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# Anti-SARS-CoV IgG response in relation to disease severity of severe acute respiratory syndrome

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#### Abstract

Background: The association between a robust or depressed antibody response and clinical severity of SARS remains unknown. Objectives: To study seroconversion and the magnitude of IgG responses in a SARS cohort with different disease severities. Study design and method: A retrospective analysis of all acute and convalescent-phase sera collected from a cohort of laboratory-confirmed SARS cases. Anti-SARS-CoV IgG antibody was detected using indirect immunofluorescence technique and quantified by two-fold serial dilutions. Characteristics of patients who seroconverted "early" (<median interval) were compared to those documented to remain seronegative during the same time interval. Median IgG levels in convalescent-phase sera (collected within 30 days) were compared among patients with different disease severities. Correlations between IgG levels and important laboratory parameters were assessed. Results: A total of 325 laboratory-confirmed SARS cases were analyzed; of which 301 (92.6%) had anti-SARS-CoV IgG detected in their sera at the time of sampling. IgG was first detected on day 4 of illness; seroconversion occurred at a median of 16 days (range 4–35 days), and IgG peak levels were reached in the fourth week. Early seroconversion (<day 16) occurred more frequently among patients who required ICU-admission ( $\chi^2$ ; p = 0.011). Higher IgG levels were detected in patients who required supplemental oxygen (Mann–Whitney; p = 0.002), ICU-admission (p = 0.001), had negative pre-discharge fecal RT-PCR results (p = 0.004), and lymphopenia at presentation (p = 0.028). Peak IgG titres also correlated positively with peak LDH levels (Spearman's r = +0.360; p < 0.001) among survivors.

Conclusions: Severe SARS is associated with a more robust IgG response.

Keywords: Anti-SARS-CoV IgG; Seroconversion; SARS; Disease severity

## 1. Introduction

Severe acute respiratory syndrome (SARS) is a new infectious disease caused by a novel coronavirus, and was associated with significant morbidity and mortality (WHO, 2004). Its pathogenesis appears to involve both a high viral load and an overexuberant immune response (Peiris et al., 2003a,b). However, it remains unclear as to whether a

robust or depressed antibody response is associated with clinical deterioration and a more severe disease course. Such information may improve our understanding of SARS immunopathogenesis and facilitate the design of an appropriate therapeutic strategy. Using indirect immunofluorescence assay (IFA) (Chan et al., 2004a; Hsueh et al., 2004), we have evaluated anti-SARS-CoV IgG responses within the first month of illness among a complete cohort of SARS patients. Rates of "early" seroconversion and magnitude of IgG responses in patients with different disease severities are compared.

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## 2. Methods and data analysis

All cases that fulfilled the CDC case definition of SARS and had been admitted to the medical wards or intensive care unit (ICU) at the Prince of Wales Hospital in Hong Kong during the SARS outbreak in year 2003 were included in the study (Lee et al., 2003b). A total of 325 laboratory-confirmed (by serology, RT-PCR or post-mortem) SARS cases were then retrospectively evaluated for their anti-SARS-CoV IgG response and clinical disease severity. Serum samples were first collected at presentation/admission and convalescentphase sera were collected either beyond 2 weeks of illness or >10–14 days apart from the acute-phase sera. All serum samples were dated from the day of fever onset. Anti-SARS-CoV IgG was detected by IFA using SARS-CoV-infected Vero cells; and IgG titres were quantified at two-fold serial dilutions starting from 1:40 (Chan et al., 2004a). Routine respiratory specimens collected at presentation, and repeated fecal specimens collected upon discharge at  $\geq 21$  days of illness were tested for SARS-CoV by RT-PCR (non-quantitative), according to WHO recommendations (Chan et al., 2004b; WHO, 2004). All serological and RT-PCR assays for SARS-CoV were performed in a BSL-2 containment facility according to CDC recommendations (CDC, 2005). The clinical characteristics and disease progression, investigation methods and details of treatment of this cohort of patients have been described elsewhere (Chan et al., 2004b; Gomersall et al., 2004; Lee et al., 2003a,b, 2004; Sung et al., 2004). SARS patients who required supplemental oxygen therapy during their course of illness or admitted to ICU as a result of severe respiratory failure were regarded to have more severe disease. Supplemental oxygen was prescribed to maintain patient's oxygen saturation >95% when necessary; and severe respiratory failure was defined by failure to maintain an arterial oxygen saturation of >90% despite receiving supplemental oxygen at 50%, and/or a respiratory rate greater than 35 breaths per minute (Gomersall et al., 2004). High-dose corticosteroid 'rescue' therapy was given to patients when clinical and radiological progression was noted according to a standard protocol (Sung et al., 2004). Age of 65 years was also used as a cut-off in the comparison between groups since epidemiological data had implicated advanced age as a poor prognostic factor (thus more severe disease) (WHO, 2004). The cut-off value for lymphocyte counts in the comparison groups was determined based on earlier studies (Wong et al., 2003).

A retrospective analysis was conducted. Firstly, clinical and laboratory variables of patients who seroconverted "early" (<median interval) were compared to those cases documented to remain sero-negative during the same time interval using  $\chi^2$ -test. Variables with p < 0.2 in the univariate analysis were then entered into a model for logistic regression analysis. We excluded patients who had their first serum samples collected on day 0-3 (since IgG was only first detected on day 4 in our cohort), and those who had their first sera collected beyond day 15 (the median interval to serocon-

vert) from fever onset. Median time of serum collections between all comparative patient groups was not significantly different. Secondly, median anti-SARS-CoV IgG levels in convalescent-phase sera collected within 30 days were compared among patients with different disease severities and laboratory profiles using Mann–Whitney *U*-test. Variables with p < 0.2 in the univariate analysis were then entered into a nonparametric regression model for analysis. Only the latest serum sample collected from each patient was included in the analysis. Median time of collecting these samples was not significantly different between all comparative patient groups. Thirdly, spearman's rank correlation coefficient was used to assess correlations between IgG titres and LDH levels or lymphocyte counts within 30 days. SPSS for Windows (Release 11.5; SPSS Inc., Chicago, IL, USA) was used for the analyses, and the level of significance was set at 0.05 for all comparisons.

## 3. Results

A total of 325 laboratory-confirmed SARS cases were analyzed. Of these, 301 (92.6%) had anti-SARS-CoV IgG detected in sera at the time of sampling (of which 211 cases had convalescent-phase sera collected). Most of the remaining cases had only one serum sample collected within the first few days of illness; 21 had their diagnoses confirmed by RT-PCR of SARS-CoV, and three were confirmed at postmortem. A total of 93 patients had positive RT-PCR results (respiratory specimens: 82.8%, fecal specimens: 17.2%). The median age of the cohort was 37 years (20–96 years), with a male-to-female ratio of 1.4-1. A total of 63 (19.4%) patients had been admitted to the ICU [median age 45 (23–82) years] and 41 (12.6%) patients died (with or without ICU care) [median age 73 (44–96) years]; 239 (73.5%) patients recovered without ICU care. The proportion of patients aged ≥65 years was 19% and 17% in the ICU-admitted patients and those without ICU-admission, respectively. The crude death rates were 3.7% and 54.4% in patients aged <65 and ≥65 years, respectively. Significant co-morbid illnesses (see Table 1 foot notes) were present in 6.3% and 35.1% of cases aged <65 and  $\geq$  65 years, respectively. A total of 163 (50.2%) patients had required supplemental oxygen at some stage of their illness. High-dose corticosteroid 'rescue' therapy was given to 246 (75.7%) cases, at a mean of 8.6 (95% C.I. 4.8–12.4 days) days from fever onset.

The anti-SARS-CoV IgG response profile in our cohort has been reported previously (Chan et al., 2004a). IgG was first detected on day 4; seroconversion occurred at a median of 16 days (range 4–35 days), and IgG peak levels were reached in the early fourth week of illness. The lowest and highest IgG titres were 40 and 5120, respectively. So far 15 patients' late serum samples collected  $\geq$ 15 months post-infection all showed positive IgG results [median titre = 320, range 80–640]; and the longest interval observed was 542 days (18 months).

Table 1 Characteristics of "early" (day 4–15) seroconverters as compared to patients who remained sero-negative during the same period

Patient groups	IgG + n (%)	IgG - n (%)	$p$ -Value ( $\chi^2$ )
Male	27 (40.9)	32 (38.6)	0.770
Female	39 (59.1)	51 (61.4)	
Age <65 years	57 (86.4)	62 (74.7)	0.078
Age ≥65 years	9 (13.6)	21 (25.3)	
Co-morbidity	8 (12.3)	11 (13.9)	0.775
No co-morbidity	57 (87.7)	68 (86.1)	
ICU care	20 (30.3)	11 (13.3)	$0.011^{a}$
No ICU care	46 (69.7)	72 (86.7)	
Death	11 (16.7)	15 (18.1)	0.822
Survive	55 (83.3)	68 (81.9)	
O <sub>2</sub> -therapy	37 (56.9)	39 (53.4)	0.680
No O2-therapy	28 (43.1)	34 (46.6)	
CS-treated	52 (78.8)	58 (69.9)	0.219
Not CS-treated	14 (21.2)	25 (30.1)	
Positive RT-PCR	22 (40.0)	20 (31.7)	0.350
Negative RT-PCR	33 (60.0)	43 (68.3)	
	IgG+	IgG —	<i>p</i> -Value
	(all cases)	(all cases)	(Mann-Whitney)
Initial lymphocyte (median) × 10 <sup>9</sup> /L	0.74	0.73	0.824
Lymphocyte nadir (median) $\times 10^9/L$	0.23	0.28	0.315
Peak LDH (median) (IU/L)	440	383	0.319

IgG: anti-SARS-CoV IgG as detected by indirect immunofluorescence technique. Co-morbidity: malignancy, cirrhosis, chronic renal failure, chronic lung diseases, congestive heart failure, cerebrovascular diseases; ICU: intensive care unit; O<sub>2</sub>-therapy: oxygen supplement required to maintain oxygen saturation >95%; CS: intravenous high-dose corticosteroid (methylprednisolone); RT-PCR: on respiratory sites specimens and fecal specimens; LDH: lactate dehydrogenase.

Characteristics of patients who seroconverted "early" (day 4–15) were compared to those patients who remained seronegative during the same period, and the results are shown in Table 1. "Early" seroconversion was observed more frequently among patients who required ICU-admission ( $\chi^2$ ; p=0.011). Although not reaching statistical significance, there was a trend towards a lower proportion of older patients ( $\geq$ 65 years of age) observed to seroconvert early (p=0.078). Results from logistic regression analysis indicated that ICU-admission was the only factor associated with early seroconversion (p=0.015). No significant difference in mortality was observed between the early seroconverters and those who remained sero-negative at day 15.

The median anti-SARS-CoV IgG levels in convalescentphase sera collected within 30 days were compared among patients with different disease severities and laboratory profiles, and the results are shown in Table 2. The IgG profiles for patients who had/had not received supplemental oxygen therapy and patients who had/had not been admitted to ICU were illustrated in Fig. 1a and b. Higher IgG levels were detected in patients who had required supplemental oxygen (p = 0.002), ICU-admission (p = 0.001), and

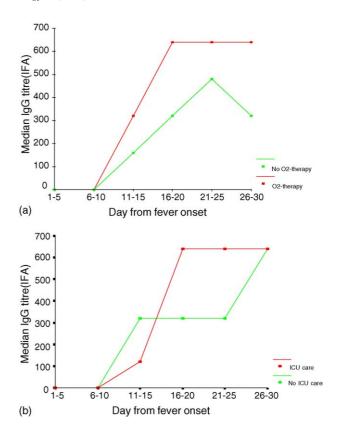


Fig. 1. (a and b) Median anti-SARS-CoV IgG titres in patients with different disease severities within first 4 weeks of illness. ICU: intensive care unit;  $O_2$ -therapy: oxygen supplement required to maintain oxygen saturation >95%; IFA: indirect immunofluorescence assay.

had negative pre-discharge fecal RT-PCR results (p = 0.004). Although not reaching statistical significance, there was a trend towards a lower IgG levels detected in cases that were not given high-dose corticosteroid therapy (because of non-progressive/mild diseases). But when the sub-group of patients who received high-dose corticosteroid treatment was analyzed (76% of all cases), higher IgG levels were again detected in patients with more severe diseases (Table 2). By multivariate analysis, higher IgG level was again shown to be associated with ICU-admission (p = 0.006) or supplemental oxygen therapy (p = 0.008), but not age or corticosteroid treatment (p > 0.05). In the corticosteroid-treated sub-group, absolute lymphopenia  $<1.0 \times 10^9/L$  at presentation was also noted to associate with higher IgG titres (p = 0.028). Too few death cases had convalescent sera collected to allow a separate analysis.

We further examined the correlation between anti-SARS-CoV IgG titres and LDH levels or lymphocyte counts within the first 30 days of illness. A positive correlation between peak LDH levels and peak IgG titres (Spearman's r=+0.360; p<0.001), and a negative correlation between initial lymphocyte counts and peak IgG titres (Spearman's r=-0.205; p=0.004) were noted among survivors without ICU-admission. No correlation was found between IgG titre and nadir lymphocyte counts.

<sup>&</sup>lt;sup>a</sup> Statistically significant.

Table 2
Comparison of anti-SARS-CoV IgG titres among different patient groups

Patient groups	All cases [median IgG titre (IQR)]	<i>p</i> -Value (Mann–Whitney)	CS-treated [median IgG titre (IQR)]	<i>p</i> -Value (Mann–Whitney)
Male	640 (320, 640)	0.286	640 (320, 640)	0.386
Female	320 (160, 640)		320 (320, 640)	
Age <65 years	320 (200, 640)	0.332	320 (320, 640)	0.347
Age ≥65 years	640 (320, 640)		640 (320, 640)	
ICU care	640 (640, 640)	$0.001^{*}$	640 (640, 640)	$0.002^{*}$
No ICU care	320 (160, 640)		320 (320, 640)	
O <sub>2</sub> -therapy	640 (320, 640)	$0.002^{*}$	640 (320, 640)	$0.008^{*}$
No O <sub>2</sub> -therapy	320 (160, 640)		320 (320, 640)	
CS-treated	640 (320, 640)	0.088		
Not CS-treated	320 (160, 640)			
Positive RT-PCR (all) <sup>a</sup>	320 (160, 640)	0.325	320 (160, 640)	0.714
Negative RT-PCR (all) <sup>a</sup>	640 (320, 640)		640 (320, 640)	
Positive RT-PCR (fecal) <sup>a</sup>	160 (40, 560)	$0.004^{*}$	160 (160, 640)	0.060
Negative RT-PCR (fecal) <sup>a</sup>	480 (320, 640)		640 (320, 640)	
Initial lymphocyte <1.0	640 (320, 640)	0.058	640 (320, 640)	$0.028^{*}$
Initial lymphocyte $\geq 1.0$	320 (160, 640)		320 (240, 640)	
Lymphocyte nadir <0.5	640 (320, 640)	0.740	640 (320, 640)	0.754
Lymphocyte nadir ≥0.5	320 (320, 640)		640 (320, 640)	

ICU: intensive care unit; O<sub>2</sub>-therpay: oxygen supplement required to maintain oxygen saturation >95%; CS: intravenous high-dose corticosteroid (methylprednisolone).

## 4. Discussion

Our study has shown that "early" seroconversion (<day 16) occurred more frequently among patients who required ICU-admission. In addition, higher IgG levels were detected in patients who had more severe diseases as evidenced by need for either supplemental oxygen or ICU-admission (analysis of the 'corticosteroid-treated' sub-group showed similar results). Peak IgG titres also correlated positively with peak LDH levels (an indicator of disease severity) among survivors

The anti-SARS-CoV IgG response profile as described is consistent with serology profiles reported elsewhere (Chen et al., 2004; He et al., 2004; Hsueh et al., 2004; Li et al., 2003). IgG can be detected as early as day 4 by IFA; seroconversion occurs by the end of the second week, and IgG surged to peak levels by the early fourth week. It has been reported that a "second" late rise in antibody titre can occur after week 4, possibly related to the withdrawal of corticosteroid treatment (Woo et al., 2004). Thus our results may represent the initial rate of change of IgG levels within the first month; and they also need to be interpreted in the context of corticosteroid treatment. Our findings of more severe SARS being associated with more robust serological responses are supported by earlier observations. The development of the humoral response coincides temporally with disease progression and clinical deterioration (while viral load starts to decrease) (Hsueh et al., 2003; Nie et al., 2004; Peiris et al., 2003a). Also patients with very mild disease have relatively low antibody titres detected, and a less-sustained response (Ip et al., 2004; Lee et al., 2003a; Tso et al., 2004; Wilder-Smith et al., 2005). Similar phenomena have been observed in other viral diseases (e.g. dengue hemorrhagic fever), in which immunopathogenesis is considered important (Thein et al., 1993).

Our findings have several important clinical implications. Firstly, it is unlikely that disease progression and clinical deterioration result from a depressed humoral response to SARS-CoV. In fact, high titres of anti-SARS-CoV IgG were detected in patients with more severe disease. Naturally occurring neutralizing antibody activity associated with the IgG may have contributed to viral clearance to some extent (Nie et al., 2004; Temperton et al., 2005), but clearly did not confer protection against disease progression in SARS. This is also supported by our finding that higher convalescent-phase IgG titres are associated with negative pre-discharge fecal RT-PCR results. Secondly, it seems possible that a robust humoral response to SARS-CoV is one component of an overall exaggerated immune response in severe SARS, which is associated with cytokine storms (e.g IFN-gamma, IP-10) (Huang et al., 2005; Jiang et al., 2005; Wong et al., 2004). Briefly, marked elevation of Th1 cytokine IFN-γ, inflammatory cytokines IL-1, -6 and -12 was noted during the initial 2 weeks of SARS. The chemokines, including neutrophil chemokine IL-8, monocyte chemoattractant protein-1 (MCP-1), and Th1 chemokine IFN-γ-inducible protein-10 (IP-10) levels were also significantly elevated (Wong et al., 2004). In fact, when patients with detectable and undetectable acute antibody responses were compared, a much higher initial serum IFN-gamma level had been noted in the former (Huang et al., 2005).

a "all": on respiratory and fecal specimens; "fecal": on fecal specimens collected upon discharge at ≥21 days; included only respiratory specimen RT-PCR negative cases.

<sup>\*</sup> Statistically significant.

Our observation of an inverse relationship between the initial lymphocyte counts and IgG levels is also in agreement with a previous report showing a similar inverse relationship between lymphocyte counts and IFN-gamma levels (possibly through cytokine-induced apoptosis) (Huang et al., 2005). Whether the humoral response contributes directly to organ damage is unclear. The exact immunopathogenesis of SARS requires further study. Finally, since higher levels of IgG were associated with more severe disease, the use of convalescent plasma/passive immunity in the treatment of SARS is called into question. It is uncertain whether administration of an exogenous antibody will lead to aggravation of the disease (Hsueh et al., 2003). It has been suggested that if such therapy is contemplated, it should be given only very early in the course of illness or as prophylaxis (Greenough et al., 2005; Jan ter Meulen et al., 2004; Nie et al., 2004). Anecdotal reports have shown that early use of convalescent plasma therapy within the first 2 weeks was associated with lower rates of intubation and death, whereas late administration was associated with worse clinical outcomes (Cheng et al., 2005; Soo et al., 2004).

Our study was limited by its retrospective nature. The issues of delayed seroconversion and changes of anti-SARS-CoV IgM, IgA or neutralizing antibodies in relation to disease severity have not been addressed. The IgG response in patients without corticosteroid treatment remained poorly characterized. Nevertheless, our findings suggest that severe SARS is associated with a more robust IgG response. Further study on SARS immunopathogenesis is warranted.

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