

Acquired perforating dermatosis in the setting of hepatocellular carcinoma



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Key words: carcinoma; collagen diseases; elastic tissue; hepatocellular; paraneoplastic syndromes; skin diseases.

INTRODUCTION

Acquired perforating dermatosis was first described by Rapini et al¹ in 1989 as a secondary type of perforating dermatosis in adults with systemic disorders, and its histopathologic findings included transepithelial elimination of elastic and collagen fibers.

Currently, the estimated incidence is 2.53 per 100,000 inhabitants per year, but it is believed that many cases remain underdiagnosed. Both sexes may be affected, and it usually appears during the fifth decade of life.²

Although the etiology is not fully understood, acquired perforating dermatosis is associated with systemic diseases, mainly diabetes mellitus and chronic renal disease.³

The association with liver and oncological diseases has become increasingly frequent, suggesting that it can manifest as a paraneoplastic syndrome.³ The largest retrospective study of acquired perforating dermatosis reported that 9.1% of the reviewed patients presented with a solid or lymphoproliferative malignancy.²

Herein, we report the case of a patient with acquired perforating dermatosis that revealed a diagnosis of multinodular hepatocarcinoma, which led to early treatment. To our knowledge, this is the fourth case to be published in the international literature.

CASE REPORT

A 67-year-old man presented with a 7-month history of body-disseminated papules and nodules

associated with intermittent pruritus. The patient's medical history included systemic arterial hypertension, type 2 insulin-dependent diabetes mellitus, hyperuricemia, smoking, and alcohol abuse; his medications included olmesartan 20 mg daily, atenolol 100 mg daily, linagliptin 2.5 mg twice daily, metformin 850 mg twice daily, and insulin glargine injection 40 IU daily.

Dermatologic examination revealed erythematous-violaceous papules and nodules, with elevated borders, central umbilication, and hyperkeratotic crusts, disseminated over the occipital, interscapular, lumbar, and lower limb regions (Fig 1). He presented with linear injuries on the lower limbs and reported a trauma by a pet scratch, compatible with the Köebner phenomenon.

Histopathologic findings included areas of epidermal hyperplasia with invagination, showing neutrophil exocytosis and parakeratosis. Around this area, verticalized dermal fibers were present with transepithelial migration and collection in the dilated lumen, and elastic fibers stained by the Verhoeff van-Gieson. The superficial dermis showed slight fibroplasia with focal giant cell reaction and slight perivascular lymphocytic inflammatory infiltrate (Fig 2). Tests for fungal elements using Grocott and periodic acid–Schiff staining and alcohol-acid fast analysis using Ziehl-Neelsen staining were negative. Masson's trichrome staining was negative for intraepithelial verticalized fibers. The diagnosis was compatible with elastic fiber-perforating dermatosis.

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Funding sources: None.

IRB approval status: Not applicable.

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JAAD Case Reports 2021;18:89-93.
2352-5126

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<https://doi.org/10.1016/j.jidcr.2021.10.022>



Fig 1. Clinical features. **A**, Papules and nodules in the posterior cervical region and scalp. **B**, Papules and nodules with central umbilication showing bloody crusts and residual hyperchromic maculae distributed throughout the surface of the lower limbs. **C**, Nodule with central umbilication showing bloody crusts. **D**, Nodule with central umbilication under a higher magnification.

The laboratory tests revealed anemia as an underlying condition. The patient's laboratory results were as follows: Blood urea nitrogen, 43 mg/dL (normal range, 10-50 mg/dL); creatinine, 1.04 mg/dL (normal range, 0.6-1.10 mg/dL); aspartate aminotransferase, 66 U/L (normal range, < 40 U/L), alanine aminotransferase, 62 U/L (normal range, < 41 U/L), gamma glutamyl transferase, 728 mg/dL (normal range, 12-73 U/L), alkaline phosphatase, 322 mg/dL (normal range, 40-129 U/L), and albumin, 2.4 g/dL (normal range, 3.5-5.2 g/dL). The international normalized ratio was 1.2, and total and indirect bilirubin was 0.88 mg/dL and 0.15 mg/dL, respectively. The alpha fetoprotein concentration was 322 μ g/L, and lipase and amylase levels were normal. Serology was negative for hepatitis B, hepatitis C, HIV, and syphilis; HbA1C was 6%, and carbohydrate antigen 19-9 was increased.

Abdominal computed tomography showed 3 focal lesions, compatible with multinodular hepatocellular carcinoma and alcoholic liver cirrhosis (Child-Pugh A; Fig 3).

The patient was treated with hydroxyzine 25 mg daily, prednisone 20 mg daily, methylprednisolone aceponate cream twice daily, and was subject to superselective transarterial chemoembolization using DC-Beads 100-300 μ m and doxorubicin. Follow-up arteriography showed devascularization of the nodules and preservation of the remaining nontarget arterial vessels.

The patient's skin manifestations showed improvements, presenting a good response to transarterial chemoembolization, with no relapse within 1 month of treatment. He is currently being monitored by the oncology team due to the risk of recurrence.

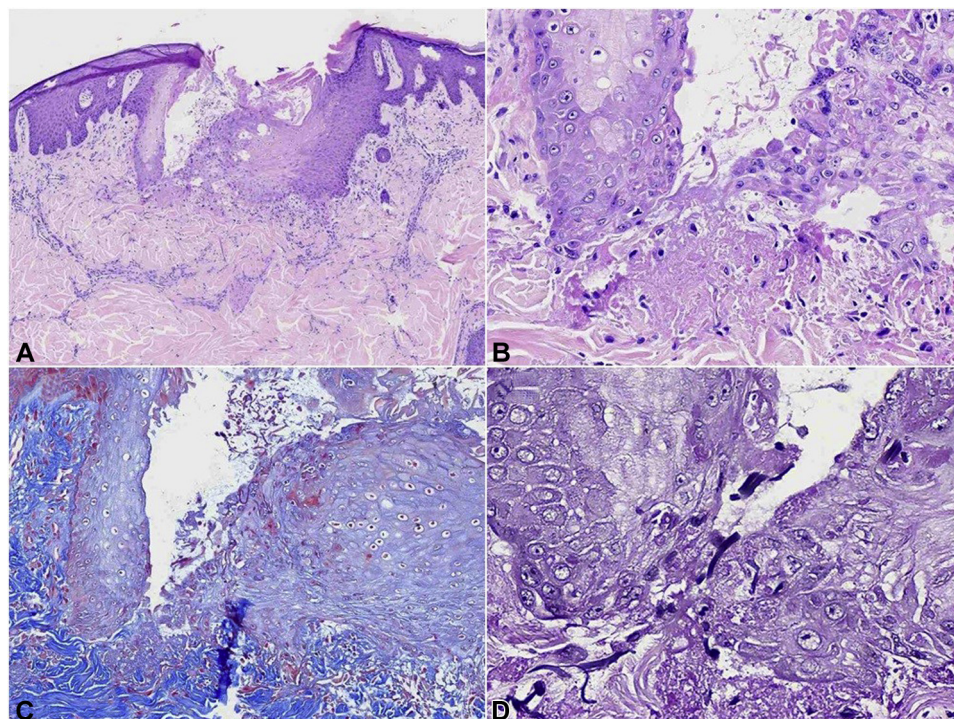


Fig 2. Histologic features. **A**, Image showing histologic details from a skin biopsy from a lesion in the dorsal region showing the epidermis with an epithelial hyperplastic area and invagination and characterized by neutrophil exocytosis and formation of neutrophilic and parakeratotic crusts. Amidst that, verticalized dermal fibers with transepidermal elimination were observed. The superficial dermis showed slight fibroplasia, inflammatory infiltrate formed by lymphocytes, and perivascular neutrophils and vascular lumen. **B**, Epidermal invagination, elimination of dermal material transepidermally, and verticalization of dermal fibers. **C**, Negative Masson trichrome stain for elastic fibers. **D**, Transepidermal elimination of elastic fibers (**A** and **B**, Hematoxylin-eosin stain, **C**, Verhoeff Van-Gieson stain, **D**, Masson trichrome stain; original magnifications: **A**, $\times 20$; **B**, **C**, and **D**, $\times 40$.)

DISCUSSION

Cases of acquired perforating dermatosis associated with liver and oncological diseases are increasing in frequency.³ A retrospective study reported that liver diseases are the third most frequently associated disorder with perforating dermatosis, following non-insulin-dependent diabetes mellitus and chronic dialytic renal disease.⁴

Despite this, there are only 2 studies² and one case report of acquired perforating dermatosis in the setting of hepatocarcinoma in the literature (Table D).³ In a previous case report, the onset of skin lesions and hepatocellular carcinoma were concomitant, and a subsequent remission and recurrence of both diseases occurred simultaneously as well.³ The same temporal relationship with perforating dermatosis lesions has been reported during recurrence of other malignancies, favoring the hypothesis that it could play the role of a paraneoplastic dermatosis.^{5,6} Moreover, in all these cases, skin lesions were treated along with the underlying disease.

Most patients have more than one systemic disorder associated with perforating dermatosis. Diabetes mellitus and chronic renal disease can contribute to the etiopathogenesis and could play a role as confounders in our case report.⁷ Revisiting the literature, we found that renal diseases are predominantly associated with perforating dermatoses in patients who are undergoing the early stages of hemodialysis.² In the setting of type 2 diabetes, retrospective studies showed that 72% to 88.2% of the patients were not undergoing insulin treatment, and 90.9% had a microvascular comorbidity.^{2,4,7} Our patient had never required hemodialysis and had been undergoing insulin treatment for his diabetes for 7 years.

Despite this, all patients with diabetes and chronic renal disease showed elimination of collagen fibers,² which was a situation that was different from the one observed with the present patient, who presented elimination of elastic fibers, confirmed by Verhoeff van-Gieson staining.

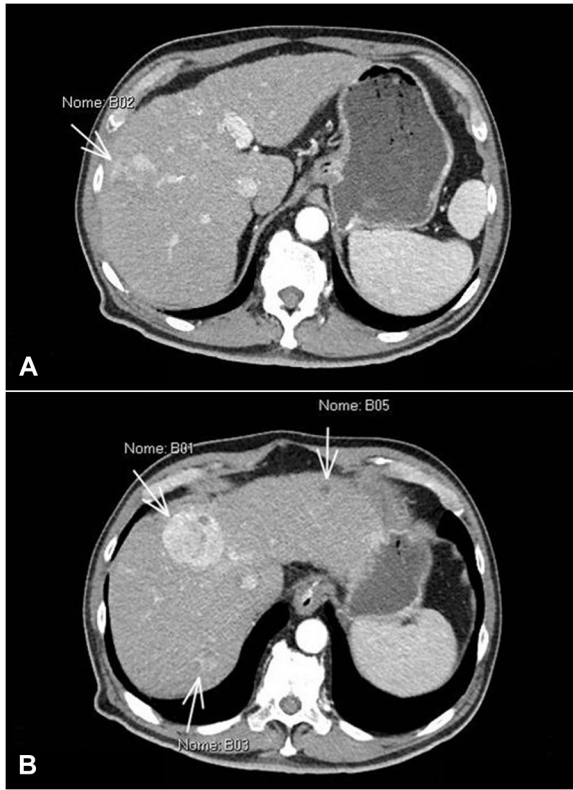


Fig 3. Abdominal computed tomography scan. **A**, Abdominal computed tomography revealed features compatible with chronic liver disease with 3 focal lesions: A hypervascularized nodule with washout in segment VIII measuring 5.6 cm (LIRADS 5), a hypervascularized nodule with washout in segment VIII measuring 3.6 cm (LIRADS 5), a hypervascularized nodule with washout in segment VII measuring 2.0 cm (LIRADS 5), and a hypervascularized nodule without washout in segment V measuring 0.7 cm (LIRADS 3). Periaortic and interaortocaval lymph nodes were slightly increased in number, measuring 1.5 × 0.9 cm. The diagnoses were multinodular hepatocellular carcinoma and alcoholic liver cirrhosis (Child-Pugh A). **B**, Abdominal computed tomography compatible with hepatocarcinoma LIRADS 5.

The clinical variant compatible with the elimination of elastic fibers is serpiginous perforating elastosis.¹ However, in our case, we noticed the absence of this serpiginous conformation, which has been reported by other authors as well.⁴

Perforating dermatosis may be underdiagnosed, since its appearance may be that of excoriation. Identifying the diagnosis is important, however, as 9.1% of patients may have an underlying malignancy.⁴ In this case report, the correct dermatological diagnosis resulting in the early investigation of malignancies provided for timely diagnosis and management of the hepatocarcinoma, before the stigma of liver disease or metastasis had occurred. More studies are needed to determine whether

Table 1. Malignancies reported with concomitant perforating dermatosis

Associated tumor	No. of cases	Perforating material	Cutaneous manifestations	Follow up	Reference
Hepatocarcinoma	1	Collagen and elastic fibers	Papulonodular lesion associated with pruritus and excoriation	Remission of lesions after chemoembolization	Lee et al (1996) ³
Hepatocarcinoma	1	Collagen fibers	Umbilicated hyperkeratotic papules on the trunk and extremities	Recurrence after 4 months	Kawahara et al (2018) ⁵
Periampullary carcinoma	1	Collagen fibers	Papular lesions associated with jaundice	Relieved lesions after treatment with NB-UVB and topical steroids	Chae et al (1998) ⁹
Hepatocarcinoma	1	Collagen fibers	Hyperkeratotic papules on trunk and lower limbs	Remission after surgery	Kilic et al (2006) ³
Metastatic liver cancer	1	Collagen fibers	Multiple crusted dome-shaped papules on the back	Patient died soon after diagnosis	Bong et al (2009) ¹⁰
Metastatic renal cell carcinoma	1	Keratin, scale crust, degenerated connective tissue, neutrophilic debris	Generalized erythematous papules with crusting	Patient died 3 months after diagnosis	Kurban et al (2008) ⁶

NB-UVB, Narrowband ultraviolet B irradiation.

perforating dermatosis is a paraneoplastic disorder. We believe that our case report can contribute to increasing the arsenal of data on systemic diseases in the context of perforating dermatoses.

Conflicts of interest

None disclosed.

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