



Germ cell tumors in children

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Abstract

Pediatric germ cell tumors represent a rare but biologically diverse group of neoplasms arising from pluripotent primordial germ cells. The 2022 edition of the *WHO Classification of Pediatric Tumors* introduced the first organ independent classification of germ cell tumors, reflecting advances in molecular biology, histopathology, and clinical practice. This review highlights the key changes, including the refined distinctions between the different subtypes. These updates enhance diagnostic accuracy and provide a framework for understanding age-dependent differences in tumor biology and behavior. Emphasis is placed on integrating the new classification into multidisciplinary care, particularly in addressing diagnostic challenges in pre- and post-pubertal-type germ cell tumors. By bridging the gap between histopathology and oncology, the updated classification represents a pivotal step forward in improving outcomes for children with germ cell tumors.

Keywords Germ cell tumors · WHO classification of pediatric tumors · Germinoma · Teratoma · Yolk sac tumor · OCT3/4

Introduction

Primordial germ cells represent a population that undergoes significant migration from their initial location in the yolk sac to their final location in the gonads, crossing vast territories usually following the midline of the developing organism. This extensive migratory phenomenon explains the occurrence of germ cell tumors (GCTs) in seemingly disparate locations, affecting predominantly the gonads, but involving also the sacral, retroperitoneal, mediastinal, and midbrain regions [1].

The WHO Classification of Tumours volumes have followed traditionally a system based on the organ of origin, incorporating a crucial aspect in classifying: their phenotypic differentiation. Like epithelial, mesenchymal, or hematopoietic tumors, GCTs also represent a separate tumor class due to their specific neoplastic cell of origin. However,

while epithelial tumors are classified by their organ of origin, mesenchymal and hematopoietic tumors occur throughout the body, and consequently, both are addressed in separate WHO classification volumes. GCTs usually develop in the gonads; therefore, they have been covered in the WHO volumes addressing classification of testicular and ovarian tumors. However, and due to the above-mentioned extensive migration of primordial germ cells, GCTs also occur independently of the organ.

GCT can present in early childhood, but are also common in adolescents and young adults. They are rare in old age (with the exception of spermatocytic tumor). Incidence rates are summarized in Table 1 [2]. Bringing all this together, an organ-independent GCT WHO classification was established for the first time. It integrates seamlessly into the newly created blue book of pediatric tumors by explicitly emphasizing developmental aspects [3]. The challenge was to take into account existing classifications and terminologies on the one hand, and to emphasize the common characteristics of this tumor class on the other. The aim was to standardize communication between pathologists and clinicians, which ultimately benefits patient management and research into these relatively rare tumors. Nevertheless, since all classifications evolve over time, this new GCT classification may also have some limitations that must be addressed in future developments.

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Table 1 Incidence rates of GCT per 1,000,000 by sex (age adjusted), sites, and histological types (germinoma vs non-germinoma). Table adopted and adjusted from [2]

	Male			Female		
	Total	Germinomas	Non-germinomas	Total	Germinomas	Non-germinomas
Gonadal GCT	62.1	36.9	25.3	2.5	0.9	1.7
Extragenadal GCT	1.81	0.90	0.91	1.19	0.22	0.97
-Central nervous system	0.62	0.51	0.12	0.17	0.14	0.03
-Mediastinum	0.51	0.21	0.30	0.07	0.01	0.05
-Intraabdominal	0.38	0.10	0.27	0.79	0.03	0.76

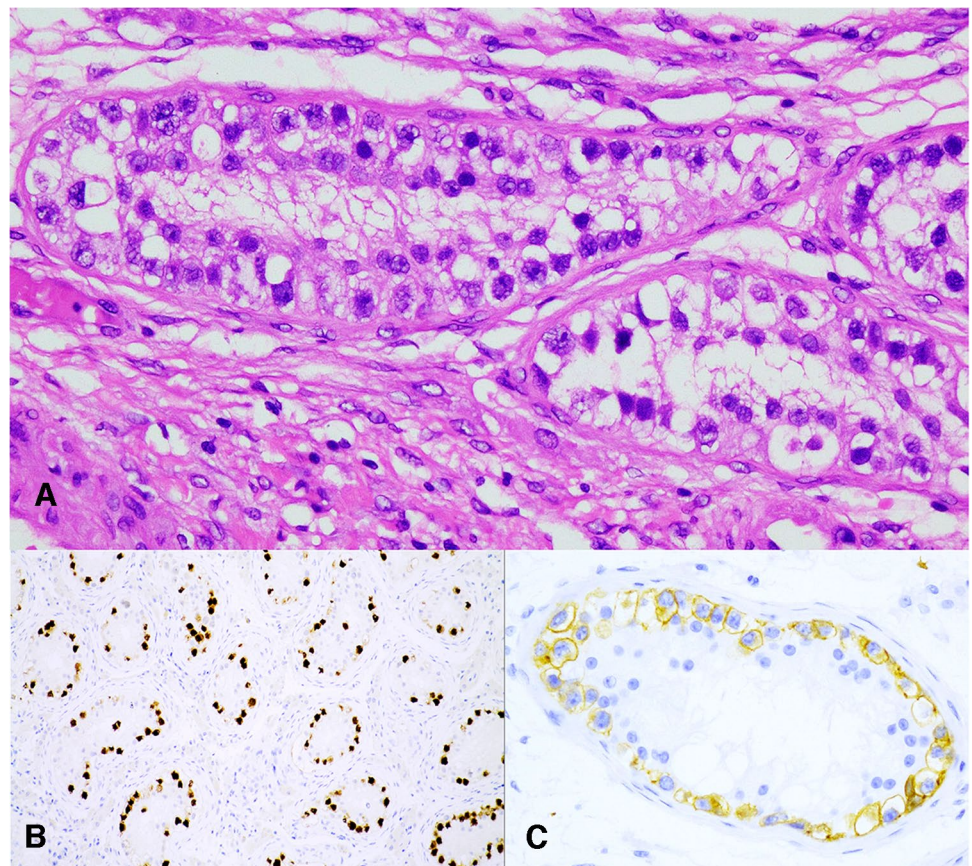
The evolution of GCT classifications

GCT vary in their levels of differentiation and are subdivided into germinomas and non-germinomas. Germinomas resemble early germ cells and retain pluripotent potential. Non-germinomas encompass a wide range of subtypes, including undifferentiated forms like embryonal carcinoma and differentiated forms. The differentiated non-germinomas may exhibit some degree of embryonic (teratoma) or extra-embryonic pattern, such as in yolk sac tumor and choriocarcinoma [4].

Two decades ago, Oosterhuis and Looijenga proposed a comprehensive GCT classification, which was based

on molecular and developmental data and also implemented clinical and anatomical aspects [5]. An update was published in 2019 [6]. They defined different GCT types depending on epigenetics (genomic imprinting) and karyotypes. The differentiation between pre- and post-pubertal GCT was particularly relevant for the revision of testicular GCT classification in the 4th edition of WHO classification on Tumors of the Urinary System and Male Genital Organs in 2016. It introduced two main GCT groups: GCT derived from the precursor lesion germ cell neoplasia in situ (GCNIS; Fig. 1) and GCT unrelated to GCNIS. The first group represents post-pubertal-type GCT. At the molecular level, they are characterized by the presence of an isochromosome i(12p) or by 12p gains.

Fig. 1 Germ cell neoplasia in situ (GCNIS). Neoplastic cells are located along the basement membrane of seminiferous tubules. The cells are large and atypical, with abundant clear cytoplasm, large hyperchromatic nuclei, coarse chromatin, angulated nuclear borders, and prominent nucleoli (A). These cells can be highlighted with immunohistochemical markers such as OCT3/4 (B) and KIT (C)



Pre-pubertal-type GCT usually lack 12p alterations and are included in the second group (together with the spermatocytic tumor of the testis). The distinction between pre- and post-pubertal-type GCT is reflected in their different tumor biology. While pre-pubertal-type GCT usually are benign or mostly indolent, post-pubertal-type GCT may show an aggressive behavior due to their metastatic potential. For this reason, the determination of 12p status (e.g., by fluorescence in situ hybridization) can be used to differentiate between pre- and post-pubertal-type GCT, especially in teratomas (see below). For the sake of completeness, oncogenic mutations will be briefly addressed in the Germinoma-family section; however, they do not play a significant role in the practical classification of GCT.

The disadvantage of the revised testicular GCT classification was its incompatibility with GCT classification in other organs (e.g., ovary), since GCNIS is unique to the testis and does not exist in extratesticular sites. Therefore, the pediatric GCT classification continues to rely on the histological GCT subtypes and highlights the differences between pre- and post-pubertal-type GCT in the particular sections on teratoma and yolk sac tumor. Table 2 summarizes the entities covered in the pediatric GCT classification. A comparison between the pediatric GCT classification and the GCT classification by Oosterhuis and Looijenga [6] is given in Table 3.

Table 2 Overview of the entities in the new GCT classification (WHO classification of pediatric tumors)

<i>Non-invasive germ cell neoplasia</i>
Intratubular germ cell neoplasia (male gonad)
Gonadoblastoma (mostly in dysgenetic gonad)
<i>Germinoma-family tumours</i>
Germinoma/dysgerminoma/seminoma (GDS)
<i>Non-germinomatous germ cell tumours</i>
Teratoma family
Mature cystic teratoma
Extragenital teratoma
Fetus in fetu
Teratomas of the female gonad
Monodermal teratomas
Immature teratoma
Pre-pubertal-type testicular teratoma
Post-pubertal-type teratoma
Embryonal carcinoma
Yolk sac tumor (pre- and post-pubertal type)
Choriocarcinoma (non-gestational)
Malignant mixed germ cell tumors

New: gonadoblastoma in the precursor lesion section

According to the latest WHO Classification of Tumours in both the Urinary and Male Genital Tumours (5th ed.) and the Classification of Paediatric Tumours, gonadoblastoma represents the in situ stage of several GCTs, including seminoma in the testis and dysgerminoma in the ovary. Gonadoblastoma includes in its cellular composition a mixture of transformed germ cells and incompletely differentiated cells from the sex cords, which are equivalent of Sertoli/granulosa cells. Therefore, the diagnosis of gonadoblastoma ideally requires the demonstration by immunohistochemistry of both germ cells (positive for SALL4 and OCT3/4) and cells positive for so-called sex cord differentiation, e.g., SOX9, inhibin, or calretinin. These combined cellular elements may appear in two patterns: First, as irregular, incompletely developed cords, which sometimes are referred to as “undifferentiated gonadal tissue,” although others prefer to designate them as “dissecting gonadoblastoma.” Second, as well-developed round nodules with germ cells, alternating with sex cord elements, expressing the above-mentioned markers (Fig. 2). Within these nodules, there are prominent pink or eosinophilic aggregates of basement membrane hyaline deposits that, when prominent, impart a “mulberry” appearance to gonadoblastoma. When these nodules progress, the proliferating cells may break through the basement membrane and invade the surrounding stroma, usually accompanied by a growing population of infiltrating lymphocytes. At this state, gonadoblastoma has progressed from its in situ stage, toward the invasive stage of seminoma or dysgerminoma. These tumors have been grouped in the same category independently of the gonad from which they develop (testis, ovary, or more frequently a dysgenetic gonad), since they represent a spectrum with similar features wherever they develop.

GCT associated with differences/disorders of sex development

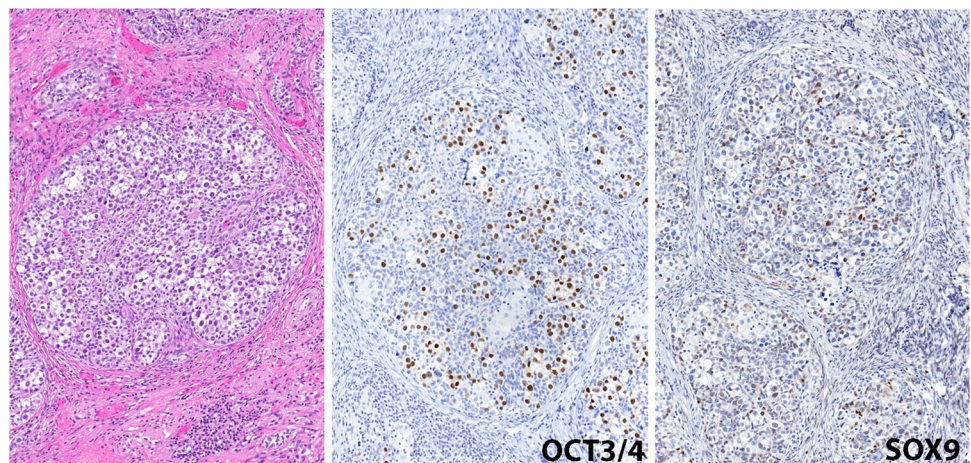
As previously mentioned, gonadoblastoma typically develops in dysgenetic gonads, placing differences/disorders of sex development (DSD) patients at an elevated risk of post-pubertal-type GCTs. Research has identified a critical region on the Y chromosome, particularly near the centromere (the GBY region), as pivotal in the development of this tumor type. This may be an explanation that the risk of developing GCTs varies significantly among clinical subgroups of DSD patients. The high-risk group (15–60%) includes individuals with gonadal dysgenesis carrying the GBY region, partial androgen insensitivity with non-scrotal gonads, and syndromes such as Frasier and Denys–Drash. An intermediate risk (12–28%) is described in persons with Turner syndrome

Table 3 Comparison between the classification by Oosterhuis and Looijenga [6] and the current GCT classification (WHO classification of pediatric tumors)

GCT classification by Oosterhuis and Looijenga [6]	WHO classification of pediatric tumors	Location	Age
GCT type 0	Fetus in fetu	Midline/sites of attachment of conjoined twins	In utero/congenital
GCT type 1	Pre-pubertal-type testicular teratoma Mature cystic teratoma Extragenital teratoma Yolk sac tumor (pre-pubertal type)	Testis Gonads and midline Midline (from sacrococcygeal to brain) Gonads and midline	Congenital or in early childhood before puberty, rarely in adults (testis and other sites), broad age range in the ovary
GCT type 2	Germinoma-family tumors: Germi- noma/dysgerminoma/seminoma Non-germinomatous GCT: • Embryonal carcinoma • Yolk sac tumor (post-pubertal type) • Choriocarcinoma (non-gestational) • Post-pubertal-type teratoma • Malignant mixed GCT	Gonads, anterior mediastinum, midline of the brain (predominantly in the pineal gland)	Adolescence and adulthood (decreasing incidence beyond the 5th decade) Rarely before puberty in DSD
GCT type 3	Not covered (Spermatocytic Tumor in WHO clas- sification of Urinary and Male Genital Tumors)	Testis	Adulthood (3rd–9th decade, median age of 72)
GCT type 4	Mature cystic teratoma Monodermal teratomas (female gonadal) Immature teratoma (female gonadal)	Ovary	Adolescence and young adulthood
GCT type 5	Not covered (Gestational trophoblastic disease in WHO Classification of Female Geni- tal Tumors)	Uterus/placenta	Adulthood
In situ lesions not covered, but related to GCT type 2	Non-invasive germ cell neoplasia: • Intratubular germ cell neoplasia (male gonadal)/germ cell neoplasia in situ (GCNIS) • Gonadoblastoma	Testis/dysgenetic gonad	Testis: Adolescence and adulthood (decreasing incidence beyond the 5th decade) Gonadoblastoma: Childhood (DSD)

GCT germ cell tumor, DSD differences/disorders of sex differentiation

Fig. 2 Left: representative area of a *gonadoblastoma* with a well-developed nodule of germ cells and stromal cord elements. Note the pink hyaline basement membrane material. Center: OCT3/4 immunohistochemistry highlights the nuclei of germ cell in gonadoblastoma. Right: SOX9 immunohistochemistry stains the nuclei of many of the Sertoli cells



with Y chromosomes, 17 β -HSD deficiency, and cases of androgen insensitivity or gonadal dysgenesis with scrotal gonads containing the Y chromosome. The low-risk group (<3%) encompasses patients with complete androgen insensitivity, ovotesticular DSD, and Turner syndrome without Y chromosomes. This stratification highlights the importance of genetic and clinical factors in assessing the risk of GCT development among DSD patients [7, 8].

Germinoma-family tumors

Theoretically, the terms testicular or ovarian germinoma would be correct, but seminoma and dysgerminoma are so firmly established in the literature that no change in terminology has been made. Therefore, the category Germinoma-family of tumors was created to encompass germinoma, dysgerminoma, and seminoma (GDS). Despite the different terminology and anatomic location (seminoma/testis and mediastinum; dysgerminoma/ovary; germinoma/brain), they represent morphologically, immunophenotypically, and genetically the same tumor type. Apart from very few exceptions (especially disorders/differences of sex development [9]), they develop after puberty (post-pubertal-type GCT). GDS can manifest in pure form or as a component of mixed GCT (see below).

In the brain, most GCTs are germinomas with a median age of 18 years [10]. Central nervous system (CNS) GCTs are more prevalent in eastern Asia than in Europe and the USA [11–13]. Pure germinomas outside the brain usually

occur at an older age [14]. Seminoma, the most common testicular germ cell neoplasm, occurs most frequently in patients aged 35–45 years and originates from GCNIS. Higher rates are noted in patients with cryptorchidism [15]. Dysgerminoma accounts for one third of malignant ovarian germ cell tumors [16], predominantly arising in adolescents and young women aged 15–20 years [14]. As already discussed, these can develop from gonadoblastoma in DSD patients [17]. Pure germinomas are the second most common GCT in the mediastinum after teratomas, typically affecting males, with sporadic cases in females [18]. They are often diagnosed in the 3rd and 4th decades [14]. Klinefelter syndrome is identified in up to 20% of males with primary mediastinal germ cell tumors, but usually associated with non-germinomatous GCT [19]. There is no specific serum marker for GDS, although human chorionic gonadotropin may be slightly increased in 10–20% of tumors with admixed syncytiotrophoblast cells. Serum lactate dehydrogenase (LDH) is not specific but increased levels are mostly associated with advanced-stage disease.

Macroscopically, GDS show solid, relatively homogeneous, often lobulated, pale gray to tan or pale-yellow nodules with a soft texture (Fig. 3A). Foci of necrosis and hemorrhage may be present but are usually not extensive. GDS typically displays tumor cells in a diffuse arrangement, interrupted by fibrovascular septa with lymphocytes (Fig. 4). Tumor cells have pale to clear cytoplasm due to abundant glycogen, demonstrable with periodic acid-Schiff stain. Nuclei are polygonal with finely granular

Fig. 3 Macroscopic features of testicular GCT. **A** Seminoma: Homogenous, white, and lobulated tumor replacing the entire testis. **B** Yolk sac tumor, pre-pubertal type: Lobulated tumor with brownish cut surface, featuring areas of necrosis and fibrotic scars. **C** Embryonal carcinoma: Yellow tumor with cystic areas and hemorrhagic foci. **D** Choriocarcinoma: Large testicular tumor mass characterized by extensive hemorrhage

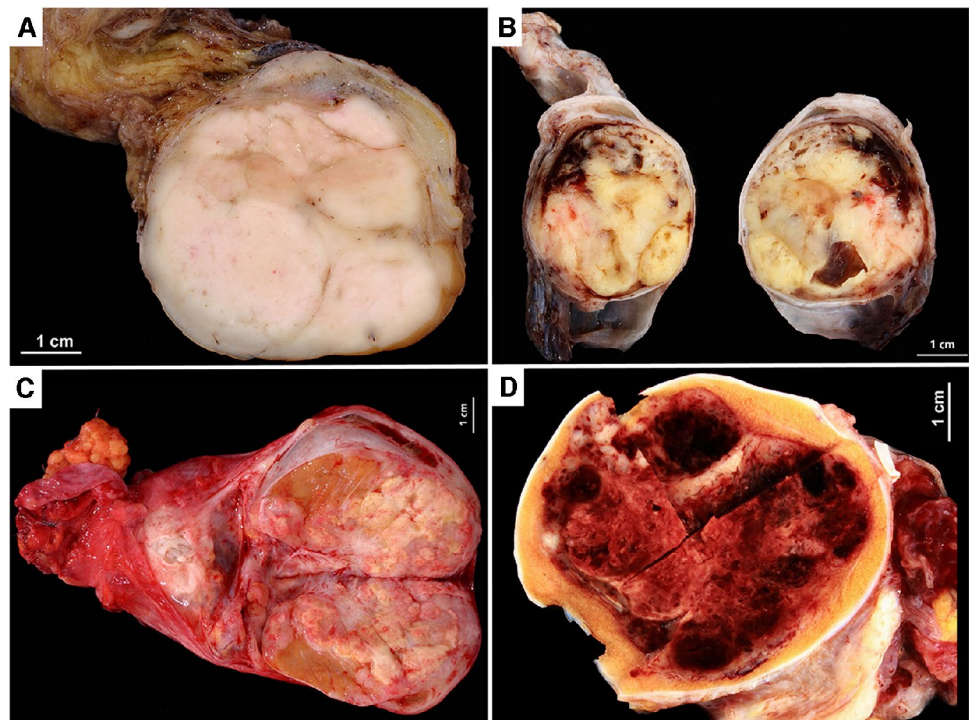
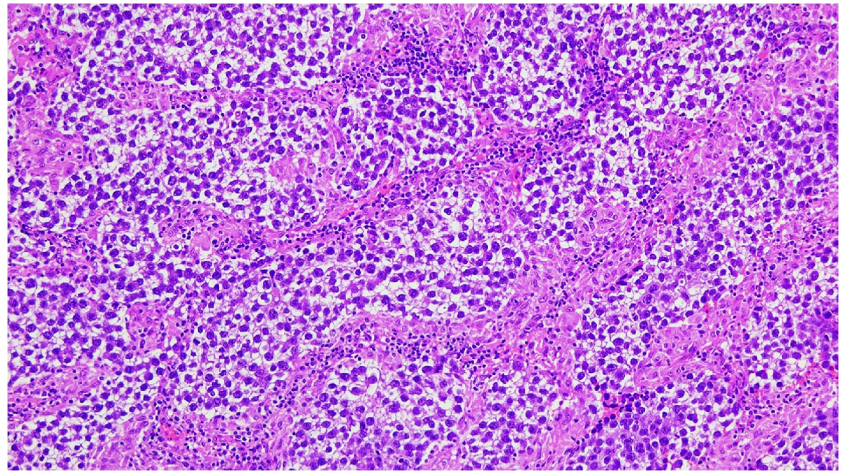


Fig. 4 Germinoma/dysgerminoma/seminoma (GDS). Tumor cells are arranged in nests separated by fibrovascular septae containing lymphocytes. The cells are polygonal with clear cytoplasm, distinct cell membranes, large nuclei exhibiting vesicular chromatin, and prominent nucleoli



chromatin and centrally located nucleoli. Mitotic activity and extent of necrosis vary. Granulomatous reaction is present in many cases. GDS stain for antigens characteristic of immature germ cells, including CD117 (c-KIT) [20, 21], OCT3/4 [22–25], SALL4 [26, 27], SOX17 [28, 29], and podoplanin [30]. Cytokeratin AE1/AE3 immunoreactivity varies [31]. Placental alkaline phosphatase (PLAP) is positive in 86–95% of cases, but also in other GCTs. GDS can be mistaken for solid-pattern embryonal carcinoma or yolk sac tumor (OCT3/4 negative), but differences include well-defined cytoplasmic membranes, less crowded nuclei, fibrous septa, and more prominent lymphocytic infiltrate in GDS. CD30 and AFP are always negative in GDS [32]. Scattered syncytiotrophoblastic elements may appear in GDS and should not lead to a choriocarcinoma diagnosis. Such tumors are reported as germinoma with syncytiotrophoblastic giant cells. Lymphoma is distinguished by irregular nuclear contours, lymphoid marker expression, and negative immunoreactivity for OCT3/4.

GDS harbor 12p alterations, typical for all post-pubertal-type GCT [33–37]. Oncogene mutations vary by anatomical location. KIT is most frequently mutated, followed by KRAS and NRAS. The mutation rate is low in seminoma (20%) [38, 39], around 50% in dysgerminomas [40, 41] as well as mediastinal germinomas [42] and up to 80% in CNS germinomas [43, 44]. KIT mutations are mainly in exon 17, unlike gastrointestinal stromal tumors (exons 11 and 9), so GDS do not respond to imatinib [45].

The prognosis of GDS is excellent due to high sensitivity to chemotherapy and radiation with > 95% 5-year survival rates in seminoma [46] and dysgerminoma [47]. Patients in early stage can be cured by surgery alone [48]. Long-term disease-free survival in germinoma of the mediastinum and brain reach 90% [49, 50].

Non-germinomatous GCT

Teratoma

Teratomas exhibit the greatest heterogeneity among GCT, as in principle any tissue type of the three blastodermal germ cell layers can occur (Fig. 5). In contrast to embryonal carcinoma, whose neoplastic cells reflect the early stages of embryonic development, the tumor cells of teratomas are usually fully mature. Like yolk sac tumor, teratoma can present as pre-pubertal and post-pubertal-type GCT, although in the latter case they rarely occur as a pure form and are more likely part of mixed GCT [51]. Despite extremely close morphological similarities, they exhibit an enormous range in terms of age, anatomical location, and tumor biology.

Extragenadal teratoma typically presents as pre-pubertal-type GCT. The sacrococcygeal area is the most common site (Fig. 6A), followed by head and neck, CNS (Fig. 6B), and mediastinum [52, 53]. Sacrococcygeal teratoma (SCT), which accounts for 40–50% of extragonadal teratomas, has not yet been included in any WHO tumor classification as a single entity. However, SCT is one of the most common congenital tumors [54, 55]. Beyond the age of 6 months, the incidence of pure teratoma decreases, while the frequency of yolk sac tumor rises [51]. Pure extragonadal teratomas do not metastasize, although prognosis can be fatal in a congenital setting, especially depending on size, which can reach > 15 cm [53] and the presence of hydrops fetalis [56]. Extragenadal teratomas do not harbor driver mutations [6, 57]. Whereas 12p alterations are a common feature of post-pubertal-type GCT [33], extragonadal pre-pubertal-type teratomas, especially SCT, lack chromosome 12p abnormalities [58, 59].

In the testis, pre-pubertal-type teratoma usually manifest before the age of 6 years [60], although in recent studies

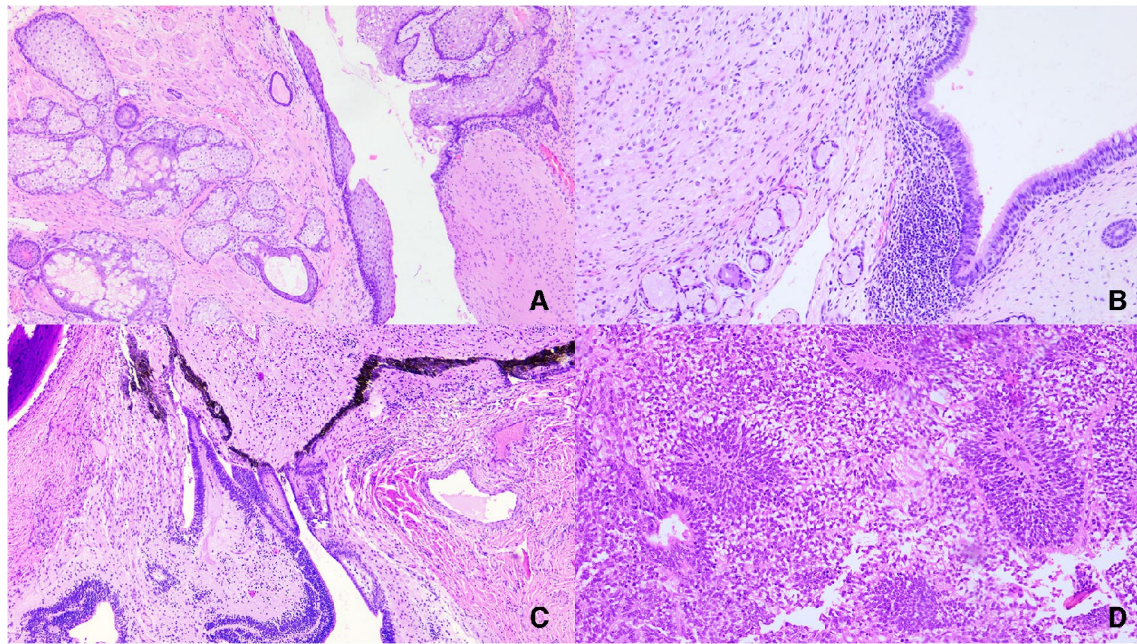


Fig. 5 Mature and immature ovarian teratoma. **A, B** Mature elements, including squamous epithelium, sebaceous glands, hair follicles, smooth muscle, respiratory epithelium, and mucous glands. Mature glioneuronal tissue and retina should not be misinterpreted as imma-

ture neuroepithelial components (**C**). **D** Immature neuroepithelium forming multilayered rosettes composed of atypical cells with brisk mitotic activity

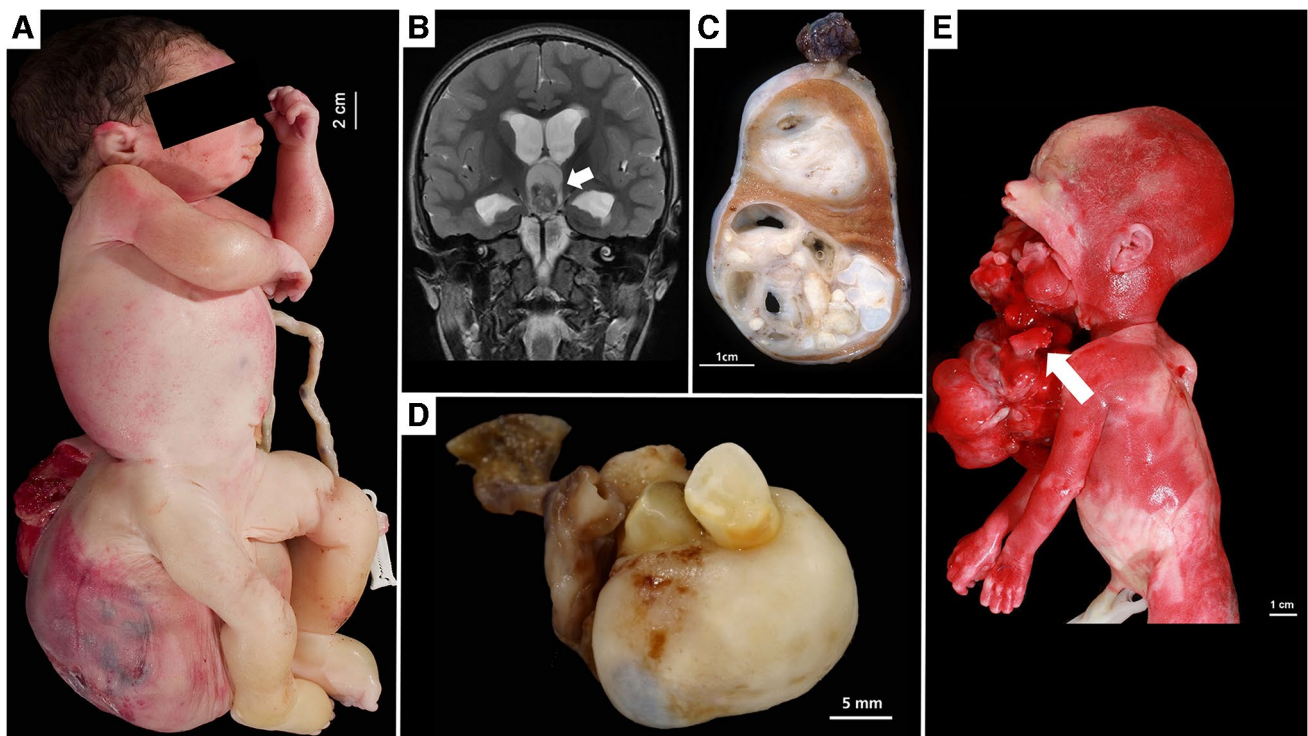


Fig. 6 Macroscopic spectrum of teratoma subtypes. **A** Congenital sacrococcygeal teratoma. **B** MRI of the brain showing a heterogeneous, partially cystic teratoma in the pineal region (arrow). **C** Prepubertal-type testicular teratoma: Cystic areas, partially filled with keratinaceous material and bluish cartilage (right part). **D** Bony pro-

tuberance with fully developed teeth from a mature cystic teratoma of the ovary. **E** Fetiform tumor mass (fetus in fetu) protruding from the mouth of fetus at 18 gestational week, showing a foot-like structure (arrow)

they have also been described more and more in older men [61]. In general, testicular teratoma in adults represents a post-pubertal-type GCT and is often a component of mixed GCT [51]. In the case of pure testicular teratoma in adults, the distinction between pre- and post-pubertal type can only be made by the presence of GCNIS in the adjacent testicular tissue or by the assessment of 12p status. This is important since prepubertal-type teratomas are benign [61–63] and are adequately treated with surgical (testis-sparing) excision alone [64].

Tumor markers are typically not elevated in teratomas. However, it is important to note that neonates and infants in the first months of life have physiologically elevated serum levels of alpha-fetoprotein (AFP), which do not necessarily indicate the presence of yolk sac tumor components [53].

Teratomas may be solid or have a variably prominent cystic component filled with keratinaceous or mucoid material (Fig. 6C). Grossly identifiable hair may be present in the dermoid subtype (mature cystic teratoma) identical to its much more common ovarian counterpart [62]. Other mature tissue components such as bone, teeth, or fat tissue may also be observed upon macroscopic examination (Fig. 6D). This appearance has not been described in post-pubertal-type teratomas of the testis.

Testicular and ovarian teratomas exhibit several key differences. In ovarian teratomas, special forms known as monodermal teratomas can occur. These are unique in that they consist predominantly of a single type of tissue, usually derived from one blastodermal layer. Mature cystic teratoma is technically a type of monodermal teratoma and falls within this category. Other examples include struma ovarii and carcinoid/neuroendocrine tumors, which develop when specific tissue components within a mature cystic teratoma undergo overgrowth. Monodermal teratomas are distinct to the ovary, originating from meiotic oocytes, which sets them apart from other germ cell tumors [65]. Consequently, they have been classified as a separate type (type IV GCT in the classification system proposed by Looijenga and Oosterhuis [4, 5]). In contrast, mature cystic teratomas arising outside the ovary are considered benign pre-pubertal-type teratomas.

Another unique concept in ovarian teratomas is the notion of immaturity, which is not recognized in teratomas at other anatomical locations. Immature tissue (e.g., primitive neuroectodermal component; Fig. 5D) is frequently present in congenital teratomas, yet immaturity is not associated with malignant behavior in sacrococcygeal teratomas [66]. Similarly, in testicular teratomas, the distinction between immature and mature teratomas has been abandoned due to the lack of therapeutic consequences. The only time immaturity becomes important in testicular teratomas is when differentiating post- from pre-pubertal-type teratomas, as immature elements (along with GCNIS and atrophy) are exclusion criteria for a benign pre-pubertal-type teratoma diagnosis.

There is a lack of consensus regarding the best approach to grade ovarian immature teratomas, with two well-known systems, a two-tier scale and a three-tier one. Reproducibility of the grading is also questionable and current efforts are underway to improve this difficult issue, for which there have been some preliminary analysis [67]. Hopefully, a new consensus will be reached to apply it in the grading of these tumors. It is generally agreed that low-grade tumors confined to the ovary do not require systemic treatment. Notably, opinions differ between pediatric and gynecologic oncologists regarding the role of chemotherapy in higher grade immature teratomas. In one series of ovarian GCT, there were no radiological responses to chemotherapy in immature teratomas and grade did not predict event-free survival, with no deaths occurring from immature teratomas [68]. Other authors have also highlighted these classification challenges [69]. Until these issues are resolved, the WHO have decided, for harmonization purposes, to include the category of immature teratomas, but limiting it to ovarian teratomas.

Somatic malignant transformation in GCT

In recent discussions, some authors have proposed that so-called grade 3 immature ovarian teratomas might represent a form of somatic malignant transformation (SMT) [69]. SMT in GCT, although rare, holds significant clinical relevance. The WHO classification defines SMT as a secondary tumor component, such as adenocarcinoma, embryonal neuroectodermal tumor (ENET), or rhabdomyosarcoma, that occupies at least one low-power field. The management of SMT presents considerable challenges. Studies indicate that the prognosis is generally not adversely impacted when SMT is confined to the primary tumor. However, the presence of SMT in metastatic sites is associated with a poorer prognosis [70, 71]. Although SMT is predominantly documented in post-pubertal-type GCT of the testis, it can also occur in prepubertal teratomas [72]. A particularly notable variant, the vasculogenic mesenchymal tumor, has recently been identified in GCT of the mediastinum [73], whereas vascular tumors as SMT are rare in other locations. Diagnosis of SMT can be challenging, but the detection of 12p alterations remains a valuable tool for confirming the GCT origin [70, 71]. This diagnostic marker is crucial for distinguishing SMT from secondary malignancies and ensuring accurate treatment planning. The emerging understanding of SMT in GCT underscores the need for continued research and nuanced approaches to therapy, tailored to the unique characteristics of these complex cases.

Fetus in fetu

Fetus in fetu (FIF) is a new diagnostic category included exclusively in the WHO Classification of Paediatric

Tumours [2]. It is a developmental anomaly in which a parasitic fetus is contained within the body of its twin. Most cases occur at the sites of attachment of conjoined twins, such as the sacral region, abdomen, retroperitoneum, face, neck, and orbit. The majority of cases are intra-abdominal, although other sites may also be affected [74].

FIF is currently classified as a so-called type 0 germ cell tumor (GCT) in the classification system proposed by Oosterhuis and Looijenga [5]. More than 15% of cases have a familial history of twinning and it is currently thought to result from an abnormality in the development of monozygotic twins. Furthermore, it is hypothesized to arise from alterations in the development of blastomeres at the two-cell stage, during which they are totipotent [5]. Several cases report genotypic identity between the host and the FIF [75].

Macroscopic features include a tumor mass with fetiform characteristics in varying degrees of development (Fig. 6E). Radiological examination may show the presence of vertebral organization suggestive of metameric segmentation. Some cases may strikingly resemble a developing fetus and have even shown spontaneous limb movement [76]. Histopathological features are similar to those of a mature teratoma but display a higher degree of organization. Most cases can be cured through surgical resection. However, there are reports of malignant recurrence, particularly in the form of yolk sac tumors [77].

Yolk sac tumor

Yolk sac tumor (YST) is a malignant neoplasm resembling extraembryonic structures, including the yolk sac, allantois, and extraembryonic mesenchyme. Testicular YST is subclassified into pre- and post-pubertal-type YST. Post-pubertal-type YST in testis is related to GCNIS and harbors 12p alterations. Pre-pubertal-type YST of the testis may represent progression from teratoma, usually showing recurrent gains of 1q, 12p13 (but not isochromosome 12p), 20q, and 22 as well as losses of 1p, 4, and 6q [5, 78]. There are differences in age of incidence, with pre-pubertal-type YST rarely arising beyond 6 years of age (median, 16–20 months), also showing no association with cryptorchidism or GCNIS. Testicular post-pubertal-type YST does not present in a pure form and shares the age distribution of other post-pubertal-type GCT. Elevation of serum AFP is classic. However, caution is advised as AFP may be physiologically elevated in neonates and young infants, as mentioned above.

Macroscopically, YSTs are usually solid and relatively homogeneous with a yellow cut surface (Fig. 3B). On histopathology, pre- and post-pubertal-type YSTs are identical, showing a wide range of histological patterns. Combinations of patterns are frequent (Fig. 7). AFP immunohistochemistry is an important diagnostic tool, although teratoma may show positivity in glandular epithelium and liver tissue. Many other markers have been reported (e.g., Glypican 3 [79, 80], SALL4 [81, 82], HNF1 β [83, 84], FoxA2 [85]), but all of them

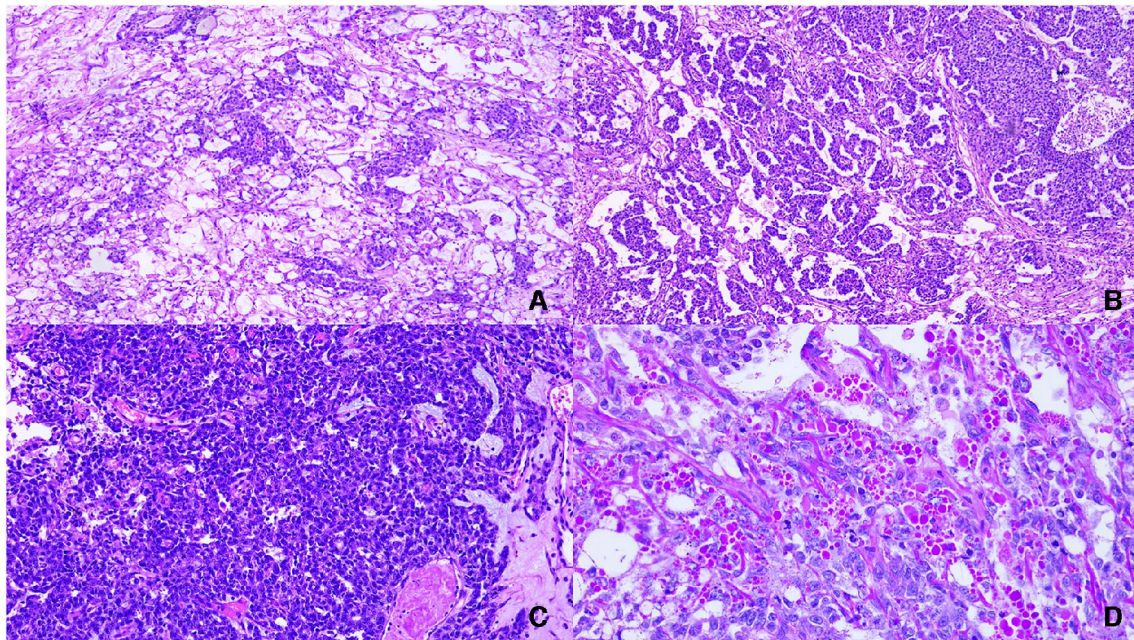


Fig. 7 Yolk sac tumor showing different histological patterns (A microcystic/reticular; B papillary; C solid). PAS highlights the presence of eosinophilic, PAS-positive, diastase-resistant intracellular and extracellular hyaline bodies (D)

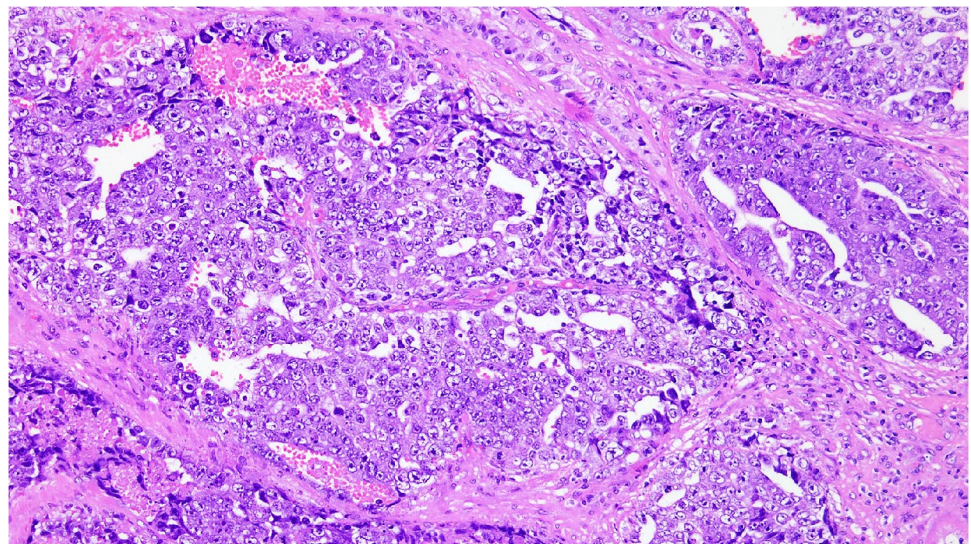
share a heterogeneous expression pattern. In the testis, pre-pubertal-type YST may be found in combination with prepubertal teratoma, whereas post-pubertal-type YST is usually a component in mixed GCT.

Embryonal carcinoma

In contrast to teratoma, embryonal carcinoma (EC) is an undifferentiated GCT subtype that resembles embryonic stem cells. It belongs to the post-pubertal-type GCT category with 12p alterations and can arise in any mid-line location or in the gonads. EC usually appears as a component of malignant mixed GCT and pure EC is rare (Fig. 3C). It does not occur in childhood, except in DSD patients [9]. Serum β -hCG and AFP are generally not elevated, though LDH can be. EC cells are epithelioid with vesicular nuclei, dense amphophilic cytoplasm and poorly defined cytoplasmic membranes. Mitoses (atypical), necrotic foci, nuclear crowding, and pleomorphism are characteristic (Fig. 8). The most frequent patterns are solid, glandular, and papillary in any combination. EC can mimic germinoma. It may contain syncytiotrophoblast cells and lymphocytic infiltrates, although a granulomatous reaction is rare [86].

Immunohistochemically, EC expresses cytokeratin AE1/AE3, OCT3/4, SOX2, CD30 (which may be lost after chemotherapy) [87], and SALL4. Prognosis correlates with stage. Pure embryonal carcinoma behaves more aggressively than mixed GCT, with frequent lymphovascular invasion and higher metastatic potential. Postoperative combination chemotherapy is recommended in many cases [88]. For CNS embryonal carcinoma, outcomes are poor, but combined irradiation and chemotherapy can increase 5- and 10-year survival rates to 75–80% [50].

Fig. 8 *Embryonal carcinoma* predominantly composed of sheets of large, pleomorphic cells with amphophilic cytoplasm. The nuclei exhibit irregularly distributed chromatin, one or more prominent nucleoli, and nuclear crowding. Mitotic activity is high, with frequent atypical mitoses. Focally, gland-like structures are observed



Choriocarcinoma

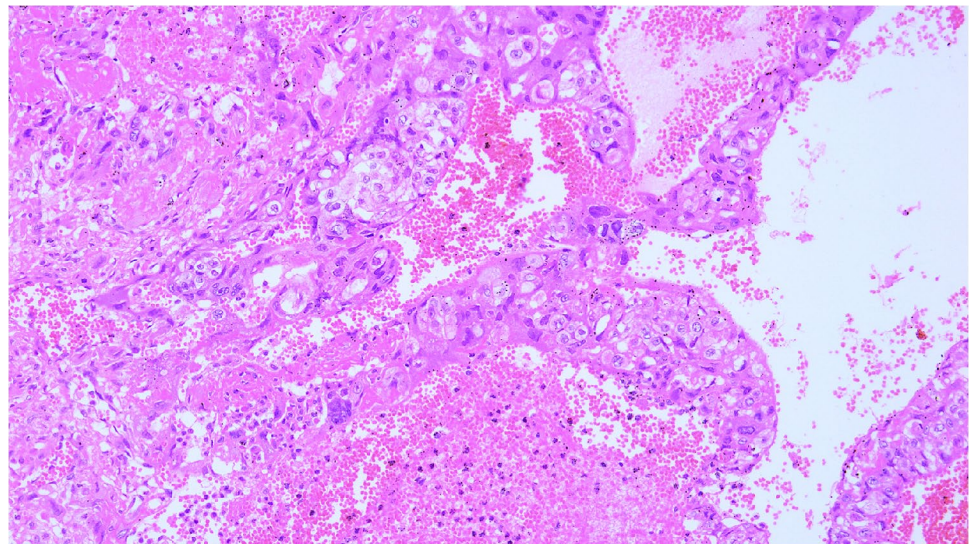
Choriocarcinoma is composed of cells, which reflect the extraembryonic chorion. Although morphologically similar, deep biological differences exist among non-gestational choriocarcinoma and its gestational counterpart that mostly occur in the uterus of women in reproductive age [89]. Genetically, gestational cases are androgenetic XX choriocarcinomas, usually following complete moles [90].

Non-gestational choriocarcinoma, as in other GCT, is related to gains in 12p [91], although CNS tumours may show fewer cases with gains of 12p, when compared to testicular and mediastinal examples [92]. Pure testicular choriocarcinoma is rare and is associated with other GCT in most cases. It may occur in the gonads, mediastinum, and CNS, with predominance in the pineal region. Symptoms will be related to location, metastatic disease, and tumoral hemorrhage [93]. Elevation of serum β -hCG is the norm, often up to $> 50,000$ IU/L [94]. Macroscopically, solid, hemorrhagic, and necrotic nodules with more grayish-tan areas are typical (Fig. 3D). Histologically, combinations of mononucleated trophoblasts (cytotrophoblasts and intermediate trophoblasts) and multinucleated syncytiotrophoblasts (usually capping the mononucleated trophoblasts) immersed in a hemorrhagic background are characteristic (Fig. 9). β -hCG expression remains an invaluable diagnostic tool, although caution is advised in GCT that may have admixed syncytiotrophoblasts, like GDS.

Malignant mixed GCT

Malignant mixed GCTs are composed of more than one histological element. They represent the majority of non-germinomatous tumors, even though GDS may occasionally be one of the components. Any combination of elements can occur,

Fig. 9 Non-gestational choriocarcinoma. Biphasic admixture of cytotrophoblasts (inhibin-positive) and syncytiotrophoblasts (HCG-positive) is characteristic of choriocarcinoma. Note the hemorrhagic background frequently accompanying this tumor



Immunophenotyping of GCT

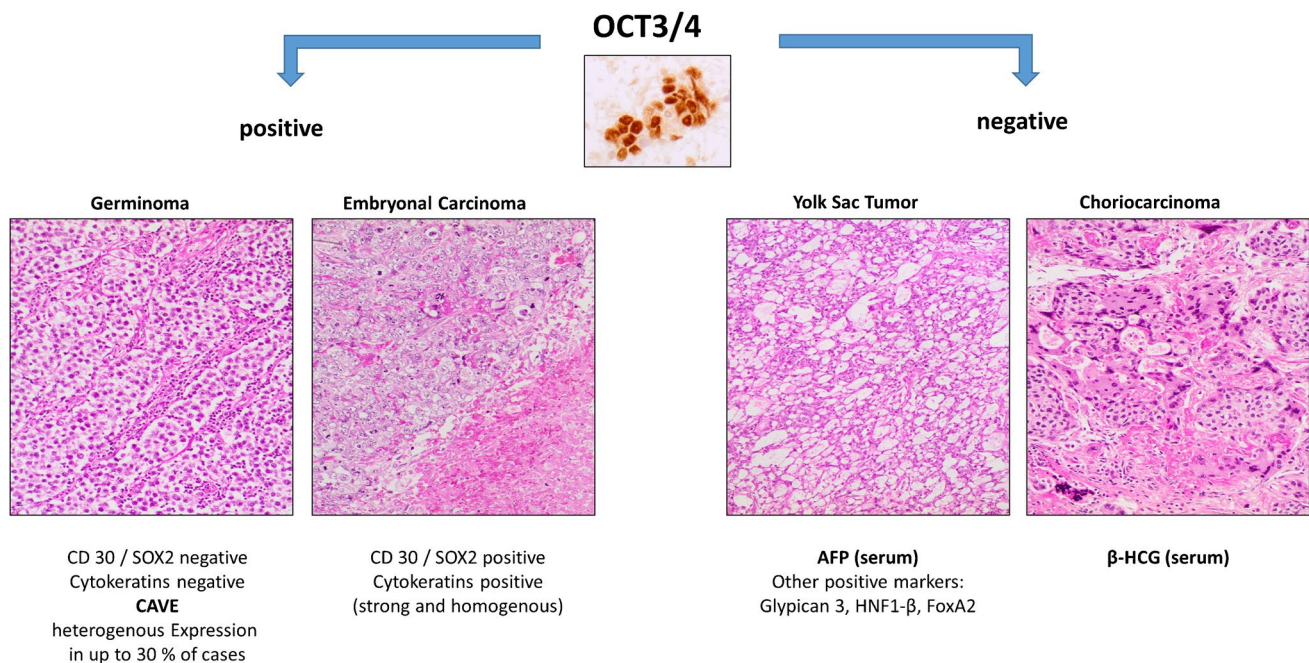


Fig. 10 Immunohistochemical algorithm for the diagnosis of the different GCT subtypes

although embryonal carcinoma mixed with teratoma, GDS, or yolk sac tumor is the most frequent. Identification of each malignant component has prognostic implications and should be reported appropriately. Corresponding tumor markers, such as alpha-fetoprotein (AFP) and beta-human chorionic gonadotropin (β-hCG), may be elevated. Macroscopically, mixed GCTs display heterogeneous morphology, reflecting the varying proportions of each element. On histopathological examination, the characteristic features of each subtype

are present. An immunohistochemical algorithm for the distinction of the different subtypes is summarized in Fig. 10.

Conclusion

Significant effort has been made to establish an organ-independent classification, which has been quite successful thanks to the research of many who have increasingly

unraveled the pathogenesis of these fascinating tumors. For example, the integration and harmonization of teratoma classification across testis, ovary, and extragonadal sites represent a significant step forward in the understanding and management of these tumors. However, there remains potential for further refinement and improvement, as we have discussed above.

Engaging in a dialog with authors of the other WHO classifications has been pivotal in ensuring that our proposed revisions are both comprehensive and cohesive. However, the integration of spermatocytic tumors remains an open question. Given their exclusive occurrence in the testes of older patients, it is a compelling argument to retain them within the WHO classification of testicular tumors.

As we move forward, continuous evaluation and potential updates to this classification will be essential. This will accommodate emerging scientific insights and maintain alignment with evolving diagnostic and therapeutic practices. The ongoing collaboration among experts in this field is vital for addressing the remaining challenges and refining the classification to further enhance the care and prognosis of patients with pediatric GCT.

Declarations

Conflict of interest The authors declare no competing interests.

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