

LETTER

# Response to Research Trends of Rheumatoid Arthritis and Depression [Letter]

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#### Dear editor

After careful reading of the research article "Research Trends of Rheumatoid Arthritis and Depression from 2019 to 2023: A Bibliometric Analysis" written by Yan Zhao et al<sup>1</sup> published in the *Journal of Multidisciplinary Healthcare*, we conclude that this study is good because it makes a significant contribution to understanding the relationship between RA and depression, as well as paving the way for further research. In addition, this study also provides a comprehensive overview of trends and bibliometric analysis, and this study focuses on quality of life and comorbidities.

In addition to the advantages mentioned above, it turns out that there are disadvantages of this study, including showing that international collaboration is still limited, especially between researchers from different countries. This can hinder the exchange of ideas and knowledge that is important for research progress. According to Kompas News, research collaboration between countries will greatly help develop research, education and technology in a country. In addition, according to Patricia Mcclunie-Trust et al, combining the knowledge and skills of like-minded researchers across tertiary education settings and international borders and research collaborations have the potential to increase research capacity for both individuals and the team alike. In addition, many studies conducted are cross-sectional, which may not provide a deep understanding of the causal relationship between RA and depression. Longitudinal research may be necessary to gain better insights. Cai et al in their study used a longitudinal tracking method to confirm the group heterogeneity of patient-reported outcomes, which provides guidance for medical staff to implement staged and individualized health interventions for COPD patients and facilitates the implementation of dynamic health assessment for the health low-level group of stable COPD patients. Their study provided the implementation of dynamic health assessment and timely nursing interventions based on the results of self-assessment and promoted their recovery.

Overall, although this study shows continued interest in the relationship between RA and depression, there are still many areas that need further research to improve the understanding and management of this condition.

#### **Disclosure**

The authors report no conflicts of interest in this communication.

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4743

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