DOI: 10.1111/1759-7714.14151

#### ORIGINAL ARTICLE

# WILEY

# APC gene promoter methylation as a potential biomarker for lung cancer diagnosis: A meta-analysis

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#### Abstract

**Background:** The aim of this study was to quantitatively analysis the diagnostic performance of adenomatous polyposis coli (APC) gene promoter methylation in serum or sputum/bronchoalveolar lavage fluid (BLAF) as a biomarker for lung cancer identification through pooling of open published data.

**Methods:** The relevant electronic MEDLINE, EMBASE, Ovid, web of science and CNKI databases were systematically searched to identify the studies related to APC gene promoter methylation for lung cancer diagnosis. Data of true positive (tp), false positive (fp), false negative (fn) and true negative (tn) were extracted from the publications included in the study. The pooled diagnostic sensitivity, specificity and area under summary receiver operating characteristic (SROC) curve (AUC-SROC) of APC gene promoter methylation were calculated. Publication bias was evaluated by Begg's funnel plot and Egger's line regression test.

**Results:** Fourteen studies associated with APC gene promoter methylation and lung cancer were identified in the databases and finally included in the meta-analysis. The data was pooled using a random effect model due to significant statistical heterogeneity across the 14 studies (p < 0.05). Using the APC gene promoter methylation as a reference for lung cancer identification, the pooled diagnostic sensitivity and specificity were 0.43 (95% CI: 0.40–0.45), and 0.92 (95% CI: 0.90–0.95), respectively with combined diagnostic positive likelihood ratio (+LR) and negative likelihood ratio (-LR) of 7.15 (95% CI: 3.62–14.12) and 0.63 (95% CI: 0.57–0.71). The pooled diagnostic odds ratio (DOR) and AUC-SROC of APC gene promoter methylation for lung cancer diagnosis were 9.84 (95% CI: 5.77–16.79) and 0.7, respectively. The Begg's funnel plot and Egger's line regression test both indicated statistical publication bias (t = 5.40, p < 0.05).

**Conclusions:** APC gene promoter methylation in serum or sputum/BLAF is a potential biomarker for lung cancer diagnosis with high specificity. However, due to its low sensitivity, it may not be suitable for lung cancer screening in the general population.

KEYWORDS

adenomatous polyposis coli, lung cancer, meta-analysis, methylation, promoter

### **INTRODUCTION**

Lung carcinoma including non-small cell lung cancer (NSCLC) and small cell lung cancer (SCLC) is the most common malignant tumor and leading cause of cancer-related death wordwide. In 2018 it was reported that there was

2 100 000 new lung cancer cases diagnosed and 1800,000 deaths from lung carcinoma globally, accounting for one fifth of all cancer-related deaths.<sup>1</sup> An epidemiological study indicated that there will be 235 760 lung cancer new cases and 131 880 death of lung cancer in the USA in the year 2021.<sup>2</sup> In China, 787 000 new lung cancer cases and 631 000 death were

This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made. © 2021 The Authors. *Thoracic Cancer* published by China Lung Oncology Group and John Wiley & Sons Australia, Ltd. recorded in 2015.<sup>3</sup> Although lung cancer is clinically the most common carcinoma, the prognosis of this disease is still poor after several decades of surgical progress, radiation and chemotherapy, mainly due to its advanced stage in patients when first diagnosis. Therefore, lung cancer screening and early diagnosis are essential for improving the prognosis of this disease.

Methylation of tumor suppressor genes in promoter regions are common in cancer tissue, which is an important mechanism of tumor suppressor gene inactivation.<sup>4,5</sup> Recently, studies have also identified that methylation of tumor suppressor genes of lung cancer patients is also common in body fluid specimens such as serum, sputum or BLAF.6,7 The APC gene encodes a tumor suppressor protein involved in cell migration and adhesion, transcriptional activation, and apoptosis.<sup>8,9</sup> Several studies have indicated that the APC gene promoter region is methylated in body fluid specimens such as serum or sputum compared to controls.<sup>10,11</sup> However, the diagnostic performance of APC gene promoter methylation as a biomarker for lung cancer identification is unclear. Therefore, we performed this meta-analysis to further evaluate the feasibility of detection of APC gene promoter methylation in body fluid as a biomarker for lung cancer diagnosis through pooling of open published data.

## METHODS

### Electronic database searches

MEDLINE, EMBASE, Ovid, web of science and CNKI databases were systematically searched to identify the

studies related to APC gene promoter methylation for lung cancer diagnosis. The languages were restricted to English and Chinese. "APC", "adenomatous polyposis coli", "non-small cell lung cancer", "lung cancer", "lung neoplasm", "methylation", "hypermethylation" were applied for free text word in the process of the publication search. The references of the included studies were also reviewed in order to identify potentially suitable publications.

#### Inclusion and exclusion criteria

Inclusion and exclusion criteria were restricted to language, study design, patients, methylation detection methods and results. Inclusion criteria: studies published in English or Chinese; study design limited to case-control, cohort or observation study; patients restricted to cases of confirmed diagnosis of lung cancer; methylation detection method was methylation specific PCR (MSP); the results of the originally included studies should provide enough data to calculate the true positive (tp), false positive (fp), false negative (fn) and true negative (tn). Exclusion criteria: case reports, literature review or meta-analysis were excluded; lung cancer cases included in the original study was not confirmed by pathology or cytology; studies using other methods not MSP for APC gene promoter methylation detection were excluded. Studies which did not provide enough data that could be used for tp, fp, fp and tn calculations were eliminated.



**FIGURE 1** Studies screened and included after searching the relevant databases

#### Data extraction

Two reviewers (Fang Liu & He Huang) independently extracted the information and cross checked the data which included first and corresponding authors, time of publication, body fluid specimen type, methylation detection methods, sample size, age of the original cases, histology type, tp, fp, fn and tn of original study.

#### Statistical analysis

The data was pooled by Meta-DiSc1.4 (http://www. biomedsearch.com) and STATA12.0 (http://www.stata.com; Stata Corporation) statistical software. Before pooling the diagnostic parameters, the statistical heterogeneity across the 14 original studies was evaluated by chi-square test and demonstrated by I<sup>2</sup>. If p < 0.05 (chi-square test) or I<sup>2</sup> > 50%, the data was pooled by random effect model, otherwise by

#### RESULTS

#### General characteristics

By exclusion of the inappropriate studies, 14 publications were finally included in the meta-analysis (Figure 1). APC

fixed effect model. Publication bias was evaluated using

Begg's funnel plot and Egger line regression test. Two-tailed

p < 0.05 was considered statistically significant.

#### TABLE 1 General characteristics of included studies

			Cancer	Control	TNM (I, II/)		Histology	Age (case/	
Author	Time	Case/control	(M+/M-)	(M+/M-)	III, IV	Specimen	(Ad/Sq/other)	control)	Methods
Ma et al. <sup>12</sup>	2016	254/150	65/180	4/146	84/161	Serum	108/100/37	NA	MSP
Xie et al. <sup>13</sup>	2008	58/31	11/47	0/31	NA	Serum	NA	NA	MSP
Zhu et al. <sup>14</sup>	2015	70/40	18/52	1/39	24/46	Serum	39/30/11	63.96/59.08	MSP
Kang et al. <sup>15</sup>	2011	47/24	14/33	0/24	NA	Sputum	12/29/6	52.9/59.7	MSP
Zhong et al. <sup>16</sup>	2018	50/50	19/31	0/50	NA	Sputum	NA	NA	MSP
Luo et al. <sup>17</sup>	2018	79/40	28/51	1/39	27/52	Serum	40/37/0	63.27/57.23	MSP
Ali et al. <sup>10</sup>	2017	160/70	84/76	10/60	0/160	Serum	22/48/90	57.4/46.6	MSP
Zhang et al. <sup>18</sup>	2011	110/50	52/58	5/45	110/0	Serum	NA	NA	MSP
Pan et al. <sup>19</sup>	2009	40/31	19/21	0/31	NA	Serum	12/9/19	53.0/48.0	MSP
Usadel et al. <sup>20</sup>	2002	89/50	42/45	0/50	76/23	Serum	35/4717	NA	MSP
Grote et al. <sup>11</sup>	2004	155/67	110/45	28/39	NA	BALF	40/47/68	64/65	MSP
Rykova et al. <sup>21</sup>	2004	9/16	3/6	0/16	NA	Serum	NA	NA	MSP
Liu et al. <sup>22</sup>	2017	120/46	38/82	5/41	53/67	Serum	52/36/32	56/	MSP
Wang & Song <sup>23</sup>	2020	85/15	57/28	1/14	NA	BALF	NA	NA	MSP

Abbreviations: BALF, bronchoalveolar lavage fluid; NA, not available.



**FIGURE 2** Forest plot of sensitivity for APC gene promoter methylation in the diagnosis of lung cancer





(0.93 - 0.99)

(0.89 - 1.00)

(0.87 - 1.00)

(0.86 - 1.00)

(0.93 - 1.00)(0.87 - 1.00)

(0.75 - 0.93)

(0.78 - 0.97)

(0.89 - 1.00)(0.93 - 1.00)

(0.46 - 0.70)

(0.79 - 1.00)

(0.68 - 1.00)(0.76 - 0.96)

0.97

1.00

0.98 1.00

1.00

0.98

0.86

0.90

1.00

1.00

0.58

1.00

0.93

0.89

FIGURE 3 Forest plot of specificity for APC gene promoter methylation in the diagnosis of lung cancer



9.95 (3.70 - 26.75) 12.47 (0.76 - 204.84)(1.43 - 74.19) 10.29 15.10 (0.94 - 242.84)39.00 (2.42 - 628.75)(2.00 - 100.45) (2.03 - 6.65) 14.18 3.68 (2.01 - 11.11)4.73 30.44 (1.91 - 485.18) (3.10 - 783.52) 49.26 1.70 (1.26 - 2.29)

11.90 (0.68 - 207.46) 10.06 (1.51 - 67.21)

2.91 (1.22 - 6.94)

Positive LR (95% CI)

FIGURE 4 Forest plot of +LR for APC gene promoter methylation in the diagnosis of lung cancer

FIGURE 5 Forest plot of -LR for APC gene promoter methylation in the diagnosis

of lung cancer

Pooled Positive LR = 7.15 (3.62 to 14.12) Cochran-Q = 55.98; df = 13 (p = 0.0000) Inconsistency (I-square) = 76.8 % Tau-squared = 0.9212



	Negativ	ve LR (95% C
Ma LY	0.75	(0.70 - 0.82)
Xie EF	0.82	(0.72 - 0.93)
Zhu YM	0.76	(0.66 - 0.88)
Kang CY	0.71	(0.59 - 0.86)
Zhong YH	0.62	(0.50 - 0.78)
Luo JL	0.66	(0.56 - 0.79)
Ali	0.55	(0.46 - 0.67)
Zhang	0.59	(0.48 - 0.72)
Pan SY	0.53	(0.40 - 0.72)
Usadel H	0.52	(0.43 - 0.64)
Grote H	0.50	(0.36 - 0.69)
Rykova EY	0.67	(0.42 - 1.06)
Wang YH	0.35	(0.25 - 0.49)
Liu Y	0.77	(0.65 - 0.90)

Random Effects Model Pooled Negative LR = 0.63 (0.57 to 0.71) Cochran-Q = 60.21; df = 13 (p = 0.0000)Inconsistency (I-square) = 78.4 % Tau-squared = 0.0292

gene promoter methylation was detected by MSP array in all 14 publications. The main features of the 14 original studies are demonstrated in Table 1.

#### Statistical heterogeneity

Chi-square test demonstrated significant statistical heterogeneity across the 14 studies in the effect size of sensitivity, specificity, +LR, -LR and DOR ( $P_{all} < 0.05$ ). The heterogentity test results indicated that the data should be pooled in a random effect model.

#### Meta-analysis

#### Pooled diagnostic sensitivity and specificity

Using the APC gene promoter methylation as a reference for lung cancer identification, the pooled diagnostic sensitivity and specificity were 0.43 (95% CI: 0.40-0.45) (Figure 2) and 0.92 (95% CI: 0.90-0.95) (Figure 3), respectively by random effect model.

#### Pooled diagnostic +LR and -LR

The combined diagnostic +LR and -LR for APC gene promoter methylation as a reference for lung cancer identification were 7.15 (95% CI: 3.62-14.12) (Figure 4) and 0.63 (95% CI: 0.57-0.71) (Figure 5), respectively by random effect model.

#### Pooled DOR and SROC

The pooled diagnostic odds ratio (DOR) and summary receiver operating characteristic (SROC) curve of APC gene promoter methylation for lung cancer diagnosis were 9.84 (95% CI: 5.77-16.79) (Figure 6) and 0.7 (Figure 7), respectively.

#### Subgroup analysis

According to specimen type, the diagnostic efficacy was evaluated in the serum or sputum/BALF subgroups. The detailed diagnostic performance is shown in Table 2.



FIGURE 7 Summary receiver operating characteristic (SROC) cure of APC gene promoter methylation for lung cancer diagnosis







0.01

Inconsistency (I-square) = 43.8 %

Tau-squared = 0.3563

<sup>2912</sup> WILEY								
<b>TABLE 2</b> Subgroup analysis of APC gene promoter methylation for lung cancer								
Group	SEN	SPE	+LR	-LR	DOR	AUC		
Serum	0.40 (0.37-0.43)	0.96 (0.93-0.97)	6.81 (4.22–10.98)	0.62 (0.54-0.71)	10.82 (6.91–16.95)	0.731		
BLAE/ Sputum	0.49(0.43-0.54)	0.82(0.76-0.88)	3.87(1.25-12.01)	0.66(0.56-0.79)	552(212-1438)	0 701		

Abbreviations: AUC, area under the curve; DOR, diagnostic odds ratio; +LR, positive likelihood ratio; -LR, negative likelihood ratio; SEN, sensitivity; SPE, specificity.



**FIGURE 8** Begg's funnel plot was used for the evaluation of publication bias

#### Publication bias

The Begg's funnel plot was obviously left–right asymmetric especially at the bottom which indicates a significant publication bias (Figure 8). The Egger's line regression test also indicated statistical publication bias (t = 5.40, p < 0.05).

#### DISCUSSION

A total of 14 studies relevant to APC gene promoter methylation and lung cancer were included in this metaanalysis. The pooled results showed diagnostic sensitivity and specificity were 0.43 (95% CI: 0.40–0.45) and 0.92 (95% CI: 0.90–0.95), respectively. The pooled DOR and SROC curves of APC gene promoter methylation for lung cancer diagnosis were 9.84 (95% CI: 5.77–16.79) and 0.7, respectively. The pooled results indicate that APC gene promoter methylation in serum or sputum/BLAF is a potential biomarker for lung cancer diagnosis with high specificity.

APC gene promoter methylation as a potential biomarker for cancer diagnosis by meta-analysis has previously been evaluated by studies on breast, colorectal, bladder, prostate and lung cancers.<sup>24–27</sup> Qian et al.<sup>27</sup> performed a meta-analysis relevant to APC gene promoter aberrant methylation in serum as a biomarker for breast cancer diagnosis. The authors found that APC gene promoter methylation in serum was not suitable for breast cancer screening due to low diagnostic sensitivity, but could be used as potential serological marker for breast cancer confirmation. The low diagnostic sensitivity and high specificity was also identified in our present metaanalysis for APC methylation in serum or sputum/BLAF body fluid specimen. The low sensitivity limits its clinical value in lung cancer screening. Zhang et al.<sup>28</sup> performed a meta-analysis to evaluate the association between APC promoter methylation and lung cancer. A total of 12 case-control studies from 10 publications were included, which involved 1190 cases and 606 controls. A random effect model was used to merge the data, and the odds ratio (OR) was 9.84 (95% CI: 5.03–19. 27, p < 0.05), which indicates that the risk of lung cancer in a population with APC promoter methylation was 9.84 times higher than that in the general population. The authors indicated that APC promoter methylation might be a potential biomarker for the diagnosis of lung cancer. This conclusion was in accordance with our findings. In our metaanalysis, we included 14 publications and calculated the exact diagnostic parameter which clearly demonstrates the diagnostic performance of APC promoter methylation detected in serum or sputum/BLAF. Zhang et al. only discussed the methylation frequency in the body fluid of lung cancer cases and controls but didn't provide the diagnostic performance. Compared to the study by Zhang et al., our meta-analysis provides more information on APC promoter methylation as biomarkers in lung cancer detection and has a more practical clinical application.

The present study also had obvious limitations. (i) Diagnostic performance was pooled by a random effect model due to significant statistical heterogeneity. (ii) A significant publication bias was also identified. (iii) Due to low diagnostic sensitivity, APC promoter methylation may not be suitable for lung cancer screening in the general population. (iv) Clinical heterogeneity such as mixed clinical stages included in the original study may affect the results and decrease the power of the conclusions. (v) For the BALF subgroup, only two studies were included and the results of this subgroup were unstable. In conclusion, APC gene promoter methylation is common in body fluid of serum and sputum/BALF and may be a potential biomarker for lung cancer diagnosis, but may not suitable for lung cancer screening in the general population. Therefore, more relevant studies which meet the requirements should be included to further evaluate the value of APC gene methylation in the diagnosis of lung cancer, so as to provide more sufficient and powerful evidence-based medical results. Comprehensive diagnosis should be based on a combination of multiple diagnostic approaches such as imaging and cytology to improve the diagnostic accuracy.

#### **ACKNOWLEDGEMENTS**

This work was supported by Medical and health science of Zhejiang Province (2021KY437).

#### **CONFLICT OF INTEREST**

The authors confirm that there is no conflict of interest.

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How to cite this article: Liu F, Lu X, Zhou X, Huang H. APC gene promoter methylation as a potential biomarker for lung cancer diagnosis: A meta-analysis. Thorac Cancer. 2021;12:2907–13. https://doi.org/10.1111/1759-7714.14151