



Review Shaping Macromolecules for Sensing Applications—From Polymer Hydrogels to Foldamers

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Abstract: Sensors are tools for detecting, recognizing, and recording signals from the surrounding environment. They provide measurable information on chemical or physical changes, and thus are widely used in diagnosis, environment monitoring, food quality checks, or process control. Polymers are versatile materials that find a broad range of applications in sensory devices for the biomedical sector and beyond. Sensory materials are expected to exhibit a measurable change of properties in the presence of an analyte or a stimulus, characterized by high sensitivity and selectivity of the signal. Signal parameters can be tuned by material features connected with the restriction of macromolecule shape by crosslinking or folding. Gels are crosslinked, three-dimensional networks that can form cavities of different sizes and forms, which can be adapted to trap particular analytes. A higher level of structural control can be achieved by foldamers, which are macromolecules that can attain well-defined conformation in solution. By increasing control over the three-dimensional structure, we can improve the selectivity of polymer materials, which is one of the crucial requirements for sensors. Here, we discuss various examples of polymer gels and foldamer-based sensor systems. We have classified and described applied polymer materials and used sensing techniques. Finally, we deliberated the necessity and potential of further exploration of the field towards the increased selectivity of sensory devices.

Keywords: polymer gels; hydrogels; foldamers; sensing; biosensing

1. Introduction

Sensing is a very important division in applied sciences, present in several sectors such as diagnosis and treatment [1,2], environment monitoring [3], processes control [4], and food quality analysis [5]. Quickly developing medicine requires tools for rapid, cost-effective, and reliable diagnosis to provide proper patient treatment. This need has distinctly become evident in the crisis of the COVID-19 outbreak, generating a huge necessity for widespread testing. Besides medicine, effective sensors are needed for security reasons, e.g., to be able to detect illegal explosives. Moreover, facing climate changes, environmental monitoring has become crucial to mitigate harmful effects. However, there is a lack of appropriate tools. The World Health Organization (WHO) has warned about the importance of water quality monitoring to control the level of bioactive substances. However, suitable methods have not been developed so far [6]. The need for sensors is huge and unsatisfied due to the insufficiency of affordable and practical devices suitable for common use.

A typical sensor is a device able to receive signals and stimuli from the environment and deliver output data about changes in its surroundings [7,8]. In other words, the function of a sensor is to detect events or changes in the environment and provide information about these alterations. The crucial component of the sensor is a probe material, sensitive



Citation: Giuffrida, S.G.; Forysiak, W.; Cwynar, P.; Szweda, R. Shaping Macromolecules for Sensing Applications—From Polymer Hydrogels to Foldamers. *Polymers* 2022, 14, 580. https://doi.org/ 10.3390/polym14030580

Academic Editors: Miryam Criado-Gonzalez and Rebeca Hernandez Velasco

Received: 5 January 2022 Accepted: 23 January 2022 Published: 31 January 2022

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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). to particular changes (e.g., temperature, presence of an analyte, pH), able to transduce information to a readable physical signal [9,10]. Usually, the probe material determines the sensing parameters, such as detection limit, selectivity, specificity, and appropriate detection method. Several ways to transduce such signals have been established and classified according to various detection techniques. Among them, we can distinguish optical sensing (absorbance, reflectance, luminescence, fluorescence, index of refraction, opto-thermal and scattering effects); electrochemical sensing (voltammetry, amperometry, potentiometry and field-effect); mass sensing (piezoelectricity and surface acoustic wave effects); thermometric sensing (heat effects derived from chemical reaction or absorption); and radiation sensing (based on the absorbance of radioactive species) [11]. Apart from this classification, sensors can be classified by their probe elements (such as polymer, ionophore, enzymes, antigens/antibodies, cell, protein and membrane receptors, tissues, oligonucleotides, specific ligands, etc.) and by the sensed analyte (such as glucose, DNA, enzymes, toxins, drugs, etc.). Sensing and biosensing have progressively become crucial for various applications, e.g., process regulation, quality control, environmental monitoring, and diagnosis.

Polymers are versatile materials that represent a broad range of properties and stimuliresponsiveness, thus very attractive for sensors construction [12–16]. These materials can be adapted to specific tasks through their synthesis or modification [17–19] and may be used as solid membranes, gels, nanoparticles, or thin films [20–23]. Polymer gels are three-dimensional networks that can form cavities of different sizes and shapes, which can be adapted to trap particular analytes. Those features have been used to obtain various sensory materials [7,23–26]. Gels can be formed by covalent or non-covalent bonds, e.g., ionic and hydrogen bonds [27]. Gel materials in sensing can be generally classified into hydrogels formed by natural [28–31] or synthetic [16,32,33] polymers [22,25]. Gels coupled with other types of materials, e.g., gold nanoparticles [34–38] and quantum dots [39,40], can be distinguished as a hybrid group of hydrogel materials [31]. An interesting materials in the context of sensing applications are foldamers [41–43]. These materials can attain particular secondary structures, similarly to natural peptides and proteins, thus they are very attractive as sensory materials. The foldamer-based sensors have been described in a separate section of this review article. Another type of crosslinked polymer material widely applied in sensing is molecularly imprinted polymers [44]. The principle of molecular imprinting is based on the self-assembly of a crosslinked polymer matrix in the presence of a template molecule. In these materials, monomers should be carefully chosen to present a proper functional group to interact covalently or non-covalently with a template molecule. The assembled structure is covalently stabilized by a polymerization reaction and the template analyte is removed, leaving a cavity fitted to the analyte. Molecularly imprinted polymers are a subject of several review articles [45–48] and are not discussed in this article.

Here, we discuss various examples of polymer gel-based sensor systems. This article briefly classifies gels with an emphasis on the chemical structure based on examples from the last decade. We discuss applied detection techniques and sensing parameters used for polymer gel systems. Finally, we deliberated the necessity and possibility of further exploration of the field towards the increased selectivity of polymer materials. We mention some recent advances in the field of gels, along with unsolved issues, and suggest possible solutions.

2. Hydrogel Materials in Sensing

Polymeric hydrogels are viscoelastic networks resembling deformable solid-state materials made of hydrophilic polymers, but due to the crosslinked structure they are not soluble in water, yet highly absorbent [49,50]. The water-uptake capability of the hydrogel provides a suitable environment for biomolecules. Thus, they maintain long-term bioactivity [51,52]. Hydrogel structures can be formed by covalent or non-covalent interactions, forming interconnections called crosslinks, among the polymer backbone parts [53,54]. The nature of the crosslinks may be either chemical, via covalent bonds, or

physical, via weak interactions such as coordinative, electrostatic, hydrophobic and dipoledipole or chain entanglements between the segments of the network [23,55]. The capacity to retain a high content of water imparts to the hydrogels the ability to swell and be soft materials stable in aqueous media [56,57]. The properties of the hydrogels can be easily modulated by structure modification to induce responsiveness to external stimuli [58,59] or sensitivity to particular analytes [60]. Hydrogels can undergo volume-phase transitions when they are exposed to a stimulus or molecular interactions with the analyte. Such phase transition results in changing hydrogel properties, e.g., swelling, collapse, or solutionto-gel transition, transparency, and conductivity, which can be exploited to construct sensor probes [7,24,56]. They can change their properties under external inputs, e.g., the presence of particular ions [61] or bioactive molecules, pH [62–64], temperature [65], light radiation [66], electric [67,68] or magnetic [69,70] fields, etc. [71]. For example, pH-sensitive hydrogels contain carboxylic or amine groups in their chains which can respond to the change of pH and ionic strength in the medium [63]. Depending on pH, the hydrogel displays reversible swelling/de-swelling properties [26,72]. Another method to derivatize the hydrogels is to attach (bio)molecules that can recognize selectively particular ligands. For instance, Wei et al. developed a microfluidic device that incorporates an aptamer-based hydrogel for the detection of cocaine [56,73]. Hydrogels, thanks to the aforementioned characteristics, such as the ability to retain molecules of water and swell in media, softness, and ease of derivatization, have gained interest as transducer materials in sensing and biosensing technologies [7,9,12].

Examples of hydrogel sensing and biosensing applications are listed in Tables 1 and 2 and classified according to the detection method. The detection methods used in gelbased sensors can be considered into two main categories: electrochemical or optical techniques. Hydrogels for optical detection methods contain fluorophores or chromophores in their chains, which interact through various mechanisms with the target molecules. The interaction with the analyte alters measured optical property, e.g., color [74], absorbance [75], fluorescence emission [76], or volume [77]. For example, Haldar and Lee [78] developed a polymeric chemosensor for the detection of Hg²⁺ ions in aqueous media. N,N-dimethylacrylamide hydrogel chains were decorated by thiosemicarbazide modified BODIPY fluorogenic groups. Hydrogel itself did not display fluorescence. However, in the presence of Hg^{2+} ions, it showed a noticeable fluorescence emission enhancement at 545 nm. The change in optical properties was due to the restricted isomerization of the C=N bond of the thiosemicarbazide unit caused by complexation with Hg^{2+} ions. Besides devices with optical detection, polymer gels are used as electrochemical (bio)sensors. They are built into a three-electrode electrochemical cell, consisting of a working electrode (WE), a counter or an auxiliary electrode, and a reference electrode. Different materials are used as WEs, e.g., glassy carbon electrodes, carbon paste electrodes, pencil graphite electrodes, indium tin oxide electrodes, pyrolytic graphite electrodes, gold or platinum electrodes, and carbon or gold screen-printed electrodes [12,79]. The WE presents the electroconductive materials which are responsible for biorecognition event with the targeted species, causing the change of the electrochemical signal, recorded as impedance, current, or voltage. To achieve conductive properties, gels are doped with conducting materials, e.g., polymers [80], carbon materials [81], metal nanoparticles [82], or quantum dots [39]. For example, Çevik et al. [79] developed a label-free biosensor for detecting the prostate-specific antigen (tPSA) in serum samples. A conductive layer of poly(amidoamine) dendrimers crosslinked by glutaraldehyde, containing ferrocene units was assembled on gold electrode. The capture antibody for tPSA was covalently attached to the dendrimer terminal groups. Once the antibody captures the tPSA present in the serum, ferrocene undergoes a redox transition. The change in the redox state of ferrocene induces an alteration in the voltage, read as a differential pulse voltammetry signal [79].

Polymeric materials used for sensors are divided into natural hydrogels, derived from natural polymers, e.g., proteins (collagen [76,80,83], elastin [84,85], gelatin [86–88], albumin [29,89]), polysaccharides (hyaluronic acid [90], alginate [91–95], chitosan [82,96–101],

cellulose [74]), and synthetic hydrogels [39,102–106], based on laboratory-made polymers. Hydrogels in sensing applications are often used as a hybrid material, blend of polymers or in composition with inorganic materials, e.g., graphene, graphene oxide, or silica [31]. In hybrid hydrogel systems, each of the components has a function [107]. For instance, carbon additives provide material conductivity that enables the application of amperometric detection techniques. Hydrogels can be used in diverse forms, suitable for final applications, e.g., hydrogel films, self-standing substrate, or nano and microparticles [55,88,92,108].

2.1. Sensors Based on Natural Hydrogels

Natural hydrogels are derived from naturally occurring polymers that are cross-linked by covalent or supramolecular bonds [109]. The classification of the natural hydrogels includes two main groups, based on their derivation. The first group is represented by protein-based materials [76,80,83–89] which include collagen, elastin, fibrin, gelatin, and skin fibroin. The second group is constituted of hydrogels derived from polysaccharides [74,82,90–93,96–98] such as glycosaminoglycans, alginate and chitosan. Such hydrogels are suitable for most biological applications attributable to their biocompatibility and bioactivity. If needed, the properties of natural hydrogels can be adjusted by chemical modification [28] or the preparation of composite polymers with synthetic hydrogels [100]. Natural hydrogels have been used for the sensing of glucose [80,93,97,98,100], dopamine [83], antioxidants [82], pH [74,88,89], explosives [39,85–87,96], biomarkers [76,84,90–92], and body signals [29,30] using electrochemical and optical detection methods (Table 1).

 Table 1. Natural hydrogel-based sensors.

Hydrogel	Sensing	Analyte	Characteristics	Ref.			
	Electrochemical Methods						
Polyacrylic acid-lignosulfonate-alginate-Ca ²⁺	Resistance	Strain	Resistance changes vs. time when monitoring different body joints motions, responsive performance up to 500 cycles. Compression stress—835 kPa Tensile fracture stress—357 kPa Stretching strain—1144%	[28]			
BSA crosslinked by cysteine disulfide bridges	Amperometry	Physiological signals	Electrocardiography (ECG) for heart activity, electroencephalography (EEG) for brain activity, and electrooculography (EOG) for eye activity, conductivity = 5.3 mS cm ⁻¹	[29]			
Chitosan/cationic guar gum	Amperometry	Human body motions	0.296 kPa pressure sensitivity when pressure was lower than 1.25 kP	[30]			
Methacrylated-collagen, polypyrrole and glucose oxidase	Amperometry	Glucose	LOD = 2 mM, PBS buffer (pH = 7.4) LOD ≅ 200 mM in porcine meat Linear range: 0–4 mM High selectivity in vivo	[80]			
Collagen from grass carp skin, graphene oxide and aptamer	Linear Sweep Voltammetry (LSV)	Dopamine	LOD = 0.75 nM, PBS buffer (pH = 7) Linear range: 1–1000 nM	[83]			
Alginate copper oxide with glucose oxidase	Amperometry	Glucose	LOD = 1.6 µM in human serum Linear ranges: 0.04–3 mM and 4–35 mM Sensitivity: 30.443 and 7.025 µA mM ⁻¹ cm ⁻² Selectivity among ascorbic acid, uric acid, acetaminophen and phenylalanine	[93]			
Chitosan crosslinked with silver ions	Linear Sweep Voltammetry (LSV)	Antioxidants (ascorbic acid)	Linear range: 0.04 μ M -36μ M 0.1 mM H ₂ O ₂ solution (pH = 4.5) Selectivity among glucose and sucrose	[82]			
Chitosan crosslinked with genipin, amino-derived osmium redox complex and glucose oxidase	Amperometry	Glucose	Linear range: ~0.1–20 mM in PBS buffer (pH = 7)	[97]			
Laponite-chitosan with lactate oxidase on glassy carbon electrode	Amperometry	L-lactate	LOD = 3.8 μM in alcoholic beverages Sensitivity: 0.326 A M ⁻¹ cm ⁻² LOQ = 12.6 μM Linear range: 10–70 μM	[98]			
Chitosan, oxidized dextran, and CeO ₂ /MnO ₂ hollow nanospheres	Amperometry	Glucose	$\begin{split} LOD = 32.4 \ \mu\text{M in PBS buffer (pH = 7.4)} \\ Sensitivity: 176 \ \mu\text{A mM}^{-1} \ \text{cm}^{-2} \\ Linear range: 1-111 \ \text{mM} \end{split}$	[99]			
3- aminopropyltriethoxysilane/chitosan with glucose oxidase	Amperometry	Glucose	$\begin{split} LOD = 0.2 \ \mu\text{M}, \ 0.10 \ \text{M} \ \text{PBS} \ \text{buffer} \ (\text{pH} = 7.0) \\ \text{Linear range: } 0.2 \ \mu\text{M} - 8.2 \text{mM} \ \text{and} \\ 0.2 \ \mu\text{M} - 5.5 \ \text{mM} \\ \text{Sensitivity: } 69.5 \ \text{and} \ 65 \ \mu\text{A} \ \text{mM}^{-1} \ \text{cm}^{-2} \end{split}$	[100]			

Table 1. Cont.

Hydrogel	Sensing	Analyte	Characteristics	Ref.
Chitosan-carbon nanotubes (Chitosan-CNTs)	Cyclic Voltammetry (CV)	Dopamine	$\begin{split} & \text{LOD} = 2.00 \text{ vs. } 1.00 \ \mu\text{mol} \ \text{L}^{-1} \\ & \text{Sensitivity: } 3.00 \text{ vs. } 0.01 \ \mu\text{A} \ \text{L} \ \mu\text{mol}^{-1} \\ & (\text{CNT} \ \text{loading} \ 1.75\% \ \text{vs. } 1\%) \\ & \text{Linear range: } 0-10 \ \mu\text{M} \ \text{for both} \\ & \text{in } 300 \ \mu\text{mol} \ \text{L}^{-1} \ \text{uric acid solution} \end{split}$	[101]
Pectin/reduced graphene oxide	Cyclic Voltammetry (CV), Linear Sweep Voltammetry (LSV)	Dopamine, Paracetamol	LOD = 1.5 nM (Dopamine) LOQ = 0.4 nM (Dopamine) Linear range (LSV): 0.003–90.206 µM (Dopamine) LOD = 1.8 nM (Paracetamol) LOQ = 0.6 nM (Paracetamol) Linear range (LSV): 0.003–91.04 µM (Paracetamol) Both were performer in PBS (pH = 7.0)	[110]
		Optical methods		
Pyrophosphate ion-alginate with carbon dots and Cu ²⁺	Fluorescence	Alkaline phosphatase (ALP)	LOD = 0.55 mU/mL Linear range: $0-100 \text{ mU/mL}$ $\lambda_{em} = 513 \text{ nm}$ gel-sol transition	[61]
Collagen-lysyl oxidase	Fluorescence/Imaging	Biomarkers Lysyl oxidase	Turn-on fluorescence probe Extracellular matrix Before binding— $\Phi_F = 0.09$ $\lambda_{abs} = 360 \text{ nm}, \lambda_{em} = 395 \text{ nm}$ After binding— $\Phi_F = 0.89$ $\lambda_{abs} = 310 \text{ nm}, \lambda_{em} = 455 \text{ nm}$	[76]
Human elastin-like polypeptide and bilirubin-binding protein UnaG	Fluorescence	Biomarkers, detection of bilirubin	Linear range: 0–100 nM in PBS buffer pH = 7.4 cell culture media; λ_{em} = 528 nm, λ_{exc} = 485 nm	[84]
Silk/Elastin-like recombinamers with fluorescent proteins (SELR-FPs)	Fluorescence	protein eqFP650	$\label{eq:lambda} \begin{array}{l} \lambda_{ex} = 475 \text{ nm}, \ \lambda_{em} = 636 \text{ nm} \\ \text{FRET pairs-fluorescent proteins AcEGFP and} \\ eqFP650, \ potential use as a biosensor \end{array}$	[85]
Gelatin methacryloyl	Tactile sensing	Pressure change	LOD = 0.1 Pa Sensitivity: 0.19 kPa ⁻¹ Durability up to 3000 cycles Suitable for wearable biosensing application	[86]
Gelatin-tannic acid	Volumetric	Mechanical change	Elongation 1600% Self-healing—0.65 s Self-healing efficiency—95% (Hydrogel combined with a resistor)	[87]
Gelatin crosslinked with carbon dots	Photoluminescence (PL)	pH	Increasing pH in range 3–10, Linear range: 5–7 pH PL quenching at λ_{em} = 431 nm, λ_{ex} = 350 nm	[88]
Human serum albumin (HSA)-manganese complex	Magnetic resonance imaging (MRI)	pН	HSA-Mn ²⁺ hydrogel capsule for in situ monitoring of gastric pH	[89]
Hyaluronic acid (HA)	Fluorescence	Hyaluronidase (HAse)	 FRET-based quenching mechanism (FITC-donor, AuNPs-acceptor). Binding to HAse prevents FRET fluorescence quenching. LOD = 0.14 U/mL Selectivity among different ions (NaCl, KCl, MgSO₄, CaCl₂, small molecules (glutathione, glucose, glutamine and ascorbic acid), BSA, and enzymes (alkaline phosphatase, trypsin, papain). 	[90]
Alginate crosslinked with Cu ²⁺	Fluorescence Immunoassay	Alkaline phosphatase (ALP)	LOD = 0.24 ng/mL (serum) Linear range: ~0-2 ng/mL Hepatis B surface antigen (HBsAg) Selectivity among Na ⁺ , K ⁺ , HAS, lysozyme, thrombin, glucose oxidase Gel-sol transition	[91]
Alginate-in-alginate with palladium tetracarboxyphenylporphyrin	Optical	Glucose	(low O ₂) Linear Range: 0.026 –3.5 g/L Sensitivity: 97 ± 5.4 µs L/g (ambient O ₂) Linear Range: 0.87 –3.5 g/L; Sensitivity: 7.5 ± 1.3 µs L/g	[92]
Alginate-based microfibres with mesoporous polyester beads	Optical	pH of epidermis	pH range: 4–9 (range for skin disorders and wounds variation)	[94]
Titanium oxide nanotubes/alginate hydrogel	Colorimetric assay	Biomarkers	LOD = 0.069 mM (lactate) Linear ranges: 0.1–1.0 mM LOD = 0.044 mM (glucose) Linear range: 0.1–0.8 mM	[95]

Hydrogel	Sensing	Analyte	Characteristics	Ref.
Fluorescent chitosan	Fluorescence	Nitrocompounds, p-nitrophenol	Nitrocompounds quench Fluorescence, LOD = 0.35–2.30 μM (2,4,6-trinitrophenol) LOD = 0.90–5.30 μM (p-nitrophenol)	[96]
Extract grape skin/tara gum, cellulose nanocrystal	Absorbance (Color change)	рН	Intensity decreases when pH increases pH range: 1–11 pH in range 1–5 λ_{max} = 528 nm. pH in range 6–10 λ_{max} = 618 nm	[74]

Table 1. Cont.

Abbreviations: AuNPs—gold nanoparticles; LOD—limit of detection is defined as the lowest concentration of an analyte in a sample that can be consistently detected with a stated probability (typically at 95% certainty) [111]; LOQ: limit of quantification is defined as the concentration that can be measured with a defined accuracy and precision [111]; PBS—phosphate-buffered saline, FRET—Förster resonance energy transfer, FITC—fluorescein isothiocyanate; BSA—bovine serum albumin.

- 2.1.1. Proteins
- Collagen

Collagen is a protein found in the extracellular matrix of mammals' bodies [112] that provides mechanical support against action forces to avoid repetitive plastic deformation. In addition, the different forms and orientations of fibers determine the diverse disposition of cells in the tissue [109]. The three-dimensional structure of collagen is defined by four levels (Figure 1) [113]. The primary structure consists of a sequence of -(Gly-X-Y)_n-, where glycine represents 30% of the total amino acid content, X and Y are proline and hydroxyproline, respectively. Triplets of amino acid units define the secondary structure of the collagen. A left-handed helix, containing around 1000 amino acids, forms the third level of the organization [109]. The quaternary structure of collagen is defined by the formation of fibers, assembled by intra- and intermolecular interactions of collagen molecules [109,114]. Thanks to biocompatibility and mechanical strength, collagen has taken part in the development of novel sensors and biosensors. Despite resembling the structure and properties of native soft tissues, collagen is difficult to manipulate, and thus its derivatization before use is often required.



Figure 1. Atomic-scale of type I collagen found in skin, tendon and bones [113]. Reprinted with permission from reference [113]. Copyright 2021 from Frontiers in Bioengineering and Biotechnology.

Ravichandran et al. proposed a proof-of-concept of a collagen-based electroconductive sensor for glucose detection in vitro and in tissue for monitoring patients with diagnosed diabetes [80]. This device was formed by methacrylated collagen, used as a scaffold, polypyrrole representing the electroconductive polymer, and glucose oxidase, which catalyzes the oxidation of the glucose and produces the amperometric signal (Figure 2). The proposed conductive hydrogel was used to detect different concentrations of glucose in a phosphate-buffered saline solution at pH = 7.4. The sensor response of the material was assessed in porcine meat, which showed a reliable measure of glucose in this living matter at up to five days of the experiment [80].



Figure 2. Methacrylated collagen hydrogel with polypyrrole and glucose oxidase for the detection of glucose in vitro and in tissues. Reprinted with permission from reference [80]. Copyright 2018 American Chemical Society.

Another example is a collagen-based biosensor proposed by Wei et al. [83]. They constructed an electrochemical biosensor for dopamine composed of collagen from grass carp skin, graphene oxide, and an aptamer. The composite collagen-graphene oxide represents the transducer, while the aptamer is the recognition element. The biosensor showed high sensitivity and a wide linear range in the determination of dopamine. In addition, it also presented good selectivity among other biomolecules, such as *L*-1-3,4-dihydroxyphenylalanine (*L*-DOPA), homovanilic acid, ascorbic acid, and tyramine. The peculiar characteristic of such a novel collagen-based sensor was the robustness in human blood serum, thanks to the biocompatibility and properties of the collagen [83].

Aronoff et al. developed imaging and targeting dual sensor for lysine oxidase based on a collagen scaffold. Lysine oxidase is important in forming crosslinks in the extracellular matrix proteins such as collagen and elastin [76]. Its inhibition can produce osteolathyrism, affecting bones and connective tissues [76,115,116]. On the other hand, the upregulation of lysine oxidase may promote the pathogenesis of fibrotic and musculoskeletal diseases and ultimately some forms of cancer [76,117]. Such a fluorescent collagen-based biosensor was highly sensitive to measure the lysine oxidase activity and interacted selectively with the endogenous aldehydes formed by lysine oxidase. The dual-modality of this biosensor allowed the targeting and imaging of extracellular collagen with high specificity and spatial resolution within in vivo and ex vivo tissues [76].

Elastin

Elastin is a protein found in connective tissues and provides elasticity to organs. It is an insoluble polymer that presents its soluble precursor, tropoelastin, as a crosslinker [109]. Elastin is mainly formed by glycine, proline, alanine, leucine, and valine. This protein is generally organized in a repeated sequence of 3–9 amino acids which render the structure flexible and dynamic [118]. Tropoelastin and elastin-based peptides are capable to selfassemble in physiological conditions and thanks to their remarkable elasticity, biocompatibility and biodegradability, they have raised interest as scaffolds in different applications, such as 3D cell cultures, drug and gene deliveries [109]. In addition, elastin-based hydrogels have been demonstrated to be suitable for developing sensors and biosensors.

Bandiera et al. developed a human elastin-like polypeptide fusing UnaG, an expressed protein in eel that can emit fluorescence after a high-affinity binding with bilirubin. Bilirubin is a modulator of oxidative stress and chronic inflammation processes, therefore its sensing and evaluation of concentration in biological organisms are crucial. The functionalization of elastin hydrogel with UnaG showed an affinity with bilirubin in a concentration below 100 nM, detectable using fluorescence analysis [84].

Another example is represented by two silk/elastin-like recombinants (SELRs) with fluorescent characteristics, given by two different fluorescent proteins (FPs): AcEGFP and eqFP650 [85]. The group of Ibáñez-Fonseca studied the Förster resonance energy transfer (FRET) generated between the two silk/elastin-like recombinants. This study of FRET was performed by spectroscopy and confocal microscopy which gave information on the interactions between molecules at different concentrations (Figure 3). They found that the silk/elastin-like recombinants and fluorescent proteins can self-assemble, forming particles and hydrogels. The use of FRET as a sensory tool demonstrated by this work may increase the interest in using this material as a biosensor for different biotargets such as glucose, lipopolysaccharide, or metal ions [85].



Figure 3. Silk/elastin-like recombinants (SELR) with fluorescent proteins hydrogel formed by silk/elastin-based network, linking two different fluorescent proteins which undergo FRET when they target biomolecules. Reprinted with permission from reference [85]. Copyright 2017 American Chemical Society.

Gelatin

Gelatin is obtained by the denaturation of the triple helix of collagen in which, depending on the treatment, two types of gelatin are formed: type A (processed by acids) and type B (processed by alkaline solutions) [109]. These natural polymers are composed of proteins (98–99%), lacking in tryptophan and deficient in isoleucine, threonine, and methionine [119]. Hydrolyzed gelatin contains 19 amino acids which are predominately glycine (26–34%), proline (10–18%), and hydroxyproline (7–15%). Other amino acids such as alanine (8–11%), arginine (8–9%), aspartic acid (6–7%), and glutamic acid (10–12%) contribute to the structure of gelatin [120]. Such a natural polymer presents minimal immunogenicity, degradability, gel foaming, thickening, emulsifying, and foaming properties [109]. Such characteristics have been exploited in different fields, from tissue engineering to sensing/biosensing.

Recently, a self-powered strain sensor, based on a gelatin hydrogel, was fabricated with the blending of gelatin and tannic acid (TA) (Figure 4) [87]. Such a hydrogel was able to efficiently convert chemical energy, in the form of small pressure or stretching stimuli, into electrical energy, as a voltage signal without an external power supply. Thanks to the doping of the gelatin-TA material with Ag nanowires, the conductivity of the hydrogel was effectively improved, converting efficiently pressure and stretching stimuli into a resistance signal. In addition, Zn and an air electrode were introduced into the hydrogel which was connected to a fixed resistor, obtaining a self-powered sensor system. The self-healing and self-powered abilities of the device, in addition to durability and reliability, made this hydrogel-based strain sensor a valid candidate for the fabrication of a portable and wearable electronic device [87].



Figure 4. Scheme of the formation of the gelatin-tannic acid hydrogel. Tannic acid (TA) interacts with the gelatin chains through hydrogen bonds and hydrophobic interactions, forming crosslinks to the hydrogel network. Reprinted with permission from reference [87]. Copyright 2019 American Chemical Society.

Li et al. developed a gelatin methacryloyl (GelMA) hydrogel, conjugating gelatin, directly derived from the bovine skin, with methacrylic anhydride (MA). This system was able to monitor human physiological signals, pulse, and vocal cord vibration. The device was composed of layers of polydimethylsiloxane (PDMS) and GelMA (PDMS/GelMA/PDMS), used as a dielectric medium and poly(3,4-ethylenedioxythiophene) polystyrene sulfonate (PEDOT:PSS), used as an electrode. Such sensors demonstrated several benefits, including being processable in solution, their ability to reduce water evaporation, present high stability, good reproducibility, and high transparency in the visible range of the light. In addition, it showed great biocompatibility, a peculiar characteristic for potential use as a medical wearable [86].

Recently, gelatin crosslinked with carbon dots (CDs) was used as a chromophore, to form a gelatin nanocomposite (GNC) as a drug delivery system and pH sensor for the gastrointestinal tract (Figure 5) [88]. This pH-sensitive system showed remarkable photoluminescence characteristics in the near-neutral pH range of the gastrointestinal tract and also can bypass the strongly acidic environment of the stomach, releasing loaded therapeutics in the intestine. In addition, these hydrogels showed cytocompatibility and non-toxicity in the cellular environment. These results demonstrated that such GNC can be a valuable candidate for in vivo imaging, biosensing applications, and the quantitative measurement of pH in the digestive system [88].



Figure 5. Formation of the gelatin nanocomposite crosslinked with carbon dots and loaded with a drug that is released in the gastrointestinal tract. The gelatin nanocomposite (GNC) hydrogels show fluorescence properties for biosensing and measuring the pH of the digestive system. Reprinted with permission from reference [88]. Copyright 2020 American Chemical Society.

2.1.2. Polysaccharides

Hyaluronic acid

Hyaluronic acid (HA) is found mainly in the extracellular matrix, present in the connective tissue in mammals, acting as a lubricant, as well as a signaling molecule involved in mammalian biological processes [109]. HA is synthesized by integral membrane proteins and formed by alternating units of glucuronic acid and N-acetylglucosamine which are bonded by β -(1-4) and β -(1-3) glycosidic bonds [121].

Modified HA hydrogels were used as a fluorescent sensor to detect hyaluronidase (HAase), an enzyme that degrades HA and plays an important role in tumor development and treatment [122]. The biosensor consisted of fluorescein isothiocyanate and gold nanoparticles coupled in the network of the HA hydrogel. The material was acting as a transducer forming a donor-acceptor pair that exploits FRET. The hydrogel is capable to interact with HAase, thanks to the crosslinks of HA derivatives, causing a FRET effect in the hydrogel, increasing the fluorescence intensity which is proportional to the concentration of the HAase. This system presented a wide response range, high sensitivity, good anti-interference, and excellent biocompatibility [90].

Alginate

Alginic acid is a polysaccharide found in the walls of the cells of brown algae [123]. It is hydrophilic and when hydrated forms a viscous gum. Commonly, alginic acid forms salts of calcium or sodium. In the structure of alginates, β -*D*-mannuronate and α -*L*-guluronate are linked together in different sequences or blocks by either α - or β -(1-4) bonds, where the latest can form ionic bridges, conferring mechanical properties [109]. An important characteristic of alginates is the capacity to interact with multivalent cations, which results in crosslinking, to form a hydrogel that is highly water-soluble, biocompatible, and nontoxic [124].

Zheng et al. proposed an alginate hydrogel used for naked eye quantification of the immune assay. This alginate hydrogel, crosslinked by Cu^{2+} ions, is responsive to pyrophosphate. Thanks to the incorporation of the fluorescent carbon nanodots, such hydrogel can effectively quantify alkaline phosphatase, which at a high level, is responsible for a malfunction to the liver, gall bladder or bones [125]. In the presence of pyrophosphate, the material, Cu^{2+} crosslinked alginate, underwent a gel-sol transition, allowing the detection of alkaline phosphatase in serum samples with hepatitis B virus surface antigen (Figure 6). The sensitivity, linear response, and quantitative determination of alkaline phosphatase with naked eye readout demonstrated a rapid and instrument-free device that can be suitable for point-of-care tests of biomarkers for disease diagnosis, even in remote areas and temporary testing stations [91].

Another example of an alginate-based biosensor is given by Bornhoeft et al. [92]. Their device consisted of an alginate-in-alginate material that embeds a nanofilm-coated phosphorescent microdomain, palladium tetracarboxyphenylporphyrin (optical indicator), glucose oxidase (model enzyme) and layer-by-layer deposited polyelectrolyte multilayers (PEMs), acting as a diffusion barrier (Figure 7). This composite hydrogel was used as a realtime optical biosensor for monitoring biomarkers, useful in precision medicine. This system responds to the changes in concentration of both glucose and oxygen due to the reactions of the glucose oxidase. When concentrations of both species decrease, the phosphorescence of the porphyrin dye is quenched by molecular oxygen. The phosphorescence intensities and lifetimes are inversely proportional to the concentration of the local oxygen. Once the concentration of oxygen decreases, the phosphorescence of the porphyrin is less quenched, therefore their lifetime increase that is in correlation with the concentration of glucose. Such a biosensor proved able to provide a controlled tuning of sensitivity and dynamic range, long-term stability, and accurate sensing at the physiological concentration range of oxygen. This approach can be useful for monitoring different oxidoreductase enzymes, crucial for chronic condition monitoring [92].



Figure 6. (**A**) Scheme of the quantitative immunoassay based on alginate hydrogel crosslinked with Cu²⁺ ions. (**B**) Recognition of the alkaline phosphatase (ALP)-labeled antibody. Reprinted with permission from reference [91]. Copyright 2020 MDPI.



Figure 7. (a) Illustration of a microparticle of alginate consisting of Pd-*meso*-tetra(4-carboxyphenyl) porphyrin (PdTCPP), glucose oxidase (GOx) and catalase (Cat). Such microparticles are coated with 10 bilayers of poly(allylamine hydrochloride) (PAH) and poly(sodium-4-styrene sulfonate) (PSS). (b) AnA hydrogel with an embedded polyelectrolyte multilayer (PEM) coated alginate particles; (c) Photograph of alginate-in-alginate (AnA) hydrogel next to a penny. Reprinted with permission from reference [92]. Copyright 2017 MDPI.

Tamayol et al. produced alginate-based microfibers incorporating luminescent mesoporous polyester beads for monitoring the pH level of the wounds on the epidermis [94]. This hydrogel was prepared in flexible patches, proving a ready and responsive point-ofcare system for monitoring the progress of wound healing. The monitoring of the pH of wounds is important because it is correlated to angiogenesis, protease activity, bacterial infection, etc. In healthy skin, the pH is slightly acidic (pH = 4–6), while when the skin is wounded, the pH is alkaline. Hence, the monitoring of the pH of the epidermis is crucial to obtain useful information on the healing status. In this work, authors have chosen luminescent sensing due to its robusticity and easy-to-read system without the need for integrated electronics. Alginate microfibers gave the material flexibility, permeability, and tendency to be shaped. On the other hand, mesoporous polyester beads are the sensing part of the material, sensitive to pH changes, and give different luminescent outputs depending on the pH. During the real-time measurement of pH of wound skin, images of the hydrogel were captured with a smartphone camera, providing quantitative pH maps during the skin recovery period.

Chitosan

Chitosan is a polysaccharide consisting of *D*-glucosamine and N-acetyl-*D*-glucosamine, connected via β -(1-4), randomly distributed in its molecular structure. It is obtained by the partial deacetylation of chitin, the main component of the exoskeleton of the arthropods [109]. Physical and mechanical features of chitosan are imparted by its molecular weight and the degree of its deacetylation. Among the main advantages of the use of chitosan hydrogels are antibacterial properties, easy sterilization, low costs, biocompatibility, and the tuning of its biodegradability due to the diverse level of deacetylation [109].

Fu et al. fabricated a hydrogel based on chitosan using silver ions as a crosslinking agent. The hydrogel was evaluated for sensing antioxidants. The redox properties of silver incorporated into the hydrogel decreased due to its complexation (Figure 8). In the presence of hydrogen peroxide, which easily forms hydroxyl radicals and disrupts the glucoside bonds, the redox properties of silver can be restored. This phenomenon is used as a mechanism for the evaluation of the antioxidant capacity of the hydrogel. In fact, the depolymerization of the chitosan, induced by hydroxyl radicals, releases the silver ions which can diffuse to the electrode surface and consequently give a signal correlated to the antioxidant capacity. The analytical performance of the hydrogel was evaluated using ascorbic acid as an antioxidant model. This device proved to be low cost, portable, and free of modification of the electrode [82].



Figure 8. (a) Scheme of chitosan chelating silver ions and its redox property during the hydrogel depolymerization in the absence and presence of antioxidants. (b) DPV curves of the oxidation response in presence of hydrogen peroxide at various concentrations of ascorbic acid. Reprinted with permission from reference [82]. Copyrights 2017 Published by Elsevier B.V.

In another example, chitosan was used as a matrix for a fluorescent sensor for nitroaromatic compounds, such as 2,4,6-trinitrophenol which have strong biological toxicity and explosive risks [96]. In this work, functionalized chitosan gels with naphthalimide, used as a fluorophore were investigated. The presence of 2,4,6-trinitrophenol and/or *p*-nitrophenol produced a notable fluorescence quenching of the hydrogels. The obtained results provided the selective and sensitive sensing of nitro compounds with ease of synthesis and low cost [96].

2.2. Synthetic Hydrogels

Synthetic hydrogels are man-made polymers that can present desirable mechanical properties, selective chemical reactivity and controllable molecular structure, suiting the proper fields of application [25,126]. The greatest advantage of synthetic hydrogels is the possibility to program material properties by a proper choice of building blocks [22,33]. For instance, carboxylic, hydroxylic, amino, amide, or sulfonic groups, present in the network of the hydrogel, are the driving force for the retention of water [127]. Tuning the synthetic hydrogels with such hydrophilic groups can help to introduce different content of water in the network, conferring particular properties in the polymers. The differences between natural and synthetic polymers rely on the biocompatibility, biodegradability, and the content of biologically recognizable units. Yet, natural hydrogels do not have mechanical properties, which can be an asset for the applicability in different fields of research. On the other hand, synthetic hydrogels can be tuned to obtain desired mechanical properties and other favorable properties for being employed in several applications, such as drug delivery, sensing, and self-healing materials.

Synthetic hydrogels can display different characteristics, such as the nature of crosslinking, the type of the constituent polymers, method of preparation, physical structure, e.g., degree of crosslinking, and charge [33]. A hydrogel can be originated from either chemical or physical interactions. Crosslinking via non-covalent interactions can be reversible. Synthetic hydrogels are often formed by copolymerizing multifunctional monomers forming covalent bonds. Covalent crosslinking can be obtained either via the application of high energy [128], producing radicals in the polymer chain or via chemical reactions, such as free radical polymerization [129]. Alternatively, polymers having functional groups can be crosslinked in a post-polymerization manner using, e.g., click chemistry [130–132] and Schiff base [133] crosslinking. The physically crosslinked hydrogels are formed by physical interactions, such as weak interactions, e.g., hydrogen bonding, ionic interactions, van der Waals forces, etc. [134].

The methodology of the preparation method of hydrogels classifies them into three categories as homopolymers, copolymers, and interpenetrating networks (Figure 9). Homopolymers are constituted of only one type of monomer in their chains, while copolymers are formed by two or more kinds of monomers. These two types of polymers form only one form of a polymer chain. In contrast, the polymer chains in interpenetrating networks are different and crosslinked with each other [33]. Synthetic hydrogels can be classified based on the status of their charges which includes anionic, cationic, non-ionic and ampholytic polymers. All such ionic polymers are sensitive to pH changes, thanks to the presence of pH-sensitive groups. The preparation of the ampholytic hydrogels involves the copolymerization of cationic and anionic monomers or the embedding of a zwitterionic unit to the network [33]. Another system of classification of hydrogels is based on their crystal status and can be recognized in three groups: amorphous, crystalline, and semi-crystalline. The amorphous hydrogels present a random network structure, whereas semi-crystalline and crystalline hydrogels consist of almost or perfectly tight-packed networks [33].

Considering the wide range of characteristics that can be achieved by tuning in both molecular and structural levels and the ability to respond to external stimuli, such as temperature [58,65], light [66], pH [58,94], ionic strength [62,127,135], and the presence of (bio)molecules [104,136–139], synthetic hydrogels have become important materials for the design and construction of sensors and biosensors in various fields of applications. Different types of synthetic polymer-based hydrogels have been used in sensing, e.g., poly(acrylic acid) [40,105,140], poly(ethylene glycol) [36,39,141,142], poly(ethylene glycol) methacrylate [143], poly(acrylic acid-*co*-dimethylaminoethyl methacrylate) [144], poly(methyl methacrylate-*co*-methacrylic acid) [145], polyacrylamide [35,37,77,103], poly(acrylamide-*co*-acrylic acid) [146], poly(N,N-dimethylacrylamide) [78], poly (N,N-dimethylacrylamide-*co*-2-(dimethylmaleimido)N-ethyl-acrylamide-*co*-vinyl-4,4-dimethylazlactone) [102,106], poly(N-isopropylacrylamide-*co*-2-acrylamido-2-methylpropane sulfonic acid) [147], poly(vinyl alcohol) [81], poly(2-hydroxyethyl methacrylate) [75], and

poly(diallyldimethyl ammonium chloride) [75]. Polymer materials are functionalized with fluorophores, chromophores, or conducting elements to enable readout using relevant detection techniques (Table 2).



Figure 9. (a) Representation of different types of synthetic hydrogels with the methods of preparation for each type. (b) Different ways of crosslinking between polymer chains in a hydrogel which are between horizontal and vertical polymer chains. Reprinted with permission from reference [33]. Copyrights 2020 Wiley Periodicals LLC.

Hydrogel	Sensing	Analyte	Characteristics	Ref.		
Electrochemical Methods						
Poly(vinyl alcohol), cellulose nanofibers and graphene	Electrochemical	Strain	Air Linear range: 0–500% strain Variations for light-emitting diode (LED) illumination vs. different resistance	[81]		
TEMPO-oxidized cellulose in poly(acrylic acid) hydrogel, with ferric ions and polypyrrole	Amperometry	Mechanical change (strain)	Elongation ~890% Max storage modulus: 27.1 kPa Self-healing efficiencies (electrical and mechanical): ~99.4% electro-conductibility: ~3.9 S m ⁻¹ .	[105]		
Dendritic polyglycerol-poly(ethylene glycol) with aldehyde oxidoreductase	Amperometry	Benzaldehyde (BA)	LOD = 0.8 µM Linear range: 0.8–400 µM Max response at pH = 4.0 Signal of BA decreases with increase of pH	[141]		
		Optical Methods				
Polyacrylamide-phenylboronic acid	Surface plasmon resonance, Transmittance attenuation	Glucose	PBS buffer (pH = 7.4) LOD = 0.75 mM Linear range: 0–40 mM Sensitivity 0.05–0.13 dB/mM	[35]		
Au nanoparticles-poly(ethylene glycol) diacrylate	Absorbance, Surface plasmon resonance, refractive index	Biotin	PBS buffer (pH = 7.4) Linear range: 25Mm–0.5 mM Sensitivity 70–110 nm/RIU Fluorescence λ _{max} shift	[36]		
Polyacrylamide-DNA hydrogel containing Au nanoparticles	Visual detection	Glucose	PBS buffer pH = 7.4 LOD = 0.44 mM Sensitivity: 1 mM Linear range: 0 to 15 mM glucose-boronic acid derivatives bind aptamer to disrupt the hydrogel, leading to the release of AuNPs	[37]		
Supramolecular poly(ethylene glycol)-poly(ε-caprolactone) with CdTe quantum dots	Optical	pH, ions, biomolecules, chemicals, temperature	Emission of CdTe QD shifts from λ_{em} = 499 nm to λ_{em} = 549 nm	[39]		
Poly(acrylic acid)-gum tragacanth nanoparticles with CdTe quantum dots (QDs) and glucose oxidize	Optical	Glucose	Enzyme-catalyzed oxidation of glucose produce H ₂ O ₂ and quench fluorescence Linear range: 0–1 mM Blood samples media LOD-tunable	[40]		
Sodium alginate, and poly(2-hydroxyethyl methacrylate) and poly(diallyldimethyl ammonium chloride)	Optical, Absorbance	рН	Water, acetic acid, sodium hydroxide Changing colors pH range 6.0–7.6	[75]		
Morpholino/oligonucleotide- polyacrylamide	Optical, volumetric	ssDNA	LOD = 10 pM, PBS buffer (pH = 7.4) Gel imaged using OnePlus 5t camera, Selective swelling caused by competitive displacement of morpholino crosslinks	[77]		
Poly(N,N-dimethyl acrylamide- co-2-(dimethylmaleimido)-N- ethyl-acrylamide-co-vinyl-4,4- dimethylazlactone) (P(DMAAm-co-DMIAAm-co- VDMA)	Surface plasmon resonance	Lysophosphatidic acid (LPA) Cancer biomarker	LOD = 2 µM Linear range: 2–30 µM Selectivity in the presence of blood components (NaCl, urea, glucose, GPA, LPC)	[102]		
Phenylboronic acid functionalized polyacrylamide	Optical	Glucose	Operating concentration range: 0-100 mM (in PBS, pH = 7.4) Linear range: $0-50 \text{ mM}$ Sensitivity: $11.6 \mu\text{W} \text{ mM}^{-1}$ pH operating range: $6-9$	[103]		
Azlactone terpolymer P(DMAAm-co- DMIAAm-co-VDMA)	Surface plasmon resonance	Streptavidin	Linear range: 0.5–200 µM Monitoring of layer thickness of the hydrogel	[106]		
Poly(ethylene glycol) diacrylate (PEGDA)	Fluorescence	mRNA, miRNA	LOD \cong 6 amol (<i>atto</i> —10 ⁻¹⁸) (in vitro-transcribed model target). For quantification of full-length large mRNAs to small miRNAs	[108]		
Poly(acrylic acid) with immobilized urease	Optical, volumetric	pH, urea	pH 2–12 range, 1.9–7.5 mM (urea), LOD = $40 \times$ mM (urea in blood) Change of volume and color	[140]		

Table 2. Synthetic hydrogel-based sensors.

Table 2. Cont.

Hydrogol	Sansing	Analyte	Characteristics	Rof
Poly(ethylene glycol) methacrylate, methyl methacrylate and maleimide	Fluorescence	Biotin-streptavidin (proteins pair model), DNA	Electrospunned nanofibers aligned into micropatterned array, that can be customized with probe that will interact with desired bioanalyte	[143]
Poly(acrylic acid- <i>co</i> -dimethylaminoethyl methacrylate)	pH-sensitive	Urea	LOD~1 mmol/L Linear range: 1–10 mmol/L PBS buffer pH = 7.4 Selectivity among urea, thiourea, N-methylurea and N,N,N',N'-tetramethylurea	[144]
Poly(vinyl alcohol) with carboxyfluorescein and poly(methyl methacrylate- <i>co</i> -methacrylic acid) (Eudragit S100)	Optical	Urea	Infection-responsive coating for urinary catheters. pH > 7 dissolves the Eudragit layer, releasing the dye— visual change	[145]
Poly(acrylamide- <i>co</i> -acrylic acid) functionalized with urease	Particle spacing change, Debye diffraction measurement	Urea, urease inhibitor phenyl phosphorodiamidate (PPD)	LOD = 1 mM (urea) and 5.8 nM (PPD), both in water Linear range: 1–10 mM Selectivity in presence of formamide, N-methylurea, acetamide and N,N'-dimethylurea	[146]
Poly(N-isopropylacrylamide- <i>co</i> -2- acrylamido-2-methylpropane sulfonic acid)	Volumetric	Glucose	Operating concentration: $0-300 \text{ mg dL}^{-1}$	[147]

Abbreviations: BSA—bovine serum albumin; FRET—Förster resonance energy transfer, FITC—fluorescein isothiocyanate; GPA—glycerophosphoric acid; LOD—limit of detection, is defined as the lowest concentration of an analyte in a sample that can be consistently detected with a stated probability (typically at 95% certainty) [111]; LOQ—limit of quantification is defined as the concentration that can be measured with a defined accuracy and precision [111]; LPC—lysophosphatidylcholine; PBS—phosphate-buffered saline.

Elsherif et al. proposed a synthetic glucose-sensitive hydrogel in which phenylboronic acid was incorporated into the structure of polyacrylamide hydrogel [103]. It is well-known that phenylboronic acid derivatives can reversibly bind to *cis*-diols and therefore glucose molecules [148,149]. The binding process of the phenylboronic acid moieties with glucose resulted in a change of the volume of the hydrogel matrix proportional to the concentration of glucose (Figure 10). Such a hydrogel was irradiated with a laser beam and the intensity of transmitted light generated by the sensor was measured to assess the variation of the concentrations of glucose at physiological conditions. It was demonstrated that the hydrogel can be attached to contact lenses and the intensity of the light can be measured using a smartphone. A smartphone app can convert the intensity of the incident light into values of glucose concentration. Such a sensing device allowed the creation of a low cost, rapidly fabricated, and easy detection system for glucose concentration monitoring in real-time [103].

Another example of a synthetic hydrogel was introduced by Chen et al. [105]. Such a sensing hydrogel consisted of a triple-network structure based on a 2,2,6,6-tetrametylpiperidine-1-oxyl (TEMPO)-oxidized cellulose dispersed in a polyacrylic acid hydrogel with ferric ions as crosslinkers (Figure 11). Polypyrrole was incorporated in the matrix of the hydrogel as a conductive network element. Thanks to the interlocked structure created by hydrogen bonds, ionic coordination interactions, and physical entanglements, the composite hydrogels showed a homogeneous structure, high mechanical stretchability, high viscoelasticity, and ability to self-heal. The hydrogel sensor was able to detect both small and large scale human movements with a sensitive, fast, and stable current response. This result demonstrated that such a sensing hydrogel can be promising for applications as a wearable electronic device [105].



Figure 10. (a) Illustration of the binding process of glucose with the boronic acid portion, causing the swelling of the hydrogel matrix. (b) Illustration of the volumetric transition of the hydrogel when glucose is introduced or depleted in the matrix. Reprinted with permission from reference [103]. Copyright 2018 American Chemical Society.



Figure 11. (a) Process of fabrication of the composite hydrogels. (b) Chemical and physical interactions are responsible for the formation of the triple network of the hydrogel. (c) Presentation of mechanical properties, self-healing characteristics and conductivity of the composite hydrogels. (Chen). Reprinted with permission from reference [105]. Copyright 2019 MDPI.

Recently, Zheng et al. proposed a hybrid hydrogel for strain sensing composed of cellulose nanofibers (CNF) and graphene (GN), which incorporates poly(vinyl alcohol) (PVA) and borax, used as a crosslinker (Figure 12) [81]. In this work, cellulose in the form of nanofibers was introduced in the hydrogel matrix to improve mechanical properties and strong interactions into the network. The presence of PVA confers crosslinks to the hydrogel network. Thanks to blending with the nanocellulose, the hydrogel shows intrinsic hydrophilicity, biocompatibility, biodegradability, and high crystallinity. Graphene was introduced in the hydrogel matrix to confer mechanical strength and electrical conductivity. Cellulose nanofibers promoted graphene dispersion in the hydrogel. The formation of the hydrogel composite was achieved thanks to the graphene-cellulose nanocomplexes, the hydrogen bonding system created with PVA, and the crosslinks formed by borax resulted in an electroconductive, elastic and mechanically strong material. This material was tested to monitor human movements in a wearable device, which demonstrated excellent sensitivity, repeatability, and stability in the signals. The hydrogel can be a promising strain sensor for intelligent wearable devices [81].



Figure 12. (**a**) Schematic representation of the preparation of graphene-cellulose nanofibers with poly(vinyl alcohol) (GN-CNF@PVA) hydrogels; (**b**) representation of the mechanism of the formation of the hydrogel network with borax; (**c**) illustration of malleability and electroconductivity of the hydrogels. Reprinted with permission from reference [81]. Copyright 2019 MDPI.

Recently, the work of Kertkal et al. showed the preparation of two types of hybrid hydrogels [75]. The first hybrid hydrogel consisted of a blend of a natural polymer, sodium alginate, and synthetic polymers poly(2-hydroxyethyl methacrylate) (PHEMA) and poly(diallyldimethyl ammonium chloride) (PDADMAC). The other hybrid hydrogel was obtained by mixing the synthetic polymers with inorganic silica nanoparticles. Bromothymol blue was added in both types of hydrogels as a pH indicator due to its color changes, depending on the acidic/basic environment. Such hybrid hydrogel systems can be used as a chemical sensor for monitoring pH changes in different application fields, such as the food industry, environment, and urine overflowing in diapers. The presence of PDADMAC, sodium alginate, and silica influenced the optical and swelling properties of the hydrogels mixed with bromothymol blue. In addition, the content of PDADMAC affected the brightness of the colors of the hydrogels. Such a system proved to be an easy and sensitive tool for the monitoring of pH changes in different conditions.

Poly(ethylene glycol)-based hydrogels are popular materials for sensing application [36,39,141]. For example, poly(ethylene glycol) diacrylate with embedded gold nanoparticles was used as an optical sensor for biotin [36]. The gel environment provided the stability of the trapped colloidal Au nanoparticles solution compared to water solution, presenting an opportunity to use the plasmonic effect as a biotin indicating signal. Biotin, used as a model molecule, has been captured and optically detected with a transmission mode customized setup using cysteamine modified Au nanoparticles (Figure 13). The developed device can be used for the detection of other types of biomolecules in water.



Figure 13. Biotin detection with poly(ethylene glycol)-based embedded with gold nanoparticles (PEGDA/AuNPs). (**a**) The preparation process of hydrogel PEGDA/AuNPs, modification of gel trapped nanoparticles involves the citrate displacement with a cysteamine modification of Au and the biotin grafting on the available amino groups of cysteamine. (**b**) Absorbance spectra of the hydrogel as a function of cysteamine concentration. (**c**) Shift of λ_{max} as a function of the cysteamine concentration ranging from 0:01 to 2 mM; (**d**) Absorbance spectra of the hydrogel as a function of biotin concentration ranging from 25 μ M to10 mM. (**e**) Shift of λ_{max} as a function of the biotin concentration (from 25 μ M to 10 mM). Reprinted with permission from [36]. Copyright 2021 AIP Publishing.

Xie et al. developed a preliminary fluorescent supramolecular hydrogel sensor consisting of semiconductive CdTe quantum dots (QDs), stabilized with an amphiphilic block copolymer, made of mercaptan derivatized poly(ethylene glycol)-poly(ε -caprolactone) [39]. The self-assembly of the supramolecular hydrogel was achieved thanks to the interaction between the amphiphilic block copolymer and the QD. In addition, α -cyclodextrin (α -CD) was added to the network of the hydrogel. Changing the amounts of the block copolymer, α -CD, or QDs modulates the gelation kinetics, the mechanical strength of the hydrogel, and most importantly, changes the fluorescence characteristics of the hydrogel. In addition, the fluorescence behaviour of the supramolecular composite can also be changed by external factors, such as temperature and pH. Such features allowed the development of a promising supramolecular hydrogel, biocompatible and responsive to external stimuli, useful as an optical biosensor [39].

3. Foldamers in Sensing

Foldamers are synthetic molecules that adopt a conformationally ordered state in solution, similarly to biopolymers such as proteins or nucleic acids [150–152]. Therefore, foldamers gained popularity in light of the possibility of designing molecules in such a way that they have defined functionalities similar to natural macromolecules [153]. Moreover, the enormous number of properties possessed by biopolymers is encoded by relatively small "alphabets" of monomers, namely 20 amino acids in proteins and four nucleobases in nucleic acids. The great potential inherent in foldamers results from the possibility of extending the alphabet with abiotic monomers. Furthermore, the development of precision polymer chemistry methods [154–156] leading to sequence-defined macromolecules provides opportunities for new types of foldamers based on an abiotic backbone [157–161].

The tendency of foldamers to form diverse secondary structures makes them very interesting objects in material sciences [162]. They can be exploited as peptidomimetics [43], e.g., an additional methylene unit in the β -peptides backbone generates a new stereogenic center and substitution position. This makes them unrecognizable by traditional proteases, which in turn means that they are intrinsically resistant to degradation [42,163]. They can form 8-, 10-, 12-, and 14-helices, depending on the monomer structure guided by the formation of the hydrogen bonds, responsible for structure formation [150,164,165]. The secondary structure of foldamers can be fitted to particular molecules, forming capsules to size [166,167]. The improved structural stability of foldamers can be achieved by intramolecular side-chain crosslinking, providing good material stability [168]. Among foldamers, we can identify amide-based macromolecules (α - γ -peptides [169], peptoids [170,171]), oligoureas [172], and oligoaryls [173]. The large library of structural motifs of foldamers enables the design of countless functions and applications [174–176], including sensing [151,177]. Thanks to the structural control of foldamers, they can be designed to bind complementary guests [178], e.g., cations [179–186], anions [186–192], or non-charged molecules [164,193–209]. They have been applied in the detection of metal ions [210–213], explosives [214], biomarkers [215], pH [216,217], membrane curvature [218], and fructose [198] (Table 3).

Liu et al. proposed a hexameric oligophenol foldamer to detect Cu²⁺ ions [210]. They confirmed that metal ions can induce folding by stabilizing polymer conformation. The linear, a more fluorescent form of the oligomer in the presence of ions folds into a curved structure of smaller fluorescence intensity. The copper-induced change in intensity makes it possible to detect bound metals and even selectively detect copper ions. This approach is promising in the context of the selective detection of metal ions using analogous compounds, in which the change of conformation occurs under the influence of particular ions [210].

Davis et al. constructed water-soluble foldamers for non-Faradaic capacitive anion detection [211]. In this approach, they have synthesized halogen (XB) and hydrogen bonding (HB) anion receptors. The addition of perrhenate anions, iodide, and thiocyanate induced an increase in the capacitance of the material. Interestingly, the exposure of XB and HB to perchlorate, nitrate, or bromide did not generate any notable change in capacitance, indicating the selective binding of charge-diffuse anions by the foldamer. The detection limit for XB was the lowest for iodide ions, while the HB foldamer turned out to be about three times less sensitive, emphasizing the advantage of the halogen-bonding interface. This new strategy should enable the detection of each anion using the suitable anion receptor [211].

Foldamer	Sensing	Analyte	Characteristics	Ref.
Methionine-cholate hexamer	Fluorescence	Hg ²⁺	Organic solvents Linear range 0–0.24 μM Dansyl fluorescent dye	[182]
Hexameric oligophenol	Fluorescence	Cu ²⁺	THF with 1% DMSO solution 90% fluorescence quenching $\lambda_{ex} = 351 \text{ nm}$	[210]
Tetratriazole	Impedance-derived capacitance spectroscopy	ReO₄ [−] I [−] SCN [−]	LOD: 28 µM (XB), 80 µM (HB) 14 µM (XB), 47 µM (HB) 42 µM (XB), 113 µM (HB) H ₂ O with 100 mM NaCl solution	[211]
Tri-pillar[5]arene (FSOF) FSOF-Cr FSOF-Fe	Fluorescence	Ions	LOD: 1.18 nM Fe ³ 1.86 nM Cr ³⁺ 0.94 nM Hg ²⁺ 1.78 nM H ₂ PO ⁴⁻ 2.12 nM CN ⁻	[212]
Dithiocarbamate	Fluorescence	Hg ²⁺	$LOD = 3 \ 10^{-13} \ M$ $\lambda_{ex} = 278 \ nm, \lambda_{em} = 326 \ nm \ and \ 339 \ nm.$ Selectivity in presence of other ions	[213]
Tetraphenylethylene with hairpin linkers	Fluorescence	2,4,6-trinitrotoluene (TNT)	LOD = 0.88 fg/L of air Fluorescence quenching with increasing of TNT	[214]
β-peptide	Immunoassay	Aβ-oligomers	LOD = 5 pM Linear range: 10–500 pM	[215]
<i>Bis</i> (urea)oligo(phenylene)ethylene	Circular dichroism	Carboxylic acids	$\lambda_{max} = 370 \text{ nm}$ Linear correlation for CD amplitude: $-100-100 \text{ %ee}$ %ee of tartaric acid: 0.2–6.4 %error	[216]
Dinuclear macrocycle-based copper complex	Fluorescence, colorimetry	Citrate	LOD = $0.45 \pm 0.02 \ \mu M$ in water (pH = 7) Linear range: 1.25–8.60 μM $\lambda_{ex} = 470 \ nm, \ \lambda_{em} = 536 \ nm$	[217]
<i>Bis</i> -cholate	Fluorescence	Membrane curvature	$\begin{array}{c} \text{PBS buffer (pH = 7.4)} \\ \lambda_{exc} = 470 \text{ nm} \\ \lambda_{em} = 521-550 \text{ nm} \\ \text{The binding affinity defined as} \\ K_p (10^3 \text{ M}^{-1}), \text{ max. } = 77 \pm 10 \\ \text{4-fold when liposome size change} \end{array}$	[218]
Thioether linked biochromatic squarine	Fluorescence	Oxalate	$\begin{array}{c} \text{LOD} = 5.2 \text{ nM} \\ \text{Before binding:} \\ \lambda_{abs} = 627-622 \text{ nm}, \\ \lambda_{em} = 657-687 \text{ nm} \\ \text{After binding: Decrease } \lambda_{abs} = 635 \text{ nm}, \text{shifted band} \\ \lambda_{abs} = 565 \text{ nm} \\ \text{Decrease } \lambda_{em} = 652 \text{ nm} \end{array}$	[219]
Aromatic oligoamide	Conductivity	<i>L</i> -tartaric acid tetrafluorosuccinic acid, 2,2-difluorosuccinic acid	80-fold variation of its conductance upon binding was detected by AFM	[220]

Table 3. Foldamer-based sensors.

Abbreviations: AFM—atomic force microscopy; BSA—bovine serum albumin; DMSO—dimethyl sulfoxide; K_p : apparent molar partition coefficient; LOD—limit of detection, is defined as the lowest concentration of an analyte in a sample that can be consistently detected with a stated probability (typically at 95% certainty) [111]; PBS—phosphate-buffered saline, FRET—Förster resonance energy transfer, FITC—fluorescein isothiocyanate;. THF: tetrahydrofuran.

Fu et al. described a chromogenic sensor based on squaraine foldamer controlled by Ca^{2+} ions [219]. When the sensor is bound with calcium ions, it allows the binding of oxalate and its detection with the "naked eye" based on changes in fluorescence. Emission and absorption spectra of the foldamer itself and with the increasing amount of calcium ions differs. Two dye molecules bind one calcium ion creating a sandwich dimer with decreased intensity of absorption at 635 nm and a hypsochromic band formed at 565 nm, quenching the fluorescence. Thus, the observed color of the solution changed from cyan to blue. In the presence of oxalate ions, which bind calcium, the quenched fluorescence can be restored. The removal of calcium ions from the complex and the unfolding of the polymer is confirmed by the increase in the maximum absorption at 640 nm and emission at 660 nm. Other metal ions, such as Li⁺, K⁺, Na⁺, Mg²⁺, Ba²⁺, or Sr²⁺, caused no changes in emission and absorption. The material was used as a switchable fluorescent probe for the detection of oxalate ions. This detection system may find application in food safety assessment,

clinical diagnosis of irregular oxalate levels, or the detection of calcium-binding anions present in the human body [219].

Gunasekara and Zhao demonstrated a *bis*-cholate foldamer applied as an effective membrane-curvature sensor [218]. They investigated four foldamers in the presence of liposomes of different sizes as model molecules, i.e., different membrane curvatures, using fluorescence detection. The sensor with a non-ionic fluorescent label located on the α -face of the attached cholate revealed the most advantageous properties. The foldamer displayed the strongest emission enhancement, monotonous response to lipid curvatures, and the strongest binding of lipid membranes. The change in the properties was related to the foldamer conformation (Figure 14). The foldamer-based material is characterized by a much simpler bis-cholate synthesis compared to the classically used sensors (proteins or amphipathic α -helices), which makes them useful as biosensors [218].



Figure 14. Schematic representation of possible conformations of the foldamer **3** and **4** in the lipid bilayer. The fact that **3** emitted at a significantly lower wavelength than **4** suggests that the former was located in a more hydrophobic microenvironment than the latter. Reprinted with permission from reference [218]. Copyright 2015 American Chemical Society.

Another example of a foldamer for selective sensing is a macrocycle-based dinuclear foldamer constructed by Hossain et al. [217]. The dinuclear copper(II) complex in the presence of eosin (EY), a fluorescent dye, was investigated as a system for the detection of molecules. The fluorescence intensity of EY continuously decreased upon the increasing addition of the complex to the solution of the dye, resulting in an almost absolute quenching of the emission. The created adduct was tested in the detection of inorganic halides, oxoanions, and carboxylates in water at neutral pH. The foldamer complex was the most effective in detecting citrate followed by oxalate, glutamate and phosphate. These anions caused the greatest restoration of fluorescence by displacing the dye from the complex. The optical properties of the probe were also analyzed and a color change from magenta to pale orange was observed after the addition of citrate, tartrate, and phosphate. Cytotoxicity tests of the EY complex on human foreskin fibroblast cells confirmed the biocompatibility of the compound up to a concentration of 100 μ M. Therefore, the sensor can be used to detect citrate ions in biological systems [217].

Wolf et al. developed an oligo(phenylene)ethynylene foldamer with peripheral bis(trifluoromethyl)phenylurea units for the detection of chiral carboxylic acids [216]. The effect of this chiroptic sensor is based on the CD measurement of analyte samples in the presence of base in CHCl₃ and acetone. The characteristic CD signals occur due to the formation of a hydrogen bond complex between the foldamer and the enantiomeric form of the analyte. The probe was tested for the quantitative analysis of non-racemic tartaric

acid mixtures and the enantiomeric excess error was determined at the level of 0.2–6.4%. Hence, this sensor can be successfully applied on a larger scale because of its simplicity and short time of analysis adaptable to high-throughput screening technology [216].

Martinek et al. designed an ELISA-foldamer test for sensing A β -oligomers which plays a key role in the pathogenesis of Alzheimer's disease [215]. The scientists have created a sandwich test consisting of a biotin-labeled foldamer immobilized on streptavidin-coated plates. The foldamer captured A β -oligomers, which were optically detected by a monoclonal mouse antibody and an anti-mouse secondary antibody conjugated to horseradish peroxidase. This optimized ELISA-foldamer was sensitive to A β -oligomers in the picomolar range. Studies have confirmed its selectivity for A β surface patterns transiently present during the ongoing aggregation process. These results imply that protein mimicking foldamers could be useful agents in biosensors and affinity assays [215].

A sensor-based on selective binding of dicarboxylic acids to an oligoamide foldamer was recently reported by Huc et al. [220] (Figure 15). The structure of foldamer was designed to recognize acids through multiple non-covalent interactions. The involved binding forces were a combination of electrostatic protonation/deprotonation, hydrogen bonding, and geometrical constraints. The foldamer with a thiol anchoring group was immobilized on a gold surface and evaluated for sensing of *L*-tartaric acid, tetrafluorosuccinic acid, and 2,2difluorosuccinic acid. The foldamers underwent fast complexation of 2,2-difluorosuccinic acid with deprotonation of one of the two carboxylic acid groups that showed a significant difference (about 80-fold) in the charge transport. The conductivity change was measured by AFM. Guest binding to an immobilized foldamer changes its electrical properties, which is an important step towards the de novo design of electronic sensors that exploit molecular recognition in signal transduction.



Figure 15. (**A**) Foldamer grafted to a gold surface constitute a probe for detection of diacids. Conductive AFM assesses the effect on conductivity upon protonation of the foldamer backbone via the recognition of an acidic guest. (**B**) Chemical structures of foldamer building blocks. (**C**) The guest is shown in foldamer-filling representation. (**D**) Top view of the central part of the complex. Reprinted with permission from reference [220]. Copyright 2021 the Royal Society of Chemistry.

Zhang et al. demonstrated tetraphenylethylene foldamers with double hairpin turn linkers capable of detecting 0.88 fg TNT vapors per mL of air [214]. As the molecular weight increased, the foldamers began to aggregate into hollow structures sensitive to the TNT-

contaminated air. The TNT molecules bind to oligomer via N– π interactions and hydrogen bonds between TNT nitro groups and aromatic rings. Thus, foldamer fluorescence is quenched. This discovery will lead to the development of foldamers for the detection of other explosives with nitro groups, such as nitramines and nitroalkanes [214].

Zhang et al. described sensors based on gel foldamers [212]. They developed a tripillar[5]arene (FSOF) based xerogel foldamer for the detection of ions such as Fe^{3+} , Hg^{2+} , and Cr^{3+} . The sensors show aggregation-induced emissions that display fluorescence quenching in the presence of metal ions. The formation of the gel allows metal ions to be separated from their aqueous solution by absorption (for FSOF at the level of 92.39–99.99%), while the addition of ions to FSOF made it possible to construct a foldamer (MSOF) for the detection of CN^- and $H_2PO_4^-$ and their separation. The developed foldamers allow for ultra-sensitive multi-analyte detection and highly effective separation of ions [212].

4. Conclusions and Future Outlook

Polymers are attractive materials for next-generation sensory materials. They offer a wide range of available monomers that provide various properties. Polymer materials are evolving with the development of precision synthesis tools. Accessible, easy approaches for the preparation and modification of macromolecules enable improved control of their properties. In turn, the facile modulation of the properties allows the fine-tuning of the material functionalities in order to fabricate refined sensors, meeting the market needs. Current requirements for sensors are low cost, feasibility, short analysis time, as well as high sensitivity and selectivity. It is challenging to acquire all these parameters at the same time. Having a high sensitivity and selectivity while maintaining simple use is not an easy task. Therefore, sensory materials are mostly designed for cheap and accessible detection techniques, usually amperometric or optical, that eliminate the barrier of having sophisticated apparatuses. The use of a smartphone as a tool for the detection and quantification of substances is becoming more and more common. The presented examples show that in order to achieve the appropriate detection parameters, high sensitivity and selectivity of the probe material are required. To reach satisfactory sensing parameters, we have to adjust the chemical structure of the material and its morphology in the nanoscale. Proper adaptation of the polymer material to the analyte is crucial for achieving high sensing parameters. The challenge is a proper design of recognition elements to have a strong and selective affinity to an analyte. This can be achieved by constraining the macromolecule shape by crosslinking or monomer sequence control. Therefore, gels and foldamers are attracting significant interest as sensor probe materials. Foldamers characterized by specific spatial structures and cavities that can be fitted to target molecules are of particular interest. It is expected that foldamers can display similar receptor functionalities as natural biopolymers. Yet, the rational foldamer structure design is not a trivial task. Currently, little is known about the structure–property relationship of abiotic macromolecules. Even for natural proteins, built from a finite number of 20 amino acids, being the object of extensive studies over the last 50 years, the sequence-property relationship is not fully understood. However, significant progress has been made recently with the support of artificial intelligence tools. Computational methods are highly abundant in biological science, and they should be introduced to material science to accelerate the development of the field.

To fulfil current requirements for sensory materials, we should learn how to mimic natural receptors present in living systems. The expectations can be met by inducing relevant shapes and functional groups into macromolecules that will be involved in specific binding. The foldamers are interesting candidates to display desired properties. By controlling the monomer sequence, i.e., the primary structure of a macromolecule, we can gain control over a secondary structure, as it is observed for natural proteins. This approach offers lots of possibilities in sensor design. The proper choice of monomers and their alignment may form a binding cavity to fulfil the selectivity criteria, since any other molecule of a different shape will simply not fit. The fit of the material to the shape of the analytes has already been investigated for molecular imprinting technology. The molecularly imprinted polymers are synthesized in the presence of an analyte that is washed out in further steps. When the molecule is released from the polymer, it leaves its cavity template printed into the polymer matrix. However, it is accompanied by selectivity restrictions related to the limited structural precision of the polymerization process, especially pronounced for sensing macromolecules. The existing limitations could be overcome by using sequence-defined polymers. They merge features from two worlds: biological structure precision and a large library of synthetic building blocks representing a wide range of properties. Sequence-defined polymers, thanks to full structure control, could be programmed and precisely engineered to obtain desirable properties of sensory materials.

Author Contributions: Conceptualization, overall supervision, funding acquisition R.S; writing original draft preparation, S.G.G. (Hydrogels), W.F. (Foldamers), and P.C. (part of introduction); writing—review and editing R.S. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by Polish National Science Centre, grant number 2018/31/D/ST5/ 01365) and by The Łukasiewicz Centre, project PolyProbe number of agreement: 4/Ł-PORT/CŁ/2021.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Acknowledgments: The authors R.S., W.F. (NCN scholarship) and S.G.G. are highly grateful to the Polish National Science Centre (2018/31/D/ST5/01365) for financial support. R.S. acknowledge The Łukasiewicz Centre for financial support grant PolyProbe: 4/Ł-PORT/CŁ/2021.

Conflicts of Interest: The authors declare no conflict of interest.

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