

# Phytogenic feed additives improve broiler feed efficiency via modulation of intermediary lipid and protein metabolism–related signaling pathways

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**ABSTRACT** Diets enriched with phytogenic feed additives (PFA) such as AV/HGP/16 premix (AVHGP), Superliv concentrate premix (SCP), and bacteriostatic herbal growth promoter (BHGP) with essential oils have been shown to improve feed efficiency (FE) in broilers. This FE improvement was achieved via modulation of hypothalamic neuropeptides, which results despite feed intake reduction, in increased breast yield without changes in body weight compared to the control group. To gain further insights into the mode of action of these PFA, the present study aimed to determine the potential involvement of signaling pathways associated with lipid and protein metabolism. One day-old male Cobb 500 chicks were randomly assigned into 1 of 4 treatments, comprising 8 replicates per treatment in a completely randomized design.

The dietary treatments included a basal diet (control) or 0.55 g/kg diet of AVHGP, SCP, or BHGP. The birds had ad libitum access to water and feed. On day 35, after blood sampling, the liver, abdominal adipose tissue (AT), and breast muscle samples were collected. The levels of phosphorylated mechanistic target of rapamycin (mTOR)<sup>Ser2481</sup> as well as its levels of mRNA and those of

its downstream mediator RPS6B1 were significantly upregulated in the muscle of the PFA-fed groups compared with the control group. In the liver, the phosphorylated levels of acetyl-CoA carboxylase alpha at Ser79, the rate-limiting enzyme in fat synthesis, was significantly induced in the PFA-fed groups compared with the control group, indicating a lower hepatic lipogenesis. The hepatic expression of hepatic triglyceride lipase (LIPC) and adipose triglyceride lipase (ATGL) was significantly upregulated in the AVHGP-fed group compared with the control group. These hepatic changes were accompanied by a significant downregulation of hepatic sterol regulatory element-binding protein cleavage-activating protein in all the PFA groups and an upregulation of peroxisome proliferator-activated receptor alpha and gamma in the SCP-fed compared with the control group. In the AT, the mRNA abundances of ATGL and LIPC were significantly increased in both SCP- and BHGP-fed birds compared with the control group.

Together these data indicate that PFA improve FE via modulation of muscle mTOR pathway and hepatic lipolytic/lipogenic programs, thus, favoring muscle protein synthesis and lowering hepatic lipogenesis.

**Key words:** phytogenic feed additives, hepatic lipogenesis, lipolysis, muscle protein synthesis, mTOR, ACC $\alpha$ , broilers

2021 Poultry Science 100:100963  
<https://doi.org/10.1016/j.psj.2020.12.060>

## INTRODUCTION

The main goal of the poultry industry is to produce affordable and high protein quality to meet the high nutritional demand worldwide. The demand for poultry meat and products is rising globally and estimated to be higher in the next century (Mulder, 1997; Reynnells,

1999; Van Boeckel et al., 2015; Mekonnen et al., 2019). Although the spectacular progress in nutrition, genetics, and management strategies have improved broiler chicken growth performance and breast meat yield (Havenstein et al., 2003a; Havenstein et al., 2003b), the expected increase in the human population by 2050 (Bongaarts, 2009) will require the poultry industry to implement innovative and effective strategies to cope with various challenges and increase meat production by 73% to feed the future (Bruce, 2016).

The global heightened concerns on emerging drug-resistant superbugs and the critical need for antibiotic alternatives in livestock generally and poultry,

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Received August 24, 2020.

Accepted December 20, 2020.

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particularly, are the most significant challenges that the poultry industry is facing. Since their discovery in the 1920s, in-feed antibiotics have played a crucial role in improving growth performance and feed conversion efficiency in poultry production (Castanon, 2007). Owing to antimicrobial (cross)-resistance that threatens human health and increased public awareness (Marshall and Levy, 2011; Tang et al., 2017), the European Union and the United States banned the use of antibiotics in animal production in 2006 and 2017, respectively (Castanon, 2007; Tang et al., 2017).

The quest and search for antibiotics alternatives have remarkably intensified and became hot research spots in the recent years (Gadde et al., 2017). On being empowered by consumer demand for poultry products from “No Antibiotics Ever, NAE” flocks, several classes of alternatives including probiotics, organic acids, prebiotics, synbiotics, enzymes, antimicrobial peptides, hyperimmune egg antibodies, bacteriophages, clay, and metals are available (Gadde et al., 2017). Of particular interest, consumer’s changing tastes, values, and preferences for natural products have triggered the popularity of feed phytochemicals as favorable alternatives to antibiotic growth promoters. The phytochemical market worldwide is expected to increase between 2018 and 2023, from about 631.4 million to over 962.5 million US dollars (Stevanovic et al., 2018).

A growing body of scientific papers has reported many health- and growth-promoting activities of phytochemicals. Amad et al. have shown that phytochemicals improve growth performance in poultry (Amad et al., 2011). Although the mode of phytochemicals action is not fully defined, their beneficial effects are attributed to their antimicrobial, immunomodulatory, and antioxidant properties (Kim et al., 2010, 2013; Settle et al., 2014). Recently, we have shown that PFA modulate the expression of feeding-related hypothalamic neuropeptides and result in feed efficiency (FE) improvement and a slight increase in breast yield (Orlowski et al., 2018; Flees et al., 2020). As FE is also controlled by peripheral intermediary metabolisms, we sought to determine here the effects of PFA on lipid metabolism- and protein synthesis-associated signaling pathways.

## MATERIALS AND METHODS

### Ethical Statement

All the animal experiments were approved by the University of Arkansas Animal Care and Use Committee (protocol number 16084) and were in accordance with the recommendations in NIH’s *Guide for the Care and Use of Laboratory Animals*.

### Experimental Animal Husbandry and Diets

All animal husbandry, diet formulations, and experimental design were previously described (Flees et al., 2020). Briefly, a day-old male Cobb 500 broiler chicks (*Gallus gallus domesticus*, n = 384, Cobb-Vantress, Inc., Siloam Springs, AR) were individually tagged and

randomly allotted (12 birds/pen) into 32 floor pens with fresh pine wood shavings equipped with separate feeders (Chorettime feeders; Georgia Poultry, Newton Grove, NC) and waterlines (Zigity water system, Georgia Poultry, Newton Grove, NC). Eight pens were randomly assigned into 1 of 4 treatments in a completely randomized design. The dietary treatments included a basal diet (control) or 0.55 g/kg diet of AV/HGP/16 premix (AVHGP), Superliv concentrate premix (SCP), or bacteriostatic herbal growth promoter (BHGP). The composition of the 3 phytochemical feed additives (PFA) are proprietary to Ayurved Ltd. (Kaushambi, Ghaziabad, India) and are a polyherbal formulation of prestandardized and tested herbs. AV/HGP/16 is a phytoadditive intended for use across different species of livestock, consisting of many protein-rich ingredients, predominantly *Cicer arietinum*, *Phaseolus mungo*, and *Mucuna pruriens*, that are reputed for their antioxidant, immunomodulatory, and growth-promoting activities besides their ability to supplement commonly deficient amino acids. Superliv concentrate premix, containing several liver-stimulating, antioxidant, and growth-promoting ingredients, such as *Achyranthes aspera*, *Andrographis paniculata*, and *Tinospora cordifolia*, to name a few., is a polyherbal liver tonic and growth promoter for monogastric species of livestock. Bacteriostatic herbal growth promoter, commercially available as Nbiotic, is an herbal growth promoter with essential oils, intended for use in both poultry as well as in other species of livestock and comprises ingredients such as *Allium sativum*, *Zingiber officinale*, *Cichorium intybus*, eucalyptus oil, etc. that are reputed for their antimicrobial, antioxidant, immunomodulatory, and growth-promoting activities (Nadkarni, 2005).

All the birds were offered ad libitum access to feed and water and were reared under gradually decreasing ambient temperatures of 32°C for day 1 to 3, 31°C for day 4 to 6, 29°C for day 7 to 10, 27°C for day 11 to 14, and 25°C thereafter. A relative humidity of about 20 to 40%, and a 23 h light to 1 h dark photoperiod was maintained until the end of the experiment. The pen feed intake was measured daily, and the individual body weights were recorded weekly. The bird welfare was assessed daily. On day 35 at 8:00 am, one of the birds per pen was randomly euthanized by cervical dislocation in the necropsy area for the collection of blood for serum, liver tissue from the caudal region of the left lobe, abdominal adipose tissue (AT), and pectoralis major (breast) muscle tissue from the left breast. All the tissue samples were snap frozen in liquid nitrogen and stored at -80°C until further analysis. The sample size was based on previous experiments and power analysis.

### RNA Isolation, Reverse Transcription, and Real-Time Quantitative Polymerase Chain Reaction

The RNA from the liver, AT, and muscle samples was extracted using TRIzol reagent (Thermo Fisher Scientific,

**Table 1.** Oligonucleotide primers for real-time quantitative PCR.

Gene	Accession number <sup>1</sup>	Primer sequence (5' → 3')	Orientation	Product size (bp)
AMPKβ1	NM_001039912	TTGGCAGCAGGATCTGGAA	Forward	60
		AAGACTGTTGGTCGAGCTTGAGT	Reverse	
AMPKβ2	NM_001044662	TGTGACCCGGCCCTACTG	Forward	56
		GCGTAGAGGTGATTGAGCATGA	Reverse	
AMPKγ1	NM_001034827	CAAGCCGTTGGTCTGCATCT	Forward	56
		GGGAGGAGACGGCATCAA	Reverse	
AMPKγ2	NM_001278142	TGCCATGCCATTCTTGGA	Forward	62
		CCACCTTGCGAGAAGCATTT	Reverse	
AMPKγ3	NM_001031258	CCCAAGCCACGCTTCTTA	Forward	57
		ACGGAAGGTGCCGACACA	Reverse	

Abbreviation: AMPK, AMP-activated protein kinase.

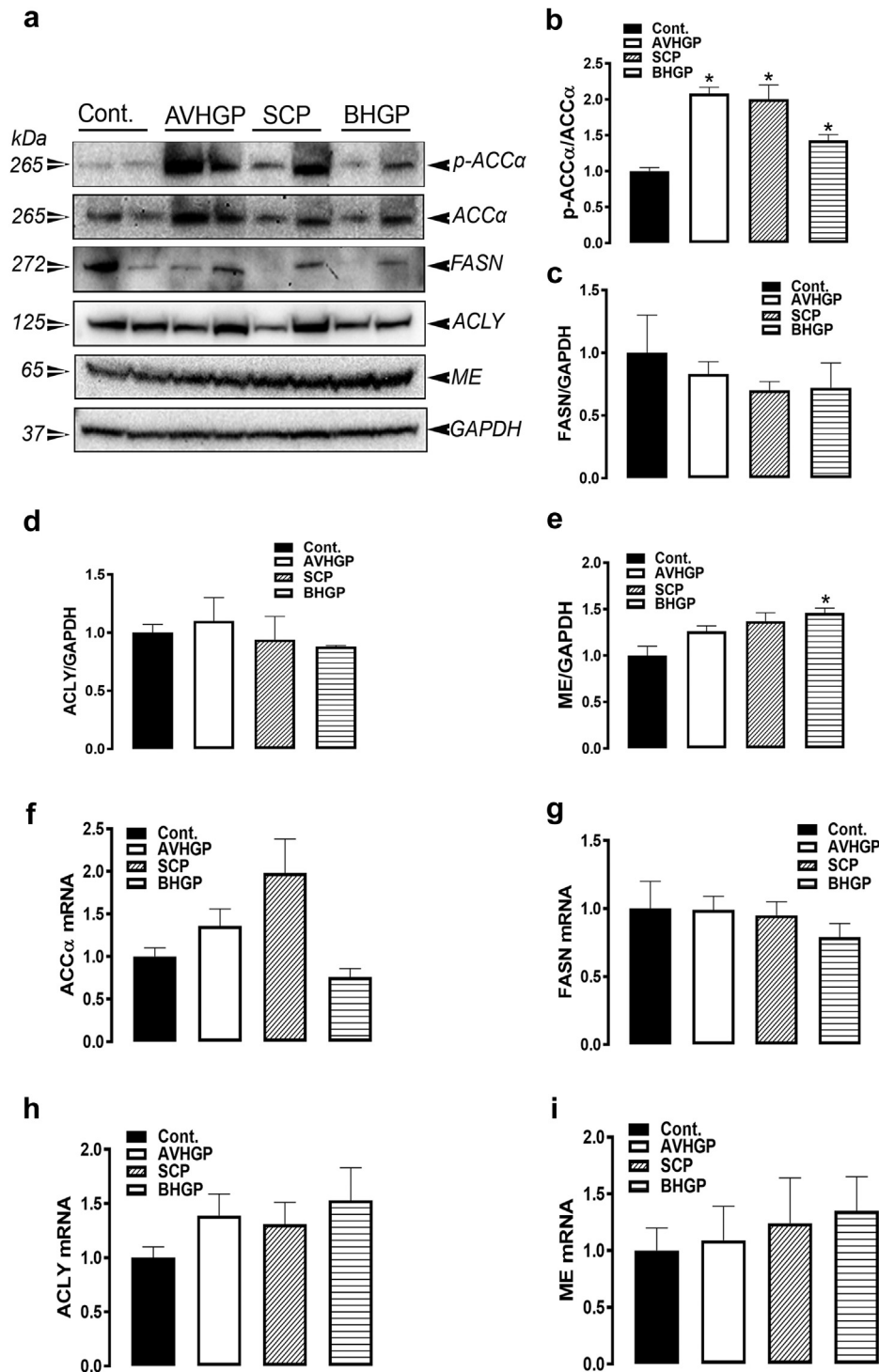
<sup>1</sup>Accession number refer to Genbank (NCBI).

Rockford, IL) according to the manufacturer's recommendations. The integrity and quality of the RNA was assessed by 1% agarose gel electrophoresis, whereas the concentrations and purity were determined for each sample by Take 3 Micro-Volume Plate using a Synergy HT multimode microplate reader. The RNA samples were RQ1 RNase-free DNase treated (Promega, Madison, WI), and RNA (1 µg) was reverse transcribed using qScript cDNA Synthesis Kit (Quanta Biosciences, Gaithersburg, MD). The reverse transcribed products (cDNA) were amplified by real-time quantitative PCR (Applied Biosystems 7500 Real-Time PCR system) by using 5 µL of 10 × diluted cDNA with SYBR Green Master Mix (Thermo Fisher Scientific) combined with 0.5 µmol of each forward and reverse specific primer in a total of 20 µL reaction as previously described (Piekarski et al., 2018; Greene et al., 2019). Oligonucleotide primers specific for chicken ATP citrate lyase (ACLY), acetyl-CoA carboxylase alpha (ACCα), fatty acid synthase (FASN), malic enzyme (ME), sterol regulatory element-binding protein 1 and 2 (SREBP-1/2), SREBP cleavage-activating protein (SCAP), insulin-induced gene 2, lipoprotein lipase (LPL), hepatic triglyceride lipase (LIPC), adipose triglyceride lipase (ATGL), peroxisome proliferator-activated receptor alpha and gamma (PPARα/γ), adiponectin (AdipoQ), adiponectin receptor 1 and 2 (AdipoR1/2), visfatin (NAMPT), mechanistic target of rapamycin (mTOR), ribosomal protein S6 kinase B1 (RPS6KB1), AMP-activated protein kinase alpha 1 and 2 (AMPKα1/2), and 18S ribosomal subunit as a housekeeping gene, as described previously (Nguyen et al., 2015; Blankenship et al., 2016; Flees et al., 2017; Rajaei-Sharifabadi et al., 2017; Ferver et al., 2020), were used. Oligonucleotide primers specific for chicken AMPKβ1/2 and AMPKγ1-3 are presented in Table 1. The cycling conditions were 50°C for 2 min and 95°C for 10 min followed by 40 cycles of a 2-step amplification process (95°C for 15 s and 58°C for 1 min). After the PCR, melting curve analysis was applied using the dissociation protocol from the Sequence Detection system to exclude samples with nonspecific products. The PCR products were also confirmed for 1 specific size band by agarose gel electrophoresis. The relative expression of the target genes was normalized to the expression of 18S rRNA and calculated

using the  $2^{-\Delta\Delta C_t}$  method (Schmittgen and Livak, 2008) with the control group as the calibrator.

### Protein Isolation and Western Blot Analysis

The liver, AT, and muscle tissues were homogenized in lysis buffer, containing protease and phosphatase inhibitors, as previously described (Greene et al., 2019). The total protein concentrations were determined using a Bradford assay kit (BioRad, Hercules, CA), with bovine serum albumin used to establish a standard curve and read using a Synergy HT multimode microplate reader. The proteins (80 µg) were separated on 4 to 12% gradient Bis-Tris gels (Life Technologies, Waltham, MA) and transferred into polyvinylidene difluoride membranes in an XCell II blot system (Life Technologies). After transfer, the membranes were blocked in 5% nonfat dry milk and incubated with primary antibodies (1:1500 to 1:1000 dilution) overnight at 4°C. The polyclonal antibodies used were as follows rabbit anti-FASN, rabbit anti-ACCα, rabbit anti-phospho ACCα<sup>Ser79</sup>, rabbit anti-ACLY, rabbit anti-phospho mTOR<sup>Ser 2481</sup>, rabbit anti-mTOR, rabbit anti-ME, rabbit anti-PPARγ, rabbit anti-ATGL, rabbit anti-phospho HSL<sup>Ser 855/554</sup>, and rabbit anti-HSL. Rabbit anti-glyceraldehyde 3-phosphate dehydrogenase and rabbit anti-β-actin antibodies were used as the housekeeping proteins. All the antibodies were from Cell Signaling Technologies (Danvers, MA), except the anti-FASN antibody that was from Novus Biologicals (Littleton, CO) and the anti-ACLY antibody from LSBio (Seattle, WA). After several washes, the membranes were incubated with HRP-conjugated secondary antibodies (Santa Cruz Biotechnology, Dallas, TX), at 1:5000 dilution, for 60 min at room temperature. A prestained molecular weight marker (Precision Plus Protein Dual Color) was used as a standard (BioRad). The signal was visualized by enhanced chemiluminescence (ECL plus; GE Healthcare Bio-Sciences, Buckinghamshire, UK) and captured by using a FluorChem M MultiFluor System (ProteinSimple, Santa Clara, CA). The image acquisition and analysis were performed by AlphaView software (Version 3.4.0, 1993–2011).



**Figure 1.** The effects of PFA-enriched diets on hepatic expression of lipogenic markers in the broilers. The protein levels were measured by Western blot (A–E), and the mRNA abundances were determined by qPCR (F–I) using  $2^{-\Delta\Delta C_t}$  method (Schmittgen and Livak, 2008). The data are presented as mean  $\pm$  SEM ( $n = 8$ /group). \*denotes significant difference compared with the control group at  $P < 0.05$ . Abbreviations: ACC, acetyl-CoA carboxylase; ACLY, ATP citrate lyase; AVHGP, AV/HGP/16 premix; BHGP, bacteriostatic herbal growth promotor; FASN, fatty acid synthase; ME, malic enzyme; PFA, phytogetic feed additive; SCP; Superliv concentrate premix.

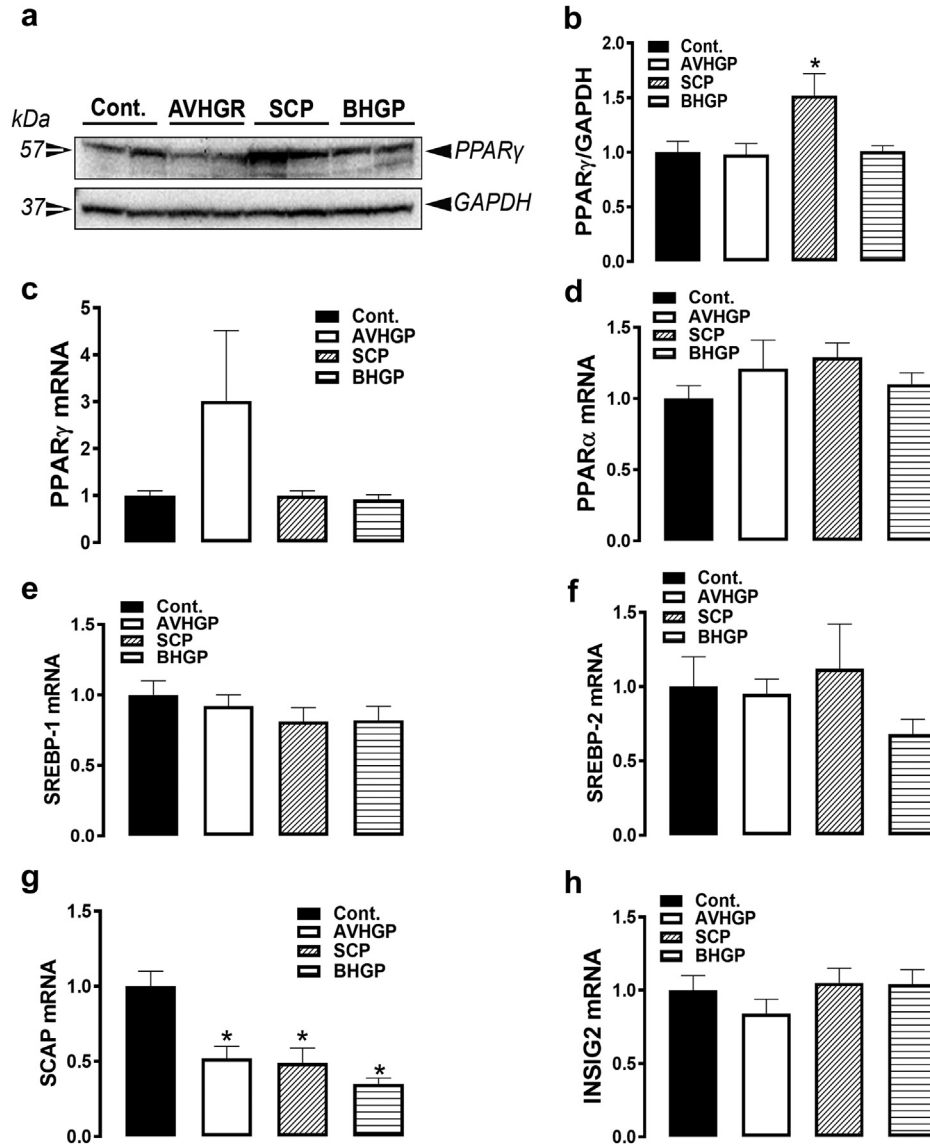
## Statistical Analysis

The gene and protein expression data were analyzed using one-way ANOVA or Student *t*-test when appropriate and Graph Pad Prism version 6.0 for Windows (Graph Pad Software, La Jolla, CA). The differences were considered significant at  $P < 0.05$ .

## RESULTS

### Phytogetic Feed Additive–Enriched Diets Reduced Hepatic ACCα Activity

Phytogetic feed additive (AVHGP, SCP, and BHGP) supplementations significantly increased the levels of



**Figure 2.** The effects of PFA-enriched diets on hepatic expression of key transcription factors involved in hepatic lipogenesis. The protein levels of PPAR $\gamma$  were measured by Western blot (A, B), and the mRNA abundances were determined by qPCR (C–H) using the  $2^{-\Delta\Delta C_t}$  method (Schmittgen and Livak, 2008). The data are presented as mean  $\pm$  SEM (n = 8/group). \*indicates significant difference compared with the control group at  $P < 0.05$ . Abbreviations: AVHGP, AV/HGP/16 premix; BHGP, bacteriostatic herbal growth promoter; INSIG2, insulin-induced gene 2; PPAR, peroxisome proliferator-activated receptor; PFA, phytogetic feed additive; SCAP, sterol regulatory element-binding protein cleavage-activating protein; SCP; Superliv concentrate premix; SREBP, sterol regulatory element-binding protein.

phosphorylated ACC $\alpha$  at Ser79 site, which indicates its inactivation compared with the control group (Figures 1A and 1B). The expression of FASN and

ACLY proteins was not affected by the PFA administration (Figures 1A, 1C and 1D). Only BHGP supplementation upregulated ME protein levels compared with the

**Table 2.** The effects of PFA on hepatic adipokine expression in broilers<sup>1</sup>.

Target genes <sup>3</sup>	Experimental groups <sup>2</sup>			
	Cont.	AVHGP	SCP	BHGP
AdipoQ	1 $\pm$ 0.1	1.78 $\pm$ 0.3 <sup>4</sup>	1.03 $\pm$ 0.2	0.67 $\pm$ 0.1 <sup>4</sup>
AdipoR1	1 $\pm$ 0.1	1.97 $\pm$ 0.7	1.16 $\pm$ 0.1	1.01 $\pm$ 0.08
AdipoR2	1 $\pm$ 0.1	1.02 $\pm$ 0.1	1.10 $\pm$ 0.06	1.23 $\pm$ 0.1
NAMPT	1 $\pm$ 0.1	1.58 $\pm$ 0.3	1.24 $\pm$ 0.1	1.22 $\pm$ 0.1

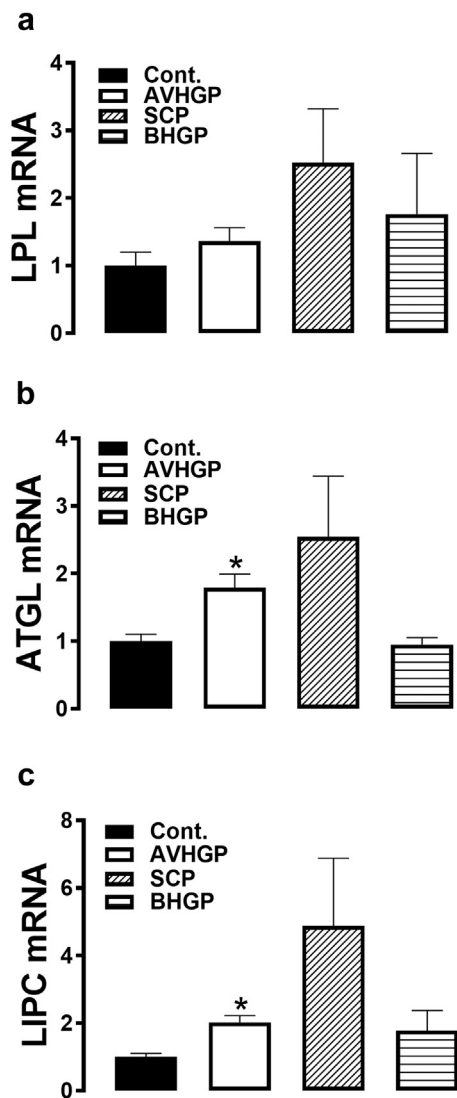
Abbreviation: PFA, phytogetic feed additive.

<sup>1</sup>Data are means  $\pm$  SEM.

<sup>2</sup>AVHGP, AV/HGP/16; BHGP, bacteriostatic herbal growth promoter with essential oil; Cont., control; SCP, superliv concentrate premix.

<sup>3</sup>AdipoQ, adiponectin; AdipoR, adiponectin receptor; NAMPT, visfatin.

<sup>4</sup>Denotes significant difference compared with the control group at  $P < 0.05$ .



**Figure 3.** The effects of PFA-enriched diets on hepatic expression of lipolysis-related genes. The relative expression of LPL (A), ATGL (B), and LIPC (C) was measured by real-time RT-PCR using the  $2^{-\Delta\Delta Ct}$  method (Schmittgen and Livak, 2008). The data are presented as mean  $\pm$  SEM ( $n = 8$ /group). \*indicates significant difference compared to the control group at  $P < 0.05$ . Abbreviations: ATGL, adipose triglyceride lipase; AVHGP, AV/HGP/16 premix; BHGP, bacteriostatic herbal growth promoter; LIPC, hepatic triacylglycerol lipase; LPL, lipoprotein lipase; PFA, phytochemical feed additive; SCP, Superliv concentrate premix.

control diet ( $P < 0.05$ , Figures 1A and 1E). The mRNA abundances of ACC $\alpha$ , FASN, ACLY, and ME remained unchanged among all the groups (Figures 1F–1I).

### Phytochemical Feed Additives Modulated the Hepatic Expression of PPAR $\gamma$ and SCAP

The protein levels of PPAR $\gamma$  were significantly upregulated by SCP supplementation only but not by AVHGP or BHGP supplementation (Figures 2A and 2B). None of these treatments elicited any changes in PPAR $\gamma$ , PPAR $\alpha$ , SREBP-1, SREBP-2, or insulin-induced gene 2 mRNA abundances; however, they all significantly downregulated SCAP mRNA expression compared with the control group (Figures 1C–1H).

### Phytochemical Feed Additives Upregulated the Hepatic Expression of AdipoQ

The AVHGP and BHGP supplementations upregulated the hepatic expression of AdipoQ gene expression but not that of its related receptors (AdipoR1 and AdipoR2) or visfatin (NAMPT) compared with the control group (Table 2).

### Phytochemical Feed Additives Increased the Expression of Hepatic and Adipose Tissue Lipases

ATGL and LIPC mRNA levels were significantly induced by AVHGP supplementation in the liver and by SCP- and BHGP-supplemented diets in the AT compared with the control group (Figures 3B and 3C and Figures 4D and 4F). The expression of LPL gene did not change by the treatments in both tissues (liver and AT) (Figure 3A and Figure 4E). The ratio of phosphorylated hormone-sensitive lipase (pHSL)/HSL and ATGL/actin also remained unchanged in all the groups (Figures 4A–4C).

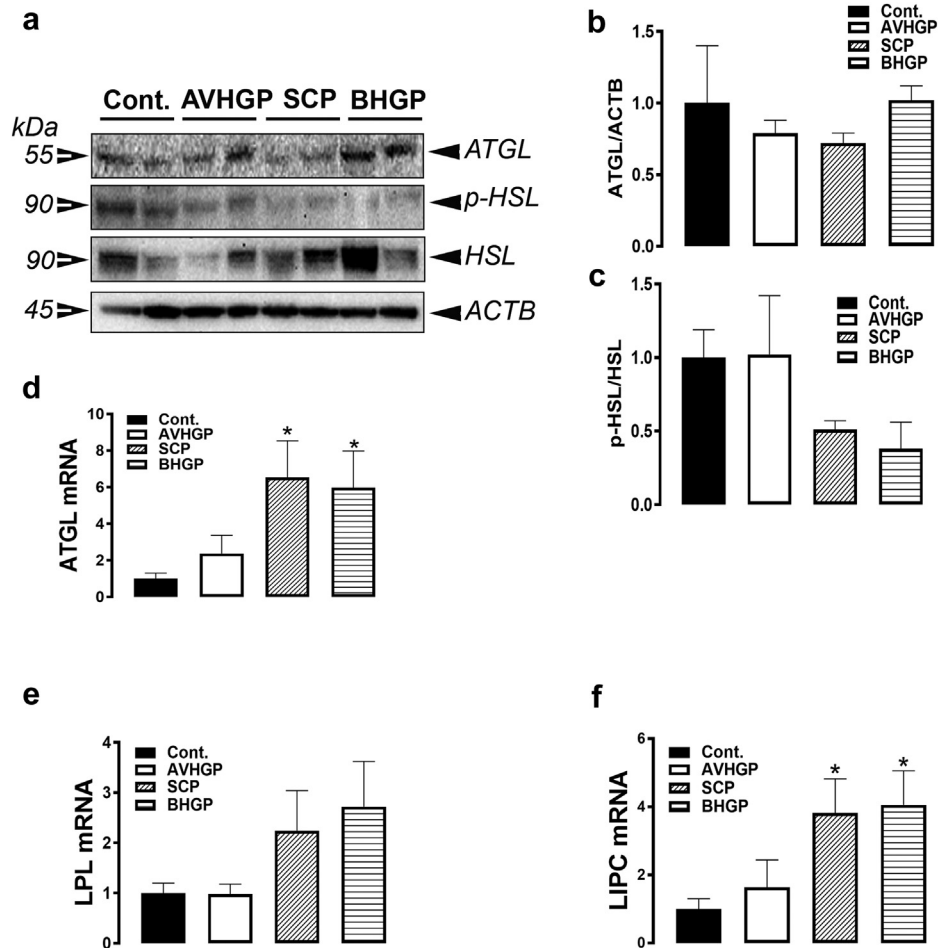
### Phytochemical Feed Additive Modulated the Muscle Expression of mTOR and RPS6KB1

All the PFA treatment upregulated muscle mTOR gene expression, but only SCP- and BHGP-enriched diets increased RPS6KB1 mRNA levels compared with the control group (Figures 5D and 5E). Both SCP and BHGP supplementations induced the phosphorylated and total mTOR protein levels in the broiler muscles compared with the control group (Figures 5A–5C). The mRNA levels of AMPK regulatory subunits ( $\beta 2$  and  $\gamma 1$ ) were upregulated by all the tested PFA; however, AMPK $\beta 1$  was upregulated by SCP and BHGP, and AMPK $\gamma 3$  was induced by AVHGP and BHGP compared with the control group ( $P < 0.05$ , Table 3). The expression of the AMPK catalytic subunit  $\alpha 2$  was significantly upregulated by AVHGP and BHGP treatments compared with the control group (Table 3).

## DISCUSSION

By following “raised without antibiotics” demand and the ban of their subtherapeutic use as feed additives, global research effort on identification of alternative supplements has intensified. On being fueled by consumers’ changing tastes, values, and preferences for natural products, phytochemicals gained considerable attention and popularity in the feed industry and have quickly become the fastest growing segments of the animal feed additives (Mehdi et al., 2018).

Phytochemical or phytochemical feed additives, derived from plants, herbs, and spices, are used to improve animal performance. Although the underlying mechanisms are not well defined, PFA have been very successful because of their beneficial effects on growth, immune

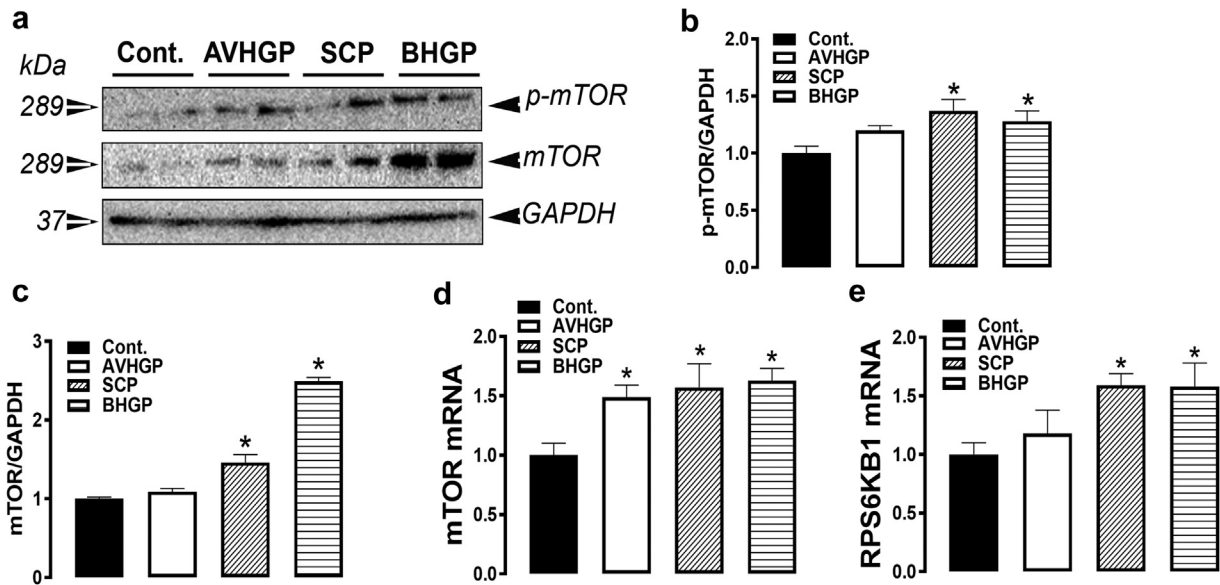


**Figure 4.** The effect of PFA-enriched diets on the expression of lipolytic markers in the broiler adipose tissue. The protein levels were measured by Western blot (A–C), and the mRNA abundances were determined by qPCR (D–F) using the  $2^{-\Delta\Delta C_t}$  method (Schmittgen and Livak, 2008). Data are presented as mean  $\pm$  SEM ( $n = 8$ /group). \*Indicates significant difference compared with the control group at  $P < 0.05$ . Abbreviations: ATGL, adipose triglyceride lipase; AVHGP, AV/HGP/16 premix; BHGP, bacteriostatic herbal growth promoter; HSL, hormone sensitive lipase; LIPC, hepatic triacylglycerol lipase; LPL, lipoprotein lipase; PFA, phytogetic feed additive; SCP; Superliv concentrate premix.

system, and stress relief response (Windisch et al., 2008; Toghyani et al., 2011; Alimohamadi et al., 2014; Ghasemi et al., 2014; Li, 2015). Recently, our group showed that PFA (AVHGP, SCP, and BHGP) improved FE in broilers by reducing feed intake while maintaining similar body weights to the control group (Flees et al., 2020). At the central level, these effects seemed to be mediated through modulation of feeding-related hypothalamic neuropeptides (Flees et al., 2020). As FE is a result of complex interaction between the central nervous system and the periphery (intermediary metabolism), which are tightly controlled not only by hypothalamic circuits but also by highly integrated peripheral signaling pathways, we sought to determine here the effects of these PFA on lipid and protein metabolism-associated pathways in 3 metabolically important tissues, namely the liver, AT, and breast muscle.

The liver is the main site for lipogenesis in chickens, and it is also a site for fat storage. In fact, the avian liver is responsible for more than 90% of *de novo* fatty acid synthesis (Goodridge and Ball, 1967; Leveille et al., 1968; Yeh and Leveille, 1971), which is controlled by several

key enzymes. Acetyl-CoA carboxylase alpha, which catalyzes the carboxylation of acetyl-CoA to malonyl-CoA, is a rate-limiting enzyme in fatty acid biosynthesis (Brownsey et al., 1997; Tong 2005). As ACC $\alpha$  is inactivated by phosphorylation at serine 79 site (Ha et al., 1994; Abu-Elheiga et al., 2001; Fullerton et al., 2013), our data indicated that PFA reduced hepatic lipogenesis in chickens. This is supported by the significant downregulation of SCAP expression although the levels of its binding partner SREBP1 and 2 did not change. The SCAP is a key protein in the regulation of lipid metabolism, and its knockdown in the liver reduced *de novo* lipogenesis in mice and rhesus monkeys (Jensen et al., 2016). The increased levels of ME protein in the BHGP-fed group are intriguing as this decarboxylating enzyme is known to serve as an additional source of NADPH for lipogenesis (Wise and Ball, 1964). However, cytosolic ME enhances also anaplerosis (the replenishment of the TCA cycle) via converting malate into pyruvate, which re-enters the mitochondria via the pyruvate transporter resulting in increased ATP synthesis (Owen et al., 2002). It has been also reported that ME is involved in desaturation of polyunsaturated fatty acids (Kendrick



**Figure 5.** The effect of PFA-enriched diets on the expression of protein synthesis-associated pathway in the broiler muscle. The phosphorylated and pan protein levels of mTOR were determined by Western blot (A–C). The relative expression of mTOR (D) and RPS6KB1 (E) was measured by qPCR using the  $2^{-\Delta\Delta C_t}$  method (Schmittgen and Livak, 2008). The data are presented as mean  $\pm$  SEM ( $n = 8$ /group). \*indicates significant difference compared to the control group at  $P < 0.05$ . Abbreviations: AVHGP, AV/HGP/16 premix; BHGP, bacteriostatic herbal growth promoter; mTOR, mechanistic target of rapamycin; PFA, phytogetic feed additive; RPS6KB1, ribosomal protein S6 kinase beta 1; SCP, superliv concentrate premix.

and Ratledge, 1992), and the latter requires NADPH-dependent reductase to be  $\beta$ -oxidized (Tserng and Jin, 1991). Although further in-depth mechanistic studies are warranted, our data suggested that BHGP-enriched diet induced ME protein expression for  $\beta$ -oxidation and ATP synthesis rather than fatty acid synthesis. The upregulation of the PPAR $\gamma$  protein expression, transcription factor belonging to the nuclear receptor superfamily, supports our hypothesis. Peroxisome proliferator-activated receptor gamma is directly regulated by fatty acids and their derivatives (Varga et al., 2011), and its pivotal role in lipid catabolism has been described in many metabolically important tissues (Tanaka et al., 2003; Wang et al., 2003; Cheng et al., 2004). The abovementioned changes were accompanied by an upregulation of hepatic AdipoQ levels in the AVHGP- and BHGP-fed birds. AdipoQ is highly expressed in the avian liver (Maddineni et al., 2005; Mohammadpour et al., 2020) although its role is still

not well elucidated. In human liver hepatocellular cells, adiponectin treatment decreased the expression of ACC $\alpha$  and increased that of acyl-CoA oxidase and carnitine palmitoyltransferase 1, key players in fatty acid  $\beta$ -oxidation (Simo et al., 2014). In chickens, Yan et al. reported that adiponectin impaired adipocyte differentiation and negatively regulated fat deposition (Yan et al., 2014). Together, these data sustain the role of PFA in avian lipid metabolism by reducing hepatic lipogenesis and inducing  $\beta$ -oxidation.

As a subtle balance between lipogenesis and lipolysis is a critical point for lipid metabolism homeostasis and to gain further insights into the PFAs' mode of action, we next determined the expression profile of key players controlling lipolysis in both liver and AT. Adipose triglyceride lipase and LIPC gene expression was upregulated by AVHGP in the liver and by SCP and BHGP in the AT. This suggests that the regulation of these key players by PFA is tissue-specific, which might be

**Table 3.** The effects of PFA on muscle AMPK expression in broilers<sup>1</sup>.

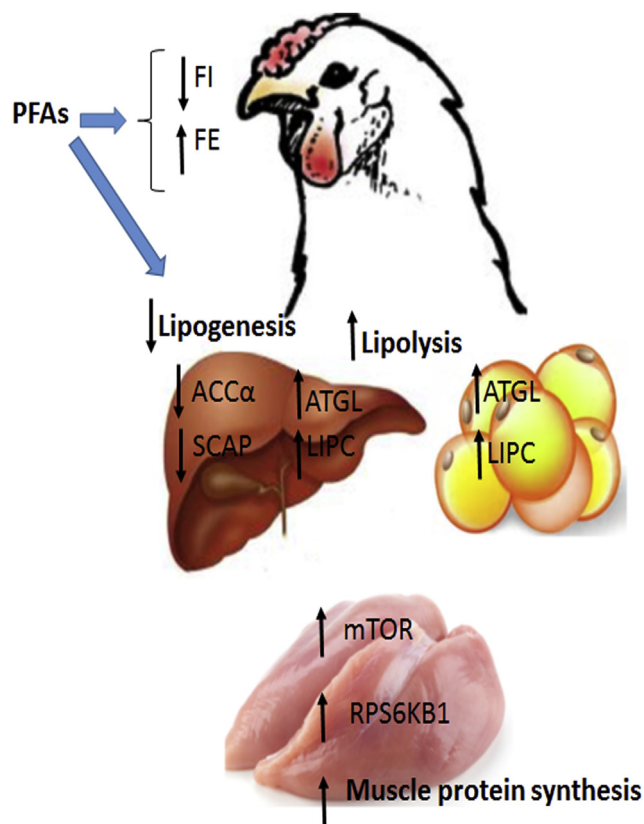
Target genes	Experimental groups <sup>2</sup>			
	Cont.	AVHGP	SCP	BHGP
AMPK $\alpha$ 1	1 $\pm$ 0.2	1.02 $\pm$ 0.3	1.31 $\pm$ 0.3	1.16 $\pm$ 0.3
AMPK $\alpha$ 2	1 $\pm$ 0.1	1.65 $\pm$ 0.1*	1.42 $\pm$ 0.3	1.65 $\pm$ 0.1*
AMPK $\beta$ 1	1 $\pm$ 0.05	1.11 $\pm$ 0.09	1.35 $\pm$ 0.1*	1.54 $\pm$ 0.2*
AMPK $\beta$ 2	1 $\pm$ 0.1	1.46 $\pm$ 0.08*	1.36 $\pm$ 0.1*	1.54 $\pm$ 0.1*
AMPK $\gamma$ 1	1 $\pm$ 0.06	1.42 $\pm$ 0.09*	1.37 $\pm$ 0.1*	1.30 $\pm$ 0.08*
AMPK $\gamma$ 2	1 $\pm$ 0.1	1.03 $\pm$ 0.1	1.22 $\pm$ 0.2	1.09 $\pm$ 0.1
AMPK $\gamma$ 3	1 $\pm$ 0.09	1.60 $\pm$ 0.1*	1.40 $\pm$ 0.2	1.52 $\pm$ 0.1*

Abbreviations: AMPK, AMP-activated protein kinase; PFA, phytogetic feed additive.

<sup>1</sup>Data are means  $\pm$  SEM, and \*indicates a significant difference compared to the control group at  $P < 0.05$ .

<sup>2</sup>AVHGP, AV/HGP/16; BHGP, bacteriostatic herbal growth promoter with essential oil; Cont., control; SCP, superliv concentrate premix.





**Figure 6.** Schematic representation summarizing the integrated effects of PFA-enriched diets on intermediary metabolism in the broilers. The PFA reduced hepatic lipogenesis (downregulation of  $ACC\alpha$  and SCAP), enhanced lipolysis (upregulation of ATGL and LIPC), and stimulated muscle protein synthesis via activation of mTOR pathway, which in turn resulted in similar body weights despite the decreased feed intake compared to the control diet. Abbreviations: ACC, acetyl-CoA carboxylase; ATGL, adipose triglyceride lipase; LIPC, hepatic triacylglycerol lipase; mTOR, mechanistic target of rapamycin; PFA, phytogetic feed additive; RPS6KB1, ribosomal protein S6 kinase beta 1; SCAP, sterol regulatory element-binding protein cleavage-activating protein.

due to differential composition and active substances between the PFA. Adipose triglyceride lipase and LIPC both catalyze triacylglycerol hydrolysis, and their upregulation indicated an enhanced lipid catabolism (Lass et al., 2011). Furthermore, recent studies have shown that fatty acid oxidation was increased by ATGL overexpression and decreased by ATGL knockdown (Ong et al., 2011), which is in line with our aforementioned observations.

With seminal genetic progress for high growth rate over the past 80 yr, breast muscle size has dramatically increased in modern broilers. Indeed, Fleming et al. (2007) reported that the proportion of breast meat by weight at slaughter has increased by 54% since the 1970s Schmidt et al. (Schmidt et al., 2009), on the other hand, showed that the growth rate of breast muscle has increased twice as fast as the overall body growth rate. These successes are associated with high transfer efficiency of energy from feed to the breast muscle, resulting in a higher protein synthesis and lower degradation, and thereby a larger breast weight and yield (Tomas et al., 1988, 1991). One of the most widely recognized major players in controlling protein synthesis and muscle

mass is mTOR; it is a serine/threonine kinase, which senses various environmental and intracellular changes including nutrient availability and energy status and coordinates diverse cellular processes including cell growth, differentiation, and survival (Laplante and Sabatini, 2012). In our experimental conditions, the increase in mTOR mRNA abundance as well as its phosphorylated and total protein suggested an enhanced protein synthesis in the PFA-fed birds. This is confirmed by the upregulation of its downstream mediator RPS6KB1 expression as well as by the upregulation of AMPK catalytic and regulatory subunits. While the role of P70 S6K in muscle protein synthesis is well established (Kawasome et al., 1998; Welle et al., 2009; Marabita et al., 2016), the function of AMPK is still not known mainly in avian species. In rodents, observations in dominant-negative AMPK or AMPK $\alpha$ 1/ $\alpha$ 2 double knockout transgenic showed a key role for AMPK catalytic subunits in regulating basal muscle size (Lantier et al., 2010). On the other hand, muscle-specific AMPK $\beta$ 1/ $\beta$ 2 double knockout muscles were reportedly not different in size compared with wild-type muscles (O'Neill et al., 2011). Thus, not all AMPK subunits or AMPK-deficient models support the notion that AMPK controls muscle mass, and such studies are currently lacking in avian species.

## CONCLUSION

This is the first report to our knowledge using integrated approaches in shedding light on the peripheral mechanisms exhibited by PFA to improve FE in broilers. As summarized in Figure 6, PFA reduced hepatic lipogenesis, enhanced lipolysis, and stimulated muscle protein synthesis, which in turn resulted in similar body weights and a slight increase in muscle yield despite the decreased feed intake compared with the control diet (Flees et al., 2020).

## ACKNOWLEDGMENTS

The authors would like to thank Drs. Elizabeth Greene, Alissa Welsher, and Phuong Nguyen for their technical assistance. This work was supported by grant from Ayurvet Ltd. (to SD). Ayurvet Ltd. had no role in conducting the research, generating the data, interpreting the results, or writing the manuscript. All animal experiments were approved by the University of Arkansas Animal Care and Use Committee (protocol number 16084) and were in accordance with the recommendations in NIH's G. for the Care and Use of Laboratory Animals. Availability of data and materials: All data generated or analyzed during this study are included in this article.

## DISCLOSURES

Author Bhaskar Ganguly is employed by company Ayurvet Ltd. The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be

construed as a potential conflict of interest. Ayurved Ltd. had no role in conducting the research, generating the data, interpreting the results, or writing the manuscript.

## SUPPLEMENTARY DATA

Supplementary data associated with this article can be found in the online version at <https://doi.org/10.1016/j.psj.2020.12.060>.

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