# ARTICLE OPEN

# Trends in clinical trials for stroke by cell therapy: data mining ClinicalTrials.gov and the ICTRP portal site

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Definitive treatment of stroke constitutes an important thesis of regenerative medicine in the cerebrovascular field. However, to date, no cell therapy products for stroke are yet on the market. In this study, we examined the clinical research trends related to cell therapy products in the stroke field based on data obtained from the ClinicalTrials.gov website and International Clinical Trials Research Platform (ICTRP) portal site. These data do not offer results of clinical trials comprehensively but provide information regarding various attributes of planned clinical trials including work in progress. We selected 78 cell therapy studies related to the field of stroke treatment from ClinicalTrial.gov and ICTRP. These were analyzed according to, e.g., the reporting countries, origin (autologous or allogeneic), of cell used, cell types and source organs, the progress of translational phases, target phase of the disease (acute or chronic stroke), and route of administration. This analysis revealed a trend whereby in the acute phase, mesenchymal stem cells were administered intravenously at a relatively higher dose, whereas in the chronic phase a small number of cells were administered intracranially. Only two randomized controlled Phase III studies with over 100 patients are registered, but none of them has been completed. Thus, cell therapy against stroke appears to constitute a premature area compared with cartilage repair as assessed in our previous report. In addition, tracking by means of the ID number of each trial via PubMed revealed that 44% of clinical studies in this field have corresponding published results, which was also discussed.

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## INTRODUCTION

Stroke constitutes the second leading cause of death worldwide. The only effective current treatment method comprises thrombolysis established in the hyperacute period within several hours after onset,<sup>1</sup> although even following successful preservation of life, various neuronal disorders remain in most cases and the recovery mainly depends on extensive rehabilitation.<sup>2</sup> In this context, cell therapy that has been developed over the past several decades represents a promising alternative or supplemental strategy; notably, this approach has already reached the translational stage, with therapeutic results in humans having been discussed.<sup>3–10</sup> However, although the safety of these procedures has so far been confirmed, their efficacy is less certain.<sup>11</sup> For example, in their recent meta-analysis Nagpal et al.<sup>12</sup> reported a trend toward improvement of some functional impairment in patients with stroke administered stem cell therapies. Nevertheless, such improvement was not sufficiently demonstrated in controlled studies. 12

ClinicalTrials.gov<sup>13</sup> is the world's largest clinical trial registration database, which is managed by the US National Library of Medicine and provides information regarding the implementation status of more than 310,000 clinical trials from over 200 countries. Additionally, the International Clinical Trials Registry Platform (ICTRP) portal site managed by the World Health Organization (WHO) can be searched for data from 17 primary registries worldwide.<sup>14</sup> Ideally, all available registries should be investigated if possible; nevertheless, the use of WHO ICTRP in combination with ClinicalTrials.gov provides data from an additional 17 registries around the world, thereby providing broad coverage to enhance the value of a report. These websites provide information regardinzg various attributes, such as target diseases,

sponsors, and enrollment of the subjects of planned clinical trials including work in progress. Although these registry data do not provide comprehensive results of clinical trials, this information enables trend analysis of the clinical development of the planned study. From the standpoint of manufacturers and funding in terms of making the maximum use of limited resources, such analysis is extremely important to provide a better understanding of the level of competition, kind of materials used, and degree of testing planned and conducted in practice in clinical trials. We further consider that the suitable analysis of registry registration data constitutes an effective means to obtain timely information because there can be a long delay between study initiation and the reporting of test results. Therefore, in the present report, rather than compiling a review of stroke, we used ClinicalTrials.gov and WHO ICTRP to extract stroke clinical trial data and highlighted various issues regarding clinical trial trends.

# **RESULTS**

Study design

We searched ClinicalTrials.gov and selected 77 studies on regenerative medicine for stroke. In addition, we surveyed ICTRP in the same manner and identified 14 additional studies excluding duplications with the ClinicalTrials.gov registered (NCT) studies, thereby obtaining 91 studies in total. We excluded 13 studies involving sickle red blood cells and/or for only young children; the resulting 78 studies were used for analysis of the translational trends of cell therapy for stroke.

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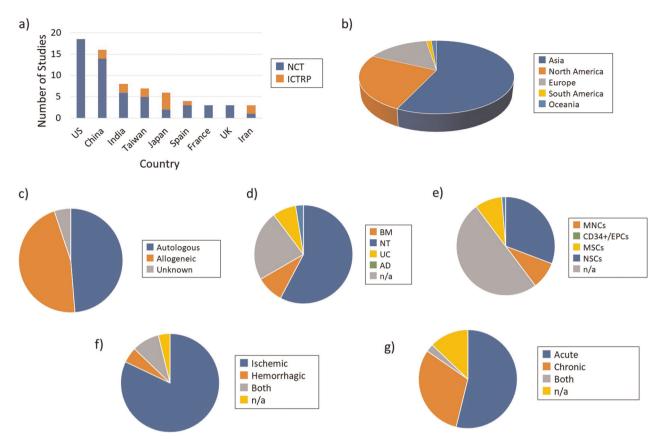


Fig. 1 Classification and analysis by various attributes of clinical trials of cell therapy for stroke (I). a Comparison of number of clinical trials on stroke by country of origin. The top nine countries are shown in this graph. Blue color-coded bars depict the trials registered in ClinicalTrials. gov. Orange color-corded bars depict the trials supplemented from the ICTPR portal site. b Pie-chart analysis of the number of studies by continent. c Percentage of cell origin used (autologous or allogeneic) relative to the total number of studies. d Percentage of each cell source organ used relative to the total number of studies. f Percentage of each cell type used relative to the total number of studies. f Percentage of each stroke condition (acute or chronic) in recruited subjects relative to the total number of studies.

# Trend analysis from registered data

Figure 1a shows the analyzed results by country. The United States (US), which manages ClinicalTrials.gov, and China had 18 and 16 studies, respectively, occupying the top rankings. In third place was India, followed by Taiwan and Japan. Asian countries had relatively more study registrations in the ICTRP. Figure 1b shows a pie-chart by continental area. Asia had more than twice as many studies as North America, indicating that this area had a focus on stroke cell therapy.

We next classified the entire list of studies by the origin (autologous or allogeneic) of each cell source used (Fig. 1c). The results showed that studies using cells of autologous origin comprised more than half (52%), whereas 44% used allogeneic cells. To further analyze the clinical research trends shown in these studies chronologically, all studies were arranged in order of corresponding starting date and plotted from the start date to the completion date, and color-coded according to the origin of the cell used (Fig. 2). This indicated that until 2009 autologous cells were dominantly used, whereas the number of studies using allogeneic cells increased from 2010. Although some short-term increases and decreases occurred thereafter, no tendency to converge to a single origin type was observed.

Studies were also classified by the cell source organ used (Fig. 1d). We found that 60% of the studies used bone marrow (BM)-based cells, with the umbilical cord (UC) accounting for an additional 22%, followed by adipose tissue (AD) and neural tissue (NT). Alternatively, classification by cell type (Fig. 1e) indicated that mesenchymal stem cells (MSCs) were predominantly used in

almost half of the examined studies, followed by mononuclear cells (MNCs) accounting for approximately 30%.

The kind of disease condition targeted by the individual research also represents an important question. Figure 1f shows whether the target stroke was ischemic or hemorrhagic. The overwhelming majority of studies (approximately 80%) targeted ischemic stroke. Subsequently, we analyzed whether the condition was acute or chronic (Fig. 1g). According to the description of inclusion criteria for each study, we classified the stage of each subject as "acute" (within 90 days after onset) or "chronic" (exceeding 90 days). As a result, we found 40 studies for acute phase and 23 studies for chronic phase. We also classified and analyzed the prevalence of a subacute phase in the acute phase.

Figure 3a shows the transition every 2 years regarding the type of cells chosen for application in the acute or chronic phase. In the acute phase, MNCs (including naive cells) were initially considered, whereas MSCs have become mainstream since 2011 and currently remain under examination. The use of CD34+/endothelial progenitor cells (EPCs) and neural stem cells (NSCs) has been minor. In contrast, although MNCs were initially chosen for use in the chronic phase as well, the proportion of studies incorporating MSCs is relatively low compared to that of acute phase studies, indicating that CD34+/EPCs and NSCs were selected instead.

Figure 4 shows the clustering of cell types for matrix analysis of autologous/allogeneic, used cells, acute/chronic, route of administration, and development phase. It can be seen that the combination of acute stroke and intravenous (IV) administration predominates in a large number of studies with MNCs and MSCs,

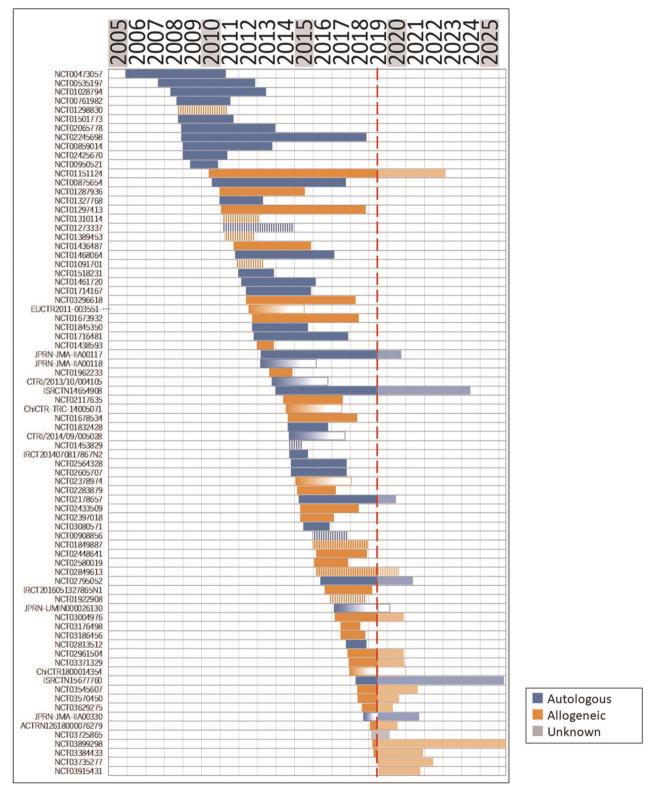
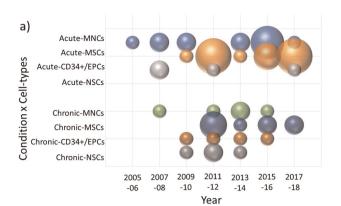
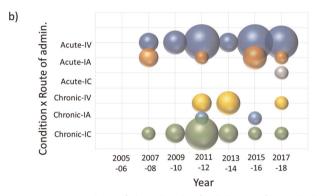


Fig. 2 Classification and analysis by various attributes of clinical trials of cell therapy for stroke (II). Each study was color-coded by the corresponding origin of cells and displayed from the start date to the (planned) completion date, sorted by start date in chronological order. Red line: data download date (8 July 2019). In cases where the completion date was not available, a gradated bar over 3 years is shown. Shaded bar on the right of the red line: current year (2019) to 2025. A bar is displayed if the trial was registered until the data download date. Note that we were not able to depict whether the trial continued or was halted prematurely after the data download date. Vertical-striped bar indicates "terminated" or "withdrawn" study







**Fig. 3** Transition analysis of clinical trials of cell therapy for stroke by cell type used and route of administration. **a**, **b** Bubble chart showing 2-year transitions of the number of studies by cell type **a** or route of administration **b** chosen for treatment of acute or chronic stroke

whereas intracranial (IC) administration was mostly used for targeting chronic stroke with NSCs. In addition, studies with BM-derived MNCs and CD34+/EPCs were all autologous. Furthermore, we compared which route of administration was adopted in the acute/chronic phase (Fig. 3b). In the acute phase, most studies adopted IV from the beginning, with less intraarterial (IA) and IC administration. In contrast, in the chronic phase, IC administration was predominantly adopted and has been continuously carried out since 2009 up to the present, although a few studies used IV with rare IA administration. In summary, we found a trend that IV administration was adopted for the acute phase, whereas IC was used for the chronic phase.

We selected trials in which the number of administered cells was described in the study plan (52/78) and analyzed the number of cells administered. We chose the maximum dose if plural doses were described because we considered that it represented the upper limit considered to be testable in that study. Figure 5 shows the results sorted by maximum number of cells administered. We found a difference of 1000-fold between trials regarding the maximum dose used. The number of cells administered by IV was large, and most cases involved acute administration of MNCs or MSCs. In addition, allogeneic was dominant in cases where the number of cells administered was 500 or more. In comparison, cases with few cells used IC, with the majority applied in chronic disease. In particular, NSC was administered only with IC.

## High clinical staged products

Stage-up of a clinical trial to phase III suggests that the effectiveness of the product would be expected. We selected 65 studies containing description of clinical phases and analyzed the relationship between the study phase and the start year of the individual studies using a bubble chart (Fig. 6). Phase I, phase I/II,

and phase II studies accounted for up to 60 studies in total, with phase I studies starting from 2005, phase I/II from 2007, and phase II from 2008. The higher-stage studies started from 2012, representing only five studies in total, comprising two in phase II/III and three in phase III. The breakdown of these five cases was three autologous and two allogeneic (same product), all originating from BM, and all but one MNC study using MSCs.

We extracted all studies associated with these higher-stage studies from all datasets (excluding terminated or withdrawn studies) and summarized them along with their ladder chart (Fig. 7). We obtained three additional studies associated with STR 01 and MultiStem. A phase III study of Cellgram IS derived from autologous BM-MSCs was conducted from 2012 to 2017 against ischemic stroke. Although this study was planned to be completed by the end of 2017, the data had not yet been updated by the time we downloaded, and it has not yet been published to date. A phase III study of STR 01 derived from autogenous BM-MSCs for all cerebral infarction (except lacunar infarction) are planned to be carried out from 2013 to 2020, and the follow-up study are also conducted accordingly. Furthermore, a phase II study for chronic stroke was newly initiated in 2018. In India, a phase II/III noncontrolled study (CTRI/2013/10/004105) was conducted in 2013 in order to examined the effects of autologous BMMNCs administered via intrathecal administration for cerebral hemiplegia. No description of the completion date was provided, and we could not find any further information. A phase II study of MultiStem, which is derived from allogeneic BM-MSCs, was completed in 2015, and the results were published. 15 Subsequently, narrowing the window between 24 and 36 h after onset as the inclusion criteria compared to the phase II study, a phase III study has just begun in the US in 2018. MultiStem is termed HLCM 051 in Japan, and the phase II/III study was initiated in 2017. Notably, to date, we have been unable to identify a trial where phase III completion has been confirmed. Phase III of Cellgram IS should have already been completed per the schedule, but no report of completion has yet been provided. And, no authorized products have yet been confirmed for clinical cell therapy of stroke.

# Result information obtained from the registry data

The outcomes of clinical trials, especially information regarding safety, are important for numerous reasons yet these results are rarely reported in registries, such as ClinicalTrials.gov and ICTRP. However, in discontinuation studies the reasons may be more likely to be provided. In particular, among the 11 discontinuation studies in this analysis, nine included the reasons. Notably, none were related to safety issues (Supplementary Table 1).

Although study results should be essentially reported to the registry, they are rarely attached. Of the 78 relevant studies no study result was included in ICTRP and only one result report was attached to a study in ClinicalTrials.gov. However, if the clinical trial ID numbers are described in the abstract of the relevant articles, we can search them on PubMed. Thus, we screened them using ID numbers of 78 studies and could identify corresponding publication to 12 clinical trial results. This sample number is not enough for comprehensive analysis, and the evaluation of study outcomes is outside of the main focus of this article. Nevertheless, here we list information regarding safety and severe adverse events from these studies, which are considered particularly important factors, summarized in Supplementary Table 2. Overall, we found that these data were generally consistent with the results of previous studies on the safety of cell therapy for stroke to date. 16 That is, the reported severe adverse events, including recent data, 17-19 were not related to the cell therapy or were mainly related to the route of administration. In addition, the cells themselves were reported to be relatively safe; moreover,

550 0001 600	Start	Comp	Product		20.00	and the second	Cell-	Source	Acute/	Route	1000		0.0	Enroll	Study	
ID Number	Date	letion	Name	Country	Status	Origin	type	organ	chronic	of	Phase	Min	Max	ment	Result	In this matrix, each column shows
		Date	Trum's						11000	admin.						each attribute by which is color-
NCT01518231	Jan-12	Dec-13		China China	Unknown status	a ut olo gous	HSCs	BM	chronic	IA	Phase 1	4	4	40		
NCT01673932 NCT01438593	Oct-12	Jul-18			Recruiting	allogeneic	HSCs	UC	chronic	IC	Phase 1	10	40	12	$\Box$	coded as follows;
NCT01438593 NCT02397018	Jan-13 May-15	Dec-13 Feb-17		Taiwan	Unknown status Completed	allogeneic allogeneic	HSCs HSCs	UC	chronic	IC	Phase 1	5	5 4000	6 10	-	"Carrature" . Name the Amazuian
NCT03004976	Mar-17	Dec-20		US	Recruiting	allogeneic	HSCs	UC	acute	IV	Phase 2	400	4000	100	-	"Country" ■: North America, ■:
IRCT2014070817867N2	Oct-14	Sep-15		Iran	Not Recruiting	autologous	MNCa	RM	acute	IV	n/a		4000	15		Asia, : Europe, : South America,
NCT02795052	Jun-16	Jun-21		US, UAE	Recruiting	autologous	MNCa	BM	chronic	/+intrana	n/a	×	×	300		
ChiCTR-TRC-14005071	Aug-14			China	Recruiting	allogeneic	MNCs	UC	acute	n/a	Other	×	×	60	-	: Oceania,
NCT00473057	Dec-05	May-11		Brazil	Completed	a utolo gous	MNCs	BM	acute	IA and IV	Phase 1	500	500	12		"Status" ■: Completed, ■:
NCT02065778	Dec-08	Jan-14		India	Withdrawn	a ut olo gous	MNCs	BM	chronic	IT	Phase 1	×	×	0		
NCT02245698	Dec-08	Dec-18		India	Withdrawn	a ut olo gous	MNCs	BM	n/a	IT	Phase 1	×	×	0		Recruiting (containing 'Not yet
NCT00859014	Jan-09	Nov-13		US	Completed	a ut olo gous	MNCs	BM	acute	IV	Phase 1	800	800	25	30	
NCT02433509	May-15	Jun-18		Taiwan	Recruiting	allogeneic	MNCs	UC	acute	IV	Phase 1	200	500	6		recruiting,' 'Active, not recruiting'
NCT03080571	Jul-15	Dec-16		India	Completed	a ut olo gous	MNCs	BM	acute	IA	Phase 1	×	×	20		and 'Closed to Recruit.'), ■:
NCT00908856	Jan-16	Dec-17		US	Withdrawn	a ut olo gous	MNCs	BM	acute	IV	Phase 1	80	240	0		
IRCT2016051327865N1 NCT03735277	Aug-16	Mar-19		US	Recruiting	allogeneic	MNCs	UC	acute	IA IV+IT	Phase 1	240 500		10		Withdrawn / Terminated,   :
NCT03735277 NCT01028794	Apr-19	Jun-22 Jul-13		Japan	Not yet recruiting	allogeneic		BM	Mindahatahata)	IV+IT	Phase 1	500	500			Unknown status,
NCT01028794 NCT01832428	May-08 Sep-14	Nov-16		Japan	Completed Unknown status	autologous	MNCs MNCs	BM	acute n/a	IT	Phase 1/2 Phase 1/2	100	100	12 50		Sec. (2004) 1. (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
CTRI/2014/09/005028	Sep-14	1404-10		India	Not Recruiting	autologous	MNCs	BM	chronic	IV	Phase 1/2	60	50	15		"Origin" : Autologous, :
NCT01501773	Oct-08	Oct-11		India	Completed	autologous	MNCs	BM	acute	IV	Phase 2	30	500	120	29	
NCT02425670	Jan-09	Jun-11		India	Completed	autolo gous	MNCs	BM	acute	IV	Phase 2	30	500	120	11	Allogeneic, ■: N/A, "Cell Type" ■:
NCT02178657	Apr-15	Apr-20		Spain	Recruiting	a ut olo gous	MNCs	BM	acute	IA	Phase 2	160	400	76		MNCs, : MSCs, : CD34+/EPCs
CTRI/2013/10/004105	Oct-13			India	Closed to Recruit.	a ut olo gous	MNCs	BM	n/a	IT	Phase 2/3	100	100	100		
JPRN-JMA-IIA00118	Mar-13			Japan	Recruiting	a ut olo gous	MSCs	BM	both	IV	n/a	50	200	60		(containing M2), : NSCs, :
JPRN-UMI N0 000 26130	Mar-17	-	HUNS001-01	Japan	Recruiting	a ut olo gous	MSCs	BM	acute	IC	n/a	20	50	6		
NCT01714167	Jun-12	Dec-15		China	Unknown status	a ut olo gous	MSCs	BM	chronic	IC	Phase 1	2	4	30		Exosome,
NCT01962233	Sep-13	Dec-14		China	Unknown status	allogeneic	MSCs	UC	n/a	IV	Phase 1	100	800	10		"Source Organ" ■: BM, ■: UC, ■:
NCT02564328	Nov-14	Nov-17		China	Unknown status	autolo gous	MSCs	BM	chronic	IV	Phase 1	×	×	40		
NCT02283879	Mar-15	Apr-17		China	Unknown status	allogeneic	MSCs	UC	n/a	IV	Phase 1	80	80	20		AD, ■: NT, ■: N/A,
NCT03186456	Jul-17	Nov-18	SCLNOW	China	Not yet recruiting	a utolo gous	MSCs	UC	acute	IV	Phase 1	40	80	40		"Acute / Chronic" ■: Acute, ■:
NCT02813512	Oct-17	Nov-18	GXNPC1	Taiwan	Completed	autologous	MSCo	AD	chronic	IC	Phase 1	×	×	3		"
NCT03371329	Dec-17	Dec-20		US	Recruiting	allogeneic	MSCs	BM	acute	IC&IV	Phase 1	40	160	12	$\Box$	Chronic, : Both, : N/A,
NCT03570450	Jun-18	Sep-20		France	Recruiting	n/a	MSCs	AD	acute	IV	Phase 1	80	240	15 15		
ACTRN12618000076279 NCT03899298	Feb-19 Mar-19	Jul-20 Mar-29		Australia US	Not recruiting Recruiting	allogeneic	MSCs MSCs	UC Amniotic&UC	acute n/a	V/Intrana:	Phase 1	160	2560	5000		"Route of Administration" ■: IV,
NCT01298830	Oct-08		GLP-1CellBeads	Germany	Terminated	allogeneic	MSCa	BM	n/a	IC IC	Phase 1/2	7.8	7.8	11		■: IA, ■: IC (including IT), ■:
NCT01287936	Jan-11	Aug-15	SB623	US	Completed	allogeneic	MSCa	BM	chronic	IC	Phase 1/2	2.5	10	18	22	
NCT01297413	Feb-11	Nov-18	35023	US	Completed	allogeneic	MSCs	BM	chronic	IV	Phase 1/2	40	120	38	32	Multiple routes,
NCT01091701	Dec-11	May-13		Malaysia	Withdrawn	allogeneic	MSCs	BM	acute	IV	Phase 1/2	160	160	0	-	"Phase" : Phase I, : Phase I/II,
NCT01453829	Oct-14	Jun-15		Mexico	Withdrawn	a utolo gous	MSCs	AD	n/a	IA&IV	Phase 1/2	×	×	0		Phase : Phase I, : Phase I/II,
NCT00809549	Feb-15	Feb-15	Cordstem-ST	Korea	Active, not recruiting	allogeneic	MSCs	UC	acute	IV	Phase 1/2	200	200	18		: Phase II, : Phase II/III, :
NCT01849887	Jan-16	Jan-16		US	Withdrawn	n/a	MSCs	BM	acute	IV	Phase 1/2	×	×	0		
NCT01922908	Dec-16	Dec-18		US	Withdrawn	allogeneic	MSCo	BM	acute	IV	Phase 1/2	х	×	0		Phase III, : N/A,
NCT03176498	Jul-17	Aug-18	SCLNOW	China	Not yet recruiting	allogeneic	MSCa	UC	acute	IV	Phase 1/2	×	×	40		"Min/Max" (million cells
NCT03915431	Aug-19	Oct-21	NCS-01	US	Not yet recruiting	allogeneic	MSCs	BM	acute	IV	Phase 1/2	×	×	16		1
NCT00875654	Aug-10	Oct-17		France	Completed	autologous	MSCa	BM	acute	IV	Phase 2	×	×	31		administrated) < 3≤ < 10≤ < <
NCT01310114	Mar-11	Mar-13	PDA001	US	Terminated	allogeneic	MSCs	placenta	acute	IV	Phase 2	200	800	44		·
NCT01273337	Mar-11	Jan-15	ALD-401	US	Unknown status	a ut olo gous	MSCo	BM	acute	IA	Phase 2	×	×	100	19	30≤■<100≤■<300≤■<1000≤■,
NCT01389453 NCT01436487	Apr-11	Dec-12	MultiStem	China	Withdrawn Completed	allogeneic	MSCs MSCs	UC BM	acute	IV	Phase 2 Phase 2	X	1200	134	15	"Enrollment" (number of patients)
NCT01436487 NCT01461720	Oct-11	Dec-15 Mar-16	MultiStem Neuroncell	Malavaia	Unknown status	allogeneic	MSCo	BM	acute	IV		400	1200	50	15	,
NC101461720 EUCTR2011-003551-18-ES	Mar-12 Jul-12	Mar-10	Cx611	Spain	Authorised	allogeneic	MSCn	AD	acute	IV IV	Phase 2 Phase 2	×	×	20	-	0< <3 < 10 < 3 < 30 < 4
NCT01678534	Sep-14	Jun-18	Cx611	Spain	Recruiting	allogeneic	MSCs	AD	acute	IV.	Phase 2	80	80	20	-	1004 . 2004 NI/A
NCT02580019	Feb-16	Dec-17		China	Unknown status	allogeneic	MSCa	UC	chronic	IV	Phase 2	80	20	2		100≤ <b>■</b> < 300≤ <b>■</b> , <b>■</b> : N/A,
NCT02448641	Mar-16	Dec-18	SB623	US	Completed	allogeneic	MSCs	BM	chronic	IC	Phase 2	2.5	5	163	$\vdash$	"Study Results" ■: study with
JPRN-JMA-IIA00330	Jul-18		STR01	Japan	Recruiting	autologous	MSCo	BM	chronic	IV	Phase 2	50	200	10		
NCT02849613	Mar-16	Sep-20		France	Withdrawn	allogeneic	MSCs	AD	acute	IV	Phase 2/3	8	8	400	$\Box$	published result, : study that has
NCT02961504	Nov-17	Mar-18	HLCM051	Japan	Recruiting	allogeneic	MSCs	BM	acute	IV	Phase 2/3	1200	1200	220	$\vdash$	both published result and registered
NCT01716481	Nov-12	Dec-17	Cellgram_IS	Korea	Recruiting	autologous	MSCs	BM	chronic	IV	Phase 3	x	×	60		
JPRN-JMA-IIA00117	Mar-13	Oct-20		Japan	Recruiting	a utolo gous	MSCo	BM	both	IV	Phase 3	50	200	110		result in ClinicalTrials.gov. The
NCT03545607	Jul-18	Sep-21	MultiStem	US	Recruiting	allogeneic	MSCo	BM	acute	IV	Phase 3	1200	1200	300		
ISRCTN15677760	May-18	Apr-26		Taiwan	Recruiting	autologous	CD34+	BM	acute	IA	n/a	30	30	116		number indicates the corresponding
NCT00535197	Sep-07	Dec-12		UK	Completed	autologous	CD34+	BM	acute	IA	Phase 1/2	X	×	5	27	reference of published result.
NCT00761982	Sep-08	Aug-11		Spain	Completed	autologous	CD34+	BM	acute	IA	Phase 1/2	х	×	20	28	reference of published result.
NCT00950521	Jun-09	Dec-10		Taiwan	Completed	a acono gous	CD34+	BM	chronic	IC	Phase 2	2	8	30		
ISRCTN14654908	Jan-16	Jun-24		Takvan	Recruiting	autologous	EPC:	BM	chronic	IA	n/a	30	30	10	31	
NCT01468064 NCT02605707	Nov-11	Mar-17		China	Unknown status	autologous	EPCs	BM BM	acute	IV	Phase 1/2	200	200	20	18	
NCT02605707 NCT01845350	Nov-14 Oct-12	Nov-17 Oct-15		China	Unknown status Completed	autologous	EPCs M2	Others	chronic	IT	Phase 1/2 Phase 1	80	80	30 13	17	
NCT01845350 NCT03384433	Oct-12 Apr-19	Oct-15 Dec-21		Kusia	Not yet recruiting	autologous	M2 Exosome	Others n/a	enronic	IT IC	Phase 1/2	X	×	13	17	
NCT03384433 NCT01151124	Jun-10	Mar-23	CTX0E03	UK	Not yet recruiting  Active, not recruiting	allogeneic	NSCo	n/a NT	chronic	IC	Phase 1/2	2	20	12	22	
NCT01131124 NCT01327768	Jan-10 Jan-11	May-13	CIAVEUS	Tahwan	Unknown status	autologous	NSC:	NT	chronic	IC	Phase 1	2	8	6	2.5	
NCT03296618	Jun-12	May-18		China	Active, not recruiting	allogeneic	NSC:	NT	chronic	IC	Phase 1	12	80	18	$\vdash$	
NCT03725865	Mar-19	Mar-19		China	Not yet recruiting	n/a	NSCs	NT	chronic	IC	Phase 1 (ea	X	×	12	$\vdash$	
NCT02117635	Jun-14	Aug-17	CTX DP	UK	Completed	allogeneic	NSCs	NT	chronic	IC	Phase 2	20	20	23		
ChiCTR1800014354	Jan-18	-	NSI-566	China	Recruiting	n/a	NSCo	NT	n/a	IC	Phase 2	×	×	36		
NCT03629275	Aug-18	May-20	CTX0E03 DP	US	Recruiting	allogeneic	NSCa	NT	n/a	IC	Phase 2	20	20	110		
			•													

Fig. 4 Classification and analysis by various attributes of clinical trials of cell therapy for stroke (III). This matrix indicates each study as a row and each attribute as a column, sorted by cell type

immunological adverse events for allogeneic cells were not observed in these articles.

Estimation of the influencing factors from observations over time As we have previously reported,<sup>20</sup> a chronological analysis of studies visually represents changes in the number of studies per duration. Figure 2 shows a relatively large gap between 2009 and 2010. A suspected cause is the effects of the STEPS guidelines published in 2009 (ref. <sup>21</sup>); i.e., we suspected that it might take considerable time to comply with these guidelines. Therefore, we hypothesized that if STEPS had been implemented, improvement might be recognized in the recommended factor. Consequently, as an indicator of the research quality that can be extracted from registry data of the STEPS recommendations, the percentage of studies with controls, and the description of using a vehicle for

within-study comparators, we investigated whether the percentage of equivalent rehabilitation descriptions in both test groups increased following the 2010 gap. However, we found that almost no change in the descriptions had occurred since 2010 compared to the previous ones in 2009 (Supplementary Fig. 1).

# **DISCUSSION**

The purpose of the present analysis was not to outline the safety and efficacy in the reviewed trials but rather to determine the tendencies of attributes in the planned clinical trials. In our previous work,<sup>20</sup> we analyzed ClinicalTrials.gov as the only information source. However, because ClinicalTrials.gov is a US database, there is some concern that domestic registration bias may exist; i.e., that comprehensiveness of trials other than those of



ID Number	Start Date Comp letion Date Product Name Country Status		Status	Origin	Cell- type	Source organ	Acute/ chronic	Route of admin.	Phase	Min	Max	Enroll ment	Study Result		
NCT01518231	Jan-12	Dec-13		China	Unknown status	autologous	HSCs	BM	chronic	IA.	Phase 1	4	4	40	
NCT01316231	Jun-12	Dec-15		China	Unknown status	autologous	MSCs	BM	chronic	IC	Phase 1	2	4	30	
NCT01/1410/	Jan-13	Dec-13		Taiwan	Unknown status	allogeneic	HSCs	UC	chronic	IC	Phase 1	5	5	6	_
			SB623	US				BM		IC	Phase 2	2.5	5	163	_
NCT02448641	Mar-16	Dec-18			Completed	allogeneic	MSCs		chronic		0.0000000				
NCT01298830	Oct-08	Jun-11	GLP-1CellBeads	Germany	Terminated	allogeneic	MSCs	BM	n/a	IC	Phase 1/2	7.8	7.8	11	- 11
NCT01327768	Jan-11	May-13		Taiwan	Unknown status	autologous	NSCs	NT	chronic	IC	Phase 1	2	8	6	
NCT00950521	Jun-09	Dec-10		Taiwan	Completed	autologous	CD34+	BM	chronic	IC	Phase 2	2	8	30	
NCT02849613	Mar-16	Sep-20		France	Withdrawn	allogeneic	MSCs	AD	acute	IV	Phase 2/3	8	8	400	
NCT01287936	Jan-11	Aug-15	SB623	US	Completed	allogeneic	MSCs	BM	chronic	IC	Phase 1/2	2.5	10	18	32
NCT01151124	Jun-10	Mar-23	CTX0E03	UK	Active, not recruiting	allogeneic	NSCs		chronic	IC	Phase 1	2		12	23
NCT02117635	Jun-14	Aug-17	CTX DP	UK	Completed	allogeneic	NSCs	NT	chronic	IC	Phase 2			23	
NCT03629275	Aug-18	May-20	CTX0E03 DP	US	Recruiting	allogeneic	NSCs	NT	n/a	IC	Phase 2	20	20		
ISRCTN14654908	Jan-16	Jun-24		Taiwan	Recruiting	autologous	EPCs	BM	chronic	IA	n/a	30	30	10	31
ISRCTN15677760	May-18	Apr-26		Taiwan	Recruiting	autologous	CD34+	BM	acute	IA	n/a	30	30	116	
NCT01673932	Oct-12	Jul-18		China	Recruiting	allogeneic	HSCs	UC	chronic	IC	Phase 1	10	40	12	
JPRN-UMIN000026130	Mar-17	-	HUNS001-01	Japan	Recruiting	autologous	MSCs	BM	acute	IC	n/a	20	50	6	
CTRI/2014/09/005028	Sep-14	-	110140001-01	India	Not Recruiting	autologous	MNCs	BM	chronic	IV	Phase 1/2	60	60	15	
NCT03296618	Jun-12	May-18		China	Active, not recruiting	allogeneic	NSCs	NT	chronic	IC	Phase 1	12	80	18	
NCT02283879	Mar-15	Apr-17		China	Unknown status	-	MSCs	UC	n/a	IV	Phase 1	80	80	20	_
						allogeneic							The latest and the la	20	_
NCT00908856	Jan-16	Dec-17		US	Withdrawn	autologous	MNCs	BM	acute	IV	Phase 1	80	80		
NCT03186456	Jul-17	Nov-18	SCLNOW	China	Not yet recruiting	autologous	MSCs	UC	acute	IV	Phase 1	40	80	40	
NCT02605707	Nov-14	Nov-17		China	Unknown status	autologous	EPCs	BM	chronic	IV	Phase 1/2	80	80	30	
NCT01678534	Sep-14	Jun-18		Spain	Recruiting	allogeneic	MSCs	AD	acute	IV	Phase 2	80	80	20	
NCT02580019	Feb-16	Dec-17		China	Unknown status	allogeneic	MSCs	UC	chronic	IV	Phase 2	80	80	2	
NCT01832428	Sep-14	Nov-16		India	Unknown status	autologous	MNCs	BM	n/a	IT	Phase 1/2	100	100	50	
CTRI/2013/10/004105	Oct-13	-		India	Closed to Recruit.	autologous	MNCs	BM	n/a	IT	Phase 2/3	100	100	100	
NCT01297413	Feb-11	Nov-18		US	Completed	allogeneic	MSCs	BM	chronic		Phase 1/2			38	
NCT03371329	Dec-17	Dec-20		US	Recruiting	allogeneic	MSCs	BM	acute	IC&IV	Phase 1			12	
NCT01091701	Dec-11	May-13		Malaysia	Withdrawn	allogeneic	MSCs	BM	acute	IV	Phase 1/2	160	160	0	
JPRN-JMA-IIA00118	Mar-13	-		Japan	Recruiting	autologous	MSCs	BM	both	IV	n/a	50	200	60	
NCT01468064	Nov-11	Mar-17		China	Unknown status	autologous	EPCs	BM	acute	IV	Phase 1/2	200	200	20	18
NCT00809549	Feb-15	Feb-15	Cordstem-ST	Korea	Active, not recruiting	allogeneic	MSCs	UC	acute	IV	Phase 1/2	200	200	18	
JPRN-JMA-IIA00330	Jul-18		STR01	Japan	Recruiting	autologous	MSCs	BM	chronic	IV	Phase 2	50	200	10	
JPRN-JMA-IIA00117	Mar-13	Oct-20	011102	Japan	Recruiting	autologous	MSCs	BM	both	IV	Phase 3	50	200	110	_
IRCT2016051327865N1	Aug-16	Mar-19		Iran	Recruiting	allogeneic	MNCs	UC	acute	IA	Phase 1	240	240	4	
NCT03570450	Jun-18	Sep-20		France	Recruiting	n/a	MSCs	AD	acute	IV	Phase 1	80	240	15	
NCT02178657	Apr-15	Apr-20		Spain	Recruiting	autologous	MNCs	BM	acute	IA	Phase 2	160	400	76	_
								BM		IA and IV	Phase 1	500	500	12	
NCT00473057	Dec-05	May-11		Brazil	Completed	autologous	MNCs	RM	acute		Phase 1		500	6	
NCT02433509	May-15	Jun-18		Taiwan	Recruiting	allogeneic			acute	IV		200			
NCT03735277	Apr-19	Jun-22		US	Not yet recruiting	allogeneic	MNCs	UC	acute	IV+IT	Phase 1	500	500	10	
NCT01501773	Oct-08	Oct-11		India	Completed	autologous	MNCs	BM	acute	IV	Phase 2	30	500	120	29
NCT02425670	Jan-09	Jun-11		India	Completed	autologous	MNCs	BM	acute	IV	Phase 2	30	500	120	11
NCT00859014	Jan-09	Nov-13		US	Completed	autologous	MNCs	BM	acute	IV	Phase 1	800	800	25	30
NCT01962233	Sep-13	Dec-14		China	Unknown status	allogeneic	MSCs	UC	n/a	IV	Phase 1	100	800	10	
NCT01310114	Mar-11	Mar-13	PDA001	US	Terminated	allogeneic	MSCs	placenta	acute	IV	Phase 2	200	800	. 44	
NCT01436487	Oct-11	Dec-15	MultiStem	US	Completed	allogeneic	MSCs	BM	acute	IV	Phase 2	400	1200	134	15
NCT02961504	Nov-17	Mar-18	HLCM051	Japan	Recruiting	allogeneic	MSCs	BM	acute	IV	Phase 2/3	1200	1200	220	
NCT03545607	Jul-18	Sep-21	MultiStem	US	Recruiting	allogeneic	MSCs	BM	acute	IV	Phase 3	1200	1200	300	
ACTRN12618000076279	Feb-19	Jul-20		Australia	Not recruiting	allogeneic	MSCs	UC	acute	IV	Phase 1	160	2560	15	
NCT02397018	May-15	Feb-17		US	Completed	allogeneic	HSCs	UC	acute	IV	Phase 1	400	4000	10	
NCT03004976	Mar-17	Dec-20		US	Recruiting	allogeneic	HSCs	UC	acute	IV	Phase 2	400	4000	100	

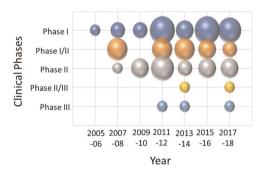
In this matrix, each column shows each attribute by which is colorcoded as follows: "Country" : North America, : Asia, : Europe, : South America, : Oceania. "Status" : Completed. : Recruiting (containing 'Not yet recruiting, 'Active, not recruiting' and 'Closed to Recruit.'), ■: Withdrawn / Terminated. :: Unknown status. "Origin" ■: Autologous, ■: Allogeneic, ■: N/A, "Cell Type" ■: MNCs, ■: MSCs, ■: CD34+/EPCs, : NSCs. : Exosome. "Source Organ" ■: BM, ■: UC, ■: AD, ■: NT, ■: N/A, "Acute / Chronic" : Acute. : Chronic, ■: Both, ■: N/A, "Route of Administration" : IV. : IA, : IC (containing IT), : Multiple routes, "Phase" 🗏 : Phase I, 📙 : Phase I/II, : Phase II, : Phase II/III, : Phase III. : N/A. "Min/Max" (million cells 30< < 100< < 300< < 1000< < ... "Enrollment" (number of patients) 0< <3< <10< < 30< < 100< < 300< "Study Results" : study with published result, ■: study that has both published result and registered result in ClinicalTrials.gov. The number indicates the corresponding reference of published result.

Fig. 5 Classification and analysis by various attributes of clinical trials of cell therapy for stroke (IV). This matrix indicates each study as a row and each attribute as a column, sorted by maximum number of cells administrated. This figure shows each study describing the number of administered cells in the study plan

the home country may decline. Accordingly, in the present study, we obtained the data from ClinicalTrials.gov along with the WHO ICTRP portal site as information sources and analyzed these collectively. The use of WHO ICTRP in combination with ClinicalTrials.gov can be expected to improve the coverage close to the ideal because the former receives data from 17 major registries around the world including ClinicalTrials.gov.

For the current study, we searched WHO data under the same conditions for the purpose of improving coverage and found 14 additional studies (19%), as shown in Fig. 1a. These additional studies were mostly registered from Asian countries such as China, Taiwan, India, and Japan (12/14). Consequently, Asian countries were dominant (56%) in our overall study set compared with North America and Europe (24% and 18%, respectively). Notably, Feigin et al.<sup>22</sup> reported that the disability-adjusted life year (DALY) of patients with stroke is greater in East Asia than that in the United States and Western Europe combined. It is reasonable that clinical trials are actively carried out in East Asian countries, where economic activity is sound, and the importance of stroke is relatively high in terms of burden of disease. By using the WHO registry (ICTRP) portal site in combination with ClinicalTrials.gov, we believe that coverage in clinical areas with relatively small involvement in the US, such as stroke, can be complementarily improved.

The use of autologous cells is advantageous, owing to the lack of concern for immune rejection and strict quality control, but often exhibits quantitative limitations and requires a relatively long term for preparation. In comparison, allogeneic cells may be used off-the-shelf and are advantageous for quantitative



**Fig. 6** Transition analysis of clinical trials of cell therapy for stroke by translational phase. Bubble chart showing 2-year transitions of the number of studies by translational phase

preparation, but the problem of immune rejection may remain and strict quality control may be necessary for further production. This choice will ultimately depend on the purpose for which the cells are used. Our chronological analysis indicated that studies initially utilized autologous cells, whereas allogeneic cells appeared to be considered after the rudimentary results were obtained. Although respective increases and decreases occurred thereafter, we did not observe any tendency to converge to either the use of autologous or allogeneic cells. Rather, both cells were shown to be studied to the same extent, suggesting that the field may not have yet reached a stage of conclusion.

Number	Product	Sponcor	Cells	Country	Condition	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
NCT01716481	Cellgram_IS	Samsung Medical Center / Pharmicell Co., Ltd.	autologous BM-MSCs	Korea	Stroke, Ischemic													
JPRN-JMA-IIA00117	STR01	Osamu Honmou	autologous BM-MSCs	Japan	All cerebral infarction (except lacunar infarction)													
JPRN-JMA-IIA00118	STR01	Osamu Honmou	autologous BM-MSCs	Japan	All cerebral infarction (except lacunar infarction)													
JPRN-JMA-IIA00330	STR01	Osamu Honmou	autologous BM-MSCs	Japan	Chronic stroke													
CTRI/2013/10/004105	n/a	Arivind Bagul	autologous BMMNCs	India	Stroke - Cerebral Hemiplegia													
NCT01436487	MultiStem	Athersys, Inc / Medpace, Inc.	allogeneic BM-MSCs	US	Ischemic Stroke													
NCT02961504	HLCM051 (MultiStem)	Healios K.K.	allogeneic BM-MSCs	Japan	Stroke, Acute													
NCT03545607	MultiStem	Athersys, Inc / Medpace, Inc.	allogeneic BM-MSCs	US	Ischemic Stroke													

In this chart, each study was plotted from start month to completion month as a color-coded bar showing the corresponding clinical stage as follows: : : phase II, : phase II, : phase III, : phase III,

Fig. 7 Summary of all five high-clinical trial stage-related studies with their ladder chart. Red line: data download date (8 July 2019). In cases where the completion date was not available, a gradated bar over 3 years is shown. Shaded bar on the right of the red line: after the current year (2019). A bar is displayed if the trial is registered on the data download date. Note that we were not able to depict whether the trial continued or was halted prematurely after the data download date. Vertical-striped bar indicates "terminated" or "withdrawn" study

As a result of clustering by cell type in Fig. 4, we identified many studies using MNCs and MSCs, which were popularly used for acute phase and mainly administered via IV. This may derive from the fact that BM, UC, and AD, the origin of MNCs/MSCs, are easily available as cell sources. These tend to be used in large quantities in IV. Both MNCs and MSCs exhibit properties of angiogenesis, anti-inflammatory/immune regulation, and trophic effects.<sup>23</sup> It is thought that CD34+ cells were first attempted in that context, which were then replaced by EPCs. These were basically autologous cells except those of UC origin, which were allogeneic. After 2010, MSCs were favored rather than MNCs, increasing the use of allogeneic cells. Although MSCs show more immunomodulatory properties, MNCs were preferred because they are easier to prepare and expected to be effective as hematopoietic stem cells in stroke. The reason why these cells are used in the acute phase as IV is considered to be that the main mechanism of action is to suppress the inflammatory response by systemic immune regulation. In this regard, it is expected that some currently ongoing phase III or phase II/III studies using MSCs against acute stage stroke (e.g., Cellgram IS, STR 01, and MultiStem in Fig. 7) may provide answers regarding their efficacy.

Although NSCs are expected to promote nerve repair around the damaged region, only five studies using NSCs were identified. Among these, the safety of CTX-DP was investigated in the first-inman study (NCT 01151124) and the results were reported in 2016 by Kalladka et al.<sup>24</sup> In addition, a phase II study for CTX-DP (NCT 02117635) was launched in 2014 and should be completed in 2017, although the results have not yet been published. As the inclusion criteria of this phase II study included a subject with stroke at 2-3 months after onset, we classified this study as representing acute stage instead of chronic phase according to our classification in the present study. Finally, NSI-566 is a human fetal spinal cord-derived cell line developed in China. Its phase I trial (NCT 03296618) was launched in 2012 and completed last year; phase II has been implemented in China (ChiCTR 1800014354). For NSCs, systemic immune regulation and neuroprotection are expected in the acute phase, with neural repair promotion and apoptosis suppression being expected in the subacute phase. Conversely, in the chronic phase there is no involvement of systemic immunity; thus, the intended outcomes of cell therapy include neurogenesis, synapse formation, and plasticity enhancement.

Studies using MSC in the chronic phase have also been examined but no clear trend was observed. Although only SB623, representing modified MSCs, has previously shown slightly efficacious results, <sup>25</sup> it has recently been reported that a phase II study using SB623 could not afford significant efficacy. <sup>26</sup> In addition, a phase III study using STR 01 is underway for all cerebral infarctions (except lacunar infarction), whereas a phase II study was started separately for the chronic phase (JPRN-JMA-IIA00330). The efficacy of STR 01 for the chronic phase thus cannot yet be ascertained.

Overall, the number of clinical studies for cell therapy in the field of stroke is small and no products are yet approved by the authorities for this purpose. For example, in the cartilage repair arena analyzed in our previous study, we identified 14 large, randomized, and controlled phase III studies with enrollments of over 100 patients. In contrast, for stroke, only two controlled Phase III studies with over 100 enrolled patients are registered and none of them has been completed (Fig. 8). This indicates that a major problem in the stroke field is the lack of a large-scale randomized controlled clinical trial. This may be due to an insufficient understanding of the natural history of stroke and/or the heterogeneity of the disease condition including certain comorbidity among the patient population. Thus, it can be considered that cell therapy against stroke represents a premature area compared with cartilage repair.

In addition, we identified 12 results report documents corresponding to it out of a total of 78 cases by tracing the ID number of the clinical trial registry. Some of these documents contain the obtained short-term results on clinical trials and the long-term follow-ups, which will be completed in the future. Therefore, the results vary depending on how the parameter is measured. The report rate is 44% if only the completed reports are



	Start	Comp	Product	NU. 17. 181	8 W 19 19	Taraba in a	Cell-	Source	Acute/	Route	Bog and	based		Enroll	Study	In this weathing as also as loves
ID Number	Date	letion	Name	Country	Status	Origin	type	organ	chronic	of	Phase	Min	Max		Result	In this matrix, each column
		Date	Hamo							admin.					recount	shows each attribute by which is
JPRN-JMA-IIA00118	Mar -13	-		Japan	Recruiting	autologous	MSCs	BM	both	IV	n/a	50	200	60		,
IRCT2014070817867N2	Oct-14	Sep-15		Iran	Not Recruiting	autologous	MNCs	BM	acute	IV	n/a	×	X	15		color-coded as follows;
ISRCTN14654908 NCT02795052	Jan-16	Jun-24		Taiwan US, UAE	Recruiting	autologous	EPCs	BM BM	chronic	IA	n/a	30	30	10	31	"Country" : North America, :
JPRN-UMIN000026130	Jun-16 Mar -17	Jun-21	HUNS001-01	lanan	Recruiting Recruiting	autologous	MNCs MSCs	BM	chronic	/+ intrana	n/a n/a	20	50	300	-	
ISRCTN15677760	May-18	Apr-26	110110001-01	Taiwan	Recruiting	autologous	CD34+	BM	acute	IA	n/a	30	30	116	-	Asia, ■: Europe, ■: South
ChiCTR-TRC-14005071	Aug-14	-		China	Recruiting	allogeneic	MNCs	UC	acute	n/a	Other	×	х	60		America, : Oceania,
NCT00473057	Dec-05	May-11		Brazil	Completed	autologous	MNCs	BM	acute	IA and IV	Phase 1	500	500	12		
NCT02065778	Dec-08	Jan-14		India	Withdrawn	autologous	MNC	BM	chronic	IT	Phase 1	х	×	0		"Status" ■: Completed, ■:
NCT02245698 NCT00859014	Dec-08	Dec-18 Nov-13		India US	Withdrawn	autologous	MNC	BM BM	n/a	IT	Phase 1	×	X	25	20	Recruiting (containing 'Not yet
NCT00859014 NCT01151124	Jan-09 Jun-10	Mar-23	CTX0F03	UK	Completed Active, not recruiting	allogeneic	MNCs	DIVI	acute	IC	Phase 1 Phase 1	300	20	25 12	22	
NCT01131124 NCT01327768	Jan-11	May-13	CIADEOS	Taiwan	Unknown status	autologous	NSCs	NT	chronic	IC	Phase 1	2	8	6	23	recruiting,' 'Active, not
NCT01518231	Jan-12	Dec-13		China	Unknown status	autologous	HSCs	BM	chronic	IA	Phase 1	4	4	40		recruiting' and 'Closed to
NCT01714167	Jun-12	Dec-15		China	Unknown status	autologous	MSCs	BM	chronic	IC	Phase 1	2	4	30		
NCT03296618	Jun-12	May-18		China	Active, not recruiting	allogeneic	NSCs	NT	chronic	IC	Phase 1	12	80	18		Recruit.'), ■: Withdrawn /
NCT01673932 NCT01845350	Oct-12	Jul-18 Oct-15		China	Recruiting Completed	allogeneic	HSCs M2	UC Others	chronic	IC	Phase 1	10	40	12 13	- 12	Terminated, : Unknown status
NCT01845350 NCT01438593	Jan-13	Dec-13		Taiwan	Unknown status	allogeneic	HSCs	UC	chronic	IC	Phase 1	×	- X	6	17	
NCT01962233	Sep-13	Dec-13		China	Unknown status	allogeneic	MSCs	UC	n/a	IV	Phase 1	100	800	10	-	"Origin" ■: Autologous, ■:
NCT02564328	Nov-14	Nov-17		China	Unknown status	autologous	MSCs	BM	chronic	IV	Phase 1	×	×	40		Allogeneic, ■: N/A, "Cell Type"
NCT02283879	Mar -15	Apr-17		China	Unknown status	allogeneic	MSCs	UC	n/a	IV	Phase 1	80	80	20		
NCT02433509	May-15	Jun-18		Taiwan	Recruiting	allogeneic	MNCs	UC	acute	IV	Phase 1	200	500	6		■: MNCs, ■: MSCs, ■:
NCT02397018	May-15	Feb-17		US	Completed	allogeneic	HSCs	UC	acute	IV	Phase 1	400	4000	10	$\Box$	CD34+/EPCs (containing M2), ■:
NCT03080571 NCT00908856	Jul-15 Jan-16	Dec-16 Dec-17		US	Completed Withdrawn	autologous	MNCs MNC	BM	acute	IA	Phase 1	X	X	20	-	
IRCT2016051327865N1	Jan-16 Aug-16	Mar-19		US	Recruiting	allogeneic	MNCs	UC BM	acute	IA	Phase 1	240	240	4	-	NSCs, : Exosome,
NCT03186456	Jul-17	Nov-18	SCLNOW	China	Not yet recruiting	autologous	MSCs	UC	acute	IV	Phase 1	40	80	40	-	"Source Organ" ■: BM, ■: UC,
NCT02813512	Oct-17	Nov-18	GXNPC1	Taiwan	Completed	autologous	MSCs	AD	chronic	IC	Phase 1	×	X	3		Source Organ . Bivi, . OC,
NCT03371329	Dec-17	Dec-20		US	Recruiting	allogeneic	MSCs	BM	acute	IC&IV	Phase 1	40	160	12		■: AD, ■: NT, ■: N/A,
NCT03570450	Jun-18	Sep-20		France	Recruiting	n/a	MSCs	AD	acute	IV	Phase 1	80	240	15		"Acute / Chronic" ■: Acute, ■:
ACTRN12618000076279	Feb-19	Jul-20		Australia	Not recruiting	allogeneic	MSCs	UC Amniotic&U	acute	IV	Phase 1	160	2560	15 5000	-	
NCT03899298 NCT03735277	Mar - 19 Apr - 19	Mar-29 Jun-22		US	Recruiting  Not yet recruiting	allogeneic allogeneic	MSCs MNCs	UC	n/a acute	V/Intranas IV+IT	Phase 1 Phase 1	500	E00	10	-	Chronic, ■: Both, ■: N/A,
NCT03735277	Mar -19	Mar-19		China	Not yet recruiting	n/a	NSCs	NT	chronic	IC	Phase 1	300	X	12	-	"Route of Administration" ■: IV,
NCT00535197	Sep-07	Dec-12		UK	Completed	autologous	CD34+	BM	acute	IA	Phase 1/2	×	×	5	27	
NCT01028794	May-08	Jul-13		Japan	Completed	autologous	MNCs	BM	acute	IV	Phase 1/2	×	Х	12		■: IA, ■: IC (containing IT), ■:
NCT00761982	Sep-08	Aug-11		Spain	Completed	autologous	CD34+	BM	acute	IA	Phase 1/2	×	Х	20	28	
NCT01298830	Oct-08	Jun-11	GLP-1CellBeads		Terminated	allogeneic	MSC	BM	n/a	IC	Phase 1/2	7.8	7.8	11	15	Multiple routes,
NCT01287936 NCT01297413	Jan-11 Feb-11	Aug-15 Nov-18	SB623	US	Completed Completed	allogeneic allogeneic	MSCs MSCs	BM BM	chronic chronic	IC	Phase 1/2 Phase 1/2	2.5	120	18 38	32	"Phase" : Phase I, : Phase
NCT01468064	Nov-11	Mar-17		China	Unknown status	autologous	EPCs	BM	acute	IV	Phase 1/2	200		20	18	I/II, ■: Phase II, ■: Phase II/III,
NCT01091701	Dec-11	May-13		Malaysia	Withdrawn	allogeneic	MSC	BM	acute	IV	Phase 1/2	160	200 160	0		
NCT01832428	Sep-14	Nov-16		India	Unknown status	autologous	MNCs	BM	n/a	IT	Phase 1/2	100	100	50		: Phase III, : N/A,
CTRI/2014/09/005028	Sep-14			India	Not Recruiting	autologous	MNCs	BM	chronic	IV	Phase 1/2	60	60	15		
NCT01453829 NCT02605707	Oct-14 Nov-14	Jun-15 Nov-17		Mexico	Withdrawn	autologous	MSC EPCs	AD BM	n/a chronic	IA&IV	Phase 1/2	×	X	0.0		"Min/Max" (million cells
NCT02605707 NCT00809549	Feb-15	Feb-15	Cordstem-ST	China	Unknown status Active, not recruiting	allogeneic	MSCs	UC	Chronic	IV	Phase 1/2	200	200	30 18	-	administrated) < 3≤ < 10≤ <
NCT01849887	Jan-16	Jan-16	COTUSCOM OT	US	Withdrawn	n/a	MSC	BM	acute	IV	Phase 1/2	×	×	0	-	30≤  < 100≤
NCT01922908	Dec-16	Dec-18		US	Withdrawn	allogeneic	MSC	BM	acute	IV	Phase 1/2	×	×	0		305 < 1005 < 3005 <
NCT03176498	Jul-17	Aug-18	SCLNOW	China	Not yet recruiting	allogeneic	MSCs	UC	acute	IV	Phase 1/2	×	х	40		1000≤■.
NCT03384433	Apr-19	Dec-21		Iran	Not yet recruiting	allogeneic	Exosome	n/a	acute	IC	Phase 1/2	×	Х	5		,
NCT03915431	Aug-19	Oct-21	NCS-01	US	Not yet recruiting	allogeneic	MSCs	BM BM	acute	IV	Phase 1/2	×	×	16 120		"Enrollment" (number of
NCT01501773 NCT02425670	Oct-08 Jan-09	Oct-11 Jun-11		India	Completed	autologous	MNCs	BM	acute	IV	Phase 2 Phase 2	30	500	120	29	patients) 0< <3≤ <10≤ <
NCT02423070 NCT00950521	Jun-09	Dec-10		Taiwan	Completed	autologous	CD34+	BM	chronic	IC	Phase 2	2	8	30	- 11	
NCT00875654	Aug-10	Oct-17		France	Completed	autologous	MSCs	BM	acute	IV	Phase 2	×	×	31	-	30≤■<100≤■<300≤■, □:
NCT01310114	Mar -11	Mar-13	PDA001	US	Terminated	allogeneic	MSC	placenta	acute	IV	Phase 2	200	800	44		N/A,
NCT01273337	Mar-11	Jan-15	ALD-401	US	Unknown status	autologous	MSCs	BM	acute	IA	Phase 2	Х	×	100	19	1
NCT01389453	Apr-11	Dec-12		China	Withdrawn	allogeneic	MSC	UC	acute	IV	Phase 2	×	×	- 0		"Study Results" ■: study with
NCT01436487 NCT01461720	Oct-11 Mar -12	Dec-15 Mar-16	MultiStem Neuroncell	US	Completed Unknown status	allogeneic	MSCs MSCs	BM BM	acute	IV	Phase 2 Phase 2	400	1200	134	15	published result, : study that
EUCTR2011-003551-18-ES	Jul-12	Mar-10	Cx611	Mataysia	Authorised	allogeneic	MSCs	AD	acute	IV IV	Phase 2	X	X	50 20		,
NCT02117635	Jun-14	Aug-17	CTX DP	UK	Completed	allogeneic	NSCs	NT	chronic	IC	Phase 2	20	20	23	-	has both published result and
NCT01678534	Sep-14	Jun-18		Spain	Recruiting	allogeneic	MSCs	AD	acute	IV	Phase 2	80	80	20		registered result in
NCT02178657	Apr-15	Apr-20		Spain	Recruiting	autologous	MNCs	BM	acute	IA	Phase 2	160	400	76		"
NCT02580019	Feb-16	Dec-17		China	Unknown status	allogeneic	MSCs	UC	chronic	IV	Phase 2	80	80	2		ClinicalTrials.gov. The number
NCT02448641	Mar-16	Dec-18	SB623	US	Completed	allogeneic	MSCs	BM	chronic	IC	Phase 2	2,5	- 5	163		indicates the corresponding
NCT03004976 ChiCTR1800014354	Mar-17 Jan-18	Dec-20	NO. FCC	US	Recruiting Recruiting	allogeneic	HSCs	UC	acute	IC	Phase 2 Phase 2	400	4000	100 36	$\square$	
JPRN-JMA-IIA00330	Jan-18 Jul-18	<u> </u>	NSI-566 STR01	Japan	Recruiting	n/a autologous	MSCs	BM	n/a chronic	IV	Phase 2	50	200	10	$\vdash$	reference of published result.
NCT03629275	Aug-18	May-20	CTX0E03 DP	US	Recruiting	allogeneic	NSCs	NT	n/a	IC	Phase 2	20	200	110	$\vdash \vdash \vdash$	
CTRI/2013/10/004105	Oct-13	, 20	- 1710200 01	India	Closed to Recruit.	autologous	MNC	BM	n/a	IT	Phase 2/3	100	100	100	-	
NCT02849613	Mar-16	Sep-20		France	Withdrawn	allogeneic	MSC	AD	acute	IV	Phase 2/3	8	8	400		
NCT02961504	Nov-17	Mar-18	HLCM051	Japan	Recruiting	allogeneic	MSCs	BM	acute	IV	Phase 2/3	1200	1200	220		
NCT01716481	Nov-12	Dec-17	Cellgram_IS	Korea	Recruiting	autologous	MSCs	BM	chronic	IV	Phase 3	X	X 200	60	$\blacksquare$	
JPRN-JMA-IIA00117 NCT03545607	Mar -13 Jul-18	Oct-20 Sep-21	MultiStem	Japan	Recruiting	autologous	MSCs MSCs	BM BM	both	IV	Phase 3	50 1200	1200	110	$\vdash$	
NC103545607	Jui-18	Sep-21	MultiStem	US	Recruiting	allogeneic	MSUS	RM	acute	IV	Phase 3	1200	1200	300		

Fig. 8 Classification and analysis by various attributes of clinical trials of cell therapy for stroke (V). This matrix indicates each study as a row and each attribute as a column, sorted by translational phase

counted (8 reported of 18 total studies). This percentage is consistent with previous reports that the trial report publication rate is 20–50%.<sup>27</sup> Although various analyses are possible, here, using stratification analysis by phase, the results show that Phase 1/2 and Phase 2 are 60% and 43%, respectively, whereas Phase 1 is low at 33%. Because Phase 1 aims to test safety, in addition to the difficulty in reporting negative results, a lack of novel topics when trials are performed use similar cell materials also suggests that reporting in such cases may be difficult. If such is the case, however, based on the recognition that the test results contribute to our knowledge regarding human response, we believe that these should be disclosed in the registry.

Overall, the analysis of reports using clinical trial registry information allowed trends to be highlighted. Moreover, even though few actual results are registered in the clinical trial registry,

tracking the publication of each trial lead to the identification of several results reports. Normally, 100% of test results should be reported within a certain number of years at the end of each trial although in reality this is seldom the case. We believe that a research focused on result reporting for clinical trials conducting research on regenerative medicine is necessary.

Recently, a phase 1 plan was registered in ClinicalTrials.gov comprising over 1000 patients and involving the administration of human-derived tissue for a wide range of diseases. However, no specific details were elaborated, such as disease kind or stage on which treatment would be based or on which kind of symptoms the patients are recruited. Such plans are not realistic and there is an element of advertising that appears to deliberately exploit the publicity of ClinicalTrials.gov. This approach, diverging from the original purpose, lessens the value of the registry and may also cause



the general public to distrust regenerative medicine itself. Rather, the issues discussed above regarding the inclusion of relevant, comprehensive, and timely information should be taken into consideration when using the registry for clinical trial registration.

In summary, we extracted 78 types of attribute data from the clinical trial registry of cell therapy for stroke and comprehensively analyzed these, revealing that MNCs/MSCs are used in relatively large volumes via IV in the acute phase, whereas in the chronic phase, NSCs are also used albeit generally through IC administration of relatively small doses. It is expected that the process of trial and error will continue in the area of regenerative medicine with regard to stroke research, as it appears not to have fully matured compared with other areas of study, as evidenced by the small number of well-controlled large-scale phase III trials. Thus, further tracking of research trends in this area appears to be warranted in the future.

#### **METHODS**

We searched the entire database at ClinicalTrials.gov on 8 July 2019 using the following search terms: condition = stroke; other = "stem cell" OR "regenerative" OR "cell therapy". Among the identified and downloaded 272 studies as CSV format, we excluded studies using only surgical procedures, low molecule weight drugs, protein drugs, or scaffolds by carefully reading the descriptions of the individual studies, and selected 74 studies corresponding to cell therapy, which administered cells to humans to examine their safety and efficacy. Furthermore, the relevant studies were re-surveyed using the product name, development code, and/or sponsor's name described in the 74 studies as search terms and were selected manually. Three additional studies were found to be incorporated into the 74 studies.

Furthermore, we surveyed the ICTRP portal site on 8 July 2019, and the relevant studies were selected in the same manner and downloaded as XML format. After carefully excluding duplication with those obtained from ClinicalTrials.gov, 14 additional studies were chosen. From the total of these 91 subjects, excluding those 13 studies targeting sickle blood cells and children, 78 studies were selected for subsequent analysis.

We performed the processing of datasets using Microsoft Excel 2016 manually as follows; we recorded the organ used as the cell source, cell type, product name (if any), and country where the clinical study was performed. The cell sources used were classified as BM, NT, AD, UC, and others. BM included peripheral blood and fractionated blood cells. AD included all materials described as adipose and fat. UC set contained stem cells derived from UC blood, placenta, and amniotic membrane/fluid. All cell sources classified as UC were regarded as "allogeneic".

The cell types used were classified as MNCs, MSCs, CD34+/EPCs, NSCs, and others according to the description. MNCs in our analysis included naive cells. BM stem cells that could be identified as MNCs by their description were classified as MNCs and the others were classified as MSCs.

According to the description of each inclusion criteria, a subject within 90 days after onset was classified as acute phase, and those exceeding it were classified as chronic phase. According to the description of each study, it was classified as IV, IA, or IC (including intrathecal).

For examining the transition analysis of study design (controlled and noncontrolled study), we used a total of 67 studies excluding withdrawal or terminated studies.

## Reporting Summary

Further information on research design is available in the Nature Research Reporting Summary linked to this article.

#### **DATA AVAILABILITY**

The data is available publically through the WHO ICTRP portal and ClinicalTrials.gov. The raw data that support the findings of this study are available from the corresponding author upon reasonable request.

# **CODE AVAILABILITY**

We performed the generation and processing of datasets described above using Microsoft Excel 2016, without any special coding.

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#### **AUTHOR CONTRIBUTIONS**

T.N., M.M., H.O. and A.M. conceived of the work; T.N., S.H., M.M., S.Y., N.T. and H.O. processed and analyzed the data; T.N., S.H., M.M., S.Y. and H.O. wrote the paper. All authors contributed to manuscript editing.

### **COMPETING INTERESTS**

The authors declare no competing interests.

### **ADDITIONAL INFORMATION**

 $\begin{tabular}{lll} \textbf{Supplementary information} & is available for this paper at $https://doi.org/10.1038/s41536-019-0082-7. \end{tabular}$ 

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