

Possible role for rare *TRPM7* variants in patients with hypomagnesaemia with secondary hypocalcaemia

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GRAPHICAL ABSTRACT



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What is already known about this subject?

- Hypomagnesaemia with secondary hypocalcaemia (HSH) is a rare autosomal recessive disorder characterized by a very low serum magnesium concentration, muscle cramps and seizures.
- Biallelic pathogenic variants in *TRPM6* have been identified as the cause for HSH, yet several families remain without a genetic diagnosis.

What this study adds?

- We report an autosomal dominant inheritance pattern of HSH.
- We describe for the first time the presence of rare variants in the TRPM7 gene in patients with HSH.
- The identified variants result in defective splicing or impair *TRPM7* channel activity.

What impact this may have on practice or policy?

- We recommend screening patients with HSH negative for variants in TRPM6 for rare variants in TRPM7.
- Finding more TRPM7 variants will improve diagnostics of patients with HSH, allowing genetic counseling.

ABSTRACT

Background. Hypomagnesaemia with secondary hypocalcaemia (HSH) is a rare autosomal recessive disorder caused by pathogenic variants in *TRPM6*, encoding the channel-kinase transient receptor potential melastatin type 6. Patients have very low serum magnesium (Mg^{2+}) levels and suffer from muscle cramps and seizures. Despite genetic testing, a subgroup of HSH patients remains without a diagnosis.

Methods. In this study, two families with an HSH phenotype but negative for *TRPM6* pathogenic variants were subjected to whole exome sequencing. Using a complementary combination of biochemical and functional analyses in overexpression systems and patient-derived fibroblasts, the effect of the *TRPM7*-identified variants on Mg^{2+} transport was examined.

Results. For the first time, variants in *TRPM7* were identified in two families as a potential cause for hereditary HSH. Patients suffer from seizures and muscle cramps due to magnesium deficiency and episodes of hypocalcaemia. In the first family, a splice site variant caused the incorporation of intron 1 sequences into the *TRPM7* messenger RNA and generated a premature stop codon. As a consequence, patient-derived fibroblasts exhibit decreased cell growth. In the second family, a heterozygous missense variant in the pore domain resulted in decreased *TRPM7* channel activity.

Conclusions. We establish *TRPM7* as a prime candidate gene for autosomal dominant hypomagnesaemia and secondary hypocalcaemia. Screening of unresolved patients with hypocalcaemia and secondary hypocalcaemia may further establish *TRPM7* pathogenic variants as a novel Mendelian disorder.

Keywords: genetics, HSH, magnesium deficiency, *TRPM6*, *TRPM7*

INTRODUCTION

Hypomagnesaemia with secondary hypocalcaemia [HSH, (Mendelian Inheritance in Man #602014)] is a rare autosomal recessive disorder characterized by a very low serum magnesium (Mg²⁺) concentration (<0.3 mmol/L) [1, 2].

Hypocalcaemia is a secondary effect of hypomagnesaemia as a consequence of parathyroid failure or parathyroid hormone (PTH) resistance [3]. Patients often present during the newborn period with severe seizures, which can result in severe neurological damage if left untreated.

In 2002, variants in *TRPM6* were identified to be causative for HSH [1, 2]. *TRPM6* encodes a non-selective divalent cation channel, transient receptor potential melastatin type 6 (*TRPM6*), with high permeability for Mg^{2+} [4, 5]. A recent study shows that TRPM6 functions in tetramers with its close homologue TRPM7 and that this interaction is essential for TRPM6 activity [6]. Both channels are sensitive to intracellular Mg^{2+} and Mg-ATP levels and have differential concentration-dependent channel inhibition [7]. The activity of TRPM6/TRPM7 tetramers is, therefore, regulated by the relative expression of TRPM6 and TRPM7 subunits. TRPM6 decreases the Mg-adenosine triphosphate (ATP)-induced inhibition of TRPM7 and thereby increases Mg^{2+} transport activity [6].

Whereas *TRPM7* is ubiquitously expressed throughout the body, *TRPM6* is exclusively located in epithelia, with the highest expression in the colon and kidney [8]. Within the kidney, *TRPM6/TRPM7* tetramers locate in the distal convoluted tubule (DCT) segment of the nephron, where they are believed to function as tetramers on the apical membrane [8–10]. Urinary Mg²⁺ excretion is ultimately determined in the DCT since no Mg²⁺ reabsorption takes place beyond this segment [11, 12]. As a consequence, impaired Mg²⁺ transport via TRPM6/TRPM7 in the DCT inevitably results in renal Mg²⁺ wasting and hypomagnesaemia [1–3, 13].

The pathophysiology of HSH comprises a primary defect in intestinal Mg^{2+} uptake and additional renal Mg^{2+} wasting. During phases of severe hypomagnesaemia, the renal wasting is not detectable. It can, however, be evidenced after normalization of plasmatic levels (Mg^{2+} loading test). Here we report HSH in two families: one with an autosomal inheritance pattern and one *de novo*. Using whole exome sequencing (WES), we identified rare variants in *TRPM7* that were functionally evaluated using patch clamp electrophysiology and biochemical analyses.

MATERIALS AND METHODS

Patient analysis

Electrolytes in the blood and 24-h urine measurements of the patients were performed according to standard procedures. An intravenous Mg^{2+} -loading test was executed in individuals F1-II.2, F1-II.3 and F1-III.3. The probands of both families were subjected to WES, which, in the case of F1-II.2, was performed at BGI-Europe (Copenhagen, Denmark), employing a HiSeq 2000 machine (Illumina, San Diego, CA, USA). In the case of family 2, DNA samples were sent to Macrogen (Seoul, South Korea) and WES analysis was carried out using an Illumina platform. Candidate genes were selected and analysed in the other family members by Sanger sequencing. Full methods are available as Supplementary material.

Messenger RNA (mRNA) analysis

Primary fibroblast cultures were established from a skin biopsy. mRNA isolation of patients' blood was performed using the PAXgene Blood RNA kit (Qiagen, Manchester, UK). Regions of interest were amplified using reverse transcription– polymerase chain reaction (PCR) and directly Sanger sequenced according to standard methods. To identify the sequences of the alternatively spliced *TRPM7*, a 5' rapid amplification of complementary DNA ends PCR was performed according to the manufacturer's protocol (Invitrogen, Carlsbad, CA, USA). Full methods are available as Supplementary material.

Functional experiments

HEK293 cells were transfected with wild-type and mutant *TRPM7* constructs for 48 h. At the start of the ${}^{25}Mg^{2+}$ uptake experiments, cells were transferred to Mg^{2+} -free medium supplemented with 1 mmol/L ${}^{25}Mg^{2+}$ (purity \pm 98%; Cortecnet, Voisins le Bretonneux, France). After 15 min, the buffer was removed and the cells were washed and lysed. Lysates were subjected to inductively coupled plasma mass spectrometry analysis. Full methods are available as Supplementary material.

RESULTS

Hypomagnesaemia with secondary hypocalcaemia

Two families were submitted for genetic testing under the suspicion of HSH (Fig. 1A). The first family, of French origin, presented with hypomagnesaemia (range 0.25–0.51 mmol/L) and episodes of hypocalcaemia in two affected family members (Fig. 1A, F1). All other serum electrolytes were in the normal range (Table 1). The proband (patient II.2, Fig. 1B) is a 78-year-old female with hypercholesterolaemia, hypertension and Hashimoto thyroiditis. Hypomagnesaemia and hypocalcaemia were discovered at the age of 68, when she was admitted for acute abdominal pain (plasma Mg²⁺ 0.37 mmol/L); fasting urinary Mg²⁺ excretion was low as well (2.8 μ mol/L glomerular filtrate). Hypocalcaemia was corrected by oral calcium carbonate (1500 mg/d), but oral Mg²⁺ failed to correct hypomagnesaemia. On anamnesis, the patient disclosed she had episodes of muscle cramps throughout her life. The brother of the proband (patient II.3) had a medical history of arterial hypertension, dyslipidaemia, chronic kidney disease (CKD) stage 4 and Grave's disease that required a full thyroidectomy. He had an episode of tetany at the age of 63, after thyroidectomy, initially ascribed to postsurgery hypoparathyroidism. Then hypocalcaemia [serum ionized calcium (Ca²⁺) 1.10 mmol/L] and an inappropriately low PTH concentration (14 pg/mL) were confirmed (Fig. 1C, May 2014); hypomagnesaemia (0.25 mmol/L) was present with low urinary Mg²⁺ excretion (0.29 mmol/day). Of note, Mg²⁺ infusion (see below) normalized both PTH and blood Ca²⁺ concentrations, showing that hypoparathyroidism was not a result of thyroid surgery but a consequence of hypomagnesaemia. An episode of generalized seizures occurred when he was 77; no other cause than hypomagnesaemia could be retrieved. The son of the proband (patient III.3, Fig. 1D) had hypomagnesaemia (0.53 mmol/L) diagnosed at the age of 47, during family screening. His medical history showed asthma and occasional episodes of paresthesia. The affected individuals presented with low urinary Mg²⁺ excretion at the basal state (0.72, 0.29, 0.29 mmol/day in patients II.2, II.3 and III.3, respectively). Patients III.1, III.2, IV.1 and IV.2 had normal plasma Mg²⁺ concentrations (Table 1). A Mg²⁺ loading test in patients II.2, II.3 and III.3 demonstrated both intestinal and renal Mg²⁺ (re)absorption defects in all patients, similar to what is observed in patients with loss-of-function of TRPM6 [2] (Fig. 1E).

An unrelated child of Spanish origin was hospitalized with convulsions at the age of 7 months (Fig. 1A, F2). Nystagmus had been observed since birth. Blood analysis demonstrated the presence of severe hypomagnesaemia (0.44 mmol/L) (Table 1). Serum ionized Ca²⁺ levels were low during episodes of convulsions (0.94 mmol/L), but were restored to normal values. Mg²⁺ supplementation was unable to restore Mg²⁺ levels (0.51 mmol/L) and urinary Mg²⁺ excretion was increased (fractional excretion of magnesium 22%, normal value <2.2%) and was associated with low urinary calcium excretion. He did not present proteinuria (protein:creatinine ratio <22 mg/mmol) and PTH levels were in the normal range. Ultrasound evaluation showed normal kidneys. Since the first diagnosis, the patient has suffered repeatedly from seizures (epilepsy associated with psychomotor retardation). Other complementary examinations aimed at studying psychomotor retardation and epilepsy were negative. Both parents were healthy and had normal serum Mg²⁺ and Ca²⁺ levels (mother: Mg²⁺ 0.77 mmol/L, total Ca 2.32 mmol/L; father: Mg²⁺ 0.82 mmol/L, Ca²⁺ 2.35 mmol/L).

Identification of TRPM7 variants

WES identified rare *TRPM7* variants in both families. A heterozygous chr15:50978727G>C (c.3+1 G>C) variant was found in family 1, which is located at the first position of intron 1 of the *TRPM7* gene. This substitution in the canonical



FIGURE 1: HSH phenotype in two families with a dominant inheritance pattern. (**A**) Pedigree of the families with autosomal dominant hypomagnesaemia and secondary hypocalcaemia. Black symbols denote affected and genetically confirmed family members. (**B**–**D**) Clinical course of patients F1-II.2, II.3 and III.3. (E) Mg²⁺ loading test showing combined intestinal and renal Mg²⁺ wasting in individuals F1-II.2, F1-II.3 and F1-III.3. In patients on baseline (fasting) conditions, plasma Mg concentration was low and urinary Mg excretion was low as well (7.4 ± 6.6 µmol/L of glomerular filtrate), as expected under fasting conditions and in the same range as in control subjects under control conditions (19.2 ± 1.9 µmol/L of glomerular filtrate), showing that no urinary Mg increased as well. However, for any plasma Mg concentration, urinary Mg excretion was higher in patients than in controls, showing that renal tubular reabsorption is impaired in patients; this can be clearly seen for any plasma Mg concentration ≥0.8 mmol/L. Therefore we conclude that the defect in renal tubular Mg reabsorption in patients manifests when plasma Mg reabsorption is normal or high.

splice donor site is predicted to abolish the splicing score (Alamut splicing prediction module) (Fig. 2A–C). Subsequent Sanger sequencing of the patients and two non-affected family members indicated that the variant cosegregated with the hypomagnesaemia phenotype (Fig. 2A, Supplementary data, Figure S1). In family 2, a heterozygous chr15:50891345C>T (c.3137G>A) variant was identified in exon 22, resulting in a p.Gly1046Asp change (Fig. 2B). The Combined Annotation-Dependent Depletion (CADD)-Phred scaled CADD score for this variant was predicted pathogenic with very high scores

by the variant pathogenicity prediction tools PolyPhen-2 HVAR and SIFT. Parental testing by Sanger sequencing did not show the variant, indicating a *de novo* origin. Both identified variants were absent in our in-house database, dbSNP, the 1000-Genomes Project and the Genome Aggregation Database (gnomAD). Moreover, there were no rare variants detected in known hypomagnesaemia-causing genes [14–21]. Nor did we detect other rare variants that could explain the phenotype (Supplementary data, Tables S1–S4). The new *TRPM7* variants were submitted to ClinVar and were included with accession numbers VCV000974783 and SCV001482422.

	Family 1				Family 2	
	Patient II-2	Patient II-3	Patient III-3	Unaffected subjects ($n = 4$)	Patient II-1	Normal values
Age (years)	78	76	48		3	
Height (cm)	155	167	170		98	
Weight (kg)	85.6	80.2	69.3		15.5	
Na ⁺ (mmol/L)	140	138	141		139	137-145
K ⁺ (mmol/L)	4.4	4.1	3.7		3.9	3.5-4.5
Cl ⁻ (mmol/L)	105	101	104		102	99-106
Total CO ₂ (mmol/L)	22	24	25		29	23–28
Ca ²⁺ (mmol/L)	2.28	2.31	2.26	2.35 ± 0.04	2.59	2.1-2.6
Mg^{2+} (mmol/L)	0.49	0.25	0.51	0.82 ± 0.04	0.61	0.7-1.0
Pi (mmol/L)	0.80	1.05	0.70		1.30	0.82-1.39
Creatinine (µmol/L)	101	226	75		44	^a 53–97.2, ^b 61.9–114.9 and ^c 46–61
eGFR (mL/min/1.73 m ²)	46	26	96		130	>90
Renin (pg/mL)	16.5	4.8	12.7		-	9-30
PTH (pg/mL)	72*	17*	49*		58.3**	*11-57, **14.5-87.1
Aldosterone (pmol/L)	168	270	216		-	80-1000
24-hr urine volume (mL)	1100	1185	1811		_	
Na ⁺ (mmol/day)	83	125	60			
FENa (%)					0.13	
K ⁺ (mmol/day)	39	39	54			
FEK (%)					5.78	
Cl ⁻ (mmol/day)	90	120	69			
FECl (%)					0.16	
Ca ²⁺ (mmol/day)	0.34	0.56	0.62			
Ca:Cr					0.02	
Mg ²⁺ (mmol/day)	0.89	0.19	0.29			
FEMg (%)					7.5	
Pi (mmol/day)	10.8	13.5	16.7			
TRP					84.58	

Estimated glomerular filtration rate (eGFR) was calculated by the Modification of Diet in Renal Disease formula (family 1) and by the Schwartz 2009 formula (family 2). FENa: fractional excretion of sodium; FEK: fractional excretion of potassium; FECI: fractional excretion of chloride; FEMg: fractional excretion of magnesium; Ca:Cr: calcium:creatinine ratio; TRP: tubular reabsorption of phosphate. Conversion factors: $Ca^{2+} mmol/L = mg/dL \times 0.25$; $Mg^{2+} mmol/L = mg/dL \times 0.48$; Pi mmol/L = $mg/dL \times 0.32$; creatinine $\mu mol/L = mg/dL \times 88.5$; renin $mU/L = pg/mL \times 1.65$; aldosterone pmol/L = $ng/dL \times 27.75$.

Reference values for the fractional excretions are not usually included since they depend on the levels of electrolytes in the serum and the volaemia. They are interpreted in a clinical context.

The asterisks indicate the reference values in the respective hospitals/countries.

^{a, b and c} Creatinine normal values for adult women, men and children, respectively.

TRPM7 splice donor variant results in alternative splicing and decreased cell growth

To examine the effects of the intronic *TRPM7* variant on splicing of the *TRPM7* mRNA, mRNA was isolated from the whole blood of patients II.2 and III.3. The PCR amplification of the spliced mRNA using primers in exon 1 and 2 demonstrated the presence of the normal spliced mRNA and also a larger band in minor quantities (Fig. 3A and B). Sanger sequencing of this band indicated that this transcript consists of several defective spliced mRNAs that all contain parts of intron 1. The most common transcript (~80% of all defective transcripts) includes the first part of intron 1 and splices from position +71 to exon 2 (Supplementary data, Figure S2). The defective splicing caused a frame shift and a premature stop codon close to the beginning of exon 2.

To determine the functional consequences of the defective splicing, fibroblasts were isolated from patient II.3. Fibroblasts express TRPM7 and are dependent on its function for cell growth and survival [22, 23]. Indeed, fibroblasts from patient II.3 show the presence of the incorrectly spliced mRNA transcript (Fig. 3C), but low-normal TRPM7 protein expression

(Fig. 3D). Proliferation assays showed that patient-derived fibroblasts demonstrated decreased cell growth (Fig. 3E). The decreased cell growth could not be rescued by culturing the cells in medium supplemented with 10 mM MgCl₂ or 50 μ M zinc chloride (Fig. 3F).

TRPM7 missense variant decreases the activity of the channel

The Gly1046 residue is located in the TRPM7 channel pore (Fig. 4A). The change of a hydrophobic glycine for the large side chain of aspartic acid and its negative charge is predicted to disturb the pore structure and interfere with the channel function. To determine the functional implications of the variant on TRPM7 channel activity, we performed electrophysiological recordings. Whole-cell patch clamp of mock-transfected cells displayed small endogenous outward currents ($46 \pm 11 \text{ pA/pF}$), while the averaged current density for wild-type TRPM7 was $838 \pm 112 \text{ pA/pF}$ (Fig. 4B and C). A significant decrease in current amplitude was observed for the p.Gly1046Asp mutant, which showed outward currents



FIGURE 2: Identification of *TRPM7* mutations. (**A**) Mutation analysis chromatograms of F1, demonstrating the presence of the mutation in the proband (II.2), the brother of the proband (II.3) and one child of the proband (III.3). (**B**) Mutation analysis chromatograms of F2, demonstrating the presence of the mutation in the proband (II.1). (**C**) Affected family members from F1 carry a *TRPM7* splice site mutation at the first nucleotide of the first intron (c.3+1 G>C). The *de novo* mutation in F2 is located in exon 22 and results in a p.Gly1046Asp missense mutation. Mutations are indicated by the black arrows.

comparable to the mock-transfected cells ($22 \pm 4 \text{ pA/pF}$; P > .99). ²⁵Mg²⁺ uptake experiments demonstrated that HEK293 cells overexpressing TRPM7-p.Gly1046Asp show comparable uptake to mock-transfected cells (Fig. 4D). The TRPM7-mediated ²⁵Mg²⁺ uptake was significantly inhibited by the specific TRPM7 inhibitor NS8593 (Fig. 4E) [24]. Interestingly, ²⁵Mg²⁺ uptake in both mock- and TRPM7-p.Gly1046Asp-expressing cells was decreased by NS8593, suggesting that the mutant has no dominant negative effect on endogenous TRPM7 activity (Fig. 4E). Cell-surface biotinylation showed that wild-type TRPM7 and TRPM7-p.Gly1046Asp are both expressed at the plasma membrane (Fig. 4F and G). Of note, the expression of TRPM7-p.Gly1046Asp in cell lysate and plasma membrane fractions was marginally lower than wild-type TRPM7.

In the kidney, TRPM7 functions in homotetrameric complexes or in heterotetrameric complexes with TRPM6 to facilitate Mg²⁺ reabsorption. To further examine whether TRPM7p.Gly1046Asp has a dominant negative effect on wild-type TRPM7 activity, TRPM7 wild-type and TRPM7-p.Gly1046Asp plasmids were cotransfected in HEK293 cells. Cells coexpressing TRPM7 and TRPM7-p.Gly1046Asp showed a comparable current density to TRPM7- and mock-expressing cells (260 \pm 70 versus 497 \pm 84 pA/pF; *P* = .34; Fig. 5A and B). Of note, cells cotransfected with TRPM7 and mock plasmids showed a decreased current density compared with TRPM7-expressing cells, in line with 50% lower expression levels (Fig. 5B). Indeed, co-expression of wild-type TRPM7 and TRPM7-p.Gly1046Asp resulted in similar $^{25}\mathrm{Mg}^{2+}$ uptake as cells transfected with TRPM7 and mock (P = .79; Fig. 5C), demonstrating that wild-type TRPM7 activity is not decreased by the presence of the mutant. Similar results were obtained when co-expressing TRPM6 and TRPM7. In line with previous studies [6], co-expression of TRPM7 significantly increases the TRPM6 current density (742 \pm 116 pA/pF) (Fig. 5D and E). In contrast, cells expressing TRPM7-p.Gly1046Asp and TRPM6 displayed a current density similar to cells with TRPM6 and mock (240 \pm 56 versus 320 \pm 61 pA/pF; *P* = .93), indicating that TRPM7-p.Gly1046Asp did not affect TRPM6 current density (Fig. 5D and E). Cell surface biotinylation of TRPM7 and TRPM7-p.Gly1046Asp demonstrated equal TRPM7 expression among all conditions (Fig. 5F and G).

DISCUSSION

Here we report two families with hypomagnesaemia and secondary hypocalcaemia. WES identified a pathogenic *de novo* missense variant that alters the *TRPM7* channel pore and a splice site variant that results in defective splicing of *TRPM7* transcripts. Our results establish the *TRPM7* gene as a prime



FIGURE 3: mRNA analysis demonstrates defective splicing of *TRPM7* in family 1. (A) Schematic overview of the *TRPM7* gene, indicating the primer locations and the correct and defective splice sites. (B) mRNA analysis of the non-spliced (primer set A) and spliced (primer set B) first intron of *TRPM7* using mRNA isolated from blood of the proband (F1-II.2) and individual F1-III.3. As controls, water, genomic DNA and mRNA from HEK293 cells were included. The analysis shows the presence of alternatively spliced mRNA in the patient samples, indicated with an arrow. (C) mRNA splicing analysis using mRNA from fibroblasts shows the presence of alternatively spliced mRNA in individual F1-II.3, indicated with an arrow. (D) Representative immunoblot demonstrating the protein expression of TRPM7 in control fibroblasts and fibroblasts from individual F1-II.3. Actin was used as a loading control. (E) Cell proliferation was determined by cell counting during 4 days of culture and shows decreased cell growth in fibroblasts from individual F1-II.3. Representative images of control and F1-II.3 fibroblasts are shown in the top panel. (F) Cell proliferation could not be rescued by the addition of MgCl₂ or ZnCl₂. Graphs show the mean of three independent experiments, which each contained three replicates \pm standard error of the mean.



FIGURE 4: The TRPM7-p.Gly1046Asp mutant of family 2 results in decreased Mg²⁺ uptake. (A) Molecular modelling using the structure of human TRPM7 (pdb: 5ZX5). The outtake shows the heterozygous p.Gly1046Asp mutation present in two out of the four subunits of the channel. (B) Averaged time course of outward (+80 mV) and inward (-80 mV) from HEK293 cells transfected with *TRPM7* wild-type (squares, n = 9) or *TRPM7-p.Gly1046Asp* (triangles, n = 9) and non-transfected HEK293 cells as control (circles, n = 6). (C) Bar graph presenting the current densities at +80 mV and -80 mV of indicated conditions at 200 s after establishing whole-cell configuration. Mean + standard error of the mean (SEM) is shown. An asterisk indicates significance compared with TRPM7 wild-type. (D and E) ²⁵Mg²⁺ uptake assay of HEK293 cells expressing mock, wild-type *TRPM7* and mutant *TRPM7*-p.Gly1046Asp. Cells were incubated for 15 min in a buffer containing 1 mM ²⁵Mg²⁺ (98% purity) in the presence or absence of 0.4 (v/v)% DMSO (E, black bars) or 30 µM NS8593 (E, white bars). Intracellular ²⁵Mg²⁺ content was measured by inductive-coupled plasma mass spectrometry. Graphs show the mean of three independent experiments, which each contained three replicates ± standard deviation; **P* < .05 compared with mock (D) or DMSO (E). (F and G) Immunoblots showing similar membrane expression between TRPM7 proteins (upper blot) and a TRPM7 expression control (lower blot). The quantifications show the mean ± SEM of five independent experiments.



FIGURE 5: The TRPM7-p.Gly1046Asp mutant does not affect the wild-type TRPM7 activity. (**A** and **B**) Whole-cell patch clamp recordings with (A) averaged time course of outward (+80 mV) and inward (-80 mV) current densities from HEK293 cells transfected with either *TRPM7* wild-type (open squares, n = 17) alone or cotransfected with either *TRPM7* wild-type and mock (closed circles, n = 7) or *TRPM7* wild-type and *TRPM7*-p.Gly1046Asp (closed triangles, n = 9). Bar graph (B) presenting the current densities at +80 mV and -80 mV of indicated conditions at 200 s after establishing whole-cell configuration. Mean + standard error of the mean (SEM) is shown. An asterisk indicates significance (P < .05). (**C**) 25 Mg²⁺ uptake assay of HEK293 cells co-expressing mock, wild-type TRPM7 and mutant TRPM7-p.Gly1046Asp. Cells were incubated for 15 min in a buffer containing 1 mM 25 Mg²⁺ (98% purity). Intracellular 25 Mg²⁺ content was measured by inductive-coupled plasma mass spectrometry. Graphs show the mean of three independent experiments, which each contained three replicates \pm standard deviation; *P < .05 compared with mock. (**D** and **E**) Whole-cell patch clamp recordings with (D) averaged time course of outward (+80 mV) and inward (-80 mV) current densities from HEK293 cells cotransfected with TRPM6 wild-type and TRPM7 wild-type (open squares, n = 13), TRPM6 wild-type and mock (closed circles, n = 15) and TRPM6 wild-type and TRPM7-p.Gly1046Asp (open triangles, n = 12). Bar graph (E) presenting the current densities at +80 mV and -80 mV of indicated conditions at 200 s after establishing whole-cell configuration. Mean + 8EM is shown. An asterisk indicates significance (P < .05). (**F** and **G**) Immunoblots showing comparable membrane expression between TRPM7 proteins (upper blot) and a TRPM7 expression control (lower blot). The semiquantifications show the mean \pm SEM of five independent experiments.

candidate for *de novo* and autosomal dominant inheritance of HSH.

Our results show for the first time the autosomal dominant inheritance of HSH. The cardinal symptom in our patients is hypomagnesaemia, which was associated with renal Mg²⁺ wasting. Additionally, intestinal Mg²⁺ malabsorption was demonstrated by an Mg²⁺ loading test in patients F1-II.2, II.3 and III.3. In line with HSH patients with TRPM6 pathogenic variants, hypocalcaemia was not detected in all measurements but generally only during episodes of hypoparathyroidism. The presence of hypocalcaemia secondary to hypomagnesaemia is commonly explained by decreased PTH secretion [3]. Although the mechanism for decreased PTH secretion in chronic hypomagnesaemia is still not completely clear, it has been postulated that the inhibition of PTH secretion is caused by increased activity of the alpha subunit of the G protein downstream of the calcium-sensing receptor [25, 26]. Indeed, hypocalcaemia accompanied by a PTH level in the low-normal range was detected in patient F1-II.3. Hypocalcaemia was relieved by Mg²⁺ supplementation in all subjects.

The identification of two rare variants in TRPM7 in two independent families suggests that TRPM7 variants may be causative for autosomal dominant HSH. Nevertheless, it should be noted that the gnomAD lists a large number of observed missense variants in TRPM7 compared with the missense expected: 756 versus 950 (Z score = 2.23). Although this suggests that TRPM7 is relatively tolerant to missense variants, it should be noted that this score does not exclude pathogenicity of individual variants. Importantly, gnomAD does not list any nonsense or missense variants in residues that form the cation-specific pore domain: E1047, G1046 and F1045. In line with this observation, missense variants are also absent for the lower gate residue N1097 and the cysteine residues forming the pore disulfide bond: C1056 and C1066. Indeed, we demonstrate that the identified variants have functional consequences: the splice site variant impaired splicing of the first exon resulting in a premature stop codon and the p.Gly1046Asp variant was demonstrated to induce loss-of-function in patch clamp analysis. Moreover, TRPM7 has a low loss-of-function observed/expected upper bound fraction (LOEUF) score of 0.56 in gnomAD [27], which is comparable to genes that are essential for human cell viability (mean LOEUF = 0.63). Although this may be indicative of pathogenicity, we feel that the identification of more families with TRPM7 pathogenic variants is essential to provide a definitive answer.

To date, TRPM6 has been considered as the main determinant of intestinal and renal Mg^{2+} (re)absorption [12, 28]. TRPM6 channel activity is highly regulated by Mg^{2+} , ATP and hormonal factors [5, 29–31]. Pathogenic variants in *TRPM6* cause HSH and result in very low serum Mg^{2+} levels [1–3]. Our findings indicate that the presence of TRPM7 may be equally important for renal and intestinal Mg^{2+} uptake. Indeed, both zebrafish and intestine-specific knockout mouse models of TRPM7 demonstrate decreased serum Ca²⁺ and Mg²⁺ levels [9, 32].

Recently, using TRPM7-deficient trophoblast cells, Chubanov *et al.* [6] showed that TRPM6 activity requires the presence of TRPM7. TRPM6/TRPM6 homotetramers are not functional, whereas TRPM6/TRPM7 heterotetramers have increased Mg^{2+} transport activity compared with TRPM7/TRPM7 homotetramers [6, 7]. TRPM7/TRPM7 homotetramers are more susceptible to concentration-dependent inhibition by cytosolic Mg-ATP than TRPM6/TRPM7 heterotetramers [6]. The heterozygous *TRPM7* variants cause decreased expression of TRPM7, which may result in more non-functional TRPM6/TRPM6 homotetramers and fewer TRPM6/TRPM7 heterotetramers. Thus the total Mg^{2+} (re)absorption capacity will be decreased, as shown by the Mg^{2+} loading test in all affected individuals of family 1.

In multiple cell systems and animal models, TRPM7 has been shown to be essential for life [9, 22, 23, 33, 34]. TRPM7 knockout impairs cell proliferation and therefore the channel is considered as the main determinant of intracellular Mg^{2+} levels [33]. Of note, the importance of TRPM7 in Mg^{2+} homeostasis has also been questioned by some studies, since the deletion of TRPM7 in T lymphocytes did not affect cellular Mg^{2+} handling [34]. However, TRPM7-deficient mice demonstrated that TRPM7 is essential for the organismal balance of zinc (Zn²⁺), Mg^{2+} and Ca²⁺. Indeed, the channel pore of TRPM7 is permeable to Zn²⁺, Mg^{2+} and Ca²⁺ [9]. Interestingly, patient-derived fibroblasts show decreased growth rates. However, this growth could not be rescued by Mg^{2+} or Zn²⁺ supplementation.

Although TRPM7 is considered necessary for cell survival, it is important to note that the reported variants are present in a heterozygous state and will not completely impair TRPM7 function. The unique splice site variant reported here will not affect functional channels and will only result in haplotype insufficiency. Moreover, our ²⁵Mg²⁺ uptake and patch clamp experiments demonstrated that the missense variant does not have a dominant negative effect on the functional wild-type protein. This may explain the relatively mild phenotype compared with knockout cells and mice [22, 23]. As heterozygous mice also have one functional allele, it is interesting to compare the patients with the TRPM7deficient mice with the deletion of the alpha-kinase domain that were generated by Ryazanova et al. [23]. Heterozygous TRPM7 Δ kinase mice were viable and had a defect in intestinal Mg^{2+} absorption, which is also present in family 1. Cells taken from heterozygous TRPM7∆kinase mice demonstrated decreased TRPM7 activity.

A limitation of our study is the identification of only two families with pathogenic variants in *TRPM7*. One may speculate that variants in *TRPM7* with more severe pathogenicity that entirely impair *TRPM7* function are not compatible with life. Indeed, rare variants in *TRPM7* have been associated with stillbirth [35]. Unfortunately, the Mg^{2+} status of the affected children is unknown. Our study suggests that the location of the variant may contribute to the severity of the disease. The fibroblasts from family 1 showed a significant TRPM7 expression despite the heterozygous splice site variant, which may also be reflected in the older age of presentation of the patients. The strength of our study is the extensive phenotypic characterization of the patient's phenotype, including the Mg^{2+} loading test, clearly demonstrating a mixed phenotype of intestinal and renal mal(re)absorption. In conclusion, we describe for the first time heterozygous pathogenic variants in *TRPM7* in patients with HSH. *TRPM7* should be screened in patients with an autosomal dominant inheritance pattern or individual cases with low blood Mg^{2+} levels.

SUPPLEMENTARY DATA

Supplementary data are available at *ndt* online.

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AUTHORS' CONTRIBUTIONS

R.V.P., R.C.M., P.H., J.H., F.C.M. and J.d.B. designed the research studies. R.V.P., F.C.M., C.P.B., G.M.F.R. and P.H. acquired clinical data. V.C., J.v.d.W., C.B., F.L., J.d.B., A.P.R and F.C.M. conducted experiments and/or analysed data. R.V.P., F.C.M., P.H. and J.d.B. wrote the manuscript. All authors corrected the manuscript and approved the final version.

CONFLICT OF INTEREST STATEMENT

None declared.

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