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**RESEARCH ARTICLE** 

# Cardiovascular Toxicity of Multi-Tyrosine Kinase Inhibitors in Advanced Solid Tumors: A Population-Based Observational Study

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# Abstract

# Background

Treatment with small molecule tyrosine kinase inhibitors (TKIs) has improved survival in many cancers, yet has been associated with an increased risk of adverse events. Warnings of cardiovascular events are common in drug labels of many TKIs. Despite these warnings, cardiovascular toxicity of patients treated with TKIs remains unclear. Here, we evaluate the cardiovascular outcomes of advanced cancer patients treated with small molecule tyrosine kinase inhibitors.

# Methods

A population based cohort study was undertaken involving adults aged >18 years in Ontario, Canada, diagnosed with any advanced malignancy between 2006 and 2012. Data were extracted from linked administrative governmental databases. Adults with advanced cancer receiving TKIs were identified and followed throughout the time period. The main outcomes of interest were rates of hospitalization for ischemic heart disease (acute myocardial infarction and angina) or cerebrovascular accidents and death.

## Results

1642 patients with a mean age of 62.5 years were studied; 1046 were treated with erlotinib, 166 with sorafenib and 430 with sunitinib. Over the 380 day median follow-up period (range 6-1970 days), 1.1% of all patients had ischemic heart events, 0.7% had cerebrovascular accidents and 72.1% died. Rates of cardiovascular events were similar to age and gendermatched individuals without cancer. In a subgroup analysis of treatment patients with a prior history of ischemic heart disease, 3.3% had ischemic heart events while 1.2% had cerebrovascular accidents.

### Conclusions

TKIs do not appear to increase the cause-specific hazard of ischemic heart disease and cerebrovascular accidents compared to age and gender-matched individuals without advanced cancer.

## Background

More than 90 tyrosine kinases have been shown to be critical to malignant transformation and tumor angiogenesis [1, 2]. Tyrosine kinase inhibitors (TKIs), which can target both receptor and cytoplasmic kinases [3] can improve cancer outcomes by exploiting activation of kinases in cancer cells [4]. A number of different TKIs have been studied and approved for use in both solid tumors and haematological malignancies [5–12]. Commonly used TKIs include erlotinib targeting epidermal growth factor receptor (EGFR), and sorafenib and sunitinib targeting mainly vascular endothelial growth factor receptor (VEGRF) and platelet-derived growth factor receptor (PDGFR) [13]. In addition to improved outcomes, TKIs are also relatively easy to administer [14].

Despite this targeted intent, TKIs usually affect multiple kinases [15, 16] and impact the function of non-malignant cells with resultant on- and off-target toxicities [13]. On-target toxicities, such as hypertension from VEGFR inhibitors, are due to class effects and are difficult to prevent [13]. Off-target toxicities occur when unintended targets are inhibited by the drug due to similarities with the intended target [13]. Both on- and off-target adverse events are described in clinical trials [17]. Non-cardiac toxicities from TKIs include skin toxicity, diarrhea, mucositis, pneumonitis and electrolyte abnormalities [13].

Hypertension, congestive heart failure, left ventricular systolic dysfunction and QT prolongation are common adverse cardiac toxicities associated with TKIs [3, 18–23]. Cardiovascular events, such as cardiac ischemia, myocardial infarction and cerebrovascular accidents, have also emerged as concerning toxicities such that drug label warnings have been issued for TKIs [24–26]. Given the broad patient populations eligible for TKI treatment, the improved survival seen with targeted agents [5–12], and the prevalence of cardiovascular disease in the population [27], recognition, management and prevention of TKI related cardiovascular events have emerged as important [19]. The development of strategies and guidelines to assess this emerging issue [21, 28, 29] and recommendations for cardiac safety monitoring of patients undergoing TKI treatment in clinical practice [30-32] have therefore been recommended.

Clinical trial reports of cardiovascular toxicity are limited by inadequate power and are known to underrepresent at risk patients such as older individuals or those with significant comorbidities [33]. Patients enrolled in RCTs are highly selected and likely not representative of patients treated in general practice [34]. Efficacy and toxicity outcomes have been shown to be different between patients treated on and off clinical trials even when treated at the same institution at the same time [35]. Therefore, an assessment of the potential cardiovascular toxicities of TKIs in a population of unselected cancer patients is desirable.

Here, we report on a population based observational cohort study to assess the rates of cardiovascular and cerebrovascular outcomes and death among cancer patients receiving TKIs. We hypothesized that, compared to the general population, cardiovascular events and cerebrovascular accidents would be more prevalent in a population of patients with advanced cancer receiving TKIs, particularly among individuals with a prior history of ischemic heart disease (IHD).

### **Materials and Methods**

#### **Data Sources**

The Ontario Health Insurance Plan (OHIP) is a publically funded health insurance program providing universal coverage for medically necessary care in Ontario, Canada— Canada's most populous province with approximately 13.5 million residents [36]. Each resident is assigned a unique Ontario Health Insurance Number (OHIN), which was used to link multiple administrative health databases. Databases and data sets were held securely in a linked, de-identified form and analyzed through the Institute for Clinical Evaluative Sciences (ICES).

The Ontario Cancer Registry (OCR) is a passive registry of invasive cancer diagnoses of Ontario residents from 1964 onwards [37, 38]. This registry was used to identify patients with oncological diagnoses. The Ontario Drug Benefit (ODB) program reimburses prescription medication for all Ontario residents  $\geq 65$  years old. Individuals between 18–64 years of age are eligible for ODB support only if requiring long-term care, home care, governmental financial assistance, disability support or financial assistance (defined as high prescription drug costs relative to income) [39]. The ODB was used to determine exposure to TKI medications and exposure to cardiac medications prescribed before the first TKI prescription. TKI medications were prescribed in line with ODB Exceptional Access Program (EAP) eligibility for these drugs [40].

Oncologic drug availability is a multi-step process in Canada. After federal Health Canada approval, the national pan-Canadian Oncology Drug Review (pCODR) evaluates a new cancer agent's efficacy and cost-effectiveness. A recommendation regarding funding the new agent is then issued. Individual provinces then review pCODR recommendations and manufacturer requests. Individual provincial funding decisions are made after consideration of expert reviews, governmental budgets and the public interest [41]. Once provincially approved by the Ontario Ministry of Health and Long-Term Care, an intravenous drug is available throughout Ontario through the New Drug Funding Program (NDFP). Oral agents are funded through the ODB, private insurance or self-pay mechanisms [42]. Prices of anti-cancer agents are negotiated privately between provinces and manufacturers and are details of agreements are not generally available publically.

The NDFP was used to identify individuals who received systemic treatment prior to or after TKI initiation. The Canadian Institute for Health Information Discharge Abstract Database (CIHI-DAD) holds a record of all discharges from acute care hospitals in Ontario. The National Ambulatory Care Reporting System (NACRS) provides a record of hospital and community based emergency and ambulatory care. The OHIP database also provides additional data of physician services from billing claims.

Baseline comorbidities were extracted from CIHI-DAD and NACRS using corresponding International Classification of Diseases codes (ICD10) in the 10 years preceding the index case. Baseline hypertension, IHD, congestive heart failure and diabetes were identified using validated algorithms. These algorithms use both in- and out-of-hospital diagnostic and billing codes [43–46].

The Ontario Registered Persons Database (ORPD) provided demographic data such as vital status, postal code and date of death. Cause of death was not available in the database. Canadian Census data was used to establish median household neighbourhood income, which was used as a surrogate for socioeconomic status [47]. Limitations of available databases prevented determination of when death occurred relative to TKI treatment completion.

# Study Design

The OCR was used to identify adults  $\geq$  18 years old from January 1, 2006 to September 30, 2012 with a first documented diagnosis of cancer. Prescription drug information was available for all adults  $\geq$  65 years old and limited for individuals between 18–64 years of age due to the aforementioned provincial criteria.

The ODB was used to identify all adults who were dispensed a TKI prescription at any point after their date of diagnosis. All individuals with any exposure to a TKI were initially included. The control group comprised all age and gender-matched individuals without cancer in the Ontario population during the time of interest. The control group was derived from the general population and was compared to the treatment group with respect to additional comorbidities. Drugs with fewer than 50 exposed patients were excluded from the analysis to reduce heterogeneity.

The impact of treatment on the cause specific hazard of IHD and cerebrovascular disease and on the hazard of death was evaluated. Outcomes were determined by identifying hospitalizations with a most responsible diagnosis of acute myocardial infarction (AMI), angina (ICD10 I20-I22 or I24) or cerebrovascular accident (ICD10 I60-I69 or G45). The outcome of IHD was defined as a composite of AMI and angina.

# Statistical Analysis

Descriptive statistical analyses were utilized and frequency of occurrence and percentage was calculated for each of the independent variables. Continuous baseline variables were compared between the treatment and control group using Wilcoxon Rank Sum test. Categorical baseline variables were compared using the  $\chi^2$  statistic. Time-to-event analyses were performed using the control population as the reference for each of the outcomes of interest. Time-to-event was defined as the time from first prescription of TKI to the event of interest. Hazard ratios (HR) and 95% confidence intervals (CI) were calculated. Pre-stratified subgroup analyses were performed based on the presence of previously diagnosed IHD. Patients were censored if an event of interest did not occur prior to September 30, 2012 (the end of follow-up). In the analysis of cause specific hazard for IHD or cerebrovascular disease, patients were censored at death or if they received systemic therapy or radiation during the year after TKI initiation. Kaplan-Meier survival curves were plotted to illustrate overall survival free of death, free of IHD and free of cerebrovascular accidents. All analyses were performed using SAS software, version 9.2 (SAS Institute Inc., Cary, NC). Statistical significance was defined using a two-tailed p-value of <0.05. Data cells involving  $\leq$  5 patients were not included in keeping with ICES' privacy regulations.

# **Ethics Statement**

The ICES review board and privacy office approved this study prior to commencement. Consent was not obtained from individual patients; however, all patient information was anonymized and de-identified by ICES prior to receipt by the investigators for analysis.

# Results

Seven TKIs were publically funded and in use between 2006 and 2012 in Ontario. Data for these drugs comprised 1046 patients treated with erlotinib, 430 with sunitinib, 166 with sorafenib, 46 with gefitinib, 11 with everolimus, 9 with temsirolimus and 5 with lapatinib. Data for gefitinib, everolimus, temsirolimus and lapatinib were excluded and consequently, a cohort of 1642 patients exposed to erlotinib, sunitinib and sorafenib were included in the analysis. These treatment patients were compared to 128,415 age and gender matched individuals without cancer who served as controls. The mean age of the TKI-treated patients was 65.2 years and 338 (20.6%) were identified as having baseline IHD, including 99 individuals (6.0%) who had a previous AMI (Table 1).

# Baseline Comparison of TKI-treated Individuals to Individuals Without Cancer

Baseline characteristics of the treatment and control group are shown in Table 1. The control group of age and gender-matched individuals without cancer was of similar age (65.4 versus 65.2, p = 0.61), but less likely to have prior IHD (18.0% versus 20.6%, p = 0.007), venous thromboembolism (1.5% versus 8.7%, p<0.001), renal disease (4.6% versus 5.7%, p = 0.028), and cardiac medication usage (angiotensin converting enzyme inhibitors, 20.4% versus 22.5%, p = 0.031; angiotensin receptor blockers, 8.5% versus 11.7%, p<0.001; beta-blockers, 15.8% versus 18.9%, p<0.001; calcium channel blockers, 17.0% versus 22.4%, p<0.001 and anti-dyslipidemia medications, 26.8% versus 32.4%, p<0.001). Baseline diagnosis of diabetes was not available; however, baseline usage of both oral hypoglycaemic agents (9.3% versus 15.1%, p<0.001) and insulin (2.6% versus 3.7%, p = 0.005) was less common among the control group. Usage of aspirin was greater among control patients (2.9% vs. 4.2%, p = 0.013). All TKI-treated patients had a stage IV cancer diagnosis, in keeping with ODB EAP eligibility criteria [40].

### Ischemic Cardiac and Cerebrovascular Outcomes and Death

Within the 380-day median follow-up period after TKI therapy initiation, 18 (1.1%) of the 1642 treatment patients developed an ischemic heart disease event requiring hospitalization, 11 (0.7%) developed a cerebrovascular accident requiring hospitalization and 1184 (72.1%) individuals died. Of the 18 cases of ischemic heart disease, 11 occurred in erlotinib treated patients, 5 in sunitinib treated patients and 2 in sorafenib treated patients. Of the 11 cases of cerebrovascular accidents, 8 occurred in erlotinib treated patients, 2 in sunitinib treated patients and 1 in sorafenib treated patients. These proportions closely mirrored the relative frequency of drug use in the population.

Cardiovascular events predominantly occurred late in follow-up (see Fig. 1). Of the 338 patients with baseline IHD, 11 (3.3%) had ischemic heart events during follow-up while 4 (1.2%) had cerebrovascular accidents and 245 (72.5%) died. Of the 1304 patients without baseline IHD, 7 (0.5%) had ischemic heart events, 7 (0.5%) had cerebrovascular accidents and 939 (72.0%) died. A comparison of time to cardiovascular event between patients with and without prior IHD is shown in Fig. 2. Compared to those without prior IHD, there was a numerical, but non-significantly higher hazard of cardiovascular events in those with prior IHD (HR 1.59, 95% CI 0.76–3.33, p = 0.22). Power to detect differences between these groups was low (20.3% assuming alpha = 0.05).

#### Comparison of Outcomes to Individuals Without Cancer

Compared to age and gender-matched non-cancer patients, patients exposed to TKI had similar rates of IHD and cerebrovascular accidents (<u>Table 2</u>), but a significantly higher hazard of death (<u>Fig. 3</u>). Results were similar for both the whole study population and the subgroup with IHD (<u>Table 2</u>). Due to small event numbers, additional subgroup analyses based on duration of treatment or type of TKI were not undertaken.



#### Table 1. Baseline Characteristics of the TKI-Treated Patients and Control Group.

Age         Maa ± Standard Deviation         65.23         10.7         65.4         13.9         0.61           < 65         645 (33.35)         58.772 (45.8%)         <0.001           ≥ 65         997 (90.7%)         09.483 (64.2%)         <0.001           < 39         25 (15.%)         NA*            40-64         620 (37.8%)         NA*            55.7         091 (42.1%)         NA*            56.7         091 (42.1%)         NA*            56.7         091 (42.1%)         NA*            56.7         091 (42.1%)         NA*            56.7         091 (42.1%)         NA*            56.3         72.24 (4.0%)         97.571 (82.%)         <0.001           Renat cell carcinoma         516 (31.4%)         NA            Tomor Type         Non-small cell lang cancer         1046 (53.7%)         NA           Cardiac Events 10 Years Before Index Dat         Angina         45 (2.7%)         5.21 (31.4%)         NA           Cardiac Events 10 Years Before Index Dat         Angina         45 (2.7%)         5.288 (3.9%)         0.0015           Cardiac Conaray Anej Organglavanitincion         99 (49	Variable	Value	Treatment	Control	p-value
Age         Mean ± Standard Deviation         65.23 ± 10.57         65.40 ± 13.39         0.611           < 65			N = 1,642	N = 128,415	
<ul> <li>&lt; 65</li> <li>645 (39.3%)</li> <li>68,772 (45.8%)</li> <li>640 (37.3%)</li> <li>644 (36.2%)</li> <li>539</li> <li>25 (1.5%)</li> <li>N/A*</li> <li>40-64</li> <li>620 (37.8%)</li> <li>N/A*</li> <li>56</li> <li>57-7</li> <li>306 (18.6%)</li> <li>N/A*</li> <li>56 (31.4%)</li> <li>N/A</li> <li>Tumor Type</li> <li>Non-small cell carcinoma</li> <li>516 (31.4%)</li> <li>N/A</li> <li>Hepatocellular carcinoma</li> <li>516 (31.4%)</li> <li>N/A</li> <li>Hepatocellular carcinoma</li> <li>616 (32.7%)</li> <li>7.042 (5.5%)</li> <li>0.335</li> <li>Angina</li> <li>45 (2.7%)</li> <li>5.026 (3.8%)</li> <li>0.015</li> <li>Congestive Heart Failure</li> <li>118 (7.2%)</li> <li>11.055 (8.6%)</li> <li>0.021</li> <li>Peroutaneous Coronary Angiography</li> <li>158 (8.3%)</li> <li>9.544 (7.5%)</li> <li>0.21</li> <li>Peroutaneous Coronary Angiography</li> <li>158 (2.5%)</li> <li>2.310 (18.5%)</li> <li>0.326</li> <li>Cardiorvascular Disease</li> <li>312 (2.5%)</li> <li>2.310 (18.6%)</li> <li>0.307</li> <li>Periptiard Vascular Disease</li> <li>314 (2.7%)</li> <li>3.310 (2.4%)</li> <li>0.007</li> <li>Dyelipdemia</li> <li>587 (0.5%)</li> <li>0.361</li> <li>Radiation</li> <li>587 (0.5%)</li> <li>0.361</li> <li>Concer Treatment Betore Index Date</li> <li>Paradianeo</li> <li>144 (8.7%)</li> <li>1313 (1.5%)</li> <li>0.007</li> <li>Dyelipdemia</li> <li>148 (8.7%)</li> <li>1313 (1.5%)</li> <li>0.007</li> <li>Concer Treatment Bitore Index Date</li> <li>Faradiation<td rowspan="2">Age</td><td>Mean ± Standard Deviation</td><td>65.23 ± 10.57</td><td>65.40 ± 13.39</td><td>0.611</td></li></ul>	Age	Mean ± Standard Deviation	65.23 ± 10.57	65.40 ± 13.39	0.611
> 65         997 (60.7%)         69.438 (64.2%)           < 39		< 65	645 (39.3%)	58,772 (45.8%)	< 0.001
< 99		$\geq$ 65	997 (60.7%)	69,643 (54.2%)	
40-64         620 (37.8%)         NA*           65-74         691 (42.1%)         NA*           75+         300 (18.6%)         NA*           Sex         Female         722 (44.0%)         87.571 (86.2%)         <0.01		< 39	25 (1.5%)	N/A*	
65-74         651 (42.15%)         NA*           Sex         Female         722 (44.0%)         87,571 (68.2%)         <0.001		40–64	620 (37.8%)	N/A*	
75+         306 (18.6%)         NA*           Sex         Female         722 (44.0%)         87,571 (68.2%)         <0.001		65–74	691 (42.1%)	N/A*	
Sex         Female         722 (44.0%)         87.57 (86.2%)         <0.001           Male         920 (56.0%)         40.844 (31.8%)		75+	306 (18.6%)	N/A*	
Male         920 (66.0%)         40.84 (31.8%)           Tumor Type         Non-small cell lung cancer         104 (63.7%)         N/A           Benal cell carcinoma         80 (4.9%)         N/A           Cardiac Events 10 Years Before Index Date         Acute Myocardial Infarction         99 (6.9%)         7,042 (5.5%)         0.335           Angina         45 (2.7%)         5,028 (3.9%)         0.041           Coronary Angiography         136 (33%)         9,584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.001           Coronary Aney Dysas Graft         25 (1.5%)         2,333 (1.9%)         -0.24           Coronary Aney Dysas Graft         25 (1.5%)         2,334 (1.9%)         -0.32           Coronary Aney Dysas Graft         25 (1.5%)         2,334 (1.9%)         -0.01           Peripheral Vascular Disease         33 (20.6%)         2,310 (1.4%)         -0.001           Peripheral Vascular Disease         338 (20.6%)         2,314 (1.6.%)         -0.001           Chronic Dialysis         54 (0.3%)         57 (0.5%)         -0.301           Coronary Aney Dysas         94 (5.7%)         5,337 (2.6%)         -0.001           Chronic Dialysis         54 (0.3%)         57 (0.5%)	Sex	Female	722 (44.0%)	87,571 (68.2%)	< 0.001
Tumor Type         Non-small cell lung cancer         104 (63,7%)         N/A           Renal cell carcinoma         516 (63,7%)         N/A           Cardiac Events 10 Years Before Index Date         Ancte Myocardial Infarction         99 (6.0%)         7.042 (5.5%)         0.335           Cardiac Events 10 Years Before Index Date         Ancte Myocardial Infarction         99 (6.0%)         7.042 (5.5%)         0.315           Conceptive Heart Failure         111 (7.2%)         11,055 (6.6%)         0.041           Coronary Angiography         136 (8.3%)         9,584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.404           Coronary Angiography         136 (8.3%)         9,584 (7.5%)         0.231           Percutaneous Coronary Intervention         45 (2.5%)         2,303 (1.9%)         0.302           Coronary Atroy Bypass Graft         25 (1.5%)         2,303 (1.9%)         0.007           Dyslipidemia         580 (6.5,3%)         37,022 (8.8%)         -0.001           Ratiation         138 (2.0%)         437 (2.26%)         -0.001           Real Disease         94 (5.7%)         5.82 (4.6%)         0.002           Cancer Treatment Before Index Date         Cherontherapy         1,230 (7.49%)         3,		Male	920 (56.0%)	40,844 (31.8%)	
Renal cell carcinoma         516 (31.4%)         N/A           Hepatocellular carcinoma         80 (49%)         N/A           Cardiac Events 10 Years Before Index Date         Acute Myocardial Infarction         99 (6.0%)         7,042 (5.5%)         0.335           Angina         45 (2.7%)         5,028 (3.9%)         0.015         Congestive Heart Failure         118 (7.2%)         11,055 (6.6%)         0.041           Coronary Antery Bypass Graft         25 (1.5%)         2,333 (1.9%)         0.424           Coronary Antery Bypass Graft         25 (1.5%)         2,333 (1.9%)         0.001           Derivative Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.404           Coronary Antery Bypass Graft         25 (1.5%)         2,333 (1.9%)         0.001           Derivative Coronary Intervention         45 (2.7%)         3,101 (2.4%)         0.004           Beterimic Heart Disease         33 (2.0%)         4,974 (3.9%)         0.001           Dyslipidemia         580 (35.3%)         37 (2.28 (2.8%)         0.001           Dyslipidemia         580 (35.3%)         37,722 (4.6%)         0.001           Readiation         837 (0.5%)         5,882 (4.6%)         0.002           Readiation         837 (0.25%)         5,311 (4.2%)         0.00	Tumor Type	Non-small cell lung cancer	1046 (63.7%)	N/A	
Hepatocellular carcinoma         80 (4.9%)         N/A           Cardiac Events 10 Years Before Index Date         Acute Myocardial Infarction         99 (6.0%)         7.042 (5.5%)         0.335           Congestive Heart Failure         118 (7.2%)         11,055 (8.6%)         0.041           Coronary Angiography         138 (6.3%)         9,584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.404           Coronary Artery Bypass Graft         25 (1.5%)         2.383 (1.9%)         0.32           Cerebrovascular Disease         33 (2.0%)         4.974 (3.9%)         -0.001           Peripheral Vascular Disease         33 (2.0%)         4.974 (3.9%)         -0.001           Dysipidemia         580 (65.3%)         37.028 (28.8%)         -0.001           Dysipidemia         580 (65.3%)         37.028 (28.8%)         -0.001           Renal Disease         94 (5.7%)         5.882 (4.6%)         0.028           Cancer Treatment Before Index Date         Chemotherapy         1.203 (74.9%)         3.377 (2.6%)         -0.001           Rabition         837 (51.0%)         2.236 (1.7%)         -0.001         Adjerin         48 (2.9%)         0.337           Baseline Medications         ACE Inhibitors		Renal cell carcinoma	516 (31.4%)	N/A	
Cardiac Events 10 Years Before Index Date         Acute Myocardial Infarction         99 (6.0%)         7,042 (5.5%)         0.335           Angina         45 (2.7%)         5,028 (3.9%)         0.015           Congestive Heart Failure         118 (7.2%)         11.055 (8.6%)         0.041           Coronary Angiography         136 (8.3%)         9,584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (1.7%)         2.33 (1.9%)         0.302           Cerebrovascular Disease         31 (2.0%)         4,974 (3.9%)         -0.001           Perpheral Vascular Disease         311 (6.8%)         7,234 (5.6%)         0.049           Ischemic Heart Disease         338 (20.6%)         4,974 (18.0%)         0.007           Dyslipidemia         580 (35.3%)         37,028 (28.8%)         -0.001           Chronic Dialysis         <50 (3.5%)		Hepatocellular carcinoma	80 (4.9%)	N/A	
Angina         45 (2.7%)         5,028 (3.9%)         0.015           Congestive Heart Failure         118 (7.2%)         11,055 (8.6%)         0.041           Coronary Angiography         136 (8.3%)         9.584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.404           Coronary Artery Bypass Graft         25 (1.5%)         2,333 (1.9%)         0.32           Cerebrovascular Disease         33 (2.0%)         4,974 (3.9%)         -0.001           Peripheral Vascular Disease         111 (6.5%)         7,234 (5.6%)         0.049           Ischemic Heart Disease         338 (20.6%)         23,104 (18.0%)         0.007           Dylipidemia         580 (35.3%)         37,028 (28.8%)         -0.001           Chronothorepay         143 (8.7%)         1,913 (1.5%)         -0.001           Renal Disease         94 (5.7%)         5,882 (4.6%)         0.028           Cancer Treatment Before Index Date         Chronothorepay         1,230 (74.9%)         3,377 (2.6%)         -0.001           Radiation         837 (51.0%)         2,236 (1.7%)         -0.001         ABIS         192 (11.7%)         10.970 (8.5%)         -0.001           Baseline Medications         370 (22.5%)         2,236 (1.7	Cardiac Events 10 Years Before Index Date	Acute Myocardial Infarction	99 (6.0%)	7,042 (5.5%)	0.335
Congestive Heart Failure         118 (7.2%)         11,055 (8.6%)         0.041           Coronary Angiography         136 (8.3%)         9,584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (2.7%)         3.110 (2.4%)         0.404           Coronary Artery Bypass Graft         25 (1.5%)         2.383 (1.9%)         0.32           Cerebrovascular Disease         33 (2.0%)         4.974 (3.9%)         -0.001           Peripheral Vascular Disease         33 (2.0%)         4.974 (3.9%)         -0.001           Dyslipidemia         580 (35.3%)         37.028 (28.8%)         -0.001           Dyslipidemia         580 (35.3%)         37.028 (28.8%)         -0.001           Chronic Dialysis         <5 (0.3%)		Angina	45 (2.7%)	5,028 (3.9%)	0.015
Coronary Angiography         136 (8.3%)         9,584 (7.5%)         0.21           Percutaneous Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.404           Coronary Artery Bypass Graft         25 (1.5%)         2,383 (1.9%)         0.32           Cerebrowscular Disease         33 (2.0%)         4,974 (3.9%)         -0.001           Peripheral Vascular Disease         33 (2.0%)         4,974 (3.9%)         -0.001           Dyslipidemia         580 (35.3%)         37,028 (28.8%)         -0.001           Dyslipidemia         580 (35.3%)         37,028 (28.8%)         -0.001           Renal Disease         94 (5.7%)         5,882 (4.6%)         0.028           Cancer Treatment Before Index Date         Chemotherapy         1,230 (74.9%)         3,377 (2.6%)         -0.001           Readiation         837 (51.0%)         2,236 (1.7%)         <0.001		Congestive Heart Failure	118 (7.2%)	11,055 (8.6%)	0.041
Percutaneous Coronary Intervention         45 (2.7%)         3,110 (2.4%)         0.404           Coronary Artery Bypass Graft         25 (1.5%)         2,383 (1.9%)         0.32           Cerebrovascular Disease         33 (2.0%)         4,974 (3.9%)         <0.001		Coronary Angiography	136 (8.3%)	9,584 (7.5%)	0.21
Coronary Artery Bypass Graft         25 (1.5%)         2,383 (1.9%)         0.32           Cerebrovascular Disease         33 (2.0%)         4,974 (3.9%)         <0.001		Percutaneous Coronary Intervention	45 (2.7%)	3,110 (2.4%)	0.404
Cerebrovascular Disease         33 (2.0%)         4,974 (3.9%)         <0.001           Peripheral Vascular Disease         111 (6.8%)         7,234 (5.6%)         0.049           Ischemic Heart Disease         338 (20.6%)         23,104 (18.0%)         0.007           Dyslipidemia         580 (35.3%)         37,028 (28.8%)         <0.001		Coronary Artery Bypass Graft	25 (1.5%)	2,383 (1.9%)	0.32
Peripheral Vascular Disease         111 (6.8%)         7,234 (5.6%)         0.049           Ischemic Heart Disease         338 (20.6%)         23,104 (18.0%)         0.007           Dyslipidemia         560 (35.3%)         37,022 (28.8%)         <0.001		Cerebrovascular Disease	33 (2.0%)	4,974 (3.9%)	< 0.001
Ischemic Heart Disease         338 (20.6%)         23,104 (18.0%)         0.007           Dyslipidemia         580 (35.3%)         37,028 (28.8%)         <0.001		Peripheral Vascular Disease	111 (6.8%)	7,234 (5.6%)	0.049
Dyslipidemia         580 (35.3%)         37,028 (28.8%)         <0.001           Chronic Dialysis         ≤5 (0.3%)         587 (0.5%)         0.361           Venous Thromboembolism         143 (8.7%)         1,913 (1.5%)         <0.001		Ischemic Heart Disease	338 (20.6%)	23,104 (18.0%)	0.007
Chronic Dialysis         ≤5 (0.3%)         587 (0.5%)         0.361           Venous Thromboembolism         143 (8.7%)         1,913 (1.5%)         <0.001		Dyslipidemia	580 (35.3%)	37,028 (28.8%)	<0.001
Venous Thromboembolism         143 (8.7%)         1,913 (1.5%)         <0.001           Renal Disease         94 (5.7%)         5,882 (4.6%)         0.028           Cancer Treatment Before Index Date         Chemotherapy         1,230 (74.9%)         3,377 (2.6%)         <0.001		Chronic Dialysis	≤5 (0.3%)	587 (0.5%)	0.361
Renal Disease         94 (5.7%)         5,882 (4.6%)         0.028           Cancer Treatment Before Index Date         Chemotherapy         1,230 (74.9%)         3,377 (2.6%)         <0.001           Baseline Medications         ACE Inhibitors         370 (22.5%)         26,171 (20.4%)         0.031           Baseline Medications         ACE Inhibitors         370 (22.5%)         26,171 (20.4%)         0.031           ABs         192 (11.7%)         10,970 (8.5%)         <0.001           Aspirin         48 (2.9%)         5,331 (4.2%)         0.013           Thienopyridene Derivatives         42 (2.6%)         3.921 (3.1%)         0.246           Beta Blockers         310 (18.9%)         20,335 (15.8%)         <0.001           Digoxin         35 (2.1%)         3.273 (2.5%)         0.286           Anti-Dyslipidemia Medications         532 (32.4%)         34,394 (26.8%)         <0.001           Digoxin         35 (2.1%)         3.273 (2.5%)         0.286           Anti-Dyslipidemia Medications         532 (32.4%)         34,394 (26.8%)         <0.001           Digoxin         35 (2.1%)         3.273 (2.5%)         <0.001           Anti-Dyslipidemia Medications         532 (32.4%)         34,394 (26.8%)         <0.001           Other Diu		Venous Thromboembolism	143 (8.7%)	1,913 (1.5%)	< 0.001
Cancer Treatment Before Index Date         Chemotherapy         1,230 (74.9%)         3,377 (2.6%)         <0.001           Baseline Medications         ACE Inhibitors         370 (22.5%)         26,171 (20.4%)         0.031           ARBs         192 (11.7%)         10,970 (8.5%)         <0.001		Renal Disease	94 (5.7%)	5,882 (4.6%)	0.028
Radiation         837 (51.0%)         2,236 (1.7%)         <0.001           Baseline Medications         ACE Inhibitors         370 (22.5%)         26,171 (20.4%)         0.031           ARBs         192 (11.7%)         10,970 (8.5%)         <0.001	Cancer Treatment Before Index Date	Chemotherapy	1,230 (74.9%)	3,377 (2.6%)	< 0.001
Baseline Medications         ACE Inhibitors         370 (22.5%)         26,171 (20.4%)         0.031           ARBs         192 (11.7%)         10,970 (8.5%)         <0.001		Radiation	837 (51.0%)	2,236 (1.7%)	< 0.001
ARBs         192 (11.7%)         10,970 (8.5%)         <0.001           Aspirin         48 (2.9%)         5,331 (4.2%)         0.013           Thienopyridene Derivatives         42 (2.6%)         3,921 (3.1%)         0.246           Beta Blockers         310 (18.9%)         20,335 (15.8%)         <0.001	Baseline Medications	ACE Inhibitors	370 (22.5%)	26,171 (20.4%)	0.031
Aspirin       48 (2.9%)       5,331 (4.2%)       0.013         Thienopyridene Derivatives       42 (2.6%)       3,921 (3.1%)       0.246         Beta Blockers       310 (18.9%)       20,335 (15.8%)       <0.001		ARBs	192 (11.7%)	10,970 (8.5%)	< 0.001
Thienopyridene Derivatives         42 (2.6%)         3,921 (3.1%)         0.246           Beta Blockers         310 (18.9%)         20,335 (15.8%)         <0.001		Aspirin	48 (2.9%)	5,331 (4.2%)	0.013
Beta Blockers         310 (18.9%)         20,335 (15.8%)         <0.001           Calcium Channel Blockers         368 (22.4%)         21,846 (17.0%)         <0.001		Thienopyridene Derivatives	42 (2.6%)	3,921 (3.1%)	0.246
Calcium Channel Blockers         368 (22.4%)         21,846 (17.0%)         <0.001           Digoxin         35 (2.1%)         3,273 (2.5%)         0.286           Anti-Dyslipidemia Medications         532 (32.4%)         34,394 (26.8%)         <0.001		Beta Blockers	310 (18.9%)	20,335 (15.8%)	< 0.001
Digoxin         35 (2.1%)         3,273 (2.5%)         0.286           Anti-Dyslipidemia Medications         532 (32.4%)         34,394 (26.8%)         <0.001		Calcium Channel Blockers	368 (22.4%)	21,846 (17.0%)	< 0.001
Anti-Dyslipidemia Medications       532 (32.4%)       34,394 (26.8%)       <0.001		Digoxin	35 (2.1%)	3,273 (2.5%)	0.286
Aldosterone Antagonists       42 (2.6%)       2,806 (2.2%)       0.305         Loop Diuretics       197 (12.0%)       11,771 (9.2%)       <0.001		Anti-Dyslipidemia Medications	532 (32.4%)	34,394 (26.8%)	< 0.001
Loop Diuretics         197 (12.0%)         11,771 (9.2%)         <0.001           Other Diuretics         211 (12.9%)         15,542 (12.1%)         0.356           Statins         510 (31.1%)         32,933 (25.6%)         <0.001		Aldosterone Antagonists	42 (2.6%)	2,806 (2.2%)	0.305
Other Diuretics         211 (12.9%)         15,542 (12.1%)         0.356           Statins         510 (31.1%)         32,933 (25.6%)         <0.001		Loop Diuretics	197 (12.0%)	11,771 (9.2%)	<0.001
Statins         510 (31.1%)         32,933 (25.6%)         <0.001           Oral Hypoglycemics         248 (15.1%)         11,972 (9.3%)         <0.001		Other Diuretics	211 (12.9%)	15,542 (12.1%)	0.356
Oral Hypoglycemics         248 (15.1%)         11,972 (9.3%)         <0.001           Insulins         61 (3.7%)         3,339 (2.6%)         0.005           Warfarin         100 (6.1%)         6,668 (5.2%)         0.104           Low Molecular Weight Heparin         177 (10.8%)         896 (0.7%)         <0.001		Statins	510 (31.1%)	32,933 (25.6%)	<0.001
Insulins         61 (3.7%)         3,339 (2.6%)         0.005           Warfarin         100 (6.1%)         6,668 (5.2%)         0.104           Low Molecular Weight Heparin         177 (10.8%)         896 (0.7%)         <0.001		Oral Hypoglycemics	248 (15.1%)	11,972 (9.3%)	<0.001
Warfarin         100 (6.1%)         6,668 (5.2%)         0.104           Low Molecular Weight Heparin         177 (10.8%)         896 (0.7%)         <0.001		Insulins	61 (3.7%)	3.339 (2.6%)	0.005
Low Molecular Weight Heparin         177 (10.8%)         896 (0.7%)         <0.001           Nitrates         79 (4.8%)         7,869 (6.1%)         0.027           Non-Steroidal Anti-Inflammatory Drugs         318 (19.4%)         18,541 (14.4%)         <0.001		Warfarin	100 (6.1%)	6.668 (5.2%)	0.104
Nitrates         79 (4.8%)         7,869 (6.1%)         0.027           Non-Steroidal Anti-Inflammatory Drugs         318 (19.4%)         18,541 (14.4%)         <0.001		Low Molecular Weight Heparin	177 (10.8%)	896 (0.7%)	< 0.001
Non-Steroidal Anti-Inflammatory Drugs         318 (19.4%)         18,541 (14.4%)         <0.001           Physician Visits in Past Year         Primary care provider visits in past year         16.13 ± 14.08         9.80 ± 9.40         <0.001		Nitrates	79 (4.8%)	7,869 (6.1%)	0.027
Physician Visits in Past YearPrimary care provider visits in past year16.13 ± 14.089.80 ± 9.40<0.001		Non-Steroidal Anti-Inflammatory Drugs	318 (19.4%)	18.541 (14.4%)	< 0.001
	Physician Visits in Past Year	Primary care provider visits in past year	16.13 ± 14.08	9.80 ± 9.40	< 0.001

(Continued)

#### Table 1. (Continued)

Variable	Value	Treatment	Control	p-value
	Specialist visits/consults in past year	31.46 ± 16.51	9.36 ± 9.94	< 0.001
	Total number of physician visits in past year		19.31 ± 15.87	< 0.001
Drug Name	Erlotinib	1046 (63.7%)	N/A	
	Sorafenib	166 (10.1%)	N/A	
	Sunitinib	430 (26.2%)	N/A	

ACE, Angiotensin Converting Enzyme; ARBs, Angiotensin II Receptor Blockers; N/A\*, Not Available; N/A, Not Applicable; TKI, tyrosine kinase inhibitor

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### Discussion

While data are available to inform about TKI-induced cardiac toxicity among patients treated in clinical trials, less is known about such toxicities in patients treated in routine clinical practice. This population-based study of all patients treated in Ontario, Canada demonstrates that TKI use among advanced cancer patients did not show significantly higher rates of cardiovascular adverse events relative to the general population. Furthermore, those events which did occur appeared to be more frequent later in follow-up. As expected, in the stratified analyses, a trend for higher rates of ischemic heart disease and cerebrovascular accidents was seen among individuals with a history of prior IHD. Despite TKI-treated patients having higher rates of baseline cardiac comorbidities and usage of cardiac medications than the general population, rates of cardiac events were low overall, while death events (presumably from the underlying malignancy) were frequent.





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Although aggressive management of TKI-induced cardiac toxicity and cardiovascular risk factors is advocated [30-32, 48], our study suggests in advanced cancer patients, given the overwhelming mortality from malignancy, aggressive cardiovascular risk factor management is unlikely to significantly impact survival. These results are consistent with recent randomized data showing that discontinuation of preventative cardiac medications does not lead to worse survival and may improve quality of life in metastatic patients [49].

Variable	Number (%)	HR	95% CI	p-value
1. Entire Population				
Mortality	1184 (72.1)	1.73	1.63–1.84	<0.0001
Cerebrovascular Accidents	11 (0.7)	0.62	0.34-1.12	0.11
Ischemic Heart Events	18 (1.1)	0.82	0.52-1.30	0.4
2. No Prior Ischemic Heart Disease				
Mortality	939 (72)	1.84	1.73–1.97	<0.0001
Cerebrovascular Accidents	7 (0.5)	0.54	0.26-1.14	0.10
Ischemic Heart Events	7 (0.5)	0.64	0.30-1.34	0.24
3. Prior Ischemic Heart Disease				
Mortality	245 (72.5)	1.38	1.22-1.57	<0.0001
Cerebrovascular Accidents	4 (1.2)	0.80	0.30-2.14	0.65
Ischemic Heart Events	11 (3.3)	1.02	0.56–1.85	0.94

CI, confidence interval; HR, hazard ratio; Ischemic Heart Events (includes both Acute Myocardial Infarctions and Angina)

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The practice of aggressive cardiac risk factor management may have contributed to the low rates of cardiovascular events and cerebrovascular accidents in this study. Toxicity has been suggested as a pharmacodynamics marker for targeted anti-neoplastic drugs [50]. On-target side effects, such as arterial hypertension, can potentially serve as a biomarker for efficacy [51, 52]. Although a risk factor for cardio- and cerebrovascular disease, aggressive management with anti-hypertensive medications is advocated for as opposed to dose reduction or discontinuation [31, 32]. When cardiovascular side effects represent off-target side effects (which are not pharmacodynamics markers), dose maintenance is still advocated to maximize oncologic control through on-target mechanisms [31, 32].

Fortunately, most cardiovascular toxicities specific to TKIs appear reversible with aggressive and early management [13, 32, 48]. This reversibility is increasingly important in the management of subgroups of patients with good prognoses. Renal cell carcinoma, for example, can behave heterogeneously, with patients with good prognosis disease remaining on TKIs for several years [53]. In such subgroups of patients, particularly if cardiac risk factors exist, aggressive cardiac optimization may prevent deaths from cardiovascular outcomes. As many of the events in this study occurred later in the follow-up period, this finding is applicable to individuals who remain on TKIs for long periods of time. TKI usage is also being increasingly used in the adjuvant setting for prolonged durations [54], thus further necessitating minimization of longterm adverse effects.

Other known baseline cardiovascular risk factors may have contributed to death events, yet may not have been adequately captured. Risk factors such as diabetes and renal disease [55, 56] were not included in the validated algorithm used to establish baseline IHD [46]. Those with

baseline diabetes or renal disease may not have been as aggressively managed for these comorbidities. Often, concerns of hypoglycaemia result in relaxed glycemic control [57, 58]. Those without overt baseline IHD, yet with other cardiovascular risk factors may be at higher likelihood for adverse events. Due to small numbers, a subgroup analysis to assess this was not possible.

The validated IHD algorithm used in this study assessed two physician billing codes (with one of the billing codes being from a physician in a hospital or emergency room setting) or one hospital discharge abstract to identify patients with IHD [<u>46</u>]. This algorithm excluded family physician diagnosis of angina or silent MI, which can be exclusively managed as an outpatient, and may have led to under-reporting of the prevalence of IHD [<u>46</u>].

This study has limitations. First, there is the potential for selection bias. Medications included in our analysis were available only to patients meeting certain criteria consistent with the registration trial supporting marketing of this drug. The effect of these drugs on individuals not meeting these criteria is unclear. Additionally, the NDFP only captures new or more expensive systemic treatments administered throughout the province. The proportion of cancer patients receiving chemotherapy prior to TKI initiation may be higher than captured through this study. The impact on subsequent cardiac outcomes is unlikely given the currently high proportion of chemotherapy use identified. Also, as a passive cancer registry, the OCR may not identify all cancer cases, as non-registry personnel may not be familiar with all reporting criteria and terminology. Second, we were unable to capture individuals treated with TKIs funded by mechanisms other than ODB, such as private drug insurance and self-pay options. Individuals with private drug coverage may also represent a different distribution of socioeconomic status (SES) compared to those relying on public healthcare coverage. SES has been shown to impact the survival of oncology patients, with lower SES being linked to poorer outcomes and decreased survival [59–61]. Thirdly, as a population-based study, expansion of the sample size to increase event rates is not possible. Finally, granularity of detail is not available in the ICES administrative databases. Therefore, information relating to previous radiation treatment, dose of TKI, duration of treatment and cause of death was not available in most cases. This limitation, may lead to some uncertainty regarding the results.

In summary, individuals treated with TKIs have a significantly higher hazard of death relative to the general population. Cause specific hazards of IHD and of cerebrovascular accidents are not increased. Our results are consistent with recent randomized data suggesting that discontinuation of cardio-protective medications is safe, presumably since the absolute rate of cardiac events is very low. The increased mortality identified in this study is likely reflective of the underlying malignant process. More careful surveillance and management of cardiac risks is likely only warranted in the subgroup of patients with an expected prolonged survival.

# **Author Contributions**

Conceived and designed the experiments: AO BS MK EA. Performed the experiments: AO BS EA MK. Analyzed the data: AS JLE AO BS MK EA. Contributed reagents/materials/analysis tools: AO BS MK EA. Wrote the paper: AS JLE AO BS MK EA.

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