (175 patients). The chemotherapy regimen consisted of paclitaxel or docetaxel combined carboplatin. Maintenance treatment with bevacizumab or PARP inhibitors was allowed. Patients were excluded when complete CRS was deemed impossible according to the Tian score and PET-CT, in case of re-recurrence, when the patient had received more than first-line chemotherapy only and when comorbidity did not allow major surgery or chemotherapy. Patients were stratified according to participation center, Tian score, completeness of primary CRS and enrollment in the SUNNY study (primary versus interval CRS for primary disease).

In 77% of the patients, secondary CRS was considered complete, with no gross residual disease. Five percent of the patients who underwent secondary CRS experienced grade 3-4 30-day surgical morbidity, while no patient had died at 60 days in either group. After a median follow-up of 36.0 months, median progression-free survival, counted from the day of randomization, was 17.4 months in the secondary CRS group and 11.9 months in the chemotherapy only group (HR 0.58, 95% CI 0.45-0.74, p<0.0001). In subgroup analysis, the statistically significant progression-free survival benefit of secondary CRS remained in almost all subgroups and in none of the subgroups the outcome was worse after secondary CRS. Whereas complete

CRS was associated with better progression-free survival than chemotherapy only (HR 0.50, 95% CI 0.37-0.66), incomplete CRS and chemotherapy only displayed similar progression-free survival curves (HR 0.91, 95% CI 0.61-1.36). While the investigators planned to assess definite overall survival outcome after further maturation of data, a prespecified interim overall survival analysis showed no statistically significant difference between both groups, with a median overall survival of 58.1 and 53.9 months, respectively (HR 0.82, 95% CI 0.57-1.19). However, patients with complete CRS experienced a better overall survival (HR 0.59, 95% CI 0.38-0.91) and patients with incomplete CRS a worse overall survival than patients who received chemotherapy only (HR 1.79, 95% CI 1.07-2.99). Time intervals to first and second subsequent systemic treatment, key endpoints between progression-free and overall survival, were also longer in the secondary CRS and chemotherapy group when compared with the chemotherapy only group. From the 130 patients in the chemotherapy only group who had a subsequent relapse, 48 (37%) underwent surgery. Assessment of quality of life did not show differences among both groups of patients.

#### The DESKTOP III trial

In the third international multicenter randomized study, the DESKOP III trial (32), 407 ovarian cancer patients with a first platinum-sensitive relapse (i.e., with an interval of at least 6 months without platinum-based chemotherapy) and a positive AGO score, to assure a high likelihood of complete secondary CRS, were allocated to undergo secondary CRS and subsequently to receive platinum-based chemotherapy (206 patients) or to receive platinum-based chemotherapy alone (201 patients). A patient with a positive AGO score should have platinum-sensitive relapse, an ECOG performance status of 0, ascites of less than 500 ml and complete primary CRS at initial treatment (34) (Table 3).

Complete secondary CRS was achieved in 76% of the patients who underwent surgery. The median operation time was 222 minutes, raging from 150 to 300 minutes. Bowel

Impact factors						
-	0	0.8	1.5	1.8	2.4	3.0
FIGO stage	I/II	III/IV				
Residual disease after primary CRS	0		>0			
Progression-free interval (months)	≥16				<16	
ECOG performance status	0-1				2-3	
Ca-125 level at recurrence (U/mL)	≤105			>105		
Ascites at recurrence	absent					present

TABLE 2 Tian or iMODEL score system. Score <4.7 represents low-risk and score > 4.7 high-risk for not achieving complete secondary CRS (33).

FIGO, Fédération Internationale de Gynécologie et d'Obstétrique; CRS, cytoreductive surgery; ECOG, Eastern Cooperative Oncology Group.

resection was performed in 36%, a stoma was created in 8% and partial hepatectomy was performed in 5% of the patients. The median estimated blood loss was 250 ml and blood transfusion only necessary in 17% of the patients. No perioperative death was recorded. Reoperation for complications had to be performed in 3.7% of the patients. The majority of patients in both groups received at least five cycles of platinum-based chemotherapy postoperatively. In each group, 47 patients received bevacizumab as part of the systemic treatment.

After a median follow-up of 69.8 months, overall survival was significantly higher in the group of patients who underwent secondary CRS, with a median overall survival of 53.7 months versus 46.0 months (HR 0.75, 95% CI 0.59-0.96, p=0.02). Median progression-free survival was also superior after secondary CRS (HR 0.66, 95% CI 0.54-0.82, 18.4 vs. 14.0 months). Subgroup analysis, considering age, initial disease stage, histological subtype, the administration of maintenance therapy and duration of platinum-free interval, did not identify patients who did not benefit from secondary CRS. Complete CRS when compared with incomplete CRS was associated with a highly increased median overall survival (61.9 months, 95% CI 55.3-78.9 vs. 27.7 months, 95% CI 23.5-38.7). Notably, the median overall survival in non-operated patients was significantly higher (46.0 months, 95% CI 39.5-52.6) than the patients with incompletely resected recurrent disease. The median progression-free survival was almost two times higher after complete versus after incomplete CRS, with non-operated patients exhibiting a slightly higher progression-free survival than the patients in whom complete CRS could not be achieved. Regarding quality-of-life analysis, there were no substantial differences at 6 and 12 months after randomization. In the group of patients who underwent secondary CRS, the insomnia and constipation score were slightly higher at 6 months, but similar at 12 months. This might be attributed to the fact that at 6 months more patients in the CRS group were still receiving chemotherapy (38% vs. 11%).

#### Comparison of randomized studies

In two of the three randomized trials (31, 32), the addition of secondary CRS to systemic chemotherapy appeared to be beneficial in patients with platinum-sensitive recurrence of ovarian cancer. In all three studies (30–32), secondary CRS

TABLE 3 AGO score.

Predictive parameters for complete secondary cytoreductive surgery Platinum-sensitive recurrent ovarian cancer (interval of ≥6 months without platinum-based chemotherapy ECOG performance status of 0 No residual disease after primary surgery (or, alternatively if information not available, FIGO I/II) Ascites of less than 500 ml at preoperative imaging

FIGO, Fédération Internationale de Gynécologie et d'Obstétrique; ECOG, Eastern Cooperative Oncology Group. The AGO score is positive when all parameters are encountered (22, 34).

was associated with acceptable surgical morbidity and did not appear to have a negative impact on quality of life. The median follow-up period was much longer in the DESKTOP III trial (69.8 months) than the GOG-0213 trial (48.1 months) and SOC-1 trial (36.0 months), making its results possibly more consistent. Progression-free survival was significantly improved by secondary CRS in the SOC-1 and DESKTOP III trials (31, 32), while in the GOG-0213 trial (30) no significant impact, neither negative nor positive, was observed after secondary CRS. Overall survival was significantly improved in the DESKTOP III (32), while in the SOC-1 trial (31) secondary CRS had no effect on overall survival, but the data were considered still immature for definite overall survival analysis and the high cross-over rate from the no surgery group to surgery at subsequent relapses might extend the median overall survival in the no surgery group and consequently result in limited statistical power to demonstrate potentially a reduced overall survival for the non-surgery group. In the GOG-0213 trial (30), no overall survival benefit was observed for secondary CRS. The discrepancy between GOG-0213 study (30) and the DESKTOP III trial (32) regarding the 3-year overall survival, with the GOG-0213 study exhibiting a lower rate in the complete secondary CRS group (76% vs. 84%) and at the same time a much higher in the no CRS arm (75% vs. 62%), suggests that there were some fundamental differences in the patient and treatment profile across the studies.

The lack of improvement of overall and progression-free survival in the GOG-0213 trial (30) may call into question the merit of secondary CRS in patients with platinum-sensitive ovarian cancer recurrence that appears preoperatively to be completely resectable. However, as discussed by the investigators, various factors may have diluted and masked an incremental benefit from secondary CRS. Firstly, the patients enrolled had considerably limited tumor load, with more than half of the patients having only one or two sites involved. In the GOG-0213 study (30) only 5% of the patients had peritoneal carcinomatosis, whereas in the SOC-1 (31) and the DESKTOP III trials (32) two third of the patients presented with multifocal disease relapse, including peritoneal carcinomatosis. The overall survival after secondary CRS is considerable higher when a single site is involved when compared with the case of multiple lesions or carcinomatosis. In a series of the Memorial Sloan Kettering Cancer Centre (22), secondary CRS for a singlesite lesion multiple lesions and carcinomatosis (≥20 nodules)

resulted in a median overall survival of 60, 42 and 28 months, respectively. Secondly, the patients in the GOG-0213 study had substantially platinum-sensitive disease, with a median platinum-free interval of 20.4 months, which is expected to make systemic treatment more effective. Thirdly, in the GOG-0213 trial (30) 84% of the patients received also bevacizumab, whereas in the SOC-1 (31) and the DESKTOP III trials (32) only in 1% and 23% of the patients this biological agent was administered. The highly effective systemic treatment regimen leading to a median overall survival of the entire study population being almost three times longer than expected, may definitely have diluted an independent effect of secondary CRS. Among the small group of patients who did not initially receive bevacizumab, secondary CRS was associated with worse overall survival. However, it is unknown who of the patients received the effective bevacizumab at a later point of treatment, resulting potentially in a treatment imbalance that could affect overall survival outcome. Whereas after secondary CRS the progression-free survival was slightly, non-significantly, better in the entire group and even statistically significantly better in the large subgroup of patients treated by paclitaxel-carboplatin and bevacizumab, overall survival was not improved by secondary CRS. Extended post-progression survival by improved clinical care and highly effective consecutive treatment regimens may have diluted the effect of secondary CRS measured according to progression-free survival by reducing statistical power to assess overall survival and enabling a higher probability of intervening treatment (35, 36). The differences in disease burden, use of biological agents and maintenance regimens across the three studies make a direct comparison very challenging.

Differences in outcome between the trials may also be attributed to the lack of standardization of surgical technique and surgical quality assurance among the participating centers as well as the difference in patient selection, causing heterogeneity of the study cohorts. In the GOG-0213 trial (30), the percentage of complete CRS was 67%, while in the other studies 77% (31) and 76% (32). The surgical skill and the ability of achieving complete CRS may differ considerably among centers and countries (37). In the GOG-0213 (30) participated 51 centers, from which 18 with 5 cases or less. Low volume centers may have more difficulty in achieving complete CRS (see 'Referral centers'). The substantial difference in selection of patient for potentially complete secondary CRS among the randomized trials will be discussed below.

# Patient selection and prediction models

Appropriate patient selection is of paramount importance, performing secondary CRS only in those patients who may benefit and omitting secondary CRS in those who are not considered to benefit, avoiding unnecessary risk of surgical morbidity and costs. Firstly, patients should have platinumsensitive disease, i.e being diagnosed with recurrence at least 6 months after the last platinum-based primary chemotherapy. Secondary CRS is generally not offered for resistant disease with evidence of progression during first line platinum-based chemotherapy (platinum-refractory), or recurrent disease within less than six months of completion of primary treatment (platinum-resistant). These women typically have poor prognosis and do not benefit from further surgical attempts at CRS (38, 39). Even if it has been possible to perform optimal or complete CRS, contrary to the case of 'platinum-sensitive' recurrent disease surgical treatment cannot be completed with effective chemotherapy. Hence, these patients may be exposed to unnecessary surgical morbidity and impairment of quality of life, without any significant survival benefit and are not to be considered candidates for secondary CRS.

Secondly, it appeared from above mentioned randomized trials (30–32) that only patients in whom complete CRS was achieved may benefit. Complete CRS, when compared with incomplete CRS, was associated with improved overall survival in the SOC-1 (31) and DESKTOP III (32) trials and improved progression-free survival in all three randomized trials (30, 31, 32). In the SOC-1 (31) and DESKTOP III (32) trials, patients who had undergone incomplete CRS, when compared with those receiving systemic treatment alone, exhibited a similar or slightly worse progression-free survival and even a significantly worse overall survival. In the GOG-0213, such a comparative analysis was not reported. This reduced survival in patients with incomplete CRS most probably reflects the aggressive biological behavior of the recurrent disease that prohibited complete CRS.

In a recent meta-analysis (40), the impact of the quality of secondary CRS on the survival of patients with platinumsensitive recurrent ovarian cancer was studied. The metaanalysis comprised of 36 studies, published between 1995 and 2021, and a total of 2,805 patients. The majority of studies included were of retrospective nature. The median major surgical complication rate was 16.4% (0-44%), whereas a mean 30-day postoperative mortality of 0.7% was recorded. A significant heterogeneity among the studies was observed. The definition of optimal CRS varied considerably, from residual disease smaller than 0.25 cm to even residual tumor up to 2.5 cm. The median rate of complete and optimal CRS was 69.8% (9.4-100%) and 85.7% (43.5-100%), respectively. A meta-regression analysis to determine the cause of heterogeneity demonstrated the proportion of complete and optimal CRS to be statistically significant. Nevertheless, complete and optimal CRS were independent significant moderators of overall survival (p<0.001 and p=0.04, respectively). Studies with a complete CRS rate of higher than 70% reported a pooled overall survival rate of 65% in comparison with 46% in studies with an optimal CRS rate higher than 70% or less. For a cut off rate of 85% optimal CRS, the pooled overall survival rates were 63% and 47%, respectively. In multivariable analysis, with adjustment of the other variables, an increase of 10% in complete and optimal CRS was associated with respectively an increase of 8.97% and 7.04% in median overall survival. Hence, when secondary CRS is performed, a maximal effort should be made to accomplish complete or optimal disease resection in order to improve survival in patients with platinum-sensitive ovarian cancer recurrence. During the progress in systemic treatment the benefit of secondary CRS appeared to exist even more obviously in more recent years (p<0.001). For each 1-year increase in year of publication of the study, overall survival increased independently with 3.11% and 3.49% after complete and optimal CRS, respectively.

From the above it appeared of paramount importance to identify preoperatively the patients in whom complete or optimal secondary CRS can be performed, offering those patients the probable benefit of secondary CRS and avoiding potential surgical morbidity and costs in those who may not benefit since complete or optimal secondary CRS seems unfeasible. Various models for the prediction of complete secondary CRS in patients with recurrent ovarian cancer have been developed in order to have an objective tool that is more effective than just the individual surgeon's opinion (41). In the three randomized trials the criteria for patient selection with respect to the probability of complete secondary CRS differed. In the GOG-0213 trial (30), while patients with preoperative evidence of ascites and/or diffuse peritoneal carcinomatosis were excluded, the platinum-sensitive recurrent disease was just 'deemed by the investigator to amenable to complete gross resection'. With a considerably limited initial tumor load, as earlier mentioned, a complete CRS was reported in 67% of the cases. In the SOC-1 trial (31), completeness of CRS was predicted by a Tian or iMODEL score of  $\leq$ 4.7 and, when the score was >4.7 and the tumor marker CA-125 >105 U/mL, by PET-CT imaging. As mentioned above, the Tian Score System, uses six variables, including FIGO stage, residual disease after primary surgery, platinum-free interval, ECOG performance status, serum level of CA-125 and presence of ascites at recurrence (33) (Table 2). In the original study (33), a value of  $\leq$ 4.7 predicted a potentially complete resection rate of 53% vs. 20% for a higher score. In the SOC-1 study, complete secondary CRS was achieved in 77% of the cases, more frequently than in the GOG-0213 study. A recent retrospective, propensity score-matched analysis demonstrated that in Tian-model low-risk patients secondary CRS was associated with increased survival outcome when compared with chemotherapy only (42). In the DESKTOP III trial (32), the AGO (Arbeitsgemeinschaft Gynaekologische Onkologie) score had been used to select patients for secondary CRS and in 76% of the selected patients macroscopically complete resection of recurrent disease could be performed. This score was initially developed by the Descriptive Evaluation of preoperative Selection KriTeria for OPerability in recurrent OVARian cancer (DESKTOP OVAR) study (34). Retrospective analysis in databases

from multiple centers determined objective selection criteria to identify patients with platinum-sensitive recurrent ovarian cancer that may benefit from secondary surgery. Complete secondary CRS was associated with a significantly longer median survival than incomplete secondary CRS (45.2 vs. 19.7 months, HR 3.7, 95% CI 2.27-6.05, p<0.0001). Variable associated with complete secondary CRS included ECOG performance status (0 vs. >0, p<0.001), FIGO stage at initial diagnosis (I/II vs. III/IV, p=0.036), residual tumor after primary CRS (absent vs. present, p<0.0001) and absence of ascites >500 ml (p<0.001). A positive AGO score, being a combination of performance status ECOG 0, complete primary CRS in the past (or when data not available initial FIGO I/II disease), and absence of ascites >500 ml, could predict complete secondary CRS in 79% of the patients with platinum-sensitive ovarian cancer relapse (Table 3). In the DESKTOP II trial (43), this AGO score was prospectively validated to predict completeness of secondary CRS. Two-hundred and sixty-one of the 516 screened patients (51%) had a positive AGO score. Complete secondary CRS was achieved in 76% of the 129 patients with a positive AGO score who underwent secondary surgery, while surgical morbidity and mortality were acceptable. Consequently, this prospective study verified the value of the AGO score in patient selection for secondary CRS. However, in an exploratory analysis by the same group the complete CRS rate for a positive AGO score was 89.3% and for a negative AGO score still 66.7%, underlining its suboptimal negative predictive value (44). Another prediction model for complete secondary CRS that has been externally validated in clinical studies has been developed at the Memorial Sloan Kettering Cancer Centre (22). The MSK Criteria are based on disease-free interval (6-12, 12-30, >30 months), single vs. multiple recurrence sites and evidence of carcinomatosis (≥20 nodules) (Table 4). The effectiveness of those three prediction models have been tested retrospectively and compared with each other in various studies (45-49). In patients with platinum-sensitive recurrent ovarian cancer who were initially treated with primary systemic chemotherapy and interval CRS instead of primary CRS followed by systemic chemotherapy, these predictive models have similar efficacy (50). While their positive predictive value for complete CRS was generally high (73-86%), unfortunately the false negative rate of those models was relatively high (55-70%). Hence, these prediction models may be too strict and exclude patients who may have a chance of successful secondary CRS. Consequently, further studies are warranted so as not to prohibit patients from undergoing potential life-extending surgery. The addition of preoperative imaging and/or staging laparoscopy to the criteria of those prediction models may be beneficial.

Regarding the preoperative radiological workup, contrast enhanced computed tomography (CT) is usually the technique of choice for follow-up of patients with ovarian cancer, but its efficacy is limited by its low soft-tissue contrast in evaluating disease in the pelvis and on visceral surfaces (51). Magnetic resonance imaging (MRI) has excellent soft-tissue resolution and the capacity to discriminate between post-treatment

Disease-free interval	Single site of recurrence	Multiple sites of recurrence but no carcinomatosis	Peritoneal carcinomatosis	
6-12 months	Offer sCRS	Consider sCRS	No sCRS	
12-30 months	Offer sCRS	Offer sCRS	Consider sCRS	
>30 months	Offer sCRS	Offer sCRS	Offer sCRS	

TABLE 4 The MSK criteria (22).

MSK, Memorial Sloan Kettering; sCRS, secondary cytoreductive surgery, \* ≥ tumor 20 tumor nodules at time of surgery.

changes and tumor recurrence, but its diagnostic accuracy is limited in small-volume recurrent lesions and in sites where the lesions are contiguous to tissues with similar signal intensity (52). Diffuse weighted imaging MRI seems promising to identify small peritoneal and nodal lesions (53). Combining anatomical and functional imaging through positron emission imaging (PET)/CT may help evaluate patients with suspected ovarian cancer recurrence but negative or indeterminate CT findings. In a recent meta-analysis of 34 studies (54), the pooled area under the curve (AUC) of PET/CT for detecting ROC was significantly higher than that of CT or MRI. PET-CT and staging laparoscopy may be helpful in identification of patients in which complete CRS may be feasible (55-57). Staging laparoscopy is feasible in the vast majority of patients with recurrent ovarian cancer, despite the major abdominal surgery that usually has preceded (55). While their negative and positive predictive value, sensitivity and specificity in assessing the possibility of complete CRS are quite similar, PET-CT and staging laparoscopy should be considered complementary modalities (56). The combination of these preoperative examinations seems better than the AGO-score in patient selection for complete or optimal CRS. In a comparative study (55), approximately 20% of patients with negative AGO score achieved actually successful secondary CRS after preoperative evaluation with PET-CT and staging laparoscopy, whereas almost one of three positive AGO score patients, who had however a negative assessment with PET-CT and staging laparoscopy, would be submitted to an unnecessary explorative laparotomy.

Moreover, the identification and incorporation of predictive biomarkers to tailor the medical and surgical approach, including secondary CRS, is paramount to the success of treatment of recurrent ovarian cancer. BRCA mutation status is a potential selection parameter for secondary CRS in the future, although its role is still to be defined. Women with BRCA mutation are likely to receive a new emerging treatment with PARP inhibitors that has notably improved progression-free survival, as mentioned previously. In a recent multicenter study (58), germline BRCA mutation carriers were more likely to undergo secondary cytoreduction. This may be mediated in part by lower volume disease at recurrence. In a multicenter study (59) to assess the role of BRCA mutation status in personalizing the management of recurrent ovarian cancer, BRCA mutation patients had the best prognosis regardless of secondary CRS, whereas post-recurrence survival in BRCA wild

type women was improved by complete secondary CRS. In another study, however, the benefit of secondary CRS was similar for both groups of patients (60). Similarly, in a similar case-control study (61) ovarian cancer patients with a BRCA mutation who underwent secondary CRS and subsequently received chemotherapy and a PARP inhibitor experienced a better survival than those who received chemotherapy and a PARP inhibitor only. Moreover, resection of hepatic recurrences, isolated or with concomitant peritoneal disease, seem to be associated with a favorable outcome only in patients with BRCA mutations (62). As mentioned previously, salvage lymphadenectomy as secondary CRS seems beneficial independently of BRCA mutational status (25).

#### **Referral centers**

CRS is a demanding and complex procedure, which may include specific surgical techniques such as peritonectomies, may require a multidisciplinary surgical team and may expose the patient to an increased risk of surgical morbidity. The procedure is associated with a long learning curve for a center in order to achieve a high complete CRS rate with synchronously low major surgical morbidity and mortality, less blood loss, shorter operation time and shorter hospital stay (63). The number of cases to overcome the learning curve varied from 130 to 220 in series of patients with peritoneal carcinomatosis from various origins, of whom most underwent besides CRS also HIPEC (63-67). In another study (68), the learning curve with respect to operation time and total blood loss was considered significantly longer for high-complexity procedures with bowel resection and upper abdominal surgery for primary advanced ovarian cancer than for moderate-complexity procedures. While the learning curve for the complete primary CRS rate was not examined, no typical learning curve was observed concerning the occurrence of severe complications. A mentorship model by surgeons with a large experience and knowledge of CRS should be paramount to reduce the prolonged learning curve for the achievement of proficiency considering radicality and safety (63, 69-71).

Advanced surgical skills as applied in referral centers might be one step towards increasing the complete CRS rate and consequently the proportion of patients who might benefit from surgery for primary and recurrent ovarian cancer. In primary surgery for advanced ovarian cancer, a paradigm shift toward more aggressive surgery as well as training in and incorporation of extensive upper abdominal procedures resulted in a higher chance on complete CRS in referral centers (71–74).

There are, as far as we know, no data published regarding learning curves and surgical skills in secondary CRS for recurrent ovarian cancer. While expertise and surgical skills are important in order to offer the highest chance of complete CRS and synchronously low surgical morbidity in primary ovarian cancer, this should be even more the case for secondary CRS in women who have already been operated, usually extensively, for primary ovarian cancer. The maximal effort to achieve complete secondary CRS may require collaboration of various surgical specialists such gynecological and surgical oncologists, gastrointestinal surgeons, urologists, hepatobiliary surgeons, vascular surgeons and other. Such a multidisciplinary surgical team is preferably created in a referral center in order to obtain adequate experience.

# Secondary cytoreductive surgery and HIPEC

CRS is also mandatorily performed when intraperitoneal chemotherapy is applied for ovarian cancer. Intraperitoneal chemotherapy has a pharmacological advantage above systemic, intravenous chemotherapy (75-77). Due to the slow absorption of chemotherapeutic drugs from the peritoneal cavity and the firstpass effect in the liver, a high intraperitoneal drug concentration can be achieved with simultaneously low systemic drug toxicity. Intraoperative application of HIPEC assures optimal exposure of the drug to the entire seroperitoneal surface and early treatment of (microscopic) residual disease before re-growth can occur. Heating the drug solution as in intraoperative hyperthermic intraperitoneal chemotherapy (HIPEC) increases the efficacy of intraperitoneally administered drugs, while heat itself may have a direct cytotoxic effect. However, the penetration depth of intraperitoneally delivered drugs into tumor nodules is very limited and hence thorough resection of macroscopic peritoneal disease, i.e. complete or optimal CRS, should precede intraperitoneal chemotherapy (75, 76).

During the last decades, CRS and HIPEC has been applied in various primary and secondary peritoneal malignancies, among which advanced ovarian cancer (78, 79). Only a few randomized trials on HIPEC for ovarian cancer have been reported. The recently published Korean randomized KOV-HIPEC-1 trial (80) did not show benefit of the addition of HIPEC to primary CRS and systemic chemotherapy for primary advanced ovarian cancer. In the Dutch multicenter randomized OVHIPEC trial (81), in the Spanish multicenter randomized CARCINOHIPEC trial (82) and in the subgroup analysis of the KOV-HIPEC-1 trial (80), an evident benefit was observed for the addition of HIPEC to interval CRS after primary chemotherapy in primary ovarian cancer. In the largest of the randomized trials, the Dutch OVHIPEC study (81), only patients with at least stable disease during primary chemotherapy and complete or optimal interval CRS were enrolled in the study.

Regarding secondary CRS and HIPEC for relapsed ovarian cancer, a Greek single-center randomized trial (83) reported improved overall survival for the patients who underwent secondary CRS and HIPEC (n=60), both in platinum-sensitive and platinum-resistant disease, when compared with CRS only (n=60). All received systemic chemotherapy postoperatively. However, the validity of the study has been contested due to significant shortcomings: the randomization process was not described in detail, primary end points were not clearly defined, there was no information provided regarding disease-free survival, complications, postoperative systemic chemotherapy and follow-up, and the study had not been registered in an international clinical trial database (84). Moreover, others raised that the statistical analysis performed in the study was not clearly described and inappropriately applied, mean instead of median OS was used, reported data were inconsistent with provided graphics and their recalculation of the statistics demonstrated the outcome after HIPEC to be not statistically significantly superior to the control group (85, 86). Most recently, the results of the Memorial Sloan Kettering (MSK) Team Ovary randomized phase II study have been reported (87). Ninetyeight patients with ovarian cancer recurrence were randomly assigned to secondary CRS and HIPEC or secondary CRS only, in both groups followed by systemic chemotherapy. Although complete CRS had been more frequently achieved in the HIPEC group (94% vs. 82%), the addition of HIPEC to secondary CRS did not improve disease progression-free or overall survival. In both randomized trials secondary CRS was performed in both arms and therefore a potential partial role of secondary CRS cannot be determined in this setting.

# Conclusions and future directions

As discussed above, two of the three recently reported randomized trials (31, 32) have demonstrated that a definite role exists for secondary CRS in patients with recurrent ovarian cancer with respect to survival improvement, but only when complete resection of macroscopic disease can be achieved. Complete CRS was associated with significantly better survival outcome than after incomplete CRS in recent randomized trials and meta-analyses, with incomplete CRS be associated with worse survival than chemotherapy only (19, 30-32, 40). Patient selection is of paramount importance to identify those patients in whom complete secondary CRS seems to be feasible. Various models for this patient selection have been developed with an adequate preoperative prediction of achievement of complete secondary CRS (22, 33, 34, 41). However, the negative predictive rate is relatively high. Hence, these prediction models may be too strict and exclude patients who may have a chance of successful secondary CRS. Consequently, further studies are warranted to improve these prediction models with respect to their negative predictive value, so that patients who may benefit are not prohibited from undergoing potential life-extending surgery.

CRS is a demanding and complex procedure with a long learning curve to accomplish a high complete CRS rate and low surgical morbidity (63). When performed by experienced teams, secondary CRS is safe and without a negative impact on quality of life (40). Therefore, secondary CRS is preferably performed in referral centers with ample experience. It is crucial to develop standardized training programs and mentorships to shorten the long learning process to reduce morbidity and mortality, and improve oncologic outcomes (63, 69–71). The impact of the multidisciplinary effort in the treatment of ovarian cancer relapse is being indirectly reflected by the increasing survival outcomes in more recently published studies on secondary CRS (40), which is result of the significant improvement in both surgically and systemically management over the last decades.

The role of secondary CRS should be continuously reviewed considering the changing systemic treatment of patients with ovarian cancer recurrence over time. A well-designed biomarker-driven randomized trial with prespecified subgroup analysis seems rather ambitious, but will certainly reveal further the true effect of secondary CRS in the various ovarian cancer subgroups. As discussed previously, some recent retrospective studies have assessed the impact of biological features, such as the BRCA status and the use of PARP inhibitors, on the potential benefit of secondary CRS in patients with platinum-sensitive ovarian cancer relapse with yet inconclusive data (25, 58-62). The results of the randomized phase II SGOG SOC-3 study (88) on the benefit of CRS before receiving platinum-based chemotherapy and a PARP inhibitor in patients with a secondary platinum-sensitive ovarian recurrence are eagerly awaited. Further studies should be conducted to determine the benefits of secondary CRS with respect to the molecular characteristics (BRCA or homologous recombination deficiency status) and the use of PARP inhibitors and/or bevacizumab. The forthcoming research trend is to achieve a

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more accurate, individualized treatment approach of recurrent ovarian cancer.

# Author contributions

All of the coauthors listed meet the criteria for authorship. EB provided the concept and guidance. EB and EA reviewed the literature. EB wrote and DM critically reviewed the manuscript. All authors contributed to the article and approved the submitted version.

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