# The Association Between S100A8/A9 and the Development of Very Late Stent Thrombosis in Patients With Acute Myocardial Infarction

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Xiang Wang, PhD<sup>1</sup>, Meng Guan, PhD<sup>2</sup>, Xiuhang Zhang, MD<sup>3</sup>, Taiyuan Ma, MD<sup>3</sup>, Muli Wu, MD<sup>4</sup>, Yulin Li, PhD<sup>5</sup>, Xinxin Chen, PhD<sup>3</sup>, and Yang Zheng, PhD<sup>1</sup>

#### Abstract

Very late stent thrombosis (VLST) is a rare but serious complication following percutaneous coronary intervention (PCI). S100A8/A9 plays an important role in thrombosis through modulating the inflammatory response. This observational study aimed to reveal the association between S100A8/A9 and VLST. Continuous blood samples were collected from patients at both the time of index PCI for acute myocardial infarction (AMI) and the time of PCI for VLST (VLST group) or follow-up coronary angiography (AMI group). In all, 56 patients were selected in each group from a cohort of 8476 patients and other 112 individuals who underwent health checkups (normal control [NC] group) were selected as controls. Serum levels of S100A8/A9 and high sensitivity C-reactive protein (hs-CRP) were tested and compared. The mean level of S100A8/A9 was 3754.4  $\pm$  1688.9 ng/mL during index PCI and increased to 5517.8  $\pm$  2650.9 ng/mL at the time of VLST; in the AMI group, S100A8/A9 level was 2434.9  $\pm$  1243.4 ng/mL during index PCI and decreased to 1568.2  $\pm$  772.1 ng/mL during follow-up, similar to that detected in the NC group (1618.2  $\pm$  641.4 ng/mL). Of note, S100A8/A9 levels showed significant increases during VLST when compared to its own levels during index PCI, which was different from the changes of hs-CRP. Higher serum levels of S100A8/A9 are associated with the development of VLST.

### Keywords

very late stent thrombosis, acute myocardial infarction, percutaneous coronary intervention, S100A8/A9

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## Introduction

Urgent percutaneous coronary intervention (PCI) has become the mainstay treatment for acute myocardial infarction (AMI), which is one of the most serious diseases that threaten human health globally.<sup>1</sup> Very late stent thrombosis (VLST, stent thrombosis occurring more than 1 year after stent implantation, usually out of the time window recommended by the guidelines for antiplate-let therapy and often overlooked) is an uncommon yet catastrophic event after PCI, usually manifesting as recurrent AMI with poor prognosis or sudden death.<sup>2,3</sup> Despite being recognized for over a decade, the detailed mechanisms underlying VLST remain poorly understood, and the insights that can translate into prediction, precaution, and management of VLST are lacking.

Inflammation is an established risk factor for arterial thrombotic diseases.<sup>4</sup> In a large-scale study of histological thrombus

- <sup>1</sup> Department of Cardiovascular Disease Center, The First Hospital of Jilin University, Jilin University, Jilin, People's Republic of China
- <sup>2</sup> Department of Oncology, The First Hospital of Jilin University, Jilin University, Jilin, People's Republic of China
- <sup>3</sup> Department of Burn Surgery, The First Hospital of Jilin University, Jilin University, Jilin, People's Republic of China
- <sup>4</sup> Department of Cardiovascular Center, The First Affiliated Hospital of Shantou University Medical College, Shantou University, Guangdong, People's Republic of China
- <sup>5</sup> Beijing Institute of Heart, Lung and Blood Vessel Diseases, Beijing Anzhen Hospital, Capital Medical University, Beijing, People's Republic of China

#### Corresponding Authors:

Xinxin Chen and Yang Zheng, No. I Xinmin Ave, Changchun, Jilin 130021, People's Republic of China. Emails: sskcxx@126.com; wangxiang17@mails.jlu.edu.cn

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Figure 1. Flowchart of enrolled patients. ACS indicates acute coronary syndrome; AMI, acute myocardial infarction; CAG, coronary angiography; PCI, percutaneous coronary intervention; VLST, very late stent thrombosis.

analysis on patients presenting with stent thrombosis, the recruitment of leukocytes, particularly of neutrophils and eosinophils, was found to be the hallmark of stent thrombosis when compared with a control group with spontaneous AMI treated by thrombus aspiration.<sup>5</sup> Correspondently, recent optical coherence tomography data from patients with VLST found increased macrophage infiltration in neoatherosclerosis within the stent,<sup>6</sup> which indicates the role of inflammation in the development of VLST. S100A8/A9, also known as myeloidrelated protein 8/14, has been found to play a decisive role in modulating the inflammatory response by stimulating leukocyte recruitment and inducing cytokine secretion.<sup>7</sup> Recently, emerging evidence revealed that S100A8/A9 levels are associated with the severity of atherosclerosis and vulnerable plaque phenotypes,<sup>8,9</sup> abnormal platelet aggregation, and arterial thrombosis.<sup>9-12</sup> Therefore, the goal of this observational study was to characterize the association between serum levels of S100A8/A9 and the development of VLST.

# Methods

## Study Population

VLST Registry Study (ClinicalTrials.gov: NCT03491891) prospectively enrolled 8476 patients after PCI for acute coronary syndrome from Jilin University First Hospital and First Affiliated Hospital of Shantou University Medical College to investigate multiple aspects of VLST, including the potential mechanisms of pathogenesis. This study was approved by the institutional review boards of the First Hospital of Jilin University (no. 2013256) and the study was performed in accordance with the ethical standards laid down in the 1964 Declaration of Helsinki and its later amendments. All patients provided written informed consent before inclusion.

Very late stent thrombosis was defined according to the 2007 definition of Academic Research Consortium stent thrombosis criteria: stent thrombosis that occurred more than 1 year after coronary stent implantation and clearly confirmed by coronary angiography. All documented cases of VLST were determined by coronary angiograms, and all procedures were independently reviewed by 2 experienced interventional cardiologists. In case of divergent results, a consensus between the 2 reviewers was sought or a third reviewer stepped in to resolve the issue.

All patients enrolled in this study from January 2014 to June 2015 received second-generation drug-eluting stents and were scheduled for more than 3 years of follow-up (including scheduled telephone follow-ups and regular admission reviews) after stent implantation. Among them, 3430 patients underwent index urgent PCI for AMI. The VLST group had 56 patients enrolled who underwent urgent PCI for VLST that manifested as AMI after index PCI (also performed for AMI). The AMI group had 56 age- and sex-matched patients without VLST during 3-year follow-up after index PCI for AMI; the negative control (NC) group had selected as controls 112 healthy sexand age-matched individuals who visited the hospital for health checkups. The study flowchart is presented in Figure 1. Blood samples were drawn from each patient into lithium-heparin tubes at the time of index PCI and at either the time of emergent PCI for VLST (VLST group) or coronary angiography during follow-up (AMI group) or during health checkups (NC group). Serum was obtained by centrifugation for 10 minutes at 1000  $\times$ g using a refrigerated centrifuge. Serum samples were then

Variables	VLST group, $n = 56$	AMI group, $n = 56$	P value
Age (years)	59.57 ± 10.65	59.07 ± 10.45	.77
Sex (male)	47 (83.93)	47 (83.93)	I
BMI (kg/m <sup>2</sup> )	23.55 ± 3.14	23.39 <u>+</u> 3.60	.59
Systolic blood pressure (mm Hg)	131.30 ± 20.39	133.96 <u>+</u> 20.59	.322
Diastolic blood pressure (mm Hg)	76.80 ± 9.92	77.02 <u>+</u> 10.46	.967
Heart rate (bpm)	75.52 <u>+</u> 13.00	77.77 <u>+</u> 14.27	.312
Diabetes mellitus	19 (33.93)	13 (23.21)	.209
Hypertension	31 (55.36)	29 (51.79)	.705
Dyslipidemia	13 (23.21)	14 (25.00)	.825
Active smoker	23 (41.07)	26 (46.43)	.568
History of drinking	12 (21.43)	(19.64)	.815
History of heart failure	7 (12.50)	5 (8.93)	.541
Prior myocardial infarction	10 (17.86)	6 (10.71)	.280
Number of diseased vessels	2.20 ± 0.88	2.02 <u>+</u> 0.82	.219
Culprit vessel during index PCI			
LM	4 (7.14)	6 (10.71)	.582
LAD	22 (39.29)	20 (35.71)	.696
LCX	9 (16.07)	16 (28.57)	.262
RCA	25 (44.64)	31 (55.36)	.335
Ostial lesion	3 (5.36)	4 (7.14)	.696
Proximal lesion	37 (66.07)	44 (78.57)	.139
Bifurcation lesion	12 (21.43)	10 (17.86)	.634
Visual thrombus	2 (3.57)	5 (8.93)	.252
Thrombus aspiration	7 (12.50)	12 (21.43)	.258
Stent type used during index PCI			
SES	39 (69.64)	42 (75.00)	.526
ZES	(19.64)	9 (16.07)	.622
EES	6 (10.71)	5 (8.93)	.751
Stent overlap	16 (28.57)	13 (23.21)	.518
No postdilation	28 (50.00)	33 (58.93)	.343
Minimum stent diameter (mm)	2.92 <u>+</u> 0.39	2.98 <u>+</u> 0.38	.285
Maximum stent diameter (mm)	3.01 <u>+</u> 0.37	3.04 <u>+</u> 0.38	.737
Total stent length (mm)	38.88 <u>+</u> 22.07	34.84 <u>+</u> 17.92	.391
Stent release pressure (atm)	14.21 <u>+</u> 3.42	14.04 ± 2.63	.962
Number of stents per vessel	1.36 ± 0.62	1.23 ± 0.47	.324
LVEF	53.11 <u>+</u> 7.34	55.36 <u>+</u> 4.70	.173
LVEDD	50.88 <u>+</u> 5.78	49.02 ± 4.51	.086
S100A8/A9 level (ng/mL)	3754.40 <u>+</u> 1688.86	2434.86 <u>+</u> 1243.41	<.001
hs-CRP level (mg/dL)	0.55 ± 0.20	0.54 ± 038	.11
Peak troponin I level (ng/mL)	49.83 <u>+</u> 7.65	46.53 <u>+</u> 9.00	.887
eGFR (mL/min/1.73 m <sup>2</sup> )	103.40 <u>+</u> 21.21	105.37 ± 23.46	.898
WBC count ( $\times 10^{9}/L$ )	9.43 <u>+</u> 3.79	8.56 <u>+</u> 3.30	.256
HGB level (g/L)	142.52 <u>+</u> 15.78	139.02 <u>+</u> 17.55	.382
Platelet count ( $\times 10^{9}$ /L)	213.57 ± 52.42	212.95 ± 60.98	.662
TCL level (mmol/L)	4.63 ± 1.35	4.52 ± 0.97	.90
LDL level (mmol/L)	2.93 ± 1.08	2.90 ± 0.79	.977
HDL level (mmol/L)	1.17 <u>+</u> 0.30	1.12 ± 0.31	.271
TG level (mmol/L)	2.37 ± 1.52	2.33 ± 1.40	.807
Fasting blood-glucose level (mmol/L)	6.68 ± 1.96	6.54 ± 2.53	.303
Fibrinogen level (g/L)	3.19 ± 0.89	3.08 ± 0.84	.919
HbAIc level (%)	6.26 ± 1.62	6.13 ± 1.62	.738

Abbreviations: AMI, acute myocardial infarction; BMI, body mass index; EES, everolimus-eluting stent; eGFR, estimated glomerular filtration rate; HbA1c, glycosylated hemoglobin; HDL, high-density lipoprotein cholesterol; HGB, hemoglobin; hs-CRP, high sensitivity C-reactive protein; LAD, left anterior descending artery; LCX, left circumflex coronary artery; LDL, low-density lipoprotein cholesterol; LM, left main coronary artery; LVEDD, left ventricle ending-diastolic diameter; LVEF, left ventricle ejection fraction; PCI, percutaneous coronary intervention; RCA, right coronary artery; SES, sirolimus-eluting stent; TCL, total cholesterol; TG, triglycerides; WBC, white blood cell; VLST, very late stent thrombosis; ZES, zotarolimus-eluting stent.

Variables	VLST group, n = 56	AMI group, $n = 56$	P value
LVEF	51.89 ± 8.30	53.93 ± 4.66	.730
LVEDD	51.43 ± 5.47	49.59 ± 3.97	.073
eGFR (mL/min/1.73 m <sup>2</sup> )	100.63 ± 24.23	103.55 ± 23.36	.926
WBC count ( $\times 10^{9}/L$ )	10.06 ± 3.49	7.80 ± 2.62	.228
HGB level (g/L)	141.96 ± 20.73	142.32 ± 14.03	.570
Platelet count $(\times 10^{9}/L)$	217.95 ± 67.10	236.13 ± 58.96	.064
TCL level (mmol/L)	4.17 ± 1.41	4.18 ± 0.67	.135
LDL level (mmol/L)	2.44 ± 1.29	2.59 ± 0.61	.061
HDL level (mmol/Ĺ)	1.11 ± 0.27	1.09 ± 0.23	.951
TG level (mmol/L)	2.06 ± 1.16	2.33 ± 1.42	.449
Fasting blood-glucose level (mmol/L)	6.04 ± 2.61	6.35 ± 2.44	.136
HbAIc level (%)	6.06 ± 1.32	6.10 ± 1.60	.437
Fibrinogen level (g/L)	3.27 <u>+</u> 0.95	3.15 ± 0.77	.481
hs-CRP level (mg/dL)	0.56 ± 0.21	0.30 ± 0.22	<.001
S100A8/A9 level (ng/mL)	5517.79 ± 2650.86	1568.16 ± 772.09	<.001
Statin treatment	31 (55.36)	34 (60.71)	.566
DAPT	28 (50.00)	32 (57.14)	.449

Table 2. Baseline Characteristics of Patients at the Time of VLST or Coronary Angiography During Follow-Up After Index PCI.

Abbreviations: AMI, acute myocardial infarction; CAG, coronary angiography; DAPT, dual antiplatelet therapy; eGFR, estimated glomerular filtration rate; HbAIc, glycosylated haemoglobin; hs-CRP, high sensitivity C-reactive protein; HDL, high-density lipoprotein cholesterol; HGB, haemoglobin; LDL, low-density lipoprotein cholesterol; LVEDD, left ventricle ending diastolic diameter; LVEF, left ventricle ejection fraction; PCI, percutaneous coronary intervention; TCL, total cholesterol; TG, triglycerides; VLST, very late stent thrombosis; WBC, white blood cell.

transferred to clean tubes and stored at -80 °C for further use. Serum S100A8/A9 levels were measured using ELISA (S100A8/A9 detection kit, Ray biotech Inc, Peachtree Corners, Georgia).

#### Statistical Analysis

Data were expressed as numbers (%) for categorical variables. Continuous variables were expressed as means  $\pm$  standard deviation. Categorical data were compared using the  $\chi^2$  test or Fisher exact test, whereas quantitative data were compared using the Mann-Whitney *U* test. All tests were 2 sided at the .05 significance level. Independent predictors for the presence of VLST were analyzed using Cox regression analysis. Possible confounding factors (P < .25) were tested using univariate regression analysis, and confounders with a *P* value <.25 were included in multivariate regression analysis. Statistical analysis was performed with Statistical Package for Social Sciences, version 23 (SPSS Inc).

## Results

#### Patient Characteristics

The average age of enrolled patients was 59 years and 84% of them were men. Table 1 provides baseline characteristics of included patients at the time of index PCI for AMI. More patients in the VLST group had histories of diabetes mellitus and the number of diseased vessels and distal lesions was higher in the VLST group during index PCI; patients in the VLST group had lower left ventricle ejection fraction and larger left ventricle ending-diastolic diameter. Table 2 provides baseline characteristics of patients at the time of VLST or coronary angiography during normal follow-up. The mean time intervals between index PCI and VLST were 976.4  $\pm$  552.6 days. Of note, fewer patients were receiving dual-antiplatelet therapy and statins treatment during follow-up in VLST group; however, the differences were not significant (57.1% vs 50%, P = .449; 60.7% vs 55.4%, P = .566).

# High Sensitivity C-Reactive Protein and S100A8/A9 Changes During VLST

The mean level of S100A8/A9 was 3754.4  $\pm$  1688.9 ng/mL during index PCI and increased to 5517.8 + 2650.9 ng/mL at the time of VLST; in the AMI group, S100A8/A9 level was 2434.9  $\pm$  1243.4 ng/mL during index PCI and decreased to  $1568.2 \pm 772.1$  ng/mL during follow-up, similar to that detected in the NC group (1618.2  $\pm$  641.4 ng/mL; Figure 2). The mean level of high sensitivity C-reactive protein (hs-CRP), a commonly used biomarker of inflammation, was 0.55  $\pm$ 0.20 mg/dL during index PCI in the VLST group, similar to that in the AMI group (0.54 + 0.38 mg/dL), and at the time of VLST, no significant changes were seen in VLST group (0.56  $\pm$  0.21 mg/dL); however, as expected, levels reduced to 0.30  $\pm$ 0.22 mg/dL in AMI group during follow-up, similar to that in the NC group (0.33 + 0.15 mg/dL; Figure 2). Of note, as shown in Figure 3, S100A8/A9 levels showed significant increases during VLST when compared to its own levels during index PCI, while no significant changes were seen in hs-CRP, further suggesting its association with the development of VLST.

To define whether serum S100A8/A9 levels during index PCI could be used to predict the development of VLST, Cox univariate regression analysis was performed; the results are presented in Supplementary Table 1. In multivariate regression



**Figure 2.** S100A8/A9 and hs-CRP levels in different cases. AMI indicates acute myocardial infarction; hs-CRP, high sensitivity C-reactive protein; NC, normal control; VLST, very late stent thrombosis. \*\*\* P < .001.

analysis, serum S100A8/A9 levels during index PCI remained independently correlated with the development of VLST (Table 3); however, the hazard ratio (HR) was only 1.001, which limits its use as a biomarker for predicting the development of VLST.

## Discussion

The present study found that higher serum levels of S100A8/ A9 are associated with the development of VLST. Mechanisms underlying VLST are complicated and might include intense platelet reaction<sup>13</sup> and hypercoagulable state,<sup>14</sup> as well as various kinds of changes within the artery accompanying stent implantation.<sup>15,16</sup> Hypersensitivity and inflammation reactions to drug-eluting stents have been described in VLST for both first-generation<sup>17,18</sup> and second-generation drug-eluting stents.<sup>19</sup> Infiltration of pro-inflammatory cells, including eosinophils, lymphocytes, palisading macrophages, and giant cells, has been observed in both the stented vessel wall and harvested thrombi.<sup>5,18</sup> Recently, with the progression of intravascular imaging technology, infiltration of macrophages was also identified by optical coherence tomography in plaques within the stents of patients with VLST.<sup>6</sup>



**Figure 3.** S100A8/A9 and hs-CRP levels increase in different cases. AMI indicates acute myocardial infarction; hs-CRP, high sensitivity C-reactive protein; VLST, very late stent thrombosis.

 Table 3. Results of Multivariate Cox Regression Analysis.

Variables	HR	95% CI	P value
Diabetes mellitus	1.599	0.606-4.217	.343
Proximal lesion	0.626	0.235-1.668	.349
LVEF	0.949	0.875-1.029	.208
LVEDD	1.005	0.912-1.1.106	.927
S100A8/A9 level	1.001	1.000-1.001	<.001

Abbreviations: CI, confidence interval; HR, hazard ratio; LVEF, left ventricle ejection fraction; LVEDD, left ventricle ending-diastolic diameter.

In our study, we found that levels of S100A8/A9, an important regulator and indicator of inflammation, were associated with the development of VLST; this relationship manifested as a sharp increase in S100A8/A9 level during VLST compared to that during index PCI, while in patients without VLST during follow-up, its levels decreased to levels detected in NCs. The possible mechanisms might due to the role of S100A8/A9 in atherosclerosis and thrombosis through regulating inflammatory response. S100A8/A9 was found to be elevated in patients with cardiovascular disease, particularly in AMI.<sup>9,12,20</sup> Further studies revealed that the S100A8/A9 complex may be involved in the inflammatory process of coronary atherosclerotic plaques and correlates with a vulnerable plaque phenotype; immune-double staining clearly showed that the S100A8/A9 complex was expressed in infiltrated neutrophils and some macrophages in patients with unstable angina, while the S100A8/A9-positive areas were significantly higher in patients with unstable angina than in those with stable angina.<sup>21</sup> S100A8/A9 also plays a pivotal role in arterial embolism<sup>22-25</sup> on account of the vicious inflammation/thrombosis cycle.<sup>26</sup> S100A8/A9 could increase the production of interleukin-6, a pleiotropic cytokine that is implicated in inflammatory thrombocytosis, and acts on hepatocytes to enhance the production of thrombopoietin, which in turn results in reticulated thrombocytosis and atherogenesis.<sup>27</sup> Therefore, further preclinical study is needed to define the role of S100A8/A9 in the development of VLST in patients with AMI.

In clinical practice, identification of potential high-risk patients with VLST occurring more than 1 year after index stent placement is appealing, because doing so may reduce the occurrence of VLST by means of intensive follow-up and even preventive interventions. In our observational study, the serum S100A8/A9 level during index PCI remained independently correlated with the development of VLST; however, the HR was only 1.001, which limits its use as a biomarker for predicting the development of VLST. In fact, elevated plasma levels of S100A8/A9 were previously found to be associated with increased risk of future coronary events in healthy individuals and in myocardial infarction survivors.<sup>8,28</sup> In 237 case-control pairs selected from the Pravastatin or Atorvastatin Evaluation and Infection Therapy: Thrombolysis in Myocardial Infarction (PROVE IT-TIMI 22) statin therapy trial cohort, S100A8/A9 levels were measured 30 days after the acute event and found to be elevated in patients who had recurrent events (MI or cardiovascular death) during the subsequent 30 days. Patients with S100A8/A9 levels within the top quartile had a 2-fold higher risk of developing recurrent events compared to those in the lowest quartile, independently of the presence of diabetes mellitus, hypertension, previous cardiovascular disease, heart failure, or elevated hs-CRP levels.<sup>28</sup> Therefore, whether the level of S100A8/A9 during index PCI can be used to predict the development of VLST remains to be investigated by future studies.

The present study has certain limitations. First, given the incidence of stent thrombosis was 0.5% to 4%, the number of included patients was small. Second, we did not have the information about the patients who experienced another MI after the index PCI that were not related to VLST.

# Conclusions

In summary, higher serum levels of S100A8/A9 are associated with the development of VLST, and the underlying mechanism need to be defined by future preclinical studies.

#### Authors' Note

This study was approved by the institutional review boards of the First Hospital of Jilin University (no. 2013256). In addition, informed consent was obtained from all the participants.

#### **Declaration of Conflicting Interests**

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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#### Supplemental Material

Supplemental material for this article is available online.

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