Survey Instrument

A. Socio-demographic characteristics

- 1. Sex: Male/Female
- 2. Age:
- 3. Highest level of education:
 - Certificate/Diploma/Bachelor's/MLSD/Master's/Doctorate
- 4. Region of hometown (family ties):
- 5. Tribe/Ethnicity: Akan/Ewe/Ga/Ga-Dangbe/Bono/Dagomba/Nanumba/Mamprusi/Gonja/Komkombas/others
- 6. Disability: Yes, mental/Yes, physical/Yes, both physical and mental/No, none/Don't know or not sure

B. Workplace characteristics

- 1. Geographical area of health facility: Urban/Rural/peri-urban (define)
- 2. Region of health facility:
- 3. Laboratory setting: CHPS/Health centers and Polyclinics/District Hospital/Regional Hospital/Reference laboratory or Research Laboratory/Teaching Hospital/Quaternary /Quasi-Government /Private hospital/ Private Laboratory/other
- 4. Primary Laboratory Department: Microbiology/Cytopathology or cytology or histopathology/Molecular/Haematology/Blood Banking/Biochemistry or chemistry/Immunology/Front desk or reception/Phlebotomy/All-in-one laboratory/other
- 5. Medical Laboratory Professional's Employment characteristics
- 6. Role in clinical laboratory: Upper management (eg Director, Regional Medical Laboratory Scientist)/Laboratory manager/supervisor/Education coordinator or instructor/Quality manager/Fellow/Consultant/other/none
- 7. Profession: Phlebotomist/Medical Laboratory Assistant/Medical Laboratory Technician/Medical Laboratory Scientist/Academician, Lecturer or Researcher
- 8. Total years of work experience:
- 9. Current cadre or grade: Medical Laboratory Assistant/ Senior Med Laboratory Assistant/Principal Med Lab Assistant/Medical Laboratory Technician/Senior Medical Laboratory Technician/Principal Medical Laboratory Technician/ Medical Laboratory Scientist/Senior Medical Laboratory Scientist/Deputy Chief Medical Laboratory Scientist/Chief Medical Laboratory Scientist/Other
- 10. Years worked at current cadre or grade:
- C. Validated Revised Negative Acts Questionnaire (NAQ-R) in the Past 12 months [22 items on a 5-likert scale) (Answers: Never (1), Yes (previously or now) (2), Yes (monthly) (3), Yes (weekly) (4), Yes (daily) (5)]

Work-related threat

- 1. Someone withholding information, which affects your performance
- 2. Being ordered to do work below your level of competence
- 3. Having your opinions ignored
- **4.** Being given tasks with unreasonable deadlines
- 5. Excessive monitoring of your work
- **6.** Pressure not to claim something to which by right you are entitled (eg, sick leave, holiday entitlement, travel expenses)
- 7. Being exposed to an unmanageable workload Person-related threats
- **8.** Being humiliated or ridiculed in connection with your work
- **9.** Having key areas of responsibility removed or replaced with more trivial or unpleasant tasks
- 10. Spreading of gossip and rumors about you
- 11. Being ignored or excluded
- **12.** Having insulting or offensive remarks made about your person, attitudes, or your private life
- 13. Hints or signals from others that you should quit your job
- **14.** Repeated reminders of your errors or mistakes
- **15.** Being ignored or facing a hostile reaction when you approach 16. Persistent criticism of your errors or mistakes
- 17. Practical jokes carried out by people you don't get along with
- 18. Having allegations made against you
- 19. Being the subject of excessive teasing and sarcasm **Physically**

intimidating threats

- 20. Being shouted at or being the target of spontaneous anger
- 21. Intimidating behaviors such as finger-pointing, invasion of personal space, shoving, blocking your way
- 22. Threats of violence or physical abuse or actual abuse

D. Supplementary Questions

- Perpetrators of work-place bullying (multiple responses): Facility management
 Administration-Non-clinical (all levels including district and regional managers)/ Facility
 Management Clinical (all levels including district and regional managers)/Laboratory
 manager/Direct supervisor/Peers or colleagues/Staff of other professions (eg: nursing,
 medical, security etc)/
- 2. Have you taken your annual leave for the past 12 months? Yes/No
- 3. How many times have you been granted your annual leave since you started working in the laboratory? (Remember: each year, you are entitled to 1 annual leave):
- 4. Does your facility give a mental health day break or off day? Yes/No
- 5. Have you ever bullied someone at the workplace? Yes/No

- 6. If yes, what were the reasons (multiple responses): The person is a foreigner/ the person belongs to an inferior tribe or ethnic group or a tribe I do not like/the work environment is full of hateful, envies and toxic people /the person was not my friend or belong to my direct cohort of relatable peers/the person always makes mistakes on the bench or when working/the person worked with COVID-19 patients or had COVID-19/the person had a disability/I was stressed at work/poor management culture/to command respect/to gain validation/we were competing/I was grieved or traumatized/religious reasons/I don't like people of the opposite sex/the person refused my proposal to have an affair with me/this facility is full of bullies hence I must reciprocate/other
- 7. Does the facility/laboratory have a no bully policy? Yes/No
- 8. Have the facility/laboratory provided resources to prevent bullying? Yes/No
- 9. Is there reporting structures in place to communicate the negative acts to facility/laboratory management? Yes/No
- 10. If yes, what are the structures? Using the suggesting box/report to your immediate supervisor/report to lab manager/ report directly to facility management/others
- 11. Do you feel comfortable reporting issues such as bullying to facility/laboratory management? Yes/No
- 12. If No, why? (multiple responses): Because the hospital/laboratory management does nothing to the perpetrators/ because the facility managers are the bullies/because the laboratory managers are the bullies/other
- 13. How do you plan to stop the bullies? Take transfer/Fight them back/quit work/report to the Police/other