

# The HindIII and PvuII polymorphisms of lipoprotein lipase (LPL) gene reduce the risk of ischemic stroke (IS)

## A meta-analysis

Limei Cao, MD, Qiang Li, MD, Xu Chen, PhD\*

### Abstract

**Background:** Lipoprotein lipase (LPL) polymorphisms were suggested to be the risk factor for ischemic stroke (IS). However, controversial results were obtained. Our objective was to investigate the association of LPL polymorphisms at Ser447Ter, HindIII (+/-), and PvuII (+/-) with IS risk.

**Methods:** Literatures search were carried out on databases: PubMed, Web of science, the Cochrane database of system reviews, Chinese National Knowledge Infrastructure, and Embase. Pooled odds ratio (OR) with 95% confidence interval (CI) was calculated to detect the relationship between LPL polymorphisms and the risk of IS.

**Results:** No significant association was detected between LPL Ser447Ter and IS in allelic, dominant, or recessive models ( $P > .05$ ). Significant lower frequencies of allelic and dominant models of LPL HindIII (+/-) and PvuII (+/-) in cases were detected (HindIII (+/-): allelic model:  $P = .0002$ , OR[95%CI]=0.80 [0.71, 0.90]; dominant model:  $P = 0.003$ , OR[95%CI]=0.80 [0.69, 0.92]; PvuII (+/-): allelic model:  $P < 0.0001$ , OR[95%CI]=0.75[0.65–0.86]; dominant model:  $P = 0.02$ , OR[95%CI]=0.67[0.48–0.93]). And the recessive model of PvuII (+/-) was significantly associated with the IS risk ( $P = .01$ , OR[95%CI]=.71[0.55–0.93]). Subgroup analysis stratified by ethnicity showed that the frequencies of allelic, dominant, and recessive models of HindIII (+/-), as well as dominant model of PvuII (+/-) were significant lower in Asian cases (HindIII (+/-): allelic model:  $P < .00001$ , OR[95%CI]=0.69 [0.59, 0.79]; dominant model:  $P < .0001$ , OR[95%CI]=0.69 [0.58, 0.83]; recessive model:  $P = .005$ , OR[95%CI]=0.66 [0.50, 0.89]; PvuII (+/-): dominant model:  $P = .0008$ , OR[95%CI]=0.66 [0.51–0.84]), but not in Caucasian cases ( $P > .05$ ). In addition, the frequencies of allelic and recessive models of PvuII (+/-) significantly decreased in Caucasian cases ( $P < .05$ ).

**Conclusion:** the HindIII (+/-) and PvuII (+/-), but not the Ser447Ter might be the protective factors for IS.

**Abbreviations:** CI = confidence interval, IS = ischemic stroke, LPL = lipoprotein lipase, OR = odds ratio, SNP = single nucleotide polymorphism.

**Keywords:** cerebral infarction, ischemic stroke, lipoprotein lipase, meta-analysis

## 1. Introduction

Ischemic stroke (IS) is one of the major causes of morbidity and mortality in adults over the world.<sup>[1–4]</sup> Various factors including hypertension, lipid metabolism imbalance, diabetes, smoking, diet, obesity, insufficient physical activity, hemostatic disturbances, inflammation, and genetic factors were associated with increased IS risk.<sup>[5–11]</sup> Notably, hypertension was considered to be the most powerful, prevalent, and treatable risk factor for IS.<sup>[12,13]</sup> Both systolic blood pressure and

diastolic blood pressure are independently related to stroke incidence. However, this factor could not completely explain the development of this disease. Recently, amount of specific gene variants refer to lipid metabolism were also reported to be susceptible risk factors for the development of IS,<sup>[14–16]</sup> which indicate the genetic factor might play an important role in IS risk.

Lipoprotein lipase (LPL) is an enzyme that plays a key role in lipoprotein metabolism.<sup>[17]</sup> The human LPL gene is located on chromosome 8p22, encodes a 448 amino acid protein.<sup>[18]</sup> Increasing number of studies has suggested LPL gene variants might contribute to the risk of IS.<sup>[19,20]</sup> And the most common polymorphisms that associated with IS risk should be the Ser447Ter, HindIII (+/-), and PvuII (+/-).<sup>[21,22]</sup> Shimo-Nakanishi et al<sup>[23]</sup> and Jiang et al<sup>[24]</sup> have reported LPL Ser447Ter polymorphism was associated with the risk for IS. However, Velásquez Pereira et al found no association between LPL Ser447Ter polymorphism and IS.<sup>[22]</sup> For HindIII (+/-), several studies have shown significant association between HindIII (-) and IS.<sup>[25,26]</sup> However, no association was reported by Huang et al and Xu et al.<sup>[27,28]</sup> As for PvuII (+/-), Xu et al have suggested that PvuII (+/-) polymorphism was associated with lipid profile and IS.<sup>[28]</sup> However, other 2 studies reported no genetic association between PvuII (+/-) and IS.<sup>[29,30]</sup>

Due to the inconsistent and inconclusive results in the individual studies, we aim to get a more precise and

Editor: Weimin Guo.

The authors have no funding and conflicts of interest to disclose

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Medicine (2018) 97:18(e0483)

Received: 3 December 2017 / Received in final form: 27 March 2018 /

Accepted: 28 March 2018

<http://dx.doi.org/10.1097/MD.0000000000010483>

comprehensive estimation of the association between the LPL Ser447Ter, HindIII (+/−), and PvuII (+/−) polymorphisms and IS risk using meta-analysis.

## 2. Methods

### 2.1. Identification of relevant studies

Meta-analysis and systematic review of published literature was performed adhering to PRISMA 2009 guidelines.<sup>[31]</sup> No Ethical Committee approval was necessary for this meta-analysis. A comprehensive literature search throughout PubMed, Web of science, the Cochrane database of system reviews, Chinese National Knowledge Infrastructure, and Embase was confirmed to retrieve the genetic association studies of LPL gene polymorphisms and IS using following search terms: lipoprotein lipase, LPL, and cerebral infarction, CI, brain infarction, BI, cerebral stroke, ischemic stroke, IS, stroke, and “polymorphism,” “variant,” “mutation,” “single nucleotide polymorphism (SNP),” and “gene variation” before September 01, 2017. No language was limited.

### 2.2. Inclusion/exclusion criteria

Inclusion criteria: case–control or retrospective study designed; available data for genotype frequencies in cases and controls; and the frequency of allele in control group should be in Hardy–Weinberg equilibrium.

Exclusion criteria: Replicated studies, abstracts, letters, or reviews; and publications against to the inclusion criteria.

### 2.3. Data extraction

The data and information of each eligible publication was extracted by 2 reviewers (LMC and QL) independently. The following information from each study was extracted: first author, year of publication, ethnicity, numbers of cases and controls, mean age, gender, body mass index, hypertension, smoking, diabetes, systolic blood pressure, diastolic blood pressure, triglycerides, total cholesterol, high-density lipoprotein, low-density lipoprotein in cases and controls, and SNPs in each study. Disagreements were resolved by discussion.

### 2.4. Quality assessment

The study quality was assessed independently by LMC and XC by the following aspects: group selection, comparability, and assessment of outcome or exposure. The quality of each included article was assessed according to the Newcastle–Ottawa Scale.<sup>[32]</sup> Any discrepancies in the assessment were resolved by discussion.

### 2.5. Statistical analysis

The Stata software (version 12.0; Stata Corp LP, College Station, TX) and Revman software (version 5.1; The Nordic Cochrane Centre, Copenhagen, Denmark) were used in meta-analysis. Combined odds ratio (OR) and 95% confidence intervals (CIs) were used to access the associations between LPL polymorphisms and IS risk. The statistical significance of the pooled ORs under different genetic models (allelic, recessive, and dominant models) were determined by Z-test and considered significant when  $P < .05$ . A test of heterogeneity was conducted using Cochran Q

test and Higgins I-squared statistic. Significant heterogeneity among studies was defined as  $I^2 > 50\%$ . And a random effect model was used. Otherwise the fixed effect model was applied ( $I^2 < 50\%$ ). The effects of individual study on pooled results and the stability of results were assessed by sensitivity analysis. Begg and Egger test were used to assessed the publication bias.

## 3. Results

### 3.1. Study characteristics

After screening the database, a total of 629 records were identified. And 20 of additional records were also identified through cross screening. After reviewing the titles, abstracts, and full-texts, removing duplicated and irrelevant records, 23 eligible articles were included in the present study.<sup>[22–30,33–46]</sup> (Fig. 1). Four studies were excluded for no available data.<sup>[33–36]</sup> And, 2 studies reported the association between 3 LPL polymorphisms and IS.<sup>[23,28]</sup> Four articles reported the association between 2 LPL polymorphisms and IS.<sup>[22,27,30,37]</sup> For there were 2 different populations in the study conducted by Yue et al.<sup>[37]</sup> we treated each group as an individual studies. Finally, a total of 19 studies were enrolled in present study. Among them, 14 studies with 2515 cases and 3324 controls were included for LPL Ser447Ter.<sup>[22–24,28,37–45]</sup> Ten studies with 2109 cases and 2081 controls were included for LPL for HindIII (+/−).<sup>[22,23,25–28,30,37,46]</sup> And 6 studies with 786 cases and 896 controls were included for LPL PvuII (+/−).<sup>[22,23,27–30]</sup> The studies involved and their main characteristics were shown in Table 1. And the Newcastle–Ottawa Scale quality assessment of these included studies is provided in Table 2. All the included studies were of relatively high-quality (assessment score  $\geq 6$ ).

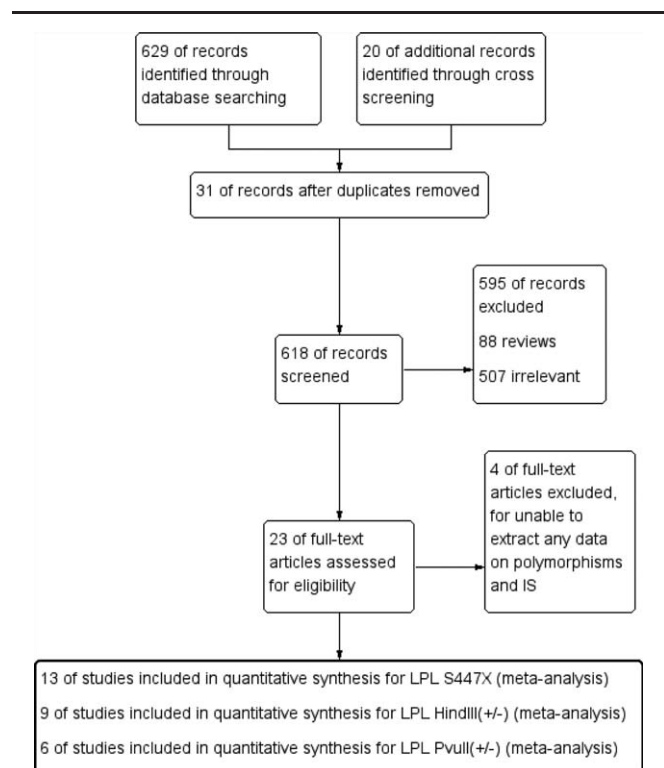


Figure 1. PRISMA flow chart of studies inclusion and exclusion.

**Table 1**

**Main characteristic of the studies for polymorphisms included in meta-analysis.**

First author	Year	Ethnicity	Case/control	Gender (M/F) (E/C)	Age (E-C)	Hypertension (Yes/No) (E/C)	Smoking (Yes/No) (E/C)	BMI (kg/m <sup>2</sup> ) (E-C)	Diabetes (Yes/No) (E:C)
Baum	2006	Chinese	246/336	134/112:152/184	70.7 ± 12.7/10.0 ± 5.9	162/84:202/134	108/138:126/210	NA	75/171:59/277
Fidani	2005	Greece	98/100	50/48:53/47	75.8 ± 6.9/72.7 ± 6.1	NA	NA	NA	NA
Guan	2006	Chinese	166/72	113/53:32/40	NA	NA	NA	NA	NA
Hu	2012	Chinese	206/203	123/83:110/93	67.68 ± 7.05/ 66.35 ± 4.78	155/51:80/123	105/101:79/124	23.63 ± 3.28/23.60 ± 3.39	55/151:10/193
Jiang	2015	Chinese	150/160	86/64:85/75	60 ± 11/59 ± 11	NA	NA	NA	NA
Liu	2008	Chinese	63/62	48/15:44/18	59.6 ± 12.3/55.5 ± 14.0	NA	NA	NA	NA
Morrison	2002	Americans	218/964	113/100:540/397	56.6 ± 0.4/53.9 ± 0.1	NA	38/180:26/938	NA	35/183:9/955
Mylykangas	2001	Finland	119/133	18/101:25/108	89.2 ± 3.4/88.8 ± 2.9	28/91:36/97	NA	2.9 ± 0.6/3.0 ± 0.7	31.9/18.8
Nakanishi,	2001	Japanese	177/177	124/53:114/63	62.2 ± 10.8/60.2 ± 9.1	116/61:14/163	NA	NA	49/128:24/153
Pereira	2016	Colombian	133/269	75/58:133/136	69 ± 8.5/64 ± 6.6	NA	NA	NA	NA
Zhao	2003	Chinese	96/117	53/43:73/44	64 ± 11.6/61.7 ± 8.3	55/41:26/61	50/46:26/91	23.7 ± 3.5/22.7 ± 2.4	20/76:2/115
Xu	2008	Chinese	185/186	102/84:118/67	60.18 ± 11.21/61.58 ± 10.19	101/84:16/170	60/125:29/157	22.97 ± 2.66/22.70 ± 2.64	NA
Yue	2017	Chinese	408/347	242/166:201/146	61.9 ± 11.8/61.8 ± 11.7	281/127:129/218	NA	23.9 ± 4.1/24.2 ± 3.3	NA
Huang	1996	Swedish	128/95	NA	NA	NA	233/292:161/339	NA	NA
Munshi	2012	Indian	525/500	374/151:357/143	49.3 ± 17.34/49.01 ± 16.78	302/72:151/349	NA	NA	237/288:143/357
Song	1999	Korean	96/88	59/37:68/73	63.4 ± 10.9/53.6 ± 12.6	NA	NA	NA	NA
Parfenov	2007	Russian	107/101	69/38:61/40	58.4 ± 11.5/ 57.6 ± 11.6	NA	NA	NA	NA
Ceja-Espiritu	2016	Mexican	100/120	46/54:59/70	67.9 ± 12.5/61.6 ± 9.7	49.51:69/51	54/46:34/86	27.9 ± 5.0/29.4 ± 5.7	47/53:89/31
Lin	2006	Chinese	67/81	NA	NA	NA	NA	NA	NA

first author	Year	Ethnicity	Case/control	SBP, mmHg (E/C)	DBP, mmHg (E:C)	TC, mg/dL (E/C)	TG, mg/dL (E/C)	HDL-C, mg/dL (E/C)	LDL-C, mg/dL (E/C)
Baum	2006	Chinese	246/336	166 ± 28/142 ± 20	85.4 ± 19/71.9 ± 13	5.58 ± 1.14/5.47 ± 0.91	1.55 ± 0.23/1.30 ± 0.17	1.35 ± 0.36/1.31 ± 0.34	3.48 ± 1.00/3.48 ± 0.81
Fidani	2005	Greece	98/100	NA	NA	NA	NA	NA	NA
Guan	2006	Chinese	166/72	NA	NA	NA	NA	NA	NA
Hu	2012	Chinese	206/203	160 ± 20/135 ± 25	90 ± 10/80 ± 15	4.82 ± 1.07/4.72 ± 0.88	1.48 ± 0.79/1.22 ± 0.36	1.28 ± 0.38/1.44 ± 0.37	2.87 ± 0.86/2.73 ± 0.73
Jiang	2015	Chinese	150/160	NA	NA	NA	NA	NA	NA
Liu	2008	Chinese	63/62	NA	NA	NA	NA	NA	NA
Morrison	2002	Americans	218/964	135.4 ± 16/120.1 ± 0.8	80.3 ± 10.7/3.3 ± 0.5	1.72 ± 0.09/1.40 ± 0.03	1.69 ± 1.59/1.02 ± 0.34	1.09 ± 0.37/1.03 ± 0.17	2.7 ± 0.87/1.78 ± 0.21
Mylykangas	2001	Finland	119/133	NA	NA	5.5 ± 1.3/5.5 ± 1.3	2.1 ± 1.4/1.9 ± 1.2	0.9 ± 0.3/1.0 ± 0.3	NA
Nakanishi,	2001	Japanese	177/177	NA	NA	5.18 ± 0.08/4.88 ± 0.17	1.53 ± 0.06/1.37 ± 0.12	1.38 ± 0.03/1.38 ± 0.06	NA
Pereira	2016	Colombian	133/269	NA	NA	201.35 ± 52.88/212 ± 43.88	162.48 ± 93.95/156.4 ± 68.46	39.42 ± 12.32/50.17 ± 12.66	129.43 ± 44.42/130.61 ± 41.11
Zhao	2003	Chinese	96/117	147.5 ± 26.5/127.1 ± 18.5	86.3 ± 12.6/79.1 ± 10.6	4.85 ± 1.43/4.49 ± 1.11	1.76 ± 1.05/1.27 ± 0.66	1.26 ± 0.41/1.47 ± 0.19	2.82 ± 0.91/2.71 ± 0.88
Xu	2008	Chinese	185/186	148.92 ± 23.25/129.55 ± 15.96	85.70 ± 14.15/78.59 ± 8.76	5.31 ± 1.50/5.31 ± 1.12	1.68 ± 1.26/1.41 ± 0.72	1.09 ± 0.29/1.27 ± 0.34	3.47 ± 1.38/3.42 ± 1.06
Yue	2017	Chinese	408/347	NA	NA	4.85 ± 1.08/4.47 ± 1.01	1.71 ± 0.65/1.51 ± 0.66	1.06 ± 0.25/1.27 ± 0.26	3.28 ± 0.61/2.46 ± 0.63
Huang	1996	Swedish	128/95	NA	NA	NA	NA	NA	NA
Munshi	2012	Indian	525/500	142 ± 17.2/128 ± 16.2	88.4 ± 20.2/79 ± 15.3	197.45 ± 40.45/195.36 ± 47.50	178.5 ± 40.02/138.68 ± 43.3	53.95 ± 20.23/59.56 ± 22.56	128.8 ± 42.5/111.4 ± 31.5
Song	1999	Korean	96/88	NA	NA	204.6 ± 47.6/186.5 ± 37.7	154.0 ± 97.3/126.3 ± 80.4	43.6 ± 9.0/49.8 ± 10.2	NA
Parfenov	2007	Russian	107/101	NA	NA	NA	NA	NA	NA
Ceja-Espiritu	2016	Mexican	100/120	NA	NA	NA	NA	NA	NA
Lin	2006	Chinese	67/81	NA	NA	NA	1.48 ± 1.44/0.88 ± 0.31	1.18 ± 0.27/1.10 ± 0.21	3.15 ± 0.95/2.00 ± 0.48

C=control, DBP=diastolic blood pressure, E=experimental, HDL=high-density lipoprotein, LDL=low-density lipoprotein, NA=not available, SBP=systolic blood pressure, TG=triglycerides, TC=total cholesterol.

**Table 2****Quality assessment according to the NOS.**

Study	Year	Group selection	Comparability	Assessment of outcome or exposure	Assessment scores
Baum	2006	****	***	**	9
Fidani	2005	****	***	**	9
Guan	2006	****	**	**	8
Hu	2012	****	**	*	7
Jiang	2015	****	**	***	9
Liu	2008	****	**	**	8
Morrison	2002	****	**	**	8
Myllykangas	2001	****	**	***	9
Nakanishi	2001	****	***	**	9
Pereira	2016	****	**	***	9
Zhao	2003	****	*	*	6
Xu	2008	****	**	***	9
Yue	2017	****	**	**	8
Huang	1996	****	**	***	9
Munshi	2012	****	**	**	8
Song	1999	****	**	***	9
Parfenov	2007	****	**	**	8
Ceja-Espiritu	2016	****	***	**	9
Lin	2006	****	**	*	7

NOS = Newcastle–Ottawa Scale.

**3.2. Meta-analysis results**

Significant associations were detected between LPL HindIII (+/−) in allelic and dominant models (allelic model:  $P = .0002$ , OR [95%CI]=0.80 [0.71, 0.90]; dominant model:  $P = .003$ , OR

[95%CI]=0.80 [0.69, 0.92]), PvuII (+/−) in allelic, dominant and recessive models (allelic model:  $P < .0001$ , OR[95%CI]=0.75 [0.65–0.86]; dominant model:  $P = .02$ , OR[95%CI]=0.67[0.48–0.93]; recessive model:  $P = .01$ , OR[95%CI]=0.71[0.55–0.93]), and IS (Table 3, Figs. 2 and 3). No association was detected between LPL Ser447Ter in allelic, dominant or recessive models, as well as LPL HindIII (+/−) in recessive model and IS ( $P > .05$ ) (Table 3, Fig. 4).

Subgroup analysis stratified by ethnicity showed that the frequencies of allelic, dominant, and recessive models of LPL HindIII (+/−) were significant lower in Asian cases (allelic model:  $P < .00001$ , OR[95%CI]=0.69 [0.59, 0.79]; dominant model:  $P = .003$ , OR[95%CI]=0.80 [0.69, 0.92]; recessive model:  $P = .005$ , OR[95%CI]=0.66 [0.50, 0.89]), but not in Caucasian cases ( $P > .05$ ). However, significant association was observed in allelic model of PvuII (+/−) in both Asian and Caucasian populations (Asian:  $P < .00001$ , OR[95%CI]=0.62[0.50–0.76]; Caucasian:  $P = .01$ , OR[95%CI]=0.75 [0.59, 0.94]). And the distribution of dominant model of PvuII (+/−) was significantly decreased in cases than that in controls in Asian ( $P = .0008$ , OR [95%CI]=0.66 [0.51–0.84]), but not in Caucasian ( $P > .05$ ). Furthermore, significant difference between the distribution of recessive model of PvuII (+/−) in cases and controls was detected in Caucasian ( $P = .02$ , OR[95%CI]=0.63 [0.43–0.93]), but not in Asian ( $P > .05$ ) (Table 3).

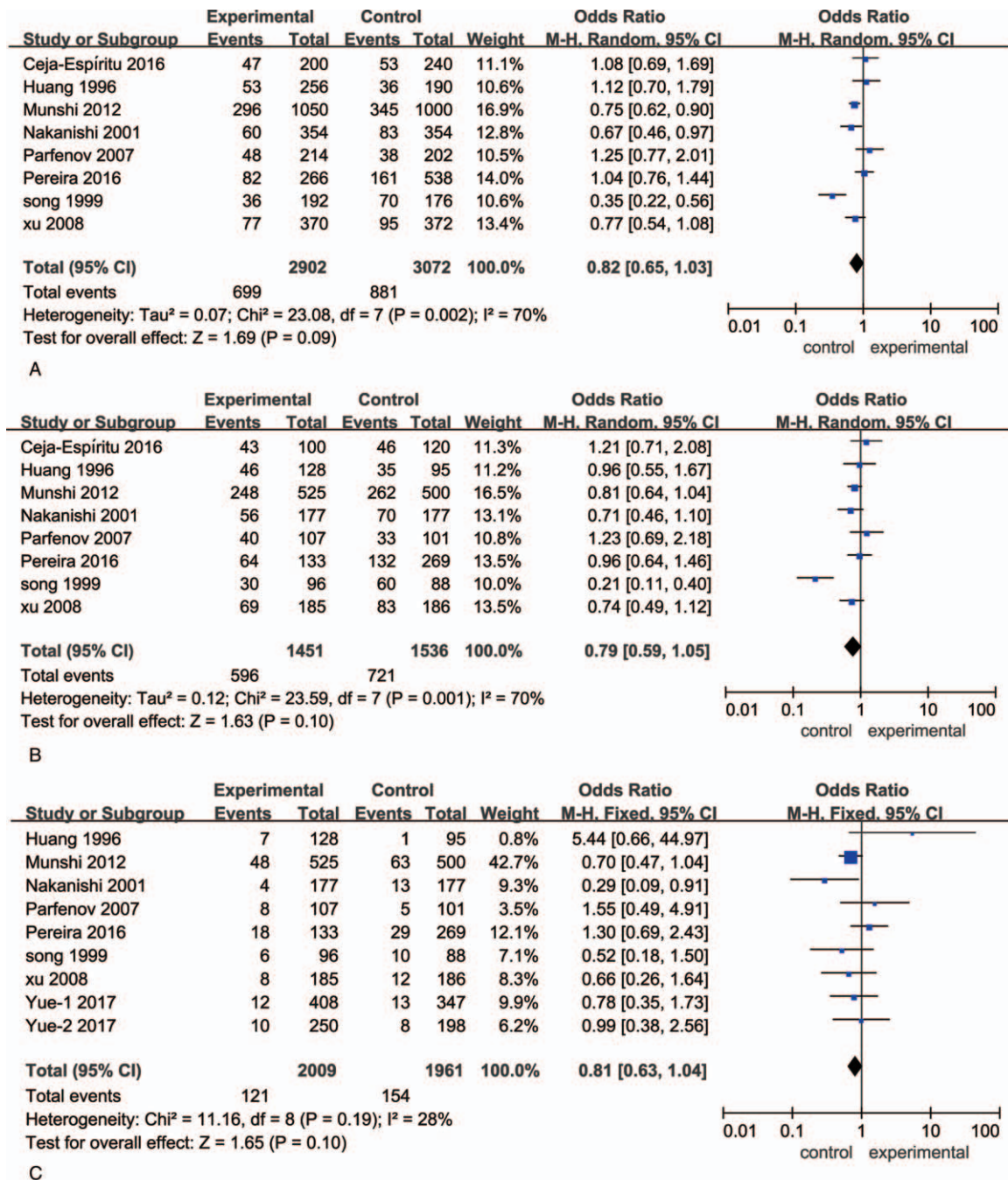
**3.3. Heterogeneity**

The heterogeneity between the studies about all genetic models of LPL Ser447Ter, allelic, and dominant models of HindIII (+/−), as

**Table 3****The results of meta-analysis for lipoprotein lipase Ser447Ter, HindIII and PvuII, and ischemic stroke.**

Variants	Genetic models	Subgroup	Number of studies	Numbers		Test of association		Model	Test of heterogeneity	
				Case	Control	OR[95% CI]	P		P	I <sup>2</sup> , %
Ser447Ter	Allelic	Total	10	3010	3354	0.88[0.58–1.33]	.54	R	<.00001	93
		Asian	8	2578	2616	0.83 [0.50–1.39]	.48	R	<.00001	87
		Caucasian	2	462	738	1.09 [0.73–1.63]	.66	F	.49	0
	Dominant	Total	12	1857	2779	0.85 [0.59–1.24]	.41	R	<.00001	81
		Asian	8	1289	1313	0.85 [0.50–1.45]	.56	R	<.00001	86
		Caucasian	4	568	1466	0.86 [0.54–1.38]	.53	R	.05	61
	Recessive	Total	9	1621	1766	0.89 [0.23–3.41]	.87	R	.05	52
		Asian	7	1390	1397	0.91 [0.13–6.26]	.92	R	.02	67
		Caucasian	2	231	369	0.79 [0.14–4.62]	.80	F	.82	0
HindIII (−/+)	Allelic	Total	8	2902	3072	0.80 [0.71, 0.90]	.0002	R	.002	70
		Asian	4	1966	1902	0.69 [0.59, 0.79]	<.00001	R	.03	67
		Caucasian	4	936	1170	1.10 [0.90, 1.35]	.36	F	.94	0
	Dominant	Total	8	1451	1536	0.80 [0.69, 0.92]	.003	R	.001	70
		Asian	4	983	951	0.69 [0.58, 0.83]	<.0001	R	.001	81
		Caucasian	4	468	585	1.06 [0.83, 1.37]	.64	F	.84	0
	Recessive	total	9	2009	1961	0.81 [0.63, 1.04]	.10	F	.19	28
		Asian	6	1641	1496	0.66 [0.50, 0.89]	.005	F	.69	0
		Caucasian	3	368	465	1.55 [0.92, 2.61]	.10	F	.43	0
PvuII (−/+)	Allelic	total	6	1572	1792	0.75 [0.65–0.86]	<.0001	F	.54	0
		Asian	4	1050	1064	0.75 [0.62, 0.90]	.002	F	.26	25
		Caucasian	2	522	728	0.75 [0.59, 0.94]	.01	F	.83	0
	Dominant	total	6	786	896	0.67 [0.48–0.93]	.02	R	.04	58
		Asian	4	525	532	0.66 [0.51–0.84]	.0008	R	.009	74
		Caucasian	2	261	364	0.73 [0.51–1.06]	.10	F	.66	0
	Recessive	total	6	786	896	0.71 [0.55–0.93]	.01	F	.22	29
		Asian	4	525	532	0.80 [0.55–1.15]	.23	R	.10	53
		Caucasian	2	261	364	0.63 [0.43–0.93]	.02	F	.97	0

CI = confidence interval, F = fixed model, NA = not available, OR = odd ratio, R = random model.



**Figure 2.** Forest plots of odds ratios for the association between LPL PvuII (+/-) and IS. (A) Allelic model; (B) dominant model; and (C) recessive model. IS = ischemic stroke, LPL = lipoprotein lipase.

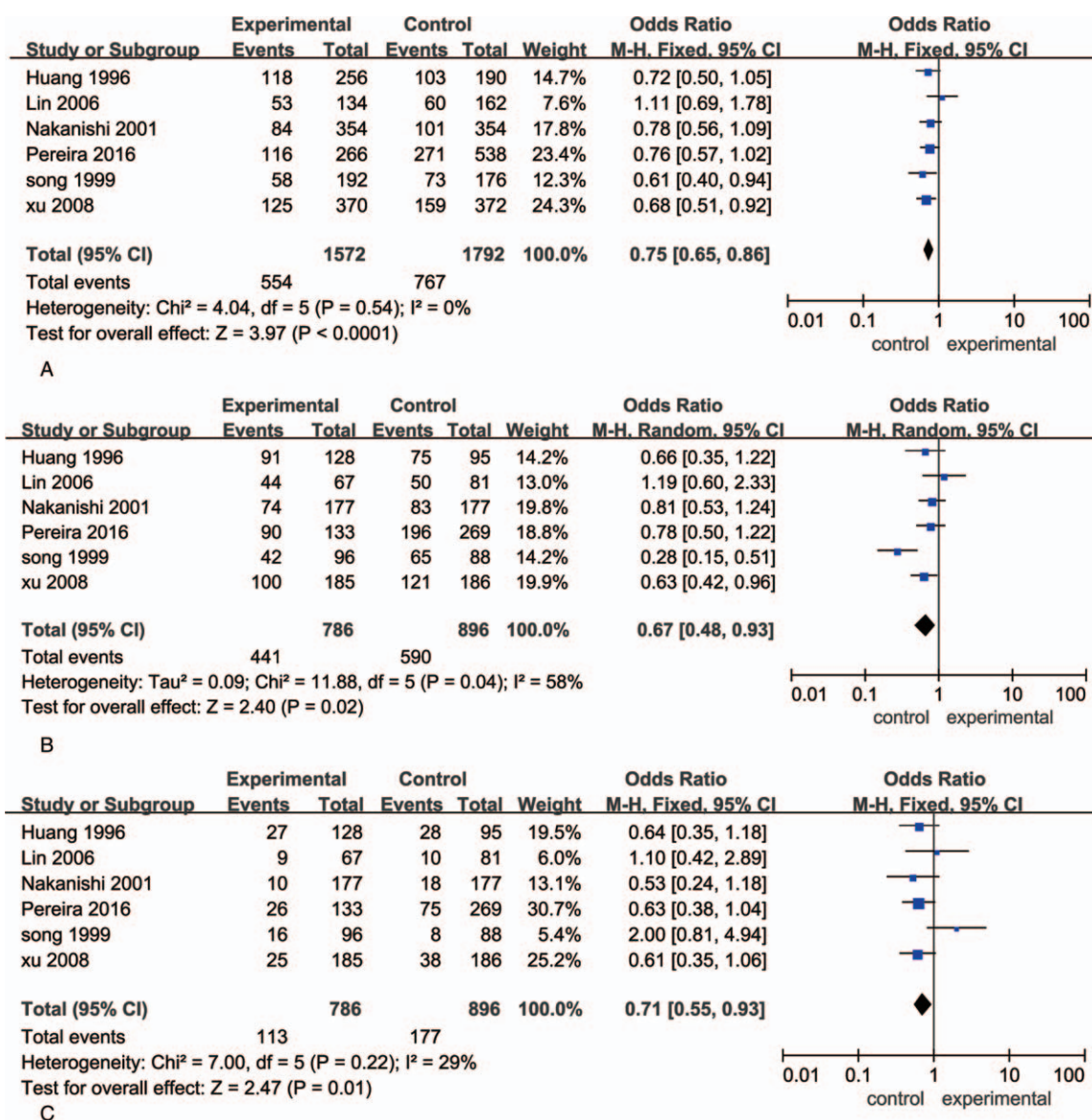
well as dominant model of PvuII (+/-) were observed. Therefore subgroup analyses were essential. Significant heterogeneities existed in allelic, dominant, and recessive models of LPL Ser447Ter in Asian subgroup when stratified by ethnicity. The heterogeneity in this polymorphism was contributed mainly by Jiang et al, Xu et al, and Zhao et al. Removal of these studies from meta-analysis gave 0% to 43% heterogeneities ( $P > .05$ ). As for HindIII (+/-) and PvuII (+/-), the heterogeneities in these 2 polymorphisms were contributed mainly by Song et al. Removal of this study from meta-analysis gave 0% to 47% heterogeneities ( $P > .05$ ).

### 3.4. Sensitivity analysis

Sensitivity analysis which excluded the influence of a single study on the overall risk estimate by excluding 1 study at a time was confirmed. The ORs were not significantly altered in each SNP (Fig. 5).

### 3.5. Publish bias

We performed the Begg and Egger tests to evaluate the publication bias. None of the funnel plots explored the evidence of publication bias (Fig. 6). The  $P$  value and  $Z$  value for Egger and



**Figure 3.** Forest plots of odds ratios for the association between LPL Ser447Ter and IS. (A) Allelic model; (B) dominant model; and (C) recessive model. IS= ischemic stroke, LPL=lipoprotein lipase.

Begg test were shown in Table 4 separately. No obvious publication bias was observed for LPL Ser447Ter, HindIII (+/−) and PvuII (+/−), and IS.

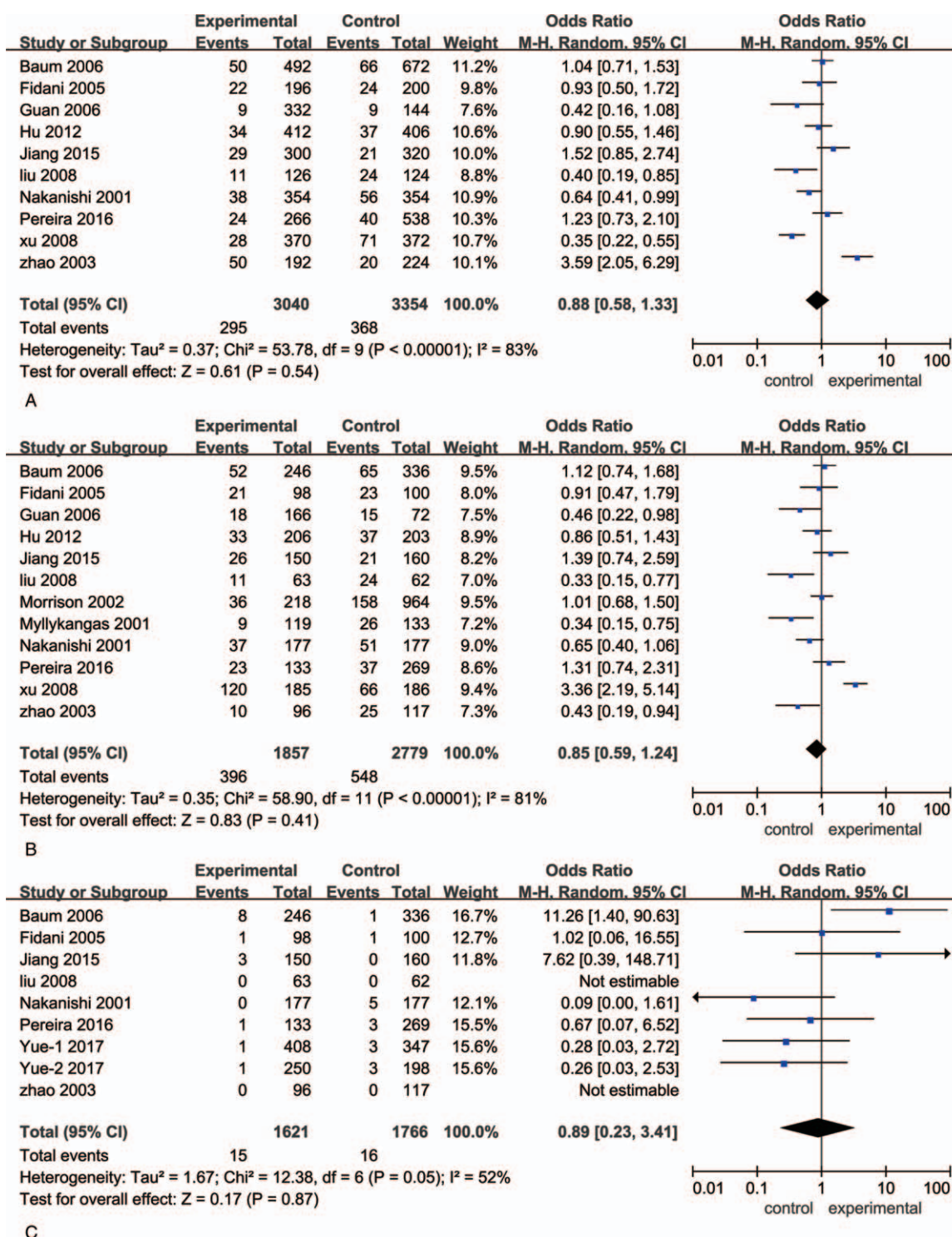
#### 4. Discussion

In the present meta-analysis study, we found that the LPL HindIII (+/−) and PvuII (+/−), but not the Ser447Ter, might significantly reduce the risk of IS.

Multiple gene variants have been identified to be susceptible factors for IS in both familiar and sporadic cases.<sup>[47,48]</sup> Several variants of the LPL gene have been found and reported to underlie changes in plasma lipoprotein levels and to be important cardiovascular risk factors.<sup>[21,22]</sup> The Ser447Ter, 1 mutation of LPL gene, may result in beneficial lipid profile. Recently, a meta-analysis with 13 studies was performed to investigate the relationship of LPL Ser447Ter and IS.<sup>[49]</sup> LPL

Ter447 variant was shown to be associated with a significantly reduced risk for IS both in Caucasian and East-Asian populations.<sup>[49,50]</sup> In our meta-analysis, we included 14 studies, partly different from previous meta-analysis, with 2515 cases and 3324 controls, for IS analysis. Different from the previous results, we failed to detect the significant association between LPL Ser447Ter and IS. Furthermore, we also demonstrated no risk of IS for allele, recessive, and dominant models both in Caucasian and Asian populations.

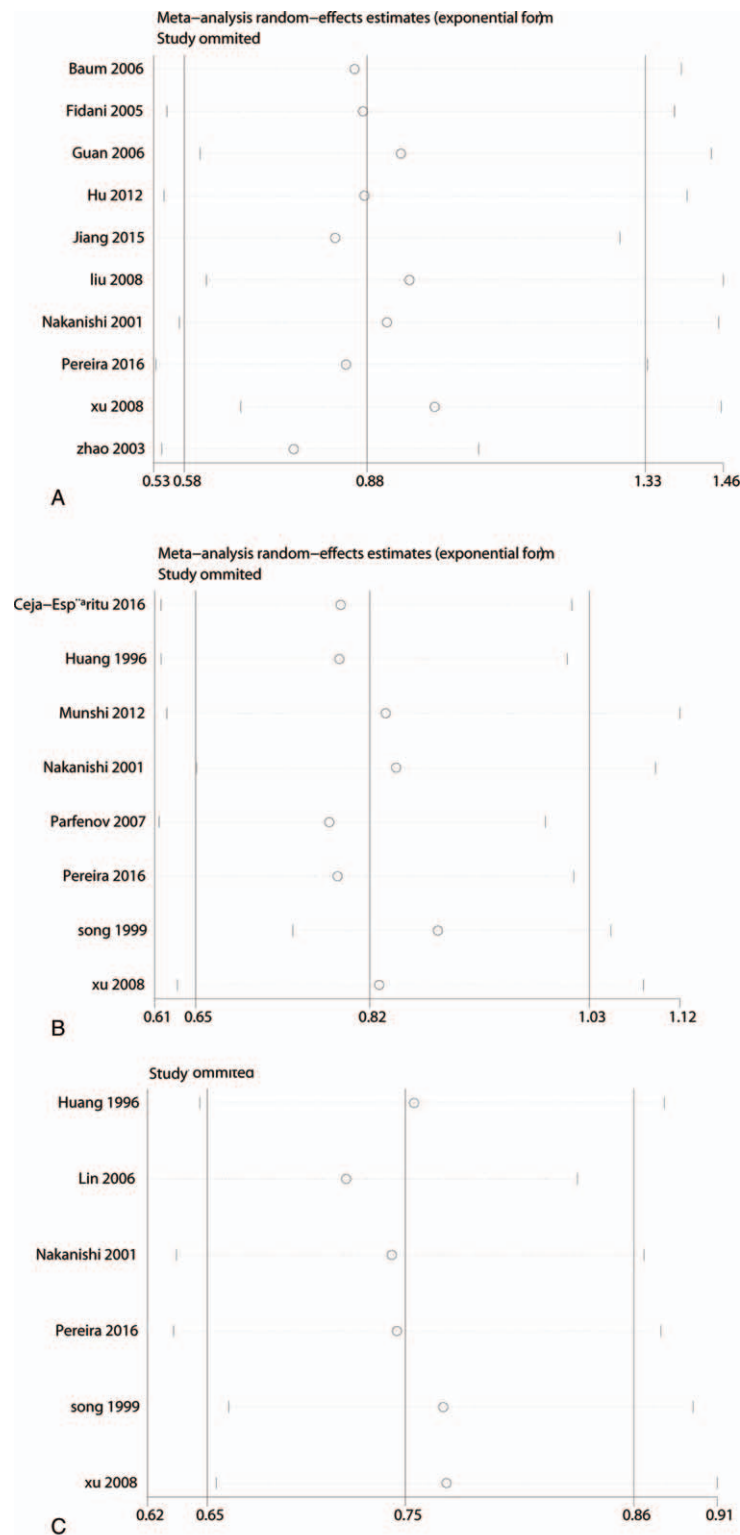
In contrast to Ser447Ter variant, HindIII (+/−) has the protective effect on IS. The HindIII (+/−) polymorphism could lead to a substitution of thymine (T) to guanine (G), which was suggested to affect the transcription or translation of the LPL gene.<sup>[48]</sup> Huang et al<sup>[27]</sup> firstly investigated the genetic association between HindIII (+/−) variant and stroke, and obtained negative results. This result was followed by Song et al,<sup>[30]</sup> Velásquez Pereira et al,<sup>[22]</sup> and Xu et al.<sup>[28]</sup> Although negative results were



**Figure 4.** Forest plots of odds ratios for the association between LPL HindIII (+/-) and IS. (A) Allelic model; (B) dominant model; and (C) recessive model. IS = ischemic stroke, LPL = lipoprotein lipase.

observed in individual study, our study confirmed this variant in allelic and dominant models were associated with a significant reduction of the IS risk especially in Asian population, which was similar with the results reported in latest publication by He et al.<sup>[51]</sup> Notable, we included 2 more studies<sup>[30,37]</sup> and found that the recessive model of HindIII (+/-) might not be the

susceptible factor of IS, which was partly different from that reported by He et al.<sup>[51]</sup> In addition, we excluded 3 studies<sup>[52-54]</sup> that included in study conducted by He et al on the association between the HindIII (+/-) and hemorrhagic stroke (HS) risk for the present meta-analysis mainly focused on the association between HindIII (+/-) and IS risk. Recent studies suggested that

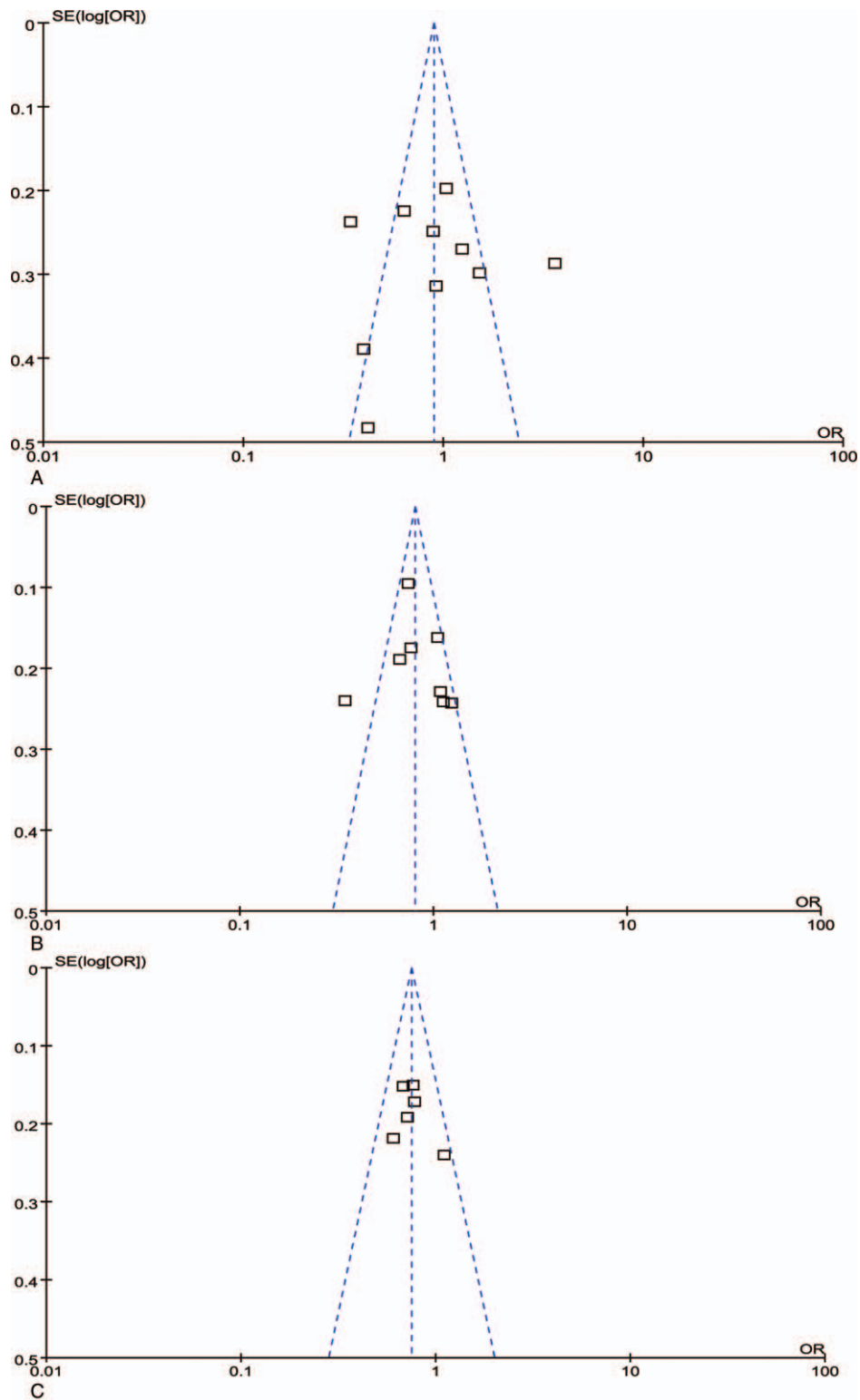


**Figure 5.** The influence of each study by removal of individual study for allelic model. (A) Ser447Ter; (B) HindIII (+/-); and (C) PvuII (+/-).

HS and IS were 2 different subtype of stroke.<sup>[55,56]</sup> However, most studies have not distinguished IS from HS. The pathogenesis and proportion of IS and HS were suggested to be partly different from each other.<sup>[57,58]</sup> Thus, we did not take the association between HindIII (+/-) and IS into account. And this indicated the

protective effect for HindIII (+/-) polymorphism in IS in Asian population might be reliable. Several reasons accounted for this inconsistency in Asian and Caucasian populations. First, different gene background in Caucasian and Asian populations may lead to the inconsistent association between LPL HindIII and stroke.





**Figure 6.** Funnel plot of publication bias for the association between LPL Ser447Ter, HindIII (+/–) and PvuII (+/–), and IS. (A) Ser447Ter; (B) HindIII (+/–); and (C) PvuII (+/–). IS=ischemic stroke, LPL=lipoprotein lipase.

Second, limited studies with small sample size were included in Caucasian subgroup, which may reduce the adequate power to detect the real correlation.

The *PvuII* (+/–) polymorphism is located in intron 6 and has been reported to be associated with coronary heart disease in

patients with type 2 diabetes in Chinese,<sup>[28]</sup> Caucasian (United States),<sup>[59]</sup> and Brazilian.<sup>[60]</sup> Previous study suggested that the *Pvu* (+/–) mutation might lead to significant change in levels of plasma triglycerides and high-density lipoprotein-c, which indicate the *Pvu* (+/–) mutation may influence the plasma

**Table 4****Egger and Begg test for funnel plot asymmetries of lipoprotein lipase polymorphisms.**

Models of test	Polymorphisms	Ser447Ter			HindIII (-/+)			Pvu II (-/+)		
		Allelic	Dominant	Recessive	Allelic	Dominant	Recessive	Allelic	Dominant	Recessive
Egger test	<i>P</i>	.879	.056	.702	.722	.744	.523	.465	.713	.141
	95%CI	-8.906776	-10.24781-	-13.360059.723-	-4.19661	-6.248398	-1.638094	-4.437082	-11.14991	-1.588229
Begg test	<i>Z</i> value	7.768476	-0.8226466	751	5.706945	4.715621	2.940762	8.069876	8.37011	7.718856
		0.00	2.26	0.00	0.62	0.00	0.52	0.00	0.38	0.75

CI = confidence interval.

LPL activity, and then play a role in the pathogenesis of stroke.<sup>[28]</sup> However, the effect of PvuII (+/-) mutation in IS was controversial. Huang et al firstly reported no significant relationship between PvuII (+/-) polymorphism and IS in Swedish.<sup>[27]</sup> Similar results were obtained in Korean,<sup>[30]</sup> Japanese,<sup>[23]</sup> Chinese,<sup>[28,29]</sup> and Colombian.<sup>[22]</sup> However, Xu et al showed discouraging results.<sup>[26]</sup> Our combined analysis demonstrated that the dominant model of PvuII (+/-) was significantly related to the IS risk in Asian. And the recessive model of PvuII (+/-) was significantly related to IS risk in Caucasian. Relatively small numbers of studies were enrolled in subgroups may explain these inconsistency. Thus, to confirm these results, larger number of case-control design studies with sufficient cohorts is necessary.

Significant heterogeneities were observed in Asian subgroup in allelic, dominant, and recessive models when stratified by ethnicity. The following reasons might result in these heterogeneities. Firstly, there was relatively small sample size in most of these studies that conducted in Asian population. Second, different control source, genotyping methods, and phenotypes were applied in individual studies.

Limitations need be mentioned. First, the number of study and subject included in present meta-analysis were relatively small. Only 2 or 3 eligible study was included in Caucasian subgroup, which may be lack of sufficient power to detect slight association. Second, uncorrected estimates were used in the present meta-analysis. It would be better to take potential contributory factors including gender, age, environmental factors, and other lifestyle factors such as diabetes, smoking, diet, and obesity into account in further precise analysis. Third, significant heterogeneity existed in studies, which may due to the different source of control, genetic backgrounds, and environmental factors. Fourth, we included studies only in Asian and Caucasian populations. The results may be need further accessed in multiple ethnicity groups.

## 5. Conclusion

The LPL HindIII (+/-) and PvuII (+/-), but not Ser447Ter may contribute to the susceptibility to IS. To confirm these results, more case-control designed studies with larger sample size of subject, and multiple ethnicities are necessary.

## Acknowledgments

The authors thank Dr Yiwei Chen from Hongkong University for the help of statistical analysis during the review process.

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**Writing – review & editing:** Qiang Li, Xu Chen.

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