Check for updates

OPEN ACCESS

EDITED BY Xiaochu Zhang, University of Science and Technology of China, China

REVIEWED BY Huanzhong Liu, Chaohu Hospital of Anhui Medical University, China Wan-Sen Yan, Guizhou Medical University, China

*CORRESPONDENCE Junliang Yuan junliangyuan@bjmu.edu.cn Hongqiang Sun sunhq@bjmu.edu.cn

[†]These authors have contributed equally to this work

SPECIALTY SECTION

This article was submitted to Addictive Disorders, a section of the journal Frontiers in Psychiatry

RECEIVED 04 July 2022 ACCEPTED 15 August 2022 PUBLISHED 07 September 2022

CITATION

Wu F, Wu G, Dong P, Deng J, Ni Z, Gao X, Li P, Yuan J and Sun H (2022) Impulsivity trait mediates the relationship between white matter integrity of prefrontal-striatal circuits and the severity of dependence in alcoholism. *Front. Psychiatry* 13:985948. doi: 10.3389/fpsyt.2022.985948

COPYRIGHT

© 2022 Wu, Wu, Dong, Deng, Ni, Gao, Li, Yuan and Sun. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Impulsivity trait mediates the relationship between white matter integrity of prefrontal-striatal circuits and the severity of dependence in alcoholism

Fei Wu^{1†}, Guowei Wu², Ping Dong^{1†}, Jiahui Deng¹, Zhaojun Ni¹, Xuejiao Gao¹, Peng Li¹, Junliang Yuan^{3*†} and Hongqiang Sun^{1*†}

¹Peking University Sixth Hospital, Peking University Institute of Mental Health, NHC Key Laboratory of Mental Health (Peking University), National Clinical Research Center for Mental Disorders (Peking University Sixth Hospital), Peking University, Beijing, China, ²Chinese Institute for Brain Research, Beijing, China, ³Department of Neurology, Peking University Sixth Hospital, Peking University Institute of Mental Health, NHC Key Laboratory of Mental Health (Peking University), National Clinical Research Center for Mental Disorders (Peking University), National Clinical Research Center for Mental Disorders (Peking University Sixth Hospital), Peking University, Beijing, China

Background: Alcohol dependence (AD) remains one of the major public health concerns. Impulsivity plays a central role in the transfer from recreational alcohol use to dependence and relapse. White matter dysfunction has been implicated in alcohol addiction behaviors and impulsivity. However, little is known about the role of systematic striatal structural connections underlying the mechanism of impulsive traits in AD.

Methods: In our study, we used seed-based classification by probabilistic tractography with five target masks of striatal circuits to explore the differences in white matter integrity (fractional anisotropy, FA) in AD male patients (N = 51) and healthy controls (N = 27). We mainly explored the correlation between FA of the striatal circuits and impulsive traits (Barratt Impulsiveness Scale, BIS-11), and the mediation role of impulsivity in white matter integrity and the severity of alcohol dependence.

Results: Compared with healthy controls, AD showed much lower FA in the left and right striatum–supplementary motor area (SMA) and left striatum–amygdala. We also found the decreased FA of right striatum-vlPFC was correlated with higher impulsivity. Besides, the relationship between reduced FA of right striatum-vlPFC and severity of dependence could be mediated by impulsivity.

Conclusion: In our study, we found disrupted white matter integrity in systematic striatal circuits in AD and the decreased FA of right striatum-vlPFC was correlated with higher impulsivity in AD. Our main findings provide

evidence for reduced white matter integrity of systematic striatal circuits and the underlying mechanisms of impulsivity in male AD individuals.

KEYWORDS

alcohol dependence, impulsivity, systematic striatal circuits, probabilistic tractography, diffusion tensor imaging

Introduction

Alcohol dependence (AD) is a chronic relapsing disease characterized by an impaired ability to control alcohol consumption despite adverse consequences (1, 2). As the most prevalent drug of all substance use disorders, alcohol use disorder (AUD) is one of the leading global causes of disease burden and substantial health loss. A high proportion of disease burden is attributable to complex outcomes, including unintentional injuries, cancer, cardiovascular and cerebrovascular diseases, cirrhosis, and suicide (3, 4). The risk of mortality is positively associated with the level of alcohol consumption, which is potentially harmful at any level (5).

It has been reported the prognosis of AD was unfavorable after patients achieve abstinence, which attributed to a high risk of relapse (6). Impulsivity plays a central role in the transfer from recreational alcohol use to alcohol dependence and relapse. Impulsivity increases the risk of relapse which may be related to impaired inhibitory control and enhanced motivation after cue exposure, leading more serious state of alcohol dependence (7). Impulsivity is a complex structure including impulsive traits and impulsive behavior, and there are some relationships between subtypes of impulsivity, with evidence of go/no-go performance and Barratt Impulsiveness Scale scores (8). Previous studies found multiple subtypes of impulsivity were associated with a common biological factor: low dopamine D2 receptor function in striatum (9). The striatum is a complex structure interconnected with the cerebral cortex, projecting in "loops" to executive, motor, and limbic regions of the brain (10). The impulsive system includes amygdala-striatum regions, reflective system which contains the prefrontal cortex, and insula cortex which plays a key role in modulating the dynamics between these two systems (11). It was reported that individuals with more severe alcohol dependence exhibit weaker frontal (e.g., the insula, medial prefrontal cortex, and anterior cingulate) functional connectivity with the striatum, and these networks are important for response inhibition. These findings suggest the fronto-striatal pathway underlying inhibition control is weakened in AD (12). Thus, a network of interacting brain regions and associated circuits has been shown to mediate impulsivity and inhibition control behaviors of AD, including striatum, dorsolateral prefrontal cortex (dlPFC), ventrolateral

prefrontal cortex (vlPFC), supplementary motor area (SMA), insular, and amygdala (9, 13, 14).

White matter (WM) structures efficiently propagate neural signals between spatially distinct cortical regions and then improve brain connectivity (15, 16). WM damage is one of the characteristic injuries of AD (17, 18). The clinical features and pathological behaviors in alcoholics are related to the integrity of WM (19, 20), especially more evidence of the structural damage on prefrontal-striatal circuits was found in AD. The reduced FA value of the orbitofrontal cortex and nucleus accumbens (OFC-NAcc) network suggests structural network alterations in AD. The increased OFC-NAcc functional connection is associated with craving (19). Besides, frontal reduced WM integrity as predictors of the alcohol treatment outcome (21). Diffusion tensor imaging (DTI) is a quantitative non-invasive method to assess the integrity of WM mainly by using the value of fractional anisotropy (FA). The reduced FA can be attributed to degradation of both myelin sheaths and axonal membranes (22, 23). Tract-based spatial statistics (TBSS) is generally used for voxel-wise analysis of whole-brain white matter (24). In spite that TBSS has advantages over other methods such as voxelbased morphometry, however, TBSS also has limited anatomical specificity and lack of information between different regions of interest (ROI) (25, 26). As a result, we will utilize the probability tractography to detect the white matter differences within specific tracts in our study.

Most prior studies have employed TBSS analysis to investigate the relationship between FA and impulsivity (27, 28). In addition, the exact relationship between WM integrity and impulsivity is still inconsistent in AD. Our previous TBSS analysis found there is no relationship between FA of whole-brain skeleton and impulsive trait (BIS-11) (27). Another tractography-based segmentation study found higher impulsivity level was associated with lower FA in corpus callosum extending to the orbitofrontal cortex in AD (29). So far, it is still unclear whether abnormal FA of systematic striatal circuits is associated with impulsivity and the severity of dependence in AD. The aim of our study was to investigate the integrity of striatal circuits by using seed-based classification with DTI probabilistic tractography and its relationship with impulsivity and severity of alcohol dependence in AD.

The aim of our study was to investigate the integrity of striatal circuits by using seed-based classification with DTI

probabilistic tractography and its relationship with impulsive trait and severity of alcohol dependence in AD.

Materials and methods

Subjects

A case-control, cross-sectional study was conducted in the Peking University Institute of Mental Health. Diagnostic and Statistical Manual of Mental Disorders-IV (DSM-IV) criteria were assessed with the mini-international neuropsychiatric interview. Fifty-one males meeting the DSM-IV criteria for AD were recruited, and the age range was 31 and 59 years old. All AD participants were patients in hospital of the Peking University Sixth hospital. AD patients had finished acute withdrawal with abstinence for at least 2 weeks. In the study sample, the average Michigan Alcoholism Screening Test (MAST) score of all 51 subjects was $13.51 \pm 4.15 (1-40)$ (see Table 1). Inclusion criteria included male, aged 30-60, right-handed, meeting the DSM-IV diagnostic criteria for AD, and the score of the Clinic Institute Alcohol Withdrawal Syndrome Scale (CIWA-AR) was less than seven. Exclusion criteria included any other Axis I psychiatric disorder or other substance use disorder (except for nicotine), any systemic or neurological disease, claustrophobia, or any other contraindication for magnetic resonance examination (MRI). Meanwhile, a total number of age- and gender-matched 27 participants were involved as healthy control (HC). The control participants were recruited from the community and,

TABLE 1 Demographics and clinical traits of AD and HC individuals.

based on structured interview, had never met DSM-IV criteria for AD or any other DSM-IV Axis I disorder. All participants completed informed consent.

Procedure

Our study consisted of two sessions. General and clinical data were collected in the first session including alcohol use-related, and sociodemographic, clinical characteristics. Trait impulsivity was measured by the BIS-11, which is one of the most widely used self-report measures of impulsivity trait. It includes 30-item self-administered questionnaire (30). MAST was used as a severity index for alcohol dependence in our study. MAST is a rapid, reliable, inexpensive measure of a severity index for alcoholism (31). CIWA-Ar was used for clinical quantitation of the severity of the alcohol withdrawal syndrome in the baseline measurement (32). A neuropsychological assessment of cue reactivity paradigm was made. Participants were exposed to visual, olfactory, and proprioceptive stimuli associated with the beverage in alcohol cue trial. Alcohol-related cue reactivity was assessed by subjective responses (visual analog scales of craving, C-VAS, and Alcohol Urge Questionnaire, AUQ) and physiological responses (heart rate, HR; systolic blood pressure, SBP; and diastolic blood pressure, DBP) before and immediately after alcohol exposure. All subjects were requested to evaluate the intensity of their craving of alcohol consumption on a 100-point Visual Analog

	$\begin{array}{c} \text{AD} \\ (n = 51) \end{array}$	HC (<i>n</i> = 27)	$Z/t/\chi^2$	<i>p</i> -value
Age (years)	41.00 (37.00, 49.00)	37.00 (33.00, 47.00)	-1.136	0.256
Education (years)	12.00 (9.00, 15.00)	12.00 (10.00, 16.00)	-0.712	0.476
Marital status			0.052	0.819
Married	44 (86.3)	12 (81.5)		
Others	7 (13.7)	5 (18.5)		
Age at first use (years)	18.00 (16.00, 20.00)	21.00 (18.25, 36.50)	-2.366	0.018*
Duration of dependence	6.58 ± 4.40	-		
Mean ethanol intake (g/d)	188.35 ± 100.91	-		
Duration of abstinence (d)	16.00 (14.00, 29.00)	-		
CIWA-Ar	1.80 ± 1.47	-		
MAST	13.51 ± 4.15	0.33 ± 1.18	-6.436	< 0.001***
Smoking			40.074	< 0.001***
Yes	46 (90.2)	4 (18.5)		
No	5 (9.8)	17 (81.5)		
FTND	6.00 (5.00, 7.25)	2.50 (0.50, 5.25)	-5.897	< 0.001***
BIS-11 (Total)	53.00 (42.00, 65.00)	45.00 (41.00, 55.00)	-1.404	0.160

CIWA-AR, Alcohol Withdrawal Syndrome Scale; MAST, Michigan alcoholism screening test; FTND, Fagerström test for nicotine dependence; BIS-11, Barratt impulsiveness scale, 11th version. Indexes indicate a statistically significant difference between the two groups with a p-value < 0.05. * and *** indicated group differences at the p < 0.05 and 0.001 values, respectively.

Scale (VAS) ranging from zero (not at all) to 100 (extremely high). The AUQ was also used to evaluate the level of intensity of alcohol craving (33). FTND is a widely used test for assessing physical nicotine dependence (34). FTND was used to assess dependence of nicotine in this study. After 15 min of rest, a **second** session was finished by the MRI scan.

MRI data acquisition

The experiment was carried out on the GE Discovery MR750 3.0T at the Peking University Sixth Hospital. The threedimensional (3D) T1-weighted images were acquired using an MPRAGE pulse sequence with a voxel size of $1 \times 1 \times 1 \text{ mm}^3$ [repetition time (TR) = 6.7 ms; echo time (TE) = 2.9 ms; data matrix =240 × 240 mm²; slices = 170; field of view (FOV) = 240 × 240 mm²]. DTI data were collected through a single-shot EPI sequence with a voxel size $2 \times 2 \times 2 \text{ mm}^3$ (TR = 8,900 ms, TE = 92 ms, data matrix = 120 × 120, FOV = 240 × 240 mm², slice =72). To improve the signal-to-noise ratio, 64 repeats of the 32 non-collinear directions (b = 1,000 s/mm²) were applied with eight acquisitions without diffusion weighting (b = 0 s/mm²).

TBSS analysis

A voxel-wise analysis (TBSS) along whole-brain WM tracts was applied to detect the difference on the diffusivity parameters (such as FA and MD) among AD and HC. After preprocessing, we visually checked all FA maps of subjects for data quality insurance. The FA image was first normalized into to the standard MNI (Montreal Neurological Institute) space by using the fnirt command implemented in FSL. Then, an averaged FA map was created for skeleton generation step. Those voxels that lower on 0.2 in FA value were excluded based on prior research (24). Finally, FA image of each subject was projected onto the FA skeleton image. A permutation *t*-test was used to test FA differences between groups in FSL (FSL randomize procedure). The threshold-free cluster enhancement at *P*-value <0.05 (5,000 permutations) was used to control the Type I error induced by multiple comparisons across voxels.

Striatum structural connectivity analysis

Masks of target regions, including four cortical regions [dlPFC (3,7/4, 8), vlPFC (7,15/10, 16), SMA (19/20), and insula (29/30)] and one subcortical region [amygdala (41/42)], and mask of seed region [striatum (71,73/72,74)] were extracted from the standard Anatomical Automatic Labeling (AAL) template (https://www.gin.cnrs.fr/en/tools/aal/) and then were applied to individual brain space through a two-step normalization of ANTs tool (Advanced Normalization

Tools, https://github.com/ANTsX/ANTs) to build white matter connectivity within striatum (35).

Probabilistic tractography

Preprocessing steps of diffusion images in FDT (FMRIB's Diffusion Toolbox, https://fsl.fmrib.ox.ac.uk/fsl/fslwiki/FDT) included image quality check, 8 b0 images averaging, eddy current correction for distortions coming from EPI artifacts and motion correction, a rotation of b-vector, and tensor fitting, to eventually obtain FA maps.

Probabilistic tractography method based on seed was used to tract fibers between striatum and target regions. Calculation of fiber orientation distribution for each voxel through BEDPOSTX (GPU version) (36) was then used in fiber tracking from seeds to targets (one seed and one target at a time) by the probtrackx algorithm (GPU version) with the following parameters: streamlines = 5,000; step length = 0.5 mm; curvature threshold = 0.29 (35, 37). Tractography was separately conducted for each hemisphere. Voxels in fiber that had streamlines below the threshold of 5% of the maximum streamlines from seed to target were excluded by fslstat function (37). Eventually, we kept those voxels beyond threshold as a fiber mask in individual diffusion space to compute the mean FA as FA measurement of the fiber.

Statistical analysis

The statistical analyses were conducted using SPSS, version 24 (IBM, Armonk, NY). Independent t-tests, Kruskal-Wallis test, and chi-square test were used to compare demographic and clinical characteristics between AD and HC. Then, we further employed correlations analysis to test the relationship between BIS-11 and clinical and behavioral data (such as alcohol use features and cue reactivity) in AD. We included age and education as covariates in DTI data. TBSS and seed-based probabilistic fiber tracking method were used to compare the FA of whole-brain skeleton and striatal circuits in AD and HC. After that, we employed partial correlations analysis to test whether the FA of striatal circuits and abnormal FA values of TBSS were associated with BIS-11 in AD and HC. To investigate the relationship between white matter integrity of striatal circuits and severity of alcohol dependence (MAST) (38), we performed a single-level mediation analysis with impulsivity as a mediator. We tested whether the association between FA of right striatum-vlPFC (X) and severity of alcohol dependence (Y), measured by the MAST, was mediated by self-reported impulsivity (M), measured by the BIS-11. This tests whether FA reduction is associated with impulsivity, which in turn leads to severer drinking behavior. A false discovery rate (FDR) method

was used to control the rate of type I error caused by multicomparisons in all statistics.

Results

Demographics, clinical characteristics, and behavior data

There are no significant differences in age, education, and marital status between the two groups. The onset of alcohol use in AD patients is earlier (Z = -2.366, p < 0.05), and the score of MAST is much higher than HC [t (76) = -6.436, p < 0.001]. The nicotine use in AD is much more serious than HC [t (76) = -5.897, p < 0.001] (Table 1).

The correlation analyses were made between impulsivity and alcohol-related cue reactivity (subjective responses, e.g., C-VAS and AUQ, physiological responses e.g., HR and blood pressure) and alcohol use features (mean ethanol intake per day and age at first use) in AD. Significant positive correlations were found between the BIS-11 and cue-induced craving changes (C-VAS: r = 0.332, p = 0.021; AUQ: r = 0.302, p = 0.031). The mean alcohol intake per day is also significantly positively correlated with impulsivity (r = 0.353, p = 0.011) (Supplementary Table 1). However, the correlations between BIS-11 and cue-induced craving variations were not significant after FDR correction. There is no significant relationship in HC.

Integrity difference between AD and HC in the whole-brain WM skeleton and correlation with impulsivity

Patients with AD had reduced FA of widespread microstructural compared with HC at p < 0.05, corrected for FDR (Figure 1), mainly located in the forceps minor, forceps major, left superior longitudinal fasciculus, and right inferior frontal-occipital fasciculus (Supplementary Table 2).

Considering the impact factors of white matter integrity, age, education, and nicotine use were controlled in partial correlation analysis. All tracts with a significant difference between the two groups in the above TBSS analysis were included in the partial correlations with impulsivity (BIS-11). Our results found a positive correlation between FA of forceps minor (cluster with local maxima coordinates: x = 71.9, y = 178, z = 78.2, R = 0.548, p < 0.05 and cluster with local maxima coordinates: x = 76.4, y = 175, z = 58.6, R = 0.606, p < 0.05) with BIS-11 in HC (Figure 2; Supplementary Table 3). However, there is no correlation between FA of WM skeleton and BIS-11 in AD (Supplementary Table 4).

WM integrity difference in the striatal circuits and the correlation with impulsivity

Compared with HC, AD showed much weaker white matter integrity in the left (t = 0.218, p = 0.011, FDR p = 0.037) and right (t = -3.251, p = 0.002, FDR p = 0.010) striatum–SMA, left striatum–amygdala (t = -3.492, p = 0.001, FDR p = 0.010), and right striatum–insular (t = -2.181, p = 0.032, FDR p = 0.080) (Figure 3).

Partial correlation was analyzed between FA of striatal circuits and BIS-11 in the fifty-one AD patients. The FA of the right striatum-vlPFC (r = 0.413, p = 0.003, FDR p = 0.030) and left striatum-vlPFC (r = -0.347, p = 0.015, FDR p = 0.075) was negatively associated with BIS-11 (Figure 4; Supplementary Table 5). However, there is no significant relationship between the FA of striatal circuits and BIS-11 in HC (Supplementary Table 6).

Mediation analysis

We also performed a mediation analysis to test whether the association between reduced white matter integrity of the right striatum-vlPFC and severity of alcohol drinking (MAST score) could be mediated by impulsivity (BIS-11). We found the relationship between reduced FA of right striatum-vlPFC and MAST score was mediated by impulsivity [$\beta = -41.3184$ Boot 95% CI ($-75.1251 \sim -19.3450$)] p = 0.012. However, the reduced FA could not directly predict the severity of alcohol use [$\beta = -30.0038$ Boot 95% CI ($-86.2956 \sim 26.2880$)] p =0.856 (Figure 4). Considering the power to test the mediation analysis of right striatum-vlPFC, impulsivity, and AD severity, we calculated the *post-hoc* power through power Mediation package in R. The result of *post-hoc* power analysis indicated that the moderate sample size of the AD (n = 51) can achieve 0.75.

Discussion

In our study, we found widespread abnormal white matter integrity of whole-brain skeleton and striatal circuits in AD compared with HC. We also found a negative relationship between FA of right striatum-vIPFC and BIS-11 in AD. Furtherly, the relationship between reduced FA of right striatum-vIPFC and severity of dependence was mediated by impulsive trait. Our study may provide the role of WM disruption of striatal circuits underlying the mechanism of impulsivity in AD.

In our study, we found mean alcohol intake per day was significantly positively correlated with impulsivity in AD. Our findings are consistent with some prior studies (9, 39). Higher impulsivity with the BIS-11 shows higher levels of





FIGURE 2

Correlation between FA of WM skeleton and BIS-11 in HC. (A) A positive correlation between FA of forceps minor (cluster with local maxima coordinates: x = 71.9, y = 178, z = 78.2) with the impulsive trait (BIS-11); and (B) A positive correlation between FA of forceps minor (cluster with local maxima coordinates: y = 175, z = 58.6) with the impulsive trait (BIS-11).



White matter integrity of striatal circuit structural connection comparisons between AD and HC. (A) The comparisons of FA of left and right striatum–supplementary motor area between two groups; (B) The comparisons of FA of left and right striatum–ventrolateral prefrontal cortex between two groups; (C) The comparisons of FA of left and right striatum–dorsolateral prefrontal cortex between two groups; (D) The comparisons of FA of left and right striatum–amygdala between two groups; and (E) The comparisons of FA of left and right striatum–insular between two groups. The * and ** symbols indicate the group differences at the p < 0.05 and p < 0.01 respectively.



cue reactivity than less impulsive drinkers (40). Impulsivity is generally described as a construct consisting of a predisposition toward rapid, unplanned reactions to internal or external stimuli without regard to the negative consequences (41). Thus, impulsivity has an influence on almost all stages of alcohol use and exacerbate disease progression (42, 43). Therefore, it is necessary to investigate the mechanisms of impulsivity to improve the prognosis of AD.

We found widespread WM skeleton microstructural differences in patients with AD compared with HC, mainly in the corpus callosum, frontal area, and association fibers, which were in agreement with two previous literatures (44, 45).

Interestingly, a positive correlation was found between FA of forceps minor and BIS-11 in HC; however, there is no correlation found in AD. Impulsive traits are not necessarily pathological and likely reflect the desire/motivation to obtain high salience outcomes (46, 47). Thus, this may suggest higher WM integrity in the frontal portion of the corpus callosum may promote adaptive social behavior in HC. The forceps minor is a large fiber bundle that connects the bilateral prefrontal cortices (48), which play an important role in motor control (49). A recent study found WM reduced along the forceps major and forceps minor and the FA was negatively correlated with the impulsivity score in attention deficit hyperactivity disorder (50).

Similar finding not found in AD in our study may attribute to the severe disruption effect of alcohol on callosum forceps.

We also found weaker WM integrity of striatal circuits in AD compared with HC, including left and right striatum-SMA, and left striatum-amygdala. Alcohol produces dysfunctions in functional connectivity between the striatum and other cortical areas (51, 52). Our DTI findings of decreasing microstructural connectivity of striatal circuits in AD performed a useful complement to previous work. As TBSS analysis fails to cover specific tracks between striatum and related ROIs, therefore, we selected ROIs associated with impulsive trait, including frontal cortex and the limbic basal ganglia. Specifically, the prefrontal cortex (dlPFC and vlPFC) has been linked to "topdown" cognitive control of inhibiting impulse that promotes risky behaviors and SMA has been related to the inhibition of motor impulse (53, 54). Striatum acts in concert with portions of the PFC to modulate impulsive behavior (55, 56). Insular cortex specifically outgoing projects to the striatum is also necessary for executive "top-down" control (57, 58). The amygdala receives input from midbrain dopamine neurons and innervates the striatum, which regulates risky reward seeking (59). The disrupted functional and structural connectivity of corticolimbic-striatal systems may be the mechanism of impulsive reward seeking in AD.

In our study, a negative correlation was found between WM integrity of right striatum-vlPFC connection and BIS-11 in AD. The vIPFC has been proposed as a key area for inhibitory control of inappropriate impulse (60, 61). A recent study found AD displayed less modulation of activation in PFC when deciding to take risk decisions (62). Thus, diminished FA of striatumvlPFC may presumably reflect ineffective PFC control over the striatum, which may account for disruption in inhibition control and impulsive behavior in AD. Our findings of abnormal microstructure of vlPFC to striatum were consistent with some functional MRI results (56). A previous study also found the reduced tract strength of striatum-vlPFC was associated with abstinence-induced increases in craving and the relapse in nicotine-dependent (37). Furthermore, we also found increased impulsivity mediated the correlation between lower FA of right striatum-vlPFC and the severity of alcohol dependence. This may suggest that WM disruption of certain corticostriatal circuits could potentially reflect a vulnerability factor with increased impulsivity, which may promote severe alcohol consumption. It has been suggested that higher impulsivity may stem from the neurobiological effects of alcohol intake or, conversely, may be a premorbid deficiency of inhibitory control (13). However, more evidence is needed to address this causality relationship.

The strengths of this study were listed as follows. First, we explored the mechanisms of WM microstructures underlying impulsive trait in AD. Second, we addressed the WM integrity of striatal circuits by utilizing probabilistic tractography in AD to find the exact relationship with impulsive trait. However, there are also some limitations in our study. First, in spite that we examined the connectivity of the striatum circuits in AD, however, the segmentation of the striatum (e.g., ventral and dorsal striatum) may provide more information (10). Second, future studies with larger sample sizes could explore several other striatal tracts that might also be important for impulsive traits (63, 64). Finally, like most of clinical studies, our study was a cross-sectional study. We cannot directly address the causal relationship between impulsive trait and long-term alcohol dependence.

Conclusion

In summary, we found abnormal white matter microstructure of striatal circuits in male AD patients. We also found a negative relationship between FA of right striatumvlPFC and BIS-11 in AD. Meanwhile, the impulsive trait played a mediating effect between FA of striatum-vlPFC and severity of dependence. Thus, our findings could provide system-level insights into the abnormal integrity of striatal circuits in alcoholics and their potential roles as neuroimaging biomarkers for impulsive traits.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by Ethics Committee of Peking University Sixth Hospital. The patients/participants provided their written informed consent to participate in this study.

Author contributions

HS and JY supervised the project, designed, edited, and led the experiments of this study. FW and PD collected the original clinical data. FW and GW conducted data analysis. FW prepared all the figures and tables, drafted the manuscript, and conducted analysis and interpretation of the results. JD, XG, ZN, and PL provided critical revision of the manuscript for important intellectual content. All authors contributed to the article and approved the submitted version.

Funding

This work was supported by the National Natural Science Foundation of China (81971235, 81771429, and 82071552).

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated

References

1. Koob GF, Volkow ND. Neurobiology of addiction: a neurocircuitry analysis. *Lancet Psychiatry*. (2016) 3:760–73. doi: 10.1016/S2215-0366(16)00104-8

2. Domi E, Domi A, Adermark L, Heilig M, Augier E. Neurobiology of alcohol seeking behavior. J Neurochem. (2021) 157:1585-614. doi: 10.1111/jnc.15343

3. Rehm J, Gmel GE. Sr., Gmel G, Hasan OSM, Imtiaz S, Popova S, et al. The relationship between different dimensions of alcohol use and the burden of disease-an update. *Addiction*. (2017) 112:968–1001. doi: 10.1111/add.13757

4. Biddinger KJ, Emdin CA, Haas ME, Wang M, Hindy G, Ellinor PT, et al. Association of habitual alcohol intake with risk of cardiovascular disease. *JAMA Netw Open*. (2022) 5:e223849. doi: 10.1001/jamanetworkopen.2022.3849

5. Knox J, Hasin DS, Larson FRR, Kranzler HR. Prevention, screening, and treatment for heavy drinking and alcohol use disorder. *Lancet Psychiatry*. (2019) 6:1054–67. doi: 10.1016/S2215-0366(19)30213-5

6. Kranzler HR, Soyka M. Diagnosis and pharmacotherapy of alcohol use disorder: a review. JAMA. (2018) 320:815-24. doi: 10.1001/jama.2018.11406

7. Burnette EM, Grodin EN, Lim AC, MacKillop J, Karno MP, Ray LA. Association between impulsivity and neural activation to alcohol cues in heavy drinkers. *Psychiatry Res Neuroimaging*. (2019) 293:110986. doi: 10.1016/j.pscychresns.2019.110986

8. Aichert DS, Wöstmann NM, Costa A, Macare C, Wenig JR, Möller HJ, et al. Associations between trait impulsivity and prepotent response inhibition. *J Clin Exp Neuropsychol.* (2012) 34:1016–32. doi: 10.1080/13803395.2012.706261

9. Jentsch JD, Ashenhurst JR, Cervantes MC, Groman SM, James AS, Pennington ZT. Dissecting impulsivity and its relationships to drug addictions. *Ann N Y Acad Sci.* (2014) 1327:1–26. doi: 10.1111/nyas.12388

10. Hampton WH, Alm KH, Venkatraman V, Nugiel T, Olson IR. Dissociable frontostriatal white matter connectivity underlies reward and motor impulsivity. *Neuroimage*. (2017) 150:336–43. doi: 10.1016/j.neuroimage.2017.02.021

11. Zhu X, Cortes CR, Mathur K, Tomasi D, Momenan R. Model-free functional connectivity and impulsivity correlates of alcohol dependence: a resting-state study. *Addict Biol.* (2017) 22:206–17. doi: 10.1111/adb.12272

12. Courtney KE, Ghahremani DG, Ray LA. Fronto-striatal functional connectivity during response inhibition in alcohol dependence. *Addict Biol.* (2013) 18:593–604. doi: 10.1111/adb.12013

13. Asensio S, Morales JL, Senabre I, Romero MJ, Beltran MA, Flores-Bellver M, et al. Magnetic resonance imaging structural alterations in brain of alcohol abusers and its association with impulsivity. *Addict Biol.* (2016) 21:962–71. doi: 10.1111/adb.12257

14. Goldwaser EL, Du X, Adhikari BM, Kvarta M, Chiappelli J, Hare S, et al. Role of white matter microstructure in impulsive behavior. *J Neuropsychiatry Clin Neurosci.* (2022) 34:254–260. appineuropsych21070167. doi: 10.1176/appi.neuropsych.21070167

15. Lebel C, Deoni S. The development of brain white matter microstructure. *Neuroimage*. (2018) 182:207–18. doi: 10.1016/j.neuroimage.2017.12.097

16. Fields RD. Neuroscience. Change in the brain's white matter. *Science*. (2010) 330:768–9. doi: 10.1126/science.1199139

17. Rice J, Gu C. Function and mechanism of myelin regulation in alcohol abuse and alcoholism. *Bioessays.* (2019) 41:e1800255. doi: 10.1002/bies.2018 00255

organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ fpsyt.2022.985948/full#supplementary-material

18. Daviet R, Aydogan G, Jagannathan K, Spilka N, Koellinger PD, Kranzler HR, et al. Associations between alcohol consumption and gray and white matter volumes in the UK biobank. *Nat Commun.* (2022) 13:1175. doi: 10.1038/s41467-022-28735-5

19. Bracht T, Soravia L, Moggi F, Stein M, Grieder M, Federspiel A, et al. The role of the orbitofrontal cortex and the nucleus accumbens for craving in alcohol use disorder. *Transl Psychiatry*. (2021) 11:267. doi: 10.1038/s41398-021-01384-w

20. Crespi C, Galandra C, Canessa N, Manera M, Poggi P, Basso G. Microstructural damage of white-matter tracts connecting large-scale networks is related to impaired executive profile in alcohol use disorder. *Neuroimage Clin.* (2020) 25:102141. doi: 10.1016/j.nicl.2019.102141

21. Sorg SF, Taylor MJ, Alhassoon OM, Gongvatana A, Theilmann RJ, Frank LR, et al. Frontal white matter integrity predictors of adult alcohol treatment outcome. *Biol Psychiatry*. (2012) 71:262–8. doi: 10.1016/j.biopsych.2011.09.022

22. Assaf Y, Pasternak O. Diffusion tensor imaging (DTI)-based white matter mapping in brain research: a review. *J Mol Neurosci.* (2008) 34:51–61. doi: 10.1007/s12031-007-0029-0

23. Vandermosten M, Boets B, Wouters J, Ghesquière PA. Qualitative and quantitative review of diffusion tensor imaging studies in reading and dyslexia. *Neurosci Biobehav Rev.* (2012) 36:1532–52. doi: 10.1016/j.neubiorev.2012.04.002

24. Smith SM, Jenkinson M, Johansen-Berg H, Rueckert D, Nichols TE, Mackay CE, et al. Tract-based spatial statistics: Voxelwise analysis of multi-subject diffusion data. *Neuroimage*. (2006) 31:1487–505. doi: 10.1016/j.neuroimage.2006.02.024

25. Chen Z, Zhang H, Yushkevich PA, Liu M, Beaulieu C. Maturation along white matter tracts in human brain using a diffusion tensor surface model tract-specific analysis. *Front Neuroanat.* (2016) 10:9. doi: 10.3389/fnana.2016.00009

26. Vilgis V, Vance A, Cunnington R, Silk TJ. White matter microstructure in boys with persistent depressive disorder. *J Affect Disord.* (2017) 221:11-6. doi: 10.1016/j.jad.2017.06.020

27. Wang J, Fan Y, Dong Y, Ma M, Ma Y, Dong Y, et al. Alterations in brain structure and functional connectivity in alcohol dependent patients and possible association with impulsivity. *PLoS ONE.* (2016) 11:e0161956. doi: 10.1371/journal.pone.0161956

28. Huang S, Yang W, Luo J, Yan C, Liu J. White matter abnormalities based on TBSS and its correlation with impulsivity behavior of methamphetamine addicts. *Front Psychiatry.* (2020) 11:452. doi: 10.3389/fpsyt.2020.00452

29. Liu IC, Chiu CH, Chen CJ, Kuo LW, Lo YC, Tseng WY. The microstructural integrity of the corpus callosum and associated impulsivity in alcohol dependence: a tractography-based segmentation study using diffusion spectrum imaging. *Psychiatry Res.* (2010) 184:128–34. doi: 10.1016/j.pscychresns.2010.07.002

30. Patton JH, Stanford MS, Barratt ES. Factor structure of the Barratt impulsiveness scale. J Clin Psychol. (1995) 51:768–74 doi: 10.1002/1097-4679(199511)51:6<768::AID-JCLP2270510607>3.0.CO;2-1

31. Westermeyer J, Yargic I, Thuras P. Michigan assessment-screening test for alcohol and drugs (Mast/Ad): evaluation in a clinical sample. *Am J Addict*. (2004) 13:151–62. doi: 10.1080/10550490490435948

32. Sullivan JT, Sykora K, Schneiderman J, Naranjo CA, Sellers EM. Assessment of alcohol withdrawal: the revised clinical institute withdrawal assessment for alcohol scale (CIWA-Ar). *Br J Addict.* (1989) 84:1353–7. doi: 10.1111/j.1360-0443.1989.tb00737.x

33. Bohn MJ, Krahn DD, Staehler BA. Development and initial validation of a measure of drinking urges in abstinent alcoholics. *Alcohol Clin Exp Res.* (1995) 19:600–6. doi: 10.1111/j.1530-0277.1995.tb01554.x

34. Heatherton TF, Kozlowski LT, Frecker RC, Fagerström KO. The Fagerström test for nicotine dependence: a revision of the Fagerström tolerance questionnaire. *Br J Addict*. (1991) 86:1119–27. doi: 10.1111/j.1360-0443.1991.tb01879.x

35. Bennett IJ, Madden DJ. Disconnected aging: cerebral white matter integrity and age-related differences in cognition. *Neuroscience*. (2014) 276:187–205. doi: 10.1016/j.neuroscience.2013.11.026

36. Hernández M, Guerrero GD, Cecilia JM, García JM, Inuggi A, Jbabdi S, et al. Accelerating fiber orientation estimation from diffusion weighted magnetic resonance imaging using gpus. *PLoS ONE.* (2013) 8:e61892. doi: 10.1371/journal.pone.0061892

37. Yuan K, Zhao M, Yu D, Manza P, Volkow ND, Wang GJ, et al. Striato-cortical tracts predict 12-H abstinence-induced lapse in smokers. *Neuropsychopharmacology*. (2018) 43:2452–8. doi: 10.1038/s41386-018-0182-x

38. Selzer ML. The Michigan alcoholism screening test: the quest for a new diagnostic instrument. *Am J Psychiatry*. (1971) 127:1653–8. doi: 10.1176/ajp.127.12.1653

39. Papachristou H, Nederkoorn C, Havermans R, Bongers P, Beunen S, Jansen A. Higher levels of trait impulsiveness and a less effective response inhibition are linked to more intense cue-elicited craving for alcohol in alcohol-dependent patients. *Psychopharmacology*. (2013) 228:641–9. doi: 10.1007/s00213-013-3063-3

40. Papachristou H, Nederkoorn C, Havermans R, van der Horst M, Jansen A. Can't stop the craving: the effect of impulsivity on cue-elicited craving for alcohol in heavy and light social drinkers. *Psychopharmacology.* (2012) 219:511–8. doi: 10.1007/s00213-011-2240-5

41. Paasche C, Weibel S, Wittmann M, Lalanne L. Time perception and impulsivity: a proposed relationship in addictive disorders. *Neurosci Biobehav Rev.* (2019) 106:182–201. doi: 10.1016/j.neubiorev.2018.12.006

42. Verdejo-García A, Lawrence AJ, Clark L. Impulsivity as a vulnerability marker for substance-use disorders: review of findings from high-risk research, problem gamblers and genetic association studies. *Neurosci Biobehav Rev.* (2008) 32:777–810. doi: 10.1016/j.neubiorev.2007.11.003

43. Kozak K, Lucatch AM, Lowe DJE, Balodis IM, MacKillop J, George TP. The neurobiology of impulsivity and substance use disorders: implications for treatment. *Ann N Y Acad Sci.* (2019) 1451:71–91. doi: 10.1111/nyas.13977

44. De Santis S, Bach P, Perez-Cervera L, Cosa-Linan A, Weil G, Vollstadt-Klein S, et al. Microstructural white matter alterations in men with alcohol use disorder and rats with excessive alcohol consumption during early abstinence. *JAMA Psychiatry.* (2019) 76:749–58. doi: 10.1001/jamapsychiatry.2019.0318

45. Pfefferbaum A, Rosenbloom MJ, Chu W, Sassoon SA, Rohlfing T, Pohl KM, et al. White matter microstructural recovery with abstinence and decline with relapse in alcohol dependence interacts with normal aging: a controlled longitudinal DTI study. *Lancet Psychiatry.* (2014) 1:202–12. doi: 10.1016/S2215-0366(14)70301-3

46. Fairbanks LA, Jorgensen MJ, Huff A, Blau K, Hung YY, Mann JJ. Adolescent impulsivity predicts adult dominance attainment in male vervet monkeys. *Am J Primatol.* (2004) 64:1–17. doi: 10.1002/ajp.20057

47. Charnigo R, Noar SM, Garnett C, Crosby R, Palmgreen P, Zimmerman RS. Sensation seeking and impulsivity: combined associations with risky sexual behavior in a large sample of young adults. *J Sex Res.* (2013) 50:480–8. doi: 10.1080/00224499.2011.652264

48. Seiler S, Pirpamer L, Gesierich B, Hofer E, Duering M, Pinter D, et al. Lower magnetization transfer ratio in the forceps minor is associated with poorer gait velocity in older adults. *AJNR Am J Neuroradiol.* (2017) 38:500–6. doi: 10.3174/ajnr.A5036

49. Montero-Odasso M, Verghese J, Beauchet O, Hausdorff JM. Gait and cognition: a complementary approach to understanding brain function and the risk of falling. *J Am Geriatr Soc.* (2012) 60:2127–36. doi: 10.1111/j.1532-5415.2012.04209.x

50. Lin Q, Bu X, Wang M, Liang Y, Chen H, Wang W, et al. Aberrant white matter properties of the callosal tracts implicated in girls with attention-deficit/hyperactivity disorder. *Brain Imaging Behav.* (2020) 14:728–35. doi: 10.1007/s11682-018-0010-2

51. Vergara VM, Weiland BJ, Hutchison KE, Calhoun VD. The Impact of combinations of alcohol, nicotine, and cannabis on dynamic brain connectivity. *Neuropsychopharmacology*. (2018) 43:877–90. doi: 10.1038/npp.2017.280

52. Camchong J, Stenger VA, Fein G. Resting-state synchrony in short-term vs. long-term abstinent alcoholics. *Alcohol Clin Exp Res.* (2013) 37:794–803. doi: 10.1111/acer.12037

53. Morein-Zamir S, Robbins TW. Fronto-striatal circuits in response-inhibition: relevance to addiction. *Brain Res.* (2015) 1628(Pt A):117–29. doi: 10.1016/j.brainres.2014.09.012

54. Dubuson M, Kornreich C, Vanderhasselt MA, Baeken C, Wyckmans F, Dousset C, et al. transcranial direct current stimulation combined with alcohol cue inhibitory control training reduces the risk of early alcohol relapse: a randomized placebo-controlled clinical trial. *Brain Stimul.* (2021) 14:1531–43. doi: 10.1016/j.brs.2021.10.386

55. Ikuta T, Del Arco A, Karlsgodt KH. White matter integrity in the frontostriatal accumbofrontal tract predicts impulsivity. *Brain Imaging Behav.* (2018) 12:1524–8. doi: 10.1007/s11682-017-9820-x

56. Schmaal L, Goudriaan AE, Joos L, Dom G, Pattij T, van den Brink W, et al. Neural substrates of impulsive decision making modulated by modafinil in alcohol-dependent patients. *Psychol Med.* (2014) 44:2787-98. doi: 10.1017/S0033291714000312

57. Jaramillo AA, Randall PA, Stewart S, Fortino B, Van Voorhies K, Besheer J. Functional role for cortical-striatal circuitry in modulating alcohol self-administration. *Neuropharmacology.* (2018) 130:42–53. doi: 10.1016/j.neuropharm.2017.11.035

58. Jaramillo AA, Agan VE, Makhijani VH, Pedroza S, McElligott ZA, Besheer J. Functional role for suppression of the insular-striatal circuit in modulating interoceptive effects of alcohol. *Addict Biol.* (2018) 23:1020-31. doi: 10.1111/adb.12551

59. Piantadosi PT, Halladay LR, Radke AK, Holmes A. Advances in understanding meso-cortico-limbic-striatal systems mediating risky reward seeking. *J Neurochem.* (2021) 157:1547–71. doi: 10.1111/jnc.15342

60. Aron AR, Robbins TW, Poldrack RA. Inhibition and the right inferior frontal cortex: one decade on. *Trends Cogn Sci.* (2014) 18:177–85. doi: 10.1016/j.tics.2013.12.003

61. Nee DE, Wager TD, Jonides J. Interference resolution: insights from a meta-analysis of neuroimaging tasks. *Cogn Affect Behav Neurosci.* (2007) 7:1-17. doi: 10.3758/CABN.7.1.1

62. Burnette EM, Grodin EN, Ghahremani DG, Galván A, Kohno M, Ray LA, et al. Diminished cortical response to risk and loss during risky decision making in alcohol use disorder. *Drug Alcohol Depend.* (2021) 218:108391. doi: 10.1016/j.drugalcdep.2020.108391

63. Moorman DE. The role of the orbitofrontal cortex in alcohol use, abuse, and dependence. Prog *Neuropsychopharmacol Biol Psychiatry*. (2018) 87(Pt A):85–107. doi: 10.1016/j.pnpbp.2018.01.010

64. Hoerst M, Weber-Fahr W, Tunc-Skarka N, Ruf M, Bohus M, Schmahl C, et al. Correlation of glutamate levels in the anterior cingulate cortex with self-reported impulsivity in patients with borderline personality disorder and healthy controls. *Arch Gen Psychiatry.* (2010) 67:946–54. doi: 10.1001/archgenpsychiatry.2010.93