J. Cell. Mol. Med. Vol 17, No 6, 2013 pp. 704-712

Guest Editors: C.-M. Cheng, M.-J. Tang

Mechanotransduction at focal adhesions: integrating cytoskeletal mechanics in migrating cells

Jean-Cheng Kuo *

Institute of Biochemistry and Molecular Biology, National Yang-Ming University, Taipei, Taiwan

Received: December 25, 2012; Accepted: February 25, 2013

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Focal adhesions (FAs) are complex plasma membrane-associated macromolecular assemblies that serve to physically connect the actin cytoskeleton to integrins that engage with the surrounding extracellular matrix (ECM). FAs undergo maturation wherein they grow and change composition differentially to provide traction and to transduce the signals that drive cell migration, which is crucial to various biological processes, including development, wound healing and cancer metastasis. FA-related signalling networks dynamically modulate the strength of the linkage between integrin and actin and control the organization of the actin cytoskeleton. In this review, we have summarized a number of recent investigations exploring how FA composition is affected by the mechanical forces that transduce signalling networks to modulate cellular function and drive cell migration. Understanding the fundamental mechanisms of how force governs adhesion signalling provides insights that will allow the manipulation of cell migration and help to control migration-related human diseases.

Keywords: cell migration • focal adhesions • actin cytoskeleton

Introduction

Cell migration is a fundamental phenomenon that controls multiple biological processes, including embryonic development (morphogenesis), wound healing and immune responses [1]. During development, dividing cells migrate to mediate various processes ranging from gastrulation to organogenesis. In addition, when there is injury to the skin or another tissue, cells migrate there to repair the damage. These include platelets, which migrate and aggregate at the injury site to stop bleeding by forming fibrin clots, macrophages and neutrophils, which migrate to kill microorganisms that cause infection, and fibroblasts and epithelial cells, which migrate to the damaged structures and provide cover for the creation of new tissue. These cells can migrate to their destinations individually over long distances or as epithelial sheets, and on arrival they perform specific functions.

*Correspondence to: Jean-Cheng Kuo, Institute of Biochemistry and Molecular Biology, National Yang-Ming University, Taipei 11221, Taiwan.

doi: 10.1111/jcmm.12054

In both situations, the cell migration cycle is similar and is controlled by complex pathways [1, 2].

The cell migration cycle consists of the extension of the leading edge, formation of new adhesions, translocation of the cell body and detachment of the trailing edge of the cell. To achieve all the steps of the cycle, the actin cytoskeleton and adhesion organelles are reorganized spatio-temporally. When cell migration begins, dendritic actin networks are assembled by polymerizing actin filaments at the leading edge to push the membrane forward [3]. This significant force involved in pushing a cell's leading edge does not involve myosin II motors acting on the actin cytoskeleton [4–7]. Soon after the membrane at the leading edge protrudes, adhesion organelles are formed to attach the protrusion to the substratum. Subsequently, the actomyosin contractile

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Tel.: +886-2-28267120 Fax: +886-2-28264843 E-mail: jckuo@ym.edu.tw

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force is generated by myosin II motors sliding on actin filaments, which promotes bundling of filamentous actin (stress fibres) that connect distal points of adhesions; this allows the contractile forces to propagate across the cell, and applies the force to the substratum through the adhesions; the result is that the cell body is pulled forward [8]. Finally, the disassembly of adhesions at the trailing edge leads to detachment of the cell at the rear. Therefore, the dynamic response of the actin cytoskeleton and adhesion organelles is fundamental to coordinating the entire process of cell migration.

The adhesion organelles that allow cells to adhere to the substratum, which also mediate the signals that regulate cell migration, are the integrin-based FAs. FAs form when the central component, the integrin receptor, is activated by engagement with the ECM onto the substratum, which then recruits numerous FA-associated proteins to connect with the actin cytoskeleton [9-11]. At the last count [12], 180 proteins had been reported to be associated with FAs to make up the integrin adhesome [12, 13]; these include cytoskeletal proteins, adaptor proteins, and signalling proteins, such as kinases, phosphatases, phospholipases and regulators of small guanosine triphosphatase (GTPases). This complex molecular ensemble produces the signalling that regulates the dynamics of FAs, controls the integrity of the linkage between integrin and actin and organizes of the actin cytoskeleton; these together coordinately control cell migration [9-11, 14–18]. Cell migration is central in many biological processes and disease states, and therefore an understanding of what is known about the regulation of FAs provides a resource that should help to control abnormal migration.

Focal adhesions are regulated by mechanical forces

The signalling networks in FAs are modulated by a process called FA maturation [19]. During maturation, FAs grow in size and change composition after which they either stabilize or begin to disassemble. Based on their size (~0.1–10 μ m²) and localization, FAs can be classified into nascent adhesions, focal complexes and FAs (Fig. 1). Nascent adhesions assemble soon after the integrin receptors engage with the ECM at the edge of lamellipodium, and are either undergoing fast turnover during active protrusions or are evolving into focal complexes within the lamellipodial dendritic actin network. At the lamellipodium-lamellum interface, these adhesions grow and elongate into FAs that are connected by bundles of actin filaments (stress fibres), which serve to anchor the cell [4, 20, 21]. All classes of FAs depend on maturation stimuli for their formation and maintenance.

The maturation stimuli can be supplied through biochemical or physical cues. Biochemical regulators of FA maturation include small G-proteins of the Rho-family, which transduce signals to regulate assembly and dynamics of FAs [20, 21]. Previous studies have shown that the formation of focal complexes is signalled by the activity of small GTPase Rac1 [22], while RhoA signalling promotes the formation of long-lived FAs through activating myosin II-driven contractility [23, 24]. GTP-bound RhoA activates its target, Rho-associated kinase (ROCK); this increases myosin II-mediated contractility by inhibiting



Figure 1 Schematic representation of the structures of the actin cytoskeleton and focal adhesions (FAs). The maturation of FAs is differentially coupled to the specific organization of actin cytoskeleton.

the myosin light chain phosphatase and directly phosphorylating myosin II regulatory light chain (MLC) [25, 26]. The myosin II-generated contractile force along actin filaments provides the major cellular tension that drives FA maturation [19]. Physical cues include the cellular tension generated directly from actomyosin contractility, which is also altered by ECM rigidity through feedback loops to modulate the pulling forces exerted by the cells [27–31], and forces from outside of the cell, such as variation in shear forces. Therefore, FAs are really individual mechanosensors whose maturation state is indicative of the local balance with respect to the mechanical forces generated from cellular tension or from external forces [32].

Focal adhesions in different maturation states are composed of specific protein components, which are determined by the local mechanical force [33, 34]. However, it is unlikely that all proteins directly sense the mechanical force; rather the recruitment of proteins into FAs is a hierarchical cascade driven by a number of force-sensitive FA proteins [35–38]. In response to mechanical force, these force-sensitive FA proteins may undergo structural rearrangement or enzymatic modification that change their binding preferences with respect to other FA-associated proteins (force-responsive FA proteins) and this then further modulates the protein association with FAs. The abundance of these proteins in FAs mainly acts to strengthen the linkage between integrin and actin filaments [39–41].

The proteins that could serve as force-sensitive or force-responsive FA proteins consist of subsets of scaffolding and regulatory proteins. The scaffolding proteins are able to physically connect the actin cytoskeleton to integrin receptors via direct or indirect interactions, while the regulatory proteins control the connection between integrin receptors and actin filaments through their abilities to modulate the activity, stability or functionality of the components in the scaffolding group. The scaffolding proteins include actin-binding proteins and adaptors. Specifically, the actinbinding proteins include proteins that are able to bind directly to the cytoplasmic domains of integrin receptors, such as talin [41-43], α -actinin [41, 44-46], and filamin A/B/C [41, 47-50], or that are able to connect with integrin receptors via other actinbinding proteins or adaptors, such as vinculin [39, 41], VASP [41, 51, 52] and zyxin [41, 52, 53]. The adaptors are FA proteins containing specific domains, including src homology 2 (SH2), src homology 3 (SH3), pleckstrin homology (PH), LIM, FERM and calponin homology (CH) domains. The SH2 domain typically binds a phosphorylated tyrosine residue present on its target protein [54, 55], while the classic SH3 domain uses proline-rich peptides as its binding partners [56]. PH domains can bind phosphatidylinositol lipid within biological membranes, such as phosphatidylinositol (3,4,5)-trisphosphate and phosphatidylinositol (4,5)-bisphosphate; it thus plays a role in recruiting proteins to specific membranes sites [57, 58]. LIM domains have highly divergent sequences that are composed of two contiguous zinc finger motifs with a two-amino acid residue hydrophobic linker [59]; these function as a proteinbinding interface within many subcellular components such as FAs [60]. Evidence indicates that some LIM domain-containing proteins are highly dependent on myosin II activity for FA abundance, suggesting that these proteins may undergo force-dependent unfolding to unmask the binding sites that mediate mechanotransduction [33, 34, 38]. FERM domains consist of three modules (the F1, F2 and F3 subdomains) that are able to form a clover-shape structure [61]; they play an important role in certain FA proteins that are able to recognize the cytoplasmic tail of *β*-integrin and mediate integrin activation, such as talin [42, 43] and kindlin [62-65]. CH domains are mainly involved in actin binding [66]. Altogether, the FA proteins in the scaffolding group may involve force-triggered unfolding or recruitment that promotes FA association of other components; these are able to produce a physical strengthening of the connection between the integrin receptors and actin filaments.

The regulatory proteins are FA components that modulate FA integrity *via* their enzymatic activity; they include the proteins with small GTPase activity, guanine nucleotide exchange factor (GEF) activity, GTPase-activating protein (GAP) activity, proteolytic activity and activity that regulate protein phosphorylation states. The GTPase activity of the Rho-family proteins, which includes Rac1 and RhoA, is critical for FA maturation and actin cytoskeleton organization [22, 23, 67]. The activity of these GTPases is known to be regulated *via* a switchable cycle that involves GEFs that exchange bound GDP for GTP for activation, and GAPs that promote intrinsic GTP hydrolysis for inactivation [68, 69]. Thus, the abundance of GEFs and GAPs regulates the organization of FAs and the actin cytoskeleton through a modulation of GTPase activity. The proteins

with proteolytic activity function by cleaving the proteins within FAs, thereby disrupting the linkage between integrin and actin, which allows disassembly of FAs. For example, the Ca^{2+} -dependent cysteine-type protease calpain mediates FA disassembly [70–72] *via* irreversibly cleaving several FA scaffolding proteins, including integrin [73, 74], paxillin [70] and talin [70, 75]. In addition, the proteolytic activity of calpain also regulates the activities of protein tyrosine kinases, such as FAK (focal adhesion kinase) [70, 76, 77] and SRC [78], as well as protein tyrosine phosphatases, such as PTP-1B [78]. The activities of various kinases (tyrosine kinases and serine/threonine kinases) and phosphatases (tyrosine phosphatases and serine/threonine phosphatases) trigger signalling cascades [79, 80] that control FA dynamics [81, 82].

Understanding the mechanical force-induced compositional changes in FAs provides information on the molecular complexity, diversity and signals of the integrin-mediated adhesions. The proteins that show increased force-dependent FA abundance could be either positively or negatively regulated by force; these include force-sensitive or force-responsive FA proteins (Fig. 2). To date, many studies based on microscopy and proteomics have revealed that changes in FA components occur in response to mechanical force. To understand how FA-related signalling networks modulate the strength of the linkage between integrin and actin, the force-dependent FA abundance of scaffolding and regulatory proteins is organized, as shown in Table 1. This provides a broad view of our understanding of how FAs enable cells to respond to their mechanical environment *via* modulation of their composition in a hierarchical cascade.

Focal adhesions-transduced signals regulate cytoskeletal mechanics

Focal adhesion components comprise the linkage between integrin receptors and the actin cytoskeleton and these dictate FAs dynamics (the formation, maturation and disassembly of FAs) as well as cytoskeletal organization. The initial linkage between integrin and actin is built *via* a FA adaptor, talin, which activates integrin receptor by binding to its cytoplasmic domain (NPXY motif) and also connects to actin filaments [42, 43]. Myosin II-mediated contractile force reinforces the linkage by modulating FA composition *via* a hierarchical cascade. For example, force-dependent talin unfolding reinforces the linkage by binding to the actin-binding protein, vinculin [39]. In addition, myosin II-dependent recruitment of the actin-binding proteins, filamin-A/B/C and the adaptor, migfilin, strengthens the linkage between integrin and actin filaments *via* a connection that links the integrin receptors indirectly *via* a FA adaptor, kindlin-2 [83, 84].

Mechanical force modulates the integrin-mediated signals transduced from the force-sensitive and force-responsive FA proteins. In response to myosin II activity, the abundance of RhoA enhancers, such as TRIP6 (thyroid hormone receptor interactor 6) [85], testin [86] and GEF-H1 [87], is increased in FAs. In addition, FA abundance of actin-bundling proteins, such as α -actinin [88], synaptopodin-2 [89] and supervillin [90, 91] as well as several cytoskeletal LIM



Figure 2 Schematic representation of how the protein composition of FAs is re-organized in response to mechanical force. Focal adhesion protein composition is altered by mechanical force. Within immature FAs, force-insensitive proteins (grey squares), force-sensitive proteins (blue shapes) and force-responsive proteins (green shapes) coordinately transmit the specific integrin-mediated signals. In response to mechanical force, focal adhesion abundance of force-sensitive proteins (blue shapes) and force-responsive proteins (green shapes) are decreased, while the abundance of force-sensitive proteins (orange shapes) and force-responsive proteins (orange shapes) and force-responsive proteins (orange shapes) and force-responsive proteins (shapes) are increased. The proteins have similar levels of abundance between immature and mature FAs that are considered as force-insensitive proteins (grey squares).

domain-containing adaptors [33, 34, 38], such as zyxin [92–94], PDLIM1 [95], PDLIM2 [95], PDLIM4 [95], PDLIM5 [95], PDLIM7 [95] and FHL2 [96], is enhanced. This suggests that mechanical force could promote the level of cellular tension in a positive feedback loop through promoting the association of specific FA components that allows the maturation of FAs and creates bundles of filamentous actin (stress fibres) [33].

Cellular tension also contributes to FA turnover [97], as mature FAs disassembly is blocked by myosin II inhibition [98]. Previous experiments have revealed that the Ca²⁺-activated protease calpain mediates proteolysis of FA proteins [71, 72, 75] and endocytosismediated pathways are able to recycle FA components; these serve as important mediators in regulating the disassembly of FAs [99, 100]. Some disassembly factors are recruited to mature FAs [33], which may explain how actomyosin contractility mediates FA turnover at the retracting edge of the cells.

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Myosin II-mediated contractile force also influences the protein association of immature FAs that transduce signals to promote lamellipodial protrusion [33, 101]. In the lamellipodium, actin is arranged as a dendritic network by continuous actin polymerization [3]. This cytoskeletal structure is mainly regulated by the Rho GTPase Rac1, but is also induced by myosin II inhibition [5]. Inhibition of actomyosin contractility enhances the abundance into immature FAs of Rac1 activators, such as RacGEF B-PIX (PAKinteracting exchange factor-β) [102], RacGEF modulator EPS8 (epidermal growth factor receptor pathway substrate 8) [103], MIF (macrophage migration inhibitory factor) [104] and PKA (protein kinase A) [105], of Rac1 downstream effectors, such as IRSp53 (insulin receptor tyrosine kinase substrate p53) [106] and N-WASP (neuronal Wiskott-Aldrich Syndrome protein) [106, 107], and of Rac1 downstream targets, such as Arp2/3 complex [108], cofilin [109] and the actin monomer binding protein Cap1 [110]. Previous studies have shown that the Arp2/3 complex serves as the primary mediator of actin polymerization during lamellipodial protrusion, and Rac1 is sufficient to induce Arp2/3-dependent lamellipodium extension via the Rac1 downstream effectors, IRSP53 and N-WASP. FA association of the actin depolymerization factor cofilin promotes actin polymerization at the lamellipodia through the generation of new barbed ends for binding and this affects the Arp2/3 complex. Therefore, FA association of the Rac1 regulatory modules within the immature FAs explains the negative feedback mechanism of actomyosin contractility on the propagation of continuous membrane protrusions [33]. Taken together, the biochemical signals associated with FAs are adjusted by the local balance of mechanical forces; this dictates FA dynamics, cytoskeletal organization and the nature of cellular tension.

Signals targeting focal adhesions drive cell migration

Cell migration, a highly dynamic and well regulated process, consists of well-defined steps that include the following: extension of the leading edge and the formation of immature FAs; FA maturation and cell body translocation; the FA disassembly and rear retraction. Integrinmediated signals from the FAs steps (assembly, maturation and disassembly), which are adjusted by the local balance of cellular tension and the mechanical properties of the environment, regulate actin polymerization and organization. During the migrating cycle, FA dynamics and cytoskeletal organization conjoin to drive this coordinated process [111].

The initial step of the migration cycle is the extension of the leading edge and formation of nascent adhesions (immature FAs) beneath the lamellipodium. These nascent adhesions not only stabilize the protrusion, but also transduce specific signals that continuously promote membrane protrusion. The protein components of nascent adhesions include the Rac1 regulatory module (Rac1 activators, Rac1 downstream effectors and Rac1 downstream targets), which promotes dendritic/branched actin polymerization for continuous protrusion extension, and positively enhances the assembly of immature **Table 1** Force-dependent focal adhesions abundance of scaffolding and regulatory proteins. The lists of scaffolding and regulatory proteins are classified into two classes: FA abundance positively regulated by force and FA abundance negatively regulated by force. The proteins in each class could contain force-sensitive or force-responsive proteins.

Scatfolding protein	
FA abundance positively regulated by force	ABLIM [34], ACTN1 [16, 33, 34], ACTN4 [33, 34], CNN1 [33, 34], CNN2 [33, 34], CNN3 [33, 34], CORO1C [33, 34], CSRP1 [33, 34], CSRP2 [33, 34], FBLIM1 [33, 34], FHL2 [33, 34], FHL3 [33, 34], FLNA [33, 34, 114], FLNB [33, 34], FLNC [33, 34], DAB2 [33, 34], LIMA1 [33, 34], LIMCH1 [33], LIMD1 [34], LMO7 [33], LPP [33, 34], MYH9 [33, 34], NCK1 [34], PDLIM1 [33, 34], PDLIM2 [34], PDLIM4 [33, 34], PDLIM5 [33, 34], PDLIM7 [33, 34], PLEC1 [33, 34, 115], SH3BP4 [33], SORBS3 [33, 34], SPTAN1 [33], TES [17, 33, 34, 116], TGFB111 [33, 34], TLN1 [33, 34], TRIP6 [33, 34], VCL [33, 34, 39], ZYX [16, 17, 33, 34, 92]
FA abundance negatively regulated by force	ARP2/3 complex [33, 117], CAPZB [33], CRIP2 [33], DBNL [33], EPB41 [33], EPS8 [33, 34], FHL1 [33], MICALL1 [33], TNS3 [33]
Regulatory protein	
FA abundance positively regulated by force	ARF1 [33], ARF6 [33, 34], CAPN1 [33], CAPN2 [33], CAPN5 [33], CSK [34], DDR2 [33], GIT1 [33], GIT2 [33, 34], GNA11 [33], GNA12 [33], GNA13 [33], GNAQ [33], GNB1 [33], GNB2 [33, 34], ILK [33, 34], JAK1 [33], PDGFRB [33], PTK2 [34], PTPN11 [34], PTPN2 [34], PTPN12 [34], RAB1B [33, 34], RAB14 [33, 34], RAB18 [33, 34], RAB21 [33, 34], RAB23 [33, 34], RAB3B [33], RAB34 [33, 34], RAB35 [33, 34], RALA [33, 34], RALB [33, 34], RAP1B [33], RAP2B [33], RHOA [33], RHOB [33], ROR2 [33], RRAS2 [33, 34], SRC [34], YES1 [33]
FA abundance negatively regulated by force	ARHGEF7 [33], CSNK2A1 [33], KRAS [33, 34], NRAS [33], PPP2CB [33], PTPRF [33], PTP4A2 [33], PTPRK [33], RAB11B [33, 34], RAB13 [33], RAB8A [33], RAN [33], TENC1 [33]

FAs (nascent adhesions and focal complexes) [33, 101]. Soon after, the immature FAs connect with bundles of actin filaments at the lamellipodia-lamella interface and they undergo a compositional reorganization and enlarge into mature FAs. This compositional reorganization includes force-sensitive and force-responsive FA proteins; these coordinate to reinforce the linkage between integrin and actin, help to form mature FAs and aid bundling of filamentous actin (stress fibres) [33, 34, 38].

The RhoA regulatory module associated with mature FAs activates myosin II through the action of downstream effector, ROCK, on upregulating of MLC phosphorylation [24]. Myosin II activation sustains the myosin II-mediated contractile force and this further enhances the magnitude of the cellular tension. This enhanced cellular tension transmits the pulling force along the actin bundles to the adhesion sites, thereby translocating the cell body forward. The last step of the migration cycle is disassembly of mature FAs at the cell rear, which is also contractile force-dependent [98]. Actomyosin contractility promotes FA association with the disassembly factors, including proteases [71, 73, 75] and the components of endocytosis pathways [99, 100]. This disrupts the linkage between integrin and actin by cleaving and recycling the structural proteins that form the mature FAs [33]. Following the action of the disassembly factors, the pulling force supplied by the actomyosin contractility retracts the trailing edge of the cell, completing the migration cycle. Altogether, FAs not only serve as mechanosensors that re-organize their composition in response to mechanical forces, but also function as mechanotransducers that mediate specific cellular signalling pathways that regulate FA turnover and cytoskeletal organization, thereby controlling cell behaviour and driving cell migration.

Conclusion and future prospects

In response to mechanical force, FAs reorganize their protein composition in a hierarchical cascade to assemble FAs in different maturation states. The proposed model is shown in Figure 2. Within immature and mature FAs, some FA-associated proteins have similar levels of abundance, indicating that they serve as force-insensitive proteins. Some FA-associated proteins (force-sensitive proteins) show negative or positive regulation in response to mechanical force. which may alter their FA abundance, conformation, or enzymatic activity, thereby changing the association of FAs with other FA proteins (force-responsive proteins) to assemble FAs in different maturation states. In immature FAs, force-insensitive proteins, forcesensitive proteins and force-responsive proteins coordinately transmit specific integrin-mediated signals to promote dendritic actin polymerization and the formation of immature FAs for membrane protrusion. In response to mechanical force, force-sensitive proteins in immature FAs are negatively regulated and decrease their FA abundance. thereby driving the dissociation of force-responsive proteins from FAs. By contrast, subjecting force-sensitive proteins in mature FAs to mechanical force enhances their FA abundance and triggers the association of force-responsive proteins to assemble mature FAs. FAs serve as force transmission pathways to sense the local balance of mechanical forces.

Focal adhesions enable cells to respond to their various environments, which contain diverse mechanical properties. They do this by manipulating their protein compositions, which allows the transmission of specific biochemical signals that mediate cellular behaviour.

Within a range of tissue microenvironments, cells feel and sense the proper matrix elasticity, thus displaying their specific biological function in specific tissues. However, the mechanical properties of the matrix in some disordered tissues can mislead the cells and cause disease progression. For example, matrix remodelling and stiffening promote breast tumorigenesis and malignancy [112]. In liver fibrosis. fibril-forming collagens facilitate further progression of chronic liver disease [113]. Therefore, understanding the molecular details of how FAs respond to mechanical force will provide a resource that will aid the discovery of new therapeutic strategies. Although the details of the control of cellular phenomena in vivo are complicated, systems analysis using proteomics-related techniques, protein microarrays, or phospho-kinase antibody arrays is able to globally explore signalling modules and networks of FAs in the specific cells cultured under conditions of tissue-level matrix stiffness. For a particular signalling network, tracking a FA protein tagged with a fluorescent protein using microscopy-based technologies, such as live-cell imaging techniques, enables observation and quantification at high spatial and temporal resolution. Further illustration of the integrin-mediated signalling pathways in different cell types or under different physiological conditions will provide a possible foundation for designing therapeutic strategies for some human diseases.

Acknowledgements

We apologize to those authors whose papers could not be cited because of space constraints. This study was supported by research grants from the National Science Council of Taiwan (NSC 101-2320-B-010-034 and NSC 101-2628-B-010-003-MY3), the UST-UCSD International Center of Excellence in Advanced Bio-engineering sponsored by the Taiwan National Science Council I-RICE Program (NSC-100-2911-I-009-101), and a grant from Ministry of Education, Aim for the Top University Plan.

Conflicts of interest

The author confirms that there are no conflicts of interest.

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