

A new computed tomography score – based staging for melioidosis pneumonia to predict progression

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Background: Melioidosis pneumonia, caused by the bacterium *Burkholderia pseudomallei*, is a serious infectious disease prevalent in tropical regions. Chest computed tomography (CT) has emerged as a valuable tool for assessing the severity and progression of lung involvement in melioidosis pneumonia. However, there persists a need for the quantitative assessment of CT characteristics and staging methodologies to precisely anticipate disease progression. This study aimed to quantitatively extract CT features and evaluate a CT score—based staging system in predicting the progression of melioidosis pneumonia.

Methods: This study included 97 patients with culture-confirmed melioidosis pneumonia who presented between January 2002 and December 2021. Lung segmentation and annotation of lesions (consolidation, nodules, and cavity) were used for feature extraction. The features, including the involved area, amount, and intensity, were extracted. The CT scores of the lesion features were defined by the feature importance weight and qualitative stage of melioidosis pneumonia. Gaussian process regression (GPR) was used to predict patients with severe or critical melioidosis pneumonia according to CT scores.

Results: The melioidosis pneumonia stages included acute stage (0–7 days), subacute stage (8–28 days), and chronic stage (>28 days). In the acute stage, the CT scores of all patients ranged from 2.5 to 6.5. In the subacute stage, the CT scores for the severe and mild patients were 3.0–7.0 and 2.0–5.0, respectively. In the chronic stage, the CT score of the mild patients fluctuated approximately between 2.5 and 3.5 in a linear distribution. Consolidation was the most common type of lung lesion in those with melioidosis pneumonia. Between stages I and II, the percentage of severe scans with nodules dropped from 72.22% to 47.62% (P<0.05), and the percentage of severe scans with cavities significantly increased from 16.67% to 57.14%

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(P<0.05). The GPR optimization function yielded area under the receiver operating characteristic curves of 0.71 for stage I, 0.92 for stage II, and 0.87 for all stages.

Conclusions: In patients with melioidosis pneumonia, it is reasonable to divide the period (the whole progression of melioidosis pneumonia) into three stages to determine the prognosis.

Keywords: Melioidosis pneumonia; chest computed tomography (chest CT); computed tomography score (CT score); staging; prognostic prediction

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Introduction

Melioidosis pneumonia is an infectious pneumonia caused by *Burkholderia pseudomallei* (1). Melioidosis has a fatality rate of 10–50% (2), with some models suggesting that 89,000 related deaths occur worldwide each year (3). Patients with acute melioidosis pneumonia are at a higher risk of septic shock, acute respiratory distress syndrome, and death (1,4).

The scientific staging of melioidosis pneumonia can provide guidance for prognosis, and the imaging manifestations are direct evidence of progression and play a central role in the diagnosis and management of pneumonia. The typical imaging features of melioidosis pneumonia are rapid lung disease progression with disseminated nodules and cavities, and patients with melioidosis pneumonia are at an increased risk of multiple organ dysfunction syndrome, which is a major factor leading to poorer clinical outcomes (5,6). Computed tomography (CT) is the most suitable technology for displaying and quantifying of the relevant details, such as early abscesses and cavities in the lungs, that are the main factors affecting severe or critical diseases (7,8). At present, the commonly used clinical staging of melioidosis pneumonia is based primarily on the clinical symptoms and signs of patients (9,10). However, this method lacks key parameters related to clinical outcomes, and providing reliable and valuable information for further diagnosis and treatment plans can be difficult under this clinical staging system. Therefore, there is an urgent need to develop a scientifically informed staging system for melioidosis pneumonia based on CT imaging and clinical outcomes.

In this study, we aimed to develop a new CT score as an important marker for predicting the progression of melioidosis pneumonia. Using multicenter melioidosis pneumonia data, we sought to evaluate a CT score—based staging system for predicting the progression of melioidosis pneumonia to severe or critical disease (*Figure 1*) and to provide a more accurate, fast, and reliable imaging assessment method for the clinical treatment and prognosis of melioidosis pneumonia. We present this article in accordance with the TRIPOD reporting checklist (available at https://qims. amegroups.com/article/view/10.21037/qims-23-1476/rc).

Methods

Dataset

The data used in this study comprised two parts. The first part was for lung segmentation and consisted of the open source novel coronavirus disease 2019 (COVID-19) dataset (11); this was combined with data from 10 participants with melioidosis pneumonia and annotated lung regions who were randomly drawn from the second part (the details of which are described below) as determined by expert radiologists (see Table 1). We randomly selected 120 scans (600 slices) of patients with COVID-19 and 7 scans (353 slices) of patients with melioidosis pneumonia for training. Meanwhile, 30 scans (150 slices) of patients with COVID-19 and 3 scans (121 slices) of patients with melioidosis pneumonia were used for testing (see Table 1). Finally, considering the unbalanced training data, we augmented the training images of patients with melioidosis pneumonia four times using left-right and up-down flipping. The second portion of data used for staging and predicting melioidosis pneumonia were collected from 11 hospitals in Hainan Province, China (see Appendix 1). This data set included 97 patients who had undergone continuous chest CT examinations between January 2002 and December 2021 throughout their treatment. The images were acquired with Siemens Healthineers, GE HealthCare, Toshiba, Philips and Neusoft CT machines. The patients whose CT images met the criteria for the radiologist's requirements for disease diagnosis were included, with one senior physician assessing the image quality. Of these

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Figure 1 Framework of the modeling. This study aimed to quantitatively extract computed tomography features and evaluate a computed tomography score—based staging system in predicting the progression of melioidosis pneumonia. (A) First, for easy feature extraction, lung segmentation and the annotation of lesions (consolidation: yellow, nodules: green, and cavities: orange) were used in preprocessing. (B) Second, the features, including the involved area, amount, and intensity, for each of the three lesions were extracted. (C) Third, the computed tomography scores of the lesion features were defined by the feature importance weight. We could qualitatively stage melioidosis pneumonia into three stages. (D) Finally, we employed Gaussian process regression to predict severe or critical melioidosis pneumonia using computed tomography scores. CT, computed tomography.

Table 1 Dataset for lung segmentation

Data	Training	Testing
	(participant/scan/ slice)	(participant/scan/ slice)
Melioidosis pneumonia	7/7/353	3/3/121
COVID-19 (11)	120/120/600	30/30/150

COVID-19, coronavirus disease 2019.

97 patients, 46 (47.42%) had multiple CT scans (mild disease, 40.21%%; severe disease, 7.22%). We excluded patients without CT scans or with incomplete clinical data or in a severe condition not caused by melioidosis pneumonia (e.g., stroke). Scan sets containing any motion artifacts were excluded from the study. Patients with melioidosis pneumonia complicated by other pulmonary diseases (e.g., tumors or tuberculosis) or secondary melioidosis pneumonia (other systemic and visceral infections accompanying the initial symptoms and followed by pulmonary infection) were excluded (Figure 2). All patients were diagnosed based on culture. Standardized treatment of melioidosis pneumonia was considered to be targeted therapy for melioidosis conducted after a positive melioidosis test based on the drugs recommended according to drug sensitivity testing. The end point in the study was defined as severe or critical illness requiring admission to the intensive care unit (ICU) or respiratory support treatment (e.g., oxygen therapy via face mask, noninvasive techniques, full ventilatory support with endotracheal intubation) or death. In our melioidosis

dataset, no patients died in the mild group, and there were 30 patients in the severe group, with a mortality rate of 20%. In this study, patients with this type of melioidosis pneumonia were uniformly classified into the severe group, while other patients were classified into the mild group. In the prediction, we randomly divided each dataset into two independent sets (training and testing sets) at a ratio of 7:3, with the scan levels for stage I (training: 15 scans of mild patients; testing: 6 scans of mild patients and 18 scans of severe patients), stage II (training: 40 scans of mild patients; testing: 20 scans of mild patients and 21 scans of severe patients), and stage III (training: 36 scans of mild patients for training; testing: 13 scans of mild patients and no scans of severe patients). It should be noted that none of the CT images overlapped between the training set and testing set (Figure 2).

This study (registration No. ChiCTR2200060613) was conducted in accordance with the Declaration of Helsinki (as revised in 2013) and approved by the institutional review boards of two medical centers: West China Hospital of Sichuan University (No. 844) and Central South University Xiangya School of Medicine Affiliated Haikou Hospital of Biomedical Ethics Committee (No. SC20210192). The requirement for written informed consent was waived due to the retrospective nature of the study.

Lung segmentation and lesion annotation

To evaluate the performance of the automatic segmentations,



Figure 2 Flowchart showing the study population and exclusion criteria for the data.

we compared the spatial- and channel-wise coarse-tofine attention network (SCOAT-Net) (12) segmentation with three other deep learning (DL)-based methods, including U-Net (13), U-Net++ (14), and fully convolution network (FCN) (15). SCOAT-Net, which showed the best performance, was employed for lung segmentation. We used Medical Imaging Interaction Tool (MITK) software to label the CT images of melioidosis pneumonia, which were manually labeled and segmented by four attending physicians (Long Fan, Yi Lin, Lifeng Li and Zidong Lv) according to the three signs (consolidation, nodules, and cavitation) (10) and identified with red, yellow, and blue indicators. The physicians were blinded to the clinical metadata according to the diagnostic criteria of Thoracic Imaging Pulmonary and Cardiovascular Radiology (16). A senior physician (Y.Z.) reviewed the types of signs and lesion boundaries via manual segmentation and finally reached an agreement with the attending physicians (Figure S1). We annotated 791 consolidation lesions, 3,919 nodular lesions, and 357 cavity lesions from all 169 CT scans.

In addition, there were two phases completed in CT image preprocessing: resolution regularization and Hounsfield unit (HU) value normalization (see Appendix 1).

Feature extraction and importance of CT features

Based on the annotated lesion labels and DL-based lung segmentation of the series of two-dimensional (2D) CT images, we could easily obtain the features of lung and lesions in three-dimensional (3D) space after postprocessing (for the details and distributions of some features, see Figure S2). Each feature value was derived from one CT scan of one participant. To extract the features of melioidosis pneumonia, we devised a feature extraction algorithm (see Appendix 1), the features of which included the involved area (volume), amount (number), and intensity (HU) of each of the three lesions (consolidation, nodules, and cavity). If the calculation of the change rate at a given time involved only one CT examination, and thus the CT lesion value at the initial onset time would be set to zero. Hence, data on a single CT and the timing of symptom onset were adequate for predicting the severity of the illness.

Furthermore, we included a time feature sourced from the contemporary medical history of the patient's electronic medical record that represented the time elapsed since the onset of symptoms. To analyze which features are more important in the prediction of severe versus critical illness, a random forest (RF) machine learning algorithm consisting of 50 trees was applied (17). We also calculated the out-ofbag error. We stratified the dataset and randomly split the dataset into a training set using 70% of the data (118 scans; 93 mild; 25 severe) and tuning set using 30% of the data (51 scans; 37 mild; 14 severe). We obtained the average importance ranking for feature selection.

CT score

We computed a new CT score from the important features selected by the RF. First, to eliminate the extreme difference caused by the difference in measurement units between the different features, the histogram (frequency) distribution of each feature was calculated, and all the features were binned into scores of 1 to 10 (Eq. [1]). Second, the feature vectors of the prediction results were sorted via the RF importance (Eq. [2]). According to the different contribution values of the different feature vectors to the prediction results, the weights were assigned to make the scores more separable for prediction of severe versus critical illness. The CT score is defined in Eq. [3]:

$$f_{staging}\left(i\right) = B\left(f\left(i\right)\right)$$
^[1]

$$w_i' = \frac{w_i}{\sum_{j=1}^m w_i}$$
[2]

$$s = \sum_{i=1}^{m} w'_{i} f_{staging}\left(i\right)$$
[3]

where $f_{staging}$ is the binned features belonging to an integer value between 1 and 10; *B* is the binning; W_i is the weight of the importance from RF of the *i* th feature, i = (1, m); w'_i is the normalized importance of the *i* th feature; *s* is the CT score; and *m* is the number of features.

Server prediction with Gaussian process regression (GPR)

We further used the CT scores to predict severe versus critical illness at different stages using GPR (18). GPR

is a nonparametric algorithm that assigns a probability to describe sequence data and can be used to predict progression (19). First, we standardized the CT score as follows:

$$s' = \frac{s - E(s)}{\delta(s)} \tag{4}$$

where E is the mean value, and δ is standard deviation. Therefore, we assumed a probabilistic function $s' = f(t) + \varepsilon$ with independent and identically normally distributed noise ε . We trained a GPR model to approximate the following:

$$f(t) = GPR(\mu(t), k_{\theta}(t, t'))$$
^[5]

where $\mu(t)$ is the mean function, and k_{θ} is the covariance function with hyperparameters θ . Finally, in the GPR training performed by SciKitLearn (20), the Gaussian kernel was selected as the kernel function, and limitedmemory Broyden-Fletcher-Goldfarb-Shanno algorithm (L-BFGS) (21) was selected as the hyperparameter optimization function, with the noise figure being set to 0.75.

Statistical analysis and evaluation metrics

Statistical analyses were performed by using Origin 2018C software (OriginLab Corporation, Northampton, MA, USA). All quantitative data are presented as raw values unless otherwise specified. The comparisons of quantitative data were evaluated by using the Kolmogorov-Smirnov test. P<0.05 was indicative of a statistically significant difference. Moreover, we applied six metrics to evaluate the segmentation and prediction performance. Dice coefficient and pixel accuracy were used to evaluate the lung field segmentation performance. The accuracy, sensitivity, specificity, and area under the curve (AUC) were used to evaluate the performance of the classifiers.

To protect patient privacy, patient-related data are not publicly accessible, but all data are available upon reasonable request emailed to the corresponding author. All the codes are available online (https://github.com/Rsolut1on/MP_ CTscore).

Results

Patients

A total of 97 patients (84 men and 13 women) were included in the study. The mean patient age was 54 ± 20 years for the

Table 2 Characteristics	of the	patient cohort
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Parameter	Severe (n=30)	Mild (n=67)	P value
Sex			>0.05
Male	25 [83]	59 [88]	
Female	5 [17]	8 [12]	
Age (y)	54±20	50±12	>0.05
Time between initial symptoms and admission (d)	7±4	14±16	<0.05
Season (spring:summer:fall:winter)	3:16:9:2	4:24:31:8	>0.05
Time between admission and diagnosis (d)	6±4	7±6	>0.05
Hospitalization period (d)	21±16	23±12	>0.05
Smoking (y)	13 (43.3)	26 (38.8)	>0.05
Alcohol drinking (y)	10 (33.3)	12 (17.9)	>0.05
Diagnosed with diabetes	12 (40.0)	42 (62.7)	>0.05
Duration of diabetes (y)	3±5	2±3	>0.05
Diabetes treatment not standardized	4 (33.3)	21 (50.0)	>0.05

Except where indicated, data are the numbers of patients, with percentages in parentheses. Data are presented as the mean \pm SD where applicable. y, years; d, days; SD, standard deviation.

severe group and 50 ± 12 years for the mild group (*Table 2*). A portion of patients had diabetes (severe patients: 12/30, 40.0%; mild patients: 42/67, 62.7%), and the majority did not undergo standardized treatment (severe patients: 4/12, 33.3%; mild patients: 21/42, 50.0%). Fewer than half of the patients had a history of smoking and alcohol drinking. The relevant clinical critical periods are also listed in *Table 2*. The incidence of melioidosis pneumonia was higher in the rainy season (April to September) than in the other seasons (80 *vs.* 17; P<0.05). The severe group was admitted earlier and therefore received standardized treatment earlier compared to the mild group (severe: 7 ± 4 days; mild: 14 ± 16 days; P<0.05).

Feature extraction and CT score

First, we trained SCOAT-Net (12) for lung segmentation. The CT images were segmented into two parts: lung and the other tissues (*Figure 3*). Second, using RF, we calculated the importance of all 24 features by labeling whether the patient with this scan would develop severe or critical disease. Combining clinical knowledge and the experimental results (2,10) (see Appendix 1), we selected 12 image features and 1 clinical feature, as shown in *Table 3*. The relative importance of the selected image features is shown in *Figure 4*. Third, we binned 12 features into scores of 1 to 10 using histograms

(Figure S3). Finally, the CT score was obtained based on the 12 image features with importance (*Figure 5A*).

Staging

It was difficult to distinguish mild (blue dots) from severe (red dots) patients within approximately 7 days after the onset of symptoms, and the CT scores of both the severe and mild patients ranged from 2.5 to 6.5 (Figure 5A). In the patients who did not develop severe disease after 28 days (in our dataset), the CT score of the mild patients fluctuated approximately between 2.5 and 3.5 in a linear distribution (Figure 5B). Between these two time points, the main range of the CT scores for the severe patients was 3.0-7.0 (*Figure 5C*), and the range of the CT scores for the mild patients was 2.0-5.0 (Figure 5B). On the basis of the CT score distribution above from day 0 to day 100 after disease onset, three stages were identified from the onset of initial symptoms (Figure 5A): stage I (acute stage: 0-7 days, 39 scans), stage II (subacute stage: 8-28 days, 81 scans), and stage III (chronic stage: >28 days, 49 scans). For the CT scores, there were significant differences among the three stages (stage I vs. stage II: P<0.001; stage II vs. stage III: P<0.001; stage I vs. stage III: P<0.001).

There were different changes in the kind of lesions between the three stages. Because volume demonstrated



Figure 3 Examples of the lung segmentation (SCOAT-Net) and lesion annotation. For each pair of images, (A) the original computed tomography image and (B) the visualization of the lung segmentation and lesion annotation are presented (blue: consolidation; red: nodules; yellow-green: cavities). SCOAT-Net, spatial- and channel-wise coarse-to-fine attention network.

the greatest variability among all 12 imaging features, we used the performance and changes of this feature in the three stages to further elaborate the clinical rationality of staging based on the CT score. Consolidation is the most common lesion type in melioidosis pneumonia, and the volume ratio of consolidation lesions decreased successively in the three stages in both the severe (91.80% to 83.84%) and mild cases (93.70% to 66.78%) (Figure S4A). As a result, the proportion of nodules and cavities increased from less than 20% (stage I) to approximately 40% (stage III) (Figure S4A). Figure S4B shows the volume ratio when compared to the lung volume for the three types of lesions in three stages. We can see that the three types of lesion volume ratios in the scans of the patients who would develop severe disease increased significantly from 10.28% to 21.54% between stages I and II. There was only a slight increase from 5.65% to 7.84% in stages I and II, and stage III dropped significantly to a level (2.91%) lower than that of stage I for the scans of mild disease (Figure S4B). In our data, no severe cases progressed to stage III, which may indicate improvement or a severe outcome in stage II.

The proportion of scans with nodules and cavities is shown in Figure S4C. Among the 169 CT scans, nodules were present in 40 (23.67%), consolidation was present in 160 (94.67%), and cavities were present in 71 (42.01%). The percentage of the severe scans with nodules decreased from 72.22% (13 of 18 scans) to 47.62% (10 of 21 scans) between stages I and II (P<0.05). Meanwhile, in the severe scans, the percentage of scans with cavities significantly increased from 16.67% to 57.14% (P<0.05). Furthermore, the percentages of scans with nodules and cavities in the mild group were both slightly increased between the first two stages (nodules: 76.19% to 85.00%; cavities: 52.38% to 65.00%). In stage III, only the mild scans were collected.

Prediction of severe disease

To predict whether the patients in different stages would develop severe disease, we projected the standardized image features to the Z score through the confidence interval (CI) of the GPR. Overall, we found that points above the 95% CI were associated with a higher probability of severe disease [*Figure 6A*: posterior mean and 95% (\pm 1.96) (dashed lines) and 99.7% (\pm 3) credible intervals (dotted lines) estimated from the training data (gray)]. Additionally, to predict severity, we projected the standardized CT score to the Z score using the GPR credible interval for prediction (*Figure 6B*).

The result of the receiver operator characteristic evaluation for quantifying the predictive potential of the proposed GPR model is shown in *Figure 6C,6D*. Importantly, because there were no severe patients in stage III, the AUCs of the first stage and the second stage were calculated. The results showed that the GPR optimization

Table 3 The extracted computed tomography features
Feature
Time from onset of initial symptoms**
Ratio of volume
All lesions*
Consolidation*
Nodule*
Cavity
Ratio of volume of individual lesions
Nodule (max*, mean, min, and median*)
Cavity (max, mean*, min*, and median)
Max Hounsfield unit
Consolidation
Nodule
Min Hounsfield unit
Consolidation
Nodule
Rate of volume change
All lesions*
Consolidation*
Nodule*
Cavity*
Number of lesions
Nodule
Cavity*
Ratio of air to cavity
*, a selected image feature; **, a clinical feature.

*, a selected image feature; **, a clinical feature.

function with L-BFGS had an AUC of 0.71 and 0.92 for stage I and stage II, respectively, which was superior to the AUCs of 0.71 and 0.88, respectively, yielded with ordinary least squares (OLS). In addition, the AUC for the all stages was calculated, yielding an AUC of 0.87 for L-BFGS and an AUC of 0.85 for OLS.

Discussion

In this study, we found that the CT score based on different stages of melioidosis pneumonia can be used as a quantitative indicator to improve clinicians' ability to



Figure 4 The normalized importance of the twelve characteristic features.

predict severe or critical disease. The patients in this study are similar to those reported internationally in terms of sex, age, season of onset, and underlying diseases (22), which suggests that the results of this study can be generalized.

Traditional CT quantitative estimates are mainly performed by radiologists and are therefore affected by inter- and intraobserver consistency. In recent years, quantitative analysis methods (23,24) of CT images have often incorporated first-order statistical features, texture features, and wavelet features in radiomics, but these are too numerous for the physicians evaluating them (25). We manually annotated the lesions and conducted targeted feature extraction, which included calculating changes between each image feature and previous features and determining the proportion of lesion volume relative to the entire lung volume. Finally, we incorporated medical expertise to perform feature selection (2,10), which not only could reflect the disease development process but also reduce the staging instability caused by individual differences. The machine learning method was used to obtain CT scores by weighting according to the contribution of reliable and quantitative CT feature parameters (26). In the process, we found that the rate of volume change, which reflected progression, contributed the most to the prediction. However, in real clinical work, due to economic, radiation, and other reasons, it is often difficult to obtain multiple CT examinations in a short period of time. Most patients had only one CT examination before they progressed to severe disease. The

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Figure 5 CT scores of the patients with melioidosis pneumonia based on chest CT scans from the time of onset of the initial symptoms. (A) Graph showing the dynamic changes in the computed tomography score for each scan. The lines between the dots indicate that the scans belong to the same patient. (B) Graph showing the scans of the patients who would not develop severe disease (linear fitting: y=-0.0058x + 3.1881, where *x* is the time from the onset of the initial symptoms, and *y* is the computed tomography score; R²=0.0656; P<0.005). (C) Graph showing the scans of the patients who would develop severe disease. CT, computed tomography; d, days.



Figure 6 The L-BFGS Gaussian process for predicting a severe outcome in patients, with the receiver operating characteristic curve for the CT score in predicting severe disease in the mild test set and severe set. (A) Posterior mean and 95% (±1.96) (dashed lines) and 99.7% (±3) credible intervals (dotted lines) estimated from the training data (gray). The test set includes the data from mild patients (blue) and the data from severe patients (yellow) and connects multiple samples belonging to the same patient. (B) Scatter plot of the Z score *vs.* time showing that there are different boundaries in the different stages. The Z scores tended to be higher in the patients with severe pneumonia. (C) For stages I and II, the L-BFGS yielded AUCs of 0.71 and 0.92, respectively, while OLS yielded AUCs of 0.71 and 0.88, respectively. (D) In all the scans for all stages, L-BFGS and OLS versions yielded AUCs of 0.87 and 0.85, respectively. CT, computed tomography; d, days; L-BFGS, limited-memory Broyden-Fletcher-Goldfarb-Shanno algorithm; AUC, area under the curve; OLS, ordinary least squares.

calculation of the change rate with this number will set the CT lesion value at the initial onset time to zero, so it does not necessarily reflect the actual changes in the lesions. In contrast, the ratio of the lesion volume to the entire lung volume may be the most objective and robust indicator (27,28). The CT score in this study included capturing both the static range and the dynamic change rate of the disease, and the combination of the two side parameters may be able to truly reflect the severity of disease progression. In addition, we proposed a Gaussian model for staging melioidosis pneumonia according to the prognostic status because the relationship between the severity of pneumonia and the risk of adverse outcomes is unlikely to be linear. Gaussian models are a better solution for these types temporal classification problems (18).

In this study, (I) stage I was consistent with the clinical stage reported by Dhiensiri et al. (10), and pulmonary lesions in the early stage of the disease are characterized by capillary vasculitis and accompanying alveolar hemorrhage and destruction (2). Compared to those of mild patients, the volume ratio of consolidation and the proportion of scans with nodules in severe patients were not significantly different, which suggests that it is difficult to predict the disease by imaging at the early stage of the disease. However, the possibility of developing severe disease should be closely monitored, and the change rate of lesions might be a more sensitive indicator for predicting severe disease. (II) Stage II referred to Dhiensiri et al.'s (10) and Currie et al.'s (9,29) clinical staging of melioidosis pneumonia (<2 months, equal to 8 weeks) and the characteristics of this group of data (almost no severely ill patients after 28 days). Staging in this study being conducted on a weekly basis (28 days, equal to 4 weeks). In the severe group, the volume ratio of all lesions increased (10.28% to 21.54%; P<0.05), the percentage of nodules decreased (72.22% to 47.62%; P<0.05), and the percentage of cavities significantly increased (16.67% to 57.14%; P<0.05), which suggests that as the disease progresses, the lesions become granuloma-like, small abscesses appear, and then cavities form (10,30). (III) None of the severe patients were stage III, indicating that the subacute stage may be a critical period for disease outcomes. The proportion of nodules and cavities is increased, which is similar to the radiographic findings of small nodules and cavities in the chronic stage reported in the literature (31). Our findings thus suggest the superiority of an prognosis staging based on the imaging of patients, and the staging may be more accurate and more in line with the clinical needs.

There are some limitations in this study that should

be addressed. First, the results of this study are only applicable to patients with melioidosis pneumonia whose first symptom is a pulmonary infection, as determining the onset time of secondary melioidosis pneumonia is difficult. Second, while the rate of volume change may be used as an important indicator for prognostic prediction, it is often challenging to obtain clinically. Third, the number of cases was relatively small; however, the data were obtained from multiple centers, and thus the results of this study maintain some representativeness.

Conclusions

For patients with melioidosis pneumonia, it is reasonable to categorize the disease progression into three stages, with stage II serving as a potential pivotal point in determining progression. The evaluation of the patient's risk of severe progression based on CT scores can assist in treatment planning.

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Footnote

Reporting Checklist: The authors have completed the TRIPOD reporting checklist. Available at https://qims.amegroups.com/article/view/10.21037/qims-23-1476/rc

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013) and was approved by the institutional review boards of two medical centers: West China Hospital of Sichuan University (No. 844) and Central South University Xiangya School of Medicine Affiliated Haikou Hospital of Biomedical Ethics Committee (No. SC20210192). The requirement for written informed consent was waived due to the retrospective nature of the study.

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