

Letter to Editor

Only fixation for lumbar canal stenosis

Sir,

We would like to discuss on the report on “only fixation for lumbar canal stenosis.^[1]” Goel noted that “fixation of the spinal segment can be a rationale form of treatment.^[1]” and “double insurance” transarticular method of treatment is a simple, safe, and effective method of spinal stabilization.^[1] This work seems to be an additional report to the previously similar publication by Goel on “only fixation for cervical spondylosis.^[2]” In fact, the fixation of lumbar spine has many techniques by various available fixators. Of interest, Botelho *et al.* noted that “it was not possible to reveal any evidence for benefits using DPF compared to rigid fixation in surgery for lumbar spine.^[3]” Focusing on the use of “double insurance” transarticular method, it seems that Goel successfully used it in his experience.^[1-2,4] However, the result of spine surgery depends on several factors including to setting, experience of the surgeon as well as the race of the patients.^[5] Those factors should be further evaluated. Also, some new additional computer assisted technology might be useful for better alignment of screw for increased stability of the present technique.^[6] Finally, not only efficacy but also cost effectiveness of this technique should be further evaluated comparing to other available techniques.

Sim Sai Tin, Viroj Wiwanitkit¹

Medical Center, Shantou, ¹Visiting professor,

Hainan Medical University, China

Corresponding author:

Prof. Sim Sai Tin, Medical Center, Shantou, China.

E-mail: simsaitin@gmail.com

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