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REVIEW

Ex vivo HSC expansion challenges the paradigm of unidirectional human hematopoiesisLuena Papa,  Mansour Djedaini,  and Ronald Hoffman

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Understanding mechanisms that determine the behavior of human hematopoietic stem cells (HSCs) is essential for developing novel strategies to expand *ex vivo* the number of fully functional HSCs. In this review, we focus on the complex interplay between intrinsic mechanisms regulated by transcriptional and mitochondrial networks and extrinsic signals imposed by the bone marrow microenvironment, which in concert regulate the balance between HSC self-renewal and differentiation. Such integrated signaling mechanisms that dictate the fate of HSCs *in vivo* must be recapitulated *ex vivo* to achieve successful expansion of clinically relevant HSCs. We also highlight some of the most recent *ex vivo* HSC expansion strategies that have currently entered clinical development. Finally, based on the evidence reviewed here and lessons learned from *ex vivo* HSC expansion, we raise some critical questions regarding HSC fate and the cellular plasticity of hematopoietic cells that challenge the unidirectional model of human hematopoiesis.

Keywords: HSCs; *ex vivo* expansion; mitochondrial network; BM niches

Introduction

Hematopoiesis relies on the preservation of the integrity of a unique pool of long-term hematopoietic stem cells (HSCs). Long-term HSCs occupy the apex of the hierarchy of hematopoietic cells and possess both self-renewal and multipotent differentiation capacities. Such HSCs differentiate into a full spectrum of mature blood cells via intermediate progenitor stages, whereas their long-term self-renewal potential allows for sustaining the primitive pool of HSCs throughout life.^{1,2} The balance between HSC self-renewal and differentiation is central to homeostasis and is regulated by a complex interplay of both cell-intrinsic and -extrinsic signaling networks.

Primitive long-term HSCs are predominantly quiescent and rely heavily on anaerobic glycolysis for energy production.³ They reside in specialized bone marrow (BM) niches, where they maintain their undifferentiated state and a markedly low metabolic activity.⁴ Upon hematopoietic stress,

HSCs receive signals from cellular components that comprise the HSC niches and sense changes occurring in the microenvironment causing them to exit quiescence and undergo either HSC self-renewal or differentiation.⁵ The classical unidirectional model of hematopoiesis implies that upon initiation of commitment, a fraction of HSCs gradually lose their self-renewal potential and become multipotent progenitors, which then give rise to more lineage-committed progenitors and eventually differentiated hematopoietic cells (Fig. 1A). A metabolic switch from glycolysis toward mitochondrial metabolism accompanies the transition of HSCs from quiescence to an active cell cycling state. This switch is complex and is regulated not only by extrinsic cues imposed by the HSC niches, but also by a well-coordinated hub of intrinsic signaling and mechanisms, which rely on the remarkable plasticity of the mitochondrial network. In fact, mitochondrial activity and metabolism are critical determinants of HSC fate decisions.

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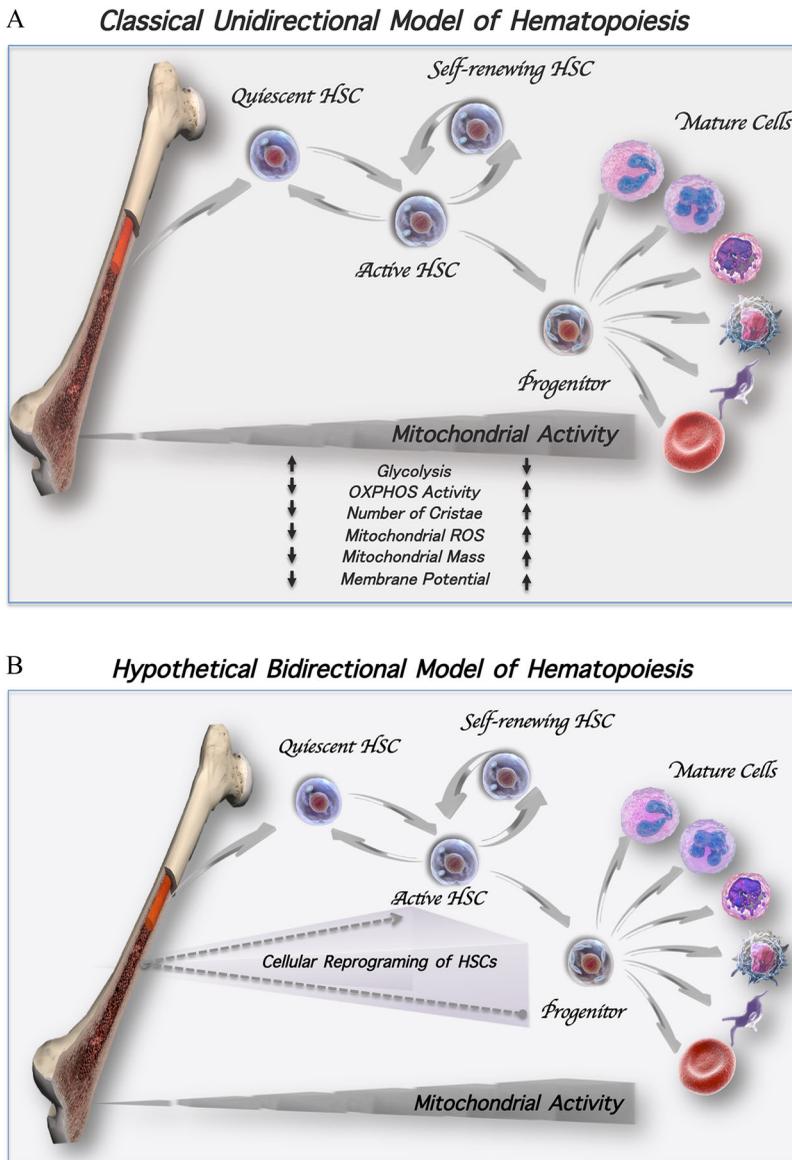


Figure 1. Models of hematopoiesis. (A) Classical unidirectional model of hematopoiesis. Quiescent HSCs reside in the BM niches and rely mainly on glycolysis for their energy production. Upon hematopoietic stress, HSCs exit the quiescent state and become activated into slowly dividing HSCs, giving rise to a daughter cell that may remain in the cell cycle or to a daughter cell that may return back into a quiescent state to maintain the pool of primitive HSCs. Frequent and rapid cell divisions lead to transiently amplifying progenitors, which in turn give rise to more differentiated effector hematopoietic cells. A metabolic switch associated with an increased level of mitochondrial OXPPOS activity, ROS generation, and mass occurs during the course of differentiation. (B) Hypothetical bidirectional model of hematopoiesis. Under hematopoietic stress, progenitor cells might be reprogrammed and reacquire a stem-like fate to replenish and sustain the pool of dividing HSCs with self-renewal potential (dotted arrows).

Defining the characteristics and understanding the mechanisms underlying the self-renewal of primitive HSCs holds the key for the development of innovative approaches aimed at *ex vivo* expansion of clinically relevant human HSCs. In

this regard, umbilical cord blood units (UCBs) provide an excellent alternative source of HSCs and hematopoietic progenitor cells (HPCs) for patients who require allogeneic stem cell transplantation but lack a matched donor. However, the limited number

of both HPCs and HSCs present within individual UCB units is a major limitation for their use as grafts for adult recipients. This limitation can theoretically be overcome by the *ex vivo* expansion of UCB-derived CD34⁺ cells (UCB-CD34⁺). Expansion of the number of functional HPCs, and most importantly, HSCs, which exhibit transcriptomic and metabolic profiles that closely resemble primary HSCs, is the goal of a growing number of *ex vivo* expansion strategies. A successful approach would provide sufficient numbers of human progenitor cells capable of establishing short-term multilineage engraftment and accelerating the time to neutrophil and platelet recovery. Such a successful strategy would also boost the number of primitive HSCs capable of achieving robust long-term multilineage engraftment in a myeloablated adult host.^{2,6}

In this review, we will highlight several recent *ex vivo* strategies that have been used to generate increased numbers of functional progenitor and stem cells. We will also focus on the characteristics of HSCs and mechanisms that determine their long-term repopulating capacity. Efforts to clarify such mechanisms might help to identify new cellular pathways that can be targeted and then utilized for more effective *ex vivo* strategies.

Moreover, we present the recent evidence that might challenge the classical unidirectional hierarchical organization of the human hematopoietic system. This new evidence implies the existence of a bidirectional model of hematopoiesis and points to the possibility that cellular plasticity drives the reverse transition of committed progenitors into primitive HSCs.

Lessons learned from *ex vivo* simulating niche regulation of HSC self-renewal and differentiation

The balance between HSC self-renewal and differentiation *in vivo* relies on the complex and dynamic environment of HSC niches.^{7–15} Recapitulating such an environment has been thought to be critical to optimizing *ex vivo* cultures and achieving successful HSC expansion.

HSC niches are composed of multiple types of cells with specialized functions. These cells secrete specific cytokines and chemokines and provide physical interactions, which are essential for the retention of HSC function.^{16–20} These niche factors, including thrombopoietin, stem cell factor,

Flt3 ligand, interleukin-6, and granulocyte colony-stimulating factor, have been used in *ex vivo* cultures to influence HSC proliferation. Initial clinical studies utilizing either cytokine-driven static cultures²¹ or cultures of UCB-CD34⁺ cells with continuous perfusion with cytokines²² have resulted in limited clinical success since the expanded product failed to improve the time to neutrophil and platelet engraftment.²³ Recently, however, a phase I clinical trial using *ex vivo*—expanded cells with a new cytokine combination that recapitulates a “hypoxia effect” has shown promising results.^{24,25}

Mimicking *ex vivo* the complexity of the stem cell “niches” for HSC expansion has proven to be a difficult task. However, preclinical studies have revealed that direct interaction between mesenchymal stromal cells (MSCs) and either unpurified UCB cells²⁶ or purified UCB-CD34⁺ cells in *ex vivo* cultures results in extensive expansion of the total numbers of nucleated cells.^{27,28} BM endothelial cells have also been shown to be important for the generation of HSCs in *ex vivo* cultures.²⁹ Activation of naturally occurring pathways within the BM endothelium, including the Notch pathway, and immobilization of its delta-1 ligand have been reported to effectively increase *ex vivo* the number of UCB-CD34⁺ cells. These expanded cells shortened the time of neutrophil recovery in transplant recipients in a phase I clinical trial.^{30–33} However, the neutrophil recovery proved to be transient, indicating the lack of long-term HSCs and the dominance of short-term repopulating HPCs within the expanded cell product.^{26,30,34} It is possible that the lack of *in vivo* persistence in these transplanted patients could either be due to loss of stem cell self-renewal capacity during culture, or to immune-mediated rejection.^{23,30}

Together, this current evidence supports the notion that simulating the BM niches alone might not be sufficient to regulate HSC self-renewal potential in *ex vivo* cultures. Importantly, it indicates that loss of HSC function in *ex vivo* cultures is likely to occur as a consequence of the silencing of the gene expression and metabolic programs that define HSCs. Accordingly, additional key factors, including HSC plasticity and HSC metabolic and transcriptome profiles, should be taken into consideration and adjusted to increase the capacity of *ex vivo* cultures to expand the numbers of HSCs with characteristics that closely resemble primary HSCs.

Mitochondrial activity is a critical determinant of HSC self-renewal and differentiation potential

HSCs display a primitive mitochondrial network characterized by low mitochondrial activity and metabolism, which reflects their low energy demands. Indeed, HSCs predominantly depend on glycolysis for energy production. Low mitochondrial mass, membrane potential, and reactive oxygen species (ROS) generation, as well as functionally immature mitochondria with globular shapes and poorly developed cristae, mark self-renewing HSCs^{35–43} (Fig. 1A). Upon commitment, HSCs rapidly switch to mitochondrial OXPHOS activity to meet the robust energy demands imposed by differentiation.^{44,45} Enhanced mitochondrial mass, membrane potential, and ROS generation accompany the metabolic switch during the course of HSC differentiation.^{42,46,47} In fact, mitochondrial activity and metabolism are not simply passive hallmarks of HSCs, but critical drivers of their fate.

Mitochondrial mass and activity in HSCs is controlled by the tightly synchronized processes of mitochondrial biogenesis and turnover. HSCs exhibit a limited capacity to boost mitochondrial biogenesis, and the suppression of both mitochondrial biogenesis and metabolism preserves the functionality of primitive HSCs.⁴⁸ Although the amount of mitochondrial content in HSCs still remains a matter of debate,⁴⁹ the emerging view underlines that self-renewing HSCs rely on autophagy/mitophagy activation, which acts as a primary gatekeeper of their metabolic activity. Autophagy activation limits the number of active mitochondria, mitigates the deleterious effects of cellular stress, and thus enables the retention of HSC primitive metabolic state.^{50–53}

Quiescent, self-renewing, and differentiating HSCs have distinct metabolic profiles. Low mitochondrial activity offers protective advantages for resting long-term HSCs due to the generation of low levels of ROS.^{36,41} A limited elevation in ROS levels and mitochondrial activity drives the quiescence HSCs to enter an active but slowly cell cycling phase (Fig. 1A). Progressive increments in ROS levels, however, result in frequent cell divisions and HSC differentiation.^{54,55} When ROS levels exceed the capacity of the cellular antioxidant defense,

HSCs undergo senescence or cell death.⁵⁶ Thus, ROS act as rheostats that dictate HSC fate.

To preserve their self-renewal potential and reduce ROS generation, HSCs utilize complex regulatory pathways, including the sirtuin family proteins (SIRT6), forkhead box O3 (FOXO3A), AMP protein kinase (AMPK), and p53 signaling pathways.^{56–65} Notably, each of these diverse pathways converges to preserve the mitochondrial network, which, in turn, engages and coordinates them to mount an antioxidant defense and regulate HSC redox status. Activation of such pathways is tightly coupled to redox sensors, including thioredoxin-interacting protein (TXNIP) and magnesium superoxide dismutase (MnSOD).⁶³ Intriguingly, upon transient and mild oxidative stress, TXNIP switches the function of p53 from acting as a prooxidant to an antioxidant.⁶⁶ In turn, limited activation of p53 mediates the expression of ROS scavengers required to suppress ROS levels and, therefore, retain the regenerative capacity of HSCs.^{59,63,66}

Mitochondrial activity in close interaction with BM milieu modulates the fine balance between HSC quiescence, self-renewal, and differentiation

The role of mitochondria as critical determinants of HSC fate decision cannot be envisioned as being separated but rather as coupled to the signals received from the BM microenvironment. Emerging evidence indicates that mitochondria do not act alone but in concert with HSC niches to maintain a low metabolic state, which characterize primitive HSCs.

Primitive HSCs reside not only in extremely hypoxic BM niches, but also in periarterial and highly vascular areas of the BM where the oxygen tension is higher.^{9,67} Thus, it appears that hypoxia might not be the sole mechanism by which the BM niche contributes to primitive HSCs. Indeed, it has been reported that arterial BM endothelial cells, which are exposed to the highest levels of physiological oxygen tension, create a barrier for the quiescent HSCs.⁹ The integrity of this barrier has been attributed to the ability of endothelial cells to enhance their antioxidant defense mechanisms and scavenge excessive ROS. In addition, endothelial cells in periarterial regions of the BM rely mainly on glycolysis to avoid ROS generation by

mitochondrial OXPHOS activity. Accordingly, this barrier of endothelial cells provides the ROS^{low} microenvironment that is essential for HSC maintenance.⁹

Mitochondria and ROS, in fact, can be transferred to other stem cell compartments within the BM milieu. *In vivo*, following myeloablation, connexin-43 (Cx43), which is a component of gap junctional channels, mediates the transfer of ROS from HSCs to MSCs resulting in reduced ROS levels in HSCs.⁶⁸ Alternatively, Cx43 might exert its protective role on HSCs by facilitating the transfer and scavenging of mitochondria by the BM compartments. While this intriguing evidence is preliminary and merits further investigation, it clearly indicates the complexity of signaling networks that regulate the metabolic state of HSCs. The role of the signaling interplay between the mitochondria of HSCs and the BM has been recently reinforced by a report indicating that HSCs sense extracellular adenosine within the BM microenvironment to suppress Ca²⁺ influx and mitochondrial activity, leading to the retention of their primitive pool.⁶⁹

Together, this evidence highlights the ability of HSCs to employ and integrate extrinsic signals imposed by the BM with intrinsic mechanisms and redox signaling regulated by mitochondria. This ongoing and highly dynamic relationship is decisive in determining HSC fate decisions and the balance between quiescence, self-renewal, and differentiation. Accordingly, controlling and manipulating the dynamics of this interrelationship would be undeniably beneficial for establishing strategies to effectively expand *ex vivo* the numbers of functional HSCs for clinical use.

Ex vivo expansion strategies and clinical outcomes

Several *ex vivo* strategies to expand the numbers of functional human hematopoietic cells have been based upon high-throughput unbiased screenings of libraries of small molecules and chemical compounds. These efforts have resulted in the identification of several small molecules that are now being evaluated in the clinic to promote the expansion of hematopoietic cells from UCB-CD34⁺ cells in *ex vivo* cultures. In this review, we will focus on a few of these new strategies, which currently hold high expectations in transplantation settings.

Ex vivo expansion of UCB-CD34⁺ cells with the aryl hydrocarbon receptor antagonist SR1

Screening of a large library of 100,000 small molecules led to the identification of the aryl hydrocarbon receptor (AhR) antagonist, Stem-Regenin1 (SR1). SR1 treatment combined with a serum-free expansion media and a cytokine cocktail increased by 50-fold the number of UCB-CD34⁺ cells and 17-fold the number of HSCs that were capable of establishing long-term engraftment in immunodeficient mice.⁷⁰ Mechanistic insights underlying *ex vivo* expansion by inhibiting the AhR pathway with SR1 treatment have yet to be determined. Intriguingly, AhR activation by 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) compromises the functional activity of HSCs in murine models,⁷¹ whereas the complete loss of AhR is associated with enhanced oxidative stress, premature HSC exhaustion, and hematopoietic stress.⁷² Although this evidence clearly implicates the AhR pathway in HSC metabolism and hematopoiesis, additional studies are needed to precisely understand the role of the AhR in the self-renewal of human HSCs. The characterization of this pathway indeed becomes more complex given the evidence that the role of AhR pathway in self-renewal is cell context and differentiation stage specific.^{73,74}

A phase I/II clinical study performed with one unmanipulated UCB unit and the progeny of the CD34⁺ cells from another UCB unit treated for 15 days *ex vivo* with SR1 demonstrated rapid neutrophil and platelet recovery. Importantly, this recovery was significantly more rapid than in patients receiving only the unmanipulated UCB.⁷⁵ Only one-third of the patients receiving the expanded grafts showed mixed myeloid chimerism associated with rapid neutrophil recovery derived from both fractions. Although promising, it remains to be determined whether SR1-generated grafts from UCB-CD34⁺ cells engraft without the additional presence of the second unmanipulated UCB unit.

Ex vivo expansion of UCB-CD34⁺ cells with UM171

UM171, a pyrimidoindole derivative, is another potent small molecule that triggers a robust *ex vivo* expansion of human HSCs with a remarkable

marrow repopulating capacity. Although the mechanism responsible for this expansion is unknown, UM171 enhances the pool of primitive HSCs independently of the AhR pathway. Gene expression signatures of cells expanded with UM171 are distinct from those expanded with SR1. UM171 is a highly potent agonist of HSC renewal and leads to a higher degree of expansion of more primitive human HSCs than SR1.⁷⁶ Interestingly, both SR1 and UM171 do not affect *ex vivo* expansion of murine HSCs.^{70,76}

Notably, the UM171-expanded pool of human cells enriched for HSCs with high engraftment potential in myeloablated murine models exhibit increased expression of the endothelial protein C receptor (EPCR). Originally identified as a key component of the endothelial barrier in the BM, EPCR is also expressed by murine HSCs.^{76,77} EPCR promotes the retention of murine HSCs in the BM^{78,79} by binding to the anticoagulant protease aPC and activating protease-activated receptor-1 signaling.

Recently, EPCR has been recognized as a reliable marker for the identification of human HSCs with extensive self-renewal potential. Only the subpopulation of EPCR⁺CD34⁺ cells express CD90 and CD133, both of which mark the most primitive human HSCs.⁷⁷ HSCs enriched for EPCR expression display a transcriptome that matches the transcriptome of freshly isolated HSCs.⁷⁷

Single UCB expanded grafts with UM171 are currently being tested in a clinical trial.⁸⁰ Preliminary results are promising and indicate that UCB-CD34⁺ cells expanded for 7 days with UM171 establish rapid engraftment and full donor chimerism and provide clinical benefits associated with low infection and transplant-related mortality.⁸⁰ Only the future will demonstrate whether transplants with *ex vivo* UM171-expanded cells from single UCB units are feasible.

Ex vivo expansion of UCB-CD34⁺ cells with valproic acid

Unlike SR1 and UM171, which were found in unbiased screens of small molecules, several decades of research have revealed that epigenetic modifiers can be used to expand the pool of primitive and clinically relevant HSCs. Such modifiers, including various histone deacetylase (HDAC) inhibitors, alter the epigenetic landscape leading to a substantially increased number of both murine and human

HSCs.^{81–85} Studies from our group have revealed that the deacetylase inhibitor valproic acid (VPA) triggers cellular reprogramming of UCB-CD34⁺ cells leading to the *ex vivo* expansion of the numbers of functional primitive HSCs. The expanded HSCs are capable of establishing multilineage hematopoiesis in both primary and secondary NSG mice.^{83,86} Notably, this reprogramming is accompanied by the acquisition and retention of a transcriptome and a primitive mitochondrial profile, which closely resembles that of primary functional human HSCs.⁸⁴

Ex vivo culture conditions have been reported to induce stress leading to rapid HSC proliferation and loss of the primitive characteristics of primary HSCs. However, *ex vivo* VPA-expanded cultures are highly enriched for cells with transcriptome profiles that are reminiscent of those previously reported to characterize both long-term human and non-human primary HSCs. Key regulators that govern self-renewal capacity and quiescence of HSCs are strongly augmented by VPA treatment. Expression profiles of both single and bulk expanded HSCs are highly enriched for long-term HSCs phenotypic markers, including CD90 and EPCR⁸⁴ (and unpublished data). Importantly, these transcriptomic alterations occur promptly, indicating that the expansion of the HSC pool with VPA is not merely a result of the rapid proliferation of the existing stem cells. Instead, such an increase in the HSC number is a result of the acquisition and retention of a primitive transcriptomic and metabolic profile combined with a limited number of cell divisions.⁸⁴

Similar to primary HSCs, VPA-expanded cells exhibit a low metabolic profile, which is characterized by enhanced glycolysis and diminished mitochondrial OXPHOS activity. The cellular reprogramming of primitive HSCs from UCB-CD34⁺ cells with VPA treatment is accompanied by metabolic rewiring, which is tightly linked to a remodeled primitive mitochondrial network. This remodeling is concomitant with reduced mitochondrial ROS levels, membrane potential, and mass. Not surprisingly, the subpopulation of cells expressing high levels of long-term HSC phenotypic markers display reduced mitochondrial ROS levels and content as opposed to HSCs that express low levels of these markers. Notably, the restructured mitochondrial network is composed of globular mitochondria with a low number

of deformed cristae, which reflect their limited mitochondrial activity. Such mitochondrial morphology and characteristics resemble the mitochondrial network of primary long-term HSCs. It has yet to be determined whether these alterations are consequences of a direct effect of VPA on mitochondria or downstream events of the epigenetic reprogramming occurring in the nucleus. It is also possible that VPA treatment reduces mitochondrial mass and activity by influencing both mitophagy activation and mitochondrial biogenesis.

Cellular reprogramming of HSCs is in fact reversible and requires the continuous presence of VPA during *ex vivo* culture.⁸⁴ Despite this, expanded HSCs are capable of undergoing serial engraftment in NSG mice without additional exposure to VPA.⁸³ Although unknown, such sustained self-renewal capacity of HSCs and retention of their epigenetic and primitive mitochondrial profiles is possibly due to the metabolic and signaling cues imposed by the BM milieu. Nevertheless, these findings together with other recent reports^{36,41,87,88} support the emerging view that transplantation of HSCs selected based on their mitochondrial status along with phenotypic markers might prove clinically beneficial and support long-term hematopoiesis in humans.

A restructured primitive mitochondrial network accompanied by low activity is critical for HSC fate. However, alone, remodeling of the mitochondrial network is not sufficient for full and successful *ex vivo* reprogramming of UCB-CD34⁺ cells into more primitive HSCs. It appears that cellular reprogramming with VPA also requires a limited increase in p53 activity. Although p53 activity does not affect mitochondrial mass, its enhanced activity is necessary to further suppress ROS levels. It is conceivable that p53 might exert its antioxidant effects to cope with the oxidative stress imposed by both cellular reprogramming and *ex vivo* culture conditions. Such antioxidant activity of p53, which is required for the activation of MnSOD, might also be needed to impede the frequent and rapid cycling of HSCs that can lead to their exhaustion.

Several reports have revealed the multifaceted roles of p53 as a pro- and antioxidant and its implications in hematopoiesis. A limited activation of p53 is essential for the repopulating potential of HSCs, whereas highly activated p53 can lead to senescence and death of HSCs.⁸⁹ Despite these

observations, its role in cellular reprogramming triggered by VPA treatment was unexpected since p53 activity impairs iPSC reprogramming from fibroblast cells.^{90–92} Therefore, our findings imply a unique role for p53 in cellular reprogramming and regulation of the HSC fate. Simultaneously with our report, a study from another group has shown that upon suppression of intracellular Ca²⁺ levels, dividing murine HSCs retain a slow rate of cycling and their self-renewal potential through the upregulation of p53-related genes.⁶⁹

The remarkable effect of VPA on cellular reprogramming is evident not only in human and murine *ex vivo* expansion cultures, but also upon the generation of iPSC cells from human fibroblasts. In fact, the combination of only two reprogramming factors, octamer-binding transcription factor 4 (OCT4-4) and SRY (sex-determining region y)-box 2 (SOX2), with VPA is sufficient to achieve reprogramming of human fibroblasts with similar efficiency as those achieved with the combination of three reprogramming factors. Importantly, the reprogrammed iPSC cells display both pluripotency and gene expression profiles that resemble those of human ES cells, thus supporting a central role for VPA as a chromatin modifier in cellular reprogramming.⁹³ This evidence is consistent with an unbiased *in vivo* screening of 550 compounds in a transgenic zebrafish embryo model. Notably, this screen identified HDAC inhibitors and particularly VPA as a potent agonist of HSC expansion *in vivo*.⁹⁴

Ex vivo HSC expansion with VPA represents a very attractive and novel approach due to the high degree of expansion of the numbers of both short-term and more importantly, long-term HSCs with transcriptomic and mitochondrial profiles that are reminiscent of primary primitive HSCs. HSCs *ex vivo* expansion with VPA occurs rapidly and requires only 7 days of culture, which limits the degree of differentiation, the risk of genetic instability, and bacterial contamination. While the numbers and primitive characteristic are potent predictors of HSC functionality, only the ongoing clinical trial will validate the engraftment potential of the expanded cell product and its efficacy in humans.

Concluding remarks and perspective

Evidence outlined in this review highlights the feasibility of effective *ex vivo* HSC expansion and

its eventual transition to the clinic. Clearly, the progress achieved in this area is due to the advanced understanding of the complex mechanisms that govern the HSC fate. Recent evidence has added new insights into the plasticity of both the BM niches and mitochondrial networks, which together dictate HSC fate. Yet, these new findings have also introduced new layers of complexity, making it difficult to determine the drivers and sensors of this highly dynamic interrelationship.

Understanding such integrated signaling mechanisms that define the balance between quiescence and self-renewal *in vivo* is challenging due in part to HSC heterogeneity. Despite major methodological developments, including new clonal tracking strategies and cellular barcoding, our ability to trace HSC fate decisions within BM niches is limited.⁷ Greater insights into instructions provided by the BM and on/off signals that switch the mitochondrial metabolic rewiring and alter HSC fates within the BM niches will markedly benefit the development of future *ex vivo* HSC expansion systems.

The classical model of hematopoiesis suggests that within stem and progenitor cell hierarchies, commitment and differentiation are unidirectional (Fig. 1A). This current model implies that quiescent HSCs, which are extremely rare, become activated into slowly dividing cells. In turn, each HSC gives rise to at least one identical daughter HSC that might return to a quiescent state to maintain a pool of primitive HSCs. The other daughter cell continues to cycle and transiently commits to a multipotent progenitor cell, which further differentiates into mature blood cells. It has been proposed that HSCs shift between quiescence and the cycling state. Yet, such persistent activation of HSCs out of quiescence might result in exhaustion and loss of their functional identity. On the other hand, it has been shown that the self-renewal ability of an HSC both *in vitro* and *in vivo* depends on the number of cell divisions. Indeed, each single cell division impacts the regenerative capacity of HSCs.^{95,96} Together, these behaviors might compromise the integrity of the primitive pool of HSCs and theoretically could lead to the exhaustion of their potential to support long-term hematopoiesis. However, BM failure is rarely observed even among the most elderly individuals. These observations, therefore, raise questions regarding our current understanding of HSC self-renewal behavior and whether *in vivo*, the HSC

fate decisions within each hierarchy are truly irreversible.

Based on the evidence obtained from the *ex vivo* HSC expansion strategies described by our laboratory, it is possible that *in vivo*, the renewal of the HSC pool might be in part due to the propensity of more committed progenitor cells to reacquire stem cell properties. Similar to VPA, small molecules that act as epigenetic modifiers might exist in the BM milieu *in vivo*, leading to epigenetic reprogramming and reacquisition of HSC properties by committed progenitor cells (Fig. 1B, dotted arrow). In support of this hypothesis is a recent report that revealed the presence of a short-chain fatty acid molecule pentanoate, which exerts an HDAC-inhibitory activity in the intestinal lumen.⁹⁷ Strikingly, this small molecule that is produced by bacteria, induces metabolic and epigenetic reprogramming of lymphocytes leading to the suppression of aberrant immune cell activation in both the gut and central nervous system. In addition to pentanoate, other short-chain fatty acids, such as acetate, propionate, and butyrate, are also generated in the intestinal tract. Interestingly, all of these small molecules have been reported to have varying potency as HDAC inhibitors. Whether and which of the naturally occurring short-chain fatty acid(s) might be responsible for HSC reprogramming in man remains to be revealed.

Evidence indicates that in intestinal tissues where the presence of the short-chain fatty acids is evident, the secretory progenitor cells can revert back and reacquire a stem cell phenotype to facilitate tissue repair *in vivo*.^{98,99} However, intestinal tissues, which are the fastest self-renewing tissues in mammals, are not the only tissues where such plasticity of progenitor cells has been observed. A similar process of dedifferentiation has been reported in multiple other epithelial tissues, including the lung and kidney,^{100–102} implying that more committed and differentiated cells can pursue an alternative fate and replenish the number of stem cells following recovery from tissue damage. It is possible that such cellular plasticity reflects alterations in the chromatin status.

Clearly, future research will be required to address the plasticity of hematopoietic committed progenitors and their potential to reacquire a stem cell fate, which might contribute to the maintenance of the self-renewing pool of HSCs throughout

a normal life span. Presently, however, we can use our knowledge of the coordination of epigenetic and metabolic events obtained from current *in vivo* and *ex vivo* studies to define conditions required to efficiently expand the number of clinically relevant potent human HSCs.

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Competing interests

The authors declare no competing interests.

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