RESEARCH ARTICLE



REVISED Changes in nano-mechanical properties of human

epidermal cornified cells in children with atopic dermatitis

[version 2; peer review: 2 approved]

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Abstract

Background: Impaired skin barrier is an important etiological factor in atopic dermatitis (AD). The structural protein filaggrin (FLG) plays a major role in maintenance of the competent skin barrier and its deficiency is associated with enhanced susceptibility to mechanical injury. Here we examined biomechanical characteristics of the corneocytes in children with AD and healthy controls.

Methods: We recruited 20 children with AD and 7 healthy children. They were genotyped for filaggrin gene (*FLG*) loss-of-function mutations. Stratum corneum was collected from clinically unaffected skin by adhesive tapes. Cell stiffness (apparent elastic modulus, Ea) was determined by atomic force microscopy and filaggrin degradation products (NMF) by liquid chromatography. Skin barrier function was assessed through trans-epidermal water loss (TEWL) and disease severity by the SCORing Atopic Dermatitis (SCORAD) tool.

Results: Corneocytes collected from AD patients showed a decreased elastic modulus which was strongly correlated with NMF and TEWL, but not with SCORAD. As compared with healthy controls, AD patients had reduced TEWL and NMF levels regardless of *FLG* mutations. NMF was strongly correlated with TEWL.

Conclusion: Our findings demonstrate that AD patients have decreased corneocyte stiffness which correlates with reduced levels of filaggrin degradation products, NMF and skin barrier function. Altered mechanical properties of the corneocytes likely contribute to the loss of mechanical integrity of the SC and to reduced skin barrier function in AD.

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Any reports and responses or comments on the article can be found at the end of the article.

Keywords

Atopic dermatitis, filaggrin, corneocyte stiffness, elastic modulus, Atomic Force Microscopy, Natural Moisturizing Factor

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REVISED Amendments from Version 1

We have responded the the reviewers' comments through amending the manuscript-seen in track changes and through a new version of Figure 3

Any further responses from the reviewers can be found at the end of the article

Introduction

Atopic dermatitis (AD) is a common inflammatory skin disease, with a lifetime prevalence up to 20% (Drislane & Irvine, 2020; Weidinger *et al.*, 2018). Impaired skin permeability barrier, which is largely provided by the stratum corneum (SC), is an important etiological factor in AD (Elias & Schmuth, 2009; Kezic *et al.*, 2014). SC, the outermost skin layer is comprised of terminally differentiated, anucleated keratinocytes, called corneocytes, embedded in a layered extracellular lipid matrix. Corneocytes are delimited by cornified envelopes (CE) - insoluble 10 nm thick structures composed of highly crosslinked proteins covalently bound to a 5 nm thick monolayer of ceramides replacing cell membranes of viable keratinocytes. They are joined together by modified desmosomes immobilized by cross-linking to the CE and attached to the keratin cytoskeleton filling the cell interior (Elias, 2008).

Intrinsic or acquired deficiency of an epidermal protein filaggrin is regarded as a major contributor to the compromised skin barrier function in AD (McAleer & Irvine, 2013; O'Regan et al., 2009). Filaggrin has multiple roles in maintenance of the mechanical integrity of the SC barrier. It aligns keratin filaments within the corneocytes and contributes to the composition and structure of CE, thus likely affecting the mechanical properties of the corneocytes. Indirectly, filaggrin influences the SC mechanical integrity through its degradation products, which contribute to a pool of hygroscopic molecules collectively called natural moisturizing factors (NMF). NMF regulate SC hydration, crucial for the plasticity of the skin, its pH and activity of enzymes involved in key homeostatic processes in the SC including lipid synthesis, maturation of CE and desquamation (Guneri et al., 2019; Rawlings, 2014). Therefore, deficiency of filaggrin will likely affect mechanical stability of the SC and its resistance to cracking and chapping, common hallmarks of AD skin.

Recently, we have demonstrated in mouse models that filaggrin and/or NMF deficiency lead to altered topography of the corneocyte surface and to its decreased elastic modulus (Thyssen *et al.*, 2019). In the present study, we investigated whether mechanical properties of the corneocytes are affected in AD developed by humans and how they correlate with *FLG* genotype, NMF levels and permeability barrier function measured by trans-epidermal water loss (TEWL) in clinically non-affected skin of the patients.

Methods

Study population

Children with AD (n = 20) were recruited in a dedicated AD clinic in Children's Health Ireland at Crumlin, Dublin between

Jan 2013 and July 2013. Individuals were identified from a cohort of children attending this clinic, sequential patients who attended the clinic and who met the inclusion/exclusion criteria were invited to attend. Severity of disease was determined by a Scoring Atopic Dermatitis (SCORAD) score. All patients were treatment naive, apart from the use of emollients and hydrocortisone 1% cream or ointment. All patients were asked not to use any topical agents for 24 h prior to assessment. As controls, seven children were recruited when attending for elective procedures under general anesthesia. Inclusion criteria for the control group were not having AD, any history suggestive of AD or any other inflammatory skin disease. As this was an explorative study with no prior data to guide us as to effect size, we were not able to calculate power estimates prior to the study commencement. In order to be certain that we fully understood the FLG status of participants we only included children with 4 Irish grandparents. Children who had previously used topical corticosteroids stronger than 1% hydrocortisone or who had used topical tacrolimus were excluded. There were no other exclusion criteria. The study was conducted in accordance with the Declaration of Helsinki and was approved by the research ethics committee of Our Lady's Children's Hospital, Dublin. Written informed consent was obtained from all patients' parents.

Stratum corneum trans-epidermal water loss measurement

TEWL measurements were performed under standardized conditions (room temperature of 22–25 °C and humidity levels of 30–35%). Patients were acclimatized for a minimum of 10 min. prior to measurement. TEWL was assessed on the clinically unaffected skin on the volar forearm using the Tewameter 300 (Courage + Khazaka electronic GmbH, Cologne, Germany).

Sampling of the stratum corneum by tape stripping

The SC was collected using the previously described method (McAleer *et al.*, 2018; McAleer *et al.*, 2019) using circular adhesive tape strips (3.8 cm², D-Squame; Monaderm, Monaco) and a D-Squame pressure instrument D500 (CuDerm, Dallas, TX, U.S.A.). The adhesive tape was placed on the skin, 2 cm away from the lesion, and pressed for 10 seconds with a pressure of 225 g cm² using a D-Squame pressure instrument. Sequentially, eight consecutive tape strips were sampled from the same site and immediately stored at -80 °C. For the NMF analysis the 4th tape was used, and for AFM analysis the 7th tape.

Atomic force microscopy (AFM)

The detailed description of the AFM approach employed for measuring corneocyte stiffness at various cell depths has been recently published (Milani *et al.*, 2018). The experimental setting is schematized in Figure 1. Briefly, tape strips were thawed, and let equilibrate for 30 minutes in the controlled atmosphere of the AFM facility (relative humidity = 45%; temperature = 24° C) and a small piece of each sample was stuck onto glass slides. AFM indentation experiments were carried out with a Catalyst Bioscope (Bruker Nano Surface, Santa Barbara, CA, USA) that was mounted on an optical macroscope (MacroFluo, Leica, Germany) equipped with a x10 objective. A Nanoscope V controller and Nanoscope software versions 8.15 were utilized. All quantitative measurements were performed using standard pyramidal tips (MPP-21100, Bruker AFM probes, Inc.). The tip radius



Figure 1. Stiffness tomography study of the mechanical properties (resistance) of a corneocyte (Level L7). The method consists in extracting the elastic modulus at different indentation depths, in intervals of 5 nm, as presented on the force curve (F; in nN, to the right). A representative fitting curve is drawn for three different segments. The surface zone of two 5 nm intervals covers here the lipid envelope. Follow the deeper parts composed of the next two 5 nm intervals representing the cornified envelope and the keratin-rich cell interior recorded at 20 and 50 nm, respectively. A tomographic representation of the obtained stiffness measurements is presented (middle of the panel). The red colour corresponds to high rigidity and the green to a softer material (see the colour scale at the bottom). The heterogeneous mechanical properties can be observed. The lipid envelope is relatively flexible when compared with the corneocyte interior composed of the intermediate stiffness. A transmission electron microscopy image of the intermediate part of SC demonstrates the relative narrowness of the lipid and cornified envelopes visualized at the corneocyte periphery, next to the corneodesmosomes (arrows), when compared with the whole cell breadth. (From Milani *et al.*, 2018), copyright held by M Haftek. SC: stratum corneum.

given by the manufacturer was 8–12 nm. Each AFM experiment consisted in acquiring a topographic image of the centre of a cell ($10 \times 10 \mu$ m) and a square matrix of force curves (21-126 readings, mean readings =100; at 1 μ m steps in the imaged area). For each tape-strip, the study was conducted on 9–10 individual cells (except in case of two AD patients with one *FLG* mutation and one AD patient wild type for *FLG* mutations, 5 and 4 cells were used, respectively) using PeakForce QNM AFM mode at a low frequency (0.5 kHz) with the maximum applied force of 150 nN. Force curves analysis permitted extraction of the quantitative data of the elastic modulus by applying the Hertz–Sneddon model for an indentation ranging from 0 to 50 nm.

FLG genotyping

All patients were screened for the nine most common filaggrin mutations found in the Irish population (R501X, 2282del4, R2447X, S1010X, G1139X, R3419X, 3702delG, Y209X and S3247X), by either restriction digest or direct Sanger sequencing, Full details including primers sequences and PCR cycling conditions are listed in Table 1. PCR amplification reactions were performed on a Biometra T3000 Thermocycler (Göttingen, Germany).

Determination of filaggrin breakdown products in the stratum corneum

Natural moisturizing factor (NMF) component analysis (histidine, pyrrolidone carboxylic acid, trans- and cis-urocanic acid) and proteins was performed on the fourth consecutive strip according to the method previously described (McAleer et al., 2019). NMF components were extracted with 500 µL 25% (w/w) ammonia solution (Merck Milllipore, The Netherlands, cat. Nr 105432), reconstituted in 500 µL water after evaporating ammonia and analysed by UV high-performance liquid chromatography (HPLC). The column used was a 250 × 3 mm reversed-phase Synergi 4 mm Polar-RP 80A column (Phenomenex, Torrance, CA, USA; catalogue number OOG-4336-Y0) at flow rate of 0.4 mL/min, delivered by Jasco PU-980 HPLC pump (Jasco, Tokyo, Japan). Isocratic elution was performed with a mobile phase, consisting of 4.3 mM hydrochloric acid (Merck Millipore, The Netherlands, catalogue number 6871317), 0.1 mM sodium octane-1-sulfonate (Merck Millipore, catalogue number 1.1830070025), and 2% acetonitrile (Biosolve, The Netherlands, catalogue number 001207802bs). To compensate for variable amount of stratum corneum on the tape, NMF concentrations were normalized for protein concentration. Proteins were determined with a Pierce

Mutation	Primers	Cycling conditions	Restriction digest or sequencing strategy
501X	F 5' CAC GGA AAG GCT GGG CTG A 3' R 5' ACC TGA GTG TCC AGA CCT ATT 3'	94°C 5min (x1) 94°C 30sec 57°C 30sec 72°C 1min (x35) 72°C 5min (x1)	R501X was screened by restriction digest of a 312bp product R501X introduces a <i>NlallI</i> restriction site. To determine presence of the R501X mutation digest PCR product with <i>NlallI</i> : Run digests on a 3% (w/v) agarose gel. Wildtype allele cuts to give fragments of 182bp, 109bp and 21bp. Mutant allele cuts to give fragments of 127bp, 109bp, 55bp and 21bp.
2282del4	F 5' AAT AGG TCT GGA CAC TCA GGT 3' R 5' GGG AGG ACT CAG ACT GTT T 3'	94°C 5min (x1) 94°C 30sec 57°C 30sec 72°C 1min (x35) 72°C 5min (x1	2282del4was screened by restriction digest of a 811bp product 2282del4 introduces a <i>Dralll</i> restriction site. To determine presence of the 2282del4 mutation digest PCR product with <i>Dralll</i> : Run digests on a 2% (w/v) agarose gel. Wildtype allele 811bp. Mutant allele cuts to give fragments of 671bp and 140bp
R2447X	F 5' CCA CAC GTG GCC GGT CAG CA 3' R 5' GTC CTG ACC CTC TTG GGA CGT 3'	94°C 5min (x1) 94°C 30sec 64°C 30sec 72°C 1min (x35) 72°C 5min (x1	R2447X was screened by restriction digest of a 185bp product. R2447X introduces a <i>NlallI</i> restriction site. To determine presence of the R2447X mutation digest PCR product with <i>NlallI</i> : Run digests on a 10% TBE polyacrylamide gel. Wildtype allele cuts to give fragments of 95bp, 69bp and 21bp. Mutant allele cuts to give fragments of 69bp, 55bp, 40bp and 21bp.
S1040X	F 5' CCAGACAATCAGGAACTCC 3' R 5' ATGAGTGCTCACCTGGTAGAT 3'	94°C 3 min (x1) 94°C 30sec 62°C 30sec 72°C 1 min (x34) 72°C for 5 min	S1040X was screened by restriction digest of a 375bp PCR product. S1040X creates a <i>BtsI</i> site, digestion with this enzyme yields fragments of 251bp and 124bp (mutant allele) whereas the wildtype allele is uncut (375bp).
G1139X	F 5' CCAGACAATCAGGAACTCC 3 R 5' ATGAGTGCTCACCTGGTAGAT 3	94°C 3 min 94°C 30sec 62°C 30sec 72°C 1 min (x34) 72°C 5 min	G1139X was screened by restriction digest of a 653bp PCR product. G1139X abolishes a <i>TspRI</i> site, digestion with this enzyme yields fragments of 393bp, 157bp, 51bp, 31bp, 15bp and 6bp (wildtype allele) whereas the mutant allele generates fragments of 550bp, 51bp, 31bp, 15bp and 6bp
R3419X	F 5'GCCCATGGGCGGACCAGGA 3' R 5'GCTTCATGGTGATGCGACCA 3'	94°C 3 min 94°C 30sec 61°C 30sec 72°C 1 min(x34) 72°C 5 min	R3419X was screened by restriction digest of a 332bp PCR product R3419X creates a <i>NIaIII</i> site and digestion with this enzyme yields fragments of 307bp, 14bp, 7bp and 4bp (wildtype allele) whereas the mutant allele produces fragments of 252bp, 55bp, 14bp, 7bp and 4bp
3702delG	F 5' GCA AGC AGA CAA ACT CGT AAG 3' R 5'CAG ACA ACC TCT CGG AGT CG 3"	94°C 3 min 94°C 30sec 62°C 30sec 72°C 1 min (x34) 72°C 5 min	3702delG was screened by direct sequencing of a ~217bp PCR product. Use reverse primer as the sequencing primer. Sequenced on Applied Biosystems (Waltham, Massachusetts, USA) 3100 DNA sequencer

Table 1. Screening for FLG mutations: PCR, Restriction digest and/or sequencing conditions.

Mutation	Primers	Cycling conditions	Restriction digest or sequencing strategy
Y2092X	F 5' CA CAG TCA GTG TCA GCA CAG 3' R 5' GGC TAA CAC TGG ATC CCC GGG 3'	94°C 3 min 94°C 30sec 62°C 30sec 72°C 1 min (x34) 72°C 5 min	Y2092X was screened by direct sequencing of a 574bp PCR product. Use forward primer a sequencing primer Sequenced on Applied Biosystems (Waltham, Massachusetts, USA) 3100 DNA sequencer
S3247X	F 5' GTA ATG AGG AAC AAT CAG GAG ACA 3' R 5' CTG GGG TGT CTG GAG CCG TGC 3	94°C 5min 94°C 30sec 64°C 30sec 72°C 45sec (x34) 72°C 5min	S3247X was screened by direct amplification of a 268bp product. Use forward primer a sequencing primer Sequenced on Applied Biosystems (Waltham, Massachusetts, USA) 3100 DNA sequencer

Micro BCA protein assay kit (Thermo Fischer Scientific, Rockford, IL, USA; catalogue number 687131723235.

Statistics

Calculations were performed by using Prism 7 software (GraphPad, San Diego, CA). Difference in TEWL, Ea and NMF between AD patients and healthy controls was tested by 2-tailed Student' or Welch's *t*-test in the case of non-equal variance. Differences in Ea and NMF between AD patients with and without *FLG* mutations and the healthy controls wild-type for *FLG* mutations were tested by 2-tailed Student' and Welch's *t*-test, respectively. Spearman's rank correlation coefficient was used to test the strength of the relationship between NMF, Ea, SCORAD and TEWL. Distribution of data was tested by Shapiro-Wilks normality test. *P*-value < 0.05 was considered significant.

Results

Clinical data

Summary of demographic details of the investigated population is given in Table 2 (individual values are available as underlying data (Irvine, 2020)). Most of AD children had moderate to severe disease (SCORAD > 25) (Kunz *et al.*, 1997). At least one *FLG* mutation was found to be carried in 15 children, while in the healthy controls there were two heterozygous carriers of *FLG* mutations. The skin barrier function, as assessed by TEWL on non-involved skin of the volar forearm, was significantly lower in AD patients when compared to healthy controls (P<0.01).

Cell topography

Corneocytes obtained with the seventh tape strip from the non-involved forearm skin were examined and their lower surface was recorded using AFM topography mode. Representative AFM images regarding disease status and *FLG* genotype are shown in Figure 2 (individual images are provided as underlying data (Irvine, 2020)). Clear-cut differences in cell surface morphology characterised by presence of numerous micro-protrusions were observed in AD patients, compared to healthy subjects. The slight variation between images recorded within the healthy and AD groups was also noted,

Table 2. Demographic details of the study participants.

	Patients (n = 20)	Controls (<i>n</i> = 7)
Gender ^a	12 males, 6 females	5 males, 2 females
Age (months) (mean, range)	16.8 (3-92)	8.5 (3-12)
SCORAD (Average, range)	47.2 (9.7-70.5)	n.a.
TEWL (Average, range) ^{b,*}	24.7 (9.4-43.1)	9.6 (4.0-13.1)
FLG status:		
Wild-type	5	5
Heterozygous LOF mutation	10	2
Homozygous/compound heterozygous LOF mutations	5	0

afor two AD patients no gender was noted

^bfor one healthy control no TEWL was noted

*Difference between patients and healthy controls, P<0.01; n.a.: not

applicable

TEWL: Transepidermal Water Loss SCORAD: (SCORing Atopic Dermatitis) tool

LOF: Loss-of-function

FLG: filaggrin gene

according to the FLG genotype, but these differences were not quantified in the present study. Of note, cells from subjects that are heterozygous carriers of FLG-loss of function (LOF) mutations but did not develop AD, remained free of the surface alteration observed in AD.

Statistical comparisons between AD and healthy groups with regard to the barrier function, corneocyte stiffness and NMF contents

As shown in Figure 3A, AD patients had significantly lower elastic moduli (Ea) of corneocytes as compared to healthy controls. A similar pattern has been observed for NMF (Figure 3B). The values of Ea in AD patients were significantly lower as compared to the healthy controls, irrespective of the presence of *FLG* mutations (P<0.01 and P<0.0001, for the non-carriers and *FLG* mutations carriers, respectively). The same pattern has been observed for NMF (P<0.05 and P<0.01, for the non-carriers and *FLG* mutations carriers, respectively).



Figure 2. Representative examples of morphological modifications of corneocyte surface in AD compared to healthy controls. Cell surface topography of cells harvested with the 7th consecutive tape strip in healthy subjects and AD patients presenting various *FLG* genotypes. Corneocytes from AD patients show numerous micro-protrusions uniformly distributed at the cell surface.



Figure 3. Elastic modulus (Ea) (**A**); natural moisturizing factors (NMF) (**B**) and transepidermal water loss (TEWL) (**C**) in healthy controls and patients. In the figures A and B, *FLG* genotype is given for each subject using different symbols, as indicated in panel A. Differences in Ea, NMF and TEWL between AD patients and controls were tested by a 2-way Student t-test. **P<0.001, ****P<0.0001.

AD patients had reduced skin barrier function as assessed by TEWL (Figure 3C).

The values of apparent elastic moduli (Ea) were strongly and positively correlated with NMF and negatively with TEWL (Figure 4). In contrast, there was no significant association of Ea with disease severity as assessed by SCORAD. The values of TEWL were negatively correlated with NMF, indicating higher water permeability of SC presenting lower water holding capacity. However, there was no significant association between TEWL and SCORAD (Figure 4).

Discussion

According to the "brick and mortar" concept of the SC permeability barrier, cellular elements sealed by intercellular lipids constitute a largely hydrophobic "wall" responsible for the protective functions of the outermost epidermal layer (Elias, 1983). In AD, these structural elements are or become deficient, leading to an increased transepidermal penetration of environmental antigens and development of immune inflammatory responses (Elias *et al.*, 2008; Elias & Schmuth, 2009).

In a substantial proportion of AD patients, especially those of the North European origin, loss-of-function mutations in the filaggrin gene (*FLG*) have been incriminated in the pathogenesis of AD (Drislane & Irvine, 2020; O'Regan *et al.*, 2009). Homozygous occurrence of such mutations additionally leads to hyperkeratosis, presenting clinically in the form of Ichthyosis vulgaris (Thyssen *et al.*, 2013), what may be an attempt to compensate for the leaky barrier. The exact mechanism through which filaggrin deficiency leads to insufficient barrier function is not yet fully understood, but there are several lines of evidence demonstrating that not only filaggrin but also its degradation products play a role (Thyssen & Kezic, 2014). Filaggrin participates in compaction of the keratins within corneocytes, and is the principal source of NMF which is indispensable for correct SC hydration and plasticity, and becomes integrated into the cornified envelopes - the structural scaffolds for organisation of the intercellular lipid layers. We hypothesised that physical proprieties of corneocytes in AD patients would be altered contributing to impaired skin barrier. Indeed, in the present study, we showed that AD patients had significantly softer corneocytes compared to their healthy counterparts of similar age-range and of the same geographic origin, and that their elastic modulus was inversely associated with TEWL, a marker for disordered skin barrier function. Interestingly, a lower elastic modulus was also found in non-involved skin of AD patients irrespective of the presence of FLG mutations. The role of inflammation with paracrine diffusion of pro-inflammatory chemokines, cytokines and histamine should be considered as a potential source of systemic subclinical effects on non-involved skin of AD (Danso et al., 2017; Elias et al., 2008; Gschwandtner et al., 2013; Sawada et al., 2012). Several studies convincingly showed that FLG expression is downregulated by local Th2 cytokine milieu in AD (Howell et al., 2007; Kezic et al., 2011). A recent report incriminated one of the catalytic enzymes from the NMF production cascade in regulation of the inflammatory response. Specifically, deficient expression of keratinocyte bleomycin hydrolase resulted, in addition to the decreased degradation of filaggrin monomers into free amino acids, in an increased release of pro-inflammatory chemokines that are upregulated in skin of AD patients compared to healthy individuals (Riise et al., 2019). Because FLG



Figure 4. Relationships between investigated parameters. A) Regression analysis between Young elastic modulus (Ea) and natural moisturizing factors (NMF). *R*²: determination coefficient. **B**) Heat-map showing relationships between NMF, Ea, SCORAD and TEWL and corresponding levels of significance (P: Spearman correlation coefficient). ****P*<0.001; *****P*<0.0001.

mutations remain the principal determinant of filaggrin expression and its downstream processing cascade, we quantified the levels of filaggrin breakdown products in the tape-stripped corneocytes. In agreement with previous studies, we found that, in comparison with healthy controls, AD patients had reduced NMF levels even in absence of FLG mutations. Furthermore, NMF levels were strongly associated with a reduced elastic modulus, indicating that filaggrin breakdown products contribute to the corneocyte mechanical strength. Consistently, in our recent study carried out in mouse models of filaggrin and/or NMF processing, we showed that NMF was strongly correlated with cell stiffness and affected corneocyte topography (Thyssen et al., 2019). Of note, in the present study there was no inverse correlation of SCORAD with the corneocyte elastic modulus. Also this fits very well with data obtained in mouse models of filaggrin and/or NMF deficiency, where softer SC cells and increased TEWL occurred in the absence of macroscopically observable inflammation (Thyssen et al., 2019). This together strongly suggests that inflammation as such is not required for abrogation of the mechanical properties of the corneocytes.

The AFM images of the corneocyte surface in clinically noninvolved skin of AD patients showed presence of numerous protrusions, which is in agreement with our previous investigation (Riethmuller et al., 2015). Notably, in that latter study the protrusions showed a dense distribution, co-existing with surface expression of corneodesmosin, suggesting that weakness of the cornified envelope due to imperfect corneocyte maturation was the reason for altered corneocyte surface texture in AD. Cornified cell envelopes undergo progressive maturation within the SC that results in increase of the cell stiffness (Michel et al., 1988; Milani et al., 2018). This process appears to rely largely on hydration-dependent activities of transglutaminase 1 and 12R-lipoxygenase (Guneri et al., 2019). It is, therefore, not surprising that in AD, characterized by low NMF content and, consequently, reduced hydration, expression of mRNA and the corresponding proteins composing CE is decreased (Trzeciak et al., 2017).

Various AFM studies of human SC have been previously performed to examine differences in corneocyte morphology and/or stiffness, mostly according to the anatomic localization of the sampled area and to the cell position within the SC depth (Fredonnet *et al.*, 2014; Milani *et al.*, 2018). Based on our previous work and the present study, it may be concluded that the apparent elastic modulus (Ea) represents a valid measure of the SC maturity, with all the functional consequences related to a given status. In line with this, the present report confirms that defective permeability barrier function (increased TEWL) in AD correlates with both low NMF values and relative immaturity of corneocytes.

The strength of the present study is homogeneity of the samples regarding SC depth, body location and of the age and ethnic origin of the study population, factors known to influence skin barrier (Bensaci et al., 2015; Fluhr et al., 2014; Liu et al., 2018; McAleer et al., 2018). The main limitation of the study was the small number of healthy subjects with FLG mutations which constitute an interesting subgroup for further studies. The number of intragenic copies within the FLG gene is known to influence susceptibility to the disease (Brown et al., 2012). This factor could be one more element helpful in dissecting the studied population into subgroups with different clinical outcomes. Furthermore, our findings do not exclude a possible impact of alterations of the corneocyte surface topography, resulting from CE immaturity, on the organisation of extracellular lipid bi-layers - the principal element of waterproofness of the SC barrier (Elias, 2008; van Smeden & Bouwstra, 2016). Finally, while we were careful to choose clinically non-involved sites, with no obvious inflammation, for sampling we cannot exclude the possibility that subclinical inflammation could influence corneocyte elasticity.

Data availability

Underlying data

Open Science Framework: Wellcome Open Access F1KR00CDE. https://doi.org/10.17605/OSF.IO/N4H7F (Irvine, 2020)

This project contains the following underlying data:

- DATA File_1 Wellcome open_DATA_06.03.2020.pdf (pdf version of individual demographic details of study participants)
- DATA file_Wellcome open_individual DATA_12.04.2020.. xlsx (Excel version of individual demographic details of study participants)
- DATA file_Wellcome open_individual DATA_AFM.xlsx (Excel version of all raw Elastic modulus data)
- Haftek *et al* Feb 2020 Individual-AFM-images_ 20.02.2020._JPEG.zip (Individual images of AFM images)
- Working file_7_DATA file_1_Wellcome open_individual DATA_06.03.2020._corr file.docx (Word Doc version of individual demographic details of study participants)

Data are available under the terms of the Creative Commons Zero "No rights reserved" data waiver (CC0 1.0 Public domain dedication).

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Matthias Schmuth 匝

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I have no further comments.

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 28 July 2020

https://doi.org/10.21956/wellcomeopenres.17739.r39610

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Ellen van den Bogaard 匝

Department of Dermatology, Radboud Institute for Molecular Life Sciences (RIMLS), Radboud University Medical Center, Nijmegen, The Netherlands

I have no further remarks on the paper.

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 08 June 2020

https://doi.org/10.21956/wellcomeopenres.17242.r38765

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Ellen van den Bogaard 回

Department of Dermatology, Radboud Institute for Molecular Life Sciences (RIMLS), Radboud University Medical Center, Nijmegen, The Netherlands

This manuscript by Haftek *et al.* describes the changes in nano-mechanical properties found in cornified keratinocytes of children with atopic dermatitis. The authors study the skin of twenty AD patients and seven healthy children. Using adhesive tapes, cell stiffness and filaggrin degradation products named natural moisturizing factors were analyzed. In addition, transepidermal water loss (TEWL) was measured and disease severity was assessed using the SCORAD index. This data was complemented with *FLG* genotyping for the nine most common *FLG* mutations. The authors report that cellular stiffness is significantly lower in AD patients compared to healthy volunteers, which is in line with lowered NMF levels and heightened TEWL values. The manuscript is well written and easy to read. The data is convincingly presented and investigated parameters (such as cell stiffness, NMF component concentration, and epidermal water loss) nicely correlate with each other.

Main remarks:

- 1. The authors state that they tape-stripped the volunteers and measured NMF content on the 4th strip, and cell topography on the 7th strip for each and every volunteer, regardless of the skin type (healthy vs. atopic dermatitis). The authors do not present data or explain their choice to use the 4th and 7th strip. Healthy skin and AD skin (even non-involved skin) can be distinct based on stratum corneum thickness, adhesiveness, water loss, water content, protein degradation product quantity, plasticity, and more. This could directly influence the efficiency of the tape-stripping procedure, and at which stratum corneum layers the investigated parameters can be most effectively measured. Although the method of tape-stripping is widely accepted and used, and non-lesional skin was studied, the authors should explain that the chosen strips are indeed comparable between patients vs controls.
- 2. The authors sampled non-lesional skin, at 2 cm distance from the lesional sites. It could well be that the skin at this 2 cm distance is affected by the inflammation at the lesional sites (e.g via diffusion of inflammatory molecules or migration of inflammatory cells). Since the nonlesional skin sites were not investigated by tissue morphology (which is understandable given the pediatric population), the authors conclusions that "inflammation as such is not

required for abrogation of the mechanical properties of the corneocytes" may therefore be overstated. Could it be that more distant uninvolved skin (e.g. at a different body location) would render a different study outcome? In line with this comment, were any local disease severity parameters assessed (e.g. SUM score), besides the overall SCORAD, to better define the non-lesional skin?

Minor remarks:

- Methods section, "Atomic force microscopy (AFM)": The third sentence repeats itself partly.
- Methods section, "FLG genotyping": '&209xA' should be 'Y2092X'

Is the work clearly and accurately presented and does it cite the current literature? $\ensuremath{\mathsf{Yes}}$

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

If applicable, is the statistical analysis and its interpretation appropriate? Yes

Are all the source data underlying the results available to ensure full reproducibility? $\ensuremath{\mathsf{Yes}}$

Are the conclusions drawn adequately supported by the results? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Experimental dermatology, skin inflammation, skin barrier, keratinocyte biology

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however we have significant reservations, as outlined above.

Reviewer Report 08 June 2020

https://doi.org/10.21956/wellcomeopenres.17242.r38766

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Matthias Schmuth 问

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This manuscript describes biophysical properties of corneocytes collected by D-squame tape strips from patients with atopic dermatitis (AD) as compared to those harvested from healthy control subjects. The research question is interesting, the study design is clear. Some of the measurements (NMF, AFM) were reported in prior independent investigations in skin samples, i.e. citations Riethmuller et al. 2015; and Thyssen et al. 2019. In the present manuscript, the authors confirm structural corneocyte alterations in AD and they provide additional evidence about decreased corneocyte stiffness calculated as elastic modulus. Decreased corneocyte stiffness positively correlates with levels of natural moisturizing factor (NMF) and negatively correlates with transepidermal water loss (TEWL).

Specific details as to how the authors can address any criticisms and improve the work:

Table 1: May be moved to supplements.

Table 2: Available information on gender should be listed not only as number of males – the footnote may be overlooked, this may be misleading.

Table 2: The information on age suggests that groups are not comparable (upper limit of range and average age are very different). Thus, the authors should avoid stressing similar age range in the discussion on pages 8 and 9. The mean should be shown rather than the average (or both).

Methods: Please add a more succinct description of how Ea is determined by stiffness tomography.

Figure 1: The transmission electron microscopy image shown in this figure depicts multiple corneodesmosomes. The figure legend states the narrowness of lipid cornified envelopes next to corneodesmosomes. To what degree does Ea depend on corneodesmosome density?

Figure 1: It should be checked, if reproducing this figure (previously published in Milani et al. in 2018, figure 2) is in concordance with journal policies.

Figure 3: Can the TEWL data in figures 3C be shown to include genotype information (as in figures 3A and B)?

Results/ Discussion: The increased presence of micro-protrusions should be discussed in more detail. What is the structural and biochemical basis for micro-protrusions? Since the authors state that decreased cornified envelope stiffness in AD may be linked to imperfect corneocyte maturation, data on corneocyte maturation, related enzymes (e.g. transglutaminase-1, 12R-lipoxygenase), and presence of mediators of inflammation (e.g. cytokines) would be helpful, if available (not required).

Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others? Partly

If applicable, is the statistical analysis and its interpretation appropriate? $\ensuremath{\mathsf{Yes}}$

Are all the source data underlying the results available to ensure full reproducibility? $\ensuremath{\mathsf{Yes}}$

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: Research on related themes.

Reviewer Expertise: Dermatology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Comments on this article

Version 1

Author Response 13 Jul 2020 Alan Irvine, Children's Health Ireland at Crumlin, Dublin, Ireland

Reviewer 1

This manuscript describes biophysical properties of corneocytes collected by D-squame tape strips from patients with atopic dermatitis (AD) as compared to those harvested from healthy control subjects. The research question is interesting, the study design is clear. Some of the measurements (NMF, AFM) were reported in prior independent investigations in skin samples, i.e. citations Riethmuller et al. 2015; and Thyssen et al. 2019. In the present manuscript, the authors confirm structural corneocyte alterations in AD and they provide additional evidence about decreased corneocyte stiffness calculated as elastic modulus. Decreased corneocyte stiffness positively correlates with levels of natural moisturizing factor (NMF) and negatively correlates with transepidermal water loss (TEWL).

Specific details as to how the authors can address any criticisms and improve the work:

Table 1: May be moved to supplements.

The paper was formatted as is by request of the Wellcome Open Access editorial team

<u>Table 2: Available information on gender should be listed not only as number of males – the</u> <u>footnote may be overlooked, this may be misleading</u>.

We have added the female data to Table 2 (Table 2)

<u>Table 2: The information on age suggests that groups are not comparable (upper limit of range and average age are very different). Thus, the authors should avoid stressing similar age range in the discussion on pages 8 and 9. The mean should be shown rather than the average (or both).</u>

We now list mean age. We only reference age once in the discussion, where we say the groups are of 'similar' age which we feel is accurate and reasonable.

Methods: Please add a more succinct description of how Ea is determined by stiffness tomography.

Here follows a more succinct description:

The methodological approach of AFM stiffness tomography of human SC corneocytes has been validated and fully described in the previous publication (Milani et al., 2018). In short, the Young modulus (Ea) is a measurement of relative elasticity/rigidity of the substrate probed with a tip of an AFM apparatus. Force curves reflecting the substrate's physical interactions with the tip are recorded and analysed using previously defined algorithms.

As there are no restrictions on paper length we have not shortened the existing description which we believe makes it easier to replicate these experiments.

Figure 1: The transmission electron microscopy image shown in this figure depicts multiple corneodesmosomes. The figure legend states the narrowness of lipid cornified envelopes next to corneodesmosomes. <u>To what degree does Ea depend on corneodesmosome density?</u>

The Figure's legend indicates the presence of lipid envelopes, best visualized in corneodesmosome proximity, due to the contrast provided by the extra and intra cellular elements of the junctions. In fact, the thickness of the envelopes does not vary depending on the corneodesmosome distribution. Because the quantitative data on cell rigidity (Ea) are result of measurements performed at 100 spots distributed over the 100 μ m² array placed in the centre of each and every cell studied, they reflect the overall stiffness, whatever the desmosome frequency in a given sample. The fact that the study was performed on cells from the 7th strip, obtained from the deeper part of the SC, permitted us to avoid a possible influence of the process of corneodesmosome degradation and desquamation.

Figure 1: It should be checked, if reproducing this figure (previously published in Milani et al. in 2018, figure 2) is in concordance with journal policies.

As stated in the paper-the copyright belongs to M Haftek.

Figure 3: Can the TEWL data in figures 3C be shown to include genotype information (as in figures 3A and B)?

We have now provided this revised figure as requested

<u>Results/ Discussion: The increased presence of micro-protrusions should be discussed in more detail. What is the structural and biochemical basis for micro-protrusions?</u>

We discussed the nature of protrusions in our previous papers which are both cited in this manuscript (Thyssen et al, 2019 and Riethmuller et al 2015).

Since the authors state that decreased cornified envelope stiffness in AD may be linked to imperfect corneocyte maturation, data on corneocyte maturation, related enzymes (e.g. transglutaminase-1, 12R-lipoxygenase), and presence of mediators of inflammation (e.g. cytokines) would be helpful, if available (not required).

We appreciate these comments and fully agree but unfortunately do not have these additional data points available

• Is the work clearly and accurately presented and does it cite the current literature?

Yes

• Is the study design appropriate and is the work technically sound?

Yes

• Are sufficient details of methods and analysis provided to allow replication by others?

Partly

• If applicable, is the statistical analysis and its interpretation appropriate?

Yes

• Are all the source data underlying the results available to ensure full reproducibility?

Yes

• Are the conclusions drawn adequately supported by the results?

Yes

Reviewer 2

This manuscript by Haftek *et al.* describes the changes in nano-mechanical properties found in cornified keratinocytes of children with atopic dermatitis. The authors study the skin of twenty AD patients and seven healthy children. Using adhesive tapes, cell stiffness and filaggrin degradation products named natural moisturizing factors were analyzed. In addition, transepidermal water loss (TEWL) was measured and disease severity was assessed using the SCORAD index. This data was complemented with *FLG* genotyping for the nine most common *FLG* mutations. The authors report that cellular stiffness is significantly lower in AD patients compared to healthy volunteers, which is in line with lowered NMF levels and heightened TEWL values. The manuscript is well written and easy to read. The data is convincingly presented and investigated parameters (such as cell stiffness, NMF component concentration, and epidermal water loss) nicely correlate with each other.

Main remarks:

1. The authors state that they tape-stripped the volunteers and measured NMF content on the 4th strip, and cell topography on the 7th strip for each and every volunteer, regardless of the skin type (healthy vs. atopic dermatitis). <u>The authors do not present data or explain their choice to use the 4th and 7th strip.</u> Healthy skin and AD skin (even non-involved skin) can be distinct based on stratum corneum thickness, adhesiveness, water loss, water content, protein degradation product quantity, plasticity, and more. This could directly influence the efficiency of the tape-stripping procedure, and at which stratum corneum layers the investigated parameters can be most effectively measured. Although the method of tape-stripping is widely accepted and used, and non-lesional skin was studied, <u>the authors should explain that the chosen strips are indeed comparable between patients vs controls.</u>

We appreciate these comments. In this and in prior stratum corneum studies we performed multiple analyses on limited material from infant skin. For that reason, we had to limit our studies to prespecified strips. For NMF we normalized for total protein to standardize our analyses between cases and controls.

For NMF we found in our previous study in small children, that there was no variation in NMF levels with SC depth after 48 h of age (McAleer 2018).

To ensure that NMF measurement in different age groups and sites was not affected by varying SC thickness, NMF profiling was performed on consecutive tape strips in 13 individuals. NMF was assessed in the second, sixth and eighth tape stripping in participants from < 48 h to 3 months of age at the cheek and elbow sites. We found good reproducibility of NMF readings between these strip depths.

For morphological studies we have previously shown no depth dependency on surface topology when quantitatively measured by DTI (Reithmuller 2015).

Natural evolution of corneodesmosome morphology and distribution is, indeed, present in corneocytes from the most superficial SC layers, i.e. during the process of desquamation. Such differences, however, are not prominent between the cells collected from the deeper parts of the SC selected for the present study (7th strip).

Fluhr J, Lachmann N, Baudouin C, Msika P, Darlenski R, De Belilovsky C, Bosssert J, Colomb E, Burdin B, <u>Haftek M</u>. Development and Organization of Human Stratum Corneum After Birth. Electron Microscopy Isotropy Score and Immunocytochemical Corneocyte Labelling as Epidermal Maturation's Markers in Infancy. Br J Dermatol 2014; 171(5): 978-86. doi:

10.1111/bjd.12880. We have also showed similar uniformity in murine models (Thyssen JID, 2019).

1. The authors sampled non-lesional skin, at 2 cm distance from the lesional sites. It could well be that the skin at this 2 cm distance is affected by the inflammation at the lesional sites (e.g via diffusion of inflammatory molecules or migration of inflammatory cells). Since the non-lesional skin sites were not investigated by tissue morphology (which is understandable given the pediatric population), the authors conclusions that "inflammation as such is not required for abrogation of the mechanical properties of the corneocytes" may therefore be overstated. Could it be that more distant uninvolved skin (e.g. at a different body location) would render a different study outcome? In line with this comment, were any local disease severity parameters assessed (e.g. SUM score), besides the overall SCORAD, to better define the non-lesional skin?

We appreciate these comments. We restricted our studies to a consistent body region (The volar forearm) to avoid any regional differences. We do accept that a subclinical inflammation could potentially influence results. We have modified the discussion to reflect this. We do not have SUM scores available to analyse.

Minor remarks:

Methods section, "Atomic force microscopy (AFM)": The third sentence repeats itself partly.

Thank you, we have corrected this typo

Methods section, "FLG genotyping": '&209xA' should be 'Y2092X'

Thank you, we have now corrected this

Competing Interests: No competing interests were disclosed.