# Nobiletin alleviates ischemia/reperfusion injury in the kidney by activating PI3K/AKT pathway

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Abstract. Recent studies have demonstrated that nobiletin (NOB) displays anti-oxidative and anti-apoptotic efficacies against multiple pathological insults. However, the potential effects of NOB on the injury caused by ischemia and reperfusion (I/R) in the kidney remain undetermined. In the present study, I/R injury was elicited by right kidney removal and left renal pedicel clamping for 45 min, followed by reperfusion for 24 h. NOB was added at the start of reperfusion. Histological examination, detection of biomarkers in plasma, and measurement of apoptosis induced by endoplasmic reticulum stress (ERS) were used to evaluate renal injury. Additionally, the PI3K/AKT inhibitor LY294002 was also used in mechanistic experiments. NOB pre-treatment significantly reduced renal damage caused by I/R injury, as indicated by decreased serum levels of creatine, blood urea nitrogen and tubular injury scores. Furthermore, NOB inhibited elevated ERS-associated apoptosis, as evidenced by reduced apoptotic rates and ERS-related signaling molecules (such as, C/EBP homologous protein, caspase-12 and glucose-regulated protein of 78 kDa). NOB increased phosphorylation of proteins in the PI3K/AKT pathway. The inhibition of PI3K/AKT signaling with pharmacological inhibitors could reverse the beneficial effects of NOB during renal I/R insult. In conclusion, NOB pre-treatment may alleviate I/R injury in the kidney by inhibiting reactive oxygen species production and ERS-induced apoptosis, partly through the PI3K/AKT signaling pathway.

# Introduction

Ischemia/reperfusion (I/R) injury in the kidney is a severe clinical condition associated with acute inflammation and progressive deterioration of renal function (1). However, the mechanisms underlying renal I/R injury remain unclear.

Previous studies have demonstrated that oxidative stress, apoptosis, and inflammation are involved in I/R injury of the kidney (2-5). To develop effective prevention measures, it is necessary to understand the pathological mechanisms of renal I/R damage. Thus, the present study aimed to examine potential mechanisms that could prevent renal I/R injury.

Nobiletin (NOB; 3',4',5,6,7,8-hexamethoxyflavone) is a dietary polymethoxylated flavonoid isolated from citrus fruits with protective effects on I/R injury (6-8). Liu *et al* (6) indicated that NOB could attenuate I/R injury in H9c2 cardiomyocytes by activating the Akt/GSK-3 $\beta$  signaling pathway. Zheng *et al* (8) suggested that NOB protected cerebral neurons from I/R-induced injury through the MAPK pathway. Nevertheless, the exact roles of NOB in I/R injury of the kidney remain to be determined.

Endoplasmic reticulum stress (ERS) is considered a driving force of acute renal failure (ARF) induced by I/R (9). Increasing evidence indicates that persistent activation of ERS and subsequent elevation of apoptotic cascades are key to the pathogenesis of renal I/R injury (10-13). Additionally, a previous study confirmed that apoptosis occurs in the early phase of ischemia and can be worsened by reperfusion (13). Although the benefits of inhibition of ERS-induced apoptosis against renal I/R injury are well-known, the potential mechanisms of ERS-related apoptosis still remain to be investigated (14). Moreover, therapeutic approaches targeting ERS-related renal apoptosis remain to be studied.

The PI3K/AKT pathway affects several biological processes, including cellular proliferation and organ growth (15-17). Recent evidence demonstrates that the PI3K/AKT pathway can ameliorate I/R injury in the kidney (18), liver (19), myocardium (20) and brain (21,22). Wei *et al* (23) suggested that propofol could attenuate renal I/R injury by modulating PI3K/AKT signaling and partially reduce apoptosis and secretion of pro-inflammatory cytokines (23).

The present study aimed to determine whether NOB pre-treatment could attenuate renal I/R injury *in vivo* and to verify the hypothesis that the protective effects of NOB are related to activation of the PI3K/AKT pathway.

# Materials and methods

*Experimental animals*. A total of 30 C57BL6/J male mice aged 6-8 weeks (15-20 g) were provided by Vital River Laboratories. All animals were housed and maintained in a

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temperature-  $(20\pm5^{\circ}C)$  and a humidity-controlled (40-70%) animal facility adhering to a 12-h light/dark cycle, in nondirectional airflow cages. Mice were provided with water and rodent chow *ad libitum*. The present study was approved by Jingmen No. 2 People's Hospital Laboratory Animals Ethics Committee (approval no. 4237668). All experiments adhered to the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (the 8th Edition, NRC 2011).

Renal I/R model and treatment. NOB was obtained from Sigma-Aldrich (Merck KGaA; purity, >99%). All mice were anesthetized with intraperitoneal (i.p.) injection of 40 mg/kg pentobarbital sodium. Laparotomy followed by nephrectomy on the right side were then performed. Subsequently, the left kidney was clamped by a non-traumatic vessel forceps for 45 min to establish a model of ischemia, followed by reperfusion for 24 h. A total of 30 mice were divided into six groups (n=5 in each group). Except for two mice that died of unexplained death after I/R injury surgery, all mice were sacrificed by cervical dislocation following anesthesia with 40 mg/kg i.p. pentobarbital sodium. The groups were as follows: i) in the sham group, the right kidney was removed; ii) in the I/R group, a vessel forceps was used to occlude the vessels of the left kidney for 45 min, followed by reperfusion for 24 h; ii) in the I/R + NOB groups, mice received NOB (25, 50, or 100 mg/kg) i.p. injection for 7 consecutive days, followed by the same surgical procedures as the I/R group. The duration of the experiment was 9 days.

*Evaluation of the kidney function*. Renal function was evaluated by determination of blood urea nitrogen (BUN) and serum creatinine (Cr) levels. At the 24th h post reperfusion, blood was taken from the tail vein and centrifuged to collect serum. BUN and SCr were measured using ELISA kits (cat. nos. SJH-033595 and C011-1-1; T&T Scientific Corporation).

Evaluation of renal injury. The morphological changes of renal tubules were observed, and the degree of renal injury was determined using hematoxylin and eosin H&E staining. The kidney was isolated, washed, fixed in 4% paraformaldehyde and embedded with paraffin. The samples were cut into sections with a thickness of 3  $\mu$ m. After dewaxing with xylene, the sections were sequentially incubated for 5 min in water and alcohol of different concentrations. H&E staining was then carried out at room temperature with hematoxylin dye solution for 5 min, followed by rinsing with tap water/for 5 min and incubation with eosin solution for 2 min. Sections were observed under a light microscope (magnification, x400). Quantitative analysis was conducted using Image-Pro Plus (version 6.0; National Institutes of Health) to assess capsule area, tubular injury scores, and glomerular tuft area as mentioned previously (24).

Detection of apoptosis by flow cytometry. Single-cell suspensions were prepared from fresh tissue. The cells were then washed twice with PBS, centrifuged (4°C, 1,000 x g, 5 min) and collected. Subsequently, the cells were resuspended in 500  $\mu$ l binding buffer, then with 10  $\mu$ l Annexin V-FITC and 5  $\mu$ l PI. The samples were then incubated at room temperature for 5 min in the dark, then acquired on a BD FACSCanto flow cytometer (BD Biosciences). The flow cytometry data was analyzed using BD FACSDiva (BD Biosiences). In the flow cytometry dotplots, the Annexin V<sup>+</sup>PI<sup>+</sup> quadrant represents cells in late apoptosis, while the Annexin V<sup>+</sup>PI<sup>-</sup> quadrant shows cells in early apoptosis.

Reverse transcription-quantitative (RT-q) PCR. mRNA levels were determined by RT-qPCR, as previously described (3,16). Extraction of total RNA from the animals kidney was carried out using TRIzol® (Invitrogen; Thermo Fisher Scientific, Inc.) after the indicated treatments. cDNA was obtained from mRNA by reverse transcription (at 42°C for 60 min, 70°C for 5 min and 4°C for 15 min preservation) using a commercial Reverse Transcription cDNA Synthesis kit (Thermo Fisher Scientific, Inc.). RT-qPCR was conducted with SYBR-Green Master Mix kit (Thermo Fisher Scientific, Inc.) using the 7500 system ABI Prism system (Thermo Fisher Scientific, Inc.). The thermocycling conditions were as follows: i) 2 min at 50°C; ii) 95°C for 10 min; and iii) 40 cycles at 95°C for 30 sec, and 60°C for 30 sec. The mRNA expression levels of C/EBP homologous protein (CHOP), glucose-regulated protein of 78 kDa (GRP78), and caspase-12 were normalized to those of GAPDH.

The following primers were used: i) CHOP-reverse, 5'-CTT CAGCAAGCTGTGCCACT-3'; ii) CHOP-forward, 5'-TAGCTT GGCTGACTGAGGAGC-3'; iii) GRP78-reverse, 5'-GCAAAC TTCTCGGCGTCATT-3'; iv) GRP78-forward, 5'-GATAAT CAGCCCACCGTAACAAT-3'; v) caspase-12-reverse, 5'-CCT TCCTTCTCCATCACTGGA-3'; vi) caspase-12-forward, 5'-CATTGCCAATTCCGACAAAC-3'; vii) GAPDH-reverse, 5'-TTTGAGGGTGCAGCGAACTT-3'; and viii) GAPDHforward, 5'-ACAGCAACAGGGTGGTGGAC-3'.

Western blot analysis. Renal samples were homogenized on ice with an IKA homogenizer (12,000 x g; 15 min at 4°C), then lysed in RIPA lysis buffer [50 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1% NP-40 (v/v), 1 mg/ml SDS, 5 mg/ml hyodeoxycholic acid sodium, 1 mM PMSF, 10 mg/ml aprotinin, 10 mg/ml leupeptin and 10 mg/ml pepstatin A]. SDS-PAGE (10%) was used to separate the proteins (~40  $\mu$ g), which were then transferred onto polyvinylidene fluoride membranes (Bio-Rad Laboratories, Inc.). The membranes were blocked with 5% non-fat milk for 2 h at room temperature. Protein strips were then incubated with a primary antibody overnight at 4°C and then washed with 5% bovine serum albumin (BSA; Gibco; Thermo Fisher Scientific, Inc.) in PBS/0.1% Tween-20 and incubated with the secondary antibody for 2 h at room temperature. The protein strip was developed with a EZ-ECL kit (Biological Industries) and the protein quantity was analyzed using ImageJ software (version 6.0; National Institutes of Health). GAPDH was used as an endogenous control. The primary antibodies used in the study were as follows: anti-GAPDH (mouse; 1:1,000; cat. no. sc-47724; Santa Cruz Biotechnology); anti-AKT (rabbit; 1:500; cat. no. 9139; Cell Signaling Technology); anti-phosphorylated (p)-AKT (rabbit; 1:1,000; cat. no. 9145; Cell Signaling Technology); anti-PI3K (rabbit; 1:800; cat. no. 3230S; Cell Signaling Technology); anti-p-PI3K (rabbit; 1:600; cat. no. 3776S; Cell Signaling Technology). The secondary antibodies included



Figure 1. NOB pre-treatment reduces renal damage. (A) Cr levels in serum ( $\mu$ mol/l). (B) BUN levels in serum (mmol/l). (C) Tubular injury scores. (D) Renal tissue H&E staining. Magnification, x200. Scale bar, 20  $\mu$ m. n=3. \*P<0.05, \*\*P<0.01, \*\*\*\*P<0.0001. NOB, nobiletin; Cr, creatinine; I/R, ischemia/reperfusion; BUN, blood urea nitrogen; CHOP, C/EBP homologous protein.

horseradish peroxidase (HRP)-conjugated goat anti-mouse IgG (1:3,000; cat. no. SA00001-1; ProteinTech Group, Inc.) and HRP-conjugated goat anti-rabbit IgG (1:3,000; cat. no. SA00001-2; ProteinTech Group, Inc.).

Statistical analysis. SPSS 22.0 (IBM Corp.) was used for statistical analysis. All data are presented as the mean  $\pm$  SD. The experiments were repeated three times. Multiple comparisons was performed with one-way ANOVA followed by Tukey's post hoc test. Paired student's t-test was performed for comparisons between groups. P<0.05 was considered to indicate a statistically significant difference.

# Results

*NOB pre-treatment reduces renal damage caused by I/R injury.* To investigate the role of NOB in renal damage, an *in vivo* model of renal I/R was established. The levels of Cr and BUN were measured as markers of renal injury. Compared with the sham group, the levels of Cr and BUN were significantly increased in the I/R group, indicating that the kidney suffered damage following I/R injury. In contrast, Cr and BUN levels after NOB treatment (25, 50 and 100 mg/kg) were significantly decreased, compared with the I/R group. NOB decreased Cr and BUN levels in a dose-dependent manner (Fig. 1A and B). In addition, NOB concentrations significantly reduced BUN levels starting at 50 mg/kg, compared with the I/R group.

H&E staining was performed using kidney tissues from each group, and renal tubular damage was observed (Fig. 1D). In comparison with the sham group, renal tubular injury was most apparent in the I/R group. Renal tubular injury was attenuated after different doses of NOB treatment. Tubular injury scores we also evaluated in order to obtain more objective and reliable assessment of renal injury (Fig. 1C). A concentration of 25 mg/kg NOB did not relieve renal tubular damage. Nevertheless, NOB concentrations  $\geq$ 50 mg/kg significantly reduced tubular injury scores, compared with the I/R group. These results indicated that NOB could reduce Cr and BUN levels, as well as renal damage following I/R injury.

NOB suppresses ERS-related apoptosis in renal I/R injury. I/R kidney injury is closely related ERS-induced apoptosis (25), and NOB is reported to be involved in the regulation of ERS (26). GRP78 is an ER chaperone that plays an essential role in apoptosis during renal I/R injury (27). Additionally, ERS contributes to apoptosis through CHOP-dependent signaling pathways (28). To explore whether the protective effects of NOB on renal I/R injury are associated with ERS, flow cytometry was used to evaluate apoptosis. Moreover, mRNA expression levels of the ERS-related markers GRP78, CHOP, and caspase-12 were determined by RT-qPCR. GRP78, CHOP, and caspase-12 mRNA levels in the I/R group significantly increased, in comparison with the sham group. By contrast, NOB could mitigate ERS by significantly decreasing the mRNA expression levels of these molecules, compared with the I/R group (Fig. 2A-C).

Flow cytometry results are shown in Fig. 2D. Early apoptosis and late apoptosis were increased in the I/R group, compared with the control group. Late apoptosis gradually decreased with increasing NOB concentrations. Moreover, while 25 mg/kg NOB did not markedly inhibit the increase of early apoptosis caused by I/R, when NOB concentrations reached 50 mg/kg, early apoptosis rates decreased. Thus, NOB suppressed ERS induced by I/R and apoptosis in kidney. Based on these results, 50 mg/kg NOB was used in all subsequent experiments.

*NOB promotes the PI3K/AKT pathway in renal I/R injury.* The PI3K/AKT pathway is known to promote survival and reduce apoptosis following renal I/R injury (29). In order



Figure 2. NOB inhibits ERS-associated apoptosis. (A) GRP78 mRNA levels. (B) CHOP mRNA levels. (C) Caspase-12 mRNA levels. n=3. \*P<0.05, \*\*P<0.01, \*\*\*\*P<0.001, (D) Flow cytometry pattern for apoptosis. Annexin V\*PI<sup>+</sup> and Annexin V\*PI<sup>-</sup> cells were considered apoptotic (late apoptotic and early apoptotic, respectively). NOB, nobiletin; ERS, endoplasmic reticulum stress; I/R, ischemia/reperfusion; CHOP, C/EBP homologous protein; FITC, fluorescein isothiocyanate; PI, propidium iodide.



Figure 3. NOB activates the PI3K/AKT signaling pathway. (A) p-AKT/AKT, p-PI3K/PI3K protein levels. (B and C) Grayscale analysis of protein expression. n=3. \*\*\*\*P<0.0001 NOB, nobiletin; I/R, ischemia/reperfusion; p, phosphorylated.

to determine if the PI3K/AKT pathway participates in the amelioration of renal I/R injury mediated by NOB, the protein levels of molecules involved in the PI3K/AKT pathway were measured by western blot analysis (Fig. 3). The levels of phosphorylated AKT and PI3K were significantly decreased in the I/R group, compared with the sham group. Notably, p-PI3K/AKT levels were significantly increased following NOB treatment, compared with the I/R group. Therefore, NOB could ameliorate renal I/R injury by activating the PI3K/AKT pathway.

Inhibition of PI3K/AKT reverses the effects of NOB on I/R injury and increases the levels of ERS-associated markers following renal I/R insult. In order to further examine the role of the PI3K/AKT in the amelioration of renal I/R injury, mice were treated with LY294002, a specific PI3K/AKT inhibitor, following renal I/R injury. The effect of NOB on kidney damage were inhibited following treatment with LY294002, as indicated by elevated levels of Cr and BUN, as well as GRP78, CHOP, and caspase-12 expression (Fig. 4A-F), and enhanced tubular injury (Fig. 4C and G) in the I/R + NOB + LY294002



Figure 4. inhibition of the PI3K/AKT pathway reverses the effects of NOB. (A) Cr levels in serum ( $\mu$ mol/l). (B) BUN levels in serum (mmol/l). (C) Tubular injury scores. (D) GRP78 mRNA levels. (E) CHOP mRNA levels. (F) Capase-12 mRNA levels. (G) H&E staining of renal tissues. Magnification, x200. Scale bar, 20  $\mu$ m. n=3. \*P<0.05, \*\*P<0.001, \*\*\*\*P<0.001. NOB, nobiletin; Cr, creatinine; I/R, ischemia/reperfusion; BUN, blood urea nitrogen; CHOP, C/EBP homologous protein.

group, compared with the I/R + NOB group. Thus, NOB could ameliorate kidney damage caused by ERS in renal I/R injury by activating the PI3K/AKT pathway.

## Discussion

Renal I/R injury is one of the leading causes of acute kidney injury and has a high mortality rate (30). In previous studies, it was proposed that the anti-apoptotic, antioxidant, and anti-inflammatory properties of NOB could protect against I/R insult (7,10). In the present study, NOB could relieve I/R injury in the kidney. The levels of BUN and serum Cr were used as indicators of renal injury (31). Compared with the sham group, serum Cr and BUN levels were increased in the I/R group, indicating that renal function was critically impaired. In addition, NOB significantly alleviated renal apoptosis and inhibited protein expression of ERS-related molecules, such as caspase-12, CHOP and GRP78. Furthermore, using a specific PI3K/AKT inhibitor, it was demonstrated that NOB could exert a protective effect by activating PI3K/AKT signaling. These findings indicated that NOB could ameliorate I/R-induced and ERS-related apoptosis mainly through the PI3K/AKT-dependent pathway.

Ample evidence has suggested that NOB appears to be beneficial in kidney disease. Wei *et al* (32) suggested that NOB elicited cell cycle arrest at the  $G_0/G_1$  phase, which suppressed renal cancer cell proliferation and increased cellular apoptosis. Malik et al (33) demonstrated that NOB pretreatment could preserve kidney function and reduce oxidative stress by inhibiting DNA damage and the activation of apoptosis-related pathways. Furthermore, NOB ccould also attenuate tubular injury as seen in histological examination (33). However, whether NOB is involved in renal I/R injury remains unknown, and the underlying mechanisms are largely unclear. Recently, accumulating evidence has suggested that NOB is an important mediator in the initiation and development of ERS and apoptotis (34). Moreover, NOB regulates ERS progression and might be used as a therapeutic strategy to inhibit ERS-related renal apoptosis and cell death (35). Thus, we hypothesize that NOB could exert protective effects on renal tubules and ameliorate ERS-related apoptosis in renal I/R injury. The present study provides evidence that NOB has protective effects on renal I/R injury.

It is well-known that the most effective therapy for acute kidney injury is to successfully restore reperfusion in the ischemic region in an early stage (26,36,37). Nevertheless, the accompanied I/R injury largely decreases the benefits of this approach. Although an increasing number of studies have attached importance to the pathological mechanisms of kidney I/R injury, a satisfactory strategy to avoid the adverse

effects of reperfusion still remains to be explored. Apoptosis is considered a key mechanism of renal I/R injury, in which ERS-elicited apoptosis cascade played a pivotal role (38,39). It has been demonstrated that I/R injury in the kidney causes severe ERS due to increased GRP78 levels (1). Misfolded and unfolded proteins bind with GRP78 competitively, leading to depolymerization between ER-transmembrane transducers and GRP78 (40). CHOP, a member of the C/EBP family, is a specific transcription factor involved in ERS-induced apoptosis. The levels of CHOP are relatively low under normal conditions, but can be markedly increased following prolonged ERS (26). The results of the present study are consistent with a previous study (14) and indicate that I/R contributes to sustained ERS and severe renal injury, as evidenced the increased levels of caspase-12,CHOP and GRP78, as well as apoptotic rates. However, NOB reduced the expression levels of these proteins and attenuated the severity of I/R injury. Therefore, the protective effects of NOB on the kidney are mediated, at least in part, by the inhibition of ERS and apoptosis.

The potential molecular mechanisms related to the protective roles of NOB against renal I/R injury and ERS-related apoptosis were also examined. PI3K and its downstream target serine/threonine kinase AKT belong to a conserved family of signaling molecules (26,41,42). PI3K/AKT pathway activation is an endogenous regulatory mechanism that promotes cell survival in response to harmful external stimuli. Notably, numerous studies suggest that the PI3K/AKT pathway plays a pivotal role in the pathological process of renal I/R injury, in which inhibition of ERS-related apoptosis is an important mechanism (43,44). Zhang et al (26) have reported that PI3K/AKT signaling inhibits I/R injury by suppressing ERS, thus reducing GRP78, CHOP, and caspase-12 levels and apoptosis. Moreover, NOB can promote the activation of PI3K/AKT signaling pathway (45,46). Li et al (45) suggested that NOB could reduce the apoptosis induced by ERS in during oxygen-glucose deprivation/reoxygenation injury by activating the PI3K/AKT pathway in PC12 cells. Consistent with previous findings, the present study confirmed that pretreatment with NOB inhibited apoptosis resulting from renal I/R injury and upregulated AKT and PI3K phosphorylation. To confirm this, a specific inhibitor of PI3K/AKT signaling, LY294002, was also added at the onset of I/R. The protective effect of NOB and inhibition of ERS-related apoptosis were significantly reversed in the presence of LY294002, confirming that NOB administration could attenuate I/R injury through the PI3K/AKT pathway. However, the relationship between NOB and the PI3K/AKT pathway remain controversial. Indeed, several studies demonstrated that the anticancer effect of NOB was mediated by the PI3K/AKT pathway (46). These studies are inconsistent with a previous report suggesting that NOB markedly represses migration and proliferation of non-renal tubular cells by inhibiting AKT signaling (26). These discrepancies might be partially explained by the fact that the role of NOB in the activation of the PI3K/AKT pathway could be cell- and stimulus-dependent.

One of the limitations of the study is that expression of CHOP, caspase-12 and GRP78 were not detected at the protein level. In addition, one of the classic methods for detecting apoptosis, TUNEL staining is not used, although it can accurately reflect the typical biochemical and morphological

characteristics of apoptosis cells. In conclusion, this study demonstrated that NOB pretreatment alleviated renal I/R injury by attenuating ERS-associated apoptosis, which was dependent on the PI3K/AKT pathway. However, several other signaling pathways, such as MAPK and NF- $\kappa$ B signaling are related to the pathophysiological mechanisms of I/R injury in the kidney. Whether these signaling pathways are also associated with the protective effects of NOB against renal I/R injury remains to be determined. Altogether, the present findings indicate that NOB may represent a potential therapeutic option for renal I/R injury.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Authors' contributions

BL and WZ designed the study. QD and LZ acquired and analyzed the data. WZ drafted and revised the manuscript. All authors read and approved the final manuscript.

# Ethics approval and consent to participate

The present study was approved by Jingmen No. 2 People's Hospital Laboratory Animals Ethics Committee (approval no. 4237668).

## Patient consent for publication

Not applicable.

# **Competing interests**

The authors declare that they have no competing interests.

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