

# Genetic Markers for Adolescent Idiopathic Scoliosis on Chromosome 19p13.3 among Saudi Arabian Girls

Abdallah Ahmad Al-Othman<sup>1</sup>, Mir Sadat-Ali<sup>1</sup>, Ahmed Sh. Amer<sup>2</sup>, Dakheel A. Al-Dakheel<sup>3</sup>

<sup>1</sup>Department of Orthopaedic Surgery, College of Medicine, Imam Abdulrahman Bin Faisal University, Dammam and King Fahd Hospital of the University, Alkhobar, Saudi Arabia

<sup>2</sup>Department of Orthopaedic Surgery, King Fahd Hospital of the University, Alkhobar, Saudi Arabia

<sup>3</sup>Department of Spinal Surgery, College of Medicine, Imam Abdulrahman Bin Faisal University, Dammam and King Fahd Hospital of the University, Alkhobar, Saudi Arabia

**Study Design:** Prospective case-controlled study.

**Purpose:** This study aimed to assess genetic influence in Saudi Arabian children with adolescent idiopathic scoliosis (AIS).

**Overview of Literature:** The genetic locus linked to chromosome 19p for idiopathic scoliosis has been described. A pilot study conducted at King Fahd Hospital of the University, Al-Khobar showed that three microsatellite markers (D19S216, D19S894, and DS1034) of chromosome 19p13.3 were significant in Saudi Arabian females compared with healthy subjects.

**Methods:** A total of 100 unrelated Saudi Arabian girls treated for AIS, their parents, healthy siblings, and healthy subjects were recruited for genetic analysis of markers on chromosome 19p13.3. After informed consent was obtained from their parents, blood samples were collected and parametric and nonparametric linkage analyses were performed using GENEHUNTER ver. 2.1. Multipoint linkage analysis was used to specify an autosomal dominant trait with a gene frequency of 0.01 and an estimated penetrance of 80% at the genotypic and allelic levels.

**Results:** Five hundred blood samples were collected and analyzed for microsatellite markers (D19S216, D19S894, and DS1034) of chromosome 19p13.3. Comparison among patients, family members, and healthy subjects revealed no significant association between markers and scoliosis at the genotypic level: D19S216 ( $p=0.21$ ), D19S894 ( $p=0.37$ ), and DS1034 ( $p=0.25$ ). However, at the allelic level, a statistically significant association was observed for marker DS1034 ( $p=0.008$ ), and marker D19S216 showed significance between fathers and patients ( $p<0.001$ ) compared with patients and mothers. The other two markers, D19S216 ( $p=0.25$ ) and D19S894 ( $p=0.17$ ), showed no significant association between patients and mothers.

**Conclusions:** At the allelic level, marker DS1034 was significantly associated with AIS patients and their fathers. This allelic marker on chromosome 19p13.3 appears to be important in AIS etiology.

**Keywords:** Adolescent idiopathic scoliosis; Chromosome 19p13.3; Saudi Arabia

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Corresponding author: Mir Sadat-Ali

Department of Orthopaedic Surgery, College of Medicine, Imam Abdulrahman Bin Faisal University, Dammam and King Fahd Hospital of the University, P.O. Box 40071, Al-Khobar 31952, Saudi Arabia

Tel: +96-6138820887, Fax: +96-6138820887, E-mail: drsadat@hotmail.com

## Introduction

Scoliosis is one of the most common spinal deformities, occurring 2%–4% of school-aged children [1]. Idiopathic scoliosis (IS) occurs without any known cause in otherwise healthy children and spares no ethnic group [2]. Girls are more at risk for progression by a ratio of 3.6:1 [3]; however, the reason for boys having less progression remains unclear [4]. The incidence of scoliosis in Saudi Arabia was reported to be 0.16%–0.5% [5,6], with 59% of those cases being IS [7]. Because McCarthy [8] suggested that complications in scoliosis can be prevented by early diagnosis and appropriate treatment, school screening was established for the early diagnosis of scoliosis to prevent complications of late presentation. The reported complications of scoliosis surgery are serious [9] and can be avoided in a majority of children with IS if early diagnosis and proper bracing is used. In conservative societies, girls often remain covered, and early spine deformities are easily missed such that most of the affected children end up being treated operatively. There is currently no clear consensus regarding the genetic influence on scoliosis; however, reports indicate that adolescent IS (AIS) is linked to a few chromosomes [10-15], and most of these linkages are found to be in familial scoliosis. Heary and Madhavan [16] stated that scoliosis can be inherited because of autosomal dominant, X-linked, or multi-gene influences. Chan et al. [17] found a genetic locus linked to chromosome 19p13.3 in Asian families of patients with AIS and defined AIS in the critical region within the vicinity of D119S216, D19S894, and D19S1034, which was further confirmed by Alden et al. [18]. A pilot study conducted in Saudi Arabia showed that a significant difference existed between the genetic markers in Saudi Arabian girls with AIS and healthy subjects [19]. Both studies had small

numbers of patients in the study and control groups. This study aimed to identify genetic markers on chromosome 19p13.3 in Saudi Arabian girls with AIS and compare these markers with those of a control group.

## Materials and Methods

The study was initiated after approval from the Institutional Review Board of the University of Dammam. A search through the hospital Ulticare system identified patients from the outpatient department who visited/were operated for AIS. Patients with a Cobb angle of  $\geq 30^\circ$  were referred to the outpatient clinics, and an informed consent was signed by their parents after explaining the study. Demographic data were collected and entered into the database. Blood samples were collected from 100 patients, 200 parents, and 100 unaffected siblings. Blood samples for the control group were obtained from 100 patients who had consented to blood tests for another study.

The samples were processed, and genotyping was performed using Sequencing, SNaPshot, TaqMan, Allele Specific Amplification, and Cleaved Amplified Polymorphic Sequence. DNA extraction was performed on the blood samples, and genotyping was performed using TaqMan OpenArray (ThermoFisher Scientific, Waltham, MA, USA) Format 16 assays. Sample mixes were loaded onto a TaqMan OpenArray Genotyping Plate, which was then inserted into the TaqMan OpenArray case filled with immersion fluid and sealed. Plate cycling was performed using a qualified thermal cycler, and plate imaging was performed using the OpenArray NT Imager. Data extraction and SNP analysis were performed, and the data were entered into the database. Statistical analyses of contingency tables for D19S894, D10S216, and D19S1034 were performed using Fisher exact test, with  $p < 0.05$  being con-

**Table 1.** Demographic data of affected subjects

No. of patients	Age at presentation (yr)	Site of deformity	Average Cobb angle ( $^\circ$ )	Brace prior to surgery	Surgery
22	14–16	TL (18)	54.6	2	16
		T (4)	45	2	2
37	17–19	TL (32)	48.5	5	21
		T (5)	42	3	2
41	$\geq 20$	TL (27)	55.2	0	27
		T (9)	47	0	9
		L (5)	38	2	3

T, thoracic; TL, thoraco-lumbar; L, lumbar curves.



**Table 3.** Analysis at genotypic level (healthy patient)

D19S894 ( $p=0.731$ )																
1 11	2 11	2 6	2 4	3 12	4 9	4 4	4 11	4 10	4 5	5 5	5 13	5 10	5 11	5 12	5 8	5 6
1	1	1	1	2	1	1	0	1	1	3	1	5	0	1	0	1
1	0	0	0	0	1	0	2	1	1	1	1	5	1	2	1	1
5 9	6 7	6 8	6 10	7 10	8 10	8 11	8 9	8 8	9 10	9 9	10 14	10 10	10 11	10 12	11 12	12 12
3	0	1	0	0	1	2	1	1	2	0	2	4	1	1	1	1
1	1	0	1	1	3	0	0	0	1	1	1	0	0	0	0	0

**Table 4.** The contingency table below showing analysis of marker D19S216 at genotypic level

Subjects tested	16	14	13	15	23	24	36	33	35	34	37	47	44	66
Mother	1	0	4	0	2	0	3	2	2	3	1	1	2	0
Patient	0	2	5	0	2	0	3	3	3	5	0	0	3	2
Father	0	1	3	1	2	0	3	2	0	4	2	0	1	1

$p < 0.08$  (mother and patients) and  $p < 0.11$  (father and patients).

**Table 5.** The contingency table below showing analysis of marker D19S1034 at genotypic level

Subjects tested	15	13	14	24	27	23	33	34	37	36	35	38	46	44	47	66
Mother	0	10	0	0	0	5	10	20	0	15	0	5	20	10	0	5
Patient	10	15	5	5	5	10	5	20	5	5	3	5	3	4	0	0
Father	0	10	5	5	0	5	5	10	10	20	0	0	15	15	0	0

Mothers versus patients  $p=0.0852$  and fathers versus patients  $p < 0.5$ .

**Table 6.** Contingency table below showing analysis of D19S894 at allele level

Subjects tested	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Mother	0	6	8	8	24	4	0	10	6	16	5	3	6	4
Patient	10	0	0	10	16	12	8	8	10	10	8	4	3	1
Father	12	2	2	10	10	2	8	4	8	22	8	10	0	2

Mothers versus patients  $p < 0.1$  and fathers versus patients  $p < 0.5$ .

**Table 7.** Contingency table showing analysis of marker D19S216 at allele level

Subjects tested	1	2	3	4	5	6	7
Mother	16	18	20	15	15	8	8
Father	10	14	22	18	10	14	12
Patient	10	12	24	20	12	12	10

Mothers versus patients  $p < 0.3$  and fathers versus patients  $p < 0.001$ .

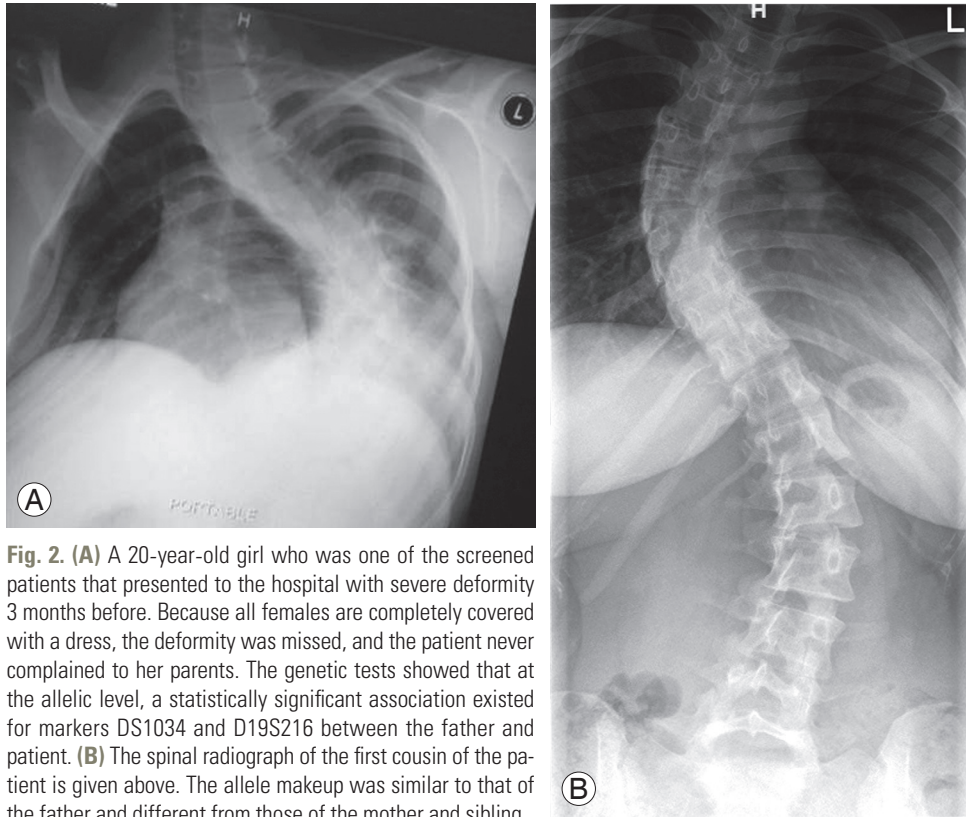
patients ( $p < 0.001$ ) compared with patients and mothers ( $p < 0.3$ ) (Table 6). Analysis of marker D19S216 at the allelic level between mothers and patients resulted in  $p < 0.5$  and was statistically significant between patients and fa-

thers ( $p < 0.001$ ) (Table 7). Analysis of marker DS19S1034 was similar between fathers and patients and was significant between mothers and patients (Table 8). Fig. 2 show the radiograph of the thoraco-lumbar spine of patients

**Table 8.** Contingency table showing analysis of marker D19S1034 at allele level

Subjects tested	1	2	3	4	5	6	7	8
Mother	8	8	15	12	10	10	7	10
Father	8	8	14	14	8	10	8	10
Patient	10	8	22	24	14	10	12	12

Mothers versus patients  $p < 0.04$  and fathers versus patients  $p < 0.1$ .



**Fig. 2. (A)** A 20-year-old girl who was one of the screened patients that presented to the hospital with severe deformity 3 months before. Because all females are completely covered with a dress, the deformity was missed, and the patient never complained to her parents. The genetic tests showed that at the allelic level, a statistically significant association existed for markers DS1034 and D19S216 between the father and patient. **(B)** The spinal radiograph of the first cousin of the patient is given above. The allele makeup was similar to that of the father and different from those of the mother and sibling.

with familial AIS where the allele was similar to that of the father.

## Discussion

This study demonstrated a linkage between fathers and patients at the genotypic level of marker D19S216, whereas the other two markers were not significantly similar. At the allelic level of marker D19S216, the alleles of the mothers were similar to those of the patients, whereas for the fathers, it was significant ( $p < 0.001$ ) in patients with AIS on chromosome 19p13.3 among all ethnic Saudi Arabian boys and girls. The three markers were present on chromosome 19p13.3 at a distance spanning 5.2 cM. The results of this study were similar to those of an ear-

lier study with regard to the comparison among patients, siblings, and controls [19]. The controls included unrelated healthy individuals who were unaffected and who showed no similarity with the patients at the allelic and genotypic levels. Chan et al. [17] reported that in Chinese families with AIS, a genetic locus was found to be linked to chromosome 19p13.3 within the vicinity of markers D119S216, D19S894, and D19S1034. Our study results support those reported by Chan et al. [17], which showed that a definite linkage to chromosome 19p3.3 exists and that it is related to only one marker D119S216. However, this differs between the mothers and fathers at the genotypic and allelic levels.

Many other chromosomes were reported to carry markers that influenced familial AIS. Chromosomes previously

studied included 6, 9, 12, 16, and 17. Most of the studies regarding genetic influence on AIS were conducted in families: chromosomes 6p (D6S1051–D6S1017), 6q (D6S1053–D6S1021), 8q IS3 (D8S1477–D8S279), 9q (D9S938–D9S934), 10q (D10S1222–D10S212), 16q (D16S764–D16S2624), 17p IS2 (D17S974–D17S1294), 18q (D18S1357–D18S1371), and 19p IS1 (D19S1034) [10,11,13-15,17,18]. Our study was performed in patients who were unrelated, and we found a risk for one marker. Xu et al. [20] recently reported a case-control study that genotyped twenty SNPs of the GPR126 gene in unrelated AIS patients. They further added 10 exonic SNPs and 10 intronic polymorphisms in patients and compared them to those in controls, finding strong evidence in 30% of SNPs studied. They concluded that genetic variants of the GPR126 gene are associated with AIS susceptibility.

The scientific literature suggests that AIS is a disease with polygenic inheritance because the low penetrance of its alleles leads to different expressions [21]. For a long time, it was believed that the inheritance was a result of autosomal dominant [22-24] and because of a lack of male to female transmissions [25]. In our study, we found a similarity between patients and fathers rather than between patients and mothers at the genetic level. Haller et al. [25] suggested that AIS inheritance follows a complex genetic architecture with a polygenic pattern of inheritance. These new findings may be consistent with a multifactorial inheritance model, with many genes and diseases being modified by environmental influences. This study aimed to confirm the link in a larger group of patients to obtain a clear statistical significance, which we could confirm. This will help in screening suspected patients early in life so that bracing may limit the progression of the disease.

A limitation of this study is that we screened patients from only one region of the country. Nonetheless, a strength of the study is that the patient population was 100, which is a good number. Another strong point is that we compared mothers, fathers, siblings, and unrelated and unaffected controls, which gave some indication of the transmission of the disease from fathers to offspring.

## Conclusions

Our study indicates that of the markers of chromosome 19p13.3 studied, D19S216 was associated with a high risk for AIS, and the inheritance appears to be autosomal

dominant. We believe that more genomic studies are required to discover more genetic markers, which could thoroughly describe AIS susceptibility. Appropriate genetic screening will enable early diagnosis of AIS, leading to less invasive therapies in AIS management.

## Conflict of Interest

No potential conflict of interest relevant to this article was reported.

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