Intracellular scavenging activity of Trolox (6-hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid) in the fission yeast, *Schizosaccharomyces pombe*

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DOI: 10.4103/0976-9668.71667

Abstract

The ability of Trolox (6-hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid), a water-soluble vitamin E analogue, to prevent oxidative damages is well characterized, but the mechanisms underlying it remain unclear. The protective effect of Trolox pre-treatment on H_2O_2 -induced toxicity might be attributed to the decreased cellular permeability to H_2O_2 or *in vitro* scavenging activity of Trolox, induction of antioxidant enzymes or the direct scavenging activity of Trolox. The results obtained rule out the first and second possibilities and intracellular scavenging activity was found to be the mechanism whereby Trolox confers protection. This was confirmed by measuring protein oxidation (levels), and the observed decrease in proteasomal activity indicated that the decrease in protein carbonyls was due to Trolox scavenging activity rather than proteasome activation. In conclusion, the intracellular scavenging activity of Trolox is a key protective mechanism against H_2O_2 . These findings obtained in *Schizosaccharomyces pombe*, a good model organism for eukaryotic cells, can be used as standard protocols for investigating the antioxidant activity of pure or complex potential antioxidants.

Key words: Fission yeast, hydrogen peroxide, oxidative stress, protein oxidation, Schizosaccharomyces pombe, Trolox

INTRODUCTION

Reactive oxygen species (ROS) are produced as normal by-products of cellular metabolism. These species are also derived from external environmental factors such as redox active drugs, radiation and heavy metals. The major source of ROS is the mitochondrial respiratory chain, which accounts for 85–90% of the oxygen consumed by the cells.^[1] ROS can cause damage to proteins, lipids and nucleic acids and thereby compromise cell viability. Under normal physiological conditions, cellular damages are prevented by antioxidant defenses that neutralize the ROS.^[2] These include ROSscavenging molecules (e.g., superoxide dismutase, catalase), oxidative damage-repair enzymes (e.g., methionine sulfoxide reductase) and mechanisms such as the S-thiolation of oxidation-susceptible proteins, which prevents oxidation by forming reversible mixed-disulfide bonds with glutathione/ thiol.^[3] However, under specific stress conditions, the levels

of ROS exceed the antioxidant capacity of the cells and the cells face an oxidative stress. This unbalanced situation can result from: (i) a decrease in antioxidants, due to depletion of such defenses (e.g., by xenobiotics that are metabolized by conjugation to glutathione or due to mutations that affect antioxidant defenses), (ii) an increased production of ROS (e.g., by exposure to hyperoxia, compounds that generate ROS or due to excessive activation of systems that produce ROS) or (iii) both.^[4]

Such "oxidative stress" is associated with several human pathologies, including cancer, cardiovascular diseases, Down's syndrome, Friedreich's ataxia, rheumatoid arthritis, autoimmune diseases and acquired immunodeficiency syndrome. Oxidative damage is also emerging as an important factor in mutagenesis, tumorigenesis, ageing and age-related disorders such as Parkinson's and Alzheimer's diseases.^[5] Protein oxidation is defined as the covalent modification of protein induction, either directly by ROS or indirectly by a reaction with secondary by-products of oxidative stress. Oxidative damages to proteins can lead to diverse functional consequences, such as inhibition of enzymatic and binding activities, protein aggregation and enhanced susceptibility to proteolysis.^[6] Protein oxidation serves as a useful marker for assessing oxidative stress. The most commonly used marker of protein oxidation is the protein carbonyls. The use of protein carbonyl groups as biomarkers of oxidative stress has some advantages in comparison with the measurement of other oxidation products because of the relative early formation and the relative stability of carbonylated proteins. Most of the assays for detection of protein carbonyl groups involve derivatization of the carbonyl group with 2,4-dinitrophenylhydrazine (DNPH), which leads to the formation of a stable dinitrophenyl (DNP) hydrazone product. This then can be detected by various means, such as spectrophotometric assay, enzymelinked immunosorbent assay (ELISA) and one- or twodimensional electrophoresis followed by Western blot immunoassay.^[7]

Proteasomes are large protein complexes inside all eukaryotes and archaea as well as some bacteria. In eukaryotes, they are located in the nucleus and in the cytoplasm. The proteasome is present in two major forms, the 20S and the 26S proteasomes. The former is a multimeric proteolytic enzyme in a cylinder-like shape, whereas the latter is a complex consisting of two 19S regulatory complexes and one 20S proteasome unit. The 26S proteasome degrades various kinds of excess proteins that have been ubiquitinated with the expense of ATP. This proteasome plays essential roles in the regulation of the cell cycle by specific ubiquitinmediated proteolysis.^[8]

Besides targeted degradation of regulatory proteins, an important function of the proteasome is the degradation of oxidized and aberrant proteins.^[9] Increased accumulation of highly oxidized and cross-linked protein aggregates within the cell observed during aging has been attributed to decreased proteasome function.^[10]

Natural antioxidants like vitamin C and E, carotenoids and polyphenols are claimed to protect against cancer and cardiovascular diseases, and there is an increasing interest in the use of natural and synthetic antioxidants as functional food ingredients or as food supplements. However, on the other hand, at high doses, toxic pro-oxidant action may become important.^[11]

Vitamin E is the name for a group of biologically active substances including tocopherols and tocotrienols.^[1]

 α -tocopherol shows the highest biological activity and is the most common form found in the human body. Tocopherols inhibit lipid peroxidation by scavenging lipid peroxyl radicals much faster than these radicals can react with adjacent fatty acid side chains or membrane proteins. In addition, both tocopherols and tocotrienols quench and react with singlet oxygen and slowly react with superoxide anions.^[12]

Trolox (6-hydroxy-2,5,7,8-tetramethylchromane-2carboxylic acid) is a water-soluble analogue of the free radical scavenger α -tocopherol. Trolox has advantages over α -tocopherol, which is lipid soluble because it can be incorporated in both the water and the lipid compartments of cells. Satoh *et al.* have claimed that the antioxidant property of Trolox surpasses that of α -tocopherol.^[13] Many studies investigated the protective effect of Trolox,^[14-16] but the mechanisms underlying these effects remain unclear.

The fission yeast, *Schizosaccharomyces pombe*, is well known for its contribution to the understanding of molecular mechanisms of cell cycle in eukaryotes. It is probably closer to higher eukaryotes than *Saccharomyces cerevisiae*, and represents a good model organism for mammalians.^[17] Here, it was used as a model system to evaluate the mechanism of Trolox-mediated protective effects against ROS.

We showed that Trolox was able to prevent or reduce some of the H_2O_2 -induced toxic effects in *S. pombe*. In conclusion, the intracellular scavenging activity of Trolox was found to be the key protective mechanism against H_2O_2 .

These findings obtained in *S. pombe* can be used as standard protocols for investigating the antioxidant activity of pure or complex potential antioxidants.

MATERIALS AND METHODS

Organisms and growth conditions

The strain used in this work was wild type *S. pombe* (972h⁻). Yeast cells were grown in YE medium (0.5% yeast extract, 3% glucose) at 30°C on a rotary shaker at 180 rpm under aerobic conditions. Yeast cells were pre-treated with 1 mM Trolox for 2 (short-term) and 14 h (long-term) in YE medium. Later, they were collected by centrifugation at 1,200 g, washed with sterile distilled water and re-suspended in YE medium. Exponentially growing cells at 1 X 10⁷ cells/ ml were treated with 1 mM hydrogen peroxide for 30 min.

Viability determinations

To calculate cell viability, appropriate dilutions of the cultures were spread on plates with solid YEA medium

(0.5% yeast extract, 3% glucose, 2% agar). These plates were incubated at 30°C and the colony forming units were counted at the end of the third day.

Estimation of hydrogen peroxide in culture media

The H_20_2 assay was adapted from the methods of Pick and Keisari.^[18] Immediately prior to the assay, phenol red and horseradish peroxidase were added to 1 ml of assay buffer (10 mM potassium phosphate, pH 7 and 40 mM NaCl) at a final concentration of 0.1 mg/ml and 8.5 U/ ml, respectively. A 500 µl aliquot of the culture media was then added and the solution was mixed and incubated at 25°C for 5 min. After the reaction was stopped by adding 10 µl of 1 N NaOH, optical density was measured at 610 nm using a Biotek µQuant Microplate Spectrophotometer (Winooski, VT, USA). H_20_2 concentrations were calculated from a standard curve evaluated for each assay from dilutions of 30% H_20_2 .

Measurement of ROS generation

Intracellular oxidation level was measured as described previously.^[19] After pre-incubation of the yeast cells (10⁷ cells/ml) in YE medium with 40 μ M DCFH-DA at 30°C for 60 min, the cells were treated with 1 mM H₂O₂ for 30 min and then washed and re-suspended in 100 μ l phosphate-buffered saline (PBS). Fluorescent intensity of the cell suspension was measured using a Bio-Tek FL800 fluorescence microplate reader (Winooski, VT, USA). with excitation at 480 nm and emission at 530 nm. The relative fluorescent intensity was expressed as arbitrary units/10⁷ cells.

Preparation of crude cell-free extract

Cells were collected by centrifugation and re-suspended in 200 µl lysis buffer (50 mM Tris, pH 7.5, 150 mM NaCl, 5 mM EDTA, 10% glycerol, 1 mM PMSF, 1 mM DTT). Cells were disrupted by vortexing with acid-washed glass beads (diameter 425–600 µm) for 10 min at 60 s intervals, interspersed with periods of cooling in an ice bath. Cellular debris was removed by centrifugation at 15,000 g at 4°C for 20 min.^[20] The supernatant was collected and the protein concentration was determined according to Waterborg (2002) using bovine serum albumin as a standard.^[21]

Catalase assay

Catalase activity was determined spectrophotometrically by monitoring the disappearance of H_2O_2 at 240 nm as described previously.^[22] The mixture containing 680 µl of 50 mM potassium phosphate buffer (pH 7.2) and 480 µl of 40 mM H_2O_2 was incubated at 30°C for 2.5 min. Enzymatic reaction was initiated by adding 40 µl of the cell extract. The decrease in absorbance at 240 nm was monitored. Catalase activity was expressed as $\Delta A_{240}/min/mg$ protein.

Immuno-detection of protein carbonyls

As a result of protein oxidation, carbonyl groups are introduced into protein side chains by a site-specific mechanism. We used an OxyBlot kit (Millipore, Billerica, MA, USA) to immunodetect these carbonyl groups in oxidatively modified proteins as described by the manufacturer. Briefly, DNPH derivatization was carried out for 15 min on 15 µg of protein. Five micrograms of protein was separated on 10% SDS polyacrylamide gels, transferred to nitrocellulose membrane and stained by Red Ponceau to check for equal transfer. The membrane was probed with first antibody, specific to the DNP moiety of the proteins. The next step was incubation with horseradish peroxidaseantibody conjugate directed against the primary antibody. Immunoblots were visualized using the ECL-Plus Western Blotting Detection system supplied by (GE healthcare, Piscataway, NJ, USA), with exposure times between 30 s and 2 min. A second gel containing duplicate samples was run and stained with the silver staining technique.^[23]

Measurement of 20S proteasome activity

Quantitative in vitro analysis of 20S proteasome activity was performed by measuring the hydrolysis of the fluorogenic peptidyl substrate Suc-Leu-Leu-Val-Tyr-AMC.^[24] Cells were disrupted by vortexing with acid-washed glass beads into buffer containing 0.25 M sucrose, 25 mM HEPES, pH 7.8, 10 mM MgCl, 1 mM EDTA and 1 mM DTT. Lysates were centrifuged at 14,000 g for 30 min at 4°C. Cell lysates were diluted with proteolysis buffer (50 mM Tris, pH 7.8, 5 mM magnesium acetate, 20 mM KCl, 0.5 mM DTT) to a protein concentration of 50 µg/ml. The peptidase activity was measured by the addition of 90 µl of proteolysis buffer and 10 µl of Suc-Leu-Leu-Val-Tyr-AMC (4 mM stock solution in DMSO) to $100 \,\mu$ l of the diluted cell lysate. The mixture was incubated at 37°C for 1 h. The reaction was stopped by addition of an equal volume of ice-cold ethanol and 1.6 ml of 0.125 M sodium borate (pH 9.0). The fluorescence determination was performed at 380 nm excitation and 440 nm emission using free AMC as a standard. Results were presented as nM AMC/mg protein/min.

Statistical analysis

All data were represented as mean \pm SD. The statistical significance of the difference between the control and the treated sample was assessed by one-way ANOVA and Dunnett's multiple comparison test. Results were considered statistically significant at P < 0.05.

RESULTS AND DISCUSSION

The objective of the current study was to evaluate the mechanism of Trolox-mediated protective effect against H_2O_2 -induced oxidative damages in the fission yeast *S. pombe.*

Determination of sub-lethal hydrogen peroxide and non-toxic trolox concentration

To assess the consequences of H_2O_2 -induced oxidative stress and the protective effect of Trolox in *S. pombe*, we first determined the sub-lethal concentration of H_2O_2 and non-toxic dose of Trolox. Cells were treated with H_2O_2 in the concentration range of 0.2–5 mM. The sub-lethal H_2O_2 concentration was found to be 1 mM, which resulted in 29% increased cell mortality following 30 min of incubation. To establish the maximum non-toxic concentration of Trolox, cells were treated with 0.005–1 mM Trolox. 1 mM Trolox was used throughout the experiments as it increased cell survival significantly (data not shown).

The impact of $1 \text{ mM H}_2\text{O}_2$ and 1 mM Trolox on cell growth in the mid-exponential growth phase was additionally tested. As indicated in Table 1, pre-treatment of *S. pombe* cells with 1 mM Trolox for 14 h followed by exposure to 1 mM H₂O₂ for 30 min showed the strongest protective effect compared with cells treated with H₂O₂ alone.

Our results with Trolox are in agreement with those obtained by Raspor *et al.*,^[15] demonstrating that Trolox treatment increased cell viability, decreased intracellular ROS formation and suppressed DNA oxidation in *Saccharomyces cerevisiae*. Additionally, it has been reported that vitamin E in the concentration range of 50 μ M to 100 mM did not have any genotoxic effect on the yeast cells.^[25]

Once the non-genotoxic potential of Trolox was confirmed, its protective effect on H_2O_2 -induced toxicity was further investigated.

Effect of trolox on $\rm H_2O_2$ uptake, ROS generation and catalase activity

The protective effect of Trolox pre-treatment on H_2O_2 induced toxicity might be attributed to (i) change in cellular uptake of H_2O_2 or *in vitro* scavenging activity, (ii) induction of antioxidant enzymes (glutathione peroxidase, catalase) or (iii) direct scavenging activity of Trolox. For these reasons, extracellular H_2O_2 concentration, intracellular oxidation level and catalase activity were determined.

 $\rm H_2O_2$ level in the medium revealed that protection against $\rm H_2O_2$ could not be attributed to reduced $\rm H_2O_2$ uptake and/ or to the *in vitro* scavenging activity of Trolox, because no significant difference between the $\rm H_2O_2$ concentrations of Trolox pre-treated and of non-treated cultures were observed [Table 1].

We analyzed whether the Trolox-protective effect was due to scavenging of intracellular ROS in *S. pombe* using a fluorescent dye, DCFH-DA [Table 1]. Trolox pre-treatment suppressed ROS generation and a significant decrease in peroxide production was detected when the cells were treated with Trolox for 14 h. These results were consistent with the findings of Peus *et al*, on human keratinocytes, in which Trolox was found to decrease the intracellular H_2O_2 generation in a dose-dependent manner.^[26]

A significant increase in catalase activity was detected in cells pre-treated with Trolox for 2 h but not in the cells pre-treated for 14 h [Table 1]. Susa *et al*, also found that a 20 h pre-treatment with 0.5 mM vitamin E did not affect the activities of antioxidant enzymes, including superoxide dismutase, catalase, glutathione peroxidase and reduced glutathione level in rat hepatocytes.^[27] According to Raspor *et al*, after prolonged exposure, such enzymatic activities tend to go to normal level.^[15]

It was concluded that the low level of H_2O_2 is due to Trolox-mediated increased intracellular scavenging ability rather than alteration in H_2O_2 transport, *in vitro* scavenging activity or induction of antioxidant defense system.

Effect of trolox on protein oxidative modification and proteasome activity

If Trolox decreases the level of intracellular ROS, it would be expected to decrease damage to biomolecules. We used protein carbonyls as a marker for protein oxidation. Protein carbonyls are generated by a variety of mechanisms^[7]

Table 1: Effects of Trolox pre-treatment on the viability, H_2O_2 uptake, generation of ROS, catalase activity and proteasome activity in the fission yeast, *S. pombe*

Groups	Viability assay (CFU/ ml) ×10⁵	H ₂ O ₂ conc. in the culture medium (mmol/ml)	Intracellular ROS (U 10 ⁻⁷ cells)	Catalase activity (Δ ₂₄₀ /min/mg protein)	Proteasome activity (nM/mg protein/min)
C ₁	119 ± 7.94	NA	703.5 ± 6.4	0.042 ± 0.0121	1.65 ± 0.11
C ₂	106 ± 7.02**	NA	643.6 ± 132.4**	0.056 ± 0.014**	1.12 ± 0.18*
C ₃	140 ± 10.00*	NA	441.5 ± 80.8*	0.044 ± 0.013**	$0.80 \pm 0.25^{*}$
T ₁	75 ± 11.36	17.67 ± 5.5	1408.0 ± 45.0	0.067 ± 0.015	1.76 ± 0.055
T ₂	122 ± 13.11*	13.00 ± 2.00**	675.3 ± 10.3*	0.174 ± 0.035*	0.91 ± 0.11*
Т ₃	146 ± 7.64*	13.83 ± 3.25**	766.8 ± 40.5*	0.073 ± 0.015**	$0.96 \pm 0.42^*$

The yeast cells were cultured with Trolox at 30°C for 2 and 14 h and then exposed to 1 mM H₂O₂ for 30 min. C1: untreated control, C2: cells pre-treated with Trolox for 2 h, C3: cells pre-treated with Trolox for 14 h. T1: cells treated with H₂O₂ alone, T2: cells pre-treated with Trolox for 2 h and then exposed to H₂O₂, T3: cells pre-treated with Trolox for 14 h and then exposed to H₂O₂. The results are means \pm SD of three independent experiments. ***P* > 0.05 and **P* < 0.01 using one-way ANOVA (C2 and C3 were compared with C1 while T2 and T3 were compared with T1).

and are sensitive indices of oxidative injury. The results obtained from protein carbonyl assays [Figure 1] indicated that pre-treatment of the *S. pombe* cells with Trolox for 2 and 14 h decreased the oxidative damage to proteins induced by $1 \text{ mM H}_2\text{O}_2$ for 30 min.

It has been amply documented that the 20S proteasome degrades oxidatively damaged proteins.^[28,29] The protective effect of Trolox against H_2O_2 -induced protein damage was further confirmed by measuring the 20S proteasome activity. The results obtained here indicated that the protective effect of Trolox pre-treatment on protein carbonyls was due to the increased intracellular scavenging ability rather than Trolox-mediated activation of the proteasome [Table 1].

This study provides proof that intracellular scavenging activity is the mechanism by which Trolox treatment provides prevention against oxidative damages induced by



Figure 1: Pattern of oxidatively damaged proteins of Schizosaccharomyces pombe pre-treated with Trolox and stressed with H_2O_2 . Samples were prepared as described under Materials and Methods. The protein stain was shown in (a). Major oxidatively damaged proteins were indicated in (b). C1: untreated control, C2: cells pre-treated with Trolox for 2 h, C3: cells pre-treated with Trolox for 14 h. T1: cells treated with H_2O_2 alone, T2: cells pre-treated with Trolox for 2 h and then exposed to H_2O_2 , T3: cells pre-treated with Trolox for 14 h and then exposed to H_2O_2 .

 H_2O_2 in the fission yeast, which represents a good model for mammalian cells. The methods presented can be used as standard protocols for investigating the antioxidant activity of pure or complex potential antioxidants.

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Source of Support: Nil, Conflict of Interest: None declared.

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