



## Monocyte and Macrophage-Mediated Pathology and Protective Immunity During Schistosomiasis

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Souza COS, Gardinassi LG, Rodrigues V and Faccioli LH (2020) Monocyte and Macrophage-Mediated Pathology and Protective Immunity During Schistosomiasis. Front. Microbiol. 11:1973. doi: 10.3389/fmicb.2020.01973 Infection by Schistosoma parasites culminates in a chronic granulomatous disease characterized by intense tissue fibrosis. Along the course of schistosomiasis, diverse leukocytes are recruited for inflammatory foci. Innate immune cell accumulation in Th2-driven granulomas around Schistosoma eggs is associated with increased collagen deposition, while monocytes and macrophages exert critical roles during this process. Monocytes are recruited to damaged tissues from blood, produce TGF-β and differentiate into monocyte-derived macrophages (MDMs), which become alternatively activated by IL-4/IL-13 signaling via IL-4Rα (AAMs). AAMs are key players of tissue repair and wound healing in response to Schistosoma infection. Alternative activation of macrophages is characterized by the activation of STAT6 that coordinates the transcription of Arg1, Chi3l3, Relma, and Mrc1. In addition to these markers, monocytederived AAMs also express Raldh2 and Pdl2. AAMs produce high levels of IL-10 and TGF-β that minimizes tissue damage caused by Schistosoma egg accumulation in tissues. In this review, we provide support to previous findings about the host response to Schistosoma infection reusing public transcriptome data. Importantly, we discuss the role of monocytes and macrophages with emphasis on the mechanisms of alternative macrophage activation during schistosomiasis.

Keywords: monocyte, alternatively activated macrophage, IL-4Ra, fibrosis, transcriptomics, schistosomiasis

## INTRODUCTION

Schistosomiasis is a chronic helminthic disease caused by worms of the genus *Schistosoma* spp. (McManus et al., 2018). Poor and rural communities localized in tropical and sub-tropical regions are the most affected, where schistosomiasis causes  $\sim$ 207,000 fatal outcomes every year (Schistosomiasis, 2020; World Health Organization [WHO], 2020 | Epidemiological situation). The three major species infect humans: *S. mansoni* (Africa and South America) and *S. japonicum* (East Asia), which mainly induce inflammation and fibrosis in intestine and liver; and *S. haematobium* (Africa and Middle East), which triggers urogenital manifestations (Gray et al., 2011).

The life cycle of Schistosoma involves an intermediate snail host and definitive mammalian hosts. Briefly, eggs released in the feces of a contaminated host reach an aquatic environment where the hatching miracidia from different species are attracted to snails of different genus such as Biomphalaria, Oncomelania, or Bulinus. After several morphological and molecular changes, mature cercariae exit the snail and swim at the surface until they actively penetrate into the host's skin (Paveley et al., 2009; Collins et al., 2011). Within hours of penetration, the cercariae differentiate into the schistosomula, which reside in the skin for at least 2 days before migrating through blood vessels. Around 3-7 days, the schistosomula reach the lung, from where they are delivered to the hepatic portal circulation (Wilson, 2009; Schwartz et al., 2018). They mature into adult worms, mate, and later migrate to mesenteric venules (S. mansoni and S. japonicum) or bladder venules (S. haematobium) where they lay eggs. Hosts excrete eggs in the feces or urine around 6-7 weeks of infection (Schwartz and Fallon, 2018; Nation et al., 2020).

Host response to *Schistosoma* infection initiates with the activation of immune cells, which produce tumor necrosis factor (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$ , IL-6, IL-12, and IFN- $\gamma$  that promote an early Th1 response (Pearce et al., 1991; de Jesus et al., 2002; Mountford and Trottein, 2004). This profile changes dramatically with egg deposition (Pearce et al., 1991), whose accumulation into tissues induces Th2-driven granuloma, a hallmark of chronic disease (Pearce and MacDonald, 2002). Granulomas are structures composed of neutrophils, eosinophils, basophils, monocytes, macrophages (and their derivatives epithelioid and giants cells), T cells, B cells, and fibroblasts, which are recruited to limit tissue damage caused by eggs (Schwartz and Fallon, 2018).

Monocytes and macrophages exert important roles during schistosomiasis, while high levels of Th2 cytokines (IL-4 and IL-13) have profound phenotypical and functional impact on these cells (Pearce and MacDonald, 2002; McManus et al., 2018). In this review, we provide: (i) an overview of immune response dynamics; (ii) a discussion about monocytes and macrophages; and (iii) insights into the alternative activation of macrophages during schistosomiasis. To support the discussion, we reused public transcriptomes of liver from mice infected with *S. japonicum* (Burke et al., 2010).

#### BRIEF OVERVIEW OF THE IMMUNE RESPONSE TO SCHISTOSOMA INFECTION

Penetration of cercariae into host's skin induces the influx of neutrophils (Paveley et al., 2009), as well as the activation of resident macrophages, Langerhans cells (Kumkate et al., 2007) and dendritic cells (DCs) (Winkel et al., 2018). Upon activation by *S. mansoni* cercariae, resident macrophages release IL-10, while DCs produce IL-6, IL-12p40, TNF- $\alpha$  to activate the adaptive immune response in skin-draining lymph nodes (sdLN) (Mountford and Trottein, 2004; Paveley et al., 2009). For that, DCs increase the expression of HLA-DR, CD80, CD86,

PDL-1, and PD-L2, interact with T cells and coordinate Th2 polarization (Winkel et al., 2018). Moreover, cercariae antigens are internalized by macrophages and influence CD4<sup>+</sup>IL-4<sup>+</sup> T cells responses in sdLN (Paveley et al., 2011). Interestingly, multiple exposures (4x) to *S. mansoni* increases alternatively activated macrophage-like cells in the skin of mice and renders T cells hypo-responsive in an IL-4R $\alpha$ -dependent manner (Cook et al., 2011). In addition, radiation-attenuated (RA) larvae of *S. mansoni* induces IL-12 production by CD11c<sup>+</sup>, F4/80<sup>+</sup> skincells that drives a protective response (Hogg et al., 2003).

The cercariae that transform into schistosomula migrate through skin and enter the circulation (Schwartz et al., 2018). Anti-helminthic effectors are activated to kill migrating schistosomula, while the lung microenvironment constitutes an effective site to larvae elimination (von Lichtenberg et al., 1977; Wilson, 2009; Schwartz et al., 2018). Macrophages and eosinophils expressing FceRI recognize IgE and induce antibody dependent cell mediated cytotoxicity (ADCC) toward larvae (Dombrowicz et al., 2000). Immunization with Sm-p80 antigen (S. mansoni) induces effective ADCC in lung during larvae migration (Torben et al., 2012), while SjCL3 (S. japonicum) suppresses the ADCC to evade the host response (Huang et al., 2020). Interestingly, TNF- $\alpha$  plays a significant role for innate lung immunity after RA-larvae vaccination, as TNFRI deficiency abrogates protective immunity, including IgG responses (Street et al., 1999).

As the surviving schistosomula end up as adults in the intestine or bladder, the host adapts to the challenges imposed by adult worm burden and egg deposition. S. mansoni-derived lysophosphatidylcholine (LPC) activates eosinophils via TLR2 (Magalhães et al., 2010). Metalloproteinases (MMP), histamines and collagenases released by eosinophils contribute to tissue remodeling (Arivaratne and Finney, 2019), while macrophage migration inhibitory factor (MIF) boosts IL-5 production and eosinophilia during schistosomiasis (Magalhães et al., 2009). Interestingly, S. japonicum induces more neutrophil influx into hepatic granulomas when compared to S. mansoni infection, which induces more eosinophils (Schwartz and Fallon, 2018). Upregulated neutrophil degranulation pathway in transcriptomics data support these findings (Figure 1A). In addition, S. japonicum eggs induce neutrophil extracellular traps, MMP9, IL-1β, IL-1α, CCL3, and CXCL2, which precedes granuloma formation (Chuah et al., 2014).

Schistosoma infection induces the release of the alarmins IL-33 (Peng et al., 2016; Li et al., 2019), TSLP and IL-25 (Cook et al., 2011; Vannella et al., 2016). IL-33 promotes the development of CD4<sup>+</sup> IL-5<sup>+</sup>; IL-10<sup>+</sup>, and IL-13<sup>+</sup> Th2 cells (Yu et al., 2015). During *S. japonicum* infection, IL-33 expression was associated with levels of tissue transglutaminase (tTG) protein (Li et al., 2019), while the numbers of macrophages expressing the IL-33 receptor (ST2L) were also increased when compared to CD3<sup>+</sup>ST2L<sup>+</sup> T cells (Peng et al., 2016). Hepatic fibrosis induced by *S. mansoni* is not affected by the lack of TSLP, IL-25, and IL-33 signaling individually, but disruption of signaling by all three mediators reduced hepatic fibrosis, eosinophils, and innate lymphoid cell (ILC)-2 in the liver of mice (Vannella et al., 2016). Compared to CD4<sup>+</sup> T cells, ILC2s produce high levels of IL-13,



false discovery rate (FDR) method. (B) Heat map showing the expression of genes included in the interleukin-4 and 13 signaling pathway in *S. japonicum*-infected and naïve mice. Hierarchical clustering was performed with the package *amap* for R using Euclidian distance metric and Ward linkage. The heat map was generated with the package *gplots* for R. (C) Gene network composed of genes included in the innate immune system pathway. The network was generated with the platform STRING v11.0 (Szklarczyk et al., 2015) and visualized with Cytoscape v3.7.2 (Shannon et al., 2003). The color scale is proportional to the log<sub>2</sub> fold changes of each gene from *S. japonicum*-infected mice over naïve mice. Genes colored in gray were imputed by STRING but were not present in the evaluated dataset.

but not IL-4, while IL-25 triggers IL-13<sup>+</sup> ILC2-mediated fibrosis in the lung after injection of *Schistosoma* eggs (Hams et al., 2014).

Signaling by IL-13 and IL-4 has been associate with the severity of schistosomiasis and fibrosis. Indeed, high levels of IL-13 in chronic schistosomiasis patients with hepatic fibrosis correlates with progression of the disease (Mutengo et al., 2018). Polymorphisms in IL-4 and STAT6 promoter gene were associated higher susceptibility to *S. haematobium* infection in children (Adedokun et al., 2018). Also, IL-4R $\alpha$  signaling was associated with granuloma formation and bladder

pathogenesis after injection of *S. haematobium* eggs (Mbanefo et al., 2020). Interestingly, 5-lipoxygenase metabolites induce IL-4 and IL-13 that control granuloma size in lung of mice injected with *S. mansoni* eggs (Toffoli da Silva et al., 2016). Indeed, *S. japonicum* infection upregulates the IL-4 and IL-13 signaling pathway in the murine liver (**Figure 1A**), which includes genes related to extracellular matrix remodeling such as *Mmp2* and *Mmp9* (**Figure 1B**). Strikingly, IL-4R $\alpha$  deficient mice vaccinated with RA-attenuated larvae exhibit impaired production of protective IgG1 and IgE antibodies and cytokines

such as IL-10 and IL-13 (Mountford et al., 2001). Indeed, the absence of IL-4R $\alpha$  in B cells affects both cellular and humoral Th2 responses, increasing the susceptibility to *S. mansoni* infection (Hurdayal et al., 2017).

Hepatic inflammation during S. japonicum infection initiates with the recruitment of CD4<sup>+</sup> T; CD8<sup>+</sup> T cells and CD19<sup>+</sup> B cells, whereas eosinophil, neutrophils and F4/80<sup>+</sup>CD11b<sup>+</sup> cells increase at 7 wpi (Burke et al., 2010). Curiously, the S. haematobium bladder-granuloma are dominated by CD68<sup>+</sup>cells (syncytial macrophages) (Fu et al., 2012). The peak of collagen deposition correlates with MIP-1a and CXCL1 production in S. haematobium infection (Fu et al., 2012), and innate immune cell influx to the hepatic granuloma in S. japonicum infection (Burke et al., 2010). Innate immune cell activation is reflected by a robust upregulation of genes composing an innate immunity network (Figure 1C). Monocytes and macrophages play critical roles for the granuloma formation and immune regulation. Many molecules and mechanisms shape their phenotypes and functions along Schistosoma infection and will be discussed in the next sections.

#### ORIGIN AND FUNCTION OF MONOCYTES DURING SCHISTOSOMIASIS

Monocytes play important roles in homeostasis, host defense, resolution of inflammation and tissue repair (Hume et al., 2019). They first originate during embryogenesis, seed diverse organs and develop into resident macrophage populations, such as alveolar macrophages in the lung and Kupffer cells in the liver (Zhao et al., 2018). After birth, progenitor cells in the bone marrow and spleen ultimately differentiate into the stage "common Monocytes Progenitor - cMoP" [lineagenegative (Lin<sup>-</sup>) CD117<sup>+</sup> CD115<sup>+</sup> CD125<sup>-</sup> Ly6C<sup>+</sup> CD11b<sup>-</sup>], which further transform into distinct subsets (Hettinger et al., 2013). Based on the differential expression of surface markers, monocytes are classified as: inflammatory monocytes (classical) (mouse: Ly6C<sup>high</sup>CCR2<sup>+</sup>CX<sub>3</sub>CR1<sup>low</sup>; human: CD14<sup>high</sup>CD16<sup>-</sup>), which are robustly recruited to sites of inflammation (Geissmann et al., 2003), but return to the bone marrow after 3 days under steady state (Varol et al., 2007); and patrolling monocytes (non-classical) (mouse: Ly6C<sup>low</sup>CCR2<sup>low</sup>CX<sub>3</sub>CR1<sup>high;</sup> human:  $\mathrm{CD14}^{\mathrm{low}/-}\mathrm{CD16}^{\mathrm{high}}$ ), which patrol blood vessels and remain in the circulation for as long as 7 days (Auffray et al., 2007; Figure 2). Recently, we showed that low expression of CD18 (common subunit of  $\beta 2$  integrins) was associated with a reduction of monocyte subsets in bone marrow and blood of mice infected with S. mansoni (Souza et al., 2018). This correlated with increased parasite burden, egg deposition and mortality of mice.

Monocytes promote resistance to schistosomiasis (Nascimento et al., 2014; Souza et al., 2018; de Souza et al., 2019). Indeed, inflammatory monocyte depletion causes a severe weight loss and disrupts a protective Th2 response during *S. mansoni* infection (Nascimento et al., 2014). Intermediate human monocytes (CD14<sup>bright</sup>CD16<sup>+</sup>) from schistosomiasis patients bind cercariae E/S ligands more efficiently than those

from healthy individuals, indicating a role for monocytes in parasite recognition (Turner et al., 2014). In addition, adoptive transference of CD11b<sup>+</sup>CD14<sup>+</sup> bone marrow cells to mice infected with *S. mansoni* reduced the expression of TGF- $\beta$ 1 and collagen deposition in the liver (de Souza et al., 2019).

Despite of their protective functions, monocytes also induce fibrosis (Fernandes et al., 2014). For example, B1 cells secrete IL-10 after *S. japonicum* infection and inhibit CCL2 chemokine (ligand CCR2) production, leading to reduced Ly6C<sup>high</sup> monocytes and fibrosis in the liver (Yong et al., 2019). Moreover, CD14<sup>high</sup>CD16<sup>-</sup> and CD14<sup>low/-</sup>CD16<sup>high</sup> monocytes from schistosomiasis patients with liver fibrosis increase the expression of TGF- $\beta$  (Fernandes et al., 2014). In addition, stimulation of monocytes with soluble egg antigen (SEA) upregulates the expression of TGF- $\beta$  (Wolde et al., 2020; **Figure 2**). Curiously, lack of CX<sub>3</sub>CR1 and thus, patrolling monocytes, reduced liver weights and granuloma formation in mice infected with *S. japonicum*, suggesting a differential role for monocyte subsets in this model (Ran et al., 2015).

### THE IMPACT OF ALTERNATIVE MACROPHAGE ACTIVATION ON SCHISTOSOMA INFECTION

Resident macrophages localize in different tissues to maintain the homeostasis (Zhao et al., 2018) and exhibit particular phenotypes and molecular programs (Coakley and Harris, 2020). During schistosomiasis, most macrophages in inflammatory sites are derived from blood monocytes (Rückerl and Cook, 2019). Depending on environmental cues, monocytes differentiate into macrophages that assume a spectrum of molecular profiles (Das et al., 2015). Two of these molecular programs have been extensively studied: the classically activated macrophages (M1), which are induced by IFN- $\gamma$  + LPS and the alternatively activated macrophages (AAMs/M2), which are induced by IL-4 + IL-13 (Martinez and Gordon, 2014). Many studies show that IL-4/IL-13 signaling via IL-4Rα activates the transcription factor signal transducer and activator of transcription 6 (STAT-6), which upregulates the expression of arginase -1 (Arg1), chitinase-like 3 (Chi3l3), resistin-like alpha (Relma), and mannose receptor C-type 1 (Mrc1) (Gordon, 2003; Gordon and Martinez, 2010; Rolot and Dewals, 2018). Although IL-4Ra signaling induces alternative phenotype in both tissue resident macrophages (Jenkins et al., 2011) and MDMs during helminth infections (Gundra et al., 2014; Rolot et al., 2019), they have distinct transcriptional signatures, phenotypes and functions. Both resident and monocyte-derived AAMs express high levels of Arg1, Chi3l3, and Relma, but only monocytederived AAMs upregulate the expression of retinaldehyde dehydrogenase 2 (Raldh2) and programmed cell death ligand 2 (*Pdl2*) (Gundra et al., 2014).

The influx of blood monocytes and their conversion to macrophages occurs independently of IL-4R $\alpha$  during *S. mansoni* infection (Rolot et al., 2019). The Th2 environment developed in response to *Schistosoma* eggs provides signals for AAM polarization (**Figure 2**). For example, basophils sense the egg



glycoprotein IPSE/alpha-1, produce IL-4 and IL-13 and trigger the alternative activation of human monocytes, demonstrated by the increased expression of CD206<sup>+</sup> and CD209<sup>+</sup> (Knuhr et al., 2018). In addition, chronic S. mansoni infection induces Ly6C<sup>high</sup> monocyte migration into the liver, which differentiate into CD206<sup>+</sup>PD-L2<sup>+</sup> AAMs in a CD4<sup>+</sup> T cell dependent manner (Girgis et al., 2014). Macrophages stimulated with Sm16 antigen induce high levels of IL-10 that block the M1 activation in response to IFN-y and LPS (Sanin and Mountford, 2015). Interestingly, SEA induces the expression of M2 markers (Arg1, CD206, IL-10, and TGF- $\beta$ ) and higher STAT-6 phosphorylation in J774A.1 macrophage cell line (Tang et al., 2017). Moreover, S. mansoni's LPC induces higher expression of arginase-1 and CD206, while increasing the production of IL-10, TGF- $\beta$ , and prostaglandin E2 by peritoneal macrophages (PMs) in vitro (Assunção et al., 2017).

Macrophages are protagonists of tissue repair during schistosomiasis (Herbert et al., 2004; Borthwick et al., 2016).

IL-4Ra signaling in AAMs induces the production of IL-10 and TGF-B, promoting healing that minimizes collateral tissue damage during the granuloma formation (Barron and Wynn, 2011). Upon S. mansoni infection,  $LysM^{cre}IL-4R\alpha^{-/flox}$  mice fail to mount an effective Th2 immune response, resulting in liver damage and increased mortality due high levels of IFN- $\gamma$ production (Herbert et al., 2004). Importantly, depletion of F4/80<sup>+</sup>CD11b<sup>+</sup> macrophages after the injection of S. mansoni eggs reduced the size of granulomas, downregulated the expression of IL-13ra2 (IL-13Ra2), Retnla and Chi3l3 and affected CD4<sup>+</sup> Th2 cell responses in the lung (Borthwick et al., 2016). Interestingly, IL-4Rα-dependent AAM polarization mediates sdLN CD4<sup>+</sup>T cell hypo-responsiveness to repeated exposure to cercariae via IL-10 production (Prendergast et al., 2016). Macrophages are crucial for eosinophil, T cell and B cell recruitment into granuloma and orchestrate the response to preserve the bladder integrity after S. haematobium infection (Fu et al., 2015). The protective role of macrophages during *S. haematobium* infection was correlated with increased expression of *Il4*, *Arg1*, MMP, and collagenase genes in the bladder (Ray et al., 2012).

Molecules that characterize AAMs exhibit diverse functions and have been associated with protection or immunopathology during schistosomiasis. For example, injection of S. mansoni eggs in *Retnla*<sup>-/-</sup> mice induces increased pulmonary inflammation and disorganized collagen-fiber deposition around granulomas (Nair et al., 2009). Upon infection with S. mansoni,  $Arg1^{-/-}$ mice produce less IL-10 and TGF-β, lose more weigh, show increased intestinal egg burden and present higher mortality rates (Herbert et al., 2010). Importantly, LsyM<sup>cre</sup>Arg<sup>-/flox</sup> mice are highly susceptible to S. mansoni infection and exhibit exacerbated granulomatous inflammation, liver fibrosis, and portal hypertension. This is tightly connected to macrophage function, because AAM from LsyMcreArg-/flox mice inhibit T cell proliferation, independently of IL-10 and TGF- $\beta$  (Pesce et al., 2009). PMs from S. japonicum-infected mice increase the expression of CD206, CCL2, IL-10, and Arg1 and reduce the expression of CD16/CD32 (M1), while stimulation with SEA also induced higher expression of CD206, IL-10 and Arg1 in PMs (Zhu et al., 2014). Interestingly, upregulated the expression of Chi3l3 and Arg-1 in AAMs from S. japonicum-infected mice was associated with increased fibrosis and immunopathology in the liver (Ye et al., 2020). Of interest, IL-10 plays a key role in maintaining AAMs and control of liver damage in the absence of IL-4Ra signaling during S. mansoni infection (Dewals et al., 2010). IL-10 regulates anti-fibrotic processes (Kamdem et al., 2018), while low levels of IL-10 was associated with severe hepatic fibrosis during schistosomiasis patients (Mutengo et al., 2018). The cooperation of IL-10 production by macrophages and CD4<sup>+</sup> T cells was associated with reduce morbidity to experimental schistosomiasis (Hesse et al., 2004). IL- $10^{-/-}$  mice exhibit increased granuloma areas after S. mansoni infection (Sadler et al., 2003), but this cytokine is not able to compensate the damaging effects of the absence of IL-4Rα-dependent AAM activation (Herbert et al., 2004). In addition, vitamin A is also an important signal for AAM differentiation and polarization during schistosomiasis. Mice infected with S. mansoni increase the expression of Raldh2 and Raldh3 in the liver, whereas AAMs induce the differentiation of CD4<sup>+</sup>Foxp3<sup>+</sup> regulatory T cells via retinoic acid metabolism. Of note, mice that lack vitamin A exhibit increased hepatic damage, failure to form granulomas (Broadhurst et al., 2012) and increased mortality in response to S. mansoni infection (Gundra et al., 2017). Indeed, vitamin A is required for the conversion of monocyte-derived F4/80<sup>int</sup>CD206<sup>+</sup>PD-L2<sup>+</sup>MHC-II<sup>+</sup> macrophages into cells that assume a F4/80<sup>high</sup>CD206<sup>-</sup>PD-L2<sup>-</sup>MHC-II<sup>-</sup>UCP1<sup>+</sup> phenotype (Gundra et al., 2017), whose function during infection and/or resolution still needs to be elucidated (Figure 2).

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# CONCLUSION AND FUTURE DIRECTIONS

In the last few years, there were several advances in the understanding about the relationship between monocytes/macrophages and the Th2 response during schistosomiasis. Along the progression of schistosomiasis, diverse cells are recruited for inflammatory foci in response to worms, eggs and antigens. Granuloma formation around eggs accumulating in tissues requires monocyte recruitment from blood, which differentiate into macrophages and polarize into an alternatively activated phenotype via IL-4Rα signaling. AAMs are key players of efficient tissue repair and wound healing in response to Schistosoma infection. However, deregulated responses may also result in pathogenic fibrosis, a clinical condition that have been associated with mortality due schistosomiasis (Andrade, 2009). Several factors contribute to monocyte differentiation into macrophages and the alternative activation of these phagocytes, including their metabolism. These processes have been extensively explored in diverse studies and coordinate cellular functions and phenotype. Therefore, pharmacological manipulation of monocyte/macrophage metabolism may offer interesting opportunities to design novel therapies for severe schistosomiasis.

### **AUTHOR CONTRIBUTIONS**

CS reviewed the literature, conceptualized the figures, and wrote the manuscript. LG performed the data analysis and critically revised the manuscript. VR discussed and critically revised the manuscript. LF critically revised the manuscript and acquired funding. All authors read and approved the final version of the manuscript.

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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