

groups<sup>(3)</sup>. Os styloideum is also known as the ninth carpal bone<sup>(5)</sup>. The main difficulty in recognizing a carpal boss lies in the nonspecificity of the symptoms, which are often attributed to dorsal cysts, given that the two conditions are quite similar in terms of their location<sup>(4)</sup>.

The case reported here represents the rarest form of congenital carpal boss, in which the os styloideum is fused to the trapezoid, which occurs in only 0.5% of cases. More commonly (in 94.0% of cases), it is fused to the base of the second and third metacarpal, merged with the capitate (in 3.5%) or (in 2.0%) isolated<sup>(2,6)</sup>. The clinical presentation of carpal boss is highly variable<sup>(2)</sup>: the condition can be asymptomatic or can produce spontaneous pain, precipitated by excessive use of the joint or by palmar flexion of the wrist.

Knowledge of the disease and imaging studies are fundamental for the diagnosis of carpal boss and for distinguishing it from its main differential diagnoses, which include synovial cysts, fractures, osteoarthritis, exostoses, bone neoplasms, and soft-tissue neoplasms<sup>(7)</sup>. Tomography studies allow the relationship between the accessory ossicle and the adjacent bones to be analyzed, and magnetic resonance imaging is important for the evaluation of the integrity of bones, entheses, and ligaments<sup>(5)</sup>. The proximity of the carpal boss to the short and long radial extensor tendons of the carpus can cause insertional tenosynovitis, aggravating the symptoms, especially in athletes who perform repetitive movements, specifically those involving forced flexion of the wrist<sup>(5,8,9)</sup>.

The treatment for carpal boss is usually conservative, typically involving the use of anti-inflammatory drugs and, in some cases, immobilization of the wrist<sup>(6,7)</sup>. However, surgical excision

can be required in cases that are refractory to the standard treatment<sup>(6,7)</sup>.

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<http://dx.doi.org/10.1590/0100-3984.2015.0160>

**Prenatal diagnosis of sirenomelia in the second trimester of pregnancy using two-dimensional ultrasound, three-dimensional ultrasound and magnetic resonance imaging**

Dear Editor,

A 30-year-old woman was referred at 23 weeks of gestation due to oligohydramnios, together with short fetal femur length and cystic hygroma. It was the first pregnancy for a non-consanguineous couple with a family history of neural tube defects. The patient reported chronic arterial hypertension during her pregnancy. The previous ultrasound findings were confirmed at our facility. Two-dimensional (2D) ultrasound showed fusion of the lower limbs, and color Doppler ultrasound revealed no vascularization of the lower limbs (Figure 1A). Three-dimensional (3D) ultrasound in the rendering mode confirmed the findings of the 2D ultra-

sound (Figure 1B). For a better understanding of the fetal morphology due to the oligohydramnios, magnetic resonance imaging (MRI) was performed. The MRI scan showed myelomeningocele and bilateral renal agenesis, as well as showing no identifiable characteristics of the lower limbs (Figure 1C). Termination of the pregnancy was authorized at 29 weeks of gestation. The stillborn infant weighed 1120 g. Pathologic investigation showed sirenomelia (*sympus apus*), lumbar myelomeningocele, and interventricular communication (Figure 2). Radiographic studies showed only one femur (sirenomelia type VII according to the Stocker and Heifetz classification).

Sirenomelia is a rare congenital anomaly with an estimated incidence of 1:60,000 live births<sup>(1)</sup>. It is defined by fused lower limbs, a single umbilical artery, and genitourinary anomalies<sup>(2)</sup>. In approximately 25–30% of cases, sirenomelia is accompanied by other



**Figure 1.** Prenatal findings of sirenomelia at 26 weeks and 5 days of gestation: 2D ultrasound with color Doppler in the axial plane shows myelomeningocele. Note that the mass is very close to the neck (arrow, **A**); same view at 3D ultrasound in the rendering mode (**B**), and at T2-weighted MRI sequence in the sagittal plane (**C**). Note that the mass of lumbar origin (myelomeningocele) is very close to the cervical region of the fetus (arrow, **C**).



**Figure 2.** Postmortem evaluation of a 29-week stillborn fetus with sirenomelia.

congenital anomalies, such as congenital heart disease and gastrointestinal anomalies<sup>(1)</sup>. The prenatal diagnosis is based on identification of this pattern of malformation in imaging studies.

Sirenomelia is considered a primary developmental field defect affecting multiple midline primordia<sup>(3)</sup>. In the case reported here, MRI allowed us to make the diagnosis of myelomeningocele, which was identified as cystic hygroma on prenatal ultrasound, and bilateral renal agenesis, thereby confirming severe fetal impairment, which allowed the termination of pregnancy to be authorized. However, not all of the associated malformations were identified prior to the stillbirth; the interventricular communication and gastroschisis were identified only during the autopsy. Congenital heart disease has been associated with sirenomelia<sup>(1,4)</sup>, and the fetus evaluated here was also exposed to angiotensin-converting enzyme inhibitors, which could also explain the occurrence of the cardiac defect<sup>(5)</sup>.

#### Complementary findings on <sup>18</sup>F-FDG PET/CT and <sup>18</sup>F-NaF PET/CT in a patient with Erdheim-Chester disease

Dear Editor,

A 27-year-old male presented with polydipsia, polyuria, xerostomia, and mild bone pain, being diagnosed with and treated for diabetes insipidus. Thereafter, he presented with diffuse and severe bone pain, xanthomas, xanthelasmas, exophthalmia, and cholelithiasis. After a complete medical investigation, Erdheim-Chester disease (non-Langerhans cell histiocytosis) was considered the most probable clinical diagnosis. Among the imaging exams performed, he was referred for <sup>18</sup>F-FDG PET/CT and <sup>18</sup>F-NaF PET/CT.

The initial <sup>18</sup>F-NaF PET/CT showed that <sup>18</sup>F-NaF uptake was more intense in the distal femora and throughout the tibiae, as well as in the fibulae (proximal and distal), tarsi, and maxillas,

The combination of interventricular communication and gastroschisis is not very common; in fact, only two cases, both identified by prenatal ultrasound, have been reported<sup>(6)</sup>. In a recent review, Feldkamp et al.<sup>(7)</sup> suggested that gastroschisis is a primary malformation. Our case showed the importance of using a combination of different imaging methods for the diagnosis of a rare congenital anomaly. Although ultrasound continues to be the main diagnostic tool for use during pregnancy, MRI has many advantages, mainly in identifying the fetal morphology<sup>(8)</sup>. In the case presented here, despite the high quality of the images, the associated malformations were identified only through pathological studies. The unusual anomalies identified in this case were defects of blastogenesis. The combination of prenatal imaging and postnatal autopsy is important to defining the spectrum of associated malformations even when the congenital anomaly is part of a primary developmental field defect.

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<http://dx.doi.org/10.1590/0100-3984.2015.0212>

than in the other bones (Figure 1A). The <sup>18</sup>F-FDG PET/CT study revealed increased glycolytic metabolism in the pituitary stalk, proximal left femur, proximal fibulae, ankle, and feet, less intense uptake being observed in other areas (Figures 1B and 1C). It is of note that the <sup>18</sup>F-FDG PET/CT was performed 9 months after the <sup>18</sup>F-NaF PET/CT, showing a heterogeneous response of the lesions to the various treatment modalities the patient underwent, and that, over the course of the follow-up, he alternated between periods of clinical stability and disease progression.

Erdheim-Chester disease is systemic, although variable in extent, and bone involvement is quite typical. Classical radiological findings include sclerotic and osteolytic lesions in the cortical layer of long bones, occurring bilaterally and symmetrically in their metaphysis and diaphysis, sparing the epiphysis and the axial skeleton. Approximately 50% of patients with Erdheim-Chester disease present extraosseous impairment, including changes in the