

Editorial

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Importance to Know the Long-Term Outcome after Endovascular Therapy with Bare Metal Stent Implantation for Femoropopliteal Artery Disease

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Bare nitinol stent implantation for peripheral artery disease has been widely used as an optimal treatment. Now we can choose several devices for endovascular therapy, namely, bare nitinol stent, drug-coated balloon, or drug-eluting stent. The primary patency of endovascular therapy with a drug-coated balloon was significantly higher than a standard balloon¹⁻³⁾. We can perform endovascular therapy using a drug-coated balloon as a finalized device without stent implantation in optimal cases. However, stent implantation was required when unacceptable arterial dissection was induced using balloon dilatation, or residual stenosis was unacceptable after balloon dilatation. In cases that required stent implantation, using a drug-eluting stent has been recently increasing because of the superior primary patency to a bare nitinol stent⁴⁻⁵⁾. However, a bare nitinol stent had been a standard finalized device of endovascular therapy before drug-eluting device era. Until now and from now on we must follow up on many patients who had undergone endovascular therapy with bare-metal stent implantation. It is important for us to understand the long-term prognosis after endovascular therapy with bare nitinol stent implantation to allocate optimal follow up and treatment. In recent study⁶⁾, the rate of recurrent in-stent restenosis was significantly lower in patients treated with drug-coated balloon angioplasty for superficial femoral artery in-stent restenosis than patient treated with standard balloon angioplasty. Many patients treated with bare nitinol stent implantation have experienced in-stent restenosis in long-term period, but now we can choose a new device to treat in-stent restenosis of bare nitinol stents,

namely, a drug-coated balloon.

Recent study reported⁷⁾ association between tissue characteristics assessed with optical coherence tomography and outcome after percutaneous coronary intervention for in-stent restenosis lesions. The rate of recurrent in-stent restenosis of lesions with a homogeneous structure was significantly higher in patients treated with standard balloon angioplasty than patients treated with drug-coated balloon angioplasty or drug-eluting stent implantation. Alternatively, there were no significant differences in the rate of recurrent in-stent restenosis of lesions with a heterogeneous structure between patients treated with standard balloon angioplasty, drug-coated balloon angioplasty, and drug-eluting stent implantation. In peripheral artery disease, an association between outcomes after endovascular therapy and lesion characteristics assessed using imaging devices has not been analyzed enough. It will be required to confirm the integrity between lesion characteristics of in-stent restenosis assessed using imaging devices and optimal treatment.

Dr. Soga et al reported⁸⁾ long-term outcome after endovascular therapy with bare nitinol stent implantation for femoropopliteal artery disease in the current paper. Primary patency rapidly decreased during the first year, and continued to decrease gradually after that. Recent pathological study⁹⁾ reported that early stent failure occurred commonly due to not neoatherosclerosis but thrombosis. Causes of early stent failure and late stent failure may be different. Recent study¹⁰⁾ reported that flow velocity of femoropopliteal artery after endovascular therapy affected primary patency. Low flow velocity due to insufficient stent enlargement, edge dissection, and poor runoff vessels below the knee may induce early stent failure due to stent thrombosis. The current

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paper is the first to report that evaluated time-dependent risk factors of patency loss. Several factors, namely female sex, age >80 years, diabetes mellitus, dialysis-dependent renal failure, chronic limb-threatening ischemia, chronic total occlusion, lesion length >20 cm, and reference vessel diameter <4 mm, was significantly associated with an increasing risk of patency loss immediately after stent implantation, whereas the prognostic impact of age >80 years and chronic limb-threatening was significantly attenuated afterward. The analysis for the reason why age >80 years and chronic limb-threatening ischemia worsen long-term limb patency and the mechanism is required.

Conflicts of Interest

None.

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