

Corrigendum

Corrigendum to “Diabetes Remission after Nonsurgical Intensive Lifestyle Intervention in Obese Patients with Type 2 Diabetes”

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Our paper titled “Diabetes Remission after Nonsurgical Intensive Lifestyle Intervention in Obese Patients with Type 2 Diabetes” [1] contains an error in Table 1. The body mass index (BMI) at 12 months was incorrectly reported as 40.0 kg/m² while the correct value is 34.0 kg/m².

TABLE 1: Changes in cardiovascular risk factors after 12 weeks of intensive lifestyle intervention and at one year in participants who achieved major glycemic improvement and partial or complete diabetes remission.

	Baseline	3 months	12 months
Weight (lbs)	237.7 \pm 29.5	211.3 \pm 26.1**	211.1 \pm 26.5**
BMI (kg/m ²)	38.2 \pm 4	34.0 \pm 3.8**	34.0 \pm 4.2**
Systolic BP (mmHg)	128 \pm 11	122 \pm 15*	124 \pm 16
Diastolic BP (mmHg)	73 \pm 8	74 \pm 8	73 \pm 9
Total cholesterol (mg/dL)	171 \pm 31	147 \pm 25**	159 \pm 33
LDL-cholesterol (mg/dL)	103 \pm 23	88 \pm 18**	91 \pm 24
HDL-cholesterol (mg/dL)	41 \pm 10	40 \pm 11	47 \pm 13*
Triglycerides (mg/dL)	144 \pm 69	94 \pm 41**	123 \pm 42

N = 19.

* p value < 0.05 from baseline, ** p value < 0.001 from baseline.

References

- [1] A. Mottalib, M. Sakr, M. Shehabeldin, and O. Hamdy, "Diabetes remission after nonsurgical intensive lifestyle intervention in obese patients with type 2 diabetes," *Journal of Diabetes Research*, vol. 2015, Article ID 468704, 4 pages, 2015.