

U.S. Maternal Mortality Within a Global Context: Historical Trends, Current State, and Future Directions

Regine A. Douthard, MD, MPH,¹ Iman K. Martin, PhD, MPH, MSc,²
Theresa Chapple-McGruder, PhD, MPH,³ Ana Langer, MD,⁴ and Soju Chang, MD, MPH⁵

Abstract

In the United States, despite significant investment and the efforts of multiple maternal health stakeholders, maternal mortality (MM) has reemerged since 1987 and MM disparity has persisted since 1935. This article provides a review of the U.S. MM trajectory throughout its history up to its current state. From this longitudinal perspective, MM trends and themes are evaluated within a global context in an effort to understand the problems and contributing factors. This article describes domestic and worldwide strategies recommended by maternal health stakeholders to reduce MM.

Keywords: maternal mortality, United States, global context, disparity, strategies

Introduction

“**M**ATERNAL MORTALITY (MM) is widely acknowledged as a general indicator of the overall health of a population, of the status of women in society, and of the functioning of the health system.”¹ The Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO) use different terms and measures to characterize MM (Box 1),²⁻⁶ but the maternal mortality ratio (MMR), calculated as the number of maternal deaths per 100,000 live births, is a widely utilized measure worldwide.² Henceforth in this article, MMR will be displayed by its numerator only. Although the estimated global MMR has declined by 45%, decreasing from 385 in 1990 to 211 in 2017, the estimated MMR in the United States has increased by 58%, from 12 in 1990 to 19 in 2017 (Table 1).^{2,7} This article analyzes worldwide practices, data, and literature to establish future objectives to reduce MM in the United States.

Global Context

In 2000, the United Nations formed a global partnership to reduce world poverty and set eight Millennium Development

Goals (MDGs), including a goal to improve maternal health (target: reduce MMR by three quarters between 1990 and 2015).⁸ Building on the momentum of these MDGs, the United Nations established 17 Sustainable Development Goals, including a goal to ensure healthy lives and promote wellbeing for all, with a target of reducing the global MMR to <70 by 2030.⁹

Despite the decline of the estimated global MMR, disparity among countries is high, with 99% of preventable MM occurring in low- and middle-income countries. MM disparity is also high within countries, with a higher risk of MM among the most vulnerable segments of society (Table 1).¹⁰ In the United Kingdom, where overall MMR has been steadily low, MM disparity occurs along racial and ethnic lines. Compared with White women, Black women, women of mixed ethnicity, and Asian women have a higher risk of dying during pregnancy or up to 6 weeks post partum.¹¹

Several reports have described the international efforts addressing MM. In 2015, WHO established a strategic framework toward Ending Preventable Maternal Mortality using guiding principles, crosscutting actions, and strategic objectives (Box 2).¹⁰ In 2018, the Health Resources and Services Administration (HRSA) held the HRSA Maternal Mortality

¹Office of Research on Women's Health, Office of the Director, National Institutes of Health, Bethesda, Maryland, USA.

²Division of Blood Diseases and Resources, National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda, Maryland, USA.

³Division of Healthy Start and Perinatal Services, Maternal and Child Health Bureau, Health Resources and Services Administration, Rockville, Maryland, USA.

⁴Department of Global Health and Population, Harvard T.H. Chan School of Public Health, Boston, Massachusetts, USA.

⁵Division of Clinical Innovation, National Center for Advancing Translational Sciences, National Institutes of Health, Bethesda, Maryland, USA.

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BOX 1. TERMS AND DEFINITIONS

<p>World Health Organization</p> <p>Maternal death: the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management but not from unintentional or incidental causes.</p> <p>Late maternal death: the death of a woman from direct or indirect obstetric causes, more than 42 days but <1 year after termination of pregnancy.</p> <p>Pregnancy-related death: the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the cause of death (obstetric and nonobstetric) and includes unintentional/accidental and incidental causes.</p> <p>Direct obstetric death: the death of a woman resulting from obstetric complications of the pregnant state (pregnancy, labor, and puerperium) from interventions, omissions, incorrect treatment, or from a chain of events resulting from any of the above.</p> <p>Indirect obstetric death: the death of a woman resulting from previous existing disease or disease that developed during pregnancy and that was not due to direct obstetric causes, but that was aggravated by physiologic effects of pregnancy.</p> <p>Maternal mortality ratio: the number of maternal deaths during a given time period per 100,000 live births during the same time period.</p> <p>MMRate: the number of maternal deaths during a given time period divided by person-years lived by women of reproductive age (age 15–49 years) in a population during the same time period.</p> <p>Adult lifetime risk of maternal death: the probability that a 15-year-old girl will eventually die from a maternal cause.</p> <p>Proportion maternal: the proportion of deaths among women of reproductive age (age 15–49 years) that are due to maternal causes.</p> <p>Live birth: the complete expulsion or extraction from its mother of a product of conception, irrespective of the duration of the pregnancy, which, after such separation, breathes or shows any other evidence of life (e.g., beating of the heart, pulsation of the umbilical cord, or definite movement of voluntary muscles) whether or not the umbilical cord has been cut or the placenta is attached. Each product of such a birth is considered live born.</p> <p>Centers for Disease Control and Prevention (DRH and DVS). DRH and DVS are part of CDC. The way it is written it seems to be 3 separate entities CDC, DRH and DVS.</p> <p>Pregnancy-associated death: the death of a woman during pregnancy or within 1 year of the end of pregnancy from a cause that is not related to pregnancy. All deaths that have a temporal relationship to pregnancy are included.</p> <p>Pregnancy-related death: the death of a woman during pregnancy or within 1 year of the end of pregnancy from a pregnancy complication, a chain of events initiated by pregnancy, or the aggravation of an unrelated condition by the physiological effects of pregnancy. In addition to having a temporal relationship to pregnancy, these deaths are causally related to pregnancy or its management.</p> <p>PRMR: pregnancy-related deaths per 100,000 live births.</p> <p>Preventability: a death is considered preventable if the committee determines that there was at least some chance of the death being averted by one or more reasonable changes to patient, community, provider, facility, and/or system factors.</p> <p>MMRate: maternal deaths as defined by the World Health Organization per 100,000 live births.</p> <p>Late MMRate: late maternal deaths as defined by World Health Organization per 100,000 live births.</p>

DRH, Division of Reproductive Health; DVS, Division of Vital Statistics; MMRate, maternal mortality rate; PRMR, Pregnancy-Related Mortality Ratio.

DVS uses the term MMRate (equivalent measure of WHO's maternal mortality ratio), and DRH uses the term PRMR. DVS's MMRate term is referred as MMR in the text.

Source: World Health Organization (WHO),² Hoyert and Miniño,³ Petersen et al.,⁴ St. Pierre et al.,⁵ and Davis et al.,⁶ Hoyert.¹⁷

Summit. At this international summit, a group of subject-matter experts from Brazil, Canada, Finland, India, Rwanda, the United Kingdom, and the United States discussed promising global practices and identified areas, where actions could decrease MM (Box 2).¹² A 2020 report examining U.S. birth settings, a crucial component of maternity care, described important common practices in Australia, Canada, the Netherlands, and the United Kingdom. These countries were all committed to integrating care across birth providers, ranging from well-trained midwives attending uncomplicated deliveries to highly specialized obstetricians. They also supported seamless transfer across, out of, and into hospital maternity care systems; universal access to primary and maternity care before, during, and after pregnancy; and adoption of respectful care and respect for maternal autonomy.¹³ It is important to note that the MMR in these other high-income countries is significantly lower than in the United States (Table 1).² Thus, the United States has an opportunity to adapt to its context those strategies that have proven successful in improving MM in other countries.

Historical Trends

In 1990, the U.S. Department of Health and Human Services (HHS) developed a national agenda for a healthier nation. Reducing the nation's MMR was a key maternal, infant, and child health indicator in the *Healthy People 2000* objectives (target: 3.3; baseline 1987: 6.6) and *Healthy People 2010* (target: 4.3; baseline 1999: 9.9). This objective has been updated in *Healthy People 2020* (target 11.4; baseline 2007: 12.7).^{14–16} The CDC monitors MM through the National Vital Statistics System (NVSS) administered by the Division of Vital Statistics (DVS) and Pregnancy Mortality Surveillance System (PMSS), managed by the Division of Reproductive Health (DRH) (Fig. 1).^{3–5,17–25} DVS uses the term MMR, whereas DRH uses the term Pregnancy-Related Mortality Ratio (PRMR).^{3,4,6} In addition to DVS and DRH, state and local Maternal Mortality Review Committees (MMRCs), composed of multidisciplinary members, play a pivotal role in providing systematic review and determining

TABLE 1. TRENDS IN ESTIMATES OF MATERNAL MORTALITY RATIO, LIFETIME RISK, BY SELECTED COUNTRIES, WORLD HEALTH ORGANIZATION REGION, AND WORLD BANK INCOME GROUP, 1990–2017

Year	Maternal mortality ratio							Lifetime risk of maternal death 1 in ...2017
	1990	1995	2000	2005	2010	2015	2017	
World	385	369	342	296	248	219	211	190
Australia	8	8	7	5	5	6	6	8200
Canada	7	9	9	11	11	11	10	6100
Netherlands	12	13	13	11	7	6	5	11,900
United Kingdom	10	11	10	11	10	8	7	8400
United States	12	12	12	13	15	18	19	3000
WHO Region								
Africa	965	914	857	735	615	548	525	39
America	102	89	73	68	64	60	59	850
South East Asia	525	438	355	280	214	165	152	280
Europe	44	42	27	22	17	14	13	4300
Eastern Mediterranean	362	340	330	275	220	175	164	170
Western Pacific	114	89	75	61	51	43	41	1400
World Bank Income Group								
Low income	1020	944	833	696	573	491	462	45
Lower middle income	532	470	428	363	302	265	254	140
Upper middle income	117	101	69	61	51	44	43	1200
High income	27	26	12	11	11	11	11	5400

Australia, Canada, the Netherlands, and the United Kingdom were selected because these countries were comparable to the United States as high-income countries with relatively robust data on birth settings and outcomes from their vital statistics systems.¹³

WHO, World Health Organization.

Source: years 1990 and 1995⁷; years 2000, 2005, 2010, 2015, 2017.²

the risk factors, causes, and preventable drivers of maternal deaths.^{5,6,24} Two MMRCs were formed in the early 1930s; by 2018 that number had increased to include MMRCs in 45 states and the District of Columbia.²⁶

One of the greatest public health achievements of the 20th century in the United States was the decline of MMR from >800 in 1900 to its lowest point of 6.6 in 1987 (Fig. 1).¹⁷ The steady decline of MMR over these 8.5 decades might be attributed to several factors: environmental interventions; improvements in nutrition, surveillance and monitoring of diseases, access to health care, and standard of living; advances in clinical medicine; increases in education; and technical and political changes implemented over time (*e.g.*, MM reviews in the 1930s, shift from home to hospital births in the 1940s, use of antibiotics and transfusions in the 1950s, and implementation of Medicaid in the 1960s).^{13,27,28} However, MMR gradually reversed course and doubled from 6.6 in 1987 to 12.1 in 2003.¹⁷ Similarly, an ascending trend for PRMR from 7.2 in 1987 to 16.9 in 2016 was observed (Fig. 1).²⁵ Contributing factors to the increasing trend of U.S. MMR may include poor data quality due to the lack of interoperability of MM measures and harmonization of reporting artifacts over time (*e.g.*, the evolution of cause-of-death codes for maternal death from ICD-1 to ICD-10 and use of the pregnancy checkbox on the death certificate); disparities in health care access and quality; increasing maternal age, coupled with high prevalence of comorbid conditions surrounding pregnancies and pregnancy-associated conditions (*e.g.*, gestational diabetes, preeclampsia); and other social determinants of health (SDOH).^{3,29–34}

Several analyses of national, state, and local data demonstrate disparities in MM by sociodemographic factors (*e.g.*, race, ethnicity, age, education level, marital status, health

insurance), geographic areas (*e.g.*, rural vs. urban), and states.^{4,23,32,34–40} Regardless of the direction of the overall U.S. MMR trajectory over time, however, racial disparities in MM have persisted for more than 80 years (Fig. 1). Analyses of PMSS data from 2007 to 2016 showed that non-Hispanic Black (Black) women 40 years and older and American Indian/Alaska Native (AI/AN) women 35–39 years of age had the highest PRMR at 189.7 and 104.2, respectively. Conversely, Hispanic women and Asian and Pacific Islander women age 20–24 had the lowest PRMRs at 7.0 and 7.2, respectively. Notably, the PRMR for Black women increased, and the Black-to-White Disparity Ratio (B:WDR) widened with increasing age, but PRMR did not decrease with higher education levels.²³ Black women at all levels of income and education have a higher maternal death risk than non-Hispanic White (White) women. These disparities may be related to the “weathering” hypothesis, which proposes that Black women experience earlier deterioration of health because of the cumulative impact of exposure to the racial construct’s psychosocial, economic, and environmental stressors.³⁵ Additionally, PMSS data from 1998 to 2005 indicate that MMR for unmarried women was 1.7 times that of married women, and MMR for women with no prenatal care was 5 times that of women with any prenatal care.²¹ Studies have inversely associated increasing MM with family planning.³²

Closure of gynecological and obstetrical care services and shortage of obstetricians and gynecologists in rural and underserved communities have become more acute lately.^{13,41,42} Women living in rural areas and low-income women continue to be at increased risk for pregnancy-related deaths.⁴² In 2015, an analysis of national data found that the MMR in rural areas was 29.4, 1.6 times higher than the MMR of 18.2 in large, central metropolitan areas.³⁸ From 2014 to

BOX 2. GLOBAL AND DOMESTIC STRATEGIES TO REDUCE MATERNAL MORTALITY IN THE UNITED STATES

World Health Organization: Strategic Framework Toward EPMM		
Guiding principles for EPMM		
Empower women, girls, and communities.		
Protect and support the mother–baby dyad.		
Ensure country ownership; leadership; and supportive legal, technical, and financial frameworks.		
Apply a human rights framework to ensure that high-quality reproductive, maternal, and newborn health care is available, accessible, and acceptable to all who need it.		
Crosscutting actions for EPMM		
Improve metrics, measurement systems, and data quality to ensure that all maternal and newborn deaths are counted.		
Allocate adequate resources and effective health care financing.		
Five strategic objectives for EPMM		
Address inequities in access to and quality of sexual, reproductive, maternal, and newborn health care.		
Ensure universal health coverage for comprehensive sexual, reproductive, maternal, and newborn health care.		
Address all causes of maternal mortality, reproductive and maternal morbidities, and related disabilities.		
Strengthen health systems to respond to the needs and priorities of women and girls.		
Ensure accountability to improve quality of care and equity.		
Health Resources and Services Administration International Summit: Key Findings in Areas Where Action Could Contribute to Decreased Maternal Mortality		
Access: Improve access to patient-centered, comprehensive care for women before, during, and after pregnancy, especially in rural and underserved areas.		
Safety: Improve quality of maternity services through efforts, such as the utilization of safety protocols in all birthing facilities.		
Workforce: Provide continuity of care before, during, and after pregnancies by increasing the types and distribution of health care providers.		
Life Course Model: Provide continuous team-based support and use a life course model of care for women before, during, and after pregnancies.		
Data: Improve the quality and availability of national surveillance and survey data, research, and common terminology and definitions.		
Review Committees: Improve quality and consistency of Maternal Mortality Review Committees through collaborations and technical assistance with U.S. states.		
Partnerships: Engage in opportunities for productive collaborations with multiple summit participants.		
Centers for Disease Control and Prevention: Prevention Measures to Reduce Maternal and Infant Mortality ^a		
Before conception		
Screen women for health risks and pre-existing chronic conditions, such as diabetes and hypertension.		
Advise women to avoid alcohol, tobacco, and illicit drugs.		
During pregnancy		
Provide women with early access to high-quality care throughout pregnancy, labor, and delivery.		
Educate women about the early signs of pregnancy-related problems.		
During postpartum period		
Provide information about well-baby care and benefits of breastfeeding.		
Educate parents about how to protect their infants from exposure to infectious diseases and harmful substances.		
Maternal Mortality Review Committee: Identified Contributing Factors and Strategies to Prevent Future Pregnancy-Related Death ^a		
<i>Level</i>	<i>Contributing factor</i>	<i>Strategies to address contributing factor</i>
Community	Unstable housing	Prioritize pregnant and postpartum women for temporary housing programs
Health facility	Limited experience with obstetric emergencies	Implement obstetric emergency simulation training for emergency department and obstetric staff members
Patient/family	Nonadherence to medical regimens or advice	Strengthen and expand access to patient navigators, case managers, and peer support
Provider	Missed or delayed diagnosis	Offer provider education on cardiac conditions in pregnant and postpartum women
System	Case coordination or management	Implement a postpartum care transition bundle for better integration of services for women at high risk

^aSome examples of prevention measures and contributing factors and strategies are provided, but these do not represent the complete list. EPMM, Ending Preventable Maternal Mortality.

Source: Petersen et al.⁴ World Health Organization,¹⁰ Health Resources and Services Administration (HRSA),¹² and Centers for Disease Control and Prevention.²⁷

2016, Washington state data showed that the MMR for rural residents was 1.5 times that of urban residents, and MMRs for women for whom no health insurance records could be located and women with Medicaid were, respectively, 12 and 3.5 times higher than those of women with private insur-

ance.⁴³ Analyses of NVSS and PMSS data have revealed both a wide range of MMRs among states and the District of Columbia and a consistently high B:WDR in every state and the district during 1987–2016, indicating that racial disparity remained a public health issue even in states with lower

Maternal Mortality Ratio by Race/Ethnicity, National Vital Statistics System and Pregnancy Mortality Surveillance System, United States, 1935-2018.

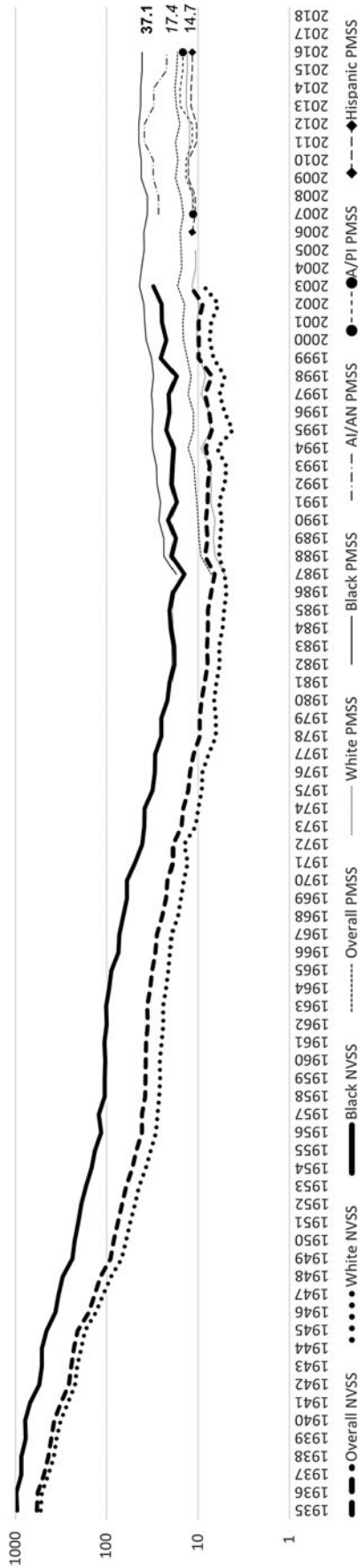


FIG. 1. MMR and PRMR by Race and Ethnicity, NVSS, and PMSS, United States, 1935–2018^{3–5,17–25} NVSS 2018 Black = 37.1, overall = 17.4, White = 14.7. NVSS is administered by the DVS at the National Center for Health Statistics, and PMSS is managed by the DRH at the National Center for Chronic Disease Prevention and Health Promotion. NVSS is the official source for mortality statistics in the United States, and DVS has been reporting MM since 1900. In 2007, however, reporting was interrupted with 2003 data due to implementation by the states of the Pregnancy Checklist added in the U.S. Standard Certificate of Death in 2003. In 1986, recognizing the gaps in collecting more comprehensive MM data, DRH, and the American College of Obstetricians and Gynecologists established PMSS to collect additional clinical information for pregnancy-related deaths and has reported PRMR since 1987. In 2020, DVS resumes reporting of MM with 2018 data. A/PI, Asian/Pacific Islander; AI/AN, American Indian/Alaska Native; Black, non-Hispanic Black; DRH, Division of Reproductive Health; DVS, Division of Vital Statistics; MM, maternal mortality; MMR, maternal mortality ratio; NVSS, National Vital Statistics System; PMSS, Pregnancy Mortality Surveillance System; PRMR, Pregnancy-Related Mortality Ratio; White, non-Hispanic White. *Sources:* Centers for Disease Control and Prevention, NVSS 1935–2003, 2018; PMSS 1987–2016.

MMR.^{23,32,39} The differences in state MMRs involved many factors, including the structure and funding of maternal health services in each state and the composition of populations at high risk for MM.³¹

Current State

In 2020, DVS reported that 2018 data showed a total of 658 maternal deaths, MMR of 17.4, 277 late maternal deaths, and late MMR of 7.3. Nationwide MM disparities continued across subpopulations, states, and geographic areas. The MMR for Black women (37.1) was 2.5 times that of White women (14.7) and 3.1 times that of Hispanic women (11.8). The MMR for women age 40 and older (81.9) was 7.7 times that of women age 25 and younger (10.6).³ The District of Columbia and states with 10 or more reported maternal deaths had state-specific MMRs ranging from 9.7 to 45.9.⁴⁰ Based on analyses of recent PMSS data, maternal deaths occurred during pregnancy (31%), at delivery (17%), 1–42 days postpartum (40%), and 43–365 days postpartum (12%). About 60% of the maternal deaths were deemed preventable. The most common causes of maternal death included cardiovascular conditions (*e.g.*, cardiomyopathy, hypertensive disorders of pregnancy, cerebrovascular accidents), infection, and hemorrhage. However, the cause-of-death proportions varied by timing of death and race/ethnicity of the women.⁴ Cardiomyopathy, thrombotic pulmonary embolism, and hypertensive disorders of pregnancy contributed more to pregnancy-related deaths among Black women than among White women. Hemorrhage and hypertensive disorders of pregnancy contributed more to pregnancy-related deaths among AI/AN women than among White women.²³

Recently, stories about deaths of mothers and the dilemma the United States is facing with the steady rise and disparity of MM have gained attention in the news media. Many sectors—including the public; lawmakers and policymakers; federal, state, and local governments; academia; professional and women’s health advocacy groups; and private and nonprofit entities—have undertaken new initiatives or enhanced ongoing efforts to reduce MM through collaboration and partnership (Table 2).^{24,25,44–57} Legislators in both the U.S. Senate and U.S. House of Representatives have introduced bills that focus on issues ranging from expanding awareness of MM disparity to extending current Medicaid coverage from 60 days to 1 year postpartum.⁴⁴ The HHS Office on Women’s Health is leading a trans-HHS workgroup to develop an action plan to improve health outcomes for America’s mothers and babies and coordinate activities supported by the federal government.

The availability of services and type of health insurance a woman has, greatly influence her choice of health care provider.¹³ Medicaid is the nation’s largest payor of perinatal care and is especially important in rural and underserved communities. Nevertheless, Medicaid provides coverage only up to 60 days postpartum.⁵³ In 2018, the American College of Obstetricians and Gynecologists issued an Opinion endorsed by other maternal health care professional organizations to reinforce the importance of the “fourth trimester” and propose a new paradigm for postpartum care.⁵⁸ One study showed that Medicaid expansion up to 1 year postpartum has been associated with 1.6 fewer maternal deaths per 100,000 women than states that did not expand Medicaid.⁵⁹ In addition to expanding health care coverage for community-based maternity care by

all payors, improving the quality of available health care is crucial for the reduction of MM.¹³ Several states and institutions have implemented both the State Perinatal Quality Collaboratives program and the HRSA-funded Alliance for Innovation on Maternal Health (AIM) program in their health care systems.^{50,60,61} The California Maternal Quality Care Collaborative, a public–private partnership, has implemented maternal quality improvement programs with a focus on hemorrhage and preeclampsia that have reduced the state MMR, but not the B:WDR, from 2006 to 2016.³⁶ Another system-based improvement in maternal safety that has been adopted by one-third of states is the incorporation of levels of maternal care criteria in the state perinatal guideline. This approach provided an effective strategy by specifying required resources and capabilities within an integrated system of risk-appropriate care in a region.⁶²

Future Directions

The following recommendations to reduce MM are based on trends and common themes identified through the review and assessment of the historical data and current literature.

Establish a national taskforce on maternal morbidity and mortality

Drivers of the upward trend of MM and its continuing disparities in the United States are not well understood and have challenged maternal health stakeholders. Although ongoing efforts to reduce MM led by public and private sectors are targeting multiple contributing factors, it is crucial that the United States establish a national task force on maternal morbidity and mortality to better coordinate and integrate the limited human and capital resources under a national call-to-action plan. This task force can set short-, medium-, and long-term goals using the strategies and innovative solutions that have proven effective in the United States and worldwide.^{4,10,12,27,35,60,63,64}

Minimize health disparities through innovations and cultural competency

In communities of color, discriminatory policies and practices that affect the quality of their health care and standard of living should be examined and modified by designing appropriate and culturally tailored action plans to eliminate or minimize the influence of racism on such service systems as education, health care, housing, labor, and other SDOH.³⁵ Innovative strategies that effectively reduce disparities in MM are needed. For example, the reduction of hypertensive disorder, a major cause of MM among minority women, can be accomplished by adapting novel, culturally tailored, and evidence-based approaches. In one instance, a clinical trial effectively lowered high blood pressure among Black men who were patrons of barbershops. Barbers, trained as health educators, screened and referred patrons with uncontrolled hypertension to medical professionals, including pharmacists trained in the management of hypertension.⁶⁵

Disparity in accessing maternal health care in underserved communities can be alleviated by expanding the capacity of telehealth technologies and their utilization across the country. The Extension for Community Healthcare Outcomes (ECHO) project has used telehealth technology to

TABLE 2. EXAMPLES OF MATERNAL HEALTH STAKEHOLDER EFFORTS TO REDUCE MATERNAL MORTALITY

Stakeholders ^{24,25,44–57}	Description
Legislators	
The Preventing Maternal Deaths Act ^a	Reauthorizes through FY2023 for CDC to provide support to tribal, state, and local MMRCs.
The Improving Access to Maternity Care Act ^a	Requires HRSA to identify maternity care health professional target areas.
The Affordable Care Act	Provides support for the HRSA's Maternal, Infant, and Early Childhood Visitation Program.
The 21st Century Cures Act	Establishes Task Force on Research Specific to PRGLAC on safe and effective therapies.
The Senate Finance Committee Leaders	Call to submit data and findings on factors contributing to poor maternal health outcomes in the United States.
Public and private entities	
CDC, CDC Foundation, AMCHP	Building U.S. capacity to review and prevent MM to remove barriers to fully functional MMRCs.
Merck for Mothers and Community Organizations	Safer Childbirth Cities Initiative to foster solutions led by local communities in helping cities to become safer and more equitable places to give birth.
Merck for Mothers and ACOG	Safe Motherhood Initiative to decrease MM by engaging health care providers and birthing facilities to develop and implement standard approaches for handling obstetric emergencies.
SMFM and ACOG	Joint consensus document that introduced a classification system for levels of maternal care.
IHS, ACOG, and AAP	Program to conduct-site visits and improve rural obstetrics care in the Indian health system.
CDC	
ERASE MM	Supports agencies and organizations that coordinate and manage MMRCs.
Perinatal Quality Collaboratives	State or multistate networks of teams working to improve the quality of care for mothers and babies.
LOCATe	Helps states/jurisdictions create standardized assessments of levels of maternal and neonatal care.
HRSA SPRANS Program	
AIM	Promotes the adoption and implementation of hospital-focused maternal safety bundles (evidence-based practices) for health care providers in birthing facilities and hospitals.
AIM–Community Care Initiative	Supports the development, adoption, and implementation of nonhospital maternal safety bundles for health care providers in community-based organizations and outpatient settings.
RMOMS	Develops, tests, and implements service models, with the goal of improving access to, and continuity of, maternal and obstetrics care in rural communities.
State MHI	Funds state-focused demonstration projects with three core functions: (1) establishing a state-focused Maternal Health Task Force, (2) improving state-level maternal health data and surveillance, and (3) promoting and implementing innovations in the health care delivery of maternal health care services.
Supporting MHI	Supports states, key stakeholders, and recipients of HRSA-administered awards.
NIH	
Trans-NIH funding FY2018 (\$302.6 million dollars)/ FY2017 (\$250 million dollars)	Funded maternal health projects addressing scientific gaps such as risk prediction, severe morbidity, optimal timing for delivery, maternal long-term outcomes, and data collection.
CCRWH	Provides valuable guidance, collaboration, and support to ORWH program goals.
ORWH/NICHD	Launched MMM web portal and MMM booklet; sponsored MMM workshops and meetings.
CMS	
Rethinking Rural Health Initiative	Rural Health Strategy to have new health policies and initiatives positively impact rural communities.
Medicaid and CHIP	Scorecard to evaluate state progress on maternal health outcomes.
FDA	
OMPT, CDER, and CBER	Issued Postapproval Pregnancy Safety Studies Guidance for Industry in 2019.
Office of Women's Health	Provides resources for consumers about food safety and medication use during pregnancy.
State/city	
CMQCC (State of California and Stanford University School of Medicine)	Expanded Maternal Quality Improvement Toolkits in areas of substance exposure, sepsis, venous thromboembolism, and cardiovascular disease.
NYCDHMH	Five-year plan to improve MM disparity through city-wide hospital quality improvement network, comprehensive maternity care in NYC health system, enhancement of data quality, and timeliness and public awareness campaign.

AAP, American Academy of Pediatrics; ACOG, American College of Obstetricians and Gynecologists; AIM, Alliance for Innovation on Maternal Health; AMCHP, Association of Maternal and Child Health Programs; CBER, Center for Biologics Evaluation and Research; CCRWH, Coordinating Committee on Research on Women's Health; CDC, Centers for Disease Control and Prevention; CDER, Center for Drug Evaluation and Research; CHIP, Children's Health Insurance Program; CMQCC, California Maternal Quality Care Collaborative; CMS, Centers for Medicaid and Medicare; ERASE MM, Enhancing Reviews and Surveillance to Eliminate Maternal Mortality; FDA, Food and Drug Administration; FY, fiscal year; HRSA, Health Resources and Services Administration; IHS, Indian Health Service; LOCATe, Levels of Care Assessment Tool; MHI, Maternal Health Innovation; MM, maternal mortality; MMM, Maternal Morbidity and Mortality; MMRCs, Maternal Mortality Review Committees; NICHD, National Institute of Child Health and Human Development; NIH, National Institutes of Health; NYCDHMH, New York City Department of Health and Mental Hygiene; OMPT, Office of Medical Products and Tobacco; ORWH, Office of Research on Women's Health; PRGLAC, Research Specific to Pregnant Women and Lactating Women; RMOMS, Rural Maternity and Obstetrics Management Strategies; SMFM, Society for Maternal/Fetal Medicine; SPRANS, Special Projects for Regional and National Significance.

^aAmended the Public Health Service Act.

successfully expand specialized treatment to communities with shortages of specialty care through best practices protocols and primary care physician and specialist team efforts.⁶⁶ This model can be adapted to enable maternal health providers in rural and underserved communities to provide

obstetric specialty care to women at high risk of MM. Engaging communities in prevention efforts and supporting community-based programs that build social support and resiliency would likely improve patient–provider interaction, health communication, and health outcomes.^{35,67}

Invest in a diverse maternal health workforce

To address the growing shortage of obstetricians and gynecologists in the United States, investments are needed to expand the maternity care workforce pipeline, including nurse midwives, physician assistants, nurse practitioners, family physicians, doulas, and community health workers.¹³ Doing so may increase the diversity, distribution, and size of maternal care in the United States. Although midwives constitute an important, safe, and cost-effective segment of maternity care, especially in rural areas, barriers to the practice of midwifery exist across the country. It is important to address the wide variation in regulation, certification, and licensing of maternity care professionals across the United States. In addition to clinicians, increasing the number of community health workers, public health practitioners, and researchers in the maternal morbidity and mortality arena is essential for the expansion of functional MMRC, community-based maternity care, and execution of the national research agenda.^{24,51,64}

Expand health care coverage using a life course model

It is essential that Medicaid coverage be extended up to 1 year postpartum nationwide; this has been advocated by professional organizations.⁵⁸ Pregnant women living in high-income countries with universal insurance coverage are not deprived of health care before, during, or after pregnancy. This access to universal coverage contributes to the low MMR observed in these countries.¹³

Improve health care quality through respectful maternal and child care

Because the majority of maternal deaths occur during pregnancy and at delivery—when most women have health care coverage—it is critical to improve the quality of health care by empowering women and communities and applying a human rights framework to protect and support mothers and babies.¹⁰ Health care systems can implement standardized protocols to address obstetric emergencies and quality improvement initiatives, such as provider education to reduce missed or delayed diagnoses and a maternal early warning system.⁶⁸ Another approach is to engage nonphysician clinicians for continuity and coordination of care. Patient navigation and other health system–barrier interventions have worked well to dismantle obstacles to health care access and utilization.^{69–71} As part of maternal and infant care integration, the AIM program has developed sets of standardized, bundled guidance supported by perinatal quality collaboratives, which are state-based initiatives that aim to improve the quality of care for mothers and infants.⁷² These quality care initiatives can be enhanced to address all causes of MM.

Integrate health service, biomedical, behavioral, and social sciences research

Research is pivotal in advancing the understanding of the complex public health issues contributing to MM, and continued research is needed to address scientific gaps and identify effective and innovative evidence-based solutions.^{51,64} A coordinated research agenda can be developed by a multidisciplinary team of experts from public, private, community, and advocacy organizations using a common research platform.

More research is needed to elucidate biological disease processes; identify social and behavioral influences; design clinical interventions; and generate innovative solutions to address demographic and socioeconomic risk factors, racial and ethnic disparities, and other health system factors that increase maternal morbidity and mortality. Specific and innovative health services research applying rigorous data science will be key to making empirically grounded advances in maternal health outcomes in the United States. “Big Data” analytics that encourage interoperability and harmonization of women’s health and maternal morbidity and mortality metrics, without disenfranchising minority and underserved populations, will be key to advancing our understanding of the issues contributing to the larger problem of MM.

Conclusion

The disparities in MM continue to be a public health challenge, even in those U.S. states, where the overall MMR has been reduced. A national task force is needed to coordinate and integrate diverse efforts led by maternal health stakeholders to decrease health disparities and reduce the U.S. MMR to a level similar to those reported in other high-income countries.

Disclaimer

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Address correspondence to:

Soju Chang, MD, MPH
 Division of Clinical Innovation
 National Center for Advancing Translational Sciences
 National Institutes of Health
 6701 Democracy Boulevard, Room 914
 Bethesda, MD 20892-4874
 USA

E-mail: soju.chang@nih.hhs.gov