ORIGINAL RESEARCH



The Cost-Effectiveness of an Advanced Hybrid Closed-Loop System in People with Type 1 Diabetes: a Health Economic Analysis in Sweden

Johan Jendle · M. I. Buompensiere · A. L. Holm · S. de Portu · S. J. P. Malkin () · O. Cohen

Received: August 21, 2021 / Accepted: September 15, 2021 / Published online: October 1, 2021 \odot The Author(s) 2021

ABSTRACT

Introduction: Swedish National Diabetes Registry data show a correlation of improved glycemic control in people with type 1 diabetes (T1D) with increased use of diabetes technologies over the past 25 years. However, novel technologies are often associated with a high initial outlay. The aim of the present study was to evaluate the long-term cost-effectiveness of the advanced hybrid closed-loop (AHCL) Mini-Med 780G system versus intermittently scanned continuous glucose monitoring (isCGM) plus self-injection of multiple daily insulin (MDI) or continuous subcutaneous insulin infusion (CSII) in people with T1D in Sweden.

Methods: Outcomes were projected over patients' lifetimes using the IQVIA CORE Diabetes Model (v9.0). Clinical data, including

J. Jendle (🖂)

M. I. Buompensiere \cdot S. de Portu \cdot O. Cohen Medtronic International Trading Sàrl, Tolochenaz, Switzerland

A. L. Holm Medtronic Denmark, Copenhagen, Denmark

S. J. P. Malkin Ossian Health Economics and Communications, Basel, Switzerland changes in glycated hemoglobin (HbA1c) and hypoglycemia rates, were sourced from observational studies and a randomized crossover trial. Modeled patients were assumed to receive the treatments for their lifetimes, with HbA1c kept constant following the application of treatment effects. Costs were accounted from a societal perspective and expressed in Swedish krona (SEK). Utilities and days off work estimates were taken from published sources.

Results: The MiniMed 780G system was associated with an improvement in life expectancy of 0.16 years and an improvement in qualityadjusted life expectancy of 1.95 quality-adjusted life years (QALYs) versus isCGM plus MDI or CSII. These clinical benefits were due to a reduced incidence and a delayed time to onset of diabetes-related complications. Combined costs were estimated to be SEK 727,408 (EUR 72,741) higher with MiniMed 780G, with treatment costs partially offset by direct cost savings from the avoidance of diabetes-related complications and indirect cost savings from the avoidance of lost workplace productivity. The MiniMed 780G system was associated with an incremental cost-effectiveness ratio of SEK 373,700 per QALY gained.

Conclusions: Based on a willingness-to-pay threshold of SEK 500,000 per QALY gained, the MiniMed 780G system was projected to be cost-effective versus isCGM plus MDI or CSII for the treatment of T1D in Sweden.

Institute of Medical Sciences, Campus USÖ, Örebro University, 701 82 Örebro, Sweden e-mail: johan.jendle@oru.se

Keywords: Cost-effectiveness; Type 1 diabetes; Sweden; Advanced hybrid closed-loop

Key Summary Points

Why carry out this study?

The clinical burden of type 1 diabetes in Sweden is growing, and novel treatments could help to keep individuals with the disease within glycemic targets and thereby lower the incidence of costly long-term diabetes-related complications.

However, the benefits of novel efficacious interventions must be judged against the costs of introducing such therapies as healthcare budgets come under increasing strain worldwide.

The present study therefore aimed to evaluate the long-term cost-effectiveness of a novel advanced hybrid closed-loop (AHCL) system (the MiniMed 780G system) versus intermittently scanned continuous glucose monitoring (isCGM) plus multiple daily insulin (MDI) or continuous subcutaneous insulin infusion (CSII) in people with type 1 diabetes in Sweden.

What was learned from the study?

Outcomes projected over patients' lifetimes indicated that the MiniMed 780G system was associated with improved life expectancy and qualityadjusted life expectancy and increased costs versus is CGM plus MDI or CSII from a societal perspective in Sweden, resulting in an incremental cost-effectiveness ratio of SEK 373,700 per quality-adjusted life year gained.

Based on long-term projections, the MiniMed 780G system was considered a cost-effective treatment option in people with type 1 diabetes in Sweden.

INTRODUCTION

Type 1 diabetes is characterized by a loss of betacell function and consequent insulin deficiency, and represents one of the most common endocrine disorders in the world, particularly in pediatric populations [1]. In Sweden, the clinical burden of type 1 diabetes is growing, with the disease affecting more than 45,000 people in 2020, a marked increase since records began in 1996 [2]. Prolonged heightened blood glucose levels (measured via glycated hemoglobin [HbA1c]) can have a substantial impact on the incidence of diabetes-related complications over both the short and long term, as evidenced by the landmark Diabetes Control and Complications Trial (DCCT) and the Epidemiology of Diabetes Interventions and Complications (EDIC) study [3, 4]. Diabetes-related complications are associated with a significant economic burden in terms of both direct treatment costs and indirect costs relating to lost workplace productivity. Maintaining glycemic control within target ranges therefore represents the key goal for people with type 1 diabetes and for healthcare payers, as this reduces the incidence of long-term complications and avoids shortterm complications such as hypoglycemia as well as the associated cost burdens. With healthcare systems worldwide coming under increasing budgetary strain, novel interventions for type 1 diabetes are often subjected to health economic analyses to evaluate whether they represent value for money for the healthcare payer and for society overall.

Type 1 diabetes requires lifelong treatment and management to avoid substantial morbidity and early mortality. Traditional treatments for type 1 diabetes have relied on self-injection of multiple daily insulin doses (MDI), which requires regular user-administered self-monitoring of blood glucose (SMBG) testing, and these therapies often represent the first-line treatment option for type 1 diabetes. However, innovations in diabetes technologies can help to relieve the burden of self-injection and SMBG testing on the user while offering improvements in glycemic control and subsequent reductions in long-term diabetes-related complications and hypoglycemic events [5–13]. Currently available diabetes technologies incorporate both a continuous glucose monitor (CGM, either intermittently scanned [isCGM] or real-time [rtCGM]), which can replace the need for SMBG testing, and insulin pumps for continuous subcutaneous insulin infusion (CSII), which can replace multiple daily self-injections. Combinations of CGM and CSII in sensor-augmented pumps (SAPs) can also embed predictive lowglucose management (PLGM) functions that, due to the communication between the two devices, allows partially automated insulin delivery based on blood glucose levels, improving glycemic control and reducing the risk of hypoglycemia [14, 15]. Mean HbA1c levels have been decreasing in the Swedish population with type 1 diabetes since 1996, and this trend correlates with an increased use of diabetes technologies over this time period [2]. However, the reported mean HbA1c level of people with type 1 diabetes in 2020 was 7.7%, which is above optimal levels [2, 16]. Novel diabetes technologies that can lower HbA1c levels while providing benefits for patients' quality of life could therefore offer an attractive alternative to traditional MDI or older technological therapy.

Recently, advanced hybrid closed-loop (AHCL) systems have been developed that allow automated insulin administration via CSII in response to fluctuations in blood glucose levels measured by the CGM. The MiniMed 780G represents an AHCL system that automatically adjusts basal insulin delivery, as well as providing safe correction bolus doses as required, via an algorithm that updates insulin delivery every 5 min. This system was evaluated versus SAP therapy with PLGM in a recent study [17]. That randomized, open-label, crossover study, performed at two centers and conducted in automated-insulin-delivery-naïve participants with type 1 diabetes (aged between 7-80 years; n = 60), found that time in range (TIR) was improved with AHCL versus SAP plus PLGM, with higher use of the automated mode and no increase in hypoglycemia [17]. The automated features of AHCL systems could also relieve the burden of insulin administration from people with type 1 diabetes, thereby offering qualityof-life benefits and reduced fear of hypo-glycemia [18].

Given the scope for improvement in type 1 diabetes care in Sweden, and the potential benefits offered by AHCL systems, the present study aimed to evaluate the long-term cost-effectiveness of the AHCL MiniMed 780G system compared with isCGM plus either MDI or CSII in the Swedish setting, and thereby estimate whether this system can offer both clinical benefits and value for money.

METHODS

Model Overview

The IQVIA CORE Diabetes Model (version 9.0) was used to project clinical and cost outcomes over modeled patients' lifetimes, in line with guidance on the cost-effectiveness of interventions for diabetes [19]. This model is a validated, web-based, non-product-specific diabetes analysis tool designed to project the long-term health outcomes of novel interventions for the treatment of type 1 and type 2 diabetes [20–22]. The model incorporates numerous submodels, each with a semi-Markov structure, that use time-, state-, time-in-state-, and diabetes-typedependent probabilities derived from published sources. Relevant model outputs include life expectancy, quality-adjusted life expectancy (expressed in quality-adjusted life years [QALYs]), cumulative incidence and time to onset of diabetes-related complications, direct costs arising from the treatment of diabetes-related complications, indirect costs arising from lost workplace productivity, incremental costeffectiveness ratios (ICERs) based on both direct costs and combined (direct and indirect) costs, as well as cost-effectiveness scatterplots and acceptability curves.

Clinical Data

Baseline cohort characteristics, including age, duration of diabetes, proportion male, HbA1c, systolic and diastolic blood pressure, total cholesterol, high-density lipoprotein (HDL)

cholesterol, and body mass index (BMI) were sourced from the FUTURE study. a 12-month. prospective, observational, multicenter, realworld study investigating the impact of isCGM on glycemic control (Table 1) [23]. A total of 1913 people with type 1 diabetes for > 3 months were included, with 78% receiving MDI therapy. The mean age of the cohort was 45.8 years, with a duration of diabetes of 23 years, a proportion male of 53.9%, and a mean HbA1c of 7.8%.

Treatment effects for the MiniMed 780G system and isCGM plus MDI or CSII were sourced from a recent randomized crossover trial and the FUTURE study, respectively (Table 1) [17, 23]. In the MiniMed 780G arm, HbA1c was reduced by 0.5%, and the rate of severe hypoglycemic events (requiring the assistance of a third party) was set to zero, in line with the results from the randomized trial [17]. In the isCGM plus MDI or CSII arm, no changes from baseline in HbA1c were applied, and the rate of severe hypoglycemia (requiring the assistance of a third party) was set to 63.9 events per 100 patient-years, in line with results from the FUTURE study [23]. Following the application of treatment effects in the first year of the analysis, HbA1c was assumed to remain constant for the remainder of each patient's lifetime.

Changes in other physiological parameters, such as blood pressure and serum lipid levels, were not applied in lieu of treatment-specific data, and baseline values were assumed to follow the model's default progression equations based on published sources. No changes in BMI were applied, and this parameter was assumed to remain constant over the duration of the analyses. The rate of diabetic ketoacidosis was set to zero in both treatment arms. This approach allowed the impacts of different levels of glycemic control and hypoglycemic events (the two parameters evaluated in the clinical data sources) to be assessed.

Cost Data and Utilities

Costs were accounted from a Swedish societal perspective and expressed in Swedish krona (SEK). Selected cost outcomes were also expressed in euros (EUR), applying an exchange rate of SEK $1.0 = EUR \ 0.1$. All analyses were performed using a first-order Monte Carlo approach, with future clinical and cost benefits discounted at 3.0% per annum, in line with pharmacoeconomic guidance for the Swedish setting [24]. Direct costs captured the costs of treating diabetes-related complications and the costs of patient management, which were taken from published sources (Table 2) [25–34]. Indirect

Table 1 Baseline characteristics, treatment effects, and adverse event rates applied in the	base case analysis
---	--------------------

Parameter	MiniMed 780G	isCGM plus MDI or CSII
Baseline cohort characteristics, mean (SD)		
Age, years	45.8 (15.3)	
Diabetes duration, years	22.8 (13.7)	
Male, %	53.9	
HbA1c, %	7.8 (0.0)	
Treatment effects and adverse event rates		
HbA1c, %	- 0.5%	0.0%
Severe hypoglycemic event rate, per 100 patient-years	0.0	63.9
Diabetic ketoacidosis event rate, per 100 patient-years	0.0	0.0

HbA1c glycated hemoglobin, SD standard deviation

Table 2	Direct	costs	associated	with	the	treatment	of	diabetes-rel	lated	complications	applied	in	the	analy	ses
										1					

Complication	Cost, SEK	References
Myocardial infarction, year of event	99,979	[28]
Myocardial infarction, years 2 +	2346	[28]
Angina, year of onset	118,565	[28]
Angina, years 2 +	5242	[28]
Congestive heart failure, year of onset	78,395	[28]
Congestive heart failure, years 2 +	7416	[28]
Stroke, year of event	185,948	[29]
Stroke, years 2 +	40,537	[29]
Stroke, death within 30 days	87,436	[30]
Peripheral vascular disease, onset	92,941	[28]
Peripheral vascular disease, years 2 +	5173	[28]
Hemodialysis, onset	538,887	[30]
Hemodialysis, years 2 +	538,887	[30]
Peritoneal dialysis, onset	538,887	[30]
Peritoneal dialysis, years 2 +	538,887	[30]
Kidney transplant, first year	308,275	[30]
Kidney transplant, years 2 +	52,128	[30]
Non-severe hypoglycemia	55	[26, 31]
Severe hypoglycemia (not requiring medical assistance)	288	[32]
Severe hypoglycemia (requiring medical assistance)	4641	[32]
Diabetic ketoacidosis	26,442	[30]
Laser treatment	7181	[30]
Cataract operation	17,581	[30]
Cataract operation, years 2 +	0	[30]
Blindness, first year	9799	[33]
Blindness, years 2 +	4183	[33]
Neuropathy, year of onset	6351	[25]
Neuropathy, years 2 +	6351	[25]
Amputation, procedure	279,550	[34]
Amputation, prosthesis	19,863	[29]
Gangrene treatment	222,381	[34]
Infected foot ulcer	95,906	[34]
Uninfected foot ulcer	85,587	[34]

Complication	Cost, SEK	References
Cost after healed ulcer	8559	[34]
Cost of healed ulcer (history of amputation)	8559	[34]

SEK Swedish krona

costs arising from lost workplace productivity were based on the days off work estimates published by Sørensen and Ploug and the 2019 average salaries for men and women in Sweden [35, 36]. Indirect costs were only accrued while simulated individuals were below the set retirement age (64 years) [37].

Pharmacy costs captured the costs of the MiniMed 780G device, the isCGM, basal and bolus insulin, the CSII pump, cannula, and reservoir, as well as the SMBG testing apparatus and training to use the insulin pump. Resource use, including the doses of insulin applied in the MDI arm and the cost of isCGM plus MDI or CSII, was based on a weighted average of patients in the FUTURE study (77.8% receiving MDI and 22.2% receiving CSII) [23]. Annual costs for each treatment arm were calculated based on resource use and pharmacy costs, and totaled SEK 75,644.75 for treatment with Mini-Med 780G and SEK 29,971.05 for treatment with isCGM plus MDI or CSII.

Health-state utilities and event-based disutilities associated with diabetes-related complications were taken from published sources [38–46]. In the MiniMed 780G arm, a treatment-specific utility increase of 0.0552 was applied to capture the improvement in quality of life associated with reduced fear of hypoglycemic events in patients using SAPs, based on the results of the INTERPRET study (which noted a decrease of 6.9 in the hypoglycemic fear survey) and a quality-of-life translation instrument developed by Currie et al. [47–49]. For the isCGM plus MDI or CSII arm, no significant improvement in the hypoglycemic fear survey score was reported in the FUTURE study, and therefore no utility improvement was assumed [23].

Sensitivity Analyses

Modeling the long-term outcomes of diabetes from short-term data is associated with uncertainty. A series of sensitivity analyses were therefore performed to evaluate the robustness of the base case findings. These included evaluating the effect of over- or underestimating the HbA1c benefit with MiniMed 780G by increasing and decreasing the benefit in the 780G treatment arm in several steps between -0.8%to -0.4%, and testing the effect of a bettercontrolled cohort by lowering the baseline HbA1c from 7.8% to 7.5% in the MiniMed 780G arm (based on the findings of the US Pivotal trial) [17].

Compliance with Ethics Guidelines

This article is based on previously conducted studies and does not contain any studies with human participants or animals performed by any of the authors.

RESULTS

Base Case Analysis

Long-term projections indicated that the Mini-Med 780G system was associated with an improvement in life expectancy of 0.16 years and an improvement in quality-adjusted life expectancy of 1.95 QALYs versus isCGM plus MDI or CSII (Table 3). The improved clinical outcomes were a result of a reduced incidence and an increased time to onset of diabetes-related complications with MiniMed 780G, as well as quality-of-life benefits arising from reduced fear of hypoglycemia (Fig. 2).

Total direct costs were estimated to be SEK 838,285 (EUR 83,829) higher with the MiniMed 780G system compared with isCGM plus MDI or CSII over a patient's lifetime, due to the higher acquisition cost of the device and the increased survival and further treatment of individuals over the long term (Fig. 1). However, higher treatment costs were partially offset by cost savings arising from the avoidance of diabetes-related complications, most notably renal complications (mean cost savings of SEK 36,704 [EUR 3,670] per person). Moreover, indirect costs were estimated to be SEK 110,877 (EUR 11,088) lower with the MiniMed 780G system compared with isCGM plus MDI or CSII, leading to combined (direct and indirect) cost increases of SEK 727,408 (EUR 72,741) with the MiniMed 780G system over a patient's lifetime.

Estimation of long-term clinical outcomes indicated that both life expectancy and qualityadjusted life expectancy were improved with the MiniMed 780G system compared with isCGM plus MDI or CSII, at an increased cost

 Table 3
 Base case analysis results

from a Swedish societal perspective (Table 3). The MiniMed 780G system was therefore associated with an ICER of SEK 373,700 per QALY gained, based on combined costs, versus isCGM plus MDI or CSII. Based on a willingness-to-pay threshold of SEK 500,000 per QALY gained in Sweden (as recommended by the Swedish Agency for Health Technology Assessment [SBU] for high-cost interventions), the MiniMed 780G system was considered a cost-effective treatment option compared with isCGM plus MDI or CSII for the treatment of type 1 diabetes [50].

Sensitivity Analyses

Sensitivity analyses showed that the results of the base case findings were robust to changes in baseline HbA1c and treatment effects (Table 4). Reducing the HbA1c benefit with the MiniMed 780G system to - 0.4% resulted in reduced clinical benefits and cost savings, with the ICER increasing to SEK 387,755 per QALY gained. Conversely, increasing the HbA1c benefit to -0.6%, -0.7%,and - 0.8% resulted in increased clinical benefits and cost savings with 780G, vielding ICERs of SEK 358,016, 346,607, and 332,476 per QALY gained, respectively. Reducing baseline HbA1c to 7.5% in the 780G

Health outcomes	MiniMed 780G	isCGM plus MDI or CSII	Difference			
Discounted life expectancy, years	19.27 (0.20)	19.11 (0.19)	+ 0.16			
Discounted quality-adjusted life expectancy, QALYs	14.25 (0.15)	12.31 (0.13)	+ 1.95			
Discounted direct costs, SEK	2,593,226 (58,912)	1,754,941 (59,956)	+ 838,285			
Discounted direct costs, EUR	259,323 (5,891)	175,494 (5,996)	+ 83,829			
Discounted combined costs, SEK	3,414,589 (95,866)	2,687,181 (95,819)	+ 727,408			
Discounted combined costs, EUR	341,459 (9,587)	268,718 (9,582)	+ 72,741			
ICER based on direct costs	SEK 430,663 per Q	ALY gained				
ICER based on combined costs	SEK 373,700 per QALY gained					

Values are means (standard deviations)

CSII continuous subcutaneous insulin infusion, *EUR* euros, *ICER* incremental cost-effectiveness ratio, *isCGM* intermittently scanned continuous glucose monitor, *MDI* self-injection of multiple daily insulin doses, *QALYs* quality-adjusted life years, *SEK* Swedish krona



Fig. 1 Total costs accumulated in the base case analysis over a patient's lifetime. *CSII* continuous subcutaneous insulin infusion, *isCGM* intermittently scanned

arm (as opposed to 7.8% in the base case analysis) led to increased quality-adjusted life expectancy benefits with the AHCL system, but also increased costs due to the greater survival and further treatment of patients over the long term. The MiniMed 780G system was therefore associated with an ICER of SEK 250,547 per QALY gained versus isCGM plus MDI or CSII.

continuous glucose monitor, *MDI* self-injection of multiple daily insulin doses, *SEK* Swedish krona

DISCUSSION

Demonstrating the cost-effectiveness of novel diabetes technologies, particularly AHCL systems that are associated with a high initial outlay, is crucial for increasing the uptake of efficacious treatment options for type 1 diabetes. From a societal perspective in Sweden, the MiniMed 780G system was found to be a

Analysis	Discounted expectancy	d quality-adjı 7, QALYs	usted life	Discountee	d combined	ICER based on combined costs, SEK	
	MiniMed 780G	isCGM plus MDI or CSII	Difference	MiniMed 780G	isCGM plus MDI or CSII	Difference	per QALY gained
Base case	14.25	12.31	+ 1.95	3,414,589	2,687,181	+ 727,408	373,700
HbA1c reduction of – 0.8% with 780G	14.36	12.31	+ 2.05	3,369,655	2,687,181	+ 682,474	332,476
HbA1c reduction of - 0.7% with 780G	14.33	12.31	+ 2.02	3,387,534	2,687,181	+ 700,353	346,607
HbA1c reduction of – 0.6% with 780G	14.30	12.31	+ 1.99	3,399,454	2,687,181	+ 712,272	358,016
HbA1c reduction of - 0.4% with 780G	14.22	12.31	+ 1.92	3,429,771	2,687,181	+ 742,590	387,755
Baseline HbA1c of 7.5% in the 780G arm	16.24	12.31	+ 3.94	3,673,633	2,687,181	+ 986,452	250,547

Table 4 Sensitivity analyses results

CSII continuous subcutaneous insulin infusion, *HbA1c* glycated hemoglobin, *ICER* incremental cost-effectiveness ratio, *isCGM* intermittently scanned continuous glucose monitor, *MDI* self-injection of multiple daily insulin doses, *QALY* quality-adjusted life year, *SEK* Swedish krona

cost-effective treatment option compared with isCGM plus MDI or CSII in people with type 1 diabetes. Greater reductions in HbA1c and severe hypoglycemic events yielded improved life expectancy and quality-adjusted life expectancy over the long term, a result of the reduced incidence and increased time to onset of diabetes-related complications with the MiniMed 780G system (Fig. 2). Increased treatment costs were partially offset by cost savings from the avoidance of diabetes-related complications and associated lost workplace productivity. The MiniMed 780G system was therefore projected to offer clinical benefits for people with type 1 diabetes while providing value for money for healthcare payers in Sweden.

The selection of isCGM plus either MDI or CSII as a comparator was based on the uptake of CGM and CSII in Sweden. While CGM was in use in 84% of the population with type 1 diabetes in Sweden in 2020, similar levels of uptake have not been observed for insulin pumps, with only 26% of the population covered [2]. Therefore, many patients still rely on MDI when responding to prompts from the CGM, and a comparator combining both approaches was



Fig. 2 Cumulative incidence of diabetes-related complications in the base case analysis. *CSII* continuous subcutaneous insulin infusion, *isCGM* intermittently scanned

considered appropriate. Baseline cohort characteristics and insulin dose resource use from the FUTURE study, which investigated the impact of isCGM on glycemic control, were also chosen to reflect the current state of type 1 diabetes therapy in Sweden, with a high proportion utilizing CGM but fewer people using insulin pumps [23]. Moreover, these data from continuous glucose monitor, *MDI* self-injection of multiple daily insulin doses

the National Diabetes Register indicate that there is scope for improving the treatment of type 1 diabetes in Sweden, with insulin pumps currently underutilized. Given the improvements in HbA1c associated with improved diabetes care and greater use of effective technologies, the support and reimbursement of novel cost-effective technologies should continue. The present study has demonstrated that a next-generation AHCL device is a costeffective treatment option for people with type 1 diabetes in Sweden. Prescribing such a device could therefore help to further improve diabetes care, considering the high mean levels of HbA1c and low insulin pump uptake still observed in people with type 1 diabetes in Sweden [2, 16].

Fear of hypoglycemia was a key factor in the present analysis. Fear of hypoglycemia is common in populations with type 1 diabetes, and can affect quality of life both directly and indirectly through an increased burden of selfmanagement [51, 52]. A history of severe hypoglycemic events, as well as certain situations (such as driving or being in the workplace, particularly an industrial setting), can also drive an increased fear of future events, and can act as a barrier to physical activity or other activities, further limiting patients' quality of life [51, 53, 54]. The psychological burden of fear of hypoglycemia should also be considered, as this can affect both adult patients and parents or caregivers of younger individuals with type 1 diabetes [55, 56]. Given the reductions in hypoglycemia observed with the AHCL system in the recent trial and applied in the present analysis, the application of an additional utility for avoidance of fear of hypoglycemia was considered appropriate to capture not only the physical effects of hypoglycemia but also the associated psychological distress [17].

A limitation of the analysis, inherent to all long-term cost-effectiveness analyses, is the projection of long-term outcomes from shortterm clinical data. That acknowledged, this is one of the essential tenets of long-term health economic modeling, and it remains one of the best available options for informing decision making in the absence of long-term clinical trial data, with guidelines for computer modeling of diabetes interventions recommending the projection of outcomes over patients' lifetimes [19]. Moreover, every effort was made to limit uncertainty by using a published and validated health economic model and conducting sensitivity analyses around model inputs [20-22]. The use of data from a crossover trial could also be viewed as a weakness of the analysis. However, no randomized head-to-head study comparing an AHCL system with CGM in combination with either MDI or previous-generation devices has been published, and the crossover trial therefore represented the most robust evidence source currently available. Future clinical studies should focus on elucidating potential benefits for glycemic control and hypoglycemia in head-to-head comparisons of diabetes technologies, with subsequent health economic analyses utilizing these data to provide further measurements of cost-effectiveness for novel devices.

The inability to include TIR data could also be seen as a limitation. Published evidence has indicated that the MiniMed 780G system is associated with improved TIR and reduced hyperglycemia versus SAP plus PLGM and a previous HCL system, respectively [17, 57]. In that sense, the exclusion of these data was conservative from the perspective of the 780G system. Nonetheless, as TIR becomes more central to country-specific recommendations for treatments for type 1 diabetes, novel modeling methods should be developed to utilize these data and to help further inform decision makers.

CONCLUSIONS

Long-term projections indicate that the AHCL MiniMed 780G system is likely to represent a cost-effective treatment option versus isCGM plus MDI or CSII in people with type 1 diabetes in Sweden.

ACKNOWLEDGEMENTS

Funding. This study, the Rapid Service Fee and the Open Access fee were supported by funding from Medtronic International Trading Sàrl, Geneva, Switzerland.

Authorship. All named authors meet the International Committee of Medical Journal Editors (ICMJE) criteria for authorship for this article, take responsibility for the integrity of

the work as a whole, and have given their approval for this version to be published.

Author's Contributions. JJ, MIB, ALH, SdP and OC contributed to the study conception and design. Material preparation, data collection and analysis were performed by MIB, ALH, SdP and OC. The manuscript was written by SJPM with input from all authors. All authors read and approved the final manuscript.

Disclosures. Johan Jendle has received speaker's and or consultant fees from Abbott, Ascensia, AstraZeneca, Boehringer Ingelheim, Eli-Lilly, Medtronic, Nordic Infucare, Novo Nordisk and Sanofi. Maria Ida Buompensiere, Simona de Portu and Ohad Cohen are employees of Medtronic International Trading Sàrl. Astrid Ledgaard Holm is an employee of Medtronic Denmark. Samuel Joseph Paul Malkin is an employee of Ossian Health Economics and Communications GmbH, which received consulting fees to support preparation of the manuscript.

Compliance with Ethics Guidelines. This article is based on previously conducted studies and does not contain any studies with human participants or animals performed by any of the authors.

Data Availability. The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

Open Access. This article is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License, which permits any non-commercial use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/bync/4.0/.

REFERENCES

- 1. Patterson CC, Karuranga S, Salpea P, et al. Worldwide estimates of incidence, prevalence and mortality of type 1 diabetes in children and adolescents: results from the International Diabetes Federation Diabetes Atlas, 9th edition. Diabetes Res Clin Pract. 2019;157:107842.
- 2. Svensson A-M, Eliasson B, Linder E, et al. Nationella Diabetesregistret [National Diabetes Register]—nationwide results 1996–2020. 2021. https://www. ndr.nu/pdfs/NationWideResults_1996-2019.pdf. Accessed 7 May 2021.
- 3. Diabetes Control and Complications Trial Research Group. The effect of intensive treatment of diabetes on the development and progression of long-term complications in insulin-dependent diabetes mellitus. N Engl J Med. 1993;329:977–86.
- 4. Diabetes Control and Complications Trial (DCCT)/ Epidemiology of Diabetes Interventions and Complications (EDIC) Research Group. Effect of intensive diabetes therapy on the progression of diabetic retinopathy in patients with type 1 diabetes: 18 years of follow-up in the DCCT/EDIC. Diabetes. 2015;64:631–42.
- Burckhardt M-A, Smith GJ, Cooper MN, Jones TW, Davis EA. Real-world outcomes of insulin pump compared to injection therapy in a populationbased sample of children with type 1 diabetes. Pediatr Diabetes. 2018;19(8):1459–66.
- Moreno-Ferández J, García-Seco JA, Herrera-Moraleda M, Seco AM, Muñoz-Rodríguez JR. Realworld outcomes of insulin pump compared to multiple daily injection therapy in adult type 1 diabetes mellitus patients in a Mediterranean scenario. Int J Diabetes Dev Ctries. 2020. https://doi. org/10.1007/s13410-020-00887-4.
- McGill JB, Ahmann A. Continuous glucose monitoring with multiple daily insulin treatment: outcome studies. Diabetes Technol Ther. 2017;19(Suppl 3):S3–12.
- 8. Ahmadi SS, Westman K, Pivodic A, et al. The association between HbA1c and time in hypoglycemia

during CGM and self-monitoring of blood glucose in people with type 1 diabetes and multiple daily insulin injections: a randomized clinical trial (GOLD-4). Diabetes Care. 2020;43(9):2017–24.

- 9. Beck RW, Riddlesworth T, Ruedy K, et al. Effect of continuous glucose monitoring on glycemic control in adults with type 1 diabetes using insulin injections: the DIAMOND randomized clinical trial. JAMA. 2017;317(4):371–8.
- 10. Hirsch IB, Bode BW, Garg S, et al. Continuous subcutaneous insulin infusion (CSII) of insulin aspart versus multiple daily injection of insulin aspart/insulin glargine in type 1 diabetic patients previously treated with CSII. Diabetes Care. 2005;28(3):533–8.
- 11. Steineck I, Ranjan A, Nørgaard K, Schmidt S. Sensoraugmented insulin pumps and hypoglycemia prevention in type 1 diabetes. J Diabetes Sci Technol. 2017;11(1):50–8.
- 12. Zucchini S, Scipione M, Balsamo C, et al. Comparison between sensor-augmented insulin therapy with continuous subcutaneous insulin infusion or multiple daily injections in everyday life: 3-day analysis of glucose patterns and sensor accuracy in children. Diabetes Technol Ther. 2011;13(12): 1187–93.
- 13. Bosi E, Choudhary P, de Valk HW, et al. Efficacy and safety of suspend-before-low insulin pump technology in hypoglycaemia-prone adults with type 1 diabetes (SMILE): an open-label randomised controlled trial. Lancet Diabetes Endocrinol. 2019;7: 462–72.
- 14. Abraham MB, Nicholas JA, Smith GJ, et al. Reduction in hypoglycemia with the predictive low-glucose management system: a long-term randomized controlled trial in adolescents with type 1 diabetes. Diabetes Care. 2018;41(2):303–10.
- 15. Forlenza GP, Li Z, Buckingham BA, et al. Predictive low-glucose suspend reduces hypoglycemia in adults, adolescents, and children with type 1 diabetes in an at-home randomized crossover study: results of the PROLOG trial. Diabetes Care. 2018;41: 2155–61.
- 16. Lind M, Pivodic A, Svensson A-M, Ólafsdóttir AF, Wedel H, Ludvigsson J. HbA1c level as a risk factor for retinopathy and nephropathy in children and adults with type 1 diabetes: Swedish population based cohort study. BMJ. 2019;366:14894.
- 17. Collyns OJ, Meier RA, Betts ZL, et al. Improved glycemic outcomes with Medtronic MiniMed advanced hybrid closed-loop delivery: results from a randomized crossover trial comparing automated insulin delivery with predictive low glucose

suspend in people with type 1 diabetes. Diabetes Care. 2021;44(4):969–75.

- 18. Fidler C, Christensen TE, Gillard S. Hypoglycemia: an overview of fear of hypoglycemia, quality-of-life, and impact on costs. J Med Econ. 2011;14(5): 646–55.
- 19. American Diabetes Association Consensus Panel. Guidelines for computer modeling of diabetes and its complications. Diabetes Care. 2004;27:2262–5.
- 20. Palmer AJ, Roze S, et al. The CORE diabetes model: projecting long-term clinical outcomes, costs and cost-effectiveness of interventions in diabetes mellitus (types 1 and 2) to support clinical and reimbursement decision-making. Curr Med Res Opin. 2004;20(Suppl 1):S5-26.
- 21. Palmer AJ, Roze S, Valentine WJ, et al. Validation of the CORE Diabetes Model against epidemiological and clinical studies. Curr Med Res Opin. 2004;20(Suppl 1):S27-40.
- 22. McEwan P, Foos V, Palmer JL, Lamotte M, Lloyd A, Grant D. Validation of the IMS CORE Diabetes Model. Value Health. 2014;17(6):714–24.
- 23. Charleer S, De Block C, Van Huffel L, et al. Quality of life and glucose control after 1 year of nationwide reimbursement of intermittently scanned continuous glucose monitoring in adults living with type 1 diabetes (FUTURE): a prospective observational real-world cohort study. Diabetes Care. 2020;43(2):389–97.
- 24. International Society for Pharmacoeconomics and Outcomes Research (ISPOR). Pharmacoeconomic guidelines around the world—Sweden. 2020. https://www.tools.ispor.org/PEguidelines/ countrydet.asp?c=21&t=1. Accessed 10 May 2021.
- 25. TLV. Tariff database. 2020. https://www.tlv.se/ beslut/sok-i-databasen.html. Accessed 12 May 2021.
- Socialstyrelsen. Viktlister for NordDRG. Prospektiva kliniklvikter 2020. https://www.socialstyrelsen.se/ utveckla-verksamhet/e-halsa/klassificering-ochkoder/drg/viktlistor/. Accessed 12 May 2021.
- 27. Karolinska Universitetssjukhus. Prislista för utomlänsvård samt för utlandspatienter inom EU 2017 [Price list for outpatient care and for international patients within the EU 2017]. 2017. https://www. docplayer.se/25866982-Prislista-for-utomlansvardsamt-for-utlandspatienter-inom-eu-2017.html. Accessed 12 May 2021.
- Gerdtham UG, Clarke P, Hayes A, Gudbjornsdottir S. Estimating the cost of diabetes mellitus-related events from inpatient admissions in Sweden using

administrative hospitalization data. Pharmacoeconomics. 2009;27(1):81–90.

- 29. Ghatnekar O, Carlsson K. Kostnader för insjuknande i stroke år 2009. En incidensbaserad studie. [Costs for stroke incidence in 2009. An incidencebased study]. Lund: Institutet för hälsooch sjukvårdsekonomi (IHE), Lund Universitet [Lund: Institute of Health and Medical Economics (IHE), Lund University]; 2012. p. 2.
- Henriksson F. Applications of economic models in healthcare: the introduction of pioglitazone in Sweden. Pharmacoeconomics. 2002;20(Suppl 1): 43–53.
- 31. Geelhoed-Duijvestijn PH, Pedersen-Bjergaard U, Weitgasser R, Lahtela J, Jensen MM, Östenson CG. Effects of patient-reported non-severe hypoglycemia on healthcare resource use, work-time loss, and wellbeing in insulin-treated patients with diabetes in seven European countries. J Med Econ. 2013;16(12):1453–61.
- 32. Jönsson L, Bolinder B, Lundkvist J. Cost of hypoglycemia in patients with type 2 diabetes in Sweden. Value Health. 2006;9(3):193–8.
- Persson U, Willis M, Odegaard K. A case study of ex ante, value-based price and reimbursement decision-making: TLV and rimonabant in Sweden. Eur J Health Econ. 2010;11(2):195–203.
- 34. Prompers L, Huijberts M, Schaper N, et al. Resource utilisation and costs associated with the treatment of diabetic foot ulcers. Prospective data from the Eurodiale Study. Diabetologia. 2008;51(10): 1826–34.
- 35. Sørensen J, Ploug UJ. The cost of diabetes-related complications: registry-based analysis of days absent from work. Econ Res Int. 2013;618039.
- 36. Statistics Sweden. Salary dispersion by sector and sex 2019. 2020. http://www.scb.se/en/findingstatistics/statistics-by-subject-area/labour-market/ wages-salaries-and-labour-costs/salary-structureswhole-economy/pong/tables-and-graphs/salarydispersion-by-sector-and-sex/. Accessed 12 May 2021.
- Statistics Sweden. Sverige har högst pensionsålder i EU [Sweden has the highest retirement age in the EU]. 2016. https://www.scb.se/hitta-statistik/ artiklar/2016/Sverige-har-hogst-pensionsalder-i-EU/. Accessed 12 May 2021.
- 38. Clarke P, Gray A, Holman R. Estimating utility values for health states of type 2 diabetic patients using the EQ-5D (UKPDS 62). Med Decis Mak. 2002;22(4):340–9.

- 39. Bagust A, Beale S. Modelling EuroQol health-related utility values for diabetic complications from CODE-2 data. Health Econ. 2005;14:217–30.
- 40. Wasserfallen JB, Halabi G, Saudan P, et al. Quality of life on chronic dialysis: comparison between haemodialysis and peritoneal dialysis. Nephrol Dial Transplant. 2004;19:1594–9.
- 41. Fenwick EK, Xie J, Ratcliffe J, et al. The impact of diabetic retinopathy and diabetic macular edema on health-related quality of life in type 1 and type 2 diabetes. Investig Ophthalmol Vis Sci. 2012;53: 677–84.
- 42. Kiberd BA, Jindal KK. Screening to prevent renal failure in insulin dependent diabetic patients: an economic evaluation. BMJ. 1995;311:1595–9.
- 43. Lee WJ, Song KH, Noh JH, et al. Health-related quality of life using the EuroQol 5D questionnaire in Korean patients with type 2 diabetes. J Korean Med Sci. 2012;27:255–60.
- 44. Lauridsen JT, Lønborg J, Gundgaard J, Jensen HH. Diminishing marginal disutility of hypoglycaemic events: results from a time trade-off survey in five countries. Qual Life Res. 2014;23(9):2645–50.
- 45. Marrett E, Radican L, Davies MJ, Zhanget Q. Assessment of severity and frequency of self-reported hypoglycemia on quality of life in patients with type 2 diabetes treated with oral antihyperglycemic agents: a survey study. BMC Res Notes. 2011;4:251.
- 46. Evans M, Khunti K, Mamdani M, et al. Health-related quality of life associated with daytime and nocturnal hypoglycaemic events: a time trade-off survey in five countries. Health Qual Life Outcomes. 2013;11:90.
- 47. Nørgaard K, Scaramuzza A, Bratina N, Lalić N, Jarosz-Chobot P, Kocsis G, et al. Sensor-augmented pump therapy in real-life: patients reported outcomes results of the INTERPRET observational study. Abstract 1058. 48th EASD Annual Meeting; 2012 Oct 1–5; Berlin, Germany.
- Nørgaard K, Scaramuzza A, Bratina N, Lalić NM, Jarosz-Chobot P, Kocsis G, et al. Routine sensoraugmented pump therapy in type 1 diabetes: the INTERPRET study. Diabetes Technol Ther. 2013;15(4):273–80.
- 49. Currie CJ, Morgan CL, Poole CD, Sharplin P, Lammert M, McEwan P. Multivariate models of healthrelated utility and the fear of hypoglycaemia in people with diabetes. Curr Med Res Opin. 2006;22(8):1523–34.

- 50. Swedish Agency for Health Technology Assessment (SBU). Hälsoekonomiska utvärderingar [Health economic evaluations]. 2017. https://www.sbu.se/ globalassets/ebm/metodbok/sbushandbok_ kapitel11.pdf. Accessed 11 June 2021.
- 51. Wild D, von Maltzahn R, Brohan E, Christensen T, Clauson P, Gonder-Frederick L. A critical review of the literature on fear of hypoglycemia in diabetes: Implications for diabetes management and patient education. Patient Educ Couns. 2007;68(1):10–5.
- 52. Gonder-Frederick L. Fear of hypoglycemia: a review. Diabet Hypoglycemia. 2013;5:3–11.
- Dømgaard M, Bagger M, Rhee NA, Burton CM, Thorsteinsson B. Individual and societal consequences of hypoglycemia: a cross-sectional survey. Postgrad Med. 2015;127(5):438–45.
- 54. Brennan MC, Brown JA, Ntoumanis N, Leslie GD. Barriers and facilitators of physical activity

participation in adults living with type 1 diabetes: a systematic scoping review. Appl Physiol Nutr Metab. 2020. https://doi.org/10.1139/apnm-2020-0461 (Epub ahead of print).

- 55. Herbert LJ, Clary L, Owen V, Monaghan M, Alvarez V, Streisand R. Relations among school/daycare functioning, fear of hypoglycaemia and quality of life in parents of young children with type 1 diabetes. J Clin Nurs. 2015;24(9–10):1199–209.
- 56. Macaulay GC, Boucher SE, Yogarajah A, Galland BC, Wheeler BJ. Sleep and night-time caregiving in parents of children and adolescents with type 1 diabetes mellitus—a qualitative study. Behav Sleep Med. 2020;18(5):622–36.
- 57. Bergenstal RM, Nimri R, Beck RW, et al. A comparison of two hybrid closed-loop systems in adolescents and young adults with type 1 diabetes (FLAIR): a multicentre, randomised, crossover trial. Lancet. 2021;397(10270):208–19.