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ORIGINAL RESEARCH

Mitochondrial dysfunction during loss of prohibitin 1 triggers Paneth cell defects and ileitis

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ABSTRACT

Objective Although perturbations in mitochondrial function and structure have been described in the intestinal epithelium of Crohn's disease and ulcerative colitis patients, the role of epithelial mitochondrial stress in the pathophysiology of inflammatory bowel diseases (IBD) is not well elucidated. Prohibitin 1 (PHB1), a major component protein of the inner mitochondrial membrane crucial for optimal respiratory chain assembly and function, is decreased during IBD.

Design Male and female mice with inducible intestinal epithelial cell deletion of *Phb1* (*Phb1*^{ΔIEC}) or Paneth cell-specific deletion of *Phb1* (*Phb1*^{ΔPC}) and *Phb1*^{fl/fl} control mice were housed up to 20 weeks to characterise the impact of PHB1 deletion on intestinal homeostasis. To suppress mitochondrial reactive oxygen species, a mitochondrial-targeted antioxidant, Mito-Tempo, was administered. To examine epithelial cell-intrinsic responses, intestinal enteroids were generated from crypts of *Phb1*^{ΔIEC} or *Phb1*^{ΔPC} mice.

Results *Phb1*^{ΔIEC} mice exhibited spontaneous ileal inflammation that was preceded by mitochondrial dysfunction in all IECs and early abnormalities in Paneth cells. Mito-Tempo ameliorated mitochondrial dysfunction, Paneth cell abnormalities and ileitis in *Phb1*^{ΔIEC} ileum. Deletion of *Phb1* specifically in Paneth cells (*Phb1*^{ΔPC}) was sufficient to cause ileitis. Intestinal enteroids generated from crypts of *Phb1*^{ΔIEC} or *Phb1*^{ΔPC} mice exhibited decreased viability and Paneth cell defects that were improved by Mito-Tempo.

Conclusion Our results identify Paneth cells as highly susceptible to mitochondrial dysfunction and central to the pathogenesis of ileitis, with translational implications for the subset of Crohn's disease patients exhibiting Paneth cell defects.

INTRODUCTION

Crohn's disease, an inflammatory bowel disease (IBD) characterised by recurring, incurable, chronic inflammation, is considered a global health problem with accelerating incidence in newly industrialized countries and stabilising, yet high prevalence in Western countries.¹ Crohn's disease is a multifactorial disease exhibiting loss of intestinal epithelial cell (IEC) barrier integrity and dysregulated immune cell responses due to unknown environmental triggers in genetically predisposed

Significance of this study

What is already known on this subject?

► Previous studies suggest the involvement of epithelial mitochondrial dysfunction in the pathophysiology of inflammatory bowel disease, including Crohn's disease and ulcerative colitis.

What are the new findings?

- We identify Paneth cells as highly susceptible to mitochondrial dysfunction driven by Prohibitin 1 (*Phb1*) deletion and central to the development of ileitis.
- Treatment of Paneth cell defects with Mito-Tempo during *Phb1* deletion implicates a potential therapeutic application for abnormal Paneth cells via elimination of mitochondrial-derived reactive oxygen species.
- Mito-Tempo also prevented the upregulation of interleukin-1β (IL-1β) and IL-18 in the ileum that were induced early after *Phb1* deletion.
- *Phb1* deficiency induced loss of viability of the intestinal stem cell niche and Paneth cell defects in cultured enteroids.

How might it impact on clinical practice in the foreseeable future?

- These are the first results that present a causative role of mitochondrial dysfunction in ileitis that initiates in Paneth cells.
- Mitochondrial-targeted therapeutics may have translational utility in a subset of Crohn's disease patients exhibiting Paneth cell defects.

individuals.² Genome-wide association studies have identified ~200 IBD risk loci,³ with 5% of these genes functionally linked to the maintenance of mitochondrial health.⁴ Mitochondria are dynamic organelles that readily respond to environmental stimuli and cellular demands for energy. Mitochondria are coordinators of cellular homeostasis via their role in energy production and oxidative metabolism, induction of apoptosis, regulation of calcium, production of reactive oxygen species (ROS), and regulation of signal transduction and epigenomic intermediates. In the intestine, mitochondrial metabolism and function play key roles



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in immune cell activation, IEC barrier integrity and IEC differentiation programmes and stemness.^{5,6} Previous studies suggest the involvement of epithelial mitochondrial dysfunction in the pathophysiology of IBD, including Crohn's disease and ulcerative colitis,^{7,8} but whether this is a cause or consequence of the pathogenesis of IBD is not known.

Prohibitin 1 (PHB1) belongs to a family of proteins that share an evolutionarily conserved stomatin/prohibitin/flotillin/HflK/C domain and serves diverse roles in cell function including regulation of cell cycle progression, apoptosis and transcription depending on its subcellular localisation. In IECs, PHB1 predominantly localises to the mitochondria.⁹ PHB1 is the major component protein of the inner mitochondrial membrane (IMM) where it forms a heterodimeric complex with PHB2 to exert chaperon function to stabilise mitochondrial DNA (mtDNA)-encoded proteins and regulate optic atrophy 1 (OPA1)-dependent IMM fusion.¹⁰ Additionally, PHB1 interacts with and is required for optimal activity of complexes I and IV of the electron transport chain (ETC).¹⁰ Expression of PHB1 is decreased in mucosal biopsies from IBD-afflicted patients.^{9,11} We previously showed that overexpression of epithelial PHB1 using genetic manipulation (*Villin-Phb1* transgenic mice) or therapeutic delivery to the colon decreases oxidative stress and protects mice from experimental colitis.^{12,13} Given the known functions of PHB1 in

mitochondrial structure and dynamics, we generated three novel mouse models of mitochondrial dysfunction via *Phb1* deletion in the intestinal epithelium or specifically in Paneth cells. Here, we investigated the role of IEC mitochondrial dysfunction in intestinal inflammation.

RESULTS

Phb1^{ΔIEC} mice develop spontaneous ileitis

Genetic deletion of *Phb1* results in embryonic lethality in mice and flies.¹⁴ To gain tissue and temporal control of PHB1 deletion, we ablated PHB1 in IECs of adult *Phb1* floxed mice (*Phb1*^{fl/fl}:*Villin-CreERT2* referred to as *Phb1*^{ΔIEC} mice) by tamoxifen administration. The absence of PHB1 protein in the epithelium was confirmed by western immunoblotting and immunohistochemistry (IHC) staining after tamoxifen injection (online supplementary figure S1). Beginning at 7 weeks after induction of *Phb1* deletion, *Phb1*^{ΔIEC} mice gained less body weight compared with *Phb1*^{fl/fl} littermates (online supplementary figure S2A). Within 12 weeks after induction of *Phb1* deletion, *Phb1*^{ΔIEC} mice manifested spontaneous, discontinuous ileal inflammation (figure 1A), while sparing more proximal small intestine and colon (online supplementary figure S2B). Histological alterations in the ileum included infiltration of immune cells,

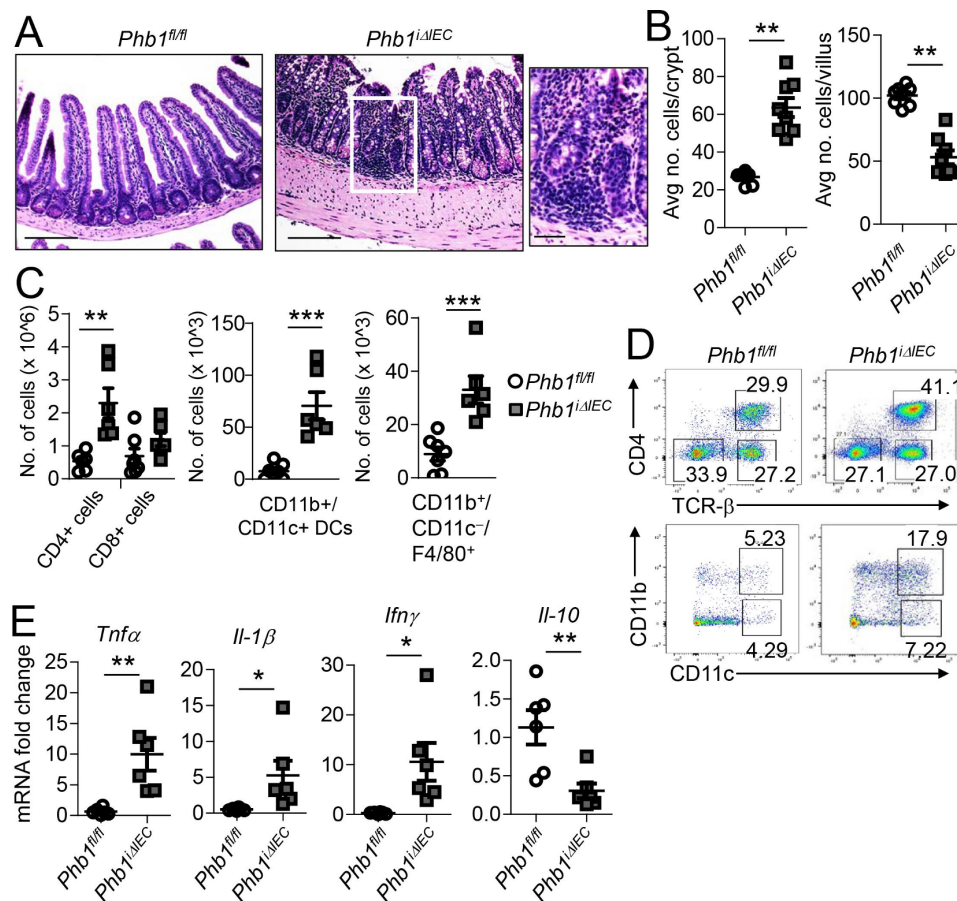


Figure 1 *Phb1*^{ΔIEC} mice develop spontaneous ileitis 12 weeks after *Phb1* deletion. (A) H&E-stained sections showing ileum histology. Scale bars: 250 μm, boxed pullout: 75 μm. (B) The number of epithelial cells across 50 crypts or 50 villi per mouse. (C) Absolute number of ileal lamina propria (LP) immune cells calculated of total LP cells isolated from ileum. Data are representative of three independent experiments. (D) Representative flow cytometry plots gated on CD45⁺ cells (top) or gated on CD45⁺MHCII⁺Gr-1⁺B220⁻ Cells (bottom) (E) mRNA expression in ileum measured by qPCR. Results are presented as individual data points ± SEM of 10 mice (B), 6–7 mice (1 *Phb1*^{ΔIEC} outlier removed after Grubbs' test) (C), or 6 mice (E) per group. *P<0.05, **P<0.01, ***P<0.001 by unpaired, two-tailed Student's t-test. IFN-γ, interferon-γ; IL-10, interleukin-10; *Phb1*^{ΔIEC}, intestinal epithelial cell deletion of *Phb1*; *Phb1*^{ΔPC}, Paneth cell-specific deletion of *Phb1*; TNFα, tumour necrosis factor α.

thickening of the muscularis layers, crypt abscesses, crypt architectural changes including crypt branching, crypt elongation, and villus blunting (figure 1A,B, online supplementary figure S2C,D). *Phb1*^{ΔIEC} mice exhibited splenomegaly and ileal infiltration of CD4⁺ T cells, CD11b⁺/CD11c⁺ dendritic cells and F4/80⁺ macrophages (figure 1C,D, online supplementary figure S2E). Expression of proinflammatory cytokines *Tnfa*, Interleukin-1β (*IL-1β*) and Interferon-γ (*Ifnγ*) was increased in *Phb1*^{ΔIEC} ileum with a concomitant decrease in anti-inflammatory *Il-10* (figure 1E). Gut microbiota was altered in *Phb1*^{ΔIEC} mice compared with *Phb1*^{fl/fl} littermates, with decreased bacterial diversity and significant decreases in abundance of *Blauntia*, *Roseburia*, *Coprococcus*, *Oscillibacter*, as has been reported as decreased in IBD patients,^{15,16} as well as decreased abundance of *Marvinbryantia*, *Acetatifactor* and *Pseudoflavonifactor* (online supplementary figure S3). These bacterial alterations were observed 1 week after *Phb1* deletion and decreases in abundance of *Roseburia*, *Oscillibacter*, *Marvinbryantia* and *Acetatifactor* and Shannon Diversity were sustained through 12 weeks after *Phb1* deletion.

Ileal IECs exhibit mitochondrial dysfunction during deletion of *Phb1*

Since mitochondrial morphology is closely linked to function, mitochondria in epithelial cells of the ileum were visualised by transmission electron microscopy (TEM). Twelve weeks after induction of *Phb1* deletion, ileal epithelial cells demonstrated loss of microvilli and increased vacuolation (online supplementary figure S4). TUNEL⁺ staining in ileal crypts and villi of *Phb1*^{ΔIEC} mice suggest apoptosis and/or necrosis of the epithelium, confirmed by increased Cleaved caspase 3 expression (online supplementary figure S5A–C). A statistically significant proportion of the mitochondria of enterocytes, goblet cells, Paneth cells and crypt base columnar (CBC) stem cells of *Phb1*^{ΔIEC} mice were unhealthy (swollen, dissolution/delocalisation of cristae) or contained electron-dense inclusion bodies as a reaction to injury¹⁷ (figure 2A,B). Mitochondrial dysfunction in *Phb1*^{ΔIEC} ileal IECs was also evident by decreased activity of ETC complexes I, II and IV (figure 2C) and the induction of the mitochondrial unfolded protein response (mtUPR; figure 2D), which is triggered on

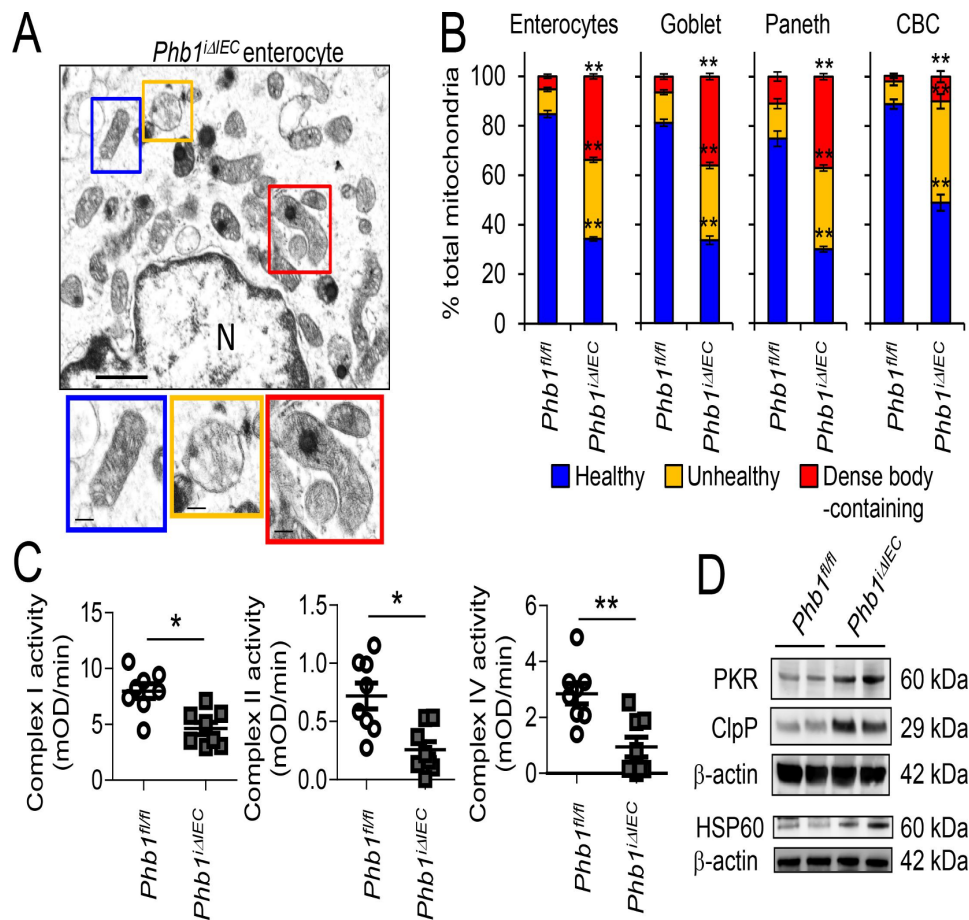


Figure 2 *Phb1*^{ΔIEC} ileal IECs exhibit mitochondrial dysfunction. Time point shown is 12 weeks after *Phb1* deletion. (A) TEM of ileal enterocyte. Representative healthy (blue box), unhealthy (orange box), and dense inclusion body-containing (red box) mitochondria. Scale bars: 500 nm. N, nucleus. (B) % healthy, unhealthy, and dense inclusion body-containing mitochondria visualised by TEM. n=200 enterocytes, 200 goblet cells, 50 Paneth cells, and 50 CBC cells with an average of 42 mitochondrial/cell. Enteroendocrine cells were too sparse to quantitate. (C) ETC complex activity in isolated ileal IECs. (D) Representative Western blots of mtUPR markers in isolated ileal IECs. Results are presented as pooled data means±SEM (B) or as individual data points±SEM (C) of four mice per group (B) of eight mice per group (C, D). *P<0.05, **P<0.01 by 1-way ANOVA followed by Bonferroni’s test (B) or by unpaired, 2-tailed Student’s t-test (C). ANOVA, analysis of variance; CBC, crypt base columnar; ETC, electron transport chain; HSP, heat shock protein; IECs, intestinal epithelial cells; mtUPR, mitochondrial unfolded protein response; *Phb1*^{ΔIEC}, intestinal epithelial cell deletion of *Phb1*; PKR, protein kinase R; SEM, standard error mean; TEM, transmission electron microscopy.

Table 1 Proportion of *Phb1*^{ΔIEC} mice that manifest mitochondrial dysfunction, abnormal Paneth and goblet cells, and histological inflammation

Week after <i>Phb1</i> deletion	Mice with mitochondrial dysfunction* N (%)	% mice with abnormal Paneth cells† n (%)	% mice with abnormal AB ⁺ cells‡n (%)	% mice with histological inflammation n (%)
1	12/12 (100)	4/12 (25)	0/12 (0)	0/12 (0)
3	12/12 (100)	7/12 (58)	2/12 (12)	2/12 (17)
6	N/D	10/14 (78)	6/14 (43)	6/14 (43)
12	15/15 (100)	13/15 (87)	13/15 (87)	13/15 (87)

*Defined as increased mtUPR, ultrastructural abnormalities in IECs by TEM.

†Defined as altered lysozyme staining, less abundant secretory granules, and AB⁺ staining.

‡Defined as enlarged, more abundant AB⁺ cells above the crypt base.

IEC, intestinal epithelial cell; mtPUR, mitochondrial unfolded protein response; N/D, not determined; *Phb1*^{ΔIEC}, intestinal epithelial cell deletion of *Phb1*; TEM, transmission electron microscopy.

accumulation of unfolded proteins within the mitochondrial matrix and is evident in epithelial cells from Crohn's disease and ulcerative colitis patients.⁸ These mitochondrial changes did not significantly alter ATP concentration in isolated ileal IECs (online supplementary figure S6A), as has been shown previously in other cells with *Phb1* deficiency.^{18,19}

Since mitochondrial dysfunction demonstrated in *Phb1*-deficient ileal IECs could be secondary to inflammation, we next determined whether earlier time points after the induction of *Phb1* deletion exhibited mitochondrial dysfunction. Mitochondrial ultrastructural abnormalities and mtUPR were induced in IECs as early as 1 week following *Phb1* deletion and was sustained through 12 weeks (online supplementary figure S6B–E). Upregulation of *Opa1*, which is a master regulator of mitochondrial fusion and bioenergetics, but not other genes controlling mitochondrial function (*Polg1*, *Polg2*, *Tfam* or *Pgc1*), was evident early after *Phb1* deletion in ileal IECs (online supplementary figure S6F). Additionally, endoplasmic reticulum (ER) stress and mitochondrial dysfunction can be interrelated during chronic inflammation with communication between the two organelles.²⁰ Indeed, upregulation of ER UPR markers coincides with mitochondrial dysfunction in *Phb1*^{ΔIEC} ileal IECs (online supplementary figure S7A,B). Very few mice displayed histological inflammation of the ileum at early time points (1 or 3 weeks) following *Phb1* deletion (table 1), suggesting that mitochondrial dysfunction precedes ileitis in this model.

Mitochondria are the primary source of ROS with 0.2%–2.0% of oxygen consumed converted to superoxide by normal ETC activity. Mitochondrial dysfunction causes accumulation of mitochondrial-derived ROS (mtROS) due to blockade of forward electron flow through the ETC, subsequently causing more electrons to leak to oxygen. Oxidative damage to lipids and DNA is evident in the ileum of *Phb1*^{ΔIEC} mice as early as 1 week after *Phb1* deletion (online supplementary figure S7C,D). Additionally, ROS-generating mitochondria have been shown to activate the NLRP₃ inflammasome, which in turn leads to caspase-1 dependent secretion of proinflammatory cytokines IL-1β and IL-18.²¹ *Phb1*^{ΔIEC} mice exhibit increased expression of active Caspase-1, IL-1β and IL-18 in ileum 1 week after *Phb1* deletion without altered expression of other proinflammatory cytokines or chemokines commonly upregulated in intestinal inflammation at this early time point (online supplementary figure S8).

Phb1^{ΔIEC} mice exhibit ileal Paneth cell abnormalities early after *Phb1* deletion

During histological examination of H&E-stained ileum sections, alterations in Paneth cells, such as smaller secretory granules, were obvious in *Phb1*^{ΔIEC} mice 12 weeks after *Phb1* deletion (figure 3A). Paneth cells contribute to gut homeostasis by synthesising antimicrobial peptides and proteins such as lysozyme and defensins (also called cryptidins) and intestinal stem cell (ISC) niche factors.²² IHC staining demonstrated that lysozyme⁺ cells were expanded in number in *Phb1*^{ΔIEC} mice (figure 3B,C). Lysozyme is normally efficiently packaged into secretory granules in Paneth cells as demonstrated in *Phb1*^{fl/fl} mice (figure 3B). Ileal Paneth cells in *Phb1*^{ΔIEC} mice exhibited altered patterns of lysozyme allocation (as previously described by^{23,24}), with the majority showing diminished or diffuse lysozyme staining (figure 3B,D). Using these same criteria, 20%–50% of Crohn's disease patients have ≥20% abnormal Paneth cells (called Type I Paneth cell phenotype), which was associated with gut microbiota alterations and poor clinical outcomes such as early post-operative recurrence after resection.^{25–27} Paneth cell granules in *Phb1*^{ΔIEC} mice visualised by TEM were smaller and composed of an electron dense core and an enlarged electron-lucent peripheral halo compared with *Phb1*^{fl/fl} mice (figure 3E). Previous studies have identified this electron-lucent halo in murine Paneth cells as predominantly containing Mucin2.²⁸ *Phb1*^{ΔIEC} mice exhibited decreased mRNA expression of antimicrobials produced by Paneth cells such as *RegIIIγ*, *Cryptdin3*, *Cryptdin5* and *Ang4* (online supplementary figure S9A), suggesting loss of Paneth cell function vs simply degranulation of Paneth cell enzymes on a sustained basis.

Goblet-like cells containing dense core mucin granules, or a combination of mucin granules and abnormal Paneth cell granules, were observed in the crypt base of *Phb1*^{ΔIEC} mice by TEM (figure 3E). Alcian blue (AB)–periodic acid schiff staining confirmed an increase in the number of AB⁺ cells in the crypt base during *Phb1* deletion (figure 4A,B). Colocalisation of MUC2 (goblet cell marker) and lysozyme (Paneth cell marker) staining in the *Phb1*^{ΔIEC} crypt base, evident in areas with and without inflammation, suggest these cells are 'intermediate' goblet/Paneth cells (figure 4C). These intermediate cells have been proposed to be Paneth cells undergoing transformation to goblet cells, goblet cells in the process of being converted to Paneth cells, or a precursor of both lineages. This altered differentiation programme in *Phb1*^{ΔIEC} crypts was accompanied by increased TUNEL⁺ staining and cell proliferation (online supplementary figure S5), suggesting increased turnover of the intestinal epithelium.

In addition to the appearance of intermediate cells in the ileal crypts of *Phb1*^{ΔIEC} mice, AB⁺ cells above the crypt base were increased in number and size with increased cytoplasmic mucin/cell (figure 4B–E). Examination of ileum at earlier time points after the induction of *Phb1* deletion demonstrated that crypt intermediate cells are evident before abnormal villus AB⁺ cells (table 1 and online supplementary figure S9B,C). As early as 1 week after *Phb1* deletion, mRNA expression of goblet cell genes *Muc2* and *Muc4* are increased with a concomitant increase in *Klf4* and *Elf3* (online supplementary figure S9A), which are transcription factors involved in goblet cell differentiation. *Phb1*^{ΔIEC} mice exhibited decreased mRNA expression of *Hes1* and increased *Math1* (online supplementary figure S9A), a situation that has been shown to promote secretory cell differentiation.²⁹ *Sox9*, which controls, at least in part, Paneth cell differentiation, and *Lgr5*, the intestinal CBC stem cell marker,

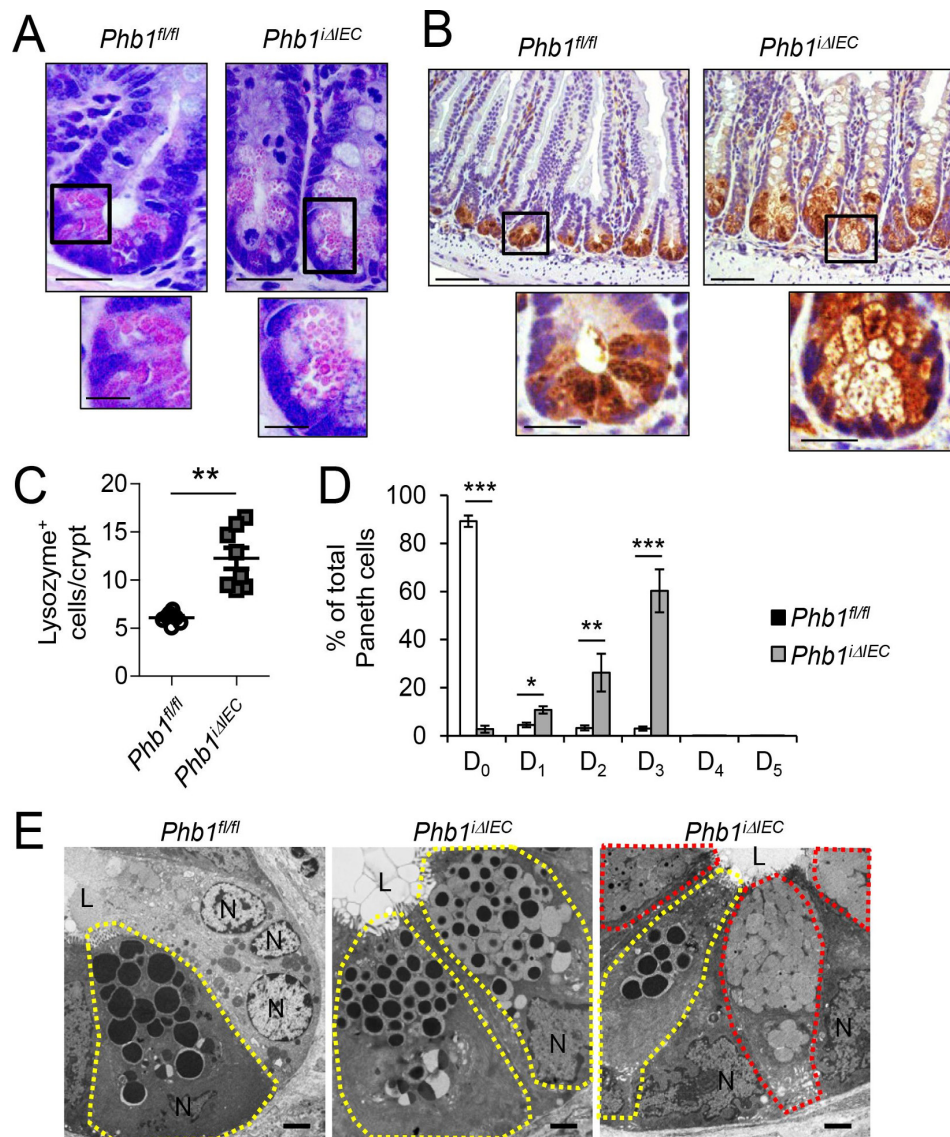


Figure 3 *Phb1^{ΔIEC}* mice exhibit ileal Paneth cell abnormalities. Time point shown is 12 weeks after *Phb1* deletion. (A) H&E-stained sections showing Paneth cells. Scale bars: 50 μ m, boxed pullout: 20 μ m. (B) Lysozyme IHC staining. Scale bars: 250 μ m, boxed pullouts: 50 μ m. (C) The number of lysozyme+ cells across 50 crypts per mouse. (D) % of Paneth cells displaying each pattern of lysozyme expression. D₀, normal; D₁, disordered; D₂, diminished; D₃, diffuse; D₄, excluded; D₅, enlarged. 500 cells quantitated each mouse. (E) TEM of crypt base. Paneth cells, yellow outline; goblet-like cells, red outline. N, nucleus; L, lumen. Scale bars: 2 μ m. Results are presented as individual data points \pm SEM (C) or as pooled data means \pm SEM (D) of 8 mice per group. ** $P < 0.01$, *** $p < 0.001$ by unpaired, 2-tailed Student's t-test. (B) Or by 1-way ANOVA followed by Bonferroni's test (D). ANOVA, analysis of variance; *Phb1^{ΔIEC}*, intestinal epithelial cell deletion of *Phb1*.

were not altered in *Phb1^{ΔIEC}* mice (online supplementary figure S9A). FABP6 immunostaining suggests that enterocyte numbers are decreased by 12 weeks after *Phb1* deletion but not as early as 1 week, while enteroendocrine cells (marked by chromogranin A⁺ expression) were unaffected in *Phb1^{ΔIEC}* mice (online supplementary figure S10).

To determine the sequence of pathological events driving ileal inflammation in *Phb1^{ΔIEC}* mice, the proportion of mice that manifest ileitis, Paneth cell or villus AB⁺ cell abnormalities, or mitochondrial dysfunction at 1, 3, 6 or 12 weeks after the induction of *Phb1* deletion were quantitated. Mitochondrial dysfunction was evident in all mice at 1 week, Paneth cell abnormalities in the majority of mice beginning at 3 weeks, followed by villus AB⁺ cell abnormalities and spontaneous ileitis, which developed in the majority of mice after 6 weeks (table 1). Collectively, these results demonstrate that the loss of *Phb1* causes mitochondrial

dysfunction and subsequent Paneth cell defects prior to the onset of ileitis.

Mito-Tempo ameliorates mitochondrial dysfunction, Paneth cell defects and ileitis during loss of *Phb1*

To determine whether a mitochondrial-targeted antioxidant has therapeutic potential in Paneth cells, the dysfunction of which plays a role in the pathogenesis of Crohn's disease,²² a subset of mice were treated daily for 3 weeks with Mito-Tempo concurrent with tamoxifen injections to induce *Phb1* deletion. Mito-Tempo is a mitochondrial-targeted superoxide dismutase 2 mimetic shown to have antioxidant properties.³⁰ Mito-Tempo ameliorated mitochondrial ultrastructural abnormalities and mtUPR and ER UPR responses in *Phb1^{ΔIEC}* ileal IECs (figure 5A–C). Additionally, Mito-Tempo restored lysozyme staining and

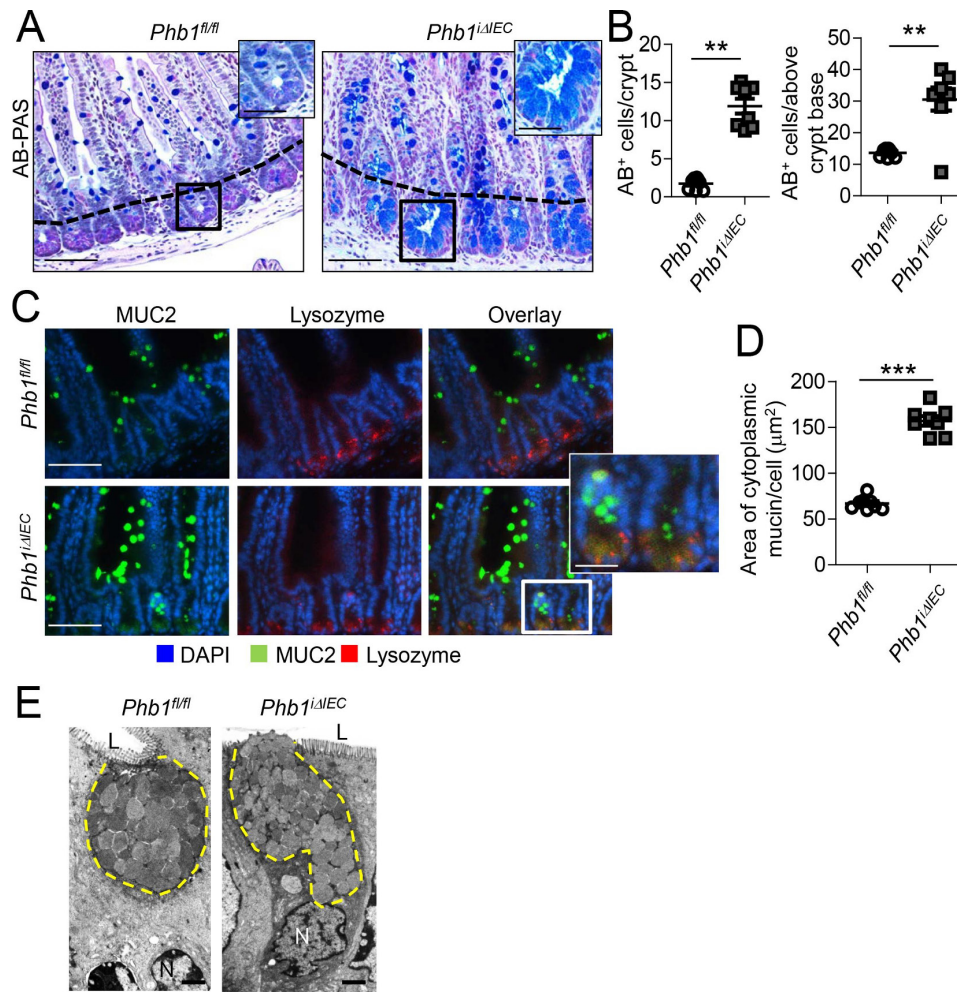


Figure 4 Ileal Paneth cells resemble goblet/Paneth intermediate cells and goblet cell number and size are increased in *Phb1*^{iΔIEC} mice. Time point shown is 12 weeks after *Phb1* deletion (A) AB-PAS-stained sections. Dashed line denotes crypt base. Scale bars: 250 μm, boxed pullouts: 50 μm. (B) The number of AB⁺ cells in the crypt base (below dashed line in A) or above the crypt base across 50 crypts per mouse. (C) MUC2 (goblet cell marker) and Lysozyme (Paneth cell marker) immunofluorescence staining. Scale bars: 250 μm, boxed pullout showing co-localisation: 75 μm. (D) Quantitation of average mucin area/goblet cell above the crypt base. 250 cells quantitated each mouse. (E) TEM of villus goblet cells. Mucin granules, yellow outline. Scale bars: 1 μm. Results are presented as individual data points ± SEM of 8 mice per group. ***P*<0.01, ****p*<0.001 by unpaired, 2-tailed student's *t* test. AB-PAS, alcian blue–periodic acid schiff; L, lumen; MUC2, mucin2; N, nucleus; *Phb1*^{iΔIEC}, intestinal epithelial cell deletion of *Phb1*; SEM, standard error mean; TEM, transmission electron microscopy.

Paneth cell antimicrobial expression such as *RegIIIγ*, *Cryptdin3* and *Cryptdin5* in *Phb1*^{iΔIEC} mice (figure 5D,E). AB⁺ crypt cells and expression of *Muc2* and *Muc4* in *Phb1*^{iΔIEC} mice treated with Mito-Tempo was similar to *Phb1*^{fl/fl} mice (figure 5D,E), suggesting that Mito-Tempo prevented differentiation changes favouring intermediate cells during *Phb1* deletion. Mito-Tempo also prevented the upregulation of *Il-1β* and *Il-18* in the ileum that was induced during *Phb1* deletion (figure 5F). We continued administration of Mito-Tempo for an additional 9 weeks to assess severity of ileitis (figure 5G). Only 20% (2/10 mice) of *Phb1*^{iΔIEC} mice treated with Mito-Tempo through 12 weeks exhibited histological evidence of inflammation in the ileum, compared with 80% (8/10 mice) of *Phb1*^{iΔIEC} mice treated with vehicle.

Since Tempo not targeted to the mitochondria has been shown to affect microbiota,³¹ we administered Mito-Tempo *in vitro* using ileal enteroids to eliminate microbiota as a confounding factor and to examine epithelial cell-intrinsic responses. Enteroids derived from *Phb1*^{iΔIEC} mice formed fewer crypt buds and exhibited significant death during the 7-day culture period compared with enteroids derived from *Phb1*^{fl/fl} mice (online supplementary

figure S11A–C). *Phb1*^{iΔIEC} enteroids also displayed activation of the mtUPR and ER UPR, increased production of mitochondrial-derived superoxide and loss of expression of Paneth cell antimicrobials *RegIIIγ*, *Cryptdin3*, *Cryptdin5* and *Ang4* (online supplementary figure S11F,G). Mito-Tempo decreased *Phb1*^{iΔIEC} enteroid death, mitochondrial-derived superoxide production, mtUPR and ER UPR activation and restored expression of Paneth cell antimicrobials to that of *Phb1*^{fl/fl} enteroids (online supplementary figure S11E–G). Mito-Tempo had no effect on crypt budding (online supplementary figure S11D). These results suggest that mtROS contributes to Paneth cell defects and loss of viability of the ISC niche during IEC *Phb1* deficiency.

Mice with Paneth cell-specific deletion of *Phb1* develop spontaneous ileitis

To delineate the role of mitochondrial dysfunction specifically in Paneth cells and its effect on ileitis, we generated two mouse lines with Paneth cell-specific deletion by crossing *Phb1*^{fl/fl} mice to *Defa6-Cre* mice (*Phb1*^{Defa6ΔPC}) and to *Mist1-CreER*^{T2} mice

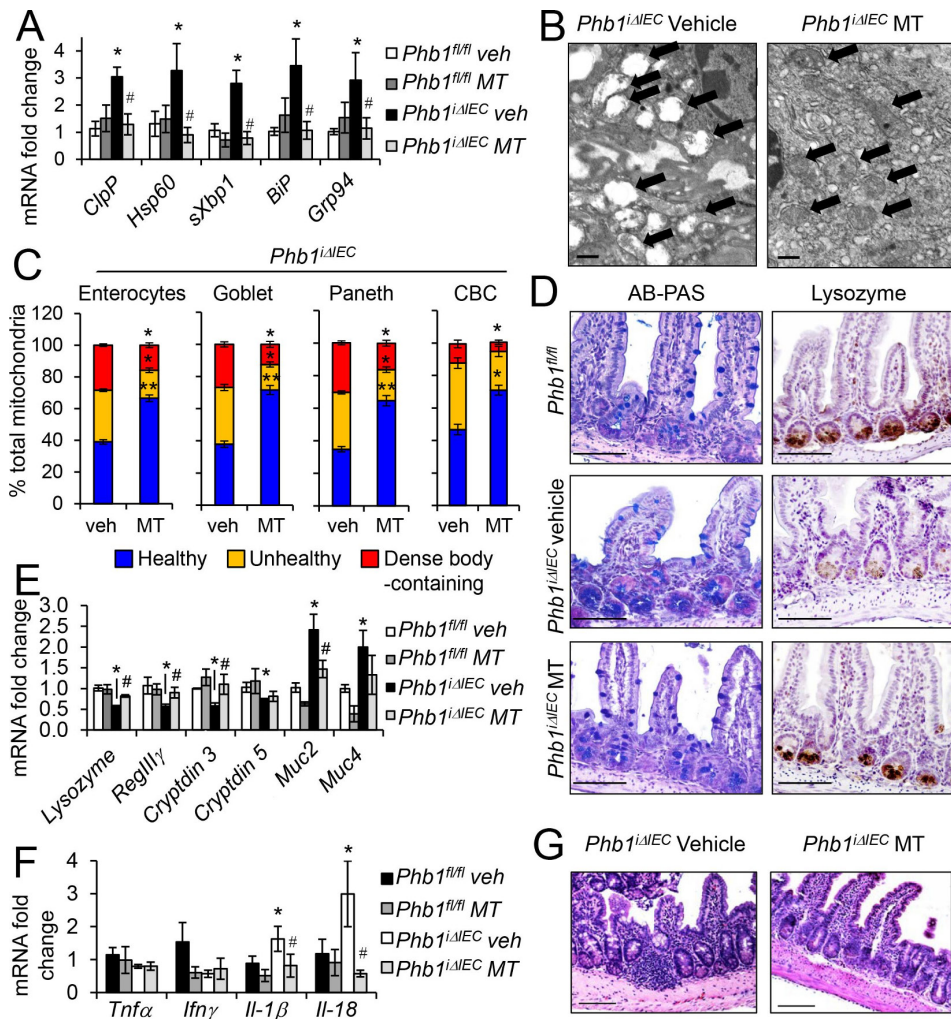


Figure 5 Mito-Tempo (MT) ameliorates mitochondrial dysfunction, Paneth cells defects, and ileitis in *Phb1 Δ IEC* ileum. (A) mRNA expression of mtUPR (*ClpP*, *Hsp60*) and ER UPR (*sXbp1*, *BiP*, *Grp94*) markers in isolated ileal IECs measured by qPCR. (B) TEM of ileal enterocytes. Arrows indicate mitochondria. Scale bars: 500 nm. (C) % healthy, unhealthy (swollen, dissolution of cristae), and dense inclusion body-containing mitochondria visualized by TEM. n=200 enterocytes, 200 goblet cells, 50 Paneth cells, and 50 CBC cells with an average of 53 mitochondrial/cell. (D) AB-PAS and Lysozyme immunohistochemistry staining. Scale bars: 250 μ m. mRNA expression in isolated ileal IECs (E) or whole ileum (F) measured by qPCR. (G) H&E-stained sections showing ileum histology at 12 weeks. Scale bars: 250 μ m. Results are presented as pooled data means \pm SEM of 6 mice per group (A, E, F) or 4 mice per group (C). **P*<0.05, ***p*<0.01 vs *Phb1 $^{fl/fl}$* veh, #*p*<0.05 vs *Phb1 Δ IEC* veh by 1-way ANOVA followed by Bonferroni's test. AB-PAS, alcian blue–periodic acid schiff; ANOVA, analysis of variance; CBC, crypt base columnar; ER, endoplasmic reticulum; IECs, intestinal epithelial cells; IFN- γ , interferon- γ ; IL-18, interleukin-18; mtUPR, mitochondrial unfolded protein response; *Phb1 Δ IEC*, intestinal epithelial cell deletion of *Phb1*; TEM, transmission electron microscopy; TNF α , tumour necrosis factor α .

(*Phb1 $^{iMist1\Delta PC}$*). MIST1 (BHLHA15) is a critical transcription factor expressed in mature exocrine secretory cells like Paneth cells.³² Robust expression of PHB1 was demonstrated in *Phb1 $^{fl/fl}$* mice and confirmed to be deficient in *Phb1 $^{Defa6\Delta PC}$* and *Phb1 $^{iMist1\Delta PC}$* mice (online supplementary figures S12A and S14A). *Phb1 $^{Defa6\Delta PC}$* and *Phb1 $^{iMist1\Delta PC}$* mice developed spontaneous, discontinuous ileitis with similar characteristics to that seen in *Phb1 Δ IEC* mice such as infiltration of CD4 $^{+}$ T cells, CD11b $^{+}$ /CD11c $^{+}$ dendritic cells and F4/80 $^{+}$ macrophages, crypt elongation, villus blunting and thickening of the muscularis layers (figure 6A,B, online supplementary figures S12B, S14B–D). Inflammation was restricted to the ileum (online supplementary figures S12C and S14C). Despite these similarities, the penetrance of ileitis across *Phb1 $^{Defa6\Delta PC}$* and *Phb1 $^{iMist1\Delta PC}$* was lower than in *Phb1 Δ IEC* mice (table 1 and online supplementary table S1). Much like *Phb1 Δ IEC* mice, inflammation in *Phb1 $^{Defa6\Delta PC}$* and *Phb1 $^{iMist1\Delta PC}$* mice was associated with less body weight gain,

enlarged spleens, and an early increase in *Il-1 β* and *Il-18* expression followed by later increased *Tnf α* and *Ifn γ* and decreased *Il-10* (figure 6C, online supplementary figures S12D, S12E, S14E–F). Paneth cell abnormalities were evident as early as 1 week after the induction of *Phb1* deletion in *Phb1 $^{iMist1\Delta PC}$* mice and by 8 weeks of age in *Phb1 $^{Defa6\Delta PC}$* , with altered lysozyme staining allocation pattern and increased AB $^{+}$ staining (figure 6E–F, online supplementary figures S13A–C and S15A–F). Unlike *Phb1 Δ IEC* mice, the number of lysozyme $^{+}$ cells in *Phb1 Δ PC* crypts was decreased compared with *Phb1 $^{fl/fl}$* mice (figure 6D and online supplementary figure S15C). Goblet cells above the crypt base in *Phb1 $^{Defa6\Delta PC}$* and *Phb1 $^{iMist1\Delta PC}$* mice appeared similar to *Phb1 $^{fl/fl}$* mice throughout all time points studied (figure 6F, online supplementary figures S13D, S15F). Altered expression of Paneth cell antimicrobials, *Muc2* and *Muc4*, and *Hes1* and *Math1* in *Phb1 $^{Defa6\Delta PC}$* mice matched the expression pattern displayed by *Phb1 Δ IEC* mice (online supplementary figure S13E).

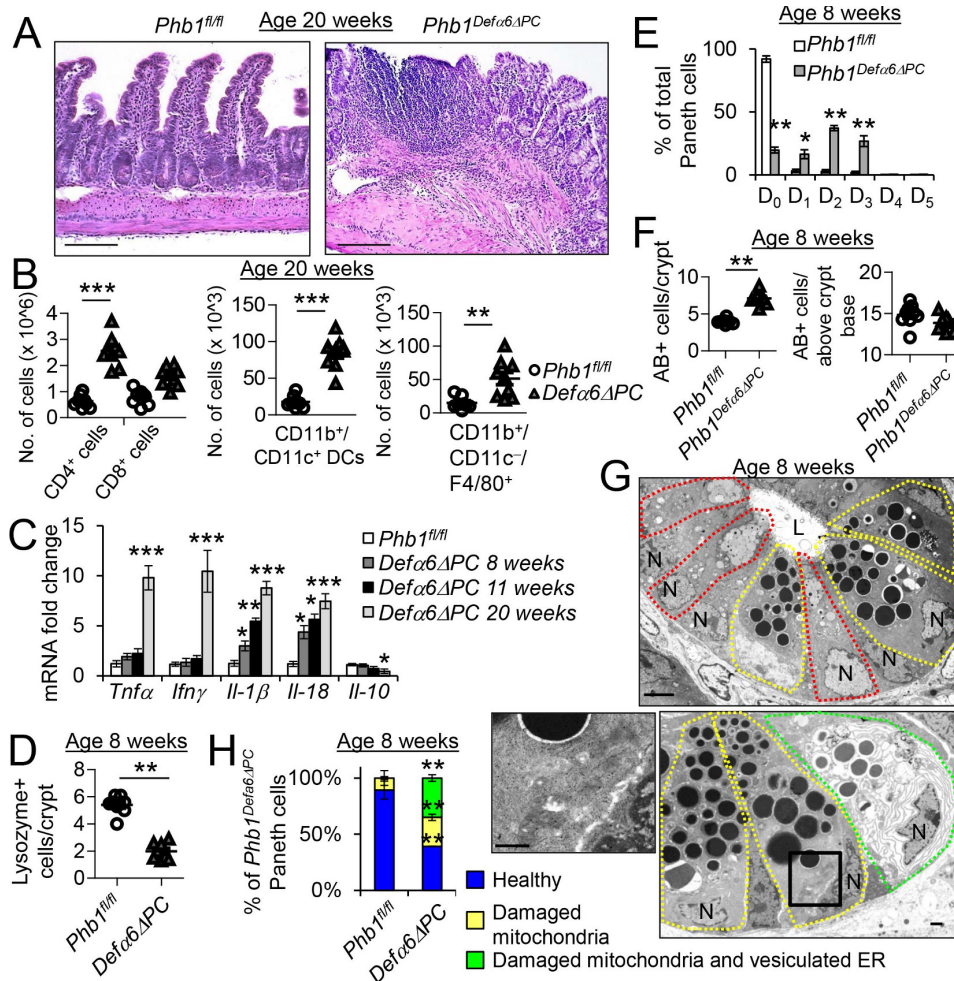


Figure 6 *Phb1*^{Defa6ΔPC} mice develop mitochondrial dysfunction, Paneth cell defects, and spontaneous ileitis. (A) H&E-stained ileum sections at 20 weeks of age. Scale bars: 250 μm. (B) Absolute number of ileal LP immune cells calculated of total ileal LP cells. (C) mRNA expression in ileum measured by qPCR. (D) The number of Lysozyme⁺ cells across 50 crypts per mouse. (E) % of Paneth cells displaying each pattern of Lysozyme expression. 50 cells quantitated each mouse. (F) The number of AB⁺ cells in the crypt base or above the crypt base across 50 crypts per mouse. (G) TEM of *Phb1*^{Defa6ΔPC} ileum crypt base. Paneth cells, yellow outline; goblet-like cells, red outline; Paneth cell with vesiculated ER, green outline. Scale bars: 1 μm. Box denotes area of higher magnification showing unhealthy mitochondria. (H) % of Paneth cells displaying vesiculated ER. Results are presented as individual data points ± SEM (B, D, F) or as pooled data means ± SEM (C, E) of 9 mice per group. **P*<0.05, ***p*<0.01, ****p*<0.001 vs *PHB1*^{fl/fl} by unpaired, 2-tailed Student's *t* test (B, D, F) or by 1-way ANOVA followed by Bonferroni's test (C, E). ANOVA, analysis of variance; ER, endoplasmic reticulum; IL-10, interleukin-10; IFN-γ, interferon-γ; L, lumen; N, nucleus; TEM, transmission electron microscopy; TNFα, tumour necrosis factor α.

TEM analysis 1 week after *Phb1* deletion in *Phb1*^{Mist1ΔPC} mice and at 8 weeks of age in *Phb1*^{Defa6ΔPC} mice demonstrated similar mitochondrial ultrastructural changes in Paneth cells, but not other IECs, as those demonstrated in *Phb1*^{iΔIEC} mice (figure 6G, online supplementary figures S13F, S15G, and S15H). Enteroids derived from *Phb1*^{Defa6ΔPC} or *Phb1*^{Mist1ΔPC} mice exhibited decreased crypt budding similar to *Phb1*^{iΔIEC} enteroids, but less severe enteroid death and mitochondrial superoxide production compared with *Phb1*^{iΔIEC} enteroids that was further decreased by Mito-Tempo treatment (online supplementary figure S11B–F). Additionally, Paneth cells of *Phb1*^{Defa6ΔPC} and *Phb1*^{Mist1ΔPC} mice exhibited secretory granule alterations and the appearance of goblet/Paneth intermediate cells similar to *Phb1*^{iΔIEC} mice (figure 6G and online supplementary figure S15H). Interestingly, a significant proportion of *Phb1*^{Defa6ΔPC} and *Phb1*^{Mist1ΔPC} Paneth cells manifested vesiculated ER in addition to damaged mitochondria, suggesting severe ER stress which was corroborated by elevated ER UPR markers (figure 6G,H, online supplementary

figures S13G, S15H, and S15I). A similar progression to ileitis was evident in *Phb1*^{Defa6ΔPC} and *Phb1*^{Mist1ΔPC} mice as was noted in *Phb1*^{iΔIEC} mice with initial mitochondrial dysfunction, followed by Paneth cell defects and subsequent ileal inflammation (table 1 and online supplementary table S1). Collectively, these results suggest that mitochondrial dysfunction due to *Phb1* deletion in Paneth cells is sufficient to drive ileitis.

DISCUSSION

Mitochondrial dysfunction is central to many chronic diseases, including arthritis, neurodegeneration, cardiovascular disease and cancer. Previous studies suggest a link between mitochondrial dysfunction and Crohn's disease. The paediatric RISK stratification study using RNA-sequencing analysis on Crohn's disease mucosal biopsies demonstrated that of patients who were at risk of stricturing, those who exhibited an enriched mitochondrial function gene signature remained complication free

through 36-month follow-up.³³ In a proteome study of paediatric Crohn's disease patients, impaired mitochondrial function was implicated and correlated with increased disease severity.³⁴ It was recently demonstrated that mtDNA is released into the serum in IBD patients and acts as a proinflammatory signalling molecule.⁷ Deletion of *Irgm*, *Slc22A5*, *Pgc1a* or *Mdr1*, genes that serve roles in regulating mitochondrial health, cause spontaneous colitis or increase susceptibility to experimental colitis.^{4,5} Well-characterised mouse models of spontaneous ileitis such as *SAMP1/Yit* or *TNF^{ΔARE}* mice have not been examined for IEC mitochondrial dysfunction, but ileal histological alterations of *Phb1^{ΔIEC}* or *Phb1^{ΔPC}* mice were reminiscent to that of *SAMP1/Yit* mice.³⁵ Expression of PHB1 is decreased in mucosal biopsies from IBD-afflicted patients and in mouse models of colitis,^{9,11} but the mechanism leading to decreased PHB1 expression in human IBD is unknown. IBD GWAS studies have not identified genetic mutation of *PHB1*. Genetic polymorphisms of *PHB1* have been associated with gastric, breast, ovarian and skin cancers with some studies implicating regulation at the 3' UTR,³⁶ however, this has not been identified in IBD. Further studies are necessary to elucidate the mechanism of PHB1 deficiency during IBD.

Our results identify Paneth cells as highly susceptible to mitochondrial dysfunction driven by loss of *Phb1* and central to the pathogenesis of ileitis. A total of 70%–80% of Crohn's disease patients have inflammation involving the ileum, with or without colonic involvement. Mitochondrial dysfunction in IECs during *Phb1* deletion was evidenced by mitochondrial ultrastructural abnormalities, decreased activity of ETC complexes, increased mtROS and oxidative damage to lipids and DNA. These mitochondrial changes did not significantly alter ATP concentration in isolated ileal IECs, suggesting that IECs as a population have adequate energy production. Future studies will access individual IEC types like Paneth cells for ATP production. Mitochondrial health may be especially important in intestinal secretory cells (Paneth, goblet and enteroendocrine cells) which are mitochondria-rich to sustain energy-expending secretory functions. Additionally, mitochondrial dysfunction is likely to be especially deleterious in terminally differentiated long-lived cells, such as Paneth cells, in which damaged organelles are not diluted by cell replication.²² Type I Paneth cell phenotype, characterised by ≥20% abnormal Paneth cells, defined by lysozyme granule staining characteristics (disordered, diminished, diffuse, enlarged or excluded) using mucosal biopsy samples,²⁷ occurs in approximately 20% of adult ileal Crohn's disease patients and is independent of active inflammation.^{25,26} Crohn's disease-associated *ATG16L1 T300A* and *NOD2* risk alleles were shown to correlate with type I Paneth cell phenotype.^{23,27} *ATG16L1* and *NOD2* play important roles in autophagy, an evolutionarily conserved catabolic pathway that removes cytoplasmic components, including damaged organelles, through lysosomal degradation. The autophagy pathway is crucial to suppress ileitis during *Xbp1* deletion in Paneth cells.³⁷ It is likely that mitophagy (autophagy of mitochondria) plays an important role in intestinal homeostasis, but this has yet to be demonstrated in patients with IBD. Interestingly, patients with Crohn's disease with type I Paneth cell defects exhibited decreased expression of oxidative phosphorylation genes, suggesting this subset of patients may have altered mucosal mitochondrial function, but this was not further elucidated.²⁶ Our current results provide a mechanistic link between loss of PHB1, mitochondrial dysfunction and Paneth cell defects, which are three characteristics demonstrated in patients with Crohn's disease. Future studies will elucidate whether type I Paneth cell patients exhibit mitochondrial dysfunction, altered mitophagy or altered PHB1 expression.

mtROS are well-established primary downstream signalling molecules and, if excessive, mtROS can lead to cellular damage. Treatment of *Phb1^{ΔIEC}* mice with the mitochondrial-targeted antioxidant Mito-Tempo ameliorated Paneth cell defects and ileitis during loss of *Phb1*. Mito-Tempo also prevented the upregulation of *Il-1β* and *Il-18* in the ileum of *Phb1^{ΔIEC}* mice, suggesting that mtROS contributes to early increased secretion of these cytokines. Our results indicate that epithelial mitochondrial dysfunction evident 1 week after *Phb1* deletion concomitantly occurs with enhanced secretion of IL-1β and IL-18. Future studies will determine whether the mtROS signalling via the NLRP₃ inflammasome is involved in enhanced secretion of IL-1β and IL-18 in this model and the cellular source of these cytokines. Additionally, in *Phb1*-deficient enteroids, Mito-Tempo increased viability, decreased mtROS, decreased mtUPR and ER UPR activation, and restored expression of Paneth cell antimicrobials to that of *Phb1^{fl/fl}* enteroids, suggesting epithelial cell-intrinsic responses to Mito-Tempo. These results demonstrate that mtROS contributes to Paneth cell defects and loss of viability of the ISC niche during IEC *Phb1* deficiency and present a druggable pathway for therapeutic targeting.

Mitochondrial function is a crucial modulator of stem cell fate in relatively quiescent stem cell populations, including haematopoietic stem cells and neural stem cells, as well as more active ISCs requiring more bioenergetics activity due to frequent turnover of the intestinal epithelium.³⁸ *Phb1^{ΔIEC}* mice demonstrated Paneth/goblet intermediate cells early after *Phb1* deletion prior to signs of histological inflammation, followed by later increased number and size of goblet cells and decreased enterocytes. This altered differentiation programme in *Phb1^{ΔIEC}* crypts was accompanied by increased crypt cell proliferation and apoptosis in crypts and villi, likely as a consequence of tissue repair induction. Goblet and Paneth cells differentiate from a common secretory cell lineage progenitor that is distinct from the enterocyte cell lineage progenitor.²⁹ Differentiation towards the secretory cell lineage is mediated by at least two transcription factors, *Hes1* and *Math1*, which are altered in *Phb1^{ΔIEC}* mice in a manner shown to favour secretory cell differentiation. Additionally, *Klf4* is increased in *Phb1^{ΔIEC}* ileum and has been shown to be required for goblet cell-differentiation.³⁹ Intermediate cells in *Phb1^{ΔIEC}* mice could originate from changes in the Paneth cell itself to promote transformation to a goblet cell, goblet cells being converted to Paneth cells, or stem cell responses driving altered lineage differentiation. It was previously shown that ISC mitochondrial dysfunction and decreased ability to produce ATP results in altered ISC self-renewal and proliferation.³⁸ We speculate that altered Paneth/goblet cell differentiation in ileum of *Phb1^{ΔIEC}* mice could be due to (1) PHB1 directly regulating the Notch-1 (upstream of *Hes1/Math1*) and/or *Klf4* pathways, (2) modulation of Notch-1 and/or *Klf4* by redox-dependent signalling or mitochondrial dysfunction subsequent to PHB1 deletion and/or (3) a response to inflammation, however, this seems unlikely since altered secretory allocation was demonstrated preceding histological signs of inflammation. Additionally, IL-18 plays an important role in goblet cell differentiation^{40,41} and future studies will assess whether the Paneth/goblet intermediate cells observed in *Phb1^{ΔIEC}* mice are driven by IL-18 to prevent goblet cell maturation.

Paneth cell-specific deletion of *Phb1* induced a similar progression to ileitis as was demonstrated in *Phb1^{ΔIEC}* mice with initial mitochondrial dysfunction and Paneth cell defects. At early time points, mitochondrial dysfunction was evident in only Paneth cells in *Phb1^{ΔPC}* mice, and not other IECs, confirming the importance of a healthy mitochondrial pool in Paneth cells

in maintaining intestinal homeostasis. Penetration of inflammation across *Phb1*^{ΔPC} mice was less than *Phb1*^{ΔIEC} mice, suggesting mitochondrial dysfunction throughout the intestinal epithelium, as in *Phb1*^{ΔIEC} mice, accelerates the progression to inflammation. Indeed, enteroids derived from *Phb1*^{ΔIEC} mice exhibited more severe death and mitochondrial superoxide production compared with *Phb1*^{Defa6ΔPC} or *Phb1*^{iMist1ΔPC} enteroids. Unlike in *Phb1*^{ΔIEC} mice, AB⁺ cells above the crypt base in *Phb1*^{Defa6ΔPC} and *Phb1*^{iMist1ΔPC} mice appeared normal throughout all time points examined with no alteration of *Klf4* or *Elf3* expression. This suggests *Phb1* deletion in ISCs or in goblet cells themselves drives goblet cell abnormalities in *Phb1*^{ΔIEC} mice that is not recapitulated during Paneth cell-specific *Phb1* deletion. Similar to *Phb1*^{ΔIEC} mice, *Phb1*^{iMist1ΔPC} mice developed Paneth cell defects and the appearance of intermediate cells at a time point (1 week) prior to normal turnover of Paneth cells (every 30–60 days²²). This suggests that mitochondrial dysfunction in Paneth cells could trigger Paneth cell-intrinsic dedifferentiation to intermediate cells. Alternatively, death of Paneth cells could be accelerated in the *Phb1* deficient mice and as a repair response, an ISC-derived effect could give rise to intermediate cells. Given the close proximity of Paneth cells and ISCs and the known interrelationship of Paneth cell mitochondrial metabolism and ISC niche homeostasis,⁴² loss of *Phb1* in Paneth cells could in turn signal to alter ISC differentiation response. Future studies using reporter mice will elucidate whether Paneth cells or ISCs trigger altered IEC differentiation during loss of *Phb1*.

In summary, our findings further our understanding of intestinal homeostasis originating at the cellular (Paneth cell) level and organellar (mitochondria) level. We identify Paneth cells as highly susceptible to mitochondrial dysfunction driven by *Phb1* deletion and central to the development of ileitis. Treatment of Paneth cell defects with Mito-Tempo during *Phb1* deletion implicates a potential therapeutic application for abnormal Paneth cells via elimination of mtROS. Mitochondrial-targeted therapeutics may have translational utility in a subset of patients with Crohn's disease exhibiting Paneth cell defects. These are the first results presenting a causative role of mitochondrial dysfunction in ileitis that initiates in Paneth cells.

MATERIALS AND METHODS

Materials and methods are included in the online supplementary materials.

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Contributors Study concept and design: TD, LAF, RFS, RSB, KV and ALT. Acquisition of data: DNJ, MP, WLN, KT, LT-S and ALT. Analysis and interpretation of data: MP, WLN, KT, BLC, LT-S, KV and ALT. Drafting the manuscript: DNJ, MP and ALT. Critical

revision of the manuscript for important intellectual content: TD, LAF, RFS, JCM, RSB, KV and WET.

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Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Not required.

Ethics approval Baylor Scott & White Research Institute Institutional Animal Care and Use Committee.

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Data availability statement All data relevant to the study are included in the article or uploaded as online supplementary information. All mice described in this study must be obtained through an MTA.

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