# LAB/IN VITRO RESEARCH

e-ISSN 1643-3750 © Med Sci Monit, 2018; 24: 1408-1416 DOI: 10.12659/MSM.908971





**MEDICAL<br>SCIENCE** 

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## **Background**

Lung cancer is the leading cause of cancer-related death in the world, and more than 1 million new cases are diagnosed per year. The economic burden increases year by year. Lung cancer is classified into 2 categories: non-small cell lung cancer (NSCLC) and small cell lung cancer (SCLC). The NSCLC patients account for 80% of all lung cancer patients. Because of the difficulty in early detection, most NSCLC patients have already reached advanced stage at diagnosis. The traditional chemotherapy has been used as primary therapy for treating advanced-stage NSCLC patients, but it has nonspecific toxicity and a narrow therapeutic window [1,2]. As more studies unveil the cancer cell biology, alternative targeted therapies (e.g., EGFR-TKI) can provide safer and more effective treatments compared with traditional chemotherapy. However, drug resistance is the new challenge to targeted therapies. Therefore, it is imperative to explore new therapy strategies for the treatment of NSCLC.

Antibody-drug conjugate (ADC) emerges as a promising class of anti-cancer drug, because it can specifically deliver drug to antigen-expressing tumor cells and kill tumor cells [3,4]. ADC has 3 components: a monoclonal antibody that specifically targets antigens expressed on the surface of tumor cells, a highly cytotoxic drug, and a stable cleavable or noncleanable linker. Monoclonal antibody can recognize and combine the specific antigens on the surface of tumor cells, and then ADC enters the tumor cells through cell phagocytosis. The highly cytotoxic drug is released to kill tumor cells after the linker is cleaved. This antibody-mediated drug delivery approach can specifically kill tumor cells, and also significantly expand the therapeutic window compared with the conventional chemotherapy. There are 2 types of ADCs are available in the market [5,6]: Kadcyla and Adcetris. Kadcyla was designed by conjugating a CD30-tageted antibody to a tubulin polymerization inhibitor monomethyl auristatin E. This ADC was approved for the treatment of relapsed or refractory Hodgkin's lymphoma and systemic anaplastic large cell lymphoma. Adcetris was approved for treating HER2-positive breast cancer [7]. It is consisted of an antibody that targets human epidermal growth factor receptor 2 (HER2) and a tubulin polymerization inhibitor DM1. In addition, more than 40 types of ADCs are in the clinical trials stage now.

In this study, a new ADC (Erbitux-vc-PAB-MMAE) was designed. The monoclonal antibody part is Erbitux (Cetuximab). Cetuximab is a human/mouse chimeric monoclonal antibody that targets to epidermal growth factor receptor (EGFR). Thus, ADC can specifically target to NSCLC with EGFR gene mutation. The highly cytotoxic part is a tubulin inhibitor, monomethyl auristatin E (MMAE). The main mechanism of MMAE is to interfere with microtubules dissociation and polymerization of the tumor cells, so tumor cells cannot be normal stage for mitosis to proliferate. In this study, in *vitro* and *in vivo* studies were used to investigate the effectiveness of ADC (Erbitux-vc-PAB-MMAE) in inhibiting proliferation and promoting apoptosis of human lung cancer A549 cells.

## Material and Methods

#### Cell lines and reagents

Human adenocarcinomic alveolar epithelial cell line A549 cells were from BOSTER (Hubei, China). Human lung cancer A549 cell line was grown in cell culture medium with DEME high-sugar medium (mixture of 10% fetal bovine serum and 1% streptomycin) (Biological Industries, Israel), and the control cell line SK-LU-1 (HTB-57) was from ATCC (USA), and cultured in a constant-temperature incubator (5% CO<sub>2</sub>, 37°C).

#### Generation of Erbitux-vc-PAB-MMAE

Erbitux (Lilly, USA) was conjugated to MC-vc-PAB-MMAE (Concortis Biosystem, Inc, USA) at 4.28: 1 drug-antibody ratio. Erbitux-vc-PAB-MMAE was verified by Hydrophobic Interaction Chromatography (HIC) using an Agilent 1100 HPLC system (Agilent Technologies, USA).

#### Analysis of cell proliferation

Cell proliferation was determined by using the Cell Counting Kit-8, CCK-8 (Transgen biotech, Beijing, China). Briefly, 5×103 A549 cells/well were seeded in a 96-well plate for 24 h, and then treated with 3 concentrations of epidermal growth factor receptor (EGFR) monoclonal antibody conjugate tubulin inhibitor (ADC), Cetuximab (Lilly, USA), and Cisplatin (Qilu Pharma, China) (Table 1). CCK-8 assay was performed according to the manufacturer's instructions. All experiments were performed at least 3 times. The cell inhibition rate was calculated according to the OD value of each well. The inhibition rate formula is (average D450 of control group–D450 of experimental group)/ D450 of control group×100%.

#### Analysis of cell cycle

Propidium iodide (PI) staining was applied to the analysis of cell cycle distribution through flow cytometry as previously described. Briefly, cells were cultured in a 25 cm<sup>2</sup> flask for 24 h, then exposed to various concentrations of Erbitux-vc-PAB-MMAE (0.12, 0.24 mg/ml), Cetuximab (0.06, 0.12 mg/ml), Cisplatin (0.0125, 0.025 mg/ml), and negative control for 24 h. Cells were subsequently harvested with trypsin, collected by centrifugation (1000 rpm for 5 min), and washed once with cold PBS. The pellet was incubated with 1.8 ml (1 mg/ml)

**Table 1.** The inhibition rates of different concentrations of Cetuximab-conjugated tubulin inhibitor (ADC), Cetuximab, and Cisplatin on human lung cancer A549 cells (mean ±SD).



P values compared among different concentrations of ADC or Cetuximab: \* P<0.05; \*\* P<0.01. P values compared among different concentrations of ADC or Cisplatin: # P<0.05.

propidium iodide (PI, Solarbio, Beijing, China) in the dark at 4°C. Subsequently, cells were centrifuged and washed again, and then samples were analyzed using a BD Accuri C6 device (Becton Dickinson, CA, USA). Data were analyzed with the ModFit DNA analysis program.

#### Mouse xenograft tumor model and ADC treatment

All experiments using mice were approved by The First Affiliated Hospital of Nanchang University's Institutional Review Board. Twenty female athymic nude mice (ages 4–6 weeks) (SJA Lab animal, Hunan, China) were raised in a specific pathogen-free IVC animal house. Mice were injected with 2×10<sup>6</sup> A549 cells in the subcutaneous space of the left flank. The long diameter and short diameter of tumors were evaluated using a vernier caliper. Tumor volume size was calculated according to the formula: volume=ab<sup>2</sup>/2 (a=long diameter, b=short diameter). Treatment began when tumors reaches a mean tumor volume of 300~500 mm<sup>3</sup>. Mice were randomized into 4 groups (5 mice per group): ADC group, Cetuximab group, Cisplatin group, and control group. Each treatment was based on the body surface area. The nude mouse body surface area formula is 0.0913 $\times$ (body weight)<sup>2/3</sup>, and average body weight of nude mice is about 20 g. According to the concentration of the required dose of the corresponding drug, a disposable sterile insulin needle was used to extract the appropriate dose and inject it into the nude mice tail vein. The mice were injected with 300 µl of ADC (250 mg/m<sup>2</sup>), 400 ul of Cetuximab (250 mg/m<sup>2</sup>), 200 ul Cisplatin (120mg/m2 ), and 300 ul of 0.9% sodium chloride solution (control group), individually. Nude mice in each

group were distinguished by a mark on the ear. After injection of the corresponding intervention drug into the tail vein, long and short diameters of the nude mouse subcutaneous tumors were measured every 3 days (a total of 8 times) using vernier caliper, and were used to calculate the corresponding tumor size. On the  $21^{st}$  day, the tumor tissue was removed from nude mice using spinal cord dislocation method, and fixed with 10% formalin before proceeding to the next step.

#### Apoptosis assay

Tumor cells apoptosis was investigated by Terminal deoxynucleotidyl transferase (TdT) dUTP Nick-End Labeling (TUNEL) assay. Briefly, tumor tissues were collected and prepared as paraffin sections. Then, TUNEL assay was carried out following the TUNEL Assay Kit (Keygenbio, Nanjing, China) manufacturer's instructions. Images of tissues were taken using an Olympus IX71 microscope at a magnification of 200×. The ratios of apoptosis were examined by counting positively stained cells in 4 different randomly selected visual fields. The formula for apoptotic rate was positive number/total number×100%).

#### ELISA analysis

Mice were treated for 1 week. Serum and tumor tissues were collected for MMAE detection using ELISA. The procedure was performed according to the ELISA kit protocol (Epitope Diagnostics inc, San Diego, CA, USA). MMAE concentration in the samples was determined through the use of standard dose-response curves.



**Table 2.** The results of cell cycle experiments of ADC, Cetuximab and Cisplatin in each concentration group (mean ±SD).

P values compared with control group. \* P<0.05; \*\* P<0.01.

#### Statistical analysis

All data were analyzed with SPSS 22.0 statistics software (Chicago, USA). The data are shown as the means  $\pm$  standard error of the mean (SEM). Significant differences between more than 2 groups were determined using one-way analysis of variance (ANOVA). Comparisons between 2 groups were made using the 2-tailed unpaired *t* test (\* P<0.05; \*\* P<0.01).

### Results

#### The cell growth inhibition rate results

The inhibition rates of different concentrations of Cetuximabconjugated tubulin inhibitor (ADC), Cetuximab, and Cisplatin on human lung cancer A549 cells are shown in Table 1. ADC had an obvious inhibitory effect on the A549 cells at all doses. Cetuximab had some degree of inhibitory effect on A549 cells. For ADC and Cetuximab, the cell inhibition rate increased with increased concentration at 24 h, and the difference was statistically significant (P<0.05) (e.g., 0.0178 mmol/L ADC *vs.* 0.0089 mmol/L ADC, and 0.0267 mmol/L ADC *vs.* 0.0178 mmol/L ADC). At 48 h, the cell inhibition rate increased along with increased dose in low and medium volume (P<0.05) (e.g., 0.0178 mmol/L ADC *vs.* 0.0089 mmol/L ADC, and 0.0089 mmol/L Cetuximab *vs.* 0.0045 mmol/L Cetuximab). The inhibition rates with 0.0089 mmol/L ADC *vs.* 0.0089 mmol/L Cetuximab were significantly different (P<0.01) at 24 h and 48 h, individually. The result show that the effect of ADC is clearly stronger than that of Cetuximab at the same molar concentrations.

Cisplatin also had a significant inhibitory effect on the A549 cells at all concentrations. The cell inhibition rate significantly increased with increased concentration from low to medium (e.g., 1.3300 mmol/L Cisplatin *vs.* 0.8867 mmol/L Cisplatin) at 24 h and 48 h (P<0.05), individually. There was no significant difference between the inhibition rates in the 0.0089 mmol/L ADC group and 0.8867 mmol/L Cisplatin group (ADC molarity is 1% that of Cisplatin) at 24 h (P>0.05). However, a significant difference was observed between these 2 groups at 48 h. The results indicate that the effect of ADC is significantly better than that of Cisplatin at the same molar concentration.

Effects of ADC, Cetuximab, and Cisplatin on A549 cells were compared with the control cell line (SK-LU-1), a well-defined lung cancer cell line with non-alveolar epithelial origin. Cisplatin showed the highest inhibition rate, and ADC had the lowest inhibition rate compared with Cetuximab and Cisplatin (Table 1). Further, ADC, Cetuximab, and Cisplatin showed no inhibition effects on the linker of MC-vc-PAB-MMAE (data not shown). The effect of ADC was better than that of Cetuximab. ADC was better than Cisplatin at the same molarity.

#### Cell cycle results

The results of cell cycle experiments of ADC, Cetuximab, and Cisplatin in all concentration groups are shown in Table 2 and Figure 1. Under the effect of ADC, G2/M phase significantly increased and the G1 and S phase cell was reduced compared to the control group; significant differences were observed (P<0.01), suggesting the retardation of the ADC in G2/M phase. G1 phase cell was dominant under different concentrations of Cetuximab, and G1, S, and G2 had no obvious difference



**Figure 1.** The cell cycle results with different concentrations of ADC, Cetuximab, and Cisplatin. Most cells in the control group are in G1 phase. In ADC groups (0.0134 mmol/L and 0.0267 mmol/L), most cells are in G2/M phase. In Cetuximab groups (0.0067 mmol/L and 0.0134 mmol/L) and Cisplatin groups (1.33 mmol/L and 2.66 mmol/L), most cells are in G1 phase.

compared with control groups (P>0.05). The Cisplatin group was compared with control groups with different concentration cell periods, showing that G1-phase cells increased obviously, but S-phase and G2-phase cells decreased (P<0.05), suggesting the retardation of G1 phase. There were no significant differences observed between different concentrations of the same drug, suggesting that the concentration has no effect on retardation of cell cycle. The dominant cells were different between the same concentrations of ADC and Cetuximab (0.0134 mmol/L) (P<0.01), suggesting that the retardation

cycles of ADC and Cetuximab are different. Significant differences were observed (P<0.01) between 0.0134 mmol/L ADC and 1.33 mmol/L Cisplatin (ADC molarity about 0.01 of Cisplatin), suggesting that ADC and Cisplatin block the cell cycle in different stages. In the control cell line of SK-LU-1, the effects of ADC, Cetuximab, and Cisplatin indicated similar patterns.

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**Table 3.** The average tumor sizes (mm<sup>3</sup>, n=5) of each group before and after administration of drugs (mean ±SD).

\* Means the P values of between each group and control group are less than 0.05, statistical differences were observed. # Means the P values of between each group and Cisplatin group are less than 0.05, statistical differences were observed.

#### The growth of lung cancer xenografts

As shown in Table 3, before administration and 3 and 6 days after the administration of drugs, the pairwise comparisons of tumor sizes showed that the difference was not statistically significant compared with the control group (P>0.05) (Supplementary Figure 1). After 9 days after drug administration, the differences between the ADC group and Cisplatin group, and between the ADC group and control group, were statistically significant (P<0.05), while the difference between the Cetuximab group and control group were still not statistically significant (P>0.05). From 12 days after drug administration, the ADC group and Cisplatin group showed significant differences when compared to the control group (P<0.05). At 9, 12, and 15 days of after drug administration, ADC group and Cisplatin group showed statistically significant difference (P<0.05). Statistical differences were not observed at the remaining days (18 and 21 days) between these 2 groups.

As shown in Figure 2, with the increasing number of days after drug administration, the tumor sizes in the ADC group and Cisplatin group were significantly smaller than in the Cetuximab group and the control group. Especially, the tumor size change of ADC group was more obvious than in the Cisplatin group, while the tumor sizes in the Cetuximab group and the control group increased significantly, and there were no significant differences between these 2 groups.

#### Apoptosis assay

As shown in Table 4, the difference was statistically significant when ADC group or Cisplatin group were compared with Cetuximab group and control group (P<0.05). However, the P values between the Cetuximab group and control group, and



**Figure 2.** The average tumor sizes (mean ±SD) of each group before and after administration of drugs (mm<sup>3</sup>, n=5).

**Table 4.** The average cell apoptosis rates of fours group (n=5, mean ±SD).



\* Means the P values of between each group and control group are less than 0.05, statistical differences were observed. # Means the P values of between each group and Cetuximab group are less than 0.05, statistical differences were observed.

between the ADC group and Cisplatin group, were higher than 0.05, indicating no statistically significant differences.

#### **Table 5.** The average MMAE concentrations in various tissue samples (n=2).



#### ELISA analysis

According to the standard concentration curve, the concentrations of all samples were calculated and listed in Table 5. The MMAE concentrations of the tissue samples were around 1 ug/ml, while the MMAE concentrations of serum samples were negative or significantly lower than the corresponding tissue sample concentrations. This supports that the ADC drugs can go through the blood circulation to exert an anti-tumor effect and stay stable in the plasma, further confirming the ADC drug targeting effect.

#### **Discussion**

Antibody-drug conjugate (ADC) utilizes monoclonal antibodies (MAb) that specifically binds to tumor-associated antigen. ADC conjugates highly potent cytotoxic agents through a stable linker, and form an extremely effective anti-cancer drug. ADC's linker has important influence on the safety and efficacy of ADC. The linker should be stable in plasma and around tumor cells to avoid the early release of cytotoxins and rapid release of cytotoxic after endocytosis to the target cells. Unlike traditional therapeutic treatments [8–10], ADC binds to target antigens and mediates endocytosis through receptors, which lead to release of cytotoxin substances and cancer cell apoptosis. ADC does not kill normal cells because the monoclonal antibody of ADC cannot bind to normal cells without epidermal growth factor receptor (EGFR) expression. In our experiment, the monoclonal antibody of ADC is Cetuximab, which is highly specific to EGFR and is the most clinically advanced human/mouse chimeric IgG1 monoclonal antibody. Cetuximab has stronger affinity with EGFR than EGF or transforming growth factor alpha (TGFa), blocking its binding with EGFR, and thus cannot activate a series of downstream signaling pathways to avoid the tumor. In this experiment, the effector molecule of ADC is MMAE. MMAE is a depolymerization inhibitor of microtubules, the mechanism is that MMAE inhibits its polymerization by binding with tubulin and interferes with cell mitotic process, resulting in cell cycle arrest and apoptosis induction. MMAE mainly interferes with cell mitosis in M phase, so MMAE inhibits cells in G2/M phase [11]. Cytotoxic drugs have great value in cancer chemotherapy due to their high tumor cell killing efficiency. However, the nonspecific toxicity of cytotoxic drugs also results in no differential killing of normal tissue cells. ADC can delivery cytotoxic drugs to target cells through specific antibodies and then release cytotoxic drugs that reduces the adverse effects. The efficacy of ADC was compared with Cetuximab and Cisplatin in *in vitro* and *in vivo* studies. Cetuximab is a chimeric (mouse/human) monoclonal antibody that binds to and inhibits EGFR. Cisplatin is used to treat a number of cancers, and the mechanism is to interfere with DNA replication, which kills the fastest-proliferating cells.

Some *in vitro* and *in vivo* studies have already been conducted to investigate the effectiveness of ADC [9,12–14]. In the present study, the *in vivo* and *in vitro* experiments confirmed that the antibody portion of an ADC drug (Cetuximab) served as a vector for the effector molecule (tubulin inhibitor MMAE) to bring MMAE to the targeted tumor tissue. The small molecule cytotoxic cytokines play use high cytotoxicity to kill local cells, while monoclonal antibodies can also maintain their own antibody-dependent cytotoxicity (ADCC) or Fc-mediated complement-dependent cytotoxicity (CDC) to exert their own effects [15]. This method combines their strengths and complements their weaknesses, and they can exert a strong antitumor effect, reduce damage to normal tissues and cells, and also the antibody resistance problem [16].

### Conclusions

The epidermal growth factor receptor (EGFR) monoclonal antibody conjugate tubulin has an obvious inhibitory effect on human lung cancer A549 cells *in vitro*, and the effect is better than with Cetuximab and Cisplatin. The (EGFR) monoclonal antibody conjugate tubulin is in G2/M phase retardation, and the retardation cell cycle is different from that of Cetuximab and Cisplatin. Cetuximab-conjugated tubulin inhibitor can significantly inhibit the growth of lung cancer xenografts compared with the control group and Cetuximab group, and also has better inhibition compared with the Cisplatin group. The apoptosis rate in the Cetuximab-conjugated tubulin inhibitor group and the Cisplatin group were higher than in the other 2 groups. Cetuximab-conjugated tubulin inhibition can be targeted into the lung cancer tissue after intravenous injection. Cetuximab-conjugated tubulin inhibition can be targeted into A549 human lung cancer xenografts and has obvious cytotoxicity-related inhibition of lung cancer.

The findings in this study support that ADC can be used to treat NSCLC in the future. However, there are still some questions

that need to be addressed. First, more studies are needed to detect cell cycle changes and to explore the apoptosis mechanism. Second, the efficacy and drug resistance of Cetuximabconjugated tubulin inhibitor after repeated administration need to be investigated. Furthermore, the maximum dosage and adverse effects of Cetuximab-conjugated tubulin inhibitor also should be determined before its application in NSCLS treatment.

## Supplementary Figure

#### Statement

The opinions, findings, and conclusions or recommendations expressed in this publication are those of the authors and do not necessarily reflect those of the Jiangxi Provincial Education Department.



**Supplementary Figure 1.** The tumor size of nude mice before and after drug administration. (**A**) The tumor size of ADC group before drug administration; (**B**) The tumor size of ADC group after 21 days drug administration; (**C**) The tumor size of Cisplatin group before drug administration; (**D**) The tumor size of Cisplatin group after 21 days drug administration; (**E**) The tumor size of Cetuximab group before drug administration; (**F**) The tumor size of Cetuximab group after 21 days drug administration; (**G**) The tumor size of Control group before drug administration; (**H**) The tumor size of Control group after 21 days drug administration.

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