

1 **Capturing sclera anisotropy using direct collagen fiber models.**
2 **Linking microstructure to macroscopic mechanical properties.**

3
4
5 Fengting Ji^{1,3}, Mohammad R. Islam^{1,2}, Frederick Sebastian⁴, Xuehuan He¹,
6 Hannah Schilpp¹, Bingrui Wang¹, Yi Hua^{1,5}, Rouzbeh Amini⁴, Ian A. Sigal^{1,3*}

7
8 ¹ Department of Ophthalmology, University of Pittsburgh, Pittsburgh, PA

9 ² Department of Mechanical Engineering, University of Texas Rio Grande Valley, Edinburg, TX

10 ³ Department of Bioengineering, University of Pittsburgh, Pittsburgh, PA

11 ⁴ Department of Bioengineering, Northeastern University, Boston, MA

12 ⁵ Department of Biomedical Engineering, University of Mississippi, University, MS

13
14 **Short Title:** Modeling sclera fibrous anisotropy

15
16 * **Correspondence:**

17 Ian A. Sigal, Ph.D.

18 Laboratory of Ocular Biomechanics

19 Department of Ophthalmology, University of Pittsburgh Medical Center,

20 1622 Locust St. Rm 7.382, Pittsburgh, PA, USA. 15219

21 Email: ian@OcularBiomechanics.com

22 www.OcularBiomechanics.org

23
24 **Keywords:** Collagen, Microstructure, Sclera, Finite element modeling, Biomechanics

25
26
27 **Disclosures:** F. Ji, None; M.R. Islam, None; F. Sebastian, None; H. Schilpp, None; B. Wang
28 None; Y. Hua, None; R. Amini, None; I.A. Sigal, None.

29
30
31 **Funding:** This work was supported in part by the National Institutes of Health R01-EY023966,
32 P30-EY008098, and T32-EY017271 (Bethesda, MD). The Eye and Ear Foundation (Pittsburgh,
33 PA). Research to Prevent Blindness (unrestricted grant to UPMC ophthalmology, and Stein
34 innovation award to Sigal IA).

35
36
37
38
39
40

41 **Abstract**

42 Because of the crucial role of collagen fibers on soft tissue mechanics, there is great interest
43 in techniques to incorporate them in computational models. Recently we introduced a direct
44 fiber modeling approach for sclera based on representing the long-interwoven fibers. Our
45 method differs from the conventional continuum approach to modeling sclera that homogenizes
46 the fibers and describes them as statistical distributions for each element. At large scale our
47 method captured gross collagen fiber bundle architecture from histology and experimental
48 intraocular pressure-induced deformations. At small scale, a direct fiber model of a sclera
49 sample reproduced equi-biaxial experimental behavior from the literature. In this study our goal
50 was a much more challenging task for the direct fiber modeling: to capture specimen-specific 3D
51 fiber architecture and anisotropic mechanics of four sclera samples tested under equibiaxial and
52 four non-equibiaxial loadings. Samples of sclera from three eyes were isolated and tested in five
53 biaxial loadings following an approach previously reported. Using microstructural architecture
54 from polarized light microscopy we then created specimen-specific direct fiber models. Model
55 fiber orientations agreed well with the histological information (adjusted R^2 's > 0.89). Through an
56 inverse-fitting process we determined model characteristics, including specimen-specific fiber
57 mechanical properties to match equibiaxial loading. Interestingly, the equibiaxial properties also
58 reproduced all the non-equibiaxial behaviors. These results indicate that the direct fiber
59 modeling method naturally accounted for tissue anisotropy within its fiber structure. Direct fiber
60 modeling is therefore a promising approach to understand how macroscopic behavior arises
61 from microstructure.

62

63 1. Introduction

64 Collagen fibers serve as the primary load-bearing component of soft tissues, and in
65 particular of sclera [1-5], Hence, they are crucial for understanding the mechanical behavior of
66 the eye, and how it relates to eye physiology and pathology [4, 6-8]. Because of the fragility and
67 difficulty in accessing the eye, especially the posterior pole, computational modeling has
68 emerged as a key approach to study the relationship between scleral fiber structure and
69 mechanics [5, 9-14]. The most popular techniques for modeling sclera, however, are based on a
70 continuum mechanics framework and do not account for several potentially crucial
71 characteristics such as fiber interweaving, fiber-fiber interactions and the long-distance effects
72 of fibers. Neglecting interweaving and fiber-fiber interactions can, for example, lead to significant
73 errors when estimating the mechanical properties of sclera fibers by inverse fitting [15].
74 Accurately incorporating fiber characteristics at the microscale is also likely crucial to predicting
75 correctly the effects at the cellular and axonal scales [16].

76 We recently introduced a direct fiber modeling technique [17]. The approach is based on
77 detailed histology-based specimen-specific fiber orientations obtained through polarized light
78 microscopy (PLM) [18] while considering fiber interweaving, fiber-fiber interactions, and long
79 fibers. We have demonstrated the direct fiber modeling approach in two studies with different
80 scales. In the first we reconstructed a model of a small sample of temporal sclera, and then
81 used an inverse fitting approach to match experimental equi-biaxial stress-strain data from the
82 literature, simultaneously capturing the behavior in both radial and circumferential directions [17].
83 In the second study, we applied the direct fiber modeling approach to reconstruct a model of the
84 optic nerve head and adjacent tissues, a substantially larger region than the sclera sample.
85 Because of the size and complexity of the region modeled we had to modify how we used the
86 histological data to reconstruct the model. For example, we focused on modeling fiber bundles
87 200-400um-thick over small fibers. The model successfully captured the gross behavior of the
88 optic nerve head under inflation caused, including the emergent nonlinear behavior despite
89 having been simulated with linear tissue mechanical properties [19]. Although both studies show
90 the promise of the direct fiber modeling approach, they have important limitations. First, the
91 histological information was from a sheep eye and the experimental tests data from a pig eye.
92 Second, only one posterior sclera sample was analyzed, and therefore we could not establish
93 that the technique can recover specimen-specific information. Third, our previous testing of the
94 model's behavior was limited to equi-biaxial loading conditions, neglecting the more complex
95 anisotropic conditions that the sclera may experience in physiological contexts [2].

96 Our aim in this study was to conduct a much more challenging test of the direct fiber
97 modeling's approach ability to capture sclera microstructure and anisotropic mechanics. First,
98 we evaluated the accuracy of a direct fiber model representation of the complex specimen-
99 specific collagen structure of four sclera samples from different eyes. Second, we evaluated the
100 ability of a direct fiber model to capture specimen-specific anisotropy under equibiaxial and non-
101 equibiaxial conditions. This work helps understand better the capabilities of direct fiber modeling
102 of sclera so that the tool can later be used to study other soft fibrous tissues.

103

104 **2. Methods**

105 This section is organized in three parts according to the project steps. First, biaxial
106 mechanical testing was conducted on healthy sheep posterior pole samples to obtain their
107 stress-strain responses under five different loading protocols. Second, the same samples used
108 for mechanical testing were fixed and sectioned, and the sections imaged using PLM. The PLM
109 images were post-processed and used to build direct fiber models with the fiber orientation data.
110 Each direct fiber model consisted of a fibrous component embedded in a matrix representing
111 the non-collagenous components. The combined fiber and matrix model was used in an inverse
112 fitting optimization process to match the simulated stress-strain behaviors with experimental
113 data acquired under equi-biaxial testing. The inverse process produced specimen-specific fiber
114 material properties and pre-stretching strains.

115 All the image processing was done in MATLAB v2020 (MathWorks, Natick, MA, USA) and
116 FIJI is Just ImageJ (FIJI) [20, 21]. Modeling was done in Abaqus 2020X (Dassault Systemes
117 Simulia Corp., Providence, RI, 171 USA). Customized code and the GIBBON toolbox [22] for
118 MATLAB v2020 (MathWorks, Natick, MA, USA) were used for model pre/post-processing and
119 inverse fitting.

120 **2.1 Biaxial mechanical testing**

121 The experimental procedures were conducted in Northeastern University, utilizing a
122 methodology previously described [23, 24]. The study was conducted in accordance with the
123 tenets of the Declaration of Helsinki and the Association of Research in Vision and
124 Ophthalmology's statement for the use of animals in ophthalmic and vision research. Three
125 fresh sheep eyes were obtained from a local slaughterhouse within 24 hours postmortem and
126 immediately transferred to the lab in a cold isotonic phosphate buffer saline (PBS) solution.
127 Upon arrival, two posterior sclera samples measuring 11mm x 11mm were carefully excised
128 from both temporal and superior quadrants, approximately 2 to 3 mm away from the sclera
129 canal (Figure 1 A). For the purpose of optical tracking and tissue deformation/strain analysis,
130 four submillimeter glass markers were affixed to the surface of each sample.

131 The sample was then mounted onto the biaxial testing equipment using fish hooks, with the
132 loading axes aligned with the circumferential and radial directions of the sample (Figure 1 B and
133 C). A 0.5g tare load was initially applied to flatten the sample. Subsequently, each sample was
134 subjected to biaxial stress control and underwent five distinct loading protocols (Table 1). Each
135 loading protocol consisted of ten 20-second cycles. The first nine cycles served as a

136 preconditioning phase, while data from the last loading cycle was used for subsequent analysis.
137 Based on preliminary tests, a maximum stress level of 150kPa was applied, as it allowed the
138 sample to maintain sample shape without incurring damage. Once the stress-strain data were
139 obtained, the samples were carefully unmounted from the biaxial testing equipment and
140 immersion fixed in 10% formalin for 24 hours. We chose formalin because it has been shown to
141 cause only minimal changes in the shape or size of ocular tissues [25].

142 Temporal and superior samples from three eyes produced six samples. Two of the samples
143 were excluded from further analysis because of tissue damage incurred during the experimental
144 procedures. Hence, the rest of the analysis is based on stress-strain responses from four
145 samples. More details regarding these samples can be found in Table 2.

146 At the initial stages of the loading tests, the experimental stress-strain data exhibited
147 relatively high noise and variability compared with more stable later steps. These points were
148 excluded from the inverse fitting process. We applied a moving average smoothing algorithm to
149 reduce the noise in the rest of the stress-strain curves [26]. For the rest of the analysis, we used
150 the experimental data after smoothing.

151 **2.2 Histology, polarized light microscopy and image post-processing**

152 Following the fixation process, the samples were cryo-sectioned into 20 μm slices (Figure 2).
153 To be able to reconstruct accurately the 3D architecture of the samples we used a process
154 involving both coronal sections (parallel to the surface of the sample) and sagittal sections
155 (perpendicular to the surface sample). For coronal sections, serial sectioning was performed at
156 the center of the sample, every section was collected starting when there was visible sclera and
157 stopping when the sclera was no longer visible. The number of sections collected varied among
158 the different samples, and the specific quantities are detailed in Table 2. For sagittal sections,
159 two slabs from the edge of the square-shaped sample were obtained. In this way we were able
160 to obtain high resolution coronal data from the core of the tested sample, and high-resolution
161 transverse data at the core edge. Coronal and sagittal sections approximate two orthogonal
162 views of the collagen structure, providing information on the three-dimensional organization of
163 the fibers.

164 All sections were imaged with PLM as described before [18, 27]. Briefly, two polarized filters
165 (Hoya, Tokyo, Japan) were used, one a polarizer and the other an analyzer, to collect images at
166 four filter orientations 45° apart. The images were all captured using an Olympus MVX10
167 microscope (1x magnification setting, 6.84 $\mu\text{m}/\text{pixel}$).

168 PLM images were processed to derive the in-plane collagen orientation at each pixel (in
169 Cartesian coordinates) and a parameter that we referred to as “energy” [28]. Energy helped
170 identify regions without collagen, such as outside of the section, and regions where the collagen
171 fibers were primarily aligned out of the section plane, so that they can be accounted for in the
172 orientation distribution. Following the processing of PLM images, all images obtained from a
173 single sample were sequentially stacked and registered based on the sharp edges [29]. After
174 registration, the original images underwent reprocessing to obtain "corrected" orientation angles
175 that are consistent across all the sections.

176 To focus on a specific area for subsequent construction of the direct fiber model, we
177 selected a square-shaped block positioned at the center of the coronal sections. The
178 dimensions of this selected block were 4.1x4.1mm (Figure 3A). However, due to the irregular
179 shape of the tissue and the folds caused during tissue sectioning, the stack of cropped blocks
180 exhibited variations in thickness (Figure 3C). In order to facilitate fiber tracing for the
181 construction of the direct fiber model, we implemented a linear interpolation algorithm, as
182 described by Akima [30, 31]. The interpolation algorithm was employed to interpolate angle and
183 energy values at each location in-depth within the stack, thereby converting the inconsistent
184 thicknesses into a uniform value. As a result of this interpolation, the image stack was
185 transformed into a uniform and regular block (Figure 3D). Importantly, this interpolation process
186 did not alter the orientation distribution of the fibers within the stack.

187 To validate the geometry of the direct fiber model, we computed both the coronal and
188 sagittal collagen fiber orientation distributions. For the coronal orientation distribution, we utilized
189 the pixel-level PLM data obtained from the original image stack, taking into account the local
190 "energy" at each pixel. Similarly, for the sagittal orientation distribution, we summed up the PLM
191 data obtained from the cropped block of the two sagittal sections (depicted in Figure 3B). Again,
192 the energy weighting was applied to ensure accurate representation of the collagen fiber
193 orientations in the sagittal plane.

194 **2.3 Direct fiber modeling**

195 **2.3.1 Model construction**

196 We constructed four models (Figure 4A) based on the procedure described previously [17],
197 corresponding to each sample listed in Table 2. Briefly, fibers were simulated using 3-
198 dimensional linear truss elements (T3D2 in Abaqus). The locations of fibers were defined by
199 sampling orientation values from PLM images at regularly spaced "seed" points (437 μm apart).

200 Straight fibers, 13.68 μm in diameter, were traced at each seed point based on its orientation
201 angle. The process was repeated for each layer, resulting in a stack of 2D layers with
202 interpenetrating fibers. An algorithm was employed to resolve interpenetrations by iteratively
203 shifting the elements until they no longer overlapped [32, 33]. Fiber elements were re-meshed to
204 maintain lengths between 82 μm and 164 μm , while controlling the minimum radius of curvature
205 for smoothness. The amplitudes of the fiber undulations in-depth were adjusted to more
206 accurately represent the distribution of fibers in three dimensions.

207 To account for the natural curvature of the sclera, an additional step was performed to
208 adjust the flat fiber model and match it to the curvature of the eyeball. The external radius of
209 three sheep globes was manually measured, and the average radius was determined to be
210 14856 μm . The flat model was then projected onto a sphere with an external radius of 14856
211 μm , effectively introducing curvature to the model. It was important to note that this implied
212 assuming that the sheep eye locally resembled a sphere.[34]

213 To assess the similarity between the model and the PLM images, the orientation distribution
214 of the curved model was quantified and compared with the distribution obtained from the PLM
215 images. This comparison aimed to evaluate how well the model captured the observed fiber
216 orientations in the images. The quantification involved counting the occurrences of element
217 orientations within the model, where each element's orientation represented the slope angle in
218 the section plane. This approach accounted for varying element sizes and enabled a proper
219 comparison with the pixel-based measurements obtained from PLM. To evaluate the fitness of
220 the orientation distributions, adjusted R-squared (adjusted R^2) values were employed [35]. The
221 adjusted R^2 values provided a measure of how well the model's orientation distribution fit the
222 distribution observed in the PLM images. The use of adjusted R^2 values allowed for the
223 consideration of the complexity of the model and the number of parameters involved, providing
224 a more robust evaluation metric than a conventional R^2 .

225 In addition to the fiber model, a matrix model was also constructed (Figure 4B). The matrix
226 model was designed to have the same dimensions and shape, including the same curvature, as
227 the fiber model, ensuring consistency between the two. The end-nodes of the fibers were
228 positioned on the surfaces of the matrix, creating a cohesive representation of the fiber-matrix
229 structure.

230 **2.3.2 Model inverse fitting**

231 **2.3.2.1 Meshing and material properties**

232 Fibers were modeled as a hyperelastic Mooney-Rivlin material [36]:

$$233 \quad W = C_{10}(I_1 - 3) + C_{01}(I_2 - 3) + \frac{1}{2}K(J - 1)^2 \quad (1)$$

234 where W was the strain energy density, C_{10} and C_{01} were the material constants, restricted by
235 $C_{10} + C_{01} > 0$ and would be determined by inverse fitting, I_1 and I_2 were the first and second
236 invariants of the right Cauchy-Green deformation tensor, K was the bulk modulus and J was the
237 determinant of the deformation gradient. The matrix was modeled as a neo-Hookean material
238 with a shear modulus of 200 kPa [3, 37].

239 The fiber components were modeled using 3-dimensional linear truss elements (T3D2) in
240 Abaqus. The length of the fiber elements ranged from 82 μm to 164 μm , resulting in aspect
241 ratios between 6 and 12. The matrix was meshed using linear eight-noded hybrid hexahedral
242 elements (C3D8H) in Abaqus. The element size for the matrix varied among the samples due to
243 differences in sample thickness, with 4 to 6 elements spanning the shell thickness. To ensure
244 model accuracy, a mesh refinement study was conducted. The fiber model's mesh density was
245 doubled, while the matrix model had its mesh density doubled in both in-plane directions and
246 the thickness direction. The study's findings indicated that altering the mesh density had a
247 negligible impact on stress predictions, with maximum stress values changing by less than 1%.
248 Based on these findings, the chosen mesh density was deemed sufficient to ensure numerical
249 accuracy in the obtained results.

250 **2.3.2.2 Interactions**

251 Fiber-fiber interactions were simulated in the following two ways. First, the interactions were
252 considered by preventing fiber interpenetrations using Abaqus' general contact with no friction.
253 Second, to enhance the interweaving effect of fibers and prevent them from sliding apart during
254 stretching, a method involving the constraint of nodes was employed. Approximately 10% of the
255 nodes, primarily located in the outer surface or boundary of the model, were selected. These
256 nodes were connected to their closest neighboring nodes, and their relative motion in the Z
257 direction was constrained to zero using linear constraint equations in Abaqus. By applying these
258 constraints, the free ends of the fibers were better controlled, resulting in a more stable and
259 realistic model.

260 Fiber-matrix interactions were ignored, as is usual in biomechanical models of the eyes [5,
261 38, 39].

262

263 **2.3.2.3 Finite element analysis procedure**

264 The fiber-matrix assembly underwent a quasi-static biaxial stretching process to match the
265 experimental stress-strain data obtained in Method Section 2.1. The matrix was simulated using
266 Abaqus standard implicit procedure, while the direct fiber model utilized Abaqus dynamic explicit
267 procedure to enhance convergence and computational efficiency. The resulting stresses σ in the
268 radial and circumferential directions were a combination of matrix and fiber contributions, with
269 the matrix stress weighted by the fiber volume fraction (VF) as shown in Equation (2):

$$\sigma = (1 - VF)\sigma_{\text{matrix}} + VF\sigma_{\text{fibers}}$$

270
271 (2)

272 To ensure efficient dynamic analysis, mass scaling was implemented, allowing for a stable
273 time increment of 1e-5. The simulation was conducted within a time period where inertial forces
274 remained negligible, with the maximum kinetic energy kept below 5% of the internal energy to
275 confirm the insignificance of inertial effects.

276 **2.3.2.4 Boundary conditions and inverse fitting procedure**

277 In the biaxial stretching process of the fiber-matrix assembly (Figure 4C), a two-step
278 approach was employed to simulate the experimental conditions. In the first step, biaxial
279 stretching was applied to pre-stretch the model. This step aimed to simulate the initial stretching
280 that occurs when a 0.5g tare load was applied to flatten the tissue. The resulting stress and
281 strain values from this step were not recorded, as they were not included in the reported
282 experimental stress-strain data. In the second step, the model was further stretched, and the
283 same strains observed in the experiment were assigned as the displacement boundary
284 condition to the fiber-matrix model. In this step, the model stress and strain values were
285 recorded, starting from 0. This approach was consistent with the experimental setup, where the
286 stress and strain resulting from the tare load were not included in the reported experimental
287 stress-strain data. By applying this two-step biaxial stretch with the appropriate displacement
288 boundary conditions, the model aimed to replicate the mechanical behavior observed in the
289 experiment and allow for a comparison between the model's stress-strain behaviors and the
290 experimental data.

291 During the inverse modeling procedure, there were four parameters to determine. The first
292 two parameters were the pre-stretching strains along the radial and circumferential directions in
293 the first step of the biaxial stretch. Since the resultant strains caused by the tare load were not
294 characterized in the experiment, these values were unknown and needed to be determined
295 through the inverse modeling process. The second two parameters were the material properties
296 of the fibers (C_{10} and C_{01}).

297 In the inverse fitting procedure, two optimizations were performed to determine the optimal
298 parameters and match the stress-strain data of the five loading protocols. In the first
299 optimization, all four parameters (pre-stretching strains and fiber material properties) were
300 optimized to match the stress-strain data obtained using loading protocol 1:1. Further discussion
301 on the selection of loading protocol 1:1 can be found in the Discussion section. A simplex
302 search method was used for this optimization [40]. The algorithm aimed to find the values of the
303 parameters that minimized the residual sum of squares (RSS) between the simulated and
304 experimental stress-strain curves. The optimization process continued until the adjusted R^2
305 value between the curves exceeded 0.9, indicating a good fit between the model and
306 experimental data. This optimization allowed for the determination of the optimal pre-stretching
307 strains and fiber material properties (C_{10} and C_{01}).

308 In the second optimization, only the two pre-stretching strains were optimized, using the
309 derived fiber material properties from the first optimization. This optimization aimed to match the
310 stress-strain data obtained from the remaining four loading protocols. The same search method
311 as before was employed, and the optimization was concluded when the adjusted R^2 value
312 between the stress-strain curves exceeded 0.9 in both loading directions.

313 By performing these two optimizations, the model was able to find the optimal parameters
314 that resulted in stress-strain curves closely aligned with the experimental data for all the five
315 loading protocols.

316 **Preliminary analysis:** During the preliminary analysis of the inverse fitting procedure using
317 Sample #1, it was observed that the experimental data from loading protocol 0.5:1 exhibited
318 negative strains along one loading direction. This suggested the presence of anisotropic
319 mechanical properties, with one loading direction being much softer than the other direction.
320 When assigning negative strains to the direct fiber model, it led to instability in the model. This
321 was problematic because the direct fiber model is capable of accurately representing fiber
322 tension, but not as well longitudinal fiber compression and buckling. As a result, all the loading
323 protocols that showed negative strains were excluded from the analysis. Based on the

324 mechanical testing results, the loading protocol 0.5:1 of all the samples presented negative
325 strains (Supplemental data - Figure 1). Therefore, the results related to loading protocol 0.5:1
326 were not reported in this study. The focus was placed on the remaining loading protocols that
327 did not exhibit negative strains.

328 **3. Results**

329 Figure 5 presents the fiber orientation distributions of the direct fiber model and
330 corresponding PLM images for the four samples. The agreement between the model and PLM
331 images was observed in both the coronal and sagittal planes. The alignment of these orientation
332 curves yielded adjusted R^2 values exceeding 0.89 in all cases, indicating a strong match
333 between the model and experimental data.

334 Figure 6 shows fiber displacements and stresses at full stretch of an example sample
335 (Sample #4). The visualization revealed heterogeneous behaviors of the fibers, with varying
336 deformations and stress distributions at the microscale. The model effectively captured the non-
337 uniform response of the fibers under applied loading conditions, highlighting the intricate
338 mechanical behavior within the tissue.

339 Isometric views of the Sample #4 direct fiber model during loading protocol 1:1 are shown in
340 Figure 7. The visualization uses color to represent the maximum principal stress (left column)
341 and displacement magnitudes (right column). Initially, the model showed curvature, which
342 gradually flattened during stretching. As expected, more fibers experienced higher stress as
343 stretching was applied, in a process of recruitment.

344 Stress-strain curves of the optimized models are shown in Figure 8, showcasing the
345 excellent agreement with experimental data in both the radial and circumferential directions for
346 most of the loading protocol cases. The majority of adjusted R^2 values exceeded 0.9, indicating
347 a robust fit between the model predictions and experimental observations. The derived
348 parameters that achieved this high level of agreement were provided in Table 3.

349 Figure 9 presents the fiber orientation distributions of the direct fiber model and the model's
350 mechanical anisotropy at maximum strain state. The findings suggest that the stiffness along
351 each direction is approximately proportional to the amount of fibers in the loading direction at
352 the maximum strain state.

353 4. Discussion

354 Our goal was to continue advancing direct fiber models of soft tissues. Specifically, we
355 aimed to conduct a more challenging test of the ability of the direct fiber modeling approach to
356 capture sclera microstructure and anisotropic mechanics. We developed direct fiber models to
357 simulate four sclera samples, incorporating specimen-specific three-dimensional fiber
358 orientation distributions. Subsequently, we conducted an inverse fitting study and matched the
359 models with specimen-specific anisotropic stress-strain behaviors from biaxial testing. The study
360 yielded two main findings. First, the direct fiber models successfully captured the collagen
361 structure of multiple sclera samples from different quadrants and eyes. Second, the
362 macroscopic mechanical properties of the models matched with the experimental stress-strain
363 data obtained under various anisotropic loading conditions. Notably, this was achieved by
364 having fit the models to the equi-biaxial experiment. The derived material properties were then
365 appropriate to represent the other loading conditions. This indicates that the direct fiber models
366 inherently incorporated the anisotropy of tissue mechanical behaviors within their fiber structure,
367 thereby eliminating the necessity for separate optimization with different loading conditions.
368 Below we discuss the findings in detail.

369 **Finding 1. The direct fiber models can accurately capture the collagen fiber structure** 370 **across different samples.**

371 In our previous study, the primary focus was on introducing the direct fiber modeling
372 methodology, which involved utilizing experimental data from different samples and species
373 obtained for other research purposes [17]. In this study, we deliberately chose to construct
374 models that simulate multiple sclera samples from different quadrants and eyes. This decision
375 was driven by the fact that the collagen fiber architecture of the sclera varies both spatially
376 between locations and between different eyes [29]. Furthermore, it is known that the mechanical
377 behavior of the sclera exhibit varying degrees of anisotropy across different quadrants, such as
378 superior and temporal quadrants [41, 42]. By employing samples from both superior and
379 temporal quadrants of multiple eyes, our study successfully demonstrated the robustness of the
380 direct fiber model reconstruction approach in capturing the varying fiber structure. It is important
381 to emphasize that our models were specimen-specific, meaning that the fiber structure was
382 individually constructed based on each sample, and the model's behaviors were optimized
383 using experimental data obtained from the same sample.

384 **Finding 2: The macroscopic mechanical properties of the models matched with the** 385 **experimental stress-strain data obtained under multiple anisotropic loading conditions.**

386 In our previous study, we constructed a single model and validated it against a specific equi-
387 biaxial experimental dataset. In this study, we set the much tougher task of matching the stress-
388 strain behaviors under multiple loading conditions. Our study thus indicates that the direct fiber
389 modeling technique can account not only for equi-biaxial, but for the more complex anisotropic
390 conditions that the sclera is subjected to [2]. We would like to point out here that we were
391 unable to find examples of studies deriving material properties of sclera that simultaneously
392 match multiple loading conditions. To the best of our knowledge, the standard seems to be to fit
393 single experimental tests [43, 44]. Capturing tissue behavior under multiple loading conditions is
394 a tougher challenge.

395 **Finding 3. The direct fiber models inherently incorporate the anisotropy of tissue**
396 **mechanical behavior within their fiber structure.**

397 We have shown that the material properties obtained by fitting the equi-biaxial loading
398 conditions were also adequate to produce good predictions (adjusted $R^2 > 0.9$) for other biaxial
399 loading tests. This indicates that the model reconstruction must have captured not only the
400 tissue microarchitecture, as noted above in Finding 1, but also the anisotropic mechanical
401 behavior encoded in the microarchitecture. We argue that these two, structural and mechanical
402 anisotropies, while related, are not identical. Collagen fibers are the primary load-bearing
403 component of the sclera, and therefore capturing sclera mechanical anisotropy requires a good
404 representation of the microarchitecture [11, 44]. However, this may not be sufficient. The
405 mechanical behavior, and particularly the nonlinear components, are heavily dependent on fiber
406 undulations at multiple scales, and fiber-fiber interactions.[45, 46] Thus, we have shown a
407 strength of the direct fiber modeling approach compared with the conventional continuum
408 mechanical approach that requires inverse fitting several loading conditions [24]. While we
409 acknowledge that our method is still an approximation of the actual fibrous structure of the
410 sclera (more on this later in the subsection on Limitations), we argue that it represents a step
411 forward for specimen-specific modeling.

412

413 **Interpretation of the derived fiber material properties**

414 In our study, we initially derived the fiber material properties by matching the experimental
415 data of loading protocol 1:1. Concerns may arise regarding the extent to which the results would
416 be different if the material properties were obtained by matching experimental data from other
417 loading protocols. To address this concern, we randomly selected a sample and derived the

418 fiber material properties by independently fitting the loading protocols 1:0.75, 0.75:1, and 1:0.5.
419 The fiber material properties were initially assigned random values and iteratively optimized to
420 match the experimental data. Importantly, the fitting processes were performed without any
421 reference to the results obtained from other loading protocols. Interestingly, we observed that
422 the derived fiber material properties obtained by fitting different loading protocols fell within a
423 similar range, as shown in Figure 10. To further evaluate the physical significance of these
424 properties, we examined the resulting fiber elastic modulus and bulk modulus. Remarkably,
425 these two properties demonstrated consistency across the results obtained from fitting different
426 loading protocols. These findings emphasize the robustness of our method and confirm that the
427 derived material properties are independent of the choice of loading protocols for fitting.

428 The “uniqueness” of so-called optimal parameters is a common concern in inverse fitting
429 techniques [10, 11]. To address this concern, we conducted the inverse fitting process using
430 four different sets of starting parameters to assess the consistency and uniqueness of the
431 results. The derived fiber material properties, C_{10} and C_{01} , exhibited significant variation among
432 the four samples. To better understand those values which lack specific physical interpretation,
433 we further estimated the elastic modulus of individual fibers by simulating uniaxial stretch of a
434 single straight fiber with the optimal C_{10} and C_{01} values of the hyperelastic Mooney-Rivlin
435 material. The estimated fiber elastic modulus ranged from 0.47 GPa to 23.94 GPa, and the
436 detailed values can be found in Table 3. This wide range of values aligned with the
437 experimentally reported elastic modulus values found in the literature, which ranged from 0.2
438 GPa to 7 GPa in bovine Achilles tendon fibers [47, 48], and 5 GPa to 11.5 GPa in rat tail [49]. It
439 is worth noting that one value fell outside this range, which we believe may be attributed to two
440 factors. Firstly, the load was primarily borne by a small portion of the fibers, leading to an
441 overestimation of the fiber material properties. Secondly, the volume fraction of the models in
442 this study was approximately 15%, which may not accurately represent the actual tissue
443 composition. The estimated fiber material properties were closely associated with the fiber
444 volume fraction in the model reconstructed. The difficulty of reconstructing models increases
445 with the fiber density, as it becomes harder to follow the fibers in the histology, and then
446 reconstruct them accurately with their turns and undulations. Further research is necessary to
447 comprehensively understand how variations in fiber volume fraction influence the behavior and
448 derived material properties of the direct fiber model.

449 Another concern pertaining to the derived material properties and pre-stretching strains is
450 the possibility of achieving an excessively favorable match between the models and

451 experimental data across all loading protocols. To address this concern, we conducted a
452 specific analysis using the fiber structure of Sample #1 and attempted to match the
453 experimental data of sample #2. The results revealed that we could successfully match the
454 experimental data for loading protocols 1:1, 1:0.75, and 0.75:1. However, when attempting to
455 match the experimental data for loading protocol 1:0.5, the model could not achieve a
456 satisfactory fit (Figure 11). This indicates that the model is not universally applicable but rather
457 depends on accurately matching the orientation distribution of the sample in order to replicate
458 the experimental data of that specific sample.

459 **Strengths of direct fiber models**

460 The models developed in this study inherited several strengths, some of which we have
461 discussed above or elsewhere [17]. Briefly, the direct fiber models have considered fiber
462 interweaving and the resulting fiber-fiber interactions that play an important role in determining
463 the structural stiffness of the sclera [15]. The models also have included collagen fibers of the
464 sclera that are long and continuous. Thus, they can transfer forces over a long distance [2, 14],
465 where it's commonly recognized that it's important to account for long fiber mechanics [19, 50-
466 52]. This is in contrast to the conventional continuum mechanics approaches where fibers exist
467 only within a given element, transferring their loads at the element boundaries [53]. Furthermore,
468 the direct fiber models in this work incorporate three-dimensional specimen-specific collagen
469 architecture, whereas previous fiber-aware models tend to overlook or simplify the in-depth
470 orientations of the collagen fibers [42, 54, 55]. Collagen fiber variations in-depth of the tissue are
471 crucial in determining the sclera's load-bearing capacity, particularly in bearing shear stresses,
472 and may have clinical implications [56, 57].

473 In comparison to our preliminary study, we implemented two improvements to the approach
474 when building direct fiber model structures. Firstly, we incorporated the natural curvature of the
475 tissue into the model, enabling a more accurate representation of the physiological shape of the
476 sclera. This enhancement ensured that the model mimicked more closely the three-dimensional
477 geometry of the sclera, improving its fidelity. Secondly, we introduced a constraint function in
478 Abaqus to deal with fibers that were not sufficiently constrained. This helped avoid, for example,
479 cases where a fiber could be "pulled out" of the model. This constraint function served to tightly
480 constrain the interconnections between fibers. As a result, the model not only exhibited
481 increased stability, but also better matched the actual interweaving and cohesion of collagen
482 fibers in the sclera. This optimization helped overcome the challenge of inaccuracies caused by
483 floating fibers and enhances the model's reliability and validity in representing the real tissue

484 structure. We suspect that this constraint would not be necessary if we had modeled in more
485 detail the fiber-fiber and fiber-matrix interactions. The simplifications we assumed on these
486 interactions allow fibers much freedom to displace and slide. It is also possible that our
487 modeling of somewhat thick fiber bundles instead of small scale fibers may not have captured
488 the full extent of the fiber entanglement that prevents fiber sliding. Further work is necessary to
489 characterize these aspects of the sclera and how to account for them accurately in models.
490 Herein we just want to comment that we acknowledge that our treating of fiber-fiber and fiber-
491 matrix interactions, while limited, is still more comprehensive than that in conventional
492 continuum models where these are generally not only ignored but cannot be incorporated
493 without cumbersome kludges. Our direct fiber modeling approach highlights the assumptions on
494 the interactions and provides a platform for improving their modeling.

495 **Limitations**

496 The first limitation we would like to comment on was observed in the matching of stress-
497 strain curves between the model and experimental data. While the majority of loading conditions
498 exhibited strong agreement with adjusted R^2 values exceeding 0.9, there were instances,
499 particularly in the loading protocol 1:0.5, where the model's fit was relatively low. We do not
500 know the cause, but this discrepancy may result from the sequential application of five different
501 loading protocols during the testing process. After multiple rounds of testing, the tissue may
502 become softer than its original condition. As a result, the model's behavior appeared to be stiffer
503 than the corresponding experimental data in these cases. Future studies should either
504 randomize the loading protocols, or explicitly study the effects of protocol order. Despite this
505 limitation, it is important to emphasize that the direct fiber modeling technique demonstrated
506 robustness and effectiveness in capturing the overall mechanical behaviors of the sclera, as
507 evidenced by the strong agreement between the model and experimental data in the majority of
508 the cases. The observed discrepancies in certain loading conditions provide valuable insights
509 for future refinements of the model and highlight the need for further investigation into the
510 dynamic changes in tissue properties during sequential loading.

511 Second, we encountered difficulties in accurately matching the loading protocol 0.5:1 due to
512 the model's inability to perform well under compression. This limitation indicated that further
513 optimization of the approach is required to enable stable simulations under compression. Future
514 efforts should be focused on addressing this issue to enhance the applicability of the direct fiber
515 modeling approach. By improving the model's performance in compression scenarios, we can

516 broaden its utility in studying the mechanical behaviors of the sclera across a wider range of
517 loading conditions.

518 Third, our study used sheep eyes as the sample model, and thus the question arises as to
519 how well this would work with other tissues, or with other species. Considering the robustness of
520 the approach in capturing the complex fiber structure and anisotropic mechanical behaviors of
521 sheep sclera, we anticipated that the direct fiber modeling technique can serve as a valid and
522 effective tool for investigating scleral biomechanics in other species and potentially in other
523 collagen-based tissues as well. Future studies can extend the application of this approach to
524 validate its broader utility and ensure its broad application across various tissues.

525 Fourth, the direct fiber models, while consistent with experimentally measured fiber
526 orientation distribution, are still approximations of the actual tissue. Several aspects were
527 simplified or ignored in the modeling process, which may introduce discrepancies between the
528 models and the real tissue. One such simplification was the assumption of uniform fiber or
529 bundle diameters within the models. In reality, collagen fibers in the sclera can exhibit variations
530 in diameter [58-60]. Additionally, sub-fiber level features were not explicitly included in the
531 models, such as fiber crimp [5]. Future work would benefit from incorporating more detailed and
532 realistic microstructural features, where the models can provide a more accurate representation
533 of the scleral tissue and enhance our understanding of its mechanical behavior.

534 Fifth, the matrix mechanical properties were kept constant at literature values and not
535 optimized iteratively like the fiber properties. This simplification was made for simplicity.
536 Although the matrix properties could potentially affect fiber load-bearing and parameter fitting,
537 their impact is considered minor. The fibers, being the primary load-bearing component, exhibit
538 significantly greater stiffness compared to the matrix [11, 44]. Analysis of our model indicated
539 that the matrix bears only 4%–6% of the total reaction forces at the maximum strain. Therefore,
540 we believe that the fiber properties predominantly influence the model's behavior, while the
541 matrix stiffness has minimal influence on the derived parameters. In future work, it would be
542 worthwhile to explore the role of matrix properties and consider more detailed matrix-fiber
543 interactions for further refinement.

544 Sixth, we ignored fiber-matrix interactions and considered simplified fiber-fiber interactions,
545 similar to our previous work [17]. However, it should be noted that the interactions between
546 fibers and the matrix can be much more complex and may influence the tissue behaviors [61,
547 62]. Future research could benefit from incorporating more realistic and complex interactions

548 within the direct fiber modeling framework. The direct fiber modeling technique has the potential
549 to be a valuable tool for studying and considering such complex interactions in future studies.

550 In conclusion, we performed a comprehensive and challenging test of the direct fiber
551 modeling approach through the simulation of multiple sheep posterior sclera samples. We
552 characterized the macroscopic and anisotropic stress-strain behaviors of the samples through
553 biaxial mechanical testing. Then direct fiber models were generated based on the
554 microstructural architecture of each sample. An inverse fitting process was employed to
555 simulate biaxial stretching conditions, enabling the determination of optimal pre-stretching
556 strains and fiber material properties. Our findings demonstrated the efficacy of the direct fiber
557 modeling approach in simulating the scleral microarchitecture, capturing critical fiber
558 characteristics, and accurately describing its anisotropic macroscale mechanical behaviors.
559 Moreover, we highlighted the capability of the direct fiber models to inherently incorporate the
560 anisotropy of tissue mechanical behaviors within their fiber structure. Overall, the direct fiber
561 modeling approach proved to be a robust and effective tool for characterizing the biomechanics
562 of sclera.

563

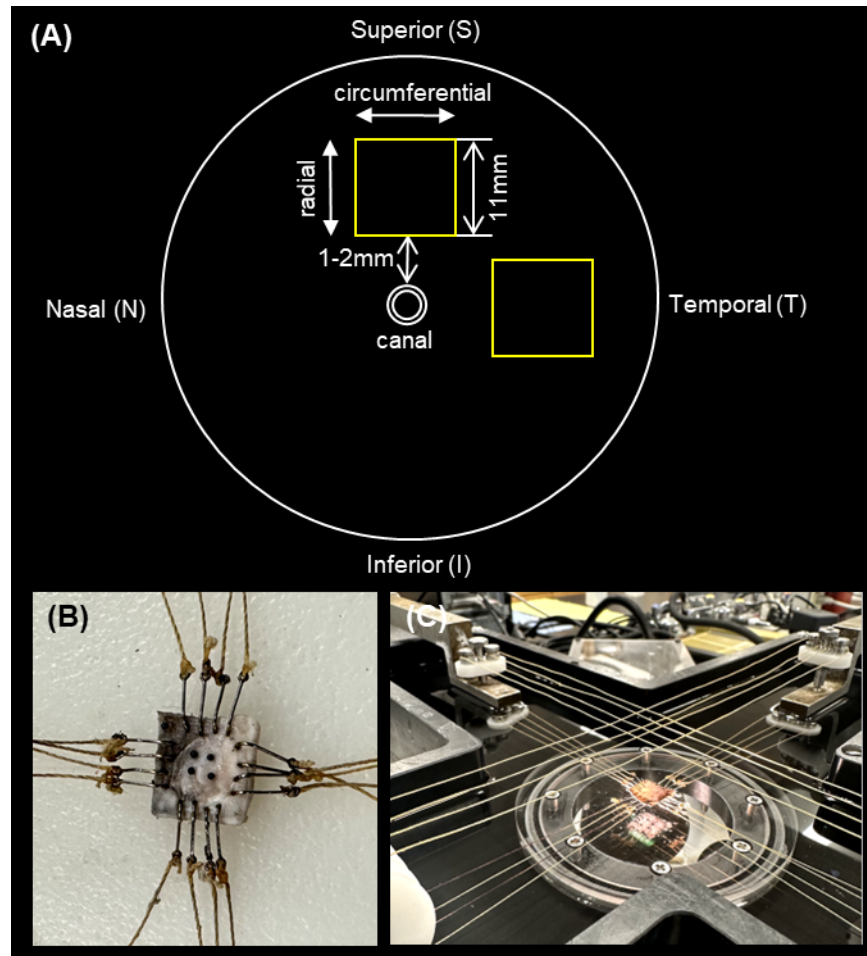
564 **Reference**

- 565 [1] N.J. Jan, C. Gomez, S. Moed, A.P. Voorhees, J.S. Schuman, R.A. Bilonick, I.A. Sigal,
566 Microstructural Crimp of the Lamina Cribrosa and Peripapillary Sclera Collagen Fibers, *Invest*
567 *Ophthalmol Vis Sci* 58(9) (2017) 3378-3388.
- 568 [2] C. Boote, I.A. Sigal, R. Grytz, Y. Hua, T.D. Nguyen, M.J. Girard, Scleral structure and
569 biomechanics, *Progress in retinal and eye research* 74 (2020) 100773.
- 570 [3] M.J. Girard, J.C. Downs, C.F. Burgoyne, J.K. Suh, Peripapillary and posterior scleral
571 mechanics--part I: development of an anisotropic hyperelastic constitutive model, *J Biomech*
572 *Eng* 131(5) (2009) 051011.
- 573 [4] J.K. Pijanka, B. Coudrillier, K. Ziegler, T. Sorensen, K.M. Meek, T.D. Nguyen, H.A.
574 Quigley, C. Boote, Quantitative mapping of collagen fiber orientation in non-glaucoma and
575 glaucoma posterior human sclerae, *Invest Ophthalmol Vis Sci* 53(9) (2012) 5258-70.
- 576 [5] R. Grytz, M.A. Fazio, M.J. Girard, V. Libertiaux, L. Bruno, S. Gardiner, C.A. Girkin, J.C.
577 Downs, Material properties of the posterior human sclera, *J Mech Behav Biomed Mater* 29 (2014)
578 602-17.
- 579 [6] J.A. Rada, S. Shelton, T.T. Norton, The sclera and myopia, *Exp Eye Res* 82(2) (2006) 185-
580 200.
- 581 [7] C.R. Ethier, M. Johnson, J. Ruberti, Ocular biomechanics and biotransport, *Annu Rev*
582 *Biomed Eng* 6 (2004) 249-73.
- 583 [8] B. Coudrillier, J. Tian, S. Alexander, K.M. Myers, H.A. Quigley, T.D. Nguyen,
584 Biomechanics of the human posterior sclera: age- and glaucoma-related changes measured using
585 inflation testing, *Invest Ophthalmol Vis Sci* 53(4) (2012) 1714-28.
- 586 [9] C. Whitford, A. Joda, S. Jones, F. Bao, P. Rama, A. Elsheikh, Ex vivo testing of intact eye
587 globes under inflation conditions to determine regional variation of mechanical stiffness, *Eye Vis*
588 (Lond) 3(1) (2016) 21.
- 589 [10] D. Zhou, A. Abass, A. Eliasy, H.P. Studer, A. Movchan, N. Movchan, A. Elsheikh,
590 Microstructure-based numerical simulation of the mechanical behaviour of ocular tissue, *J R Soc*
591 *Interface* 16(154) (2019) 20180685.
- 592 [11] M.J. Girard, J.C. Downs, M. Bottlang, C.F. Burgoyne, J.K. Suh, Peripapillary and posterior
593 scleral mechanics--part II: experimental and inverse finite element characterization, *J Biomech*
594 *Eng* 131(5) (2009) 051012.
- 595 [12] H.G. Kollech, A. Ayyalasomayajula, R. Behkam, E. Tamimi, K. Furdella, M. Drewry, J.P.
596 Vande Geest, A Subdomain Method for Mapping the Heterogeneous Mechanical Properties of
597 the Human Posterior Sclera, *Front Bioeng Biotechnol* 7 (2019) 129.
- 598 [13] J.K. Pijanka, M.T. Spang, T. Sorensen, J. Liu, T.D. Nguyen, H.A. Quigley, C. Boote,
599 Depth-dependent changes in collagen organization in the human peripapillary sclera, *PLoS One*
600 10(2) (2015) e0118648.
- 601 [14] A.P. Voorhees, N.J. Jan, Y. Hua, B. Yang, I.A. Sigal, Peripapillary sclera architecture
602 revisited: A tangential fiber model and its biomechanical implications, *Acta Biomater* 79 (2018)
603 113-122.
- 604 [15] B. Wang, Y. Hua, B.L. Brazile, B. Yang, I.A. Sigal, Collagen fiber interweaving is central
605 to sclera stiffness, *Acta Biomater* 113 (2020) 429-437.
- 606 [16] P.Y. Lee, B. Yang, Y. Hua, S. Waxman, Z. Zhu, F. Ji, I.A. Sigal, Real-time imaging of optic
607 nerve head collagen microstructure and biomechanics using instant polarized light microscopy,
608 *Exp Eye Res* 217 (2022) 108967.

- 609 [17] F. Ji, M. Bansal, B. Wang, Y. Hua, M.R. Islam, F. Matuschke, M. Axer, I.A. Sigal, A direct
610 fiber approach to model sclera collagen architecture and biomechanics, *Exp Eye Res* 232 (2023)
611 109510.
- 612 [18] N.J. Jan, J.L. Grimm, H. Tran, K.L. Lathrop, G. Wollstein, R.A. Bilonick, H. Ishikawa, L.
613 Kagemann, J.S. Schuman, I.A. Sigal, Polarization microscopy for characterizing fiber orientation
614 of ocular tissues, *Biomed Opt Express* 6(12) (2015) 4705-18.
- 615 [19] M.R. Islam, F. Ji, M. Bansal, Y. Hua, I.A. Sigal, Fibrous finite element modeling of the
616 optic nerve head region, *Acta Biomater* 175 (2024) 123-137.
- 617 [20] J. Schindelin, I. Arganda-Carreras, E. Frise, V. Kaynig, M. Longair, T. Pietzsch, S.
618 Preibisch, C. Rueden, S. Saalfeld, B. Schmid, J.Y. Tinevez, D.J. White, V. Hartenstein, K.
619 Eliceiri, P. Tomancak, A. Cardona, Fiji: an open-source platform for biological-image analysis,
620 *Nat Methods* 9(7) (2012) 676-82.
- 621 [21] S. Preibisch, S. Saalfeld, P. Tomancak, Globally optimal stitching of tiled 3D microscopic
622 image acquisitions, *Bioinformatics* 25(11) (2009) 1463-5.
- 623 [22] K.M. Moerman, GIBBON: the geometry and image-based bioengineering add-on, *Journal*
624 *of Open Source Software* 3(22) (2018) 506.
- 625 [23] S.D. Salinas, M.M. Clark, R. Amini, The effects of -80°C degrees C short-term storage on
626 the mechanical response of tricuspid valve leaflets, *J Biomech* 98 (2020) 109462.
- 627 [24] V.S. Thomas, V. Lai, R. Amini, A computational multi-scale approach to investigate
628 mechanically-induced changes in tricuspid valve anterior leaflet microstructure, *Acta Biomater*
629 94 (2019) 524-535.
- 630 [25] H. Tran, N.J. Jan, D. Hu, A. Voorhees, J.S. Schuman, M.A. Smith, G. Wollstein, I.A. Sigal,
631 Formalin Fixation and Cryosectioning Cause Only Minimal Changes in Shape or Size of Ocular
632 Tissues, *Sci Rep* 7(1) (2017) 12065.
- 633 [26] Y. Chang, H. Li, S. Huang, J. He, S. Yang, Q. Wang, The Application of FFT Analysis on
634 the Feeder Current Based on the Smooth Function in MATLAB, 2015 Asia-Pacific Energy
635 Equipment Engineering Research Conference, Atlantis Press, 2015, pp. 433-436.
- 636 [27] N.J. Jan, K. Lathrop, I.A. Sigal, Collagen Architecture of the Posterior Pole: High-
637 Resolution Wide Field of View Visualization and Analysis Using Polarized Light Microscopy,
638 *Invest Ophthalmol Vis Sci* 58(2) (2017) 735-744.
- 639 [28] B. Yang, N.J. Jan, B. Brazile, A. Voorhees, K.L. Lathrop, I.A. Sigal, Polarized light
640 microscopy for 3-dimensional mapping of collagen fiber architecture in ocular tissues, *J*
641 *Biophotonics* 11(8) (2018) e201700356.
- 642 [29] A. Gogola, N.J. Jan, K.L. Lathrop, I.A. Sigal, Radial and Circumferential Collagen Fibers
643 Are a Feature of the Peripapillary Sclera of Human, Monkey, Pig, Cow, Goat, and Sheep, *Invest*
644 *Ophthalmol Vis Sci* 59(12) (2018) 4763-4774.
- 645 [30] H. Akima, A new method of interpolation and smooth curve fitting based on local
646 procedures, *Journal of the ACM (JACM)* 17(4) (1970) 589-602.
- 647 [31] H. Akima, A method of bivariate interpolation and smooth surface fitting based on local
648 procedures, *Communications of the ACM* 17(1) (1974) 18-20.
- 649 [32] F. Matuschke, K. Amunts, M. Axer, fastPLI: A Fiber Architecture Simulation Toolbox for
650 3D-PLI, *Journal of Open Source Software* 6(61) (2021) 3042.
- 651 [33] F. Matuschke, K. Ginsburger, C. Poupon, K. Amunts, M. Axer, Dense fiber modeling for
652 3D-Polarized Light Imaging simulations, *Advances in parallel computing* 34 (2019) 240 - 253.

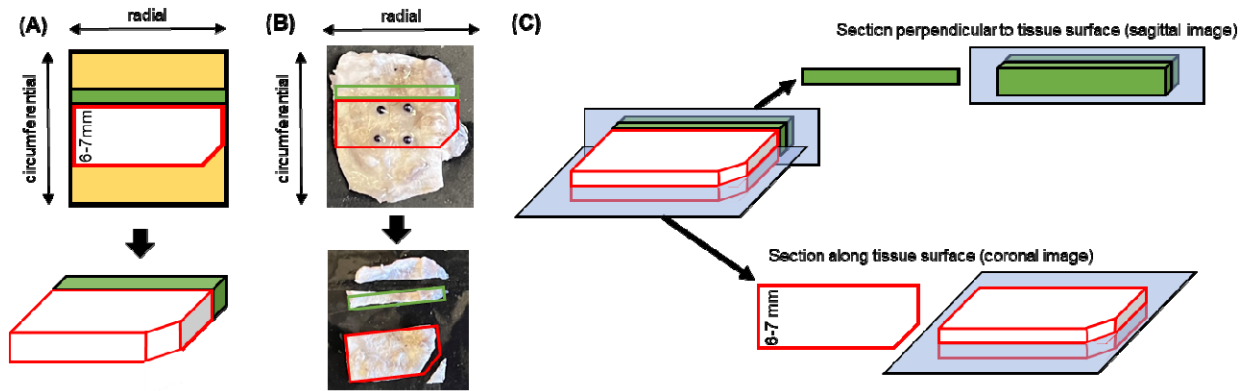
- 653 [34] R.E. Norman, J.G. Flanagan, S.M. Rausch, I.A. Sigal, I. Tertinegg, A. Eilaghi, S. Portnoy,
654 J.G. Sled, C.R. Ethier, Dimensions of the human sclera: Thickness measurement and regional
655 changes with axial length, *Exp Eye Res* 90(2) (2010) 277-84.
- 656 [35] J. Miles, R - squared, adjusted R - squared, *Encyclopedia of statistics in behavioral science*
657 (2005).
- 658 [36] G.A. Holzapfel, *Biomechanics of soft tissue, The handbook of materials behavior models 3*
659 (2001) 1049-1063.
- 660 [37] B. Coudrillier, J.K. Pijanka, J.L. Jefferys, A. Goel, H.A. Quigley, C. Boote, T.D. Nguyen,
661 Glaucoma-related Changes in the Mechanical Properties and Collagen Micro-architecture of the
662 Human Sclera, *PLoS One* 10(7) (2015) e0131396.
- 663 [38] R. Grytz, G. Meschke, Constitutive modeling of crimped collagen fibrils in soft tissues, *J*
664 *Mech Behav Biomed Mater* 2(5) (2009) 522-33.
- 665 [39] S.J. Petsche, P.M. Pinsky, The role of 3-D collagen organization in stromal elasticity: a
666 model based on X-ray diffraction data and second harmonic-generated images, *Biomech Model*
667 *Mechanobiol* 12(6) (2013) 1101-13.
- 668 [40] J.C. Lagarias, J.A. Reeds, M.H. Wright, P.E. Wright, Convergence properties of the Nelder-
669 -Mead simplex method in low dimensions, *SIAM Journal on optimization* 9(1) (1998) 112-147.
- 670 [41] Y. Hua, S. Salinas, M. Quinn, F. Ji, R. Amini, I.A. Sigal, Mechanical anisotropy of the
671 equatorial sclera does not concur with the primary collagen fiber orientations, SB3C Summer
672 Biomechanics, Biotransport and Bioengineering Conference, Eastern Shore, Maryland, 2022.
- 673 [42] B. Coudrillier, C. Boote, H.A. Quigley, T.D. Nguyen, Scleral anisotropy and its effects on
674 the mechanical response of the optic nerve head, *Biomech Model Mechanobiol* 12(5) (2013)
675 941-63.
- 676 [43] A. Karimi, S.M. Rahmati, R. Razaghi, C.A. Girkin, J. Crawford Downs, Finite element
677 modeling of the complex anisotropic mechanical behavior of the human sclera and pia mater,
678 *Comput Methods Programs Biomed* 215 (2022) 106618.
- 679 [44] B. Coudrillier, J. Pijanka, J. Jefferys, T. Sorensen, H.A. Quigley, C. Boote, T.D. Nguyen,
680 Collagen structure and mechanical properties of the human sclera: analysis for the effects of age,
681 *J Biomech Eng* 137(4) (2015) 041006.
- 682 [45] N.J. Jan, I.A. Sigal, Collagen fiber recruitment: A microstructural basis for the nonlinear
683 response of the posterior pole of the eye to increases in intraocular pressure, *Acta Biomater* 72
684 (2018) 295-305.
- 685 [46] P.Y. Lee, G. Fryc, J. Gnaljan, B. Wang, Y. Hua, S. Waxman, F. Zhong, B. Yang, I.A. Sigal,
686 Direct measurements of collagen fiber recruitment in the posterior pole of the eye, *Acta*
687 *Biomater* 173 (2024) 135-147.
- 688 [47] J.A. van der Rijt, K.O. van der Werf, M.L. Bennink, P.J. Dijkstra, J. Feijen,
689 Micromechanical testing of individual collagen fibrils, *Macromol Biosci* 6(9) (2006) 697-702.
- 690 [48] L. Yang, K.O. van der Werf, B.F. Koopman, V. Subramaniam, M.L. Bennink, P.J. Dijkstra,
691 J. Feijen, Micromechanical bending of single collagen fibrils using atomic force microscopy, *J*
692 *Biomed Mater Res A* 82(1) (2007) 160-8.
- 693 [49] M.P. Wenger, L. Bozec, M.A. Horton, P. Mesquida, Mechanical properties of collagen
694 fibrils, *Biophys J* 93(4) (2007) 1255-63.
- 695 [50] R. Grytz, H. Yang, Y. Hua, B.C. Samuels, I.A. Sigal, Connective Tissue Remodeling in
696 Myopia and its Potential Role in Increasing Risk of Glaucoma, *Curr Opin Biomed Eng* 15 (2020)
697 40-50.

- 698 [51] X. Huang, Q. Zhou, J. Liu, Y. Zhao, W. Zhou, D. Deng, 3D stochastic modeling, simulation
699 and analysis of effective thermal conductivity in fibrous media, *Powder technology* 320 (2017)
700 397-404.
- 701 [52] Y. Lanir, Multi-scale structural modeling of soft tissues mechanics and mechanobiology,
702 *Journal of Elasticity* 129(1-2) (2017) 7-48.
- 703 [53] X. He, M.R. Islam, F. Ji, B. Wang, I.A. Sigal, Comparing continuum and direct fiber models
704 of soft tissues. An ocular biomechanics example reveals that continuum models may artificially
705 disrupt the strains at both the tissue and fiber levels, *bioRxiv* (2024) 2024.09.05.610277.
- 706 [54] L. Zhang, J. Albon, H. Jones, C.L. Gouget, C.R. Ethier, J.C. Goh, M.J. Girard, Collagen
707 microstructural factors influencing optic nerve head biomechanics, *Invest Ophthalmol Vis Sci*
708 56(3) (2015) 2031-42.
- 709 [55] A.P. Voorhees, N.J. Jan, I.A. Sigal, Effects of collagen microstructure and material
710 properties on the deformation of the neural tissues of the lamina cribrosa, *Acta Biomater* 58
711 (2017) 278-290.
- 712 [56] F.L. Danford, D. Yan, R.A. Dreier, T.M. Cahir, C.A. Girkin, J.P. Vande Geest, Differences
713 in the region- and depth-dependent microstructural organization in normal versus glaucomatous
714 human posterior sclerae, *Invest Ophthalmol Vis Sci* 54(13) (2013) 7922-32.
- 715 [57] F. Ji, M. Quinn, Y. Hua, P.Y. Lee, I.A. Sigal, 2D or not 2D? Mapping the in-depth
716 inclination of the collagen fibers of the corneoscleral shell, *Exp Eye Res* 237 (2023) 109701.
- 717 [58] Y. Komai, T. Ushiki, The three-dimensional organization of collagen fibrils in the human
718 cornea and sclera, *Invest Ophthalmol Vis Sci* 32(8) (1991) 2244-58.
- 719 [59] A. Gogola, N.J. Jan, B. Brazile, P. Lam, K.L. Lathrop, K.C. Chan, I.A. Sigal, Spatial
720 Patterns and Age-Related Changes of the Collagen Crimp in the Human Cornea and Sclera,
721 *Invest Ophthalmol Vis Sci* 59(7) (2018) 2987-2998.
- 722 [60] N.J. Jan, B.L. Brazile, D. Hu, G. Grube, J. Wallace, A. Gogola, I.A. Sigal, Crimp around the
723 globe; patterns of collagen crimp across the corneoscleral shell, *Exp Eye Res* 172 (2018) 159-
724 170.
- 725 [61] H. Hatami-Marbini, M. Pachenari, The contribution of sGAGs to stress-controlled tensile
726 response of posterior porcine sclera, *PLoS One* 15(2) (2020) e0227856.
- 727 [62] B.J. Murienne, M.L. Chen, H.A. Quigley, T.D. Nguyen, The contribution of
728 glycosaminoglycans to the mechanical behaviour of the posterior human sclera, *J R Soc Interface*
729 13(119) (2016) 20160367.



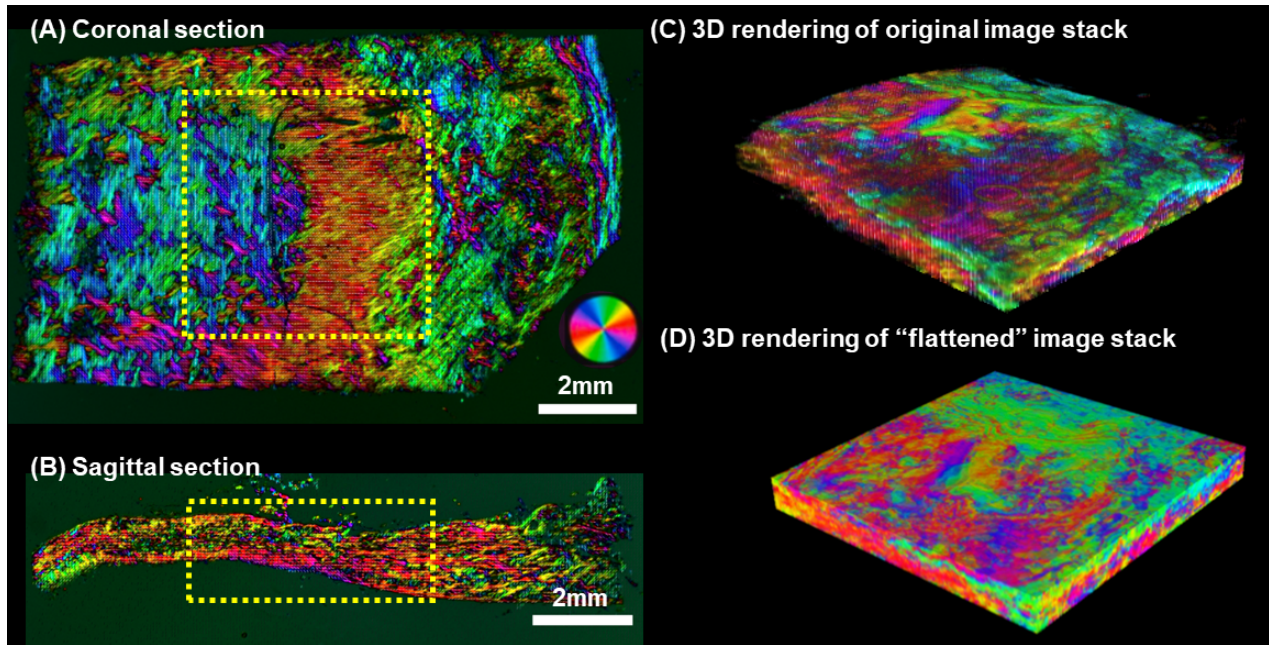
731

732 **Figure 1.** Key aspects of the experimental setup and procedures for the biaxial testing. **(A)**
733 Schematic diagram showcasing the posterior pole of the eye, highlighting the locations of the
734 two samples (depicted as yellow boxes) that were obtained specifically for the biaxial testing. **(B)**
735 An example image showcasing a sample with hooks attached, ready for biaxial testing. The
736 hooks ensure proper mounting and fixation of the sample during the experimental procedures.
737 **(C)** The sample was mounted on a custom-built biaxial mechanical testing system. The loading
738 axes of the system were aligned with the circumferential and radial directions of the sample,
739 ensuring precise application of stress in the desired directions. The sample was then subjected
740 to the five loading protocols. Note that the crossed strings, as depicted at the lower right of the
741 sample, were corrected prior to conducting the experiment.



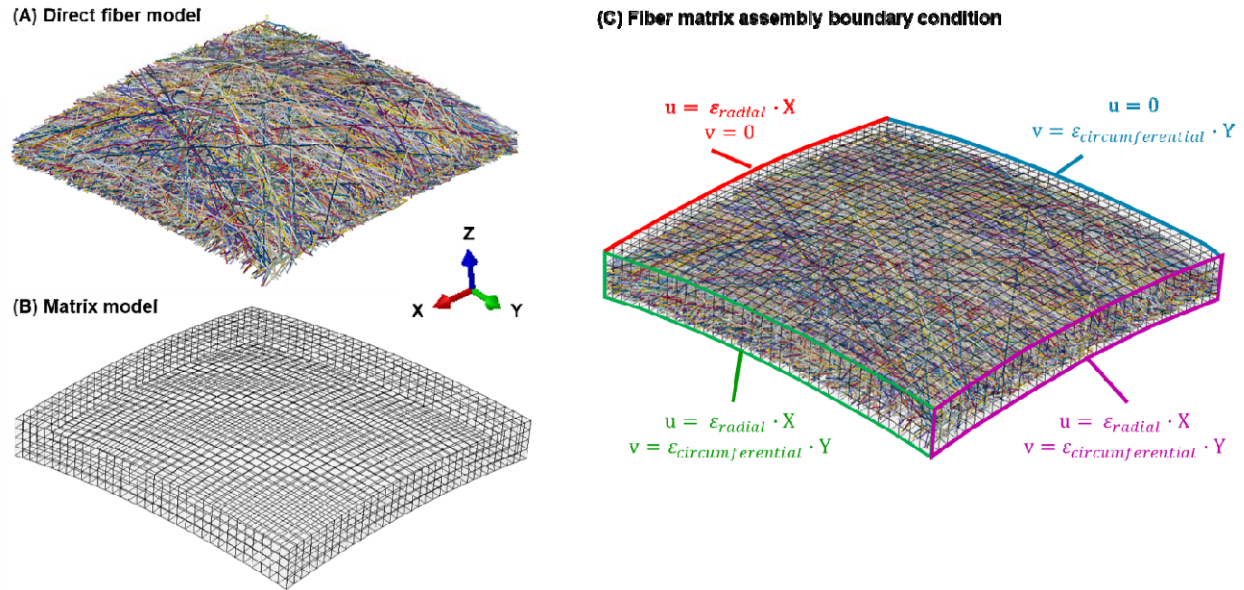
742

743 **Figure 2.** Process of sectioning a sclera sample. **(A)** Sclera sample after biaxial testing was
744 processed for sectioning (top: 2D view; bottom: 3D view of the region for sectioning). A notch at
745 the corner of the sample was used to indicate the tissue directions. Since it was not feasible to
746 section the same piece of tissue both coronally and sagittally, a sample (depicted as a white
747 block, the shorter length was 6-7mm) was obtained from the center of the tissue. Additionally,
748 another sample was acquired from the adjacent tissue next to the white block (shown as a
749 green block). **(B)** An example image of the sclera tissue with the two samples dissected. Prior to
750 dissection, the fiberglass markers attached to the tissue were carefully removed. **(C, top)** The
751 green block was sectioned sagittally, resulting in sagittal sections of the tissue. **(C, bottom)** The
752 white block was coronally sectioned, allowing for the acquisition of serial sections without any
753 loss. The blue surface depicted in the image represented the plane of sectioning.



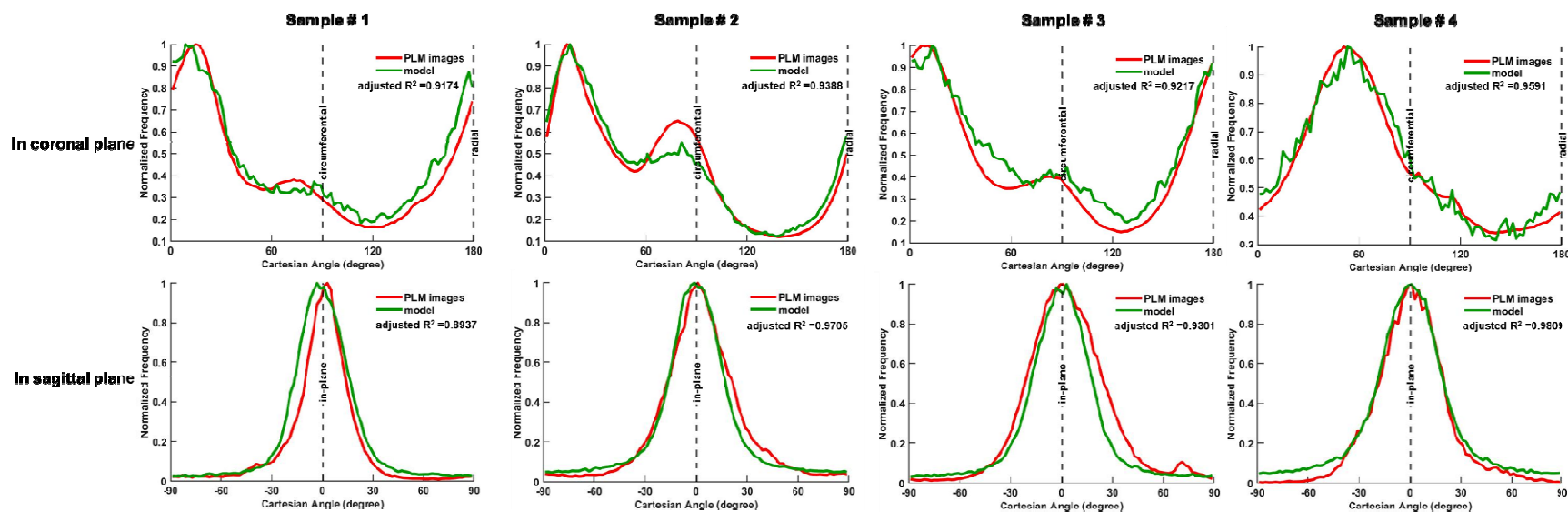
754

755 **Figure 3.** Example PLM images and process of image post-processing. **(A)** Example PLM
756 image of a coronal section. A square-shape block was cropped from the stack and used as a
757 reference to build the direct fiber model. **(B)** Example PLM image of a sagittal section. The
758 model's in-depth fiber orientation distribution was adjusted based on the orientations obtained
759 from the yellow block. The position of this block corresponded to the position of the square-
760 shaped block obtained from the coronal section. The colors indicate the local fiber orientation in
761 the section plane, with brightness proportional to the "energy" parameter. **(C)** The original stack
762 showed irregular thickness from one location to another. **(D)** After interpolation, the thickness of
763 the stack was uniformized which facilitates the tracing of fibers during the construction of the
764 direct fiber model.



765

766 **Figure 4.** Isometric view of an example **(A)** direct fiber model and **(B)** matrix model. **(C)**
767 Displacement boundary conditions were applied to the fiber matrix assembly, with components
768 u , v representing displacement in X (radial) and Y (circumferential) direction, respectively. The
769 displacement in Z direction was not constrained, given that fish hooks and strings did not restrict
770 the sample's displacement in the Z direction. In the first step biaxial stretch, the value of ϵ_{radial}
771 and $\epsilon_{circumferential}$ were optimized and derived in the inverse fitting procedure. In the second step
772 biaxial stretch, the experimental strain values were assigned to ϵ_{radial} and $\epsilon_{circumferential}$, aiming to
773 match the model with the stress-strain behaviors observed in the experimental data.



774

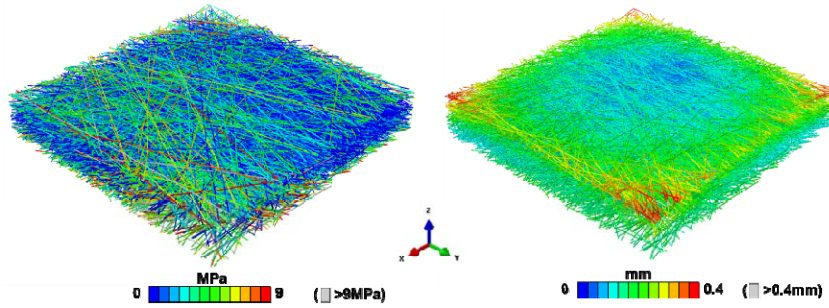
775 **Figure 5.** Fiber orientation distributions of the direct fiber model (green lines) and the corresponding PLM images (red lines). The
 776 analysis was performed in both the **(top row)** coronal and **(bottom row)** sagittal planes of the four samples. In the coronal plane, the
 777 PLM orientation was determined by analyzing a stack of all coronal images, with the radial direction represented by 0 and 180°, and
 778 the circumferential direction represented by 90°. The sagittal plane displayed the average orientation distribution obtained from two
 779 sections, with the in-plane direction represented by 0°. The frequencies of fiber orientations have been normalized by the total sum of
 780 frequencies for effective comparison. The results demonstrate a strong agreement between the fiber orientation distributions of the
 781 direct fiber model and those observed in the PLM images, in both the coronal and sagittal planes. All the adjusted R^2 values, which
 782 exceeded 0.89, indicate a high level of similarity between the model and experimental data.

X direction: radial direction
Y direction: circumferential direction

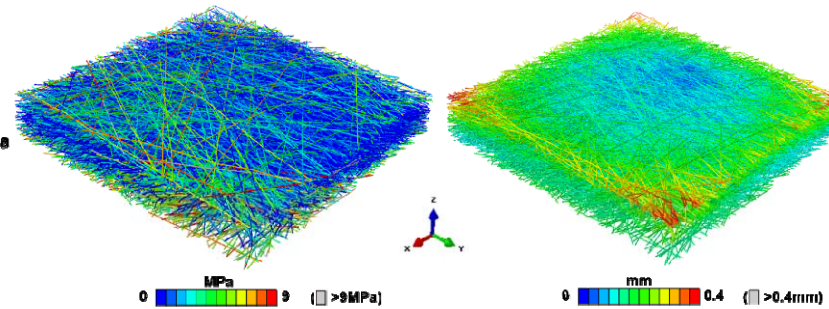
Fiber maximum principal stress

Fiber magnitude of displacement

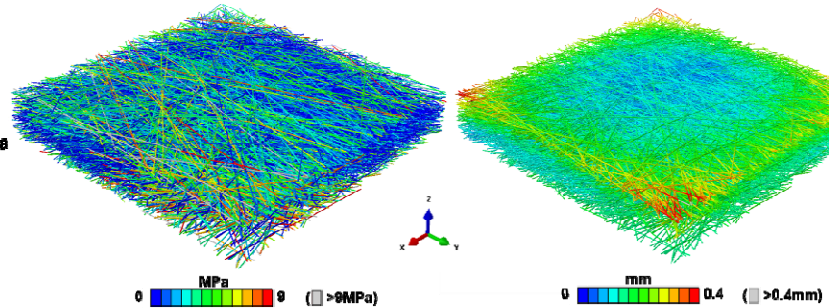
Loading protocol 1:1
radial 150 kPa – circumferential 150 kPa



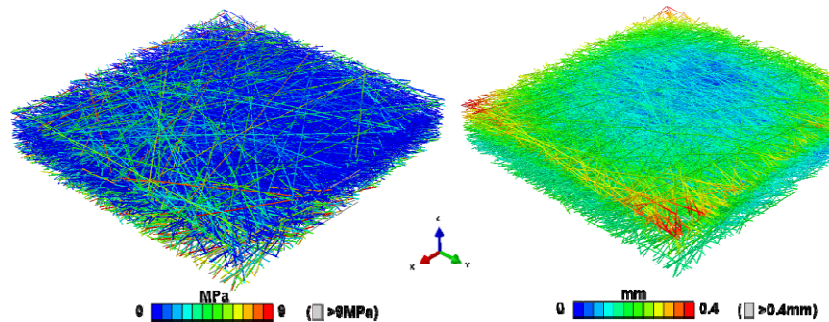
Loading protocol 1:0.75
radial 150 kPa – circumferential 112.5 kPa



Loading protocol 0.75:1
radial 112.5 kPa – circumferential 150 kPa

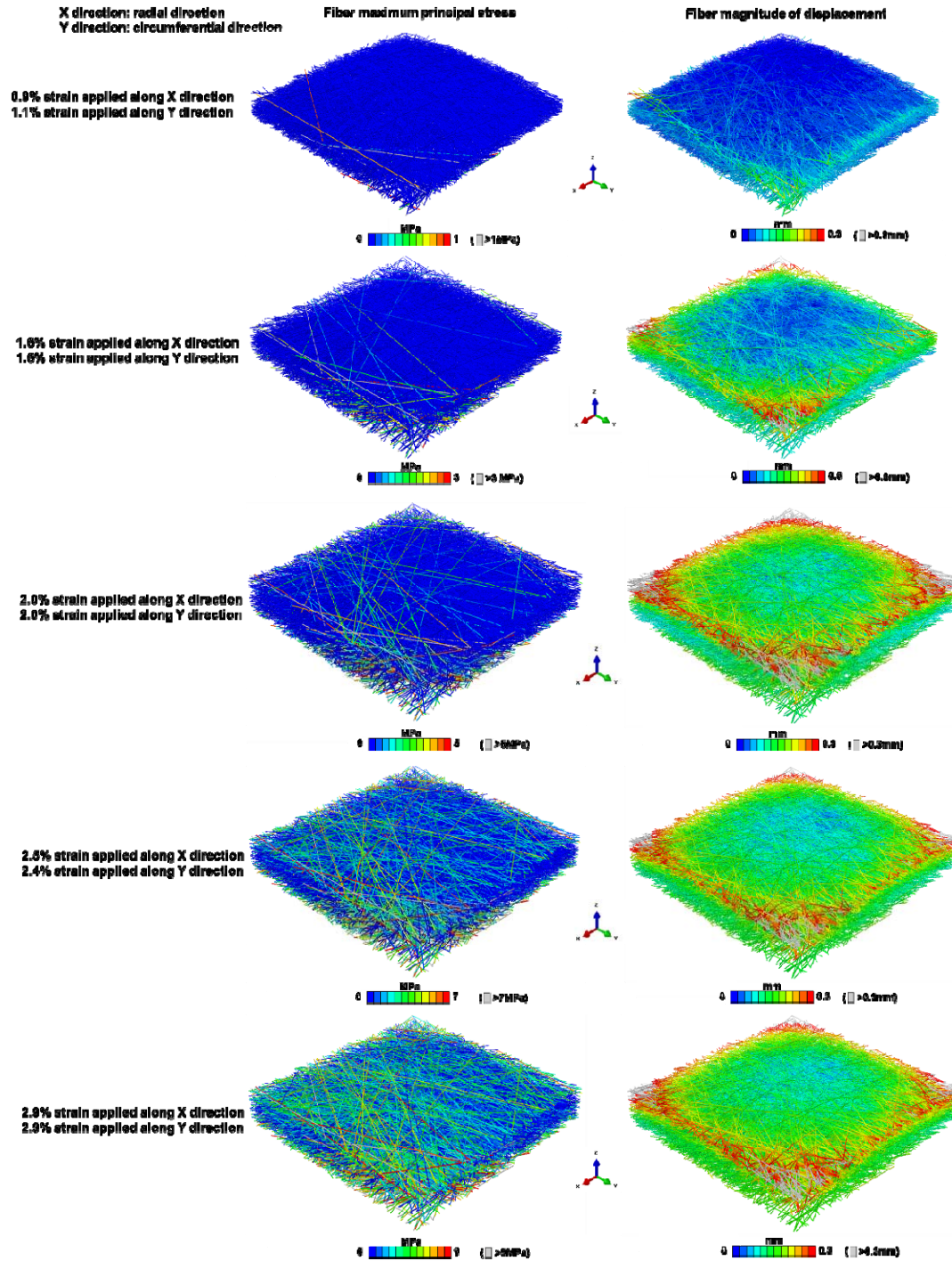


Loading protocol 1:0.5
radial 150 kPa – circumferential 75 kPa



783

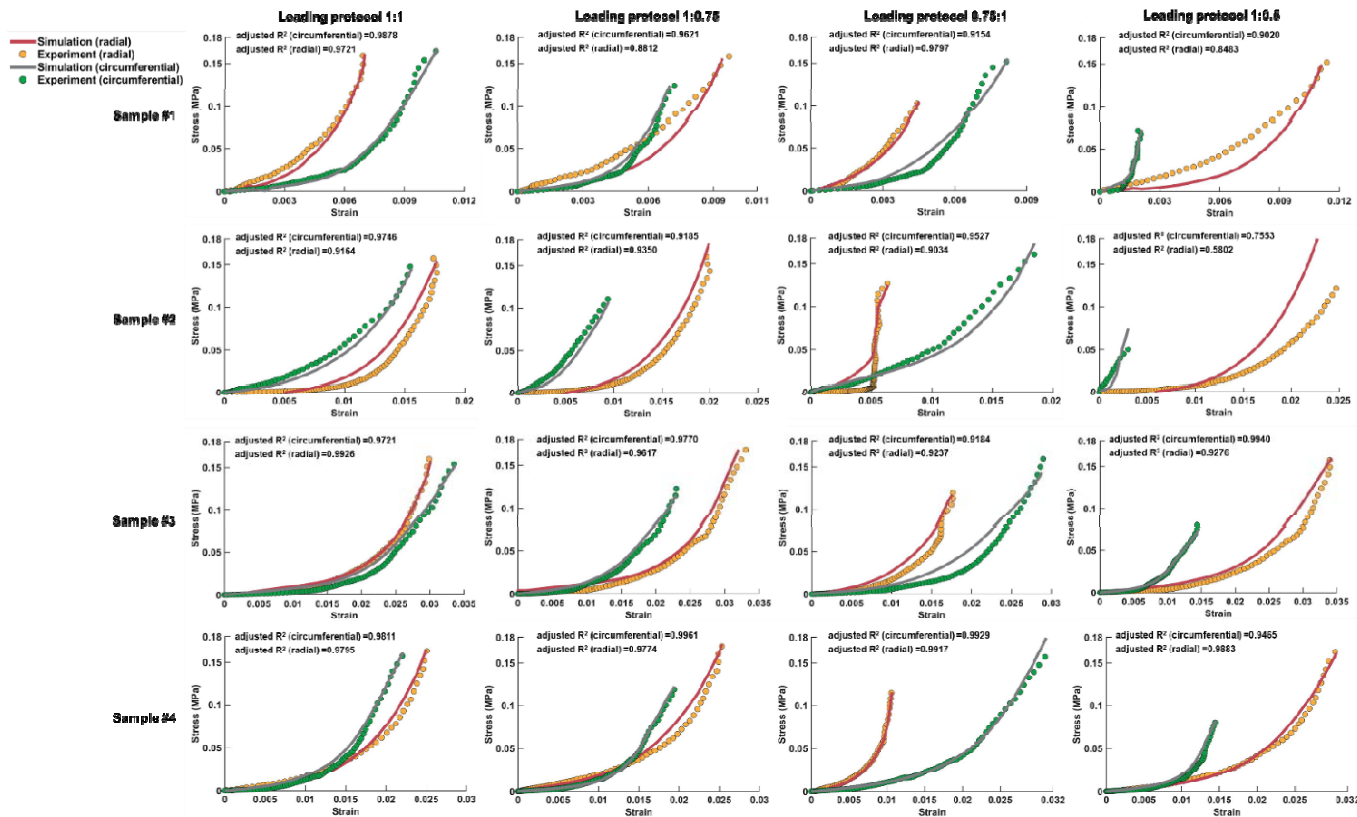
784 **Figure 6.** Isometric views of the direct fiber model of Sample #4 at full stretch. The visualization
785 was enhanced by coloring the fibers based on two important mechanical parameters: the
786 maximum principal stress (shown in the left column) and the magnitudes of displacement
787 (shown in the right column) for each loading protocol. The variations in stress and displacement
788 patterns can be observed, highlighting the non-uniform distribution of stresses and
789 displacements within the tissue.



790

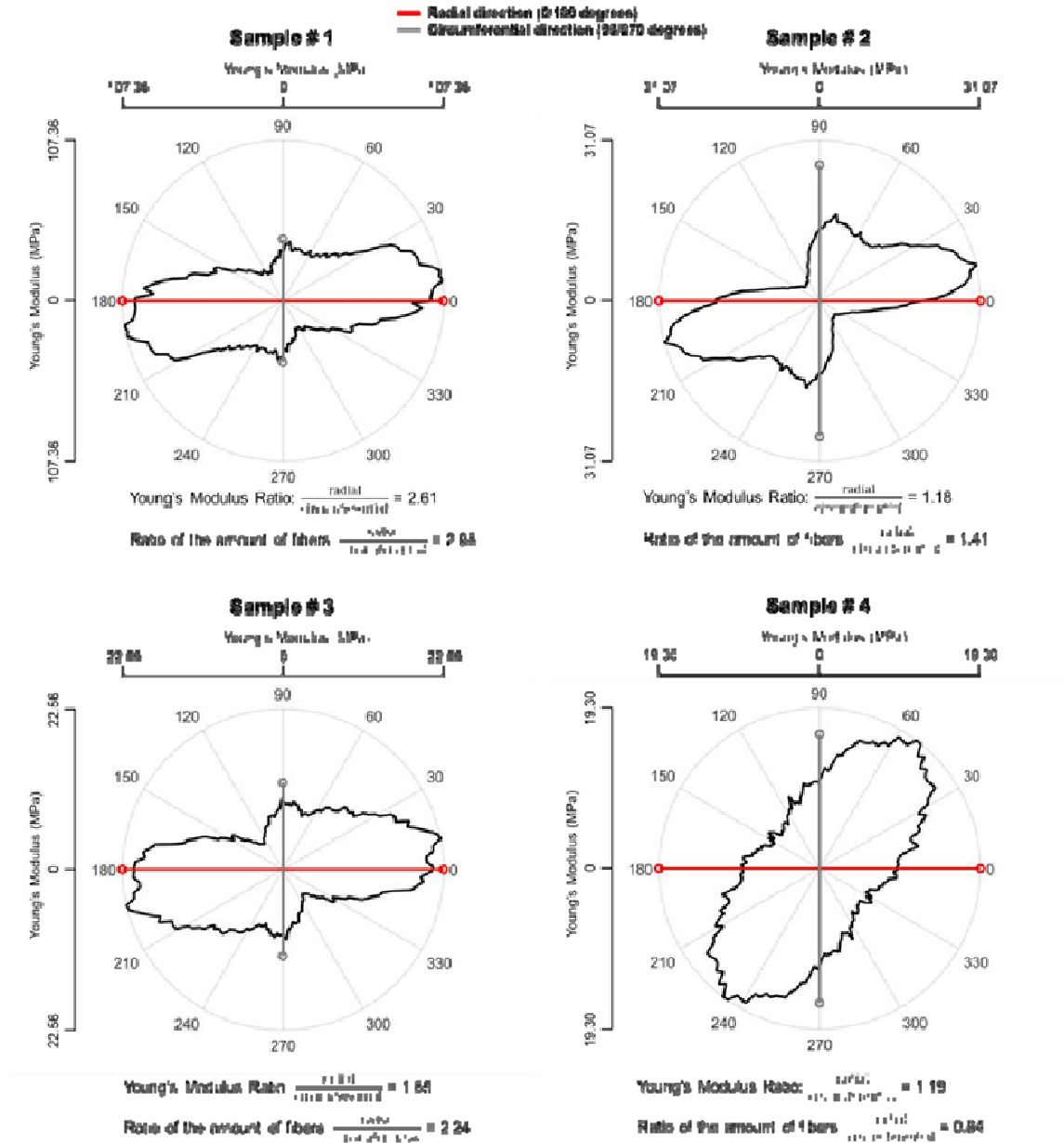
791 **Figure 7.** Isometric views of the direct fiber model of Sample #4 at different stages of the
792 simulation while undergoing loading protocol 1:1. The visualization was colored based on the
793 maximum principal stress (left column) and the magnitudes of displacement (right column). In
794 the early stage of the simulation, the model exhibited some curvature. As it underwent

795 stretching, the model gradually transformed into a flattened configuration. As stretching was
796 applied, a larger number of fibers experience higher levels of stress.



797

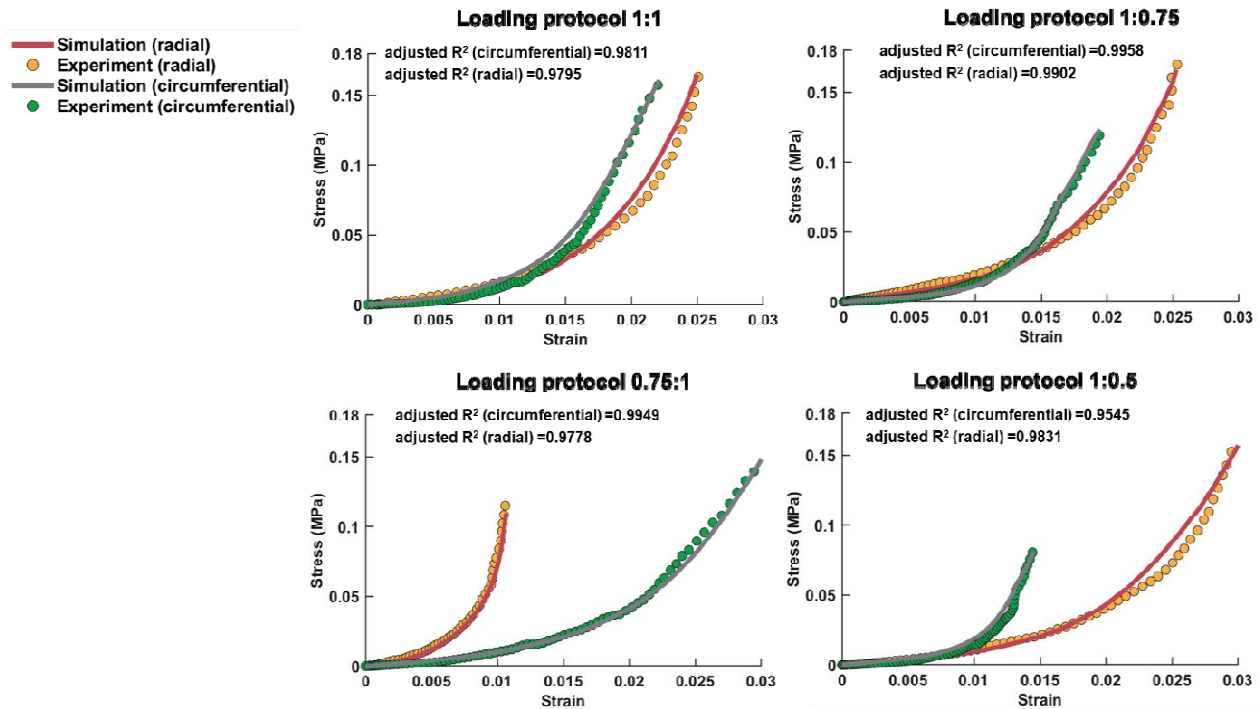
798 **Figure 8.** Stress-strain responses of the fiber-matrix assembly and the corresponding experimental data. The stress-strain curves
 799 were presented for both the radial and circumferential directions in each of the loading protocols. The fiber material properties were
 800 determined by fitting the model to the stress-strain data of loading protocol 1:1 (first column). These derived material properties were
 801 subsequently utilized directly for the inverse fitting in other loading protocols. The results demonstrated a successful fit between the
 802 model and the experimental data, with consistent agreement achieved simultaneously in both the radial and circumferential directions
 803 for each loading protocol. The goodness of fit was quantified using the adjusted R^2 value, which exceeded 0.9 in most of the cases.
 804 Notably for each sample, the stress-strain responses were obtained using the same fiber material properties throughout the
 805 simulations, with the variations observed solely in the pre-stretching strains.



806

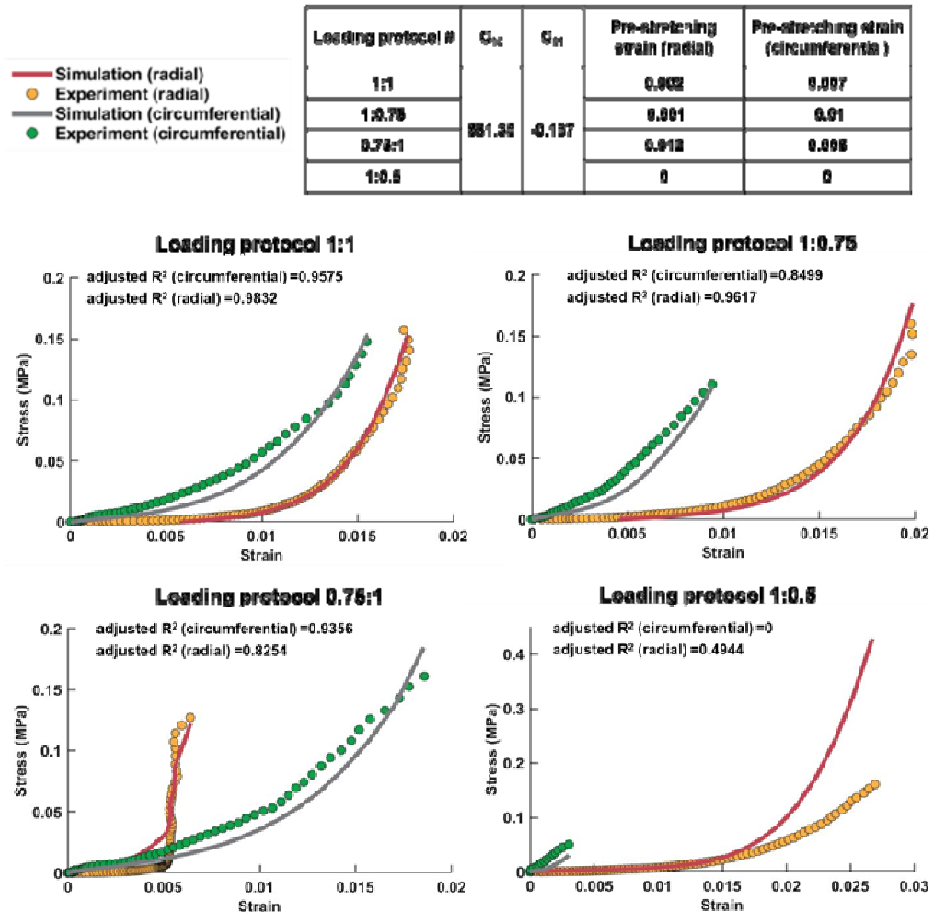
807 **Figure 9.** Orientation distribution and mechanical anisotropy of all the models. The orientation
 808 distributions are depicted in polar plots. Young's modulus of each sample was estimated by
 809 calculating the slope of the model's stress-strain curve at maximum strain state. The results
 810 indicate that at maximum strain state, the stiffness along each direction is approximately, but not
 811 exactly proportional to the amount of fibers aligned in the loading direction.

Loading protocol #	C_{10}	C_{01}	Pre-stretching strain (radial)	Pre-stretching strain (circumferential)	Fiber elastic modulus (GPa)	Fiber bulk modulus (GPa, $2(C_{10} + C_{01})$)
1:1	86.20	-0.049	0.0041	0.0074	0.512	0.172
1:0.75	97.601	-0.978	0.0045	0.005	0.574	0.199
0.75:1	77.729	-0.777	0.0135	0	0.457	0.154
1:0.5	86.625	-1.055	0.002	0.005	0.508	0.171



812

813 **Figure 10.** This figure illustrates the findings from the analysis using Sample #4 to assess the
814 similarity of derived material properties when fitting the model to experimental data from
815 different loading protocols. The table demonstrates that the values of C_{10} and C_{01} derived from
816 fitting the model to different loading protocols are closely aligned, resulting in comparable fiber
817 elastic modulus and fiber bulk modulus. Additionally, the stress-strain curves between the model
818 and experimental data exhibit a strong overall fit, with an adjusted R^2 greater than 0.9. These
819 results support the conclusion that the choice of loading protocol for fitting does not influence
820 the derived fiber material properties.



821

822 **Figure 11.** This figure presents the results of using the model fiber structure of Sample #1 to fit
 823 the experimental stress-strain data of Sample #2, aimed at assessing the possibility of achieving
 824 an overly favorable match between the models and experimental data. Following the process
 825 described in the main text, the fiber material properties C_{10} and C_{01} were derived by fitting the
 826 model to loading protocol 1:1. The results indicate successful matches between the model and
 827 experimental data for loading protocols 1:1, 1:0.75, and 0.75:1, with overall adjusted R^2 values
 828 exceeding 0.8. However, for loading protocol 1:0.5, the model exhibits softer behavior than the
 829 experiment in the circumferential direction and stiffer behavior in the radial direction, resulting in
 830 adjusted R^2 values lower than 0.5. As such, it cannot be considered as a valid match. These
 831 findings reinforce that the model's applicability is not universal but rather dependent on
 832 accurately matching the orientation distribution of the specific sample in order to replicate its
 833 experimental data.

Loading Protocol #	Radial (kPa)	Circumferential (kPa)
1:1	150	150
1:0.75	150	112.5
0.75:1	112.5	150
1:0.5	150	75
0.5:1	75	150

834 **Table 1.** Maximum radial (anterior-posterior) and circumferential (equatorial) stress values for
835 each biaxial loading protocol.

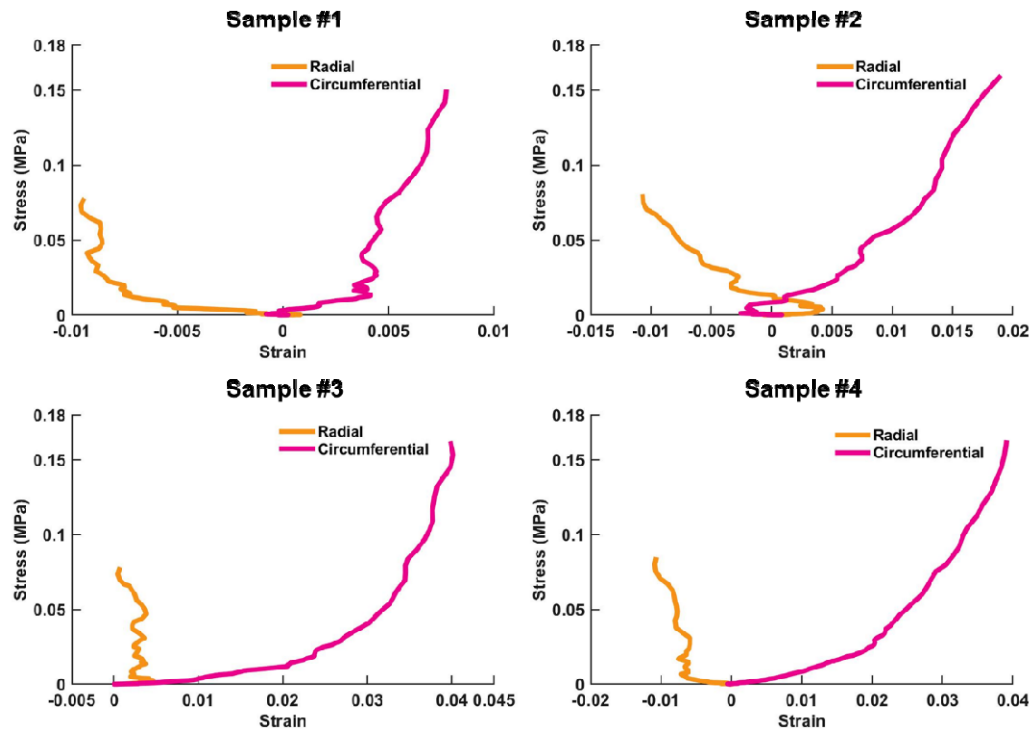
Sample #	Temporal/Superior	Sheep #	Thickness(μm)	Number of Coronal Sections
1	Superior	Eye-1	528	50
2	Temporal	Eye-2	1168	87
3	Superior	Eye-2	635	60
4	Temporal	Eye-3	838	74

836 **Table 2.** Information about the four posterior sclera samples used for direct fiber modeling. The
837 samples were obtained from both the superior and temporal quadrants of three sheep eyes.
838 Each sample had a different thickness, resulting in a variation in the number of collected coronal
839 sections.

Sample #	Loading protocol #	C_{10}	C_{01}	Pre-stretching strain (radial)	Pre-stretching strain (circumferential)	Fiber elastic modulus (GPa)
1	1:1	4030	-2.0150	0.00825	0.00475	23.97
	1:0.75			0.00600	0.00725	
	0.75:1			0.00950	0.00750	
	1:0.5			0.00450	0.01050	
2	1:1	542.7	-0.1740	0.00050	0.00775	3.22
	1:0.75			0	0.01	
	0.75:1			0.01000	0.00625	
	1:0.5			0	0	
3	1:1	78.98	-0.0058	0	0.00400	0.47
	1:0.75			0	0.01100	
	0.75:1			0.01	0.01000	
	1:0.5			0	0.01350	
4	1:1	86.20	-0.0485	0.00410	0.00740	0.51
	1:0.75			0.00600	0.00510	
	0.75:1			0.01300	0	
	1:0.5			0.00150	0.00550	

840 **Table 3.** The optimized fiber material properties (C_{10} and C_{01}) and the pre-stretching strains along radial and circumferential
 841 directions.

842 **Supplemental data**



843

844 **Figure 1.** Stress-strain curves of the loading protocol 0.5:1 of the four samples. Under this
845 loading condition, where the circumferential direction experienced higher stress compared to the
846 radial direction, the radial direction of the sample exhibited a contraction, leading to negative
847 strains.